

TOP NEWS OF J&K

JAMMU, TUESDAY, MAY 28, 2024

Daily Evening Newspaper



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PM Modi has ended 'rule of law': Rahul slams BJP on Dalit woman's death in Madhya Pradesh

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Nikki Haley Blames China, Iran And Russia For October 7 Hamas Attacks



Vol.-15 Issue-146 Pages-12 Rs.-2/-

BRIEFLY

CBI arrests official for accepting Rs 18,000 bribe in Banihal

SRINAGAR, May 28 (Agencies): The Central Bureau of Investigation has arrested an official in Banihal area of Ramban district while accepting bribe of Rs 18,000 from a complainant.

In a statement, issued to the news agency, a spokesperson said that a case was registered by CBI against the accused on allegations that accused demanded a bribe of Rs 20,000 from the complainant for processing his application for land settlement.

The statement reads that after negotiation, the accused agreed to accept the bribe of Rs 18,000 from the complainant.

"CBI laid a trap yesterday and caught the accused red-handed while accepting bribe of Rs 18,000 from the complainant," it reads. It added that searches were conducted at residential and official premises of the accused which led to recovery of cash of Rs 3,71,500 and other documents, while investigation is going on.

Fire engulfs forest areas of Kathua, Rajouri

JAMMU, May 28 (Agencies): The forest areas in Kathua and Rajouri districts of Jammu and Kashmir have been engulfed by fire, causing significant damage to forest wealth, officials on Tuesday said.

The officials said the fire started in Dhara Dogano area of Basholi belt in Kathua district and soon spread to nearby regions.

The forest department officials and local residents launched an operation to extinguish the flames, successfully bringing the fire under control after several hours today, they said.

The officials said that a fire broke out in Sawni Sassalkote area in Rajouri district and spread to adjacent areas due to strong winds. The forest department and Forest Protection Force have initiated a large-scale firefighting operation, which is still ongoing as efforts continue to control the blaze.

The officials said that

India, France to begin negotiations this week in mega Rs 50,000 Crore 26 Rafale Marine Jet deal

NEW DELHI, May 28 (Agencies): In a significant development, contract negotiations between the governments of India and France in the over Rs 50,000 crore deal for 26 Rafale Marine fighter jets is scheduled to begin on May 30 with the arrival of a high-level French team here.

The French side would meet with Indian Defence Ministry counterparts to begin official negotiations in the fighter jet deal for the



Indian Navy under which aircraft would be operated from both aircraft carriers operated by the force, defence industry officials said.

The French team will include officials from their defence ministry and industry including original equipment manufacturers Dassault

Aviation and Thales, the officials said.

The Indian side would include members from the defence acquisition wing and the Indian Navy.

Sources in the government said that they would try to complete negotiations with France and sign the agreement by the end of this financial year.

France had submitted its response to India's tender for buying 26 Rafale Marine jets for

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Two terrorist associates held along with arms, ammunition in Anantnag: Police



SRINAGAR, May 28 (Agencies): Police on Tuesday claimed to have arrested two terror-

ist associates along with arms and ammunition in Mulsoo Seer area of south Kashmir's Anant-

nag district.

A top police officer informed that a joint security forces, comprising Anantnag Police, Army's 33RR and CRPF 96 BN apprehended two individuals during a Naka checking operation at Mulsoo Seer Anantnag.

He said during searches arms and ammunition including a pistol, 8 pistol rounds, a hand grenade and 120 AK47

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Jammu authorities announce daily power cuts, set up control rooms to deal with heatwave

JAMMU, May 28 (Agencies): Heatwave has triggered a severe water and power crisis in several areas of the Jammu division, prompting authorities to set up control rooms and appoint nodal officers in each district to cater to public complaints.

On Monday, authorities announced a four-hour load-shedding in urban



areas and an eight-hour cut in rural areas on a daily basis. Over the past week,

several places, particularly Jammu city, have faced major water and power shortages, leading to public protests, and the stopping of a Vande Bharat train at a railway station.

In view of the mounting distress, Divisional Commissioner Ramesh Kumar has directed deputy commissioners to establish control

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Properties of two terror handlers based in Pakistan attached in Baramulla: Police

SRINAGAR, May 28 (Agencies): Police in Baramulla after obtaining attachment order passed by Hon'ble Sub Judge Uri attached properties (3 Kanals & 19 Marlas) land worth lacs belonging to 2 terror handlers based in Pakistan.

Police in a statement to the News Agency Kashmir Scroll that identified them as Jalal Din son of Raj Mohd resident of Zamboor Pattan and Mohd Saki son of Mastana Bhatti resident of Kamalkote Uri.

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I-T Dept asks taxpayers to link PAN with Aadhaar by May 31 to avoid higher TDS deduction

NEW DELHI, May 28 (Agencies): The income tax department on Tuesday asked taxpayers to link PAN with Aadhaar by May 31 to avoid tax deduction at a higher rate.

As per income tax rules, if a Permanent Account Number (PAN) is not linked with biometric Aadhaar, TDS is required to be deducted at double the applicable rate.

Last month, the income tax department issued a circular stating that no action will be taken for short deduction of TDS in case the assessee links his/her PAN with Aadhaar by May 31.

"Please link your PAN with Aadhaar before May 31, 2024, if you haven't already, in order

to avoid tax deduction at a higher rate," the department posted on X.

In a separate post, the I-T department asked reporting entities, including banks, forex dealers, to file SFT by May 31 to avoid penalties.

"The deadline to file SFT (Statement of Specified Financial Transactions) is May 31, 2024. Avoid penalties by filing accurately and on time," the department said.

The reporting entities which are required to file SFT returns with tax authorities include forex dealers, banks, sub-registrar, NBFC, post offices, issuer of bonds/debentures, mutual fund trustees, company paying dividend or buying back shares.

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Night temp hovers above normal in J&K amid dry and hot weather forecast

SRINAGAR, May 28: Amid forecast for dry and hot weather, night temperature continued to hover above normal in J&K except Jammu city on Tuesday.

A meteorological department official said that Srinagar recorded a low of 15.4°C against 15.6°C on the previous night and it was 3.4°C above normal for the summer capital of JK for this time of the year.

Qazigund recorded a minimum of 13.5°C against 12.4°C on the previous night and it was 2.8°C above normal for the gateway town of Kashmir, he said.

Pahalgam recorded a low of 9.3°C against 7.7°C on the previous night and it was 3.2°C above normal for the famous resort in south Kashmir.

Kokernag, also in south Kashmir, recorded a minimum of 13.3°C against 13.6°C and it was 2.7°C above normal, the official said.

Kupwara town recorded a minimum of 12.5°C against 12.0°C on the previous night and it was above normal by 1.9°C for the place, the official said.

Gulmarg recorded a minimum of 11.0°C against 11.2°C on the previous night and it was above normal by 3.9°C for the world famous skiing resort in north Kashmir's Baramulla district.

Jammu, he said, recorded a low of 23.6°C against 24.7°C on the previous night and it was below normal by 1.3°C for the winter capital of J&K. Banihal recorded a low of 15.2°C, Batote 19.0°C and Bhaderwah 15.6°C, he said.

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MBA MOTORS

MERCEDES - BMW - AUDI

DEALS IN SALE, PURCHASE, REPAIRING AND SERVICING OF USED CARS AND ORIGINAL SPARE PARTS

NAGROTA, JAMMU (J&K) +91-9086207123

TENTH DAY/KRIYA

With profound grief and sorrow we regret to inform the sad demise of our beloved father **Sh. Kanya Lal Mugloo S/o Lt Dina Nath Mugloo R/o Batar Alikadal, Srinagar.** At Present H. No 29 Sec 8 Extn EWS Colony Lower Roop Nagar Jammu. **TENTH DAY KRIYA** will be held on 31st May 2024 at 9.00 AM at Muthi Ghat (Near Director School Education). **GRIEF STRICKEN**
Smt Rajni Mugloo- Wife
Mrs Priya & Mr Ashish - Daughter in Law & Son
Mr Abhishek Mugloo- Son
Mugloo, Dhar's, Kakroo, Saroop, Bhat, Rawal, Tickoo, Peshin
MOBILE NO: 9818885606, 9797685578



SH. KANYA LAL MUGLOO

BHOG & ANTIM ARDAS

With Profound Grief and sorrow, we inform the sad & untimely demise of our beloved **S. Janpreet Singh (Edission) S/o Late Dr. Sabinder Singh R/o 298 EP Mohalla Dalpatian Jammu** who left for heavenly abode on 24th May 2024. **Arambh Sri Akhand Path Sahib Ji** at Residence on 27th May 2024 at 9.00am
Bhog Sri Akhand Path Sahib Ji on 29th May 2024 (Wednesday) at 9.00 a.m
Antim Ardass and Kirtan at Gurudwara Sahib Sri Guru Nanak Dev Ji Chand Nagar Jammu on 29th May 2024 from 10.00 a.m to 12.00 Noon Followed by Guru Ka Langer.
GRIEF STRICKEN:
Sdr. Manjit Kour W/o Late Dr. Salinder Singh -Mother
Sisters & Brother-in-laws
Sdr. Gurpreet Kour & S. Kulwant Singh Reen
Sdr. Gurleen Kour & S. Amandeep Singh Reen
Adv. Charan Singh (Uncle)
Sdr. Surjeet Kour & S. Tirath Singh (Bhua & Futa)
Gurnarinder Singh (Raja) S/o Late Prof. Prabin Singh (Cousin Brother)
Nephew & Niece: Jashnavi, Angad & Aasees
All relatives & Family members
7889308145, 9811227980, 9667813111



S. Janpreet Singh (Edission)

TENTH DAY

With profound grief and sorrow, we inform the sad demise of our beloved **Smt Shukuntla Devi R/o Guwari Bhaderwah** who left for heavenly abode on 17-05-2024. **Tenth Day** will be performed at our residence village Guwari Bhaderwah on 26-05-2024 at 8.00 AM and **Kriya** will be held on 29-05-2024. **GRIEF STRICKEN:**
Sh Kuldeep Raj Kotwal (Husband)
(Son and Daughter-in-law)
Sh Joginder Kotwal and Rozy
Daughter and Son-in-law
Smt Tarun and Sh Vikram Manhas
Smt Rakhi and Sh Jyoti Parkash



Smt Shukuntla Devi

TENTH DAY KRIYA

With profound grief and sorrow, we painfully inform the sad demise of our beloved mother **Smt. Sheela Jalali W/o Late Sh. Raj Nath Jalali** of Rainawari, Srinagar, presently at 25/2, Bhawani Nagar Gole Pulli Talab Tillo Jammu. **Tenth Day Kriya** will be performed on 1st June 2024 (Saturday) at Muthi Ghat (Near Directorate Office). **Assembly** will be at 8.30 am. **Grief Stricken**
Sushil Jalali & Rajni Jalali - Son & Daughter-in-law
Sushma Talwar W/o Late Devinder Talwar - Daughter
Navneeta Jalali - Daughter
Nitin Jalali, Nipu Jalali - Grand Children
Ishan Talwar & Viyoti Talwar - Grand Children
Mob: 9796011893, 9796813125



Smt. Sheela Jalali

SHADMOS & MASVAR

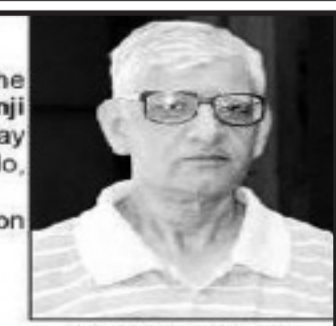
Six months have passed since you left us for heavenly abode, but not a single day & night passed without remembering you. We miss you a lot, your love and blessings shall remain with us & will guide us in future. We all pray to Almighty for your Moksha in Vaikunth. **SHADMOS & MASVAR** of our beloved mother **Smt Raj Kishori Trisal, W/o Late Moti Lal Trisal** formerly from Dadi Kada, Tanki Pora Srinagar Kashmir will be performed at our residence, Flat No. 407 A, Panchkula Heights Peermussalla Sec 5 Zikpur Dist Mohali (Punjab) 160104 Chandigarh, on 30th May & 31st May 2024. **Deeply Missed & Remembered by Son & Daughter in law**
Mr Santosh Trisal & Mrs Nirmala Trisal
Daughter in law
Mrs Mahalaxmi Trisal W/o Late A.K Trisal
Daughters & Sons in law
Mrs Nirmal Dhar & Mr B.L Dhar
Mrs Usha Pandita & Mr R.L Pandita
Mr Rahul Selvem (Grand Son)
SMASTH TRISAL PARIVAR & KAK PARIVAR
Mobile No. 9417245038, 9145646107



Smt Raj Kishori Trisal

10TH DAY KRIYA

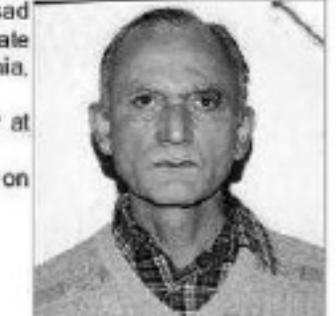
With profound grief and sorrow, we inform the sad demise of our beloved father **Sh. Mohanji Dhar S/o Late Niranjan Nath Dhar** on 21st May at 9:09 PM R/o 96/2 Shiv Nagar, Talab Tillo, Jammu. **10th Day Kriya** will be held at Muthi Ghat on 30th May Thursday at 9 AM. **GRIEF STRICKEN**
Sanjay Dhar & Sunita Dhar
Anju Koul & Ajhoy Koul
Sunil Dhar & Kiran Dhar
Dr Vinod Dhar & Sushama Dhar
Vipan Dhar & Usha Dhar
Ankit Dhar & Anmol Dhar
Meenakshi Arora & Sanjay Arora
Shama Koul, Nishant Koul & Neetu Ambardar
Saproos & Bhat
Abhimanyu Kaul, Adeetya Kaul, Smriti Dhar, Abhinav Dhar, Siddharth Dhar
Contacts - 9971143552(Sunit), 9769654871(Anju)



Sh. Mohanji Dhar

10TH DAY/KRIYA/RASAM PAGRI

With profound grief and sorrow, we inform the sad demise of our beloved **Sh Ram Singh Jamwal S/o Late Sh Hari Singh Jamwal R/o 110, Toph Sherkhania, Jammu.** (Near Best Price) **10th Day** will be performed on Sunday, 26th May at 10:30 AM at our residence. **Kriya (Shej) 13th Day** will be performed on Wednesday, 29th May at 1.00 PM. **GRIEF STRICKEN:**
Smt Rita Jamwal (Wife)
Son and Daughter in law
Sunil Singh Jamwal
Sanjeev Singh Jamwal
Saloni Jamwal
Sharmyali Jamwal
Sister and Brother in law
Champa Jamwal
Balwant Singh Jamwal and
ALL MEMBERS OF JAMWAL FAMILY
Brother
Late Sh Sudershan Singh Jamwal

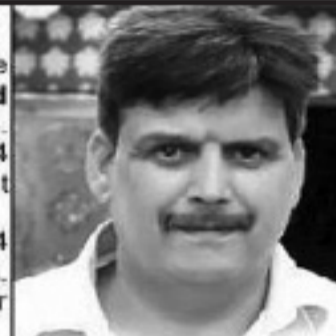


Sh Ram Singh Jamwal

Sister in law
Smt Raj Kumari
Mob. 7889524800, 7889528025
7006239480

TENTH DAY/KRIYA

With profound grief and sorrow we inform the sad demise of our **Sh. Pawan Kumar Anand** who left us for heavenly abode on 19-05-2024. **10TH DAY** will be performed on 28-05-2024 (Tuesday) from 10:30 am to 11:30 am at TRIMURTI TEMPLE Janipur. **KRIYA** will be performed on 31-MAY-2024 (Friday) at 12:00 Noon at our residence JDA, QTR 52 near last matador stop; Janipur Housing Colony Jammu. **GRIEF STRICKEN**
SMT. SAMTRI DEVI (MOTHER)
SMT. KANCHAN ANAND (WIFE)
MR. PRANAV ANAND (SON)
DAUGHTERS AND SONS IN LAW
MRS. NIDHI GUPTA & MR. ABHISHEK GUPTA
MRS. SUNDHI GUPTA & MR. NITIN GUPTA
SISTERS AND BROTHERS IN LAW
SMT. RAMA NANDA & SH. ROMESH CHANDER NANDA
SMT. POOJA SETHI & SH. SURESH SETHI.



LATE SH. PAWAN KUMAR ANAND

GRAND SONS: MASTER, DAVIK GUPTA & MASTER SAHAY GUPTA.
MOBILE NUMBER: 7006181485, 9018908729, 979735450, 9596787160, 9419102809.

10TH DAY KRIYA

With profound grief and sorrow, we regret to inform the sad demise of our Father **Sh. Mahraj Krishen Tickoo S/o Late Manohar Lal Tickoo** originally resident of Mattan at present Vinayak Vihar, Paloura, Jammu. **The Tenth Day Kriya** will be performed at Muthi Ghat on 3rd of June, 2024 (Monday) at 8.00 am. **GRIEF STRICKEN**
Son & Daughter-in-law
Sahil Tickoo & Kajal Tickoo
Daughter & Son-in-law
Sapna & Sahil Sapolia
M.No.: 8825010828, 9796267034



Sh. Mahraj Krishen Tickoo

TENTH DAY / KRIYA

With profound grief and sorrow we inform the sad and untimely demise of our beloved **Smt. Neelam Devi W/o Sh. Laxmi Dass Sharma** on 20.05.2024. **Tenth Day** will be performed on Tuesday 28.05.2024 at 11.00 AM at our residence opposite Nangli Ashram Old Microwave Gali W.No. 6, H.No. 254 Udampur. **Kriya** will be performed on Wednesday 29.05.2024 at 12:00 Noon at Devika Ghat Udampur. **Grief Stricken:-**
Sh. Laxmi Dass Sharma (Husband)
Mr. Shubham Sharma (Son)
Smt. Shalvi Sharma & Sh. Ansh Mahajan (Daughter & Son-in-Law)
Smt. Darshna Devi and Sh. Gopal Dutt (Mother and Father)
Sh. Vikas Sharma (Brother)
Smt. Sudha Sharma & Sanjay Sharma (Sister & Brother-in-Law)
ALL BALOTRA & PACHYALA FAMILY
Mob. 9419255851, 9419969565



Smt. Neelam Devi

BHOG AND ANTIM ARDAS

With profound grief and sorrow, we regret to inform the sad demise of our beloved **Sdn. Amrit Kour W/o Late S. Kartar Singh Manocha R/o Domana, Jammu** who left for heavenly abode on 24-05-2024. **Arambh Sri Akhand Path Sahib** on Tuesday 28-05-2024 at 9 A.M (at our Residence) **Bhog Sri Akhand Path Sahib Ji** on 30-05-2024 at 9:30 A.M (at our Residence) **Kirtan and Antim Ardass** will be performed at Gurudwara Arjun Dev Ji, Domana, Jammu from 10:00 to 12:00 Noon. **GRIEF STRICKEN**
Son & Daughter-in-Law
Late S. Jander Singh (Rocky) & Ramneek Kour
Arundeep Singh & Gurleen Kour -Grand Children
Daughters & Sons-in-Law
Davinder Kour & Joginder Singh Arora
Swarnjeet Kour & Ranjeet Singh -Sunderbani
Ravinder Kour & Bajjeet Singh Arora (PDD)
Paramjeet Kour & Pritpal Singh (Sarpanch Gol Gujral)
ROCKY KARYANA STORE - DOMANA
MANOCHA FAMILY
M O B I L E N O: 8716837043, 9797379430



SDN. AMRIT KOUR

TENTH DAY

WITH PROFOUND GRIEF AND SORROW WE INFORM THE SAD DEMISE OF OUR BELOVED MS. ANEETA PAJNOO D/O LATE ML. PAJNOO ON 26 MAY 2024 (SUNDAY). TENTH DAY WILL BE PERFORMED ON 4TH JUNE 2024 (TUESDAY) AT MUTHI GHAT 8:30 AM.
IN GRIEF:
BROTHER AND SISTER IN LAW
NARESH AND SUJATA PAJNOO
SON AND DAUGHTER IN LAW
ABHISHEK PAJNOO & PRIYANKA BHASIN
DAUGHTER AND SON IN LAW
DR ANUSHIKA AND RISHABH GOEL.
CONTACT- 9419203699, 7006896983



