

TOP NEWS OF J&K

JAMMU, SUNDAY, JUNE 08, 2025

Daily Evening Newspaper

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Wamiqa Gabbi admits pay disparity exists in Bollywood, reveals reason behind it

NDA govt redefined women-led development in 11 years: PM Modi

'No plans to make up': Trump says bromance with Musk likely over, issues a warning



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BRIEFLY

Two drug traffickers held with 6 Kg heroin in Amritsar

CHANDIGARH, Jun 8 (Agencies): Punjab Police arrested two drug traffickers and recovered six kg heroin from their possession, a top police officer said on Sunday.

A case under the Narcotic Drugs and Psychotropic Substances Act has been registered at Police Station Gharinda in Amritsar.

"In a significant breakthrough against trans-border narco-smuggling, Amritsar Rural Police recovers 6 Kg Heroin and apprehends two key drug traffickers," Director General of Police Gaurav Yadav said in a post on X.

Yadav said acting on specific intelligence, a police team intercepted Gurditta alias Kalu and Captain near village Bhakna while they were transporting a high-grade heroin consignment on a motorcycle.

"The consignment was sent by Pakistan-based handlers for further distribution in Punjab," he further said.

Yadav said another accused is currently absconding and is being actively pursued.

Investigations are ongoing to unravel the full extent of the drug supply chain, including cross-border linkages.

One killed, five injured as vehicle falls into canal in Shopian

SHOPIAN, Jun 8 (Agencies): One elderly woman died, and five others sustained injuries after an Alto vehicle skidded off the road and plunged into a canal near the Padpawan area of Shopian while travelling from Rajouri to Babanagri on Sunday.

Sources said that the Alto car was en route to Babanagri when the driver reportedly lost control of the vehicle at Padpawan area of Shopian.

The car veered off the road and fell into a nearby canal, resulting in one fatality on the spot and multiple injuries, they said.

The deceased has been identified as Noora Begum (80), wife of Late Roshan Deen, resident of Pangri, Rajouri, they said.

Other five injured persons were shifted to nearby hospital, where two persons were referred to SMHS hospital in Srinagar for specialized treatment, they added.

Police have taken cognizance of the incident and further

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Cash Discovery Row: Resignation only option before Justice Varma to avoid removal by Parliament

NEW DELHI, Jun 8 (Agencies): Resignation is the only option before Justice Yashwant Varma to avoid impeachment by Parliament as the government pushes for bringing a motion to remove the Allahabad High Court judge over alleged corruption.

Officials aware of the procedure to appoint and remove Supreme Court and high court



judges pointed out that while defending his case before lawmakers in any of the House, Justice

Varma can announce that he is quitting and his verbal statement will be considered as his resignation.

Should he decide to resign, he will get pension and other benefits entitled to a retired HC judge.

But if he is removed by Parliament, he will be deprived of pension and other benefits, they

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Active Covid cases in India cross 6,000-mark

NEW DELHI, Jun 8 (Agencies): India's active Covid case tally crossed the 6,000 mark with 769 new infections being reported in the last 48 hours, according to the Union health ministry data released on Sunday.

Kerala continues to be the most affected state, followed by Gujarat, West Bengal and Delhi, according to the ministry.

Due to the rising Covid cases, the Centre is

conducting mock drills to check facility-level preparedness and has instructed all states to ensure availability of oxygen, isolation beds, ventilators, and essential medicines, official sources had said.

There are 6,133 active Covid cases in India, and six more deaths have been reported in the last 24 hours, the ministry said. Official sources have maintained that most cases are mild and managed

under home care.

Since January this year, 65 deaths have been reported in the country. There were a total of 257 active patients in the country on May 22.

A series of technical review meetings were held on June 2 and 3 under the chairpersonship of Dr Sunita Sharma, Director General of Health Services, to evaluate the Covid situation and

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20-year-old goes missing in Srinagar, Police seek public help

SRINAGAR, Jun 8 (Agencies): A 20-year-old youth from the Rainawari area of Srinagar has gone missing, prompting the local police to seek assistance from the general public in tracing him.

According to Srinagar Police, Jibran Showkat Khan, son of Showkat Hussain Khan and a resident of Hazari

Bazar, Rainawari, left his home on June 6 at around 5:00 pm after an argument with his family over academic issues. Since then, he has not returned, and there has been no contact with him.

In a statement, police said efforts are underway to locate the missing person, and any information from the

public could assist the ongoing search.

Individuals with relevant information are urged to contact Police Station Rainawari at 9596770876 or 01942507507, or PCR Srinagar at 9596222550.

Police have taken cognizance of the matter and further investigation is ongoing.

Northern Railways begins commercial operations of Vande Bharat train between Katra and Srinagar

JAMMU, Jun 8 (Agencies): The Northern Railways on Saturday commenced commercial operations of Vande Bharat trains between Katra and Srinagar, officials said.

The Vande Bharat express train, which was flagged off by Prime

Minister Narendra Modi from Katra on June 6, connects Kashmir with the rest of the country through rail.

Passengers who boarded the trains from Katra to Baramulla, or vice versa, expressed immense enthusiasm, with many stating they

had eagerly awaited the opportunity to travel to Kashmir by train.

The first day of commercial operations went smoothly, as the trains reached their destinations by the evening, officials said.

They added that public excitement was high.

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Cyber Police Kashmir warns against spread of misinformation; legal action to be taken

SRINAGAR, Jun 8 (Agencies): Cyber Police Kashmir has issued a stern warning against the deliberate circulation of false and unverified information by certain media outlets and individuals on social media platforms, terming it an intentional effort

to incite unrest and disturb public peace.

In an official statement, Cyber Police Kashmir said "It has come to our attention that some individuals and media platforms are engaged in spreading fake news and misinformation with malicious intent. Such

acts are aimed at provoking unrest and disturbing public order."

The statement further emphasized that legal proceedings will be initiated against those found involved in such activities under relevant sections of the law.

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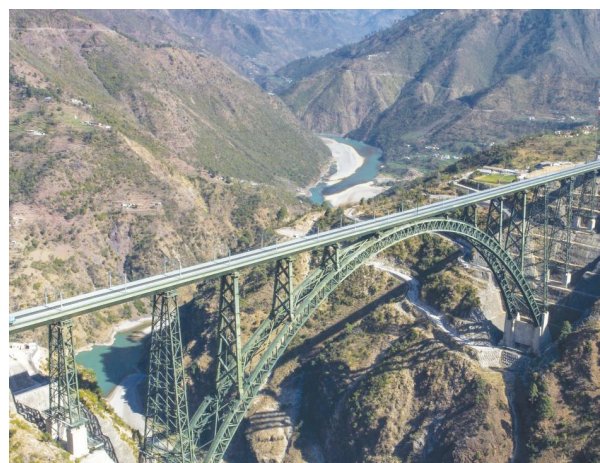
Air travellers vying to click Chenab Bridge pic after pilots make special announcement

NEW DELHI, Jun 8 (Agencies): The world's highest rail bridge on the Chenab river in Jammu and Kashmir, inaugurated by Prime Minister Narendra Modi on June 6, has become a craze among air travellers flying to Srinagar.

According to a press statement issued by the railway ministry, flight pilots are making special announcements and passengers are showing eagerness to capture photographs of the Chenab Bridge, the world's highest railway-arch bridge.

"The Chenab Bridge draws admiration from every altitude, where pride rises from the earth and echoes through the clouds," Dilip Kumar, Executive Director, Information and Publicity, Railway Board, said on Sunday.

"These days, every flight that passes over the majestic valleys of Jammu and Kashmir witnesses a truly special moment. As the aircraft approaches the Chenab



valley, the pilot's voice echoes through the cabin: 'Below you is the world's tallest railway-arch bridge, the Chenab Bridge'," he added.

The moment the announcement is made, passengers rush to the windows and start recording videos and clicking pictures of this historic marvel on their mobile phones.

"A wave of pride sweeps through the cabin — passengers clap, smile and share words of admiration for the brilliance of Indian engineering," the press

note said.

Days after its formal inauguration, even down below, the enthusiasm is equally contagious, it added.

Railway officials stated that locals from nearby villages and mountainous regions are seen taking photographs and recording videos of the bridge from different vantage points.

"Some are live-streaming the moment, while others are sharing it instantly across Instagram and Facebook," an official said.

According to Kumar,

while flights soaring through the skies have become viewing galleries of the Chenab Bridge, people on the ground are busy capturing the awe-inspiring creation, preserving a piece of history to share with future generations.

"It is a historic moment where India carved through the Himalayas to script an engineering triumph," Kumar said.

Part of the ambitious Udhampur-Srinagar-Baramulla Rail Link (USBRL) project, the Chenab Bridge is the highest railway-arch bridge in the world.

Soaring 359 metres above the riverbed, it spans the Chenab river near the Salal dam and stretches a total length of 1,315 metres.

Its main steel arch alone measures 467 metres and is built to withstand wind speeds up to 266 kilometres per hour.

It rises 35 metres higher than the Eiffel Tower and stands nearly

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10TH DAY/KRIYA/UTHALA

With profound sorrow and grief, we regret to inform the sad demise of our beloved **Sh Lalman Khajuria** on 29-05-2025 (Thursday). **10th Day** will be performed at our residence 432-A, Gandhi Nagar Jammu on Saturday (07-06-2025) at 11.00 AM.

Kriya will be performed on Sunday 08-06-2025 at Our residence 432-A Gandhi Nagar, Jammu **Uthala** will be performed on Monday (09-06-2025) at Shree Laxmi Narayan Mandir Gandhi Nagar, Jammu (Front Side) from 03.30 PM to 4.30 PM

GRIEF STRICKEN

Smt. Champa Rani - Wife
Sh. Rajesh Khajuria (XEN, Retd) & Monika Khajuria - Son & Daughter in Law
Sh. Rakish Khajuria (Dr. Finance) & Reekha Khajuria - Son & Daughter in law
Dr B.D Sharma - Brother in Law
Col R.K Sharma & Sankosh Sharma - Son in Law & Daughter
Smt. Veena Sharma W/o Late G.D Sharma - Daughter
Sh. K.B Magotra (KAS, Dy Commissioner Retd) & Rajni Bala - Son in law & Daughter
Grand Children: Sh. Ravi Kant Gupta, IRS & Meghna Sharma, Advocate
Sh. Sameer Sharma IPS
Ankit & Shraddha, Akshit, Siddharth, Vedant, Ubika, Livia, Mahira, Master Srihansi
Mobile: 941919465, 9419027954

**SH LALMAN KHAJURIA****TENTH DAY/KRIYA/UTHALA**

It's hard to forget someone who gave us so much to remember. With profound grief and sorrow we regret to inform the sad and untimely demise of **Dr. Ashok Kumar Bhola S/o. Late Sh. Krishan Lal Bhola R/o H.No.215, Sector 7, Near Shah Eye Clinic, Channi Himmat.** We pray to God to make his soul rest in peace.

10TH DAY will be performed on Friday, 6th June 2025 at 10.00 am at our residence.

UTHALA will be performed at Panch Mandir, Channi Himmat, Jammu on Monday, 9th June 2025 at 5.00 PM to 6.00 PM.

GRIEF STRICKEN:-

Ranjana Bhola (Wife)
Vinay & Rajni Bhola (Brother & Sister in law)
Ashish & Shelly Bhola (Son & Daughter in law)
Manisha & Sahil Gogna (Daughter & Son in law)
Grand Children: Ananya, Anaya, Arshvi
Ph.No. 9873620044, 9811692244, 8500466436

**DR. ASHOK KUMAR BHOLA****10TH DAY KRIYA**

With profound grief and sorrow, we inform the sad demise of our beloved **Sh. Mohan Lal Raina S/o Lt. Sh. Radha Krishan Raina** originally resident of Village Poshkery Anantnag, presently residing at H.No. 14, Lane 1-A, Bharat Nagar Enclave, Bantialab, Jammu who left for heavenly abode on 5/6/2025. Mourning shall be held at our residence.

10th Day Kriya shall be held on 14/6/2025 (Saturday) at 8.00 am at Muthi Ghat, Jammu.

GRIEF STRICKEN

Shanki Raina - Wife
Sonu Kumar Raina & Arti Raina (Son & Daughter-in-law)
Sandeep Raina & Anu Raina (Son & Daughter-in-law)
(Daughter & Son-in-law)
Shanu Raina Dhar & Bharat Bughan Dhar
Jagat Nath Raina & Santa Raina (Brother & Bhabhi)
Chuni Pandita W/o M.K. Pandita (Sister & Brother-in-law)
Kanta Bhan W/o Chuni Lal Bhan (Sister & Brother-in-law)
Grand Children : Madhav Raina, Ishi Dhar, Radhika Raina, Ashvik Dhar, Kiara Raina
Mob.: 9897550445

**Sh. Mohan Lal Raina****BHOG AND ANTIM ARDAS**

With profound sorrow and grief, we regret to inform the sad demise of our beloved father **S. Didar Singh Sehgal (Batote Wale)** H/o Late Sdr. Krishan Kaur Sehgal and S/o Late Sh. Faqr Chand Sehgal, R/o H.No.44, Sector-7, Lane-10, Nanak Nagar, Jammu who left for heavenly abode on 05-06-2025.

Programme:
Aaradhya of Sri Akhand Path Sahib on 09-06-2025 (Monday) 9 AM at our residence. **Bhog Sri Akhand Path Sahib** on 11-06-25 (Wednesday) 9.30 AM at our residence. **Shabad Kartan and Antim Ardas** from 10.30 AM to 12.00 noon at Gurudwara Dera Santpura Nanak Nagar, Jammu, thereafter Guru ka Langar.

GRIEF STRICKEN:

(Son & Daughter-in-law)
S. Jugal Singh Sehgal & Sdr. Karamjeet Kaur Sehgal
(Daughter's and Son-in-law's)
Sdr. Aji Kaur Raina & Jaspreet Singh Raina
Sdr. Charanjit Kaur & Javinder Singh
Sdr. Surinder Kaur Sethi & Jinder Pal Singh Sethi
Sdr. Gagandeep Kaur Raina & Ajit Singh Raina
(Brother's and Sister-in-law's)
Late Sh. Dhan Raj Sehgal & Late Smt. Santosh Sehgal
Col. S. Naninder Singh Sehgal & Sdr. Kuldeep Kaur Sehgal
S. Darsan Singh Sehgal & Sdr. Dhaminder Kaur Sehgal
Sh. Rajinder Sehgal
(Sister's & Brother-in-law's)
Smt. Nanki Suri & Late Sh. Bansal Lal Suri
Sdr. Pari Bhatia & Late S. Manohar Singh Bhatia
Smt. Kanchar Maghu & Sh. Ramesh Maghu

**S. Didar Singh Sehgal (Batote Wale)****(Grand Children)**

Harishpal Singh Raina & Harleen Kaur (USA)
Haseen Kaur Khalsa & Manpreet Singh Khalsa
Harneet Singh Sethi & Gagneet Kaur (USA)
Harinder Kaur & Kulbir Singh
Hachitani Kaur Sethi (USA)
Ravdeep Kaur Raina (Canada), Japneek & Sehaj
(Great Grand Children)
Sajjeen & Mehreen (USA)
CONTACT NO. 6005853399, 9419135012

TENTH DAY

With profound grief and sorrow we inform the sad demise of our beloved **Lt Smt Anju Gupta R/o H No. 157 Sec 3 Opposite St Paul Convent School Gangyal** on 31st May 2025.

Tenth Day shall be performed at Sector 1 Durga Mandir Gangyal Jammu on Monday 9th June from 11 am-12 am

GRIEF STRICKEN:

Brij Rattan Gupta (Husband)

Saksham Gupta (Sahu) (Son)

Deeply remembered by: **CHAPATA FAMILY & KAILOO FAMILY**

Phone number: 9149936633, 9419820661

**Lt Smt Anju Gupta****OBITUARY**

With tears in our eyes & prayers on our lips, we inform that our Mother **Smt. Janak Rani Gagroo, W/o Lt. Janki Nath Gagroo**, Originally from Aga Hamam, Habbakadal, Srinagar, presently residing at Plot No 4, Block-F, Swarn Vihar, Jammu (Near Apollo Multispeciality Diagnostic Centre), attained Nirvana at Indrapuram, Ghaziabad on 31st May 2025 at 5:18 PM.

The **CREMATION** was done on 1st June 2025 at Antim Niwas, Sector-94, Noida.

MOURNING will be held at Flat No 509/3, Express Garden, Vaibhav Khand, Indrapuram, Ghaziabad.

The **10TH DAY KRIYA** will be performed at Muradnagar Nagar Ghat Ghaziabad on 9th June 2025 at 8.30 AM.

GRIEF STRICKEN:

Rajaish Gagroo (Son) 9622220261

Nancy & TK Peer (Daughter & Son-in-law) 9899252675

Pinki & Rajesh Mujoo (Daughter & Son-in-law) 9810780499

**SMT. JANAK RANI GAGROO****10TH DAY KRIYA (DAHIMDOH)**

With profound grief and sorrow, we inform the sad demise of **Mrs Veena Kaul W/o Maj Bansi Lal Kaul (Retd) R/o Check Rajwali Vessu Anantnag** at present H.No. 72, Lane No.7, Vishwa Bharti Colony, Akalpur Road, Jammu.

The **10th Day Kriya** will be held on June 09, 2025 (Monday) at Muthi Ghat near Directorate of Education at 8:30 AM.

GRIEF STRICKEN

Maj Bansi Lal Kaul (Retd) -Husband

Sons & Daughter-in-laws

Mr. Inder Kaul & Mrs Rekha Kaul

Mr Ravi Kaul & Mrs Neetu Kaul

Mrs Rachna Kaul Dhar & Mr Pankaj Dhar -Daughter & Son-in-law
Mr Harshikesh Kaul & Mrs Prana Kaul - Brother-in-law & Sister-in-law
Mob: 9419174963, 9419193284, 8860493829

**Mrs Veena Kaul****10TH DAY KRIYA**

With profound grief and sorrow, we inform the sad demise of our beloved **Sh. Kewal Krishan Raina S/o Late Sh. Bhagwan Das Raina** resident of 581-A, Upper Laxmi Nagar, Sarwal on 31/5/2025

10th Day will be performed on 9th June 2025 (Monday) from 7:00 am to 9:00 am at Muthi Ghat, Jammu.

GRIEF STRICKEN:

Ruby & Ponam Monga (Daughter & Son-in-law)

Ruhi & Vinod Kaul (Daughter & Son-in-law)

Neeru Raina (Daughter-in-law)

Pyare Lal Raina (Brother)

Asha Ji Raina (Sister-in-law)

Grand Children:

Shan Gruff Raina

Prateek Monga

Moksha Kaul

**Sh. Kewal Krishan Raina****OBITUARY / TENTH DAY KRIYA**

With profound grief and sorrow, we inform the sad demise of our beloved **Shri Makhan Lal Raina S/o Late Shri. Dina Nath Raina** resident of Zainapora, Shopian on 31th May, 2025 (Saturday) at his residence.

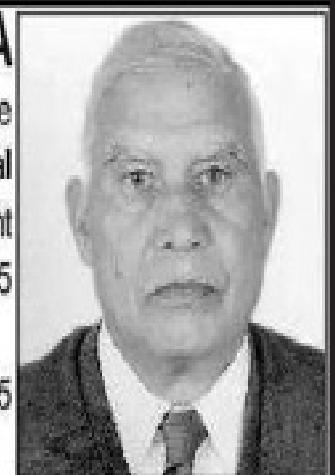
Tenth Day will be performed on 9th June, 2025 (Monday) At Zainapora, Shopian.

GRIEF STRICKEN:

Samast Raina Pariwar Mob. No. 88250-95867

Samast Bhat Pariwar Mob. No. 60057-07938

Samast Koul Pariwar Mob. No. 70062-91189

**Shri Makhan Lal Raina****10TH DAY/KRIYA**

With profound grief and sorrow, we regret to inform the sad demise of **Smt. Rita Rani Kotwal** on 30th May, 2025 W/o Sh. K.K. Kotwal.

