

TOP NEWS OF J&K

JAMMU, SATURDAY, APRIL 14, 2024

Daily Evening Newspaper



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BRIEFLY

Kashmir Valley lashed by rains, snowfall at Sonamarg

SRINAGAR, Apr 14 (Agencies): Kashmir Valley was lashed by rain, while some higher reaches of Kupwara and tourist resort of Sonamarg experienced fresh snowfall during the past 24 hours, officials said.

Srinagar and other parts of Kashmir Valley experienced moderate rainfall during the past 24 hours, disrupting normal life and bringing down temperatures.

Many low-lying areas were waterlogged due to the rainfall in Srinagar and other parts of the Kashmir valley. It was still raining at most places across the Kashmir valley when this report was filed.

Higher reaches of north Kashmir's Kupwara district, Gurez valley of Bandipora district, tourist resort of Sonmarg, and Zojila Pass on the Srinagar-Ladakh highway experienced fresh light snowfall during the past 24 hours, Kashmir weather, an independent weather forecaster said.

Meteorological Centre Srinagar forecasts light to moderate rain and snow (higher reaches) at many places, with the possibility of heavy rain, thunder, lightning, hailstorms, and gusty winds at isolated places during the next 24 hours.

There is a possibility of light rain or snow (higher reaches) at many places during April 15 evening to 16 morning, while the weather will generally remain dry with late afternoon thunder-shower activity at a few places during April 17-18.

There is a forecast of light rain or snow at many places from April 19 evening to April 20 morning, the MeT office said, adding that the weather will remain generally dry with likely afternoon thunder-shower activity during April 21-23.

The rainfall data available with the MeT office said Srinagar received 15mm, Qazigund 15.2mm, Pahalgam 32.4mm, Kupwara 11.6mm, Kokernag 8.4mm, and Gulmarg 9.0mm during the past 24 hours.

The night temperature at Srinagar recorded during the intervening nights of Saturday and Sunday was

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One nation, one poll, UCC, anti-graft, pro-poor pitch in BJP's 2024 Lok Sabha poll manifesto

NEW DELHI, Apr 14 (Agencies): The ruling BJP on Sunday unveiled its 2024 Lok Sabha election manifesto promising to realise the concept of one nation, one election and common electoral rolls, implement the Uniform Civil Code, unleash stronger action against corruption and the corrupt and expand on corruption he existing schemes meant to empower the

poor, youth, farmers and women.

Introducing the BJP Sankalp Patra christened "Modi ki guarantee" to the people today, Prime Minister Narendra Modi said it would strengthen the four pillars of Viksit Bharat -- poor, youth, farmers and women.

Citing growing uncertainties in the world, the PM said: "In these times of global chaos



and conflict, the need for a strong, full majority, stable government in India becomes even more pronounced."

Modi pledged to build India as a Vishwa Bandhu noting that over the next five years India will move forward with the promise to realise one nation, one election.

"BJP considers UCC important in national interest. In the last ten years, the party has

acted firmly against corruption. Corruption steals the rights of poor and middle class. Action against the corrupt will continue," the PM said announcing the inclusion of 70-plus people in the free hospitalisation cover scheme Ayushman Bharat which gives Rs 5 lakh free health cover to the poor and vulnerable annually.

The PM announced

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No accountability for old guarantees, just empty jugglery of words: Cong on BJP Manifesto

NEW DELHI, Apr 14 (Agencies): The Congress on Sunday trashed the BJP Lok Sabha poll manifesto as a "jumla patra" full of rhetoric, with party chief Mallikarjun Kharge saying that Modi's guarantee is a "warranty of jumlas" as he has failed to fulfil the promises made in the past.

The Congress also accused Prime Minister Narendra Modi of not fulfilling promises made on the issue of jobs, doubling of farmers' incomes and tackling price rise and inflation, and alleged that he was now shifting the goalposts by talking about 2047 instead.

Kharge charged that the prime minister did not do any major work during his tenure which



would have benefited the people, youth and farmers of the country.

Modi released the BJP's Lok Sabha poll manifesto at the party headquarters here on Sunday. The manifesto has a special focus on the poor, youngsters, farmers and women

Kharge said the youth are protesting for jobs and prices of food items have skyrocketed due to inflation and people are troubled by it, but the manifesto has nothing

to say on it.

Modi has only increased unemployment and inflation in the last 10 years, he charged.

"No accountability for old guarantees, just empty jugglery of words! 'Modi ki Guarantee' equals 'warranty of jumlas (rhetoric)," he said in a post in Hindi, posing 14 questions to the PM.

Addressing a joint press conference, Congress spokesperson Pawan Khera said in his 2014 manifesto, Modi had promised to bring back black money by forming a special task force, but electoral bonds came instead.

He also promised to strengthen law and order in the North East,

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LG Sinha flags off Shri Mata Vaishno Devi 'Pracheen Marg Pavitra Chhari' Yatra

JAMMU, Apr 14 (Agencies): Jammu and Kashmir Lieutenant Governor Manoj Sinha on Sunday attended the auspicious 'Pratham Pooja' of the 22nd Shri Mata Vaishno Devi Pracheen Marg Pavitra Chhari Yatra at the holy Kol Kandoli Temple in Nagrota here



on the city outskirts.

The Lt Governor paid obeisance and later flagged off the Chhari Yatra carrying Holy Jyot.

The Yatra will pass through the heritage route before reaching Oli Mata Temple Bamyal Chhapanoo.

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J&K fencers to represent India at World C'ship at Saudi Arabia



JAMMU, Apr 14 (Agencies): Selected on the basis of their outstand-

ing performances, three fencers from the Union Territory of Jammu and

Kashmir will be representing India at the World Championship scheduled to be held from April 12 to 20 at Riyadh, Saudi Arabia.

Three fencers from Jammu and Kashmir are selected to represent India in Junior and Cadet Fencing World Championship to be held at Riyadh, Saudi

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Annual Amarnath Yatra to start from June 29

JAMMU, Apr 14 (Agencies): The annual Amarnath Yatra will start on June 29 this year and conclude on August 19, coinciding with the occasion of Shrawan Purnima.

A statement issued by Shri Amarnathji Shrine Board (SASB) headed by Lt Governor Manoj Sinha, said that this year's Amarnath Yatra to the holy cave shrine will start on June 29 and end on August 19.

Advance registration for the Yatra will start from April 15.

The cave shrine situated at 3,888 metres above sea level in Kashmir houses an ice stalagmite structure that waxes and waxes with the phases of the moon.

Devotees believe that the ice stalagmite symbolises the mythical powers of Lord Shiva.

Pilgrims reach the cave shrine either from the shorter Baltal route in Ganderbal district or from the traditional longer route from Pahalgam in south Kashmir's Anantnag district.

Man injured in Pattan road accident succumbs at hospital

SRINAGAR, Apr 14 (Agencies): A man injured in a road accident in Pattan has passed away at SKIMS, Srinagar, after 8 days.

An official said that the deceased identified as Mudasir Ahmad Sofi of Sheikhpura Pattan, who was injured in the accident, succumbed to his injuries at SKIMS this morning.

Last Monday, Mudasir and his brother were with an accident in the Pattan

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MBA MOTORS

MERCEDES - BMW - AUDI

DEALS IN SALE, PURCHASE, REPAIRING AND SERVICING OF USED CARS AND ORIGINAL SPARE PARTS

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NC pays rich tributes to Baba Saheb Dr BR Ambedkar



Top News Report

JAMMU, Apr 14: Paying glowing tributes to Baba Saheb Dr Bhim Rao Ambedkar, National Conference former minister and Central Zone President Babu Rampaul today described the architect of the Constitution of India as a great visionary, saying the legendary leader worked tirelessly to foster egalitarian society and shed caste discrimination across the country. "The people will always remember Baba Saheb for giving the country

best constitution of the world." Mr Babu Rampaul said while leading the party leaders and workers in paying tributes to Baba Saheb on his 133 birth anniversary at a function held at Sher-e-Kashmir Bhawan here this morning. Babu Rampaul said that Dr Ambedkar was a great reformer who dedicated his entire life for the welfare of weaker sections and his contribution in that regard was exceptional." There is greater need for collectively working for welfare of weaker sections of the

society so that social inequality could be minimized," he maintained. Sheikh Bashir Ahmed Provincial Secretary Jammu said the best tribute to the great leader would be to imbibe the spirit oneness which alone can lead the nation towards peace, progress and prosperity. Dr. B.R Ambedkar, describing him as Messiah of millions who shaped the destiny of millions of people across the country. Throwing light on various facets of the life and struggle of Dr. B.R

Ambedkar, Mr Vijay Lochan Chairman SC Cell said his unflinching commitment towards social justice brought about a revolutionary transformation in Indian social order and helped in carving a society based on equality, justice and opportunities for all. The best tribute to Baba Saheb would be to work for carving out a society where opportunities of progress are available to all irrespective of caste, creed, and colour, he added. Prominent among those present on the

occasion included: Pardeep Bali, Ayub Malik Provincial Secretaries Jammu, Bushan Lal Bhat Ex-MLC, Ankush Abrol Joint Secretary Jammu Province, Rakesh Singh Raka Vice President Central Zone, Dr. Vikas Secretary Central Zone, S. Tejinder Singh District President Jammu Urban YNC, S. Gurnam Singh Block President Jammu West, Ashwani Charak Block President Jammu East, Waris Gill President Christian Cell, S. Surjeet Singh Sasan, Harbans Lal, Advocate Rajinder Chanyal, Raja Naveed, Ashok Tayagi, Sham Lal, Manohar Lal, Ramesh Lal, Nitish Gowsami, Zamir Quersh, Prabhat Kapai, Master Baldev Raj, Satpal Block President Ramgarh, Mangat Ram District Vice President SC Cell Jammu Rural A, Som Raj Taroch, Bahadur, Bishan Dass, Devi Dass, Prem Kumar Verma, Satpaul, Sharma, Rajinder Kumar, sumita Bhan, Veer Ji, Charan Dass, Arjun Tayagi, Gulshan, Lal Kumar Panch, Tej Ram, Master Aslam, Dr. Vikas Puri and others.

BJP's "Yuva Chaupals" connecting party to youths: Rekha Mahajan



Top News Report

JAMMU, Apr 14: The BJP government led by PM Narendra Modi is going full throttle to achieve the mission of 400 plus all-round development with no room left for any kind of prejudice, as stated by Bharatiya Janata Party (BJP) District President Jammu South Rekha Mahajan. During the BJYM "Yuva Choupal" campaign, the Bahu constituency of Jammu South drops under District Jammu South. Ahead of the Lok Sabha elections, Rekha Mahajan said, "Yuva means empowerment, development, passion, growth, and commitment." She emphasized that India's Yuva is so committed that the country has become the third biggest start-up hub in the past 10 years. Rekha Mahajan highlights numerous projects in the last ten years of successful good governance under the banner of PM Narendra Modi. Rekha Mahajan accompanied by national media incharge and Prabhari Yuva Morcha J&K Amandeep Singh, BJP District Secretary Jammu south and Prabhari Yuva Morcha Rohiin

Chandan, Abhishek Salathia General Secretary state BJYM, Luv Sharma BJYM state secretary, Sultan Chib District Vice President BJYM and others were present on the occasion. The meeting in connection with "Yuva Choupal" was organized by BJYM District President Jammu South Monu Salathia. While guiding the Yuva Morcha unit, Rekha Mahajan asserted that the future road map for the party's crucial youth wing is on the LS polls on cart. The BJP party has launched various campaigns in Jammu South to reach out to the people, and BJYM is working hard to ensure the victory of Prime Minister Narendra Modi in the upcoming polls. Rekha Mahajan added that we are the biggest Yuva-Shakti in the world, and we must strive to achieve our immense potential so that we can cross the mission 400 plus mark. Further, Rekha also urged the BJP Yuva cadres to pick one social cause that was close to their hearts and work to find solutions to these issues. "Youth are the builders of tomorrow." Rekha said that the BJP

should win by casting its precious vote and also encourage all the youth so that they know that whatever the governments could not do in the last 70 years, the Modi government has done it in just ten years of its tenure. Rekha Mahajan elaborates that the youth is shaping the future of India and that the term Yuva has nothing to do with age. There is a lot of awareness among today's youth, the BJP leader said, adding that they also know about their rights. She claimed PM Narendra Modi is the best, as he is strict at work but kind towards the citizens of India. Along with encouraging first-time voters to take part in Yuva Choupal. Amandeep Singh also made an appeal to the youth, urging them to remember that India is a democratic country and to exercise their right to vote and support the BJP party in order to help the nation in advance. Rekha added that she understood the PM Modi motto of "Viksit Bharat," and we all help the Modi-led government win by voting with our important votes for the rights of the deprived sections of the society.

