

# TOP NEWS OF J&K

JAMMU, SUNDAY, JUNE 30, 2024

Daily Evening Newspaper



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## BRIEFLY

### J&K | Temporary charge assigned to 16 JEs of Jal Shakti Deptt

JAMMU, Jun 30 (Agencies): The Jammu and Kashmir Government has sanctioned the temporary placement of 16 Junior Engineers (Diploma Holders) as in-charge Assistant Engineers in the Jal Shakti Department.

### Light to moderate rains, thundershowers at isolated places of J&K till July 3: MeT

SRINAGAR, Jun 30 (Agencies): Meteorological Centre Srinagar Sunday predicted light to moderate rainfall in isolated places of Jammu and Kashmir till July 3.

It also said that there is a possibility of intermittent light to moderate rains at most places of Jammu & Kashmir with heavy showers from July 4 to 7.

"From June 30th to July 3rd, there is a possibility of light to moderate rain, thundershower at many places of Jammu division towards late night/early morning; and spell of rain/thundershower at few places of Kashmir division towards afternoon & evening," MeT official said.

He continued that from July 4th to 7th, there is a possibility of light to moderate rainfall at most places of Jammu & Kashmir with heavy showers and rainfall at few places.

While issuing advisory, the official said that flash floods, landslides/mudslides and shooting stones at few vulnerable places may occur. He also said that few places may experience of moderate thunderstorm and lightning.

### On way to treat their child, four of Katra family die in Punjab road accident

Srinagar, Jun 30 (Agencies): Four family members including a six-year-old child from Kakryal area of Katra were killed while one woman was injured after a vehicle they were in was hit by a truck along the Hoshiarpur-Tanda road in Punjab on Sunday morning, reports said.

The accident took place around 7:00am near Addan Saran area under the jurisdiction of Police Station Tanda in Hoshiarpur district when a vehicle with five passengers in it was hit

## Gen Upendra Dwivedi takes charge as New Army Chief

NEW DELHI, Jun 30 (Agencies): Gen Upendra Dwivedi on Sunday took charge as the 30th Chief of the Army Staff after incumbent Gen Manoj Pande retired from service.

Gen Dwivedi, who has vast operational experience along the frontiers with China and Pakistan, was serving as the Vice Chief of the Army.

Before taking charge as the Vice Chief of the Army Staff on February 19, Gen Dwivedi was



Gen Dwivedi is seen serving as the General Officer Commanding-in-

Chief of Northern Command from 2022-2024.

Gen Dwivedi took charge of the 1.3 million-strong Army at a time India is facing various security challenges including along the Line of Actual Control (LAC) with China.

As the Chief of Army Staff, he will also have to coordinate with the Navy and the Indian Air Force on the government's ambitious plan to roll out theatre commands.

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## Curtain falls on British-Era Laws, New Criminal Laws Come into effect on July 1

NEW DELHI, June 30: Three new criminal laws will come into effect across the country from Monday, bringing widespread changes in India's criminal justice system and ending colonial-era laws.

The Bharatiya Nyaya Sanhita, Bharatiya Nagarik Suraksha Sanhita and the Bharatiya Sakshya Adhinyam will replace the British-era Indian Penal Code, Code of Criminal Procedure and the Indian Evidence Act, respectively.

The new laws will bring



in a modern justice system, incorporating provisions such as Zero FIR, online registration of police complaints, summonses through electronic modes such as SMS and mandatory videography of crime scenes

for all heinous crimes. They have tried to address some of the current social realities and crimes and provide a mechanism to effectively deal with these, keeping in view the ideals

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## CISF's 9-Month-Old Security Units in 2 J&K Jails await formal sanction

NEW DELHI, Jun 30 (Agencies): The CISF's security units deployed at two highly sensitive prisons in Jammu and Kashmir are yet to receive formal sanction even after nine months of their deployment, leading to a number of logistical and administrative issues for the paramilitary force, official sources said.

The force had taken over the security of the Srinagar central jail in Kashmir and the Kot Bhalwal jail in Jammu in October, 2023 with a combined manpower of about 500 personnel on an "internal security duty" pattern by replacing the CRPF.

