

TOP NEWS OF J&K

JAMMU, THURSDAY, MAY 30, 2024

Daily Evening Newspaper



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BRIEFLY

Assist Comm Panchayat Shopian gets additional charge

JAMMU, May 30 (Agencies): The Jammu and Kashmir Government today assigned to Manzoor Ahmad Mir, Assistant Commissioner Panchayat Shopian, the additional responsibility of Project Officer, Wage Employment (ACD), Shopian. He will hold this position alongside his current duties until further notice.

Ladakh Admin forms coordination committee to oversee cyber and information security

LEH, May 30 (Agencies): The Union Territory of Ladakh has established a Coordination Committee under the National Information Security Policy and Guidelines (NISPG) to oversee and monitor cyber and information security within the region. This committee will ensure compliance with NISPG standards at regular intervals, enhancing the overall security framework for the UT.

Liquor policy case: Delhi Court extends Manish Sisodia's remand till July 6

NEW DELHI, May 30 (Agencies): A Delhi Court on Thursday extended the judicial custody of former Delhi Deputy Chief Minister Manish Sisodia and other accused in the liquor policy case till July 6.

Hearing the case, Delhi's Rouse Avenue court extended the remand of Sisodia and other accused in the case registered by the Central Bureau of Investigation in connection with an alleged scam in now scrapped Delhi liquor policy. The Aam Aadmi Party leader is also serving remand in money laundering case registered in connection with the alleged scam.

The CBI as well as the ED have alleged that irregularities were committed while modifying the Delhi excise policy, undue favours were extended to licence holders, licence fee was waived or reduced and licences were extended without the competent authority's approval.

The beneficiaries allegedly diverted "illegal" gains to the accused officials and made false entries in their books of account to evade detection, the probe agencies have alleged.

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16 dead, 20 injured as bus rolls down in deep gorge in Akhnoor

JAMMU, May 30 (Agencies): At least sixteen passengers died and 20 others were injured after a bus with pilgrims aboard rolled down into a deep gorge in Chungi Marh area of Akhnoor in Jammu district this afternoon, officials said.

An official said the bus rolled down into a deep gorge near Chungi Morh on Jammu-Poonch high-



way, resulting in death of sixteen passengers and injuries to 20 others.

He said that the injured have been shifted to sub district hospital Akhnoor, where from critically injured have been referred to GMC Jammu

He added that the identities of the deceased and injured is being ascertained, while police have taken cognisance of the incident.

3 Lt Cols among 16 Army Men named in FIR for 'Barging Into Police Station, assaulting cops'

SRINAGAR, May 30 (Agencies): A police FIR has named 16 army men including three Lieutenant Colonels for their involvement in Monday night assault on a police station in border Kupwara district, accusing them of abducting a cop and beating and injuring other cops with rifle butts, kicks and sticks.

The army men have been booked for attempt to murder, rioting, abduction and robbery among

other charges of the IPC. Five policemen were injured in the attack when army men allegedly barged "unauthorisedly" into the police station around 11.40 pm.

The officers named in the FIR include Lieutenant Colonels Ankit Sood, Raju Chauhan and Nikhil from 160 Territorial Army.

The police FIR said a "huge number of armed and uniformed personnel of 160 Territorial Army" led by the three officers

"unauthorisedly entered the premises" of Police Station Kupwara.

"They collectively and without any provocation in the form of unlawful assembly severely attacked the staff and officers present at the police station with rifle butts, kicks and sticks," it read.

It said the information was immediately conveyed to senior police officers who rushed to the police station to rescue them.

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Young driver from north Kashmir's Baramulla found dead inside truck in Samba

SRINAGAR, May 30 (Agencies): A young driver from north Kashmir's Baramulla district was found dead inside his truck in Samba district of Jammu on Thursday morning.

Quoting sources, news agency Kashmir Scroll reported Farooq Ahmad Mir, son of Abdul Ahad Mir, a resident of Dangi-

wacha Baramulla, was found dead inside his truck bearing registration number JK05E 9615, in the Nud area of Samba this morning.

They said that he was rushed to a nearby hospital, where doctors declared him dead upon arrival.

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Govt declares human rabies a notifiable disease

SRINAGAR, May 30 (Agencies): In a significant development, the government of J&K has declared human rabies a notifiable disease under the Epidemic Diseases Act of 1897.

As per a notification issued by the Health and Medical Education Department, all government and private health facilities, including medi-

cal colleges have been directed to report any suspected, probable, and confirmed cases of human rabies to the respective Chief Medical Officer and the State Nodal Officer of the National Rabies Control Program.

"Rabies is an acute viral that affects all the warm-blooded animals including humans and

is caused by animal bite having extremely high fatality rate. India accounts for 59.9% of Rabies deaths in Asia and 35% of deaths globally. However, Rabies is completely preventable by timely and appropriate Post Exposure Prophylaxis (PEP). In order to achieve the WHO goal of zero deaths due

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Four arrested for circulating obscene content, harassment on social media: Cyber Police

SRINAGAR, May 30 (Agencies): Cyber Police Kashmir on Thursday said it have arrested four individuals involved in circulation of obscene content and harassment on social media.

They said an individual namely Sheikh Muqadas Rafiq of Gulab Bagh Srinagar was arrested in

one case, while as in the second case three individuals namely Junaid Husain of Sonwar, Iflah Mir of Bagh-e-Mehtab, and Naveed Mir of Pampore were arrested.

The Cyber Police Kashmir said all four individuals have been arrested after having their involvement

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Train Engine derailed at Jammu Railway Station

JAMMU, May 30 (Agencies): The engine of the Sampark Kranti Express derailed at Jammu railway station here on Thursday, officials said.

No one got injured in the incident, they said.

As the train arrived at the railway station from New Delhi today, one

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One dead, 15 injured in road accident in Pampore

SRINAGAR, May 30 (Agencies): A tragic accident occurred in Pampore town on the old National Highway (NHW) early this morning when a passenger bus overturned, resulting in the death of one individual and injuries to fifteen others.

According to a police

statement, the vehicle, which was traveling from Jammu to Srinagar, overturned near Drangibal, Pampore. The cause of the accident is still under investigation.

Thirteen of the injured passengers were transferred from the Sub-District Hospital (SDH) Pampore to the Shri

Maharaja Hari Singh (SMHS) Hospital in Srinagar for further treatment.

Their conditions vary, with most reported as stable, though one passenger remains in critical condition. The identities and conditions of the injured are as follows:

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40-yr old woman electrocuted to death in Charar-e-Shareef

SRINAGAR, May 30 (Agencies): A 40-year old woman was electrocuted to death in Charar-e-Shareef area in central Kashmir's Budgam district on Thursday.

An official told News Agency Kashmir Scroll that a woman namely Shakeela Banoo wife of Ab Rashid Baba resident of Hafroo Batpora

received electric shock at her residence.

He said that family members took her in a semi-unconscious state to PHC Hafroo Batpora where doctors on duty declared her dead.

Meanwhile police have taken cognizance and started an investigation into the matter.

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Monsoon sets in Over Kerala and Northeast

NEW DELHI, May 30 (Agencies): Spurred by cyclone Remal, the southwest monsoon set in over the Kerala coast and parts of the northeast on Thursday, a day ahead of the date forecast by the weather office.

Weather scientists said that the cyclone, which ripped through West Bengal and Bangladesh on Sunday, had pulled the monsoonal flow to the Bay of Bengal, which could be one of the reasons for early onset over the northeast.

"Southwest monsoon has set in over Kerala and advanced into most parts of northeast India today, the 30th May, 2024," the India Meteorological Department said.

On May 15, the weather office had announced the onset of monsoon over Kerala by May 31.

Kerala has been receiving heavy rains for the past few days resulting in a surplus May rainfall, the weather office data showed.

The normal monsoon onset date for Kerala is June 1 and for Arunachal Pradesh, Tripura, Nagaland, Meghalaya, Mizoram, Manipur and Assam is June 5.

The IMD declares onset of monsoon over Kerala if anytime after May 10 over 14 stations there and neighbouring areas receive 2.5 mm or more rainfall for two consecutive days, the Outgoing Longwave Radiation (OLR) is low, and the direction of the winds is southwesterly.

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MBA MOTORS
MERCEDES - BMW - AUDI

DEALS IN SALE, PURCHASE, REPAIRING AND SERVICING OF USED CARS AND ORIGINAL SPARE PARTS

NAGROTA, JAMMU (J&K) +91-9086207123

Amit Kapoor exposes land scam worth crores of rupees

Top News Report

JAMMU, May 30: Dogra Welfare Organisation President Amit Kapoor has exposed the land scam worth crores of rupees committed by POK refugee Beant Kaur, JDA, Revenue Department and Dubai based Bal Krishna.

Continuing his campaign to expose people involved in land scams, Amit Kapoor has exposed this land scam worth more than one billion rupees which has links with an influential person Bal Krishna living in Dubai.

He also demanded action against all those who attended the 80th meeting of the Board of Directors of JDA and to arrest them under PSA.

Addressing a press conference in Jammu, Amit Kapoor has exposed this huge land scam.

Giving details about this, Amit Kapoor said that he has all the evidence regarding this matter and he will also go to CBI, ED and court regarding this matter.

He said that Beant Kaur, JDA, Revenue Department and Bal Krishna living in Dubai together have not only carried out this scam but have also misled the honourable court.

He said that a refugee Kaka Singh was allotted 39 Kanal 2 Marla land in village Gol Pattan and Chhattha Gujjaroo. After the death of Kaka Singh, Beant Kaur, who became the head of the family, and the Assistant Rehabilitation Officer (ARO) together got Khasra number 328 JDA land allotted in Chhanni Rama in the year 2001-2002. Whereas no land can be allotted to any refugee within a radius of 13 km in Jammu. After this, Beant Kaur and the Revenue Department together made fake fards of JDA land and transferred 38 kanals in the name of Bal Krishna, his family and relatives living in Dubai and also registered fake transfers.

But during this time, a case of JDA was going on in the court regarding this



land for the last several years. In this way, Beant Kaur, Revenue Department and Bal Krishna together misled the court for which they deserve punishment.

Amit Kapoor said that till that time all the JDA officials were fighting a case in the court to save this land of JDA. Amit Kapoor told that after that the land mafia got the demarcation done in collusion with all the concerned and its report was presented.

It was said in it that this land is outside this and the matter is placed in the meeting of the Board of

allotted to a government high school in the year 1966 and the land allotted for another government office is also shown as JDA's land whereas JDA came into existence in the year 1973. He said that in the year 2013, the Chief Secretary had said in the meeting that action should be taken against the Tehsildar who has filed this Intkaal.

In this way, Amit Kapoor, in connivance with JDA, Beant Kaur, Revenue Department and Bal Krishna, a resident of Dubai, got the Khasra No.

Exposing the scam of billions of rupees of 328, he said that he will take up this matter in court as well as before CBI, ED and other concerned. He said that within a few days he will disclose the names of all the people involved in this case because he has all the proofs for this. He demanded strict action against all the people involved in this case and to arrest them under PS and also to confiscate their properties.

CS reviews progress on implementation of new Criminal Laws in JK



Top News Report

SRINAGAR, May 30: Chief Secretary, Atal Dulloo, on Thursday chaired a high level meeting of senior functionaries in Home, Police and Law Departments to assess preparations being made for implementation of three new criminal laws in J&K recently passed by the Parliament.

Principal Secretary, Home, Director General Prisons, ADGP, Headquarters, Director Prosecution, Secretary Law, Director FSL and other concerned officers attended the meeting while Jammu based officers participated virtually.

The Chief Secretary enquired about the capacity building and training of concerned staff, conducted so far. He emphasised the need for collaborative efforts of all stakeholders for effective implementation of these laws in the UT.

Dulloo asked about the status of dissemination of relevant informative material regarding the new laws among the police officers and different sections of the society including women and

students for their awareness. He also asked about different logistic measures and technological upgradations to be made for better implementation of these laws on ground.

He took stock of the necessary amendments to be incorporated in Police Manual. He asked about the status of issuing different Statutory Orders (SOs) in this regard. He enquired about the changes to be made in rationalization or creation of posts, seeking of clarifications from the Law Department and integration of different portals with the rechristened apparatus of law enforcement agencies.

In its presentation, the Police Department threw light on different initiatives being taken for smooth implementation of these laws. It was revealed that capacity building and training of staff, deployment of additional manpower and upgradation of hardware and technological interventions are being planned as part of implementation strategy for these new laws.

It was informed that till date nearly 6984 police

personnel have been trained in the training institutions in addition to orientation of 106 prosecutors. Besides, it was apprised that 72 officers are going to attend the batch-wise training program at CAPT, Bhopal along with 30 officers from the Judicial Academy.

The meeting further deliberated on the plan for establishment of district mobile forensic units as per provisions of the act. It also had discourse over the changes to be made in Prisons, Prosecution and other allied Departments. It was revealed that the committees and study groups have been constituted for having insights into these laws and framing a roadmap to implement these in the UT.

Pertinently, the Bharatiya Nyaya Sanhita, Bharatiya Nagrik Suraksha Sanhita and the Bharatiya Sakshya Adhinyam had been recently notified by the MHA for implementation from July, 2024. These would replace the Indian Penal Code, 1860, Code of Criminal Procedure, 1898 and the Indian Evidence Act, 1872, respec-

Altaf Bukhari grieves over the death of 21 pilgrims in Akhnoor road mishap

Top News Report

JAMMU, May 30: Apni Party President, Syed Mohammed Altaf Bukhari has expressed shock over the tragic road mishap in which 21 pilgrims died, and several others injured at Akhnoor in District Jammu.

As per a press release, Altaf Bukhari expressed deep concern over the tragic road mishap that has consumed the lives of 21 pilgrims and injured several others, when a bus carrying them, skidded off the road and plunged into a gorge at Chungi Morh

area in Akhnoor in District Jammu, this afternoon.

The bus was on its way to Shiv Khori area of District Reasi when the road accident happened.

"I am deeply pained to hear about the heart-breaking road accident that has consumed 21 lives of the pilgrims," said Altaf Bukhari, expressing his heartfelt condolences to the bereaved family members, who have lost their loved ones in the road accident.

He sought immediate release of ex-gratia in favour of the next of kins of the deceased pilgrims.

He said that the injured pilgrims should be provided free of cost specialized treatment by the Govt.

Meanwhile, other leaders of the Party including Provincial President, Jammu, S. Manjit Singh have also condoled the loss of lives, and demanded a probe in the incident.

"I express my sympathies with the bereaved family members and prayed to almighty for the eternal peace of the departed souls, and courage to their respective families to bear this irreparable loss," said Manjit Singh.

Lt Governor Expresses Grief over the Tragic Loss of Lives in a Bus Accident in Akhnoor, Jammu

Top News Report

JAMMU, May 30: The Lieutenant Governor Manoj Sinha on Thursday expressed his deep anguish on the loss of lives in the tragic bus accident in Akhnoor, Jammu.

