# TOP NEWS OF J&K

JAMMU, MONDAY, JANUARY 22, 2024

Daily Evening Newspaper

**ENTERTAINMENT** 

|6

Alia Bhatt on being honoured at Joy Awards in Saudi Arabia: 'Privilege to be here in this.....



**BUSINESS** 

| 10

The Ambanis spent Rs 220 crore on Nita Ambani's grand 50th birthday bash: Take a look at 5..... SPORTS

| 11

IND vs ENG: Virat Kohli withdraws from first two Tests against England citing personal reasons



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#### BRIEFLY

# Youth charred to death in fire incident at Baramulla

SRINAGAR, Jan 22 (Agencies): A 26-yearold youth was charred to death while two residential houses gutted in a fire incident in Jammu and Kashmir's Baramulla district, officials said on Monday.

A fire and emergency services official said that a fire broke out in a residential house at around 2.30 am and engulfed another house at Khamberyar Pattan, causing extensive damage to the property.

He said that while clearing the debris, a charred body was recovered, which has been identified as 26-year-old Adil Ahmed Dar, son of Muhammad Ramzan Dar.

Meanwhile, the police have registered a case in this regard and started further investigations.

The cause of the fire is believed to be an electric short circuit.

#### Drug module busted in Sopore, 3 arrested with contraband substance: Police

SOPORE, Jan 22 (Agencies): Three persons were arrested along with a huge consignment of drugs in north Kashmir's Sopore, police said on Monday. Sub Divisional Police Officer Sopore, Dr Raies Ahmed Mir said that on 11 January a naka was established at railway crossing, following which a truck was interrupted. He said that during checking 3600 capsules of Spasmoproxivon plus were recovered from a bag and during investigation driver disclosed his identify as Rameez Wali Rather son of Wali Mohammed Rather of Kralgund Handwara. "During his further disclosure, it came to fore that he had given the consignment to Shahnawaz Ahmed Shah of Dangerpora Sopore, Shah was arrested in a swift action by the police with 744 Spasmoproxivon plus capsules," he said. He added that upon questioning, he disclosed that he has given some quantity to Shabir Ahmed son of

Turn to page 9

## Ram Lalla idol unveiled at grand temple in Ayodhya, PM Modi leads rituals



AYODHYA, Jan 22 (Agencies): The idol of Ram Lalla was unveiled on Monday at Shri Ram Janmaboomi Temple in Ayodhya in the presence of Prime Minister Narendra Modi.

PM Modi led rituals at the Pran Pratishtha ceremony in the sanctum sanctorum of the grand temple.

The ceremony is being held in an atmosphere of a deep sense of devotion.

Indian Air Force (IAF) choppers showered flower petals over Shri Ram Janmaboomi Temple premises in Ayodhya as the idol of Ram Lalla was unveiled.

Devotees and guests chanted 'Jai Sri Ram' as the ceremony was held. RSS Chief Mohan Bhagwat, Uttar Pradesh Governor Anandiben Patel and state Chief

Minister Yogi Adityanath are present at the ceremony.

Over 8,000 guests have been invited for the ceremony at the grand temple.

The historic Pran Pratishtha ceremony is being attended by representatives of all major spiritual and religious sects of the country. People from all walks of life including representatives of various tribal communities will also attend the ceremony. Prime Minister will address this distinguished gathering on the occasion.

Prime Minister will interact with shramjee-vis associated with the construction of Shri Ram Janmbhoomi Mandir. He will also visit the Kuber Tila, where the ancient Mandir of Bhagwan Shiv has been restored.

The magnificent Shri Janmbhoomi Mandir is constructed in traditional Nagara style. Its length (east-west) is 380 feet; width 250 feet and height is 161 feet; and is supported by a total of 392 pillars and 44 doors. The pillars and walls of the temple showcase intricately sculpted depictions of Hindu deities, gods, and goddesses. In the main sanctum sanctorum at ground floor, the childhood form of Bhagwan Shri Ram (the idol of Shri Ramlalla) has been placed.

The main entrance to the Mandir is situated on the eastern side, which can be approached by ascending 32 stairs through the Singh Dwar. There are a total of five Mandaps (Halls) in the Mandir - Nritya Mandap, Rang Mandap, Sabha Mandap, Prathana Mandap and Kirtan Mandap. Near the Mandir is a historic Well (Sita koop), dating back to the ancient era. In the southwestern part of the Mandir complex, at Kuber Tila, the ancient Mandir of Bhagwan Shiv has been restored, along with the installation of a statue of Jatayu.

The foundation of the Mandir has been constructed with a

with a **Turn to page 9** 

Lieutenant Governor extends best wishes on consecration of Ramlala in Ayodhya



JAMMU, Jan 22 (Agencies): Lieutenant Governor Manoj Sinha Monday extended best wishes to people on the auspicious occasion of the consecration of Lord Shri Ramlala in Ayodhya.

He said the world is witnessing a wonderful, unimaginable stream of spiritual bliss.

"Today the entire world is witnessing a wonderful, unimaginable stream of spiritual bliss. Hearty congratulations and eternal best wishes to all of you on the auspicious occasion of the consecration of Lord Shri Ramlala in Ayodhya", Office of LG J&K in a post on X said.

#### Amitabh Bachchan to Sachin Tendulkar celebrities join Pran Pratistha festivities in Ayodhya

AYODHYA, Jan 22 (Agencies): Filmstars like Amitabh Bachchan, Abhishek Bachchan, Ranbir Kapoor, Alia Bhatt, Vicky Kaushal, Ayushmann Khurrana, Anupam Kher, Kangana Ranaut, Tiger Shroff and Asha Bhosale among others are at the Shri Ram Janambhoomi Complex in Ayodhy for the Pran Pratishtha ceremony.

Cricket legends Anil Kumble, Sachin Tendulkar and Venkatesh Prasad are also present at the Temple for the ceremony.

Music Composer Anu Malik arrived at Shri Ram Janambhoomi temple in Ayodhya for the 'Pran Pratishtha' ceremony. Dressed in a traditional

attire for the ceremony, Anu Malik told ANI, "Recently PM Modi said that he likes one of the Bhajans composed by me. It is a beautiful feeling and I am very happy to be present here. I had tears in my eyes when I saw the Temple for the first time."

Actor Vivek Oberoi said, "It's magical, spectacular. I have seen so many images of it. But when you see it before your eyes, it seems that you are watching something magical."



Actor Anupam Kher who has been in Ayodhya for the past few days said, "Historic! Wonderful! I had never seen such an atmosphere for Hindu religion ever before. This is bigger than Diwali...Maryada Purushottam Ram symbolised goodness and a sense of sacrifice. Today, those sentiments can be seen here."

Actor Chiranjeevi who also arrived at Shri Ram Janmabhoomi Temple in Ayodhya to attend the Pran Pratishtha ceremony said "This is a God-given opportunity, we are really happy to be here..." he says.

Lyricist Prasoon Joshi

said, "...We can surrender ourselves to him (Lord Ram) and consider ourselves lucky. Lord Ram's ideals are very much needed in today's era. In the time that the world is facing right now, Lord Ram's ideals can help a lot..."

Pran Pratishtha will be conducted in the presence of Prime Minister Modi, Sarsanghchalak of the Rashtriya Swayamsevak Sangh Mohan Bhagwat, Governor of Uttar Pradesh Anandiben Patel, Chief Minister of U.P. Yogi Adityanath and other dignitaries.

Acharyas of all schools

of Bharatiya spiritualism, religion, sect, system of worship, tradition, Sants of more than 150 traditions. Mahamandaleshwars, Mandaleshwars, Shrimahants, Mahants, Nagas, as well as leading figures of more than 50 Adivasi, Girivasi, Tatavasi, Dwipavasi tribal traditions, will remain present to witness the Prana Pratistha ceremony on the premises of the Bhavya Shri Ram Janmabhoomi Mandir.

The presence of the tribal traditions being

Turn to page 9

# Kashmiri Muslims gift 2 kg of pure saffron for Ram Temple ceremony, Ashok Bhan hails symbolic gesture & cultural harmony



JAMMU, Jan 22 (Agencies): In a heartwarming display of unity and cultural resonance, Kashmiri Muslims have presented a generous gift of 2 kg of pure saffron for the Pran Pratishtha ceremony at the Ram Temple in Ayodhya. Ashok Bhan, Chairman of the Kashmir (Policy & Strategy) Group, lauds this symbolic gesture as a testament to the shared reverence for

■Turn to page 9

#### Special Prayers, Celebrations underway at Raghunath Temple on Pran Pratishtha Day



JAMMU, Jan 22 (Agencies): On the auspicious day of the Pran Pratishtha ceremony of Ram Lalla in Ayodhya's Ram Temple, special prayers and celebrations were held at the Raghunath temple in Jammu.