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## Parliament should pass law on reservations to exceed 50-pc Cap: Congress

NEW DELHI, Jun 30 (Agencies): The Congress on Sunday said Parliament should pass a law to enable reservations to exceed the 50-per cent cap, a day after NDA constituent JD(U) demanded that the quota increase in Bihar be included in the 9th schedule of the Constitution.

At a meeting of the Janata Dal-United's



At a meeting of the Janata Dal-United's

national executive here on Saturday, the party expressed concern over a recent Patna High Court verdict striking down the Bihar government's decision to increase the quota for the Scheduled Castes (SCs), Scheduled Tribes (STs) and Other Backward Classes (OBC) to

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## Mehbooba Mufti chairs PDP's PAC meet, discusses overall political situation of J&K

SRINAGAR, Jun 30 (Agencies): Peoples Democratic Party (PDP) president Mehbooba Mufti on Sunday chaired party's Political Affairs Committee meeting in Srinagar.

Besides party affairs, the meeting was aimed to review the overall political situation of Jammu & Kashmir post Lok Sabha

elections 2024.

Senior party leaders attended the meeting who discussed key issues and strategies to address the current political climate in Jammu and Kashmir.

The participants of the meeting also deliberated upon measures to strengthen party at grassroots level.

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## Five arrested for armed robbery at Babarpur eatery

NEW DELHI, Jun 30 (Agencies): Five gangsters have been arrested for allegedly robbing a restaurant worker of Rs 65,000 at gunpoint in the Welcome area in the city, police said on Sunday.

They said all five have criminal history and have previously been involved

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## Two Amarnath pilgrims injured after van meets with accident near Chandanwari

SRINAGAR, Jun 30 (Agencies): A van carrying Amarnath pilgrims met with an accident near Chandanwari in Jammu and Kashmir's Pahalgam, leaving at least two persons injured, officials said on Sunday.

"Today, a van carrying Shri Amarnath Ji Yatris met with an accident near Chandanwari.

The pilgrims sustained serious head injuries & were promptly evacuated by the #BSF QRT (Quick Response Team) to a nearby hospital," the Border Security Force (BSF) said in a post on X.

"The quick response of BSF saved the precious lives of the pilgrims," the BSF added. Though BSF did not mentioned the

number of people injured in the accident, visuals showed two of the pilgrims, including a woman could be seen admitted in the hospital. Their identities were not confirmed.

Earlier in the day, another batch of pilgrims left from the Pantha Chowk base camp for the Amarnath yatra amid tightened

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## Amarnath Yatra | Third batch of over 6,600 pilgrims leaves Jammu Base Camp For Kashmir

JAMMU, Jun 30 (Agencies): A third batch of 6,619 pilgrims left the Bhagwati Nagar base camp in Jammu in two separate convoys to join the annual Amarnath pilgrimage in the Kashmir Himalayas, officials said on Sunday.

About 14,000 pilgrims paid obeisance at the holy cave shrine located



at a height of 3,880 metres on the first day of

the 52-day annual yatra, which commenced from the twin tracks of Pahalgam in Anantnag district and Baltal in Ganderbal district on Saturday, the officials said.

The third batch, including 1,141 women, left in 319 vehicles between 3:50 am and 4:45 am amid tight security.

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# MBA MOTORS

## MERCEDES - BMW - AUDI

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## Reasi Terror Attack Case | NIA Conducts searches in multiple locations in Rajouri

JAMMU, Jun 30 (Agencies): The National Investigation Agency (NIA) on Sunday searched multiple locations in Rajouri district of Jammu & Kashmir in connection with the Reasi terrorist attack.

Terrorists had opened fire at a bus carrying yatris from Shiv Khori to Katra on the evening of 9th June in Pouni area of Reasi district, causing the bus to fall into a nearby gorge, killing nine people, including a child.

NIA, which took over the investigation on 15th June on orders from the Ministry of Home Affairs, Govt of India, searched five locations linked with hybrid terrorists and Overground Workers (OGWs).

The locations were pointed out by the arrested accused, Hakam Khan @ Hakin din. Hakam had provided them with safe shelter, logistics and food, as per NIA investigations.

