# TOP NEWS OF J&K

JAMMU, SUNDAY, MARCH 30, 2025

**ENTERTAINMENT** 

16

**Shubhangi Atre on making** her B-town debut with Bhabhiji Ghar Par Hain!



**NATIONAL** 

Lalu-Rabri regime will be remembered for promoting 'Jungle-Rai' in Bihar: Amit Shah Daily Evening Newspaper

**INTERNATIONAL** 

Pope's willingness to show his frailty provides example to young, old alike



e-paper: www.topnewsjk.in

RNI No. JKENG/2010/39369

Regd. No. JK-435

Vol.-12 Issue-87 Pages-12 Rs.-2/-

#### BRIEFLY

#### 16-yr-old dies after being hit by vehicle in Srinagar's Sempora

SRINAGAR, Mar 30 (Agencies): A 16-yearold boy lost his life after being hit by a vehicle in Sempora area of Srinagar on late Saturday night.

An official told that a 16-year-old scooty rider, bearing registration number JK01BA-4312 and a resident of Zaffron Colony, Pantha Chowk, was critically injured after being hit by a vehicle at Sempora, Srinagar.

He said the boy was immediately shifted to SMHS hospital for treatment, however, he succumbed to his injuries at the hospital.

He was identified as Faizan Ahmad Nanda (16), son of Mohd Rafiq Nanda, a resident of Zafran Colony, Srinagar. Meanwhile, cognizance of the incident has

#### **Police busts** organised timber smuggling racket in **North** Kashmir

been taken.

SRINAGAR, Mar 30 (Agencies): In a significant operation against organised crime, Pattan Police have successfully busted a timber smuggling racket operating across the Kashmir Valley. This marks the first FIR registered under organised crime for timber smuggling in the region.

A Police spokesperson said, "Acting on credible intelligence, police received information that a group of smugglers was illegally felling willow trees from government land (Rakh) in Rakh Duslipora, Nowgam Circle (Gund Ibrahim). The stolen timber was being transported in a Tata Mobile vehicle (JK18D/2556) for illegal sale in Pattan and nearby areas."

Responding swiftly, police teams intercepted and seized the vehicle along with 25 stolen timber logs. FIR No. 50/2025 has been registered at PS Pattan under Sections 324(3), 112(2), and 3(5) of the Bharatiya Nyaya Sanhita (BNS), and an investigation is underway.

The prime accused, John Mohd Bhat, a resident of Naina Batpora, Pulwama, initially fled from the scene but was later tracked and arrested from Pulwama. Further arrests and recoveries are expected as investigations continue. Baramulla Police remains committed to taking strict action
Turn to page 9

#### **Amid Multi-Tier Security, Pilgrims pay obeisance** at Mata Vaishnodevi cave Shrine

JAMMU, Mar 30 (Agencies): Thousands of pilgrims flocked the Mata Vaishno Devi shrine in Trikuta hills of Jammu and Kashmir as the nine-day Chaitra Navratri festival began on Sunday.

security Heavy arrangements, including Al-enabled CCTV cameras and drones, have been deployed at the base camp of the bhawan and along the route to avert any untoward incident, officials said.

While 48,000 pilgrims paid obeisance at the cave shrine on Saturday, the numbers are set to increase as serpentine queues were seen on Sunday from the base camp to the shrine.

"I greet pilgrims on the occasion of Chaitra Navratri. There is huge enthusiasm among pilgrims from Katra to Bhawan. There has been a significant increase in the flow of pilgrims. Long queues are visible from Katra to bhawan," Anshul Garg, Chief Executive Officer (CEO) of the Shri Mata Vaishno Devi Shrine Board, told reporters



To ensure a troublefree yatra, security and crowd management teams have been deployed en route from Katra to bhawan, he said.

The Shrine Board, which manages the vatra, has taken new initiatives to ease the pilgrimage for the devo-

Many devotees said they were happy with the arrangements made by the Board.

"On the first day of Navratri, we feel blessed to pay obeisance at the cave shrine. Although there is little difficulty due to heavy rush, it is insignificant when you experience the beauty of the environment and spirituality at bhawan," Amit Sharma from Delhi,

Praising the arrangements of the Board, another devotee from Pune, Sudhakar Kadam, said paying obeisance on the first day of the new year of Hindus and Navratri was a dream come true.

"We had planned to visit the cave shrine several times in the past but could not do so. This year, we made a sudden plan and are here on the first day to pay obeisance at the cave shrine. It was Mata's wish," he added.

Paying their obeisance along with five family members, Sunita Sarkar from Kolkata said it was a very smooth yatra as the arrangements and facilities provided by the board were excellent.

"I thought it would be

difficult to pay obeisance at the cave shrine due to the huge rush and hilly track. But I must give credit to the management for creating facilities, including accommodation, community kitchens, and queue management," she said.

Elaborate arrangements have been made by the Board and the local administration for the devotees.

The Board has announced that persons with disabilities will receive various free services to facilitate their pilgrimage to the temple in the Katra belt. Garg said "a series of initiatives have recently been introduced for divyang pilgrims, including a dedicated quota in helicopter bookings, aarti, and free battery car services." He further added that advanced online bookings for helicopter services at the Mata Vaishno Devi shrine are now available for senior citizens and divyang pilgrims as a special cat-

"Reservations can be made through the board's website," he

Turn to page 9

#### LG Sinha visits GMC Jammu, **Enquires about the health of Police** Personnel injured in Kathua



**Top News Report** JAMMU, Mar 30 : Lieutenant Governor Manoi

Sinha today visited Government Medical College Hospital Jammu to

enquire about the health of J&K Police Personnel, who sustained injuries during an encounter with terrorists in Kathua.

Team of senior doctors briefed the Lieutenant Governor on the health condition of SDPO Border, Kathua, Shri Dheeraj Katoch and SPO Bharat Jalhotra and medical procedures being followed.

The Lieutenant Governor also met the family **Turn to page 9** 

#### "You will not find any complaint": J&K Waqf Board Chairperson on arrangements ahead of Eid

SRINAGAR, Mar 30 (Agencies): Chairperson Jammu and Kashmir Waqf Board Darakhshan Andrabi claimed Saturday that the Board employees work day and night, and people don't have complaints concerning the arrange-

Andrabi also said that the shrines are being maintained better, and people have access to everything.

"In Jammu and Kash-



mir, maximum mosques and dargahs come under the Wagf Board and we are happy that we have worked thoroughly. Our employees work day and night. You will not

find any complaint anywhere that the arrangements of the Waqf Board are not good. We always try to live up to the expectations of the people... Our dargahs are better and cleaner than ever before, and people have everything available today. They have no complaints of any kind...," Andrabi told ANI after holding a Board meeting.

Meanwhile, Darakhshan Andrabi has Turn to page 9

## Ahead of Eid, Authorities ban use

SRINAGAR, Mar 30 hazards".

According to an order by Additional District Magistrate, any person found violating the directive within the subliable for action under

growing concern over environmental pollution, public safety and health hazards caused by use of firecrackers and in exercise of the powers conferred under Section 163 BNSS 2023, it is hereby ordered... (that) the sale, purchase and use of all types of Firecrackers or any similar items is prohibited within

the territorial limits of Sub-District Sopore" the order, a copy of which lies with GNS reads, adding, "Any person found violating these directions by selling, purchasing or using Firecrackers, shall be liable to the fine/confiscation of Firecrackers, as deemed appropriate under relevant law."

Further, no loudspeaker shall be used by the vendors etc for

Turn to page 9

## of Firecrackers in Sopore

(Agencies): Ahead of Eid-ul-Fitr, authorities in Sopore area of north Kashmir's Baramulla district have ordered ban on sale and use of firecrackers, considering "growing concern over environmental pollution, public safety and health

district Sopore shall be "In consideration of

### Tourists enjoy shikara ride and beauty of Dal Lake Srinagar

SRINAGAR, Mar 30 (Agencies): Tourists from across the country are enjoying the scenic beauty of Kashmir and Dal Lake in Srinagar. They indulged in activities like photo shoots, shikara rides, exploring the lake, and visiting local markets and other popular tourist spots.

As the summer season begins to unfold, tourists in Srinagar were treated to a serene and chilly Sunday morning at the iconic Dal Lake, where misty waters and crisp air combined to create a postcard-perfect setting. Despite the seasonal shift, a dip in temperature added to the allure

of the famous water-

body, known for its



scenic charm and tranquil surroundings.

Speaking to ANI, Visitor Agni Mitra Vishwas said, "I really enjoyed my time in Kashmir. We went to Chandanwari, where there was a lot of snow. After that, we came to Srinagar. Yesterday, we went to Sonamarg, and there was more snow, which felt amazing. We also

took a shikara ride on Dal Lake, and it was a great experience. Overall, it's been a wonderful trip so far. Today, we're heading to Gulmarg, and I'm sure it will be just as great. The houseboat we're staying on offers beautiful views, and the weather is perfect, neither too hot nor too cold. It's truly a wonder

■Turn to page 9



#### 10TH DAY KRIYA AND KREM

With profound grief and sorrow we regret to inform the sad demise of our beloved mother Smt Lalita Devi W/o Late Shree Janki Nath Koul who left for her heavenly abode on Sunday, 23rd March 2025.

10TH DAY KRIYA will take place on 1st April 2025 from 11.00 AM onwards.

KREM on 2nd April 2025 from 10.00 SMT LALITA DEVI AM onwards at home near old Talab

matador Stand Muthi, Jammu

GRIEF STRICKEN

Santosh & Sushma, Vijay & Madhu, Kaka & Poli and Asha &

Archna (Son & Daughter in Law Mobile No: 9158113399, 9149731808



IN LOVING MEMORY OF

SMT. RUPA RANI BHAT (LIDHOO)

With deep sorrow, we inform the passing of our beloved Smt. Rupa Rani Bhat, wife of Late Shri Makhan Lal Bhat, originally from Mohalla Khankah, Sopore, Kashmir, who left for her heavenly abode on 26th March 2025.

The 10TH DAY KRIYA as per Kashmiri rituals will be performed on:

Venue: Chota Haridwar, Upper Ganga SMT. RUPA RANI BHAT

Canal Road, Muradnagar, Yusufpur

Manota, Uttar Pradesh Date: 4th April 2025 Time: 8:30 AM onwards

We request family, friends, and well-wishers to join us in paying homage and offering prayers for the eternal peace of the departed soul.

GRIEVING FAMILY: BHATS / LIDHOOS RSVP: 9810621211 / 9810333259



With profound grief and sorrow we inform the sad demise of our beloved mother Smt. Neelam Manhas W/o Late Sh. Gandharv Singh Manhas of Bari- Barhmna who left for heavenly abode on 23-03-2025.

The TENTH DAY will be performed on Tuesday, 1st of April, 2025 at Bari Barhmna House No. 81, Ward No: 8, Jammu at 12:00 A.M.

#### GRIEF STRICKEN

Sons Ajay Manhas Sanjay Manhas Gurmeet Manhas

Brother & Babhi Late Shri Uttam Singh Manhas & Smt Chanchala Manhas

Late Shri Jagdev Singh Manhas & late Smt Kanta Devi

Shri Mohan Singh Manhas & Smt Madhu Manhas

Shri Himmat Singh Manhas & Smt Pratibha Manhas Sister & Brother-in -law

Smt. Shrishta Jamwal & Shri Joginder Singh Jamwal

#### TENTH DAY / KRIYA / UTHALA

With profound grief and sorrow, we inform the sad demise of our beloved Smt. Nirmal Kanta (Retd. Master) W/o Sh. Deepak Sivdhar Prashar of Village Uttri presently at Shiva Nagar, Ward No. 16, Kathua on 20.03.2025. Tenth Day will be performed on 29.03.2025 (Saturday) at 11 am at our residence Shiva Nagar, Kathua, Kriya will be performed on 30.03,2025 (Sunday) at 11 AM at our residence. Uthala will be performed on 31.03.2025 (Monday) at 4 PM at our residence.

**GRIEF STRICKEN:-**

Mother-in-Law & Father-in-Law Lt. Smt. Ram Pyari & Capt. Mohan Lal Sh. Deepak Shivdhar Prashar (Husband) Brother-in-Law & Sister-in-Law Smt. Nishi and Sh. Chanderkant Prashar Smt. Krishna and Sh. Kamal Kant Prashar

Sister-in-Law & Brother-in-Law Smt. Saroj & Sh. Ashwani Kumar Sharma Smt. Anjana & Sh. Joginder Pal Sharma Daughter & Son-in-Law

Smt. Neha & Sh. Dheeraj Sharma



Smt. Neelam Manhas

**Smt. Nirmal Kanta** (Retd. Master)

Sh Lokesh Sharma

Son & Daughter-in-Law Smt. Deepika and Sh. Nikhil Prashar Grand Children: Deeksha, Deekshant, Dikshit and Deevanshi Prashar. Mob: 9906181817, 9906181812

#### 10TH DAY / KRIYA/ UTHALA

With profound grief and sorrow, we inform the sad demise of Sh Lokesh Sharma S/o Late Sh Narinder Nath Sharma R/o H No. 10, Ward No. 9 Samba. TENTH DAY will be performed on 29 Mar (Saturday) a

10 am at our residence Ward No. 9 Samba. KRIYA will be performed on 01 Apr (Tuesday) at our

UTHALA will be performed on 04 Apr (Friday) at 3 to 4

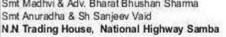
PM at Geeta Bhavan Mandir, Ward No. 9 Samba. **GRIEF STRICKEN** 

Smt Ratna Devi (Mother) Smt Arti Sharma (Wife)

Sh Sabhya Sharma (Son) Smt Amita & Sh Vijay Sharma (Chachi & Chacha Ji) Smt Suvidha & Dr Patanjli Sharma (Bhabi & Brother) (Sisters & Brothers in law)

Smt Madhvi & Adv. Bharat Bhushan Sharma

Smt Anuradha & Sh Sanjeev Vaid





With profound grief & sorrow, we regret to inform the sad demise of our beloved Shri Janak Singh, Raja Ji (Karilaid Meer, Panchari Wale) S/o Late Sh. Anant Singh R/o H.No. 189, Upper Bazar, Near Gadha Dhar Mandir, Panjtirthi, Jammu.

Tenth Day Kriya will be performed on 28-3-25 (Friday) at 11:00 AM at Rani Park, Jammu. Karam (13th Day) will be performed on 31-3-

2025 (Monday) at 12:00 Noon at his residence (Panjtirthi, Jammu) IN GRIEF

Daughter-in-law & Son

Smt. & Sh. Yashvir Singh Katoch

Smt. & Sh. Rattan Singh - Bhabhi & Brother

Smt. & Sh. Lashman Singh - Bhabhi & Brother

Smt. & Sh. Rajinder Singh (Lecturer) - Bhabhi & Brother

Smt. & Sh. Karnail Singh - Bhabhi & Brother

Smt. Sushma Devi & Sh. Pardeep Singh - Daughter & Son-in-law

Smt. Neelam & Sh. Pankaj - Daughter & Son-in-law All Nears & Dears

Mob. Nos.: 9797730680, 7051844662, 9682502360,

9858145559, 8803739473

#### **OBITUARY/ TENTH DAY KRIYA**

With profound grief and heartfelt sorrow that we inform the sad demise of Smt. Shakti Dhar, lovingly referred to as Pyari Bhabhi, wife of the late Sh. Shanker Nath Dhar, formerly a resident of Sekidafar, Safakadal, Srinagar, Kashmir, she attained moksha on 24th March 2025 at her residence, "Plot No. 675, Flat No. G-2, Shalimar Garden Extension 1, Sahibabad, Ghaziabad. (opposite Shalimar Garden Police Station).

The TENTH DAY KRIYA will take place on 2nd April 2025 at Muradnagar Ghat, followed by an assembly at 9.30 AM at the Shalimar Garden residence. **GRIEF STRICKEN FAMILY** 

Smt. Anjali Dhar (Daughter-in-law)

Sh. Vinod Dhar & Smt. Neelam Dhar (Son & Daughter-in-law) Sh. Sanjeev Dhar & Smt. Anuradha Dhar (Son & Daughter-in-law)

Sh. Vishal Dhar & Smt. Manju Dhar (Son & Daughter-in-law) Smt. Poonam & Sh. Ashok Ji Sadhu (Daughter & Son-in-law)

Smt. Versha & Sh. Puran Ji Raina (Daughter & Son-in-law) Beloved Grandsons and Granddaughters

Entire Dhar and Bhan Families

Cherished Friends and Relatives

For further information, please contact: 7780916092 9810236341, 9811356701 May her soul find eternal peace, and may her legacy forever illuminate the hearts of those who knew her.

#### **OBITUARY**

WITH PROFOUND GRIEF & SORROW, WE REGRET THE SAD DEMISE OF SH. RAJNATH BHAT S/O LATE GOPI NATH BHAT R/O ICHEKOOT BUDGAM PRESENTLY AT JAGTI TOWNSHIP FLAT 86/10. WHOSE RITUALS ARE BEING PERFORMED AT COMMUNITY HALL LANE -4 BACK SIDE.

TENTH DAY KRIYA WILL BE PERFORMED AT AKHNOOR GHAT. CONDOLENCE ASSEMBLY WILL BE HELD AT MUTHI GHAT ON THURSDAY 3-4-2025 AT 11:00 AM SHARP.

**GRIEF STRICKEN** SMT. REETA BHAT (WIFE) SH. P. L. BHAT (BROTHER)

SAMASTH BHAT PARIVAR 9876095519, 9419615929, 7006874549, 8082863994



SMT. SHAKTI DHAR

SH. RAJNATH BHAT

#### KRIYA/UTHALA

With profound grief and sorrow, we inform the sad demise of our beloved Sh. Rajeshwar Verma S/o Lt. S.D Verma. Kriya will be performed on 28th March 2025 (Friday) at our residence H. No.83 Lane No. 2 Shiv Nagar, Talab Tillo, Jammu at 12 pm.

Uthala will take place on 31st march 2025 (Monday) a Shiv Mandir, Talab Tillo chowk at 4-5pm. **GRIEF STRICKEN:-**

Son and Daughter-in-law Sh. Sanjeev Verma & Smt. Veena

(941 9834307, 9419 160630) Daughters and Sons-in-law

Smt. Ritu & Sh. Updesh Kumar (DySp JK Police) (9419138776, 9419951222)

Smt. Anshu Manni & Sh. Ashok Manni

(9797438727, 6006902185)

Grand Children: Urvashi, Ridima, Ujiwal, Akshara, Akriti



SH. RAJESHWAR **VERMA** 

#### OBITUARY/TENTH DAY KRIYA

WITH PROFOUND GRIEF WE REGRET TO INFORM SAD AND SUDDEN DEMISE OF SH. AVTAR KRISHAN TIKU S/O LT. SH. SHIV JI TIKU ON 23-03-2025. ORGINALLY RESIDENT OF 18-SHALLA KADAL, HABBA KADAL SRINAGAR AND 25/1, BASANT NAGAR EXTENSION, BEHIND PETROL PUMP. JANIPUR, JAMMU.

PRESENTLY AT HIS RESIDENCE AT S-2, C-31, SHALIMAR GARDEN EXTEN-SION-2, GHAZIABAD, UTTAR PRADESH.

