

TOP NEWS OF J&K

JAMMU, MONDAY, JULY 22, 2024

Daily Evening Newspaper



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BRIEFLY

A dozen tea stalls damaged in fire mishap in Doodhpathri

SRINAGAR, Jul 22 (Agencies): At least 12 tea stalls were damaged in a fire mishap at famous tourist destination Doodhpathri in Budgam district late last night, officials said. An official said that fire broke out due to gas leakage late last night in the area. He said that in the incident at least a dozen tea stalls were damaged, however, there were no report of any injury.

Cop dies two days after being hit by speeding vehicle in South Kashmir

SRINAGAR, Jul 22 (Agencies): A police officer injured in a road accident in the Mir Bazar area of South Kashmir two days ago succumbed to his injuries on Monday.

Quoting an official, local news agency Kashmir Scroll reported that the accident occurred on Saturday on NHW-44 near Malpora Mir Bazar when a speeding Tempo with registration number JK02AT-0730 hit HC Ab Rashid, aged about 52 years, who was performing Yatra duty. He said that the cop was critically injured in the incident and was initially shifted to GMC Anantnag for treatment. He was then referred to SKIMS Soura for further treatment, where he succumbed to his injuries.

Meanwhile, police have taken cognizance of the incident and started an investigation.

3 more minor girls rescued from human trafficking racket in B'la

SRINAGAR, Jul 22 (Agencies): Police have arrested two more persons allegedly involved in human trafficking and rescued three minor girls in Jammu and Kashmir's Baramulla district.

Police has so far arrested four accused and rescued seven minor girls during the investigation of the case.

Police on Monday said that during the further investigation of case FIR No. 173/2024 under relevant sections of law registered in Police Station Baramulla, it was found that Ghulam Mohammad Khan, a resident of Narbal, and Manzoor Ahmad Shah of Janbazpora were

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Centre lifts decades-old ban on Govt employees joining RSS; Congress criticizes move

NEW DELHI, Jul 22 (Agencies): An order reportedly issued by the Ministry of Personnel that permits government servants to part in the activities of the Rashtriya Swayamsevak Sangh has resulted in a war of words between the opposition and the BJP.

Bharatiya Janata Party (BJP) leader Amit Malviya on Monday said that the "unconstitutional order" issued 58 years ago imposing a ban on government employees from



taking part in RSS activities has been withdrawn by the central government. "The unconstitutional

order issued 58 years ago, in 1966, imposing a ban on government employees taking part in the activities of

the Rashtriya Swayamsevak Sangh has been withdrawn by the Modi government. The original order shouldn't have been passed in the first place," Malviya stated on X on Monday citing the July 9 order.

"The ban was imposed because, on November 7, 1966, there was a massive anti-cow-slaughter protest at the Parliament. RSS-Jana Sangh mobilised support in lakhs. Many died in police firing.

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Devotees throng Ranbireswar Temple to offer prayers on the first Monday of Shravan (Sawan) Month in Jammu. Pic by AMAN SHARMA

J&K Police warn against sharing video released by Jaish outfit

SRINAGAR, Jul 22 (Agencies): Jammu & Kashmir Police on Monday sounded alert about a video released by terrorists with poster of the Bollywood movie Phantom along with the photograph of actor Saif Ali. The police has urged general public to refrain from sharing the video, and maintained that

posting and forwarding such kind of content is an offence under Sec 13 & 18 of Unlawful Activities (Prevention) Act.

"A 5 minutes 55 seconds video by Jaish with a poster of the Bollywood movie Phantom with the photo of actor Saif Ali has just been released by the enemy around 2 PM

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FM Nirmala Sitharaman tables Economic Survey 2023-24 in LS

NEW DELHI, Jul 22 (Agencies): Union Finance Minister Nirmala Sitharaman on Tuesday tabled the Economic Survey 2023-2024 in the Lok Sabha.

Earlier, Prime Minister Narendra Modi appealed to all parties to participate in the discussion in Parliament and to end



bitterness for the betterment of the country.

"I would like to request all parliamentarians to participate in all discus-

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Terrorist killed, soldier injured in ongoing gunfight in Rajouri

JAMMU, Jul 22 (Agencies): An unidentified terrorist was killed and a soldier injured on Monday in an anti-terror operation in Jammu and Kashmir's Rajouri district.

Officials said that the terrorists attacked a newly set up Army 'Naka' (Checkpoint) near the house of a Shaurya

Chakra awardee Parshotam Kumar, a village defence committee (VDC) member at the Gundha Khawas village in Rajouri district around 3 a.m.

"One soldier sustained bullet injuries in the attack while a cow was killed. The checkpoint had been

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CEC LEH calls on SDM LIC

LEH, July 22: Chairman/CEC Adv. Tashi Gyalson, LAHDC was called on by Sonam Tsewang, Senior Divisional Manager of LIC and apprised him about LIC Golden Jubilee's Corporate Social Responsibility (CSR) initiative.

This initiative involves establishing a Bakery Skills Training Center at New Millennium

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Ahead of budget, Cong demands legal guarantee for MSP

NEW DELHI, Jul 22 (Agencies): A day before the presentation of the Union budget, the Congress on Monday said the Centre must make three important announcements of making MSP a legal guarantee, fix MSP on the basis of the Swaminathan formula and establish a perma-



nent commission to monitor the implementation of farm loan waivers. Congress general sec-

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25th Amarnath Yatra batch with over 3,200 pilgrims leaves from Jammu

JAMMU, Jul 22 (Agencies): Over 3,200 devotees enthusiastically left from Jammu on the pilgrimage to Amarnath shrine in South Kashmir Himalayas early Monday morning amid tight security arrangements, officials said.

The 25th batch with 3,281 pilgrims left in 111



vehicles under CRPF

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No significant weather activity in J&K till July 31: MeT

SRINAGAR, Jul 22 (Agencies): Meteorological Department has predicted no significant weather activity across Jammu and Kashmir till July 31.

It said hot and humid weather conditions in J&K to prevail till July 26.

From July 22nd to 26th there will be mainly clear to partly cloudy with brief spells of rain and thundershower at isolated to scattered places of Kashmir division and scattered to fairly widespread places of Jammu division, a MeT official said.

He said from July 27th to 28th party to generally cloudy with intermittent spells of light to moderate rain & thundershower likely take place at many places in Jammu and Kashmir.

From July 29th to 31st there is a possibility of spell of rain & thundershower at isolated to scattered places of

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MBA MOTORS

MERCEDES - BMW - AUDI



DEALS IN SALE, PURCHASE, REPAIRING AND SERVICING OF USED CARS AND ORIGINAL SPARE PARTS

NAGROTA, JAMMU (J&K)

+91-9086207123

TENTH DAY/KRIYA



With profound grief and sorrow we regret to inform the sad and untimely demise of our beloved **Smt. Vijay Gupta** W/o Sh. S. P. Gupta R/o H.No:76, Street No. 3, Shakti Nagar Jammu, who left for heavenly abode on Friday, 12th of July 2024.

Tenth Day will be performed on Sunday, Jammu 21st of July 2024 at Shri Ram Temple Gurha Bakshi Nagar from 10:00 am to 11:00 am.

KRIYA will be performed on Wednesday, 24th of July at 12.30 pm at our residence 76/3 Shakti Nagar Jammu.

Grief Stricken
Sh. S. P. Gupta (Husband)
Daughter-in-law & Son
Smt. Nidhi Gupta & Sh. Ajay Gupta
Daughters & Son-in-laws
Late Smt. Neeru Gupta & Sh. Ratish Gupta (CA)
Smt. Neetu Gupta Puri & Lt. Col Rohit Puri

Grandchildren
Dr. Sheryl Gupts (Grand Daughter)
Neeruj Gupta (Grandson)
Yuyutsu Puri (Grandson)
Leya Gupta (Granddaughter)
Alaina Puri (Granddaughter)
Lehar Gupta (Granddaughter)

Smt. Vijay Gupta

Obituary / 10th Day Kriya



With profound grief and sorrow, we regret to inform the sad demise of our beloved **Smt. Indira Bhat** W/o Sh. Astar Krishan Bhat, Originally R/o Rajhat Baramulla, Kashmir and presently residing at House number 3 Lane no.6, K B Nagar Baramulla Jammu, who left for heavenly abode on 16/07/2024.


TENTH DAY KRIYA shall be performed at Muthi Ghat (near Directorate of School Education) on 25/07/2024 at 08:30 AM

Grief Stricken:
Sh. Astar Krishan Bhat (Husband)
Mother in law
Smt. Sham Rani Bhat (W/o Lt. Sh. Racha Krishan Bhat)
(Brother in law and Sister in law)
Sh. Mahesh Krishan Bhat & Smt. Phool Bhat Sh. Anker Bhat (Son)
Smt. Supriya Bhat & Sh. Deepak Thussoo (Daughter & Son in law)
Smt. Neha Bhat & Sh. Vikranth Jaggari (Daughter and Son in law)
Ms. Sneha Bhat and Ms. Manishan Bhat (Daughter and Son)
Smt. Sanjiv Pandita & Sh. Rishi Krishan Pandita (Sister in law & Brother in law)
Smt. Rajni Sadhu & Sh. Sanjay Sadhu (Sister in law & Brother in law)
Smt. Rani Pandita & Sh. Rakesh Mohan Pandita (Sister in law & Brother in law)

Grief Stricken:
Prof. Chandra Debs & Bharu Debs (Brother and Sister in law)
Gyanada Das, Bharu Moti Debs, Pratibha Debs (Sister's)
Deeply remembered by: Tanvi Jaggari, Dhatri Jaggari and Aditya Thussoo (Grand Children's)

Smt. Indira Bhat

TENTH DAY KRIYA




With profound grief and sorrow, we regret to inform the sad demise of our beloved **Father Karam Yogi Sh. Sri Nath Pandit (Nath Ji)** So Ram Chand Pandit resident of Sagan, Anantnag Kashmir At Present Lower Barai, Shankar Vihar, near Bhagwati Hazratg School.

Tenth Day Kriya will be performed at Muthi Ghat near Director School Education on 26-07-2024 at 7.30 A.M.

GRIEF STRICKEN
Smt. Chand Rani (Wife)
Sons and Daughter-in-laws
Sh. Sunil Kumar Pandit & Smt. Neetu Pandit
Sh. Sanjeev Pandit & Smt. Koral Pandit
Sh. Venus Pandit & Smt. Sucheta Pandit
Grand Son & Daughter in Law
Miss Simran Pandit - Grand Daughter
Miss Janki Pandit - Grand Daughter
Sons & Daughter-in-law
Smt. Ranj & Sh. M. L. Tikoo - Daughter & Son in law
Smt. Sarbajit & Sh. C.L. Pandit - Daughter & Son in law
Smt. Bansi & Sh. A.K. Bhat - Daughter & Son in law
Smt. Khushi & Sh. Chand Ji Koul - Daughter & Son in law
Mob.: 959672260, 8492809832, 7006977430, 7051903314

Karam Yogi Sh. Sri Nath Pandit (Nath Ji)

TENTH DAY/UTHALA



With profound grief and sorrow we regret to inform the sad demise of our beloved **Sh. Thoru Ram Sharma** R/o Chohata Chowk, Main Bazar Samba, who left for heavenly abode on 13-07-2024.


10th Day will be performed on Sunday, 21-07-2024 at Pacci Mandi Hall Chohata Samba from 10am to 12 Noon.

Uthala shall be performed at Pacci Mandi Hall on Saturday, 27-07-2024 at 4 pm.

Grief Stricken:
Santosh Kumari (Wife)
(Son & Daughter-in-law)
Janeshwar Sharma & Rashmi
Sunil Kumar & Prem Lata
Reeta Sharma W/o Ram Pal Sharma
Davinder Kumar & Meenu Sharma
Rawan Kumar & Anuradha Sharma
Omkar Padha & Chanchla Padha
Subhash Sharma & Mohini Sharma
Anuradha Sharma W/o Shiv Kumar Sharma

Sh. Thoru Ram Sharma
Mob: 7889491277

10TH DAY KRIYA



With profound grief and sorrow we regret to inform the sad demise of our beloved mother **Smt Chand Rani** W/o Lt. Sh. Tara Chand Bhat originally R/o Devasar (Kugam) and presently residing at TRT Nagar who left for heavenly abode on 17-07-2024.

Mourning will be observed at Durga Lakshmi Mandir Old Camp Nagrota.

Tenth Day Kriya shall be performed at Muthi Ghat (near Directorate of School Education) on 26-07-2024 and Mourning Assembly will be held at 9 am.

Grief Stricken:
Son & Daughter-in-law's
Smt. Dula Bhat W/o Lt. Sh. Astar Krishan Bhat
Smt. Usha Kour W/o Sh. Tej Krishan Bhat
Smt. Sukrita Devi (Sister) W/o Sh. Ramesh Kumar Bhat
Mr. Ayush Bhat S/o Lt. Sh. Ashok Kumar Bhat
Daughters and Son-in-laws
Smt. Lalita Koul (Sister) W/o Sh. D.N. Koul
Smt. Usha Pandit W/o Sh. Jai Krishan Pandit

Deeply remembered by **SAMAST BHAT'S, KOUL'S, PANDITA'S, DHAR'S, RAINA'S AND KHER'S**

Smt. Chand Rani
Contact No: 8491865540, 9419403035

TENTH DAY KRIYA



WITH PROFOUND GRIEF IT IS TO INFORM ABOUT THE RITUAL OF TENTH DAY OF OUR BELOVED MOTHER **SMT SHEELA DHAR** W/O LT. SOOM NATH DHAR AND D/O LT. NILKANTH HANJURA PRESENTLY RESIDING AT H.NO. 8, LANE NO. 4, BASANT NAGAR EXTENSION, JAMNUPUR JAMMU (NEAR MARTAND SURYA BHAWAN) ON 25-07-2024 (THURSDAY) ON MUTHI GHAT (NEAR DIRECTORATE OF SCHOOL EDUCATION) AT 8.30 AM.

GRIEF STRICKEN
SAROJ & TEJ KRISHAN SARRU - DAUGHTER & SON-IN-LAW
SUNITA DHAR & DURGA - SON & DAUGHTER-IN-LAW
RAKESH DHAR & HANSI - SON & DAUGHTER-IN-LAW
DOOR, INGR - SISTER
PRANAJI & P.K. RAINA - SISTER & BROTHER
ROMILLA & VAIBHAV BAKSHI - GRAND DAUGHTER & GRAND SON-IN-LAW
DIKSHA, BHAVESH & MAADHAV - GRAND CHILDREN
DHARS, WATTALS, GADOOS, KAWS & GADROOS
CELL NO. 7006694597, 9469493100 & 9419009224

SMT SHEELA DHAR

DHARAM SHANT / UTHALA




Dharamshant of our beloved **Smt. Savita Poonchi (Retd. A.M.T. School)** will be performed on 28th July 2024 (Sunday) at residence F-187 Bakshi Nagar, Jammu. **Sajj Pooja** at 11.30 am followed by **Bhram Bhoj**.

Uthala will be held at Smriti Bhavan (Lower Hall) Shree Geeta Mandir, Bakshi Nagar, Jammu on 28th July (Sunday) from 5.00 to 6.00 pm.

GRIEF STRICKEN
Pt. Suresh Poonchi (Husband)
Mr. Dinesh Poonchi & Manju - Beta & Bahu
Late Anubhav Poonchi - Son
Smt. Pushpa W/o Late Romesh Poonchi (Jethani)
Sh. Yugal Kishore & Rekha - Devar & Devrani
Smt. Rajni & Sh. Ashok Kumar (Retd. Lect) - Sister & Jija
Smt. Meenaxi & Sh. Kuldeep Kumar (BOSE) - Sister & Jija
Smt. Asha & Sh. Rajiv Amla - Bhabhi & Brother
Smt. Savi & Sh. Sanjeev Amla - Bhabhi & Brother
Grand Children : Prema & Divya
Tel. No.: 8713955555, 9320 546905, 9796888788

Smt. Savita Poonchi (Retd. A.M.T. School)

SHADMOS/MASWAR




Six months have passed since you left for your eternal journey. Physically you are not with us, but we all feel your presence in every moment of life, your loving memories are still fresh in our hearts. Your noble, honest and graceful life will always be remembered. We pray to God for eternal peace to the noble soul.

Shadmoss & Maswar of my mother **Late Raj Kumari Koul**, W/o Ramesh Wali R/o 268-A Patoli Mangotrian Jammu will be performed on 28th & 29th of July 2024 at Jammu Yatri Bhawan Haridwar.

DEEPLY REMEMBERED & MISSED BY:-
Sh. Ramesh Wali (Husband)
Pallavi & Anmol Wali (Daughter in law & Son)
Smt & Sh. A.K. Kothe (Bhabhi & Brother-in-law)
Smt & Sh. R.K. Kothe (Bhabhi & Brother-in-law)
Smt & Sh. Sanjeev Koul (Sister & Brother-in-law)
Smt Vijay Peshin (Sister)
Smt & Sh. Dr. Ashwani Koul (Sister & Brother-in-law)
Smt & Sh. Sanjay Thussoo (Sister & Brother-in-law)
Smasst Wallis, Kothas, Peshins, Koul's, Thassu's and Munshi Families.
Mob: - 7006549539, 9149496310 and 9622226911

Late Raj Kumari Koul

TENTH DAY



IT IS WITH HEAVY HEARTS THAT WE ANNOUNCE THE PEACEFUL PASSING OF OUR BELOVED **KARMYOGI SH. GOPI NATH BALI** S/O LATE SH. DAYA RAM BALI, ORIGINALLY RESIDENT OF MIRGUND KRISHAMA CURRENTLY LIVING AT WARD NO. 14 HOUSE NO. 78 SAILAN TALAB UDAMPUR ON 15TH JULY, 2024.


THE TENTH DAY WILL BE OBSERVED ON 24TH OF JULY, 2024 AT DEVIKA GHAT UDAMPUR.

GRIEF STRICKEN:
(DAUGHTERS-IN-LAW AND SONS)
SMT. PRENNA BALI AND SH. PYARE LAL BALI
SMT. SHASHI BALI AND SH. ASHOK KUMAR BALI
(DAUGHTERS AND SONS-IN-LAW)
SMT. VEJAYA RAINA AND SH. SURINDER RAINA
GRANDCHILDREN:
SAMYEDANA AND HIMANSHU
MAYANK AND DEBI
ADITYA AND LIPI
ADASVINI, SARTHAH AND DIKSHA

DEEPLY REMEMBERED BY:
SAMAST BALI'S, PANDITA'S, RAINA'S AND BHAT'S
CONTACT NO. 9419965980, 7780931530

Karmyogi Sh. Gopi Nath Bali

OBITUARY/TENTH DAY



With profound grief & sorrow, we inform the sad demise of **Sh. Mohan Lal Tikku** (Zaindar Mohalla Srinagar/Model Town Gangyal Jammu) who attained Nirvana on 15th of July 2024.