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## From Patiala to Pathankot, upcoming Netflix film Wild Wild Punjab guarantees a trip of a lifetime as the cast and crew hit the ground running in Chandigarh

What happens when your friend goes through an ugly break-up and doesn't quit drinking? Getting him back on Bumble is secondary, but in search of closure an 'all friends' road trip is a must! Upcoming Netflix film Wild Wild Punjab, from the house of Luv Ranjan, our very own relationship expert, explores the same theme on the roads of Punjab.

There's also a motive, Varun Sharma, as a love-sick Rajesh Khanna, wants to go his ex-girlfriend's marriage to say four words of closure — 'I am over you'. "On July 10, when it releases, it would be interesting to witness the lanes of Punjab all the way from Patiala to Pathankot, as detours are guaranteed in this break-up trip," informed director Simarpreet Singh. More than that, when the cast and director arrived in Chandigarh via road, memories came flashing of their shooting days in Punjab during the winter.

Friends in action

Quite a unique cast, Wild Wild Punjab features Varun Sharma, Manjot Singh, Sunny Singh, Ishita Raj, Patralekhaa and Jassie Gill. "There was no ice to break between us all. We were friends before signing the film. For the rest of us, who didn't work with each other, the joint reading session and pre-production prep work helped us bond," said Varun. His and Manjot's friendship goes back to 14 years, even before they became part of the hit franchise Fukrey.

Manjot, who has done many versatile projects, shared, "I am playing the character of Honey Singh, whose first love is his car. He lovingly calls it Paaro."

Pyaar Ka PUNCHNAMA and Sonu Ke Titu Ki Sweeties co-stars, Sunny Singh and Ishita Raj, are not far behind. They have been friends since long too, but it's the first time they would be seen opposite each other. "I think we have this really interesting bond off screen, which reflects onscreen too.



We can catch each other's expression and know immediately what we have to change or do on camera for the scene to work. It's something that comes naturally," shared Ishita. On the other hand, Patralekhaa explained how she really had to work through to get to know Jassie better, as the latter is very shy in real life.

Matter of looks

Since the trailer's release, Sunny Singh's character Maan Arora's look has created quite a stir among female fans. Sunny has done romantic roles until now, but will be seen in a different avatar in this Netflix film. Sunny shared, "My look is Simar's creation and exactly how he had imagined. For me to get into the skin of the character, the change in my look worked. As they were chopping my hair and changing my beard style, it felt like I was becoming more of my character. It was definitely someone new and unrecognisable when I saw myself in the

mirror." Seen as a casanova, Sunny called his character naughty but also loyal to his friends.

Jassie Gill plays a Jain character named Gaurav, an odd one out in this Wild Punjabi mix. But in his defense, Simar explained, "We often remark that Jatt-dominant stories come from the hinterlands of Punjab, but there's so much more to the narrative. Ours is a very refreshing and inclusive take on Punjab. We specifically chose Patiala for their background, as we didn't want really modern boys but also not village lads — somewhere in between."

Jassie, as Gaurav Jain, who doesn't drink alcohol or consumes non-vegetarian food, felt he didn't have to do much homework for the role. "In every friend's group there's one person who would always be afraid of doing something adventurous or rebellious.

There is always one who is afraid that parents would find

out; he ruins the whole vibe of the group. I am that guy."

Love for khets

Patralekhaa, who always aspired to explore the khets of Punjab, like many Bollywood actors, felt happy with the overall outcome of the film. "Before landing in Punjab for the shoot, I was reading The Last Queen by Chitra Banerjee Divakaruni to understand Punjab better. I was impressed by Punjab's rich history, especially the brave Maharaja Ranjit Singh and his wife Jind Kaur. I really loved shooting here and getting to know people of Punjab. They are warm and welcoming. Also, the food is amazing." On her character Radha, Patralekhaa drew from Jind Kaur's deep belief in God. "In the film you will often see her thanking God like we many Hindus do by touching their hand on the forehead."

Song to cherish

Husn Irani, which is a poster song of the film, is a rendition of Dhol Jageero Da, and director Simar believed that there was no other song that would have justified the feelings of these friends better. "It's one song that every Punjabi would relate to and must have heard in weddings on repeat mode. It's our way to bring back the old song, which we all have grooved upon while growing up. I think, being Punjabis, Varun, Manjot and Sunny would especially agree with me."