10th Day will be performed on Sunday, 8th June, 2025 from 10 AM to 1.00 PM at our residence, 1161, Kotwal Niwas, Ward No. 20, Sangoor, Railway Road, Udhampur.

13th Day will be performed at Holy Devika Ghat, Udhampur on 11th June, 2025 Wednesday from 10.00 AM to 2.00 PM.

GRIEF STRICKEN

Sh. K.K. Kotwal - Husband

Son & Daughter-in-law

Sh. Sanjeev & Smt. Anju Kotwal

Daughters & Sons-in-law

Smt. Seema & Dr. G.S. Rakwal

Smt. Rajni & Sh. Nehal Singh Manhas

Smt. Shivani & Sh. Ashish Thakur

Kumari Monika Kotwal & Smt. Meenakshi Kotwal - Daughters

Aditya Kotwal - Grand Son

Phone No: 9419181799, 9419162208, 9906019504, 9797398014

**SMT. RITA RANI KOTWAL****TENTH DAY**

With profound grief, we inform you the sad demise of our beloved mother **Smt. Krishna Devi W/o Late Sh. Qasim Singh Bantari** at Village Sounthal.

Tenth Day will be performed on 08-06-2025 Sunday at 11am and 13th day will be performed on 11-06-2025 Wednesday.

GRIEF STRICKEN

Daughters-in-law & Sons

Smt. Usha & Sh. Govind Singh (Ex. Asst. Comd. BSF)

Smt. Reva & Sh. Chander Singh (Retd Master)

Daughters & Sons-in-law

Smt. Santosh & Sh. Swarn Singh

Smt. Vashni & Late Sh. Pritam Singh

Smt. Shoba & Sh. Parbad Singh

Granddaughter-in-law & Grandsons

Dr. Divya & Sh. Gulshan Singh (Senior En)

Granddaughters & Grandsons-in-law

Smt. Poonam & Sh. Rajpal Singh

Smt. Parul & Sh. Bhawani Singh

Mr. Harsh Dev Singh - Grandson

Yashvir Singh - Great Grandchildren

**Smt. Krishna Devi****TENTH DAY/KRIYA**

With profound grief & sorrow, we inform the sad demise of our beloved **Miss Shakuntla Devi D/o Late Sh. Thakur Dass Chib R/o Lower Chowadhi, Lane No. 22, Greater Kailash, Jammu.**

The **Tenth Day** will be performed on 06-06-2025 (Friday) at Greater Kailash, Jammu Lane No. 22, Time 11:30 AM.

Kriya will be performed on 09/06/2025 (Monday) at residence 10:00 AM.

GRIEF STRICKEN

Brothers & Sisters-in-law

Mrs. Shakuntla Devi & Late Sh. Dalbir Singh

Mrs. Vijay Kumari & Sh. Balbir Singh

Late Mrs. Sudesh Kumari & Sh. Joginder Singh

Nephews & Niece-in-law

Mrs. Geeta Chib & Sh. Surjeet Singh

Mrs. Jyoti Devi & Sh. Jagjeet Singh

Mrs. Anju Bala & Sh. Ranjeet Singh

Mrs. Rekha Manhas & Sh. Manjit Chib

Mrs. Shefali Jarmwal & Sh. Ravi Chib

Contact Nos.: 9419186559, 94193-84428

**Miss Shakuntla Devi (Retired SO SED) (1-3-1955 to 29-05-2025)****UTHALA**

With profound grief and sorrow, we regret to inform the sad demise of our beloved **SH. SAT PAL GUPTA S/o late Sh. Bhari Lal Gupta R/O H.No. 364, Shakti Nagar, Jammu.**

UTHALA will be performed on 09-06-2025 (Monday) 5:00 PM to 6:00 PM. At Om Palace Shakti Nagar, Jammu

SON & DAUGHTER-IN-LAW

Ajay Kumar Gupta & Seema Gupta

Sanjay Gupta & Bishav Kirti

DAUGHTERS & SON-IN-LAW

Santosh & Vinod Gool

Neelam & Madhu Sudan Gupta

Anita & Anil Kumar Gupta

Kiran & Sukesh Gupta

Savita & Lt. Sh. Avtar Krishan

FIRM NAMES:

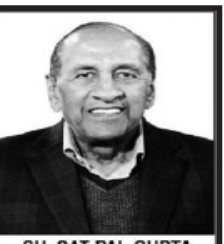
M/S Himalaya Marble & Tiles 9419184585

M/S Sanjay Hardware Store 9419189538

M/S Rudhrakash Marble & Tile

M/S Suraj brick & Tile Industry - 788960545

M/S Ashray Gupta & Associates - 9697126239

**SH. SAT PAL GUPTA**

GRAND CHILDREN:-
CA Ashray Gupta and Sapanya Mahajan
Dravil Gupta, Dhanraj Gupta
Arshi & Akhil Mahajan

TENTH DAY/UTHALA

With deepest sorrow we inform the sudden demise of our beloved **Shri Kasturi Lal Ji (Retd SBSO, MES) S/o Late Lajar Ram R/o E-80, Sainik Colony Jammu.**

A guiding light in our lives, his love, strength and blessings will remain with us forever.

Cremanation was performed on 3rd June 2025 (Tuesday) in New Jersey, USA.

10th Day will be performed on 9th June 2025 (Monday) from 10.00 am to 12.00 pm at Golden Leaf Banquet, Babiana, Gangyal, Jammu.

Grief Stricken :

Smt. Sushma & Late Sh. Anil Choudhary

Smt. Raman & Sh. Arun Choudhary (Titu)

Smt. Jaideep & Sh. Arvind Choudhary (Bunty)

Smt. Lovleen & Sh. Ajay Choudhary (Lucky)

Grand Children : Ashma, Aakriti, Sidharth, Abhinandan, Arvin, Aditi, Ankita, Vihann, Prisha

9419183073, 8803773637, 7006780030, 9149442460

**Shri Kasturi Lal Ji (Retd SBSO, MES)****TENTH DAY/KRIYA**

With profound grief & sorrow, we regret to inform you about the sad demise of our beloved **Smt. Neelam Kumari (Retd Section Officer, Legislative Assembly W/o Sh. Kuldeep Singh, R/o Village Ratnal, Teh. Bishnah, at present H No. 16-A, Sector 3, Upper Roop Nagar Jammu on 28/05/2025.**

TENTH DAY will be performed on 06/06/2025 (FRIDAY) at our residence at 11 AM.

KRIYA will be performed on 09/06/2025 (MONDAY) at our residence 16-A, Sector 3, Upper Roop Nagar Jammu at 12 Noon.

GRIEF STRICKEN

Husband

Sh. Kuldeep Singh (Retd Deputy Secretary, Legislative Assembly)

Brother-in-law & Sister

Sh. Rattan Singh Manhas & Smt. Rani Devi

Brother & Bhabhi

Sh. Raghbir Singh & Smt. Kalasho Devi

Bhabhi & Brother

Smt. Seema Devi W/o Late Sh. Jagdish Singh

Sh. Kewal Singh & Smt. Lakha Devi - Brother & Bhabhi

Dr. Kamal Singh & Smt. Nisha Devi - Brother & Bhabhi

Onkar Singh & Shafali Jarmwal - Son & Daughter-in-law

Sukender Singh & Riya Jarmwal - Son & Daughter-in-law

Rishi Bagal - Grand Daughter

Kishvir Singh Bagal - Grand Son

Soldiers injured in Operation Sindoor again ready to give befitting reply to Pakistan: BSF DIG

Top News Report

JAMMU, June 8: Asserting that soldiers injured in the attack carried out by Pakistan in response to Operation Sindoor have returned from hospital with high morale, a senior BSF officer on Saturday said they are once again ready to give Pakistan a befitting reply in case of any misadventure.

He said the Border Security Force (BSF) is guarding the borders excellently, and no one needs to worry as long as the Force is standing on the borders. "It has been over one month since Operation Sindoor. The personnel from our forces who were injured have now returned from the hospital.

The morale of the Border Security Force is extremely high," BSF DIG Prabhakar Joshi told reporters here. He said the soldiers who were injured have returned from the hospital and are once again ready to take revenge against Pakistan.

"This time, they are



prepared with double the strength compared to before to confront any fresh misadventure from Pakistan and to give a fitting reply, one that will make them remember it painfully for generations to come."

He praised the jawans and said these are the brave BSF jawans who gave a fierce reply to Pakistan's shelling during Operation Sindoor from May 7-10. "They are ready for duty again. Our reply was so strong, Pakistan's future generations will remember it. India speaks less, strikes hard," he said.

The DIG said the BSF has responded on the border with full strength. "Not a single BSF post has been withdrawn and even those beyond the fence are holding their ground firmly," he said. On the security front, he said patrolling on the border is being carried out with utmost vigilance and the safety of the posts is being ensured.

"The Border Security Force is guarding the borders excellently and as long as the BSF is standing on the borders, no one needs to worry," he added. The DIG said the nation has full faith

that her brave security forces will respond effectively, giving Pakistan such a lesson that it will never forget in its lifetime. "If Pakistan dares to repeat its misadventures, our forces are fully prepared to give a crushing reply once again," he added.

The injured officers, four of them, have returned to their duties and expressed high morale to serve at their posts. Sub-Inspector of BSF Vyas Dev, whose one leg suffered a major battle injury during Operation Sindoor, said he has suffered a major

disability but has not lost his spirit.

"Even today, we stand ready to return to the border and give a befitting reply to Pakistan," he said. Dev, who lost two colleagues during a bomb shell attack on his post, said this is the courage that defines the country's security forces.

"We are proud of it. We are ready to give a befitting reply. "I am ready to give a befitting reply to Pakistan if it dares to mess with us. It was an opportunity for me to take part in Operation Sindoor," he said. Similarly, another jawan, Constable Bhupendra Vajpayee of BSF from Raebareilly, Uttar Pradesh, has joined duty again after recovering from his battle injury. "On May 9, during Operation Sindoor, Pakistan fired heavily on our BOP. We responded with full force. "Despite injuries from a drone attack, I am back and ready for duty. This time, we will not only stop them but also hoist the Tricolour on their soil," he said.

Army chief visited the Forward Areas of Uttarakhand and Inaugurated Community Radio Station

Top News Report

NEW DELHI, June 8: General Upendra Dwivedi, Chief of the Army Staff (COAS), visited forward posts in the Garhwal region to review the operational and administrative readiness of forces deployed in forward areas of Garhwal, Uttarakhand. During his visit, the COAS interacted with troops guarding the frontiers and commended them for their unwavering dedication, resilience, and professionalism. He emphasised the importance of maintaining high standards of operational preparedness and constant vigilance.

Later in the day, the COAS inaugurated Ibex Tarana 88.4 FM, the first-of-its-kind Community Radio Station based in Jyotirmath, Uttarakhand. The station is envisioned as a vital platform for local

expression, knowledge sharing, and the preservation of cultural heritage. Its broadcasts will include programmes on education, environment, weather, entertainment, employment, disaster preparedness, tourism, health, and traditional arts.

In his inaugural podcast, the COAS remarked, "Ibex Tarana is not just a radio station—it is a powerful medium to amplify the voice of youth. It will bring the community together, promote local talent, and reconnect people with their cultural roots."

On this occasion, the COAS also felicitated distinguished veterans with the Veterans Achievement Award in recognition of their outstanding contributions to nation-building and social development.



Historic Kashmir Rail Link signals new dawn of unity & development: Dr Parneesh

Top News Report

JAMMU, Jun 8: Senior BJP leader Dr Parneesh Mahajan said that the inauguration of the Kashmir rail connectivity project as a monumental milestone for Jammu and Kashmir and the entire nation. He emphasized that the flagging off of the first train from Katra to Srinagar marks the end of decades-long aspirations and struggles of the people for seamless connectivity with the rest of India.

In a press release issued here today, the senior BJP leader said, "This historic rail link symbolizes not just an engineering marvel with the world's highest Chenab bridge and the unique Anji Khad cable-stayed bridge but also a new chapter of peace, progress, and integration for Jammu and Kashmir."

He added that this connectivity will bring socio-economic transforma-



tion, boosting tourism, trade, and employment opportunities across the region.

Dr Parneesh recalled Prime Minister Narendra Modi's words condemning the Pahalgam terror attack that sought to disrupt the harmony and livelihoods dependent on tourism in Kashmir. "Pakistan's attempts to sabotage peace have failed.

The people of Jammu and Kashmir have shown resilience and unity, proving that no act of terror can break the spirit of 'Insaaniyat and Kashmiriyat,'" he said.

Highlighting the 272 km Udhampur-Srinagar-Baramulla rail line, constructed through challenging terrains with 36 tunnels and 943 bridges, he praised the engineering feats and the government's commitment to overcoming all obstacles for the welfare of the people.

The senior BJP leader also welcomed the Rs 46,000 crore worth of development projects launched alongside the rail connectivity, including medical and educational enhancements such as increasing MBBS seats from 500 to 1300 and establishing new medical colleges like the one in Reasi.

Dr Parneesh Mahajan stated, "This rail connectivity is not only a physical bridge but a bridge of hope, opportunity, and unity. The future of Jammu and Kashmir shines bright with prosperity and peace, and BJP remains committed to supporting this transformative journey."

Kavinder urges people to be cautious amid rising Covid cases across India



Top News Report

Jammu, June 8: Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta has expressed concern over the recent surge in Covid-19 cases across the country and urged citizens to remain cautious and adhere to health advisories issued by the government.

With India's active Covid-19 cases surpassing the 6,000 mark, the BJP stal-

wart emphasized that the evolving situation requires public cooperation along with administrative readiness. He welcomed the proactive approach of the Central Government in conducting nationwide mock drills and reviewing facility-level preparedness to ensure that isolation beds, oxygen supplies, ventilators, and essential medicines are adequately available.

"Although most reported cases are mild and being treated under home care, we must not lower our guard. Past experiences have shown that negligence can be costly. I appeal to the people of Jammu and the nation to continue following Covid-appropriate behavior such as wearing masks in crowded places, maintaining hygiene, and avoiding unnecessary gatherings," he said.

The senior BJP leader lauded the efforts of health authorities, especially the Integrated Disease Surveillance Programme (IDSP), Indian Council of Medical Research (ICMR), and Disaster Management Cells, who are actively monitoring Influenza-Like Illness (ILI) and Severe Acute Respiratory Illness (SARI) cases. He also stressed the importance of timely testing and genome sequencing of positive cases to stay ahead of any potential new variants.

Kavinder assured the public that the BJP-led government is fully committed to safeguarding the health of citizens and is closely coordinating with all stakeholders at the central and state levels. He reiterated that public awareness and responsible behavior will remain the strongest tools in keeping the virus in check.

Public outreach initiative "Adhikar Dwar Tak – Public Hearing and Assistance Camp" organized in Ward 46

Top News Report

JAMMU, Jun 8: A public outreach initiative titled "Adhikar Dwar Tak – Public Hearing and Assistance Camp" (Right to Your Doorstep) was successfully organized today in Ward Number 46 (Sanjay Nagar) by Navya Srijan Seva Sansthan. The primary aim of the camp was to raise awareness among residents about their rights and government welfare schemes, as well as to collect grievances from individuals and the community for submission to the concerned authorities.

The camp saw active participation from senior citizens, women, and youth, who brought forward issues such as delays in pension schemes, ration card problems, faulty electricity transformers, clogged drainage systems, and scholarship-related concerns. Volunteers assisted attendees in documenting their complaints, and a specially designed com-



plaint form was distributed to ensure proper recording and follow-up.

Deepak Gupta, present at the event, shared that the initiative is not just about delivering assistance but also about building trust between people and systems.

He emphasized that the problems documented during the camp would be forwarded to the relevant departments and closely followed up. He further announced that this camp would now be a monthly feature, moving across different areas in the ward to reach every household.

The event was marked by direct interaction between citizens and organizers, with many expressing satisfaction

and gratitude for being heard. Mr. Ramesh Sharma, a senior citizen, remarked that for the first time someone had come to their doorstep, listened to them sincerely, and showed genuine intent to find solutions—something he described as "true public service, not an election-time promise."

In conclusion, the "Adhikar Dwar Tak" campaign is being seen as a significant step toward participatory and accountable governance. Deepak Gupta reaffirmed that the campaign would continue across the ward each month, ensuring that every citizen's voice is acknowledged and efforts are made to bring change at the grassroots level

BKS holds play Galat Vyakaran at Abhinav Theatre

Top News Report

JAMMU, Jun 8: Bhartiya Kala Sangam today held a play in Dogri language Galat Vyakaran in the Abhinav Theatre organised by J&K Academy of Art, Culture and Languages, Jammu.

In a press release, T.R.Sharma, KAS(Retd), Chairman Bhartiya Kala Sangam told that the play of Kumar.A.Bharti was designed and directed by Mohit Singh Chib in Saptahik Rangdhara under the overall supervision of Ramesh Singh Chib, Director BKS. Sharma further said that BKS ever since its inception from 1980 has organised and successfully held various cultural programs to promote and develop



the dogra culture which, inter-alia, include dogri dances, singing, plays, nukkad natak, seminars, felicitation events etc. He further informed that the above play is a family Drama which unfolds different phases of misunderstandings across three genera-

tions, he said adding that each generation follows its own way of thinking, which leads them to feel misunderstood by the others, as a result, small conflicts arise within the families. Overall, this family drama intertwined with tales of valour from the

Warriors of Duggar land, he added.

The eminent Actors/artists, who participated in the play and kept the audience spellbound were Janak Khajuria, Pardeep Sharma, Sheetal, Ankit Sharma, Disha Bhagat and Saksham Chib.

Manyal starts blacktopping work of NABARD Road from Ramloo to Chak Salaria

Top News Report

RAMGARH: In a significant boost to local infrastructure, Dr. Devinder Kumar Manyal, MLA Ramgarh and Former Minister for Health and Medical Education, J&K, today inaugurated the blacktopping work of the NABARD-funded road from Ramloo to Chak Salaria, with a sanctioned cost of Rs 2.56 crore.

The project addresses a long-standing demand of local residents, providing a vital upgrade in road connectivity. Speaking on the occasion, Dr. Manyal said, "This road has been a long-pending demand. I am pleased to see work begin today, which will bring tangible develop-



ment and ease of movement for our people."

The new road will offer direct connectivity to four to five Panchayats in the Ramgarh area and will significantly enhance access to Vijaypur. Additionally, the improved infrastructure will facilitate easier access for tourists visiting Swankha Mandir and the revered Baba Chambyal Shrine.

Er. Sukhwinder Singh, Assistant Engineer, PWD, along with senior political and local rep-

resentatives, was present at the ceremony. Among those attending were Former BDC Chairman Darshan Singh, Mandal President Ramgarh Nancy Choudhary, Former Sarpanch Bharat Bhushan, Binder Singh, and Soudhagar Mal.

Dr. Manyal reaffirmed his commitment to the continuous development of Ramgarh constituency, with a focus on better roads, public services, and rural connectivity.