TENTH DAY KRIYA WILL BE PER-FORMED ON 01-04-2025 (TUESDAY) SH. AVTAR KRISHAN TIKU AT MURAD NAGAR, GANGA GHAT,

GHAZIABAD. ASSEMBLY WILL BE AT RESIDENCE AT 10.30 AM. **GRIEF STRICKEN** 

NEW STANDARD CLINICAL LABORATORY SRINAGAR, KASHMIR AND CLINICIANS CLINICAL LABORATORY JANIPUR, JAMMU Mobile: 9873555699, 8448555699



Shri Janak Singh (Raja Ji)

**TENTH DAY** With profound grief and sorrow, we regret to inform the No. 2093 J&K UT.

**TENTH DAY KRIYA** 

With profound grief and sorrow, we inform the sad and untimely demise of our beloved Smt. Art Chowdhary, Wo Sh. Mott Lal Chowdhary, originally from Naidyaar Rainawari, Srinagar, Kashmir presently at H.No. C-2/276, Janakpuri, Delhi, who left for her heavenly abode on 23rd March 2025.

TENTH DAY KRIYA will be performed on 0.1,04.2025 at Chota Haridwar, Murad Nagar Ghat at 7:00 AM and ASSEMBLY at 12:30 PM at our residence.

Ghat at 7:00 AM and ASSEMBLY at 12:30 PM at our residence.
GRIEF STRICKEN
Sh. Moi Lad Chowdhary (Husband)
Shivani & Vithal Chowdhary (Daughter-in-law & Son)
Ashish Chowdhary (Granddaughter)
Family
Raj Dulan Kaul (Sister-in-law)
Usha & K. K. Chowdhary (Brother-in-law & Sister-in-law)
Sunit & Pasitosh Chowdhary (Brother-in-law & Sister-in-law)
Children
Shipa & Abhishek Magazine
Ashina & Atit Agrawal
& Chowdhar

Ashina & Atit Agrawal Nikita & Rohit Thakur Nalni & Pyush Chowdhary

Tenth Day Date :- 18-03-2025 Friday 10 AM At res dence R/o Nihalpur Simbal main road Kullian to Kirpino House near Patanjali shop Teh R S Pura, Jammu. Kirya Uthala at Home 31-03-2025 at Residence Deeply Missed & Remembered By:

ather: - Sh Surinder Pal Singh Chouhan Mother: - Tara Banti Chouhar Brother & Bhabi :- Manjeet Singh Chouhan & Monika Sh Sanjeet Singh

Brother & Bhabi: Jagjeet Singh Chouhan & Arti Rajput Sapna Chouhan W/o Lt Sanjeet Singh Chouhan,

(Daughters Sana Chouhan) (Brother & Sister in law) 1 Prem Singh Chouhan, Swaraj Singh Chouhan, Madhu & Rina Chouhan (Nephew and Niece), Aman Chouhan, Daman Chouhan Prakariti Rajput, Dakeshesh Singh Chouhan, Lucky Chouhan, Mega Chouhan, Mana

∛o Nihalpur Simbal Main Road Kullian to Kirpind House near Pataniali Shoo Teh R S Pura, Jammi Contact No. 9419204817, 8492877044, 9622179917

#### **TENTH DAY**

With profound grief & sorrow, we regret to inform the sad and untimely demise of our beloved Sh Vinay Tickoo S/o Sh Bindrabar Tickoo R/o Martand Mattan Kashmir A/P Ward No. 2, Lucky Vihar near Fatima Convent School Bishnah Jammu who left for heavenly abode on 27-3-2025.

Tenth Day will be performed on 5 April 2025 (Saturday) at Akhnoor Ghat and Assembly will be held at our residence at 12.00 Noon.

**Grief Stricken** Mrs Sunaina Tickoo -Wife

Smt Shakti & Sh Bindraban Tickoo -Mother & Father Mrs Sheetal Tickoo & Mr Rohit Tickoo -Bhabhi & Brother Contact No.: 7889356618, 8825080448

#### **10TH DAY KRIYA**

Hyderabad.

Tenth Day Kriya will be performed at Akhno
fhat on 02.04.2025 and Assembly will it
held at Muthi Ghat at 11:30 am.
Grief Stricken:
Sh. Rohani Kumar Babu- Husband
(9419139957)
Son & Daughter-in-law
Mr. Shivas & Mrs. Aakriti Babu
Mr. Sahil Babu. Son

Mr. Shivas & Mrs. Aakriti Babu
Mr. Sahil Babu- Son
Sh. Shiban Kishen & Smt. Kaki Babu
Smt. Veena Bhan & Lt. Sh. Yogender Bhan
Sh. Babloo and Smt. Basanti Babu
Mr. Arun Bakshi and Mrs. Sheveta Babu
Mr. Atul and Mrs. Sweyt Zutshi
Mr. Akhay and Mrs. Archoo Sharma
Mr. Anghat Babu
Mr. Ashiwad Babu
Samast Babu, Raina, Kher & Bakshi Parivaar

#### TENTH DAY & KRIYA KARM

ॐ शांति

"A gentle soul who lived a life of simplicity grace, and values-forever in our hearts." With profound grief and heavy hearts, we regret to inform that our beloved **Shri Balak Ram Sharma** S/o Late Sh. Shanker Dass Sharma, departed for his heavenly abode or 24th March 2025, leaving behind a heartfelt ence that remains untouched by words. To perform the sacred rituals and offer prayers for the peace of his departed soul, the DASWI SANSKAR (TENTH DAY RITUAL)

Shri Balak Ram Sharma will be held on 2nd April 2025 at 10.30 A.M.

KRIYA KARM will be held on 5th April 2025 at 12.30 P.M, at our residence

Tarore, Bari Brahmana, Samba - J&K.

GRIEF-STRICKEN AND FOREVER REMEMBERED BY: Smt. Kusham Lata - Wife CA Rohani Parbhat Sharma & Mrs. Renu Khajuria - Son & Daughter-in-law

Saanvi Sharma & Shayna Sharma - Granddaughters CONTACT: 9858199514, 7006464430

#### 10th DAY KRIYA

With profound grief and sorrow, we regret to nform the sad demise of Sh. Jawahar Lal Koul, S/o Late Sh. Sham Lal Koul (Mandloo) original resident of Raghunath Mandir, Habba Kadal, Srinagar, Kashmir and present resi dent of Faridabad, Haryana, who passe away on Wednesday, 26th March 2025. 10th Day Kriya will be performed on 4th April

2025 at Garhmukteshwar, Hapur. Shanti Path
will be held at 1600 hrs. at our residence Sh. Jawahar Lal Koul Gayatri Society, Sector 45, Faridabad.

Grief Stricken Smt. Shama Koul (Wife) (Sons and Daughters-in-law) Sh. Satya Inder & Smt. Sunita Sh. Ajay Kumar & Smt. Anita Deeply Remembered By: Shirin, Taran, Nelish, Kashika Mobile No 9810588113, 9797410033

#### 10TH DAY/KRIYA/PAGRI

With profound grief & sorrow we regret to inform the sad demise of our beloved Smt Sneh Lata (Nidhi) (W/o Sh Ravi Kumar Sharma) Who left for her heavenly abode Wednesday, 19th March, 2025. 10th Day - Friday, 28th March 2025, 9:00 AM

Kriya Karm- Saturday, 29th March, 2025 Uthala/Pagri - Monday, 31st March 2025, 2:00 At our Residence Ward No. 8 near Shani

Mandir, Samba (J&K) IN GRIEF Sh Ravi Sharma (Husband)

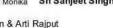
Kanav & Jatin - Son) (Sisters & Brothers in law) Smt Veena Sharma W/o Late Sh Tirath Ram Sharma Smt Kanchan & Sh Bhushan Sharma

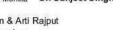
Mob: 9086052587, 9906204914, 7006565105

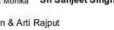
"Top News of J&K" does not take responsibility for the contents of the advertisements (Display/ Classified) carried in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon."

















Sh Vinay Tickoo







The sanskars he imparted, the blessings he bestowed, and the love he gave shal emain an eternal part of our lives."









(Nidhi)







### LG Sinha attends celebration of 453rd Prakash Utsav of Goswami Shri Guru Nabha Dass Ji Maharaj

**Top News Report** 

JAMMU, Mar 30: Lieutenant Governor Shri Manoj Sinha today attended the celebration of 453rd Prakash Utsav of Goswami Shri Guru Nabha Dass Ji Maharaj, at Abhinav Theatre.

The Lieutenant Governor paid obeisance to Guru Nabha Dass Ji, and extended his heartiest greetings and best wishes to the people, on the auspicious occasion.

In his address, the Lieutenant Governor highlighted the eternal relevance of Shri Guru Nabha Dass Ji's spiritual teachings and his immense contribution to our composite culture.

The Lieutenant Governor said, "Goswami Shri Guru Nabha Dass Ji Maharaj has guided the humanity to live an honest, truthful and virtuous life



Through his works, revered sage Nabha Dass Ji not only inspired society towards the path of devotion but he also breathed new life into Indian civilization and culture and re-instilled self-confidence in the society. Guru Nabha Dass talked about awakening and unity in the society and desired

that the feeling of broth-

erhood should unite the entire society. He was also of the opinion that compassion in every human being should lead to service".

The Lieutenant Governor called upon people to rise above narrow considerations and promote the idea of unity of all mankind.

He said, the progressive teachings of Guru

Nabha Dass ji also aimed at creating an ideal community without any divisions and discriminations to strength-

en the social equity.
"During Bhakti-Kaal,
Guru Nabha Dass Ji's
aim was to guide the
society towards the path
of devotion and spiritual
upliftment of humanity.
He also emphasised
that elimination of class

distinctions was essential to strengthen mutual relations and brother-hood

Guru Nabha Dass also highlighted that devotion and meditation leads to the process of continuous transformation of oneself. He said the entire life is another name for transformation," the Lieutenant Governor observed.

On the occasion, the Lieutenant Governor also felicitated the achievers from diverse fields.

Shri Jugal Kishore Sharma, Member of Parliament; Dr Devinder Kumar Manyal and Dr Bharat Bhushan, Members of Legislative Assembly; Shri Sansar Chand, President, Guru Nabha Dass Samaj Kalyan Parishad, senior officials, and people in large number were present.

## Natrang presents Stanley Houghton's play 'The Dear Departed'



#### **Top News Report**

JAMMU, Mar 30: Natrang presented an experimental performance of Stanley Houghton's popular play 'The Dear Departed' which is a social play on the condition of the elderly people who are being abandoned and neglected by their own children. The play is optimistic that even elderly people may choose to live merrily, despite their old age.

The play was directed by Neeraj Kant who very intelligently accommodated a number of actors in the play without changing its texture and pace.

In the beginning of the play, 'Mrs. Slater' goes to offer something to grandfather 'Abel Merryweather' and finds him quite cold and motionless. She declares that the grandfather is no more. Accordingly, her sister and her husband, the 'Jordans' are informed about the sudden demise of the grandfather. 'Mrs.Slater' and her husband are busy making arrangements for the mourning. They are expecting the Jordans to join them. They start using the various materials used by the grandfather. 'Victoria', daughter of Mrs.Slater does not like all these but reluctantly she is helping her parents in these matters. Mrs.Slater is not willing to share everything of her father's belongings with Mrs.Jordan. When all these arrangements are being done, the Jordans arrive to join them. The family members start detailed conversation on the deeds of the grandfather, planning the details of the obituary announcement in the papers and the insurance premium payment. They start discussion over the distribution of grandfather's belongings among them. Amid these discussions and debates, to everybody's surprise, grandfather (who was actually alive) is seen coming downstairs. He is surprised to find the Jordans. No one dares to tell him that he has been declared 'dead'. While taking tea, the truth comes out and the grandfather gets to know how his daughters have been in a hurry to divide his possessions among them. On knowing the harsh reality, the grandfather decides not to live with any of his daughters. He even expresses his final intention to change his Will.

He declares that he is going to give everything to 'Mrs. Shorrocks' whom he will marry. He feels that by marrying he will have someone to look after him wholeheartedly without considering him to be a burden.

Natrang's young actors who performed in the play included Kananpreet Kaur, Brijesh Avtar Sharma, Vandana Thakur, Aryan Sharma, Adaksh Bagal and Priyal Ashok Gupta.

Lights were operated by Neeraj Kant whereas the sound was rendered by Kartik Kumar. The show was coordinated by Mohd. Yaseen.

### IIPA organizes 11th Shri Ram Sahai Memorial Lecture Kathua, another Ghaziabad in 5 yrs: Dr. Arun Manhas

**Top News Report** 

JAMMU, Mar 30: The Indian Institute of Public Administration. Jammu and Kashmir Regional Branch, (IIPA J&K RB) organized the 11th Shri Ram Sahai Memorial Lecture. Dr. Arun Manhas, Director of Industries and Commerce, Jammu, delivered the Memorial Lecture on "Benefits of Industrialization under New Central Sector Scheme (NCSS) to Local Populace.'

Late Ram Sahai was the one of the founder members of IIPA J&K RB and was involved in its growth till his death and in recognition of his vast contributions the IIPA J&K RB decided to institute a memorial lecture in his name.

B.R. Sharma, State Election Commissioner and Chairman of IIPA J&K RB presided over while Dr Ashok Bhan Patron was the Chief

In his insightful presentation on the fastchanging industrial scenario in Jammu, Dr. Arun Manhas, said that the new industrial policy of J&K has received tremendous response from the investors. Industrial proposals of over Rs 14000 cr have been received under the new initiative out of which Rs 9000 cr proposals are for Kathua. He disclosed that as many as 194 new units in Jammu -Kathua have started production, generating employment for 44000 persons.

Seventy more units are in the pipeline for production in near future, he added.

Sharing his optimism, he said that in next five years, Kathua would be another Ghaziabad and impressed upon fulfilling pre-requisites like infrastructure for producing skilled workers for enhancing employability of local youth. He said that as Jammu is embarking upon a leap forward on industrialisation, it is incumbent to establish proper Labour Serais for the labour to be engaged in the coming up industry.

He said that for the first time, the Govt has earmarked Rs 50 Cr in the budget for construction of Labour Serais in



Jammu which is a welcome step.

Referring

to the

importance of NCSS, Dr. Manhas said that it played a vital role in employment generation, boosting industrial development and promoting sustainable development in the region. Its key objectives included generation of employment opportunities, encouragement to new investments, substantial expansions, and nurturing existing industries, taking industrial development to the block level in J&K, firstof-its-kind initiative in any Industrial Incentive Scheme of the Central

By providing incentives, such as capital investment subsidies, interest subvention, and GST linked incentives, the scheme aimed to attract new investments and promote industrial growth. He said that only manufacturing can provide a sustainable and long-term employment besides adding to India's GDP. It focuses on enhancing the skill of the youth and their capacities to make them employable and market ready.

Dr Ashok Bhan in his address, described late Ram Sahai as an iconic personality, doyen of Industry, visionary, and promoter of societal causes.

He referred to the presentation of Dr Manhas on NCSS, and said that it would boost the industrial sector and make it an investor friendly destination. Besides incentives to investment under the NCSS, he said that a right and red-tape free environment is a prerequisite for investment and growth. Unless there is

peace and a secure environment Corporates would hesitate to invest here. He said that while the Govt is doing its best to root out terrorism and separatism, the people too have to ensure social and communal harmony, and for that, strong fraternal ties between social and religious groups need to be promoted. Quoting Baba Sahib Ambedkar, he said that fraternity has the power of integrating the nation.

In his presidential address, Sharma paid glorious tributes to late Ram Sahai, acknowledging his legacy as a visionary entrepreneur with a remarkable ability to network and negotiate for the greater good of Jammu and Kashmir. He acknowledged the huge response of industrialists, businessmen, academia & civil society to today's memorial lecture including presence of women and said that women too have an important role in industrialisation of Jammu & Kashmir and announced that IIPA J&K RB would hold next Ram Sahai Memorial Lecture on Women Empowerment (in Industry) for Viksit Bharat. He hoped that most o

f the issues flagged by the industrialists would find a solution in the forthcoming NCSS-2-0.

Prof. Alka Sharma, Honorary Secretary, paid glowing tributes to the late Ram Sahai, recognizing his pioneering role in the industrial landscape of Jammu and Kashmir. Earlier, Er M.M. Gupta, Director Seminars, presented the welcome Address and said that he would never allow his adverse relations to influence his

decisions for the benefit of businessmen.

In the vote of thanks, Rahul Sahai, son of Late Ram Sahai and chairman of Indian Chamber of Commerce Jammu, expressed deep gratitude to the dignitaries, including Chairman, Patron IIPA B R Sharma IAS (Retd) Dr. Ashok Bhan, retired IPS officer Kuldeep Khoda, Rattan Lal Gupta NC Provincial president, BJP leader Miss Deviyani Rana, and representatives from various trade, industry, and social organisations.

He thanked and appreciated Esteemed speaker Dr Arun Manhas Director Industries & Commerce Jammu for his insightful lecture on the topic.

He highlighted the importance of industrialisation not merely as an economic driver but as a means to uplift lives, create employment, and build an inclusive society. Rahul Sahai emphasised his father's vision of industry as a tool for societal development and urged collective action from chambers, IIPA, and stakeholders to ensure industrial progress benefits all. He extended special appreciation to IIPA J&K for sustaining this meaningful lecture series and acknowledged the continued love and respect Ram Sahai commands, even 16 years after his passing. The event concluded with a heartfelt tribute to Ram Sahai's legacy, underscoring the importance of service, integrity, and sustained efforts toward industrial and social progress. The proceedings were conducted by Manoj Kumar Pandith, Joint Director (Seminars).

The event brought together over a hundred eminent citizens, members of IIPA, prominent industrialists, government officials, and the family members of the late Ram Sahai, who continue to honour his entrepreneurial spirit and vision.

This annual lecture serves as a tribute to Ram Sahai's outstanding contributions to the region's entrepreneurship and industrial growth, aiming to foster meaningful discussions on the key issues facing the local industry and economy.

The event concluded with a heartfelt tribute to Ram Sahai's legacy, underscoring the importance of service, integrity, and sustained efforts toward industrial and social progress

## Javed Rana greets people on Navratri

JAMMU, Mar 30: Minister for Jal Shakti and Forests, Javed Ahmed Rana, extended greetings to the people of Jammu and Kashmir on the first day of Navratri.

In his message, the Minister said that this festival inspires us to adopt the principles of honesty, truthfulness and righteousness in our lives.

The Minister added that we should resolve ourselves to celebrate the triumph of good over evil, binding all communities in the true sense of brotherhood.

## NISD & SCJS organize awareness program on Rights of Senior Citizens in India

**Top News Report** 

JAMMU, Mar 30: The National Institute of Social Defense (NISD) and the Senior Citizens Joy Society (SCJS) organized an awareness program on the rights of senior citizens at Panch Mandir, Chhanni Himmat.

The event aimed to educate the elderly about their legal, physical, and emotional rights, as well as their responsibilities towards society.

Advocate Deepali Sharma, J&K High Court, graced the occasion as the Chief Guest, while Dr. Shreyansh Kumar Jain, State Yoga Commissioner and Chairman/Advisor of SCJS, presided over the event.