In a condolence message, the Lt Governor has said, "The Bus accident in Akhnoor is heart-rending. I condole

the loss of lives and pray to the almighty to give the bereaved families the strength to bear the irreparable loss. Praying for the speedy recovery of the injured.

The administration is providing all possible assistance to the bereaved families and is also extending medical facilities to those who have been injured".

Secretary Health reviews implementation of Ayushman Bharat Digital Mission in J&K

Top News Report

SRINAGAR, May 30: Secretary, Health & Medical Education, Dr. Syed Abid Rasheed Shah, on Thursday reviewed implementation of Ayushman Bharat Digital Mission (ABDM) in Jammu and Kashmir during a meeting held here at Civil Secretariat.

The Secretary emphasized creation of a Project Management Unit under ABDM in the UT. He directed all officers and officials to work hard in order to guarantee that ABDM is fully implemented across the J&K. He directed the authorities to expedite the process of establishment of Project Management Unit under ABDM on schedule in order to avoid any delay in implementation of ABDM ecosystem in public and private health facilities throughout the UT.

Highlighting the importance of digital interventions in healthcare delivery, Dr. Abid Rasheed stressed on utilization of technology to expedite and enhance the quality of healthcare services for patients in need. He directed the officers to identify the stakeholders and challenges that impede effective adoption of digital health ecosystem. He also asked for outlining a roadmap to achieve this vision for all the stakeholders in the ABDM ecosystem.

The Secretary emphasized the necessity for

all officers to work in coordination to improve the process of digitalization in the healthcare system besides elevating the quality of facilities being given to patients in hospitals through this technological revolution in medicare across the UT.

Mission Director, Ayushman Bharat Digital Mission, J&K, Nazim Zai Khan delivered a detailed presentation highlighting various aspects of the Mission, encompassing status of ABDM in the UT, manpower in Project Management Unit under ABDM, upcoming infrastructure, targets achieved and operational status of HMIS (JK e-Sahaj) in Public Health Facilities across J&K.

Mission Director also highlighted the achievements of ABDM in terms of Health Professional Registry of Doctors and Nurses, Health Facility Registry, Digital Health Incentive Scheme, Scan & Share (QR code-based OPD registration Service), overview on Microsite project under ABDM in J&K, ongoing Capacity Building trainings and IEC in all districts of the UT.

Among others the meeting was attended by various senior officers including the Additional Mission Director, ABDM, FA/CAO, ABDM, Consultants ABDM and other officers of ABDM, J&K.

JKBS members remember Batwal community's bollywood actress Bimla Kashmiri

Top News Report

JAMMU, May 30: The Jammu and Kashmir Batwal Sabha members held a special meet here today, wherein they remembered their community's bollywood actress dancer Bimla Kashmiri.



JKBS' General Secretary R.L.Kaith mentioned to members that Bimla Kashmiri was born as Gulabi Sargotra in a Batwal family at Bermean, a small village in Udhampur district of Jammu and Kashmir. She had four sisters and one brother. She spent her early life in the village. She challenged the regressive practice of child marriage when she was about to be married off with a Nandan caste boy of Narwal Pain at the tender age of twelve. She, however, insisted that she would like to become a dancer. After the untimely demise of her parents while she was in her teens, she was raised by her brother.

After the partition of India, during October-November 1947 when a large number of people died in communal rioting, her family moved to Jammu and lived in a refugee camp. One day she alongwith other fans went to Hotel Premier at Residency Road to see Indian film actors who were staying over there. During their audience with the actors, a railway contractor turned actor named Gopal was so enamoured by her fascinating look having some passing similarities to actress Meena Kumari that he with the permission of her family, took her to Mumbai where she stayed with his family and was renamed as Bimla Kashmiri.

Bimla was very enthusiastic in learning dance, so she learnt classical kathak style of dancing and began performing in Mumbai's Shanmukhananda Auditorium and Nobility Hall at the age of nineteen. She had made a record by performing dance continuously for eight hours and very soon her name conured up an image of an eminent Indian dancer.

Bimla also acted in many Hindi films in her career as actress, supporting actress and dancer. Some of her noted films were Fuji Lama (1952), CID (1956), Harishchandra Taramati (1963), Magic Carpet (1964) and Truck Driver (1970).

The then Prime Minister Morarji Desai had

praised her dancing and acting at that time.

Bimla did court marriage with a south indian, Madho Rao at the age of 40 and lived with him happily.

Bimla had not a child of her own but had adopted her niece, Mala whom she raised as a daughter and provided her with the best music education. It pained her when she having married a Muslim boy, ran away from home. This made her life worst. In December 1978, she fell unconscious and ill. She was immediately flown to Bombay hospital by her husband. After thorough investigation, she was diagnosed with cancer which had spread throughout her body to her brain and lungs. After a brave fight with the fatal disease, this great inimitable artist died in January 1979 at the age of 48. Her last words said to her husband were, "Money can't buy life". The film industry deprived of one of the greatest performers.

Bimla left behind her a huge property that included her having two bungalows one on Warden Road and another at Ganeshpuri, one hotel at Brijeshpuri, one restaurant, one dance school and three luxury cars.

Actor Dharminder when went to Mumbai to his earlier pictures taken in 1952, stayed in her bungalow, added Kaith.

Department of Agriculture celebrates First International Day of Potato

Top News Report

JAMMU, May 30: The Department of Agriculture Production and Farmer Welfare, Jammu celebrated the first-ever International Day of Potato, recognizing the importance of this versatile crop consumed by over one billion people globally. In December 2023, the UN General Assembly proclaimed May 30 as the International Day of Potato, acknowledging its status as a vital food source. Potatoes are eaten by more than one billion people around the world.

The UN had declared "In 2024, we mark the first International Day of Potato by focusing on the contribution of the potato to the lives of producers and consumers with the timely theme: 'Harvesting

diversity, feeding hope." Director Agriculture Jammu, S. A.S Reen, in his address, underscored the pivotal role of potatoes in the region's agricultural landscape, praising the efforts of farmers in cultivating this vital crop. He emphasized the significance of harnessing agricultural diversity to address global food security challenges.

Highlighting the significance of potato cultivation in the region, the Director delineated the distinctive sowing seasons. In the hilly terrains of Jammu, potato planting spans from April to May covering approximately 900 hectares. Conversely, in the plain areas, the sowing window extends from September to October, encompassing around 2000 hectares of land.

The Director elaborated on the prevalent varieties cultivated, including Kufri Jyoti, Kufri Himilini, Kufri Surya, Kufri Badshah, and the newly introduced variety, Lady Rosetta. He emphasized the adoption of modern mechanized techniques for both cultivation and harvesting processes, highlighting the potential for enhanced production.

He further highlighted the array of projects initiated by the Department of Agriculture Jammu to bolster agricultural practices and augment the welfare of local farmers.

Small-scale and family farming production of the potato, particularly by rural farmers, including women farmers, supports efforts to reduce hunger, malnutrition, and poverty, and achieve food security.

OFFICE OF THE EXECUTIVE ENGINEER, MECHANICAL & HOSPITAL DIVISION JAMMU

NOTICE INVITING TENDER (Short Term)

MHDJ/e-NIT 22 of 2024-25 **Dated: 28.05.2024**
Due : 08.06.2024

On behalf of the President of India, e-tenders in two cover system on turnkey basis are invited from registered/reputed firms having sufficient relevant experience for the work mentioned below:

S. No	Description of work	Project Authority	Estt	AAA/TS	Earnest Money Deposit	Cost of tender document	Time of completion	Eligibility Criterion of Bidder
1	REPAIR/SERVICING AND MAINTENANCE OF 66TR PACKAGED AIR CONDITIONING UNITS IN WARD No. 19 OF GOVT. SMGS HOSPITAL, JAMMU	Principal GMC & Associated Hospital Jammu	0.899 LACS	ACCORDED	Rs 2000.00 in the shape of CBP/FDR/TOR valid for 12 months pledged to the Executive Engineer HH Division Jammu	Rs 200.00 in the shape of Challan through J&K Govt. Treasury indicating Treasury Voucher No. & date and also indicating the name of work duly credited to 0059-PWD (Revenue) and uploading a copy of treasury challan / receipt on e-tendering portal.	10 days	OEM/Authorized /Registered & Reputed firms having sufficient experience as per Annexure "C" Similar nature work

OR

The bidder may deposit tender fee in the shape of e-Challan through Account no. 0097010100002163 in the name of Executive Engineer Mechanical & Hospital Division Jammu Name of Bank: J&K Bank Town Hall Jammu Branch Code:0097 IFSC code: JAKA07NALL MICR CODE: 180051025

THE NIT CONSISTING OF Qualifying INFORMATION, ELGIBILITY CRITERIA, BILL OF QUANTITIES (BOQ) SETS OF TERMS & CONDITIONS OF CONTRACT & OTHER DETAILS CAN BE VIEWED / DOWNLOADED FROM THE WEBSITE www.jktenders.gov.in

DIP/J-805/24

Sd/-
Executive Engineer
Mechanical & Hospital Division
Jammu

EDITORIAL

MENACE OF ROAD
ACCIDENTS

Road accidents represent a significant public health challenge worldwide, claiming millions of lives each year and causing countless injuries.

According to the World Health Organization (WHO), approximately 1.35 million people die annually due to road traffic crashes, making it a leading cause of death globally, particularly among young people aged 15-29. The pervasive nature of road accidents necessitates a comprehensive understanding of their causes, consequences, and prevention strategies to mitigate their impact.

The causes of road accidents are multifaceted, encompassing human, vehicular, and environmental factors.

The majority of road accidents are attributed to human error. Distracted driving, often due to mobile phone use, significantly increases the risk of collisions. Additionally, driving under the influence of alcohol or drugs impairs judgment and reaction times. Speeding, reckless driving, and fatigue also contribute to the high incidence of road accidents. Human factors are complex and intertwined, often involving a combination of inexperience, overconfidence, and poor decision-making.

Mechanical failures and vehicle defects are another critical cause of road accidents. Issues such as brake failure, tire blowouts, and steering malfunctions can lead to loss of control. Regular maintenance and safety checks are crucial to ensuring vehicle roadworthiness. Moreover, the design and safety features of a vehicle, including airbags, seat belts, and anti-lock braking systems, play a significant role in mitigating the severity of accidents.

Road conditions and weather significantly influence the likelihood of accidents. Poorly maintained roads with potholes, inadequate signage, and lack of lighting can create hazardous driving conditions. Adverse weather conditions like rain, fog, snow, and ice reduce visibility and traction, making driving more dangerous. Additionally, road design, including sharp curves and intersections, can also contribute to accidents if not properly managed.

The repercussions of road accidents are profound, affecting individuals, families, and societies at large.

The most immediate and tragic consequence is the loss of life. Survivors often suffer from long-term physical and psychological injuries. Disabilities resulting from accidents can alter the course of victims' lives, leading to a diminished quality of life and loss of livelihood. The emotional toll on families and communities is immeasurable, as they cope with grief, trauma, and sometimes financial hardship.

Road accidents impose a significant economic burden on societies. The cost of emergency response, medical treatment, and rehabilitation for accident victims is substantial. Additionally, there are indirect costs such as lost productivity due to injury or death, legal expenses, and property damage. According to the WHO, road traffic crashes cost most countries 3% of their gross domestic product.

On a broader scale, road accidents strain public health systems and emergency services. The high incidence of accidents necessitates a substantial allocation of resources for traffic management, law enforcement, and public awareness campaigns. Moreover, communities affected by frequent road accidents may experience a decline in public safety and confidence in road infrastructure.

Mitigating the incidence and severity of road accidents requires a multi-faceted approach involving government policy, public awareness, and technological innovation.

Strong traffic laws and stringent enforcement are critical. This includes setting and enforcing speed limits, mandating the use of seat belts and helmets, and cracking down on impaired and distracted driving. Penalties for violations need to be substantial enough to deter risky behavior.

Investing in road infrastructure is essential. This includes regular maintenance, proper lighting, and the construction of safer road designs such as roundabouts and pedestrian crossings. Advanced traffic management systems can also help monitor and manage traffic flow, reducing congestion and the likelihood of accidents.

Ongoing public awareness campaigns are vital in promoting safe driving behaviors. Educational programs can inform the public about the dangers of distracted driving, the importance of seat belts, and the risks associated with speeding and impaired driving. Schools, communities, and workplaces can all play a role in disseminating this information.

The development and adoption of new technologies can significantly reduce road accidents. Innovations such as autonomous vehicles, collision avoidance systems, and improved vehicle safety features like electronic stability control and advanced braking systems are promising. Moreover, the use of telematics and data analytics can help predict and prevent potential accidents by monitoring driving behavior.

Road accidents remain a pressing global issue, necessitating concerted efforts from individuals, communities, and governments to reduce their incidence and impact. By addressing human, vehicular, and environmental factors through a combination of legislation, infrastructure improvements, public education, and technological advancements, the goal of safer roads can be achieved. The collective responsibility to promote road safety can save lives, reduce injuries, and alleviate the economic and social burdens caused by road accidents.

Artificial intelligence: A digital companion for mental health care?

By: Vijay GarG

The last decade has seen Artificial Intelligence taking centre stage in the technological world, and the journeys of humanity and technology are now deeply intertwined. AI is integrated into our lives in numerous ways ranging from giving nudges to complete that email to having to prove that you are human by picking out objects in a blurry image while logging in to your email inbox from an unfamiliar location. The ubiquitousness of AI makes it pertinent for us to understand its potential and limitations in meeting human psychological needs. Can AI play a role in mental health care?

"In psychology, interventions need to be personalised. AI can analyse big data sets and analyse the needs to personalise certain interventions," says who holds two master's degrees in psychology and works in London for an AI healthcare startup.

Microsoft's AI CEO and one of the primary architects of many of the AI models we use today, in his TED talk describes AI as a kind of a new "digital species" that we will come to see about as a "digital companion" in our life journey. He believes this is the most accurate and fundamentally honest way of describing what is about to emerge with AI. According to Suleyman, "Referring to AI as just tools does not capture its scope. AIs are more dynamic, ambiguous, more integrated, and more emergent than mere tools which are entirely subject to human control."

THE EMOTIONAL EXPERIENCE

A study published in the Proceedings of the National Academy of Sciences (PNAS) journal has found that AI-generated messages made recipients feel more "heard" than messages

generated by untrained humans, and that AI was better at detecting emotions. The research conducted by Yidan Yin, Nan Jia, and Cheryl J. Waksak, from the USC Marshall School of Business addressed a pivotal question: "Can AI, which lacks human consciousness and emotional experience, succeed in making people feel heard and understood?" The responses show that leveraging AI's capabilities holds the potential for designing inexpensive scalable solutions for social support.

"Healthcare is best when it is personalised," says Abhishek Mohanty, founder and CEO of CareFlick, an AI-powered care and team management platform for senior care. "AI can give data points for elderly care, but each case is different. For example, we have developed a tool which can be used by the caregiver to document the mood and vitals of the elderly. The tool helps the caregiver anticipate the elderly person's behaviour on a given day and prepare accordingly for his or her role as a caregiver." Post-pandemic, the demand for remote mental health care has surged globally.