The Raghunath Temple, dedicated to Lord Ram, holds its own historical significance and the temple has been targeted twice by the terrorists.

The temple is surrounded by multiple temples dedicated to various gods and goddesses associated with the Ramayana. It was constructed by Raja

Jagat Singh of Kullu and it is said that the temple was built by him to correct a past mistake. The main idol for the Raghunath Temple was brought from Ayodhya, the birthplace of Lord Ram.

One of the devotees present at the Raghunath Temple, Sanjay Chandel, congratulated the people of the nation on the occasion of the Pran Pratishtha ceremony and said, "Today Pran Pratishtha of Ram Lalla is done in Ayodhya, so this is a big thing for us and we can say that it is a proud feeling. As far as Jammu is concerned,

the people of Jammu have a lot of faith in Lord Ram. It is called the city of temples, so the people here are very excited. In every house, at every square, and at every place, you will see the flags dedicated to Lord Ram."

The 'Pran Pratishtha' of Ram Lalla is scheduled for Paush Shukla Kurma Dwadashi, Vikram Samvat 2080, which falls today, January 22. The Pran Pratishtha is expected to start around 12.30 p.m. and end at 1 p.m.

The ceremony will witness the esteemed

Turn to page 9

#### India records 203 fresh Covid Cases, Two deaths in 24 hours

NEW DELHI, Jan 22 (Agencies): India reported a single-day rise of 203 Covid cases while the active caseload was recorded at 2,034, the Union Health Ministry said on Monday.

Two deaths — one each in Kerala and

Maharashtra — have been reported in 24 hours, according to the

a new variant and cold

data updated at 8 am.

The number of daily cases had dropped to double-digits till December 5 but began to rise after the emergence of

conditions

A single-day rise of 841 fresh infections — 0.2 per cent of the peak cases reported in May 2021 — were recorded on December 31, official sources have said.

Of the total active

Turn to page 9



CADNICA ELECTRONIC SOLUTIONS

Contact Person Mr. Sanjeev Kumar

9419143503

Smt. Madan Mohini

Karamyogi Smt.

Shobawati Dhar

Raina

demise of our beloved Mother Smt. Madan Mohini W/o Late Shri Madhusudan Bhat R/o Wachi Shopian, at present 6/1, Second Floor South Patel Nagar New Delhi on 17th January 2024.

The Tenth Day Kriya will be performed at Murad Nagar (U.P) on 26th Jan. 2024. The assembly will be at 12.30 noon at Arya samaj mandir, East Patel Nagar, New Delhi.

**GRIEF STRICKEN** 

Sons & Daughter in Laws Ashok Kumar Bhat & Veena Bhat Ramesh Kumar Bhat & Usha Bhat

Virender Bhat & Sushma Bhat Daughter & Son in Law: Reeta Raina & R.N Raina

Grand Children: Ashwani, Abhishek, Karpur, Avinash, Amit Simi, Indu, Dipti, Shreya Ajay, Ashish, Amita, Anju.

Samast Bhat, Raina & Razdan Pariwar

Ph- 9999287544, 8095639064, 9315648154, 9419175629

#### TENTH DAY KRIYA

With profound grief and sorrow, we inform that Smt Shobawati Dhar W/o Lt. Vesh Nath Dhar originally resident of village Hugam, Anantnag presently at Lane No. 21, Community Hall, Near Ration Depot, Jagti Camp left for heavenly abode on 18th Jan., 2024.

Tenth Day Kriya will be performed at back side of Sainik School Nagrota on 27th Jan., 2024 and Assembly will be held at Community Hall Lane No. 21, Jagti Camp at 11.00 am.

**GRIEF STRICKEN** 

Smt. Mohan Rani Dhar (Devrani) Sons & Daughter-in-laws Smt. Sheela Ji & Sh. M.K. Dhar Smt. Phoola Ji & Sh. T.N. Dhar Sh. Ganpat Ji Dhar

Smt. Arti Ji & Sh. A.K. Dhar Smt. Rekha Ji & Sh. Pamposh Dhar

Grand Children: Smt. Naina Ji & Sh. Ashesh Dhar

Smt. Indu Ji & Sh. Bantoo Dhar

Aadesh, Ankit, Mahak, Mithu, Shivam, Riya, Mishthi, Mitali & Samast Dhar Parivar

Contact: 9419127916, 9149884667, 7006545064

#### TENTH DAY KRIYA

With profound grief and sorrow, it is informed that our beloved Sh. Bhushan Lal Raina S/o Amar Nath Raina original resident of Akura, Mattan, Anantnag at present H.No. 860, Lane No. 6D, Suryavanshi Nagar, Muthi, Jammu left for heavenly abode on 14/1/2024.

The Tenth Day Kriya shall be performed on 23/1/2024 (Tuesday) at Pains Akhnoor Ghat and Assembly will be held at Muthi Ghat Near Director Education Office Muthi at 12.00 Noon.

**GRIEF STRICKEN** 

Samast Raina, Koul, Pandita Parivar

Mobile No.: 9797918493, 6006918088, 7889451633, 9906049996, 9650997687, 9796077149, 8130811243

#### TENTH DAY/KRIYA

THE WORLD CHANGES FROM YEAR TO YEAR, OUR LIVES FROM DAY TO DAY, BUT THE LOVE AND MEMORY OF YOU"MAA" WILL NEVER PASS AWAY... '

WITH PROFOUND GRIEF AND SORROWS WE REGRET TO INFORM YOU THE SAD DEMISE OF OUR BELOVED MOTHER SMT TARA DEVI W/O LT. DR. SH. JAGDISH CHANDER SHARMA, R/O H. NO. F-718, GOLE PULLI, TALAB TILLO JAMMU, WHO LEFT FOR HEAVENLY ABODE ON 14TH JAN.

TENTH DAY WILL BE PERFORMED AT GURUDWARA TALLI SAHIB, TALAB TILLO JAMMU ON 23.01.2024 (TUESDAY) FROM 12 PM TO 1 PM.

KRIYA WILL BE PERFORMED AT OUR RESIDENCE ON

24.01.2024 (WEDNESDAY)

GRIEF STRICKEN DAUGHTERS-IN-LAW AND SONS

LT. SMT. VIMLA DEVI W/O LT. SH. SITA RAM SHARMA

SMT. SHAKUNTLA DEVI W/O SH. VISHWA NATH SHARMA SMT. JEEVAN LATA W/O LT. SH. SRI KANT SHARMA MRS MRIDHLI BHASHINI W/O K D SHARMA (J&KBANK)

MRS. JYOTI SHARMA W/O PAWAN DEV SHARMA MRS. VIJAY LAKSHMI W/O RAMA KANT SHARMA MRS. SUSHMA SHARMA W/O RAMESH CHANDER SHARMA DAUGHTERS AND SONS IN LAW

LT. SMT. TARO DEVI W/O LT. SH. DAYANAND KHAJURIA MRS. SHARDHA SHARMA W/O SH.SHAM LAL SHARMA CONTACT NOS. 9419731282, 9419116628, 9419363361 REF:- PAWAN GLASS HOUSE

**SMT TARA DEVI** 

#### **UTHALA**

With profound grief and sorrow, we regret to inform the sad demise of our beloved Smt. Prem Lata Gupta w/o Sh Hardesh Chander Gupta R/O Ward no11, Rajouri ,who has left for her heavenly abode on 20.01.2024.

UTHALA shall be performed on Tuesday, 23.01.2024 from 3 pn to 4 pm at Sanatan Dharam Sabha, Rajouri

**GRIEF STRICKEN** Sh Hardesh Chander Gupta -Husband

**Dever and Devrani** Dr.Satpal Gupta & Shashi Gupta

Daughter in law and Son Ritu and Sanjay Gupta Daughters and sons in law Anuradha and Saniay Sethi Ruby and Rakesh Gupta

Ruchika and Pradyot Gupta **Grand children** Dr. Mohit & Er.Udit,

Amit & Mehak Sethi, Sumit & Neha sethi Aryan & Akshita, Pulkit
Cont.no.9419117937,9906013551,7889607378



Smt. Prem Lata Gupta

#### TENTH DAY KRIYA

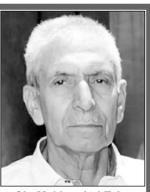
With profound grief and sorrow, we inform the sad demise of Sh. Makhan Lal Taku, S/O Lt. Sh. N.N. Taku; originally R/O Karfalli Mohalla, Srinagar, presently at Nanak Nagar, Jammu.