No crossing the line

The director explained how Wild Wild Punjab was an OTT film about four male friends who happen to use gaalis in regular conversation, yet it does not cross the line. Varun shared, "We have not diluted some scenes for the sake of doing so. We have used swear words only where necessary. My character is drunk and out of wits throughout the film as he is a heart-broken man in rage, so there have to be a few expletives for the authentic feel."

## Triptii Dimri reacts to being called 'national crush' after Animal: 'I would like to thank God..'



Triptii Dimri, who has become a national sensation ever since the release of Ranbir Kapoor-starrer Animal (2023), opened up about being labelled as India's 'crush'. The actor is gearing up for the release of Bad

Newz, co-starring Vicky Kaushal and Ammy Virk. On Friday, she attended the trailer launch event in Mumbai and was asked about her 'national crush' tag. "People have liked my work"

The actor was asked

if it bothered her. She said, "In my experience, luckily, I would like to thank God, because in my experience, it has been the other way around, as many films I have done in my career, whether they are the older films that I did earlier, or the ones that have released recently, I have received a lot of love from my audience. People have liked my work and have spoken about it."

Triptii added, "Initially, when I came into the industry, I always wanted people should talk about my work and nothing else. Luckily, when my films have released, they have spoken about my work. I think these things motivate us actors to do better in life and to keep working on our craft and I think, that way I have been very fortunate."

Latest projects

Triptii, who has been a part of films like Laila Majnu, Bulbbul and Qala, recently skyrocketed to fame with her role in Sandeep Reddy Vanga's directorial Animal. She played Ranbir's love interest, Zoya, in the action film that also featured Rashmika Mandanna, Anil Kapoor, Bobby Deol and Shakti Kapoor, among others.

She will be next seen in Bhoor Bhulaiyaa 3 opposite Kartik Aaryan. Helmed by Anees Bazmee, the third part of the hit franchise also stars Vidya Balan and is all set to be released in theatres on Diwali 2024.

## World Social Media Day| Parul Gulati: I call myself social media ki den



Parul Gulati is an actor and entrepreneur by profession, and she credits it all to social media. "I call myself social media ki den, be it my acting career or business. I got selected for my first acting gig through Facebook at the age of 17, and my whole business is on social media," she says, adding that the virtual world has helped in the growth of her hair care business and get recognition for her work.

However, she does insist that the "addiction of social media is real". "I am facing the addiction now as earlier, the algorithm didn't know what you wanted to watch, now it does. Algorithm aapki neend chura raha hai. I open my Instagram and do mindless scrolling for hours and it's out of my control," she says, pointing out that as an entrepreneur, she can't even stay away from it: "The young audience is there

on social media and it's imperative we get their attention. You get to know so much through social media, including new promotional techniques. It gives me ideas too."

Ask the 29-year-old how she manages acting with her business at such a young age, and she says, "It does get difficult and there are days when I want to pull my own hair as I love both of them a lot. I don't have a personal life because you must sacrifice something."

Gulati recently faced backlash on social media when a video of her talking about purchasing an investment property in Goa surfaced. She had said that she plans to put it up as an Air bnb, and that was criticised by Goans who called her out for commercialising the state. Mention it to her and she says, "Main to bol rahi hun, puri duniya to kar rahi hai. And I haven't even done it yet, my property will be complete by December. That is a business and Goa has become a business. I have taken that property as an investment as I don't see myself living in Goa ever. But it was the only place I could buy a villa as doing that in Mumbai is impossible. You'd have to spend 100 crores to buy a villa here," she ends.

## We won't shy away from announcing news when time comes: Vicky Kaushal on rumours about Katrina Kaif's pregnancy



Reacting to rumours that he is expecting his first child with wife Katrina Kaif, actor Vicky Kaushal has said that he will share the good news with the world at an appropriate time.

There has been speculation in the film industry that Kaushal and Kaif, who tied the knot in December 2021, will be welcoming their first child soon.

Kaushal, 36, was asked about the rumours at the trailer launch of his upcoming movie, 'Bad Newz'.

"Main jab good news hoga tabhi jarur aapko bataunga. Jabhi time aayega we won't shy about announcing the

news," the actor said.