Mourning will take place at our residence (Faridabad)

10TH DAY will be performed at Upper Ganga Canal Moradabad (UP) and later **Assembly** will be held at our residence (Sankalp Apartment Sector-64 Faridabad) on 24th July 2024 at 11:00 AM.

GRIEF STRICKEN
Smt. Lalita Tikku - Wife
Sh. Ramesh Tikoo & Smt. Ujli Tikoo - Son & Daughter-in-law
Sh. Rajinder Tikku & Smt. Indu Tikku - Son & Daughter-in-law
Grand Children : Vedant, Ojas
Tikku Pariwar, Raina Pariwar, Pandita Pariwar, Dhar Pariwar
Contact No.: 9797278879, 9810417943, 9419206879

Sh. Mohan Lal Tikku

ANTIM ARDAS




With profound grief and sorrow we regret to inform you the sad demise of our beloved **S Fateh Singh Tara** S/o Late Bhai Maan Singh Tara R/o Rani Talab Digiana A/p Dashmesh Nagar Near Old Khalsa School, Jammu who left us for heavenly abode.

Antim Ardass will be performed on 23 July 2024 at Gurudwara Digiana Ashram, Jammu from 10:15 AM to 12:00 noon.

Grief Stricken:
Sdrn. Agya Kour (Wife)
Son & Daughter-in-Law
S. Tajner Singh Tara (Teji) (Health Deptt) & Sdrn. Nirlap Kour
Son & Daughter-in-law
S. Harvinder Singh Tara (Rinku) & Sdrn. Gurpreet Kour
S. Inderjit Singh Tara (Jeet) (Son)
Harsheer Kour (Grand Daughter)
Harman Singh, Sehajpal Singh & Japraj Singh (Grandsons)
9596972395, 9419176925, 9797431850

S Fateh Singh Tara

TENTH DAY KRIYA



With profound grief and sorrow we regret to inform our friends and relatives that our revered father **Sh. PL Munshi** So Late Sh. Rup Lal Munshi originally resident of Rang Teng Ali Kadal Srinagar (Munshi Mohalla) presently at H.No-52 Lane No.3 Sharika Nagar Gole Panipat Talab Tilo Jammu, passed away on 16-07-2024.


Tenth Day Kriya will be performed at Muthi Ghat (Near Directorate of School Education) on Thursday the 25th of July 2024 at 8:30 AM.

GRIEF STRICKEN
Son-in-law & Daughter
Dr. Rakesh Koul & Mrs. Kisan Munshi Koul - 9419499988
Daughter-in-law & Son
Mrs. Sumrta Munshi & Harjeet Munshi - 9419811860
Daughter
Mrs. Neelam Kour (W/o Late Shri Ravinder Kour) - 9419109108
Mrs. Sheela & M.L. Koul - Sister & Brother-in-law
Mrs. Bimla Varsho - Sister-in-law
Ajay, Parth & Tanish - Grand Children

DEEPLY REMEMBERED BY:-
Munshis, Ganius, Koul's, Dhars, Rainas, Varshos and Kotrus.

Sh. P.L. Munshi

OBITUARY / TENTH DAY KRIYA




With profound grief and sorrow, we inform the sad and untimely demise of our beloved **Sh. Brij Krishan Raina** S/o Late Shri Sarwanand Raina original resident of Chandapora Habba Kadal Srinagar Kashmir at present Village Ghat, Distt Doda J&K who left for heavenly abode on 19-07-2024.

Tenth Day Kriya will be performed at their residence, on 28-07-2024 (Morning) Village Ghat, Bus Stand Near Jamia Masjid Distt Doda J&K.

GRIEF STRICKEN
Smt Indira Raina (Wife)
Vijay Raina & Shallu Raina (Son & Daughter-in-law)
Meenu Raina (Daughter)
Chandrika Arora & Rahul Arora (Daughter & Son-in-Law)
Smt Santosh Raina (Bhabhi)
Smt Dura Ji Bhan W/o Late Sh Hira Lal Bhan (Sister)
& All Nears & Dears
Mobile No: 9906299241, 8825014437

Brij Krishan Raina

BHOG AND ANTIM ARDAS



With profound sorrow and grief, we regret to inform you the sad and untimely demise of our beloved daughter **Ms. Harneet Kour** D/o Late Sardarni Manjit Kour and Master Jagdev Singh R/o Karan Bagh Chatha Road, Jammu who left us for heavenly abode on 14th July 2024.


AKHAND PATH SAHIB shall be held at our residence as per the schedule.
21-07-2024 - ARAMBH SRI AKHAND PATH SAHIB at 8:00 AM
23-07-2024 - BHOG SHRI AKHAND PATH SAHIB at 8:30 AM

ANTIM ARDAS will be performed at Gurudwara Singh Sabha Bikram Nagar Near Reen Palace from 10:30 AM to 12:30 Noon.

GRIEF STRICKEN
Master Jagdev Singh and Family (Bharakhwale)
Mobile No: 9419294375, 7889364725

Ms. HARNEET KOUR

10TH DAY KRIYA



With profound grief and sorrow, we regret to inform the sad demise of our beloved **Smt. Shobawati Bhat** W/o Late Sh. Saroop Nath Bhat R/o originally from Fatehpura Anantnag, Kashmir and presently residing at Aman Vihar Phase 2 Extension Camp Road Near Kaira Sports Club Gole Gujral, who left for her heavenly abode on 16/07/2024 (Tuesday) at 5:00 am.

Tenth Day Kriya shall be performed at Muthi Ghat (Near Directorate of School Education) on 24/07/2024 at 8 am.

Mourning from the **Malun side** will be observed at the same address near Kaira Sports Club Aman Vihar Phase 2, Camp Road, Gole Gujral.

GRIEF STRICKEN:
Smt. Santosh Bhat (Daughter-in-law)
Sh. Ramesh Bhat and Smt. Princy Bhat (Son & Daughter-in-law)
Smt. Usha Ganjoo (Daughter)
Smt. Princy Bhat & Sh. Ashok Kr. Bhat (Daughter & Son-in-law)
Sh. Vikas Bhat and Smt. Vanshi Bhat and other grandchildren
Deeply Remembered by **Samast Bhat Parivar**
Contact no. 7006443768, 9622371905

Smt. Shobawati Bhat

TENTH DAY



With profound grief and sorrow we inform the sad demise of our beloved **Smt. Kanta Devi** W/o Lt. Sh. Chuni Lal Gupta R/o Chenani on 14/07/2024.

Tenth Day will be performed at Shiv Mandir, Bus Stand, Chenani at 12:00 Noon on 23/07/2024 (Tuesday).

Grief Stricken
Daughter in law & Son
Seema & Ajay Gupta (Kalu Shah)
Daughters & Son in laws
Pinkly & Anil Gupta
Rajni & Rajinder Gupta
Dr. Anjana & Dr. Nareesh Gupta
+917006616188, +919419160188

Smt. Kanta Devi

TENTH DAY




With profound grief and sorrow, we inform the sad demise of our beloved **Sh Chander Shekhar Sharma** S/o Late Darshan Kumar Sharma (Master Ji) R/o Mana, Suchetgarh R.S.Pura on 13-07-2024.

TENTH DAY will be performed on 22-07-2024 (Monday). **KRIYA** will be performed on 23-07-2024 (Tuesday).

GRIEF STRICKEN
Smt. Anita Sharma - Wife
Sh. Ravinder Sharma - Brother-in-law
Smt. Rohini Sharma & Santan Sharma - Daughter & Son-in-law
Sh. Raghu Sharma & Bindu Sharma - Sister & Brother-in-law
Sh. Sanjay Sharma & Virendar Sharma - Brothers
Smt. Anuradha Sharma & Renuka Sharma - Sister-in-law
Children : Abhishek Sharma, Shubam Sharma
Rajat Sharma, Akshit Basotra - Sons
Mob: 9906048447, 9419195635

Sh Chander Shekhar Sharma

TENTH DAY/KRIYA



With profound grief and sorrow, we regret to inform the sad demise of our beloved **Sh. Jia Lal Jia**.

TENTH DAY shall be performed at Shiv Mandir, Housing Colony, Udhampur on Tuesday, July 23, 2024 at 11.30 AM.

KRIYA shall be performed at Devika Ghat, Udhampur on Wednesday, July 24, 2024 at 12.00 Noon.

GRIEF STRICKEN
Parshoma Kumari - Wife
Late Bal Krishan Bora & Chandrata - Brother & Sister-in-Law
Sons & Daughter-in-Law
Deepak Sharma (Jainu) & Divyansha Bagra
Dulayant Sharma & Anu Sharma
Daughters & Sons-in-Law
Shuchi & Ajay Khatri
Deepshikha & Anoop Pandita
Sisters & Brothers-in-law
Chander Kata & Suny Prakash
Meera Sharma & Late Nareesh Kumar
Grand Children: Dharmveer, Khyashi, Shaikhi, Shirsathu, Venhraj & Sarakesh

SH. JIA LAL JIA

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Manjit Singh condemns JPDCL for excessive bills, unscheduled power cuts in Bari Brahmana

Top News Report

SAMBA, July 22: Apni Party Provincial President, Jammu, and Former Minister, Manjit Singh on Monday expressed concern over excessive bills to the power consumers and constant unscheduled power cuts in Bari Brahmana that has adversely impacted the normal life of the people in the district.

As per a press release, a meeting was organized at ward number 13 to discuss the development and other issues related to the general masses.

During the meeting, the people expressed their concern regarding the underdevelopment, bad condition of roads, and poor basic amenities



provided by the authorities.

While extending his support to the people, the Former Minister said that it was unfortunate to note that the power cuts have continued even as there is no respite from the scorching heat

across the plains of Jammu region.

He said that it was claimed by the JPDCL that the people would get the 24/7 electricity in metered areas, but the power supply disrupted for hours together.

"The people are being

put to hardship in the summer season, and on the other hand, they are charged heavily regarding the electricity bills," he stated.

He further said that the JPDCL officials do not check the ground situation and send excessive

electricity bills to the power consumers that has caused widespread anger among the people.

"The people are not getting adequate power supply, but they get huge electricity bills. However, the JPDCL has not responded to the claims of the power consumers to address the growing concerns of the people," he said, condemning the unscheduled power cuts. Meanwhile, he also expressed concern over the drinking water supply issue, and poor basic amenities.

The meeting was also attended by the Vice President of Youth Wing of the Apni Party, J&K, Vishal Nariana, ex-corporator ward number 13, Kadgal, Shamsheer Chand and others.

Executive Councillor, Ghulam Mehdi Inaugurates Amusement Ride and Exhibition cum Sale

Top News Report

LEH, July 22: Executive Councillor for Minority Affairs, Ghulam Mehdi, inaugurated an amusement ride and exhibition cum sale at Housing Colony.

This initiative, organized by Sharma Brothers in collaboration with the local self-help group and Merchant Association, aims to promote local food and showcase the talents of local artisans.

The event features a variety of stalls exclusively operated by members of the local self-help group and Merchant Association, offering visitors a chance to sample and purchase a



wide array of local delicacies and handicrafts. The amusement rides, provided by Sharma Brothers, promises fun rides for visitors. Tsering Anguchuk,

President of the Merchant Association, and Sachin Sharma under supervision of Sharma Brothers, were also present at the inauguration ceremony.

Akhil Bhartiya Poorva Sainik Seva Parishad to organize "Kargil Shaurya Yatra"



Top News Report

JAMMU, July 22: To commemorate the 25th anniversary of the Kargil War, Akhil Bhartiya Poorva Sainik Seva Parishad is going to organize "Kargil Shaurya Yatra" to honor the martyrs on the occasion of Kargil Vijay Diwas.

The route for the Yatra will start from JDA Parking (old Bus Stand) to Ragunath Bazar, continuing through Gummat, Vevekamad Chowk, City Chowk, Shalimar, and ending at Indira Chowk

JDA Parking.

Brigadier Balbir Singh Sambyal, President of Akhil Bhartiya Poorva Sainik Seva Parishad, described the Yatra as a unique rally to pay tribute to the heroes of the Kargil War.

"Although organized by the Akhil Bhartiya Poorva Sainik Seva Parishad, the Yatra is open to all patriotic individuals," he said and urged citizens from all sections of society to participate in the Yatra to honor the sacrifices made during the Kargil War.

Brigadier Balbir highlighted the unprecedented nature of the Kargil War, where Pakistan disregarded the rules of war, leading to severe violations and atrocities.

He praised the courage and dedication of Indian Army soldiers during the conflict, particularly mentioning the heroic victory at Tiger Hill Vijay.

Brigadier Balbir emphasized the solemn duty of paying tribute to those soldiers who made the ultimate sacrifice in service to the nation.

Guru Purnima celebrated at Baba Ballo Ji Maharaj Dev Sasthan in Mathwar

Top News Report

JAMMU, July 22: Guru Purnima, a day dedicated to expressing gratitude towards gurus for their guidance and wisdom, was celebrated at Baba Ballo Ji Maharaj Dev Sasthan in Mathwar. The event witnessed a significant influx of devotees from both Jammu

and neighboring regions. This large gathering underscored the deep reverence and faith that people have in Baba Ballo Ji Maharaj.



and neighboring regions. This large gathering underscored the deep reverence and faith that people have in Baba Ballo Ji Maharaj. Baba Yash Pal Ji Maharaj of Mathwar presided over the celebrations. He offered blessings to all attendees and prayed for their peace and prosperity. During the celebra-

and neighboring regions. This large gathering underscored the deep reverence and faith that people have in Baba Ballo Ji Maharaj.

Baba Yash Pal Ji Maharaj of Mathwar presided over the celebrations. He offered blessings to all attendees and prayed for their peace and prosperity. During the celebra-

DFSS holds protest against erratic water supply, power cuts



Top News Report

JAMMU, July 22: Dogra Front & Shiv Sena (DFSS) on Monday held a protest against erratic water supply and power cuts during the hot and scorching weather in Jammu City.

Party workers carried empty buckets to symbolize the scarcity of water, and highlighted the inconvenience caused by long power cuts, especially during the auspicious month of Sawan for Hindus.

Ashok Gupta emphasized that frequent power cuts were dampening the festive spirit during the

holy month of Sawan, which is traditionally celebrated with great fervor.

He pointed out that in the current hot and humid weather, air conditioners are essential for comfort, but power cuts have made life difficult for the residents.

Gupta mentioned that despite higher revenue contributions, the Chief Engineer faces limitations in ensuring adequate power supply.

He requested the personal intervention of the Lieutenant Governor (LG) to alleviate the suffering of the public by addressing these issues promptly.

Gupta suggested that the government should invest in solar power projects, leveraging Jammu's ample sunlight to generate electricity at low cost and with minimal environmental impact.

He argued that since residents are paying their bills based on smart meters, they should be entitled to uninterrupted 24-hour power supply.

The rally was attended by numerous party members including Abhishek, Geeta, Bittu, Ganesh, Bantu, Prem, Kalu, Rampal, Naresh, Ram, and others, highlighting broad support for the cause.

Vijay Bakaya emphasizes upon strengthening of Apni Party at grass root level



Top News Report

JAMMU, July 22: Apni Party General Secretary, Vijay Bakaya today emphasized upon the strengthening of the Party at the grass root level during a review meeting.

As per a press release, a meeting was chaired by Vijay Bakaya here at the Party Office, Gandhi Nagar, Jammu to discuss the working of the party, and chalk out a strategy to strengthen the ground level workers across the region.

During the meeting, a threadbare discussion was held regarding the working of the party and how it can be improved for the general masses.

In his address, Vijay Bakaya emphasized upon the party leaders to continue public outreach programs in their respective areas, and educate people about the developmental policies, and programs of welfare.

He said that the people in Jammu and Kashmir should know the welfare policies of the party that would be implemented once the party forms Govt in Jammu and Kashmir.

However, he asked the party leaders to gear up their election campaign, and public outreach programs. He also directed the leaders to list the problems of the people and ensure that they could be highlighted at the appropriate platform for early disposal of the grievances.

He said that the people in Jammu and Kashmir have been waiting for an elected Govt and restoration of statehood to the erstwhile state for the last several years.

"The people have unshaken faith in the Apni Party, and its leadership. Therefore, it becomes important for us to meet the people of different segments and put in all of our efforts to get their

work done," he added.

Meanwhile, other leaders of the party also addressed the meeting, and suggested certain measures that should be taken up to improve the working of the party and strengthen it at the ground level.

Prominent among those who attended the meeting include Additional General Secretary, Arun Chibber, Provincial Secretary and Membership Drive Incharge, Dr. Rohit Gupta, Spokesperson of the Party / General Secretary Youth Wing, Abhay Bakaya, Provincial President, Jammu, Women Wing, Pavneet Kaur, Provincial President Apni Trade Union, Raj Sharma, Provincial President, Jammu, Legal Cell, Adv Vikram Rathore, District President Apni Trade Union, Anirudh Vaishist, Transport Union, Yash Chowdhary, District President Minority Wing, Jammu, Dalbir Singh, and others.

Urban Forestry Department conducted plantation drive in Bahu Fort Temple

Top News Report

JAMMU, July 22: Urban Forestry Division Jammu and local police conducted plantation drive in Bahu Fort Temple, Jammu. An official said

Mittal, SHO Vijay Kumar, SI Lekhray were present in this campaign. Let us tell you that in continuation of its outreach tree plantation program in Jammu city, Urban Forestry Division Jammu



that due to the terror of monkeys, we have protected every plant. He also informed that Urban Forestry Division Jammu has already conducted plantation drive at important places in Jammu. DFO Ashwani Kumar

organized a massive tree plantation drive in Bahu Fort under the theme 'Ek Ped Maa Ke Naam'. In the said tree plantation ceremony, Peepal, Rudraksh as well as various types of ornamental, shady and avenue

trees were planted. It is worth mentioning that Urban Forestry Division Jammu has organized many such tree plantation drives in Jammu city area from 1st July 2024 and with the onset

of monsoon. This year Urban Forestry Division Jammu has laid special focus on creating wide awareness in Jammu about the importance of tree plantation drive and the Division is committed to it.

India's defence budget will have to be higher than China: Chandel

Top News Report

JAMMU, July 22: A Hinduist BJP leader, Raju Chandel expressed urgent concerns regarding India's national security in a press conference in Jammu.

Chandel emphasized the immediate need for India to acquire 12 squadrons of aircraft, specifically mentioning the 5 + 1 PD variant, along with four aircraft carriers equipped with modern fighter aircraft. Additionally, he stressed the acquisition of as many nuclear submarines as possible.

Chandel identified China as the primary threat to India's security, citing its large population and proximity to India's sea borders.

He underscored the need for India to bolster its defense capabilities in response to what he described as China's aggressive military preparations.

According to Chandel, the urgency to strengthen India's security apparatus stems from the potential threats posed by both China and Pakistan.

He asserted that India



currently lacks adequate numbers of fighter planes, aircraft carriers, and submarines to effectively defend against simultaneous threats from these neighbors.