MS. ANEETA PAJNOO

RASAM PAGRI/ UTHALA

With profound grief & sorrow, we inform the sad demise of our beloved **Sh. Devki Nandan Pangotra, Advocate (J&K High Court, Jammu) S/o Lt. Sh. Chet Ram Pangotra R/o H.No-6 (Pvt) Mohalla Peer Baba, Sector-6, Channi Himmat, Jammu.** (Near Chai Sutta Bar restaurant) left for his heavenly abode on 18-05-2024. **RASAM PAGRI/ UTHALA** will be performed on Wednesday 29-05-2024 from 12:30 P.M. to 1:30 P.M. at Panch Mandir, Sector-2, Channi Himmat, Jammu. **GRIEF STRICKEN**
Smt Vijay Pangotra (Wife)
Sh. H.K. Pangotra (Brother)
Smt Chanchal Pandotra (Sister)
Kapil Pangotra & Priyanka Sharma (Son & Daughter-in-Law)
Akul Pangotra & Rochi (Son & Daughter-in-Law)
(Grand Children: Ritambra, Ananta, Aditya)
(Contact No. 9858518808, 9469757575, 9419284860, 9076144352)



SH. DEVKI NANDAN PANGOTRA

TENTH DAY KRIYA

With profound grief and sorrow, we regret to inform the sad demise of our beloved mother, **Smt. Krishna Koul W/o Sh. Kanaya Lal Koul;** residing at 89/4, Krishna Nagar, Safdarjung Enclave, New Delhi - 110029. **TENTH DAY KRIYA** will be performed on Sunday, 02 June 2024 at Hariidar, in GOLF COURSE.
Husband
Kanaya Lal Koul
Son
Suryajy Bhan
Daughter-in-law
Vansha Koul
Son-in-law
Dikshap Koul
and grand children.
Contact:
9873424185
9811404185
Smt. Krishna Koul



Smt. Krishna Koul

TENTH DAY, KRIYA AND UTHALA/RASAM PAGRI

With profound grief and sorrow, we inform the sad demise of our beloved **Sh Prithvi Raj Magotra S/o Late Sh Bawa Ditta Magotra R/o 40-B, Vaishnavi Enclave, Sector 7 Extension, Channi Himmat, Jammu.** **10TH DAY** will be performed at our residence on 29th May 2024 (Wednesday) at 10 AM. **KRIYA** shall be performed at our residence on 30th May 2024 (Thursday) at 12:30 PM. **UTHALA/RASAM PAGRI** will be performed at our residence on 3rd June (Monday) from 5 PM to 6 PM. **GRIEF STRICKEN**
Smt Anjana Magotra
Sons
Kumar Gourav Magotra
Kumar Sourabh Magotra
Rishabh Magotra
Contact : 9419205621, 9419690995, 9797446607, 8899958111



Sh Prithvi Raj Magotra

TENTH DAY KRIYA

With heavy heart and saddened times, we inform you about the untimely and sudden demise of our beloved **Sh. Triloki Nath Bhat(Bhakra) S/o Lt. Sh. Nand Lal Bhat and Lt. Smt. Soomawati Bhat** (originally hailing from Vessu Anantnag Kashmir) passed by residing at H. No. 194, Sec-1st, Vinayak Nagar, Muthi (Jammu) on 22nd of May, 2024. **The Tenth Day Kriya** will be performed on the 31st of May, 2024 (Friday) at Muthi Ghat (Akhnoor road) near Directorate Office Jammu at 8:30 am. **DEEPLY MOURNED BY**
Smt. Roopawati Bhat (Aunt)
Smt. Sarla Bhat (Wife)
Sh. Bansilal Bhat and Smt. Prana Bhat (Brother and Bhabhi) (Sister and Brother in Law)
Lt. Smt. Resh Pandita and Sh. Onkar Nath Pandita
Smt. Ratha Bhat and Lt. Sh. Jawahar Lal Bhat
Smt. Jaya Pandita and Sh. MK Pandita
Smt. Kusum Rana and Sh. Ramesh Kumar Rana
Lt. Smt. Jashika Pandita and Sh. Bharat Bhanu Pandita (Daughter and Son in Law)
Sh. Purvika Bhat and Mr. Sanjay Bhat (Daughter and Son in Law)
Mr. Ashwani Bhat and Vandana Bhat (Son and Daughter in law)
Mr. Arvind Bhat and Sandhya Bhat (Son and Daughter in law)
Grand Children: Ashish, Ayush, Tevesh
Samast Bhat Parivar of Vessu
Mob: 982514606, 971930301, 8560796412



Sh. Triloki Nath Bhat (Bhairaj)

TENTH DAY/KRIYA/RASAM PAGRI

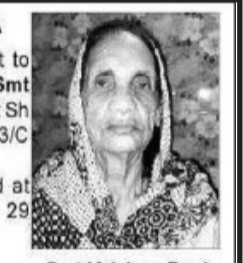
With profound grief and sorrow we inform the sad demise of our **Sh. Ajit Singh R/o H.No. 226, Lane No.2 Friends Sector Subhash Nagar, Jammu** who left us for heavenly abode on 20-05-2024. **10th Day** will be performed on 29-05-2024 (Wednesday) from 10:00 AM at our residence. **Kriya** will be performed on 1 June 2024 (Saturday) at our residence. **Rasam Pagri** will be performed on 3 June 2024 (Monday) at 1:30 PM at our residence. **GRIEF STRICKEN -**
Sh. Kalyan Singh - Brother
Smt. Rita Devi - Bhabhi
Sarvan Singh - Son
Reema - Daughter-in-law
Bhoomi - Grand Daughter
Savhi - Grand Daughter
Aditya Parlap Singh - Grand Son
Daughter and Son-in-law
Sudhama Devi and Ansh Singh
Rachna Devi and Surdeep Singh
Anju Devi and Nitin Jamwal
Contact No. 9419185235, 9713066060, 7006323366



SH. AJIT SINGH

TENTH DAY KRIYA

With profound grief & sorrow we regret to inform the sad demise of our beloved **Smt Vaishno Devi alias Beanti Devi W/o Lt Sh. Trilok Chand Dalotra R/o H. No. 433/C Amphalla Jammu.** **TENTH DAY KRIYA** will be performed at Shiv Mandir Amphalla at 11:00 am on 29 May 2024. **Grief Stricken:**
Sh. Mangra Ram Dalotra (Son)
Smt. Preeto Dalotra (Daughter in law)
Smt. Poosha Razdan (Daughter)
Smt. Ritu Saini (Daughter)
Smt. Veena Zutshi (Daughter)
Mobile: 7006678485, 9796241369



Smt Vaishno Devi

10TH DAY/KRIYA

WITH PROFOUND GRIEF WE INFORM THE UNTIMELY DEMISE OF OUR BELOVED SH. VINOD KAUL (VASU), S/O SH. PN KAUL & LATE SMT. MOHINI KAUL, AT MUMBAI PREVIOUSLY RESIDENT OF HARBA KADAL, SRINAGAR, PRESENTLY AT H-NO. 81/2 ANAND NAGAR, BOHRI JAMMU. **THE TENTH DAY KRIYA WILL BE HELD ON 31ST MAY 2024 AT SHARDA SADAN, SECTOR-8, KHARGHAR, NAVI MUMBAI AT 10:00 AM.**
GRIEF STRICKEN:
FATHER: SH. PUSHPAK NATH KAUL
WIFE: SMT. VIM KAUL
CHILDREN: CHAKSHU KAUL, KARUN KAUL
UNCLES AND AUNTS: SH. J.L. KAUL & SMT. KRISHNA KAUL, SH. ASHOK KAUL & SMT. GIRJA KAUL
BROTHERS & BHAIBI: MR. VIKRAM KAUL, MR. SANJAY KAUL & SMT. ANURADHA KAUL
SISTERS AND AUNJI
MRS. NEELAM KAUL & MR. HARI KRISHAN KAUL
MRS. SHILPA KAUL & MR. NISHANT KAUL, MS. SHEETAL KAUL
NEPHEW & NEECES: EKA, DARSH, BHIVE, JIA
SAMASTH KAUL AND TICKOO PARIVAAR
IN GRIEF: KAUL'S, CHARAGI'S, WALLI'S, MUKOO'S
CONTACT: 8491804028, 9086213812, 7790837043, 6006503255



Sh. Vinod Kaul (VASU)

IN LOVING MEMORY

Late Smt. Mohan Rani (Rupa) Razdan With heavy hearts, we announce the passing of our beloved mother **Smt. Rupa Razdan** a proud Kashmiri Pandit lady who touched the life of many with her kindness and grace. She left the world on 20/05/2024 at 2 pm and will be greatly missed by her children, grandchildren, sisters and brother. **Her TENTH DAY KRIYA** will be held on 29th May 2024 at Murad Nagar (UP). **Assembly** will be held at: Unique Apt. Plot -38, Sector-6 Dwaraka, New Delhi-110075 at 12 Noon. **May her soul rest in eternal peace**
Mrs. & Mr. Tej Razdan - (Son)
Dr. Kuldeep Razdan - (Son)
Mr. & Mrs. Baby Kaul - (Daughter)
Smt. Ratni Kaul & Kaki Rana (Sisters)
Mrs. & Mr. Shubhan Krishen Dhar - (Brother)
Ph: 7011871755, 9999110532, E-mail: tejrazdan1@gmail.com



Late Smt. Mohan Rani (Rupa) Razdan

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“PUBLIC HAS LOST FAITH IN BJP GOVT”

Harsh Dev holding foot march in various hilly areas of Chenani

Top News Report

UDHAMPUR, May 28: Continuing with his public interaction programmes in various blocks of District Udhampur, Harsh Dev Singh former minister and state president JKNPP (India) visited several panchayats of Chenani Block during his three days tour of remote and far flung areas.

Holding over a dozen meetings at various places, Singh toured the panchayats of Nagulta, Gharian, Kulassar, Matlowa, Pattangarh and its adjoining areas travelling a distance of over 25 kms on foot through dense forests, mountainous terrains listening to the grievances of the village folk.

Addressing the media after the conclusion of the said tour, Harsh Dev Singh expressed grave concern over the shabby plight of Nagulta-Rajar



road which had become literally untraffickable within a year of its construction and completion. There were hardly any protection walls, drains or other retaining walls resulting in massive damage to the road besides causing huge soil erosion. There were no bridges at the required places on nallahs/ rivers resulting in disruption of

traffic even during light showers/ rainfall. Singh further expressed concern over non provision of building for Pry school Rajal where classes were held in the open. He regretted the non availability of staff in Dhanas Health centre. He condemned the highly apathetic approach of the education dept towards rural schools

facing chronic deficiency of teaching staff. He said that there was only one teacher for 60 students in Pry school Rajar, while Pry School Galater remained teacherless for months together. Likewise there were only two teachers in Middle School Nukhanka (Pattangarh) having a strength of around two hundred students.

He called for construction of road upto Yug Dhar which is the most picturesque spot in the area with a huge potential for tourism. He demanded construction of a passenger shed in Payar, Matlowa near Kalka Mata temple.

Asserting the rural masses had lost faith in present regime, Singh cautioned the revenue and CAPD authorities to desist from arbitrarily deleting the names of poor people from BPL lists.

He castigated the said depts for inordinate delay in issuance of Income certificates and incorporation of eligible beneficiaries in BPL lists. He cautioned the Forest Dept to refrain from causing undue harassment and inconvenience to the people inhabiting the hilly areas for the last several decades.

Balidan Divas of Shaheed Bhagat Amarnath to observe on June 1



Top News Report

JAMMU, May 28: Surinder Bhagat, Chairman of the Shaheed Bhagat Amarnath Trust has announced the “Balidan Divas” event in memory of Shaheed Bhagat Amarnath.

Addressing a press conference here on Tuesday, Surinder

Bhagat said the event will take place on June 1, 2024, at the Shaheed Bhagat Amarnath Smarak Park in Shalamar, opposite the Secretariat in Jammu.

“The program will begin with a Hawan at 9:00 AM to pay homage to Shaheed Bhagat Amarnath, who sacrificed his life for the implementation of

reservations for SC, ST, RBA, residents of LAC, socially and educationally backward classes, ex-servicemen, and physically challenged persons,” he said.

“These reservations were not implemented until 1970 due to Article 370,” he added.

“The program will include a cultural event at 11:00 AM, and many special dignitaries will pay homage to Amarnath Bhagat ji’s sacrifices,” he added.

Among those present at the press conference were Vice Chairman Gyan Chand Dogra, General Secretary Rashpal Digra, LD Gorkha (Cashier), Bansilal Choudhary (Secretary), and Mohan Lal (Secretary).

Comprehensive health initiative launched in Chuchot Shamma

Top News Report

LEH, May 28: The Department of Health launched a comprehensive program which at the Government Higher Secondary School in Chuchot Shamma, Leh Ladakh, will cover all schools in coming days encompassing a range of health services under the National Health Mission, MoHFW GOI.

Key components include the Child Health Screening and Early Intervention Services, targeting 32 diseases through the Rashtriya Bal Swasthya Karyakram (RBSK), and adolescent health counseling through the Rashtriya Kishor Swasthya Karyakram (RKSK), supported by RKSK AFHC Counsellors and Clinical Psychologists. The initiative also integrates the National Mental Health Program and the National Tobacco Control

Programme, promoting holistic youth health and wellness.

During the event, State Nodal Officer Dr. Iqbal Ahmad emphasized the importance of school health and wellness programme.

Psychiatrist and Drug De-Addiction Specialist from SNM Hospital Leh, Dr. Tashi Tundup, addressed individual and interpersonal issues, providing personalized counseling sessions.

Dr. Tashi emphasized the importance of managing day-to-day stress, interpersonal issues, and mental health challenges to maintain productivity and contribute positively to society. He discussed various mental health conditions, such as depression, anxiety, bipolar disorder, and behavioral problems, underscoring the need for proper treatment as revealed by the National Mental Health Survey,

which showed that 11% of the population requires immediate mental health intervention.

Dr. Stanzin Jamyang, District Consultant for the National Tobacco Control Programme, discussed tobacco addiction, cessation methods, and Nicotine Replacement Therapy (NRT), along with coping strategies for withdrawal symptoms.

Individual counseling sessions were also conducted by RBSK Clinical Psychologist Mariyah Samreen and RKSK AFHC Counsellor Stanzin Edzes. A live demonstration of the Telemanaas toll-free helpline was showcased to educate students on its significance and optimal usage.

This initiative highlights the Department of Health’s commitment to community well-being through comprehensive health services and awareness programs.

Deputations raise issue of poor water, power supply with MP Khatana

Top News Report

JAMMU, May 28: Many deputations on Tuesday met senior BJP leader and Member of Parliament (Rajya Sabha), Gulam Ali Khatana and discussed their problems.

The prominent demand raised by the deputations was regarding poor water and power supply in entire Jammu province area.

Deputation members said that there are long power cuts in Jammu in this scorching hot days of summers and the poor water supply further increases public miseries.

They said that due to poor water supply humans as well as cattle are badly affected.

“Traditional sources of water like ponds have dried up and the cattle owners especially the tribal and residents of Kandi belt have to take their cattle to long distances or have to collect water from far off places for them,” a deputation of tribals informed Khatana.

Members of another deputation said that long power cuts have created a lot of problems especially for the old age people, ailing persons and it has also badly affected the education of children.

After listening to the deputations with

patience, MP Khatana said that people should use the water judiciously in this scorching hot days.

The BJP leader asked the Chief Secretary (CS) of J&K to review the situation of poor water and power supply with heads of the departments concerned and come up with some effective solution soon.

“Ensure that no overflow, pipe leakage or any other type of wastage of water is there,” Khatana asked the head of Jal Shakti Department.

He instructed the heads of Jal Shakti Department and Power Department to make efforts so that public sufferings can be reduced to zero.

“Dig new tube-wells, press your tankers into service and do whatever can be done to minimize the public miseries,” the BJP leader said.

He further said that the J&KPDCL should ensure that no power cuts are there especially in afternoon hours.

Khatana said that public should be informed well in advance about the power and water cuts so that they may make alternate plans well in advance to meet the crisis.

“Public sufferings shall not be tolerated at any cost as BJP is determined for the welfare of all without any discrimination,” the MP said.

ACB arrests Govt employee red-handed in Banihal

Top News Report

RAMBAN, May 28: In a major action against corruption, a Clerk (Junior Assistant) working at Tehsil Office Banihal in Distt Ramban was arrested by Anti-Corruption Bureau (ACB) for allegedly demanding and accepting bribe yesterday evening.

According to reports a special team of ACB Jammu reached Banihal on Monday afternoon and raided Tehsil office Banihal and arrested the Clerk Mohammad Ishaq Bhat 48 son of Abdul Razik Bhat resident of Chareel, Banihal red-handed while receiving the graft money. Sources said that the

clerk had demanded bribe from the complainant, who approached ACB Jammu, which laid a trap to nab him.

Officials said that residential house of the Clerk in Banihal was also raided in the evening and after several hours of questioning the erring Clerk was taken to Jammu by ACB team.

KCPS students excel at national level yoga competition 2024

Top News Report

JAMMU, May 28: Sanyukta Bhartiya Khel Foundation (SPKF) organised the 10th National Games at Jammu University from May 24 to 26 in which 16 students of KC Public School in the Under-9 years category took part in the Yoga competition.

Trained with meticulous care by their Yoga Instructor, Kceans gave a sterling performance at the competition and won 8 Gold and 8 Silver medals. These talented children brought laurels to their school by delivering extraordinary performances at this national level sports event.

Hiyashive Pandita, Angelina Jamwal, Amo-

lika Sharma, Avnoor Kour, Kavita Kour, Inaya Fatima Khan, Shivanya Sharma and Vedanshi Dhar won Gold medals whereas Ditya Gupta, Aradhya Rana, Anam Zahid, Pawani Sood, Bhavya Gupta, Misthi Mahajan, Tarni Jaral and Etisha Rajput settled for Silver medals.

Managing Director Arti Chowdhary, Principal AK Mishra, Vice Principal Sanjay Pandey and Headmistress Sofia Jamwal congratulated the children and their Coach Priyanka Sharma for their outstanding achievement in a prestigious sports event. Incidentally, Priyanka also won the Best Yoga Coach Award at this event.

Kaith Music Factory felicitates Naira for her amazing performance



Top News Report

JAMMU, May 28: The Kaith Music Factory felicitated a little dancing star Naira in its studio at Bhagwati Nagar here today, after she performed amazingly well on a song ‘O saki saki re’

Naira said, Dance is her favourite hobby and she enjoys it a lot. She started dancing when she was three years old and when she got older, her parents enrolled her in dance classes to pursue this passion. She cannot go a day without dance, that’s how much

she loves dancing. Thus, dance has been very therapeutic for her as well, she added.

While commenting, the Music Director Vicky Kaith said, “Dear Naira, you are precious and special and quite active! May god bless you with everything you desire!”

Army in collaboration with NCB conducts drug awareness lecture at GHSS Sohal

Top News Report

AKHNOOR, May 28: Army in collaboration with Narcotic Control Bureau successfully conducted an enlightening lecture on drug awareness and physical fitness at Government Higher Secondary School, Sohal. The event aimed to educate students on the dangers of drug abuse and the importance of maintaining physical health.

The lecture began with an insightful address by Akash Rai who highlighted

the growing menace of drug abuse among youth and its devastating consequences. He emphasized the role of education and awareness in combating this issue and provided detailed information on how students can identify and avoid potential drug-related threats.

In addition students were also educated on the significance of physical fitness in daily routine by an Officer of Indian Army of Akhnoor Division, inspiring students to incorporate regular physical activity into their lives.