Also starring Triptii Dimri and Ammy Virk, 'Bad Newz' is described as a 'rare comedy film inspired by true events' about heteropaternal superfecundation, a reproductive process in which twin children have the same mother, but different biological fathers.

The film is directed by Anand Tiwari, who earlier worked with Kaushal on his 2018 directorial debut movie 'Love Per Square Foot'.

'Bad Newz' is produced by Amazon Prime in association with Dharma Productions and Leo Media Collective.

## Zareen Khan calls out fake freckles reel: Instagram has turned us into monkeys

In a recent Instagram post, actor Zareen Khan called out a Reel where the social media user was seen making fake freckles using a broccoli. The actor shares her disappointment with current beauty trends on social media. "I'm not against freckles... I'm just against these nonsensical trends," the actor, known for her outspokenness, wrote in the caption, expressing her disbelief.

Talking to us, the 37-year-old says, "There are some weird trends that have come now. I don't know what people are up to! It's beyond my understanding. I see this trend where people are trying to put fake freckles, it's shocking. Why would you do that? I don't understand the idea behind it."

Reflecting on her own childhood struggles with freckles, and the societal pressure to conform to unrealistic beauty standards, Khan shared a personal revelation. "I have nothing against freckles. I had it as a kid. If it was right now, I wouldn't have cared to remove it from my face. I didn't have a say during childhood, so my parents were in a rut of 'Oh my she is a girl child, daag nahi hone chahiye'. That was hurtful, you know. They didn't understand freck-



les, they used to think ki pata nahi kya hogaya hain chehre par," she says continuing, "My mom used to take me to homeopathic doctors to get them removed."

Khan, who was last seen in Hum Bhi Akele Tum Bhi Akele (2021), emphasised the importance of embracing natural beauty, urging sensitivity towards those with genuine childhood insecurities. "For the new generation, everything they see on social media, is validation. If you naturally have freckles, it's beautiful but since

reels mein banaake uska mazaak mat banaao. Many people actually have childhood trauma because of these things," she says.

Lamenting the lack of depth in content and superficiality of today's social media culture, Khan observes, "No one is putting the reel to normalise freckles." "Everything has its pros and cons. Social media can be a really great way to spread messages to impact the society in a good manner. But I hardly see anybody doing that," she ends.













## BJP leaders along with public listens 111 Episode of Mann Ki Baat Program at Jammu West

### Top News Report

JAMMU, June 30: Braham Jyot Satti (Senior leader and Incharge BJP OBC Morcha Jammu Kashmir) along with BJP leaders and prominent Citizens listened the 111th edition of "Mann Ki Baat" by PM Narendra Modi at Ambphala, Jammu.

The program was organised by Rakesh Pandey Vicky (Mandal President BJP OBC Morcha).

Ravi Mehra (State v president obc), Pervesh badyal (dist v president obc), Aman (general secretary), Subash (secretary), Ramesh (general secretary), Ajay (vice President) and prominent citizens were present on the occasion.



After 3 months Prime Minister Narendra Modi on Sunday addressed the nation through the 111th edition of his monthly radio programme 'Mann Ki Baat'.

During his Addressal, Prime Minister Narendra Modi hailed the voters and said thanks the countrymen that they have reiterated their unwavering faith in our Constitution and the democratic

system of the country. The Lok Sabha election 2024 was the biggest election in the world. Such a big election has never been held in any country of the world in which 65 crore people cast their votes.

He mentioned 'Ek Ped Maa Ke Naam' campaign and said A special campaign has begun on World Environment Day this year named 'Ek

Ped Maa Ke Naam'. He appealed to all the countrymen to plant a tree along with their mother or in her name.

He appreciated our local products and said there are so many products from India which are in great demand across the world and when we see any local product of India going global, it is natural to feel proud. One such product is Araku coffee.

He also mentioned the upcoming Paris Olympics, special umbrellas made by Attapadi locals in Kerala and Sanskrit bulletin of Akashvani.

Braham Jyot Satti explained the summary of the whole episode to the public and said India is growing too fast under the dynamic leadership of Hon'ble Prime Minister

Narendra Modi.

He said the program was last broadcast on February 25 but was paused during the Lok Sabha elections. 'Mann Ki Baat' is PM Modi's platform to discuss crucial national issues with Indian citizens, airing on the final Sunday of each month. On June 18, PM Modi announced the resumption of Mann Ki Baat on June 30.