He urged swift action in procuring advanced weaponry and military assets, stating that cost should not be a barrier in acquiring these vital resources. He criticized what he perceived as delays in military acquisitions, contrasting it with the perceived readiness of China and Pakistan for conflict.

Chandel asserted that India has the financial capability to fund these acquisitions, suggesting that money is not a limiting factor in upgrading India's defense capabilities.

Army organizes volleyball match at Lam

Top News Report

RAJOURI, July 22: Indian Army organized a spirited 'Volleyball Match' at Lam drawing healthy participation from enthusiastic youngsters.

The match highlighted the importance

of recreational activities in promoting physical fitness and mental well-being amongst civilians and soldiers.

Spectators witnessed thrilling display of skill, teamwork and had created electrifying atmosphere resonated with the spirit of unity and cooperation.

EDITORIAL

CONSERVATION
OF WATER BODIES

Water bodies in Jammu and Kashmir, ranging from pristine lakes to vital rivers, are crucial not only for ecological balance but also for sustaining livelihoods and tourism in the region. The conservation of these water bodies is paramount to ensure their longevity and the well-being of the communities that depend on them. This article explores the importance of water conservation in Jammu and Kashmir, the challenges faced, and the efforts needed to safeguard these invaluable resources.

Jammu and Kashmir is blessed with numerous water bodies that play a vital role in the region's ecosystem and economy. The iconic Dal Lake in Srinagar, Wular Lake, and Mansar Lake are just a few examples of the natural treasures that define the landscape. These lakes not only serve as habitats for diverse flora and fauna but also support fishing and agriculture, providing livelihoods to local communities.

The rivers flowing through J&K, such as the Jhelum, Chenab, and Tawi, are lifelines for irrigation, hydropower generation, and drinking water supply. They are essential for agriculture, particularly the cultivation of saffron in Pampore and other crops across the valley. The waters of these rivers are also harnessed for hydroelectric power, contributing significantly to the region's energy needs.

Despite their importance, water bodies in Jammu and Kashmir face several challenges.

Urbanization, agricultural runoff, and untreated sewage discharge pose significant threats to the water quality of lakes and rivers. The Dal Lake, for instance, suffers from heavy pollution due to encroachments, algae blooms, and solid waste disposal.

Changing weather patterns, including erratic rainfall and melting glaciers, impact the flow and availability of water in rivers and lakes. This affects agriculture, hydropower generation, and overall water security in the region.

Unauthorized construction and encroachments along lakefronts and riverbanks disrupt the natural flow of water bodies, leading to habitat loss and degradation.

While essential for energy production, the construction of dams and hydroelectric projects alters river ecosystems and can affect downstream water availability and biodiversity.

Limited public awareness about the importance of water conservation and sustainable practices contributes to overuse and mismanagement of water resources.

Despite these challenges, concerted efforts are underway to conserve water bodies in Jammu and Kashmir.

Organizations like the Lakes and Waterways Development Authority (LAWDA) in Srinagar are implementing lake restoration projects. These efforts include dredging, solid waste management, and the promotion of eco-friendly tourism practices.

Steps are being taken to curb pollution through the installation of sewage treatment plants, enforcement of waste disposal regulations, and public awareness campaigns.

The Jammu and Kashmir government, in collaboration with environmental agencies, is focusing on river rejuvenation projects. These include afforestation along riverbanks, soil erosion control measures, and sustainable land use practices.

Local communities, NGOs, and educational institutions are actively involved in water conservation initiatives. Programs such as community-led clean-up drives and environmental education workshops aim to foster a sense of stewardship among residents.

Improved governance, policy frameworks, and legal protections are crucial for effective water resource management. This includes stricter enforcement of environmental laws, integrated water management plans, and stakeholder consultations.

To ensure the sustainable management of water bodies in Jammu and Kashmir, several actions can be prioritized.

Develop comprehensive water management plans that balance conservation with socio-economic development goals. Implement measures to adapt to climate change impacts, such as water harvesting techniques, resilient infrastructure, and drought management strategies. Invest in research on water quality monitoring, ecological assessments, and sustainable water use technologies. Increase awareness campaigns on the importance of water conservation, pollution prevention, and sustainable water use practices. Collaborate with neighboring states and international bodies for transboundary water management, sharing of best practices, and joint research initiatives.

The conservation of water bodies in Jammu and Kashmir is vital for ecological integrity, sustainable development, and the well-being of its people. Through collective action, innovative solutions, and robust governance, these natural treasures can be preserved for future generations, ensuring a resilient and thriving environment in the region.

By: Avnish Longowal

As soon as summer sets in, the people of the plains yearn to move to a cooler region to enjoy the cool breezes and seasonal change, since ancient times the lap of the Himalayas has been seen as heaven, if God has provided comforts, So it is necessary to spend a little money on your life, through this article I am going to share with the readers the information about Chamba district, Himachal Pradesh's romantic, natural treasure, situated in the heart of nature, which is rich in nature as well as history.

Chamba Kingdom: Chamba is famous for its temple architecture and handicrafts, the city is located near the river Ravi, it was the capital of a hill kingdom in ancient times, King Sahil Varman of Chamba named after his daughter Chapabati in 920 AD. Named after the state, the symbols of the state still exist today in the form of Maharaja Bhuri Singh temples.

Bhuri Singh Museum: Raja Bhuri Singh ruled from 1904 to 1919. They in turn donated family material to the museum, which opened on 14 September 1908. It has many paintings of the Chamba royal family, as well as many historical inscriptions in Sarada script, in this museum art, culture, ancient



weapons, coins, hill ornaments, dresses, decorative items can be seen, many researchers, students have their own Visit this museum for research.

Lachmi Narayan Temple: It is a special example of ancient Indian art, sculpture, architecture as well as Sanatani faith, the heritage of these temples built centuries ago reminds us of the rich heritage, the construction of this temple dedicated to Lord Vishnu 10 Built by King Sahil Varman in the century AD, the present day temple is located in the main bazaar of Chamba. The structure of the temple is similar

to that of a pavilion. A canopied roof over the temple protects from rain, snow.

Bhadal Valley: The valley rich in bio-life and natural flora is connected to Saluni at a distance of 53 km from Chamba. On the way, many natural scenery, hills, waterfalls can be seen. Jammu and Kashmir can be reached through this route through trekking.

Chaugan / Ground : 1 km long and green ground is located right in the middle of Chamba city along the river Ravi, many religious and social functions of the local people are held at this place, tourists

gather at this place in large numbers at sunset.

Chamunda Devi Temple: The entire Chamba city can be seen through this temple. This temple on top of the hill gives a feeling of mesmerizing cool breezes. A bell is rung in this temple, which is a symbol of wish fulfillment. Hari Rai Temple: This temple was built in the 11th century by King Salva-han. The temple is located near the fire brigade near the main bazaar, Chaugan, the Hari Raya temple is of four idol sizes, housing the ancient Kashe idol of Lord Vishnu.

During this Himachal journey, the beauty around Chamba city was amazing.

Sach Dara: This pass is in Pir Panjal Hills of Himalayas, which is part of district Chamba, this pass is completely covered with white snow, life is not enough, it serves to connect Chamba Valley with Pangi Valley, route Very difficult, Sach Dare is known from Bairagarh. It is true that there is lack of oxygen, but the sight of white sheets of snow looks very charming. The district is the last area of Chamba. Thus its journey is no less than a thrill.

Jai Hind
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From Union Jack to Tricolor: India's Tryst



By: Sidharth P K

The idea of one nation, one identity in a democratic parliamentary form of governance is visualized clearly in a wider sense of its true meaning. This very core message is implied in the spectrum of our Indian thinking. India, that is Bharat shall

be a union of state is the first article of the constitution brings forth. The constitution is the living document that is not been rusted by half a century.

India was born on the midnight's hour and we adopted a national flag with full might and constitutional commitment to its ideals. The tricolor is symbolic representation of India's dreams and idealism. It is projected in a sense of identity that each Indian shall ensure the dignity and fundamental of our eternal Bharatmata. The flag is safeguarded with

unparalleled constitutional values. The diversity of India is her blessing and such a country with a vast multitude voices and efforts makes India a true democracy in letter and spirit.

The flag of India is her symbol, the dream and overall the fire, ambition and flames of victory. The colors represent the indomitable spirit of national awakening from a long colonial darkness. The perfidy of imperialism set foot on Indian shores by the latter half of 16th century and left a monumental disaster,

plunging the economy, social life into a third rate and mere shambles. India is the very representation of a multi ethnicity and diverse social milieu, with amplified forms of life. The cultural zone that India promulgates through herself made, self-build nationalism is visible in the tricolor. India's glory doesn't dwell in the past nor the present, but is brighter than the dreams, of a continent too.

Jai Hind
Sidharth P K
Kerala
Writer/Columnist

Study of MBBS in Hindi medium

By: Vijay Garg

Most of the students of Hindi speaking states have Hindi as their medium of study, but when they choose medical or engineering after 12th, then suddenly they are forced to study in English medium. The good thing is that after the new National Education Policy (NEP) came out on the initiative of the Central Government, now the youth are getting the option of studying in their own language Hindi. In this sequence, now mainly Hindi speaking states like Madhya Pradesh and Bihar have announced the upcoming academic session. It has taken the initiative to provide MBBS educational through Hindi medium, which till now has been compulsorily imparted in English only. For MBBS studies in Hindi, only English books will be translated and medical terms

will be taught in their original names only. The curriculum will also be like that of AIIMS, Delhi, that is, there will be no reduction in the standards of medical education. Confidence will increase: With MBBS education becoming available in Hindi to the youth of Hindi speaking states, the students of these areas will lose interest in English. You will get a chance to study without fear. They will be able to easily understand the subject and get hold of it. After getting the option to study in Hindi and increasing their confidence, they will definitely be motivated to improve their English also. They will definitely understand that it will be in their best interest to do so to increase their knowledge in the medical field and to understand the research in the country and the world. The path is not difficult: In many countries of the world the medium of instruction

is the local language. For this, in the local language Syllabus and books are prepared. This is done so that students can take more and more interest in reading, thereby increasing their knowledge. However, some people may oppose this initiative saying that what is the need to provide medical education in Hindi? Whoever wants to study it will definitely study English. This argument would be called maintaining the status quo. Such people do not care about the millions of students who want to make a career in the medical field but are afraid of English and do not want to study it. They step back. It is only a one time effort to provide courses and books in Hindi. Once the foundation is ready, it will only have to be updated with new discoveries-inventions-research. The country and society will benefit: Today, India is the most

populous country in the world. If seen in this context, even today there is a huge shortage of doctors in proportion to the population in our country. Today, with the encouragement of the Central Government, emphasis is being laid on increasing the number of medical colleges across the country, along with this Providing facilities to the youth to study and take examinations in Hindi and other regional languages is also a big demand of today's times. With this, more and more students will be inspired and encouraged to make a career in the medical field and the shortage of qualified and experienced doctors currently being seen in the country will also be removed.

(Vijay Garg Retired
Principal Educational
Columnist Malout
Punjab)

Mission Director Poshan J&K launches "Poshan Bhi Padhai Bhi" training program for Anganwadi Workers

Top News Report

HANDWARA, July 22: Mission Director Poshan Rubina Kauser in presence of District Program Officer (DPO) Kupwara Hakeem Tanveer (JKAS) along with others on Monday inaugurated a pioneering three-day training program dubbed "Poshan Bhi Padhai Bhi" for Anganwadi Workers at Environment Hall Handwara in North Kashmir District Kupwara.

DPO Kupwara delivered Inaugural speech and he welcomed Mission Director Poshan Rubina Kauser for their presence in this program which was organised by Poshan Project Rajwar. The initiative aims to equip workers with comprehensive knowledge and essential skills crucial for nurturing children during their formative years.

They underscored the program's core motive, emphasizing its pivotal



role in promoting early stimulation, providing high-quality play-based early childhood care and education, and reinforcing understanding of nutrition, including Poshan 2.0 and Saksham Anganwadi initiatives.

With an emphasis on capacity building and skill enhancement, the training program seeks to empower Anganwadi workers to cater to the diverse needs of children under their care.

Rubina Kauser reiterated the program's commitment to holistic development, foundational literacy, and numeracy, ensuring a comprehensive approach to child welfare in the region.

She highlighted Government's commitment to ensuring holistic development of all children under the age of 6 years, with a focus on building their skills in the key development domains identified under the National Education

Policy 2020 (NEP) viz., physical/motor, cognitive, socio-emotional-ethical, cultural/artistic, and the development of communication and early language, literacy and numeracy under 'Poshan Bhi Padhai Bhi' which is in pursuance of the recommendations of the National Education Policy (NEP) 2020 and the ECCE Taskforce established by the Ministry of Women and Child Development. Recommendations of

the Task Force were the outcome of exhaustive consultations with State governments, experts and most importantly parents and community.

On the occasion Course Coordinator & CDPO Rajwar Tahmeema Qadir, CDPO Kalarooos Shameema, Ab Qayoom Wani CDPO Wawoor/Sogam, Gh Nabi Sheikh CDPO Tangdhar/Teetwal, CDPO Kupwara Mujeeb UI Haq Wani CDPO Langate Reyaz Ah along others were present on this occasion.

The "Poshan Bhi Padhai Bhi" initiative stands as a testament to Poshan Kupwara's dedication to promote early childhood development and nutritional literacy.

CDPO Kupwara Majeeb UI Haq Wani shared a power point presentation about Poshan Bhi Padhai Bhi.

The said program was anchored by Supervisor Mtr.Aabida War.

Ashutosh Army Goodwill School Budkot hosts Inter-School Quiz Competition



Top News Report

HANDWARA July 22: On the momentous occasion of the 25th anniversary of Kargil Vijay Diwas, Ashutosh Army Goodwill School, Budkot Handwara organized an Inter-school quiz competition, celebrating the spirit of victory and patriotism.

The event saw enthusiastic participation from eight schools across the Districts of Kupwara and Baramulla.

The vibrant Quiz Competition was hosted by well known Quiz master

and an Army veteran Colonel Vembu Shankar, a Shaurya Chakra awardee, who kept the participants and audience, engaged with his wits and knowledge.

The event was graced by the esteemed presence of various eminent dignitaries of civil administration and Principals of various schools and colleges.

In a thrilling competition AIIMS School Handwara emerged as the winners.

The young and talented participating students from all eight schools

showcased exemplary cognitive ability and competitive spirit, making the event a grand success. The competition not only commemorated the valor of our soldiers but also provided a platform for the budding minds of North Kashmir to exhibit their knowledge and foster a sense of camaraderie and competitive spirit.

The Indian Army extends its heartfelt gratitude to all participants and guests for making the event a resounding success.

Foldable Smartphones growing exponentially in India: Samsung Mobile Biz Chief

Top News Report

JAMMU, July 22: India is one of the biggest smartphone markets in the world, and continues to be very important for Samsung, said a senior executive of South Korean major Samsung Electronics. Nearly 80% of smartphones sold in India are priced below Rs 30000, but more consumers are adopting premium smartphones, driving the growth of niche products such as foldables.

"The Indian market is one of the markets where foldables are growing exponentially. At the center lies Galaxy foldables. We expect the market demand to grow this year and we have high expectations about the Indian customers adopting the new Galaxy Z Flip6 and Galaxy Z Fold6 with incorporation of Galaxy AI that are optimized for foldables," said TM Roh, President and Head of Mobile

Experience Business, Samsung Electronics.

Samsung's recently launched Galaxy Z Fold6 and Z Flip6 foldable smartphones have got off to a great start in India, registering 40% higher pre-orders as compared to the previous generation of foldables in just 24 hours. The sixth generation Galaxy foldables are powered by Galaxy AI, Samsung's suite of AI tools that help break the barriers of communications and unleash consumers' creativity and productivity.

TM Roh said Samsung is democratizing mobile AI in a big way and plans to incorporate Galaxy AI in 200 million Galaxy devices by year-end. Galaxy Z Fold 6 and Galaxy Z Flip 6 are the most powerful Galaxy AI foldables with refined foldable designs and optimized Galaxy AI, he added.

Samsung has reinforced the display and

hinge on the new foldables, raising durability to a higher level. It has also improved heat dissipation structure for better gaming experience and increased battery so that the new Z Flip6 can last longer on a single charge.

Samsung has also launched new smartwatches and TWS devices - Galaxy Buds3 and Buds3 Pro - featuring new design.

"This year, for the first time, we also expanded the experience of Galaxy AI into healthcare. The new Galaxy Watch Ultra and Watch7 are equipped with the latest BioActive sensor, so that users can monitor their health-related indicators, leading to healthier and better lives," TM Roh said.

He also praised Samsung's Noida and Bangalore R&D centers, saying Indian engineers have contributed to the development of Galaxy AI and flagship products.

Kargil Vijay Diwas celebration : Cultural programme held at Belyian

Top News Report

KUPWARA, July 22: Indian Army organised a cultural pgme with Gujjars/Bakarwals so as to nurture a deep and close connect with our brethren. The programme was organised with an aim to build strong and healthy relation with Gujjars/ Bakarwals as they have occupied their dhoks in Belyian.



The pgme was organised by children, on the occasion of Kargil Vijay Diwas.

A total of 130 Gujjars and Bakarwals attended the interaction from all the baihks, wherein they

were told to maintain normalcy in the area and report on any unwanted activity.

They were also briefed to encourage their youth towards positive engagement in sports and education. They were also ensured that they will be provided medical assistance and security for their families.

In the end, the Gujjars/

Bakarwals conveyed that they are extremely satisfied and extended their gratitude and support to Indian Army for taking care of them and their family at such a far flung place.

Shaheen listens to public grievances



Top News Report

GANDERBAL, July 22: Janata Dal United (JD(U)) held a public grievances meeting at Chechpora Manigam in the Ganderbal district on Monday.

The event was presided over by State President GM Shaheen. Other key attendees included State General Secretary Vivek Bali, Dr. Ayooob Matoon, Political Advisor Riyaz Malik, Dr. Amjid Rizvi, State Youth President Zahoor Ahmad Bhat, District President Bandipora Abdul Majeed Gani, Ishiyaq Ahmad, Secretary GN Parey, District President Shopian Hayat Mohammad Ajaz, District President Pulwama

Shabir Sagar, and District President Srinagar, along with several other leaders.

The grievance meeting, organized by JD(U) District President Ganderbal Abdul Majeed Ganie at his residence, saw the participation of hundreds of local people with great enthusiasm. GM Shaheen listened to their grievances and assured them that all genuine issues would be resolved on a priority basis.

"Our party's main aim is to secure the release of all youth in Jammu and Kashmir and to restore statehood," said GM Shaheen. Speaking to the media, he added, "Today, our District President in Ganderbal

held a workers' meeting, and we are committed to reaching every corner of the Kashmir Valley to connect with the people. While the parliamentary session is ongoing, we are doing our best for our people."