"One in seven Indians struggle with mental health issues. We've got a shortage of therapists, with just one for every 400,000 people. Reports show a staggering 35% increase in depression and anxiety disorders in India over the last few years," says Anika Beri, founder of Clear Mind, a personalised AI therapy platform. "In just six months, we crossed 60,000 users from across 126 countries. That speaks volumes about the need for such a service," adds Beri. Wysa, founded in 2016 in India, is among a wave of start-ups developed to meet this need. Wysa supports individuals with the help of an "emotionally intelligent" conversational agent that guides users through evidence-based cog-

nitive-behavioural techniques (CBT), meditation, mindfulness exercises and micro-actions to help build mental resilience skills. The governments of Singapore and the UK have started using Wysa to implement AI-based mental health care.

One of the hurdles in mental health care is the stigma associated with reaching out to a counsellor or coach for emotional support. AI seems to have a definite advantage in lowering this entry barrier. "People seem to be more comfortable accessing mental health care from their own homes. They prefer to engage with a chat bot over speaking to a person. AI helps make mental health care more accessible in this respect," says Bhambal. Beri's experience with ClearMind users also indicates a similar phenomenon. "We found that people could be themselves without the fear of being judged when speaking with an AI bot," she says.

MISSING HUMAN CONNECTION

Does AI-based intervention come at the cost of widening the gap in real human connection in an already loneliness-ridden world? Yin and their colleagues found that while people felt more heard when they received an AI message compared with a message from a human, they felt less heard once they learnt that the message came from an AI. This underscores the importance of the human element when it comes to a field that is as sensitive as healthcare.

A year ago, I had my first coaching client who sought professional support owing to anxiety over AI-powered technologies making his role in the organisation redundant over the next few years. As I worked with him, I realised the importance of the human touch when it comes to holding space in moments of pathos. "Unsuper-

vised therapy is a risk and a grey area," says Aanandita Vaghani, a mental health counsellor based in Mumbai. "However, I feel AI could support clients with developing habits such as journaling and executing routine tasks such as setting reminders," she adds.

Vaghani, however, feels that when it comes to understanding the nuances of complex ideas such as empathy, AI can be lacking. Unlike a therapist who can empathise with you based on their own personal experience, AI can only create an "artificial empathy that's purely cognitive," Vaghani observes.

TECHNOLOGY WITH VALUES

In a way, AI is the whole of everything us humans have created, distilled into something that we can all interact with and benefit from. It's a reflection of humanity across time. It captures both the biases and gifts of humanity. In that respect, if we are to consciously give birth to this new "digital species", it is critical we pay attention to the kind of minds that we are nurturing within us. The more we invest in healing from our own transgenerational traumas and deep-seated biases that lead to violence through "othering", the more we can hope to create a technology that will emulate these values in its application. We need to move away from a homocentric view of the world where human needs are given primacy to rediscover and hold a view of the world that values the wholeness and interconnectedness of life all around. Hopefully, this will prevent future AI technologies from ending up as tools to satiate human greed at the cost of even more depletion of the natural world.

*(Vijay GarG Retired
Principal Educational
columnist Malout)*

Summer Beauty



By: Shahnaz Husain

The temperature is rising and so should our look quotient. Summer is here, and with it comes some of the year's most exciting makeup trends. As the sun shines brighter and the days get longer, it's time to refresh your beauty routine with the latest beauty trends. The warmer season calls for new summer makeup trends that will help you beat the heat in style. The hottest looks for the hottest season encourage fun and experimentation for your lids, lips, and face.

Summer 2024 is going to be all about flaunting dewy, glowy skin. Think radiant, natural-looking skin finishes, bright blushes, bold brows, glossy lips, and statement eye makeup looks.

A trend of minimal (less) makeup will be the trend this summer. Heavy eye makeup may become a trend of the past. Fewer skin care products and make-up cosmetics will be used, especially in summer, in keeping with the minimal wave. Tinted moisturisers, primers and serums are being used. The prediction is that glowing skin, created with highlighters, will be in. Leave out the glitter where highlighting is concerned, but use the highlighter on the high points of the face, like cheekbones, and brow bones. Go for a neutral and natural blush, to emphasize the highlighted areas of the face.

There are some new popular products in skin care, like Serums and Face Oils and these will influence summer trends. A serum is in the form of a liquid and is different from a moisturising lotion. It does not moisturise the skin but is designed for many other functions, like age control, removal of pigmented patches or spots, brightening the skin, improving skin texture, protection of the skin and hair, etc. It forms a protective layer over the skin and hair.

Products that are gentle on the skin will be trending during the summer of 2024. The skin's pH balance and normal oil-moisture barrier are very important for the good health of the skin. Skin care products that are free from parabens, sulphates and min-

eral oil are already preferred and people will move away from acid peel treatments. There will be an increase in awareness of sun protection. So, an increasing rise in the use and sale of sunscreens, sunblock products and protective creams is expected.

The dramatic red for lipsticks will be very much the trend. To make sure your lips stay vibrant all day, try using a lip liner to create a base, then fill in with your hot summer favourite shade. Nothing screams summer better than bright and bold lip shades like coral, hot pink, and orange.

For the day, go for reddish shades that move towards pink, or try fuschia, or coral red. Models are wearing chocolate brown too. For summer nude shades in lipstick will be trendy. A sheer shade is good for the day.

Black-lined eyes continue to be in and so is liquid eyeliner. In fact, liquid eyeliner is best for achieving a dramatic look for the eyes. Go for grey or brown eye shadow and apply a line of black eyeliner close to the lashes on the upper lid.

It is also expected that French Manicure may be back. But, instead of the long white tips for nails, the minimal trend may take over and a narrow tip of colour may become the new trend.

Putting the hair up will also be in vogue, especially for summer.

Where hairstyles are concerned, the prediction is that the trend may be to put the hair up in buns, chignons, or even topknots. The spiky bun may also be a trend, with some ringlets framing the face. The classic ponytail has been dictating trends for some time now. For summer the ponytail will continue to be popular. A high ponytail will be trendy, with part of the hair wound around it. With ribbons or other hair accessories, a ponytail can provide a touch of glamour. One can have a ponytail for a formal or an informal look. The prediction is that braids are also going to be in. Micro plaits will be trendy. Colouring the hair may also have a new trend of mixing two colours. Fringes will become shorter.

Get that summer fresh look this summer with glossy skin. The trend is all about looking radiant and fresh.

However, all in all, 2024 will be a year of beauty care with products that protect and restore the good health of the skin and hair. The focus will be on healthy, organic beauty care. There will be a fresh look to make-up and grooming.

*(The author is an
international fame
beauty expert and is called
the herbal queen of India)*

Army conducts medical camp at Balnoi Base



Top News Report

POONCH, May 30: Balnoi Battalion of the Army in collaboration with People's Hut Foundation, Diva International Foundation conducted a Free Medical Camp at Balnoi Base, Sub Division Mendhar, Tehsil - Mankote, District Poonch. The main aim of conducting this medical camp was to provide essential free health care services

to the villagers in the Area of responsibility of Balnoi Battalion. The People's Hut Foundation headed by Dr. Rohit Koul is a national level registered NGO registered with Govt of India & Niti Aayog brought together a team of dedicated health care professionals who volunteered to offer medical consultations, check-ups and treatment. The camp was organised under the overall supervision

of Dr. Amardeep Singh, Chairman Diva Group and Director Diva International Foundation. The medical camp themed "Mobile Health Clinic Program" saw an overwhelming participation where 407 patients availed the free services from villages of Mankote Block. In addition to medical consultation in Gynecology, Orthopedics, Dentistry, ENT, Pathology, General medicine the

camp also provided free Allopathic Medicines, Ayush medicines, basic health screening and awareness about Nutrition, hygiene and preventive care. Medical Camp catered to all the villages of Mendhar including villages of Balnoi, Dabraj, Sagra, Ghani, Mankote and others which are located close to the Line of Control and therefore lacks basic medical facilities.

NSS Unit of GDC Thathri celebrates Yoga Day

Top News Report

THATHRI, May 30: The NSS Unit of Government Degree College Thathri, in collaboration with the District Ayush Office Doda, celebrated International Yoga Day with great enthusiasm and fervour. The event, held under the overall supervision of Principal Government Degree College Thathri, witnessed active participation from various students and staff of the college. The celebration commenced with a warm welcome extended to all participants by the NSS Program Officer Dr. Sanjay Kumar, who emphasized the importance of Yoga in maintaining physical, mental, and spiritual well-being. Students and staff alike enthusiastically engaged in various yoga Asanas and breathing exercises, guided by Nidhi Padha Yoga Therapist, Faizan Yoga instructor, Dr. Ajay Dass and Dr. Ravinder Singh Medical Officers Ayush Doda.



der Singh Medical Officers Ayush Doda.

Speaking on the occasion, Dr. Javed Shah, Convener of the NSS Committee, extended a heartfelt vote of thanks to all the participants for their enthusiastic involvement and dedication towards promoting the practice of yoga.

He underscored the significance of yoga as a holistic approach towards leading a healthy lifestyle and urged everyone to incorporate yoga into their daily routine. The event served as a platform for fostering

awareness about the numerous benefits of yoga and promoting its practice among the youth.

It also highlighted the commitment of Government Degree College Thathri towards promoting physical and mental well-being among its students and staff.

The NSS programme officer Dr. Sanjay Kumar expressed its gratitude to the Ayush Doda and all the staff members of the college for their collaboration and support in organizing this successful event.

ADDC Ramban inspects Historic Site of Ghora Gali Urges it's thorough preservation/ conservation

Top News Report

RAMBAN, May 30: Additional District Development Commissioner (ADDC), Ramban, Roshan Lal, on Thursday visited the Ghora Gali Archeological/ Historic site and emphasized the need for its thorough preservation, conservation and protection.

Efforts made by the District Administration under the leadership of Deputy Commissioner, Ramban, Baseer-Ul-Haq Chaudhary highlighting the significance of the Ghora Gali site and the administrative efforts towards its conservation and local development, ensuring that both heritage and progress are prioritized.

The Ghora Gali is one of the ancient historical sites of Ramban situated in village Gool on Gool-Sangaldan road, 2 km ahead of Gool market. It

falls at a distance of 50 km from district headquarter Ramban. The art on stones at Ghora Gali reveals devta culture which is commonly found in rural areas of Ramban. The Kul Devtas of some of the hindu families show similar revelations worshipped since existence of human life.

It was informed that the work on construction of Boundary Wall of Ghora Gali with an estimated cost of Rupees 70 Lakh is ongoing to conserve the Historic Site and to promote tourism activities.

During his visit, ADDC Roshan Lal also met with officials of the Rural Development Department (RDD) and other departments at BDO Office Gool and received an appraisal on the status of ongoing development works under various schemes.

Accompanying the ADDC were Assistant Commissioner Development (ACD) Shrinath Suman, District Statistical and Evaluation Officer (DSEO) Ganesh Kumar, District Information Officer Ashraf Wani, and other concerned officials. The team inspected various development works in Gool, ensuring that the progress aligns with the planned initiatives and addressing any issues that arose.

The ADDC also interacted with the locals, listened to their grievances, and passed necessary directions to concerned officers to address the same.

The visit of the ADDC was focused on the basic development of the area and preserving the rich cultural heritage of the region while also focusing on the development and welfare of its people.

ADM Ramban imposes Rs. 45500 penalty on 7 Erring Food Business Operators including Pharma Company

Top News Report

RAMBAN, May 30: Additional District Magistrate (ADM) Ramban, Varunjeet Singh Charak, who also serves as the Adjudicating Officer, has imposed a substantial penalty of Rs. 45500 on seven Food Business Operators (FBOs) including a Pharma company operating within the district.

This action is part of a robust enforcement drive aimed at ensuring compliance with the Food Safety and Standards Act of 2006 (FSS Act-2006).

Out of eight cases reviewed, seven were resolved with penalties levied against the traders, including a pharmaceutical company Nunkind HealthCare Pvt Ltd, for the sale of misbranded and substandard medicines and food items.

These violations are in direct contravention of the FSS Act-2006. One case was deferred to the next

hearing due to the respondent's absence.

This enforcement action targeted multiple manufacturers, wholesale dealers, and retailers found to be violating the provisions of the FSS Act-2006.

The ADM, acting as the Adjudicating Officer, underscored the critical importance of adhering to the legal standards governing the food and pharmaceutical industries.

The ADM issued strict warnings to the offending FBOs, directing them to comply rigorously with the Food Safety and Standards Act and its associated regulations. He cautioned that any future violations would result in even more severe penalties. The ADM also instructed the Enforcement Agency to take decisive actions against the violators, reinforcing the administration's commitment to upholding public health and safety standards as per the directives of the FSS Act-2006.

AYUSH Kishtwar celebrates Yoga Mahotsava

Top News Report

KISHTWAR, May 30: AYUSH Kishtwar in collaboration with District Administration Kishtwar celebrated its 1st mega event of Yoga Mahotsava as a prelude to the International Yoga Day, based on the theme 'Yoga for Women Empowerment' at Govt. Girls Higher Secondary School Kishtwar.

As per the guidelines from the Ministry of Ayush, Govt. of India a yoga camp was conducted under the guidance of the worthy Director of Ayush J&K Dr. Mohan Singh and worthy Deputy Commissioner Kishtwar Dr. Devansh Yadav (IAS) and supervision of District Nodal Officer Ayush Kishtwar Dr. Vikram Singh Jamwal.

A team of Ayush Medical Officers/Officials including Dr. Atul Kumar, Dr. Monika Sharma, Dr. Sheetal Devi, Sh. Raj



Kumar and others along with the management of Govt. Girls Higher Secondary School Kishtwar, Krishan Lal were also present in the event.

The event was started with a lecture on the importance of Yoga for Women Empowerment and well being by Dr. Monika Sharma. During the event Yoga demonstrators demonstrated various Yoga Asanas and Pranayamas related to the health and hygiene of women.

Deputy CEO Kishtwar, Masood Ahmad Qazi

and Principal Govt. Girls Higher Secondary School Kishtwar, Krishan Lal were also present in the event.

Speaking on the occasion, Principal GGHSS Kishtwar also expressed his view on Women Empowerment and appreciation of the work of the team of Ayush.

The program was specially organised for all female teachers and girls students. About 100 participants were present in the event. The event was a great success.

Mothers unite to protect children from tobacco industry's interference

Top News Report

NEW DELHI/JAMMU, May 30: Mothers from various walks of life united under 'Mothers Against Vaping' in an event 'Saving the Next Generation from New-Age Addictions' and pledged to protect children from the global tobacco industry's interference on the eve of World No-Tobacco Day Thursday.

Kushboo Sundar, actress, politician and a special invitee of BJP National Executive Committee and a member of the National Commission for Women and Kishwar Desai, Author and Columnist joined 'Mothers Against Vaping' and bolstered the cause. They join a distinguished group of leading sports icons and influential role models like Baichung Bhutia, Deepa Malik and Neha Dhupia who stand



with 'Mothers Against Vaping' in their efforts to eradicate the menace of vaping from the lives of children.