Farooq, Omar express grief over deaths in tragic Doda road mishap

Top News Report

JAMMU, Apr 14: National Conference President Dr Farooq Abdullah and Vice President Mr Omar Abdullah on Sunday expressed deep grief over the deaths of six persons including two minor sisters have lost their lives and four others were injured in a tragic road accident the ill fated van Ecco was on its way to Kathawa from Thathri when it plunged into a deep gorge at Khanpura in Phagsoo area in District Doda. "My heart goes to all those who have lost their dear ones in the accident", Dr Farooq Abdullah said in a message and wished early

recovery to the injured. In a separate message, National Conference Vice President Mr Omar Abdullah expressed grief over the deaths and prayed for early recovery of the injured. Dr Farooq Abdullah and Mr Omar Abdullah conveyed their condolences to the bereaved families, prayed for peace to the departed souls and strength to the bereaved family members to bear this irreparable loss. National Conference General Secretary Haji Ali Mohammed Sagar, Dr. Sheikh Mustafa Kamaal and Ajay Kumar Sadhotra Additional General Secretaries, Rattan Lal Gupta Provincial President Jammu, Khilaid Najeev Suhar-

wardhy Vice President Jammu Province, Sheikh Bashir Ahmed Provincial Secretary Jammu, Sajjad Ahmed Kichloo Zonal President Chenab Valley, Qazi Jalal Ud Din Ex-MLA, Dr. Chaman Lal Bhagat Ex-MLA, Sajjad Shaheen District President Ramban, Dr. Shamshad Shan Chairperson DDC Ramban, Zaffarullah Rather District President Doda, Abdul Qayoom Baghwan District President Doda Rural (Bhaderwah), Tanveer Ahmed Kichloo District President Kishtwar, Mehboob Iqbal, Pyare Lal have also expressed grief over the deaths, prayed for peace to the departed souls and conveyed condolences to the bereaved families.

Satguru Madhu paramhans delivers religious sermons at Akhnoor



Top News Report

Sadguru Shri Madhu-paramhans Ji Maharaj of Sahib Bandagi, while delighting the Sangat with the nectar of his sermons in Akhnoor, Jammu today, said that the sorrow of birth and death is very great. That's why people want liberation. But one thing is clear that only when the inner intellect is pure, man will understand this. How will it be missed? Effigies of the five elements were made. The king in the form of mind is present in it. The mind rules. Atmadev is not able to know his form. He is understanding that I am the body. So the traffic started. This is where the bond lies. The mind is the cause and effect of bondage. The mind itself has expanded sin and virtue. This whole world is mind. No one can see the mind. Whatever you see is all mind. Man works according to the resolution of his mind. The mind is the originator of every action. The man says I wish. You have no desire. You are the soul. The lust of the mind gives rise to anger. These waves raise the mind.

These are not yours. But man thinks that they are my waves. These things are not in the soul. Our skin feels cold and hot. Surati can experience the mind. Meditation is the soul. Seasonal change is having an impact. The man is getting depressed. When the spring season comes, you remain in full bloom. Due to global warming all seasons are changing. If a person has even a little trouble, he becomes depressed. All these things are of the mind. The whole world is under the influence of mind and illusion. A terrible betrayal of the soul is taking place. Every pore of the body is obedient to the mind. As if everything seems true in a dream. No matter how intelligent one is, when one gets burnt in the dream, it will seem true. In this way, no matter how intelligent one is, this world will seem real. Just as water bubbles, so is the creation of the world. The soul is very badly bound by the mind. Apart from the name, whatever feelings are arising in you, all is the mind. Without Sadhguru, no one can get rid of it by his own strength.

Contaminated drinking water supply triggers protest in Jammu



JAMMU, Apr 14 (Agencies): Protest sparked on Sunday in one of the localities here due to supply of contaminated tap water amidst slogans against the Jal Shakti Department (formerly Public Health Engineering). Shouting slogans, the residents of New Company Bagh, Old University Campus Lane including women, staged protest alleging contaminated water supply for the last one-month in view of the ongoing repair and construction work of drain (nallah) opposite Indian Institute Management (IIM) Campus office lane.

Fearing spread of water-borne diseases if no prompt action is taken, the protestors alleged that the water pipes have damaged because of the ongoing repair work of the nallah, adding, "for the last more than one-month, contaminated water from the drain is supplying to the households of the locality but the Jal Shakti Department has turned deaf ears to the several requisitions and appeals made by the residents." "Are they (Jal Shakti Department) waiting for any tragedy to happen? We are forced to consume stinky drain water,

which has unsafe levels of germs or chemicals and may lead to the spread of water-borne diseases," they said. The protestors have once again requested the concerned department to immediately resolve the matter before it is too late and also appealed to Lieutenant Governor Manoj Sinha to issue directions from the chair for early redressal to the grievance. "Our lives are at risk and it is high time the Jal Shakti Department must take action to make clean water supply available to the residents at the earliest," they said.

Grand Rally taken out on Ambedkar Jayanti, pledge taken for equality



Top News Report

JAMMU, Apr 14: A grand rally was taken out on the occasion of the 133rd birth anniversary of Bharat Ratna Dr b.r Ambedkar by Baba Saheb Ambedkar Jayanti Celebration Committee r.spura Suchetgarh. rally reached r.a pura town via Chak Bala, Rathana, Jinder Mehlu, Chak Aslam, Chauhala where homage was paid to Baba Saheb. Paying

tribute, social activist Dr Preeti Bhagat recalled the contribution of Dr Ambedkar in the freedom struggle and post-independence era, saying that after India gained independence in 1947, Ambedkar served as the first Law Minister of the country. Accepted the Congress proposal and Appointed Chairman of the Constitution Drafting Committee in August, 1947.The Indian Constitution formed under his

chairmanship is the best constitution in the world which takes care of the aspirations of the world's largest pluralistic society. He was the messiah of the poor and Dalits in the country and dedicated his life to their upliftment and social integration by protecting their interests in the Constitution. Dr. B.R. Ambedkar will be remembered for ages for his tireless efforts for the rights of the deprived sections of the society.

1.4 Kgs heroin recovered in Rajouri

JAMMU, Apr 14 (Agencies): Over 1.4 kgs of heroin has been seized in Rajouri district, taking the overall recovery of the narcotic drug to 9.98 kgs from three cross-border smugglers who were arrested near the Line of Control (LoC) on Wednesday, police said. Naveen Kumar, Sukhvinder and Davinder alias "Munna" were arrested on April 10 with a bag containing 8.5 kgs of heroin after a Village

Defence Guard (VDG) member from Makri village raised an alarm after noticing four persons carrying a bag and moving suspiciously in the forward village. Their fourth associate, however, managed to escape and efforts are on to nab him, officials said. The Makri village falls ahead of the Anti-Infiltration Obstacle System (AIOS), referred to as LoC fence, in Nowshera



sector of Rajouri. The fresh recovery of 1.44 kgs heroin was made on Saturday night

on disclosure of the arrested narcotic smugglers, who have admitted to their involvement in the crime during sustained questioning, a police spokesman said. During preliminary investigation, it was found that three vehicles — a dumper, a motorcycle and a load carrier — were used for smuggling of the drugs, he said. All the vehicles were seized in instant case registered under the

Narcotic Drugs and Psychotropic Substances (NDPS) Act. The spokesman said further investigation is underway and all forward and backward linkages will be identified and dealt with strictly. "Drug peddlers should shun the path of spoiling our generation and must return to the mainstream otherwise they will be dealt with iron hand," Senior Superintendent of Police, Rajouri, Amrit

EDITORIAL

CLIMATE CHANGE

Climate change refers to changes in global climate patterns. Our planet has seen changes in climate patterns over the centuries. However, changes since the middle of the 20th century are more clearly visible. There has been a huge increase in the proportion of carbon dioxide in the atmosphere, due to which there have been many major changes in the climate of the earth.

In addition, several natural forces such as solar radiation, changes in Earth's orbit, and volcanic eruptions have influenced Earth's climatic conditions over the centuries. Here we have discussed the main causes of change in climatic conditions and their negative effects.

There are many factors that have been responsible for bringing changes in the weather in the past. These include variations in solar energy reaching the Earth, volcanic eruptions, orbital changes, and plate tectonics. Apart from this, many human activities have also been responsible for bringing changes in the climatic conditions in the last few decades.

The recent change in climate conditions is also known as global warming. Let us learn about each of these reasons in detail:

The rate at which energy is received from the Sun and the speed at which it spreads all around determines the balance of temperature and climate on our planet. Winds, ocean currents and other systems of the atmosphere carry this solar energy all over the world, affecting the climatic conditions of different regions.

Long-term as well as short-term changes in the intensity of solar energy affect the global climate.

Those volcanic eruptions, which release more than 100,000 tons of SO₂ into the stratosphere, are known to influence Earth's climate. Such eruptions occur several times a century and continue to cool the Earth's atmosphere for the next few years because this gas partially blocks the transmission of solar radiation to the Earth's surface.

Even slight changes in the Earth's orbit lead to changes in the seasonal distribution of sunlight over the Earth's surface. There are three types of orbital changes - changes in the eccentricity of the earth, precession of the earth's axis and changes in the tilt angle of the earth's axis while rotating on the earth's axis, etc. Together these three have a huge impact on the climate.

The movement of tectonic plates changes the shape of land and oceans on Earth, as well as changing the topography over a period of millions of years. Due to this the global climatic conditions also change.

CO₂ generated due to the combustion of fossil fuels, vehicular pollution, deforestation, animal agriculture and land use are some of the human activities that are causing climate change.

The weather condition is getting worse everyday. Due to the natural factors mentioned above, the negative effect on the climate cannot be controlled, but such human activities, which are the cause of air, land and water pollution and which have a negative effect on the climate, must be banned. Each one of us should do our bit to control this global problem.

Madhav says no vacancy at top; Vadra's curious pitch for Amethi

By: Anita Katyal

Though he usually keeps a low profile, businessman Robert Vadra, husband of Congress leader Priyanka Gandhi Vadra, has been unusually vocal these days. He has given a spate of interviews pitching himself as the perfect candidate for the Amethi Lok Sabha constituency, once a Gandhi stronghold but now lost to the Bharatiya Janata Party. Robert Vadra maintains that the current MP Smriti Irani has failed to live up to expectations and that the people of Amethi want him to represent them in Parliament. Mr Vadra's statements have predictably confused and intrigued the party. In fact, a few Congress leaders went into a huddle the day Mr Vadra gave his first interview to decode what he meant and to figure out their response to it. One senior spokesperson was ready to give a media bite on this issue but was asked to step back just as he was about to go on air. With the Congress top brass failing to clarify matters, party leaders are left wondering if Mr Vadra has been asked by the Gandhi family to project himself through his public pronouncements, or is he doing so on his own accord? This will remain a subject of animated discussion and speculation in the Congress till the party announces its candidates for the Amethi and Rae Bareilly seats.

Ram Madhav, India Founda-

tion president and member of the RSS national executive, was left searching for an appropriate answer when asked at the launch of senior journalist Priya Sahgal's book, *The Contenders*. Who Will Lead India Tomorrow, who among the current crop of young leaders have the potential to occupy the country's top post. Tying himself in knots, Mr Madhav refused to pick any names, insisting it was an irrelevant discussion since there is no vacancy at the top and unlikely to be one for many years to come. Mr Madhav's evasive answers and the mandatory high praise for Prime Minister Narendra Modi drew a sharp response from the two other panellists, Abhishek Singhvi of the Congress and former diplomat Pavan Varma, who came down on him like a ton of bricks on issues ranging from the Modi government's misuse of investigative agencies against Opposition leaders and the promotion of a personality cult in the Bharatiya Janata Party. Given Mr Modi's dominating persona, Mr Varma remarked no one understands more than Mr Madhav the consequences of getting into a discussion on future leaders. Mr Varma was obviously referring to Mr Madhav's abrupt fall from grace four years ago when he was removed as BJP national general secretary and sent back to the RSS.

Former foreign secretary Harsh Vardhan Shringla may

have lost out on a Lok Sabha ticket from Darjeeling but it appears he is still hoping that Prime Minister Narendra Modi will pick him up for a plum assignment or even a Rajya Sabha seat when he returns to power. This is the current buzz in the Indian diplomatic community which is aghast at how a seasoned and respected diplomat who had such a stellar career is bending over backwards to please the ruling dispensation. For instance, Mr Shringla recently posted on X about how he was "honoured to call on the external affairs minister" and "receive the benefit of his advice and guidance." He then went on to say that "as an added bonus, he got an autographed copy of the minister's latest book" which he had already started reading. Mr Shringla's former colleagues maintain that his latest actions have robbed him of the credibility he enjoyed as a diplomat.

There is clearly a lack of coordination between the respective teams handling the election programmes of Congress president Mallikarjun Kharge and former party chief Rahul Gandhi. This was clearly on display when Mr Kharge launched the party's "Ghar Ghar Guarantee Initiative" in Delhi North-East parliamentary constituency recently where he distributed pamphlets on the party's "Paanch Nyay Pachees Guarantee" schemes. However, the Congress president's effort

and message was virtually lost as the timing coincided with Rahul Gandhi's speech after he filed his nomination papers from Wayanad. Naturally, this event hogged the limelight while Mr Kharge got no play in the media. Rahul Gandhi does not hold any office but it does not appear so as the Congress communications department continues to publicise his programmes and speeches as they did when he was party chief.

Former Maharashtra chief minister Prithviraj Chavan was initially tipped to be fielded by the Congress from the Satara Lok Sabha constituency. He is currently the MLA from Karad, an Assembly constituency in Satara. There were tough behind-the-scenes negotiations between the three partners in the Maha Vikas Aghadi alliance. Nationalist Congress Party (SP) leader Sharad Pawar apparently even agreed to concede the seat to Mr Chavan provided he contested on his party's ticket. Mr Chavan was unwilling to do so though he fell foul of the Congress leadership as he was among the 23 Congress leaders who had written to former party president Sonia Gandhi to press for internal elections and organisational reforms. In the end, Mr Chavan lost out as the Satara seat has gone to Sharad Pawar's party which has given the ticket to Shashikant Shinde.