Swati Basotra, a renowned motivational speaker, attended as the Special Invitee. The program commenced with a warm welcome address by Ashok Gupta, President of SCJS, who introduced the dignitaries and emphasized the significance of safeguarding the rights and dignity

of senior citizens.

Dr. Shreyansh Kumar
Jain elaborated on the
physical and mental
rights of senior citizens.
He highlighted their entitlement to free or subsidized medical care in
government hospitals,
priority treatment, and
benefits under healthcare schemes such
as Ayushman Bharat.
He also addressed the
crucial need for pro-



tection against neglect and abuse by family members or caregivers. Emphasizing mental and emotional rights, Dr. Jain spoke about the necessity of dignity, respect, and protection from mental harassment, ensuring a peaceful and secure life for senior citizens.

Advocate Deepali

Sharma provided indepth insights into the legal rights of the elderly. She discussed the Maintenance and Welfare of Parents and Senior Citizens Act, 2007, which legally binds children and heirs to provide financial support to their elderly parents. She also explained their property rights, ensuring protection against illegal transfers or forceful evictions. Senior citizens, she informed, have the right to revoke property transfers if their children fail to provide adequate care. Additionally, she highlighted legal avenues available for grievance redressal, including maintenance tribunals and free legal aid services.

Swati Basotra spoke on the emotional and social responsibilities of senior citizens. She emphasized the role of seniors in maintaining strong family bonds, guiding younger generations with their wisdom, and resolving conflicts within families. She encouraged the elderly to remain emotionally present for their relatives and friends, offering support and promoting ethical values. Furthermore, she underscored the importance of senior citizens' social contributions, such as engaging in voluntary work, mentoring youth, and fostering civic values in society.

The program was effectively conducted by Ashok Khajuria, Secretary of SCJS, ensuring a smooth flow of discussions. The event concluded with a heartfelt vote of thanks delivered by Mr. H.C. Vaid, Member of the Executive Body, expressing gratitude to the distinguished guests and participants for their valuable contributions.

## **EDITORIAL**

## **Electronics Component Manufacturing Scheme**

he Electronics Component Manufacturing Scheme (ECMS) is a strategic initiative aimed at promoting the domestic production of electronic components and reducing India's dependence on imports. As part of the broader Make in India and Atmanirbhar Bharat missions, this scheme plays a crucial role in strengthening the country's electronics manufacturing ecosystem. With the growing demand for electronic devices, the Indian government has recognized the need to build a strong supply chain of essential components, such as semiconductors, resistors, capacitors, and printed circuit boards (PCBs).

This scheme is designed to incentivize local production, attract global investments, and position India as a major hub for electronics manufacturing. It is aligned with other government initiatives such as the Production-Linked Incentive (PLI) scheme, the Scheme for Promotion of Manufacturing of Electronic Components and Semiconductors (SPECS), and the Modified Electronics Manufacturing Clusters (EMC 2.0) Scheme.

The primary goal of the Electronics Component Manufacturing Scheme is to reduce India's import dependency by encouraging the local production of essential electronic components. India currently imports a significant portion of its electronic components, leading to a trade deficit. By promoting domestic manufacturing, the scheme aims to strengthen India's industrial base.

Another key objective is to attract domestic and international investors by offering financial incentives, infrastructure support, and simplified regulations. This will help enhance India's competitiveness in the global electronics market. Additionally, the scheme aims to generate employment opportunities across various sectors, including engineering, research & development, and skilled labor industries.

By promoting innovation and research in electronic components, the initiative will also help India develop indigenous technologies and reduce technological dependence on other countries. The scheme seeks to build a self-reliant electronics industry that supports the growth of sectors such as telecommunications, consumer electronics, and automotive manufacturing.

The Electronics Component Manufacturing Scheme includes various incentives and support mechanisms to promote the growth of the sector. The government provides financial incentives such as subsidies and grants to encourage capital investments in manufacturing. These incentives cover the establishment of new manufacturing units, expansion of existing facilities, and technology upgrades.

Tax benefits are another major feature of the scheme. Companies engaged in electronics manufacturing receive tax rebates and exemptions, which lower production costs and make Indian manufacturers more competitive globally. Additionally, under the EMC 2.0 scheme, the government is developing dedicated electronics manufacturing clusters (EMCs) with state-of-the-art infrastructure to help companies establish production units at lower costs.

The scheme also focuses on the ease of doing business by simplifying regulations and introducing single-window clearances for approvals. Special attention is given to small and medium enterprises (SMEs), which play a crucial role in the electronics supply chain. These businesses receive financial assistance and technical support to enhance their production capacities.

A key priority under the scheme is the domestic production of high-demand components, including semiconductors, sensors, microprocessors, display panels, and battery cells. These components are essential for consumer electronics, industrial automation, and emerging technologies such as artificial intelligence and the Internet of Things (IoT).

The implementation of the Electronics Component Manufacturing Scheme has had a significant impact on India's electronics sector. One of the most notable outcomes has been the increase in domestic production, which has reduced India's reliance on imports and strengthened its manufacturing ecosystem.

The scheme has also attracted Foreign Direct Investment (FDI) from global electronics giants, who are setting up manufacturing plants and research centers in India. Companies from the US, Japan, South Korea, and Europe have expanded their operations, contributing to technology transfer and job creation.

Another major achievement is India's progress in semiconductor and chip manufacturing. With government support, India has started building semiconductor fabrication plants, or fabs, which are essential for producing microchips. This development positions India as a key player in the global semiconductor industrum.

The scheme has also had a positive impact on employment, creating thousands of direct and indirect jobs in manufacturing, assembly, and supply chain management. Additionally, India has improved its export potential, as locally manufactured electronic components are now being supplied to international markets, enhancing India's presence in the global trade network.

To ensure the long-term success of the Electronics Component Manufacturing Scheme, India must focus on several key areas. One of the most important priorities is enhancing semiconductor manufacturing capabilities. Developing indigenous semiconductor fabrication units will help India become self-sufficient in chip production, a critical component for modern

electronics

Encouraging research and innovation in electronic components is another essential step. Increased investment in R&D will help India develop cuttingedge technologies and reduce dependency on foreign suppliers. Additionally, building a skilled workforce through industry-academia partnerships will ensure that India has the necessary talent to support its growing electronics sector.

Infrastructure development is also crucial. Expanding electronics manufacturing clusters and improving logistics networks will make India a more attractive destination for global investors. Moreover, continuous policy reforms and reducing bureaucratic hurdles will create a favorable business environment and encourage more companies to invest in India.

## Navreh, Gudi Padwa, Pongal: Festivals of New Beginnings and Harvest By: Omkar Archeologists have found the earliest mends self-development. The practice involves and self-development are distributed by the self-development and the life in incomplete without the Shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy is modification by the self-development and the life in incomplete without the shakti as energy in the self-development and the life in incomplete without the shakti as energy in the self-development and the life in incomplete without the shaktion by the self-development and the life in incomplete without the shaktion by the self-development and the life in incomplete without the shaktion by the self-development and the life in incomplete without the shaktion by the self-development and the life in incomplete without the shaktion by the self-development and the life in incomplete without the shaktion by the self-development and the self-developmen

**Dattatrav** bsolutely! Navreh and Gudi Padwa beautifully showcase India's unity in diversity by celebrating the Hindu New Year in different regions with unique customs and traditions. While Kashmiri Pandits observe Navreh with spiritual rituals and offerings, Maharashtrians celebrate Gudi Padwa with colorful decorations and festivities. Despite the variations in traditions, both festivals symbolize new beginnings, prosperity, and cultural heritage, reinforcing the idea that India's diversity is its strength, bringing people together through shared values of renewal, gratitude, and joy. Further, Navratri is the festival of nine nights and celebration of feminine powers. Shakti is all powerful, all pervading , omnipotent, omnipresent, omniscient and inclusive and what not? Again Shakti is all pervasive, universal, above all is the energy, spirit and force driving us all including the God almighty. Even God is incomplete without Shakti and all great works in the universe are possible only through spirit calledShakti. It is the driving force in this universe and it even is important to God. It is all energy, knowledge and the force without which we cannot work and attain the highest in spiritual and the material world. Even the meditation of a devotee is not possible without the blessings of the Shakti which permeates all forms of manifestation. Thus even the atma, mahatma and Parmatma is incomplete without Shakti and so even gods propitiate and respect as well as revere MaaShakti. The cause and basis of all creation is Shakti and so this universe is not possible without the driving force and energy of Shakti. Mother is also a form of Shakti and a mother is always great and her one eye stands for love and affection and the other eye stands for giving sanaskaras to her children. Every man has a women behind him which propels him to action. Mother is the form of Shakti, creates the world and sustains it too. Shakti is the epitome of love, affection and care. Shakti permeates all living and creation and she should be respected and venerated in all her forms and manifestations. Shakti is one of the most fundamental concepts of Hindu tradition. It represents the divine feminine and is typically associated with the mother goddess.According to Hinduism ,Shakti is responsible for the universe's creation ,maintenance and destruction.Shakti takes the form of Mahakali to destroy the demons and to establish the righteousness. The concept of Shakti has been a fundamental part tions of it tracing back to the Indus Valley civilization, where various artifacts depict the worship of the Mother Goddess .Shakti is also mentioned in Rig Veda, one of the oldest Hindu scriptures, describing her as the cosmic energy that permeates the universe. However , worshipping Shakti as a distinct form of divine feminine did not become prevalent until later in Hindu history. More specifically, the widespread worship of her as a primary deity emerged in the medieval period with the rise of Shakta sects. Based on Hindu tradition ,the goddess Shakti is generally associated with creative energy and is responsible for the universe's creation and destruction. .Shakti also represents various goddesses who embody a broad set of elements and roles.Hindu mythology often portrays her as a powerful , dynamic force that drives the universe forward. One of the most significant ways Shakti manifests as a creative force as the mother goddess, an essential aspect of the Hindu religion, believed to represent the nurturing and life -giving aspects of the divine feminine. .The mother goddess is often depicted as a powerful warrior who wields weapons to protect and defend her devotees. She is associated with birth, death and rebirth cycles. Her nurturing and protective qualities make her a symbol of compassion ,love and strength ,representing the ideals of motherhood. People worship the goddess for her power but also for creative energy, as is reflected in various cultural and artistic practices such as elaborate and beautiful Rangoli designs. These designs consist of patterns made on the ground using combination of colored sand, rice, and flower petals. Many Rangoli designs feature images of worshipped goddesses like Laxmi or Durga. People consider these designs as a way to honor and welcome the divine feminine into their homes. Similarly, the celebration of Navratri is a festival dedicated to the worship of goddess Durga in her nine forms. Thus this festival is celebrated over nine nights and involves fasting ,puja and other rituals to honor the goddess. The worship of Shakti is essential to many Hindu practices and rituals. As a spiritual force, Shakti is associated with kundalni energy ,which according to Hindu teachings lies dormant at the base of spine and can be awakened through various spiritual practices. Yagna ,on the other hand ,is a way to worship that involves praying to the goddess and giving her offerings in a sacred fire. Another example is the practice of tantra, which is closely related to the worship of Shakti .Tantra is a spiritual practice that uses the divine power of the feminine to achieve transformation meditation breathwork, and visualization to awaken kundalini energy and channel it towards spiritual growth. Shakti has significantly impacted popular media and culture ,especially in India ,where people embrace the divine feminine as a symbol of female empowerment .The Bollywood film industry produces many films depicting the power and strength of feminine energy .One famous example is "Mother India" about a women's struggle to rise her children against all odds, which is praised for portraying the mother goddess as a symbol of resilience and strength. Shakti is seen as a symbol of female strength and resistance to patriarchy. The symbolic value of Shakti plays a vital role in India's culture. Shakti plays an integral part in Hinduism as a dynamic and powerful force. The influence of Shakti exists ritualistically ,spiritually ,and within popular culture and media .By understanding Shakti's role in Hinduism .we can appreciate the symbolic value of a very powerful concept. In Hindu scriptures women is held in high esteem and many religious and spiritual rituals are incomplete without the participation of women. But despite all this importance and respect to Shakti, women in India are discriminated and atrocities are committed against them in homes and at work places ,schools ,play grounds and in fact everywhere .On one side we worship girls on Navratri and on the other side we heap atrocities on them. It is very unfortunate that in India, women are emotionally and even sexually exploited. The women are harassed and intimidated. There is discrimination with the women and all this should come to an end. We talk much about women empowerment, but do little in practical world to really empower women. NowModi government has played a great role in passing of the legislation in both houses of the parliament to provide 33% reservation to women in LokSabha and the state legislatures and this is really a historical development in the democratic history of the country. It is hoped that with the passage of this bill, the glaring discriminations with the women will come to an end. Besides the women will have a great say and role in the governance of the country. We should learn to respect and revere the women who are the true forms of Shakti in practical world. Shakti is omnipotent ,omnipresent, omniscient and all pervading and even god's are incomplete without the primeval force and energy called Shakti. Shiv is incomplete without Shakti and in fact mankind is incomplete without Shakti and thus Shakti in its various forms and manifestations is indispensible not only for gods, humanity but the whole cosmos is very important and the life is incomplete without Shakti.In Sanatan Dharma shakti is worshipped in its various forms and to be specific during navratras ,nine forms of MaaDurga are worshipped and these nine forms of Durga are in fact the nine forms of Shakti. Hindus worship and pay reverence to various forms of Shakti and in ordinary life as well Hindus worship Shakti in various forms. .Even Narayan is incomplete without his consort Lakshmi and similarly, Ram is incomplete without Sita and Krishna is incomplete without Radha, meaning thereby that even various forms of God are incomplete without Shakti.So far as humans are concerned, Shakti is indispensible for them and every man has a women behind him to lift him up and induce him to do all chorus of activities. No creation is possible without feminine power and from birth to death Shakti is all important. We cannot think of creation without the role of Shakti.Hindus are the worshippers of Shakti as in Navratras small girls are worshipped in every home and they are presented with gifts and money as well as all items like bangles, handkerchief, utensils, nail polish and are served Prasad and their feet are washed and much respect is paid to these little girls and they are considered as being the nine forms of MaaShakti or maaDurga. Despite all this women are subjected to physical, emotional and sexual exploitation and in various parts of the country rape,kidnapping,abduction and murder of women are taking place. These barbaric atrocities puts all of us to shame. We are hypocrites because on one side we worship girls but on the other side heap atrocities on them including rape and murder. There is urgent need to change the societal perception about women and we should try to put the religious prescriptions about women into practice and end all discrimination and atrocities against women . There is also need to implement stringent laws against those indulging into rape cum murder .Whole society should revolt against the discrimination and barbarity against women and then and only then can we call ourselves cultured and modern, otherwise not. Let me conclude this write up with a quote from Rigveda which reads, "YatriSithurstoSamanta, Tatra RamantyDeva" meaning where women are respected, God's travel there.

(The author is a Retd. Ex-HOD DIET Banihal)

## How reading books changes your brain

#### **By: Vijay Garg**

of Hindu tradition for thousands of years.

othing about the structure of our brain, chemistry, or physics remains untouched by reading. According to Francisco Mora, a Spanish neurologist, it depends on whether the book or whatever you are reading has piqued your interest and, more importantly, how much it has affected your emotions.

"You can only learn what you like," says Mora in his book "Neuroeducation," published eight years ago. The book is based on how brain science can improve the way people learn and teach.

Last year, the university professor (Mora) also published another book, "Neuroeducation and Reading", shedding more light on the main theme of his previous successful book. In this new book, he defines the ability to read as a real revolution of humanity. Reading is an artificial and recent process.

"We acquired the ability to speak through a genetic mutation about 2 to 3 million years ago," says Mora.

Since then, humans have been born with the neural circuitry necessary to speak, although speech can only be learned through interaction with others.

Francisco Mora trained as a physician and is a doctor of neuroscience.

In "Neuroeducation and Reading," he writes, "We are born with a brain disk on which we can record. But if we do not record anything, it will remain blank."

On the other hand, reading came into existence about 6,000 years ago, when we felt the need to communicate outside our tribe, as the reach of spoken words was limited.

Moreover, its basis is not genetic but rather learned or cultural.

Mora explains in his book, "Reading is a process that is not inherited (in genes) and therefore cannot be passed on automatically to the next generation. It has to be learned by every human being, which requires learning and memorization every time." To read well or in a good way, it requires effort, attention, memory and explicit training, and if you want to read a lot, you have to devote a

large part of your life to it.

However, they say that 'expensive' and 'hard work' doesn't mean you have to suffer a lot for it.

However, when Mora was four years old, he began receiving punishment from school for being inattentive to his studies.

The reason for this was that Mora's teachers did not pay attention to how a child's brain works.

Learning to read quickly does not make you smarter.

According to Mora, children are "learning machines" from the mother's womb. Rather, "humans have to learn almost everything."

Learning to read is an important stage in a child's development, which sometimes makes parents proud and sometimes makes them worry.

He says, "When a mother realizes that her 5-year-old child is struggling to learn to read while a 4-year-old child living in the neighborhood is reading with flying colors, that mother might ask herself - is my child that stupid?"

Neuroscience has shown that there are parts of the brain that have to mature earlier in order to learn to read.

This is something that can happen at the age of 3 but usually 6 or 7 years old is considered the best age for it.

For this reason, he writes, it is recommended that formal reading instruction begin at age 7, "an age at which, almost certainly, all children have developed the necessary components for reading and are able to grasp the full meaning and implications of learning to read."

"Finland is considered very advanced in terms of education and children there start learning to read at this age."

While explaining the importance of neuroeducation, Mora says that education depends on how your brain works.

Another aspect is that forcing a child to learn and study at an early age puts an unnecessary burden on them and makes them upset. The rush of 3-4 years used in this case is of no particular importance in terms of the future.

Simply put, it doesn't help you in your studies and it doesn't make you any smarter.

According to Mora, there is a fundamental genetic component to brain maturation, but there is also a cultural component that is linked to the home.

Growing up with parents who read themselves or read to you, "has an emotional aspect that helps a lot with learning to read." The Internet is distracting.

In "Neuroeducation and Reading," Mora writes, "No one doubts that the Internet has been a successful revolution, ushering in a "digital age" where the act of reading has not only accelerated but also changed dramatically."

However, a study has also revealed some negative aspects of how the internet affects the brains of young and growing children.

It has been observed that the effects of the Internet can cause symptoms in children ranging from decreased empathy to reduced decision-making ability.

In "Neuroeducation," Mora explains that while studying, we have to protect our brain from unnecessary thoughts. Sometimes, we have to block out 99% of our thoughts and focus on just 1%.

You should also have adequate time to study.

In comparison, you don't need as much mental concentration while surfing the Internet. You see most things on the Internet with just a cursory glance.

Reading is a process like planning, in which you don't remember anything else.

Is it necessary to send children to school for education? Finnish schools free from books and classrooms Where did the idea behind teaching children with a mobile library come from? Student

Thus, while we tend to focus on the internet with a cursory attention, our attention is focused and sustained for a long time while

There are also people who talk about a new form of meditation and call it digital.

Mora admits that today there is no need to remember the date of birth of a historical figure because Google does this task instantly and with greater accuracy. However, this does not mean that memory is limited to

"You have to remember a lot, because your memories make you," he says. "Isn't it good to embellish your speech with a few lines from a memorized poem or literature?"

Reading changes your brain (and you too) However, our brain is not genetically designed to read, but this unique organ has the unique ability to acquire the flexibility necessary to learn this skill.