The strong support from these diverse personalities highlights the gravity of the issue tackled by 'Mothers Against Vaping', affirming its recognition as a critical concern.

Talking about the reasons for the rising popularity of new-age devices among children, Dr. Bhavna Barmi, clinical psychologist and founder happiness studio said,

"Children's mental states make them highly susceptible to early experimentation with addictive behaviours. Hence, we are witnessing a troubling surge in children being drawn to enticing electronic addictive devices like vapes and e-cigarettes. A major factor fuelling this trend is the packaging and advertising tactics employed by manufacturers of these modern devices."

During the event, a pledge ceremony was also conducted, with a

large number of mothers in attendance taking part.

The Chief Guest Deepa Malik, Padma Shri Khel Ratna and Arjuna Awardee and a prominent member of 'Mothers Against Vaping', led the Pledge Ceremony.

She said, "This pledge is crucial. I am deeply troubled to see how our children are being lured by the tactics of device manufacturers, risking lifelong addictions not just to nicotine but to even more dangerous substances. It is heart breaking to witness children engaging in such activities when there are much more engaging activities like sports which they can participate in and move towards a bright future and Fit India in a healthy manner. We must organize more events like this and raise awareness about this pressing issue affecting our children."

GDC Vijaypur releases its Newsletter "Devika"

Top News Report

VIJAYPUR, May 30: Government Degree College (GDC), Vijaypur unveiled the first ever college newsletter, "Devika".

The release event was graced by Dr. Geetanjali Rana, Principal of Government Degree, Ramgarh and Dr. Twinkle Suri, Principal of Shri Pandit Prem Nath Dogra Government Degree College, Samba.

Dr. Vandana Gupta, Principal of Government Degree College, Vijaypur expressed her

immense joy and appreciated sincere efforts of the Newsletter Committee to achieve this milestone.

Welcome address was presented by Prof. Ritu Bhagat where she briefed about the newsletter to everyone present there. Newsletter highlighted the consistent progress and notable achievements of GDC Vijaypur in various academic, non-academic, curricular, extra-curricular, sports and capacity-building areas for both staff and students.

The newsletter, titled "Devika," provides a

vibrant and diverse overview of the campus happenings from April 2022 to March 2024.

It showcases the student's involvement in curricular and co-curricular activities, illuminating the college's success and pride.

Despite facing limitations, the students have showcased their growth and left an indelible mark on the college's record.

The compilation of this issue of the newsletter was made possible through the dedicated efforts of Prof. Ritu Bhagat, Conve-

ner IQAC and Chief Editor of the Newsletter along with Advisory Committee comprising of Prof. Anita Jamwal, Prof. Mamta Gupta and Dr. Anoop Kumar Bhagat.

The active contributions and cooperation of Editorial Board namely Prof. Poonam Kundan, Dr. Manoj Heer, Dr. Naseem Chowdhary, Prof. Meetu Sharma, Dr. Gunjeet Mahiwal, Prof. Mazid Malik, Dr. Priyanka Ganjoo, and Dr. Attied Khawar Balwan were instrumental in its success.

Jhullas colourful fountain inaugurated at Bhagwan Parshuramji Dham Gurah Mundian

Top News Report

JAMMU, May 30: Bhagwan Shree Parshuram Dham is ideally situated at Jammu-Pathankot National Highway, having sufficient open space/lawn in the Dham complex, is becoming a popular religio-tourist spot on the National Highway. Halting of buses carrying hundreds of Vaishno Mata devotees and tourists has become a routine as Parshuram Dham Complex has bathing, washing, cooking and night stay facilities available in the Dham premises.

Bhagwan Parshuram Dham is being managed by Bhagwan Parshuram Dham Mandir Management Committee Gurah Mundian having members from all communities residing in the village/ Panchayat Gurah Mundian, elected unanimously by the residents of Panchayat. Now a small children park having jhullas for children and a colourful fountain has been installed in the mandir parisar.

An impressive function jhullas and fountain was inaugurated by Ved Parkash President All J&K

Dogra Brahman Pratinidhi Sabha Jammu and Prof. R.D. Sharma, Ex Vice-Chancellor Jammu University, was also attended by other office-bearers/ members of Dogra Brahman Pratinidhi Sabha Jammu with their families and also all members of mandir management committee. Dinner was also served to all invitees on the occasion.

Earlier, on their arrival, Ved Parkash Sharma President an Prof. RD Sharma Ex-Vice Chancellor were accorded warm welcome by the management committee mem-

bers as well as ex-office bearers.

Prominent among those who were present on the occasion, besides Arun Sharma, President, Rajiv Sharma, senior vice-president, Ashok Sharma (Happy) of Management Committee, ML Toofan, Ex-President, Hardat Sharma Chairman, Surinder Sharma, OP Sharma, Des Raj Sharma, Rakesh Sharma, Mohinder Sharma, Radhey Shyam, Sudesh Kumar Sethu, Prem Dogra and Om Parkash Khajuria were also present.

DYSS conducts Cycle Race

Top News Report

BARAMULLA, May 30: The Department of Youth Services and Sports Zone Dangerpora continue to engage students through a series of inter-school zonal level competitions, under the supervision of Nazir Ahmad Bhat, District Youth Services and Sports Officer Baramulla.

Zone Dangerpora proudly conducted an Interschool Zonal Level Cycle Race for girls U/14 and U/17. This vibrant event saw the enthusiastic participation of over 230 boys and 150 girl students from various schools of Zone Dangerpora. Zone incharge Shabir Sahib flagged off the rally, who commended the dedicated efforts of the Youth Services

and Sports staff for their active participation in making these events a success. He encouraged continuous participation and excellence in the field of sports. The event concluded with an award ceremony in which Shabbir Ali honoured the winners and certificates were also distributed among the participating students.

Theatre luminary MK Raina, who documents his life in the memoir *Before I Forget*, says working extensively with youngsters in Kashmir has made him a better Kashmiri

Driving on an empty road for miles together with no soul in sight can be unsettling; more so if the road happens to be in a buzzing city like Noida. Well, who would have thought that such an experience during the pandemic would unlock the memory bank of MK Raina, theatre luminary and film actor, and induce him to pick up the pen (yes, he prefers the traditional way). The result — a 409-page memoir, aptly titled *Before I Forget*.

"It was an 800-plus page book to begin with," Raina lets us into his journey. "I wrote about all major incidents of my life — my struggles, my defeats, humiliations, triumphs and some life-threatening instances. I completed the first draft in six months."

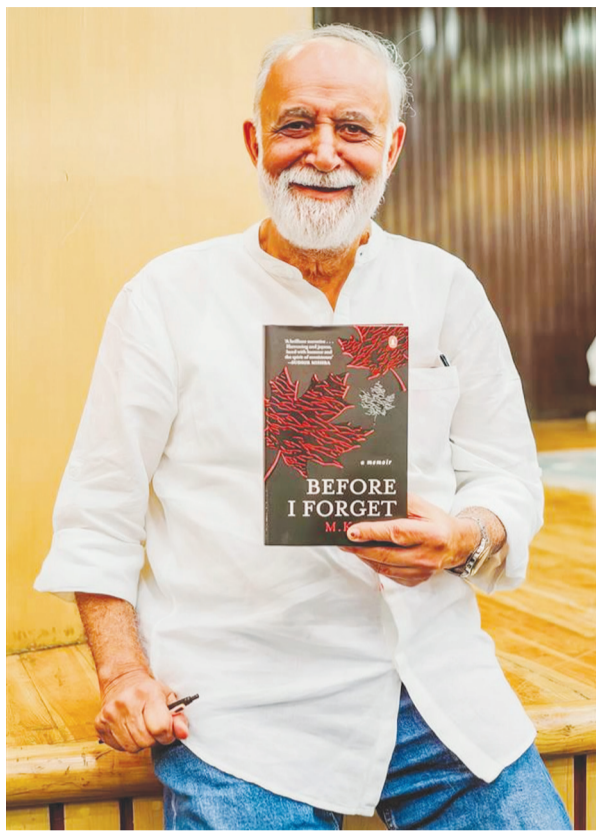
That's quite an achievement considering how accurately he recounts his life, right from his childhood in Sheetal Nath Sathu Mohalla in Srinagar. Did he keep a diary? "No, most of the events are culled from the sub-conscious mind. I have a strong visual memory," he beams.

Launched in Delhi recently, Raina is enjoying the fruit of his labour, as *Before I Forget* is garnering rave reviews. To prune an 800-page manuscript into half took some brainstorming and serious labour, but the journey was

fun. So much so that mujhe chaska lag gaya likhne ka (I got addicted to writing), he reveals. This bit of information would sure come as a relief to his friends and well-wishers, who have been encouraging him to share his vast experiences as a theatre activist and actor in the form of a book. "I had dodged them till now, but in my head I always knew that it was a matter of time. I am a storyteller and have so many experiences to share," he tells us.

Did the trigger point have anything to do with the film, *The Kashmir Files*, considering that he too has been a victim of terrorism in the Valley and his family was forced to relocate to Jammu when the mass exodus of Kashmir Pandits took place during the early '90s? The reaction is a throaty laughter. "I fell asleep twice while watching that movie. Would you believe it? It bored me. There was no depth, no shades, only propaganda. And, it didn't start any dialogue on this tragedy, it just pleased the right wing."

As he talks about the right, we can't help but ask — does it make him a leftist? "Not really, I have never been a member of any political party. My association with Safdar Hashmi may have given people the impression that I am a



leftist, but no, I choose my own path," he says.

Political leaning is one thing, but the pain of loss and longing has been a part of his being. Glimpses emerge as he writes, "For fear of being labelled as communal, I used to keep quiet and suffer our tragedy in silence."

Elaborating how in Mumbai some old friends had once accused him of 'behaving like a communal-mind person', he says, "It hurt me deeply because all these years, all I had owned was my belief in a multi-cultural, multi-religious India for which I had joined all the movements and strug-

gles that were in support of communal harmony. I have grown up in a syncretic culture. And as a theatre person, I can't take sides, I can't say that my tragedy is the only tragedy."

Has writing it all down helped him heal? "Working in Kashmir has helped me. This book is just documenting my healing process. Meeting Kashmiri youngsters, folk artistes and people from all walks of life has enriched me. I think I am a better Kashmiri now."

But what about Kashmir, is it any better that what it was once? Raina, who has been visiting his hometown

not to reclaim his home but his legacy and heritage, says, "There are cosmetic changes, but the core remains more or less the same. It's just that people don't talk anymore. They simply have become indifferent."

Seems it's time for another *Badshah Lear*. The play, which he produced with the dwindling Bhand community of Kashmir, transcended the caste and class divide, and united his audience to feel the pathos of the Kashmir situation. Before we all forget!

Dignity of labour
MK Raina joined the National School of Drama in 1967, when the doyen of Indian theatre, E Alkazi, was at the helm of affairs. Raina recalls one of the first lessons he learnt from Alkazi was on the dignity of labour, as they built up the Meghdoot Theatre brick by brick. He writes, "Personalities like Shivam Karanth, K V Subbanna, Kovalam Narayan Panniker, Giriraj Kishore, MF Hussein, Bala Saraswati—the great gurus of the Indian performing streams — laid in us the foundations for understanding and decoding the multiple plural traditions that are India's cultural treasures and infusing in students the desire to build modern Indian theatre in all its many regions."

Rashmika Mandanna shares why she doesn't speak English at movie events: 'I am just uncomfortable...'



Actor Rashmika Mandanna recently attended the pre-release event of Anand Deverakonda's upcoming film *Gam Gam Ganesha*. While fans were thrilled to see her pictures and videos from the event, some who didn't know Telugu wished she had spoken in English. Here's what Rashmika had to say when responding to the request.

"Will think I am disrespectful"

A fan, expressing their desire to understand Rashmika at the event, shared a picture and wrote on X (formerly Twitter), "You contin-

ued speaking in Telugu, which we couldn't understand. Don't you think that if you have fans in the North, they would also like to hear you speak? If you speak in English, more people will be able to understand you, not only in the North but also those who speak Kannada, Tamil, or Malayalam."

Responding to them, Rashmika explained why she doesn't speak English at movie events. She stated that she doesn't want to be 'disrespectful', writing, "I try my best to talk in English so that everyone of

you understand me no matter where you are from... but I am just uncomfortable with the fact that many people who want me to speak in their language will think that I am disrespectful of the language or that I don't know the language, but- I'll try my best."

The fan replied to her again claiming that they didn't want to 'complain' but just let her know that she has fans from across the country.

"Rowdy Boy is my favourite co-star"

Videos of Anand putting Rashmika on the spot and pulling her leg also did rounds on X on Tuesday. Anand asked Rashmika who her favourite co-star was, forcing her to playfully give a name, as fans chanted 'rowdy' in the background. Rashmika couldn't stop giggling as she said, "Ananduvvu naa family ra, itla spot lo pedte etla? (Anand, you're my family, why are you putting me on the spot?)" After he still pushes her to answer, she says, "Sare, Rowdy Boy. (Okay, it's Vijay Deverakonda.)"

Upcoming work
Rashmika has numerous films lined up in Hindi and Telugu. In Hindi, she'll star in *Sikandar* with Salman Khan and *Chhava* with Vicky Kaushal. In Telugu, she'll star in *Pushpa: The Rule* with Allu Arjun, *Kubera* with Dhanush, apart from *The Girlfriend* and *Rainbow*.

Deepika Padukone tops IMDb's 100 Most Viewed Indian Stars, Shah Rukh Khan is second

Bollywood actress Deepika Padukone, who will be soon seen in *Singham Again* and *Kalki 2898 AD*, has topped the IMDb list of Top 100 Most Viewed Indian Stars of the Last Decade. Following her is the actor opposite whom she made her debut in *Om Shanti Om*, Bollywood megastar Shah Rukh Khan. This list of all top Indian stars is determined by the actual page views of the more than 250 million monthly visitors to IMDb worldwide.

Deepika said, "I'm deeply grateful to be included in a list that captures the sentiment of a global audience. This recognition is truly humbling." The third spot on the list is occu-



ried by Aishwarya Rai Bachchan. Alia Bhatt is on the fourth spot followed by the late actor Irrfan Khan.

Aamir Khan and Salman Khan, too find a place in the top 10. While Aamir is at number six, Salman holds the eighth spot, separated by the late actor Sushant Singh Rajput at number seven.

The list also includes Hrithik Roshan, Akshay Kumar, Katrina Kaif, Amitabh Bachchan, Samantha Ruth Prabhu, Kareena Kapoor, Nayanathara, Ajay Devgn, Tripti Dimri and others. The list has actors from the Hindi, Tamil, Telugu, Malayalam, and Kannada film industries. Kamal Haasan is at number 54.

Dheeraj Dhoopar on completing 15 years in the industry: I was never the typical male lead of a TV serial

For Dheeraj Dhoopar, time has gone by in the blink of an eye as he completes 15 years in the television industry this year. However, the actor believes he still has "a long way to go". He adds, "I entered the industry when I was 27. I gave two of the biggest shows on Indian TV — *Sasural Simar Ka* and *Kundali Bhagya* — which ran for a total of 13 years."