Job oriented Career Options in Music Industry

By: Vijay GarG

Music is one of the greatest human achievements. Music can create emotions and express feelings. It also soothes the mind. Music today has turned out to be a great career option. With the immense growth of the entertainment industry, a career in music is increasingly turning out to be a good option. Success in the field of music can be surely achieved with the talent, genuine interest, sincerity and willingness to work hard. Having an inborn talent to sing is a wonderful gift. But making a career out of this talent demands a lot of practice and hard work. Joining an institution and getting training is one of the first steps towards making a career in Music but the man emphasis should be real dedication and commitment. A person who wants to make his career in music should have a genuine love for music, a musical sense, which means a sense of time and rhythm, creative ability and also stage confidence.

Career Options in Music Industry

Just as there is a wide variety of forms in music like classical, folk, jazz, rock, pop, fusion etc, in the same way, there are also a variety of opportunities in this field. There are numerous career options in this industry as discussed below.

Composer: A composer is who writes and arrange original music in a variety of musical styles. They create original music ranging from pop to jazz to classical. The musical themes and background music for television shows are created by composers. A composer's job is to help tell a story in a film, television story, play or video game without distracting the viewer. The soundtrack they create must suit the project and convey the appropriate mood and tone. The qualities like patience, musical talent, knowledge of instruments, networking, and marketing, singing etc should be present in a composer. A bachelor's degree in music composition will be needed to become a professional composer. A music composer can earn around Rs.7,00,000 annually, rest depends upon the work and experience.

Producer: Music producer oversees all aspects of a recording session, from planning the sessions to the finished product. As a music producer, you will be responsible for providing instruments, scheduling studio times and handling funds, costs and other expenses. A music producer should possess in-depth knowledge of music, be a musician with performance experience and know everything there is to know about recording equipment and sound engineering. The final product you produce should be the creation and publication of a quality musical work. A major aspect of your job as a music pro-

ducer is creating quality sounds that satisfy the all other members. A degree such as the Bachelor of Music in Music Production and Engineering or Music Business will be helpful in you want to become a music producer. An experienced producer can earn up to Rs.12,00,000 per year.

Musician or Singer: Musicians and singers play instruments or sing for live audiences and in recording studios. They perform in a variety of styles, such as classical, jazz, opera, hip-hop, or rock. It is the job of musicians to play instruments as well as sometimes sing songs for both live audiences and during recording sessions. Whereas, a singer performs the lead vocals of a song. A singer sings the main vocal line of a track. He or she is the main focus of the performance, in contrast to a band, which has regular members who tour, record, and generally play equal roles in a performance together. A bachelor's degree in Music theory or Music performance is recommended. The annual income of a singer or musician totally depends upon the capability and talent of the singer.

Sound Designer: The Sound Designers are responsible for obtaining all sound effects, whether recorded or live for a specific production. They are also responsible for setting up the sound playback equipment and must make sure the board operator is properly trained. Sound Designing is an artistic component of the production. The Sound Designer needs to have the imagination to create sound effects and not just rerecord them. An important part of understanding and realizing the director's creative vision for the atmosphere of a film, good sound recording can save a production time and money in post-production. For a sound designer, a good understanding of electronics and sound recording, playback and editing equipment excellent aural skills and ability to give and accept direction should be there. A bachelor's and master's degrees in sound design are needed to become a sound designer. A sound designer can earn up to Rs.6,00,000 per year.

Music Director: Music Directors are also known as conductors, they lead musical groups such as orchestras etc. They select music to perform, arrange performances and work with musicians to ensure that they perform well. They also lead rehearsals and performances. They are often responsible for many of the administrative details of leading the musical group. Music directors work with a variety of different types of musical groups, including school bands, youth orchestras, and performance companies, or may even work for a television or radio shows. A successful music director is creative, tenacious and dependable. They have the excellent interpersonal skill and shine in front of a crowd. A music director in the performing arts tends to have a master's and PhD in musical programs like conducting,

music theory, music composition, or in a specific instrument. An average annual salary of a music director is around Rs.9,00,000.

Music Editor: Music Editors help directors to achieve their musical ambitions on films and provide a crucial link between the film and the composer. They structure the soundtrack, ensuring that all the components work together. For film music to work successfully it must be beautifully written, well performed and appropriate to the story and setting. In addition, it must be very carefully placed within the film, in order to complement the action, rather than detract from it. Their responsibilities vary according to each film's musical content and budget. They are usually responsible for all the music featured on film soundtracks, including performed music, all sourced and the score, written by the composer specifically for the film. A bachelor's degree in the relevant field is required for pursuing your career as a music editor. A music editor can make up to Rs.6,00,000 yearly.

Music Teacher: Music teachers provide music lessons about how to sing or play a musical instrument to pupils i.e. adults and children within home, school or college. Some music teachers also teach people about music theory. They are responsible for teaching people instrumental techniques, scales, sight reading, and music theory, the majority of music teachers help pupils to prepare for music examinations, auditions, and live performances. Some might even teach people about recording software, such as Pro Tools and Logic. While sharing the gift of music can be rewarding and fulfilling, teaching music isn't just about music. You'll need to have effective classroom management skills and know how to assess and grade your students' progress. Music teachers need to have at least a bachelor's degree in music education, but many teachers also earn master's degrees or doctoral degrees in music performance or music education. A music teacher can earn near about Rs.4,50,000 per year.

Recording Engineer: The job of a recording engineer is not only to record audio but to edit and mix it in such a way as to make the audio sound the best it possibly can. You will set up and operate sound equipment in live events, recordings or post-production to ensure the best acoustic result. The equipment typically used by recording engineer includes digital recorders, listening equipment, mixing boards, and sophisticated computer programs and software. The recording engineer must carefully balance art and science and be able to communicate and understand the artist's needs in order to make their musical dreams a reality. It requires a bachelor's degree in computer, engineering or information science or equivalent. The average salary for a Sound Engineer is Rs.4,00,000 per year.

Studio Manager: Studio Managers ensure the studio runs efficiently by overseeing building maintenance and studio prep ahead of sessions. Studio managers working in the music industry usually oversee the recording studio and schedule artists for recording. Some music studio managers are also owners of the recording studios. They also oversee the marketing and advertising, designing budgets and acting as the link between clients and the engineers. Because they often handle financial matters, aspiring recording studio managers also benefit from having a financial background. They are responsible for providing for all the necessary equipment and facilities required of a professional recording studio. The more contacts a Studio Manager has in the music business, the better the recording studio's chances of commercial success. They usually have an educational background in communication, broadcasting, music production or engineering. The starting salary of a studio manager is around Rs.4,00,000 per annum.

Instrumentalist: An Instrumentalist is a musician who plays one or more musical instruments and performs a variety of musical genres. The Instrumentalist may perform as a soloist or play in recitals with accompaniment, or as a member of a musical group such as an orchestra or a band. There will also be opportunities to perform in live performances and participate in recordings in music studios. There are several qualities that help in the success of an instrumentalist including a high level of education and experience in the field of music skill at playing one or more instruments, an ability to read musical sheets and play from them and adaption to the way they pay their instrument depending on the specific style desired by the audience. In order to be successful in this career, it is essential to be a flexible person and be willing to perform in front of many types of groups. While there is no specific educational requirement for an instrumentalist, they must be highly skilled at playing the instrument of their choice which can only come with years of practice and training. The income of an instrumentalist depends on the kind of instrument played by him/her.

If you have a passion for music, you can see there are a variety of careers related to music available. Each music career requires a unique skill set and other essential backgrounds. It is important to spend time figuring out which path is right for you. You can choose any of the above profession as your career according to your desire and interest.

(Vijay GarG Retired
Principal Educational
columnist Malout)

BJP leaders Pay Tribute to Bharat Ratna Baba Saheb B R Ambedkar on his Birthday Anniversary



Top News Report

JAMMU, Apr 14: Yudhvir Sethi (Vice President BJP) along with Braham Jyot Satti (Senior leader and Incharge BJP OBC Morcha Jammu Kashmir), Raman Sharma (Mandal President BJP) and other leaders Paid Floral Tribute to Bharat Ratna Dr. Bhim Rao Ambedkar on his Jayanti (Birth Anniversary) at Ambphala Chowk, Jammu.

Programs were also organized by Raman Sharma (Mandal President BJP) and Rakesh Pandey (Mandal President OBC Morcha).
Perveen badyal (Dist vice President OBC), Rothi (mandal vice President bjp), Karan (mandal general secretary bjp), Puneet Chawla (mandal IT cell), Sunil Bindru (media), Vicky Pandey (OBC morcha mandal president), Ajay Mehra (vice President obc), Ramesh (general secretary OBC), Aman (general secretary), Vishal (secretary), Robin (sc mandal president) were present on the occasion.
In the programs they paid Floral Tribute to Bharat Ratna Dr Bhim Rao Ambedkar and briefed life story of him to general public . They also reminded the works of Baba Saheb .
Speaking on the occasion Yudhvir Sethi said that Baba Saheb was born in a middle class family but he never compromised with education . He was Chairman of drafting

Committee who made our Constitution . Later on awarded with Bharat Ratna .

He said Baba saheb belongs to lower middle class family but he never compromised with education and became successful with his hard work and dedication .

He said that Dr Bhim Rao Ambedkar has did alot for society and break various social ill practices which were not suitable for public .

Braham Jyot said Bharat Ratna Dr Bhim Rao Ambedkar was popularly known as Babasaheb Ambedkar . He is the architect of the 'Constitution of India'. He was a well-known statesman who fought for the rights of the Dalits and other socially backward classes .

He fought for people's right and succeeded . He fought for education . His whole life is a lesson for us and Everyone should follow his teachings .

He Said that Baba Saheb never compromised with education . He was Chairman of drafting Committee who made our Constitution . Later on awarded with Bharat Ratna BJP always follow his principles and he remain alive in our hearts , he added .

Big Jolt for NC, DPAP Party as Several Join BJP at Kishtwar



Top News Report

KISHTWAR, Apr 14: In a significant development, the BJP Mandal Chatroo organized a joining program at Bunda Chingam to bolster support for the BJP in the upcoming Lok Sabha elections. Hundreds of youths from Bunda (Chingam) joined the BJP in the presence of BJP Mandal Pradhan Chatroo, Sh. Santosh Bhandari, District Sec-

retary BJP Kishtwar & Prabhari Mandal Mughal Maidan, Sh. Prashant Bhandari.

During the event, Prashant Bhandari addressed party workers and the newly joined members, laying out key points to shape the narrative for the forthcoming elections. He emphasized the importance of grassroots-level engagement, urging party workers to engage positively with the public,

highlighting the achievements of the Central Government during their door-to-door visits.

The new entrants were also addressed by BJP Mandal Pradhan Chatroo, Sh. Santosh Bhandari, ST. District President Jnb. Master Amaan, ST. Gen. Secretary Jnb. Nazir, and State Executive Member Sh. Roshan Lal Koul, further solidifying their commitment to the BJP's cause.

Narinder pays rich tributes to Dr Ambedkar on his birth anniversary



Top News Report

JAMMU, Apr 14: Social Activist and senior PDP leader Narinder Sharma along with others at Kotli Shah Doula, RS Pura paid rich tributes to Dr Bhimrao Ambedkar on his birth anniversary, popularly known as one of the architects of India constitution. Narinder, while paying rich tributes to Dr Ambedkar termed him a messiah of down-trodden oppressed and suppressed people of the country.

He said Dr Ambedkar fought against caste system and worked for equality among people irrespective of their caste, creed, colour

and religion. He said Dr Ambedkar was a great socialist and a thinker ahead of his time. Terming Dr Ambedkar a great luminary, Narinder highlighted the contribution of architect of Indian Constitution and described him as a leader of poor and down-trodden who struggled for their cause. Narinder further said that Dr. Ambedkar's contribution is matchless and would continue to inspire the generations to come. He said real tribute to the leader is to follow his teachings and services towards the mankind. Dr. Ambedkar, throughout his life, highlighted the plight of the deprived

sections of the society and tried to provide them justice in the society.

The nation is proud of such a leader and will continue to remember his remarkable services, Sharma added. Narinder said unflinching commitment of Dr Ambedkar towards social justice brought about a revolutionary transformation in Indian social order and helped in carving a society based on equality, justice and opportunities for all.

He called upon the politicians and all over the country to show their respect and regard for Dr Ambedkar by following his advice and wishes.

District President People's Democratic Party Doda Sympathises with families of Thathri Accident Victims

Top News Report

BHADARWAH, Apr 14: District President People's Democratic Party Doda Shuhab UI Haq Butt has expressed his deepest condolences over the loss of precious human lives in a heart wrenching road accident at Phagsoo of Sub Division Thathri on Saturday.

In a condolence message, Butt has conveyed his profound grief and sorrow over the irreparable loss of lives and further extended his sympathies to the families of the deceased and wished a speedy recovery for those injured in the accident.

Butt also observed that the accident which left four individuals injured has further added to the sorrow and trauma of the incident.