Perhaps the best example of this is that with reading, there is more activity in the part of the brain that is originally responsible for recognizing shapes and expressions. Over time, the same part also begins to form and recognize words.

In "Neuroeducation," Mora writes, "teachers who teach children have the ability to change the physical, chemical, and neural structure of the child's brain."

This results in the formation of new neural circuits which are then evident in the student's behavior.

Later, in "Neuroeducation and Reading," he explains, "A person changes not only based on their experiences but also based on what they read."

He further says, "Reading is not just a dull activity in which the text of a particular book or document is read, but rather it is an active activity."

Reading is the act of reconstructing whatever is said in the text, if you will.

This involves "creating a cognitive sphere that includes interest, attention, learning, remembering, emotions, awareness, knowledge, and change."

(Vijay Garg Retired Principal Educational Columnist Malout Punjab)

## **Dr. Uppal joins Math Tech Thinking Foundation's Advisory Board**

**Top News Report** 

JAMMU, Mar 30: Dr. Mehar Chand, President of the Math Tech Thinking Foundation of India, has appointed Dr. R. K. Uppal, Emeritus Professor and Principal of Guru Gobind Singh College of Management and Technology, Gidderbaha, to the Foundation's Advisory Board.

Dr. Uppal is widely recognized for his outstanding contributions to the fields of banking, finance, and financial technology. His extensive academic engagements include serving as the MTC Global Chair Professor of Banking



and Finance, Research Professor at the Indian Institute of Finance, and Honorary Director at the Centre for Development Economics Studies, Tamil Nadu. Dr. Uppal's remarkable academic and research achievements are vast and

distinguished. His dedication, intellectual prowess, and commitment to advancing knowledge have earned him numerous accolades from esteemed national and international organizations. His contributions continue to inspire and shape the academic landscape.

A true embodiment of critical thinking, professionalism, excellence, and innovation, Dr. Uppal exemplifies the mission and vision of the Math Tech Thinking Foundation. His inclusion on the Advisory Board is a testament to his enduring impact on academia and society.

## Dimple leads protest against sale of liquor, meat during Navratri

**Top News Report** 

JAMMU, Mar 30: Sunil Dimple, President of Mission Statehood, led a strong protest against the sale of liquor and meat during the holy festival of Navratri. Addressing the demonstrators, Dimple alleged that wine and meat shops continue to operate in various parts of Jammu, despite the religious significance of the festival. He criticized the administration for failing to impose restrictions, particularly in Jammu, which is revered as the "City of Temples."

Dimple warned that if the bill to ban liquor sales in Jammu & Kashmir is not passed in the Assembly by April 7, his organization will launch a state-wide agitation. He further accused the



administration of ignoring repeated requests to halt the e-tender bidding process for wine shops for the 2025-26 period.

The Mission Statehood leader also condemned the 28 Bharatiya Janata Party (BJP) MLAs, alleging that they have failed

to support or introduce a bill in the Assembly to prohibit alcohol sales. He accused political parties of prioritizing personal gains over public welfare, stating that no party is genuinely fighting for the people's merely engaged in politi-

cal mudslinging. During the protest, Dimple reiterated his long-standing demand for the restoration of Jammu & Kashmir's statehood. He criticized Union Home Minister Amit Shah for not providing a clear timeline for statehood restoration and called on former Chief Minister Omar Abdullah to initiate a debate in the Assembly on the delay in reinstating J&K's statehood and the abrogated Articles 370 and 35-A.

Furthermore, Dimple urged the government to resume the traditional Darbar Move starting in April 2025, emphasizing that its suspension has caused significant losses to traders and businesses.

Other prominent leaders who participated in the protest included Papu Kumar Virdi, Mohan Lal, Vijay Kumar, Arun Verma, Babu Ram, Lohari Shaha, Vikas Kumar, Deepak Kumar, Bilo Pahlwan, Kala Singh, and several others.

#### Kavinder pays obeisance at Bawe Wali Mata Temple on first day of Navratri

**Top News Report** 

JAMMU, Mar 30: Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta, today paid obeisance at the ancient Bawe Wali Mata Temple on the auspicious occasion of the first day of the Navratri Festival.

The BJP stalwart sought the blessings of Mata Rani for the peace, prosperity, and well-being of the people of Jammu and Kashmir.

Speaking on the occasion, Kavinder Gupta highlighted the significance of Navratri as a time of spiritual rejuvenation and reflection. He urged people to participate in the festival with devotion and uphold the values of harmony and unity. "Navratri symbolizes the triumph of good over evil, and it is an opportunity for all of us to come together and pray for strength, health, and happiness," he remarked.

The former Deputy Chief Minister also



extended his heartfelt wishes to the people, hoping that the festival brings positive change to every household. He lauded the rich cultural and religious heritage of Jammu, of which the Bawe Wali Mata Temple is a significant part, drawing thousands of devotees from across

the region.

The senior BJP leader reaffirmed his commitment to ensuring that religious festivals are celebrated peacefully and that the government remains dedicated to protecting and promoting Jammu's cultural

## BJP committed to address people's day-to-day problems: Jasrotia

cause and that they are

#### **Top News Report**

JASROTA, Mar 30: MLA Rajiv Jasrotia on Sunday addressed a public meeting at Chhan Arrorian (Channi), where he listened to the grievances of the local community and assured them all their grievances will be addressed in time bound manner.

Various deputations, including individual persons participated in meeting to present their grievances on issues such as ration, education, pension, PHE, PDD, revenue, power, water scarcity, roads, and other development-related topics, as well as personal issues Mandal President Mukesh Sharma Ronni. Sarpanch Kaka, Mahant Mohangiri, Vidya Sagar, Sardari Lal, Harisham, Manik Gupta were prominently present on the occasion.

Jasrotia gave a patient hearing to the deputations and assured to resolve their issues by taking them up with the authorities concerned.

He said that the BJP is committed to addressing the day-to-day problems being faced by the people in general and Jasrota in particular and that the party is making a sincere attempt to lessen the gap between administration and people.

The MLA further

stated that only BJP can fulfill the dreams and aspirations of the people of Jammu and Kashmir and address their issues on a priority basis.

Jasrotia maintained that PM Modi's various initiatives demonstrate the government's commitment to addressing the issues faced by the people of J&K and bringing prosperity, peace, and development to the region.

This outreach effort seems to have made a positive impact, as Sarpanch Sanjeev Gupta, also known as Kaka, and Naib Sarpanch Abhishek Sharma, along with their supporters, were impressed enough to join the Bharatiya Janata Party (BJP).

Jasrotia has been actively engaging with his constituents. His efforts to address public grievances and promote development in the region have contributed to his growing popularity. Jasrotia on the occasion also inaugurated multi specialty Gym in the area.

While welcoming the initiative of the management for providing state of the art services, Jasrotia said, he feels happy after seeing better health clubs coming up in the area which is a welcome step as such services are



now becoming an integral part of our lifestyle. He wished good luck to the management and its staff for their endeavor and hopes that they will open more branches in other parts of the constituency to reach out to maximum number of

people. Meanwhile, in his message to the youth coming for physical training in gyms, he said that there is no comparison between the healthy and fit body of an agile young lad and that of a drug addict.

He said that youth should be streamlined in a way that they don't

have time to destroy their lives through substance abuse and drugs. Jasrotia further said that government's emphasis on Digital India and Artificial Intelligence is intended to create new opportunities for citizens, especially in rural areas, to access services, skills and knowledge. The government's commitment to equitable growth is also evident in its efforts to promote Vocal for Local and Local for Global initiatives. These initiatives aim to support local businesses, farmers and artisans, while

products and services globally.

Overall, PM Modi's government has made significant strides in promoting equitable growth and development, and its commitment to standing by the people through thick and thin remains a core priority.PM Modi's government has indeed shown a deep commitment to addressing the issues faced by the people of Jammu and Kashmir (J&K). The government's efforts are focused on bringing prosperity, peace, and development to the region, added Jasrotia.

#### NSF tribute of 95th Death anniversary of Shyamji Krishna Varma

**Top News Report** 

JAMMU, Mar 30: National Secular Forum (NSF) paid tributes to Shyamji Krishna Varma on his 95th Death Anniversary at University Campus, who laid his life for the country.

Dr. Vikas Sharma Coordinator Jammu District and Zonal Secretary JKNC was the chief quest while. Dr Sukhdev Singh State President NSF presided over the function and Vikshay Vashist state Secretary NSF, was the guest of honour.

Speaking on the occasion Dr. Vikas Sharma appreciated the initiative taken by the University Unit NSF to remember the death anniversary of those who have contributed their lives for the Country.

He also said that the right tribute to Shyamji would be to launch the struggle for restoration of full status of Jammu and Kashmir State.

Dr Vikas threw light on the life and supreme sacrifices of "Shyamji".

Sharma also said that Shyamji Krishna Varma was an Indian revolutionary fighter, an Indian patriot, lawyer and journalist who founded the Indian Home Rule Society, India House and The Indian Sociologist in London. In 1905, Shyamji focused his activity as a political propagandist and organiser for the complete independence of India.

Shyamji made his debut in Indian politics by publishing the first issue of his English monthly, The Indian Sociologis t, an organ and of

political, social and religious reform. This was an assertive, ideological monthly aimed at inspiring mass opposition to British rule, which stimulated many intellectuals to fight for the independence of India.

On this occasion, Dr Sukhdev Singh State President NSF said that News of his death was suppressed by the British colonial government in India.

Nevertheless, tributes were paid to him by Bhagat Singh and other inmates in Lahore Jail where they were undergoing a long-term drawn-out trial. Maratha, an English daily newspaper started by Bal Gangadhar Tilak paid tribute to him. The India Post issued a postal stamp on Shyamji Krishna Varma on 4 October

#### Veteran trade leader Mohd Sadiq extends Eid-ul-Fitr greetings

**Top News Report** 

SRINAGAR, MAR 30: On the joyous occasion of Eid-ul-Fitr, veteran trade leader of Jammu & Kashmir, Mohammad Sadiq Baqal, has extended his heartfelt greetings to the people of the Jammu & Kashmir and the entire Muslim Ummah.

In his message, he said "Eid-ul-Fitr is a celebration of faith, patience and compassion. As we bid farewell to the holy month of Ramadan, let us carry forward its message of unity, gen-



erosity and kindness. I extend my heartfelt Eid Mubarak wishes to everyone, especially to the proud and spirited people of Jammu & Kashmir, whose strength and positivity continue to

inspire us all

He added, "May this sacred festival bring peace to our hearts, prosperity to our land and harmony among all communities. Let us embrace this occasion as an opportunity to support one another and uplift the underprivi-

leged." Sadiq Baqal concluded by praying for the wellbeing of the entire region "May Allah (SWT) bless us all with health, happiness, and strength to overcome all challenges. Eid Mubarak to everyone!

### **Ram Trust organizes** stationery distribution camp

also promoting Indian

**Top News Report** 

JAMMU, Mar 30: Ram Trust, a registered charitable organization, hosted a stationery distribution camp at its headquarters, located at 369 Bakshi Nagar, Jammu, on the auspicious occasion of the commencement of Navratras. The camp aimed to provide essential stationery items to deserving students from economically disadvantaged families attending various schools across Jammu city and its sur-

rounding areas. Each stationery pack distributed to the students included exercise books, pens, pencils, erasers, and light refreshments. Additionally, talented students who showcased their abilities during the event were recognized and encouraged with appre-



ciation.

The event was held under the leadership of the Trustees of Ram Trust: C.P. Gupta, Dr. Virender Mahajan, and Anjali Mahajan. Speaking at the event, the Chairman Trustee, C.P. Gupta, announced that during the upcoming financial year 2025-26, the trust will begin disbursing pensions to widows and financial assistance to the elderly and destitute individuals

(who have already registered) starting from 20th April 2025.

The event was conducted under the participation of the Trust's Office Bearers, including Rajni Gupta, Sakshi Gupta, Jyoti Lachotra, Seema Kumari, Ved Prakash Gupta Sanjay Gupta, Sanjeev Gupta and Rajeev Gupta. Raghav Gupta was assigned the job of General Secretary (Incharge Press).

Edited, Printed, Published and Owned by: Rajiv Mahajan, Office: 17- New Rehari Jammu, Published from 17- New Rehari Jammu, and Printed from GK Offset Printing Press situated at Shivalik Puram Janipur, Jammu on behalf of Rajiv Mahajan. Senior Editor: M. K Bangroo, Executive Editor: Anita Gupta, Photo Journalist: Aman Sharma (9906198186), Head Office Jammu. Mobile No: (9906300707, 9086072548), Fax No: 0191-2561688.

> e-mail: topnewsjk@gmail.com, editortopnewsjk@gmail.com (All disputes are subject to the exclusive jurisdiction of competent courts and forums in Jammu City).

## 60 doesn't matter, experience and enthusiasm is the best combo: Salman Khan

"Today, the way I train and whatever I do, it is better than what I did in my 20s, 30s and 40s," he says

Enthusiasm and experience make the best combo in the world, savs Salman Khan, who turns 60 this year and finds things going a lot better and easier now, be it in terms of his fitness regimen or his work.

In fact, says the Bollywood's star whose film "Sikander" releases on Sunday, the enthusiasm is more now than at any time in his youth.

"Sixty and all doesn't matter. Today, the way I train and whatever I do, it is better than what I did in my 20s, 30s and 40s. I don't feel it at all. In fact, it's a lot easier, it's a lot better," Salman said in an interview.

He made his acting debut with a supporting role in the 1988 film "Biwi Ho To Aisi" but the big breakthrough came the following year with the mega hit "Maine Pyar Kiya" (1989) that catapulted him to stardom. Thirty-six years later, the stardom endures for the actor, who will be 60 on December 27 this year.

"Work-wise, everyone's experience is there. Chronologically, it gives you that experience, with the people you meet, the people you work with and life experiences that teach you a lot. The enthusiasm has not gone away. With the increase in experience, even the enthusiasm has increased. So now, the combination of being enthusias-



tic and being experienced is the best combination in the world," Salman said.

The blend of passion and expression, he added, is something he wants to use to his advantage in the coming years.

Over the years, Salman established himself as a Hindi movie star of the masses with hits such as "Karan Arjun", "Andaz Apna Apna", "Judwaa", "Partner", "Dabangg", "Bodyguard", "Ek Tha Tiger", "Sultan" and "Tiger Zinda Hai".

Alongside Shah Rukh Khan and Aamir Khan, he has shaped the industry, set box office records and built a massive fan following.

All the three Khans turn 60 this year. Asked about the enduring

Devgn and Akshay Kumar. "There is Vicky Kaushal, who just did a film ('Chhaava')... there is the younger generation, and their films are doing really

popularity of the trio and their

unmatched stardom, Salman

said it is a bit unfair and coun-

tered with his own query -- how

can one forget the likes of Ajay

well," he added. According to Salman, all actors, no matter how big, have

While die-hard fans may show up initially, a movie's real success depends on repeat audiences, he pointed out.

"Only if the film is good, only if they like the film will they go and see the film. Otherwise, the film will not do so well. Some people might just go and see the film, some might like it, and some may not. So, all of this will reflect on the box office collec-

"But the hero of the film is not Shah Rukh Khan, Salman Khan, Aamir Khan, Ajay Devgn, Akshay Kumar... the hero of the film is the film itself. It is the destiny of the film. It is how well the film has been made, and how it connects with the people who go to the theatre spending their hard-earned money, what they think of the film," Salman added.

He gave the example of his 1990s films -- "Andaz Apna Apna" and "Love" -- which didn't achieve commercial success but have garnered significant appreciation over time.

"A film like 'Love', which I really loved but it did not do well. Then there's 'Andaz Apna Apna', and now that we've OTT and satellite, this film is a cult film," he said.

His latest film, releasing a day ahead of Eid, sees him as the archetypal Hindi film hero taking on the baddies - a trope as ageless perhaps as Salman himself who stars opposite a much younger Rashmika Mandanna.

Salman essays the role of Sanjay Rajkot aka Sikandar, who challenges a corrupt system and fights for the rights of ordinary citizens in the film.

### Savi Thakur talks about his role on Rishto Se Bandhi Gauri



Savi Thakur is winning hearts as Rudra in Sun Neo's new show Rishton Se Bandhi Gauri. Recently, he shared what makes this character special, why he chose the role and the important relationships that define Rudra's

world.

About playing Rudra in Rishto Se Bandhi Gauri, Savi Thakur said, "Rudra is one of those characters that instantly appealed to me.

He's charming, ambitious and strongwilled-someone who wants to live life on his own terms and I resonate with that deeply. At the same time, he has a strong sense of family, which creates this beautiful inner conflict between his desire for freedom and his responsibilities.

His journey is filled with unexpected twists, and I can't wait for the audience to experience

The Rishto Se Bandhi Gauri actor also revealed what made him say yes to the role, "The emotional push and pull in Rudra's journey is what truly drew me to this role.

The choices he has to make, the dilemmas he faces-it all makes him such a layered charac-

Playing Rudra is more than just portraying a role; it's about bringing his emotions, conflicts and relationships to life in a way that feels real. In many ways, his journey reminds me of my own, making this role even more special."

#### Shubhangi Atre on making her B-town debut with Bhabhiji Ghar Par Hain!

Bhabhiji Ghar Par Hain, which is produced by Sanjay and Binaiferr Kohli's Edit II, is being made into a movie! Though the release date of the movie is not out yet, it will see the show's original cast in lead roles. Shubhangi Atre, who plays Angoori bhabhi in the show, will be seen reprising her role in the movie as well and she revealed that there is a certain kind of nervousness.

The actress, who is making her Bollywood debut with the movie, said, "I am an actor and an artiste, and no matter what the medium is, whether it's TV, films, OTT or theatre, I believe in giving my 100 per cent with full dedication and discipline. Of course, Bhabhiji Ghar Par Hain is now being made into a film, so the work is quite similar to what we do on television. But still, there is a different kind of nervousness and excitement."

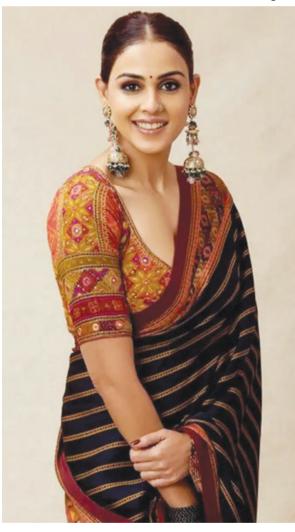


### Genelia D'Souza recalls being discouraged from making comeback after 10 years

Actor Genelia D'Souza made her grand comeback to acting with her Marathi debut film, Ved, alongside her husband, Riteish Deshmukh. It became the second-highest-grossing Marathi film after Sairat. The actor, who recently participated in a panel discussion on women empowerment at Elle Impact, revealed how she was discouraged from making a comeback after a 10-year sabbatical.

Genelia Deshmukh says people discouraged her from making a comeback

Genelia said that she does not give much importance to success or failure and added, "It's a part of our life. I feel we hype our success too much and stress a bit too much on failure, whereas the impact and intent of your daily life are what truly matter. Being an actor who has worked in six languages, and someone who took a break because



I was having babies, I remember people telling me, 'Oh, you want to come back to films after 10 years? It won't work,' but my comeback film became a cult hit. We shouldn't listen to people.'