UNION TERRITORY OF JAMMU AND KASHMIR
OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI (PHE) MECH. DIVISION KATHUA
NOTICE INVITING TENDER

e-NIT No. 07/JSPHEMK dated: 25-05-2024

Executive Engineer Jal Shakti PHE Mechanical Division Kathua, on behalf of Lieutenant Governor of Union Territory of Jammu & Kashmir, invites tenders by e-tendering mode online from approved and reputed/registered contractors/firms dealing with job for hiring of private vehicle having sufficient experience. The detail of works is as below:-

Name of the Work	Name of the Division	Cost of Tender Document/Tender Fee(In Rs)	Earnest Money	Estimated Cost	Bid Validity
1	2	3	4	5	6
Providing of Light inspection vehicle such as Scorpio/Balero/Innova/Xylo etc. of recent make and Model on hire charges basis excluding POL. Salary of driver, toll tax, insurance and expenses for repair and maintenance etc. of vehicle which shall be borne by the firm. The contract shall be valid for a period of 01 year but extendable by incremental periods of 06 months with the approval of higher authority on same terms and conditions. The quoted rates should be on monthly rent basis for official use of Executive Engineer Jal Shakti PHE (M) Division Kathua for inspection of Govt. works.	Jal Shakti PHE Mech. Division Kathua	Rs. 500.00 (Non-Refundable) In the shape of Treasury Challan in favour of the Executive Engineer, Jal Shakti PHE Mechanical Division Kathua	10000/- (pledged to Executive Engineer, Jal Shakti PHE Mechanical Division Kathua)	4.80 Lacs	Bid shall be valid for 180 days

- Bid documents can be seen at and downloaded from the website <http://jtenders.gov.in> from 25-05-2024 (6:50PM) and uploaded from 25-05-2024 (6:50 PM) to 03-06-2024 (04:00 PM). The complete bidding process will be online <http://jtenders.gov.in>
- Bids must be accompanied by bid security and cost of Tender Document as specified in column 3 & 4 of the table.
- The bid shall remain open for acceptance for a period of 180 days from the date of opening of bids. If any bidder/ tenderer withdraws his bid/ tender before the said period or makes any modifications in the terms and conditions of the bid, the tenderer shall be debarred from participating in tendering process for a period of 1 year.
- The Technical Bids of the tender document received shall be opened online in the office of Executive Engineer Jal Shakti Department PHE Mechanical Division Kathua on 04-06-2024 at 01:00 P.M. on any other day convenient to the Ex. Engineer in the Office chambers of Executive Engineer, PHE Mechanical Division Kathua.
- The Financial Bids of the tender document of the qualified bidders shall also be opened online in the office of the Executive Engineer Jal Shakti Department PHE Mechanical Division Kathua during office hours and shall be communicated separately.
- Other details can be seen inside the detailed tender document.

No: JSPHEMK/290-93
Dated: 25-05-2024
DIP/J-732/24
Sd/-
Executive Engineer,
Jal Shakti (PHE) Mech. Division,
Kathua

EDITORIAL

Rise of
Virtual Reality

In recent years, virtual reality (VR) technology has rapidly emerged as a groundbreaking innovation with the potential to revolutionize various industries and redefine the way we experience the world around us. From entertainment and gaming to healthcare and education, VR is reshaping the way we interact with digital content and immersive environments. As this transformative technology continues to gain momentum, its impact on society and industry is becoming increasingly apparent. One of the most prominent areas where VR has made significant strides is in the entertainment and gaming industry. VR gaming experiences offer players a level of immersion and interactivity that traditional gaming cannot match. Players can step into virtual worlds, interact with characters and objects, and experience game play in a whole new dimension. With the development of advanced VR headsets and peripherals, such as motion controllers and haptic feedback devices, the boundaries of gaming are being pushed further, blurring the lines between reality and virtuality. Beyond gaming, VR is also revolutionizing the way we consume entertainment content. Virtual reality cinemas and theaters allow audiences to experience movies, concerts, and live events in a fully immersive environment, transporting them to front-row seats from the comfort of their own homes. Streaming platforms are also exploring VR as a means to deliver immersive content, offering users the opportunity to explore virtual worlds and interact with their favorite shows and movies like never before. In the field of healthcare, VR technology is proving to be a valuable tool for medical training, patient rehabilitation, and therapy. Medical students can now practice surgical procedures in realistic virtual environments, allowing for hands-on training without the need for cadavers or live patients. VR simulations are also being used to treat phobias, PTSD, and anxiety disorders by exposing patients to controlled virtual scenarios in a safe and controlled environment. Furthermore, VR therapy is showing promising results in pain management and rehabilitation. Patients recovering from injuries or surgeries can engage in immersive VR experiences that distract them from pain and discomfort, while also providing therapeutic exercises and activities to aid in their recovery process. VR has the potential to revolutionize traditional approaches to healthcare and therapy, offering personalized and immersive solutions to improve patient outcomes. In the realm of education and training, VR is transforming the way students learn and professionals are trained. Virtual classrooms and training simulations allow students to explore complex concepts and environments in a hands-on and interactive manner. From exploring ancient civilizations to dissecting virtual organisms, VR enables educators to create engaging and immersive learning experiences that cater to diverse learning styles. In the corporate world, VR training simulations are being used to train employees in various industries, from manufacturing and construction to aviation and hospitality. Virtual simulations allow trainees to practice real-world scenarios in a risk-free environment, reducing training costs and minimizing the potential for accidents or errors. As VR technology becomes more accessible and affordable, its applications in education and training are expected to continue to grow. While the potential of VR technology is immense, there are still challenges that need to be addressed to fully realize its benefits. High costs, technological limitations, and concerns about privacy and ethics are among the hurdles that VR developers and adopters must navigate. Additionally, ensuring accessibility and inclusivity in VR experiences is crucial to prevent widening existing inequalities.

However, despite these challenges, the opportunities presented by VR technology are vast and far-reaching. As the technology continues to evolve and mature, we can expect to see even more innovative applications and transformative experiences in the years to come. From revolutionizing entertainment and healthcare to redefining education and training, virtual reality is poised to shape the future in profound and unexpected ways. As we embark on this journey into the virtual realm, one thing is certain: the possibilities are endless, and the future is virtual.

What lies behind the ideology of the BJP and RSS: An insider's look

By: Aakar Patel

The Bharatiya Janata Party is India's largest political force but its ideology is not properly understood. Some aspects of it — the opposition to dynasty, the promise of economic development — are clear, even though these may not be adhered to by the party fully. The largest component of the ideology, what is called Hindutva, or Hindu nationalism, is quite vague. What does it mean and what is it intended to achieve?

Devanura Mahadeva, a famous Karnataka writer, explores this with his work on the parent body of the BJP. In the book RSS: The Long and Short of It, Mahadeva attempts to understand what the RSS is and what it wants through the simple device of reading Hindutva's primary texts. These are V.D. Savarkar's works and M.S. Golwalkar's Bunch of Thoughts. The writer describes his motivation to do this through a parable. A sorcerer who spread turmoil was invincible because his life was stored in a parrot in a distant cave. He thus remained untouched by action against his own person. The only way to get at him was to go after this life-soul, in that hidden parrot. Mahadeva thus goes on this quest to see what lies behind Hindutva.

In his encounter with Golwalkar, he finds the RSS head worshipped caste and asked that the rest of us

worship it. In Bunch of Thoughts, Golwalkar says the Hindu people are his god and this god manifests itself through caste. Meaning the organisation of Hindu society in the way Manu described it (Brahmin head, Kshatriya arms, Vaishya thighs and Shudra feet) is the entity that is worthy of worship. In 1960, Golwalkar said caste could be used for cross-breeding superior humans, like it was done in animals. This was done by Hindus earlier, through upper caste men fathering the first child of a woman married to someone else. It may interest readers to know that Europe in the feudal period may have had something similar called "droit du seigneur" (right of the lord), allowing feudal lords to have sexual relations with subordinate women on the wedding nights of the women. That this was straight exploitation of the weak and not some noble thing does not appear to have occurred to Golwalkar.

If such things are not pushed forth by the RSS cadre or the BJP, it is not because these statements have been withdrawn but because they are likely confident that few people will do what the author has done and actually read the primary texts. It would be interesting to see a television debate today on whether or not the caste system should be worshipped and ossified as the RSS wants it to be.

Mahadeva makes a number of original observations. He says the RSS has defanged the religions that

sprang out of India but rejected the caste that he wants worshipped. "The RSS tries to pull out the teeth and nails of Jaina, Bouddha, Sikh, Lingayat and other dharmas that were born in India and rejected the Chaturvarna order". By merely saying that these are Hindu faiths, it is sought to subsume them. There is no resistance to this internally, he writes, because the RSS in fact does not encourage thinking. Of the title Bunch of Thoughts itself, he says there is not much thinking in the work, only a series of "random, dangerous beliefs and that too from a bygone age". Thinking is discouraged in the RSS through the insistence on order over diversity. The RSS "tames" its volunteers, Mahadeva writes, and quotes Golwalkar as saying that they must "do what is told... if told to play kabaddi, play kabaddi, told to hold a meeting, then hold a meeting... their discretion is not required".

Among the things this cadre is taught is that the Constitution is flawed. The very idea of states is offensive to them, because there can be only one Bharat Mata, and the existence of a Karnataka, Gujarat or Bengal is wrong. The stress for homogeneity over diversity shows, the author writes, in such things as nomenclature. The RSS and the BJP refer to Adivasis as "vanasis" (forest dwellers), this eroding their indigenous identity. Mahadeva calls Hindutva a "cow-faced tiger", an entity that is eating

at Indian society from within. The Prime Minister, he says, is popular but is only an "utsava murti", a replica of an idol that is led out at a procession. "The real deity sits in Nagpur, inside the RSS shrine." The only qualifications required of the "utsava murti" are the ability to put up a show and mesmerise people. Mahadeva asks: "Don't we see all of this today?"

What does he offer as a solution? He gives the example of a village that is overrun by thieves.

"First, the entire town wakes up. At night youth take turns patrolling and keeping watch in mohallas. Women carry chilli powder with them. This is the kind of awakening and vigil we all need. Because these thieves can come in different guises; they may come for temple maintenance, for instance. Fake news can be spread. Hymn singing can be organised. The only way out is to first uncover the plot. This requires us to be vigilant. Further, at least now, the sane voices which are a scattered few need to speak up about right and wrong. Words like love, tolerance, justice need to be heard from within our society."

The intellectual content of books is sometimes judged by how long they are. Mahadeva himself refers to his work as a "booklet". Let this description not mislead the potential reader. This is a first-rate work and the most important intellectual attack on the times we are going through, and for that reason has also become the most popular.

How To Prepare For UPSC After the 10th?

By: Vijay GarG

IAS exam preparation after class 10, you have decided on your career at this age where you have enough time around 6-7 years, i.e. your age will now be between 14-16 years as the minimum age to apply for the IAS exam is 21 years. Despite others, you have enough time for preparation. Here are some tips to assist you to start preparing for UPSC after the 10th:

Prepare Yourself First
Before trying to understand how to prepare for UPSC after the 10th, you should first prepare yourself for the UPSC IAS preparation journey.

In order to succeed on the IAS exam, you must be prepared mentally and physically. Set your goals and allocate your time effectively.

If you think becoming an IAS is a good career choice, first get ready and do some research on the following topics:

Due to the positive image of IAS officers in our society, many students start preparing blindly, irrespective of whether they are actually mentally prepared for this job or not, and then stop preparing after some time. Firstly, Identify your strength and weakness, keeping in mind that you will need to work hard to crack this exam.

Before looking at IAS as a career field, you should identify the advantages and disadvantages of this job, as well as why you want to be an IAS. Do you want to get more attention from society? Or are you really keen to work in the public interest? IAS is known to be more of a service than a job in which you are always ready for society and its development. Whereas a job is a position of employment; a full-time or part-time position/ a piece of work, particularly a specific task performed as part of one's occupation's routine for an agreed price.

Understand the IAS Officer's Recruitment Process

Preparing for the UPSC Civil Services Examination (CSE) is a time-consuming process as it has multiple phases and dimensions, unlike many other competitive exams in India, but it is not impossible to clear this exam for a candidate after 10th class with the right approach and mindset. Union Public Service Commission (UPSC) conducts Civil Services Examination (CSE) every year in three phases.

Know the UPSC Syllabus

The UPSC syllabus will be your true mentor in your UPSC exam journey; thoroughly read the UPSC syllabus before preparing for the IAS exam.

UPSC has thoroughly covered the IAS exam syllabus in two stages, which are as follows:

UPSC Mains Syllabus
Going through the UPSC exam syllabus will help you understand the subjects, and topics you need to focus on for each paper. Select Correct Subject After 10th

After the 10th class, select only those subjects in which you are interested and also examine the role of those subjects in

the IAS exam by reading the UPSC exam syllabus.

Start preparing for both Prelims and Mains simultaneously

You now have a lot of time. Therefore, start simultaneously studying for both the prelims and main exams. Both the IAS Prelims and Mains exams require equal sustained focus; each plays a unique role in the IAS exam. You will appear for the IAS Mains exam after passing the Preliminary exam, and once you pass the Mains exam, you will be qualified to take the interview.

Concentrate on all subjects because we don't know how many questions can be asked from each one. It changes from year to year.

Reading NCERT textbooks from classes 6th to 12th is very crucial in IAS exam preparation.

NCERT textbooks are a good resource for students to learn fundamental concepts and theories.

UPSC asks the majority of questions directly from NCERT textbooks.

Read the Standard Books

IAS toppers and experts always advise aspirants to begin their UPSC preparation with NCERT books before moving to standard reference books. However, selecting the right books for the IAS exam is critical; here are some standard UPSC books that will help you ace your IAS Exam preparation:

Make your own notes on important topics & keep revising them continuously.

Read UPSC books (NCERTs/Standard textbooks) on a daily basis, do not underestimate them because they are the concept builders and serve as the foundation, and make short notes on them for quick revision.

Read News Paper

Newspaper reading should be a part of your daily routine if you want to crack the IAS Exam.

Make & maintain notes from a newspaper; for more details, read this article-How To Effectively Read Newspaper for UPSC?

Refer to the Old Question Paper & Attempt the Mock Test Series

Once you understand the UPSC Exam syllabus, you can look at the previous year's question papers to analyze the type of questions asked by UPSC. After you've finished reading, try to solve the old question paper. And keep repeating this process from time to time.

You can also take UPSC Civil Services Mock Tests to improve your IAS preparation, which will be very beneficial in the IAS Prelims Exam.

Develop the Habit of Revising on a Weekly Basis

One of the most common mistakes that aspirants make is purchasing a large number of books on a single subject and reading every book. That is not needed.

Instead of keeping multiple books on the same subject, it is better to study a single book multiple times.

Continue revising, even if it is difficult for you to do so on a daily basis, at least 1-2 times per week.

Which Stream is Best for UPSC After 10th?

The question that always remains in the minds of students promoted to class 11 is which stream is best for UPSC after 10th? Although the answer to this question depends on your personal preferences and areas of interest, you can choose any stream in the eleventh grade, including humanities, medical, and non-medical.

In the 11th class, you have the freedom to choose any stream; UPSC does not restrict you to any stream; it is not required that you choose only humanities streams, but you may also choose non-humanities streams.

If you opt for non-humanities streams medical, non-medical, etc., you will also get UPSC optional subjects like - Medical Science, Agriculture, Botany, Chemistry, Physics, Mathematics, Engineering, etc. You can prepare by adopting any one subject as an optional subject.

If you opt humanities stream which has subjects like history, geography, political science, etc. It may be a better option for you because subjects related to the humanities stream will help you in IAS prelims, mains, and as well as optional subjects.

Which Subject is Best for UPSC After 10th?

As we stated above that humanities students have an edge over others in some way because humanities subjects help you from the IAS prelims to the main examination and questions from them carry a lot of weightage in the UPSC exam, thus you After your 10th, you can choose from humanities subjects like history, political science, public administration, sociology, economics, psychology, etc.

Nevertheless, we would insist on advising you again that before choosing a subject, identify your interest and read the UPSC syllabus thoroughly, and then choose your subjects.

UPSC After 10th - Pros & Cons

UPSC Civil Services Exam preparation has its dimensions where you need constant hard work with concentration, patience, and proper direction. Do you understand why the UPSC exam is so difficult? It wants you to deal with pressure. It desires to become a part of your lifestyle. UPSC will select you after considering your perception. It is crucial to understand the perception of UPSC, and you must discover that perception, then Consider the following question: Am I truly prepared for this exam? Only then should you consider preparing for the UPSC C.S.E exam. Let's examine some pros and cons of preparing for UPSC after 10th class.

Pros of Preparing For UPSC After 10th
If you begin preparing at this age, you will have more time than others to prepare for your IAS exam.

If you begin IAS exam preparation now, there won't be many difficulties in your future preparation since you'll have probably learned a lot by the time you have to appear for the exam.

If you start preparing for your IAS exam at this age, later on, the chances of going

out of your home/city for coaching for the IAS exam are less.

You will be able to save money and time if you begin studying for your IAS exam at this age.

By preparing for the IAS exam at home, you will get the support of your family as well.

Cons of Preparing For UPSC After 10th

It may be a hasty decision to consider seriously preparing for the IAS exam at this young age without knowing sufficient knowledge.

Starting preparing for the IAS exam without knowing whether they are mentally and physically ready for it is often a problem seen at this age.

Students frequently struggle with finding time to prepare for the IAS exam on top of their academic obligations.

It is often seen that there is a lack of concentration at this age, students start the IAS exam preparation but after some time they leave their preparation in the middle.

Students continue to struggle with finding the best and most appropriate guidance & resources for IAS exam preparation.

Coaching Assistance For UPSC Preparation

In the UPSC IAS exam, the appropriate guidance is very important in addition to hard work, therefore coaching assistance is very important when preparing for the IAS exam, where you are constantly receiving guidance from mentors or experts. In India, there are numerous coaching assistant platforms for UPSC preparation. If you want the most cost-effective and best option, go with Testbook's "Online Supercoaching program," which includes one-on-one mentoring, subject-specific mentors, and free live classes for UPSC Exam. Check out some of the other amazing features provided by Testbook.

Testbook offers you India's best IAS Course for your preparation. Our faculty members are highly reputed professors, dynamic individuals, scholars, and subject matter experts who are well-known throughout India for their simple, student-friendly, and effective teaching methods.

Conclusion

If you're considering How to Start UPSC Preparation from Zero Level, keep your priorities in mind and begin your journey slowly and steadily. After thoroughly studying all aspects of the IAS Exam, you should approach the Civil Services Exam with all your heart and soul. To crack the IAS exam, you must always be sincere with yourself. However, it is important to remember that every journey has ups and downs, and the IAS exam will have both. The race can only be won by those who persevere with determination and devotion.

(Vijay GarG
Educational columnist
Malout Punjab)

ABRSM Kishtwar unit calls on DSEJ, submits ten-point demands

Top News Report

KISHTWAR, May 28: The Akhil Bhartiya Rashtriya Shaikshik Mahasangh (ABRSM) District unit of Kishtwar, led by District President Neeraj Parihar, met with the Director School Education Jammu (DSEJ), Ashok Sharma, to discuss various demands aimed at improving the education system in Kishtwar and other districts in the Jammu division.

The delegation presented a ten-point charter of demands, including changing the academic session from March to



December in winter zones for better alignment with climatic conditions, conducting Departmental Promotion Committees (DPC) for promoting

teachers, initiating the Regular Annual Transfer Drive (ATD-2024) to reassign teachers stationed in remote areas, and ensuring rationaliza-

tion of teachers according to established norms. Other demands included merging low enrollment and rented schools with nearby government

schools, prompt clearance of pending Grade-II and Grade-III files, renovating damaged infrastructure, providing sweeper services in primary and middle schools, and introducing Sociology and Psychology subjects at the Higher Secondary level.

Sharma assured the delegation of early resolution of these issues and directed the Chief Education Officer (CEO) Kishtwar to work collaboratively with the ABRSM District unit.

The delegation included members Rishi Singh, Arvinder Kishore, Kulbushan, and Subash.

GDC Udhampur bids adieu to staff on Academic Arrangement

Top News Report

UDHAMPUR, May 28: GDC Udhampur organized a farewell party for the staff on academic arrangement in conference hall under the supervision of Principal Prof. (Dr.) Romesh Kumar Gupta.

The farewell was organized to recognize the valuable contribution made by staff on academic arrangement for the smooth conduct of academic activities in the college.

Dr. Jang Bahadur, Dr. Rupali Sharma, Dr. Ujjwal Gupta and Dr. Neha Sharma shared their experiences of working in the college.