Addressing the issue of elections, Shaheen stated, "Elections are not currently being held in the Kashmir Valley, but when the time comes and the elections approach, our party will be ready to participate." When questioned about the increasing terror attacks in Rajouri, he responded, "Our security forces are doing commendable work, and they will eliminate these threats soon."

District Administration Kishtwar discusses I-Day 2024 celebration plans



Top News Report

KISHTWAR, July 22: Deputy Commissioner Kishtwar, Dr. Devansh Yadav, convened a meeting with line department officers on Monday to discuss the preparations for the grand celebration of Independence Day 2024 in the district here at the Conference Hall, DC Office Complex, Kishtwar.

Among the attendees were SSP Kishtwar Abdul Qayoom, JKPS; ADC Kishtwar Pawan Kotwal; CPO Kishtwar Shahnawaz Bali; ACD Kishtwar Phulail Singh; AD Food/DIO Kishtwar Shafiqat Keen; Tehsildar HQ; AO DC Office, along with other district officers and concerned XEns.

The main event shall be held at Chowgan Ground, Kishtwar with additional

celebrations planned at various blocks, tehsils, and government offices throughout the district. Distinguished guests will proudly hoist the National Flag during the ceremonies.

During the meeting, detailed discussions took place regarding flag hoisting, cultural activities, dress rehearsals, and essential logistical and safety arrangements for the main program at Chowgan Ground.

DIO Kishtwar and CEO Municipal Council Kishtwar were instructed to ensure the Shahnai Vadan at the venue and MC office Kishtwar on the morning of Independence Day.

The responsibility of singing the National Anthem was assigned to GHSS Girls. A joint rehearsal of cultural

programs and the troop parade will commence tomorrow onwards, with the final dress rehearsal scheduled for 13th August 2024.

SSP Kishtwar assured comprehensive security arrangements throughout the district to ensure a smooth and safe celebration of Independence Day. The March Past Practice will be overseen by SSP Kishtwar.

Various other preparations were also discussed during the meeting, including venue and stage setup, installation of Shamianas by XEn PWD, floral decorations by the Floriculture Department, Public Address System by DI&PR Kishtwar, proper seating arrangements, fire tender services, sanitary facilities, limelining by EO Municipal Council, and water

and power supply by the concerned ExEns at main venue.

First aid facilities will be provided by the CMO, while designated committees will screen cultural items, and DYSSO will manage the procurement of mementos and trophies for participants.

Additionally, 14 Freedom Fighters will lead school children's Prabhat Pheris, with one Freedom Fighter accompanying each school and sharing their freedom stories.

Furthermore, Swachta Pakhwada will be organized by BDOs from 1st to 14th August 2024 under the supervision of ACD Kishtwar.

Speaking on the occasion, Deputy Commissioner Kishtwar emphasized the importance of all concerned officers working in a synchronized manner to ensure timely arrangements for the smooth celebration of the National Day.

Additionally, the Deputy Commissioner issued necessary directions to concern stakeholders to ensure the successful conduct of the National Event.

ABDPS Samiti's Amarnath Yatra Bhandara enters 23rd Day

Top News Report

JAMMU, July 22: Akhil Bhartiya Dharam Prachar Sewa (ABDPS) Samiti, Jammu and Kashmir has continuously been arranging Bhandara for Baba Amarnathji Yatris since 30th June, 2024 at Railway Station, Jammu with enthusiasm and fervor.

The Samiti has the mission of Public Service accomplishments which forms the core of the organization. The Langar run by the Samiti run continuously and provide pure healthy meals to pilgrims and devotees come from across the country for the darshan of Baba Amarnath.

Today on 23rd day, Maharaj inaugurated Bhandara in the presence of Sunil Shamra, National Co-ordinator of the Akhil Bhartiya Dharam Prachar Sewa Samiti, Vishwanathan ji Maharaj lauded the efforts of the volunteers of Samiti for arranging meals for the yatris coming from different states of India and abroad.



The National Co-ordinator of the Samiti Sunil Sharma informed that today on 22nd day of Bhandara Large number of yatris came from different states of India take meals and appreciated the efforts of the samiti for arranging meals day and night for such a long time for yatris with sweets and fruits on the directions and teachings of Bhrahmgyani Guruji.

The pilgrims shall be served hygienic, delicious, energetic and

digestive "sattvic" bhojan for all days; besides there shall be special and exclusive arrangement for pilgrims observing "fast" on Ekadashi and other important festival dates, such arrangement is available nowhere in Jammu Transit Camps.

Raman Sharma informed that For this purpose, the Akhil Bhartiya Dharam Prachar Sewa Samiti under the guidance of Sunil Sharma actively assisted by vishal Sharma, Amrit bhivani,

Vipin Kumar and Raman Kumar have constituted a team of highly dedicated Members to serve the yatris day and night in the best possible manner.

Among others who attended today's Bhandara namely Smt. Ramlata Sharma, Bhuvneshwari Sharma, Kewal Krishan Sharma, Rakesh Sharma, Raman Sharma Neeru Sharma, Aayushman Sharma, Arjun Kumar, Vishal Sharma, Ajay Kumar Balla and others etc.

Retelling the story of courtesans

Seema Bhalla says her book *Ganika*, which delves into the lives of courtesans, will inspire people to view these enigmatic performers objectively

Ganika in the Visual Culture of 19th-20th Century India is a beautifully crafted portrait of some of the most intriguing figures in Indian culture and history — the courtesans.

Interestingly, the release of this anthology coincides with the release of acclaimed filmmaker Sanjay Leela Bhansali's *Heeramandi*—The Diamond Bazaar—a series that also celebrates the courtesans, among other things, as connoisseurs of art!

The anthology highlights the courtesan as the artist in her own right—as a poet, dancer, multilingual and style aesthete. It depicts the courtesan's cultural contribution to society—from her presence in the music to cinema, particularly classical music, the gramophone era, in film promotional memorabilia and her portrayal in post-Independence Hindi cinema.

Contributed by eight scholars with their expertise in the area, this fascinating anthology was released, with limited copies, on the International Museum Day at the National Crafts Museum, New Delhi on May 18. The con-



tributors of this book include Swarnmalya Ganesha, Seema Bhalla, AK Das, Shweta Sachdeva Jha, Yatindra Mishra, Sumant Batra, Ira Bhaskar and Richard Allen. The book has been edited by Bhalla, the acclaimed art historian, curator and researcher from Chandigarh.

The anthology draws inspiration from a six-week exhibition on courtesans (with the same title) that Seema had curated in October 2022. "All exhibits were related to the tradition of courtesans. Most of them

were from a private collection, including paintings, Picture post cards, cigarette cards, match box covers printed in Sweden, Czechoslovakia, Austria, Japan etc, film posters and lobby cards. I had also collaborated with the National Crafts Museum, New Delhi, to include the textiles and jewellery from their collection," informs Seema, who has also contributed two chapters of this anthology.

This pictorially rich book covers different aspects of courtesans, tracing the trajectory

from the tradition of devdasis to their depiction in post-Independent Hindi cinema. "Ganika is the term used in the Rig Veda for a woman who performs in public. I have used this term for Courtesan. The book delves into various facets of courtesans that will inspire people to view these enigmatic, highly accomplished performers objectively," says Bhalla.

Obsessed with India's culture and heritage, Bhalla has a PhD in Indian miniature paintings from Panjab University, Chandigarh. She takes great pride in creating awareness towards culture and heritage, as it makes people take pride in their roots, and become responsible humans and citizens, according to her. Seema's strong affinity to all things old, steered her way to becoming an art historian. "Since childhood, I was drawn to antiques, palaces, old traditions etc. I always would get in trouble for stopping my mother distributing all the old colonial furniture, her heavily zari embroidered velvet wedding suits and shawls, old brass utensils, etc," laughs Seema.

Diljit Dosanjh's *Sardaarji 3* set to debut in theatres on June 27, next year



Punjabi superstar Diljit Dosanjh, who has been on a dream run professionally, has another project lined up for release. The actor-singer's upcoming film *Sardaarji 3*, has now booked its release date. The film is set to debut in theatres on June 27, 2025.

Diljit shared the film's poster on Instagram, featuring a monochro-

matic and blurred image of him with his back to the camera, along with a dialogue exchange in voice-over. In the caption, Diljit wrote, "Sardaarji 3 Releasing Worldwide June 27, 2025." So far, 2024 has been a remarkable year for Diljit.

The Punjabi superstar was earlier seen in the biopic *Amar Singh Chamkila*. The film,

which was released on Netflix, garnered great response from all quarters and was noted for its narrative style and a hit soundtrack by Oscar and Grammy winning composer AR Rahman.

Diljit also made a cameo appearance in the female-led film *Crew*, which starred Tabu, Kareena Kapoor Khan, and Kriti Sanon and was well-received upon its theatrical release. Diljit has recently faced controversy over allegations of non-payment to dancers during his Diljit Dosanjh — Dil-Luminati tour in Canada.

Some dancers claimed they were not paid for their work, while others were satisfied and honoured to have performed with Diljit.

Diljit's manager stated that the dancers who raised the allegations had not contacted them regarding the payment dispute.

Shehnaaz Gill knows how to stay healthy, cooks meal for herself during US trip

Actress Shehnaaz Gill, who is known for 'Bigg Boss 13', 'Kisi Ka Bhai Kisi Ki Jaan', and 'Thank You for Coming', is ensuring she stays fit by consuming healthy and clean food during her trip to the US.

The actress recently took to her Instagram stories and shared a boomerang video of herself cooking in the kitchen.

Shehnaaz is currently in Atlanta, Georgia, and is leaving no stone unturned in being consistent with her food intake.

In the video, the actress can be seen making rotis inside the kitchen as the pan heats up on the stove. An uttupam can also be seen next to the pan.

The actress was dressed in a red shirt paired with black pants.

Shehnaaz, who has been working in the Punjabi film industry for close to a decade, rose to prominence with the 13th season of the reality television show 'Bigg Boss'.

While she was in the 'Bigg Boss' house, her first single, 'Veham', was released, followed by other singles including 'Sidewalk', 'Range', and 'Ronda Ali Peti'.

Shehnaaz emerged as the second runner-up. Her chemistry with the late actor Sidharth Shukla on the show became the talk of the town.



In 2021, she appeared in the Punjabi film 'Honsla Rakh' opposite Punjabi superstar Diljit Dosanjh.

She then collaborated with Bollywood superstar Salman Khan, the host of 'Bigg Boss', for the film 'Kisi Ka Bhai Kisi Ki Jaan', and was later seen in 'Thank You for Coming'.

Digvijay Singh Rathee and Unnati Tomar from MTV *Splitsvilla X5* are in no mood to split...

Dating, love, betrayal and politics — MTV *Splitsvilla X5*: *ExSqueeze Me Please* is all about that and more. And then, there are couples from the show who have taken their relationships forward, outside the ongoing reality show format. One such couple we meet at Press Club is Digvijay Singh Rathee and Unnati Tomar.

Unnati doesn't shy away from showing her affection towards Digvijay. She wears a locket with Digvijay's initials. And the Haryana lad, who is a pass-out from SD College, Chandigarh, loves to take Unnati around the City Beautiful, Sukhna Lake and the Geri route included.

Talking about their journey, Digvijay shares how the experience of another reality show, *Roadies*, helps him navigate through *Splitsvilla*. Unnati, says, "Earlier in



my career, I took a lot of pressure to look and act a certain way. But it affected my mental state because I wasn't being my original self. So, for *Splitsvilla*, I decided to be myself."

Unnati believes in going with the flow, both in life and career. To which Digvijay adds, "We have a great bonding on screen and our chemistry is organic. So, it makes sense to stay connected even after the show. We miss each other when we don't find time to meet due to our work commitments."

Digvijay has acted in MX Player show *A Day in Our Lives Season 3* and a couple of music videos. On the other hand, Unnati too is in talks for TV shows. She says, "I have no qualms about long format shows as long as my role is good."

Digvijay looks up to Prince Narula, another

Haryana, who has made a name for himself in the reality format. "I too want to be part of reality shows like *Bigg Boss* and *Khatron Ke Khiladi*. I have done adventure sports like sky diving."

What Digvijay likes about the industry is that it doesn't differentiate people based on their body of work. "Even if I have done shows in the past, audition is a must and that stands true for all. It's good that one receives work based on talent."

While media interactions and visiting the city landmarks keep them busy throughout the day, it ends on a beautiful note for both of them at CP67 Mall Mohali. As many as 1,500 fans cheer loudly and root for Digvijay and Unnati. They create memories as they groove to the beats of *Waah Ji Waah*, the title track of *Splitsvilla*.

Shriya Saran: My Gurus instilled in me the importance of respecting art

On the occasion of Guru Purnima, I reflect on the profound impact my Gurus, especially Shovana Narayan and Nutan Patwardhan, have had in my life.

I began learning Kathak under the guidance of Shovana Narayan in Delhi at a very young age. Despite the challenges my family faced with my pursuing dance instead of a more conventional career, my mother supported me wholeheartedly. She relocated us from Haridwar to Delhi so I could learn from Guru Shovana Narayan. Through rigorous practice and invaluable guidance, Shovanaji instilled in me not just the techniques of Kathak, but also the deeper values it embodies.

Her teachings were not just about dance; they were about life itself—hard work, perseverance, and the understanding that today's struggle is tomorrow's fruit. She emphasised the importance of *riyaaz* (sincerity) in every aspect of life, a lesson that resonates deeply with me even today.

Seven years ago, my journey led me to Nutan Patwardhan ji



in Mumbai, where I continued to delve deeper into Kathak while also pursuing my passion for acting. Even during my pregnancy, her words and lessons were a source of inspiration and solace. Dancing till the ninth month kept me connected and joyful, even amid the challenges of the pandemic.

Both of them taught me that Kathak is more than just an art form; it's a way of life. It teaches patience, humility, and discipline—lessons that are increasingly rare in today's fast-paced world. They instilled in me the importance of respecting the art, its history, and its traditions, while also encouraging me to explore and innovate.

Guru Purnima is a time to express gratitude to those who have shaped my path. I am immensely thankful to Shovanaji and Nutanji for their unwavering dedication, guiding me, and for enriching my life beyond measure. They are not just my Gurus; they are my role models, guiding lights, and sources of inspiration in every step of my journey as an artist and as a person.

Ammy Virk pens special note for 'Bad Newz' co-star Vicky Kaushal



Punjabi star Ammy Virk, whose recent release 'Bad Newz' is receiving positive responses, has praised his co-star from the film and fellow Punjabi, Vicky Kaushal.

Recently, the actor-singer took to Instagram and shared a series of pictures with Vicky, expressing how he had an absolute blast working with him.

The camaraderie between the actors is evident in the pictures. Ammy wrote in the

caption, "From rehearsals to red carpets, it's been a blast with my brother Vicky Kaushal. Lights, camera, and romance. Couldn't have asked for better."

He further mentioned, "Just two Punjabi Munde planning to take over the world! Sharing the screen was an absolute pleasure. Talent ta hai hi, par dil vi bahut vadda veer da. Thank you for the experience, bhaji."

Vicky also shared the post in his Instagram stories and wrote, "Love

you Phajji! Baba sukh rakhe."

Recently, Ammy, who predominantly works in the Punjabi industry, shared that his own car was used during an action sequence in the film.

Appearing on 'Bombay Journey' with Vicky, he explained, "They needed a car to shoot a sequence in the film. They wanted to shoot an action sequence in Mussoorie. The unit wasn't able to find an SUV at a reasonable rate."

Ammy added, "I asked them to take my car. The action team of the film looked at me and said, 'are you sure we could take it?'"

The actor then told them in jest, "You will only drive it, and not roll down the mountain, right?"

At this point, Vicky and the show host, Sidharth Alambayan, were in splits.

'Bad Newz' also stars Tripti Dimri.

Play your games again in 2029, till then rise above politics, work for the nation, PM Modi tells Opposition ahead of Budget Session

Says Parliament is for the country, not for the parties; last session saw undemocratic attempts to throttle an elected prime minister's voice

NEW DELHI, Jul 22 (Agencies): An unusually combative Prime Minister Narendra Modi on Monday told the opposition parties to pause their games of political one-upmanship until the next elections in 2029 and work for the country till then.

Noting that Parliament is for the country and not for the parties, Modi said whatever fights had to be fought had been fought in the recently held elections and the people had delivered their mandate.

He was speaking to the media before the start of the Budget Session.

"Now all political parties have a special responsibility. For the next five years we have to fight for the country; for the next five years let's rise above politics to dedicate ourselves to the nation. In January 2029 again when elections happen you can play whatever games you want but till then let's work to empower the poor, women, farmers and youth, launch a people's campaign and attain the goal of Viksit Bharat by 2047," the PM said.

He recalled with anguish the



"undemocratic attempts to throttle the voice of an elected party".

"For two and a half hours the voice of prime minister was throttled in the very first session after the return of any government for the third term and there was no repentance for this," the PM said adding that Parliament is for the nation and not for parties.

"I am at pains to say that from 2014 onwards many MPs did not get a chance to speak in Parliament due to the negative politics or some parties which misused Parliament to cloak their failures," said Modi, urging

MPs to enrich parliamentary debates.

He said critical remarks are not bad, negative remarks are. The PM also said that the first full budget of the third term of NDA government "will lay the foundations for the attainment of the goal of Viksit Bharat by 2047 and will give direction for the next five years of the government".

Again hailing the third term for any government for the first time in 60 years, Modi said, "This session is an important milestone in the glorious journey of India's democracy. It's a matter of immense pride for

us that after 60 years a government has returned for the third time and will get the good fortune of presenting the first budget of the third term. This is a moment of pride for the country."

The PM said the budget to be presented on Tuesday would be an important budget of 'Amrut kaal'.

"The budget will determine the direction of five years of the government and will lay the foundation for making India developed in 2047.

We will come before the nation tomorrow with a strong budget," he assured.

The PM said India is the fastest growing among major economies with 8 per cent growth in the past three years.

"Today India has a positive outlook, investment and performance and opportunities are at their peak. This is an important milestone in our development journey. I urge all MPs notwithstanding the party they represent to enrich Parliament with their interventions," the PM said.

Supreme Court stays UP government's order to eateries to display names of owners along Kanwar Yatra route

NEW DELHI, Jul 22 (Agencies): The Supreme Court on Monday ordered an interim stay on the Uttar Pradesh government's directive to eateries on the Kanwar Yatra route to display the names of their owners.

The ex-parte order came from a Bench of Justice Hrishikesh Roy and Justice SVN Bhatt on petitions filed by the Association for Protection of Civil Rights, TMC MP Mahua Moitra, Prof Apoorvanand Jha and others challenging the validity of the directive.

Issuing notices to the governments of Uttar Pradesh, Madhya Pradesh, Uttarakhand and some other states where Kanwar Yatra takes place, the Bench posted the matter for July 26.