She further said, "During those ten years, I was focusing on myself and my kids, and I remember Riteish telling me that we have to make our kids capable. As someone who was used to easy protein and a non-vegetarian diet, I struggled with it. That's where Imagine was born. It is for every flexitarian—someone who consumes meat five days a week but opts for sustainable options twice a week. Even when it comes to vegetarian foods, we have very few options for protein intake. This led Riteish and me to create a sustainable option.'

For the unversed, Imagine Meats is a plantbased meat initiative by Genelia and Riteish Deshmukh to "create a world which makes healthier and conscious eating choices.'

Genelia Deshmukh's

upcoming movie Genelia will next be seen opposite Aamir Khan in the film Sitaare Zameen Par. The film is based on the Spanish movie Champions and serves as a spiritual sequel to Taare Zameen

Speaking about the film, Aamir told The Hollywood Reporter India, "Well, it's a beautiful story. Actually, the easiest way I can describe it is that Taare Zameen Par is a very emotional film that makes you cry, whereas Sitaare Zameen Par will make you laugh—it's a humorous film. The theme is similar, revolving around people with different abilities, different intelligence, or different challenges.

But this time, it's humour as opposed to emotions."

"Jagriti's new look

#### I'm living my dream, pinch myself every day: Bhumi Pednekar on her acting journey

I've been an actor for 10 years and I am living my dream, says Bhumi Pednekar, who now aims to take on projects that challenge stereotypes and push creative boundaries.

Pednekar started out as an assistant casting director at Yash Raj Films and took a plunge in acting with the studio's 2015 movie "Dum Laga Ke Haisha".

Directed by Sharat Katariya, the film broke Bollywood's conventional romantic tropes by telling a heartfelt love story between an overweight woman and her reluctant husband.

Now a decade later, the actor said she is grateful for the love and support she has received over the years.

"I've been an actor for 10 years. I am living my dream. Every day I wake up and I pinch myself and I'm like, this is really happening with you. I feel like my audience has been such a big part of every high and low... I've gone through all of those times because of the confidence and the love that I've gotten from the audience time and again," Pednekar told agency on the sidelines of the Lakme Fashion Week X FDCI 2025 here.

Post her debut, she featured in criticallyacclaimed films such as "Shubh Mangal Saa-



vdhan", "Bala", "Saand Ki Aankh", "Badhaai Do" and "Bhakshak".

Going forward, the actor said she wants to challenge herself and the status quo through her work.

"The next 10 years, I just hope I keep doing work that helps me break every kind of ste-

reotype that I've made for myself, challenges the status quo and entertains the audiences. And I just want to keep growing as an artist. That's my only priority. At least that's what I've learned in the last 10 years.'

At the LFW, Pednekar turned showstopper for designer Amit Aggarwal. She wore a white flowy shirt with a pink repurposed Benaras brocade metallic corset and tie, and a pair of black pants.

The actor said sustainable fashion is a lifestyle choice for her.

"I'm a very big champion of sustainable fashion. I love vintage shopping, I love thrifting, I love repurposing my old clothes... It's a lifestyle choice that we take towards our planet, our home, and towards our future generations," Pednekar said, while urging people to just "shop responsibly".

also praised Aggarwal as one of the pioneers who have always advocated for sustainable fashion through their work.

"If you see what I'm wearing today, it's this beautiful Banarasi saree that he's repurposed into a corset. I love and really respect designers that try to revive our textile," Pednekar added.

#### **Look change for Rachana Mistry**



Rachana Mistry, who plays Jagriti in Zee TV's Jagriti - Ek Nayi Subah, has captivated audiences with her striking transformation after her marriage in the story-

Known for her bold

and modern fashion choices, Jagriti's wardrobe now exudes the grace and elegance of traditional Indian attire, adding depth to her character's journey.

About this transformation, Rachana shared,

reflects the changes in her life. I love how she embraces tradition while staying true to herself. While discussing the look with the creative team, we wanted it to feel organic to her evolution. I also added my personal touch by selecting colours and draping styles that suit my personality while keeping me comfortable in the look. Wearing sarees has been a refreshing experience and I'm truly enjoying this new phase of my character. Through this transformation, I feel even more connected to Jagriti. It's amazing how fashion can reflect emotions, growth and new beginnings. I hope the audience continues to connect with her journey as much as I do."

## RSS banyan tree of India's immortal culture and modernisation: PM Modi

Modi praises RSS volunteers, says cadre working selflessly across the country.

NAGPUR, Mar 30 (Agencies): In his first visit to the Rashtriya Swayamsevak Sangh (RSS) headquarters after becoming the prime minister 11 years ago, Narendra Modi on Sunday described the Sangh as the 'banyan tree' of India's immortal culture.

Modi became the second sitting PM to visit the RSS headquarters in Nagpur. Atal Bihari Vajpayee had visited it in 2000 during his third term as PM, an RSS official said. This is also Modi's third term in the top post.

In a jam-packed schedule in Nagpur since early morning, Modi visited the Dr Hedgewar Smruti Mandir at RSS headquarters and paid homage to the founding fathers of the Sangh. He also visited Deekshabhoomi, where Dr Babasaheb Ambedkar embraced Buddhism in 1956.

Modi also laid the foundation stone of Madhav Netralaya Premium Centre, a new extension building of Madhav Netralaya Eye Institute & Research Centre, named after late RSS chief Madhavrao Golwalkar.

Speaking after laying the foundation stone of Madhav Netralaya Premium Centre, Modi said RSS volunteers are working selflessly in various spheres and parts of the country.

"RSS is the banyan tree of India's immortal culture and modernisation whose ideals and principles are to protect the national consciousness," Modi said

'This large vatvruksh is not an ordinary one," he said, adding the RSS is synonymous to ser-

Modi said the 'tapasya' of RSS with its 'sangathan' and 'samarpan' in the last 100 years is showing fruits as the country approaches its target of 'Viksit Bharat' in 2047.



tributes at the memorials dedi-

cated to RSS founder Keshav

Baliram Hedgewar, and second

sarsanghchalak (chief) M S

The memorials are dedicated

to the values of Indian culture,

nationalism and the organisa-

tion, Modi wrote in Hindi in a

"The memorial of the two

strong pillars of RSS is an inspi-

ration to lakhs of swayamsevaks

who have dedicated themselves

to the service of the nation." the

"I am overwhelmed to visit the

Smruti Mandir which cherishes

the memories of Param Pujani-

ya Dr Hedgewar and Pujya

RSS chief Mohan Bhagwat,

Maharashtra Chief Minister

Devendra Fadnavis and Union

minister Nitin Gadkari were

present during Modi's visit to

"Visiting Smruti Mandir in

Nagpur is a very special experi-

ence. Making today's visit even

more special is the fact that it

has happened on Varsha Prati-

pada, which is also the Jayanti

of Param Pujya Doctor Sahab.

"Countless people like me

derive inspiration and strength

from the thoughts of Param

Pujya Doctor Sahab and Pujya

Guruji. It was an honour to pay

Guruji," he added.

the Smruti Mandir.

message book at the venue.

Golwalkar.

The 1925-47 was a crisis period as the country was fighting for independence and now, after 100 years, the RSS is stepping into another milestone. he said.

'(The time span from) 2025 to 2047 is important because big goals are ahead of us. We have to lay the foundation stone of the next 1,000 years of a strong and developed India,' Modi said.

The nation is celebrating 75 years of the Constitution this year and the RSS is completing 100 years (of its formation), he noted.

Addressing the audience, Mohan Bhagwat said the Madhav Netralaya worked hard for several years for people's welfare. It is inspired by the Sangh's ideology of selfless service, he said.

"It doesn't look good that people are bereft of health facilities and hence, the RSS volunteers have selflessly worked to provide vision to the needy at the Madhav Netralaya,' he said.

The RSS volunteers don't seek anything for themselves but work for others in the society, Bhagwat said. Service is life's mission for the RSS, he added.

Modi visited the Dr Hedgewar Smruti Mandir in Reshimbagh area in the morning and paid homage to these two greats, who envisioned a strong, prosperous and culturally proud Bharat," Modi posted on X.

Hailing Deekshabhoomi as a symbol of social justice and empowering the downtrodden, Modi reiterated the government's commitment to work even harder to realise the India which Dr Babasaheb Ambedkar envisioned.

Modi said that building a "developed and inclusive Bharat" will be the true tribute to Dr Ambedkar, the chief architect of the Constitution.

Modi went inside the stupa at the Deekshabhoomi and paid homage to Ambedkar's 'asthi' (mortal remains) kept there.

In his message penned in Hindi in the visitors' diary at the venue, Modi said, "I am overwhelmed that I got an opportunity to visit Deekshabhoomi. one of the five 'Panchthirth' of Dr Babasaheb Ambedkar, in Nagpur. One can feel Babasaheb's principles of social harmony, equality and justice in this holy atmosphere here."

He said Deekshabhoomi energises people to move ahead with a system of equal rights and justice for the poor, less privileged and the needy.

"I have full faith that in this Amrit Kaalkhand, we will take the country to new heights of progress with the values and teachings of Babasaheb Ambedkar. Building a developed and inclusive Bharat will be the true tribute to Babasaheb," Modi added.

Modi had last visited Deekshabhoomi in 2017.

Modi also visited the Solar Defence and Aerospace Limited's ammunition facility in Nagpur and inaugurated an airstrip for Unarmed Aerial Vehicles (UAVs) and a facility for testing loitering munition.

Navratri, Various Festivals NEW DELHI, Mar 30 (Agencies): Prime Minister Narendra Modi on Sunday led the nation in extending greetings on the first day of Navratri and the traditional New Year to people living in different parts of the country.

Taking to his social media handle, X, PM Modi posted several greeting messages wishing the people happiness and good health.

"Many best wishes to all countrymen on the occasion of Nav Samvatsar. May this auspicious occasion bring new enthusiasm in your life, which will also fill new energy in the resolve of a developed India," PM Modi said.

The Prime Minister wished people on the first day of Navratri: "Best wishes to the countrymen on Navratri. May this holy festival of Shakti-sadhana fill everyone's life with courage, restraint and strength. Jai Mata Di!"

Greeting people on the occasion of Ugadi, PM Modi, in a signed message on his X, prayed for the spirit of happiness and harmony to continue to grow.

"This is a special festival, associated with hope and vibrancy. I pray that this new year brings joy, prosperity and success in everyone's lives. May the spirit of happiness and harmony continue to grow and flourish."

Ugadi is celebrat-

ed mainly in Andhra Pradesh, Telangana, and Karnataka and is their new year. It is the start of the Chaitra month for Hindus, and the festival represents renewal, prosperity, and the onset of spring. Ugadi symbolizes new beginnings, hope, and cultural heritage.

"New Enthusiasm": PM

**Modi Greets Nation On** 

PM Modi also wished on the occasion of Sajibu Cheiraoba. "Praying for a year filled with happiness, prosperity and the fulfilment of all your dreams. May everyone be blessed with good health," he wrote on X.

Cheiraoba is considered one of the most important festivals of Manipur. It is celebrated with great pomp and joy, especially by the Meiteis. It marks the beginning of the lunar new year for the Meiteis residing in Manipur and elsewhere.

In another message wishing Kashmiri Pandits a very happy new year, PM Modi, in a signed message on his X handle, prayed for happiness and new opportunities.

"Navreh Poshte! May the coming year bring success, prosperity and endless blessings to everyone. May everybody's life be filled with success, happiness and new opportunities."

Union Home Minister Amit Shah also extended greetings on the occasion of Navratri and the traditional New Year.

"Heartiest greetings of Chaitra Navratri to all the countrymen. I pray to Mother Bhagwati that this festival, a symbol of worship of Shakti and accumulation of energy, may bring peace, meditation and spiritual progress in the life of all of you."

"Heartiest greetings to all countrymen on 'Hindu New Year -Vikram Samvat 2082'. This New Year is a new beginning of rituals, resolutions and cultural consciousness. May this year, full of new enthusiasm and new opportunities, infuse new energy in everyone's life and bring success and prosperity; this is my best wish," HM Shah wrote on X.

Uttar Pardesh Chief Minister Yogi Adityanath wrote a Sanskrit sholaka and prayed for prosperity and happiness.

"The holy first day of 'Chaitra Navratri' is dedicated to the worship of the mother of the universe, Maa Shailaputri. I pray to Maa Shailaputri to keep her grace on the entire world. May your blessings bring prosperity and happiness all around. Jai Maa Shailaputri!"

These festivals, celebrated at the onset of spring season, symbolise the beginning of the New Year for several communities. These festivals showcase cultural diversity and promote social cohesion.

#### Lalu-Rabri regime will be remembered for promoting 'Jungle-Raj' in Bihar: Amit Shah

PATNA, Mar 30 (Agencies): Union Home Minister Amit Shah on Sunday launched a blistering attack on the RJD, alleging that Bihar had witnessed a 'jungle raj' under the Lalu-Rabri

Addressing a function here, Shah accused RJD supremo Lalu Prasad of doing nothing for the development and strengthening of the rural economy in Bihar.

Shah alleged, "Lalu-Rabri regime will be remembered for promoting 'jungleraj' in Bihar. He (Lalu) did nothing for the development and strengthening of Bihar's rural economy. Several sugar mills were closed during the RJD's gov-

During the RJD regime, Bihar witnessed "murders, abduction, fodder scam, etc," Shah said.

"People don't want the return of 'jungle raj', gang war and abduction industry in Bihar. The NDA will once again form government in the state with a thumping majority in the assembly polls, "Shah said.

The assembly elections in Bihar are due later this year.



The home minister also claimed that Bihar had received only Rs 2.80 lakh crore during the UPA regime at the Centre while the BJP-led NDA gave Rs 9.23 lakh crore to the state.

Shah unveiled schemes and laid the foundation stones for projects, worth over Rs 800 crore, in Bihar.

Shah, who also holds the cooperation portfolio, launched schemes, comprising Rs 111 crore from the cooperative department and Rs 421 crore from the urban development and housing department.

He also laid the foundation stones for 133 police buildings, costing Rs 181 crore, and three road transport and national highway projects worth Rs 109 crore.

### Ahead of PM's Chhattisgarh visit, 50 Naxalites surrender in Bijapur

They included 14 who had a cumulative reward of Rs 68 lakh on their heads

BIJAPUR. Mar 30 (Agencies): Fifty Naxalites, including 14 with a cumulative reward of Rs 68 lakh on their heads, surrendered in Chhattisgarh's Bijapur district on Sunday, a police official said.

They laid down arms in front of senior officials of the state police and the Central Reserve Police Force (CRPF), he added.

"They surrendered, citing the hollow and inhuman Maoist ideology, exploitation of tribals by senior cadres of the outlawed Communist Party of India (Maoist) as well as differences brewing within the movement. They are also impressed by security forces setting up camps and the 'Niya Nellanar' (your good



Senior Superintendent of Police Jitendra Kumar Yaday said.

"Of the 50 who surrendered, six carry rewards of Rs 8 lakh each, which three have bounties of Rs 5 lakh each. Five

have rewards of Rs 1 lakh each on their heads. The District Reserve Guard (DRG), Bastar Fighters, Special Task Force (STF), CRPF and its elite unit CoBRA (Commando Battalion for Resolute Action) played a key role in their surrender," Yadav said.

They will be rehabili-

tated as per the government's policy for Naxalites, leaving the

added. The surrender comes hours ahead of Prime Minister Narendra Modi's visit to the state. He will lay the foundation stone, initiate the

commencement of work

movement and joining

the mainstream, the SP

nation multiple development projects of over Rs 33,700 crore. Incidentally, security

and dedicate to the

forces gunned down 18 Naxals, including 11 women, in twin encounters in Chhattisgarh's Sukma and Bijapur districts in the Bastar region on Saturday, recording a major success in the mission to eradicate Naxalism before March 31, 2026

With the latest successes, 134 Naxalites have been gunned down in separate encounters in the state so far this year. Of them, 118 were eliminated in the Bastar division.

In 2024, a total of 792 Naxalites had surrendered in Bastar region, comprising seven districts, as per police.

#### Two killed, seven injured as SUV heading to PM Modi's function in Chhattisgarh falls off bridge

GAURELA, Mar 30 (Agencies): Two persons were killed and seven sustained injuries after an SUV ferrying people to Prime Minister Narendra Modi's event in Chhattisgarh's Bilaspur fell off a bridge and plunged into a river in Gaurela-Pendra-Marwahi district on Sunday, police said.

The accident occurred around 9 am near Kotmi village in the Pendra police station limits, an official said.

He said the SUV, with eight persons onboard, was heading to Bilaspur from Manendragarh-Chirmiri-Bharatpur (MCB) district. The official said the SUV driver



lost control of the wheel on reaching the bridge over the Son River, and the vehicle hit a woman pedestrian before plunging into the river.

The woman pedestrian and the driver died on the spot in the accident, while seven other occupants of the SUV sustained injuries, he

The deceased were identified as Ramita Bai, a resident of Pandrikhar village, and the driver, Babu Lal Chaudhary, the official

He said the injured were admitted to the Gaurela district hospital, and five are in critical condition.

Prime Minister Narendra Modi will lay the foundation stone, initiate commencement of work and dedicate multiple development projects worth more than Rs 33,700 crore in Mohbhattha village of Bilaspur district in the afternoon.

#### Gelatin sticks trigger blast at mosque in Beed, no casualty; two arrested

MUMBAI, Mar 30 (Agencies): Gelatin sticks kept allegedly by a man at a mosque triggered a blast in the religious structure in Maharashtra's Beed district early on Sunday,

police said. No person was injured in the incident which occurred at around 2. 30 am at Ardha Masla village in Georai tehsil, they said, adding the blast damaged the internal portion of the structure.

Two persons have been apprehended in this connection, the police said.

The incident led to tension in the village.

Heavy security was deployed in the village to avoid any law and order-related issue, an official said.

A man entered the mosque from its back side and allegedly kept some gelatin sticks there, which triggered a blast, as per officials.

The village head alerted the Talawada police at around 4 am.

The internal portion of the mosque was damaged in the blast, an official said.

After receiving information, Beed Superintendent of Police Navneet Kanwat and other senior officials rushed to the spot.

A Bomb Detection and Disposal Squad (BDDS) along with a forensic science team also reached

the spot, the official said. The Beed Police have apprehended two persons in connection with the blast inside the mosque, Kanwat said.

A case has been

registered against the accused and stern action will be taken against them as per the law, he said.

Kanwat also appealed to people not to spread any rumours and help the police to maintain law and order.

## At least eight, including five children, killed in Israeli air strike as Palestinians observe first day of Eid

The strike occurred as both Hamas and Israel acknowledged receiving a new truce proposal from mediators aimed at halting hostilities in Gaza during the holiday.

GAZA, Mar 30 (Agencies): Gaza's civil defence agency reported that an Israeli air strike on Sunday on a house and a tent sheltering displaced people killed at least eight, including five children, as Palestinians observed the first day of Eid al-Fitr.

The strike occurred as both Hamas and Israel acknowledged receiving a new truce proposal from mediators aimed at halting hostilities in Gaza during the holiday.

"There are eight martyrs, including five children, following a pre-dawn Israeli air strike on a house and a tent sheltering displaced people in Khan Yunis," Mahmud Bassal, spokesman for the civil defence agency, told agency.