Tenth Day Kriya will be performed at Akhnoor Ghat on 23rd January, 2024. Assembly will be held at our residence, H.No 17,Sec 2, lane 4, Nanak Nagar, Jammu at 2 P.M.

**GRIEF STRICKEN:** Mohni Taku (Wife)

Mini and Manmohan Kaul (Daughter and Son-in-law) Nirja Dhar (wife of Lt. Sh. Ravi Dhar) (Daughter)

Sushma and Dr. Anil Taku (Daughter-in-law and Son) Samast Parivar: Takus, Beras, Razdans and Sharabis. Contact No.: 9419353886, 9419149412, 9911704612



Sh. Makhan Lal Taku (01-07-1931 - 14-01-2024)

#### Celebrating the Life of

SHRI JAWAHER LAL WANGU March 27, 1936 - January 15, 2024 Founder of Wang Pharmaceuticals

#### and Chemicals **PRAYER MEETING**

Prayer Meeting to be held on Wednesday January 24, 2024 from 4.30 to 5.30 PM at Chinmaya

LOVED AND REMEMBERED BY:-

Mission, Lodhi Road, Delhi.

WANGUS'| SHALIS'| RAINAS'| KAULS'| KHERS'| KAULS'| SINGHS'| JALANS'

JAIDEEP WANGU - 9811162452 ANURADHA WANGU - 9810042384

#### IN THE LOVING MEMORY

YOU ARE OUR GUIDING LIGHT AND INSPIRATION.

WE INFORM THE SAD DEMISE OF SMT. LALITA DEVI, W/O LATE SH. ONKAR NATH GUPTA WHO PASSED AWAY PEACEFULLY ON 12TH JAN 2024 AT HER RESIDENCE IN DAYALACHAK.

A GENTLE SOUL! REMEMBERED FOR HER MAGNETIC PERSONALITY, WARM GENEROSITY ENDLESS GRATITUDE, UNMATCHABLE FAITH & A LIFE WELL LIVED IN GUIDING HER CHILDREN.

10TH DAY WILL BE HELD ON 21ST JAN 2024 (SUNDAY) (

13TH DAY & RASAM PAGDI WILL BE HELD ON 24TH JAN 2024 (WEDNESDAY) AT 4 PM ,RASAM PADGI AT OUR RESIDENCE, DAYALACHAK.

REGARDS,

MR ROMESH GUPTA & MRS. KUSUM LATA -SON & DAUGHTER-IN-LAW) MR. PAWAN GUPTA & MRS. ROSHI GUPTA -SON & DAUGHTER-IN-LAW MR SURINDER GUPTA & MRS.MINAKSHI GUPTA -SON & DAUGHTER-IN-LAW MRS. KAMLESH GUPTA & MR.SHUBASH GUPTA -DAUGHTER & SON-IN-LAW MRS SAROJ GUPTA & MR.LITTAM GUPTA -DAUGHTER & SON-IN-LAW MRS.RAJNI GUPTA & MR.RAKESH GUPTA -DAUGHTER & SON-IN-LAW GRAND CHILDREN: DR CHAHAT MAHAJAN, CHAITANYA MAHAJAN, RAAHAT MAHAJAN, SAUJANYA MAHAJAN, ANANYA MAHAJAN, CHITVAN MAHAJAN & TANJANYA MAHAJAN.

9906017005, 7889798359 & 9596611401

#### TENTH DAY KRIYA

10TH DAY KRIYA of our beloved brother in law Sh. Ravinder Kumar Warikoo S/o Sh.Dina Nath Warikoo earstwhile resident of 180 Narsingh Garh Karan Nagar Srinagar presently at B-602, Satisar Appartments, Sector 7, Dwarka New Delhi shall be performed on 23rd January 2024 at 10.00AM at Gauri Shanker Temple New Palam vihar, Block -T, Sector 109, Near Dakshin Haryana Bijli Vitran Nigam Gurgaon Haryana. There after assembly shall be held at community Hall No-1 Satisar Appartment between 11.30 AM to 1.00 PM

**GRIEF STRICKEN** 

Rajni & Rajinder Bhat (Sister in Law & Brother in Law) Usha & Surrinder Bhat (Sister in Law & Brother in Law) Nimi & Ashok Bhat (Sister in Law & Brother in Law) Lily & Ravi Bhat (Sister in Law & Brother in Law) Sunita & Roop Krishen Bhat (Sister in Law & Brother in Law) Usha & Vijay Kumar Bhat (Sister in Law & Brother in Law) Beena & Ramesh Kumar Bhat (Sister in Law & Brother in Law)



SHRI JAWAHER LAL

WANGU

**SMT. LALITA DEVI** 

Sh. Ravinder Kumar Warikoo

CONTACT NUMBER 9312276163,9906571904

With profound grief and sorrow, we inform the sad demise of our beloved mother Smt. Vishno Chouhan (Rekha Ji) wife of Late Shri C.D. Anand on 11-01-2024.

UTHALA will be performed on 23-01-2024 at Hari Mandir, Rehari Colony, Jammu from 3:00 PM to 4:00 PM.

KRIYA will be performed at our residence 104/105 Rehari Colony Jammu at 11:30 AM on 23-01-2024.

**GRIEF STRICKEN** Sister-in-law- Shyama Anand **Brother - Hemant Chouhan** 

Son & Daughter-in-law Vishal & Gitanjali Daughters & Sons-in-law Pooja & Pardeep Ninni & Rahul



**Smt. Vishno Chouhan** (Rekha Ji)

(Chairperson of Ranjeet

Memorial High School)

KARAMYOGI SHRI

**ROSHAN LAL BHAT** 

**Grandsons- Grand Daughters** Pushti, Parv, Mani, Udaymayanq, Anushqaa, Pavitt, Rajveer, Aryaveer Ph: 6006093447, 7780933909, 9796341255, 7889490209

#### KRIYA/RASAM PAGRI

With Profound grief and sorrow, we inform the sad demise of our beloved Smt. Krishna Jamwall Ji (Chairperson of Ranjeet Memorial High School) W/o Late Sh. Jagdish Singh Jamwall ji D/o Capt. Diwan Singh ji, Daughter in Law of Late Thakur Haqiqat Singh Jamwal ji R/o Peeli Kothi Ward No. 65 Suramgargh Barnai. Kriya will be performed on (Tuesday) 23-01-2024 at 12.00 noon & Preeti Bhoj 1.30 pm, Rasam Pagri will be performed on (Friday) 26-01-2024 & Preeti Bhoj 1.00 pm at our Smt. Krishna Jamwall Ji

residence Peeli Kothi Barnai, Jammu. **Grief Stricken** 

Mr. & Mrs. Bhupinder Singh Jamwal and Family Mr. & Mrs. Davinder Singh Jamwal and Family

Mr. & Mrs. Narinder Singh Jamwal and Family Mrs. Sudershan Wazir and Family

Mrs. Usha Wazir and Family Mrs. Pinky Jamwal and Family Mrs. Subhagya Singh and Family Ph Nos 9906274972, 9419200321

**OBITUARY/10TH DAY KRIYA** 

WITH PROFOUND GRIEF AND SORROW, WE REGRET TO INFORM THAT OUR BELOVED KAR-MAYOGI **SHRI ROSHAN LAL BHAT** S/O LT. VED LAL BHAT R/O WADIPORA, HANDWARA DISTT KUPWARA A/P H NO. 1 LANE NO. 9, SURIYA VIHAR; BOHRI JAMMU LEFT FOR HEAVENLY ABODE ON 17-01-2024 10TH DAY KRIYA WILL BE PERFORMED AT MATA BHADERKALI ASTHAPAN BHADERA GHAT THALWAL ON 26-01-2024 AT 9 AM AND ASSEMBLY WILL BE HELD AT OUR RESIDENCE AT 11:30 AM. **GRIEF STRICKEN:** 

SMT VIJAY KUMARI BHAT (WIFE) SMT MOHINI PANDITA (SISTER)

DAUGHTERS IN LAW & SONS SMT RENU & SH SANJAY KUMAR BHAT- 9419709021

SMT ANJNA & SH ONEEL KUMAR BHAT- 7780935261

SMT ANITA & SH RAKESH BHAN- 9560068444 - DAUGHTER AND SON-IN-LAW SMT BIMLA & SH SHIBEN KISHEN BHAT - 6005762228 -NIECE-IN-LAW & NEPHEW SMT CHANDERKANTA & SH ASHOKE BHAT -NIECE-IN-LAW & NEPHEW

SMT SUMAN BHAT (7006060788) -NIECE-IN-LAW SMT SUDESH & SH KANWAL KISHEN BHAT (9419190997) -NIECE-IN-LAW & NEPHEW GRAND CHILDREN:

VARUNIKA, SAMARTH, MUSKAN, GARIMA, JENITA, VATSAL SAMAST BHAT, PANDITAS, BHAN, KOUL, RAINA PARIVAR

#### TENTH DAY KRIYA

With profound grief and sorrow we inform the sad demise of Smt. Reeta Raina (Kittyji) W/o Sh. Omesh Raina originally resident of Ganpatiyar, Srinagar at present Ward No 67, Ganesh Vihar, Lower Muthi, Jammu. The 10th, 11th & 12th Day Kriya and Asthi Shradh will be performed in Haridwar on the holy Ghat of Maa Gangajee on 21st, 22nd and 23rd Jan 2024.