"This unfortunate incident serves as a stark reminder of the importance of road safety and the need for continuous efforts to prevent such tragedies from occurring in future. Authorities are urged to conduct a thorough investigation into the circumstances sur-

rounding the accident to ascertain the causes and take necessary measures to prevent similar incidents," he further asserted adding,

"As a community, we stand together in solidarity during this difficult time, offering support and comfort to those affected by this heart-breaking accident".

He, however, urged the UT administration headed by Lieutenant Governor to compensate the loss of precious human lives by granting ex-gratia relief to the next of kins of the deceased persons immediately.

It may be recalled that in a devastating turn of events, a private van carrying passengers met with a tragic accident late on Saturday night in Doda district.

The van, for reasons yet to be ascertained, veered off the road and careened into a deep gorge resulting in the loss of six precious lives. Among the deceased were four members of a single family, leaving the community shattered and in mourning.

Stray Dog attack claims lives of Sheep, leaves Shepherd in distress in Karnah



Top News Report

KUPWARA, Apr 14: A distressing incident unfolded in the village of Jada, as a pack of stray dogs viciously attacked the herd of Mushtaq Ahmad Bajard, son of Nizam ud Din Bajard, a resident of the area. Mushtaq Ahmad, a shepherd by profession, solely relies on his flock to provide for his family's livelihood. However, the brutal attack resulted in the death of 10 sheep, with several others sustaining severe injuries.

Mushtaq Ahmad, a poor man struggling to make ends meet, now finds himself burdened with

the loss of his valuable livestock. With his primary source of income devastated, he faces an uncertain future in providing for his family's basic needs.

In light of this tragic event, the local administration of Karnah is urged to intervene promptly. A request has been made to direct the concerned department to conduct a thorough inspection of the area and extend assistance to Mushtaq Ahmad Bajard. Moreover, it is imperative for the administration to provide compensation to alleviate the financial strain on the shepherd and enable him to meet the needs of his

family during this challenging time.

Such support from the authorities is not only essential for the welfare of Mushtaq Ahmad Bajard and his family but also serves as a demonstration of the government's commitment to safeguarding the livelihoods of its citizens, particularly those vulnerable to such unforeseen calamities.

As the community rallies behind Mushtaq Ahmad Bajard in solidarity, it is hoped that swift action will be taken to address his plight and ensure that he receives the necessary support and assistance to rebuild his life and livelihood.

DRDO & Army conduct successful trials of indigenous Man Portable Anti-tank Guided Missile Weapon System



Top News Report

NEW DELHI/JAMMU, Apr 14: Man Portable Anti-tank Guided Missile (MPATGM) Weapon System, indigenously designed and developed by Defence Research & Development Organisation (DRDO), has been field evaluated in different flight configurations several times with the objective of proving the technology with high superi-

ority. The system consisted of the MPATGM, Launcher, Target Acquisition System, and the Fire Control Unit.

Adequate number of missile firing trials have been successfully conducted towards achieving compliance of complete operational envelop as stipulated in the General Staff Qualitative Requirements (Infantry, Indian Army). The Warhead Flight Trials were suc-

cessfully conducted at the Pokhran Field Firing Range, Rajasthan on April 13, 2024. Missile performance and warhead performance were found to be remarkable.

Penetration trials of the Tandem Warhead System of MPATGM have been successfully completed and it is found capable of defeating modern armour protected Main Battle Tank. The ATGM system is well-equipped with

day/night and top attack capability. Dual mode seeker functionality is a great value addition to the missile capability for tank warfare. With this, technology development and successful demonstration have been concluded and the system is now ready for Final User

Evaluation Trials leading towards its induction into the Indian Army. Raksha Mantri Shri Rajnath Singh has complimented the DRDO and the Indian Army for the successful trials of the system, terming it as an important step towards achieving self-reliance in advanced technology-based defence system development. Secretary, Department of Defence R&D and Chairman DRDO Dr Samir V Kamat also congratulated the teams associated with the trials.

Rajesh Gupta pays floral tributes to Dr Ambedkar in Bengaluru

Top News Report

BENGALURU/JAMMU, Apr 14: The Jammu and Kashmir Bahujan Samaj Party (BSP) General Secretary and Media Head Rajesh Gupta today paid floral tributes to Dr B R Ambedkar on his 133rd birth anniversary at Vidan Sauda Bengaluru.

While interacting with media Rajesh Gupta said Ambedkar was a prominent figure in Indian history as well as a jurist, economist, politician and social reformer. He devoted his life to fighting for the rights of women and labourers as well as to ending societal prejudice against untouchables, or Dalits. This day, which is frequently observed as a public holiday throughout the nation, is also known



as Equality Day since the leader fought for equality and the just treatment of all Indian residents under the law throughout his life.

He said our party has a big cadre in the country and I appeal to those BSP workers to be united because we have the potential to give a big defeat to our opponents and we can make BSP Govt if we all United.

BJP is making slaves by giving free ration instead of employment. BJP's working style is communal and casteist. Politics is being done under the guise of religion. Baba Saheb's dreams have to come true. He spent his life for the welfare of the poor.

Dil Le Gayi Kudi singer Jasbir Jassi on his latest collab: I have always taught my sons Simbaa and Jerry to be humble

After making a household name of himself, Punjabi singer Jasbir Jassi is set to introduce his sons Jerry and Simbaa to the world of the music industry. Known for his track Dil Le Gayi Kudi Gujarat Di, Jassi is happy to see his children grow in the same arena. "I always thought of going International and even tried a lot back in 2004," he reminisces about his dream to train at Berkeley College of Music in the US, a dream he now sees his son Sakaar fulfilling. "I wanted to get training from there, but I couldn't. I thought that I will send Sakaar, mera sapna pooru karega yeh. He went there after training for their audition in Delhi. Even my younger child Jerry has studied sound and music producing from Point Blank in London. Bahut zyada acha lagta hai yeh dekh ke."

Even his younger son Jerry is following his footsteps now. "Even my younger child Jerry has studied sound and music producing from Point Blank in London. Bahut zyada acha lagta hai yeh dekh ke," mentions the 54-year-old.



Despite the generational gap he experienced with his own father, Jassi emphasises the importance of communication with his sons, stating, "Bahut zyada acha lagta hai yeh dekh ke. Music ab 2-3 maheene mai hi change horaha hai, pehle saalon lagjaate the. Now, we are working together and making tracks. Sometimes, I feel that I am more advanced than them. It makes me feel really happy that fresh and young minds collaborate with me."

"There is a generational gap, I couldn't talk to my dad my whole life due to that, but I am always there to talk to them as a father. There

are clashes whenever there is a difference of opinion due to that, but I also understand modern and advance music, par yeh clash hona bhi chahiye, yeh zaruri hai learning ke liye," the singer further adds.

For Simbaa and Jerry, the pressure to carry forward their father's legacy is not about delivering hit songs but about embodying the essence of hard work and dedication. Simbaa shares, "When me and Jerry were kids, dad used to keep travelling between Delhi and Punjab. He used to come with nursery rhyming cassettes with English ones for kids. So, he has always kept us influenced

with that sound. Hume Global jaana hai, so there was not any pressure to make hit songs. But yes, there is a pressure to take the hard-work legacy forward. We are learning so much from him."

Even Jerry agrees with his thought and adds, "Hits dene ka pressure kabhi bhi nahi tha. I keep going back to his old songs to learn and improve my work today. We watch him everyday doing Riyaas and working so hard, that's the learning that we take. His work energy gives us motivation and right now we are in a wave of releasing back to back songs," also sharing, "We just released a song

called Psycho recently and we also have a song coming on the 19th."

Ask if there are any upcoming collaborations of the father and sons together, and Simbaa answers, "We have done a song together, the three of us, which will release soon. Mere dad ne apne style ki writing and pop singing daali hai, I have sang in my style, and Jerry has produced it. That's a collaboration that we are excited for people to listen to." To which Jerry adds, "We have many things coming up. But, this is one of the songs that we loved working on. He gave his best, Sakaar put his flavour, so this will be an exciting one, for sure!"

Jassi also elaborates on the teachings he imbibes in his sons. "I have given very less time to them while growing up, but we still used to stay connected everyday. I used to try ki Kalaakaari ka rang inke upar na chadhe, I wanted them to stay grounded. Agar bachpan ya zindagi miss hojaaye, toh aapki kalaakaari ka koi fayda nahi hai," he concludes.

Raveena Tandon reveals she said no to 'five films' before her debut with Salman Khan in 1991



Actress Raveena Tandon revealed that she turned down five films before making her

debut with 'Patthar Ke Phool' in 1991, alongside superstar Salman Khan.

The actress revealed that she had received multiple film offers before accepting her debut role.

"Before that, I had already said no to five films," Raveena said on 'Kiska Brand Bajega'.

Raveena shared how excited she and her friends were about this offer.

"I was in the college canteen, and I came in and said, 'Guess who I got offered a film with,' and they said, 'Who?' and I said, 'Salman Khan', and all my friends were like, 'Yayyy!' "she said.

The actress then revealed that the process from accepting the film to starting work on it was very quick.

Raveena said, "So I said yes. The next day I did the photoshoot with Salman, and the third day I was filming."

Directed by Anant Balani and written by Salim Khan, 'Patthar Ke Phool' revolves around a young police officer and the daughter of a gangster who fall in love at first sight.

After 'Patthar Ke Phool', Raveena and Salman worked together in several movies, including 'Andaz Apna Apna', 'Kahin Pyaar Na Ho Jaaye', and more.

Mahi Bhanushali's incredible transformation into Bhola

Mahi Bhanushali aka Doree has transformed herself into a boy named Bhola in Colors' show Doree. In the new avatar, she hesitates to reveal herself to those who know her. As Bhola tries different ways to jog Agni's memory, the adorable actress essaying the role is receiving immense love and support from her co-stars.

Toral Rasputra, essaying the role of Mansi, says, "Mahi looks cute in her new look as Bhola. It's challenging for her to play a character different from what she's been portraying. Adapting to a boy's body language and dialect is tough, but she's doing a fabulous job."

Amar Upadhyay, portraying the role of Agni, adds, "Mahi is a versatile actor. She was portraying a female character, but now she essays the role of Bhola, a boy, due to a twist in the story. She executes the role beautifully; the appearance of a boy and the short hair suit her."

Sudhaa Chandran, who is playing Kailashi, shares, "It's a very interesting turn. People believe that Doree is dead,



but she has transformed her appearance and returned as Bhola to evoke memories of her father. She is performing the role outstandingly well."

Rashmika Mandanna reveals why she doesn't take success lightly: 'I know there are girls prettier than me...'

Actor Rashmika Mandanna has been on a roll. After Pushpa: The Rise and Sita Ramam, she tasted massive success with Sandeep Reddy Vanga's Ranbir Kapoor-starrer Animal. Despite polarising reviews, the film did well at the box office. In an interview with Lifestyle Asia, the actor opened up on why she doesn't take that success for granted.

Talking to the publication, Rashmika stated that she doesn't believe in taking either joy or success lightly, because she knows there are people more talented or prettier than her out there and she wants to make the most of what she has been given.

She said, "I know



that there are a lot of girls out there who are prettier and way more skilled and talented than I am, but I have been given this opportunity to be at the place that I am in today and I'm truly grateful. No joy in life or the success you achieve in your career should be taken lightly - I have learned this over the last few years."

In the same interview, Rashmika spoke about being judged for her every move since gaining fame, calling it 'normal.'

However, she also pointed out that one needs to be thick-skinned to deal with everything coming their way in this field, saying, "If you speak, the world listens and passes judg-

ments and criticisms and has many opinions - which is perfectly normal - but if you're not thick-skinned, it can affect you mentally and emotionally, in ways that people are not very aware of."

Rashmika has numerous projects she's working on, both in Telugu and Hindi. She is reprising her role as Srivalli in Sukumar's Pushpa 2: The Rule with Allu Arjun, the film will release on August 15. Apart from that she's acting in a Telugu-Tamil bi-lingual called Rainbow and a film called The Girlfriend, directed by Rahul Ravindran.

In Hindi, she's shooting for Chaava, which also stars Vicky Kaushal, Akshaye Khanna and Pradeep Rawat.

Rasika Duggal on Lord Curzon Ki Haveli going for Red Lorry Film Festival: Word of mouth can change things for a film

Actor Rasika Duggal is elated as her latest project, Lord Curzon Ki Haveli, garnered attention at the prestigious Red Lorry Film Festival in Mumbai. Sharing her excitement and initial reaction to the news, she expresses, "I am delighted that after screening at some well-regarded film festivals, audiences in India will be able to watch the film on a big screen," adding, "The Red Lorry film festival has a very interesting line up, with films like Poor Things and Civil War, and I am thrilled that they chose Lord Curzon Ki Haveli too."

Duggal, known for her candid views on the challenges faced by non-mainstream cinema in India, sheds light on the importance of film festivals in bridging the

gap between such projects and the audience. "Audiences are versatile and open to new experiences, if they are made accessible to them," the 39-year-old continues, "The films that get recognized at credible film festivals, in my opinion, are interestingly told stories and have the potential to be appreciated by widespread audiences."

Addressing the struggle of such films to find adequate distribution and promotion, the actor articulates, "It becomes a cyclical conundrum - without proper distribution, these films fail to reach a wide audience, which then perpetuates the misconception that Indian viewers only want formulaic, mainstream entertainment."