A fragile truce that had provided weeks of relative calm in the Gaza Strip collapsed on



March 18 when Israel resumed its aerial bombardment and ground offensive in the Palestinian territory.

Sunday's air strike came as mediators — Egypt, Qatar, and the United States — continued efforts to broker a ceasefire and secure the release of

Israeli hostages still held in Gaza.

A senior Hamas official stated on Saturday that the group had approved a new ceasefire proposal put forward by mediators and urged Israel to support it.

Israeli Prime Minister Benjamin Netanyahu's office confirmed receipt of the proposal and stated that Israel had submitted a counterproposal in response.

However, the details of the latest mediation efforts remain undisclosed

The ongoing war in Gaza was triggered by Hamas's October 7, 2023, attack on Israel, which resulted in the deaths of 1,218 people, according to an AFP tally based on official Israeli figures.

During the attack, militants also abducted 251 individuals, 58 of whom remain in captivity—including 34 whom the Israeli military says are deceased.

Since the Hamas attack, Israel's military campaign against the Palestinian group has killed at least 50,277 people in Gaza, the majority of them civilians, according to the Hamas-run territory's health ministry.

### Ukraine accuses Russia of 'war crime' with military hospital strike

Six strikes hit the northeastern border city overnight Saturday into Sunday, wounding personnel undergoing treatment at a military hospital and killing at least two people in a residential building



KYIV, Mar 30 (Agencies): Ukraine accused Russia of committing a "war crime" during its weekend attack on the city of Kharkiv, as the US-backed ceasefire efforts continue to prove elusive.

Six strikes hit the northeastern border city overnight Saturday into Sunday, wounding personnel undergoing treatment at a military hospital and killing at least two people in a residential building, according to Ukrainian officials.

A spokesperson for the Kharkiv regional prosecutor's office, Dmytro Chubenko, confirmed two deaths and said another 30 people were wounded, including children.

According to the emergency medical services, the "massive attack" reduced one home to a fiery ruin and damaged other houses, office buildings, cars and garages.

The Ukrainian army said that a military hospital building and nearby residential buildings "were damaged by a Shahed drone".

"According to preliminary reports, there are casualties among the military personnel who were undergoing treat-

ment at the medical centre," it added.

Kyiv does not typically reveal information on military casualties and did not say how many soldiers were wounded.

It accused Russia of having carried out a "war crime" and "violating the norms of international humanitarian law".

Real pressure

The latest deadly strikes come as US President Donald Trump's administration pushes for a speedy end to the more than three-year war, holding talks with both Russia and Ukraine.

Moscow has rejected a joint US-Ukrainian proposal for an unconditional and full ceasefire, while Ukraine has accused Russia of dragging out talks with no intention of halting its offensive.

"For too long now, America's proposal for an unconditional cease-fire has been on the table without an adequate response from Russia," Zelensky said in his evening address on Saturday.

"There could already be a ceasefire if there was real pressure on Russia," he added, thanking those countries "who understand this" and have stepped up sanctions pressure on the Kremlin.

Both Moscow and Kyiv agreed to the concept of a Black Sea truce following talks with US officials earlier this week, but Russia said the deal would not enter into force until the West lifted certain sanctions.

Rapprochement between Washington and Moscow since Trump's return to office and his threats to stop supporting Kyiv have bolstered Russian President Vladimir Putin's confidence.

On the battlefield, his defence ministry claimed Saturday to have captured two Ukrainian villages: Shchebraki in the southern Zaporizhzhia region and Panteleimonivka in the eastern Donetsk region.

Putin has meanwhile called for a "transitional administration" as part of the peace process, reiterating his long-standing desire to oust Zelensky and install a more Moscow-friendly government in Kyiv.

Putin, in power for 25 years and repeatedly elected in votes with no competition, has repeatedly questioned Zelensky's "legitimacy" as Ukrainian president, after his initial five-year mandate ended in May 2024.

Under Ukrainian law, elections are suspended during times of major military conflict, and Zelensky's domestic opponents have all said no ballots should be held until after the conflict.

## South Korean man suspected of starting wildfires while cleaning grave

SEOUL, Mar 30 (Agencies): South Korean police have launched a probe into a man suspected of accidentally igniting the country's worst wildfires in history while cleaning his relatives' gravesites, an investigator said Sunday.

More than a dozen fires have been fanned by high winds and dry conditions, killing 30 people and burning more than 48,000 hectares (118,610 acres) of forest, the worst of its kind recorded in South Korea, according to the interior ministry.

In North Gyeongsang province's Uiseong -- the hardest-hit region with 12,800 hectares of its woodland affected -- a 56-year-old man was suspected of mistakenly

starting a fire while tending to his grandparents's gravesites on March 22, an official from the provincial police said.

"We booked him without detention for investigation on Saturday on suspicions of inadvertently starting the wildfires," the official, who declined to be named, told agency.

Investigators will summon him for questioning once the on-site inspection is complete, which could take more than a month, the official said.

The suspect's daughter reportedly told investigators that her father tried to burn tree branches that were hanging over the graves with a cigarette lighter.

The flames were "car-



ried by the wind and ended up sparking a wildfire," the daughter was quoted as saying to the authorities, Yonhap news agency reported.

The police, who have withheld the identities of both, declined to confirm the account to agency.

The fires have been fuelled by strong winds

and ultra-dry conditions, with the area experiencing below-average rainfall for months, following South Korea's hottest year on record in 2024.

Among the 30 dead is a helicopter pilot, who died when his aircraft crashed in a mountain mountainous area.

The blaze also destroyed several his-

toric sites, including the Gounsa temple complex in Uiseong, which is believed to have been originally built in the 7th century.

The inferno has also laid bare South Korea's demographic crisis and regional disparities, as rural areas are both underpopulated and disproportionately elderly.

#### 2 teenagers killed after crashing stolen car in southeast Melbourne

SYDNEY, Mar 30 (Agencies): Two teenagers died after crashing a stolen car into a tree in Melbourne's southeast, police in the Australian state of Victoria said on Sunday.

Police said that a passing motorist located the crash scene in Rowville, 28 km southeast of central Melbourne, shortly after 2:30 a.m.

local time on Sunday and alerted authorities.

Emergency services attended the scene where the two teenage male occupants of the vehicle, who have not yet been formally identified, were declared deceased.

A police statement said that investigations revealed the car involved in the crash was one of two vehicles stolen from a neighboring suburb earlier at night.

Detectives from the major collision unit began an investigation into the circumstances of the crash.

Police asked anyone who witnessed the crash or with dash cam or CCTV footage to contact detectives.

## Pope's willingness to show his frailty provides example to young, old alike

ROME, Mar 30 (Agencies): Pope Francis' frailty was on full view as he left Rome's Gemelli hospital last Sunday after five weeks battling pneumonia that nearly killed him.

He could barely lift his arms to bless the crowd. His eyes were sunken, face bloated. And he visibly gasped for breath as he was wheeled back inside from the balcony.

Throughout history,

the powerful have concealed their weaknesses. Kaiser Wilhelm II of Germany, the most photographed figure of his era, took pains to hide his lame arm. Franklin Delano Roosevelt concealed the use of a wheelchair. More recently, former President Biden shook off concerns about his cognitive abilities.

By contrast, Francis, a spiritual and not political leader, has never been shy about showing his weakness. For many, his willingness to be seen in all his infirmity serves as an example to young and old alike that fragility is part of the human condition — and should be embraced.

"Who cares if he had sunken eyes, who cares if he looks bloated. It is part of his life story. He knows it is going



to end. I saw him as living his life. He wants to keep doing what he does best,' said S. Jay Olshansky, a gerontologist at the University of Illinois at Chicago.

Francis' frailty is integral to his ministry of inclusion, which preaches against treating people on the margins as disposable, said Archbishop Vincenzo Paglia, president of the Pontifical Council for Life.

"Fragility for us believers is not to be avoided or excluded. On the contrary it is a great teaching,' Paglia said in an interview. "It is in sharp contrast with an efficiency-oriented culture, with a performance culture.'

"This is not a state, or a company, it is a community of the faithful, a family. And in a family it is possible to give an authoratative leadership, also if not up to full physical strength,' Paglia said. He added that it was an important lesson also for young people "who should understand that they too are fragile, otherwise they close themselves

Paglia this week opened a longevity summit at the Vatican, during which he underlined that as the population of elderly grows, there must be an attitude shift so that the longer life span is to be lived to its fullest.

"We need to rethink the idea of retirement. These 20, 30 years more must have also a cultural, human and spiritual weight for all the other ages. They are not disposable,' he said.

Dr Francesco Vaia, an advocate of rights for the disabled, also said the pope's message is especially crucial in an ageing world.

"The theme is not only to get older, but to be active, that is to give more quality to our longer lives,' he said. "We are moving towards an inclusive society,' which is in contrast with a "throw-away world in which the weak, the disabled, the elderly are pushed aside.'

"Let's overcome the superman and superwoman theory. We are men and women with our fragility, and disabilities," Vaia said. "This pope can continue being pope.

Even the fact of seeing Francis with the nasal breathing tubes as he was driven to the Vatican normalises a fact of life for many elderly who live with oxygen tanks. "We should not be ashamed of this," Vaia said.

Pope John Paul II, too, was often praised for showing his suffering during his long bout with Parkinson's disease. But the Vatican also went to great lengths to conceal his frailty. He was never seen in a wheelchair, for example, instead he was pushed on a rolling

wooden chair or upon a moving platform.

Francis by contrast arrives at events in wheelchairs, and is seen lifted into a more formal seat for Masses or to address the faithful.

He did not shy away from showing his weakened state from the hospital. An audio recording of his barely audible, laboured voice was played in St. Peter's Square three weeks into his hospitalization as a first sign of life. It was followed by a photograph of him cocelebrating Mass, taken from behind in his personal hospital chapel.

While Francis' appearance on the hospital balcony did not necessarily project vitality, the doctor who coordinated his hospital treatment saw it as a sign of his strength.

"You saw when he looked out, he is fragile. But his strength is that he could give, even with some difficulty, the blessing," Dr Sergio Alfieri said. "He looked at the square, and he welcomed the lady with the yellow flowers, as if to say, I am maintaining a good mood.' He is strong in this sense, a strong spirit."

## UAE offers humanitarian aid to support Sudanese refugees in Chad

ABU DHABI, Mar 30 (Agencies): The United Arab Emirates continues to support relief and humanitarian aid efforts for Sudanese refugees in the Republic of Chad, as part of the country's commitment to alleviate the suffering of the most impacted refugee families, and support host communities in Chad during the holy month of Ramadan.

The UAE Aid Coordination Office in Chad's capital, N'Djamena, distributed 5,000 food packages to support the Iftar program, including 3,500 packages for Sudanese refugees in Treguine and Breidjing refugee camps in Ouaddai region, eastern Chad, benefiting 20,000 people.

Furthermore, 1,500 food packages and 33 tonnes of dates were distributed in N'Djamena and its suburbs, in cooperation with Chad's Minister of Social Action, Solidarity and Humanitarian Affairs, which benefited approximately 30,000 people.

Rashid Al Shamsi, UAE Ambassador to the Republic of Chad, stated, "The UAE implements extensive efforts to



provide the necessary humanitarian aid for Sudanese refugees in neighbouring countries while supporting the host communities, enhancing their ability to deliver humanitarian responses and contributing to supporting social and economic stability, through the delivery of essential supplies.

This is of particular prominence during the holy month of Ramadan, which is in line with the legacy of the late founding father Sheikh Zayed bin Sultan Al Nahyan, who was committed to providing support and assistance, to meet the needs of families in need across the world, during the holy month of Rama-

## TSWOOI, CRPF distribute Eid food kits among needy in Bhadarwah

**Top News Report** 

BHADARWAH, Mar 30: To provide helping hand to needy on the eve of Eid, NGO "The Social Welfare Organisation Of India" (TSWOOI) Bhadarwah in collaboration with 33 Bn CRPF based at Bhadarwah distributed food kits among the needy and poor in different parts of the additional District here Sunday.

The team of TSWOOI led by its Vice President Zaffar Hussain Wani and coordinated by Commanding Officer 33 Bn CRPF Arun Kumar Singh and Ajay Verma 2/IC along with Shahid Hussain Butt( District President Doda), Umar Farooq Tak (Activist and Volunteer) Mool Raj Misher(Activist and Volunteer) and Ankit Gupta(Asstt. Commandant 33 Bn CRPF) provided Eid Food Kits on the doorsteps of needy and poor families.

The packets containing products like rice, mustard oil, ghee, pulses, spices, salt, sugar etc. were distributed on this occasion.

"We pack same quality of food items for our needy people as we eat







ourselves at home," said Zaffar Hussain Wani.

Wani further added that the packets are being distributed among needy families already identified by the volunteers in additional district Bhadarwah of district Doda.

"Our effort is to ensure that no family or individ-

me," said ual remains devoid of Wani. the merriments on the occasion of auspicious festivities.

We feel privileged to extend helping hand to include them in the festive joviality along with those who are well off and afford the comforts of all sorts," Wani

## Shiv Sena Hindustan celebrates party's **22nd** Foundation Day in Arnia



#### **Top News Report**

JAMMU, Mar 30: J&K Unit of Shiv Sena Hindustan under the leadership of J&K President Pt Rajesh Kesri today celebrated the party's 22nd Foundation Day in Arnia with great enthusiasm. The event included feeding green fodder to cows, distributing fruits among children, and organizing a langar. Several prominent members, including Sanjeev Kumar Sharma, Captain Garu Ram, Dharam Singh and others, were present at the event, which concluded with chants of "Jai Hind Jai Bharat".

Speaking on the occasion, Kesri said that National President Pawan Gupta founded the party on March 3, 2003, and it has since expanded to 18 states. Kesri addressing the

gathering emphasized the need to protect the youth from drug abuse. He urged everyone to come forward and work together with the police and administration to

achieve this goal.

He said youth are the backbone of our country, and it's our collective responsibility to ensure they're equipped to serve the nation with full strength. A healthy India is, without a doubt, a prerequisite for a prosperous and developed India.

Kesri said by keeping our youth away from drugs, we can unlock their full potential and talent, foster a generation of healthy, productive, and responsible citizens, build a stronger, more resilient nation and ensure a brighter future for ourselves and future generations. Let's work together to create a

supportive environment that encourages our youth to make informed choices, prioritize their well-being, and strive for excellence, said Kesri.

Kesri maintained that creating employment opportunities for youth is a vital step in keeping them positive and empowered. He suggested ways to achieve this including implementing training programs that equip youth with skills in demand, such as technology, healthcare, and renewable energy.

He urged Govt to encourage businesses to offer apprenticeships, providing youth with hands-on experience and a pathway to employment. Offer resources, mentorship, and funding to young entrepreneurs, enabling them to start their own businesses.

#### Army distributes blankets, durries, mosquito nets at Darman



#### **Top News Report**

RAJOURI, Mar 30: In a humanitarian effort to support underprivileged communities, Indian Army at Samote distributed blankets, durries and Mosquito Nets to Gujjars and Bakkarwals in Darman.

The Gujjar and Bakkarwal communities known for their nomadic lifestyle often endure extreme cold condition during transhumance.

This welfare initiative aims to provide relief to the residents facing harsh weather conditions, ensuring their well-being and comfort.

By extending a helping hand, the Indian Army seeks to ease their hardships and reaffirm its commitment to their welfare.

Such efforts strengthen the deep-rooted bond between the Indian Army and local communities, fostering trust, cooperation and mutual respect while encouraging social harmony and inclusivity. The Indian Army remains committed to the welfare and

upliftment of marginalised communities.

By distributing blankets, durries and mosquito nets to Gujjar and Bakkarwal families, the Indian Army seeks to alleviate hardships and ensure their well-being.

This initiatives not only provides much needed assistance but also reinforces trust and cooperation between the Indian Army and the local communities.

A total number of 250 (including 72 men, 108 women & 70 children) people availed the benefit of distribution of blankets, durries and mosquito net.

Sarpanchs, Panchs & prominent locals thanked and expressed their profound gratitude towards the Indian Army for distribution of blankets, durries and mosquito nets to the poor and needy at Darman.

This initiative of Indian Army will go a long way in overall development of the society and cementing of existing strong bond between Indian Army and the Awam

### Scientific Laurels confers Best Research Award in Research and Development to Dr. Uppal

**Top News Report** 

JAMMU, Mar 30: Scientific Laurels has honored Dr. Rajinder Kumar Uppal with the prestigious Best Research Award in Research and Development in recognition of his exemplary contributions to the field.

A distinguished academician, prolific author, and esteemed research mentor, Dr. Uppal has made significant advancements in commerce and management studies.

Currently serving as the Principal and Professor of Economics at Guru Gobind Singh College of Management and Technology, Gidderbaha (Punjab), Dr. Uppal brings over 35 years of extensive teaching experience at both undergraduate and postgraduate levels.

His pioneering



research has been instrumental in driving e-technology reforms in the banking sector, contributing to the modernization of financial systems.

With an impressive scholarly record, Dr. Uppal has authored 275 research papers in the fields of banking and finance, and presented 72 research papers at national and international conferences.

His insights and research findings have

significantly influenced academic discourse and policy-making in the financial sector.

Dr. Uppal's unwavering dedication to academic excellence, critical thinking, and innovative research has positioned him as a leading authority in his field.

His contributions continue to shape the future of research and education, making him a valuable asset to both academia and society.

## **Awareness Lecture conducted by White Knight Corps for students**



## Iftar organised for local youth at Dodasan Bala, Thanamandi

**Top News Report** 

RAJOURI, Mar 30: Keeping in view of maintaining cordial relations with local citizens, Indian Army organised an Iftar party on the occasion of Shabe-Barat cum interaction with locals at Govt Boys Model Higher Secondary School, Thanamandi and Dodosan Bala.

It was aimed to foster good relationships with religious mentors of society in the area and hold the terrorist ecosystem at grassroot level.

The aim was to interact with locals and spread the message of harmony during the auspicious month of Ramzan.

Evening namaz was attended by the troops followed by the Iftar for the invitees. Officer of The Indian Army addressed the local people and conveyed about the significance of peace and coexistence of various communities in the society.

The Officer conveyed his good wishes to the villagers on behalf of the Indian Army and thanked the local people for their support towards the Security Forces. A total of 675 locals and troops attended the event at Govt Boys Model Higher Secondary School, Thanamandi and Dodosan Bala.

The event was successful in reaching

out to people, to read through the populace and create multiple footprints of ethnical perception management across all villagers in a single timeframe.

This gesture and effort by the Indian Army was highly appreciated by Awam and was a progressive effort for strengthening trust between the Indian Army and Awam and displayed Indian Army's commitment towards maintaining peace in the area.

The celebration was overflowing with enthusiasm and the Indian Army once again extended a great gesture towards consolidation of military-civil bond.

#### **Top News Report**

RAJOURI, Mar 30: White Knight Corps conducted an awareness and interaction with students of Government Medical College, Rajouri.
The purpose of the

session was to introduce the audience to the numerous benefits of pursuing a career in the Armed Forces Medical Services as part of the AFMS outreach initiative, which aims to make a career in the Armed Forces an attractive option for medical students and doctors.