Smt. Reeta Raina

Sh. Omesh Raina (Husband) (Daughter and Son in law) Mr. Avilash Parihar & Mrs. Osheen Raina Parihar Mr.Ojas Raina (Son)

#### TENTH DAY/KRIYA

With profound grief and sorrow we regret to Smt Jaikishori Bhat (Kishni Ji) W/o Late Sh. Kashi Nath Bhat R/o Sheerwani Colony Baramulla A/p H. No 6, Shiv Vihar I.M.S Road, Gurah Bhramna Patoli Jammu on 18-01-2024. TENTH DAY KRIYA will be performed at Akhnoo Shat on 27-01-2024 at 9.30 AM and Assemb vill be held at our residence at 11.00 AM.

GRIEF STRICKEN SONS & DAUGHTERS IN LAW
Sh. Ramesh Kumar Bhat & Smt Bimla Ji
Sh. Daleep Kumar Bhat & Smt Jaiya Bhat

Mrs & Mr. Sumit Bhat Mr Rohit Bhat Mrs & Mr Vishal Bhat Mrs & Mr Akshay Bhat

& Smast Bhat Parivar Mobile No: 9469478231, 9419908962, 9596804779



(Kittyji)

SMT JAIKISHORI BHAT

#### 10TH DAY

With profound grief and sorrow, we inform the sad demise of Sh Ashok Kumar Bakshi S/o Pran Nath Bakshi R/o H No. 33 Kabir Nagar Poonch House on 16th Jan 2024. The 10th Day will be performed at Haridwar on 25 Jan Sh Ashok Kumar 2024. GRIEF:



LATE SH. NARINDER

SH. HARDAY NATH BHAT

BAKSHI, GANJOO, RAINAS

#### **TENTH DAY/KRIYA**

Your life was a blessing, your memory a treasure you are loved beyond words and missed beyond measures. With profound grief and sorrow, we inform the sad demise of our beloved **Sh. Narinder Singh** Jamwal (Kuku) S/o Late Sh. B.S Jamwal of Villag Bassi Jamwal (Jandi) Tehsil Hiranagar Distt Kathua

10TH DAY will be performed on 22-01-2024 (Monday Kriya will be performed on 25-01-2024 (Thursday)
GRIEF STRICKEN

Neelam Jamwal- **Wife** Son & Daughter in Law Navdeep Jamwal and Shilpa Jasrotia Daughter & Son in Law īmmy) Jasmine & Sh. Joginder Singh Sambyal Brothers & Bhabies
Surinder Singh Jamwal & Anita Jamwal

Manjeet Singh Jamwal & Prem Lata Jamwal Sister & Brother in Law Shashi & Late Sh. R.S Baloria Reva & Late Sh. Jaipal Singh Baloria Ranju & Sh. Kavinder Singh Sambyal MOBILE NO: 8451849519, 9419796552

#### TENTH DAY KRIYA

Vith profound grief and sorrow, we inform about untime emise of our beloved **Sh. Harday Nath Bhat** S/o Lt. I Maheshwar Nath Bhat of Hari Pari Gam, Tral presently 78, 1/C, Trikuta Nagar Extension, Marble Market, Ne 176, 176, 17kuta Nagar Extension, marble market, Nei Divine Health Clinic, Jammu on 17-01-2024. Fenth Day Kriya will be performed on 26-01-2024. Akhnoor Ghat. The Assembly will be at Muthi Ghat, Nei Director School Education Jammu at 11 AM. GRIEF STRICKEN.

mt. Deepti & Satish Bhat - Daughter-in-law & Sor Smt. Deepn & Satist Bhat - Daugnter-in-law & Sc Sh. Umesh Bhat - Son Smt. Kishni Bhat, Pyari - Aunty Smt. Sushma & Sh. B.L. Bhat - Bhabi & Brother Smt. Rashmi & Sh. P.N. Bhat - Bhabi & Brother Smt. Saria Ji & Sh. T.K. Bhat - Bhabi & Brother Smt. Reena Ji & Sh. M.K. Bhat - Bhabi & Brother Smt. Reena Ji & Sh. M.K. Bhat - Bhabi & Brother

Samast Tufchi, Dhar, Pandita, Raina, Bhat, Koul Families 9419922944. 9419122636. 9419136307. 7875090557

#### TENTH DAY KRIYA The **Tenth Day Kriya** of our beloved Mother **Smt. Madan Mohini Bhat (Babi Ji)** W/o Late Shri Madhu Sudhan Bhat R/o Wachi Shopian Kashmir, prese

rat 6/1 South Patel Nagar, N ormed on 26th January 2024 at Shree Gaur Shankar Mandir, New Palam Vihar. The **Assembly** will be at 12.00 Noon at our residence Patel Nagar, New Delhi. The venue previous y decided has been changed because of Republic

Day traffic restrictions.

Our beloved mother was the epitome of love and inspiration for all of us.

Vaikunthas manz aisenus jaay. DEEPLY REMEMBERED BY **Sons and Daughter-in-laws** Ashok Kumar & Veena Bhat Ramesh Kumar & Usha Bhat Daughter & Son in Law Reeta Raina & R.N Raina Samast Bhat & Raina Pariwar Phone No. 9999287544, 8095639064, 9315648154

#### (Babi Ji)

TENTH DAY/KRIYA/UTHALA With profound grief and sorrow, we inform the sad demise of our leloved **Sh. Narinder Sharma** S/o Sh. Jeevan Nath Sharm R/o Lane No. 7, Upper Greater Kailash (Opp. Charak Welfar

10th Day will be performed at our residence on 23/1/2024 a Kriya / Uthala will be performed at our residence on 24/1/2024 (Wednesday) at 3.00 pm & 5.00 pm resp GRIEF STRICKEN Smt. Vijay Lakshmi (Wife) Aradhaya and Sanidhaya (Sons) Brother & Sister-in-law Varinder & Ritika Sharma Sisters & Brother-in-law Chander Prabha and Janak Raj Sharma Rajni and Balraj Dutt Sharma Poonam and Lt. Sh. Vinay Sharma Ph. No.: 9419112444, 9797599461, 8716099807



Smt. Madan Mohini Bhat

Sh. Narinder Sharma

#### **TENTH DAY**

With profound grief and sorrow, we inform the sad and untimely demise of our beloved Father Sh. Dev Raj Gorka (SP Retd) S/o (Late) Sh Nand Lal R/o Jinder Melu R.S. Pura presently residing at H.No. 149B Jeevan Nagar

Tenth Day shall be performed on Friday (26/01/2024) at Sukh Sehaj Hall Digiana, Near Digiana Pulli. Satsang shall be starting at 12:00 Sh. Dev Raj Gorka Noon followed by Tenth day.

GRIEF STRICKEN : Smt Vaishno Devi (Wife) (Daughters in law & Sons) Mrs & Mr Ajay Gorka Mrs & Maj Anjum Gorka (Daughter & Son in law) Mrs Veenakshi & Mr Jagdish Raj Mobile: 9906330187, 9026577255



(SP Retd)

#### **DISCLAIMER**

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#### **Religious function organised** at Dev Asthan Mathwar



#### **Top News Report**

JAMMU, Jan 22: On the historic ocassion of consecration of Lord Rama in Ayodhya,a large religious function was also organised at Dev Asthan Mathwar under the aegis of Bawa Yashpal ji maharaj.

In this function about

300 Shastris chanted mantras for the welfare and peace of whole world. The functions will start from 13 Feb and Function was organised as a part Mata Jeevani birthday on 2nd Feb and Bawa Ballo ji's birthday falling on 14 Feb (Vasant Panchami) by perform22 nd Feb by learned vedacharyas

Bawa Yashpal Maharaj ji showered wishes to all Indians round the world. A large Bhandara was also organised and Prasad was distributed to large numbers of devotees gathered at Devasthan Mathwar.