All of them were unequivocal in the praise for the congenial atmosphere of the college where all ranks are treated equally.

They expressed their gratitude to the principal and staff of GDC Udhampur for providing conducive working environment.

Speaking on the occasion, Principal Prof. (Dr.) Romesh Kumar Gupta commended the staff on academic arrangement for their



and dedication, perseverance and sincerity throughout their tenure.

He exhorted the outgoing staff to embrace challenges, stay curious and continue to learn and carry a positive impact as they venture out on new journey.

He also emphasized that staff on academic arrangement is backbone of every college.

Prof. B. L. Thakur, also spoke on the occasion and conveyed his heartfelt gratitude to staff on academic arrangement. The event was coordinated and managed by Dr. Jagjeet Singh, the Staff Secretary of the College.

Prof. Uppal emphasizes importance of Technology and Innovation in Business and Management

Top News Report

KANPUR, May 28: Shri Ram Institute of Higher Education, Kanpur (UP) Organized an International E- Conference on Innovations in Business and Management. Dr. R.K. Uppal was invited as a keynote speaker in this conference.

Addressing to the participants Dr. Uppal said Innovations are key factor for the development of Business and it is the Information Technology which manages the business.

He said Schumpeter, a great economist also discussed five key innovations for Economic Development like: Introduction of a New Product, Introduction of a New Method of Production, opening

of a New Market, Discovery of a New Source of Raw Material and Re-organization of an Industry. During the G-20 countries summit in New Delhi, India was highly praised for its efforts to create new innovations in business, and today all innovations are managed through information technologies.

According to Dr. Uppal, this topic is especially relevant because many changes/innovations are occurring in business, and new approaches are emerging to manage them.

Through technological advancements, India will soon become the world's 5th and 3rd largest economies, respectively. Advance countries (such as the USA, UK, Japan,

and others) are closely watching every innovation in India's business and business management methods.

Also, Dr. Uppal praised all the presenters for selecting relevant topics for their presentations in this conference.

Dr. Rajinder Kumar Uppal, a prolific writer, a Man of Letters, a distinguished Professor of Emeritus, an acclaimed academician, research stalwart, and the more ingenious guide has won accolades not only in the academic field but also in the genre of research.

Presently, he is serving in the most exalted institution, Baba Farid College of Management and Technology (Punjab), as a Professor-cum-Principal.

Educationists' visit to GDC Darhal: Pioneering Career Awareness and Course Innovation

Top News Report

DARHAL, May 28: GDC Darhal hosted a delegation of educationists and faculty members from various regional colleges. The visit aimed to spread career awareness among students and explore the launch of new courses, including science streams.

Led by Principal Prof. Zamir Ahmed Mirza, the initiative was supported by IQAC Coordinator Dr. M. Saleem Wani, NSS Coordinator Dr. Mohd Akhlaq, and faculty members Dr. Ghulam Abbas, Dr. Taseem Ahmed, Prof. Anzar Ahmed, and others.

The esteemed guests engaged in a comprehensive discussion with the college administration and students, addressing issues crucial



to higher education. They deliberated on strategies to enhance student enrollment and guided students toward market-oriented skill courses for promising career prospects.

A comprehensive tour of the college facilities provided the educationists with firsthand experience of the state-of-the-art infrastructure and resources available at GDC Darhal. From well-

equipped classrooms to advanced laboratories, the visit showcased the college's commitment to providing a conducive learning environment for its students.

As the visit concluded, the educationists offered valuable feedback and recommendations, laying the groundwork for future collaborations and initiatives. Their expertise and insights will undoubtedly guide GDC Darhal

as it continues its journey toward academic excellence and student empowerment.

The dialogue emphasized the importance of collaboration and synergy between colleges to develop innovative programs and create opportunities for students. The educationists shared best practices and experiences, contributing to a multifaceted understanding of challenges and

potential solutions in the education sector.

This event marked a significant step towards enhancing the quality of higher education in the region. It provided a platform for diverse perspectives, practical advice, and action plans to address the changing needs of students and society.

The Principal of GDC Darhal expressed gratitude to the visiting delegation for their valuable insights and support. He stressed the college's commitment to providing students with the best possible education and career guidance.

This initiative is a testament to the dedication of GDC Darhal towards student development and the advancement of higher education in Jammu and Kashmir.

GDC RS Pura holds Election of Staff Secretary



Top News Report

JAMMU, May 28: Prof. Jugal Kishore, Head of the Department of Mathematics, was unanimously elected as the staff secretary of the college. The staff of the GDC, R. S. Pura, has exhibited unwavering trust and confidence in his integrity and leadership. The election process was initiated with the nomination

proposal forwarded by Dr. Chanchal Angral and seconded by Dr. Kiran Pathania and Dr. Hari Singh, and the staff of the college unanimously voted in favour of Prof. Jugal Kishore as the staff secretary.

Expressing his gratitude upon being elected, Prof. Jugal Kishore, thanked the teaching fraternity for their support and confidence shown

by them in him. He also assured that he would try his level best to act as a linchpin between the college administration and the staff while upholding the tenets of transparency, integrity, and honesty while discharging his role as staff secretary. He also highlighted his vision for the college, with an emphasis on the betterment of the students and institution, and exhibited

his determination to contribute towards the excellence of the college.

In a move towards effective execution of his responsibilities, Prof. Jugal Kishore, nominated his team comprising Dr. Sudesh Kumar and Dr. Shivani Manchanda, as Joint Secretaries and Dr. Hari Singh as Treasurer. Dr. Rajni Bhagat, principal of the college, along with other staff members, congratulated Prof. Jugal Kishore for his new role. The whole process of the election was consummated under the supervision of the election commissioners, Dr. Neena Gupta, and Prof. Shifali Abrol, and concluded with positive note in the presence of the entire teaching fraternity of the college present on the occasion.

Teachers of Zone Gundna bid farewell to outgoing ZEO Ganai

Top News Report

DODA, May 28: The Teachers Community of Zone Gundna organized a heartfelt farewell party for the outgoing Zonal Education Officer (ZEO) Gundna, Mohd Hussain Ganai, who is set to retire from government service on May 31, 2024. The event was marked by the presence of several distinguished guests, including Farooq Khan, Incharge Principal HSS Mohalla; Wajahat Hussain, Naib Tehsildar Mohalla; Surinder Singh, Headmaster HS Gulmana; and Nazir Ahmed, Retired Bank Manager.

Naseer Ahmed welcomed the chief guest, guests of honor, and



retired teachers on behalf of the entire teachers' community. Various speakers took the stage to reflect on Ganai's service tenure and commend his significant contributions to the education sector and the welfare of students and society in Zone Gundna. His honesty, dedication, punctuality, and humble

nature were particularly highlighted.

During the event, the teachers' community also honored several retired teachers for their valuable services in education. Gifts and mementos were presented to Ganai as tokens of love and respect, and the retired teachers were similarly honored.

Prominent speakers included Farooq Ahmed Khan, Surinder Singh, Wajahat Hussain, Dheeraj Kumar, Ghulam Nabi Wantt, Naseer Ahmed, Tariq Hussain, Namita Shan, Mohd Shafi, Javed Iqbal, Abdul Rashid, Farooq Ahmed, Mohd Amin, Shabir Ahmed, Subash Chander, and Raman Sharma.

The program proceedings were managed by Farooq Ahmed and Javed Iqbal Dar. Headmaster GUPS Assisi, Shoket Ali Ganai, delivered the vote of thanks on behalf of the teachers of Zone Gundna, expressing gratitude to all attendees for their presence and participation.

District-level Inter-School/Inter-Zonal Tournament held



Top News Report

UDHAMPUR, May 28: Under the eminent auspices of Director Subash Chander Chhibber, and the venerable chairmanship of Deputy Commissioner Saloni Rai, the Department of Youth Services and Sports Office (DYSS) of Udhampur initiated its renowned District-level Inter-School/Inter-Zonal Tournament at the Subash Stadium,

Udhampur. The grand event is being meticulously overseen by Joint Director YSS Ved Parkash, and DYSSO Udhampur Romesh Chander Mishra, ensuring the highest standards of excellence.

On the eighth day of the tournament, badminton and yoga matches were underway at Subash Stadium.

DYSSO Udhampur, Romesh Chander Mishra,

attended as the chief guest and interacted with the 163 participants from various zones, emphasizing the importance of staying hydrated amidst intense heat waves.

He also expressed gratitude to the CMO Udhampur for providing medical facilities for the participants.

The event's officials included badminton officials Rakesh Sawhney, Manik Nargotra,

Ashutosh Gupta, Sanjeev Verma, Vishal Modi, Pallavi Choudary, Jyoti Sharma, and Rishi Gupta, as well as yoga officials Sunder Kumar, Raman Kumar, Meenu, and Nitin Rathore.

The press and publicity team comprised Jaswinder Singh, Anshu Brat Khanna, and Vipin Photra. The office staff, including Anita Goswami, Ramesh Chander, Sanjeev Kumar, Vikas

Sharma, Abdul Qadir, Sanjeev Khajuria, and Meenakshi Sharma, were instrumental in orchestrating this prestigious event.

Badminton: U17 Girls: Singles: Kulnaaz (Zone Udhampur) beat Runner-up: Manju (Zone Ramnagar). Doubles: Trisha & Swantika (Zone Udhampur) beat Mevika & Deepika (Zone Ramnagar).

U14 Girls: Singles: Ananya Sharma (Zone Ramnagar) beat Meenakshi Devi (Zone Pancheri). Doubles: Ananya Sharma & Kritika (Zone Ramnagar) beat Ashu & Meenakshi Devi (Zone Pancheri).

Yoga: U14 Girls: Shilpa Sharma (Zone Ramnagar), 1st, Pari Sharma (Zone Ramnagar), 2nd. U17 Girls: Smriti (Zone Udhampur), 1st, Dherya Jandial (Zone Udhampur)

Puri Oil Mills Limited launches mission Jumpstart



Top News Report

JAMMU, May 28: Puri Oil Mills Limited has announced the launch of 'Mission Jumpstart', a transformative CSR initiative, partnering with Edify Sports and the Khiladi Foundation to support promising female athletes from underserved communities across India.

Committed to health and gender equality, the manufacturer of the popular brand, P Mark Mustard Oil, provides essential nutritional support to these athletes, aiming to level the playing field in sports.

Tejasvini Puri, Head of the CSR Committee of Puri Oil Mills Limited, highlights their vision of empowering young

women in sports, while Sachin Rustagi from Edify Sports praises the initiative's impact on athlete development. Beyond sports achievements 'MISSION JUMPSTART' fosters broader social change by instilling confidence and resilience in these athletes, shaping them for success on the global stage.

Congrats Accused No. 25!

As FTII congratulates Payal Kapadia, who was earlier booked for leading a protest against the appointment of Gajendra Singh Chouhan as its chairperson in 2015, celebs slam the institute

Amid the outpouring of congratulatory messages for Payal Kapadia, who won the second highest honour at the 77th Cannes Film Festival, a message from her alma mater, FTII, lauding her has garnered much attention. At the gala, Kapadia charted history by becoming the first Indian filmmaker to win the Grand Prix award for All We Imagine As Light.

The Film and Television Institute of India in a post on X said it was a moment of pride for the FTII and congratulated Kapadia for the award. "It is a moment of pride for FTII as its alumni created history at Cannes. As we witness a phenomenal year for Indian Cinema at the 77th Cannes Film Festival, FTII cherishes the glorious achievements of its alumni at this mega international stage of cinema," officials of the institute said in a post on X. "We congratulate Payal Kapadia for winning the Grand Prix Award, Santosh Sivan for receiving the Pierre Angnieux Tribute Award, Maisam Ali for his debut at ACID and Chidanand S Naik for winning La Cinef. Their



achievements are taking Indian Cinema to greater heights," the post added.

FTII had earlier initiated disciplinary action against Payal for protesting over the appointment of Gajendra Chauhan as the chairman of the Pune-based institute back in 2015. The students argued that he didn't have the credibility, owing to his work in B-grade movies, to head a premier institution like FTII. An FIR was filed against Payal and 34 other students for holding FTII director Prashant Pathrabre captive in his office in 2015.

Cannes to court

Oscar-winning Indian sound designer Resul Pookutty in a post on social media said the mainstream Indian film industry has nothing to do with this glory and they 'only looked at us as outcasts'.

He said, "Payal (Accused No.25) comes back from Cannes and next month, will have to go for her court case hearing that FTII lodged against her for striking against the appointment of Mr Chouhan as the Chairman! Interesting isn't it?"

Double standard Actor Ali Fazal has also

slammed FTII for their double standards on congratulating filmmaker Payal Kapadia, for her historic win at Cannes. Ali registered a strong disagreement as he called out the institute. He wrote, "Uhhh... please don't. Just don't."

Achievement! Priyanka Chopra is celebrating the monumental achievements of Indian cinema at Cannes 2024. Chopra took to her Instagram Stories to extend heartfelt congratulations to Anasuya Sengupta, Chidananda S Naik, and the team behind All We Imagine As Light. She highlighted the significance of this victory for Indian cinema, "It's a moment for Indian cinema at @festivaldecannes. Big shout and congratulations to you all."

Women power Bollywood actress Kiara Advani wrote, "From witnessing two historic wins for women from India to meeting amazing women from around the world, discussing our passion and love for cinema and our role as women in the growing landscape of film; all of it has given me so much joy."

Taylor Swift: 'I left my heart in Lisbon'



After mesmerising the audience with her two-night performance at Estadio da Luz in Lisbon, Portugal, Taylor Swift has now written a loving thankyou note to Lisbon and its people.

"It's official, I left my heart in Lisbon. My first time in Portugal and you all made me feel like I was right at home," she wrote on her Instagram handle. "I'll seriously never forget the way you treated us, the overwhelming love and passion and hands in the air and dancing and how you screamed every lyric! Muito obrigada."

And in a video on X, Taylor referred to her previous music eras, naming her albums Red, Fearless, and Speak Now, which she toured throughout the world, "And during the course of those tours... we made so many fun memories, but the one thing that I wish I would have done differently is I wish I could have brought every one of those tours to come see you in Lisbon."

Guneet Monga partners with She Leads Impact Fund for documentary against child marriage

Oscar winner Guneet Monga and producer Ashvini Yardi have collaborated with the She Leads Impact Fund on the documentary Kicking Balls, to address the history of child marriages in India. The documentary explores three villages in Rajasthan where an NGO is tackling child marriage through football.

Monga said, "Each year, 12 million girls are married before the age of 18. That's 23 girls every minute. Kicking Balls became a project that we knew could not just be a film; it had to be a conversation. We



storytellers are meant to reflect what we see at the grassroots — our effort is to tell stories

that ignite conversations and spark change in the policies of the country."

Of turbulent times an upcoming web series 84 Toh Baad captures the aftermath of 1984 riots

In the heart of Punjab, amidst the echoes of history, a groundbreaking narrative unfolds — 84 Toh Baad, an upcoming series on the Chaupal OTT platform takes upon itself to illuminate tales seldom told. Woven with threads of truth and strife, this series promises a fresh perspective on the aftermath of the 1984 riots. The inspiration behind 84 Toh Baad emerges from the depths of Punjab's collective memory.

Speaking on the series' origin, the makers reflect on the indelible imprint left by the events of 1984. "No one person, religion or community was spared," acknowledges Sandeep Bansal, founder Chaupal OTT, who adds, "Everything related or touched by those tumultuous times bore the scars."



With a commitment to unveiling the multifaceted truths of Punjab's past, the series aims to offer a narrative distinct from

previous portrayals of the era. As its director Patanga says, "Departing from conventional narratives that focus solely on

extremism, the series delves into the lives shattered by the upheaval."

Contrary to its title, the makers suggest this series transcends the confines of a specific time period. "The real impact came after '84 and created ripples that reverberate even today," Nitin Gupta, chief content officer and project head of 84 Toh Baad emphasises. The series endeavours to showcase the enduring scars etched into Punjab's collective consciousness and central to the series' narrative is Punjab itself, a land imbued with the spirit of resilience and camaraderie. Led by Gurshabad Singh, Kuljinder Singh Sidhu, Jamail Singh, Parkash Gadhu and Richa Bhatt, the cast brings a wealth of experience to the project.

Work has begun on 'Panchayat 4', plan to make season five too, says director Deepak Mishra

Mishra's comments come days before the season three premiere of the Prime Video show

"Panchayat" director Deepak Kumar Mishra says there are at least two more seasons in the pipeline for the popular comedy drama series and the team has already started work on the fourth installment.

Mishra's comments come days before the season three premiere of the Prime Video show, starring Jitendra Kumar, Neena Gupta, Raghuraj Yadav, Faisal Malik, Chandan Roy, and Sanvikaa.

"Panchayat" became an instant hit with the viewers when it premiered in 2020 and its second season also garnered overwhelming response upon its 2022 premiere.

We have started writing season four. For us, generally there's no break between two seasons.

The third season is over and we have written three to four episodes (of season four)



of the show.

"So far, we have thought about making season four and five. For season four, we have a clear idea, and there is a broader idea for season five," Mishra told agency here.

"Panchayat" revolves around Abhishek Tripathi (Kumar), an engineering graduate, who

for lack of a better job option, takes up the post of a secretary of a panchayat office in Phulera, a fictional remote village in Uttar Pradesh.

When the team began working on "Panchayat" season three, the director said they were "careful to not get swayed by the popularity" of the previous two chapters.

"We made sure that we made the right content and retained the core soul of the show. We wanted to take the story forward organically.

However, we have to make sure that the new season is more entertaining and emotional," he added.

Mishra recalled when season one of "Pan-

chayat" started streaming in 2020, they were a bit unsure about whether the show would find an audience.

"As the show was in a different space at that point of a time, there was a theory about how much will be its acceptability.

We had put in a lot of effort in the script in terms of creative ideas.

"So, we had that much confidence that if people watched the entire show, then it would be a hit.

But what if they don't watch it? Then, there would be a problem. I have grown up watching these kinds of stories and I was hopeful that people will definitely accept the show," he said.

The third season of "Panchayat", created by The Viral Fever (TVF), will premiere in Hindi, with dubs in Tamil, Telugu, Malayalam and Kannada.

Lady Gaga on her role in 'Joker: Folie à Deux': My version of Harley is authentic



Singer and actor Lady Gaga says her version of Harley Quinn, her character in the much anticipated movie 'Joker: Folie à Deux',

will be different from its previous iterations.

In the film, a sequel to Todd Phillips' 'Joker', she will star opposite Joaquin Phoenix, who

reprises his Academy Award-winning role of Arthur Fleck aka Joker from the 2019 movie.

Gaga said her Harley Quinn will be a "completely brand new" rendition of the character from the DC comic books or previous films in the franchise.

"My version of Harley is mine. It's very authentic to this movie and these characters. I've never done anything like this before, so it's all going to be completely brand new and fun," the Oscar-winner told entertainment news outlet Access Hollywood.

The character has been previously portrayed by Margot Robbie in franchise films such as 'Suicide Squad', 'Birds of Prey' and 'The Suicide Squad'.

'Joker: Folie à Deux' also stars Catherine Keener, Brendan Gleeson and Zazie Beetz. Phillips' film is part of DC Elseworlds and is not set in the universe taken care of by the new DC Studios heads Peter Safran and James Gunn.

The musical film will hit the screens on October 4.

Modi claims Congress 'biggest enemy' of minorities, says reservation is key issue in 2024 polls

Modi claimed that those who call themselves the biggest sympathisers of the backward communities are, in reality, their biggest enemies.

NEW DELHI, May 28 (Agencies): Accusing the INDIA bloc of indulging in "vote bank politics," Prime Minister Narendra Modi has criticised opposition parties for undermining the constitutional rights of Scheduled Castes (SC), Scheduled Tribes (ST), and Other Backward Classes (OBC), stating that these groups needed to be protected.

In an exclusive interview with agency, Prime Minister Narendra Modi explained why reservation had become a crucial issue in the 2024 Lok Sabha elections, framing his narrative as a call to safeguard the constitutional principles and the rights of marginalised communities.