He said India is blessed to have PM like Narendra Modi who works for every segment of society and he is only PM who remembers the valour and martyrdom of our forces.

He said Nation First is the ideology of BJP and every BJP worker is working on ground level and serving humanity.

## Health Awareness & Respiratory Session conducted at MIER



### Top News Report

JAMMU, June 30: The respiratory system takes up oxygen from the air, and we breathe and expel the unwanted carbon dioxide. The main organ of the respiratory system is lungs. Other respiratory organs include the nose, the trachea, and the breathing muscles (the diaphragm and intercostal muscles). Our cells need oxygen to survive. One of the waste products produced by cells is another gas called carbon dioxide.

In the session, it was explained by Dr Shreyansh Kumar Jain, State Yoga Commissioner, President Vichar Kranti Manch international, and Chairman Indian yoga

Association, that the base of all the Pranayams is deep and long breathing. It helps in practicing Pranayam, while on one side, Pran circulates informally from toe to head, with this practice, instability of mind is also removed. It is the easiest way to relax and let your worries go. One can do it pretty much anywhere, and it only takes a few minutes. It is also called belly breathing, abdominal breathing, yogic breathing, and conscious breathing. It helps to ease stress, and it can also lower blood pressure and relax tense muscles. When one learns a healthy way to relax, it can be easier to avoid healthy choices, making his order to make healthy

choices like picking good food or finding the energy to exercise. When you are relaxed, you can be more mindful. Special interest was shown by Dr Renu Gupta Chairperson, Model Institute of Education & Research and did practical too, supported by Dr Aditya Gupta, Director MIER and Mrs Rupa Gupta, Joint Director, they all showed keen interest in health awareness session and proposed to organize a monthly yoga session in the Institute, under the guidance of Yoga Commissioner Dr Jain.

Incidentally, it was the happy birthday of Dr. Aditya Gupta, Director, was celebrated by VKMI Members and of Pader Welfare Front.

## Keshav Provides Ration Cards to Locals



### Top News Report

JAMMU, June 30: Chairman Samvedna Society Keshav Chopra today provided Ration cards to the locals at their doorstep.

Speaking on the Occasion Keshav Chopra appreciated the work of Director Food Civil

supplies and consumer Affairs and her team for working tirelessly in providing Ration cards to the common man. It is important to mention that a Ration card is necessary not even to get Ration but to get Ayushman Bharat Golden cards also For that one has to be activated ration card and to

avail the benefits of Pensions and other Government Schemes Ration card is mandatory hence it's a very important document. The motive of Samvedna Society is to provide doorstep services to the women's and senior citizens so that they need not to go outside in this scorching heat to prepare their Ration card and other services Keshav further added.

Speaking on the Occasion Locals appreciated the work of Chairman Samvedna Society Keshav Chopra for providing them ration cards at their doorstep, Locals also thanked Director FCS and CA and her team for their work.

Anju, Manoj Tandon, Ritesh Peer, Lucky Sharma, Vikas Kumar, Sahil Verma, Parshotam Gupta and others were also present

## J&K adm responsible for daily accidents traffic police should take a tough stance: Rajesh Gupta

### Top News Report

JAMMU, June 30: BSP J&K general secretary and media head, Rajesh Gupta has claimed that J&K UT administration was responsible for increasing deaths in road accidents in the UT.

In a handout Gupta stated that despite repeated road accidents in J&K the administration seems least bothered in this regard.

The BSP leader said the poor condition of roads in hilly areas makes them risky," he maintained adding, "Numerous lives have been lost in J&K due to road accidents and many people have suffered severe injuries due to such accidents."

He said recently in Kishtwar an overloaded Eco Taxi carrying 19 students was found operating in gross violation of traffic rules and regulations.

Gupta said to ensure

road safety and discipline, traffic police should take a tough stance against traffic violators.

Gupta added passenger vehicles should be heavily challan for overloading, rash driving, while dumpers/tippers and other vehicles should not be spared for violation.

The BSP leader also said that functioning of traffic authorities and Motor Vehicle Department is also questionable here.

"J&K witnessed a significant number of fatalities last year due to road accidents marking the highest toll in a decade and it becomes essential to address the issue of road accidents," he continued.