#### On Paush Purnima, it is advised to donate according to one's ability to the needy: Mahant Rohit Shastri

ing Shastri Poojan on

**Top News Report** 

JAMMU, Jan 22: Paush Purnima holds special significance in Hinduism. According to Shri Kailakh Jyotish avim Vedic Sanathan Trust President, Mahant Rohit Shastri, Paush Purnima is observed on the full moon day of the bright fortnight of the month of Paush. The commencement of Paush Purnima is on January 24th, Wednesday, at 9:51 PM, and it concludes on January 25th, Thursday, at 11:24

On this day, it is considered auspicious to read or listen to the story of Lord Satyanarayan,



worship Lord Ganesha, Goddess Parvati, Lord Shiva, Lord Satyanarayan, and offer prayers to the moon. Taking a holy dip in rivers or ponds is significant, but due to the pandemic, one can take a symbolic bath at home using Ganga water. Donating to those

in need and Brahmins is believed to bring the blessings of Lord Vishnu.

Following the English

calendar, Paush Purnima in the year 2024 will be the first full moon. It is advised to avoid tamasic foods, practice celibacy, and abstain from intoxicants on this day. Consuming sattvic food is recommended, and performing charity and bathing are believed to lead to spiritual liberation. Kalpavas, a period of spiritual austerity, begins on this day. Additionally, Shashthi Devi's victory is celebrated on this auspicious occa-

#### 145 employees of Centaur Hotel to be absorbed from 1 March 2023

SRINAGAR, Jan 22 (Agencies): The Administrative Council (AC) which met here under the Chairmanship of Lieutenant Governor, Manoj Sinha approved absorption of 145 permanent employees of the Centaur Lake View Hotel, Srinagar in Sher-i-Kashmir International Convention Centre (SKICC), Jammu and Kashmir Cable Car Corporation Ltd (JKCCC) and Jammu and Kashmir Tourism Development Corporation Ltd, Srinagar (JKTDC) with effect from 01.03.2023 instead of 22-05-2023.

Rajeev Rai Bhatnagar, Advisor to the Lieutenant Governor: Atal Dulloo, Chief Secretary; Mandeep Kumar Bhandari, Principal Secretary to LG attended the meeting.

This is in pursuance to the process of outsourcing of the assets of Tourism Department. Administrative Council in its decision dated 22-05-2023 had approved absorption of these employees with effect from 22-05-2023 and Government Order No. 86-JK(TSM) of 2023 dated 12.07.2023 was issued in this behalf.

The matter was examined by a high powered committee constituted under the administrative mechanism for resolution of disputes by Department of Legal Affairs, Govt of India and recommended by the Committee constituted by GAD vide Government Order No. 536-JK(GAD) of 2023 dated 02.05.2023 and also as per the concurrence of the Finance Department.

#### Six persons injured in wild boar attack in Kulgam, boar captured

**Top News Report** 

KULGAM, Jan 22: Six persons were injured when a wild boar attacked them at Main town Kulgam on Monday afternoon, sources said.

An official told Voice of india that the injured were identified as Ziyan Mushtaq Mir, Abdul Aziz Mir, Irfan Yusuf, Yasir Faizan Bhat, and ,Qasim Mushtaq and

"The injured persons are undergoing treatment at the district hospital Kulgam and are stable now and all persons have been discharged from the hospital" he said.

Meanwhile, The police, along with wildlife officials, have rushed to the main market of Kulgam and captured the animal on spot.

#### BLSKS celebrates Ram Lala Pran Pratishtha Samaroh

Top News Report

JAMMU, Jan 22: To celebrate the Ram Lala Pran Pratishtha Samaroh & to promote the rich traditional culture of J&K, Bhartiya Lok Sangeet Kala Sansthan (BLSKS) presented Bhajan Sandhya at Janipur Jammu in close coordination with Sangam Tru art Production.

The programe was inaugurated by Chief Guest by Yash Pal Sharma, Jammu Municipal Councilor Ward 35. The Guest of Honour were V.K.Magotra, Former Regional Director, Directorate of Field Publicity, Government of India, Mukesh Singh, Media Person-Newspaper - The Shadow and other prominent dignitaries were the Guest of Honors. The Traditional folk culture of Jammu province and specially awareness items prepared on the theme on "Ram Ayaege", "Siya Ram Bajoo ", "Raja Ram Bajo Re- Mann Tulsa" & "Ram Naam Satya Hai " were presented.

The Chief Guest highlighted the said story of Ram Lala Pran Pratishtha in Ayodhya, in addition to the above LCD was also placed on the staged onwards convey the Live Telecast of Pran Pratishtha, in addition to the above, Glimpses of the Ram Chitt



also presented in the programe More than 2000 pilgrims, Ram Bhagats came from the various villages of J&K witnessed the program and highly appreciated and also said the temple is being built on a contentious piece of land in the northern Indian city of Ayodhya, at a spot that many Hindus believe was the birthplace of Ram, a much-worshipped god who in the religion epitomises the victory of good over evil Prime Minister Narendra Modi led the 'Pran Pratishtha' as Lord Ram's homecoming happened after 500 years in Ayodhya.

The Ram Mandir was inaugurated amid massive celebrations and Ram Lalla's (infant Lord Ram) face was revealed & the theme and central idea of this Musical Evening be living traditions occupy

a prominent place in the Indian social System in this region. The Chief Guest

was also honored the artistes of BLSKS.

The above mentioned songs written by the Dr. M.L.Dogra Chairman and composed by Raju Bajgal, Music Instructor. The program was also recorded & uploaded online on Social Media for benefit of the peoples.

Earlier in his address of Dr. M.L.Dogra Chairman, BLSKS said, the 'Pran Pratishtha' ceremony, marking the sanctification of the idol of Ram Lalla—the youthful incarnation of Lord Ram-will witness participation from diverse societal sectors. 'Pran,' symbolizing life, and 'pratishtha,' portraying resolute establishment, intertwine in a dramatic act that

breathes life into the

deity. The conclusion

of the Pran Pratishtha ceremony orchestrates a staggering metamorphosis, transforming the once inert idol into a living embodiment of the divine. Pran Pratishtha, a sacred term in Hindu religious practices, encapsulates the intricate ritual of consecrating deities and idols before they are embraced in wor-

The festival is a part of the spring Navratri, and falls on the ninth day of the bright half of Chaitra month in the traditional Hindu calendar. This typically occurs in the Gregorian months of March or April every year.

The Ram Mandir is a Hindu temple that is under construction in Ayodhya, Uttar Pradesh, India. It is located at the site of Ram Janmabhoomi, the hypothesized birthplace of Rama, a prin-

cipal deity of Hinduism. The site is the former location of the Babri Masjid which was built after the demolition an existing temple. Vishal Bhandara was also organized by the Committee members of ward no 35 & 36.

Welcoming the dignitaries M.C.Kotwal General Secty, BLSKS

The singers, musician and actors who performed were Usha Raina, K.K.Joshi, Rajni Gupta, M.C.Kotwal, Chahat Chadha, Bindia Okheda, Rahul Kumar, Paramjeet Shami, Sumeeta Bhat, Taniya Gupta, Naiya Digra , Renu Bala , many others presented the enthralled performance at last of the programe,. Deepak Kumar, program coordinator presented vote of thanks for successful conduc-

explained aims & objectives of the programme which have been assigned to the Sansthan for betterment of society in his key note address highlighted the various publicity and entertainment aspects of the song and drama division programs. The temple is being built on a contentious piece of land in the northern Indian city of Ayodhya, at a spot that many Hindus believe was the birthplace of Ram, a much-worshipped god who in the religion epitomises the victory of good over evil.

tion of the programs.

#### **Senior Citizens Rejuvnation** Centre inaugurated



#### **Top News Report**

JAMMU, Jan 22: Neeraj Puri Ex Municipal Corporator, in presence of Kavinder Gupta former Dy CM, on Monday inaugurated Senior Citizens Rejuvenation Centre at Trikuta Nagar, here.

They said that we are lucky to have such thoughtful, experienced & motivating generation with us who is always there to guide us.

Age is nothing but a state of mind, keep being fun & free spirited. Old age is one of the stages of human development, where a person attains wisdom, maturity, social recognition and emotional fulfillment, old people are considered as the guiding stars. They are symbols of tradition, respect, wisdom, and experience, they said.

The event was presided over by Yudhvir Sethi, State Vice President BJP, Special Guest of honor was Rekha Mahajan, A Social Activist & Jammu Dist President.

Dr Shreyansh Kumar Jain, State Yoga Commissioner, Composed a poem on the history of the Centre's, Aims & Objects with its working pattern.