The 39-year-old's entry into the world of acting happened because his mum told him "that I resembled (actor-host) Hussain Kuwajerwala and I should try acting on TV". He began his career with *Maat Pitaah Ke Chamon Mein Swarg* and was seen in shows like *Naagin*, *Sherdil Shergill* and more.

Reminiscing about his characters, Dhoopar insists, "I was never the



typical male lead of a TV serials. With Karan Luthra (his character in *Kundali Bhagya*), I got global fandom." He adds that with *Saubhagyavati Bhava: Niyam Aur Shartein Laagu*, he got to explore his darker side: "I've always played positive roles, but I loved playing a negative character."

While some actors leave television to venture into OTT and films, he isn't one of them. Dhoopar says, "I never want to leave TV as I am what I am because of this industry. Why should I leave this for something that may or may not happen?" The actor, who featured in the web series *Tatubaaaz* (2023), adds, "I would like to be a part of all mediums, simultaneously, and don't want to quit one for another." He is proud of being

an actor on the small screen but reveals he has faced discrimination because of the medium "many times". "I could see it in people's eyes. I would get invited to the biggest award shows and notice a stark difference in the attention given to the film stars and me. I used to feel bad. I'm not saying treat them lesser than but treat us as equals. I'm here because of the work that I have done on TV," he wraps up.

Dhoopar also credits the biggest part of his successful journey to his actor-wife, Vinny Arora Dhoopar. "She took a break in her career to make me big. She took care of our son Zayn, and I can work peacefully knowing she is there. There cannot be a story about Dheeraj without Vinny," he ends.

DAKS Music's latest video BadaSaang has been launched

DAKS Music's latest video *Bada Saang*, a Haryanvi song written by Rajesh Majaria, and sung by Raj Marwar and Anjali, was launched in Mohali on May 28. Co-founder of the company Kulbir Ahlawat stars in the music video, along with Nandani Sharma. It has been directed by Aman Jaji.

When the cast was asked about the inadvertent promotion of gun and drugs through songs nowadays, Kulbir replied, "Our song is quite different; the female lead, in fact, asks Kulbir's character to stay away from them. Nandani nods, "We hope our message reaches out to the audience. Although I do not understand Haryanvi well, I



love to work in the industry. I have previously done a few projects with the same music company." This was the first song shot abroad by them. The crew worked

in Armenia for three-four days, and the whole process took about a month's time. For Kulbir Ahlawat, this was his first on screen, but definitely not the last!

Rani Mukerji feted with Movified Best Actor Award for Mrs Chatterjee Vs Norway

Rani Mukerji has been awarded the Movified Best Actor Award in the Female Category.

The actress was honoured for her work in the critically acclaimed film *Mrs Chatterjee Vs Norway*.

In the film, inspired by true events, Rani essayed the role of a mother, who fought the legal system of Norway over the custody of her child.

Rani expressed gratitude towards Movified and its owner Neekeeta Singh. She said, "Thank



you Movified, for honouring me with the Best

Actor Female Award for Mrs Chatterjee Vs

Norway. I am so grateful for this recognition and would like to thank my director Ashima Chibber, my producers Nikkhil Advani, Monisha Advani, Madhu Bhojwani, everyone at Zee Studios, and Emmay Entertainment. My wonderful co-stars from Tallinn, Bengal and Mumbai, the Estonian crew, and all the technicians."

The actress also shared that Mrs Chatterjee Vs Norway held a very special place in her filmography.

BFCC Club fosters leadership and cycling culture in Kathua schools

Top News Report

KATHUA, May 30: In line with its ongoing drive to engage school children in District Kathua, the Bicycle For Change Club (BFCC) has successfully launched a series of initiatives aimed at promoting oratory skills and leadership among students. The club members have visited several schools, including DAV School,

Learning Temple School, Kids Heaven School, and others, engaging students through discussions on pertinent topics.

The students participated in discussions on themes such as "Kathua - 'is', 'was', and 'will be'" and "The Importance of Cycling." Based on their views and oratory skills, students were designated as President, Vice President, General Secretary, and Media

Spokesperson of their respective school's Bicycle Club. This structure not only promotes leadership but also encourages active participation in cycling-related activities.

Commander Amit Khajuria, a leading figure in BFCC, along with Sunil Sharma, President of BFCC, and Deep Kumar, Secretary, spearheaded these visits. Their collective efforts highlight BFCC's dedication to

fostering a healthy, drug-free lifestyle among the youth.

The response from the schools has been overwhelmingly supportive, with administrators eager to collaborate with BFCC in engaging the children. Each school's Bicycle Club now serves as a platform for students to develop leadership skills, promote cycling, and contribute positively to their community.

BFCC's initiative is a significant step towards building a healthier and more active generation, steering children away from the dangers of drug abuse and towards a brighter future.

General Secretary BFCC Deep Sharma appreciated the support of Satpaul Mansotra General Secretary JK private school association for this social and noble cause

WCWS organises free Multi-Speciality Medical Camp at Baderwah

Top News Report

JAMMU, May 30: We Care Welfare Society (Regd), J&K, (WCWS) a self-funded organisation, conducted recently a free Multi Speciality medical camp for Eye, Ortho, General Health, Heart and Gastroenterology check-up at Govt. Boys Higher Secondary School, Baderwah. Camp was a great success where about 500 patients were examined. This was only possible due to joint efforts and help of local administration, great commitment and dedication of Doctors and their paramedical staff, and off course untiring work of our most committed WCWS members. While interacting with media houses, Chairman Prof. M Sadiq Nargal, President Dr. RK Gupta, Vice President Col GC Raina, Vice President (Women) Sudershan Gupta and General Secretary Rajinder Gupta, thanked

each and everyone who helped us in making this mega Multi Super Speciality medical camp a grand success.

Special thanks to Former Chairman BMC, Shahid Mugal who introduced and helped us in holding our camp in GHS School, Baderwah, Chairman DDC Koushal Dhananter Singh Kotwal who helped us greatly through Sarpanches, Panches of the area in spreading of our message to the most needy rural people. Chief Executive Officer, Baderwah Dev Authority Bali Ram Bhagat also helped us to arrange the stay of Doctors & paramedical staff, and WCWS members most comfortable. Revenue Officers, ADC and Tehsildar Baderwah, SHO Baderwah who helped us in providing Police personnel in maintaining law & order at the camp site. We are highly grateful to Principal of Hr. Sec. School Dr. Nazir Ahmad and

his entire team including Irfan Rana, M Iqbal Zargar, Aftab Alami in providing infrastructure, chairs, benches and all other facilities at the school. Spectacles and free medicines were provided to the patients. ECG, PFT, Sugar, Pulse Oximeter, complete Eye Testing with most sophisticated equipments were also carried out at the camp. Specialised Doctors who participated include Eye Surgeons RD Sood, Rohan Sood & Avitesh Kumar from Sood Eye Centre (Unit of Agarwal), Trikuta Nagar, Jammu; Sr Physician Arvind Sharma from Medanta Hospital, Gurugram; Orthopaedic Surgeon MK Mam, Former Vice Principal CMC Ludhiana; Cardiologist Sakib Shah & Gastroenterologist Rohit Dhotra from Medicity Jammu. These Doctors were also presented and honoured with Certificates of Appreciation from WCWS.

Dogra College of Education hosts Farewell cum Prize Distribution Ceremony

Top News Report

SAMBA, May 30: Dogra College of Education proudly hosted a memorable Farewell cum Prize Distribution event on Thursday in the Conference Hall of Dogra Educational Complex, where-in the management, staff and students celebrated the achievements of its students and bidding adieu to the students of B.Ed, Semester-IV, Session 2022-24. It was a grand occasion filled with nostalgia, recognition, and festivity. The vibrant event commenced with the pious lamp lighting by the dignitaries followed by the heartfelt welcome address by Mehak, Student of Sem-2nd. Dr. Vikesh Kumar Sharma, Principal, DCE congratulated all the award recipients and extend best wishes to the outgoing students and ensures that the college will remain committed to fostering a nurturing environment that empowers students to excel academically and personally. The occasion was further enlivened by cultural performances, including songs, poetry presented

by the students. These performances not only showcased the diverse talents of the students but also added a celebratory spirit to the occasion. The highlight of the event was the prize distribution ceremony, where outstanding students were honoured with medals and certificates for their academic excellence, leadership, sportsmanship, and extracurricular achievements. The farewell segment was an emotional affair, with the students sharing their experiences and expressing gratitude towards their mentors and peers. This was followed by a special presentation by Rohini, Vice-President, Student Council, DCE and Minal Gupta, Student of Sem-IVth, DCE highlighting the unforgettable moments and valuable lessons learned during their time at the college. The Chief Guest on the occasion was Gulchain Singh Charak, Chairman, Dogra Educational Trust. He presented souvenirs to the outgoing students as a token of love. In his presidential remarks, he congratulated and acknowledged the hard

work and dedication of students and faculty members throughout the academic year and said that "Today, we not only celebrate your accomplishments but also the journey you have undertaken. Each one of you has made a significant mark on our institution, and we are confident you will continue to shine in your future endeavours". As the event drew to a close, Dr. Samar Dev Singh Charak, Secretary, Dogra Educational Trust wished the students success in their future pursuits and encouraged them to remain connected with the college as proud alumni. Prominent among others present on the occasion were Dr. Shefali Sharma, IQAC Coordinator, Dogra College of Education, faculty members and students of B.Ed. Sem-IVth (2022-24) and Sem-IVth (2023-25). The vote of thanks was moved by Shiwali, Student of Sem-IVth, DCE. The event wound up with the National Anthem followed by a group photo session capturing the joyous moments of the day.

Shangrilla Public School wins overall trophy in 4th J&K Silambam C'ship



Top News Report

JAMMU, May 30: Students of Shangrilla Public School won overall trophy in 4th J&K Silambam Championship 2024 held at Sacred Heart College Paloura on May 24

and 25, 2024. Shangrilla public school students won 8 gold, 11 silver and 9 bronze and was declared overall winner. The principal of school applauded the students and their coach Rajneesh Gupta.

Brigadier, DC hold interactive meet with NCC Students at GDC Doda

Top News Report

DODA, May 30: The 2nd J&K (I) COY NCC Baderwah Brigadier PS Cheema and Deputy Commissioner Doda, Harvinder Singh, Colonel NCC J&K M.K Sharma, Principal Government Degree College Doda, Dr. Attar Singh Kotwal and others hosted an interactive Meet with NCC Students at Govt Degree College (GDC) Doda yesterday.

The event aimed to provide an opportunity to the NCC students to engage with the dignitaries and gain valuable insights.

The interactive meet commenced with a warm welcome extended to Brigadier, PS Cheema and Deputy Commissioner Doda Harvinder Singh.

The event witnessed a lively interaction between the students and the dignitaries, where they dis-

cussed various aspects of NCC training and its role in shaping the youth. PS Cheema shared his experiences and motivated the students to actively participate in NCC activities. He emphasized the importance of discipline, leadership, and teamwork that NCC instills in its cadets.

The Deputy Commissioner also encouraged the students to make the most of their NCC training and utilize it as a platform for personal growth and development.

The interactive meet provided a platform for the students to ask questions and seek guidance from the esteemed guests. The students eagerly participated in the discussion, showcasing their enthusiasm and eagerness to excel in their NCC journey, along with DC Doda for an Interactive Meet with NCC Students at GDC Doda.

Departmental Convergence for Child Dev, Women's Health discussed at Doda

Top News Report

DODA, May 30: A meeting to discuss steps for the convergence of the three departments—Poshan, Education and Health to achieve holistic development of children as well as the health and well-being of pregnant women, lactating mothers, and adolescent girls was held here on Thursday.

District Programme Officer Poshan Projects Doda, S. Paramjeet Singh convened the crucial meeting in his office chamber, which was attended by senior functionaries of the three stakeholder departments.

District Immunization Officer Dr. Varsha expressed a keen interest in working closely with the Poshan Department to achieve 100% immunization and to

identify malnourished children, pregnant women, nursing mothers, and adolescent girls.

The Chief Education Officer (CEO) recommended the convergence of Anganwadi Centers (AWCs) with schools within a distance of 200 meters, provided there is an extra room available in the school to run the AWC.

Upon the request of DPO, the Chief Education Officer agreed to provide a list of children registered in both government and private institutions (schools) who are also beneficiaries of AWCs in the district. This will be based on Aadhaar registration to avoid double registration of children in both AWCs and schools. Other issues related to departmental convergence were also discussed during the meeting.

FROM PAGE 1

3 Lt Cols among 16 Army Men named in FIR for 'Barging into Police Station, assaulting cops'

"Upon seeing the arrival of police units and senior police officers the alleged personnel and officers of 160 Territorial Army led by Lieutenant Colonel Ankit Sood, Raju Chauhan and Nikhil brandished their weapons and snatched the mobile phones of the injured personnel and SHO PS Kupwara Inspector Mohammad Ishaq and while fleeing they abducted MHC Ghulam Rasool along with them and absconded from the spot," it said.

The army men have been booked under sections 186, 332, 307, 342, 147, 149, 392, 397 ad 365 IPC, and 7/5 Arms Act.

Police have launched investigations under DySP Syeed Peerzada Mujahidul Haq. The army raid had come after police raided residence of a local TA jawan wanted in some investigation.

A Srinagar-based defence spokesperson Monday played down the incident and said "the reports of altercation between police and army personnel" and "beating up therein of police personnel are mis-founded and incorrect".

"Minor differences between the police personnel and a territorial army unit on an operational matter have been amicably resolved," the spokesperson then said.

Young driver from north Kashmir's Baramulla found dead inside truck in Samba

A family member also confirmed this unfortunate incident and said that they are on their way to transport the body of the deceased to his home for last rites.

Govt declares human rabies a notifiable disease

to human Rabies by 2023, it is important to establish a strong surveillance and disease reporting system so that the exact magnitude of the disease can be assured. This will help to develop strategies as per regional condition for prevention, control and elimination of Rabies," reads the notification.

"The Ministry of Health and Family Welfare Department Government of India in its letter vide D.O No 2283429/NRCP/DZDP-NCDC/DGHS dated 20 September, 2021 requested all States/UTs to make Human Rabies a Notifiable disease, thereby making mandatory for all government and private health facilities (including Medical colleges) to report all suspected, Probable and Confirmed Human Rabies cases as per 'Guidance Document' for Rabies as a notifiable Diseases formulated by National Rabies Control Program (NRCP), Ministry of Health & Family Welfare, Government of

India. Notification will facilitate contact, tracing and promptly prophylactic measures to prevent infection in other people exposed to the same source," it states further.

"Now, therefore, in exercise of the powers conferred by section 2 of the Epidemic Diseases Act, 1897 (Act No 3 of 1897), the Lieutenant Governor of Jammu and Kashmir hereby declares 'Human Rabies' as a 'notifiable Disease' in the Union Territory of Jammu and Kashmir," it adds further.