EDITORIAL

Importance of Oceans

Oceans cover over 70% of the Earth's surface and play a crucial role in sustaining life on the planet. Often referred to as the "lungs of the Earth," oceans produce more than half of the world's oxygen and absorb large amounts of carbon dioxide. They regulate the Earth's climate, support an incredible variety of life, and are vital for the global economy and human well-being. One of the most significant roles of oceans is their function in climate regulation. The vast waters absorb heat from the sun and distribute it across the globe through ocean currents. These currents help moderate temperatures, keeping coastal areas warm in winter and cool in summer. Oceans also act as carbon sinks, absorbing about 25-30% of human-generated carbon dioxide emissions. This helps mitigate the impact of global warming and climate change. Without oceans, the Earth would face extreme weather patterns and an uninhabitable climate. Oceans are also a major source of oxygen. Tiny ocean organisms called phytoplankton, which float near the surface of the water, carry out photosynthesis just like plants on land. In doing so, they release oxygen into the atmosphere—more than all the rainforests of the world combined. This makes oceans not only vital for marine life but also essential for the survival of terrestrial life, including humans. In addition to their environmental role, oceans are rich in biodiversity. They are home to millions of species—some of which have not yet been discovered. From the smallest microscopic organisms to the largest mammals like the blue whale, marine ecosystems are incredibly complex and delicate. Coral reefs, mangroves, and deep-sea trenches each host unique forms of life and contribute to the balance of global ecosystems. The health of marine life is also closely linked to the health of terrestrial ecosystems, showing the interconnectedness of life on Earth. Oceans provide enormous economic benefits. They support the livelihoods of millions of people around the world through fisheries, tourism, transportation, and maritime trade. Seafood is a primary source of protein for billions of people, especially in developing countries. Additionally, oceans are critical to international trade—more than 90% of global trade is carried by sea. Coastal tourism and recreational activities also contribute significantly to local economies. Oceans are also a source of natural resources. From salt, sand, and oil to rare minerals found in deep-sea deposits, oceans offer materials essential for modern life. Marine organisms have been used in medical research, contributing to breakthroughs in pharmaceuticals, including cancer treatment and antibiotics. The ocean remains one of the least explored frontiers, holding the potential for future discoveries that could revolutionize medicine, energy, and technology. However, despite their immense importance, oceans are under serious threat due to human activities. Pollution, overfishing, habitat destruction, and climate change are causing irreversible damage to marine ecosystems. Plastic waste alone kills thousands of marine animals each year and affects the health of fish consumed by humans. Rising ocean temperatures and acidification are bleaching coral reefs and altering habitats, pushing many species to the brink of extinction. Protecting oceans is not an option—it is a necessity. Governments, organizations, and individuals must work together to reduce pollution, enforce sustainable fishing practices, and expand marine protected areas. Public awareness and education play a key role in encouraging responsible behavior and fostering a global movement for ocean conservation. In conclusion, oceans are the backbone of life on Earth. They regulate our climate, provide food and livelihoods, support biodiversity, and are central to economic and environmental stability. Preserving and respecting our oceans is essential—not only for marine ecosystems but for the survival of our planet and future generations.

By: Omkar Dattatray

Muslims like other religious communities celebrate many religious festivals but the festival of Eid –ul Adha is most important festivals of Muslim community. It is celebrated every year with great fanfare and enthusiasm throughout the country and in the world and Jammu and Kashmir is no exception. People of the Islamic faith particularly the children anxiously and eagerly wait for arrival of this festival. This year Eid-ul –Adha is being celebrated on 7th of June Saturday and it will be celebrated through the length and breadth of the country. lasts for three days. It is also known as the grand Eid and the Eid of providing sacrifices as on this auspicious occasion animal sacrifices are given to propitiate Allah and this Eid is celebrated for three days and the parts of mutton are distributed among the relatives, neighbors and friends and in Kashmir in the good olden days the meat of the sacrifices of sheep or goat was also given to Pandit neighbors. It is also known as bakar eid. On this festival Muslims wear new and clean clothes and children jostle with joy and they also wear new clothes. Muslims on this auspicious occasion offer joint Namaz in Eid Gahs and Masjids and greet and embrace each other and after this religious obligation give some money to children called in Kashmiri parlance as Eidyana. Hindus also greet and embrace their Muslim brethren in the Eid Gahs. People take various kinds of sweets, custard and relish cherished mutton cuisines. There are

The Festival of Eid –ul –Adha

two key Eid's –celebration Festivals in Islam. Eid –ul –Fitr which signifies the completion of the Holy Month of Ramadan and Eid –ul –Adha the greater Eid which follows the completion of the annual Hajj pilgrimage at the time of Qurbani –sacrifice. Although Eid-ul-Adha has no direct relation to the Hajj pilgrimage, it is but a day after the completion of Hajj and therefore has significance in time. The day of Eid-ul-Adha falls on the tenth day in the final (twelfth) month of the Islamic lunar calendar, Dhu –al-Hijjah. The day the celebrations fall on is dependent on a legitimate sighting of moon, following the completion of annual holy Hajj pilgrimage which is an obligation for all Muslims who fit specific criteria, one of the important pillars of Islam. The celebration of Eid-ul-Adha is to commemorate Prophet Ibrahim's devotion to Allah SWT and his readiness to sacrifice his son, Ismail. At the very point of sacrifice, Allah SWT replaced Ismail with a ram, which was to be slaughtered in place of his son. This command of Allah SWT was a test of Prophet Ibrahim's willingness and commitment to obey his Lord's command without question. Therefore Eid-ul-Adha means the festival of sacrifice. Depending on the country, the celebrations of Eid-ul-Adha can last anywhere between two and four days. The act of Qurbani –sacrifice is carried out following the Eid Salaah –Eid prayers which are performed in congregation at nearest Mosque on the morning of Eid. The act of Qurbani consists of slaughtering an animal as a sacrifice to mark this occasion in remembrance

of Prophet Ibrahim's sacrifice for Allah SWT. This is also Known as Udhya. The days of animal sacrifice total three days, from the 10th to 12th of Dhu-al-Hijjah. The Qurbani meat can then be divided into three equal portions, one third is for you and your family, one third is for your friends, and final third is to be donated to those in need. Traditionally the day is spent celebrating with family, friends, and loved ones, often wearing new or best attire and giving of gifts. As with Eid-ul –Fitr, it is distinguished by the performance of communal prayer –salat at day break on its first day. It begins on the tenth of Dhu –al-Hijjah, the last month of Islamic calendar and continues for an additional three days. Eid-ul-Adha is also time for visiting with friends and family and for exchanges of gifts. The festival commemorates the ransom with ram of the biblical patriarch Ibrahim's son Ismail rather than Isaac as in Judeo-Christian tradition. Eid al –Adha (Arabic festival of sacrifice) also spelled as Id al-Adha also called Id al –Qurban or al –Id al –Kabir is a major festival of Muslims, the second of two great Muslim festivals, the other being Eid –ul-Fitr. Eid-ul-Adha marks the culmination of the Hajj pilgrimage –rites at Mina, Saudi Arabia near Mecca but is celebrated by Muslims throughout the world. During the festival the families that can afford can make a sacrifice of an animal as per Islamic tradition and distribute the meat among friends and the needy people. The tradition for Eid-ul-Adha involves slaughtering an animal and sharing the meat in equal parts for family, friends and relatives

and the poor people. The goal is to make sure every Muslim gets to eat meat. This festival stresses equality and ordains Muslims to help the needy and poor and donate for the poor and so it shows how justice can be done with the poor and weak. Equality is the big and more relevant message of Islam in today's world of modernity and materialism where mine and thine is the order of the day and the festival of great Eid teaches us to help poor and needy and contribute towards Zakat and distribute the money among the poor people and thus it teaches equality and justice and help to the poor in the society. The government gives two day gazette holiday's on great Eid and this year June 28 and June 29 will be the two holidays. This festival also teaches the importance of sacrifice and being ready for giving sacrifice for a right cause and in memory of the prophet Ibrahim. Great Eid is celebrated with big religious fervor and gaiety by the Muslims including the children around the world. In Kashmir the festival of Eid-ul-Adha is celebrated with religious devotion and enthusiasm and the rich to do people celebrate this festival with needy and poor and thus equality and help are the two teachings we imbibe from this festival. Let this year's Eid bring peace, prosperity, health, contentment, happiness to all the people of India especially the people of Jammu and Kashmir. Amin. .

(The author is a columnist, social and KP activist)

India's dilemma: Farm yield rises, industrial growth sluggish

By: Vijay Garg

As the Government boosts minimum support prices and extends credit schemes to sustain rural momentum, policymakers face a complex balancing act — how to nurture farm-driven optimism amid factory-floor fatigue and an uncertain global trade climate. India's agricultural sector is charting new territory as record-breaking food production sets the stage for a stronger presence in global export markets. While farms flourish, a contrasting picture emerges in the industrial landscape, where stagnating production signals underlying economic strain. This divergence underscores a shifting balance in India's growth narrative — buoyant fields amid faltering factories. To pace it up further, the Centre also increased the kharif crop minimum support price (MSP) focusing on pulses, oilseeds and coarse grains. The MSP for paddy was raised by Rs 69, three per cent, to Rs 2369 per quintal. The MSP of 14 other items including groundnut, sunflower seed, cotton, tur/arhar, and niger seed benefited. The Centre claims that its procurement of wheat has surpassed previous three-year records yet is below the target. The 5 per cent interest subvention scheme on Kisan Credit Card up to Rs 3 lakh will continue. Amid such a farm yield bonanza, the stymied industrial production remains a concern. The country's industrial output growth slowed to an 8-month low in April, dragged down by contraction in mining, sluggish electricity and manufacturing sectors. It is dipping since reaching a peak of 6.2 per cent in April 2024 which had fallen to minus 0.1 per cent during mid-year. India has achieved a record food grain production of 353.95 million tonnes (MT) in the 2024-25 crop season. This is largely due to record harvests of paddy (rice) — 149.07 MT, wheat — 117.50 MT, and maize — 42 MT. India surpassed China to become the world's largest rice producer. Maize production jumped by 12.3 per cent. Oil-

seeds yield also rose by 7.4 per cent.

Data show a record production of rice, wheat, maize, soybean, rapeseed, mustard, and sugarcane. "The third estimated production of major crops such as paddy, wheat, soybean, groundnuts, oilseeds, and pulses are going to be a record," says Agriculture Minister Shivraj Singh Chauhan. This is against agricultural ministry figures of about a 1.2 per cent fall in production a year back.

8-year-record The food-grain estimate claims a 6.6 per cent record increase in major crops in eight years. Chouhan announced that the country's food grain production reached 3539.59 lakh metric tonnes (LMT) in 2024-25, which is 216.61 LMT higher than last year's (2023-24) 3322.98 LMT.

Another heartening news is India's agriculture exports rising 6.4 per cent to \$51.9 billion in 2024-25, from \$48.8 billion during the preceding fiscal year that ended March 2024. This was against the almost flat 0.1 per cent growth in the value of its overall goods exports in 2024-25.

In 2024-25, India's total merchandise exports reached \$374.1 billion, a 6 per cent increase from the \$352.9 billion in 2023-24, excluding petroleum products. This marked a record high for non-petroleum merchandise exports. Overall, India's total exports (merchandise and services) reached \$824.9 billion, the highest ever. Services exports reached a high of \$387.5 billion. However, the country's exports in February 2025 experienced a decline, marking the fourth consecutive month of contraction. The export value fell to \$36.91 billion, a 10.85 per cent decrease compared to the same period last year. Both exports and imports saw a sharp contraction. This decline was primarily attributed to factors like volatility in petroleum prices, global uncertainties, and the impact of sanctions on the gems and jewellery sector.

The country is hit also by lower capital expenditure hitting the Rs 86000 crore construction equipment industry. It grew 21 per cent in 2022-21 per cent and 24 per cent in 2023-24. Companies like Caterpillar, JCB, Tata Hitachi, Cummins

and Volvo CE are piqued at the overall growth of 3 per cent in 2024-25.

Private sector laggard

Overall construction infrastructure activities are stated to be slowing down. The infra and construction goods sector slowed by 4 per cent in April against 8.5 per cent in April 2024, according to the National Statistics Office (NSO).

The construction industry has been thriving on liberal Government expenditure. Its thaw speaks a lot that the private sector's contribution to the country's growth is below the expectations.

The manufacturing sector remained subdued, growing by 3.4 per cent in April, lower than the 4.2 per cent a year earlier. The IIP dip is stated to be lower than estimated at a 2.7 per cent fall. The slowdown is broad — based across sectors, according to rating agency ICRA. The infra and construction goods sector slowed to 4 per cent in April against 8.5 per cent in April 2024.

In 2024-25, India's private sector capex also saw a decline, falling by nearly 9 per cent to Rs 26.8 lakh crore. This represents a three-year low and the second consecutive year-on-year decline.

Both the developments, in agriculture and industry, are significant in the light of the US policy manipulations by President Donald Trump. India is in protracted negotiations with the US to moderate and modify the tariff regime, particularly in the thawed world market, where multilateral UN institutions, including the World Trade Organisation, are being bypassed. Surfeit of bilateral transactions like the Indo-UK trade deals are changing the global trade scenario. The developing countries are particularly at the receiving end as they have to spend more effort, time and resources on talks. The settled multilateral norms are being gradually bypassed. It reflects on their exports and global growth. There are issues of farm exports particularly in the light of Russia-Ukraine war, conflict situations near the Mediterranean zone and Israel-Gaza — the Middle East. India must resolve these to boost global trade.

Despite a ceasefire in the wake of Operation Sindoor, Pakistan has not lifted the ban on its airspace for Indian

airlines. It is bleeding the airline industry by a cost overrun of 30 per cent a flight. Air India estimated it lost over Rs 100 million in a month for detouring Pakistan.

The stock markets too are tizzy having lost severely since January as it crashed with the US President Donald Trump's tariff hikes and retaliation from China fueled investors' jitters amid fears that a full-blown trade war could impact economic growth across the world.

The pace of policy pronouncements, along with postponements and modifications, has created heightened uncertainty for companies and US trading partners. A fluid trade policy environment is likely to continue as the administration continues to negotiate, takes steps to impose additional sectoral tariffs and reviews requests for product-specific exemptions from tariffs amid the latest US Federal Court striking down Trump tariffs. The coming year months may see many global changes and the fortunes of India.

Despite an impressive agricultural surge—marked by record food grain output and rising agri-exports—India's broader economic landscape remains uneven. Sluggish industrial growth, faltering manufacturing, and declining private capex cast a shadow over rural gains. Global uncertainties, fluid trade policies, and weak infrastructure demand further complicate recovery. While Indian farms bloom, factories struggle to regain momentum. The Government's challenge now is to bridge this rural-urban growth divide and sustain momentum in both agriculture and industry amid global flux.

(Vijay Garg Retired Principal Educational columnist Eminent Educationist street kour Chand MHR Malout Punjab)

JKDFA Kashmir Division warns against misuse of Association’s name *Dr. Shahid reaffirms that Sandeep Singh Chib as duly elected President of JKDFA*

Top News Report

JAMMU, Jun 8: Dr. Shahid Singh, President of the Jammu Kashmir Dairy Farmers Association (JKDFA), Kashmir Division, has issued a stern warning against the unauthorized use of the association's name by suspended members and individuals falsely claiming to be representatives of JKDFA.

Dr. Shahid Singh clarified that the full and correct name of the organization is "Jammu Kashmir Dairy Farmers Association (JKDFA)," not "Jammu Dairy Farmers Association" as being wrongly projected. "Any attempt to misrepresent or dilute the identity of our Association is misleading, unlawful, and will not be tolerated," he stated.

Dr. Shahid further reaffirmed that Sandeep Singh Chib is the duly elected President of JKDFA, supported by a majority of members across all districts of Kashmir.

"His term continues until December, and if anyone is genuinely interested in contest-



ing for the post, they are welcome to file their nomination during the proper election period," he said.

Dr Shahid said majority of district units in Kashmir remain united in their support for the existing leadership. JKDFA Kashmir Division remains committed to the welfare and empowerment of dairy farmers across Jammu and Kashmir.

Dr. Shahid Singh condemned the unauthorized use of JKDFA's name, particularly the incorrect representation

as "Jammu Dairy Farmers Association."

He reaffirmed that Sandeep Singh Chib is the duly elected President of JKDFA, supported by a majority of members across Kashmir.

Dr. Shahid Singh stated that anyone interested in contesting for the post can file their nomination during the proper election period.

The JKDFA Kashmir Division will take legal action against individuals misusing the association's name or misleading the public with false titles, Dr Shahid .

BVP Trikuta Nagar Branch celebrates World Environment Day with enthusiasm



Top News Report

JAMMU, Jun 8: Bharat Vikas Parishad (BVP), Trikuta Nagar Branch, organized a special event to mark World Environment Day at Trikuta Nagar Park, located behind Wonder World School. The program witnessed active participation from members of the Parishad and local residents.

The event began with

an awareness session focusing on this year's environmental theme, followed by a collective oath to reduce plastic usage, conserve water, and protect biodiversity—a step towards promoting eco-conscious behavior in daily life. The event concluded with a heartfelt vote of thanks and an inspiring message from the Branch President, Vanita, who empha-

sized, "Every small action counts when it comes to saving our planet."

World Environment Day served as a powerful reminder that the Earth belongs to all, and it is everyone's responsibility to protect and preserve it. The enthusiasm and dedication of attendees turned the event into a memorable and meaningful success.

Hockey selection trials on June 11,12

Top News Report

JAMMU, Jun 8: Hockey J&K has announced the selection trials for the JKUT Sub-Junior Women's Hockey Team, which will participate in the upcoming 15th Hockey India Sub-Junior Women National Championship scheduled to be held in Ranchi, Jharkhand from July 3 to July 14, 2025. The selection trials will take place on June 10

and 11, 2025, starting from 4:00 PM onwards at the KK Hakku Hockey Stadium, Jammu.

Following the trials, a coaching camp will be organized starting June 12, 2025, to prepare the selected team for the national championship. Hockey J&K has invited all interested and eligible players to report on time at the venue with the required documents.

To be eligible, players must be registered

on the Hockey India MU Portal and must be born on or after January 1, 2009. Each player is also required to carry a valid ID proof, such as Aadhaar Card or Passport, at the time of reporting.

For further details, players or guardians may contact Gurdeep Singh, President Hockey J&K at 9906875724, or Dr. Taran Singh, General Secretary Hockey J&K at 9419147284.

Impressive Shobha Yatra held on 627th Parkash Divas of Sadguru Kabir Ji Maharaj

Top News Report

JAMMU, Jun 8: A grand Shobha Yatra was organized this morning by Sadguru Kabir Dham Headquarters, All J&K Megh Sabha, Old Rehari, Jammu, to mark the 627th Parkash Divas of Sadguru Kabir Ji Maharaj. The procession was flagged off by Narinder Datt, President of the Sabha from the Rehari Sabha premises.

The vibrant procession passed through prominent parts of the city, including Rehari Chungli, Kabir Chowk (KC Chowk), Jewel Chowk, and after taking a U-turn, proceeded via Amphalla Chowk, Panjthirhi, Kacchi Chowni, and Exchange Road, finally culminating back at the Rehari Sabha.

The Yatra witnessed an overwhelming response, with thousands of devotees from across Jammu and adjoining areas such as Dogra Hall, Rehari, Paharian Mohalla, Rajpura,



Janipur, Patoli, Nadwal (Gaink), Chinore, Ban Talab, Talab Tillo, and Kabir Basti participating.

The procession featured over 100 cars, 100 motorcycles, 10 matadors, autos, and 5 beautifully decorated Jhankis (tableaux). Devotees raised spirited slogans of "Jai Kabir – Dhan Kabir", adding to the devotional atmosphere of the celebration.

Speaking to the media, Narinder Datt, President of All J&K Megh Sabha, stated that the procession was deliber-

ately held in the morning hours to beat the high temperatures and to spread awareness about the upcoming State-level 627th Parkash Divas celebration. The main function is scheduled for Wednesday, June 11, 2025, at 11:00 AM at the Sabha premises in Rehari, Jammu.

He extended an open invitation to all social and religious organizations that follow the teachings and philosophy of Sadguru Kabir Ji Maharaj to participate in the grand cele-

bration. The spiritual discourse during the event will be delivered by Mahant Ajay Dass from Tata Nagar, Jharkhand.