Ashok Gupta, Jagmohan Gupta, Krishan Lal Gupta, Narinder Gupta, Dalip Gupta, TR Puri, Baldev Raj Gupta,

Lokesh Gupta XEn JMC, Mengi AEE, and Dr Shreyansh, were also present.

Kavinder, Yudhvir, Neeraj Puri & Rekha Mahajan were felici-

Dr Shreyansh, while conducting the proceedings of the program, said that aging is an important phase of human life. Person enters his childhood, experiences youth when in full energy and dreams to have luxury of life. Finally he approaches his old age and encounter death, he said.

All the participants were engrossed in the Bhajan, Sunderkaand Path & Hanuman Chal-

#### Raju Chandel expresses joy on inauguration of Lord Ram's temple

**Top News Report** 

JAMMU / AYODHYA. Jan 22: Hindu nationalist and BJP leader Guruji Raju Chandel expressed immense joy today as the grand inauguration of Lord Ram's temple marks the beginning of Ram Rajya in the country.

Chandel emphasized the historic significance, stating that after centuries of struggle, they are fortunate to witness the splendid temple and the revered deity Lord Ram.

Chandel acknowledged the presence other Muslim women from Jammu, including social worker Sadiqa Khan, who, by carrying the saffron flag to Ayodhya, defied extremist



elements. He welcomed her and stated that her presence exemplifies the unity among people of different faiths in the country.

During the inauguration, Krishna Vidhyarthi, the Mahamandaleshwar of Valmiki Samaj, was invited, showcasing the respect given to the Valmiki community in the event. Vidhyarthi conveyed a message, highlighting the significance of Lord Valmiki in Sanatan Dharma and how his teachings unite the society.

Chandel emphasized the immense happiness felt by every follower of Sanatan Dharma, witnessing the grandeur of the temple. He noted that people from diverse backgrounds, including Sadiga Khan from Jammu and Kashmir, demonstrate the unity prevailing in the country. Chandel concluded by expressing gratitude

for the establishment of Ram Rajya and the peaceful coexistence of people from various faiths. The preslike Sadiqa Khan, with their faith in Lord Ram, serves as a testament to the harmony prevailing over extremist ideolo-

#### Freezing temp in Kashmir, Srinagar records minus 5.3°C

SRINAGAR, Jan 22 (Agencies): Minimum temperature recorded a fall in Jammu and Kashmir even as weathermen forecast possibility of wet spell from January 25 to February 1.

A meteorological department official here told GNS that weather is likely to be dry till January 24.

From January 25-26, he said, generally cloudy weather with light snow is expected at isolated higher reaches. From January 27-28,

he said, generally cloudy weather with light rain/ snow over scattered places is likely. From January 2-31, he

said, light to moderate rain/snow is "very likely" at many places.

Also, he said, there is possibility of light rain/snow at scattered places on February 1. "There would be mod-

erate to dense fog and fall in day temperature over plains of Jammu division during next 2 days," he said.

Regarding night tem-

perature, he said, Srinagar recorded a low of minus 5.3°C against minus 4.8°C on previous night and it was 3.0°C below normal for the summer capital of J&K for this time of the year.

Qazigund recorded a minimum of minus 5.2°C against minus 5.0°C on the previous night, he said. The minimum temperature was 1.3°C below normal for the gateway town of Kashmir, the MeT official said.

Pahalgam recorded a low of minus 6.9°C against minus 6.5°C on the previous night and it was 0.6°C above normal for the famous resort in south Kashmir.

Kokernag, also in south Kashmir, recorded a minimum of minus 2.6°C against minus 2.3°C on the previous night and the temperature was above normal by 1.0°C for the place, the official said.

Kupwara town in north Kashmir recorded a low of minus 6.0°C against minus 5.7°C on the previous night and it was 2.8°C below normal

there, the official said. Gulmarg, the official said, recorded a low of minus 4.0°C against minus 5.0°C on the previous night and the temperature was 44.0°C above normal for the world famous skiing resort in north Kashmir.

Jammu, he said, recorded a minimum of 5.0°C against 5.6°C on the previous night, and it was below normal by 2.0°C for the winter capital of J&K.

Banihal recorded a low of minus 1.0°C, Batote 2.2°C and Bhaderwah minus 0.2°C, he said.

Kashmir valley is under 'Chillai-Kalan', the 40-day harsh period of winter, which will end on January 29. However it does not mean an end to the winter. It is followed by a 20-daylong period called 'Chillai-Khurd' that occurs between January 30 and February 19 and a 10-day-long period 'Chillai-Bachha' (baby cold) which is from February 20 to March 1.

#### **EDITORIAL**

### Life is a beautiful gift and journey

he philosophical definition of life differs widely from its biological definition. Biology considers only the physical aspects of life, while philosophy considers those qualities that make life worthy of others. In this essay we will try to understand life, and try to look at it from both biological and philosophical points of view.

Most of us are of the opinion that life is a beautiful gift. Life is seen as a beautiful gift because of its value to others. Every life on this planet exists for a specific purpose. Trees, animals, birds, humans, insects, all contribute in their own way to the development of the planet and other life.

Furthermore, human life is a great gift because it is the most powerful of the existing life forms. Human beings have the power to dream, work and achieve goals, have extraordinary abilities, and there is no other species like it on the planet. Furthermore humans influence every life on the planet for both good and bad reasons. Human life is a gift because it is meant to save and preserve other weak and vulnerable lives. This was the harmony or beauty of philosophical life. Now let us pay attention to the physical beauty of life. to humans

They are created with exceptionally dexterous limbs and an efficient mind, making them superior to others. The real beauty of these powers depends on how many lives they impact for all the good reasons of life.

One of the prerequisites of life is the development of life. Where there is life there is development. As there are stages of development, so is the journey of life. Let us consider the example of human life. When a child is born, he or she is small and is not physically and mentally developed, but as time passes the child continues to grow. Similarly, it happens with all other species also.

With time life grows and becomes more prominent. As each year passes, children become wiser and older, and they soon become smart young people. The same happens with other life forms also. There are so many new things out there, and everyone learns as experience grows. Therefore it would not be wrong to say that life is a journey of growth and experiences and all to make one wiser and valuable.

It should always be kept in mind that life is a very valuable gift, but it is not only human life, even the life of the weakest species is very valuable, like the life of a wise sage among the sages.

#### THE RAM MANDIR - AYODHYA...

BY; ADVOCATE UMA KAPAHI JANDYAL (J&K HIGH COURT, JAMMU)

ord Rama, the 7th avatar of Vishnu, one of the Trimurti in Hinduism, is believed to have been born in Ayodhya, which lies in the state of Uttar Pradesh, India. Hence, Ayodhya is also called Ram Janmabhoomi. This place is very holy for Hindus as Rama is a highly revered deity, who is also called Maryada Purushottam or the ideal man.

It has been a long-cherished dream of Hindus to have a grand temple for their beloved deity, Lord Rama, in his birthplace, Ayodhya. Ayodhya is holy ground for Hindus, as Ram was born here. Moreover, he is the avatar of Vishnu. Hence, to rebuild the Ram temple in Ayodhya, where people worshipped him in ancient times, has been a highly emotive issue for the Hindu community.

The new Ram Mandir will symbolize the triumphant return of Rama to Ayodhya after centuries of exile following the Mughal invasion. It means many things to many people. It means a validation of faith for devotees. For the people of Ayodhya, it means brighter days ahead, as the temple will attract tourists from all over India and the world, giving a boost to the economy. It will also burnish the image of the city as a renowned pilgrimage destination due to the vastly improved infrastructure and other facilities. HISTORY;

Hindus believe that many centuries ago, there was a temple for Rama in his birthplace. Here,

devotees worshipped Rama in his child form, Ram Lalla. However, the Mughals destroyed this temple, and a mosque came up in the same location. This was the Babri Masjid mosque.

Excavations carried out at the site in 1976-77 revealed the remains of an ancient and grand Hindu temple beneath the Babri mosque. Twelve pillars of the Babri mosque, which was under police custody at the time, were made from the remains of the temple, says K.K. Muhammad, one of the members of the ASI (Archeological Survey of India) team that carried out the excavation. Many such mosques in India in fact were built using the spoils of Hindu temples. This is a historical fact.

Some people contested the discovery of the temple remains, so another excavation took place in 2003, by which time the mosque had been destroyed. In 1992, a rampaging Hindu mob of kar sevaks demolished the mosque, leading to widespread riots and communal tensions. The second excavation revealed that a very large and imposing structure had existed once. The team found more than 50 pillar bases in 17 rows. The structure dates back to the 12th century AD. As terracotta objects depicting living beings like animals and also gods and goddesses were found in the ruins, it was clear that they belonged to a temple and not a mosque, as Islam does not allow such depictions.