"But, many such films struggle to get a reasonably good theatri-



cal release or effective promotional campaigns. And it becomes a cyclical conundrum - without proper distribution, these films fail to reach a wide audience which then perpetuates the

misconception that Indian viewers only want formulaic, mainstream entertainment," she further adds.

Highlighting the pivotal role of film festivals in amplifying the visibility

of non-commercial projects, Duggal shares her insights from her recent experience with her film Fairy Folk, an indie improvised film which was also produced by her. "I believe, word of mouth can change things for a film. And my recent experience with Fairy Folk confirmed that idea. I was so encouraged by the attention the film got just by word of mouth, given our publicity budgets were miniscule. I think, film festivals help in generating a positive buzz around the film which can possibly be the first steps towards securing distribution," she tells us.

"Some festivals have well curated film markets too - an organised space where potential producers and distributors get to meet and make pitches. I think it's

a great space and many films have seen the light of day because of these interactions," Duggal adds.

Commenting on the credibility boost garnered by films through their participation in International film festivals, Duggal emphasises the discerning nature of festival audiences. "Selection processes at film festivals are thorough, and audiences at film festivals are very discerning," she affirms. "If your film has passed muster with a respectable jury and subsequently with a film festival audience, then it definitely lends credibility to the work. Also, I love the involvement with which audiences at film festivals watch films. The love for cinema is palpable and I thrive on that energy."

Kirsten Dunst thinks being a mother has made her a better actress



Kirsten Dunst, who is the mother of Ennis, five, and two-year-old James, has said being a mother has made her a better actress. She said, "I think once you become a mom, you're just more fearless in life."

The Jumanji star, who plays a renowned war photojournalist in the new drama film Civil War, recently said she needed an actor to play an unnamed soldier in a pivotal scene of the film, so she persuaded her husband to take up the job.

Former Akali MLA Pawan Tinu joins AAP; likely to be fielded from Jalandhar Lok Sabha seat



CHANDIGARH, Apr 14 (Agencies): In a setback to the Shiromani Akali Dal, former party MLA Pawan Kumar Tinu on Sunday joined the AAP here. Tinu is likely to be the Aam Aadmi Party (AAP)

candidate from the Jalandhar Lok Sabha seat, said party sources. Punjab Chief Minister Bhagwant Mann welcomed Tinu into the party fold. Tinu, a Dalit leader, was elected MLA from

the Adampur assembly constituency in Jalandhar district in 2012 and 2017. He lost the 2022 assembly polls to Congress nominee Sukhwinder Kotli.

He had unsuccessfully contested the 2014 Lok Sabha elections.

The Jalandhar Lok Sabha seat is currently represented by Sushil Rinku, who won it on an AAP ticket in the 2023 bypoll.

Rinku was named the AAP candidate from Jalandhar seat for the upcoming Lok Sabha polls but he quit the party and joined the BJP.

The BJP has fielded Rinku from the Jalandhar reserve constituency.

Polling for the 13 Lok Sabha seats will be held on June 1.

Ahead of Lok Sabha election, Gujarat Government transfers, promotes 35 IPS officers

AHMEDABAD, Apr 14 (Agencies): The Gujarat Government on Sunday promoted and transferred 35 Indian Police Service officers amid the code of conduct in force for the Lok Sabha polls.

Important cities like Surat and Vadodara got new police commissioners due to the exercise. Vadodara police commissioner Anupam Singh Gehlot was made Surat police commissioner, while additional director general of police (administration), Gandhinagar, Narashima Komar replaced him.

IPS officers Manoj Agarwal, K L N Rao, G S Malik and Hasmukh Patel were promoted from ADG to Director



General of Police rank though they will continue to hold current posts, as per the government order.

A total of 20 IPS officers have been promoted by the Gujarat government.

Chirag Koradia, who was awaiting posting as Inspector General (IG) of Police Border Range, while J R Moothaliya, who too was awaiting posting, will be new IG

(Ahmedabad range). IPS officer Prem Vir Singh has been made IG (Surat Range).

Tarun Duggal, deputy commissioner of Police (Zone 7) of Ahmedabad city, has been appointed as Superintendent of Police of Mehsana, while Om Prakash Jat, currently Anti Terrorist Squad SP, will be new Ahmedabad Rural SP.

All 26 Lok Sabha seats in Gujarat will witness polling on May 7.

Nagpur man kills live-in partner with hammer, strangles son; dies by suicide

NAGPUR, Apr 14 (Agencies): A 30-year-old man allegedly committed suicide after killing his live-in partner and their three-year-old son in a hotel room in Nagpur city of Maharashtra on Saturday evening, police said today.

The bodies of Sachin Vinodkumar Raut, Naznin (29), and their son Yug were found in a room in Golden Key hotel situated near Gajanan Colony in MIDC area by staff,

who in turn informed the police.

"Raut was found hanging from the ceiling fan, while his live-in partner Naznin was found with a head injury and a hammer with blood stains lying nearby. No injuries were found on Yug's body," a police official said.

Preliminary investigation suggests that Raut fatally attacked Naznin with the hammer before either poisoning or strangling the boy to death. He then hanged himself,



the official added.

A truck driver by profession, Raut was already married with two children. He was having an extra-marital affair with Naznin, originally

from Madhya Pradesh, he said.

Raut never divorced his wife and started living with Naznin.

"He later started avoiding Naznin. This led to

frequent arguments between them. Finally, they decided to stay separately. On Friday, both signed a mutual agreement on a stamp paper of ₹ 500 that they would stay separately. Police have seized the stamp paper for investigation," the official said.

Raut, Naznin, and the boy checked in at the hotel in the afternoon, he said, adding that further investigation is on.

Police have registered a case of murder against deceased Raut.

Eknath Shinde speaks to Salman Khan after firing outside home, assures security



MUMBAI, Apr 14 (Agencies): Maharashtra Chief Minister Eknath Shinde on Sunday spoke to Salman Khan over the phone and assured him of increased security after two bike-borne assailants fired several rounds of shots outside the Bollywood actor's residence in Mumbai. The police have already launched a search for the suspect, while heightening security arrangements around the Galaxy Apartments in Bandra.

The Chief Minister decided to call the actor as tension simmered following the shooting incident.

Shinde held a discussion with the Mumbai Police Commissioner, after which it was suggested to increase Salman Khan's security.

The incident occurred at 4.51 am on Sunday when the two perpetrators fired three rounds and another four rounds outside the Galaxy Apartments before flee-

ing the spot.

CCTV footage showed the bike-borne men speeding towards Salman Khan's house.

However, the Opposition has blamed the Shinde-led government in Maharashtra for a dangerous law and order situation in the state which led to Sunday's incident.

Addressing reporters, Shiv Sena (UBT) MP Sanjay Raut asked where the state's Home Minister was, adding that "he is in election mode 24 hours".

"Law and order is in danger in the state. Where is the Home Minister? He is in election mode 24 hours, sometimes in Delhi, in an election campaign meeting, sometimes sitting in a conspiracy to eliminate his opponent. Who will look after law and order by the BJP?"

Raut further said that the "Home Minister is busy in politics but the Mumbai Police is not doing politics, right? They are also doing

politics behind his back". "The firing that happened outside Salman Khan's house is a sign. Bullets can be fired anytime and anywhere in this Mumbai."

On her part, Shiv Sena (UBT) leader Priyanka Chaturvedi said "Home Minister of Maharashtra, Devendra Fadnis and this illegitimate government are directly responsible for the breakdown of law in Maharashtra".

In a post on X, she added, "The shoot out outside Salman Khan's house is not just shocking but also shows their inability to focus on governance over their politics."

Sunday's incident came more than a year after Salman Khan's office received an e-mail threatening the Bollywood actor in March 2023. The Mumbai Police had registered an FIR against gangsters Lawrence Bishnoi and Goldy Brar and another person under Sections 120-B (criminal conspiracy), 506-II (criminal intimidation) and 34 (common intention) of the IPC.

Lawrence Bishnoi and Goldie Brar have announced several times to kill Salman Khan.

According to sources, they had also sent their shooters to Mumbai to kill the actor.

Four killed as car falls into river in Uttarakhand's Bageshwar

The accident occurred on the Rima-Gharamghar motor road, near Chidag, at around 4 am, an official said.

DEHRADUN, Apr 14 (Agencies): Four people, including two brothers, were killed when their car fell into a river in Uttarakhand's Bageshwar district in the early hours of Sunday.

The accident occurred on the Rima-Gharamghar motor road, near Chidag, at around 4 am, Bageshwar Kotwali Station House Officer (SHO) Kailash Negi said.



The car fell about 250 metres down the road into the river, he said.

All occupants of the car were seriously injured in the accident.

Police and State Disaster Response Force (SDRF) personnel, with the help of locals, pulled them out of the river and rushed them to a hospital where they were declared dead, the officer said.

The victims were identified as Kamal Prasad, Niraj Kumar, Dipak Arya and Kailash Ram, who were aged between 25 and 30 years, Negi said.

Niraj and Dipak were brothers, the SHO added. The families of the victims have been informed.

The victims were residents of Vadyuda Rima and Junyal Dofad, the officer said.

34 injured in bus accident in Himachal's Hamirpur

HAMIRPUR, Apr 14 (Agencies): Thirty-four people were injured when a Himachal Road Transport Corporation (HRTC) bus met with an accident here, officials said on Sunday.

The mishap took place at Tiale Da Ghat near Bhota Kaswa, about 16 km from Hamirpur on Saturday night, they said.

According to eyewitnesses,

a car suddenly came in front of the bus while overtaking a sharp turn near Tiale Da Ghat. To save the car, the driver turned the bus towards the left and collided into a hill resulting in the accident.

The officials said the Hamirpur-Vrindaban bound bus was carrying about 50 passengers, of which nine people, including the driver,



sustained serious injuries and are undergoing treatment at Hamirpur Medical College.

The driver had to be taken out of the bus

by cutting the steering wheel of the bus, they added.

According to the officials, the other 25 injured passengers

were sent to Bhota Hospital in Hamirpur district for treatment.

A police team led by ASI Rajesh Kumar reached the spot and carried out relief and rescue operations.

The local business community also helped them.

Police said a case has been registered in the incident and investigations are underway.

6-year-old boy who fell into borewell in Madhya Pradesh's Rewa dies

The boy was stuck at a depth of around 40 feet

REWA, Apr 14 (Agencies): A six-year-old boy, who fell into an open borewell in Madhya Pradesh's Rewa district two days ago, has died despite hectic efforts by multiple agencies to save him, an official said on Sunday.

The child fell into the borewell in Manika village, located close to the Uttar Pradesh border, at around 3



pm on Friday when was playing near it. He was stuck at a depth of

around 40 feet, officials earlier said. Teams of the State

Disaster Emergency Response Force (SDERF), National Disaster Response Force (NDRF) and local administration were engaged in the operation to bring the boy out of the borewell.

The rescue teams supplied oxygen into the 70-foot-deep borewell and parallel pits were dug to reach him.

Collector Pratibha Pal

said the child was located on Sunday after 40 hours of rescue operation but he was "unresponsive".

"The boy was located at around 8 am. We made all efforts but could not save the child as the borewell was too narrow," Pal told reporters at the spot.

The body was sent to a hospital for postmortem, she added.

Fire Breaks Out In Hostel Building In Rajasthan's Kota, 8 Students Injured

KOTA, Apr 14 (Agencies): A massive fire broke out on Sunday morning in a boys' hostel building injuring eight students here with preliminary reports suggesting that the short circuit led to the blaze, police said.

The incident happened at around 6.15 am in Landmark City under Kunhari police station, Superintendent of Police (SP) Kota city Amrita Duhan said.

According to initial investigation, a short circuit in an electric transformer installed on

the ground floor of the five-storey hostel building led to the fire, the police said. The forensic team, however, is trying to ascertain the exact reason for the incident.

Rakesh Vyas, a fire officer at Kota Municipal Corporation, said the hostel building was not equipped with fire safety measures and did not have fire NOC. He added that it's alarming that the transformer was installed inside the hostel building.

The police said the six injured students, including one who sus-

tained severe burns, are receiving primary medical treatment at Maharao Bheem Singh (MBS) Hospital here.

One student, who suffered a fracture in his leg after he along with 14 others jumped from the building's first floor to escape the fire, is being treated at a private hospital, they added.

Bhavishya, a NEET aspirant from Bihar's Chindwara who lived in the building, was also injured in the incident. He said he was woken up by a loud noise at

around 6.15 am and when he came out of his room, he found thick smoke everywhere.

He said the students decided to jump from the first floor as the staircase was filled with smoke and there was no other way out of the building.

The building had 75 rooms of which 61 were occupied, SP Duhan said.

She added that fire tenders rushed to the spot in time and doused the fire before it could spread to upper floors.

All the students have been rescued from the building, circle inspector at Kunhari police station Arvind Bhardwaj said.

The parents of the students are being contacted to assure them that their wards are safe, he added.

Bhardwaj said that as most students couldn't carry their mobile phones while they were being rescued, a helpdesk is also being set up for the students and their parents.

The matter is being investigated, the CI said.

Omar Abdullah rules out contesting assembly elections till J&K is UT

SRINAGAR, Apr 14 (Agencies): National Conference leader Omar Abdullah has ruled out contesting the assembly elections till Jammu and Kashmir remains a Union territory.