Prominent participants in the Shobha Yatra included Sh. Ram Lal Bhagat (Chairman Advisory Board), Sh. Rajinder Bhagat (Vice-President), Sh. Amarnath Bhagat (Cashier), Sh. Ravi Kant (State Coordinator), Sh. Ashok Kumar (President Kaink Unit), Sh. Ajay Kumar, Sh. Paramveer Bhagat (City President), Sh. Vinod Kumar (President Chinore), Sh. Vishal Bhagat (President Pouni Chak – Gho Manasa), Smt. Promila Devi, Smt. Veena Devi, Smt. Sheelo Devi, Smt. Anu, Sh. Narinder Singh, Sh. Bal Krishan, Sh. Partap Bhagat, Sh. Sanjay Bhagat, and many others.

The Yatra concluded with spiritual fervor and deep devotion, setting the tone for the upcoming state-level celebration on June 11.

Kesri demands tax exemption on Langar items for Baba Amarnath Yatra

Top News Report

JAMMU, Jun 8: Shiv Sena Hindustan, led by Jammu and Kashmir President Pt Rajesh Kasri, held a meeting to discuss the imposition of taxes on langar items for the Baba Amarnath Yatra. The organization has demanded that the government exempt langar items from taxes, citing the precedent set for Sikh Gurudwaras.

The meeting was attended by prominent members, including Sanjeev Sharma, Balwant Fouji, Suresh Kumar, Rajesh Kumar, Bhushan Kumar, Dheeraj Kumar, Satpal Fouji, Captain Om Prakash, Captain Ghara Ram, Brahm Singh, Darshana Devi, Vijay Devi, Rajni

Devi, Neeru Devi and Geeta Devi, among others.

Kesri demanded that the government waive taxes on langar items, especially for the Baba Amarnath Yatra, as these items are donated by devotees from various states, including Punjab, Haryana, Delhi, Maharashtra, Gujarat and Madhya Pradesh.

He also emphasized the need for the government to ensure the security of pilgrims undertaking the yatra, given the threat of terrorism and narco-terrorism in the region.

The Baba Amarnath Yatra is a significant pilgrimage for Hindus, and the Langar (community kitchen) plays a vital role in serving the pilgrims.

However, the imposition of taxes on langar items has been a longstanding issue, with Shiv Sena Hindustan demanding exemption from taxes for the past 11 years, added Kesri.

Kesri claimed that tax on langars, or community kitchens, has hurt religious sentiments particularly Hindus. The Goods and Services Tax (GST) has been imposed on raw materials used for langar, such as ghee, sugar, and pulses, which are essential for preparing meals for thousands of devotees. However, the food served in langars itself is not subject to GST. The tax is levied on the purchase of ingredients, which can be a significant burden

for religious institutions, said Kesri.

Kesri maintained that Langar serves meals to all, regardless of caste, creed, or social status, fostering a sense of unity and equality. By sitting together on the floor and sharing a meal, people from different backgrounds break down social and cultural barriers. Langar creates a sense of community, encouraging people to come together, share a meal, and engage in conversation. Langar

represents religious values of selfless service, humility and compassion, inspiring others to adopt similar practices.

Langars welcome people from all faiths and backgrounds, promoting cross-cultural understanding and exchange. The seva, or selfless service, inherent in langar inspires volunteers to work together, fostering a sense of community and social responsibility, added Kesri.

Bassa Biradari congregation on June 16

Top News Report

R S PURA, Jun 8: The Bassa Biradari of Jammu and Kashmir held its meeting at Kothay Chohala here today under the chairmanship of Subedar Karam Chand (Retd), which was attended by a large number of prominent members.

The meeting unanimously passed a resolution to hold the annual congregation of Bassa Biradari's tutelary deity:

Uttam Dev on Monday, June 16, 2025. Besides, the meeting finalized the arrangements to be made on the congregation day.

Among those who attended the meeting included Messers Sub Inspector Darshan Kumar (Retd), Lect. Ghara Ram, Rashpal Chand, Tilak Raj, Puran Chand, Chaman Lal, Daleep Kumar, Raj Kumar, Darshan Lal, Tarsem Lal, Anil Kumar and Karan Kumar.

Rajesh Gupta calls on CM Omar Abdullah, Dr Farooq extends Eid greetings

Top News Report

SRINAGAR, Jun 8: Senior National Conference (NC) leader Rajesh Gupta today met Jammu and Kashmir Chief Minister Omar Abdullah and NC President Dr. Farooq Abdullah at their Gupkar Road residence in Srinagar to extend Eid greetings.

On the auspicious

occasion of Eid, Gupta conveyed heartfelt wishes for peace, prosperity, and harmony in Jammu and Kashmir. He lauded the leadership of Chief Minister Omar Abdullah and expressed appreciation for his ongoing efforts towards the welfare and upliftment of the people of the Union Territory.

"The day is not far

when Jammu and Kashmir will once again regain its statehood and rightful place in the Indian Union," said Rajesh Gupta, expressing optimism about the region's future.

Renu Gupta, wife of Rajesh Gupta, also accompanied him during the visit and shared Eid greetings with the Abdullah family.

DC Kishtwar’s development initiatives applauded by Ajeet Bhagat

Top News Report

KISHTWAR, Jun 8: National Conference leader and Chenab Valley Zone Spokesperson Ajeet Bhagat has praised the commendable efforts of Deputy Commissioner (DC) Kishtwar, Rajesh Kumar Shavan, in driving the beautification and development of the district.

While addressing the press, Bhagat said, "Due to the tireless efforts and hard work of the DC, Kishtwar is witnessing a remarkable transformation through



various developmental initiatives." He highlighted the visible progress being made and appreciated the DC's commitment to making the district more vibrant and organized. The NC leader urged all politi-

cal, social, and religious organizations to unite in support of these positive steps and to actively contribute to the ongoing developmental journey of Kishtwar. "It is the responsibility of all of us to work hand-in-hand with the administration," Bhagat stated.

He also emphasized the importance of maintaining constant coordination with officials to ensure continued progress. Bhagat reaffirmed that the DC's consistent efforts are laying the foundation for turning Kishtwar into a model district in the region.

The Ashes of Ego

*The one you deem as less than you,
Or think is smaller in your view—
Bow down, touch their feet with grace,
And see your pride lose every trace.*

*The weight you carry, masked as pride,
Will vanish when you kneel beside
The humble heart, the silent soul,
That ego tried but couldn't control.*

*For greatness lies not standing tall,
But rising when you choose to fall—
In reverence, not in disdain,
Where power bows and breaks its chain.*

*Touch the feet, let ego burn,
And in that ash, true light you'll earn.
Respect is not in being above—
It blooms in humility and love.*

Dr Shreyansh Kumar Jain President Vichar Kranti Manch International



It's been a refreshing challenge: Karan Johar on making his debut on audio platform

Filmmaker Karan Johar says hosting his debut podcast series, Live Your Best Life with Karan Johar, turned out to be a "unique" and "therapeutic" experience.

Through the audio series, audiences will get to listen to the filmmaker's conversations with his inner circle on how to truly live your best life in today's fast-paced world.

"At my core, I'm a storyteller, I'm always excited to experiment with new mediums and formats. Venturing into the world of audio has been a unique experience - it's like discovering a new canvas to paint on. There's a different freedom that comes with audio storytelling.

"Without the visual ele-

ment, I've had to rely on the power of words to weave a narrative that captivates the listener's imagination. It's been a refreshing challenge, and I love those," the filmmaker told agency.

Johar, the director of commercial blockbusters such as "Kuch Kuch Hota Hai", "Kabhi Khushi Kabhie Gham...", "My Name Is Khan" and "Rocky Aur Rani Kii Prem Kahaani", said he was amazed by the intimacy the audio format offers.

"When people listen to podcasts or audio content, they're often doing so in a very personal space - their cars, their homes, their headphones. It's a one-on-one connection, and that intimacy has allowed me to connect with my audi-



ence in a way that feels almost therapeutic.

"It's been an incredible learning curve, and I feel like I've grown as a sto-

ryteller because of it."

The show has an exciting mix of guests, including Konkona Sen Sharma, Richa Chadha,

Ali Fazal, and Zakir Khan, among others.

Johar said each guest brought their unique perspective and experiences to the show.

"One significant moment where I felt whole, conversing with Zakir Khan. What I admire most about Zakir is his ability to find humour in life's challenges and his candidness about his struggles. He's someone who wears his heart on his sleeve, and his stories are infused with valuable life lessons about perseverance, self-awareness, and the importance of staying true to oneself. I aspire to adopt that for my life," he said.

"Live Your Best Life with Karan Johar" is available on the Audible app.

Deepshikha says doing B-grade films damaged her career, people judged her



Actor Deepshikha Nagpal, known for her roles in Bollywood hits like Koyla, Baadshah, Dillagi, and Partner, recently opened up about her transition to television. In an interview with Instant Bollywood, she revealed that a few wrong film choices led to her being categorised in the industry, prompting her decision to explore opportunities on the small screen. Deepshikha Nagpal talks about how television helped her establish herself.

Deepshikha Nagpal talks about how television helped her establish herself.

When asked about a role she regretted doing, Deepshikha said she has immense love for all the roles and

characters she has portrayed, as she is deeply passionate about her work. Although acting was never part of her initial plan, and she entered the industry by chance, she gave it her all once she became an actor. Reflecting on her career, she admitted to having made a few wrong choices when it came to selecting films, but maintained that she never disliked any of the roles she played.

Deepshikha Nagpal on doing B-grade films

She recalled, "During that time, it used to be like if it's a new production, then it's a B-grade film, like Yash Raj and Subhash Ghai films were like A-list films. So it was difficult to understand how to choose. There was no godfather,

and now I feel a godfather is very important to guide you. I made a lot of wrong film choices at that time. My grandfather used to say that no work is small or big, work is work. I think I took that too seriously, and I kept doing whatever work came my way. I did a lot of stupid films which never released."

Deepshikha on transition to television

She talked about her transition to television and said, "Some of the releases had a very bad impact on my career. I had signed a lot of big films, but after my poster in the Trade Guide, people used to judge that it's a B-grade movie she is doing, and they didn't cast me. Then I got to know that the damage is done. I said, 'Can we just forget about it?' They said, 'No, it will impact our film.' Then I started doing television shows. I was doing wrong films, people were not trusting me and categorising me that I cannot be an A-list. So then I got frustrated. It was new then—Doordarshan, Zee TV—and roles were coming to me easily. Even after doing films, I was one of the few who took TV, and it helped me establish myself again."

In the television industry, Deepshikha made her mark with negative roles in shows like Son Pari, Ramayan, Karishma - The Miracles of Destiny, Baalveer, Madhubala - Ek Ishq Ek Junoon, Santoshi Maa, and more. She also participated in reality shows like Bigg Boss 8 and Nach Baliye.

Actor Jamie Lever recalls being sexually harassed during school and college

Actor and comedian Jamie Lever recently shared her personal experiences with sexual harassment during her school and college years. She said those incidents left her traumatised while growing up. They affected her mentally and stayed in her subconscious. Because of that, she kept her distance from men for a long time.

In an interview with agency, Jamie recalled multiple incidents that had a lasting impact on her. She mentioned one particular incident from her school days, where a man stood outside her school and behaved inappropriately while she and a friend were

waiting in a car.

"This one time, my friend and I were waiting in the car for my brother to come. While we were talking to each other, this guy came and stood opposite me and started to masturbate. This was the first time I saw a male part, and I was so young that I didn't know what he was doing," she said.

"I suddenly told my friend, 'there is a creepy man behind you and I don't know what he is doing.' My friend suggested that I ignore him and continue to speak with her. I was very scared. I was shaking. I slowly moved and locked the car. After a while, he realised that

we weren't paying any attention to him. He left. I was just 10 or 12 then," she continued.

Jamie also spoke about inappropriate behaviour by a school bus conductor, saying, "There was also this bus conductor in our school who would touch us inappropriately. He was supposed to be our protector, but instead he would touch us and hold us. For me, all these incidents are like a bad dream. I don't want to revisit these incidents."

She shared that these experiences continued into her college life, including men flashing at her at train stations. "The flashing incidents happened a lot when



I was in college. Men would just randomly flash at these train stations. Once, I was in Andheri station, when this man randomly came and stood before me and flashed. I couldn't believe what I saw. I was

in shock. The only thing I can think of is why did this happen to me? I just froze," she added.

Jamie said she hadn't spoken about these incidents for a long time, but now feels it's important to talk about them.

Wamiqa Gabbi admits pay disparity exists in Bollywood, reveals reason behind it

Actor Wamiqa Gabbi called out the pay gap in the film industry. In a new interview, she questioned why male actors' fees aren't scrutinised or reduced when their films flop, while women often bear the brunt of criticism and pay cuts.

Wamiqa Gabbi calls out pay gap

During a conversation with agency, Wamiqa spoke about the issue of pay disparity in the industry, saying women continue to be paid less than their male counterparts.

"The fact that pay disparity exists doesn't consume me, but there is this feeling that you're a woman and you will be paid less and that is how it is. The reasoning is that a male actor can pull that much audience, but you can't make a film without the heroine. I don't understand the logic behind this. Sometimes, they take a hero and pay a lot of money, and then the film doesn't work. Why doesn't their fees get affected?" Wamiqa said.

And the actor is finding her own way to fight back against the pay gap. She added, "I want to find different ways to earn that money. I wish to do it in a creative way where I feel happier and decrease that pay gap for myself. I can't deny this fact that pay dispar-



ity is there. Not every 'male-centric' film can do without the female lead."

Wamiqa's latest project

Wamiqa was recently seen in Bhool Chuk Maaf opposite Rajkumar Rao.

The film also stars Seema Pahwa, Sanjay Mishra and Ishiyak Khan. It is produced by Dinesh Vijan under his banner Maddock

Films. Bhool Chuk Maaf revolves around a soon-to-be-married man who realises that he is stuck in a time loop and keeps reliving the day before his wedding. Directed by Karan Sharma, the romantic comedy film was released on May 23.

Next, she will be seen in Dil Ka Darwaza Khol Na Darling, Bhooth Bangla and Goodachari 2.

Shobana recalls Amitabh Bachchan's sweet gesture while shooting music video with him

Actor Shobana recently delighted fans with an Instagram live session, during which she shared insights about her experience working with Bollywood legend Amitabh Bachchan in Kalki 2898 AD. Praising his humility and professionalism, she recalled a memorable incident from a song shoot in Ahmedabad that left a lasting impression on her.

Shobana on her experience working with Amitabh Bachchan Shobana spoke about how Big B reacted when she was asked to change clothes behind a tree and said, "Bachchan sir, from then to now, is the same — the most humble artiste I've worked with. Actually, some of the greatest artistes share one trait: humility. I'll tell you an anecdote about Bachchan sir. I shot a small portion of a song with him many years ago in



Ahmedabad, where I had loads of fabric wrapped around me. Bachchan sir had a caravan, and the entire city had come to a standstill because everyone came to see the shoot."

Shobana talked about Amitabh Bachchan's sweet gesture

She continued, "So I asked where my caravan was, as I had many costume changes.

Someone remarked, 'Ah, she's from Malayalam cinema, they're all very adjustable, she can change behind a tree.' Bachchan sir heard this on the walkie-talkie, immediately came out, and asked, 'Who said that?' He then invited me to his caravan and stepped out to let me use it. Even during Kalki, despite being in heavy prosthetics, he showed

such grace and culture. Whenever someone came to meet him, he would stand up to greet them even with all that weight on him."

About Kalki 2898 AD

The mythological science-fiction film, directed by Nag Ashwin, features Amitabh Bachchan as Ashwatthama, Shobana as Mariam — the leader of Shambhala, Deepika Padukone as SU-M80 alias Sumathi — a pregnant lab subject and the prophesied mother of Kalki, Prabhas in a dual role as a bounty hunter and Karna, and Kamal Haasan as Supreme Yaskin, among others. The film proved to be a major box office success, collecting ₹1042.25 crore worldwide. The second part is set to go on floors in December this year.

Vikrant Massey says Samrat Prithviraj Chauhan was never defeated

Actor Vikrant Massey has a huge interest in history and shared that it was always his favourite subject. In his latest Instagram post, Vikrant penned a long note on the legacy of one of India's most prominent historical figures- Samrat Prithviraj Chauhan. Vikrant was inspired to share his take after he chanced upon a promo of a new television show based on the historical figure.

In the post, Vikrant

talked about the way history has recorded the defeat and subsequent death of Samrat Prithviraj Chauhan at the hands of Muhammad Ghori. The post, written in Hindi, roughly translates to: "Very few people know that History is my favourite subject. Even today, I pick up a book because it is important to know what happened in the past to really understand the present. Recently, I watched a promo of a

Television show and this thought occurred to me."

He went on to add, "Who says Prithviraj Chauhan was defeated in the hands of Muhammad Ghori? Prithviraj Chauhan had won against Ghori multiple times and forgave him multiple times. The one time Ghori won by deceit, he gouged his eyes out and killed him like an animal. But the history books say and our neighboring country thinks that Prithviraj

lost. That is wrong- he never lost. This country, society, culture cannot be defined with the outcome of one war. It is defined by the outcome that has passed through ages and many, many years. Even after 1000 years, the land of Prithviraj Chauhan is prosperous. Delhi, Ajmer, and the entire Hindustan is thriving and happy. In the same way, the land of Ghori is considered to have gone backwards."

Vikrant concluded by

saying, "Prithviraj is still thriving. We are proud of him. But there is no to take the name of Ghori in his own country."

On the work front, Vikrant will be seen next in Aankhon Ki Gustaakh- iyan. The teaser of the film was released a few days ago, and caught the intrigue of many fans. The film is directed by Santosh Singh and marks Shanaya Kapoor's acting debut. It is set to release in theatres on July 11.

NDA govt redefined women-led development in 11 years: PM Modi

In all sectors, including science, education, sports, start-ups and the armed forces, women are excelling and inspiring several people, Modi said on X.

NEW DELHI, Jun 8 (Agencies): A day before his government marks its first anniversary in third term, Prime Minister Narendra Modi said on Sunday that the ruling BJP-led National Democratic Alliance has redefined women-led development in its 11 years in power.

In all sectors, including science, education, sports, start ups and the armed forces, women are excelling and inspiring several people, Modi said on X.

He cited a number of welfare programmes which, he noted, have benefitted women immensely.

Various initiatives, from ensuring dignity through Swachh Bharat to financial inclusion via Jan Dhan accounts, the focus has been on empowering the women, he said.



If 'Ujjwala Yojana' brought smoke-free kitchens running on gas cylinders to the poor households, 'MUDRA' loans enabled lakhs of women entrepreneurs to pursue dreams on their own terms. Houses under the women's name in PM Awas Yojana

too have made a remarkable impact, he added.

'Beti Bachao Beti Padhao' (save daughter, educate daughter) programme ignited a national movement to protect the girl child, he said.

The prime minister shared a

thread of a government-run citizenship engagement platform, which listed benefits brought to women by several government schemes.

It said the maternal mortality ratio declined to 93 per lakh live births in 2019-21 from 167 in 2011-13, and the households with tap water connections zoomed to 15.64 crore in May 2025 from 3.23 crore in August 2019.

Over 10 crore cooking gas connections were given under the Ujjwala scheme, it said, while highlighting several other welfare measures targeting women.

In the run up to the anniversary, Modi has been highlighting his government's work for different sections of society, including the poor, farmers and youths.

Rahul Gandhi dismissing mandate of people as they rejected him: Fadnavis



MUMBAI, Jun 8 (Agencies): Maharashtra Chief Minister Devendra Fadnavis on Sunday said Congress MP Rahul Gandhi, instead of introspecting on the defeat in the 2024 state assembly polls, has been repudiating the mandate given by the people because they rejected him.

The leader of opposition in the Lok Sabha is preparing his excuses for future defeats in the upcoming assembly elections, including Bihar, Fadnavis said in his articles published in the Indian Express and Marathi daily Loksatta.