"We deem it appropriate to pass an interim order prohibiting the enforcement of the above directives. In other words, the food sellers, hawkers etc, may be required to display the kind of food

they are serving to Kanwariyas but they must not be forced to disclose the names of owners and staff employed," the Bench said, staying the UP government's order till the next date of hearing.

On behalf of the petitioners, senior counsel AM Singhvi, C Uday Singh and Huzefa Ahmadi submitted that the UP government's directive went against secularism and was aimed at exclusion by identity.

"Impugned directives encourage discrimination on grounds of caste and religion and cannot be seen to serve any 'legitimate purpose'. These directives promote discrimination solely based on religious and caste identity, as they do not require the display of food items being served or a statement that no non-vegetarian or non-satvik food is being served, but only the display of religious or caste identity explicit in one's name. This directly breaches Article

15 of the Constitution," one of the petitions submitted.

Maintaining that the decision was in the interest of law and order, the Uttar Pradesh government had on July 19 made it mandatory for food and beverage shops along the Kanwar Yatra routes to display the names/identity of the operator/owner of such establishments.

However, opposition political parties and Muslim organisations criticised the decision, terming it discriminatory against Muslims.

In Madhya Pradesh, a similar circular has been issued by the BJP-ruled Ujjain Municipal Corporation which has directed the shop owners in the city to display their names and mobile numbers outside their establishments.

Any violation of this order will attract a fine of Rs 2,000 for the first offence and Rs 5,000 if the order is defied for the second time, the Ujjain Municipal Corporation said.

IAS Smita Sabharwal questions disability quota in civil services, sparks row

NEW DELHI, Jul 22 (Agencies): Days after Puja Khedkar, a controversial probationary IAS officer, who got selected under disability criteria, a senior bureaucrat has questioned the need for quotas for the specially-abled in the civil services.

In an X post, Smita Sabharwal - member-secretary of the Telangana Finance Commission, said, "With all due respect to the Differently Aabled. ? Does an Airline hire a pilot with disability? Or would you trust a surgeon with a disability?"

"The nature of the AIS (IAS/IPS/IFoS) is field-work, long taxing hours, listening first hand to people's grievances-which requires physical fitness."

"Why does this premier service need this Quota in the first place!" she asked.

Amid the row, Shiv Sena MP Priyanka Chaturvedi responded to Sabharwal's tweet and termed it a "pathetic" point of view.

"This is such a pathetic



and exclusionary view to have.

Interesting to see how bureaucrats are showing their limited thoughts and their privilege too," Priyanka Chaturvedi said.

IAS officer Sabharwal was quick to reply, saying, "Madam, with due respect, if bureaucrats do not speak on pertinent issues of governance, then who will? My thoughts and concern, stem from a career of 24 odd years... no limited experience."

"Kindly read the view in entirety. I have stated that the AIS has different demands compared to other Central Services. The talented differently-abled can surely find great opportunities," her tweet read.

However, the IAS officer was again slammed by Chaturvedi, who said, "I haven't seen bureaucrats criticising the misuse of the quota such as EWS/Non creamy layer or Disabilities and getting into the system but rather about doing away with a reservation that promotes diversity and inclusion."

"I don't know how you telling about the number of years in service is relevant to your point. Thanks anyway." Puja Khedkar secured an All India rank of 821 in the Union Public Service Commission (UPSC) exams and was transferred from Pune to the Washim district of Maharashtra after allegations of misusing her authority.

No case made out for granting special category status to Bihar: Govt in Lok Sabha

NEW DELHI, Jul 22 (Agencies): The government on Monday cited an inter-ministerial group report prepared in 2012 to assert that a case for granting special category status to Bihar is not made out; a stand which came a day after the BJP's allies from Bihar demanded the status for the backward state.

In a written reply in the Lok Sabha on the first day of the Monsoon session, Minister of State for Finance Pankaj Chaudhary said special category status was granted in the past by the National Development Council (NDC) to some states which were characterised by a

number of features necessitating special consideration.

These included hilly and difficult terrain, low population density or sizeable share of tribal population, strategic location along borders with neighbouring countries, economic and infrastructural backwardness and non-viable nature of state finances, he said in reply to a question asked by JD(U) member Rampreet Mandal.

The decision was taken based on an integrated consideration of all the factors listed above and the peculiar situation of a state, the minister said.

"Earlier, the request of Bihar

for Special Category Status was considered by an Inter-Ministerial Group (IMG) which submitted its Report on 30th March, 2012. The IMG came to the finding that based on existing NDC criteria, the case for Special Category Status for Bihar is not made out," the minister said.

The Congress-led UPA was in power at the time.

JD(U) leader Sanjay Kumar Jha had voiced his party's demand for the status at an all-party meeting on Sunday. The Lok Janshakti Party (Ram Vilas), also a BJP ally, and the opposition RJD echoed the same demand at the meeting.

The JD(U), though, has already conveyed to the Centre that it is willing to settle for a special financial package in case the status cannot be granted to the state.

The BJD and the YSR Congress had made the same demand for Odisha and Andhra Pradesh respectively in the meeting.

The government has in the past also argued that the 14th Finance Commission report has ruled out the possibility of any more states being granted the status, which includes tax relief and higher central funding for the beneficiary states.

Fire erupts aboard indigenous frigate ship at Mumbai's Naval dockyard, doused; no casualty

MUMBAI, Jul 22 (Agencies): A fire erupted onboard an indigenous frigate ship undergoing refit at Mumbai's Naval Dockyard which was swiftly doused, an official said on Monday. No casualties were reported in the incident which occurred on Sunday evening.

The Indian Navy in a statement said an inquiry has been ordered to



investigate the cause of the fire which was detected by the ship's duty staff while carrying out routine maintenance work.

"A fire broke out onboard an Indian Naval Ship undergoing refit at Naval Dockyard in Mumbai on Sunday evening," the Navy stated.

Details about the extent of the damage caused to the ship due

to the fire are not available.

"The ship's firefighting team immediately commenced firefighting action and was augmented by the fire brigade from the Naval dockyard in Mumbai and other units in the vicinity. The fire has been brought under control. No casualties have been reported in the incident," the Navy said.

Supreme Court grants bail to Ashish Mishra, directs trial court to expedite hearing in Lakhimpur Kheri violence case

NEW DELHI, Jul 22 (Agencies): The Supreme Court on Monday granted regular bail to former Union minister Ajay Mishra's son and 2021 Lakhimpur Kheri violence case accused Ashish Mishra and directed the trial court to expedite the trial.

"Taking into consideration all the attending circumstances, the interim order is made absolute...We are informed that out of 117 witnesses, seven have been examined so far. In our view the trial proceedings need to be expedited. We direct

the trial court to fix the schedule, keeping in view the other time-bound or urgent matters that are pending but prioritising the pending subject," a Bench of Justice Surya Kant and Justice Ujjal Bhuyan said. It also granted bail to farmers in the case.

Four farmers were mowed down by an SUV in Lakhimpur Kheri when those against farm laws were holding a demonstration against Uttar Pradesh Deputy Chief Minister Keshav Prasad Maurya's visit on October 3, 2021. In the subsequent vio-

lence, two BJP workers, a driver and a journalist were killed. It was alleged that Ashish was driving one of the cars.

On January 25, 2023, the top court had granted interim bail to Ashish Mishra and directed him to leave Uttar Pradesh within a week of his release from jail and not to stay in Uttar Pradesh or Delhi while on interim bail. He could go to Uttar Pradesh only for trial purposes.

However, relaxing his bail condition, the Supreme Court had on September 26, 2023 allowed him to visit

Delhi to take care of his ailing mother and to avail treatment for his daughter.

On Monday, the Bench modified this condition and allowed him to stay in Delhi after senior counsel Siddhartha Dave submitted on behalf of Ashish that his daughters were studying in Delhi.

Dave contended that the father of the accused lost the Lok Sabha election and he was no longer a minister. However, Justice Kant said a person can be influential without being a minister.

Advocate Prashant Bhushan, representing the victims, said only seven witnesses had been examined in 19 months and that at this pace the trial would never end.

A Lakhimpur Kheri court had on December 6, 2022 framed charges against Ashish Mishra and 12 others for murder, criminal conspiracy and certain other offences in the case. Virendra Shukla, the 14th accused has been charged under Section 201 of the IPC for causing disappearance of evidence.

Dog bites 8 people, including 3 children, in Maharashtra, killed by mob



NEW DELHI, Jul 22 (Agencies): A dog bit eight people, including three children, in Maharashtra's Washim

district on Monday, before it was killed by a group of people who got angered following the incident.

The dog bit eight people walking on the road in different areas of Risod city in the district. A 70-year-old man was seriously injured while three children playing in front of a home were also attacked by the animal.

All the injured were rushed to a government hospital in Washim after the incident.

When the people came to know about the incident, they killed the dog in a bid to prevent such incidents in the future.

Indian-American leaders endorse Kamala Harris for president as Biden bows out

WASHINGTON, Jul 22 (Agencies): US Vice President Kamala Harris has received endorsements from three of the five Indian-American lawmakers in the House of Representatives and several prominent Indian-Americans, after President Joe Biden withdrew from the 2024 presidential race. Biden himself endorsed Harris as the Democratic Party's likely nominee.

This decision comes after mounting pressure from Democrats after a contentious debate with Donald Trump, where Biden struggled to respond effectively.

Harris, 59, is the first-ever Indian-American elected as Vice President of the US and now stands as the likely Democratic presidential nominee.

All five Indian-American lawmakers in the House of Representatives, including Raja Krishnamoorthi, Ro Khanna, Shri Thanedar, Pramila Jayapal, and Ami Bera, have hailed Biden's decision, with three endorsing Kamala Harris as the Democratic presidential nominee.

Congresswoman Pramila Jayapal was the first to endorse Harris, expressing her full support on social media.

"Kamala Harris for President. Let's beat Donald Trump and make history," Jayapal posted on X.

The two spoke over the phone as well, reported news agency.

"Vice President Kamala Harris just called me and I told her I am 100% in for her to be our President! She has the smarts, the experience, the accomplishments and the agenda to lead us to victory in November. Let's go!"

Ro Khanna, another Indian-



American lawmaker who represents California's 17th congressional district, also threw his weight behind Harris.

"I am proud to endorse Kamala Harris as our nominee. Her trailblazing candidacy as the first African-American woman and first Asian-American will be a jolt of energy in our party. Our party can now run on a message of hope and a vision for the future," Khanna stated.

Shri Thanedar, an Indian-American Congressman and the US representative from Michigan's 13th congressional district, expressed his support:

"I respect Biden's decision and fully support and echo his endorsement of Vice President Kamala Harris. She would be a fantastic nominee and would be an amazing President. I look forward to another four years of a Democratic presidency that puts people first."

The other two Indian-American lawmakers, Raja Krishnamoorthi and Ami Bera, praised Biden for his presidency and decision.

Krishnamoorthi remarked, "Through his decision today, Joe Biden has demonstrated the true and selfless nature of a life committed to putting the

country, and his fellow Americans, first."

"From passing historic investments in infrastructure to restoring American leadership on the world stage, I am proud of what we've been able to accomplish under his leadership," stated Ami Bera on X.

WIDESPREAD INDIAN-AMERICAN LEADERS' SUPPORT

Harris, who has been serving as the first female, first Black, and first South Asian vice president since 2021, has been endorsed by several prominent Indian-Americans.

Virginia State Senator Suhas Subramanyam endorsed Harris, calling her "the right leader at the right time."

Neil Makhija, Montgomery County Commissioner, announced plans to host fundraising events for Harris.

Ashwin Ramaswami, candidate for Georgia State Senate, highlighted the significance of Harris's candidacy for Indian-American and Asian American and Pacific Islander (AAPI) representation.

The Asian American Action Fund PAC also announced its full endorsement of Harris,

with chair Albert Shen stating, "Kamala Harris has consistently demonstrated her dedication to the values we hold dear: equality, opportunity, and justice for all."

Prominent diaspora leader MR Rangaswami expressed pride in Harris's candidacy, noting the increasing contributions of the Indian diaspora to American society.

Ronak D Desai, a leading expert on US-India relations, remarked that Harris's presidency would likely continue the strong bilateral ties between the US and India.

Democratic Party delegate Jai Bhandari expressed confidence in Harris's ability to defeat Donald Trump, citing her extensive experience and knowledge.

The Indian diaspora, although making up just over 1.5% of the US population, holds a significant number of senior public service positions, reflecting their desire to contribute positively to society.

Sanjeev Joshipura of the Indiaspora, a non-profit organisation in San Francisco, emphasised this growing influence, highlighting the increased representation in senior public service roles.

As Harris steps forward as the Democratic Party's likely nominee, her historic candidacy represents a milestone for both Indian-Americans and the broader Asian American community, signalling a momentous shift in American politics.

With just 106 days left until the November 5 elections, Harris is now poised to take the reins.

If Kamala Harris wins the presidential election, she will make history as the first woman of colour elected as President of the US.

Philippines 'to assert our rights' after South China Sea deal



MANILA, Jul 22 (Agencies): Philippines on Monday insisted that it will continue to "assert our rights" over a hotspot South China Sea reef, after reaching a deal with Beijing for resupplying Filipino troops stationed on a grounded warship.

The Philippine foreign ministry also rejected suggestions by China that the "provisional arrangement" announced on Sunday required Manila to give Beijing "prior notification" and verification of deliveries to the BRP Sierra Madre on Second Thomas Shoal.

China claims almost the entire South China Sea, including the Second Thomas Shoal, which lies about 200 kilometres (120 miles) from the western Philippine island of Palawan and more than 1,000 kilometres from China's nearest major landmass, Hainan island.

A Filipino sailor lost a thumb in the latest June 17 confrontation when Chinese coast guard members wielding knives, sticks and an axe foiled a Philippine Navy attempt to resupply its troops.

A Chinese foreign ministry spokesperson

sides that paved the way for a convergence of ideas without compromising national positions," foreign ministry spokeswoman Teresita Daza said in a statement.

"The (Chinese foreign ministry) spokesperson's statement therefore regarding prior notification and on-site confirmation is inaccurate," Daza said.

Daza said the Philippines "will continue to assert our rights and jurisdiction in our maritime zones", which included the second Thomas Shoal.

The fish-rich shoal has been a focus of violent clashes between Chinese and Philippine ships in recent months as Beijing steps up efforts to push its claims to almost the entire South China Sea.

A Filipino sailor lost a thumb in the latest June 17 confrontation when Chinese coast guard members wielding knives, sticks and an axe foiled a Philippine Navy attempt to resupply its troops.

A Chinese foreign ministry spokesperson

said on Monday that Beijing had agreed to an arrangement with the Philippines over Filipino resupply missions "based on our principled position" that the shoal was part of Chinese territory.

"Should the Philippines need to send living necessities to the personnel living on the warship, China is willing to allow it in a humanitarian spirit if the Philippines informs China in advance and after on-site verification is conducted," the spokesperson said.

But it would "absolutely not accept" the delivery of large amounts of construction materials to the ship and attempts to "build fixed facilities or permanent outpost".

The resupply arrangement followed talks with Beijing this month when the countries agreed to "de-escalate tensions" and increase the number of communication channels to resolve maritime disagreements between them.

A handful of Filipino troops are stationed on the decrepit BRP Sierra Madre that was deliberately grounded on Second Thomas Shoal in 1999 to assert Manila's claims to the area.

They require frequent resupplies for food, water and other necessities as well as transport for personnel rotations.

Russia says downed 75 Ukrainian drones in southern Rostov region

MOSCOW, Jul 22 (Agencies): Russia on Monday said that its forces had downed 75 Ukrainian drones, with nearly 50 destroyed over the southern Rostov region.

Air defence systems intercepted 47 drones over Rostov, 17 over the Black and Azov seas and 11 in other areas including one over the frontier region of Belgorod, the defence ministry said.

Regional authorities in the Black Sea town of Tuapse in the Krasnodar region said that debris from a downed drone sparked a fire in a petrol refinery.

"The Kyiv regime



once again tried to attack civil infrastructure in Tuapse with drones," the regional authorities said on Telegram, adding that nearly 100 firefighters had been deployed to battle the blaze.

There were no casualties, according to preliminary information.

Russia almost daily announces the interception of Ukrainian drones which Kyiv says are a response to Russian attacks aimed at military and civilian targets since Moscow launched its special military operation in February 2022.

Student publicly accuses her supervisor of sexual harassment

HONG KONG, Jul 22 (Agencies): A female PhD student at one of China's top universities took social media by storm after accusing her academic supervisor of sexual harassment and said he threatened to stop her from attaining her doctorate for refusing his advances. Her school said Monday it launched an investigation.

The woman, who identified herself as Wang Di and said she studied at Renmin University of China's School of Liberal Arts, posted Sunday a 59-minute video, in which she briefly held up an identification card on the Chinese social media platform Weibo and talked about how

she was abused.

Wearing a mask, she claimed the professor, an ex-vice dean and a former Communist Party representative at the school, physically and verbally abused her. She also said for more than two years, he assigned her many unpaid tasks, scolded her, and threatened that she would not graduate after she rejected him.

Wang Di shared a screenshot showing messages between her and the said professor in which he asked they meet at his office for a discussion on May 21, 2022. She also uploaded some audio clips which she said were evidence of the harassment. In one, a man

could be heard trying to kiss a woman who kept saying: "No, no, teacher."

"At this moment, I can no longer endure it and have nowhere to retreat, so I am speaking out," she wrote. Her post drew 1.73 million likes as of Monday early afternoon, with many users leaving comments in support of the student who demanded the professor be legally punished and a new supervisor be appointed for her. She also said she was willing to be held legally responsible for her accusations against the professor.

News agency could not independently verify the recordings and Wang's claim.

Renmin University said Monday it took the online complaint seriously and had set up a task force to investigate the allegations, adding it has zero tolerance toward any teacher's ethical misconduct and pledging to announce the probe results in days.

The professor has not immediately responded to the agency request for comment.

In China, public accusations of sexual harassment have become rare in recent years following a brief uptick because of the #MeToo movement, swiftly snuffed by the government. The Chinese ruling Communist Party viewers powerful social movements

as a potential threat to stability and its hold on power.

In June, a Chinese journalist who promoted women's rights as part of the nascent #MeToo movement was sentenced to five years in prison on charges of incitement to subvert state authority, according to her supporters.

In one of the most high-profile cases, former Chinese tennis star Peng Shuai also disappeared from the public eye after accusing former high-level official Zhang Gaoli of sexual assault in 2021. Her accusation was quickly scrubbed from the internet and discussion of it remains heavily censored.

"Israel's Enemies Know...": Netanyahu On US Ties After Biden's Poll Exit

JERUSALEM, Jul 22 (Agencies): Israel will be the United States' strongest ally in the Middle East regardless of who is elected president in November, Prime Minister Benjamin Netanyahu said on Monday before flying to Washington, where he was due to address the U.S. Congress.

The visit, Netanyahu's first to his most important international ally since returning for a record sixth term as prime minister at the end of 2022, has been overshadowed by President Joe Biden's decision not to seek reelection.