"I want to alert the SC, ST, OBC & other backward-class people because by keeping them in darkness, they (opposition) are looting them. The election is such a time that I should make the countrymen aware of the biggest crisis that is coming. Therefore, I have been explaining this to the people. The basic spirit of the Constitution of India is being violated and that too for the sake of vote bank politics. Those who call themselves well-wishers of the Dalits, Tribals, are in reality their staunch enemies... There is an imprint of the Muslim League in their manifesto. Do you want to destroy the coming generations also for the sake of the vote bank? I will fight for the rights of my Dalit, tribal, and OBC brothers and sisters. And that's why I'm fighting the battle."

Modi claimed that those who call themselves the biggest sympathisers of the backward communities are, in reality, their biggest enemies.

Accusing the opposition of converting educational institutions into minority institutions, the Prime Minister highlighted



that this action ended protections for SC, ST, and OBC communities.

"They swiftly converted educational institutions into minority institutions, thereby eliminating reservations. For instance, in Delhi, Jamia Millia University was designated a minority institution, resulting in the loss of reservations, affecting both admissions and jobs. It later emerged that around 10,000 such institutions have been removed from the reach of SC, ST, and OBC protections," PM Modi said.

"They had made arrangements for it and even leveraged it for vote bank politics. When this concerning issue came to my attention, I felt it was my duty to take charge of the country," he added.

PM Modi expressed his concerns about the Congress party's stance on reservations, which became evident to him after they released their manifesto. He recounted his reaction to the manifesto, describing it as a reflection of the Muslim League's approach.

The Congress party, in its manifesto, 'Nyay Patra' released on April 5 mentioned that it will pass a constitutional amendment to raise the 50 percent cap on reservations for SCs, STs and OBCs.

"This manifesto gave me another shock. And that's why,

when I saw the first manifesto, my first thought was that this manifesto has the imprint of Muslim League. So for two-three days, they thought that there is no need to respond to this. When they did not give any answer, that is when I started opening up one by one. For example, in this country, they say that we will also fix quota for minorities in sports. Today, children from Punjab are doing very well in the world of sports. Our youth in Bengal are doing very well in football. Our youth in Uttar Pradesh are doing very well in athletics. The youth put in so much hard work, they wake up at 4 in the morning. Congress says this will now go to the minority, so where will my hardworking young man go? What will happen to him?" PM Modi pointed out.

The Prime Minister criticised the Congress party's proposal to reserve government tenders for minorities. He explained that for critical projects, such as constructing an important bridge, the contract should go to the company with the best track record, resources, capabilities, and qualifications.

"Suppose today a very important bridge is being built... who will build the bridge? The one who has a track record, the one who has the resources, the one who has the capability, the one who can perform, the one who

meets all the requirements. There is competition in that. And the one who wins the competition gets the tender. They don't say this. All this happens later. Now tell me, if in the same way, only on the basis of religion, quotas are given, that bridge will be built and people will be killed, then who will be responsible? Do you want to destroy future generations for the vote bank? So these were some topics that the Congress brought into their politics of vote bank and it is now up to me to save the rights of my OBC, SC, and ST brothers and sisters," he said.

PM Modi claimed that the atrocities committed by the opposition related to reservation came to light after the recent decision by the Calcutta High Court to cancel OBC certificates was declared.

"They have a modus operandi. First, they started the sin of giving it to minorities by making a law in Andhra Pradesh, they lost in the Supreme Court and the High Court rejected it because the Constitution does not allow it. So they cleverly started the game from the back door and these people overnight made all the castes of Muslim as OBCs and they robbed the OBCs of their rights," the PM said.

"When the High Court's judgement came, it became clear that such a big fraud was taking place. But what is even more unfortunate is that for vote bank politics, now they are also abusing the judiciary. And they are even saying that no matter what happens, we are not going to listen to the court. This situation cannot be acceptable under any circumstances," the PM added.

Six phases of the Lok Sabha elections have been completed so far and the final phase will be held on June 1 across 57 constituencies in 8 states.

The results of the elections will be declared on June 4.

PM Modi has ended 'rule of law': Rahul slams BJP on Dalit woman's death in Madhya Pradesh

Such incidents break the courage of every person who has no other way except to take the recourse of law to seek justice, the former Congress chief said.



NEW DELHI, May 28 (Agencies): Hitting out at the BJP over the death of a slain Dalit youth's sister in Madhya Pradesh's Sagar, Congress leader Rahul Gandhi on Tuesday alleged that Prime Minister Narendra Modi has ended the rule of law and asserted that "we will create a system where even the weakest person will be able to raise his voice strongly against oppression".

The woman, who had lodged a case last August claiming her brother, a Dalit, was beaten to death by some persons pressuring her for a compromise in a harassment case, died on Sunday after she fell from an ambulance carrying her uncle's body in Sagar.

Notably, her uncle Rajendra Ahirwar was beaten to death on Saturday night by some people over an old enmity, police sources said.

In a post in Hindi on X, Gandhi said, "Nar-

endra Modi has ended the 'rule of law'. My heart is filled with pain and anger just thinking about what the BJP leaders have done to this Dalit family in Madhya Pradesh."

It is a matter of shame that under the BJP rule, the government is always found to be standing with the culprits instead of the victimised women, he said.

Such incidents break the courage of every person who has no other way except to take the recourse of law to seek justice, the former Congress chief said.

"I assure you that we will create a system where even the weakest person will be able to raise his voice strongly against oppression. We cannot allow justice to become dependent on wealth and power," Gandhi said.

Congress general secretary Priyanka Gandhi Vadra on Monday had also slammed the Modi government over the death of the woman,

alleging that whenever sisters against whom atrocities were committed sought justice, their families were "destroyed."

In a post in Hindi on X, Priyanka Gandhi said, "This incident that happened with a Dalit sister in Madhya Pradesh is heart-wrenching. The people of BJP are after the Constitution because they do not want that women of the country, Dalits, tribals and backward people should live with dignity, nor their complaints heard anywhere."

"Be it the wrestler sisters in Delhi, the victims of Hathras-Unnao or this horrific incident, wherever women were tortured, Narendra Modi ji and his government saved the accused. If the sisters on whom atrocities were committed sought justice, their families were destroyed," the Congress general secretary had said.

The women of the country are not going to remain silent now, she had said.

The woman had alleged that her brother Nitin Ahirwar, alias Lalu, was killed on August 24, 2023, by some people who used to harass her, prompting a sit-in protest by Congress leader Digvijaya Singh in Barodia Nonagir village.

Fire breaks out at eye hospital in Delhi's Paschim Vihar

No one was injured in the blaze at west Delhi's Eye Mantra hospital and people were safely evacuated from the building.

NEW DELHI, May 28 (Agencies): A fire broke out at an eye hospital in Delhi's Paschim Vihar area on Tuesday.

However, no one was injured in the incident and people were safely evacuated from the building.

The fire broke out on the second floor of Eye Mantra Hospital around 12 noon, a Delhi Fire Services official told agency.

Six fire tenders have been pressed into service to douse the flames.

The incident comes days after seven babies died following a massive fire at a private children's hospital in east Delhi's Vivek Vihar. Five of the oxygen cyl-



inders exploded during the deadly blaze, compounding the situation.

An investigation by the National Commission for Protection of Child Rights (NCPCR) found several safety lapses at the Baby Care Centre.

In its report, the NCPCR said emergency exits were absent in the building, fire extinguishers were non-functional and there was a lack of operational fire alarms

and water sprinkler systems.

The findings of the commission were shared with the Delhi Lieutenant Governor and Police Commissioner.

Dr Naveen Khichi, the hospital's owner, and an on-duty doctor were arrested following the tragedy. They have been sent by a city court to three-day police custody.

12 dead, several feared trapped as stone quarry collapses in Mizoram amid rains

AIZAWL, May 28 (Agencies): Twelve people died and several others were missing as a stone quarry collapsed in Mizoram's Aizawl district on Tuesday morning amid incessant rains as an impact of cyclone Remal, officials said.

The incident happened around 6 am in an area between Melthum and Hlimen on the southern outskirts of the Aizawl town, they said.

"Twelve bodies have been recovered so far, while several others are suspected to be still trapped under the debris," Aizawl's Deputy Commissioner Nazuk Kumar told agency.

"We are looking for more bodies. The operations will continue till we clear the entire site," she added.

Director-General of Police (DGP) Anil Shukla told agency that heavy rains were affect-



ing the rescue operations at the disaster site.

He said the rains triggered landslides at several other places in the state and at least two persons have been "swept away".

Among the victims of the stone quarry collapse are a four-year-old boy and a six-year-old girl, another police officer said.

"We have also rescued two persons alive from the site," he said.

A landslide swept away a building in Aizawl's Salem Veng, following which three persons

went missing. Search is underway for them, an official said.

The state capital has been cut off from the rest of the country due to a landslide on National Highway 6 at Hunthar, officials said. Besides, several intra-state highways have also been disrupted by landslides, they said.

Chief Minister Lalduhoma announced Rs 4 lakh ex-gratia for the families of those killed in calamities caused by rains, including the quarry collapse.

He handed over

cheques of Rs 2 lakh each to the families of the eight Mizo people who died in the quarry collapse and said the remaining amount would be given to them soon.

Home Minister K Sapdanga told agency, "The identities of the four non-tribal people are being verified. If they are permanent residents of Mizoram, they will be given the ex-gratia amount. If they came here temporarily to work, then they will not get any financial support."

Lalduhoma said the government has earmarked Rs 15 crore to tackle disasters triggered by rains, which occurred as an aftereffect of cyclone Remal.

Later, Lalduhoma along with Sapdanga, who also handles the Disaster Management and Rehabilitation Department, visited the stone quarry site to take

stock of the situation and oversee the rescue operations.

Because of the rains, all schools were closed and government employees, except those involved in providing essential services, were asked to work from home.

Meanwhile, more than 30 families were shifted to safer places due to unprecedented flooding of the Tlawng river at Sairang village, about 21 km from Aizawl, a senior official said.

"Several farms on the bank of the river have been fully submerged by the water. The water level is continuing to rise. However, no casualty has been reported," he added.

In Aizawl town, some cemeteries have also been swept away by landslides, and over 150 graves damaged.

22-Year-Old 'Lady Don', Carrying 25,000 Reward, Arrested By Delhi Police

NEW DELHI, May 28 (Agencies): A 22-year-old 'lady don', also a member of Deepak Agrola and Karamveer Kaala gang, was arrested from Fatehpur area in the national capital, Delhi Police's Special Cell official said today.

The accused was identified as Kaili Tanwar, a resident of Ghaziabad

district in Uttar Pradesh and was also carrying a reward of 25,000 on her head.

According to police, specific input was received regarding one Kaili Tanwar, who was wanted in a murder case in Loni police station and living in the area of village Mandi, was going to be near the bus

stand in Fatehpur, Delhi.

"On the basis of the above said information she was caught and arrested from the Fatehpur area on Monday," said Deputy Commissioner of Police (Special Cell) Amit Kaushik.

During interrogation, she disclosed her involvement in the murder case and sub-

sequently was arrested in Kalandra under section 41.1 (ba) Cr.P.C. and produced before the court.

The officer said that an old rivalry between two groups in Loni led to the murder.

"The accused of this murder belongs to Deepak Agrola and Karamveer Kaala gang.

UP Police had declared a reward of 25,000/- on the arrest of Kaili," said the officer.

"Earlier on May 3, Md. Faijan a.k.a Nanhe, who was also wanted in the same case was also arrested by the team of Special Cell after a brief exchange of fire," the DCP added.

Karnataka Man Beheads Wife Over Heated Argument, Then Chops Body To Pieces

BENGALURU, May 28 (Agencies): In a shocking incident, a man killed his wife and then chopped the body into pieces in Karnataka's Tumakuru district, officials said today.

The incident took place in Hospet village in the district. The woman was identified as 32-year-old

Pushpa. The accused husband, identified as Shivaram, was arrested by the police. According to the police, Shivaram committed the crime after a quarrel with his wife on Monday night. He allegedly beheaded Pushpa and dismembered her body in the kitchen. Pushpa was

from Sagara town in Karnataka's Shivamogga district. The couple lived in a rented house with their eight-year-old child. The accused worked as a helper at a sawmill.

Preliminary investigations have revealed that the couple quarrelled frequently, said officials.

Nuclear envoys of South Korea, US, Japan condemn North Korean spy satellite launch attempt

SEOUL, May 28 (Agencies): Nuclear envoys of South Korea, the US and Japan on Tuesday strongly condemned North Korea's latest attempt to launch a military spy satellite, casting it as a blatant violation of UN resolutions and a serious threat to peace.

Lee Jun-il, director general for Korean Peninsula policy, discussed the North's botched space rocket launch in three-way phone talks with his US and Japanese counterparts, Jung Pak and Yukiya Hamamoto, respectively, Seoul's foreign ministry said in a release.

"The three sides strongly condemned that North Korea, despite the repeated warnings from the international community, went ahead with the launch of the military reconnaissance satellite," the ministry said, reports Yonhap news agency.



The envoys "stressed that it was a blatant violation of UN Security Council resolutions banning the North from any

such launches using ballistic missile technology and that its provocations pose serious threats to peace and security in the region and beyond."

The three sides vowed to con-

tinue coordination trilaterally and with the international community to prepare for the North's potential additional provocation, saying such acts will "only strengthen the three-way security cooperation."

The phone talks came after the North said it launched a new rocket carrying a military reconnaissance satellite from a launching site on its northwest coast on Monday. The launch failed due to the air blast of the rocket during the first-stage flight.

It was the first launch attempt by Pyongyang after it successfully put its first military spy satellite into orbit in November last year, following the two previous botched attempts in May and August, respectively.

Nikki Haley Blames China, Iran And Russia For October 7 Hamas Attacks



JERUSALEM, May 28 (Agencies): Former US Ambassador to the United Nations Nikki Haley blamed Iran, Russia, and China for the October 7 attack on Israel by the Palestinian group Hamas. Touring a site in Israel which was destroyed in the attack, Ms Haley issued a stark warning about the potential for similar attacks on American soil if the US remains complacent.

The October 7 assault by Hamas resulted in the deaths of 1,200 individuals and the taking of 250 hostages, marking one of the most devastating terror attacks in recent

memory.

"If we are arrogant enough, such an attack could absolutely happen in America too," Ms Haley said.

The former Florida Governor alleged that Iran orchestrated the attack, Russian intelligence provided critical support, and Chinese funding fueled the operation, though she offered no evidence to substantiate these claims. "China's been funding Iran the entire time. Russia's intelligence helped them know where everything was. Iran helped get them trained. So this isn't Hamas. These are all murderers and

accomplices," Ms Haley said as quoted by the Times of Israel.

Despite Ms Haley's allegations, there is no concrete evidence linking Russian or Chinese complicity in the attack.

Russian President Vladimir Putin's administration has been notably critical of Israel since the conflict in Gaza escalated. Moscow submitted a UN Security Council resolution calling for a halt to the fighting, criticising Israel's methods in its campaign against Hamas.

China's foreign ministry has taken a different approach, announcing plans to host Egyptian President Abdel Fattah el-Sisi and other Arab leaders in Beijing to foster a unified stance on the Palestinian issue.

Gaza has been under Israeli bombardment and ground assault since October 7, resulting in the deaths of 36,050 people, mostly civilians, according to the Hamas-run territory's health ministry.

Thailand Targets Tourism Boost With Longer Stays For Visitors, Students

BANGKOK, May 28 (Agencies): Thailand's government said on Tuesday it had approved longer visa stay periods for tourists, postgraduate students and remote workers, and better visa conditions for retirees, in a move to boost its crucial tourism sector as its economy stutters.

Starting in June, Thailand will allow travelers from 93 countries to stay for periods of 60 days, up from the current 57 nations, while more will also be eligible for visas on arrival, government spokesperson Chai Wacharonke told reporters.

Foreign students will be permitted to stay for an additional year upon graduation, while insurance requirements for for-

eigners seeking to retire in Thailand will be relaxed, he added.

Tourism is a key driver of Southeast Asia's second-largest economy and a big source of employment.

The new measures come as part of an effort to boost visitors, especially from its main and fastest-growing markets, by extending stay limits to 60 days from 30 days for on-arrival visas.

The validity of so-called "digital nomad" visas for self-employed, remote workers will be extended to five years, from 60 days presently, with each stay limited to 180 days.

Thailand recorded 14.3 million tourists in from January to May



26 this year and is targeting a record 40 million foreign arrivals for the full year, with revenue of 3.5 trillion baht (\$95.73 billion).

In pre-pandemic 2019, Thailand welcomed a record 39.9 million arrivals, generating 1.91 trillion baht.

Tanks reach Rafah's centre as Israel accelerates assault amid global scrutiny

RAFAH, May 28 (Agencies): Israeli tanks reached the centre of Rafah for the first time on Tuesday, witnesses said, three weeks into a ground operation in the southern Gaza city that has sparked global condemnation.

The tanks were spotted near Al-Awda mosque, a central Rafah landmark, the witnesses told Reuters. The Israeli military said its forces continued to operate in the Rafah area without commenting on reported advancements into the city centre.

Overnight, its forces pounded the city with airstrikes and tank fire, residents said, pressing its offensive despite an international outcry over an attack on Sunday that sparked a blaze in a tent camp, killing at least 45 Palestinians, more than half of them children, women and the elderly.

Since that strike, at least 26

more people have been killed by Israeli fire in Rafah, officials in the enclave run by Hamas militants said.

Israeli tanks pushed towards western neighbourhoods and took positions on the Zurub hilltop in western Rafah in one of the worst nights of bombardment reported by residents. On Tuesday, witnesses reported gunbattles between Israeli troops and Hamas-led fighters in the Zurub area.

Witnesses in Rafah said the Israeli military appeared to have brought in remote-operated armoured vehicles and there was no immediate sign of personnel in or around them. An Israeli military spokesperson had no immediate response.

Since Israel launched its incursion by taking control of the border crossing with Egypt three weeks ago, tanks had probed around the edges of Rafah and entered some of its eastern dis-

tricts but had not yet entered the city in full force. Reacting to Sunday night's attack in a camp where families displaced from assaults elsewhere in Gaza had sought shelter, global leaders urged the implementation of a World Court order to halt Israel's assault.

Residents said the Tel Al-Sultan area, the scene of Sunday's deadly strike, was still being heavily bombarded.

"Tank shells are falling everywhere in Tel Al-Sultan. Many families have fled their houses in western Rafah under fire throughout the night," one resident told agency over a chat app. Around one million people have fled the Israeli offensive in Rafah since early May, the U.N. agency for Palestinian refugees (UNRWA) reported on Tuesday.

Israel has kept up attacks despite a ruling by the top U.N. court on Friday ordering it to stop, arguing that the court's

ruling grants it some scope for military action there.

Spain, Ireland and Norway will officially recognise a Palestinian state on Tuesday, despite an angry reaction from Israel, which has found itself increasingly isolated after more than seven months of conflict in Gaza.

The three nations have painted their decision as a way to speed efforts to secure a ceasefire in Israel's war with Hamas.

More than 36,000 Palestinians have been killed in Israel's offensive, Gaza's health ministry says. Israel launched the operation after Hamas-led militants attacked southern Israeli communities on Oct. 7, killing around 1,200 people and seizing more than 250 hostages, according to Israeli tallies.

Israel says it wants to root out Hamas fighters holed up in Rafah and rescue hostages it says are being held in the area.

Holes Poked In Mount Fuji Barrier: Japan Town Official

TOKYO, May 28 (Agencies): A Japanese town that mounted a huge barrier to deter unruly tourists from taking photos of Mount Fuji said Tuesday that around 10 small holes have already been poked in the mesh screen.

The barrier was put up a week ago in a popular photo spot in Fujikawaguchiko town, where residents had complained about streams of mostly foreign visitors littering, trespassing and breaking traffic rules.

A town official told agency that the screen made of black netting had achieved its goal of dispersing crowds on a narrow pavement across the road from a convenience store.

Although a security guard is there between 10:00 am and 04:00 pm, the small holes appear to have been created in the morning or evening while no one was watch-

ing, he said.

"It's about manners. It's a shame," he said of the holes, big enough to fit a finger through but perhaps too small to capture the Instagram-friendly juxtaposition of the snow-capped volcano emerging from behind the store.

"I tried to put a camera up to one of the holes. Did I take a good picture? In fact, I think the net came into the frame," the official said.