On Saturday, Gandhi, in an article published in several newspapers and in posts on X, claimed the 2024 Maharashtra assembly elections were a "blueprint for rigging democracy" and alleged this "match-fixing" would next happen in Bihar.

In a post on X, Gandhi outlined the alleged electoral irregularities in a stepwise manner — fake voters are added, voter turnout is inflated, bogus voting is facilitated, and evidence is subsequently hidden.

The Election Commission rejected the charge, saying defaming the poll panel after an unfavourable verdict is absolutely absurd.

In response to Gandhi's claims, Fadnavis in his article said the Congress leader has been constantly "insulting" the democratic process and the people's mandate.

"The people have rejected Rahul Gandhi, and in retaliation, he is rejecting the people and their mandate," the BJP leader charged.

"It would be more prudent to accept defeat for once and introspect on where you are going wrong, where your connection with the people is lacking, and what you should do about it," he said.

The Congress leader is preparing his excuses for future defeats in the upcoming assembly polls, including Bihar, he charged.

The Mahayuti, comprising the BJP, Shiv Sena and NCP, won the 2024 Maharashtra polls

voting percentage suddenly increased is a huge joke. Is Rahul Gandhi unaware that 5 pm to 6 pm is also a polling hour, and everyone present in the queue at the booth by 6 pm is allowed to cast their vote?" he asked.

In the second phase of the 2024 Lok Sabha elections, the voter turnout figure given at 5 pm was 60.96 per cent, which was finalised at 66.71 per cent the next day. The increase was 5.75 per cent. "But are you going to hide that fact because you won that election?" Fadnavis said.

Previously, the final voting figures would come late at night; now, the 5 pm figure is released, and the final figure comes the next day, he said.

The claim that the NDA won where the voter percentage increased at the last moment is "even more laughable," Fadnavis said.

"Rahul Gandhi gave the example of Kamthi (assembly seat in Maharashtra). But I will provide the examples which he did not. In Madha, there was an 18 per cent increase, where the Sharad Pawar group's candidate won. In Wani, a 13 per cent increase, where the Uddhav Thackeray group's candidate won. In Shirampur, a 12 per cent increase, where the Congress won," he said.

Fadnavis said Rahul Gandhi has been constantly "insulting" the democratic process and the people's mandate.

"The people have rejected Rahul Gandhi, and in retaliation, he is rejecting the people and their mandate," he said.

"This will only push the Congress party further into a ditch. He needs to introspect on why his own party's MLAs make statements challenging anyone to get an appointment with him within a day. He must be mindful of which direction he is taking the country and what poison he is spreading by constantly raising doubts about the democratic process and constitutional institutions," the CM said.

Fadnavis said the defeat in Maharashtra has hurt Gandhi and his allies.

"But if you continue to insult the mandate of Maharashtra's farmers, Ladki Bahin (beloved sisters), common people, and all its citizens in this manner, the people of Maharashtra will never forgive you," he added.

PM Modi lacks courage to have 'undoctored' press meets: Congress

NEW DELHI, Jun 8 (Agencies): The Congress on Sunday accused Prime Minister Narendra Modi of scripting his media interactions and said, unlike his predecessors, he lacks the courage to hold "undoctored" press meets.

In a post on X, Congress general secretary Jairam Ramesh said leaders across the

world hold freewheeling press conferences from time to time, but "ours has had none for 11 years".

"Narendra Modi produced, directed, and scripted his media interactions last year during the election campaign — during one of which he famously claimed to be non-biological. But he has never ever had the courage to have an



leader said.

The Congress has been targeting Modi for

not facing the media ever since he took over the top post in 2014.

9-year-old girl's body found in suitcase in Delhi, family alleges sexual assault

NEW DELHI, Jun 8 (Agencies): A nine-year-old girl was found stuffed in a suitcase at a neighbour's house in north-east Delhi's Dayalpur, triggering protests by family and locals who alleged sexual assault and murder.

Police and paramilitary personnel have been deployed in the area on Sunday to maintain law and order.

Police sources said the perpetrator seems to have fled after stuffing her in a suitcase. Senior officials of the Delhi Police said all angles are being probed, including sexual assault.

"We are awaiting the autopsy report to confirm the cause of death. Teams have been formed to nab the absconding accused. We are taking the matter with utmost seriousness," a police officer said.

The child, a resident of Nehru Vihar, had gone to give ice to a relative living nearby around 7 pm, her family said.

When she did not return home for long, her parents began searching for her. According to the victim's father, they approached several relatives and neighbours, but no one had seen her after her brief visit to a relative's house.

"She had only gone to deliver ice to our relatives. They said she stayed for five minutes and left. But she never came back. We looked everywhere. Finally, someone told us she was seen entering a house nearby. That's where we found her in a suitcase," he said.

The girl's father alleged that when he reached the house, it was locked. Suspecting something was wrong, he broke the lock and entered the room.

Inside, he found his daughter stuffed in a bloodstained suitcase. They rushed her to a local clinic, but the doctor asked them to take her to a hospital immediately. At Jag Pravesh Chandra Hospital in Shastri Park, doctors declared her brought dead, the father said.

A PCR call reporting the incident was received at Dayalpur police station around 8.41 pm, police said.

A police team was immediately dispatched to Gali No 2, Nehru Vihar, where they learned that the girl had already been taken to Jag Pravesh Chandra Hospital by her father, a police officer said.

Hospital authorities informed the police that the girl was declared dead.

"Prima facie, doctors observed visible injuries on her face and have indicated possible sexual assault," the police officer said.

Following the incident, crime scene and forensic science laboratory teams were called to inspect the spot and collect evidence. Police said they are working to identify and apprehend the perpetrator.

A case has been registered at Dayalpur police station under relevant sections of the BNS, along with Section 6 of the Protection of Children from Sexual Offences Act.

"Multiple teams have been deployed to collect clues and trace the accused. The investigation is being done on priority," the officer added.

The incident sparked massive outrage in the neighbourhood. Soon after news of the girl's death spread, hundreds of residents, including the girl's relatives, blocked a nearby road and sat on dharna demanding justice.

The protestors raised slogans against the police, alleging negligence, and demanded the immediate arrest of the culprit.

Several shopkeepers were forced to shut down their establishments due to the tension in

the area. Many of them said they were afraid of violence and chose to pull down shutters after protesters began marching through the market lanes.

With the situation getting tense, a heavy police force was deployed in Nehru Vihar and adjoining areas. Later, paramilitary personnel were also called in as a precautionary measure.

Senior police officials were seen trying to pacify the crowd and reassure the family that strict action would be taken.

Traffic movement in Dayalpur was severely affected, with commuters stuck for hours. Vehicles were seen taking alternative routes, and several emergency services faced delays due to the road blockade.

The victim's mother was seen inconsolable and in a state of shock. "She was crying and screaming 'bring back my daughter'," a neighbour said, holding back tears.

The victim's father said he was devastated and demanded justice. "We got to know about what happened very late. The police came around 1 am and collected evidence from the house. But the main accused is still roaming free. I will not rest until he is punished," he said.

BRS MLA Maganti Gopinath dies of heart attack at 63

HYDERABAD, Jun 8 (Agencies): Opposition BRS MLA Maganti Gopinath died on Sunday at a private hospital here following a heart attack.

He was 63.

Gopinath had been admitted to the AIG Hospitals on June 5 after a massive heart attack.

He was declared dead at 5.45 am, the hospital said.

Gopinath, MLA from Jubilee Hills here, had defeated Congress leader and former cricketer Mohd Azharuddin in the 2023 assembly elections.

A former TDP leader, Gopinath served as the party's Hyderabad unit president and was elected from Jubilee Hills on a TDP ticket in 2014. He joined the ruling



BRS (then TRS) in 2016 along with several other TDP legislators. He was re-elected to the Assembly on a BRS ticket in 2018 and again in 2023.

Telangana Chief Minister A Revanath Reddy, Union Minister and state BJP president G Kishan Reddy, BRS working president KT Rama Rao and several other leaders condoled the demise.

Assam flood situation improves; 3.37 lakh in 12 districts affected

GUWAHATI/ RANGIA, Jun 8 (Agencies): The flood situation in Assam continued to improve with the affected population and area decreasing to around 3.37 lakh in 12 districts, respectively, officials said on Sunday.

An official bulletin said that the total death toll in this year's floods and landslides is at 23, including six killed in mudslides, till Saturday.

Major rivers, including the Brahmaputra, were on a receding trend, though a few of these continued to flow above the danger mark.

Following this, ferry services which had been suspended since last week, will be partially restored over the Brahmaputra during the day.

The Brahmaputra was flowing over the danger level at Dhubri, Kopili at Dharamtul, Barak at BP Ghat and Kushiara at Sribhumi till Saturday evening.

A total of 3,37,358 people in 41 circles and 999 villages in 12 districts remained affected by the deluge, with Sribhumi the worst-hit where over 1.93 lakh people are reeling under floods.

In Hailakandi, 73,724 remained affected and in Cachar, 56,398

are still flood-hit.

More than 36,000 displaced people were taking shelter in 133 relief camps, while 68 relief distribution centres were also operational.

Cropland of 12,659 hectares remained inundated. Two districts are still reeling under 'urban floods', affecting 284 people. Kaziranga National Park and Pobitora Wildlife Sanctuary also remained affected by floods, officials said.

Meanwhile, ferry services over the Brahmaputra in Guwahati will resume partially on Sunday, an Inland Water Transport (IWT) department release said.

The Guwahati Madhyam Khanda Ferry Service will temporarily operate from the Guwahati Rajaduar Ferry Ghat until the approach road on the north bank side is restored and deemed safe for ferry commuters.

The Guwahati Kurua Ferry Service will resume on Monday. The operation of wooden boats in the Guwahati area will remain prohibited and the decision regarding their resumption of services will be taken after reviewing the river conditions, the IWT release added.

Ukraine drone barrage targets Moscow as Zelenskyy demands accountability for Putin

Moscow’s mayor said at least 10 drones were shot down on approach to the city.

MOSCOW, Jun 8 (Agencies): At least 10 Ukrainian drones were shot down on their approach to Moscow overnight into Sunday morning, according to the city’s mayor, with temporary restrictions introduced at two of the capital’s airports.

Mayor Sergei Sobyenin said emergency services were dispatched to the impact sites of the downed drones. Russia’s Defense Ministry said the uncrewed aircraft attacking Moscow were among 67 Ukrainian drones shot down overnight.

To the south of the capital region, Tula region governor Dmitry Milyaev reported a drone attack on the Azot chemical plant in Novomoskovsk and a fire there caused by falling debris. Two people were injured, Milyaev wrote on Telegram. “The situation is under control,” he said.

Russian forces continued their own long-range strikes into Ukraine overnight, with Ukraine’s air force reporting 49 drones and three missiles fired into the country. The air force said on Telegram that it shot down or otherwise neutralized 40 drones.

Recent weeks have seen both sides intensify their long-range strike operations, even as U.S.-brokered peace talks continue in a bid to end Russia’s 3-year-old invasion of its neighbor.



Ukrainian President Volodymyr Zelenskyy said on Saturday evening that his nation needs to “urgently” strengthen its air defense capabilities in response to Russia’s intensifying missile and drone attacks on cities nationwide.

The northeastern city of Kharkiv -- which sits around 19 miles from the Russian border -- was among those attacked this weekend. At least three people were killed and 23 injured there on Saturday, according to the head of the local military administration. At least four more people were killed by strikes elsewhere in the country, officials said.

“We are working to strengthen Ukraine’s air defense,” Zelenskyy said, according to a read-out posted to his office’s website. “We urgently need positive signals from the United States

-- concrete signals regarding air defense systems. We are still waiting for a response to our request to purchase systems that can help -- concrete signals, not words.”

“I would like to thank the European countries for the supplies,” he added. “We must also achieve results in the joint production of air defense systems and missiles for them -- this is absolutely essential for our whole Europe. Only time separates us from that result, and what matters most is shortening that time.”

Zelenskyy and his top officials have framed Russia’s expanding attacks -- and growing Ukrainian civilian casualty figures -- as proof that Russian President Vladimir Putin is not genuine in his apparent willingness to negotiate a peace deal.

Russia’s latest barrages fol-

lowed last weekend’s covert Ukrainian operation in which agents used more than 100 drones concealed in large trucks to attack strategic bomber bases deep inside Russia. Moscow vowed revenge for the strikes, which Ukrainian officials celebrated as a historic success.

Zelenskyy said on Saturday that Russia’s recent strikes on Ukrainian cities cannot be excused as “retaliation,” and again urged Western partners to do more to force Putin to ease maximalist peace demands that equate to Ukrainian capitulation.

“No form of pressure on Russia can be eased,” he said. “The Russians are preparing to continue the war and are ignoring all peace proposals. They must be held accountable for this.”

“We are aware that the Russians are now trying to show that they are allegedly immune to any pressure,” Zelenskyy added. “But it is very important for the world to understand: just as pressure forced Russia into the negotiation process, pressure can force Russia to become realistic in negotiations.”

“This is possible precisely because of the pressure, and above all, sanctions on Russian oil and those who still trade with Russia,” he said. “Russia must end this war that it started. They must be pushed into this outcome.”

Chinese ship runs aground off Philippines-occupied island in the disputed South China Sea

PUERTO PRINCESA, Jun 8 (Agencies): A Chinese ship ran aground in stormy weather in shallow waters off a Philippines-occupied island in the disputed South China Sea, prompting Filipino forces to go on alert, Philippine military officials said Sunday.

When Filipino forces assessed that the Chinese fishing vessel appeared to have run aground in the shallows east of Thitu Island on Saturday because of bad weather, Philippine military and coast guard personnel deployed to provide help but later saw that the ship had been extricated, regional navy spokesperson Ellaine Rose Collado said.

No other details were immediately available, including if there were injuries among the crewmembers or if the ship was damaged, Collado said.

Confrontations have spiked between Chinese and Philippine coast guard and navy ships in the disputed waters in recent years.

“The alertness of our troops is always there,” Col. Xerxes Trinidad of

the Armed Forces of the Philippines told reporters. But when they saw that a probable accident had happened, “we tried to provide assistance as professionals” in accordance with international law on helping distressed vessels at sea.

“We’re always following international law,” Trinidad said.

Filipino villagers living in a fishing village on Thitu, which they call Pagasa island, immediately informed the Philippine military and coast guard after seeing the Chinese ship lying in the shallows about 1.5 nautical miles (2.7 kilometers) from their village, said MP Albayda, a local Filipino official, told agency.

“They got worried because the Chinese were so close but it was really the strong wind and waves that caused the ship to run aground,” said Albayda, adding that other Chinese ships pulled the stricken vessel away.

The stricken ship resembled what the Philippine military had repeatedly said were suspected Chinese militia ships, which had

backed the Chinese coast guard and navy in blocking and harassing Philippine coast guard and military vessels in the disputed waters, a busy conduit for global trade and commerce.

Thitu Island is home to a Philippine fishing village and Filipino forces and is the largest of nine islands and islets occupied by the Philippines. It lies about 26 kilometers (16 miles) from Subi Reef, which China transformed into an island base along with six other barren reefs to reinforce its claim to virtually the entire South China Sea.

Vietnam, Malaysia, Brunei and Taiwan are also involved in the long-simmering territorial standoffs, an Asian flashpoint that many fear could pit China and the United States in a major conflict.

The U.S. does not lay any claim to the South China Sea but has repeatedly warned that it’s obligated to defend the Philippines, it’s long-time treaty ally, if Filipino forces, ships and aircraft come under an armed attack, including in the South China Sea.

“Khalistanis surrounded me, threatened violence,” says Canadian journo who was assaulted

VANCOUVER, Jun 8 (Agencies): Canadian Investigative Journalist Mocha Bezirgan, who was physically assaulted by multiple Khalistanis in Canada on Sunday, said that an assailant was also a stalker, who had been tailing him for over a year.

Bezirgan, in a conversation with ANI, said that the said Khalistani stalker doxed his movements and assaulted him in front of the police.

“Well, I’m still in Vancouver and it just happened two hours ago, not too long ago, and I’m still shaking because I was surrounded by multiple Khalistanis who acted like thugs. They surrounded me, threatened violence and they got physical with me. They grabbed my phone out of my hand in front of police, by the way,” he said.

Bezirgan said that the stalker harassed him for a long time using dehumanizing language against him.

“This has been very stressful for me because this was done by an individual who has been harassing me for a very long time online using dehumanizing language against me, doxing my whereabouts,” he said.

Bezirgan told agency that he had been covering Khalistani protests and being an independent journalist, his works irk them. He added that they try to bribe him, and if that doesn’t work, they threaten violence. “I’ve been covering the Khalistani protests in Canada, US, UK, New Zealand. Since last year, I’ve been to about 30 of their events. And my only goal is to do independent journalism and record and report what’s going on. And because I’m editorially independent, this frustrates some people. They want to influence me. They want to buy me. If they can’t buy it, they want to threaten violence towards me. That’s what this individual did,” he said.

Bezirgan added that this Khalistani stalker of his is a UK citizen who is threatening him- a Canadian citizen for simply doing his job. “He’s not even a Canadian citizen. He is from the UK. He is in Canada, threatening me, a Canadian citizen trying to do his job. And yeah, I was just there reporting on the event,” he said.

He said that he was reporting an event which was honouring their so-called martyrs- killers of former Prime Minister Indira Gandhi and minor suicide bombers.

“Khalistanis gathered to honor their so-called martyrs, including the assassins of Indira Gandhi and suicide bombers, child suicide bombers. And I was reporting on that. This was a public event in a public location. And I was within my rights to do what I was doing,” he said.

He further recounted the chilling details where he was verbally threatened first and then was assaulted. “But there was this one individual who was not even a Canadian citizen. He came up to me and started asking me questions. He was very close to my face. And I said, listen, if you want to have a conversation, sure, let’s talk, but you need to keep your distance. And he would keep saying, let’s go around the corner. Let’s go around the corner. I’ll show you around the corner if you’re not scared. And I told him, yeah, I’m not scared, but let’s speak here,” he said.

“If you want to say something, because I’m an independent journalist, I have to be accountable. I accept challenges and I’m okay with conversations, but this individual, this was not a conversation,” he added.

Bezirgan then said that as this assailant drew closer, more people joined him and the stalker kept throwing questions at him. “He keeps coming at my face, very close proximity. I’m stepping one step back, he’s stepping forward. I’m telling him to keep his distance. He’s not keeping his distance. He’s asking loaded questions and won’t even allow me to answer. Interrupting, advancing towards me, keeping his finger and hands towards my face. This is becoming very threatening. And then all of a sudden I had two, three people surrounding me with the same physical closeness. I have nowhere to go,” he said.

“And they’re saying, so you’re talking, you’re talking about Sikhs, huh?” he added.

Bezirgan said that as he started recording the incident, the other assailants hid their faces out of fear and walked away. But there was one Khalistani who kept asking him questions. He even grabbed his phone and stopped the recording and assaulted him despite police’s warning.

“At that moment, I was recording secretly from my main camera because I felt that something physical is about to happen. I was recording, but to get a better view, I started recording from my phone as well. As soon as I started recording, they turned their faces away. They are scared. But this one individual, he keeps walking towards me. I walk away, he keeps walking. And then eventually he grabbed my phone out of my hand for a moment. It stopped my recording. And when I turned back on, the police was engaging with him and telling him to stop his harassing behavior,” he said.

The journalist revealed that the police exercise restraint in addressing such issues.

“Canadian police are very conservative when it comes to laying charges or making arrests. They exercise a high degree of restraint, which I do not like because that type of behavior where he’s reaching for my phone, grabbing my phone, having physical contact, harassing me. And I have filed police reports about this individual about this specific individual before, for his harassment,” he said.

Bezirgan expressed his disappointment at the Canadian police and called for the deportation of the assailant.