"Further, all Government and private health facilities (including the Medical Colleges) shall immediately report all suspected, Probable and confirmed cases of 'Human Rabies' to the Chief Medical Officer of the concerned district with a copy to the State Nodal Officer, National Rabies Control Program (NRCP)/DSP in the format prescribed appended as Annexure-1 and Annexure-2 to the notification. This notification shall come into force with immediate effect and shall remain valid till further orders," notification reads.

Four arrested for circulating obscene content, harassment on social media: Cyber Police

in circulation of obscene content and harassment on social media. We are committed to ensuring the safety and dignity of all individuals and will continue to combat cybercrimes rigorously, they added.

One dead, 15 injured in road accident in Pampore

Waseem Ahmad, son of Mohd Afzal Malik, resident of Banihal - Multiple injuries, stable condition. Ranjeet Ram, son of Hari Ram, resident of Bihar Matheri District - Multiple injuries, stable condition.

Vinod Ram, son of Mohan Ram, resident of Bihar Mathri District - Multiple injuries, stable condition. Abno Mishra, son of Sosil Mishra, resident of Gorokhpur, UP - Multiple injuries, stable condition.

Shariq Ahmad Dar, son of Mohd Dar, resident of Darpora Dugle Banihal - Multiple injuries, critical condition.

Gasia, son of Mugrisa, resident of Beihar Bitya Zillaha - Multiple injuries, stable condition. Bangeli Puswha, son of Maniger Puswha, resident of Bihir Bitya Zillaha - Multiple injuries, stable condition.

Chater Bad Kotwal, son of Jeet Bahader, resident of Nepal - Multiple injuries, stable condition. Prince Kumar Patle, son of Umash Patle, resident of Ajowa Bihar - Multiple injuries, stable condition. Ram Kant Shah, son of Banda Shah, resident of Ajowa Bihar - Multiple injuries, stable condition. Mohd Ali, son of Abdul Kireem, resident of Kergil - Multiple injuries, stable condition.

Bachoo Patel, son of Maqsoodan Patal, resident of Mathri Bihar - Multiple injuries, stable condition. Tee Mohan Sharma, son of Chander Goe, resident of Bihar - Multiple

injuries, stable condition.

Train Engine derails at Jammu Railway Station

wheel of the engine went off the track, causing the train to come to a halt, the officials said. After a two-hour delay, the engine was brought back on track and the train continued its journey, they said. Railway authorities are investigating the cause of the derailment.

Liquor policy case: Delhi Court extends Manish Sisodia's remand till July 6

Sisodia was arrested by the Central Bureau of Investigation (CBI) on February 26, 2023, for his alleged role in the "scam". Sisodia resigned from the Delhi cabinet on February 28 last year.

Monsoon sets in Over Kerala and Northeast

El Nino conditions are prevailing at present, and La Nina may set in by August-September, scientists said.

El Nino - the periodic warming of surface waters in the central Pacific Ocean - is associated with weaker monsoon winds and drier conditions in India. La Nina - the antithesis of El Nino - leads to plentiful rainfall during the monsoon season.

Vice Chancellor CUJ, Released First Issue of Devika Magazine

Top News Report

JAMMU, 30th May 2024: On the occasion of its 11th Board of Studies Meeting, the Department of Educational Studies, Central University of Jammu (CUJ), Hon'ble Vice Chancellor, Prof. Sanjeev Jain released the first issue of a bi-annual Magazine - 'Devika (The flow of Knowledge)'.

On this occasion, the Head, Department of Educational Studies, Prof. Asit Mantry, Prof. Rajeev Rattan Sharma, University of Jammu, Prof. Laxmidhar Behera, RIE Bhubaneswar, Prof. GK Rout, IGNTU, Amarkantak, Prof. Suram Singh, Prof. J. N. Baliya, Prof. Ritu Bakshi, Dr. Uday Pratap Singh, Dr. Kiran, Dr. Aman, Dr. Ravi Vanguri, Dr. Yad Ram, Dr.



Mohan and Dr. Jai Bhawani Singh from CUJ were prominently present.

Hon'ble Vice Chancellor, Prof. Sanjeev Jain, said that the initiative of releasing Devika Magazine is a proud moment for the Department as well as the University. It should be accomplished in future with the great enthusiasm and interest in the department. He further empha-

sized such platforms where the students can get the opportunities to showcase their talents in various forms.

Prof. Asit Mantry, Head Department of Educational Studies, stated that the Devika is a platform that reflects the academic strength and creative spirit of the students, scholars, and faculty. It serves as a medium for sharing

innovative ideas, critical analyses, and educational insights that contribute to the broader discourse in the field of education. It will not only foster the intellectual capabilities of our students, scholars, and faculty but also will reinforce our commitment to academic excellence and research.

The faculty editors – Dr. Kiran, Dr. Aman and Dr.

Ravi Vanguri said that the issue of Devika is a testament to the collaborative efforts of scholars, students, faculty, and the editorial team. The magazine displays a diverse range of creativity in the shape of different poems, articles, short stories, essays, paintings, etc. written by scholars and students of the department. In the end, Prof. Mantry congratulated and thanked the patronage of the magazine, the advisory board, the editorial board, and the editorial team. He invited more and more original articles, short stories, essays, paintings, dialogues, poems, etc. of creative works of students, scholars, and faculty members for the next issue of the magazine.

CEO convenes meeting of Heads of schools to enhance students' engagement during summer vacations

Top News Report

POONCH, May 30: In a proactive move to enhance students' engagement and learning continuity during the upcoming summer vacations, CEO Poonch Bishamber Dass convened a crucial meeting with all Heads of Guidance centres and Heads of Schools of Poonch Zone in the conference Hall of CEO Office Poonch here on Thursday.

The meeting, attended by DEPO Poonch, N M Suri, ZEO Poonch, Kouser Parveen and ZEO Poonch, Vijay Kumar focused on issuing necessary directions to keep students academically active during the break.

CEO emphasized the importance of project-

based learning and instructed that each student should be assigned two projects related to their subjects. These projects are to be completed during the vacations and presented upon the students' return. This initiative aims to ensure that students remain intellectually stimulated and productive during the break.

In his address, CEO Poonch also highlighted the necessity for teachers to develop teaching-learning materials (TLM) during the vacation period. He specifically commended the teachers who secured the top five positions at the cluster level TLM exhibitions concluded recently, urging them to present their TLM at the district-level exhibition scheduled for the second week of June.

Furthermore, the CEO

encouraged teachers to maintain regular contact with their students, providing guidance and support for their summer projects. He stressed the significance of this continuous engagement in fostering a supportive learning environment. Teachers were also asked to remain as guides for their students during the winter breaks, ensuring ongoing educational support throughout the year.

Additional instructions were issued regarding the maintenance of school facilities during the vacation period. Heads of schools were directed to ensure regular visits to their institutions to oversee school upkeep and security. They were also reminded about the timely submission of required information to the education department.

'Agniban' another milestone in India's Space StartUp journey: Dr Jitendra

Top News Report

NEW DELHI, May 30: Union Minister for Science and Technology, Dr Jitendra Singh said here on Thursday that "Agniban" marks another milestone in India's Space StartUp journey which took off in a big way only few years ago with the opening of India's space sector for private participation after a revolutionary decision to this effect was taken at the highest level with the indulgence of Prime Minister Shri Narendra Modi.

Speaking after the successful launch, Dr Jitendra Singh also congratulated Team "Agnikul", the private StartUp which had worked with the ISRO to achieve today's feat. On the occasion, he also recalled an earlier launch by a private StartUp by "Skyroute" in 2022.

Hailing the successful

launch of Agniban Rocket with the world's first Single Piece 3D printed semi-cryogenic engine, Dr Jitendra Singh, in a congratulatory message to ISRO posted by him on 'X' (formerly Twitter), described it as the "showcasing of 'India Space Ingenuity'".

Pertinent to mention, Agnibaan SORTeD (Sub-Orbital Technology Demonstrator) lifted off at 7.15 am on Thursday in a mission of many firsts. While it is the second launch by a private StartUp in India, it is the first to use a private launch pad that the company has set up at the country's only operational spaceport at Sriharikota. "Agnikul" Cosmos Private Limited is an Indian aerospace manufacturer, a StartUp, based in National Center for Combustion R&D of IIT Madras, Chennai.

With the opening of

India's space sector for wider participation for both public as well as private sectors, Dr Jitendra Singh said, India has demonstrated its ability to be a world leader in the space sector. Today's achievement also showcases the brilliance of our young innovators, he said.

Dr Jitendra Singh further informed that the mission was about to reach a height of 8 Kms before splashing it into the sea.

Meanwhile, the Team 'Agnikul' hopes to conduct its first orbital launch which will be able to carry satellites into the orbit of the earth. They hope to provide this launch by next year. The other private launch StartUp by Skyroute which provided its first orbital launch in 2022 will also likely undertake an orbital launch in the months to come.

BSNL puts 27 land parcels across 11 states, UTs on the block; invites bids

NEW DELHI, May 30 (Agencies): In a major push to government's asset monetisation programme, the state-run Bharat Sanchar Nigam Limited (BSNL) has put on block 27 land parcels across 11 states and Union Territories.

The record accessed by The Indian Express shows that these land parcels include telephone exchanges, vacant land, administrative buildings, and staff quarter compound etc. These are spread across Andhra Pradesh, Chhattisgarh, Gujarat, Karnataka, Kerala, Madhya Pradesh, Puducherry, Punjab, Tamil Nadu, Uttar Pradesh, and West Bengal. The BSNL had invited bids for auction of land parcels in these

states through e-tender followed by e-auction, vide a Request for Proposal (RFP) on May 16, 2024. Following this, a pre-bid virtual meeting for all the land parcels has been called on June 3, 2024. The combined reserve price of these 27 land parcels is pegged at Rs 476 crore.

In addition to these, the BSNL has also drawn a list of over 500 land parcels and buildings at various locations across several states, which it intends to sell in coming days, a source said. The combined area under these properties is pegged at around 1 crore square meters. Besides, Mahanagar Telephone Nigam Limited (MTNL), another state-run telecom operator, has also



drawn up a list of properties to be offered for sale in Delhi and Mumbai. The move comes at a time when Union Telecom Secretary Neeraj Mittal has written to all secretaries and chief secretaries of ministries and govt departments urging them to ask Public Sector Undertakings (PSUs) and organisations under

them to take benefit of "outright" sale of BSNL properties.

"Union Cabinet in 2019 has approved the revival plan of BSNL/MTNL which also includes monetisation (of) its surplus land/building assets. BSNL has an asset base spread over the country and MTNL has properties located in Delhi and

Mumbai. Most of the properties are at prime locations. The properties are offered through outright sale to government departments/PSUs/ government organisations," Mittal said in a letter sent on May 21.

He added that a dedicated website has been developed, which lists all the properties of the BSNL/MTNL available for sale. "I would, therefore, request you to issue instructions for wide publicity of the website in various departments/PSUs/organisations under your ministry. This would help government organisations, who are in need of such properties in availing benefits from the scheme of direct sale from PSU to government organisations," he said.

Labour Department, Child Helpline aware construction workers about Do's and Don'ts during current heat wave, thunderstorm

Top News Report

RAMBAN, May 30: On the directions of Deputy Commissioner Ramban, Baseer-Ul-Haq Chaudhary, a team of Labour Department, led by Assistant Labour Commissioner Ramban Amit Kumar and Project Coordinator Child Helpline Ramban Mudasi, on Thursday conducted visits to under construction Digdol Tunnel to provide training and awareness to Labourers/ construction workers about the ongoing Heat wave Mitigation and Dissemination of Advisory on Thunderstorm and Lightning.

More than 50 Workers were educated about the Dos and Don'ts listed in the Public Health Advisory issued by National Programme on Climate



change and Human Health and Advisory regarding heat wave, Thunderstorm and lightning.

The Assistant Labour Commissioner briefed the workers about the necessary precautions to be taken during the working hours during the day time especially between 12 pm to 3 pm. Meanwhile the Employers were directed to put in place necessary arrangements like drinking water,

shaded areas, temporary shelters, rest breaks, first aid materials, etc at the worksites and impart training and awareness to all the workers about the heat wave mitigation and its precautions.

Regarding the thunderstorm and Lightning, the ALC advised the workers to stay indoors, take shelter inside safe building, home, offices, shopping centres and avoid shelter under trees, electric poles, metal

structures or Constructions with metal sheets, to get off from hill tops, river side, utility lines, telephone, metal fences, motor bikes, machines, etc. Never use mobile phones, umbrella with iron rods during thunderstorms.

Project Coordinator Child Helpline sensitized workers about Symptoms of Heat Stress and its preventive measures. Moreover, workers were also told about the working of Child Helpline in District and 27x7 Child Helpline No 1098 and urged them to call anytime whenever the help is needed.

Later, information pamphlets of advisories were distributed to employers and pasted at various worksites.

ADDC Ramban inspects conservation work at Historic Site of Ghora Gali

Top News Report

RAMBAN, May 30: Additional District Development Commissioner (ADDC), Ramban, Roshan Lal on Thursday visited the Ghora Gali Archeological/ Historic site and inspected the ongoing conservation work there.

The Ghora Gali is one of the ancient historical sites of Ramban situated in village Gool on Gool-Sangaldan road, 2 km ahead of Gool market and 50 km away from district headquarters Ramban. The art on stones at Ghora Gali reveals Devta culture which is commonly found in rural areas of Ramban. The Kul Devtas of some of the Hindu families show similar revelations worshipped since the



existence of human life. It was informed that the work on construction of Boundary Wall of Ghora Gali with an estimated cost of Rs 70 lakh is going on to conserve the Historic Site and to promote tourism activities.

Efforts made by the District Administration led by Deputy Commissioner Ramban, Baseer-Ul-Haq Chaudhary highlight the significance of the Ghora Gali site. and the administrative efforts towards its conservation and local

development, ensuring that both heritage and progress are prioritized.

During the visit, The ADDC also met with officials of the Rural Development Department (RDD) and other departments at BDO Office Gool and received an appraisal on the status of ongoing development works under different schemes.

Assistant Commissioner Development (ACD) Shrinath Suman, District Statistical and Evaluation

Officer (DSEO) Ganesh Kumar, District Information Officer Ashraf Wani and other concerned officials accompanied the ADDC.

The team inspected the under execution development works in Gool, ensuring that the progress aligns with the planned initiatives and addressing any issues that arise.

The ADDC also interacted with the locals, listened to their grievances, and passed necessary directions to concerned officers to address the same.

The visit of the ADDC was focused on the basic development of the area and preserving the rich cultural heritage of the region while also focusing on the development and welfare of its people.

ABRSM holds meeting with UGC Chairman

Top News Report

NEW DELHI/JAMMU, May 30: The delegation of Akhil Bharatiya Rashtriya Shaikshik Mahasangh (ABRSM) today held a detailed meeting with UGC Chairman Professor M Jagadesh Kumar regarding various pending problems of teachers.