Since the netting measuring 2.5 by 20 metres (eight by 65 feet) was installed on Tuesday, "there have been some people who came to see the screen itself," he added.

"But we have achieved the purpose of discouraging people from staying there."

The town, beside a scenic volcanic lake, now plans to place QR codes on the barrier to introduce the area's other tourist attractions, including alternative

places to take photos of Mount Fuji.

When the spot in front of the convenience store becomes less popular online then the town may take down the screen, the official said.

Record numbers of overseas tourists are coming to Japan, where monthly visitors exceeded three million for the first time in March and then again in April.

But as in other tourist hotspots, such as Venice which recently launched a trial of entry fees for day visitors, the influx has not been universally welcomed.

In Japan's ancient capital of Kyoto, locals have complained of tourists harassing the city's famed geisha.

And hikers using the most popular route to climb Mount Fuji this summer will be charged 2,000 yen (\$13) each plus an optional 1,000 yen donation, with entries capped at 4,000 to ease congestion

China "Expresses Its Grave Concern" Over Israeli Strike In Rafah

BEIJING, May 28 (Agencies): China expressed on Tuesday "grave concern" over Israel's military operations in Rafah, where an Israeli strike killed dozens in a displaced persons camp.

China "expresses its grave concern over the ongoing Israeli military operations in Rafah", foreign ministry spokeswoman Mao Ning said.

The UN Security Council is set to convene an emergency meeting Tuesday over Israel's operations in the southern Gaza border city.

An Israeli attack targeting two senior Hamas members on Sunday sparked a fire that ripped through a displacement centre, killing 45, according to Gaza health officials.

The attack prompted a wave of international condemnation, with Palestinians and many Arab countries calling it a "massacre". Israel said it was looking into the "tragic accident".

On Tuesday, Beijing urged "all parties to protect civilians and civilian facilities".

It also said it "strongly urges Israel to listen to the appeals of the international

community and to stop its attacks on Rafah".

Beijing has been calling for an immediate ceasefire since the start of the current Israel-Hamas war in October last year.

China has historically been sympathetic to the Palestinian cause and supportive of a two-state solution to the Israeli-Palestinian conflict.

And President Xi Jinping has called for an "international peace conference" to resolve the fighting.

The war in Gaza started after Hamas's October 7 attack on southern Israel, which resulted in the deaths of more than 1,170 people, mostly civilians, according to an agency tally based on Israeli official figures.

Militants also took 252 hostages, 121 of whom remain in Gaza, including 37 the army says are dead.

Israel's retaliatory offensive has killed at least 36,050 people in Gaza, mostly civilians, according to the Hamas-run territory's health ministry.

Another pandemic 'absolutely inevitable': Top UK scientist's warning

LONDON, May 28 (Agencies): As the world is just getting over Covid-19 after four years, a top British scientist warned that another pandemic is "absolutely inevitable".

The former chief scientific adviser to the British government, Sir Patrick Vallance, urged the UK government to prioritise preparations for the pandemic and emphasized that the country is "not ready" for it yet, agency reported.

According to the report, Vallance, speaking at a panel event at the Hay Festival in Powys, stressed that the UK government must implement "better surveillance" to detect the threats of the virus.

He also recommended some measures to prevent drastic steps during the Covid-19 pandemic, such as diagnostic tests, vaccines, and treatments. The



top scientist believes that such measures could be implemented, however, it would require some coordination.

"We know we have to have an army, not because there's going to be a war this year, but we know it's an important part of what we need as a nation. We need to treat this preparedness in the same way and not to view

it as an easy thing to keep cutting back when there's no sign of a pandemic - because there won't be a sign of a pandemic," he said, as quoted by agency.

According to the report, Vallance also said that by 2023, G7 had "sort of forgotten" his points about the pandemic preparations in 2021. "You can't forget about it," he said.

The British scientist, during the panel event, mentioned the World Health Organization's (WHO) pandemic accord, calling it a "positive step". However, he also criticised its "lack of focus and urgency".

Last week, the WHO said that Covid-19 has cut global life expectancy by almost two years, wiping out a decade of progress. According to the UN health agency's world health statistics study, global life expectancy fell 1.8 years to 71.4 years - the same level it was in 2012.

The study said that the amount of time an average person can expect to live in good health fell 1.5 years to 61.9 years in 2021.

The Covid-19 pandemic raged between 2019 to 2021, following which small waves of the virus were witnessed across the world.

Shabeel of sweet water organized in Jammu

Top News Report

JAMMU, May 28: In the presence of Sunil Dimple, President of Mission Statehood, prominent citizens organized a "Shabeel" of cold sweet drinking water and a "Langar" in the intense 43-degree heat on Janipur High Court Road in Jammu.

During the event, Dimple addressed the gathering, criticizing the Power Development Department (PDD) and the J&K government for imposing a four-hour power cut, which often extends to eight to ten hours with low tripping voltage.



He warned against unscheduled power cuts, low voltage, and electricity fluctuations that are causing electrical appliances like fridges, cool-

ers, and fans to malfunction, exacerbating the extreme summer conditions. Dimple demanded that Lieutenant Govern-

ment's privatization. He criticized the Jammu and Kashmir Power Development Corporation Limited (JKPDCL) for the billing irregularities following the installation of prepaid smart meters. Dimple emphasized that the Amarnath Yatra is commencing soon and insisted there should be no power cuts during this period. He encouraged pilgrims from all states to participate in the Amarnath Yatra, assuring them that the people of J&K and the government have made comprehensive arrangements for their stay, including providing Langars.

Jammu & Kashmir sees historic voter turnout: Vivek Bali

Top News Report

SRINAGAR, May 28: JD(U) State General Secretary Vivek Bali said, "We are immensely grateful to the people of Jammu & Kashmir, the administration, the Lieutenant Governor, and the security forces for ensuring smooth and incident-free polling during the recent elections."

The exemplary conduct of this democratic exercise is a testament to the collective commitment to peace and progress in the region. Bali added that the voter turnout in this election has reached a remarkable level, the highest in 35 years, signaling a new era for Jammu & Kashmir. This significant increase in voter participation reflects the renewed faith and hope among the citizens for a



prosperous and vibrant future.

"We extend our heartfelt thanks to Prime Minister Narendra Modi and Home Minister Amit Shah for their unwavering focus on the development of Jammu & Kashmir," Bali said. Their continued support and initiatives have been pivotal in driving the region towards unprecedented growth and stability.

However, Vivek Bali said, "We urge the central government to fulfill the promise of restoring

statehood to Jammu & Kashmir. This crucial step is necessary for ensuring democratic governance and meeting the aspirations of the people. The time has come to bring this promise into action."

"We also call upon the Election Commission to announce the dates for the assembly elections at the earliest. Timely elections are essential for upholding democratic principles and enabling the people of Jammu & Kashmir to choose their representatives and voice their opinions effectively," Vivek Bali said.

The new Kashmir is truly touching new heights, and this achievement is the result of the collective efforts of every individual in the region. Together, we are building a brighter future for Jammu & Kashmir.

Shree Machail Mata Yatra crosses 4K marks in initial days



Top News Report

KISHTWAR, May 28: The revered Shree Machail Yatra has commenced by crossing 4000 marks in initial days, with the auspicious opening of the Kappat (Door) at the Shree Chandi Mata Temple in Machail, Paddar of District Kishtwar.

Pertinent to mention that the celebrations on the Baisakhi Parv, marks the beginning of one of the most significant pilgrimages in the Jammu Division, second only to the Katra Mata Yatra.

The popularity of Shree Machail Yatra has soared in recent years, with over 2 Lakhs pilgrims visiting last year alone.

Pilgrims began arriving in tens following the opening of the temple doors, and the numbers grow into hundreds and thousands leading up to the holy mace (Chhari) procession in August Month.

According to official reports, the total number of pilgrims visiting the Machail Bhawan has already surpassed 4,000. Today's darshan was performed by 26 pilgrims, including 22 males and 4 females, bringing the total to 4,106 pilgrims to date.

The weather at Machail Bhawan remains clear, ensuring a smooth experience for the devotees ahead.

The Divisional Commissioner Jammu, Ramesh Kumar, in collaboration

with the district administration Kishtwar and local administration, is diligently working to provide comprehensive arrangements for the Yatris, this year too.

Initially, the Aora Langer near Bhawan Machail is offering meals to the pilgrims and more langars will be provided by devotees in coming days.

Additionally, lodging facilities at the Yatri Bhawan, Sapphire Guest House by district administration Kishtwar besides various tent accommodations are available to ensure comfort for the visitors.

With the footfall expected to exceed 3 Lakhs this year, the Deputy Commissioner Kishtwar, Dr. Devansh Yadav (IAS), has emphasized the administration's efforts to expedite infrastructure projects. These include enhancements to roads, water supply, footpaths, sanitation and Security to ensure a safe and pleasant journey for the pilgrims.

The addition of road Mavoo onwards on the Gulabgarh to Machail axis, new bridges, and repairs to existing infrastructure aim to provide a safe, and hassle-free experience to Yatris amid challenging geography.

The Officer informed that in coming days, the facilities as per the increasing footfall will be enhanced for the Yatris including the chopper

facility from Gulabgarh to Machail, to and fro for more comfortable spiritual journey.

Dr. Devansh Yadav has urged pilgrims to visit the official Machail Yatra website at <https://shrimachailmatayatra.com> for updated information regarding the Yatra, including weather conditions, routes, and other facilities. This resource is designed to help pilgrims stay informed and address any queries they may have.

The administration remains committed to ensuring a seamless and spiritually fulfilling experience for all devotees participating in the Shree Machail Yatra this year.

Illegal constructions on State land unabated in Anantnag, Admin silent

Top News Report

ANANTNAG, May 28: Despite a ban imposed by the government, illegal constructions on state land go unabated at Chirhama area of Malpora in south Kashmir's Anantnag district as authorities fail to take action against the encroachers and violators.

Violators, as per residents, are raising constructions on state in the area. They said that violators are take undue advantage of the situation and raising constructions without seeking

permission from concerned authorities.

"We informed every concerned official about the illegal construction on state land. But the action against the accused remain only on papers," the locals said.

Locals said that influential people were also encroaching state land in various areas of the district.

When contacted, Tehsildar Anantnag, Sajad Ahmad said that strict action will be taken against the person who are involved in this practice.

DDC organizes educational visit cum interactive session at JKEDI

Top News Report

SAMBA, May 28: The Institutional Innovation Cell of Dogra Degree College, organized an educational visit cum interactive session at JKEDI today on the 28th of May 2024 for the students of BBA/BA/B.Com semester 2nd to make the students aware of innovation and start-up programs in J&K. The purpose of the visit was to create awareness and gain potential practical exposure for the students about incubation centers and startups. Dr. Vinod & Mr. Sourab Mengi were the resource persons for the event. The program started with the presentation of Saplings to the resource persons.

The First session included a visit to the Incubation center at JKEDI in which around 40 students participated. Mr Sourabh Mengi took the students and visiting faculty for an elaborate tour of the JKEDI Incubation Center wherein the students were briefed that the incubation center and the cubical space facilities were available free of cost for entrepreneurs and also showed the full Incubation Centre to the students to make the students familiar with the facilities available there. The primary objective of the incubation center is to provide a platform for conceiving, realizing,

promoting, and nurturing knowledge based on innovation and entrepreneurship among all aspiring entrepreneurs.

The Second session included a lecture on "The Overview of Self Employment Schemes in J&K, JK Startup Policy" by Dr. Vinod. He gave a brief of JKEDI, their services, and self-employment schemes in the Union Territory of J&K such as DIC PMIEGP, Mumkin, Spurring, and Tejaswani Entrepreneurship initiatives.

Sourab enlightened the students about the Jammu and Kashmir Startup Policy 2024-2027 to nurture and inspire the young entrepreneurial brains of J&K to pursue innovation and entrepreneurship fostering a vibrant and conducive startup ecosystem.

The program concluded with the presentation of a Vote of thanks by Amanpreet Kaur, Co-convenor Institutional Innovation Cell, DDC.

Dr. Bela Thakur, Principal, Dogra Degree College, appreciated the efforts of IIC for organizing such an event to equip the students with the knowledge of startups and innovation schemes in J&K.

The whole program was ably conducted under the supervision of Rachana Devi, Convenor, IIC ably assisted by Ashish Thakur, Monika and Amarpreet Kaur, Faculty DDC.

DC Doda launches 'Clean Bhaderwah, Green Bhaderwah' campaign

Top News Report

BHADERWAH, May 28: Going one step ahead to ensure cleanliness and preservation of tourist destinations, District Administration Doda along with Bhadarwah Development Authority and other departments and stakeholders started 'Clean Bhaderwah, Green Bhaderwah' campaign on Tuesday by involving all stakeholders under its ongoing "Swatchhata Pakhwada" Campaign.

The campaign was launched at Nalthi area of Bhaderwah on Bhaderwah-Pathankot highway by DC Doda Harvinder Singh along with ADC Bhaderwah Sunil Kumar, CEO BDA Bal Krishna, SP Bhaderwah Vinod Sharma and EO Municipality Bhaderwah.

The campaign started with handing over a carry bag to a tourist by DC Doda Harvinder Singh and others at Nalthi point which leads to famous tourist destination Guldanda, Thanthera and Chattargala pass on Bhaderwah-Pathankot highway.

Amir Rafiqi Publicity Officer BDA, SHO Bhaderwah Sandeep Parihar, Entrepreneur Touqeer Bagban, members associated with Tourism industry, Hoteliers, Guest

House owners and locals were also present on the occasion.

DC Doda Harvinder Singh said that the campaign is a part of our mission to ensure cleanliness of all tourist destinations of Bhaderwah, which has become a favourite among the tourists.

"We will provide a carry bag to all Tourists, Visitors and locals to carry all bio non-degradable material, which they carry with them to tourist destination including Warapers, bottles, Polythene and others, handover to a person at start point, who has been deployed to collect and it's disposal," DC added, adding that Administration along with Bhadarwah Development Authority last week took the initiative to preserve nature by cleaning dirt and bio non-degradable waste from all the tourist destinations, which is being left dirty by the visitors & vendors.

CEO BDA Bal Krishna said that it's a beginning of tourist season in Bhaderwah and we are already receiving huge flow of visitors. "We are committed to provide the best ever experience to our visitors, that's why we are continuously working to keep our tourist destinations clean and green for a memorable experience for our guests," CEO added.

"The campaign is aimed at to inculcate a sense of responsibility among all visitors as well as locals towards nature, which is being polluted by us," CEO expressed, adding that we all are stakeholders of nature so it's our prime responsibility to keep it clean and green.

It is notable that last week Administration along with Bhadarwah Development Authority(BDA), Municipal Committee Bhaderwah, RDD and others participated in weeklong massive cleanliness drive under "Swatchhata Pakhwada" Campaign to keep all tourist destinations free from dirt and bio non-degradable material in Bhaderwah.

The officers also motivate the tourists and visitors not to throw polythene, wrappers and other bio non degradable substances for the sake of environment and to save the natural beauty of high altitude tourist destinations.

It is notable to mention here that according to the figures issued by BDA more than 1.2 lakh tourists visited Bhaderwah since last 2 months as pleasant weather is boosting the tourism sector in Bhaderwah in a big way.

FROM PAGE 1

India, France to begin negotiations this week in mega Rs 50,000 Crore Rafale Marine Jet deal

the Indian Navy's aircraft carriers – INS Vikrant and INS Vikramaditya in December itself.

The response to India's Letter of Acceptance had been submitted by France in New Delhi.

The Indian side has carried out a detailed study of the French bid for the Indian deal including the commercial offer or price for the aircraft, along with other details of the contract, they said.

India will now go in for tough negotiations in the deal with French government officials, as it is a government-to-government contract.

The Navy Chief has directed his team to ensure that the timeframe required for the project is squeezed significantly to ensure early finalisation and induction of the planes in the inventory.

Two terrorist associates held along with arms, ammunition in Anantnag: Police

rounds were recovered from their possession.

The officer said that further investigation into the matter has been initiated.

Jammu authorities announce daily power cuts, set up control rooms to deal with heat-wave

rooms and appoint nodal officers in each district to handle complaints related to power and water supply.

Kumar, who chaired a meeting to deal with the issue, emphasised the need to maintain a buffer stock of transformers and water tankers in each district to meet the public demand.

He urged officials to augment water and power supplies to minimise public inconvenience during the summer.

An official said it was decided that the chief engineers must ensure their teams are ready for timely repair of pipelines and replace public health engineering motors and damaged transformers.

"Engineers must be responsible and accountable for delivering services," the person said.

Jammu has been reeling under an extreme heat for the past fortnight.

Jammu city on Monday recorded its hottest day of the season at 42.8 degrees Celsius, 3.7 degrees above normal for this time of year, according to the meteorological department.

Police solves 2019 temple priest murder case, main accused nabbed from Haryana

which pointed to the involvement of two notorious criminals — Tarlok Singh of Uttar Pradesh and Ashish Kumar alias Hansai Nath of southwest Delhi, a police official said.

He said both the accused fled after the murder. It was later learnt that Singh had died.

However, the police continued to make efforts to arrest Kumar, the official said and added he was finally apprehended from Haryana's Jind district by a special team from Bakshi Nagar police station.

The official said investigations revealed that Singh and Kumar operated as part of a gang involved in multiple criminal activities, including theft, cheating and murder, across states such as Uttar Pradesh and Haryana.

Following Kumar's arrest, all necessary legal formalities were completed and the charge sheet in the case was filed, he said.

Properties of two terror handlers based in Pakistan attached in Baramulla: Police

The action was taken under sections of 83 CRPC & are linked with case FIR No.34/1995 u/s 7/25 Indian Arms Act, 4(III) TADA Act & 105/1996 u/s 2/3 EIMCO Act of PS Uri.

The property was identified belonging to terror handlers during the course of investigation/enquiry conducted by Police.

The operation reaffirms the commitment of Police to combat the terror activities.

I-T Dept asks taxpayers to link PAN with Aadhaar by May 31 to avoid higher TDS deduction

These specified institutions are required to furnish the details of certain financial transactions or any reportable account registered/recorded/maintained by them during the year.

Delay in filing of SFT returns may attract a penalty of up to Rs 1,000 for each day of default. Non-filing or filing inaccurate statement may also lead to levy of penalty.

Through SFT, the income tax department keeps a track of high value transactions undertaken by an individual.

Night temp hovers above normal in J&K amid dry and hot weather forecast

Regarding the forecast, the Met office said that till May 29, generally dry and hot weather is expected even as the possibility of thundershower activity at isolated places can't be ruled out.

From May 30-31, he said, partly to generally cloudy weather is expected with light rain/thunder at isolated places.

From June 1-2, weather is likely to be partly to generally cloudy with light rain/thunder at isolated places. From June 3-5, generally dry weather is expected.

He said no respite in heat wave or hot & dry weather conditions is expected over plains of Jammu Division during next 7 days. At the same time, he said, slight relief from Heat wave/Hot & dry weather conditions is expected during May 30-31 and June 1-2 in most parts of Kashmir Division as well as few hilly areas of Jammu Division. "Another spell of heat wave is expected from June 3 onwards," he said and urged people to avoid heat exposure besides drinking a lot of fluid and water.

Fire engulfs forest areas of Kathua, Rajouri

some areas in Rajouri have been experiencing forest fires for the past three days, with continuous efforts being made to contain them. Despite the severity of the fires, no human casualties have been reported.

According to the fire service department, there are currently 10 to 13 fire incidents occurring daily, attributed to the rising temperatures.

Dr Pawan Kotwal presides 9th UT-Level Bankers' Committee Meeting

Top News Report

LEH, May 28: The Advisor to the Union Territory of Ladakh/Chairman of the Union Territory Level Bankers Committee, UT Ladakh, Dr Pawan Kotwal presided over the 9th Meeting of the Union Territory Level Bankers Committee (UTLBC) of UT Ladakh for the quarter ended December 31, 2023, and March 31, 2024, at Leh.

The Assistant General Manager, State Bank of India/Convenor UTLBC of UT Ladakh, Tsering Morup highlighted the significant achievements of banks in UT Ladakh for the quarter ending March 2024 through a Power-Point presentation. The presentation emphasized the remarkable progress made under various banking schemes aimed at fostering economic development and financial inclusion in Ladakh.