"I don't fancy my chances for anything. I don't aspire to the office of the Chief Minister. And I most certainly do not aspire to lead a Union Territory.

"I have made it abundantly clear that in the current situation that J-K finds itself in, I am not contesting assembly elections. I have said this all the way back from 2020 onwards and my position has not changed," Abdullah told PTI in an interview here on Saturday.

Asked about the rationale behind leaving the family bastion of Srinagar Lok Sabha seat to contest from Baramulla, Abdullah, who has been elected to Lok Sabha three times, said it was not his habit to take the easy road.

"Why should I shy away from a fight? Yes, the political wisdom would suggest that I fight from Srinagar because God forbid a setback for me would be a setback for the entire party. But this is not the first time that someone from the family has fought from a seat other than Srinagar," he said.

Abdullah recalled his grandmother Akbar Jehan winning from the Anantnag constituency



in the 1984 Lok Sabha polls.

"I still remember as a child campaigning with my grandmother from Anantnag in 1984 after the murder of democracy when MLAs were bought, defections were engineered and my father's government was brought down.

"My grandmother fought and won from Anantnag," he added. Abdullah said his fight in the Baramulla Lok Sabha seat was not against a particular candidate but against the "might of the central government and the BJP".

"The biggest onslaught of Delhi that we are seeing is in north Kashmir. The maximum effort to cobble unnatural alliances is in north Kashmir.

"If you remember last Friday, while coming out of Hazratbal, the leader of Apni Party Altaf Bukhari while referring to Sajad Lone, was a little insulting.

"He had called him do 'teenton ki imarat' (a building of two

bricks). No sooner had he uttered those words, senior BJP leader Tarun Chugh came running to Srinagar, went straight to Altaf Bukhari's residence, and summoned Sajad Lone there to patch up this alliance.

"So, I am not fighting against an individual. My fight in north Kashmir is against the BJP. It is against the support it is giving to people on the ground," he said.

On the claims made by the BJP about development in Jammu and Kashmir post abrogation of Article 370, the former chief minister said by any measure of human development, J-K is far better than some of the so-called developed states of the country.

"In terms of the quality of life, J-K ranks above even the states like Gujarat and Andhra Pradesh. In terms of basic things like the matrix that makes up the human development index, in terms of infant mortality, maternal mortality, development, girl child's education.

"According to them, the NC did nothing but we gave free education right up to the university level. Can you deny it? We handed over land to people without taking any compensation in our landmark land reforms which have not been replicated anywhere in the country.

"J-K is the only place in the country today where Dalits are able to walk with their heads

held up high because they are land owners. Can we forget that? J-K has amongst the low levels of poverty in the country. When was the last time that you heard that somebody in J-K starved to death," he said.

Abdullah listed infrastructure projects like hospitals and universities started by the elected governments in Jammu and Kashmir.

"It is all very well to say that we did nothing. I am citing to you the infrastructure that we created. What can they show me? "They show me the winter games, not one piece of infrastructure that they used for Khelo India skiing has been built by them.

"This railway project that they are now talking about, how many PMs have laid the foundation stones for this. It was started by late PM Indira Gandhi, I was in school when work started, sharam karo (Have some shame)," he said.

On the security situation, Abdullah, while admitting a decline in stone-pelting incidents, said militancy was still there as terror attacks were taking place.

"If everything was normal, why did we not have simultaneous polls for Parliament and Assembly? What reasons did they give? That they do not have enough security forces.

Fani Organises Workers Meeting At Billawar



Top News Report

JAMMU, Apr 14: Bharatiya Janata Party (BJP) Minority Morcha Jammu and Kashmir Spokesperson and district Prabhari Farid Ahmed Fani organised a workers meeting in connection with the visit of union Defence minister Raj Nath Singh. The program is also a prelude to the grand rally campaign at Nathi Billawar of district Kathua scheduled to be held on 15th of April 2024.

A statement in this regard said the main aim of this program is to interact with the people of all religions in the entire district Kathua to make them aware of the schemes introduced by the Modi government as well as the work it has done for the people. Further, the purpose is to inform masses and to appeal for their support to vote for Dr. Jitender Singh in the upcoming Lok Sabha elections with a hope to secure a significant victory, it added.

The 2 days program was organised on the directions of BJP Minority Morcha president Ranjodh Singh Nalwa. During this, Spokesperson and district Prabhari Farid Ahmed Fani was accompanied by Javed Rana (Prabhari District Reasi), Haji Mushtaq Malik (District President Reasi) and others.

Retail inflation drops to 4.85% in March, lowest in 9 months

NEW DELHI, Apr 14 (Agencies): The consumer price index based inflation rate fell to a nine-month low of 4.85 per cent in March as compared to 5.09 per cent in February mainly due to drastic decline in retail inflation for urban areas.

However, there was no relief from elevated food prices with the Consumer Food Price Index (CFPI) for March at 8.52 per cent as against 8.66 per cent in the previous month, according to the National Statistical Office (NSO).

In the food segment, price rise continued but the rate of increase in many sub-segments in March was lower than that in February. For instance, the inflation rate in spices was 11.4 per cent in March as against 13.28 per cent in



the previous month. The inflation in pulses was 17.71 per cent in March but lower than 19.47 per cent in February. Vegetable prices in March also rose 28.34 per cent. In Punjab, there was a marginal rise in the inflation rate. The index was recorded at 178 in March as against 177.7 in February.

In Haryana too, the index rose from 182.7 in February to 183.7 in March. Himachal

Pradesh, however, saw a decline from 175.2 to 174.8.

At 5.7%, IIP rises to 4-month high in Feb

Industrial production growth rose to a four-month high of 5.7% in February due to the good performance of mining and electricity sectors. The Index of Industrial Production (IIP) was 4.1% in January, 4.2% in December, 2.5% in November and 11.9% in October

Payment mechanism for traders importing pulses from Myanmar simplified: Govt

NEW DELHI, Apr 14 (Agencies): The government said that the payment mechanism for traders importing pulses from Myanmar has been eased and simplified.

The importers have been asked to utilize Rupee/ Kyat direct payment system using Special Rupee Vostro Account (SRVA) through Punjab National Bank, the consumer affairs ministry said in a statement.

India depends on imports of pulses to meet the domestic shortage. The country imports tur and urad dals from Myanmar.

Consumer Affairs Secretary Nidhi Khare discussed with Indian Mission in Yangon issues relating to pulses imports from Myanmar such as import prices



in the wake of revised exchange rates and stocks held by importers in Myanmar, it said.

The ministry said that the Indian Mission informed the secretary that the Rupee/Kyat Settlement Mechanism has been operationalised from January 25 this year to simplify trade transactions and to make them more efficient.

The Central Bank of Myanmar released guidelines for payment procedures under SRVA

on January 26, 2024.

The Indian Mission also informed the secretary that the new mechanism will apply for both sea and border trade and for trade in goods as well as services.

"Adoption of the mechanism by traders will reduce costs associated with currency conversions and eliminate complexities related to exchange rates by eliminating the need for multiple currency conversions," the ministry statement said.

It said "dissemination about the operationalization of this mechanism among trading communities especially pulses importers is being separately done wherein they are being requested to utilize Rupee/ Kyat direct payment system using SRVA through Punjab National Bank."

Meanwhile, the government has asked importers and other industry players like millers, stockists, retailers etc to honestly declare their stock of pulses, including imported yellow peas, on a weekly basis on portal <https://fcainfoweb.nic.in/psp/> from April 15.

The ministry has also warned that anyone found to be indulging in forward trade of pulses would be dealt with

firmly as per various provisions of Essential Commodities Act.

States and Union Territories have also been asked to enforce weekly stock disclosure by all stockholding entities and verify the stocks declared by them.

Stocks in warehouses located in major ports and in pulses industry hubs should be verified from time to time and strict action should be taken on stockholding entities found to be reporting false information on stock disclosure portal, the statement said.

The feedback from the industry and inputs from market intelligence relating to the stock position with various market players have been collated for further verification, it added.

Young people are getting unhappier – a lack of childhood freedom, independence may be partly to blame

It is essential to promote environments that foster autonomy, self-expression and independent learning

LONDON, Apr 14 (Agencies): Experts often highlight social media and harsh economic times as key reasons why young people are getting unhappier. And while those factors are important, I would like to emphasise another.

Younger generations have less freedom and independence than previous generations did. The area where children are allowed to range unsupervised outside has shrunk by 90 per cent since the 1970s.

Parents increasingly organise entertainment – ranging from play dates and sports and music classes to family cinema trips – for their children, rather than letting them come up with it themselves. Perhaps this can help explain recent reports that many teenagers today choose to be holed up in their bedrooms.

The lack of childhood freedom isn't just a result of parental control. Societal expectations and school policies also have huge influences.

It is important to note that constraints to freedom often stem from well-meaning intentions, such as safety concerns (for example, location tracking) or cultural norms. Understandably, nobody wants to be the parent who lets their kid take (perceived) risks if others don't. But there are risks to over-protecting children too. It can inadvertently hinder their psychological development.

Emotional, social and cognitive effects

Psychologist Jean Piaget emphasised the importance of exploration and experimentation in cognitive development in the 1950s. He noted that children construct their understanding of the world through active engagement with their environment. By restricting children's freedom to explore and take age-appropriate risks, we deprive them of opportunities for intellectual curiosity and innovation.

A lack of independence can undermine young people's sense of agency and control over

their lives. And research in psychology consistently demonstrates that when people, young or old, feel powerless and constrained by external forces, such as parental supervision or societal expectations, it can lead to frustration, helplessness and low self-esteem.

Moreover, the absence of autonomy limits young people's opportunities for self-discovery, creativity and personal growth. When children are constantly guided and supervised, they miss out on the invaluable experiences of problem-solving, decision-making and learning from mistakes.

The decline in independence can have implications for social and emotional development. Children may get love, support and attention within the family unit. But spending too much time with parents may lead to difficulties getting on with peers, who don't provide the same unconditional love and support.

Indeed, when chil-



dren are constantly surrounded by adults and structured activities, they may struggle to develop meaningful relationships, assertiveness and resilience. Research highlights the importance of peer interactions in shaping social competence and emotional intelligence. After all, parents may not require you to empathise with them, but friends will.

By orchestrating play dates and entertainment, parents may therefore inadvertently limit their children's ability to navigate social dynamics.

This will include learning empathy and developing interpersonal skills independently. It will also set an expectation that children will come to internalise the idea that 'parents will do things so I don't have to' – leading to further lack of accomplishment.

The lack of independence can also contribute to feelings of boredom, restlessness and disengagement. Humans need to be engaged in activities that challenge and absorb our attention, leading to feelings of fulfilment and happiness. When children are constantly entertained and supervised, they may struggle to find activities that naturally capture their interest and provide a sense of purpose and enjoyment.

This is important. In defining happiness, positive psychology emphasises both the emotional aspect, such as experiencing positive emotions, and the cognitive aspect, which involves a sense of overall satisfaction with one's life,

including meaning and purpose.

Research has shown that parenting that supports autonomy, encouraging children to make their own decisions and take responsibility for their actions, is linked to better psychological wellbeing in adolescents.

Conversely, excessive parental control is associated with higher levels of emotional distress and lower levels of life satisfaction among adolescents.

The school environment also plays a significant role. Zero-tolerance policies, strict disciplinary measures and standardised testing are commonplace. But overly strict and punitive disciplinary practices are associated with decreased intrinsic motivation and academic engagement among students.

Recent developments in response to safety concerns, such as increased surveillance and monitoring within schools, further intrude upon students' auto-

my and independence. Metal detectors, security cameras and random searches ultimately create an atmosphere of surveillance and control. Age-appropriate freedom

Evidence supports the idea that freedom and independence is crucial for the happiness and wellbeing of young people.

There are ways to let your children have age-appropriate freedoms. A five-year-old, for example, can be allowed and encouraged to butter their own toast, make their bed, or play on their own in the garden. A 10-year-old, meanwhile, should be able to walk to and from school on their own, be responsible for their homework and keep their space tidy.

And when children reach the age of 15, you can encourage them to cook a family meal, do laundry and arrange travel to school, clubs or friends' houses independently rather than be chauffeured by their parents.

JKDMA issues avalanche warning for 2 Districts of J&K

Top News Report

SRINAGAR, Apr 14 (Agencies): Jammu and Kashmir Disaster Management Authority (JKDMA) on Sunday issued an avalanche warning in the higher reaches of two districts of Kashmir valley during the next 24 hours, officials said.

An avalanche with a "medium danger" level is likely to occur above 2400 metres over the north Kashmir district of Kupwara and central Kashmir's Ganderbal districts in the next 24 hours.

People living in these areas have been advised to take precautions and avoid venturing into the avalanche-prone areas till further orders.

Kashmir valley lashed by widespread rains during the past 24 hours and some upper reaches also received a fresh snowfall prompting authorities to issue a fresh avalanche warning as a precautionary measure for the people. The authorities have also asked the people living in these districts to dial 112 for help given any emergency.

India must decide on style of play for T20 World Cup before picking players: Stephen Fleming

It has been more than 10 years since India last won a global competition.

MUMBAI, Apr 14 (Agencies): Former New Zealand captain and five-time IPL winning coach Stephen Fleming believes that India should decide on their style of play for the upcoming T20 World Cup and pick the in-form players accordingly.