Netanyahu said he would thank Biden for all he has done for Israel throughout his career and discuss with him issues such as securing the release of Israeli hostages in Gaza, defeating the Palestinian Islamist group

Hamas, and confronting Iran and its proxies in the region.

A meeting with Biden is tentatively planned for Tuesday if the 81-year-old president has recovered from Covid-19. Netanyahu is scheduled to address Congress on Wednesday.

"I will tell my friends on both sides of the aisle that regardless of who the American people choose as their next president, Israel remains America's indispensable and strong ally in the Middle East," he told reporters before taking off.

"In this time of war and uncertainty, it's important that Israel's enemies know that America and Israel stand together today, tomorrow and always," Netanyahu said, adding he wanted to "anchor the bipartisan support that is so important for Israel".

After months of frosty relations with Washington over how Israel has conducted its offensive launched in Gaza after the Hamas-led attack on Oct. 7, the visit offers Netanyahu a platform to try to reset relations with Washington.

His speech to Congress is expected to focus on coordinating the Israeli and U.S. response to the volatile situation in the Middle East, where there is a growing danger of the Gaza war spilling over into a wider regional conflict.

The speech is likely to be less confrontational than an address Netanyahu gave to Congress in 2015, when he criticised Barack Obama's drive as president for a nuclear deal with Iran.

PRESSURE
U.S. pressure on Israel for a resumption of talks on reaching a politi-



cal agreement with the Palestinians, and a U.S. threat to withhold arms, have underlined perceptions in Israel that ties with Washington have weakened under Netanyahu. He has also faced protests in Israel demanding a ceasefire in Gaza.

"Part of the goal is to try to show that with all that's been said, with

all the protests, Netanyahu is still the leader, still has support, he still has strong relations with America," said Yonatan Freeman, an international relations specialist at the Hebrew University of Jerusalem.

The invitation for Netanyahu to address a joint meeting of Congress - a rare honour generally reserved for

the closest U.S. allies - was orchestrated by the House of Representatives' Republican leadership, which has accused Biden of not showing sufficient support for Israel.

There was no immediate sign that Netanyahu will see Republican presidential candidate Donald Trump. The two forged a close relationship during Trump's presidency but Trump has since criticised Netanyahu and said the Gaza war must end quickly.

Although his welcome in Congress should be generally warm, protests roiling U.S. campuses suggest Netanyahu's reception outside official Washington may be hostile.

Activists opposing Israel's offensive in Gaza and Washington's support for Israel plan protests at the U.S. Capitol

on Wednesday. Police expect a "large number of demonstrators" and are making additional security arrangements but said there were no known threats.

Israel has been isolated internationally over its campaign in Gaza, which Gaza health authorities say has killed almost 39,000 Palestinians, the expansion of settlement-building in the occupied West Bank and Jewish settlers' attacks on Palestinians.

An opinion issued on Friday by the International Court of Justice that Israel's occupation of Palestinian territories is illegal was criticised by Washington. But it followed similar developments including a decision by the International Criminal Court's prosecutor to seek an arrest warrant against Netanyahu.

In Israel, Netanyahu

faces growing calls for a deal that would halt the fighting in Gaza and allow the return of 120 hostages - alive or dead - still held in the enclave run by the Palestinian operative group Hamas.

Netanyahu has resisted pressure for an inquiry into the security failures before the Oct. 7 attack on Israel in which 1,200 people were killed and over 250 abducted into Gaza.

Opinion polls show most Israelis hold him responsible and would vote him out if elections were held.

Netanyahu will be accompanied by Noa Argamani, a hostage rescued by Israeli commandos last month. Her presence has been criticised by other hostage families who say Netanyahu has not been doing enough to secure the release of their loved ones.

Aryans Group celebrates National Flag Day

Top News Report

JAMMU, July 22: The National Flag Day was celebrated at Aryans Group of Colleges, Rajpura, Near Chandigarh with great enthusiasm and fervor.

Para Cricketer Amir Hussain Lone, Brand Ambassador, Aryans Group was the special guest at Aryans Campus and was the part of various activities done by Aryans B. Sc. Nursing, GNM, ANM students.

Amir while addressing students said that



the Tricolour of India, the Tiranga, not only represents the country but also represents the sacrifice of millions of people across the nation who made the supreme sacrifice for freedom. It represents harmony, cultural heritage, and unity in diversity.

National Flag Day in India is celebrated annually on July 22 to commemorate the historic day when the Constituent Assembly of India adopted the present-day tricolour flag as the official National Flag of the country.

Samsung launches Galaxy Watch7, Galaxy Watch Ultra, Buds3 Series in India

Top News Report

JAMMU, July 22: Samsung, India's largest consumer electronics brand, has announced exciting offers for consumers pre-ordering its new Galaxy Buds3, Galaxy Buds3 Pro, Galaxy Watch7 and Galaxy Watch Ultra smartwatches. Galaxy Watch7 and Galaxy Watch Ultra expand the power of Galaxy AI to more people through wearables designed to provide end-to-end wellness experiences for everyone.

Galaxy Watch Ultra – the newest and most powerful addition to the Galaxy Watch portfolio – is designed for enhanced fitness experiences for next level achievements with ultimate intelligence and capabilities.

The Watch Ultra gets a new cushion design to enhance protection

and visual completeness. It comes with Titanium Grade 4 frame and 10ATM water resistance and can operate at a wider range of altitudes for advanced fitness experiences like swimming in the ocean to cycling in extreme environments.

With a newly added Quick Button, you can instantly initiate and control workouts and map other functions to suit your needs. In addition, you can activate an Emergency Siren for safety. Post-workout, check stats at a glance with dedicated watch faces for Galaxy Watch Ultra. With a peak brightness of 3,000 nits, Galaxy Watch Ultra also ensures readability even in bright sunlight. For peace of mind during longer adventures, Galaxy Watch Ultra has the longest battery life within the Galaxy Watch

line-up, offering up to 100 hours in Power Saving and 48 hours in Exercise Power Saving.

Galaxy Watch Ultra will be available in a 47mm size in Titanium Gray, Titanium White and Titanium Silver. Galaxy Watch Ultra comes with a 3nm chipset.

With Galaxy Watch7, you can accurately track over 100 workouts and build routines by combining various exercises with Workout Routine to achieve your goals. Receive a complete body and fitness snapshot with Body Composition for a comprehensive understanding of your body. In addition to the new advanced Galaxy AI algorithm for sleep analysis and get a deeper understanding of your heart health with Electrocardiogram (ECG) and Blood Pressure (BP) monitoring.

Sawan Somwar fasting with Maha Abhishek ceremony begins at Shiv Temple Trikuta Nagar



Top News Report

JAMMU, July 22: Sawan Somwar fasting and the Maha Abhishek ceremony at Shiv Temple Sect 5 & 7 Trikuta Nagar, Jammu.

Sawan Somwar fasting began on Monday, July 22, 2024, and will continue till Monday, August 19, 2024. This period is dedicated to Lord Shiva, and devotees observe a weekly fast on Mondays throughout the Shravan

month to seek blessings and well-being.

Sawan, also known as Shravan, is regarded as one of the holiest months in the Hindu calendar, particularly revered by devotees of Lord Shiva. It is a time for spiritual devotion, prayer, and seeking divine blessings.

On the first Monday of Sawan, a Maha Abhishek ceremony was performed at the Shiv Temple located in Sect 5 & 7, Trikuta

Nagar, Jammu. This ritualistic bathing of the deity with holy substances is considered highly auspicious and draws a large number of devotees.

The Maha Abhishek ceremony was organized by S.K. Jolly, the president of the temple. Prominent individuals present at the ceremony included Vijay Vaid, Kaphai, Nishu Dubey, Pandit Pankaj, Pandit Mohinder, Pandit Sethi, and others.

The presence of a significant number of devotees underscores the deep spiritual devotion and faith in Lord Shiva during this auspicious period of Sawan.

Overall, the Sawan Somwar fasting and the Maha Abhishek ceremony at Shiv Temple in Jammu exemplify the spiritual significance and communal devotion associated with the month of Sawan among devotees of Lord Shiva.

Medical camp organized at Shiksha Niketan

Top News Report

JAMMU, July 22: The Management-cum-Administration of Shiksha Niketan Senior Secondary School, Jeevan Nagar- Jammu is keen about the Academic Progress as well as the Physical Fitness of its Students and Staff Members.

The True Education aims at the "Allround Personality Growth" – Physical, Mental and Moral of Students.

The School arranges various Medical Camps of Medical Professionals (Doctors) and Experts for the Physical Check-up of its Students and Staff Members. One such "Medical Camp" was held at Shiksha Niketan, Jeevan Nagar-Jammu on Monday.

The doctors & medical experts carried on the multi-sided Physical Check-up of the School Students and Staff members with regard to their Dental, Eye-Sight or Blood – Pressure problems, if any, and provided them on the spot requisite Check-up as well as the Medical Aid free of charge.

The Medical Staff also provided the "Counselling" on Hygiene & Sanitation, importance of Safe Drinking Water, modern-day healthy lifestyle related diseases and the adoption of the preventive measures to ward off the seasonal and contagious diseases.

The Medical Camp was organised under the supervision of the School Headmaster, Sh. Harish Sharma Ji.

The School Principal, Rameshwar Mengi along with the Headmaster Harish and other Wing Incharges welcomed the Medical Experts/ Doctors, and presented them the "Flower Bouquets" as a sign of respect & honour.

Rameshwar Mengi thanked all the Medical Experts/ Doctors for their dedicated services to make this Medical Camp at Shiksha Niketan a successful event.

Abhay concerned over poor road condition, unscheduled power cuts at Tawi Vihar, Sidhra

Top News Report

JAMMU, July 22: Expressing concern over poor road condition, and unscheduled power cuts, the Apni Party Spokesperson, and General Secretary of the Youth Wing, Abhay Bakaya criticized the ignorance of the concerned authorities towards the over development of ward number 71 in Tawi Vihar, Sidhra.

As per a press release, Abhay said that the Jammu Municipal Corporation (JMC) has failed to do justice with the people in Tawi Vihar as the

area remains neglected regarding basic amenities that are to be provided by the concerned Govt departments.

He said that the condition of roads, erratic power cuts, and irregular drinking water supply system has emerged as a major concern for the residents of Tawi Vihar.

"The people have moved from post to pillar so that they could be heard, but they were not given heed by the authorities," he said.

He pointed out the potholes in the roads, water logging which have

become breeding ground for mosquitoes during the monsoon season, irregular drinking water and unscheduled power cuts have put normal life out of gear.

He demanded immediate redressal of the issues, and proper repair work of the road at ward number 71, Tawi Vihar in Sidhra.

He said that the locality is suffering because of no elected representative in Sidhra after the completion of tenure of the elected representatives in Jammu Municipal Corporation.

FROM PAGE 1

Centre lifts decades-old ban on Govt employees joining RSS; Congress criticizes move

On 30 Nov 1966, shaken by the RSS-Jana Sangh clout, Indira Gandhi banned Govt staff from joining the RSS," he added.

Reacting to the issue, AIMIM (All India Majlis-e-Ittehadul Muslimeen) Chief owasai">Asaduddin Owaisi on Monday said that the order was against India's integrity and unity, adding that no civil servant can be loyal to the nation if he is a member of RSS.

"This office memo purportedly shows that the government has lifted the ban on government employees participating in RSS activities. If true, this is against India's integrity and unity. The ban on RSS exists because it refused to accept the constitution, the national flag and the national anthem. Every RSS member takes an oath that puts Hindutva above the nation. No civil servant can be loyal to the nation if he is a member of RSS," Owaisi posted on X.

Congress general secretary Jairam Ramesh launched a scathing attack on the Union government alleging that the ban that was in force even during former PM Atal Bihari Vajpayee's tenure was removed on July 9.

"Sardar Patel had banned the RSS in February 1948 following Gandhiji's assassination. Subsequently, the ban was withdrawn on assurances of good behaviour. Even after this the RSS never flew the Tiranga in Nagpur. In 1966, a ban was imposed – and rightly so – on government employees taking part in RSS activities," he said.

"After June 4th, 2024, relations between the self-anointed non-biological PM and the RSS have nosedived. On July 9, 2024, the 58-year ban that was in force even during Mr. Vajpayee's tenure as PM was removed. The bureaucracy can now come in knickers too I suppose," the Congress general secretary added.

Congress leader Pawan Khera also posted on X, "58 years ago, the Central Government had imposed a ban on government employees taking part in the activities of the RSS. Modi govt has withdrawn the order."

Terrorist killed, soldier injured in ongoing gunfight in Rajouri

set up after receiving inputs about the movement of terrorists. Parshotam Kumar was recently awarded Shaurya Chakra by the President for helping to kill a terrorist in the Kalakote area of Rajouri district. After the attack, a massive search operation was launched which is now underway," officials said.

The Army has deployed around 4,000 additional soldiers in the hilly districts of the Jammu division to deal with the group of terrorists operating in these districts.

Soldiers drawn from the elite Para Commandos and those trained in mountain warfare have been deployed in these districts to eradicate terrorism.

Terrorist attacks have registered a spurt in the otherwise peaceful Jammu division. The security forces have employed a revised strategy to deal with the hit-and-run tactics of the terrorists.

Six terrorist attacks have been reported in the Jammu division since June 9 this year in which 12 security personnel have been martyred.

These attacks have taken place in the Poonch, Rajouri, Doda and Kathua districts in which the terrorists used the element of surprise to carry out ambushes in densely forested areas.

FM Nirmala Sitharaman tables Economic Survey 2023-24 in LS

Urging all MPs to have progressive ideologies, the Prime Minister said, "The country needs a progressive ideology that fuels development and takes the country to great heights."

Asking people to rise above party lines and represent the voices of the countrymen in the Parliament, PM Modi said, "I would like to tell everyone that people have sent us here for the country and not for our respective parties. This Parliament is not for our parties but for the country. This Parliament is not just restricted to Parliamentarians but it is for 140 crore people."

"I hope that we utilize the temple of democracy positively to fulfil the aspirations of ordinary citizens in India," he added.

"I would like to ask all the parties to rise above party lines and dedicate themselves to the country and use this dignified platform of Parliament for the next 4.5 years. In the election year of January 2029, you can play any game, but till then we should participate for the empowerment of the farmers, youth and the country", the Prime Minister said.

Prime Minister Modi said that it is a moment of pride for the government to present the inaugural budget for the third time after government formation after 60 years.

"It is a matter of pride that after 60 years, a government has come to power for the third time and will present the first Budget for the third time...I have been giving guarantees to the people of the country and our mission is to bring this to the ground. This Budget is important budget for Amrit Kaal. Today's budget will decide the direction for the next 5 years of our term. This budget will also become a strong foundation of our dream of 'Viksit Bharat'," he said.

The Economic Survey document, prepared by the Economic Division of the Department of Economic Affairs in the Ministry of Finance and formulated under the supervision of the chief economic adviser, will give insights into the state of the

economy and various indicators of 2023-24 (April-March) and some outlook for the current year.

The Economy Survey document may also give some idea about the tone and texture of the actual Budget for 2024-25, to be presented on Tuesday. The first economic survey reportedly came into existence in 1950-51, when it used to be a part of the budget documents. In the 1960s, it was separated from the Budget documents and presented the day before the Union Budget.

The most important feature that many will look out for is its central theme. In 2022, the central theme was 'Agile Approach', which emphasized on India's economic response to the COVID-19 pandemic shock. In 2023, it was 'recovery complete', when the economy staged a broad-based recovery from pandemic-induced contraction, Russian-Ukraine conflict, and inflation, and ascended to the pre-pandemic growth path.

Typically, along with the sectoral chapters, the Survey document also adds new need-based chapters that need focus. All eyes will be on the major announcements made by the finance minister and the government's forward-looking guidance about the overall economy.

With this upcoming budget presentation, Finance Minister Nirmala Sitharaman will surpass the record set by former Prime Minister Morarji Desai, who presented five annual budgets and one interim budget between 1959 and 1964 as finance minister. Sitharaman's upcoming budget speech will be her seventh.

J&K Police warn against sharing video released by Jaish outfit

today on 22 July 2024. Alert everybody that they will do the following: First, they will not forward it in any manner to anyone; second, they will report by a message as to who have they received this propaganda video from. Mention the telephone number and the date and time of the receipt of the video; any government officer receiving it should equally report it to their supervisory officers by way of a text message," J&K Police in a statement said.

It also said, "Under no circumstances, this video shall be forwarded. It should be remembered that posting and forwarding of content of this nature is an offence under section 13 and 18 of UAPA".

CEC LEH calls on SDM LIC

Children's School in Leh. CEC Gyalson expressed sincere appreciation for LIC Golden Jubilee Foundation's generous support and extended heartfelt gratitude.

Ahead of budget, Cong demands legal guarantee for MSP

by 119% and that of rice by 134%, the Modi government has raised it by 47% and 50%

respectively. This is not at all enough to keep up with inflation and the rising prices of agricultural inputs," Ramesh said in a statement.

He pointed out that farmers' debt has increased tremendously.

According to the National Sample Survey Office (NSSO), outstanding loans have increased by 58 per cent since 2013, he said.

"More than half of the farmers are debt-ridden. Since 2014, we have seen more than 1 lakh farmers die by suicide," Ramesh said.

"The Central Government needs to make three key announcements for farm welfare in the upcoming Budget: Raise MSP for 22 crops that come under MSP, in line with the C2+50% formula as recommended by the Swaminathan Commission," he said.

Ramesh said the government must give a legal status to MSP and establish a system to implement it firmly, including strategic procurement, better regulation and price differential compensation.

"All it takes is determination and courage," he said.

Ramesh also called for the establishment of a permanent commission to assess the need for, assess the magnitude of, and monitor the implementation of farm loan waivers.

This much-needed step will provide relief to debt-ridden farmers, he said in his statement in Hindi.

"Remember that the central government has all the power to take all three of these steps. It is just waiting for the self-proclaimed non-biological Prime Minister to show some courage and give up his stubbornness and take a decision in the interest of farmers," Ramesh said.

"In November 2021, after the withdrawal of the three black farm laws, the self-proclaimed non-biological Prime Minister had announced the formation of a committee to review matters related to MSP. It took the government eight months to form the committee – and two years later, it has still not released an interim report," he said, attacking PM Narendra Modi.

Had the government wanted, the report would have been released by now and MSP would have gotten legal status, he argued.

The Congress government in Telangana has started waiving farm loans for farmers in the state, he said.

"This will provide relief to a total of 40 lakh farmers on loans up to Rs 2 lakh. In 2008, the UPA led by Dr. Manmohan Singh had waived off farm loans worth Rs 72,000 crore. This benefited a large number of farmers, including 54 lakh farmers of UP, 42 lakh farmers of Maharashtra, 8.9 lakh farmers of Haryana, 17.6 lakh farmers of Bihar and 6.66 lakh farmers of Jharkhand," Ramesh said.