The Banks achieved 118% by disbursing a total credit of Rs.970.95

Crore under Priority Sector advances against the Annual Credit Target of Rs.821.03 Crore. The overall achievement under Priority and Non-Priority sector advances by all banks in UT Ladakh is 148% by the year-end i.e. March 2024.

The Chairman Dr Pawan Kotwal was informed that the total deposits as of March 31, 2024, stood at Rs.9193.08 Crore as compared to Rs.8593.25 Crore as of March 31, 2023, with the deposit's growth of 7% on a year-on-year basis. The total credit as of March 31, 2024, stood at Rs.4166.75 Crore as compared to Rs.3618.63 Crore as of March 31, 2023, with a credit growth of 15.15% on a year-on-year basis in UT Ladakh. The overall CD Ratio of UT Ladakh is 45.32% for the Year ended March 31, 2024.

Advisor Ladakh Dr Pawan Kotwal highlighted the importance of various government schemes,

including the Solar Roof-top Scheme and the Atal Pension Yojana. He stressed that these schemes are essential for the financial and social well-being of the community and should be given utmost priority. He directed all the banks to come forward in sanctioning the loan under the Solar Roof-top Scheme and focused that banks should make efforts to cover all eligible beneficiaries under the Social Security Scheme universally.

The Chairman directed all the Banks to sanction loans for craftsmen under the PM Vishwakarma Scheme. He also directed the sponsoring department to visit the Training Centre of Private Agencies to check the quality of training given to the PM Vishwakarma beneficiaries. He instructed all heads of banks to ensure that their successors complete and wrap up all duties before leaving their job stations or before being transferred.

Dr Pawan Kotwal also released a focus paper outlining the strategic financial goals for the fiscal year 2024-2025. This document serves as a roadmap for achieving targeted economic growth and development in the region.

The Additional General Manager of NABARD, Sonika Rana presented a comprehensive presentation covering several key initiatives, including the promotion of solar energy, research and development, homestay initiatives, village development, skill development, and the expansion of the tourism sector.

Dr. Pawan Kotwal directed NABARD officials to prioritize the formation and implementation of quality control and standardization measures for Ladakh's unique products. He urged the officials to focus on developing quality schemes that will ensure the authenticity and marketability of these products, thereby

strengthening the local economy.

Lastly, Additional General Manager, Rajeev Kumar Chhabra concluded the meeting with a vote of thanks to all the dignitaries and other participants from line departments and banks.

The meeting was attended by the Principal Secretary, Sanjeev Khirwar; Commissioner Secretary, Padma Angmo; Administrative Secretary, Vikram Singh Malik; Under Secretary, Mohit Sharma; representative of District Magistrate, Leh; Directors of concerned departments; Regional Director (J&K & Ladakh) Reserve Bank of India, Jammu; General Manager, RBI; Chief General Manager, NABARD Jammu; General Manager, State Bank of India; and senior representatives of the member banks and financial institutions, while District Magistrate, Kargil; and Chief General Manager, SBI joined the meeting virtually.

Samsung unveils Galaxy F55 5G in India

Top News Report

JAMMU, May 28: Samsung, India's leading consumer electronics brand, has launched the Galaxy F55 5G, the most premium smartphone in its Galaxy F series. This latest offering features a sophisticated vegan leather design with a unique saddle stitch pattern, marking the first of its kind in the F-Series. Available in the elegant colors Apricot Crush and Raisin Black, the device is not only stylish but also incredibly ergonomic, weighing just 180 grams and measuring a sleek 7.8mm in thickness.

The Galaxy F55 5G boasts a 6.7-inch Full HD+ Super AMOLED+ display, delivering stunning visuals with 1000 nits of brightness and Vision Booster technology for clear viewing

even in bright sunlight. Its 120Hz refresh rate ensures smooth scrolling and an elevated user experience, particularly appealing to tech-savvy Gen-Z and millennials. Powered by the 4nm Qualcomm Snapdragon 7 Gen1 processor, the device supports seamless multitasking, fast downloads, smooth streaming, and uninterrupted browsing thanks to its 5G connectivity.

Photography enthusiasts will appreciate the 50 MP (OIS) No Shake Camera, which provides high-resolution, shake-free photos and videos, complemented by an 8MP ultra-wide sensor and Nightography capabilities for impressive low-light shots. The front camera also offers 50MP resolution for detailed, sharper selfies. The Galaxy F55 5G is equipped with a

5000mAh battery and supports 45W super-fast charging, ensuring prolonged use with minimal downtime.

Samsung emphasizes security with the inclusion of Knox Security and Samsung Knox Vault, a hardware-based system providing comprehensive protection against attacks. The Galaxy F55 5G also introduces innovative features like Voice Focus, which reduces ambient noise during calls, and Quick Share, enabling instant file sharing across devices. Samsung's commitment to customer satisfaction is further highlighted by the promise of four generations of OS upgrades and five years of security updates, ensuring users enjoy the latest features and enhanced security for years to come.

JKTF delegation meets with Director School Education Jammu

Top News Report

JAMMU, May 28: A delegation from the Jammu Kashmir Teachers' Forum (JKTF), led by J.A. Agah, JKUT Coordinator, convened with the Director of School Education Jammu at Chenab Bhawan, Kishtwar. Accompanying the delegation were District President of Kishtwar, Sh. Rajesh Parihar, Senior Lecturer Jnb Mohd Ayoub Zargar, and District President of Doda, Mohd Yaseen.

During the meeting, the District President of Kishtwar highlighted crucial issues concerning the teaching community, particularly pending Departmental Promotion Committee (DPC) cases for advancement to higher grades and confirmation of grades. Additionally, the District President of Doda brought attention to the pressing matter

of headless Higher Secondary Schools and High Schools. He also demanded the continuation of the CRC's staff for understaffed higher secondary schools in the Chenab Valley to address learning gaps among disadvantaged students.

Furthermore, J.A. Agah and Anis Ahmed Wani requested the Director for a smooth and expedited transition of teacher grades 2 and 3 to substantive posts. They also raised concerns about the transfer of teachers, masters, and lecturers, especially in rural areas of the Chenab Valley, to foster job diversity and alleviate long-standing stagnation issues.

After attentively listening to the various issues raised, the Director of School Education, Jammu, assured the delegation that he would personally address the

matters on a priority basis once the Model Code of Conduct is lifted. He pledged to consider and resolve genuine demands accordingly.

The delegation included Raj Kumar (General Secretary), Mohd Aslam Qazi (Senior Vice President), Deepak Sharma, Anil Kumar, and Davinder Sharma (Secretary), along with Qazi Azad Hussain and Shafiq Khanday (Cashier), Pardeep Badyal and Liyaqat Hussain (Publicity Secretary).

Also present were Anis Ahmed Wani, JKTF DA Doda, Madan Lal (Vice President Zone Bhatyas), Abid Hussain Zargar, Irshad Ahmed Malik, Mahesh Kumar (Executive Member), Sanjeet Kumar Baghat, Jnb Ayatullah Zargar, Jnb Nazakat Hussain Sahb, and other members of the forum.

PM Modi administration redesigned India's healthcare system: Rekha Mahajan

Top News Report

JAMMU, May 28: The Bharatiya Janata Party (BJP) promised to expand its Ayushman Bharat Health Insurance scheme to cover all citizens. This was stated by BJP District President Jammu South Rekha Mahajan while distributing the "Ayushman health insurance cards," also known as golden cards, here at her residence/office in response to the persistent request of the residents of Trikuta Nagar of Bahu Constituency in Jammu South. While distributing the ayushman golden cards to the common masses, Rekha Mahajan accompanied by District Secretary Jammu South Rohini Chandan, Treasurer Rajesh Gupta and others were present



on the occasion. Rekha Mahajan asserted that all senior citizens over 70 and the transgender community will be brought under the ambit of the Center's health scheme, the Ayushman Bharat Yojana. She highlights that the BJP, under the banner of PM Modi, has been working tirelessly to ensure social development and social inclusion in a true sense for all segments of soci-

ety. Women's participation and contribution will be the focus of the next five years, according to Rekha Mahajan. The IT, travel, education, health, and retail industries will all train women.

She promised that the BJP will begin implementing the manifesto's pledges as soon as the results of the June 4 elections are announced. Rekha also expressed

confidence that the BJP will form the next government with more than 400 seats in the Lok Sabha.

The BJP leader added that the "Modi ki guarantee" is equivalent to 24-carat gold and has emerged as the gold standard of governance. Rekha Mahajan said in the last ten successful years, the Modi government had overhauled the country's health infrastructure from a primary to tertiary level while ensuring the provision of free treatment for up to Rs 5 lakh for the general public.

Rekha ensures that under the PM Modi-led government, nobody is left out, especially women, children, and the elderly; there is no cap on family size or age in the scheme.

The policy benefit coverage also included pre- and post-hospitalization expenses, and all pre-existing conditions were covered from day one. Rekha educates that a defined transport allowance per hospitalization is also paid to the beneficiary under the scheme. She said as India continues its journey towards becoming a global healthcare hub, the initiatives undertaken under Prime Minister Modi's leadership have laid the foundation for a healthier and more resilient nation. The commitment to health and well-being is reflected not only in policies but also in the endeavor to create a future where every citizen can access quality healthcare services, irrespective of their socio-economic status.

'The - Sara' launches 'Safe Periods 365' Initiative

Top News Report

JAMMU, May 28: 'The - Sara', a registered non-governmental organization, on the occasion of 'World Menstrual Hygiene Day 2024' to manage menstrual health and hygiene of girl students launched 'Safe Periods 365' initiative. Under the 'Safe Periods 365' initiative 'The - Sara' with the support of Macmillan Pharmaceuticals Pvt. Ltd. under Corporate Social Responsibility (CSR) Program adopted Shaheed Naib-Subedar Parshotam Kumar Govt. High School Majua Uttami in Bishnah zone of Jammu district.

Under the initiative 'The - Sara' team led by

Gurjeet Kour Ghuman distributed sanitary pads among nineteen girl students of the menstruating age in the presence of in-charge headmaster of the school Yaseen Ahmed and teachers of the school.

Speaking on the occasion Gurjeet Kour Ghuman said, "India is plagued by astounding levels of 'period poverty' and 'period poverty' denies women a basic right to safe menstrual hygiene management.

To tackle 'period poverty' and spread awareness about menstrual health and hygiene among the school girls across UT's of Jammu & Kashmir and Ladakh 'The - Sara'

has launched 'Safe Periods 365' initiative." She added under the initiative, the 'The - Sara' shall provide sanitary pads to the school girls of menstruating age on monthly basis for one full academic session.

On the occasion field volunteer with 'The - Sara' Minakshi Sharma conducted interactive session with the girl students and sensitized them about the importance of menstrual health and hygiene in their life.

Yaseen Ahmed in-charge headmaster of Shaheed Naib-Subedar Parshotam Kumar Govt. High School Majua thanked members of 'The - Sara' for their efforts to support the girl students.

Inter Zone District Level Tournament enters day 3

Top News Report

KATHUA, May 28: Kathua witnessed the third day of the Inter Zone District Level Tournament, where boys under 14 years old participated in various competitions including kabaddi, kho kho, volleyball, badminton, chess, table tennis, wrestling, football, and cricket.

The girl players also showcased their talents across different disciplines, displaying enthusiasm and determination in their matches.

Ahead of the day's events, District Youth Services and Sports Officer Sunil Singh Sambyal interacted with the cricket team players, wishing them luck.

In the day's results, Kathua emerged victorious over Barnoti in the kabaddi final by a narrow margin of one point. Marheen triumphed over Lakanpur in the volleyball final with a score of 2-0 sets, while Lakanpur clinched victory over Marheen in the kho-kho final.

Additionally, Aryan from Zone Hiranagar secured the first position in rope skipping, followed by Ansh from Zone Sallan. Kathua also secured victory over Hiranagar in the badminton final, while Lakanpur emerged victorious in the chess match against Kathua.

Ramakrishna Mission Medical Centre to hold free neurology camp on June 1

Top News Report

JAMMU, May 28: Ramakrishna Mission Medical Centre, Udhewala, Jammu, is organizing a free neurology camp on June 1, 2024, extending its services to the community in an effort to promote health and wellness.

The camp will feature a team of esteemed medical professionals, including renowned neurologist Dr. Sushil Razdan, D.M (Neurology) M.D., Dr. Rajni Razdan, a Gynaecologist, and Dr. KK Pandita, a Physician MD. They will offer their

expertise in various fields, ensuring thorough and specialized medical attention for all attendees. Only limited number of patients will be examined throughout the day by registering first cum first serve basis.

Attendees will benefit from a wide range of free medical services, including blood sugar checks, HbA1c tests, and blood pressure measurements. Additionally, the camp will provide access to specialist consultations in cardiology, orthopedics, ENT, ophthalmology, dentistry, physiotherapy, and psychology.

In a special offer, the

camp will provide a full body checkup, covering 65 parameters, at a 50 percent discounted price of only Rs 700, as opposed to the regular Rs 1400. This offer is aimed at making comprehensive health checkups accessible to a broader segment of the community.

Registrations are now open for the health camp. Interested individuals are encouraged to call 95969-84032 to secure their spot. It is important to note that services will be offered on a first-come, first-served basis, highlighting the need for prompt registration.

Area Marketing Office Ramban hosts awareness camp on Marketing Event and Promotional Activities

Top News Report

RAMBAN, May 28: The Area Marketing Office Ramban, Sunil Bakshi successfully organized a one-day awareness camp on marketing events and promotional activities at the Fruit and Vegetable Mandi in Batote.

The event was presided over by the Deputy Director of the Horticulture Planning and Marketing Department, Jammu, Ayaz Ahmad Natnoo.

The camp featured SK Koul, Assistant Agricultural Marketing Advisor

from the Directorate of Marketing Inspection, Government of India, as the Guest of Honour. Additionally, Tehsin Iqbal Chib, Assistant Director (G&P) Jammu, attended the event and emphasized the importance of Farmer Producer Organizations (FPOs) and Cooperatives taking full advantage of the Horticulture Area Development Programme (HADP) schemes.

Members of FPOs and the Fruit and Vegetable Growers Cooperative Marketing Society

(FVGCMS) of district Ramban actively participated in the camp, engaging in discussions and gaining valuable insights into marketing strategies and promotional activities to enhance their agricultural ventures.

Through such initiatives the Horticulture Planning and Marketing Department continues its efforts to support and uplift the agricultural community by providing essential knowledge and resources for better marketing and promotional practices.

IGNOU & ICMAI collaborate to start programme "Diploma in Agricultural Cost Management"

Top News Report

JAMMU, May 28: Indira Gandhi National Open University (IGNOU) has been at the forefront of making higher education accessible to the hitherto unreached through its open, distance learning, and online modes. The Institute of Cost Accountants of India is the second largest Cost & Management Accounting body in the world and the largest in Asia.

Presently, the Institute has about 85000 qualified CMAs both in employment & practice and more than 5 Lakh students pursuing the CMA Course. IGNOU's School of Agriculture has launched a new educational programme "Diploma in Agricultural Cost Management (DACM)" in collaboration with the Institute of Cost Accountants of India (ICMAI).

IGNOU and ICMAI have jointly developed an Open and Distance Learning (ODL) programme "Diploma in Agricultural Cost Management". The programme covers farm accounting and costing, agri supply chain management, prudent utilization of land, water management and other associated farming activities.

The purpose of "Diploma in Agricultural Cost Management" is to educate and train learners to efficiently manage farm costs and enhance agricultural productivity and provide insight into various activities including strategic decision-making related to different aspects of agricultural production, crop cultivation, livestock rearing, financial planning, resource allocation, marketing, and risk mitigation.

The DACM programme's major objectives include optimal resource

utilisation, proficiency in knowledge, skills, and entrepreneurial capabilities towards farm cost management, value chain, and supply chain management.

The course targets urban and rural youth, small and medium entrepreneurs, farmers' organizations, NGO functionaries and trainers and progressive farmers, with a minimum eligibility requirement of passing 10+2 in any discipline. The course duration ranges from a minimum of one year to a maximum of three years.

"Diploma in Agricultural Cost Management" programme offers a comprehensive range of courses in agriculture, catering to the diverse needs of students and professionals in the field.

and techniques related to cost management in agriculture.

The "Farm Cost Management" part focuses specifically on managing costs within farm operations to enhance efficiency and profitability. The courses together form a comprehensive curriculum designed to prepare individuals for various roles and responsibilities in the agricultural sector, ranging from farm management to entrepreneurship and organizational leadership.

"Admission to the programme for the July 2024 session is already open. For admission, online forms are invited at <https://ignouadmission.samarth.edu.in/>. More information about the programme is available on the national website of IGNOU www.ignou.ac.in", said Dr. Jai Prakash Verma Regional Director, IGNOU Regional Centre Jammu.

India Get Virat Kohli Boost Ahead Of T20 World Cup Warm-up Clash Against Bangladesh: Report

Virat Kohli, who is on a break at present, is set to join Team India squad in time for T20 World Cup 2024 warm-up clash against Bangladesh.

NEW DELHI, May 28 (Agencies): After taking a break from the Board of Control for Cricket in India (BCCI), Virat Kohli is reportedly set to rejoin his teammate ahead of the T20 World Cup 2024 warm-up game against Bangladesh. Kohli didn't fly with the first batch of Indian players, having decided to spend some time with family before the T20 World Cup commitments had him flying all the way to the United States of America. As Kohli sought break, doubts emerged over his availability for the warm-up clash against Bangladesh on June 01. But, it has now been reported that the talismanic top-order batter will be ready for the practice game.

"He will reach New York before the warm-up vs Bangladesh on June 1. Whether he plays or not in the warm-up will be management's call - whether they feel there is enough gap between him landing and the warm-up



fixture," News 18 quoted a source saying.

The likes of Rohit Sharma, Ravindra Jadeja, Suryakumar Yadav, Rishabh Pant, etc. have already reached New York. The second batch of players, including stars left on Monday

morning while a few others like Sanju Samson, Yuzvendra Chahal, Avesh Khan, and Yas-hasvi Jaiswal will be joining the squad soon.

India's T20 World Cup campaign begins on June 5 against Ireland at the newly constructed

Nassau County International Cricket Stadium in New York. India versus Pakistan clash will take place on June 9. They will later play tournament co-hosts USA (June 12) and Canada (June 15) to wrap up their Group A matches.

In the tournament, India will be aiming to end their ICC trophy drought, having last won the ICC Champions Trophy in 2013. Since then, India has reached the 50-over World Cup final in 2023, semifinal in 2015 and 2019, the title clash of the ICC World Test Championship in 2021 and 2023, T20 WC final in 2014, semifinals in 2016 and 2022 but failed to secure a big ICC trophy.

India will be aiming to win their first T20 WC title ever since they won the inaugural edition of the tournament back in 2007 in South Africa. In the last edition held in Australia in 2022, India lost to England by 10 wickets in the semifinals.

"Couldn't Go To Airport, Was Nervous Facing People On Wheelchair": Rishabh Pant



NEW DELHI, May 28 (Agencies): Dashing Indian wicketkeeper-batter Rishabh Pant revealed that he was reluctant to visit the airport after his life-threatening injury as he was apprehensive about facing people while

wheelchair bound. The 26-year-old had suffered multiple injuries following a near-fatal car crash on the Delhi-Dehradun highway in December, 2022. He miraculously cheated death but the injuries required a major knee

surgery and an extensive rehabilitation about which Pant has already opened up.

"The accident was a life-changing experience for me. When I got up after it, I wasn't even sure if I would be alive, but God was very kind to save me," Pant said on "Dhawan Kareng", a talk show hosted by India cricketer Shikhar Dhawan.

"I couldn't go to the airport because I was nervous about facing people in a wheelchair. I couldn't even brush my teeth for two months, and for six to seven months, I suffered unbearable pain," Pant recalled.

However, the flamboyant batter returned to action after 14 months in the recently concluded IPL, giving glimpses of his devastating best.