A team, headed by Army Hospital Rajouri, led the session. During the interaction, the students were provided with valuable insights into the various opportunities available within the AFMS. They were informed about the unique blend of medical practice and leadership development that the

Armed Forces Medical Services offer.

It was emphasized that working within the AFMS not only allows doctors to serve their country but also provides them with a platform to gain exposure to a wide range of medical conditions, acquire specialized training, and take on leadership roles early in their careers.

The session highlighted the honour and prestige associated with serving in the Indian Army's medical wing, where doctors are respected for their contributions both on the battlefield and in peacekeeping missions.

Furthermore, the interaction shed light on the perks and benefits of working in the Armed Forces, including job security, opportunities for professional growth, and the chance to be a part of something greater than oneself.

## FromPage No:1

#### Amid Multi-Tier Security, Pilgrims pay obeisance at Mata Vaishnodevi cave Shrine

added.

Regarding new facilities, he said an all-weather covered resting area for 1,500 pilgrims at Ardhkuwari is being set up to facilitate yatris starting this Chaitra Navratri.

#### LG Sinha visits GMC Jammu, Enquires about the health of Police Personnel injured in Kathua

members of the injured and assured all possible assistance.

He directed the Hospital Administration for ensuring the best possible medical care for the speedy recovery of the brave police personnel.

#### "You will not find any complaint": J&K Waqf Board Chairperson on arrangements ahead of Eid

ordered an increase in the remuneration of employees who have been working temporarily on very meagre remuneration for decades, a release said on Saturday.

As per the release, the employees have been categorised into skilled/semi-skilled/unskilled Categories, and their monthly remuneration has been fixed at Rs 18000, Rs 16000, and Rs 15000,

respectively.

The announcement effectively means a 200 percent to 400 percent hike in the salaries of these low-paid employees who have been working for years on remuneration as low as Rs 3000 per month. The regular employees of the Board, Imaams, Khateebs, Pensioners, and Family Pensioners have also benefited from the announcement, with a 20 per cent hike to their salaries, it said.

The teaching faculty at Waqf Managed Bibi Halima College of Nursing & Medical Technology has benefited from a 15 per cent hike. Special allowances for employees given additional duties have also been announced. A travelling allowance of Rs 3000 per month has been ordered for the Engineering Wing staff as well, it added.

According to Waqf Board sources, the move is the outcome of the tireless efforts of the present Board, which has significantly

improved the organisation's financial position. The release said it is aimed at improving the living conditions of its over a thousand employees working in Kashmir Division on meagre salaries for decades.

The Waqf Board took the decision at a meeting held on Saturday under the chairmanship of Andrabi. Members of the Board, Ghulam Nabi Haleem & Syed Mohammed Hussain, also participated in the meeting, while the Executive Magistrate of the Board, Ishtiyaq Mohiuddin, also took part.

#### Ahead of Eid, Authorities ban use of Firecrackers in Sopore

the sale of goods, especially near religious Institutions, Hospitals, Government offices and at the congested markets of the town, the order reads. "The order shall be enforced by all Tehsildars along with their Police counterparts, who shall make regular inspections and awareness campaigns to ensure compliance." The order shall remain in force for two months from its issuance or until further orders whichever is earlier, it added.

#### Tourists enjoy shikara ride and beauty of Dal Lake Srinagar

ful place"Tourists at Dal Lake found themselves soaking in the region's unmatched natural charm, hailing Kashmir as "heaven on earth."Another visitor, Shalini Banerjee, said, "Earlier, we stayed in Pahalgam, where the temperature was very cold, but it was still enjoyable. Now, we're staying in

a houseboat, and it's my first time experiencing this. It's been amazing. The early morning scenery is beautiful, and the boat ride is wonderful as well. The experience keeps getting better. Yes, it's quite cold, but it's manageable, especially when the sun is out. It's been a great time, and I'm really enjoying it." With spring slowly giving way to summer, the cool breeze, still waters and blooming surroundings added magic to the tourist experience.

#### Police busts organised timber smuggling racket in North Kashmir

against organised crime and environmental offenses to safeguard public resources and uphold the law

## PSAJK greets people on Eid-ul-Fitr

**Top News Report** 

SRINAGAR: As the sacred month of Ramadan draws to its spiritual completion and the blessed festival of Eid-ul-Fitr approaches, the Private Schools' Association of Jammu and Kashmir (PSAJK) extends its warmest and most heartfelt Eid Mubarak greetings to the people of Jammu & Kashmir and the global Muslim commu-

On this deeply spiritual and joyous occasion, PSAJK conveyed its sincere wishes to All the students, who represent the future with hope and promise, All the parents, whose sacrifices and support make education possible, All the teachers, who selflessly impart wisdom and values, All the non-teaching staff, who work tirelessly behind the scenes with unwavering dedication, All the school owners and principals, who lead with vision and resilience And to every individual who walks shoulder to shoulder with schools, uplifting the mission of education through unity and commitment.

Eid-ul-Fitr is not merely the end of a month of fasting - it is a divine celebration of self-discipline, compassion and community. It is a day when hearts unite, hands are extended in generosity and souls are uplifted in prayer and gratitude. In this spirit, PSAJK acknowledges the resilience, patience and unwavering faith of the people of the region and calls for deeper social harmony and educational empowerment.

PSAJK State President G. N. Var shared his heartfelt Eid greetings with everyone. He encouraged teachers, students, parents and the wider community to embrace the true spirit of Eid — a time of kindness, togetherness and reflection. He said this special occasion is a reminder to stay united, support one another, and continue spreading positive values in both education and everyday

He said, "Eid-ul-Fitr reminds us of the importance of spiritual growth and staying united. As educators, we have the responsibility to shape the future. Let this Eid inspire us to teach our students kindness, honesty and the value of living together peacefully. On behalf of PSAJK, I wish the people of Jammu & Kashmir a peaceful, happy and blessed Eid. May this festival bring us closer and help build a better society.'

Faisal Islam Mir, General Secretary, said "Eid is a festival of giving of love, forgiveness, and hope. After a month of prayer and reflection, we emerge spiritually stronger and more united. May this Eid usher in a new era of compassion and progress. Wishing everyone a peaceful and joyful Eid Mubarak.'

Chief Organiser, Shah Gulzar, shared "The true meaning of Eid is realized when it is shared - with our neighbors, students, colleagues and the less privileged. May this day fill our homes with joy and our communities with togetherness. PSAJK remains committed to inclusive education and compassionate leadership."

Vice President (Jammu Province), Safiq ul Islam said "Eidul-Fitr is a beautiful reminder of the rewards of patience and sacrifice. May this sacred occasion fill our hearts with kindness and our lives with purpose. Eid Mubarak to all our brothers and sisters from every corner of Jammu Province and beyond."

Divisional Organisers Majid Bhat, Mohd Ashraf, Khurshid Bismil, Manzoor Ahmad Rather and Hafizullah Khurwani, in their message, said, "On this joyous day, may the spirit of Eid illuminate our hearts and strengthen the bonds that unite us. Let us celebrate with love, charity and remembrance of the Almighty. Eid Mubarak to everyone across the divisions.'

District Presidents' Bilal Bhat (Srinagar), Mohd Syed Wani (Anantnag), Waseem Siddique (Kulgam), Nazir Ahmad (Kupwara), Nazrul Islam (Budgam), Bashir Ahmad (Ganderbal), Wahid Banday (Poonch), Mehboob ul Hassan (Ramban), Abdul Raof Dar (Poonch), Joginder Bhandari (Kishtwar), Om Prakash Chandail (Doda) in their message said, "From every district of our proud region, we extend our warmest Eid Mubarak wishes. May the blessings of this holy day bring joy to every home, foster unity among all communities. and guide us toward a better, peaceful future."

Eid-ul-Fitr is not only a joyous festival but a symbolic call to unity — to remember the essence of faith in action: serving others, standing for truth and fostering peace.

As the people of Jammu & Kashmir gather in prayer and celebration, PSAJK urges all citizens to continue nurturing the spirit of Ramadan in their daily lives with compassion, justice and integrity.

### **Unchecked Growth of NGOs in J&K** raises concerns over transparency and impact: Tariq Banday

**Top News Report** 

SRINAGAR, Mar 30: The rapid expansion of non-governmental organizations (NGOs) in Jammu & Kashmir has raised serious concerns about transparency, accountability, and their actual impact on society. While NGOs play a crucial role in addressing social and economic challenges, their unchecked growthparticularly in sensitive sectors such as education, healthcare, and human rights—has sparked fears of exploitation, mismanagement, and inefficiency.

One of the primary concerns is the potential misuse of NGOs as fronts for financial fraud or resource misallocation. Without strict oversight, some organizations operate without clear objectives, leading to overlapping efforts and ineffective use of funds

Additionally, the lack of coordination between NGOs and government agencies results in fragmented initiatives that fail to provide long-term, sustainable solutions to the issues they claim to

To address these concerns, experts stress the importance of a robust monitoring system to track NGO activities, funding sources, and overall impact. Key measures that need to be implemented include mandatory registration and accreditation of NGOs, financial transparency through disclo-



sure of funding sources and audited reports, regular monitoring of NGO activities, and active community involvement in decision-making to ensure projects align with real local needs.

Another critical issue

linked to NGOs in Kashmir is the growing culture of dependency, where excessive reliance on NGO aid discourages self-sufficiency and economic independence. While humanitarian assistance is vital in times of crisis, continuous handouts without a clear exit strategy can create a long-term problem by reducing the motivation for work and self-reliance.

Several factors contribute to this dependency, including over-reliance on aid, lack of skill development programs, misallocation of resources toward short-term relief rather than longterm capacity building, and cultural norms that sometimes encourage dependence on external support rather than selfsustaining initiatives.

To counteract these challenges, NGOs operating in Kashmir must

Free Fibroscan Camp organized by Mahajan

shift their focus toward empowerment rather than dependency. Skill development and education should be prioritized to equip individuals with practical tools for employment and entrepreneurship. Sustainable livelihood programs, including support for local industries such as handicrafts and agriculture, should be promoted.

Furthermore, involving local communities in decision-making processes will ensure that NGO initiatives genuinely address their needs rather than imposing external agendas.

The rise of NGOs in J&K presents both opportunities and challenges. While their contributions can be invaluable, unchecked expansion without proper regulation can lead to severe consequences.

Strengthening the regulatory framework and ensuring that NGOs operate transparently, ethically, and with a focus on long-term empowerment is essential for their positive impact on the region.

### Mehjabeen Nabi greets Eid ul-Fitr to people greetings

BJP senior leader Javid Qureshi

extends Eid ul-Fitr greetings

**Top News Report** 

SRINAGAR, Mar 30: As we welcome the joyous occasion of Eid ul-Fitr, Mehjabeen Nabi, Chairperson of Care Foundation NGO, extends warm and heartfelt greetings to everyone celebrating this special day. In a world that can often feel divided, Eid is a beautiful reminder of community, compassion, and togetherness.

"On this auspicious occasion, I want to wish everyone a Eid filled with peace, joy, and love," said Nabi. "May this festival bring us closer to our families, friends, and neighbors, and inspire us to spread kindness and generosity to those in need."

Eid ul-Fitr is not just about celebration; it's a time for reflection and giving back. As we share meals and enjoy the company of loved ones, it is also an opportunity to think of those less fortunate. Care Foundation encourages everyone to embrace the spirit of giving this Eid, helping to uplift our communities and

**Top News Report** 

KUPWARA, Mar 30:

Senior BJP leader Javid

Qureshi has extended

his warm greetings to

Muslims across the

country on the occasion

of Eid ul-Fitr. In his mes-

sage, he conveyed his

best wishes for peace,

prosperity, and happi-

Qureshi emphasized

the significance of Eid

ul-Fitr as a festival of

unity, compassion, and

gratitude. He urged

people to embrace the

ness for all



"Let's use this time to strengthen our bonds and reach out to those who need our support. A small act of kindness can make a big difference in someone's life," added Nabi.

As we gather to celebrate, let's carry forward the values of empathy and generosity that Eid represents. From all of us at Care Foundation NGO, may your Eid be filled with laughter, love, and the warmth of togetherness

for reflection, generos-

ity, and unity. May this

festival bring joy and

strengthen the bonds

of friendship among all

communities," he said.

He also expressed

hope for continued prog-

ress and well-being for

the nation, encouraging

people to uphold the

principles of peace and

Eid ul-Fitr marks the

end of the holy month

of Ramadan and is cel-

ebrated with prayers,

feasts, and acts of char-

mutual respect.

#### Azad greets people on Eid ul Fitr

**Top News Report** 

NEW DELHI. Mar 30: Former Chief Minister J&K, Chairman DPAP Ghulam Nabi Azad has extended his heartfelt greetings to the people on the occasion of Eidul-Fitr.

He conveyed his best wishes to all those celebrating and prayed for peace, prosperity, and brotherhood.

Azad said that Eidul-Fitr is a festival that symbolises compassion, gratitude, and togetherness. It marks the end of the holy month of Ramadan, during which people observe fasting, prayer,

and acts of kindness. He added that this

festival reminds everyone of the values of patience, generosity, and unity. He expressed hope

that Eid would bring happiness to every household and strengthen the bonds of harmony and mutual respect in society. He also urged people to help those in need and spread the message of love and peace. Wishing everyone a joyous and blessed Eid, he encouraged people to celebrate with their loved ones while upholding the spirit of togetherness and goodwill.

#### Social activists strongly condemn Kathua terror attack



#### **Top News Report**

JAMMU, Mar 30: Social and political activist R.L.Kaith and many others at a meeting held here today, strongly condemned the cowardly terrorist attack at Ghati in Kathua district, and paid tributes to police personnel who lost their lives in gun battle.

Kaith asserted that the sacrifice of these brave hearts would always be remembered and serve as an inspiration for the youths. He called upon the people of Jammu and Kashmir to remain extra vigilant, united and committed to the cause of a peaceful and terror

free home land. The meeting urged the Government and security forces to identify and punish all those elements who are facilitating the terrorists in the region.

#### Sabha Channi Himmat benefitting 151 patients **Top News Report**

JAMMU, Mar 30: In

a significant health-

care initiative. Mahaian

free of cost, despite

liver fibrosis, cirrhosis,

and fatty liver disease.

He highlighted that this

non-invasive procedure

plays a crucial role in

assessing liver health,

allowing timely medical

intervention and better

disease management.

The camp witnessed

Sabha Channi Himmat, under the dynamic leadership of its president Vipan Gupta, organized overwhelming a Free Fibroscan Camp response, with 151 near the railway crosspatients undergoing ing in Channi Himmat. screening for various This noble endeavor liver conditions. Each was conducted in collabparticipant received oration with Dr. Rajesh expert consultation Gupta, a distinguished based on their diag-General Physician, with nostic results, empowthe objective of diagnosering them with crucial ing liver-related ailments insights into their liver through advanced medihealth. cal technology. While Several key office addressing the gathering, Vipan Gupta underscored the significance of such medical camps, emphasizing that Fibroscan—a cuttingedge diagnostic technology—was being offered

bearers of Mahajan Sabha Channi Himmat, including Ashok Jandyal (Chairman), Raj Kumar Gupta (Sr. Vice President), Mohan Lal Gupta and Dalip Gupta (Vice Presidents), Ashok Gupta (General

Secretary). Ankit Gupta (Publicity Secretary) Anil Gupta (Jt. Secretary)& Vishavdeep Gupta (Cashier), also graced the occasion, reinforcing their commitment to community welfare.

The Mahajan Sabha Channi Himmat remains steadfast in its mission to enhance public health awareness and provide accessible healthcare services. This free Fibroscan camp stands as a testament to their dedication to community well-being, ensuring that advanced medical diagnostics reach those who need it the most.

#### Balbir listens to PM's 120th 'Mann Ki Baat' in Ward 16 Participates in quiz on NaMo App

**Top News Report** 

JAMMU, Mar 30: Jammu and Kashmir BJP Spokesperson, Balbir Ram Ratran, along with Shakti Kendra Pramukh Onkar Singh Boss, Ward President Rakesh Kumar and local party activists leaders listened to Prime Minister Narendra Modi's 120th episode of the popular monthly radio programme "Mann Ki Baat." in Ward Number

The programme, which has become a hallmark of direct communication between the Prime Minister and the people of India, continues to inspire and unite citizens across the nation.

spirit of togetherness

and harmony, reinforc-

ing the values of love

"Eid ul-Fitr is a time

and brotherhood.

Balbir Ram Rattan, while speaking to party activists of Wad 16, after the broadcast, expressed his appreciation for the Prime Minister's continued efforts to connect with people at the grassroots level. "Mann Ki Baat has always been a source of inspiration and guidance for millions. It's remarkable how the Prime Minister addresses issues that concern common

citizens and motivates us to contribute towards the betterment of society," he stated.

Balbir emphasized the importance of understanding and implementing these messages at the local level to ensure inclusive growth.

The significance of "Mann Ki Baat" lies in its ability to bridge the gap between the government and the people. With topics ranging from cultural heritage and environmental conservation to technological advancements and social welfare, the pro-

gramme has continued to be a platform that amplifies the voices of ordinary citizens and their extraordinary contributions.

Balbir Ram Rattan said

that the programme has reached its 120th episode, demonstrating the power of communication. It also reaffirmed the government's commitment to transparency and inclusivity by directly engaging with citizens across the country.

The party activists and the residents of Ward 16 expressed their enthusiasm for continuing to



participate in future episodes of "Mann Ki Baat" and implementing the valuable insights shared by the Prime Minister.

received Certificate of Participation.

#### its usual price range of ₹4,000 to ₹5,000 in private healthcare facilities. He expressed his gratitude to the medical team and volunteers for making this initiative a success. Elaborating on the technology, Dr. Rajesh Gupta explained that Fibroscan is an advanced liver-specialized ultrasound technology designed to measure liver stiffness and fatty changes, enabling early detection of conditions such as

Later, Balbir participated in online quiz on today's "Mann ki Baat" on NaMo App and also

#### Satya Devi's demise condoled

**Top News Report** 

JAMMU, Mar 30: The sad, sudden and untimely demise of Smt. Satya Devi was condoled in a meeting held at Village Garhi today. Strange are the ways of God.

No body knows what happens the next, said the death mourners Adding further they said, Satya Devi had all the qualities of head, heart and soul that's why God called her back so soon.

While her younger brother Sat Paul Lakhotra said, Satya Devi was kind withal of good nature. In every step, she supported

and encouraged us. She was always there for us no matter what the condition was. Her every work, persistence, devotion, dedication and conduct was an inspiration for them, he added.

May God rest her noble soul in peace and give strength to her family to bear this immeasurable loss boldly, prayed all sitting in the meeting.

Among those who attended the meeting included R.L.Kaith, Ex Subedar Baldev Chand, Bhushan Lal, Sham Lal, Ram Lal, Mohinder Lal, Raj Kumar and Lucky Kumar.

## IPL 2025: Prasidh, Sudharan shine as GT continue unbeaten run against MI at home

With this win, GT has added two points to the tally. Also, they continue their impeccable record of 4-0 against MI at Ahmedabad, improving their overall head-to-head record to 4-2.

AHMEDABAD, Mar 30 (Agencies): Fiery bowling spells by Prasidh Krishna and Mohammed Siraj and a half-century by Sai Sudharsan were the highlights as Gujarat Titans (GT) defeated Mumbai Indians (MI) by 36 runs at Narendra Modi Stadium in Ahmedabad.