Giving information in this regard, Additional General Secretary of ABRSM Professor Narayan Lal Gupta told that in the meeting that lasted for more than 2 hours, Mahasangh presented the ground realities and demanded immediate solution of problems like uniform implementation of UGC Regulation

2018 across the country, removal of anomalies in the regulation by making the report of the anomaly redressal committee public and developing proper infrastructure in higher education institutions for effective implementation of National Education Policy and filling up the vacant posts on priority.

Vice President of the ABRSM, Professor Pragnesh Shah said that objections were raised on the enforcement of Common University Act by some state governments contrary to the provisions of National Education Policy and collection of fees by some institutions for the Faculty Develop-

ment Program contrary to the provisions of UGC. ABRSM demanded UGC to take effective action in this regard. Along with this, the need to exempt serving teachers from PhD course work or to provide paid leave for this and to reserve sufficient number of PhD seats for them was also presented before the UGC Chairman with facts.

Professor Geeta Bhatt, Secretary of the ABRSM told that the problems related to counting of experience on the promoted post under the Career Advancement Scheme From the eligibility date, extending the tenure of college Principals till retirement, clarify-

ing the term 'active service' in clause 6.3 of the UGC Regulations, issuing clarification about the misleading interpretation of the UGC notice dated 3 March 23 by some universities regarding promotion of university teachers from Associate Professor to Professor, and restoring the system of major and minor research projects were discussed in depth.

Joint Secretary of the ABRSM, Dr Pradeep Khedkar stated that Mahasangh strongly demanded to provide travel and daily allowances for refresher/orientation courses etc. under the Faculty Development Program, to restart the

system of paid leave for PhD and travel grant for presenting research work in national/international research seminars, to count post-doctoral research for promotion in career advancement, to recognize graduate colleges as research centers for PhD and to make the service conditions of other academic staff like librarian, physical education director etc. at par with that of teachers.

ABRSM's organisation secretary Mahendra Kapoor, co-organization Secretary G Laxman, senior vice president Mahendra Kumar and UGC joint secretary N Gopkumar were also present in the meeting.

District administration Samba organises awareness camp on hazards of drug abuse

Top News Report

SAMBA, May 30: On the directions of Deputy Commissioner, Abhishek Sharma, the Motor Vehicles Department Samba organised a one day awareness camp on the challenges and hazards of drug abuse. The awareness event was held under the National Coordination for Organized Response on Drug Abuse (NCORD) initiative, here at the

Inspection and Certification Centre Vijaypur, witnessing participation of around 40 commercial drivers and conductors.

The camp aimed to educate attendees about the dangers of drug abuse and promote a safer and healthier work environment for commercial vehicle operators.

Assistant Regional Transport Officer, Romesh Kumar Smotra emphasized the impor-

importance of avoiding drug use. Addressing commercial drivers and conductors, he highlighted the risks and consequences associated with drug abuse and urged them to adopt a drug-free lifestyle to ensure their safety and the safety of others on the road.

Motor Vehicle Inspectors C. S. Billoria and Lakhvinder Singh and others were present on the occasion.

New York boosts T20 Cricket World cup security after threats to India-Pakistan match

The India-Pakistan June 9 contest will take place in at the Eisenhower Park stadium in Nassau County, New York

WASHINGTON, May 30 (Agencies): New York will boost security for the upcoming T20 Cricket World Cup in June, the governor said, after reports of threats especially related to the India-Pakistan match.

"In preparation for the @cricketworldcup, my team has been working with federal & local law enforcement to keep attendees safe," Governor Kathy Hochul wrote on X, adding there was "no credible threat at this time".

ABC News cited a New York City Police Department bulletin saying the tournament and its related events in New York City could be viewed by extremists as an opportunity to commit acts of violence or disruption.

"Recent pro-ISIS propaganda which specifically referenced the



upcoming India-Pakistan match at this major event... raises concerns and reinforces the need for heightened vigilance" among security partners, the bulletin is quoted as saying by ABC News. Nassau County Police Com-

missioner Patrick Ryder said the World Cup received an ISIS-linked threat in April and more specific threats over the India versus Pakistan match.

World Cup matches between India and Pakistan, which have

not played a bilateral series in several years due to tense political relations, are among the most viewed sporting events in the world.

Hochul said in a statement New York State Police had been directed to increase enforcement presence, surveillance and screening processes for the tournament.

Cricket has three formats - Tests, One Day Internationals and T20s, with T20s being the newest. The ninth T20 World Cup is will run from June 1-29, with matches at nine stadiums - six in the West Indies and three in the United States.

The India-Pakistan June 9 contest will take place in at the Eisenhower Park stadium in Nassau County, New York.

Amid Hunt For India's Next Head Coach, Sourav Ganguly Posts Intriguing Message



NEW DELHI, May 30 (Agencies): The hunt for Indian cricket team's next head coach is underway and many names have emerged as options for the highly coveted position. Current head coach Rahul Dravid's tenure ends after the upcoming T20 World Cup 2024 and media reports suggested that BCCI have already approached certain individuals for the job. The names that are being considered the favourites at the moment are Gautam Gambhir and Ashish Nehra with reportedly less interest from foreign coaches. Amid all the discussion over the position, former Indian cricket team captain Sourav Ganguly took to social media to post

an intriguing message.

"The coach's significance in one's life, their guidance, and relentless training shape the future of any person, both on and off the field. So choose the coach and institution wisely....," he posted on X (formerly Twitter).

The deadline for applications was till May 27 but reports suggested that the BCCI are in no hurry to select Dravid's successor. The Indian cricket team players are currently focused on the T20 World Cup 2024 and the report said that it is possible that National Cricket Academy (NCA) coaches can go with the team in some future tours if no decision is taken.

"The deadline is fine, but the BCCI brass wouldn't mind taking some more time before reaching a decision. Right now, the team will be busy with World T20 for the better part of the month of June. After that seniors will be rested from tours of Sri Lanka and Zimbabwe where any of the NCA-based senior coaches can accompany the team. So what's the hurry," a BCCI source told agency on conditions of anonymity.

Norway chess 2024: Indian Grandmaster Praggnanandhaa stuns Magnus Carlsen, takes sole lead

STAVANGER, May 30 (Agencies): Indian Grandmaster R Praggnanandhaa crushed world number one Magnus Carlsen for the first time in Classical format to emerge as the sole leader in the Norway chess tournament here.

In the confessional booth, Carlsen confirmed that he had made risky choices in the opening as Black. Carlsen's risky approach did not pay off, as Praggnanandhaa found correct responses, delivering an impressive performance. With this well-deserved win, Praggnanandhaa took the lead from Carlsen in the standings, according to Norway Chess online.

Having beating him a few times in online and faster versions of the game and after losing to him in the finale of the last World Cup, Praggnanandhaa finally got past the home favourite in what would be known as a clear classical triumph.

Following the third-round win, the 18-year-old Indian now leads the men's section with 5.5 points in all, half a point clear of USA's Fabiano Caruana who scored his first victory in classical against reigning world champion Ding Liren of China, agency reported.

Another exciting game took place between 2018 World Championship Challenger Fabiano Caruana (USA) and the current World Champion Ding Liren (China). Caruana obtained a slight advantage out of the opening and convincingly converted it into a win. With this win, Caruana not only rose to second place in the standings but



also decreased the rating gap between himself and Carlsen to about 15 points.

In the Women's tournament, chess legend Pia Cramling, who was world number one around forty years ago, and current World Champion Ju Wenjun played a mostly calm game. However, Cramling had a one-move opportunity to win the game against Ju Wenjun in the endgame, but she did not manage to find the move, so the game ended in a draw.

While the classical game between Vaishali Rameshbabu and Anna Muzychuk ended in a draw, Vaishali managed to hold the Armageddon game to a draw, hence securing the extra tiebreak points. For Indian fans, today was the best day in the tournament so far.

As the tournament progresses, the competition is only expected to intensify with seven rounds to go. The dynamic nature of Norway Chess continues to captivate audiences, promising more excitement and dramatic turns in the days ahead.

Singapore Open: PV Sindhu crashes out after losing to Carolina Marin in thriller



SINGAPORE, May 30 (Agencies): PV Sindhu crashed out of the Singapore Open 2024 after losing to Spain's Carolina Marin in the Round of 16 match on Thursday, May 30. In a match that had several ebbs and flows, the ace India shuttler won the opening game before losing the match 21-11, 11-21, 20-22. It also happened to be Sindhu's sixth loss in a row at the hands of the Spaniard.

Out of their 17 meetings thus far on the BWF circuit, Marin beat Sindhu for the 12th time. The last time Sindhu got the better of Marin was

back in the quarterfinal of the Malaysia Open back in 2018, when she won in straight games 22-20, 21-19. Since then, Sindhu lost to Marin in the World Championships, Indonesia Masters, Malaysia Open and Denmark Open before going down in Singapore.

In Singapore, Sindhu started on a handsome note after beating Line Kjærsefeldt of Denmark 21-12, 22-20. Against Marin, she dominated in the opening game before her opponent hit back strongly. In the final game, Sindhu was leading 15-10 and

later 18-15 before Marin made a stupendous comeback.

PV Sindhu's wait continues

After losing to Marin, Sindhu's wait for a title also continued after her Singapore Open heist back in 2022. Having made her return to the court earlier this year in February, Sindhu also missed the Uber Cup and Thailand Open. In the Malaysia Masters, she stunned top seed Han Yue in the quarterfinal before losing to China's Wang Zhiyi 21-16, 5-21, 16-21 in the final.

Sindhu is now set to take part in the Paris Olympics 2024, which is scheduled to get underway on July 26. Expectations will be high from the 28-year-old, who is the only Indian woman to have won back-to-back medals at the quadrennial event. Sindhu will now be training at the Hermann-Neuberger Sportschule in Saarbrücken, Germany before heading to Paris.

Wearing India jersey is different feeling, hope to make it count: Rishabh Pant

NEW YORK, May 30 (Agencies): It would be 527 days since his life-threatening accident when Rishabh Pant dons the India jersey on June 5 at the Nassau County ground for the opening T20 World Cup match against Ireland and he can't wait for it.

On March 23 this year, Pant wore the blue of Delhi Capitals while making an emotional comeback after the horrific car crash in 2022 but he is more eager to wear a different shade of blue -- the 'India Blue' to be specific.

"Getting back on the field with an Indian jersey on is a different feeling altogether. This is something I missed



a lot... Hopefully I (can) make it count and make it better from here," Pant told BCCI.TV on the sidelines of India's first net session ahead of the warm-up game against Bangladesh on June 1.

Pant, who underwent an intense 15-month

rehabilitation at the National Cricket Academy, had teammate Suryakumar Yadav for company during this interaction and recalled the time how his presence helped him cope with the loneliness of his injury management

programme in the NCA.

"Seeing the team here and meeting them again, spending time, having fun with them, having a conversation with them, I really enjoyed," a beaming Pant said.

Having scored 446 runs in 13 IPL games, Pant is slowly getting back into the groove. The leaner and fitter Pant looked in nice touch at the India nets at the Catiague Park on the outskirts of New York City.

Pant also spoke about the prospects of cricket gaining popularity in the USA going forward. He felt the T20 World Cup could be the start of an eventful chapter.

"We are used to play-

ing in certain countries but this is a different prospect. It has opened up a different channel for sport because I feel cricket is growing around the world and... getting the exposure here would be nice for cricket as well as USA cricket," he said.

He spoke about the drop-in pitches that will be used during the tournament and also the bright sunshine that he and the rest of the team is getting used to.

"New pitches are there. I'm just getting used to the conditions. The sun is a little bit brighter here, so just getting used to the conditions over here. Let's see how it goes," Pant concluded.

Sachin Tendulkar and Brian Lara resume storied rivalry, this time on a golf course

NEW DELHI, May 30 (Agencies): Legendary India cricketer Sachin Tendulkar shared glimpses of a fun golfing session with his old rival Brian Lara with his fans on social media. Notably, Tendulkar and Lara are touted as two of the greatest batters to have played the game having a plethora of records to their name. There was a widespread debate regarding who was the best between the two during their playing days as the duo continue to rule the run-scorers list even after their retirement.

While Lara established his reputation to be a Test great, Tendulkar stamped his authority

as the best ODI batter of his era surpassing all the previous records of the format. The India legend also went on to surpass Lara's record of most Test runs in 2008 after the former's retirement from international cricket.

Having bid adieu to their respective careers a long time back, the duo decided to keep their rivalry alive through a golf session, the image of which was shared by Tendulkar on his Instagram handle. The legendary cricketer gave a summary of their game and mentioned that they both played 'attacking shots' and took the 'aerial route' regularly while keeping the 'timing



alright'.

"We played some attacking shots the other day. Took the aerial route, mostly. Timed them alright," wrote Tendulkar in the caption as the two cricketers posed with their respective golf sticks alongside two other players.

Notably, in one of his

Lara's record-breaking

feats Lara continues to hold the record for the highest individual score in Tests having scored an unbeaten 400 against England on 12th April 2006 in Antigua. The southpaw also holds the record for the highest score in First Class cricket as well having notched up a monumental 501 against Durham while playing for Warwickshire in Birmingham on June 6.

On the other hand, Tendulkar retired as the most prolific batter in the history of international cricket with 34357 runs to his name and a world record 100 international centuries.

Virat Kohli To Open, Rohit Sharma At...: Ex-India Star's Massive Advice For T20 World Cup

NEW DELHI, May 30 (Agencies): Former India cricketer Wasim Jaffer said that Virat Kohli and Yashasvi Jaiswal should open in the upcoming T20 World Cup 2024 for the Men in Blue side. The ICC T20 World Cup will be played in the West Indies and the USA from June 1 to 29. The Men in Blue will also play Bangladesh in their only warm-up game on June 1 at Nassau County International Cricket Stadium in New York. Jaffer took to his official X account and

said that Rohit Sharma and Suryakumar Yadav should come out to bat in the third and fourth batting positions. The former India cricketer showered praise on Rohit for playing spin nicely. "Kohli & Jaiswal should open in the World Cup IMO (in my opinion). Rohit & SKY should bat 3 and 4 depending on the start we get. Rohit plays spin really well so batting at 4 shouldn't be a concern," Jaffer wrote on X.

India will start their T20 World Cup campaign on

June 5 against Ireland at the newly constructed Nassau County International Cricket Stadium in New York.

Meanwhile, the most-awaited blockbuster clash between India and Pakistan will take place on June 9. They will later play tournament co-hosts USA (June 12) and Canada (June 15) to wrap up their Group A matches.

In the tournament, India will be aiming to end their ICC trophy drought, having last won the ICC Champions

Trophy in 2013. Since then, India has reached the 50-over World Cup final in 2023, semifinal in 2015 and 2019, the title clash of the ICC World Test Championship in 2021 and 2023, T20 WC final in 2014, semi-finals in 2016 and 2022 but failed to secure a big ICC trophy.

India will be aiming to win their first T20 WC title since they won the inaugural edition of the tournament back in 2007 in South Africa. In the last edition held in Australia in 2022, India

lost to England by 10 wickets in the semi-finals.