Also, the archeologists discovered two pieces of a Vishnu Hari Sheela Phalak inscription in the ruins. The evidence suggested that the temple had associations with an avatar of Vishnu who had

slain Bali and a 10-headed person. Significance of Ram Mandir's Construction

- Religious Significance: With the completion of the construction of Ram Mandir, the decades of religious clashes between Hindus and Muslims came to an end. This will promote religious harmony in the country.
- Cultural Significance: The Ayodhya and Ram Mandir are considered a symbol of the historical and cultural heritage of the country. Thus. construction of the temple is a step towards celebrating and preserving India's cultural heritage.
- Promotion of Social Service: A large number of charitable institutions are expected to come up around the temple. These institutions will promote social service.
- Economic Significance: The Ram Mandir, as one of the main shrines of the Hindus, will boost tourism in the Ayodhya region. This, in turn, will stimulate economic growth in the region and create jobs.
- Infrastructural Significance: The construction of the Ram Temple has initiated the process of the infrastructural development of the Ayodhya region. Major infrastructure projects such as roads, and airports, followed by some industries are expected to come up in the region.

Religious and Cultural Impact Impact on Hindu Society

The construction of the Ram Mandir echoes across Hindu society, creating a sense of unity, reverence, and spiritual connection among devotees. Moreover, it fosters a feeling of togetherness and deepens the spiritual bond among worshippers.

Implications for Interfaith Rela-

in reading It is a big problem that

tions

Although firmly grounded in Hinduism, the construction of the Ram Mandir signifies opportunities to promote interfaith understanding and harmony. Additionally, it paves the way for fostering mutual respect and unity among different faiths.

Supreme Court Verdict

The first police complaint in the Ayodhya dispute was in 1858, and the first cases were filed in 1885. However, the movement for Ram Mandir got a huge thrust in 1989 when the Vishva Hindu Parishad (VHP) laid a foundation stone ('shilanyas') at the disputed site.

In September 1990, BJP leader, LK Advani, began a Rath Yatra from Gujarat's Somnath to Ayodhya in Uttar Pradesh to create awareness about the Ram Janmabhoomi issue and to raise support for building a Ram Mandir in Ayodhya. It led to communal tensions, and in December 1992, kar sevaks climbed the Babri Masjid mosque and demolished it.

Hindus and Muslim litigants fought a prolonged court battle to claim the disputed site, and finally, the Supreme Court delivered a verdict in 2019 allowing temple construction at the site. Muslim litigants got a 5-acre plot of land to build a mosque elsewhere in Ayodhya as compensation.

Once the dispute ended, the temple construction began. The inauguration of the Ram Mandir temple will be on January 22, 2024, by Prime Minister Narendra Modi in the presence of spiritual leaders and other eminent personalities.

HENCE, Dharma is rooted in Truth

#### **Examination and Reading Season has arrived!**

By: Vijay Garg

(What are the reasons due to which the mental health of the student is affected)

Human life is a combination of sorrows and joys, joys and sorrows and success and failure. Generally, a person is happier because of achievements and sad because of failures. Along with grief comes stress Human life is a combination of sorrows and joys, joys and sorrows and success and failure. Generally, a person is happier because of achievements and sad because of failures. Along with grief comes stress. This problem we students Let's see in connection with life. Where a normal person is stressed, the impact is more on a student. One is that the student is not yet able to bear the failures of life. His personality has to develop. After enough experience, he becomes familiar with time and circumstances. If the student starts taking more stress, it will have a negative impact on his mental health. In the life of a student, where continuous studying can be stressful for a student, exam time becomes even more stressful and stressful for him. But it has different effects on the student and his situation and self-confidence. It is normal and even necessary to be serious and to be stressed to some extent during the exam. This becomes a problem when the student becomes overly stressed. It becomes necessary to solve it in time. Otherwise, it can turn into a mental illness, which causes major problems and obstacles in the future life of the stu-

dent. Know what are the common reasons, due to which a student starts to take more stress. Get the best results for A student sometimes wants to achieve more success results than his/her ability during the examination, while it is not possible to achieve the specified result according to his/her condition and ability. When the student feels that he is not able to achieve the desired results, he becomes stressed. Equality of other students Most of the time students aim to score equal to or even higher than students who have higher IQ than them. Every student's IQ is different. The house Economic conditions are different. Interests in work and subject also vary. Therefore, one should set goals keeping in mind their own capacity, not the feeling of competing with other students. It is okay to try to do something better than others but to the extent that it does not stress him out. Constant fear of failure It is often seen that the more a student prepares for the exam, the more he fears failure instead of success. out of necessityThinking about failure too much causes stress. The student needs to work hard in the right direction by adopting a positive attitude, not thinking about the fear of results before hard work. Not being fully prepared for the exam The common problem of students is that they don't pay attention to education for the whole year and expect good results later, which is not possible. Therefore, it is necessary to divide the time into small chunks right from the beginning of the year, because by studying during the exam days, you can prepare yourself for the exam. Finding results according to Not interested

the student has the ability but does not have the interest to study and acquire education, then it is impossible to find good results. There is no need to panic in this. You can start studying according to your interest first and then gradually approach those subjects. Gradually even the seemingly boring subject starts to get interesting. Now we see the effects of being stressed, From where it can be known that the student has come under more stress than necessary, then only the student personally, his parents, elder siblings and teachers will be able to get him out of this stress. Missing student The student sees his own weakness in front of his eyes. His mind is constantly haunted by the fear of his failure. In such a situation, he does not mix with anyone at home and outside like normal circumstances and remains lost in himself. Not getting enough sleep Due to stress, he does not sleep on time or completely comes Due to mental burden, his attention is always on his problem. Due to lack of sleep every day, his physical and mental health starts to weaken. headache A student who is constantly under stress gets headache. In such a situation, his deviation from the objective becomes even more. Sometimes the student does not even share this problem with anyone. nervousness In the exam stress condition, the child starts feeling panic from small things or suddenly and recovers after a while. Many times Anxiety persists for a long time. Medical treatment is also required. Doctors treat it with mind relaxing medicine. Lack of concentration of mind Sometimes a child

cannot concentrate on writing or doing any other household work after reading something under stressful conditions. His mind keeps wandering. He does not get desired results. Stress increases. Parents to pay attention to daily activities Now we see how to solve this situation if such a situation arises, so that the child becomes stress-free and has a calm mind. Can study The student should prepare a proper time table at the beginning of the year without getting stressed during the examination. With this, select easy and difficult subjects. It is up to the student to decide how much time to devote to which subject. Instead of reading continuously, taking rest, taking a short walk, talking with family, listening to music, watching TV etc. makes the mind agile again. Parents should take care of the daily activities of the child. A sudden change in his Natural came to help him by taking care of his apathy, irritability. Consult a doctor if necessary. They should not put pressure on their child to get high grade results. Encouragement can be given, not reprimand and instill fear. A teacher is a good psychologist. He needs to be guided keeping in mind the interests of the child, his mental state. If the student himself and his parents, peers and teachers cooperate honestly, then this problem can be successfully solved.

(Vijay Garg Retired Principal EducationL columnist Malout Punjab)



Union Minister Arjun Ram Meghwal, MP Jugal Kishore Sharma, J&K BJP President Ravinder Raina, Ajatshatru Singh and a large number of devotees throng Raghunath Temple for Ram Lalla Pran Pratishtha ceremony on Monday.

(Pic by AMAN SHARMA)

# After struggle of centuries finally we got Ram Mandir: Braham jyot

**Top News Report** 

JAMMU,Jan 22: On the day of Pran Pratishtha, Braham Jyot (Incharge BJP OBC Morcha) inaugurated Bhandara at different sites of Jammu Kashmir.

Reema Padha ( General Secretary Mahila Morcha) , Zorawar Singh ( Senior Leader ) , Ajay Gupta ( Social Worker) , Sonu Sharma ( Social worker) , Bharat Bushan ( Social Worker) , Parveen Badyal ( Dist Vice President BJP OBC Morcha ) , Sanjay Verma ( Manda President) were present on the occasion.

On the historic day of Pran Pratishtha of Shri Ram idol at Ayodhya People organised Bhandara at various different sites and celebrate this historic day with great enthusiasm.

Hundreds of locals including women, senior citizens and children mark their presence in the rally with high enthusiasm.



Speaking on the occasion Braham Jyot thanked PM Narendra Modi and said today after the struggle of centuries we got our Ram Mandir and it not less than Diwali for all Indians.