"The government of the non-biological Prime Minister has waived off bank loans of Rs 16 lakh crore of capitalists. But on the other hand, despite receiving a record

Rs 2.11 lakh crore dividend from the RBI this year, it has not waived off even a single rupee of agricultural loan of the farmers," he alleged.

"Will the self-proclaimed non-biological prime minister, who is still recovering from the wounds of the decisive personal, political and moral defeat on June 4, take these important steps for agricultural welfare?" Ramesh said.

Finance Minister Nirmala Sitharaman will present the Budget on Tuesday.

25th Amarnath Yatra batch with over 3,200 pilgrims leaves from Jammu

escort from the Bhagwati Nagar base camp at 3 am, they said.

Of these, 1,979 pilgrims opted for the traditional 48-km Pahalgam route, while 1,302 chose the shorter but steeper 14-km Baltal route, they added.

A total of 123,013 pilgrims have embarked on Amarnath Yatra from the Jammu base camp since June 28, when Lieutenant Governor Manoj Sinha flagged off the first batch here.

Over 3.80 lakh pilgrims have already paid obeisance at the naturally-formed ice lingam at the 3,880-metre high cave shrine, compared to more than 450,000 last year.

The 52-day yatra, which commenced on June 29 from Baltal and Pahalgam base camps in Kashmir, will conclude on August 19.

No significant weather activity in J&K till July 31: Met

Jammu and Kashmir, the official said. The official, while issuing advisory said that intense showers for brief period with possibility of landslides, mudslides and shooting stones over few vulnerable places of Jammu division.

He continued that hot and humid weather conditions to prevail till July 26th in Jammu & Kashmir.

3 more minor girls rescued from human trafficking racket in B'la

also involved in the trafficking and exploitation of minor girls from outside the Union Territory.

The two were arrested and shifted to Police Station Baramulla.

"Three minor victim girls, who are from Rohingya, Burma, were also rescued," police said.

On July 12, police arrested two persons from Baramulla, Shakeel Ahmad Bhat and Mehraj-u-Din Tantray, both residents of Baramulla, and rescued four minor girls during the initial investigation of the case.

Dogra Degree College holds Induction cum Orientation Programme

Top News Report

SAMBA, July 22: Dogra Degree College recently hosted its Induction Cum Orientation Programme for students entering Semester 3 and 5, marking the beginning of a new academic year with a series of engaging and informative activities. The event, held at the college premises, was meticulously planned to provide students with a comprehensive understanding of the academic environment and opportunities available.

The programme began with a thought-provoking introduction and comparison by Ravinder Rao, Assistant Professor, Department of English reflected on the evolution of academic practices and set the stage for the day's events. The traditional lamp-lighting ceremony followed, symbolizing the illumination of knowledge and the welcoming of new beginnings.

Dr. Bela Thakur, Principal of Dogra Degree College, delivered the wel-

come address, extending a warm greeting to the students and providing an overview of the institution's vision and goals for the upcoming year. Her address underscored the commitment of the college to foster an enriching academic environment.

Following the welcome address, a detailed PowerPoint presentation on institutional guidelines was conducted, offering students crucial information about the college's rules, regulations, and academic expectations. This session aimed to equip students with the knowledge necessary to navigate their academic journey successfully.

The programme continued with interactive sessions led by the Heads of Departments, providing insights into their respective fields. Ms. Swati Mahajan, HOD of Commerce, Ms. Sonia Gupta, HOD of BBA, and Mr. Balwant Thakur, HOD of Humanities, each delivered engaging activities, outlining the academic and extra-

curricular opportunities within their departments. These sessions were designed to facilitate student engagement and help them understand the resources available to them.

An inspiring segment of the programme featured experience-sharing by student achievers from various departments. NSS volunteers, NCC Cadets, and UBA volunteers shared their personal experiences and accomplishments, offering valuable insights and motivation to their peers. This segment highlighted the diverse achievements and active involvement of students in various college activities.

Dr. Dharamveer Sharma, the esteemed Dean of Dogra Educational Trust, delivered an enlightening address that underscored the vital role of academic excellence and personal development in shaping a successful academic journey. Dr. Sharma eloquently highlighted how pursuing high academic standards is not merely

about grades but also about fostering critical thinking, innovation, and a lifelong passion for learning. His speech inspired students to embrace their educational experiences with dedication and a commitment to personal growth. Following Dr. Sharma's address, Dr. Samar Dev Singh Charak, the Secretary of Dogra Educational Trust, provided a compelling address that reaffirmed the institution's unwavering commitment to student success and holistic development. Dr. Charak emphasized the college's dedication to creating a supportive environment that nurtures both academic achievements and personal well-being. His remarks reflected the institution's strategic vision to cultivate well-rounded individuals prepared to excel both academically and in their future endeavors.

The Orientation Programme was followed by another cultural event i.e. RuttRadde. The culmination of the RuttRadde Celebration was led by

Mr. Ravinder Rao, who brought the traditional festivities to a meaningful close. The Chief Guest of the function was Th. Gulchain Singh Charak, Chairman, Dogra Educational Trust and president Dogra Sadar Sabha. The event included the extravaganza of Dogra culture, Tradition, rituals, Foods and flavours. The event concluded with a vote of thanks by Ms. Kanchan Dubey, IQAC Coordinator, who expressed gratitude to all participants, speakers, and organizers for their contributions to the success of the programme.

The orientation programme ended on a unifying note with the singing of the National Anthem, reinforcing a sense of unity and national pride among the attendees. The successful execution of the Induction Cum Orientation Programme set a positive tone for the academic year ahead, fostering a strong sense of community and readiness among the students of Dogra Degree College.

KCPS clinches best delegation trophy at KCISYC

Top News Report

JAMMU, July 22: The KC International Youth Conclave (KCISYC) 24 was held from July 19 to 21, 2023.

Thirty students from KC Public School, namely Achyut Khajuria, Shreedha Gupta, Suhani Singh, Anshu Sharma, Aadhwika Gupta, Vanshika Bhardwaj, Abhay Gupta, Suhani Koul, Aradhyia Jasrotia, Amitesh Singh, Manyata Bhusan, Shivansh Sharma, Aavya Singh Charak, Vanshika Bhat, Adhiraj Mahajan, Pranshi Kohli, Aishna Sharma, Aarav Singh, Swarnim Sharma, Aarya Gupta, Kalash Bhat, Reyhaan Gupta, Garima Kapoor, Aanya Jamwal, Jasmine Chhibber, Kaavin Bhusan, Ryna Dogra, Ronit Handa, Sidhaay Mahajan and Ashvi Koul had the privilege to attend

the event. Ten Leading CBSE affiliated schools of Jammu took part in the Conclave.

The three-day conference featured six committees, namely, the UN Security Council, Lok Sabha, UN Human Rights Council, United Nations Commission on Status of Women and the International Press.

The event was the opportunity for our students to interact with fellow mentors. They learned from their peers, exchanged ideas, and gained insights into different photography styles and techniques. This experience broadened their horizons and deepened their passion for debating and photography. Furthermore, the event instilled a profound sense of responsibility in our students.

Ronit Handa, Adhiraj Mahajan, Manyata

Bhusan, Kalash Bhat, Aarya Gupta, Aishna Sharma, Aadhwika Gupta, and Amitesh Singh secured Verbal Mention. Suhani Koul earned Special Mention in Lok Sabha and Aarav Singh earned special mention in UNSC. Achyut Khajuria secured High Commendation in the UNSC and Jasmine Chhibber was awarded with Best Delegate in International Press Photography.

The KCPS contingent won the Best Delegation trophy and were declared overall winners of the event.

Chairman Raju Chowdhary, Vice Chairman Arjun Chowdhary, MD Arti Chowdhary, Principal AK Mishra and Vice Principal Sanjay Pandey congratulated the students and their mentors for their excellent performance in the Youth Conclave.

GCW Bhagwati Nagar in collaboration with BVP Gandhi Nagar, organizes plantation drive

Top News Report

JAMMU, July 22: The Department of Commerce and the NSS unit "Veerangana" at Government College for Women (GCW), Bhagwati Nagar, in collaboration with Bharat Vikas Parishad (BVP), Gandhi Nagar, Jammu, organized a plantation drive on the college premises. The event was held under the patronage of Dr. Meeru Abrol, Principal of the college.

While addressing the gathering, Dr. Meeru Abrol emphasized the importance of afforestation and urged the participants to plant more trees, highlighting it as a critical need of the current times.

She stressed the necessity of involving the younger generation in environmental preservation and ecosystem conservation.

The program was initiated by Prof. Gagan Jyoti, Head of the Department of Commerce, who also underscored the significance of conserving nature and natural resources to ensure that a healthy legacy is passed on to future generations.

Prof. Jyoti pointed out that the health of the environment is as crucial as the health of individuals. Around 70 saplings were planted by Dr. Meeru Abrol, faculty of the college, members of Bharat Vikas Parishad, and NSS volun-

teers during this drive. All stakeholders actively participated in the plantation drive, planting various types of plants.

The event concluded with a vote of thanks proposed by Dr. Kamal Deep Singh, Head of the Department of Punjabi.

Notable attendees from Bharat Vikas Parishad included President Sushil Ojha, Secretary Chandra Uday Sharma, Treasurer Ranjan Gupta, Prant President Bharat Bhusan Sharma, National Secretary (Environment) Dev Raj Sharma, National Member NGSC Sh. Arun Sharma, Seva Pramukh Smt. Rajni Gupta, and Mahila Pramukh Smt. Shashi Abrol.

Army holds guidance meet with Agniveer Aspirants at Peda



Top News Report

RAJOURI, July 22: The youth of remote areas of Peda, Rajouri showed great inclination towards joining the Armed Forces, however lack of guidance & awareness of Agniveer Scheme is proving to be an impediment in enabling these youth to join the Armed Forces.

The purpose of the meet was to motivate & educate the youth to get themselves enrolled through Agniveer Scheme. This event was a noble undertaking by the Army Camp to train & motivate the youth of the area, thereby, further strengthening the bond between Indian Army and Awam.

To make the event more fascinating, a friendly cricket match was organised followed by an interactive session for the young Agniveer aspirants. A total of 60 young aspirants participated in the said event.

Saroori demands key reforms in upcoming Union Budget 2024-2025



Top News Report

KISHTWAR, July 22: As the Union Budget 2024-2025 is set to be presented on 23rd July, Vice President of the Democratic Progressive Azad Party and former Minister, Sh. Ghulam Mohammad Saroori, conducted a visit to various areas of the sub-division Chatroo in Kishtwar district.

During his visit, he listened to public grievances and highlighted several critical issues that need to be addressed in the upcoming budget.

Saroori emphasized the urgent need for the government to increase the salaries of daily rated wagers and casual laborers working in departments such as Jal Shakti, R&B, JKPC, RDD, and others, from the current Rs 9,000 to Rs 30,000. He argued that this increase is essential to ensure a decent standard of living for these workers.

Highlighting the lack of rural infrastructure devel-

opment, Saroori called for the government to sanction roads with special provisions for land and structure compensations in villages with populations exceeding 250. He alleged that since 2014, the government has failed to construct even a single inch of rural roads, leaving many areas isolated and underdeveloped.

Saroori also urged the government to prioritize upgrading schools in remote areas that lack private educational institutions. He pointed out that while cities have numerous private schools; rural areas often rely solely on government schools, which need significant improvements to provide quality education.

In addition, Saroori demanded that the government allocate funds in the budget to extend the Jal Jeevan scheme to all remaining areas, ensuring that every household has access to drinking water. He also called for the abolition of the New

Pension Scheme (NPS) and the reinstatement of the old pension scheme for all employees who joined after 2011.

Reflecting on the previous budget, Saroori reminded the government of its promise to make Jammu and Kashmir a model of development. However, he expressed disappointment that many people feel betrayed by the lack of progress and tangible results. He urged the government to clear all outstanding liabilities, amounting to approximately Rs 300 crores, for completed projects under the R&B department's city and town scheme.

Saroori concluded by stating that the upcoming budget should be public-friendly and address these critical issues to provide relief to the people. He emphasized that the focus should be on effective and impactful allocations rather than the rumored Rs 1.18 lakh crores budget, with major attention on employment and rural development.

The demands and concerns raised by Saroori resonates with the hopes of many residents in Kishtwar and beyond, as they await the presentation of the Union Budget 2024-2025 with anticipation and optimism.

NCC 'C' Certificate Examination for Cadets of Ladakh Region held



Top News Report

LEH, July 22: The NCC 'C' Certificate Examination for the training year 2023-24 for cadets of 1 Ladakh Bn NCC was successfully conducted at EJM College, Leh.

The examination was conducted in two parts, practical exam was held on 20 Jul 24 and written exam on 21 Jul 24.

The practical exam included tests in drill, weapon training, map reading, communication and in field & battle craft. The written exam was a three-hour paper that assessed the theo-

retical knowledge of the cadets.

This significant event marks the culmination of three years of rigorous NCC training for the cadets, providing them with a valuable certification that enhances their employment prospects.

Brigadier Deepak Sajjanhar, SM, Gp Cdr, oversaw the conduct of these exams and provided invaluable guidance and motivation to the cadets. This year, the NCC 'C' Certificate Examination saw participation of 30 boys (SD cadets) and 54 girls (SW cadets) from the Ladakh region.

Afreen Barkat felicitated with "Human Rights Nobel Award" 2024

Top News Report

SRINAGAR, July 22: In a proud, inspirational event on July 21, 2024, a young girl from Srinagar received the prestigious Human Rights Nobel Award 2024 for her outstanding achievements in her field.

The Award was presented by the Member of Parliament (Rajya Sabha), Er. Gulam Ali Khatana and Waqaf Chairperson of J&K Darakshan Andrabhi in a grand ceremony at Tagore Hall, Srinagar which was organised by the Global Human Rights Trust India.

Afreen Barkat, a 24-year-old girl from

Alamgari Bazar in the Srinagar district, received this esteemed National Award in recognition of her exceptional achievements and steadfast dedication to the community.

Afreen Barkat received the Human Rights Nobel Award 2024 in recognition of her outstanding contributions in the fields of social, cultural, education, health, and youth development, among numerous other fields. The award is known for recognizing and honoring people who demonstrate extraordinary talent, diligence, and a strong social conscience. She is an inspiration to many others due to his commit-

ment to personal development and his efforts in motivating and advising his peers.

Her impressive collection of awards, which includes the Global Mithila Award, Sarvashekhra Saman Puraskar (COVID-19 fighters), Leadership Award, and the National Youth Excellence Award, demonstrates her steadfast dedication to having a positive effect on society.

Afreen Barkat stated in an interview with the media that she would continue her work till her last breath to eradicate the negative and evil things within the society, and she serves for the nation and her people.

Volleyball Tournament organised at Border Panchayat Changia

Top News Report

JAMMU, July 22: A Volleyball Tournament was organized at Panchayat Changia in Bishnah Assembly Segment.

The Tournament was organised by Tableen Boparai and local youth of Village. Neeraj Kundan, former National President, NSUI was Chief Guest of the event.

Four teams in total participated in the Tournament and Team of Village Kaku De Kothe Won the tournament whereas Team of Village Treva Stood Second.

Neeraj Kundan, while addressing the youth, appreciated the organising Committee of Panchayat Changia for successful event. Neeraj Kundan further highlighted the importance of games and Physical workout, and aware the youngsters about the ill effects of Drugs.

Neeraj Kundan said that sports is the only

way to divert the youth from drugs therefore such events should be organized in all villages and I will support the youngsters of Bishnah in all such initiatives.

Neeraj Kundan distributed trophies and cash prize to the Winner and Runner UP teams. He also gifted Volley Ball Kits to all the Participant Teams to boost their Morale.

Other important persons who attended the event were Kailash Saini, Block President Arnia, Surinder Kumar Devegowda (Senior Congress Leader) Panch Rajwant Singh Raji, Ex Sarpanch Deepu, Captain Karnal Singh, Master Harcharan Singh, Lambardar Chhuni Choudhary, Lambardar Sagar Charak, Panch Janak Raj, Satta Choudhary, Peera Choudhary, Ramesh Choudhary, Buta Singh, Vicky Toor, Vijay Choudhary, Gurdayal Singh, and hundreds of locals.

Shot at redemption: After flop shows at previous two Olympics, Indian shooting team keeps expectations in check

NEW DELHI, Jul 22 (Agencies): It is make or break time for the Indian shooting team as it heads to the Paris Olympics. The sport that gave India its first individual gold medal at the Olympics — Abhinav Bindra winning the 10m air rifle title in 2008 Beijing — is running on borrowed time. Since the 2012 London Olympics, where Vijay Kumar won silver in rapid fire and Gagan Narang won bronze in 10m air rifle, the sport is gasping for breath.

The shooting contingent, which is consistently amongst the top countries in the medal tally at the World Cups, returned empty-handed from two successive Olympics — 2016 Rio de Janeiro and 2020 Tokyo.

So what will happen in Paris, rather at the Chateauroux Shooting Centre, some three hours from the French capital? The expectations are once again high from the 21-member team, the highest participation from the country. For a sport on which the government spends the most — the Sports Authority of India has spent Rs 60.40 crore in the last three years — the results in Paris will be very important for shooting's future in the country.

However, unlike the last time, the build-up is missing. The administrators and coaches,



who in the past have talked freely about the team's medal prospects, are keeping their expectations to themselves. It seems they have learned their lessons from Tokyo, where many of the Indian shooters, including Elavenil Valarivan, Saurabh Chaudhary and Manu Bhaker, were touted as sure shot medal winners. The results told a different story, with only Saurabh managing to enter the final.

Flying under radar The shooters also benefitted from the fact that there was less media attention on them because of the T20 World Cup.

"The shooters never claim big, it is only the administrators who claim we will win these many medals," rifle coach Deepali Deshpande said. "Since we

have not won in the last two Olympics, they are keeping quiet this time," she added.

"The other good thing that has happened was the media's focus on the cricket team's World Cup win. Our shooters left before getting hassled about expectations. Sometimes it irritates them as the most asked question is 'how many medals are we expecting'. It's a good thing that there is less focus on them this time," she added.

Deepali also said that the Tokyo results should be written off as Covid restrictions threw all the planning and preparations out. "We have never discussed what happened in Tokyo. Seven months were lost due to lockdowns. After that we were all scrambling to get to competitions and went wher-

ever it was possible. Also we were all stressed to not get the virus. We had to give samples daily and then anxiously wait for the results. So yes Tokyo was a one-off," she said.

Trials pressure This time, the rifle and pistol shooters came through a gruelling period of four trials in the space of a month to book a place on the Olympics team. "It was a dress rehearsal and if we can come through that we can cope with any stress," said a shooter who did not wish to be named.

Privately, the administrators are counting on podium finishes from both the rifle and pistol teams but there is a big catch. The finals format has been changed for the Paris competition. Earlier, the qualification rounds and medal rounds were conducted within the space of a few hours. This time, the finals will be held a day after qualification. Former coach Joydeep Karmakar, however, said it will not affect our shooters.