“And, you know, him being allowed to walk free is a big disappointment. I think he should be deported back to UK. He’s a foreign national. He’s not a citizen of Canada. What is he doing interfering with my job, interfering with the journalism of a Canadian citizen? This is unacceptable. He should be deported,” he said.

Bezirgan further recounted with chills how he was stalked even after police warning. “His harassment continued even after police warned him. And I have more footage I’m about to upload on my channel. He continued following me throughout the parade. I’m stopping, he stops. I keep walking, he keeps walking. I distance myself and then I just turn around, he’s standing right behind me. I go walk across the street. He comes near standing,” he said.

He added that he called the police after this Khalistani person kept stalking him even outside the premises of the event. He added that he had filed multiple complaints of this person before with the police. “I get away from the event. He’s getting away from the events with me. And then eventually I had to call 911 and be like, Hey, this behavior is continuing and officers on the ground may not be aware, but I have filed police reports about this guy before. So please let them know. And officers came and they took notes for the police report further. And then they escorted me to safety. On top of a bicycle, he followed me to the train station, and that’s how I departed from the area,” he said.

He added that the assailants are trying to portray him as a weakling who is running away from questions. He refuted the claims and said that this is not how someone asks questions, this was threatening. “But, now on online platforms, they are trying to frame it as, Mocha is afraid of conversation or they are always resorting to disinformation and they are trying to portray me as someone who’s afraid to have conversation when I’m being assaulted, I’m being threatened, I’m being surrounded. My phone is being grabbed from my hand,” he said.

“That’s not how you have a conversation. You don’t go up to someone’s face and don’t give them any space and you keep talking and not letting them, that’s not conversation. Very uncivilized and yeah, it’s been, it’s quite shaken me because I felt my safety was threatened,” he added.

In a post on X, he said, “I’ve been surrounded by a group of Khalistanis who grabbed my phone out of my hand and threatened me. Naturally I’m a bit shaken, but not deterred. Footage coming.”

‘No plans to make up’: Trump says bromance with Musk likely over, issues a warning

WASHINGTON, Jun 8 (Agencies): President Donald Trump is not backing off his battle with Elon Musk, saying that he has no desire to repair their relationship and warning that his former ally and campaign benefactor could face “serious consequences” if he tries to help Democrats in upcoming elections.

Trump told NBC’s Kristen Welker in a phone interview that he has no plans to make up with Musk. Asked specifically if he thought his relationship with the mega-billionaire CEO of Tesla and SpaceX is over, Trump responded, “I would assume so, yeah.”

“I’m too busy doing other things,” Trump continued. “You know, I won an election in a landslide. I gave him a lot of breaks, long before this happened, I gave him breaks in my first administration, and saved his life in my first administration. I have no intention of speaking to him.”

The president also issued a warning amid chatter that Musk could back Democratic lawmakers and candidates in the 2026 midterm elections.

“If he does, he’ll have to pay the consequences for that,” Trump told NBC, though he declined to share what those consequences would be. Musk’s businesses have many lucrative federal contracts.

The president’s latest comments suggest Musk is moving from close ally to a potential new target for Trump, who has aggressively wielded the powers of his office to crack down on critics and punish perceived enemies. As a major government contractor, Musk’s businesses could be particularly vulnerable to retribution.

The dramatic rupture between the president and the world’s richest man began Thursday, with Musk’s public criticism of Trump’s “big beautiful bill” pending on Capitol Hill. Musk has warned that the bill will increase the federal deficit and called it a “disgusting abomination.” Trump and Musk began trading bitterly personal attacks on social media, sending the White House and GOP congressional leaders scrambling to assess the fallout.

Vice President JD Vance, in an interview Friday, tried to downplay the feud. He said Musk was making a “huge mistake” going after Trump, but tried to downplay it as an “emotional guy” getting frustrated.



“I hope that eventually Elon comes back into the fold. Maybe that’s not possible now because he’s gone so nuclear,” Vance said.

Other Republicans in recent days urged the two men to mend fences.

Musk’s torrent of social media posts attacking Trump came as the president portrayed him as disgruntled and “CRAZY” and threatened to cut the government contracts held by his businesses.

Musk, who runs electric vehicle maker Tesla, internet company Starlink and rocket company SpaceX, lambasted Trump’s centerpiece tax cuts and spending bill but also suggested Trump should be impeached and claimed without evidence that the government was concealing information about the president’s association with infamous pedophile Jeffrey Epstein.

“Look, it happens to everybody,” Vance said in the interview. “I’ve flown off the handle way worse than Elon Musk did in the last 24 hours.”

Vance made the comments in an interview with “manosphere” comedian Theo Von, who last month joked about snorting drugs off a mixed-race baby and the sexuality of men in the U.S. Navy when he opened for Trump at a military base in Qatar.

The vice president told Von that as Musk for days was calling on social media for Congress to kill Trump’s “Big Beautiful Bill,” the president was “getting a little frustrated, feeling like some of the criticisms were unfair coming from Elon, but I think has been very restrained because the president doesn’t think that he needs to be in a blood feud with Elon Musk.”

“I actually think if Elon chilled out a little bit, everything would be fine,” he added.

Musk appeared by Saturday morning to have deleted his posts about Epstein.

The interview was taped Thursday as Musk’s posts were unfurling on X, the social media network the billionaire owns.

During the interview, Von showed the vice president Musk’s claim

that Trump’s administration hasn’t released all the records related to Epstein because Trump is mentioned in them.

Vance responded to that, saying, “Absolutely not. Donald Trump didn’t do anything wrong with Jeffrey Epstein.”

“This stuff is just not helpful,” Vance said in response to another post shared by Musk calling for Trump to be impeached and replaced with Vance.

“It’s totally insane. The president is doing a good job.”

Vance called Musk an “incredible entrepreneur,” and said that Musk’s Department of Government Efficiency, which sought to cut government spending and laid off or pushed out thousands of workers, was “really good.”

The vice president also defended the bill that has drawn Musk’s ire, and said its central goal was not to cut spending but to extend the 2017 tax cuts approved in Trump’s first term.

The bill would slash spending but also leave some 10.9 million more people without health insurance and spike deficits by \$2.4 trillion over the decade, according to the nonpartisan Congressional Budget Office.

“It’s a good bill,” Vance said. “It’s not a perfect bill.”

He also said it was ridiculous for some House Republicans who voted for the bill but later found parts objectionable to claim they hadn’t had time to read it.

Vance said the text had been available for weeks and said, “the idea that people haven’t had an opportunity to actually read it is ridiculous.”

Elsewhere in the interview, Vance laughed as Von cracked jokes about famed abolitionist Frederick Douglass’ sexuality.

“We’re gonna talk to the Smithsonian about putting up an exhibit on that,” Vance joked. “And Theo Von, you can be the narrator for this new understanding of the history of Frederick Douglass.”

The podcaster also asked the vice president if he “got high” on election night to celebrate Trump’s victory.

Vance laughed and joked that he wouldn’t admit it if he did.

“I did not get high,” he then said. “I did have a fair amount to drink that night.”

The interview was taped in Nashville at a restaurant owned by musician Kid Rock, a Trump ally.

The Citizens Co-operative Bank Ltd felicitates office bearers of Traders Federation ware House Jammu

Top News Report

JAMMU, June 8: President of the Traders Federation Warehouse, Mr. Deepak Gupta reaffirmed his federations commitment to supporting the citizens cooperative Bank Ltd which is popular among jammuites for its quick and best service. He was speaking in an event organised by ware House Branch of the citizens cooperative Bank Ltd jammu at its office .while reiterating the promise he said that federation will provide all possible help to deal with the challenges arising at present.

chairman of Citizens Cooperative Bank Ltd Parveen Sharma, Director Sardar Charan Jeet Singh Raina, Managing Director Mr. Ravi Kant and several renowned businessmen of Jammu participated in this event

Speaking on the occasion Deepak Gupta said that the Citizen Cooperative Bank Ltd has played an important role to boost the economy of Jammu City in particular and jammu region in general.he further said that the bank contributes a lot to business community of jammu and also providing



employment opportunities to youth of Jammu region He praised the present Chairman of the bank, Mr. Parveen Sharma for his commitment towards bank and his honest approach to develop the institution .While praising the inclusion of Sardar Charanjit Singh Raina as director of the bank he said that persons of such an integrity helps the public to strengthen their trust upon the institution.

He also lauded the staff for providing best service to its customers.

Speaking On the occasion Sh Parveen Sharma told that the bank was established in the year 1978 and since then the bank continuously providing it's services to jammuites and playing a vital role in

strengthening the economy of jammu region. He disclosed that at present bank has about forty four thousand share holders and fifteen units are working in jammu and Samba district.While explaining the facilities available in the bank, he said that the bank has provided Many modern facilities and soon other facilities will also be provided by the bank and present board is working 24 by 7 to achieve this goal. Mr Sharma thanked traders federation ware House for their full support to develop the institution.

Newly elected director of the bank sardar charanjeet Singh raina said that the financials of the bank are improving and efforts are on to make this bank as one

of the leading cooperative bank very soon

Speaking on the occasion Mr Ram pal a leading business man praised the bank he said that the service provided by the bank is unmatched.

He assured the bank management that all the businessmen of ware House are with the bank.

The event started with the welcome address of the branch manager Rajeev Jandial and after that managing director Ravi Kant addressed the distinguished gathering.

Thereafter chairman of the citizens cooperative Bank Parveen Sharma honoured Deepak Gupta president traders federation ware house jammu with a memento, Chunri and portrait

of maa vaishno.other office bearers of federation who were honoured on the occasion includes Dheeraj Mahajan sr.vice president, Vishal Gupta junior vice president, Abhimanyu Gupta Secretary general, Rahul Mahajan secretary, Nitish Mahajan cashier, Satpal and Vivek Sr. Members.

Branch office ware House also honoured newly elected chairman Sh Parveen Sharma and Director sardar Charanjeet Singh Raina .

On this occasion bank also honoured few distinguished business men which includes Sh Ram pal, Padam Dev singh, Arun Sharma, Devinder , Vijay Kumar, Ghar Singh and Vivek mehta

Programme concludes the vote of thanks by Sanjeev Lamba president the citizens cooperative Bank staff association.

The people who graced the occasion are Ranjna Sharma, Gopal Sharma. Tarsem Gupta, Sanjeev khajuria, Sukhjeet Singh, Rajesh Gupta, Munish Angurana, Ashwani Bakshi , Ramnam Sharma, Rakesh Arora , Yashpal Singh, Ram pal , Gopi nath Rana and Vikram Singh.

INTACH Jammu Chapter Celebrates World Environment Day with a Focus on Plastic-Free Living

Top News Report

JAMMU, June 8 The Jammu Chapter of the Indian National Trust for Art and Cultural Heritage (INTACH) celebrated World Environment Day 2025 with great enthusiasm and commitment to environmental conservation.

The event was held in accordance with this year's global theme, "Beat Plastic Pollution."

The highlight of the event was a special lecture delivered by Professor A.K Raina, former HOD Environmental Sciences, University of Jammu, explained that plastic, though useful, is non-biodegradable and releases harmful chemicals, posing serious risks to human health, wildlife, and the environment.

He warned that burning and poor disposal of plastics cause air, land, and water pollution, and noted that microplastics and nano plastics have even been found in human organs. Raina highlighted alarming statistics, including



that only 9% of plastic is recycled and over 11 million tonnes enter oceans yearly.

He urged the public to reduce plastic use, adopt sustainable alternatives, support recycling, and push for stricter environmental policies, stressing that plastic pollution is a human-made crisis that can still be reversed with collective action.

During the gathering, the Convener of INTACH Jammu Chapter, Shri S.M Sahni shared exciting news with the members—INTACH Jammu had recently been honoured with a prestigious award as the best Chapter in INTACH quiz competition. The award was formally presented to

the members during the celebration, marking a proud moment for the entire team.

As a symbolic gesture of green commitment, Tulsi (Holy Basil) plants were distributed to all members attending the meeting.

The Tulsi plant, known for its medicinal and ecological benefits, was chosen to reinforce the message of sustainable and healthy living.

The event concluded with a renewed pledge by all members to continue working towards environmental protection and to support initiatives that align with INTACH's mission of heritage conservation and ecological responsibility.

Train to Kashmir marks historic moment in J&K's Journey: M.K Ajatshatru Singh

Lauds PM Modi for honouring Dogra legacy, transforming development map of J&K with pride

Top News Report

Jammu, June 8: Senior BJP leader and former Minister, M.K Ajatshatru Singh, has hailed the launch of the first-ever train service from Katra to Kashmir as a "historic and emotional milestone", marking the fulfilment of Maharaja Pratap Singh's visionary dream from over 130 years ago.

Following Prime Minister Narendra Modi's flagging off of the Vande Bharat Express to Kashmir and inauguration of the world's highest Chenab Railway Bridge, the former minister described the occasion as a "monumental moment in the history of Jammu and Kashmir".

"The idea of a rail link to Kash-



mir was first proposed by my great-grandfather, Maharaja Pratap Singh, in 1892.

Though multiple surveys and

reports were carried out by British engineers between 1898 and 1909, the dream remained unrealised. Today, under the decisive leadership of Prime Minister Narendra Modi, this long-cherished vision has finally taken shape," said M.K Ajatshatru Singh.

The senior BJP leader added that the Udhampur–Srinagar–Baramulla Rail Link (USBRL) stands as a shining symbol of national integration, engineering excellence, and visionary governance.

Declared a national project in 2002, the USBRL has overcome massive topographical, geological, and logistical challenges, culminating in a feat of modern infrastructure.

"This is not just about trains. It is about connecting hearts, cultures, and economies. PM Modi has turned a royal vision into a reality that benefits every citizen of the Union Territory," he said.

The former Minister has praised the Modi government for not only reviving the long-forgotten project but delivering it with scale, speed, and sensitivity. With 38 tunnels and 927 bridges—including the iconic Chenab Bridge—the project will boost tourism, local livelihoods, and national security.

M.K Ajatshatru Singh expressed gratitude to PM Modi for honouring the Dogra legacy and transforming the development map of Jammu & Kashmir with purpose and pride.

Feeding poor is true service to God: Balbir

Top News Report

JAMMU, JUN 6: Believing that serving the poor and needy is the highest form of religion, Balbir Ram Rattan—National General Secretary of the Guru Ravidass Vishwa Mahapeeth, General Secretary of the Indian branch of the British Ravidasia Heritage Foundation, and member of the Begumpura Vishwa Mahasabha—joined a langar run by prominent social worker and businessman of Jammu city, Prem Gupta, and distributed meals to hundreds of people. This langar has been running continuously for over three months, providing free and respectful meals daily to hundreds of poor individuals.

Speaking about this commendable initiative by Prem Gupta, Balbir Ram Rattan said, "We perform rituals and worship in temples, conduct



havans and religious events, but if someone around us goes to bed hungry and we fail to help them, then our devotion remains incomplete. True service to God is feeding the hungry."

He appealed to people to incorporate service into their lives and take a pledge to feed at least one hungry person every week. He emphasized that if each individual contributes even a little in this direction, the issue of hunger in society can be significantly reduced.

Balbir further stated that the true measure of a society lies in its com-

passion toward its weakest members. "When we feed the hungry, it is not just about satisfying their hunger—it is a true expression of humanity and religion," he said.

On this occasion, langar organizer Prem Gupta said, "We are grateful to God for giving us the opportunity to serve. Our aim is not just to distribute food, but to spread the message of compassion, service, and equality in society. Every individual, regardless of their social or economic status, deserves to receive food with dignity—that is the core purpose of our initiative."

FromPage No: 1

Cash Discovery Row: Resignation only option before Justice Varma to avoid removal by Parliament

noted. According to Article 217 of the Constitution, a high court judge "may, by writing under his hand addressed to the President, resign his office." A judge's resignation does not require any approval. A simple resignation letter is sufficient.

A judge may give a prospective date to step down. In such cases, the judge can withdraw the resignation before the date he or she has mentioned as the last day in office.

Removal by Parliament is the other way a judge can vacate office.

Then Chief Justice of India Sanjiv Khanna had written to the president and the prime minister to remove Justice Varma, mired in the cash discovery row.

Justice Khanna's report was based on the findings of a three-judge in house panel which investigated the case.

Justice Khanna had prod-

ded Varma to resign but he had refused, sources had earlier said.

A motion could be brought in either of the two Houses of Parliament.

In the Rajya Sabha, at least 50 members have to sign the motion. In Lok Sabha, 100 members have to support it.

According to the Judges (Inquiry) Act of 1968, once a motion to remove a judge is admitted in any of the Houses, the speaker or the chairman, as the case may be, will constitute a three-member committee to investigate the grounds on which the removal (or, in popular term, impeachment) has been sought.

The committee consists of the chief justice of India (CJI) or a Supreme Court judge, the chief justice of one of the 25 high courts and a "distinguished jurist".

Parliamentary Affairs Minister Kiren Rijiju had last week said the present case is "slightly different" as an in-house committee formed by then CJI Khanna has already submitted its report.

"So what is to be done in this matter, we will take a call," he said.

The minister said the process has to be followed, but how to "integrate the inquiry already conducted" needs to be decided.

"As per the rule, a committee has to be constituted and then the committee has to submit a report and the report will be tabled in the

House and discussions will start to impeach. Here, a committee has already been constituted, not by Parliament. But it cannot be brushed aside" as it was constituted by the CJI, he said.

Responding to questions that a committee has to be mandatorily formed under the Judges (Inquiry) Act, Rijiju said the speaker will take a decision in this regard.

He said reconciling the report of the in-house panel and the one under law is a "secondary matter". The primary objective is to bring the impeachment motion.

Monsoon session begins July 21 and ends August 12.

A fire incident at Justice Varma's residence in the national capital in March, when he was a judge at the Delhi High Court, had led to the discovery of several burnt sacks of cash at the outhouse.

Though the judge claimed ignorance about the cash, the Supreme Court-appointed committee indicted him after speaking to a number of witnesses and recording his statement.

The apex court has since transferred him to his parent high court, the Allahabad High Court, where he has not been assigned any judicial work.

Supreme Court judge V Ramaswami and Calcutta HC judge Soumitra Sen had earlier faced impeachment proceedings but they resigned.

Justice Varma's removal proceedings will be taken up in the upcoming Monsoon session of Parliament. This will be the first ever impeachment proceeding to be taken up in the new Parliament building.

Air travellers vying to click Chenab Bridge pic after pilots make special announcement

five times taller than the Qutub Minar.

A staggering 28,000 metric tonnes of steel went into crafting the monumental structure.

For the first time in its history, the Indian Railways deployed a cutting-edge cable-crane system, featuring two massive cable cars and pylons over 100 metres tall, to bridge the 915-metre-wide gap.

Active Covid cases in India cross 6,000-mark

preparedness measures.

Representatives from the Disaster Management Cell, Emergency Management Response Cell, National Centre for Disease Control, Indian Council of Medical

Research, Integrated Disease Surveillance Programme, central government hospitals in Delhi, and all states and Union Territories were part of the meeting.

Official sources on June 4 said state and district surveillance units under the Integrated Disease Surveillance Programme are closely monitoring Influenza-Like Illness (ILI) and Severe Acute Respiratory Illness (SARI).

"Testing is recommended for all admitted SARI cases and 5 per cent of ILI cases as per guidelines, and positive SARI samples are sent for Whole Genome Sequencing through the ICMR VRDL network," an official source said.

Northern Railways begins commercial operations of Vande Bharat train between Katra and Srinagar

with most of the seats booked within hours of the train's inauguration.

According to Northern Railway, two Vande Bharat train sets made four trips during the day between Katra and Srinagar.

They said the train has two travel classes — Chair Car (CC) and

Executive Class (EC) — with tickets priced at Rs 715 and Rs 1,320, respectively.