India will head into this year's T20 global showpiece in the Caribbean and the USA to make yet another bid to end their wait for an ICC trophy, which extended further after they lost to Australia in the final of the 50-overs World Cup last year.

It has been more than 10 years since India last won a global competition, which has, in a way kept ageing stars like Rohit Sharma and Virat Kohli in the mix despite growing calls for the T20 side to be blooded with young talent.

"The thing for me is, what type of game plan do they want to play during the World Cup? What have they identified as the right style of play for India in an away condition?" Fleming said when asked if CSK's all-rounder Shivam Dube is primed for India call-up for the



World Cup.

"Then put players into that rather than just picking players and trying to find a game plan. I would be looking at the style of play that I would want, and then pick the players that are in-form and can perform the role that will best win that design," Fleming said on the sidelines of CSK's training session ahead of their IPL match against Mumbai Indians.

Fleming said the amount of sheer power which Dube generates is good enough to compel the selectors into looking at him as one of the prospects for the T20 World Cup. "It's probably one of the hard-

est jobs in world cricket, isn't it, being an Indian selector. On one hand, very jealous as a New Zealander looking at the amount of talent that is on show and new players every game sort of pop up," he said.

"I love his power. I'm biased, aren't I? But I think when you have a bit different power like that; I would have him in the side," Fleming said.

The former Kiwi skipper said Dube is reaping the benefits of the work that he has put in to face different kinds of bowlers, which has complemented CSK in return given the rule changes in the IPL such as the introduction of the impact player.

"A lot of work last year to be honest, working him into that role and trying to use the change of rules to our advantage. He did a lot of work mentally last year on what that would look like, and then it was about opportunity. How long an opportunity would take for us to realise his potential," Fleming said.

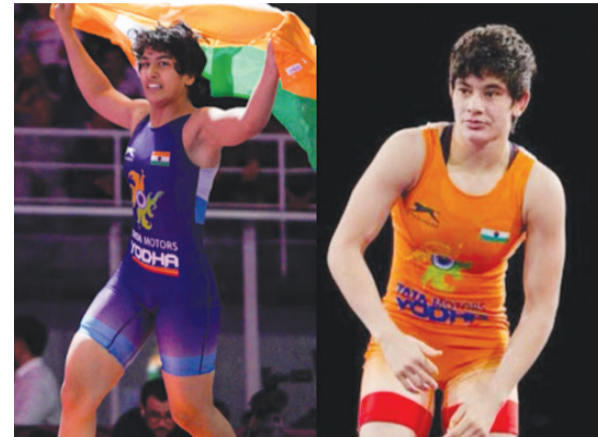
"Or more importantly, for him to realise how good he could be. Since then, he has gone to another level. He works hard on all aspects. I know there's a short-ball aspect that has been much publicised. But there's a lot more to him than that," he added.

Fleming once again mentioned Dube's power-hitting which has been a standout factor in his batting.

"If anything, it deflects away from other areas. He uses that predictability to his advantage now. I haven't seen a guy hit it harder (and) consistently hit it harder. Some of the power he can generate both from spin and from seam bowling is quite unique. When he's in form like this, he's a real weapon for us during those middle overs," the CSK head coach added.

Asian Championships: Radhika settles for silver, Shivanees gets bronze

Radhika loses to Japan's Nonoka Ozaki in gold medal bout by technical superiority



BISHKEK (KYRGYZSTAN), Apr 14 (Agencies): Radhika settled for a silver, her second at the senior Asian Championships, while Shivanees Pavar won a bronze medal here as top of podium finish continued to elude Indian wrestlers in the tournament.

Radhika, who won a silver at the U23 Asian Championships last year and finished second at the senior

Asian Championships in 2022, put up a dominant show in her weight category. She won the first bout by technical superiority against Kazakhstan's Albina Kaigeldinova and then pinned Kyrgyzstan's Gulnura Tashtanbekova.

She lost to Japan's Nonoka Ozaki in the gold medal bout by technical superiority.

Shivanees (50kg) lost her quarterfinal 'by fall'

to Ziqi Feng but made it to the bronze medal round after the Chinese entered the final. She edged past Mongolia's Otgonjargal Dolgojav 9-7 in a high-scoring bout to earn a podium finish.

In 55kg, Tamanna lost her qualification round by a comprehensive 0-9 margin to Moe Kiyooka but since the Japanese reached the final, the Indian bounced back into medal contention. However, she could not make full use of the opportunity and lost the repechage round 0-4 to China's Min Zhang.

Pushpa Yadav (59kg) lost her bronze play-off 8-11 to Kazakhstan's Diana Kayumova, while Priya (76kg) suffered a defeat 'by fall' in her bronze medal bout against Kazakhstan's Elmira Syzdykova.

Mitchell Marsh returns to Australia to treat hamstring tear

Marsh, who is set to be named Australia's captain for the T20 World Cup in June, was recalled after consultations with the Delhi team management, according to agency.

NEW DELHI, Apr 14 (Agencies): Delhi Capitals have suffered a major setback as their Australian all-rounder Mitchell Marsh has returned home to undergo treatment for a tear in his right hamstring.

Marsh, who is set to be named Australia's captain for the T20 World Cup in June, was recalled after consultations with the Delhi team management, according to agency. However, a final call on his availability for the remainder of the season is yet to be taken. Marsh last played against Kolkata Knight Riders on April 3 and missed their previous two outings against Mumbai Indians and Lucknow Super Giants. Marsh's top-score this



season has only been 23 versus Rajasthan Royals, which DC won by 12 runs. He got out for a duck in their 106-run defeat against KKR.

Marsh has been on a roll across formats for the Kangaroos, leading to him winning the Allan Border Medal for the most outstanding male Australian cricketer of the year.

Since January 2023, the 32-year-old has scored 1,954 international runs in 38 out-

ings at an average of 50.10, including three centuries, besides also taking 10 wickets. Other than Marsh, DC are also concerned with veteran Aussie opener David Warner's availability for their Wednesday's away fixture against Gujarat Titans. Warner hurt his finger while attempting a catch against LSG on Friday. He reportedly had swelling in his finger and underwent scans upon the team's arrival in Ahmedabad.

IPL 2024: RR beat PBKS in a low-scoring thriller to extend domination at top of table

MULLANPUR, Apr 14 (Agencies): Shimron Hetmyer kept his cool to guide RR to a thrilling last-over victory over PBKS in the IPL 2024 clash in Mullanpur on Saturday. Hetmyer's steady nerves and calculated strokes enabled RR to successfully chase down the 147-run target, securing a hard-fought 3-wicket win. With this triumph, RR solidified their position at the summit of the points table, further asserting their dominance in the tournament. It was one of those low-scoring thrillers where neither side could bat at their best, yet Rajasthan had just enough depth in their batting to secure the win. Shimron Hetmyer, who had been waiting all season for a chance to prove his worth, finally seized the opportunity and delivered when it mattered most, ensuring his side's victory.

Chasing a modest target of 148 runs, Rajasthan began steadily with the new opening duo of Yashasvi Jaiswal and debutant Tanush Kotian forging a 50-plus partnership, the first for Rajasthan's opening pair this season. However, they failed to capitalize on the start as Kotian



departed after a slow innings, and Sanju Samson attempted to build another partnership with Jaiswal. Unfortunately, once Jaiswal was dismissed, the innings faltered, with no batsman able to assert control and find the boundaries consistently. Just as the situation seemed dire, Shimron Hetmyer stepped up, finding boundaries, and with contributions from Rovman Powell, Rajasthan regained their winning momentum, ascending to the top of the table.

Earlier, RR bowlers Avesh Khan and Keshav Maharaj made the most of a challenging pitch to restrict PBKS to a modest 147 for eight in their recent IPL

encounter. Rajasthan's skipper Sanju Samson set the tone for his team by opting to bowl first against Punjab in Mullanpur on Saturday. PBKS struggled to build significant partnerships throughout the innings despite efforts from Ashutosh Sharma, Jitesh Sharma, and Liam Livingstone. Although Atharva Taide provided a brisk start, his departure marked the beginning of Punjab's woes. The pitch, particularly helpful for left-arm spinner Keshav Maharaj and leg-spinner Yuzvendra Chahal, made scoring difficult.

Trent Boult's tight bowling in the power play further compounded Kings' struggles. With

only 10 runs coming in the last three power-play overs, PBKS found themselves at 38 for one. Their middle overs were equally challenging, with the hosts managing just one boundary in the next five overs, reaching 53 for four in 10 overs. The dismissals of Jonny Bairstow, stand-in skipper Sam Curran, and Prabhsimran Singh showcased the pitch's sluggish nature. Curran's mistimed pull-off Maharaj exemplified the difficulties faced by the batters. Shahshank Singh, their in-form hitter, couldn't capitalize either, falling to a weak pull shot off Sen.

Overall, Rajasthan's bowlers exploited the conditions well, leaving Punjab Kings with a below-par total. With the top-order struggling, PBKS relied on Livingstone and Jitesh to reach a competitive total. Jitesh Sharma's aggression, including a six off Chahal and another off Kuldeep Sen, was noteworthy before Avesh Khan dismissed him for 29. Livingstone's flurry of boundaries, including a six and a four, and Ashutosh's late hitting helped PBKS add 61 runs in the final five overs, but it was a tad too late.

Amit Panghal returns to Indian squad for last boxing Olympic qualifiers

NEW DELHI, Apr 14 (Agencies): World Championships silver medalist Amit Panghal has returned to the Indian squad, which saw wholesale changes for the final Olympic qualifying event, set to be held in Bangkok from May 25 to June 2.

After Indian boxers' horrid run at the Olympic qualifiers in Italy last month, when not even one boxer could secure a quota, as many as five pugilists have lost their spot in the team for the second World Qualification Tournament.

The dismal show also led India's High Performance Director Bernard Dunne to step down from his post. In the latest assessment, 2023 World Championships bronze medalist duo of Deepak Bhorla (51kg) and Mohammad Hussamuddin (57kg), the six-time

Asian Championships medalist Shiva Thapa (63.5kg), reigning national champion Lakshya Chahar (80kg) and 2022 Commonwealth games bronze medalist Jaisimine Lamboria (60kg) have lost their spot in the Indian team.

The country's lone men's world championships silver medalist (2019) Panghal, who won gold at the 2022 Commonwealth Games and the 2024 Strandja Memorial tournament, will get his first and final chance to seal his passage to his second Olympic Games, having competed in the Tokyo edition.

He had lost out to Bhorla repeatedly in the assessment, hence missing out on the two qualifying events for the Paris Olympics -- the Asian Games and the first World Olympic Qualifiers.



Another Strandja gold medalist and national champion Sachin Siwach (57kg) has also returned to the squad, replacing two-time CWG medalist Hussamuddin. Sachin had also competed at the Asian Games last year.

Himachal Pradesh's Abhinash Jamwal, who has dropped down from 67kg, scored more than the seasoned Shiva to earn a chance to compete in the light welterweight (63.5kg) category, while Abhimanyu Loura replaced Lakshya in 80kg.

Worlds bronze medal-

ist Nishan Dev (71kg), the lone boxer to go beyond his opening round in Italy, Sanjeet (92kg), and Hangzhou Asian Games bronze medalist Narender Berwal (+92kg) have retained their spots.

No male boxers from India has won a quota till now.

In the women's category, Ankushita Boro, who failed to win a quota in the 66kg weight class in Italy has dropped to the 60kg category. She replaces Jaisimine, whose performance has been disappointing at the international level.

Reigning national champion and two-time world junior medalist Arundhati Choudhary emerged as the top performer in the 66kg weight class.

India has secured four 2024 Olympic quota places so far with Nikhat Zareen (50kg), Preeti Pavar (54kg), Parveen Hooda (57kg) and Lovlina Borgohain (75kg) clinching their places at the Asian Games last year.

India had nine boxers competing in the Tokyo Olympics.

Squad: Men: Amit Panghal (51kg), Sachin Siwach Jr. (57kg), Abhinash Jamwal (63.5kg), Nishan Dev (71kg), Abhimanyu Loura (80kg), Sanjeet (92kg), Narender Berwal (+92kg).

Women: Ankushita Boro (60kg), Arundhati Choudhary (66kg).

MS Dhoni Craze: Data States Crowd Noise Peaked In IPL 2024 During This Moment

NEW DELHI, Apr 14 (Agencies): MS Dhoni's fan following has got no bounds. The former India captain called time on his international cricket career in 2020 and since that he has been available only for the Indian Premier League, playing for Chennai Super Kings. It means that the Dhoni fans have to wait for around ten months to see their favourite player in action.

Despite the lack of appearance among fans in the past three-four years, Dhoni's craze has only increased with the passage of time. The study of the official TV broadcaster for IPL 2024 too backs this opinion with some unique data.

Star Sports has come up with the technol-

ogy of calculating the crowd's noise levels at different junctures during the course of the tournament and Dhoni holds the top two spots.

As per the data, the top noise from the crowd is 130 Decibel which was attained during Dhoni's entry into the MA Chidambaram Stadium before the toss for the Royal Challengers Bengaluru vs Chennai Super Kings match, which happened to be the opening game of the ongoing tournament.