India squad: Rohit Sharma (C), Hardik Pandya (VC), Yashasvi Jaiswal, Virat Kohli, Suryakumar Yadav, Rishabh Pant (WK), Sanju Samson (WK), Shivam Dube, Ravindra Jadeja, Axar Patel, Kuldeep Yadav, Yuzvendra Chahal, Arshdeep Singh, Jasprit Bumrah, Mohd. Siraj.

Reserves: Shubman Gill, Rinku Singh, Khaleel Ahmed and Avesh Khan.

Selected not elected leaders running the country: AAP

Top News Report

JAMMU May 30: Apropos to the news item titled "Jaishanker, Nirmala Sitharaman, Vasishnaw, Dr. Jitendra, among Modi's most highly educated Ministers" published in section of press on Thursday, the AAP Jammu has termed the same as most contradictory, confusing and misleading statement from the ruling dispensation to befool the masses on the ground that Nirmala Sitharaman, Dr. S. Jai Shankar or the like, are the products of same JNU whom Modi government brand as hub of "Tukde Tukde Gang" and that most of Modi Government Ministers

over last 10 years are only selected ones & not elected and thus they always remained loyal to their master only and not to the people and country, the release maintained.

Terming the recent statement of PM Modi that he is not product of biological process but has been sent by God as most baffling & desperate at the concluding round of general elections virtually sensing debacle, the release wondered that some of the Andh Bhakts have gone mad to the extent of calling Modi as real incarnation of Lord Vishnu which is a direct insult to crores & crores of Sanatan Dharam faith people for which

the spokes persons of BJP particularly Sambit Patra must tender unconditional apology, the release demanded.

It may sound strange & funny that central government & its council of Ministers, who rule the roost, have no public mandate as more than one dozen Ministers, holding most important and key portfolios, for example Finance, Foreign affairs, Commerce, Industry, Consumer affairs, Education, Civil Aviation, Railways, Petroleum's, Housing & Urban development, Labour & Employment etc are being managed by the Ministers who are not elected to lok Sabha but have been selected in Rajya Sabha by the

ruling dispensation particularly PMO and thus as per ethics they are loyal and accountable to the PMO and not the masses.

This was stated by Sr. AAP leaders Deep Singh, Founder & National Council Member, Maj General Retd., R.S. Jamwal, Farooq Ahmed Banday, Ram Singh Chauhan, Sikhander Azam Retd Session Judge, S.S. Jamwal, Nirmal Mahna, Agya Kour, Kuldeep Kumar Rao, Amit Langer, Ram Pal Khajuria, Romesh Lal Bhagat, S. Ranjodh Singh, Ghulam Nabi Khan, Sandeep Singh Parihar & Sham Lal Thakur, at Party office Jammu North.

It is under these cir-

cumstances that the central government is not sensitive towards farmers, un-employed educated youths, women, workers, house wives who feel the brunt of price rise, common man who is struggling for two times meals, and therefore mere Jumlas don't feed the masses as more than 10 crores are below poverty line, the AAP leaders said and added that handing over key portfolios to Rajya Sabha MPs as Ministers is a biggest joke to the democracy where people don't get the Ministers whom they elected and which is why they are loyal to only one-man and not the masses, they maintained.

Neena, Ishant call on Chief Engineer PHE

Top News Report

JAMMU, May 30: A delegation from Channi Himmat, led by Ex-Corporator Neena Gupta along with Advocate Ishant Gupta, State IT Head BJP J&K, Ward General Secretary Amit Gandotra, and Social Activist Ashok Gupta (Gayatri) met with Chief Engineer PHE, Er. Hamesh Manchanda to talk about the serious issue of water shortage in their area.

During the meeting, Neena Gupta apprised that two tube wells in Channi Himmat are ready for use but need power connections. She asked the Chief Engineer to quickly complete the pending work so these wells can start supplying water to the public and alleviate



the water scarcity. She added that with rising temperatures, having a reliable water supply is crucial to reducing the water shortage in Channi Himmat, thus providing better access to water for all residents. Advocate Ishant Gupta stressed that the Chief Engineer should personally visit the site to gain a better understanding of the situation and the grievances faced by the local residents. Amit Gandotra and Ashok

Gupta (Gayatri) asked for a regular water supply alongwith proper schedule to help residents cope with the heat.

Chief Engineer Manchanda listened carefully to their concerns and promised that the ready tube wells would be working within days. He also agreed to visit the site to check the situation, address any issues, and find new spots for more tube wells to improve the water supply system.

Workshop cum awareness programme on NEP 2020 HELD at GHSS Kanthi

Top News Report

RAMBAN, May 30: Government Degree College (GDC) Ramban on Thursday organized a workshop cum awareness programme at Government Higher Secondary School (GHSS) Kanthi, aimed at enlightening students about the admission procedure for undergraduate courses under the New Education Policy (NEP) 2020.

The event featured a panel of esteemed resource persons, including Dr. Romesh Chander, Prof. Rabinder Kumar, Prof. Ram Parkash, and

Prof. Arjun Gupta. These experts engaged with students from 11th and 12th classes, providing valuable insights into the NEP 2020 admission process. Through interactive sessions and presentations, the resource persons covered crucial aspects of the admission procedure, empowering students to make informed decisions about their academic future.

Earlier, Principal of Government Higher Secondary School, Anil Kumar Soni, warmly welcomed all the resource persons and appreciated their efforts in guiding the

students. The students were highly receptive and showed keen interest in the discussions.

Finally, the workshop ended with a formal vote of thanks by Anchal Singh, a teacher at Government Higher Secondary School Kanthi, who expressed gratitude to the resource persons, organizers, and participants for making the event a success. This initiative by Govt Degree College Ramban demonstrates its commitment to guiding students and preparing them for the challenges and opportunities presented by the NEP 2020.

Drug peddler booked under PIT-NDPS Act

Top News Report

KRALGUND, May 30: Police Station Kralgund booked one drug peddler namely Parvaiz Ahmad Shah, son of Mohd Subhan Shah, resident of Kralgund Qaziabad under PIT-NDPS Act-He has been taken into custody and is presently at Central Jail Kot-Bilawal Jammu.

It is important to mention that many cases has

been registered against the drug peddler and was still involved in drug abuse by supplying drugs to the local youth of the area

The general public of Kralgund and Handwara area has appreciated the role played by the Handwara police in taking action against drug peddlers-Handwara police is committed to take strict action against such elements as per law.

GDC Kunjwani organizes interactive session on "Awakening of Motherhood in Indian Women"

Top News Report

JAMMU, May 30: Women Empowerment and Development Cell of GDC Kunjwani organized an interactive session with the faculty of the college on "Awakening of Motherhood in Indian omen & Keeping the Indian Culture Alive in every Indian Home"

The programme was organized under the guidance of Prof. Dr. Manisha Sarup Kohli Principal of the College.

The resource person, Kumari Shruti Mukund Deshpande, a graduate in Bio-technology from Nagpur University, presently working as a Purnakali Pracharak for Vishwamangalya Sabha; a global Women organization aimed at forming a virtuous society comprising cultured & ethical people.

In her thought provok-

ing address, Kumari Shruti highlighted the importance of nurturing a maternal instinct not only towards children but towards the society at large. For attaining this she advocated the importance of keeping our culture alive through our customs, traditions, language & Indian way of living and passing it on to the posterity.

Earlier, the Principal of the College Prof. Dr. Manisha Sarup Kohli exhorted upon the members of faculty especially female to impart holistic values of womanhood to the girl child while she is growing up.

The programme was coordinated by the convener of Women Empowerment & Development Cell Dr. Arti Pandoh Gupta. The formal vote of thanks was proposed by Dr. Ashaq Hussain.

Solar power scheme of PM Modi can bring revolution: Khatana

Top News Report

JAMMU, May 30: In these scorching hot days of summers where power shutdown has become a routine in Jammu, the senior BJP leader and Member of Parliament (Rajya Sabha), Gulam Ali Khatana has said that revolutionary scheme launched by Prime Minister, Narendra Modi regarding solar energy can be a game changer in this regard.

"Solar power can be used for residential power consumption, commercial purpose in industries and other business organisations and also in agriculture," he said adding: "Solar pumps

can be of immense use in irrigating agriculture fields and the officers concerned should aware the public on all such schemes and subsidies linked with these."

He said that solar power only needs the rays of sun to lit our homes and to cool our rooms apart from performing other household tasks at home.

In a handout, the BJP leader further said that similarly power generated from wind energy has improved the power scenario in Ladakh.

"The officers of concerned departments should open their offices at district level to aware the public regarding solar energy scheme of

the government and to redress problems and issues in this regard at local level itself," Khatana maintained.

He said that solar power can run motors to irrigate our agriculture fields apart from performing well in industries and there is no smoke or pollution due to this alternate source of energy.

"The officers concerned in J&K should display pro-activeness and ensure that the facility of solar power reaches to every household as early as possible so that load on hydel power and other conventional sources of energy can be reduced," the BJP leader maintained.

BJP partially fractured in last six phases of LS polls: Rajesh

Top News Report

JAMMU, May 30: Bahujan Samaj Party (BSP) Jammu and Kashmir UT general secretary and media head Rajesh Gupta on Thursday while interacting with a local channel claimed that in the last six phases of the ongoing Lok Sabha polls, the BJP has been "partially fractured" politically, which will be "complete" after the last round of polling on June 1.

The BSP J&K Union Territory general secretary also asserted that people of the country have already given their mandate against the saffron party and its "exit is definite" after the election results are out.

Gupta said "people of the country have partially fractured the BJP politically in the last six phases. This process will be complete after the last and seventh phase of the Lok Sabha polls". Gupta said,

The life of the present BJP government at the Centre is only 10 days".

Rajesh Gupta maintained BJP's 'communal campaign' was also one of the several causes behind their declining popularity. "By and large, people do not like these things. They see it as an attempt to divide the nation on communal lines which will weaken the country. Therefore, I feel that the BJP is not going to make a comeback."

KC College of Education observes 'World No Tobacco Day'

Top News Report

JAMMU May 30: The Environmental Club & NSS unit of K.C. College of Education observed 'World No Tobacco Day' by organising door-to-door campaign in the nearby area.

A good chunk of students of Semester-II participated in the activity wherein they went from doorstep-to-doorstep making the locals aware especially the adolescents about the hazardous health implications caused due to the use of nicotine and its products.

Principal of the College, Dr. Sanjay Tickoo highlighted the importance of such activities.

The whole programme was convened by Puja Sharma and Priya Gupta, Convenor of Environment Club & Programme officer, NSS.

GDC Ramban organized Inter-College Anti-Drug Symposium

Top News Report

RAMBAN, May 30: NCORD Committee of Government Degree College Ramban in collaboration with District Police Ramban organized an inter-college anti-drug symposium under the patronage of Prof. Archana Kaul, Principal of the college.

The event aimed at raising awareness about the dangers of drug abuse among the youth and the community. Anuj Kumar, SSP Ramban was the Chief Guest on the occasion.

Program started with the formal welcome address of the Principal of the College, Prof. Archana Kaul.

In her address, she emphasized the importance of organizing such events to educate people about the adverse effects of drug abuse. She also emphasized the need to stay away from this pernicious act. She also assured to organize such kinds of programmes in near future.

Anuj Kumar shared his experiences in tackling

drug abuse cases and highlighted the effectiveness of awareness programs as a solution. He also discussed the plans and steps taken by the district police to minimize the drug menace in the district.

He gave an important message to all that drug addict is not a culprit but a victim. He stressed upon the fact that such youth must be counseled properly and amiably.

Anuj discussed the plans and steps being taken to minimize the drug problem in the district.

The symposium was meticulously organized by Prof. Ram Parkash, Head of the Department of Mathematics and convener of NCORD Committee. Seventeen participants from GDC Ramban, GDC Banihal, GDC Gool and Govt. Modern Higher Secondary School Ramban participated in the event.

Prof. Satish Kumar (HoD Zoology), Prof. Raj Kumar (HoD Chemistry), and Prof. Sanjay Kumar Katal (HoD Physics) acted as jury members.

Himani Sharma Student of B.Sc Sem-6th of GDC Ramban got first prize with cash prize of Rs.10000. Second prize won by Shariq Gutt of student of B.A. Sem-4th GDC Gool with cash prize of Rs. 5000 while Samreen Choudhary, Student of B.A Sem 6th of GDC Ramban got 3rd prize with cash prize of Rs. 3000. Certificates of participation were also distributed to all the participants.

The other dignitaries present at the event included Dr. Romesh Chander, Prof. Jawaid Sarver, Dr. Rabinder Kumar, Prof. Ajay Kumar, Dr. Sanjay Kumar, Prof. Aditya Sharma, Prof. Chankya Sharma, Prof. Neetu Sharma, Prof. Samir Ahmed, Dr. Vishal Bolria, Prof. Arjun Gupta, and Dr. Anuj Gupta. The event concluded with a formal vote of thanks presented by Prof. Ram Parkash.

This symposium marks a significant step towards fostering a drug-free environment and promoting healthy lifestyles among the youth of Ramban.

'Rajan Singh, exemplary Dogra of Modern Jammu Kashmir'

Top News Report

JAMMU, May 30: Rajan Singh Happy is indeed a notable figure in the contemporary history of Jammu and Kashmir, particularly among the Dogra community.

His dedication to the cause of Dogra heritage and culture has made significant impacts, particularly through his leadership in the Yuva Rajput Sabha.

Born on May 31, 1977, in the village of Baran Kot Bhalwal, Jammu, Rajan Singh Happy comes from a Rajput family. His

parents, Gandharv Singh and the late Shakuntala Devi, provided him with a strong cultural and moral foundation.

Rajan Singh Happy completed his education in Jammu and showed early signs of leadership and a strong commitment to societal betterment as

a student leader.

Professionally, Rajan Singh Happy is a businessman, but his contributions extend far beyond his professional life. He has been deeply involved in social service, particularly within the Rajput Dogra community.

His activism and leadership within the Yuva Rajput Sabha—a prominent organization dedicated to the interests and welfare of the Rajput youth—has been a cornerstone of his public life.

Rajan Singh Happy's most notable contributions have come during his tenure as president of the Yuva Rajput Sabha, a role he assumed in 2021.

His leadership has been marked by a strong push for Dogra unity and the preservation of their heritage and dignity.

One of his most significant achievements was leading the campaign to

establish a public holiday on September 23, in honor of Maharaja Hari Singh Ji's birth anniversary.

This campaign culminated in the central government declaring the holiday in 2022, a historic milestone for the Dogra community.

Rajan Singh Happy's efforts have ensured that the legacy of Maharaja Hari Singh and the cultural heritage of the Dogras are recognized and celebrated.

His work has earned him respect and admiration within the community and beyond. On his birthday, May 31, the Yuva Rajput Sabha and its members, including spokesperson Vishal Singh, extend their heartfelt congratulations and best wishes to him, acknowledging his relentless efforts for the betterment of Jammu and Kashmir.