Cyber Police Kashmir warns against spread of misinformation; legal action to be taken

"We caution all social media users, citizens, and media outlets to refrain from sharing unverified and sensitive content. Falling prey to false propaganda can have serious consequences. We urge everyone to verify facts before posting or forwarding any information that may jeopardize public peace and harmony,"* the Cyber Police Kashmir added.

The department reiterated its commitment to safeguarding digital integrity and maintaining law and order in the region, while also urging the public to report any suspicious or provocative content to authorities promptly.

One killed, five injured as vehicle falls into canal in Shopian

investigations are underway.

RBI may have hit pause button on rate-cut cycle

It seems central bank has emptied its bag of goodies for now after frontloading rate cut

NEW DELHI, Jun 8 (Agencies): The RBI has gone all-out in its June 2025 monetary policy to turbo-charge the economy and boost consumption. It seems the central bank has emptied its bag of goodies for now after a 50 basis points cut in the repo rate against an expectation of a 25 bps cut, followed by an announcement of 100 bps cut in cash reserve ratio (CRR) in phased manner.

With 100 bps cuts since the February policy, many analysts, reading between the lines of the latest monetary policy statement, have inferred that the RBI might pause rate cut cycle for now. "While we see no scope of further cuts in near-term, it would be pertinent to keep an eye on fluid global markets and the evolving domestic cycle to assess any room for additional easing," says Madhavi Arora, chief economist, Emkay Global. She underlines that RBI stance reversion to 'neutral' implies limited room for further easing.

Frontloading rate, CRR cut RBI governor Sanjay Malhotra in the post-policy briefing explains why the Monetary Policy Committee (MPC), the rate-setting panel, went with a 50 bps repo rate cut and a 100 bps CRR reduction. The move is aimed at ensuring policy certainty, says Malhotra. He said they could have done the rate cut in tranches, but by frontloading a 50 bps cut, the RBI wanted



to give a sense of certainty to the market.

To ease liquidity conditions and aid monetary transmission, the RBI announced a phased 100 bps cut in CRR from 4% to 3%, to be implemented in four tranches starting September 6. This is expected to release ₹2.5 lakh crore into the banking system. The 100 bps CRR cut was despite the liquidity being already in surplus. The RBI has infused ₹7.40 lakh crore of liquidity through open market operations (OMO) and FX swaps since January 2025

Biggest giveaway The biggest giveaway though is the decision of the MPC to revert back to the 'Neutral' policy stance just a couple of months after shifting to the 'Accommodative' stance. Speaking to the media after announcing the MPC decisions, Malhotra said neutral (stance) will mean the

rates can go either way. "It will depend on how the data comes in. If the growth is weaker, it can mean it will go down. If the growth is good, inflation is going up, the repo rate can go up," clarified the governor.

During a media briefing, the RBI Governor clarified the change in stance indicates a 'very limited space' for further monetary policy action given the current economic circumstances of approximately 6.5% growth and a projected inflation of 3.7% for the current year, rising to around 4.5% next year.

The fact that all six Monetary Policy Committee (MPC) members agreed on this shift to neutral gives credence to the belief that the road for more rate cuts is over for now. Nomura in a note said the combination of a 50bp cut, a shift in stance to neutral and the CRR cut signals that the RBI's MPC believes the exist-

ing space for policy easing has been largely exhausted, and they will be in a wait-and-watch stance now, with policy transmission the key objective.

"This suggests that, unless there are major economic surprises, the RBI will be on hold in August and beyond," it said. Cues from bond markets

The bond market has priced in the end of rate cut cycle, feel some analysts. "After having reduced the repo rate by 100 bps in succession since February 2025, under current circumstances, monetary policy is left with limited space to support growth, and this has led the bond markets to believe that the rate-cutting cycle has ended," says Puneet Pal, head, fixed income, PGIM India Mutual Fund. As a result the yield curve steepened further, with longer-duration yields edging higher.

Longer-duration bond yields rose in anticipation of the end of the rate-cutting cycle with the aggressive frontloading of monetary easing. The benchmark 10-year bond yield ended at 6.29%, up 4 bps on Friday from previous day's close, while yields were higher by 6–7 bps at the longer end of the yield curve (30 years and higher). Money market yields (up to 12 months maturity) were lower by 15–30 bps, and yields in the up-to-5-year maturity segment were largely stable.

Electric passenger vehicle sales cross 4% first time in May 2025: FADA



NEW DELHI, Jun 8 (Agencies): The contribution of electric passenger vehicle (EV) sales crossed 4 per cent in May, compared to 2.6 per cent of the same period of 2024, the data by the Federation of Automobile Dealers Associations (FADA) revealed.

The May retail data marks an uptick from 3.5 per cent in April by 0.5 per cent.

The increasing retail sales data marks a significant shift in consumer adoption of EVs, signalling growing momentum in the transition towards cleaner mobility.

The retail data of electric passenger vehicles

shows that the players in the segment sold about 12,304 units, compared to just 8,029 units of the May 2024.

The FADA data shows that the April retail sale was registered at 12,233 units.

On the other hand, the FADA data shows that auto players witnessed a modest rise of 5 per cent in May compared to the same month last year.

Segment-wise, the two-wheeler category performed best, registering a rise of 7.3 per cent on a year-on-year basis. Three-wheelers followed (rise of 6.2 per cent), and the tractor segment registered a

gain of 2.7 per cent on a year-on-year basis.

According to FADA, robust semi-urban/rural demand driven by auspicious marriage dates, strong Rabi harvest, and pre-monsoon pull helped the two-wheeler segment register a year-on-year rise. On the other hand, financing constraints in the economy segment cap upside, leading to a decline of nearly 2 per cent in the segment.

The passenger vehicle segment suffered a decline, on "Elevated inventory days and subdued consumer sentiment—particularly in entry-level models—compounded by war-related tensions for border-state (J&K, Punjab, Rajasthan, Gujarat) and margin-money challenges; healthy bookings offset by weak retail conversions," FADA said.

However, FADA projects that global supply-chain headwinds (rare-earth constraints in EV components, geopolitical tensions) may limit urban consumer sentiment and exert cost pressure.

Tea, berries, dark chocolate, apples can lead to a longer life span: Study

WASHINGTON DC, Jun 8 (Agencies): New research has found that those who consume a diverse range of foods rich in flavonoids, such as tea, berries, dark chocolate, and apples, could lower their risk of developing serious health conditions and have the potential to live longer.

The study was led by a team of researchers from Queen's University Belfast, Edith Cowan University Perth (ECU), and the Medical University of Vienna and Universitat Wien.

The findings reveal that increasing the diversity of flavonoids within your diet could help prevent the development of health conditions such as type 2 diabetes, cardiovascular disease (CVD), cancer and neurological disease.

Flavonoids are found in plant foods like tea, blueberries, strawberries, oranges, apples, grapes, and even red wine and dark chocolate.

Published in Nature Food, the study tracked over 120,000 participants aging from 40 to 70 years old for over a decade.

It is the first study of its kind to suggest that there is a benefit to consuming a wide range of flavonoids beyond that of simply consuming a high quantity.

ECU Research Fellow, first author and co-lead of the study Dr Benjamin Parmenter, made the initial discovery that a flavonoid-diverse diet is good for health.

"Flavonoid intakes of around 500 mg a day was associated with a 16% lower risk of all-cause mortality, as well as a Rs 10% lower risk of CVD, type 2 diabetes, and respiratory disease. That's roughly the amount of flavonoids that you would consume in two cups of tea," said Dr Parmenter.



Dr Parmenter added, however, that those who consumed the widest diversity of flavonoids, had an even lower risk of these diseases, even when consuming the same total amount.

For example, instead of just drinking tea, it's better to eat a range of flavonoid-rich foods to make up your intake, because different flavonoids come from different foods.

"We have known for some time that higher intakes of dietary flavonoids, powerful bioactives naturally present in many foods and drinks, can reduce the risk of developing heart disease, type 2 diabetes, and neurological conditions like Parkinson's," study co-lead Professor Aedin Cassidy from the Co-Centre for Sustainable Food Systems and Institute for Global Food Security at Queen's said.

"We also know from lab data and clinical studies that different flavonoids work in different ways, some improve blood pressure, others help with cholesterol levels and decrease inflammation. This study is significant as the results indicate that consuming a higher quantity and wider diversity has the potential to lead to a greater reduction in ill health than just a single source," added Cassidy.

Study uncovers brain processes that help distinguish reality from imagination

NEW DELHI, Jun 8 (Agencies): A new study has uncovered the processes occurring in the brain that help an individual distinguish between what's real and what they might be imagining.

The findings published in the journal 'Neuron' could help understand how cognitive processes go haywire in psychosis — a mental state in which one loses touch with reality.

Psychosis is a symptom of mental illness such as schizophrenia and the mania phase of bipolar disorder, according to researchers.

'Fusiform gyrus' — part of the visual cortex, located behind one's temples and involved in processing visuals — helps the brain determine whether what we are seeing is from the external world or generated by our imagination, the researchers from University College London said.

The team asked 26 participants to look for a specific faint pattern of a grating in images of staircases and indicate whether it was present or not. The pattern was



presented only half the time.

The participants were also asked to simultaneously imagine a grating pattern that was either the same or different to the one they were looking for and indicate how vividly they were able to produce mental images.

When the presented pattern and the one imagined were the same, and the participants reported being able to produce vivid mental images, they were more likely to say they saw a real pattern, even in experiments when it was not presented, the researchers said.

The result meant that the participants mistook their mental images for reality.

"Imagine an apple in your mind's eye as vividly as you can. During imagination, many of the same brain regions activate in the same manner as when you see a real apple. Until recently, it remained unclear how the brain distinguishes between these real and imagined experiences," lead author Nadine Dijkstra, from the University College London, said.

Using functional magnetic resonance imaging (fMRI), the researchers monitored the participants' brain activity as

they engaged in the tasks.

When activity in the fusiform gyrus was strong, people were more likely to indicate that the pattern was there, the team said. They added that the brain region is less active during imagination than in perception, which helps the brain keep the two apart.

However, the study showed that, sometimes, when participants imagined very vividly, the fusiform gyrus was strongly activated and the participants confused their imagination for reality.

"The brain activity in this area of visual cortex matched the predictions from a computer simulation on how the difference between internally and externally generated experience is determined," senior author Steve Fleming, professor of cognitive neuroscience at the University College London, said.

The authors show that "judgments of reality are underpinned by the combined strength of sensory activity generated by either imagery or perception in the

fusiform gyrus." "Activity fluctuations in this region predict confusions between imagery and perception on a trial-by-trial basis and interact with a frontal brain network encoding binary judgments of reality," they wrote.

Additionally, the study found that the fusiform gyrus collaborates with other brain areas, including the anterior insula in the prefrontal cortex, to help one decide what is real and what is imagined.

The prefrontal cortex helps with complex tasks like decision-making, problem solving and planning.

Activity in the anterior insula increased in line with that in the fusiform gyrus when participants said something was real, even if it was imagined, the researchers said.

"These areas of the prefrontal cortex have previously been implicated in metacognition — the ability to think about our minds. Our results indicate that the same brain areas are also involved in deciding what is real," Fleming said.

When brain fog signals something more serious

NEW DELHI, Jun 8 (Agencies): A growing number of people today describe experiencing "brain fog" - a term that, while not a formal medical diagnosis, has increasingly entered everyday language.

It is a vague, frustrating sensation that something is not quite right with the way your mind is working. You may struggle to focus, forget things easily, or feel mentally sluggish.

But while it is easy to dismiss this as a mere consequence of stress or lack of sleep, it can often be a sign of deeper underlying issues.

Brain fog is best described as a state of mental cloudiness. People experiencing it often report difficulty concentrating, forgetfulness, a sense of confusion, or a lack of mental clarity. It is not a disease in itself but rather a symptom, one that can result from a variety of physical, psychological, and lifestyle-related causes.

According to Dr. Anil Kumar Kansal, neurosurgeon at BLK-Max Super Speciality Hospital, a number of medical and lifestyle factors can trigger or worsen brain fog.

"Chief among them are sleep disorders. Conditions such as insomnia, sleep apnea, or even restless leg syndrome can prevent the brain from getting the restorative rest it needs, leaving one fatigued and foggy during the day," Dr. Kansal told IndiaToday.in.

Nutritional deficiencies are another key factor particularly vitamin B12, vitamin D, iron, magnesium, or omega-3 fatty acids that can impair cognitive performance.

In India, where dietary diversity can vary by region and socio-economic status, these deficiencies are not uncommon.

Hormonal fluctuations, particularly those occurring during menopause, pregnancy, or in cases of thyroid dysfunction, can also impact brain chemistry and result in fog-like symptoms.

Chronic Fatigue Syndrome, a condition marked by persistent and unexplained exhaustion, often comes with cognitive slowing as well. In some cases, brain fog may arise from medications such as sedatives, antihistamines, or antidepressants. Moreover, certain medical conditions, including diabetes, anemia, and neurological disorders like multiple sclerosis or early Alzheimer's, can impair mental sharpness.

There is also a lifestyle dimension. Extended screen time, lack of physical activity, poor diet, and chronic stress can all contribute to this foggy state of mind.

While brain fog is often benign and temporary, it can also be an early indicator of more serious medical conditions. For instance, in some cases, a brain tumor may initially manifest with subtle cognitive symptoms.

Symptoms that could suggest something more serious include persistent cognitive impairment, noticeable personality changes,

frequent or worsening headaches, especially in the morning, blurred or double vision, and the sudden onset of seizures in adulthood.

"If someone is experiencing a combination of these symptoms over a prolonged period, it's essential not to ignore them. Early diagnosis can make a critical difference," said Dr. Kansal.

Fortunately, in many cases, brain fog can be improved through holistic changes to daily habits, the expert added.

The first step is consulting a healthcare provider to rule out serious medical causes and identify any underlying health conditions. Improving sleep is often the most immediate and effective intervention. Maintaining a consistent sleep schedule, limiting screen exposure before bed, and creating a restful environment can significantly improve cognitive functioning.

Nutrition plays a pivotal role. A balanced diet rich in whole grains, fruits, vegetables,

lean proteins, and healthy fats can support better mental energy. Staying well hydrated is equally important, as even mild dehydration can lead to mental fatigue and difficulty concentrating.

Physical activity, whether it is a brisk walk, yoga, or moderate aerobic exercise, not only improves blood flow to the brain but also helps reduce stress, another key contributor to brain fog. Stress management techniques like meditation, journaling, or spending time in nature can provide mental clarity and emotional balance.

In a hyperconnected world where burnout, poor lifestyle habits, and rising health burdens are common, brain fog may be the body's way of signalling that something is off balance.

While it may seem like a small annoyance, it deserves attention, because beneath the haze could lie a condition that needs timely care.

Confident that Weightlifting Warriors Academy will definitely produce Olympic Champions: Union Minister Kiren Rijiju

MODI NAGAR, Jun 8 (Agencies): Union Minister Kiren Rijiju said that he is very confident that the newly inaugurated residential wing of the Weightlifting Warriors Academy will produce a lot of Olympiivs champions in the near future.

Kiren Rijiju inaugurated the residential wing of the Weightlifting Warriors Academy, the centre where Olympic Silver Medalist Mirabai Chanu trains, marking a significant milestone in India's Olympic preparations for 2036.

"I'm confident that we will definitely produce Olympic Champions from Weightlifting Warriors Academy, at Modinagar in Uttar Pradesh," Kiren Rijiju wrote on X.

The state-of-the-art facility, established by Chief National Coach Vijay Sharma in September 2024, will now provide accommodation for up to 60 athletes in 30 fully equipped rooms.



Currently, 40 young athletes aged 8-14 years and 15 elite athletes are also training at the academy. Speaking at the inauguration, Rijiju congratulated the team and expressed his confidence in the academy.

"I would like to congratulate the team at Weightlifting Warriors that the residential centre

has opened. I am not just wishing you all good luck, but I have faith that a great champion will emerge from here. I have seen a lot of academies in my life... but the way Vijay has run this academy with dedication, and the way they work hard to make it a success. I have never seen that anywhere else," he said, as quoted from a press release by

Weightlifting Warriors. Olympic Silver Medalist Mirabai Chanu, who trains at the academy, expressed her commitment to mentoring the next generation: "The 2036 Olympics is not just a dream for us; it is a commitment for our country. My young athletes, remember that when you train, you take the dreams of 1.4 billion Indians with you."

Chief National Coach Vijay Sharma shared his vision: "The dream I had of an academy has come true today. With Mirabai's training, these kids can learn something and perform well in the next Olympics."

The academy operates under the Khelo India Scheme with support from the Ministry of Youth Affairs and Sports, Sports Authority of India, Olympic Gold Quest, and the Indian Weightlifting Federation (IWLF).

Hazlewood confident ahead of WTC final return



LONDON, Jun 8 (Agencies): Josh Hazlewood believes he's in the best rhythm of his career as he targets a return to Australia's Test XI for the upcoming ICC World Test Championship (WTC) final against South Africa at Lord's. After battling a series of injuries in recent years, the veteran seamer is aiming to fill one of the few remaining gaps in his stellar career.

Hazlewood arrived late in the UK, alongside Josh Inglis, after completing a sensational Indian Premier League (IPL) campaign with Royal Challengers Bengaluru (RCB), where he picked up 22 wickets and played a crucial role in their title-winning run. He has slowly eased back into red-ball preparation, bowling around five overs at moderate intensity during Australia's optional training session in Beckenham on Saturday. A more intense workout is planned at Lord's, where he is expected to ramp up to near full pace.

If he pulls up well, Hazlewood will likely edge out Scott Boland for a spot in the starting XI. Since returning to the Test setup during the 2023 Ashes, Hazlewood has been in remarkable form, claiming 57 wickets in 13 matches at an average of 19.68.

"I was obviously quite close last time (in 2023)," Hazlewood said, as quoted from ESPNcricinfo.

"I just had more of an interrupted IPL leading into that, and then had a few little issues going on, so wasn't quite up

to scratch, but I feel in a much better place this time around," he added.

"And I think in any format, my numbers over the last two years have been pretty good, so have got a lot to fall back on in terms of skill wise. I still feel like I'm bowling probably the best over my career and it's just a matter of the body holding up, which it has been in the last few months," he noted.

"I think the intensity is probably a big one for me to tick that box," he said, as quoted from ESPNcricinfo.

"We're definitely adapting training to sort of get those back-to-back days in, get a big day, followed by another bowling session the day after and things like that, just to try and try and get our head around it and put ourselves in the best possible position we can be," he noted.

Hazlewood is optimistic that the slightly delayed conclusion of the IPL won't hamper his preparation. He remains confident about getting sufficient red-ball training under his belt before the final.

"I ticked over some good overs just before the final in Ahmedabad, in different weather than this," he said.

"It was quite a tough session. And then every time you play a game in the IPL, you're probably going to get almost seven or eight overs in if you really want to...in and around with warm-ups. I had a number of times where I bowled back-to-back days, again at high intensity, with the game being one of those," he noted.

One tactical adjustment the right-arm seamer is focused on in English conditions is pitching the ball a bit fuller.

"In the IPL games, I was probably hitting around that seven-to-nine-meters in the powerplay, and not really threatening the stumps as much as you want to in Test cricket, in particular here in England," he said, as quoted from ESPNcricinfo.

"So, it'll just be about pushing that length and touch fuller and still getting that zip through the keeper," he added.

The Australian quick also underlined the value of having a reliable allrounder in the side, a role shared by Cameron Green, Mitchell Marsh, and, more recently, Beau Webster. While Green won't be available to bowl until later in the year during the Ashes, and head coach Andrew McDonald hinted that Webster's overs might not be required in the final, Hazlewood remains a firm believer in the balance an allrounder brings.

"I think it's huge," he said, as quoted from ESPNcricinfo.

"I remember back to when we didn't have one...and it was brutal. It was tough work. I feel like you're just continually bowling, like you're almost following the next guy at the other end, and then you're switching ends. Gazza (Nathan Lyon) is from one end, and we all rotate," he added.