At the joint-second spot in the list is the moment when Dhoni smashed a four against Delhi Capitals in the 17th over. The crowd's noise peaked in the game at that moment with a record of 128 Decibel. Coming in at the 8th position in the

match, this was the first time Dhoni batted in IPL 2024.

In the over of DC's Mukesh Kumar, Dhoni opened his account with a four. It was a short of length delivery and the former CSK captain hit it away towards the long-leg boundary. Dhoni ended up scoring 37 not out off 16 balls, albeit in a losing cause.

Another one at the second position in the list was Royal Challengers Bengaluru wicketkeeper-batter Dinesh Karthik's six against Punjab Kings in the final over of the game at Bengaluru.

Karthik had slammed Arshdeep Singh for a six over the fine leg fence in the tense chase. The crowd's noise was 128 Decibel during the game.

AAP appeals LG Sinha look seriously over the increasing road accidents in Chenab Valley

Top News Report

JAMMU, Apr 14: While expressing grief & anguish over the road accident at Khanpur, Phagsoo area of Sub-Division Thathri, in Doda District on Saturday evening around 7.15 PM, when a Maruti Suzuki Eco vehicle on its way from Thathri to Kathawa met with an accident, where at least five persons including a lady were killed while four others were injured. The Five persons were declared brought dead at Sub-Division Hospital Thathri, while four others were referred to Govt Medical College Doda for specialized treatment. Mr. Kuldeep Kumar Rao, Sr. AAP leader, in a press statement issued here have expressed grief over the loss of precious lives and expressed solidarity with the bereaved family & also prayed for speedy recovery of the injured persons. Mr. Rao has appealed to the Lt. Governor of J&K-UT, to immediately release Rs. 10 Lakh as ex-gratia relief in favour of Kins of poor deceased & also Rs.2 lakh to the seriously injured ones in the Khanpur Phadsoo road accident, in Sub-Division Thathri, Doda District.

He also expressed concern over the increasing road accidents in Chenab Region due to overloading of the vehicles / bad conditions of roads. He wondered as to how, heavy toll of lives occurred in the road accidents have failed to wake



up the concerned Department particularly the state government from deep slumber over the years and miserably failed to formulate concrete policy aimed to the safety of the commuters? Is it that the concerned traffic authorities have no concern for the lives lost or that they take the things as a matter of routine happening? What the huge deployment of traffic sleuths are doing on the roads? Passengers often see them negotiating with transport operators at different points on the road and simply share with themselves the unholy nexus between them desperately. The government in general and the concerned departments in particular owes an explanation to the public at large as to who is responsible for the loss of lives in road accidents, Mr. Rao said and expressed great astonishment that the public has never come to know about punishment handed to any traffic constabulary ever since

inception of traffic department? Is it a simple game of state managed money extortion on the road to share the booty from bottom to top? Why the outdated & overloaded busses & Tata Sumo are plying on these roads and there is no check on these outdated Minibuses & Tata Sumos. Why the enquiries are not conducted by special technical experts in all types of irregularities in construction of roads, including wrong Surveys of roads & wrong constructions of roads by PWD department?

He fervently appeals the Lt. Governor of J&K-UT & concerned authorities, to look seriously in to all these irregularities which have not so far been controlled sternly. Mr. Rao has appealed to initiate enquiries into all types of irregularities including wrong Surveys of roads, wrong constructions etc in the construction of all roads in Chenab Region and stern action taken against the defaulters. All the outdated vehicles should be immediately banned from plying on the roads & The traffic sleuths should be strictly watched so that they do not compromise with the drivers regarding speed & overloading. The concerned authorities, public representatives & administration remain pre occupied with their own commissions and throw all other norms including safety angle to winds.

It is irony of fact that erstwhile

District Doda, has sent several Cabinet Ministers in the state as well as central council of Ministers but sadly the socio, economic, Health system & educational conditions did not change, however changing the conditions of our said leaders & Ministers significantly, Mr. Rao said & added that for example Thathri Sub-Division of District Doda is surrounded by 8 Tehsils namely Tehsil Phagsoo, Bhella, Chiralla, Kahara, Drabshalla, Bonjwah, Mahalla & Thathri and the only Medical facility centre called "TRAUMA CENTRE THATHRI" is located at H/Q Thathri, on National Highway, which sans the required basic facility of X-ray, Ultra sound, Pathological tests, gynecological facility etc as a result the poor patients of these 8 Tehsils are either referred to District H.Q Doda or Kishtwar which is a grave injustice with the people of these Tehsils. He further urged upon the Lt. Governor of J&K UT, for up gradation of Trauma Centre Thathri immediately without any further delay, by appointing of specialist staff like Children Specialists, Gynecologist & Surgeon etc. Even surgical equipments for operation Theatre are available but the same is not being used due to non availability of Technical staff. In addition there is a dire need of Digital X-Ray, Ultra Sound facilities, proper Laboratory for all tests etc.

Balwant Thakur's acclaimed play 'Jaal' staged at Mansar Lake



Top News Report

MANSAR, Apr 14: The picturesque Mansar lake witnessed Balwant Thakur's hard hitting Hindi play 'JAAL' here today under the direction of Neeraj Kant. The play was presented under Natrang's weekly theatre series ' Sunday Theatre'. At the very outset while addressing the large crowds gathered at the lake for a holiday, Natrang Director, Balwant Thakur said that Natrang travelled all way to this tourist destination to showcase the biggest challenge of the humanity in the contemporary times. The menace of drugs amongst youth is all set to take its toll. Before it becomes 'Udta Jammu', it becomes the responsibility of every one to come forward and fight out this growing menace before it catch hold every home. Natrang being a responsible cultural institution has volunteered by taking this message to every nook and corner of the region through the effective use of theatre. In a very effective manner this powerful play 'Jaal' innovatively showcases as how the Drug-menace is ruining the generations like a rapid fire, crippling the developing nations like India. The youth of the country, the largest energetic and most productive human resource

of the country, sometimes unknowingly slip into this dangerous trap of drug menace.

The play 'Jaal' was not based on any one storyline but as an experiment Balwant Thakur has woven multiple stories in one theme focusing the spread of drug menace like a mesh, this taking the toll of the strongest workforce of the country. Jammu is no exception. We are a witness to lots of youth losing lives. In a sequence a young boy is shown struggling for a good company after his passing of the school and entry in the college. He is isolated for not being the consumer of intoxications. All around him treat him like a child which really frustrates him and to prove that he has grown-up as a young man now, he finds the easiest way and demonstrates his coming of age by consuming a variety of intoxications. In another sequence a rural inhabitant particularly the men-folk are shown drowned in the menace of alcohol. All the miseries of the village like poverty, domestic violence, and other ailments are attributed to the constant growth of consumption of alcohol in the village. In a sequence the daily routine of a villager is shown who consumes the whole of his daily earnings in alcohol. Being

drunk completely he has loses his way home. By the time a local escorts him to his place where in the middle of the night this drunken man starts beating his sleeping wife and kids for not receiving him on his arrival. When the escort intervenes to save the poor lady and children, he is blamed for having malicious intentions towards his wife. This fight further messes up when a drunken man after losing senses damages his household belongings as well. The play unfolds a series of incidents where people influenced by drugs, alcohol and other intoxications create hell for themselves as well as for others. Many precious lives are being charred in this fire of the growing drug menace which is to be fought unitedly to bring them out of the mesh of drugs menace. Through this play Balwant Thakur has tried to make an appeal to save mankind from this dragon who is extending its constituency day by day.

Actors who outshined in their respective performances and left an impact of their acting included Neeraj Kant, Brijesh Avtar Sharma, Aadesh Dhar, Palshin Dutta, Vishal Sharma, Vansh Pandotra, Sanket Bhagat, Kushal Bhat and Chaitanya Shekhar. The show was coordinated by Mohd. Yaseen

Hindus SC don't vote unitedly in LS elections, Country become a Mughal nation: Chandel

Top News Report

JAMMU, Apr 14: Today, Hindu nationalist leader Guruji Raju Chandel addressed journalists, Baba saheb Ambedkar Jayanti Today emphasizing the urgent need for unity among Hindu communities SC Valmiki, in the upcoming Lok Sabha elections. He warned that failure to unite and vote as one could lead to the transformation of our nation into a Mughal state.

On the occasion of the birth anniversary of Baba Saheb Bhimrao Ambedkar, Chandrapal Chandelia Pushpendra Suryavanshi ji Harkishan Pindora Mansi Chandel Moti Lal ji was on stage in this program.

Chandel while speaking said that, highlighted the external threats posed by Islamic nations and treacherous* countries



like Pakistan and China, aiming to foster an atmosphere of hatred in our nation. He stressed that unless all divisions based on caste and creed are eradicated, we will regret it tomorrow. To witness a capable and powerful India, it is imperative to thwart the

conspiracies of Western and Islamic nations by transcending all societal divides and embracing our Hindu identity.

"Chandel remarked on the historical* subjugation endured under Mughal rule, where forced conversions and division based on reli-

gion were rampant. He emphasized that today, our Muslim brethren who remain rooted in Sanatan Dharma are the true inheritors of our cultural legacy. However, they are being misled by the machinations of Pakistan, China, and Islamic nations' leaders to turn our "country into a Mughal state"

He called upon the awakened Hindu populace to enlighten those who have strayed and to secure a brighter future for our coming generations. Only then can our nation be saved, paving the way for a "Hindu Rashtra and the establishment of Ram Rajya".

"Chandel urged the disillusioned Hindus* to understand the ulterior motives of Islamic nations and China's manipulation and emphasized the necessity of ensuring the strength of our nation.

He implored everyone to vote wisely in the upcoming elections, stating, "Those who have brought Ram, we will bring them to power." Only through unity can we achieve the vision of a Vishwa Guru and an undivided Bharat.

He concluded by calling for Hindu solidarity and the concerted exercise of our electoral rights for the greater good of the nation.

R.L.Kaith honoured with Award in Ambedkar Jayanti Mela

Top News Report

R.L.Kaith has been honoured with an Award. Ambedkar Jayanti Mela Celebration Committee organized the award ceremony at Ambedkar Chowk today which was graced by Former Chief Secretary Shri B.R.Kundal, IAS as the Chief Guest.

Head of the Celebration Committee Advocate Pawan Kumar Kundal said that Kaith dedicated a huge span of his life to social welfare at a very young age and has fought

against casteism and other forms of discrimination. He founded the Jammu University SC/ST Employees Association in 1984 and valiantly fought against injustice done to SC/ST employees in the matter of reservation in promotion.

After being honoured, Kaith said, "I am truly overwhelmed by this incredible recognition. I am thankful to Celebration Committee for bestowing upon me this prestigious award, which will forever hold a special place in my heart".

While Kaith's community members, who were also present on the occasion, shared their reactions with celebration committee members, "We have no words to describe this feeling of euphoria and joy. It is such an honor to feel this moment of pride and honour. Kaith is truly deserving of this award and we are so grateful to the celebration committee for honouring Kaith for this prestigious award. We are so grateful and full of joy right now."

Batwal community members join Ambedkar Jayanti Nela

Top News Report

JAMMU, Apr 14: To join Ambedkar Jayanti Mela, a large number of Batwal community members hailing from different corners converged at Ambedkar Chowk here today.

Paying tribute to Baba Saheb on the occasion R.L.Kaith said, Dr Ambedkar was a legal luminary, visionary statesman, outstanding constitutional expert, brilliant parliamentarian and social reformer. He was the voice of the socially oppressed and dedicated his life to the upliftment of the mar-



ginalized sections of society. His iconic life

and noble thoughts continue to guide the nation. Besides, he called for working towards the unity, harmony and brotherhood to steer India to become Vishwa Guru.

On the occasion, Hans Raj Loria, Inspector Darshan Kumar Bassa, Subedar Baldev Chand Sandhu, Havildar Des Raj Kaith, Dr Gurdas Sargotra, Master Naresh Kumar Kaith also paid floral tributes to Dr Ambedkar and remembered his outstanding contribution for the upliftment of the downtrodden people in this country.

Government of India select Aditi Sharma as MyGov India Ambassador

Top News Report

JAMMU, Apr 14 : The Ministry of Electronics, & IT Government of India, is proud to announce the appointment of Aditi Sharma as the Ambassador of MyGov India, the world's largest citizen engagement platform. Hailing from the vibrant district of Jammu in Jammu & Kashmir, Aditi Sharma's selection for this prestigious role has been met with jubilation by her supporters and well-wishers.

As a resident of Jammu district, Aditi Sharma brings a unique perspective and fervent dedication to her new position. Her commitment to public service and her passion for fostering citizen engagement align perfectly with the objectives of MyGov India.

MyGov India, operating under



the Ministry of Electronics, serves as a cornerstone for facilitating meaningful dialogue between the government and citizens, ensuring active participation in governance and nation-building initiatives. Aditi

Sharma's appointment underscores the government's commitment to leveraging technology for inclusive governance and transparent decision-making processes.

Expressing her gratitude for the appointment, Aditi Sharma remarked, "I am deeply honored to serve as the Ambassador of MyGov India under the Ministry of Electronics. This appointment is a testament to the collective efforts of the people of J&K in promoting citizen engagement and participatory governance."

In her role as Ambassador, Aditi Sharma will advocate for increased citizen participation, raise awareness about government initiatives, and foster collaboration between citizens and policymakers. Her appointment heralds a new chapter in the journey towards inclusive governance and digital empowerment.