With this win, GT has added two points to the tally. Also, they continue their impeccable record of 4-0 against MI at Ahmedabad, improving their overall head-to-head record to 4-2.

During the run chase of 197 runs, Rohit Sharma started off with two boundaries against Mohammed Siraj. But the bowler had the last laugh as Rohit was cleaned up on the very next ball. MI was 8/1 in 0.4 overs.

Tilak Varma was next up on the crease, and he started off taking an aggressive approach against Kagiso Rabada, getting two fours and a six against him.

Tilak's partnership with Ryan Rickelton was just budding, but Siraj cleaned the South African for just six. MI is 35/2 in 4.3 overs.

Tilak was joined by Suryakumar Yadav and both took the team through the powerplay, with MI at 48/2, with Suryakumar (9\*) and Tilak (20\*) unbeaten.

MI reached the 50-run mark in 6.2 overs.

At the end of 10 overs, MI



was 86/2, with Tilak (37\*) and Suryakumar (29\*) unbeaten. Both had brought a 50-run stand in just 31 balls.

However, the partnership was broken by Prasidh Krishna as a catch by Rahul Tewatia at longon spelt the end of Tilak for 39 in 36 balls, with three fours and a six. MI was 97/3 in 11.3 overs.

Robin Minz, the uncapped Jharkhand wicketkeeper-batter, also fell to Sai Kishore for three, failing to make an impact. MI was 108/4 in 13 overs.

At the end of 15 overs, MI was 118/4, with Suryakumar (47\*) and Hardik (9\*) unbeaten.

GT got into the match big time as Suryakumar (48 in 28 balls, a four and four sixes) and Hardik (11 in 17 balls) lost their wickets. MI was 124/6 in 17 overs.

MI ended their innings at

unbeaten. Prasidh (2/18) and Siraj (2/34) were the top bowlers for GT. Sai and Kagiso Rabada got a wicket

160/6, with Naman Dhir (18\*)

and Mitchell Santner (18\*)

Earlier, Mumbai Indians (MI) staged a strong comeback to limit the Gujarat Titans (GT) to 196/8 after the hosts seemed on course for a 200-plus total in Ahmedabad.

Gujarat were cruising at 179/3 when they suffered a dramatic collapse, losing three wickets in three consecutive deliveries. Sai Sudharsan, who was in fine form, fell on the final ball of Trent Boult's spell for 63 off 41. Rahul Tewatia was run out without facing a delivery, and Sherfane Rutherford departed on the next ball, dismissed by

Deepak Chahar for 18.

The Titans suddenly found themselves at 179/6 in 18.2 overs

Earlier, Mumbai Indians won the toss and opted to field. Gujarat's opening pair, Shubman Gill and Sai Sudharsan, provided a strong start with a 78-run stand before Gill fell for 38 to MI captain Hardik Pandya. Jos Buttler then joined Sudharsan, adding a 51-run partnership before being dismissed for 39 by Afghanistan's Mujeeb Ur Rahman.

Shahrukh Khan, retained by GT, failed to make an impact and was dismissed for 9 by Pandya, who picked up his second wicket. Gujarat reached 150 in 15.5 overs and looked set for a big finish. However, Boult's brilliant delivery removed Sudharsan at 179/4, triggering the collapse.

Rashid Khan and Kagiso Rabada at the crease, Gujarat could not push past 200, due to Mumbai's disciplined death bowling. Captain Pandya led the attack with figures of 2/29, while Boult, Chahar, Mujeeb, and Satyanarayana Raju chipped in with one wicket each.

Brief score: Gujarat Titans 196/8 (Sai Sudharsan 63, Jos Buttler 39; Hardik Pandya 2/29) vs. Mumbai Indians: 160/6 in 20 overs (Suryakumar Yadav 48, Tilak Varma 39, Prasidh Krishna 2/18).

### Gujarat Titans showed us how to bowl on that wicket: Trent Boult



AHMEDABAD, Mar 30 (Agencies): Mumbai Indians' senior pacer Trent Boult said the Gujarat Titans bowlers made good use of the black soil pitch at the Narendra Modi Stadium and successfully tied up the MI batters by taking the pace off the ball. Hosts GT beat MI by 36 runs in their IPL match after posting 196 for eight here on Saturday, as dew did not come into the picture.

"Good tactics from the opposition. If you have those options to do that, it obviously makes

sense, but I don't think we'll be using it as an excuse," Boult said at the post-match press conference. "There are players in our team that have played all over the country on different types of wickets. So, in all honesty, just an off game tonight, I thought they (GT) scrapped their way to a good total and they showed us how to bowl on that wicket. So full credit to them," Boult added.

The track used for the game was black soil instead of the red one, but the seasoned Kiwi refused to use it as an excuse. "I think it was just good thinking of using home tactics to your advantage. Obviously, there should be an advantage for the home team. But like I said, not an excuse from our point of view. We understood the wicket was black soil and I don't think we just didn't adjust nicely enough," Boult said. Set a challenging target of 197, MI were stopped at 160 for six in their allotted 20 overs.

"Well, they got 36 more runs than us. That's what went wrong. I think we can just be 1 or 2 per cent better. They took the pace out of the ball. making the batters play big shots combined with scoreboard pressure, that's just good cricket." Boult also conceded that their team was not up to the standards on the field. "I think the fielding is a part of the game that can never be excused. I think we're a little bit off the field today. Take a catch there on the boundary. Save a couple of boundaries. You know, there's maybe 20 or 30 runs there. So, yeah, time to move on and look forward to doing that," Boult said.

#### **CSK look to bounce back from heavy loss to Royal Challengers**

GUWAHATI, Mar 30 (Agencies): Shaken by the thrashing that Royal Challengers Bengaluru handed them, a confused Chennai Super Kings might feel more "at home" against an equally clueless Rajasthan Royals on an expected slow turner in their next IPL game here on Sunday.

Losing by 50 runs at 'Fortress Chepauk' would have seemed like wishful thinking for an opposition side till date but RCB's 'class of 2025' under an everimproving skipper Rajat Patidar has exposed some chinks in the CSK armoury and the match against Royals couldn't have come at a better time for Ruturaj Gaikwad's men.

CSK coach Stephen Fleming looked livid about Chepauk conditions where normally



the CSK template is to play games where they either defend 165 to 170 if batting first or chase 155 to 160 by restricting opposition.

The kind of batting line-up that they have with MS Dhoni now becoming a designated 'tail-ender' at No. 9 due to Impact Substitution has worked well. But the moment it became a chase of 175-plus, the same line-up didn't have enough firepower and one world class bowler (Josh Hazlewood) and another sea-

soned veteran (Bhuvneshwar Kumar) were good enough to stop the home team in their tracks. In this backdrop, playing Royals on a surface which is "more Chepauk-ish than typical Barsapara Stadium track full of runs" might just help them get a win against a side that also doesn't boast of a great bowling attack.

Also Riyan Parag is too raw as a skipper and to put it mildly seems completely out of place for a high stakes assignment like leading a franchise.

## "It gives me the best seat to....": U19 WC 2008 winner with Virat, Tanmay Shrivastava opens up on transition from player to umpire

MUMBAI, Mar 30 (Agencies): India's U19 World Cup winning cricketer Tanmay Shrivastava, who will be appearing in the ongoing Indian Premier League (IPL) as an umpire, opened up on his transition from a player to match official and being in touch with the U19 World Cup 2008 winning batch, which includes iconic batter Virat Kohli.

Tanmay was speaking in a video posted on the IPL website. He was the leading run-getter in the 2008 U19 WC, which India won under Virat, scoring 262 runs in six innings at an average of 52.40 with two half-centuries and the best score of 83\*.

Speaking in the video,



Tanmay said, "You must have seen me play in the IPL and now you will see me as a match official in the IPL. I was very grateful when I found out I had been selected in this pool of umpires. I was very surprised and happy that where I was once a player, I will now be a match official," said Tanmay.

"I was very excited to be coming back to this environment and to have the opportunity to come back on field. I was the umpire in the first match (KKR-RCB) match in Eden Gardens and during that I felt I was in my playing days, just my role has

changed," he added.

Speaking on being in

touch with the U19 WC 2008 batch, Tanmay said that they are all still in touch.

"All of the members from the U19 World Cup winning team, we are all still in touch. I met Virat in Kolkata, and the others, they are very surprised after meeting after such a long time that too in a different role," he added.

Tanmay also said that now a lot of players are coming into umpiring and the mindset of players towards it has changed.

"Players now want to stay associated with the game for a long time. It feels really good seeing players grow. I have been a part of BCCI Panel of Umpiring since two years and I enjoy it since it gives me the best seat to watch the game and be a part of it. I also try doing simulations of third umpiring and how will I do in pressure situations" he added.

Tanmay played his last first-class game for UP in 2020, scoring 4,918 runs in 90 matches at an average of 34.39 with 10 centuries and 27 fifties. His best score is 179. In 44 List-A matches, he made 1,728 runs at an average of 44.30, with seven centuries and 10 fifties. Tanmay also played 34 T20s, scoring 649 runs at an average of 28.21, with four fifties.

He also played seven matches for Punjab Kings (PBKS) in IPL 2008-09, scoring eight runs in three innings.

## Learned a lot from Sunil Narine when I was with KKR: Kuldeep Yadav

NEW DELHI, Mar 30 (Agencies): India wrist spinner Kuldeep Yadav is indebted to West Indies stalwart Sunil Narine for instilling in him the importance of bowling length balls, which, he says, has helped him become a more potent tweaker.

Kuldeep and Narine were team-mates at Kolkata Knight Riders for a long time, following which the Indian spinner made a switch to Delhi Capitals, while the West Indian all-rounder continues to be with the defending champions for more than 10 years.

"As a bowler, you must aim to dominate. Players like Jasprit Bumrah and Sunil Narine have done that consistently. I learned a lot from Sunil Narine when I was with KKR. He was ahead of his time. He always emphasised the importance of bowling length," Kuldeep, who was part of India's Champions Trophy-winning squad recently, told JioHotstar.

"Back then, I believed I could rely solely on my skills, but now I realise he was absolutely right. Since returning from injury, I've focused a lot on my length, and that has made a significant difference," said Kuldeep, who played a crucial role in DC's nervewracking one-wicket win against Lucknow Super Giants, grabbing two wickets for 20 runs in Visakhapatnam.

The 30-year-old leftarm spinner added that it's extremely difficult to maintain a good economy rate in the IPL given the presence of top-notch power hitters



in the tournament.

"The IPL is very tough for bowlers — it's highly competitive. You may pick up wickets, but you can't always expect to maintain an economy of just 6 or 7 runs per over. It's a challenging format with high-quality players," he said.

After playing as a support bowler to Narine,

Kuldeep is now partnering Axar Patel as the duo aim to guide DC to their maiden IPL title.

The wrist spinner says his bonding with Axar is at a different level.

"Axar and I have been

"Axar and I have been playing together since our U-17 days, so our understanding is very smooth. We have a very clear-cut communication style. I remember during the U-19 World Cup in 2012, when we won in Australia under Unmukt Chand's captaincy, we were both in standby. We've been together since then, which speaks volumes about our bond.

"Our bowling partnership has always been simple. I have always been an attacking bowler, while Axar provides control, which creates pressure on the batsmen.

"That pressure often

converts into wickets — either for him, for me, or for someone else bowling at the time. The pressure Axar builds in the middle overs is crucial, and our communication is seamless when discussing plans," he added.

## IPL: SRH's Muralitharan feels 300-run mark achievable if two batters score big



VISAKHAPATNAM, Mar 30 (Agencies): Ahead of his side's Indian Premier League (IPL) clash against Delhi Capitals (DC), Sunrisers Hyderabad (SRH) spin bowling coach Muttiah Muralitharan said that it would need two of side's batters to come really good to achieve the 300-run mark in the league for the first time.

Following a loss to Lucknow Super Giants (LSG) at home after a high-scoring campaign opener against Rajasthan Royals, SRH will be hosted by Axar

Patel-led Delhi Capitals (DC) at Vizag, who are coming into a game after a thrilling one-wicket win over LSG in their first game, thanks to a superheroic knock from Ashutosh Sharma that lifted DC from 65/5 to a successful 210 run chase.

Speaking ahead of the match in the presser, Muralitharan said, "The press has made it a 300 target, but we have closely achieved almost 287 this time (against LSG). Never know, on the day, two batters have to score big and

get it there."

On his side's loss to LSG in the last game, which saw Nicholas Pooran demolish SRH during a 191-run chase with a 25-ball 70, Muralitharan hailed Pooran's knock and expressed hope that the team will bounce back.

"We cannot win every match. Winning and losing happen; it is part of the game. We are all confident and will bounce back. "We were unlucky against Lucknow Super Giants in the first innings. Then, Pooran (Nicholas) played one of the best innings for them. These things happen. 190 was a good score, but Pooran made the difference. We will bounce back. The mood is good, and the captain and coach are very confident," he said.

## Chaitra Navratra commences at Vaishno Devi Shrine with sacred Shatchandi Yagya



#### **Top News Report**

KATRA, Mar 30: The Shri Mata Vaishno Devi Shrine Board has launched a range of new facilities and upgraded existing ones to provide a seamless and spiritual experience for devotees visiting the shrine on the auspicious occasion of beginning of Chaitra Navratra. Under the guidance and directions of Chairman, Manoj Sinha (Lieutenant Governor JK-UT), the Board aims to elevate the overall pilgrimage experience, offering devotees with enhanced comfort, convenience and inclusive facilities, said Anshul Garg, the Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board after attending the commencement of nine-day long Shatchandi Yagya amidst the vedic hymns and performance of other religious ceremonies being organized for peace, prosperity and wellbeing of humanity during 'Navratra' at the

Holy Cave Shrine. CEO underscored that the Shrine Board has introduced several initiatives to enhance the pilgrimage experience, including smart lockers, free public call booths and complimentary slots for divyang devotees to participate in Garbjoon Arti at Adhkuwari and Atka Arti at Bhawan. Additionally, dedicated quotas for helicopter bookings and complimentary battery car services have been provided for divyang pilTo ensure comfort in all weather conditions, resting and holding areas have been set up at Banganga and Adhkuwari, while the Inderprasth Bhojanalaya at Adhkuwari has been expanded to cater 200

devotees.
Furthermore, the
Langar facility has been
extended to Shubhra
Bhawan at Banganga
augmenting the existing
Langar Sewa currently
operational at Tarakote
Marg, Sanjichhat, Adhkuwari and Bhairon Ji
with availability of fastrelated food options
for devotees observing
fasts during the pilgrim-

Notably, about 200 Smart lockers have been strategically installed near the Skywalk area offering a convenient and secure storage solution for devotees at Bhawan. These smart lockers are linked with RFID Cards allowing devotees to store their belongings safely and securely.

To facilitate seamless communication for pilgrims, especially those carrying prepaid SIMs. free PCO facilities in collaboration with Bharti Airtel are available at various locations along the track to provide devotees with an added layer of comfort and reassurance, enabling them to stay connected with their families throughout their spiritual journey.

To mitigate fatigue and provide respite, resting cum holding areas have been established for devotees at Banganga and Adhkuwari. These structures with a capacity to accommodate 2,000 pilgrims at a time offer a comfortable and tranquil space to rejuvenate regardless of the weather conditions, thereby revitalizing them to continue their journey with renewed vigor and enthusiasm.

The Shrine Board has beautifully transformed the Bhawan, Atka and surrounding areas into a radiant spiritual oasis

for warmly welcoming pilarims visiting to pay obeisance at the sacred Shrine. The grand decorations feature an exquisite blend of indigenous and foreign fruits, flowers, majestic reception doors and elegantly designed track; besides, the Bhawan area has been illuminated with stunning colorful façade lights, creating a mesmerizing ambiance for devotees.

less and comfortable pilgrimage experience, the Shrine Board has also made comprehensive arrangements including round-theclock water and power supply along the tracks, sanitation facilities and medical care. Additionally, pilgrims can avail of facilities like batteryoperated vehicles, passenger ropeway and helicopter services for hassle free journey.

To ensure a seam-

As part of the Navratras celebrations, Shrine Board has also lined up captivating Bhajan and Bhaint performances by acclaimed artists during morning and evening Atka arti. These spiritual events will further enrich the pilgrims' experience, fostering an atmosphere of devotion and spiritu-



# Rajesh Gupta (Rinku) For The Post SECRETARY

In The Upcoming Election Of Chamber Of Commerce & Industry (Jammu)

**Courtesy Ajay Gupta** 

STUDY KOSH

skudskook595@fbl

## Jodhamal student's debut book on Agriculture and Science unveiled



#### **Top News Report**

JAMMU, Mar 30: Jodhamal School is proud to share a remarkable achievement by one of our bright and talented students, Anandini Sharma, who has not only excelled in academics and sports, but also made an outstanding contribution to literature at a young age.

Anandini, a dedicated Class 6 student, has recently published her debut book, showcasing her exceptional ability to engage with complex scientific concepts and present them in an accessible, creative way. Her book, which delves into the fascinating world of agriculture and allied sciences, was officially launched at the Annual National Conference on "Emerging Innovations in Biotechnology & Biochemistry in Agriculture" at the Shere-Kashmir University of Agricultural Sciences and Technology-Jammu by Dr Jitender Singh, Union Minister of State (Ind. Charge) Science & Technology; Earth Sciences; MoS Prime Minister Office, PP/ DoPT. Atomic Energy, Space.

The book launch and initiative of such a young author received high praise from more than 500 eminent Scientists, Scholars, and Subject experts from across the country who graced the

occasion. What makes this book truly invaluable is that the Hon'ble Vice Chancellor of Shere-Kashmir University of Agricultural Sciences and Technology personally reviewed it and wrote the "foreword" following a careful and thorough evaluation.

Anandini's achievement becomes even more remarkable by the unique approach she takes to explain scientific concepts. Through storytelling, she not only covers fundamental aspects of agriculture but also tackles advanced subjects like microbiology, immunology, agrometeorology, and pathology.

and pathology.

Her ability to break down these complex topics into easy-to-understand narratives is a testament to her maturity and insight, making these concepts

accessible to younger audiences.

Jodhamal School takes immense pride in Anandini's achievement at such a malleable age. The School's commitment to nurturing the diverse talents of our students continues to get a boost when our students achieve such feats. Anandini's success is a shining example of how we encourage creativity, critical thinking, and the pursuit of knowledge beyond the classroom.

Jodhamal School is proud to have played a role in fostering an environment that allows students like Anandini to explore their interests and push boundaries. Her achievement demonstrates the potential of young minds when provided with the right guidance and encouragement.

RECEIVER

Link in

Description

## JKTF Zone Darhal announces new leadership

**Top News Report** 

DARHAL, Mar 30: The JK Teachers Forum Zone Darhal has nominated Javid Iqbal as its new Zonal President for Darhal zone. This decision was made under the leadership of Rifaqat Hussan Malik, Senior Vice President of the Union Territory.

The nomination of Iqbal is a significant step towards strengthening the Teachers Forum in Darhal, District Rajouri, and promoting the welfare of teachers in the

Rifaqat Hussain Malik, UT Senior Vice President, congratulated the newly elected leader, Javid Iqbal, and expressed hope that he will work tirelessly to meet the expectations of the teaching and non-teaching