Gupta claimed that a road safety awareness tour was flagged off on May 2, 2024 from Raj Bhawan Srinagar and just 2 months after that we lost many precious lives in road accidents.

## CMO Doda team drubs SDH Bhandarwah in Late Manjeet Singh memorial Cricket match



### Top News Report

DODA, June 30: Sr Cricketer Sh Shah Nawaz Zargar and Nasir K Shah (Journalist), on Sunday hosted a one-day cricket exhibition match to pay tribute and homage to the late legendary Cricketer and Social Activist, Late Shri Manjeet Singh for his remarkable contribution to the game of sports.

In this connection, a friendly match was played between team from CMO Office Doda and SDH Bhandarwah, played at Govt PG College Ground Bhandarwah.

Earlier, before the start of the match, the event was formally inaugurated by Chief Guest Sh Surinder Singh Thakur (Father of Late Manjeet Singh) along with CMO Dr Om Kumar, BMO Bhandarwah Dr Mohd Ashraf, Sh Lavinder Singh, Sh Ravi Thakur and other dignitar-

ies. A two-minute silence was also observed as a mark of respect to the departed soul.

The CMO Office Doda team was led by Umar Anayat, while the SDH Bhandarwah team was led by Dr Mohammad Ashraf (BMO Bhandarwah).

CMO Office team, after winning the toss, elected to bat first. Batting first, CMO Doda team set a decent target of 146 runs for losing all their wickets in 19.3 overs. Dr Waseem Natnoo was the top scorer with 40 runs, while Irfan Thukar scored 18 runs for the team. From SDH Bhandarwah, Kalwant Singh scalped 03 wickets, while Dr Subhash Sharma and Mehboob Ahmed took 2 wickets each.

While chasing the target, SDH Bhandarwah team could not manage to get the target and scored only 137 runs in allotted 20 overs, thus lost the match

by 08 runs. Mohd Faddi was the highest scorer who made 24 runs, while Mehboob Ahmed contributed 22 runs to the total. From CMO Doda team, Umar Anayat was the most successful bowler who grabbed 02 wickets.

Dr Waseem Natnoo of CMO office Doda team was declared as Man of the Match for brilliant all-round performance.

During the prize distribution ceremony, which was attended by the father of Late Manjeet Singh, distributed winning and runner up trophies to both the teams.

The Chief Guest Sh Surinder Singh lauded the efforts of organizers and congratulated both the teams for exhibiting their cricketing skill in the match.

The match was officiated by Mr Haddi Rishoo, Mr Naveed Khan and Mr Mohd Haris.

## HP girl gets new lease of life after complex kidney transplant

### Top News Report

MOHALI/JAMMU, June 30: A 22-year-old girl from Palampur in HP got a new lease of life after a complex kidney transplant at Ivy Hospital, Mohali recently.

Giving information during a press conference, Dr Raka Kaushal senior director nephrology at Ivy said that the girl was bed ridden, very weak with recurrent infections, unable to eat and was not doing well on dialysis.

She was a very high risk patient for kidney transplant & her survival chances were very blink. She underwent a successful kidney transplant and post-transplant she made remarkable recovery. She has gained weight and is now leading a normal life.

The girl, Radha (name changed) said, "She had lost all hopes after her conditions deteriorated from bad to worse. It was very hard to face such a situation at a very young age. Luckily my family came to know about the treatment available at Ivy. Post transplantation, I am now leading a normal life

with my life's dreams and aspirations like any other youngster in this age, which was a distant dream before I underwent kidney transplant."

Dr Avinash Srivastava senior director urology & renal transplant at Ivy said, "2.2 lakh new patients develop chronic kidney failure in our country every year and it is also the 6th fastest growing cause of death, which may change to become the 5th leading cause by 2040.

High blood pressure, diabetes, BPH, untreated kidney stones and UTI are the main reasons of kidney failure in India, he maintained.

**GODOWN FOR RENT**  
Corner Plot Size 100 ft x150 ft  
(3 Kanals) at Kirthali, Bari Brahmana Private Commercial Registered Land with 40 ft both side lane having 6000 Sq. ft Covered Shed Height 15 ft Opp. ITC Godown.  
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