USA's Major League Cricket granted official List-A status by ICC

DUBAI, May 28 (Agencies): Major League Cricket (MLC) is thrilled to announce that the International Cricket Council (ICC) has granted it official List-A Status ahead of its eagerly awaited second season, beginning July 5, 2024. This landmark achievement signifies another essential milestone in the development and standing of Cognizant Major League Cricket and the broader landscape of cricket in the United States. The recognition solidifies Cognizant Major League Cricket as an official T20 league and the nation's premier domestic tournament.

Now, every century, half-century, "five-for," run-out, victory, defeat, and championship will be officially logged as part of career statistics in an internationally recognized format of the game. This development will also allow local US players and emerging stars to gain international acknowledgment, thereby fostering domestic talent through MLC.

The List-A Status is a testament to the MLC's successful inaugural season and highlights its firm commitment to delivering top-tier cricket in the United States. Furthermore, MLC CEO Vijay Srinivasan has announced ambitious plans to expand from an initial 19-game

season in 2023 to a 34-game season by 2025.

"We saw cricket mania sweep across the US last year off the back of our inaugural season of Major League Cricket. Now, we take exciting momentum into the highly anticipated ICC T20 World Cup and season two of the MLC.

"With an unforgettable summer of cricket on our doorstep, we're ready to capture the hearts of American sports fans with our thrilling, adrenaline-charged game that is the most exciting emerging T20 tournament across the globe." After the inaugural season saw sold-out crowds, fans are advised to buy their tickets early to avoid missing out on this season's thrilling action. In addition to the high-quality matches, fans have multiple ticket options, with general admission tickets starting at \$30 per person. The excitement of the season extends beyond the field, featuring entertainment, fireworks, free giveaways, player signings, meet-and-greets, merchandise giveaways, food trucks, and samples throughout the tournament. Tickets for all matches, including the four playoff games, can be purchased online at tickets.majorleaguecricket.com.

PV Sindhu To Spearhead India's Challenge At BWF Singapore Open 2024

KUALA LUMPUR, May 28 (Agencies): India's ace shuttler, PV Sindhu is set to spearhead the Indian contingent at the Singapore Badminton Open 2024 BWF Super 750 tournament in order to end her drought in Singapore following her brilliant run in Kuala Lumpur's Malaysia Masters recently. India's Chirag Shetty/Satwiksairaj Rankireddy will be the top billing in the men's doubles competition and are on the lookout for their third title of the season after the French and Thailand Open. Reigning Olympic singles champions Viktor Axelsen and Chen Yufei will headline a world-class assortment of top global stars at the Singapore Badminton



Open 2024 BWF Super 750 tournament.

On the road to defending his Olympic crown at the Paris 2024 Summer Games, Axelsen won the Malaysia Masters men's singles title on Sunday, ousting Malaysian ace Lee Zii Jia in the final.

The world No. 1 Dane will look to build on

the momentum at Singapore and is the top seed for the badminton tournament, which he has never won in the past. Axelsen will start his campaign against India's Lakshya Sen, the reigning Commonwealth Games champion.

Tenth in the world badminton rankings, Lee will be eyeing a hat-trick of

finals after making the title deciders in Thailand and Malaysia this month. Two-time defending Singapore Open men's singles champion Anthony Sinisuka Ginting will be the seventh seed for this year's competition, while his Indonesian compatriot Jonatan Christie, the reigning All England champion, is seeded third.

The home challenge, meanwhile, will be faced by former world champion Loh Kean Yew, who is slated to face the People's Republic of China's Lu Guangzu in his opening match. The Republic of Korea's An Seyoung will be in Singapore to defend her women's singles crown as the top seed. Reigning Olympic

champion Chen and Rio 2016 gold medalist Carolina Marin are seeded second and third, respectively.

Tai Tzu-ying was seeded fourth, but the Chinese Taipei star has since withdrawn.

China's Wang Zhiyi, who beat India's two-time Olympic medalist PV Sindhu to clinch the Malaysia Masters title last week, will be the seventh seed.

Tokyo 2020 silver medal winners Chen Qingchen and Jia Yifan of China are the No. 1 seeds in women's doubles.

Paris 2024-bound Australian women's doubles pair of Setyana Mapasa and Angela Yu will also be in action at the Singapore Open 2024.

"...A Lot Of Other Stuff": Harbhajan Singh's Blunt Take On Hardik Pandya's Situation

NEW DELHI, May 28 (Agencies): Former India off-spinner Harbhajan Singh has nothing but empathy for Hardik Pandya as he navigates a challenging phase in his career and is hopeful that the all-rounder, who "hasn't been a free man in the last two months", will become one during next month's T20 World Cup. Pandya endured a forgettable IPL both as captain and player with his team Mumbai Indians ending bottom of the heap in the points table. What made things worse was the incessant jeering of fans whenever he took the field, including at MI's home turf -- the Wankhede Stadium.

But Harbhajan expects the tide to turn in the Americas during the T20 showpiece. "When he wears that blue jersey, he will be a different Hardik Pandya because we know he can score those runs and take those wickets. I want Hardik to come good as he has gone through a lot and I wish him all the very best to have a very good tournament for India," Harbhajan told agency in an exclusive interview.

"If he has a good tournament, obviously India will have a great chance to go forward," he said. "Yes, his form is a bit of a concern...and lot of other stuff was going on around him, his shifting from Gujarat to Mumbai, was a big change and the team (MI) didn't react too well to Hardik coming back and that too as

captain," the 43-year-old added.

The reason for the fan backlash against Pandya was MI's decision to hand him the captaincy after taking it away from the long-serving Rohit Sharma.

There was speculation throughout the season that MI's dressing room was a divided house due to the change of guard. Rohit will now captain the national side with Pandya as his deputy in the World Cup starting June 1.

Harbhajan, a multi format World Cup-winner, urged the team management to bring Pandya and Rohit on "same page".

"...it looked like they (MI) were not playing together as a team. So there was a lot going on. Hardik wasn't a free man in the last two months. I believe both of them and many others who have played in different teams will have to come together to do something special for the nation..." he said.

Winning a World Cup is a bigger achievement than winning an IPL trophy, so I would urge the management to bring everyone together, have them on one page and make sure they play like one.

"I believe it's the responsibility of the management to come together and win together. Even if they lose they should be losing together."

Bumrah will need support Jasprit Bumrah is the only speedster among the chosen

three (the other two being Arshdeep Singh and Mohammed Siraj), who doesn't need conditions to be successful, feels Harbhajan.

"Pace attack definitely could be a concern because Bumrah is in a different league for the kind of bowler he is. He will win you games on any kind of pitch. He doesn't need conditions whereas other bowlers like Arshdeep and Siraj would need help from conditions.

"If there's bounce, Siraj might do well. He is tall, can also swing it both ways, hits the deck hard and has got pace. But if wickets are slow then the challenge begins for other bowlers.

"There will be lot of responsibility on Bumrah's shoulders but I hope other guys also take responsibility to be someone special."

IPL performances won't matter Harbhajan said IPL form would make no difference to the players' fortunes in the ICC showpiece.

"No matter what you have done in your IPL career or previously, this is what counts the most...if I was in their shoes, I would be looking for this opportunity to showcase that I have been better than what I have been doing," the 'Turbanator' stated.

Virat is a changed T20 batter Harbhajan was mighty impressed with how Virat Kohli tweaked his T20 game during this year's IPL by adding shots

to his repertoire, which drastically improved his strike rate.

"Virat has shown a lot of improvement from last year to this year and people spoke about his strike rate. It was in 130s during last year and this time it is in 160s," he said.

"Of course it's a big big change. Virat and Rohit will have to score quickly in Powerplay but also need to respect the conditions in USA and West Indies."

If Gambhir becomes coach Harbhajan doesn't know whether Gautam Gambhir, who is being spoken of as the favourite to take over India's head coach position from the outgoing Rahul Dravid, will get the job but he does believe it would be a crown of thorns for whoever chooses to wear it.

"If I say it properly, it is a speculation, which is doing rounds... the biggest thing a coach can do is to bring everyone together, so that team plays together. So, whether Gautam becomes coach or Ashish Nehra, or whoever gets the opportunity, hope they do better than what others before them did." He also ruled himself out of the race.

"I don't think I will be able to give that much time. At this stage of my life I have a young family and I need to be around them and look after them. Yes, when the right time comes, I will put my foot forward and say I am ready for it," he concluded.

Australia's Joe Burns to play for Italy, honours late brother with jersey No.85



SYDNEY, May 28 (Agencies): Former Australia batter Joe Burns made a surprising career move and is now set to play for Italy, helping them qualify for the T20 World Cup 2026. Having fallen out of favour for a place in the Australian team, Burns has had tumultuous times this year, both from his personal and professional front.

Burns was not picked for Queensland's Sheffield Shield match against South Australia in mid-February. Soon after, his brother passed away. Things went from bad to worse for Burns after he did not find a place on Queensland's men's contract list for the 2024-25 season.

He is now a part of the Italian squad for the T20 World Cup quali-

fiers. Burns would also be donning the jersey No.85 in memory of his brother. Burns dropped a long note on Instagram to talk about his shift to Italy and the heartbreaks he has had to go through.

"This isn't just a number and this isn't just a jersey. This is for the people who I know will be looking down proudly from above. In February of this year my brother sadly passed away. 85 was his number in the last team he played (and his birth year) for the mighty Northern Federals in sub-districts," Burns wrote.

I'm so proud to represent Italy

"The days, weeks and months since my brother's death have been the toughest I could ever imagine. I'm not too

proud to admit that it's been a daily battle that I often lose. While a part of my soul feels like it will always be missing, I know this shirt will carry on his spirit and give me strength. It's the hours playing as kids and connection with him that taught me to love this game."

"I often reflect on the bravery and commitment it must have taken my Grandparents when they left Italy to start a new life in Australia. They found a way to make it work through adversity and this has always given me solace through life's lessons. I'm so proud to represent Italy on our path to the 2026 World Cup.

"The fields of Rome may be a long way from the Gabba, MCG or our front yard growing up, but I feel like I'm coming home," Burns added.

Burns ended his Australia career after playing 23 Tests and 6 ODIs in which he scored 1588 runs with 4 centuries and 8 half-centuries to his name. He last played for the Aussies in the Melbourne Test against India back in December 2020.

Ayush Deptt in collaboration with Govt Women Polytechnic organizes Ayush Yoga Camp

Top News Report

JAMMU, May 28: Government Polytechnic for Women, Jammu in collaboration with Department of Ayush Jammu and Kashmir organized a Mega camp on "Personal And Menstrual Hygiene" for female fitness.

The seminar was organized under the guidance of Principal Er. Suket Gupta and the directions from Director J&K Ayush Dr. Mohan Singh and Supervision of DAO Dr. Vandana Dogra.

The event was organized to raise awareness about the benefits of yoga among students. The female staff and girl students participated in various traditional asanas and were taught different methods of meditation.



The program was led by Dr. Himani Bhutyal (Medical officer) and her team Dr. Nitin Dutt, Medical Officer, Ishan Mansotra, Mamta Sharma, Vanshika Gupta, Ankita Uppal, Himani and Jaspreet Singh (Yoga

Instructors). She delivered a lecture on personal and menstrual hygiene and explained in detail about Do and Don'ts of Personal Hygiene, how to manage hygiene during periods. Queries by

girl students related to this topic was clearly explained and answered by her. Speaking on the occasion, Er. Naresh Gupta, HOD expressed his views on the importance of Yoga and

appreciated the efforts of the team members of Ayush Department for the successful event. He also shared that the people have widely accepted the effectiveness of Yoga as a form of therapy.

The session was specially organized for all female teachers and girl students of Polytechnic. It was very fruitful and everyone enjoyed the session.

The arrangements for the smooth conduct of the camp was made by the College faculty comprising of Bhawana Arora, Program Officer NSS, Deepika Sharma, Lecturer Computer Engg., Banti Devi, P.E.T and others.

Among others present on the occasion were Er. Kamal Kumar HOD, Er. Vishal Nayyar Lecturer E&C Engineering.

Rajan appeals LG, Director School Education to declare holiday due to extreme heat

Top News Report

JAMMU, May 28: In light of the soaring temperatures, which have reached a scorching 43 degrees Celsius, Rajan Gupta, a renowned social activist and the president of Sarv Shakti Sena Jammu & Kashmir, has made a fervent appeal to the Lieutenant Governor (LG) and the Director of School Education.

Gupta has called for the immediate declaration of a holiday for schools to safeguard the health and well-being of young children and other students who are currently suffering due to the extreme heat.

"The current heatwave is posing severe risks to the health of our students, especially the younger children who are highly vulnerable to heat-related illnesses. It is imperative that the administration takes swift action to protect them from the adverse effects of this extreme weather," stated Rajan Gupta.

Rajan emphasized the importance of prioritizing the safety and comfort of students during such unprecedented weather conditions. He urged the authorities to take into account the physical strain and potential health hazards that children are facing while commuting to and attending



school in such high temperatures. "We must act responsibly and ensure that our children are not subjected to undue stress and health risks. Declaring a holiday will provide immediate relief and prevent any heat-related incidents," he added.

Rajan Gupta's appeal resonates with the concerns of numerous parents and guardians who are equally worried about the safety of their children during this intense heatwave. The Sarv Shakti Sena stands united in its request for prompt and compassionate action from the authorities

SPPND Government Degree College organizes lecture on Stress Management

Top News Report

SAMBA, May 28: Centre for Counseling and Mental Health Intervention Services-'SUKOON' of Shri Pandit Prem Nath Dogra Government Degree College Samba under the aegis of IQAC and guidance of the revered Principal of the college, Prof (Dr.) Twinkle Suri and convenership of, Dr. Shabila Wani, the college Nodal officer of the Cell organized an extension lecture on Stress Management for the staff and students of the college.

The event began with a formal welcome address by Prof. Narayan Dutt, HOD Physics and introduction of the resource person by Dr. Shabila Wani.

The Nodal Officer also focused on the need of the Counseling cell and



the ways in which it can be beneficial for the staff and students.

The resource person for the event Dr. Harshit Hemant Saiian, Assistant Professor & In-Charge Department of Psychiatry, AIMS Vijaypur, Jammu delivered an impactful lecture on the types of stress, causes of stress, levels of stress elaborating upon the positive and negative impacts of stress

and various techniques of stress management. He emphasized that self observation, proper time management, disciplined life style, a good social support system and cultivating a positive outlook in life are crucial for stress management. He highlighted the importance of physical exercise for release of happy hormones in the body. The lecture fea-

tured an interactive session of question-answers allowing attendees to seek personalized advice and insights from Dr. Harshit Hemant Saiian. He also suggested some relaxation techniques for Stress Management. The proceedings of the event were conducted by Ritika. The event ended with a formal vote of thanks by Dr. Surbhi Malhotra.

Govt which cannot provide electricity and water is useless: Shiv Sena

Top News Report

JAMMU, May 28: In response to the worsening situation of power cuts and decreasing water supply amidst the scorching summer heat, the Shiv Sena (UBT) Jammu-Kashmir unit held a strong demonstration. Led by the state chief Manish Sahni, the protest took place in the Lower Roop Nagar area of Jammu. The demonstrators carried placards with messages such as "Bijalee Pani de na Sake Jo..Vo Sarkar Nikami Hai" (The government that cannot provide electricity and water is useless) and "Fulfill the promise of 24 hours power supply."

Sahni criticized the current administration for failing to honor their promise of 24-hour uninterrupted power supply in exchange for the installation of smart



and electronic meters. He highlighted that despite Jammu and Kashmir's rich water resources and hydro-electric projects, residents are enduring 4 to 8-hour power cuts and diminishing water supplies. He emphasized the unfairness of strict enforcement on bill payments while there is no accountability for prolonged power outages. He pointed out that

unscheduled power cuts are severely affecting villages and remote areas, with farmers particularly suffering due to water shortages essential for their crops. The absence of an elected government in Jammu and Kashmir, according to Sahni, has led to bureaucratic arbitrariness and a lack of responsiveness to the people's needs. Sahni appealed to the

Lieutenant Governor of Jammu and Kashmir to take immediate action to ensure consistent power and water supply during the harsh summer. The protest saw the participation of other party leaders, including General Secretary Vikas Bakshi, Vice President Balwant Singh, Secretary Rajesh Handa, and members Kamlesh Chib, Leela Devi, and Nirmala Kaur.

District Administration organizes job fair for Recovery Patients of Addiction Treatment Facility

Top News Report

KISHTWAR, May 28: In a commendable effort to support individuals on their path to recovery, the District Administration Kishtwar, in collaboration with the Social Welfare Department and District Employment and Career Counseling, today organized a job fair specifically for patients recovering from the substance abuse in the district under the overall supervision of Deputy Commissioner Kishtwar, Dr. Devansh Yadav.

The event was graced by the presence of Additional District Development Commissioner Kishtwar, Ghulam Rasool, as the Chief Guest besides District Social Welfare Officer/Nodal Officer Nasha Mukh Bharat Abhiyaan District Kishtwar, Tariq Pervaiz Qazi; CMO Kishtwar, Dr. Rajinder Kumar were special dignitaries.

Also present were District Employment Officer Kishtwar, Vinod Kumar,



Nodal Officer ATF (Addiction Treatment Facility Kishtwar) Dr. Haris, TSWO Kishtwar, Rajesh Kumar; the ATF Team Kishtwar; and other concerned staff from the departments.

The event aimed to provide these individuals with opportunities to reintegrate into society through gainful employment. Various prominent private and Semi Govt Employer organizations like LIC, Bajaj Allianz, Tata Motors, SBI, and Mahindra &

Mahindra offered a range of job openings suited to different skill levels and experiences. The fair also featured workshops to aid attendees in their quest for employment.

Additional District Development Commissioner Kishtwar, Ghulam Rasool, highlighted the administration's commitment to the rehabilitation of recovering patients, emphasizing that gainful employment is a critical step in their recovery pro-

cess. "We are dedicated to supporting the holistic recovery of these individuals. By providing them with employment opportunities, we aim to foster a sense of purpose and stability in their lives," he stated.

He also added that with willpower and the proper mindset, the patients will overcome their challenges.

DSWO/Nodal Officer Nasha Mukh Bharat Abhiyaan, Tariq Pervaiz Qazi,

thanked Deputy Commissioner Dr. Devansh Yadav, IAS, for such initiatives and highlighted the preventive measures being taken by the Department of Social Welfare to curb the menace of drug addiction in the district.

The job fair saw a significant turnout of more than 100 recovering patients, with more than 250 job openings available for them. Many participants expressed optimism about their future prospects. The Department of Social Welfare and the Department of Employment reiterated their ongoing support for similar initiatives, underscoring the importance of community involvement in the rehabilitation process.

This initiative marks a positive step towards the social and economic reintegration of recovering individuals, showcasing the district's proactive approach in addressing the challenges associated with drug addiction and recovery.

LFO-BHF organises Menstrual Hygiene Awareness Programme

Top News Report

R S PURA, May 28: On the occasion of World Menstrual Hygiene Day, the NGO Live For Others - Being Helpful Foundation successfully conducted Mission R-SAP (Remove Shyness Apply Pads) at Government Higher Secondary School, Dablehar, R.S. Pura. The event aimed to raise awareness about menstrual hygiene practices among young girls.

Jyoti, the keynote speaker, led an informative session on proper hygiene practices, addressing common myths and encouraging open discussions to remove the stigma associated with menstruation.

As part of the initiative, the NGO distributed 1,000 sanitary napkins to the 100 girl students, promoting accessibility to essential hygiene products. Speaking on the occasion, Romesh Kumar, Convener, said, "The event was a significant step towards improving menstrual health and education in the community, empowering girls with the knowledge and resources they need for better health and well-being."

In collaboration with the District Hub for Empowerment of Women, Udhampur, and Stuti Abrol, being resource Person for these seminars, the foundation

organized several other events to promote menstrual hygiene, at Health Centre Garhi on May 27, 2024, with over 80 females in attendance and more than 1600 sanitary pads distributed; at Government High School, Garhi on May 11, 2024, reaching 65 females and distributing over 1000 sanitary pads; and at Anganwadi Centre of Birmapul, Udhampur, on May 11, 2024, with 46 females in attendance and more than 800 sanitary pads distributed.

The programme also saw the presence of notable members including Diya Sharma, Sachin, Shubam, Abhishek Gupta, Harsh, Abhishek Raina, and many more.