"Shooters adapt quickly to rule changes. We have had a lot of rule changes in the past and they got the hang of it. This time too they will adapt to the new rule change. I do not see this affecting the team's chances but the only thing is we have to keep them fresh," he said.

We wanted someone who was likely to be available more often: Ajit Agarkar on Suryakumar Yadav as T20 captain



MUMBAI, Jul 22 (Agencies): Fitness, feedback from the dressing room and consistent availability swung the pendulum in Suryakumar Yadav's favour when it was decided to appoint him captain of the Indian T20 team ahead of Hardik Pandya, chief selector Ajit Agarkar said here on Monday.

Agarkar was addressing a media conference along with newly-appointed head coach Gautam Gambhir ahead of India's tour of Sri Lanka where the team will play three T20 Internationals and as many ODIs against the hosts starting July 27.

"Fitness was a clear challenge and we wanted someone who was likely to be available more often," Agarkar said during the joint press conference.

"He is one of the best T20 batters and as captain, he is likely to play all the games. We think he is a deserving captain and we will see how he fits into the role."

Regarding star all-rounder Pandya, Agarkar said, "Hardik's skill-sets are difficult to find. We have got a bit more time and we can look at a few things."

"Fitness was a clear challenge and we wanted someone who was likely to be avail-

able more often," Agarkar said.

"We have taken general feedback from the dressing room also," he added.

With regard to former vice-captain KL Rahul being overlooked, he retorted, "I wasn't there when KL was superseded."

The T20 series against Sri Lanka will start on July 27, followed by games on July 28 and 30.

All the matches will be played at the Pallekele International Cricket Stadium.

Suryakumar Yadav will lead a 15-member T20 squad in the three matches.

After that, the ODIs will be held on August 2, 4 and 7 at the R Premadasa Stadium in Colombo.

Rohit Sharma, who retired from T20 internationals after leading India to the World Cup triumph in the West Indies last month, will return as the skipper of the one-day international team.

Women's Asia Cup: Harman, Richa fire India past UAE

Put one foot in semifinals after 78-run victory

DAMBULLA, Jul 22 (Agencies): Contrasting fifties from skipper Harmanpreet Kaur and Richa Ghosh were complemented nicely by the bowlers as India notched up a massive 78-run win over UAE in their second match of the ongoing women's Asia Cup T20 tournament here.

Invited to bat, Harmanpreet played the anchor's role to perfection with a 47-ball 66, while Ghosh produced a late charge with an unbeaten 29-ball 64 to power defending champions India to 201/5, their first-ever 200-plus score in T20Is. The bowlers, led by Deepti Sharma (2/23), then produced a clinical show to limit UAE to 123/7 as India put one foot in the semifinals.

With two wins in as many games, India occupy the top spot in Group A with four points and have a net run rate of +3.298. India will play their final group game against Nepal on Tuesday.

Chasing the daunting



total, opener Esha Rohit Oza scored a 36-ball 38 but UAE kept losing wickets at regular intervals.

Earlier, while the 35-year-old Harmanpreet blasted seven fours and a six during her innings, Ghosh slammed as many as 12 boundaries and a maximum, including five consecutive hits to the fence in the final over of the innings.

Harmanpreet stitched two crucial partnerships, adding 54 off 39 balls with Jemimah Rodrigues and 75 off 45 balls with Ghosh,

who reached her fifty in just 26 balls. Opener Shafali Verma hit five fours and a six en route an 18-ball 37. "It was a great feeling especially when Jemi (Rodrigues) and I were batting. We were looking to run hard rather than playing risky shots. When Richa came I told her to keep watching the ball and she batted beautifully," said Harmanpreet.

Brief scores: India: 201/5 (Harmanpreet 66, Ghosh 64*; Egodage 2/36); UAE: 123/7 (Egodage 40, Oza 36; Deepti 2/23, Tanuja 1/14).

From Tokyo to Paris, former India hockey captain Manpreet Singh dreams of striking gold

JALANDHAR, Jul 22 (Agencies): 'Ardaas karo — pray for us!' This is what Manpreet Singh tells his mother, Manjit Kaur, whenever he calls her.

Manpreet, the former India hockey captain, finds faith in God above and inspiration in his family, and especially in Jasmine, his daughter who was born soon after he led the team to a historic bronze medal at the Tokyo Olympics. Since that bronze that heady day in August, 2021, in Tokyo — an Olympics medal in hockey after a 41-year drought — Manpreet has been dreaming, hoping to change the colour of the medal from bronze to gold in Paris.

Some things have changed since that morning in Tokyo. That squad had 11 men from Punjab. That number is down to eight in the 16-member team for the Paris Olympics.

Of the 16, four are from Amritsar — skipper Harmanpreet Singh, Jarmanpreet Singh, Gurjant Singh and Shamsher Singh — and another four from Jalandhar:



Manpreet Singh, Mandeep Singh, Sukhjeet Singh and vice-captain Hardik Singh.

Manpreet, 29, knows that this will be his last shot at the medal, for his fourth Olympics will be his last. The reins of the team are now with Harmanpreet Singh, but that matters little to Manpreet. "Even if I am not the captain now, it does not make any difference. Every player has his role in hockey. The effort is to take everyone along. Being seniors, we have to inspire the youngsters," he told The Tribune earlier this month.

Three years of joy and trauma have been transformative, made him the wise statesman of the

ing clothes for people after his father passed away after falling ill... "To ensure he was in good physical condition, I ensured that he always had desi eggs, ghar ka doodh and kharode da soup," Manjit said. Manpreet said the memory of his mother's struggles, the poverty the family faced, kept him going — apart from love for the sport.

Manpreet's idol Pargat Singh, also from Mithapur village, says that tough times he faced as a child gave Manpreet strength and determination. "It's his humble background that keeps him grounded. He has come a long way just because of his perseverance," Pargat said. He expects another medal from his protégé in Paris.

Manpreet looks back his Olympics journey with wonder, starting as teenager at London 2012 before becoming an integral part of the team at the next two Olympics. Coach Avtar Singh, who first spotted Manpreet in 2008, recalled a conversation they had Manpreet

before he left for Paris. "We are prepared. We just want a gold medal," Manpreet told Avtar.

Little Jasmine doesn't know how great a player her father is, but she loves accompanying him to various tournaments, and her eyes are riveted to the TV when he's playing. "She keeps saying she will go to Paris and be with her father," says Manjit Kaur. Manjit, who wishes that her son would play at the 2028 Olympics as well, banks heavily on the "almighty". "On Saturday, the day the team plays its first match, I will visit the gurdwara," she says.

Punjab hand The squad that won bronze in Tokyo had 11 men from Punjab. The number is eight in the 16-member team for Paris Olympics.

Four of them are from Amritsar — skipper Harmanpreet Singh, Jarmanpreet Singh, Gurjant Singh and Shamsher Singh — and another four from Jalandhar: Manpreet Singh, Mandeep Singh, Sukhjeet Singh and vice-captain Hardik Singh.

Verstappen Defends 'Childish' Expletive-Filled Rant At Hungarian Grand Prix After Collision With Lewis Hamilton

HUNGARY, Jul 22 (Agencies): Max Verstappen was handed a public rebuke by his own engineer when he blamed Red Bull's strategy for finishing a frustrated fifth after surviving a collision with Lewis Hamilton at the Hungarian Grand Prix. The drivers' championship leader and three-time world champion crashed into Hamilton on lap 63 of the 70-lap race. Verstappen, 26, then reprimanded on team radio and was told not to "be childish" by his race engineer. The Dutch driver was summoned to the stewards office to explain his part in the accident, but no further action was taken by the officials.

Verstappen had ranted in a series of radio messages, many including profanities, about his car, strategy and the accident that most observers promptly said was his fault.

When Verstappen blamed Hamilton for the collision, by moving in his 'braking zone', his normally mild-mannered engineer Gianpiero Lambiase replied in a firm tone.

"I am not even going to get into a radio fight with the other teams, Max," he said.

"We'll let the stewards do their thing. It's childish on the radio, childish."

Verstappen defended his behaviour.

"I don't know why people think that you can't be vocal on a radio," he said.

"This is a sport and if some people don't like that -- then stay home," he added.

"Racing incident" This came after a series of notable incidents involving Verstappen, all of which suggested he and Red Bull are struggling with the pressure as McLaren,

Mercedes and Ferrari close down their performance and points advantage.

Oscar Piastri won the race ahead of McLaren team-mate Lando Norris with Hamilton finishing third, leaving Verstappen and Red Bull without a win in three races and with three wins in their last eight.

Verstappen, who was briefly airborne after crashing into Hamilton as he attempted to launch his car down the inside at Turn One, was in defiant mood.

"I went for a move that was fully on, but when I was in the middle of the braking zone and already committed, he keeps warping right," he said.

"If I hadn't turned while braking straight, I would have made contact with him."

Told of Verstappen's explanation after the race, Hamilton smiled.

"Ultimately, I think he was much quicker. I moved a little to defend and I left enough space on the inside and he locked up and then obviously couldn't turn.

"So he came under a different trajectory and he clipped my wheel.

"I saw him coming from a long way back and he was able to brake a lot later than me, but he sent it up the inside.

"I stayed still and he clipped the wheel and went over so I think a racing incident," he added.

Verstappen's advantage was trimmed to 76 by Norris.

His Red Bull team-mate Sergio Perez finished seventh after starting from 16th on the grid 24 hours after team boss Christian Horner had lambasted him for his fourth Q1 exit in seven qualifying sessions, adding "you can't win a race on one leg".

My relationship with Virat Kohli is not for TRP, says Gautam Gambhir



MUMBAI, Jul 22 (Agencies): India's newly-appointed head coach Gautam Gambhir on Monday declared that his much talked about relationship with batting mainstay Virat Kohli "is between the two of us and not for TRPs".

Gambhir and Kohli had not been the best of friends, something which was evident from the multiple confrontations between the two in the IPL.

However, the duo will now be working together starting with the T20 and ODI tour of Sri Lanka from July 27.

"My relationship with Virat Kohli is between the two of us and not for TRP," Gambhir said.

In the context of Kohli, Gambhir added, "We have had lots of discussions and everyone has the right fight for their jersey." With the departure of seniors Rohit Sharma and Kohli from the T20 International scene, workload management of someone like Jasprit Bumrah assumes greater significance, Gambhir said.

Both Rohit and Kohli announced their retirement from the shortest format after India's title triumph in the T20 World Cup last month.

"Workload for someone like Jasprit Bumrah is important.

"Now that Rohit Sharma and Virat Kohli will play only two formats, I expect them to be available for most games," Gambhir said.

Massive expenditure on wall paintings in Jammu city under 'Smart City Project' is unjustifiable: Charak Criticizes mismanagement of Jammu Smart City Project, seeks immediate intervention of Honorable LG Sinha

Top News Report

JAMMU, July 22: Gul-chain Singh Charak, President of Dogra Sadar Sabha, J&K and former Cabinet Minister, has expressed great resentment over the current state of the Jammu Smart City Project.

He said that this project was initiated with the intention of transforming Jammu into a more beautiful and modern city. Unfortunately, the authorities sitting at the helm of affairs have turned it into a mockery, using it as a means to waste public money in the name of development.

Addressing media persons here today, the former minister raised his serious concerns about the preparing of wall paintings at different places across Jammu city under the Smart City Project. "The government has spent a staggering Rs 5.28 crore on such painting on the walls and pillars at some places across the Jammu city, covering a total area of 2,56,642 square feet



according to the right to information (RTI) query. However, many of these paintings are now in a poor state.

The Sabha President further revealed that the massive expenditure on the wall paintings is unjustifiable. He questioned the rationale behind such an initiative, emphasizing that wall paintings should reflect and highlight the rich culture and heritage of the city.

"The current wall paintings do not convey properly the local culture. They appear to be a wastage of public money. If

the government intended to promote Dogra culture, the paintings should have been designed accordingly," he asserted.

The former minister also criticized the selection of artists for this project. "The government hired three artists, two of whom are from outside Jammu and Kashmir who didn't have any knowledge of the local culture and heritage. This oversight has resulted in artwork that fails to resonate with the local population," he explained.

He also pointed out that the costly wall paintings were created without

assessing the condition of the walls. "Many of these paintings have deteriorated after just a few rains, leaving them in a dilapidated condition. This poor planning and execution have turned what could have been a beautification project into an eyesore," he remarked.

Highlighting the broader mismanagement of the Smart City project, Charak noted that many parts of the old city remain in deplorable conditions.

"Historic areas like Raghunath Bazaar and Memorial of Raja Jambu Lochan situated in the

heart of city near Shri Ranbireswar temple which has been left half-way, as the large number of tourists including the yatri of 'Baba Barfani' and 'Shri Mata Vaishno Devi Ji' coming from different parts of the country are visiting the Memorial to know about the history of Jammu City feeling disappointment on seeing the Memorial in such deplorable condition, he said.

He also appealed to all the Jammu leaders of different Political parties and other prominent Dogras to please wake up and save Jammu City, the capital of this historic erstwhile State founded by our ancestors (the Valiant Dogras) before it disappears from the history, otherwise our coming generations will not forgive us.

Prominent among those present on the occasion were Col. Karan Singh (VP), Amant Ali Shah (Joint Secretary), Gambhir Dev Singh Charak (Incharge Youth wing) and Dr. Vidya Sagar Sharma.

Dimple opposes resolution passed by BJP-RSS alliance

Top News Report

JAMMU, July 22: Sunil Dimple, president of the Mission Statehood, strongly opposing and rejecting a resolution passed by the BJP-RSS alliance.

Addressing a press conference here on Monday, Sunil Dimple opposed a resolution allowing government employees to attend RSS programs and Shakhas organized by BJP workers.

He sees BJP and RSS as politically connected and accuses them of attempting to divide government employees along religious lines.

Dimple mentioned that Sardar Vallabhbhai Patel imposed a ban on such activities after Mahatma Gandhi's assassination, which was not lifted during Atal Bihari Vajpayee's tenure.

He argued that granting permission for gov-



ernment employees in Jammu & Kashmir to attend RSS functions is unconstitutional and aims to polarize the country's voters.

Dimple predicted that allowing these activities will disrupt government operations in Jammu & Kashmir, a region already facing challenges since August 5, 2019.

He called on all political parties to debate these issues in Parliament, particularly focusing on Jammu & Kashmir's statehood and assembly elections.

Dimple emphasized the unity among people of dif-

ferent religions in Jammu & Kashmir, citing examples like the Amarnath Yatra where people of various faiths participate together.

He threatened to organize protests and calls for a Bandh in Jammu & Kashmir against the empowerment of the LG and CS, which he believes weakens the powers of elected representatives.

Dimple criticized moves like changing names of shops and establishments in Uttar Pradesh and urges respect for cultural and religious diversity.

CEC Tashi distributes solar streetlights at Tibetan refugee camp

Top News Report

LEH, July 22: Chairman/CEC Tashi Gyalson, LAHDC, Leh in the presence of DC/CEO Santosh Sukhadeve, distributed 120 solar streetlights to the Tibetan refugee camp, Das Pema, Thang Sing Sing area at Saboo and De-Zie. The initiative aims to significantly



enhance the community's infrastructure and sustainability efforts.

VC CLUJ unveils Admission Brochure of GGM Science College for Session 2024-25

Top News Report

JAMMU, July 22: Vice Chancellor of Cluster University of Jammu, Professor Bechan Lal, alongside dignitaries including Prof. (Dr.) Romesh Kumar Gupta, Principal of GGM Science College, Registrar Ankur Mahajan (JKAS) and Dean Academic Affairs Dr. Naveen Anand, unveiled the Admission Brochure for the academic session 2024-25.

The event took place at the Office Chamber of Vice Chancellor and was attended by the Staff Secretary Prof. Chaman Lal and key members of the Editorial Board Committee including Prof. Parshotam Singh Thakur (Convener), Prof. Pankaj Gupta (Co-convener) and members, Dr. Devinder Kumar Sharma, Prof. Preeti Gupta and Dr. Rohit Bhardwaj. Also



present were senior faculty members of GGM Science College Prof. M.S. Saini, Prof. Lekh Raj, and Prof. Sunil Dutt among others.

The Admission Brochure for the session 2024-25 provides comprehensive information about the courses offered, eligibility criteria, admission procedures, and other essential details for prospective

students. It reflects the commitment of GGM Science College and Cluster University of Jammu to academic excellence and student welfare.

In his address, the Vice Chancellor highlighted the institution's dedication to nurturing talent and providing a conducive environment for holistic learning. He emphasized the importance of the Admission Brochure in

guiding aspiring students towards making informed decisions about their academic futures.

Prof. (Dr.) Romesh Kumar Gupta, Principal of GGM Science College, expressed his gratitude to the Vice Chancellor and all attendees for their support in bringing the Admission Brochure to fruition. He emphasized the collaborative efforts of the faculty and admin-

istration in ensuring the highest standards of accuracy and relevance.

Principal invited to Vice Chancellor and Registrar to visit the College and look after the various development works and also urged them to instruct the agencies to expedite the various ongoing works.

Registrar Ankur Mahajan and DAA Dr. Naveen Anand provided insights into the logistical aspects of the admission process and encouraged prospective students to explore the diverse educational opportunities available at GGM Science College.

The event concluded on a positive note with attendees optimistic about the forthcoming academic year and the role GGM Science College will play in shaping the future leaders of tomorrow.

Workshop on Intensive Diarrhea Control Program held at CHC Sankoo

Top News Report

KARGIL, July 22: As a part of the ongoing campaign of Intensive Diarrhoea Control Fortnight (IDCF) Block Medical Officer Community Health Centre Sankoo Kargil on Monday holds an orientation program on Intensified Diarrhoea Control Fortnight at Conference Hall Community Health Centre Sankoo Kargil.

On the occasion, Dr. Zahida Khatun Block Medical Officer, Community Health Officers (CHOs), Auxiliary Nursing Midwifery (ANMs) Accredited Social Health Activists (ASHAs), Community Health Officer (CHC) Zakiya Banoo, Lady Health Visitor (LHV) Sakina Banoo, Junior Health Inspector (JHI)



Archoo Zeenab, Ager Ali (BITO) and Mohd Ali (BAM) were also present on the orientation programme.

The programme was aimed to raise awareness to combat and reduce the prevalence of diarrheal diseases in

the district through comprehensive health initiatives.

While Speaking on this Occasion Dr. Zahida Khatun deliberated on the management of diarrhea in children under five.

She said that the ulti-

mate aim of intensified Diarrhea Control Fortnight 2024 is to achieve zero child deaths due to childhood diarrhea.

Further she also explained to the participants about various activities to be performed during the IDCF

like establishment of ORS Zinc Corner in all the health facilities at Sankoo Block.

The programme also featured practical demonstrations on essential hygiene practices and ORS preparation to prevent and treat diarrhea effectively.

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