"So to have that bowler, (and) even to be honest, Travis (Head) and Marnus (Labuschagne), it only has to be a couple overs here and there just to give you that extra break to then be fresher, whether it be the second new ball or the next day or later on in the series. It just sort of snowballs if you don't have that allrounder and you're just continually bowling," he noted.

Madhya Pradesh League a platform where young players get the opportunity to prove themselves, says Rewa Jaguars owner

GWALIOR, Jun 8 (Agencies): Rewa Jaguars owner Alok Birla believes the Madhya Pradesh League (MPL) is a powerful platform for aspiring cricketers to showcase their talent at the big stage.

The Madhya Pradesh League will begin on June 12 at the Shri-mant Madhavrao Scindia Cricket Stadium in Shankarpur, Gwalior. With a vision that extends beyond just participation, Rewa Jaguars owners are focused on creating a franchise that nurtures players both on and off the field.

"I want to create a franchise where players are getting benefited both in terms of their livelihood and in terms of their opportunities, because my vision is not only to participate in MPL but at the same time give them personalised coaching and make them mentally and physically fit. So, my thought was always

that if players stay with the franchise, then they can grow even more," said Alok Birla, owner of Rewa Jaguars, as quoted by the MPL press release.

"In life everybody wants to have an opportunity where they want to showcase their talent or showcase their skills. This happens everywhere in life. So, Madhya Pradesh League is something where it's a platform, it's an opportunity, it's a tournament where you can get yourself exposed for the next levels," he added.

The owner of Rewa Jaguars cited the example of Shivam Shukla, who hogged the lime-light during the last season of the Madhya Pradesh League, and was eventually brought by Kolkata Knight Riders (KKR) as a replacement for Rovman Powell in IPL 2025 last month.

"Like Shivam Shukla is the right answer to this question. Last year, he played in the Madhya Pradesh League, and now he is playing for KKR. So, that's how everybody looks for playing the Madhya Pradesh League," said Alok Birla.

"It's a platform given by Madhya Pradesh Cricket Association where things are going to be very good for all those young talents who are born and brought up in Madhya Pradesh towards cricket," he added.

Even Union Minister Jyotiraditya Scindia had described the Madhya Pradesh League as a launchpad for young players in recent address in Gwalior during the inauguration of the second season of the Madhya Pradesh League.

This time there will be a women's league as well for the second season



of Madhya Pradesh League. Chambal Ghariyals, Bhopal Wolves and Bundelkhand Bulls are the teams that will compete in the women's league.

Speaking about his vision of investing in the women's cricket, Mr Alok Birla said, "As of now I don't have any, you know, thought process of buying any or owning any women's team. But yes, I am very much dedicated to work for girls, which I am doing

by promoting two girls in Indore, who are playing in Dev Academy."

Organised by Gwalior Division Cricket Association (GDCA) under the aegis of MP Cricket Association, the MPL will get underway from June 12.

Men's team: Gwalior Cheetahs, Bhopal Leopards, Jabalpur Royal Lions, Rewa Jaguars, Indore Pink Panthers, Chambal Ghariyals, Bundelkhand Bulls.

"Kuldeep has skills to be successful in England": Bharat Arun backs wrist spinner ahead of Test series

KOLKATA, Jun 8 (Agencies): With the all-important five-match Test series taking place in England from June 20, former India bowling coach Bharat Arun has backed left-arm chinaman bowler Kuldeep Yadav, saying the wrist-spinner can be a key weapon in English conditions.

While speaking to Boria Majumdar on Revsportz, Arun said, "Wrist spinners have always been effective, especially in England. Maybe even initially, when there is a little bit of dampness in the wicket, there is help for those wrist spinners. And also, the roughs that the bowlers create. But again, using the rough is a separate art."

Arun couldn't help drawing comparisons with some of the greats of the game, stressing that wrist spin has always been a part of the sport.

"It's not just about



bowling. I think somebody who instantly comes to our mind is Shane Warne. I think Kuldeep has got enough skills to be successful in England," he remarked.

India's new-look bowling attack will also hope their young guns rise to the occasion in England. According to Arun, these young talents have plenty of potential despite their inexperience.

"If you look at this bowling attack, yes, it is relatively inexperienced, but it's got huge potential," he added.

Kuldeep Yadav, in

good touch across formats of late, may have a significant role to play in India's plans especially if conditions start to turn and bounce as the Test matches progress.

India's Test squad for England series: Shubman Gill (c), Rishabh Pant (vc), Yashasvi Jaiswal, KL Rahul, Sai Sudharsan, Abhimanyu Easwaran, Karun Nair, Nitish Reddy, Ravindra Jadeja, Dhruv Jurel, Washington Sundar, Shardul Thakur, Jasprit Bumrah, Mohammed Siraj, Prasidh Krishna, Akash Deep, Arshdeep Singh, Kuldeep Yadav.

Mark Boucher handpicks two youngsters who can be key to SA's success in WTC final

NEW DELHI, Jun 8 (Agencies): Former Proteas head coach Mark Boucher believes that if South Africa can gun down the reigning World Test Champions, Australia, it could mark the beginning of a new era. He also identified two youngsters who could be the key to their success in the upcoming final at Lord's.

South Africa earned a spot in the WTC final after winning seven consecutive Tests and finished at the top of the table standings.

After getting a shot at ending their trophy drought, South Africa found itself surrounded by criticism, considering they had just played 12 fixtures to fight for the WTC mace.

"A lot of people have criticised South Africa, which is not really fair. You play what's in front of you, and with all due respect, the sides that we've played against, we probably should have beaten, and we've



done that. So we find ourselves in a final. But I wouldn't say that it has got the crowds going in our country," Boucher told ESPNcricinfo during the IPL.

"Everyone's very excited about it now as the opportunity arises, a lot of people are going to travel over to London, spend all their Rands and go watch what should be a good match. If we win it, I think then that could be the turnaround for Test cricket in our country," he added.

During the buildup to the high-stakes contest, fans and many former cricketers deemed Australia the on-paper favourites.

After years of faltering in the semi-finals of the ICC events, Boucher believes it is time to get rid of the "chokers" tag.

"We're playing for a trophy, so I guess a lot of people are saying no [we can't win], but I think it's a different feel in Test match cricket," he said. "It's played over a longer period of time and you've just got to win big moments in the game as well. Yes, there will be that tag [chokers] that gets thrown our way until we win a trophy," he said.

"You're not going to get rid of the tag. Is it deserving on these youngsters coming through? No, it's almost like they're carry-

ing the burden of what happened in previous years, which is always going to be tough on them, but they're the ones in control of their futures at the moment," he added.

For Boucher, South Africa youngsters Ryan Rickelton and Tristan Stubbs are two youngsters who could be the key to their success in the pulsating contest that kicks off on Wednesday.

"Ryan Rickelton has been playing nicely for Mumbai Indians (MI) and he was actually on the tour that we went to England [in 2022] as well. He's actually played quite a few games in England as well, so he'll know the conditions," Boucher said.

"And Tristan Stubbs has come back and played a lot of domestic cricket and basically forced his way into the Test side because of the runs that he's got. On paper, Australia

will probably feel that they've got a better batting line-up than what we have, but have we got the attitude to go out there and in a one-off game, just leave it all out there? Absolutely," he added.

South Africa squad: Tony de Zorzi, Ryan Rickelton, Aiden Markram, Temba Bavuma (c), David Bedingham, Tristan Stubbs, Kyle Verreynne, Wiaan Mulder, Marco Jansen, Corbin Bosch, Kagiso Rabada, Lungi Ngidi, Dane Paterson, Keshav Maharaj, Senuran Muthusamy.

Australia squad: Usman Khawaja, Sam Konstas, Marnus Labuschagne, Steve Smith, Travis Head, Alex Carey, Josh Inglis, Cameron Green, Beau Webster, Pat Cummins (c), Mitchell Starc, Josh Hazlewood, Scott Boland, Nathan Lyon, Matt Kuhnemann. Travelling reserve: Brendan Doggett.

‘Teen Apaahij’ enthralled Natrang’s Sunday Theatre

Top News Report

JAMMU, Jun 8: Natrang presented a scintillating performance of the play ‘Teen Apaahij’ in Hindi, written by Vipin Kumar Aggarwal under the direction of Neeraj Kant. Speaking on the occasion Director Natrang Padma Shri Balwant Thakur said that such intellectual plays written by the top writers of the country carry immense value both for the performers as well as the spectators. Its performance and viewing should be encouraged by all means to create a healthy literary and cultural environment in the city. Appreciating his artists Balwant Thakur complimented them for maintaining the consistency of the slogan ‘Show must go on’ despite scorching heat and adverse weather conditions. The play ‘Teen Apaahij’ set at a crossroad, three characters Kallu, Khallu



and Gallu are shown sitting under a lamp post doing nothing and just passing comments on everything. In a highly symbolic manner, the playwright has tried to expose the directionless system be it political, social or spiritual. This sickening system has rendered the youth

of this country not only helpless but also has turned them handicapped. The infection of sadistic corruption has entered into our thoughts and this poison will never allow any new thought, revolution and initiative to occur in our minds. The three characters in

the play communicate with each other in an incoherent manner and nothing matters to the audience. Yet, they constantly have the feeling that there is something to what is happening around us. The meaning of freedom, the useless speeches of the leaders, Indianness, our country,

language, class, all are debated and it seems to be aimless even though everything is necessary. Passivity, meaninglessness, confusion, fatigue etc. of a large section of the society are pushing this society and the country towards collective disability. In fact, the author wants to show that in the process of becoming modern, the society today is forgetting its human nature and has reached the era of disability. Today’s play was decorated with the participation of Pawan Verma (Recipient of J&K State Award and National Fellowship from Ministry of Culture) who performed brilliantly. Others who have significant performances included Aryan Sharma, Adaksh Bagal, Kushal Bhat and Kartik Kumar. The lights of the play were executed by Aadesh Dhar whereas the sound was scored by Kushal Bhat. The show was coordinated by Mohd. Yaseen.

Jupiter to set on June 10, affecting marriage Muhurats: Mahant Rohit Shastri



Top News Report

JAMMU, Jun 8: Renowned astrologer Mahant Rohit Shastri, Jyotishacharya and President of Shri Kailakh Jyotish Avim Vedic Sansthan Trust, has issued an important astrological advisory ahead of World Environment Day, regarding the setting (Tara Ast) of the planet Jupiter (Guru).

According to him, Jupiter will set on Tuesday, June 10, 2025, at 7:29 PM and will rise again on Monday, July 7, 2025, at 5:20 AM. As per Vedic astrology, major life events such as marriages, housewarming ceremonies (Griha Pravesh), tonsure (Mundan), sacred thread ceremonies (Yajnopavit), oath-taking, and foundation stone laying must only be conducted during periods when both Jupiter (Guru) and Venus (Shukra) are visible in the sky (Tara Uday). Their setting periods are considered inauspicious, though exceptions exist—engagements or betrothals may still be performed if a proper muhurat is followed. Mahant Rohit Shastri clarified that while Jupiter and Venus are not classified as stars in astronomy, they are referred to as Tara in Indian astrology

due to their critical influence on auspicious timing and life decisions. Activities prohibited during Guru & Shukra Ast Periods: Marriages, Griha Pravesh (Housewarming), Mundan and Yajnopavit, Oath-taking and Bhoomi Pujan, Dwiragaman (return of a newlywed bride), Spiritual rituals such as Mantra Diksha (excluding for children and the elderly). However, the setting periods do not affect certain events such as remarriages, entry into renovated houses, and specific rituals during national emergencies. Shastri also informed that Venus (Shukra) will be in Asth from December 12, 2025, to January 30, 2026. During this phase, rituals like Vashikaran (attraction spells) are said to be more effective. However, starting a journey when Venus appears in front or to the right is

considered inauspicious. Auspicious Marriage Dates After July 7, 2025: July: 11, 12, 13, 20, 21, 28, 29, 31; August: 01, 03, 06, 07, 08, 09, 13, 17, 18, 24, 25, 28, 29; September: 01 to 05, 22, 26, 27, 29; October: 01 to 03, 07, 11, 22, 24, 26 to 31; November: 02, 03, 07, 08, 12, 13, 22 to 27, 29, 30; December: 04, 05, 06. These dates are applicable until Devshayani Ekadashi, after which Chaturmas begins—a spiritually significant period during which marriages and other major functions are traditionally avoided. Mahant Rohit Shastri concluded by emphasizing the importance of consulting the Panchang and a qualified astrologer before fixing any major event. Aligning such decisions with cosmic timing ensures spiritual harmony and prosperity in life.

Free medical camp organised at Vishwakarma Temple New Plot



Top News Report

JAMMU, Jun 8: The Vishwakarma Temple Committee, New Plot Jammu, organized a One Day Free Medical Camp aimed at serving the underprivileged sections of society. The camp featured a team of doctors led by renowned cardiologist Dr. Sushil Sharma, who provided free medical consultation and medicines to local residents. The camp was formally inaugurated by Ramesh Angotra, Convener of Vishwakarma Library, in the presence of several prominent figures including Babu Balbir Ram Rattan (BJP Spokesman), Ram Pal Chargoitra (Digiana Unit), Rakesh Chalotra

(Shakti Nagar), Balwant Kataria (Mishriwala), and Monu Verma (Khour Unit). Highlighting the spirit of social responsibility and community service, the Temple Committee stated that such camps are a regular feature designed to provide free health check-ups and medicines to poor patients who otherwise cannot afford access to specialized care. During the camp, approximately 170 patients were examined and advised for further medical follow-ups. While welcoming the medical team, Ramesh Angotra expressed deep gratitude and praised the doctors for their dedication and compassion in bringing healthcare to the door-

step of the needy. The organizing team comprised Raman Chalotra (Ex-Youth Wing President, PVS), Mahinder Pal (President, Temple Committee), and Joginder Angotra. Raman Chalotra, the key force behind the initiative, emphasized the importance of youth participation in social work. He stated that the youth wing has a long journey ahead and immense potential to bring positive change. He urged the young generation to engage in community welfare and stay away from negative influences and drug abuse. The camp concluded with a renewed commitment to continue such initiatives aimed at promoting public health and social awareness.

Thousands attend Khajuria Biradari Mail at Baba Ambo Devsthan Bagh-e-Bahu



Top News Report

JAMMU, Jun 8: The Bi-Annual Mail of Khajuria Biradari was held today with great religious fervour at Shri Baba Ambo Devsthan, Bagh-e-Bahu, Jammu. The spiritual gathering witnessed the participation of around 30,000 devotees from Jammu & Kashmir, Punjab, Haryana, Himachal Pradesh, and other parts of the country, who came to seek blessings of Kuldevta Baba Ambo Ji. The event began early in the morning with a Hawan ceremony and concluded at 10:00 AM, followed by Preeti Bhoj (community feast) served to all present. As part of its social outreach, the Baba Ambo Samark Committee also organized a free medical camp, where medicines were distributed to the needy. Several prominent dig-

nitaries graced the occasion, including Transport Minister Satish Sharma, Member of Parliament Jugal Kishore Sharma, BJP JK UT President Sat CA, NMC President Subash Shastri, and others. Key office bearers of the Shri Baba Ambo Memorial Committee were also present: President Ajit Khajuria, Vice Presidents Sudershan Khajuria and Yash Paul Khajuria, General Secretary Anil Khajuria, along with Vimal Khajuria, Ajay Khajuria, Vinod Khajuria, Mohinder Khajuria, Kuldeep Khajuria, Sourab Khajuria, Radhey Sham Khajuria, and others. All dignitaries participated in the rituals and sought the divine blessings of Baba Ambo Ji. The Mail concluded on a peaceful and devotional note, reaffirming the unity and faith of the Khajuria community.

MLA Marh meets deputations of people from different villages of constituency



Top News Report

JAMMU, Jun 8: Marh: MLA Surinder Kumar of Marh Assembly constituency met with deputations of people from various villages of the Marh Assembly area on Sunday. The meeting provided a valuable opportunity for the MLA to listen to the concerns and suggestions of the people, fostering a sense of community and cooperation. The Bharatiya Janata Party (BJP) has public service as one of its core priorities, aiming to address the needs and concerns of citizens effectively. As a representative of the people, BJP leaders and elected officials strive to work towards the betterment of their constituencies, added MLA. MLA reiterated that BJP prioritizes resolving public issues promptly,

ment to working together with the community for the progress and betterment of the Marh Assembly area. By meeting with deputations of people, MLA Surinder Kumar demonstrated his willingness to listen to their concerns and suggestions. The meeting highlighted the importance of collaborative efforts between the government and the community in driving progress and development. The meeting provided valuable insights into the issues affecting the community, allowing the MLA to better understand the needs of his constituents. MLA Surinder Kumar reaffirmed his commit-

ensuring that the needs of the community are met in a timely manner. BJP leaders aim to understand and represent the aspirations of their constituents, working towards fulfilling their expectations and promises. BJP’s public service initiatives focus on driving development and progress in constituencies, improving the quality of life for citizens. The party emphasizes responsive governance, ensuring that the voices of citizens are heard and their concerns are addressed. As the MLA of Marh constituency, Surinder Kumar is committed to working tirelessly to address the needs and concerns of his constituents. He prioritizes public service, striving to make a positive impact in the lives of the people he represents.

Army chief visited the Forward Areas of Uttarakhand and Inaugurated Community Radio Station

NEW DELHI, : General Upendra Dwivedi, Chief of the Army Staff (COAS), visited forward posts in the Garhwal region to review the operational and administrative readiness of forces deployed in forward areas of Garhwal, Uttarakhand. During his visit, the COAS interacted with troops guarding the frontiers and commended them for their unwavering dedication, resilience, and professionalism. He emphasised the importance of maintaining high standards of operational preparedness and constant vigilance. Later in the day, the COAS inaugurated Ibex Tarana 88.4 FM, the first-of-its-kind Community Radio Station based in Jyotirmath, Uttarakhand. The sta-



tion is envisioned as a vital platform for local expression, knowledge sharing, and the preservation of cultural heritage. Its broadcasts will include programmes on education, environment, weather, entertainment, employment, disaster preparedness, tourism, health, and traditional arts. In his inaugural podcast, the COAS remarked, “Ibex Tarana is not just a radio sta-

tion—it is a powerful medium to amplify the voice of youth. It will bring the community together, promote local talent, and reconnect people with their cultural roots.” On this occasion, the COAS also felicitated distinguished veterans with the Veterans Achievement Award in recognition of their outstanding contributions to nation-building and social development.

Cow Smuggler Threatens Gau Rakshak with Death – Demand for Investigation into Alleged Police-Smuggler Nexus

Top News Report

JAMMU, June 8: In a shocking revelation, Movement Kalki and the Gau Rakshak Organization have jointly disclosed that 21-year-old cow protector Rohit Kumar received a death threat from a known cow smuggler. The threat was delivered via an audio phone call, in which the accused smuggler, Tariq Gurjar, admitted that he pays crores in bribes to the Udhampur police, and therefore no one can touch him. Incident Details: Date: April 7, 2025, Location: Zakhani Checkpost, Udhampur. In the early hours (around 3–4 AM), Rohit Kumar chased down and helped intercept a suspicious vehicle illegally transporting cows with the help of the army and police. 15–16 days later, he received a threat-

ening call, in which the smuggler said: “You intercepted three of our vehicles. Pay Rs 1.5 lakh or face consequences you won’t forget. Even if you pay Rs 2 crores, you won’t be forgiven. We’ll take you somewhere no one can hear you scream.” Viral Audio, Police Retaliation: The threatening audio went viral on social media. Instead of taking action against the smuggler, the police picked up Rohit from a public market, confiscated his phone, and forced him to sign a legal bond (muchalka). When the Movement Kalki and Gau Rakshak team visited the police station, the station officer remained silent on key questions. Later, the phone was returned—but the crucial audio evidence had been deleted.