He appealed public to light diyas at their homes on 22nd January and worship Shri Ram ji because is it will be a historic day and every one should celebrate it .

He said as world-class infrastructure is built in Ayodhya, the temple town would see a convergence of tradition and modern vikas (development), which from the ruling BJP's viewpoint is a must for a country's "national greatness".

He said that whole world was waiting for the "historic" Ram

temple consecration ceremony on January 22, and appealed to people to celebrate this as Diwali.

He said "If any country wants to develop, it has to protect its heritage. We are moving forward with the old and the new. Once, Ram Lalla was in a tent in Ayodhya.

PM Modi ji provided pucca house to not only crores of people but also to Ram Lalla .

Reema Padha congratulated all Indians for this great achievement and she thanked PM Narendra Modi for this.

She said that Ayodhya would give direction to the development of the whole of UP and not just Awadh region and BJP is undertaking thousands of crores of development; it is being made smart. Roads are being widened, flyovers are coming up. New means of transportation are coming to Ayodhya.

#### Withdrawing security means putting leaders at risk: Ajeet

**Top News Report** 

KISHTWAR, Jan 22: Senior Leader of Jammu and Kashmir National Conference Ajeet Bhagat while issuing a statement to the press said that it is very unfortunate to withdraw the security of prominent political opposition leaders, Social Activists and Organizations, in highly sensitive Districts in Kishtwar Doda and Ramban of chenab Valley Zone.

Bhagat said that in a city like Kishtwar, where killings of nationalists have been taking place in the past, withdrawing security is a serious issue. He requested that the issue be looked and the security of all

those leaders should be restored with in week if not resto we will nock the High Court Door and Supreme Court Door whose security has been removed.

has been removed,
Ajeet Bhagat said that
we live in a free country
where we have full permission to speak about
the country, we are also
raising our voice for the
absolute integrity of the
country, Withdrawal of
security is a very serious issue because the
enemies of peace here
have killed nationalist
people in the past too, in

view of all these things, DIG Doda, Kishtwar, Ramban (DKR) Dr, Sunil Gupta and SSP Kishtwar Khalil Ahmed Paswal should take a decision and restore

the security of all those leaders with in week, Bhagat said that the security of those who are raising their voice for the country should be ensured, he said that Kishtwar is not a normal place, people here are ahead in loyalty to the country. In order to hurt the Hindu-Muslim brotherhood, some elements target the nationalist people in past, in such a situation,

DIG Doda, Kishtwar Ramban (DKR) Dr, Sunil Gupta and SSP Kishtwar Khalil Ahmed Paswal is requested to restore the security of all the leaders whose security was removed if not restored we will nock the High Court Door and Supreme Court Door.

#### Alia Bhatt, Ranbir Kapoor, Katrina Kaif, Vicky Get Grand Welcome in Ayodhya

Alia Bhatt, Ranbir Kapoor, Katrina Kaif and Vicky Kaushal landed in Ayodhya for the Ram Mandir inauguration ceremony. The couples were joined by Rohit Shetty, Madhuri Dixit, her husband Dr Shriram Nene and Ayushmann Khurrana at the ceremony. In a photo shared by ANI, the Bollywood stars travelled from Mumbai to Ayodhya together. They were seen posing together outside their aircraft.

Soon, a video was shared online that showed Alia, Ranbir, Katrina and Vicky, along with the others, getting a grand welcome. They



were greeted with roses. The video was shared just a few hours after the stars were seen at the Mumbai airport.

Ranbir Kapoor opted

for a dhoti-kurta for the travel. He also added a shawl to his look. On the other hand, Alia looked prettiest in a simple sea-green-coloured saree. Vicky was seen wearing a kurta-pyjama while Katrina dazzled in a beautiful saree.

A few stars landed in Ayodhya over the

weekend. These include Anupam Kher and Kangana Ranaut. From the South film industries, Rajinikanth was among the first stars to reach Ayodhya. The cameras in Hyderabad spotted Chiranjeevi making his way to the Ayodhya with his son, actor Ram Charan. As part of the ceremony, the idol of Lord Ram Lalla is going to be installed at the Ram Temple after the consecration ceremony on Monday. The construction work of the temple is almost complete, several photos from the temple venue have already begun going viral.

#### From Selena Gomez, Lady Gaga To Zendaya: Hollywood Stars Who Nailed Desi Look In Saree



The Indian saree, timeless and elegant traditional attire, has found its way into the wardrobes of celebrities worldwide. The Hollywood beauty queens gracefully wearing Indian sarees show that India holds a special place in their hearts. Without a doubt, each

Western actress has donned the saree with style, looking nothing short of a diva.

From red carpets to cultural events, these eight foreign celebrities have not only embraced the beauty of the Indian saree but have also left a lasting impression with their graceful

At the grand launch of NMACC's red carpet, Zendaya graced the event in a captivating ensemble. She donned a shimmery midnight blue saree adorned with striking embellishments crafted by the renowned Indian designer Rahul

Mishra.

Complementing the opulence of her saree, the Dune star elegantly paired it with a heavily embellished golden blouse. She styled her look with a chic messy bun, statement jewellery, and a touch of shimmery makeup, radiating grace and glamour.

#### Alia Bhatt on being honoured at Joy Awards in Saudi Arabia: 'Privilege to be here in this nation'

Actress-producer Alia Bhatt recently became the first Indian woman to be awarded at the Joy Awards 2024 in Riyadh, Saudi Arabia.

She was conferred with the 'Honorary Award' at the ceremony. During her speech, the 'Udta Punjab' actress said that she is obsessed with movies as she jokingly added that when she was born, she came out on 'Lights, camera, action'.

Showcasing India's culture & heritage, Alia donned an Ajrakh print saree from designers Abu Jani and Sandeep Khosla for the ceremony.



#### Hollywood Pop Star Samantha Fox Arrested For Alleged Drunken Behaviour On Plane

Samantha Fox, the singer prominent in the late 1980s, was arrested for an alleged drunken disturbance on a plane bound for Munich from London's Heathrow Airport. The incident unfolded on a British Airways plane, where Fox allegedly disputed with a fellow passenger. Despite being on the runway, the plane was rerouted back to the gate in response to the incident, Deadline reported.

According to police reports, a woman in her 50s was arrested on suspicion of being intoxicated while aboard an aircraft.

Fox later said she is helping with the investigation and is "deeply sorry for any disruption caused."

As per the New York



Post, the pop star was hit by tragedy in March last year after her sister Vanessa died suddenly following a heart attack, aged 50. The media outlet reported that the sisters were very close; ahead of her 2017 autobiography, Forever, Sam told how Vanessa saved her when their alcoholic dad Pat attacked her. Fox, 56, recalled: "I

thought he was going to kill me and begged him to stop. When I tried to get up he kicked me so hard in the stomach it winded me and he wouldn't stop.

"My sister Vanessa heard what was going on and jumped on his back to get him off me." It is the latest heartache for model and pop star Fox - who first appeared in The Sun 40 years ago - coming eight years after her long-term partner Myra Stratton died of cancer.

Days after filming her appearance on Celebrity MasterChef, Fox's sister died. During an interview with The One Show last year, Fox became emotional as she talked about her experience in the cook-

ing competition.

Fox explained: "I'd practised [for MasterChef] for a good couple of weeks with my sister as my sister is a fantastic cook. She's always done the best Cottage Pie ever and so we practised together and I taped it - she's my younger sister, you can hear her bossing me around and going 'You've got to clear as you go, clear as you go! Unfortunately, I lost my sister just after the filming of MasterChef."

She added: "So yeah, my Cottage Pie was my sister's recipe and I've still got all her pots and mash potatoes things. She's gonna be so proud and she was so proud when I got the show because she's a massive fan of the show."

### Mahesh Babu's Sweet Message To Wife Namrata On Her 52nd Birthday: "Thank You For Making Every Day Better

Mahesh Babu wrote a heartfelt message for his wife Namrata Shirodkar on her 52nd birthday. On Monday, the Guntur Kaaram actor shared a beautiful picture of his wife on Instagram alongside a message. It read, "Happy Birthday NSG....Grateful for another year filled with love and togetherness. Thank you for making my every day better. Have a rocking 2024." Namrata Shirodkar and husband Mahesh Babu met while filming 2000 film Vamsi and the couple are parents to a son named Gautam and daughter Sitara.



Last year on superstar Mahesh Babu's 48th birthday today, his wife Namrata Shirodkar posted a mushy picture with him and wrote, "Happy birthday MB! You, you and you

day." Meanwhile, Sitara wished her dad with a super cute picture and she wrote, "Life's greatest adventures are the moments we share together! Happy birthday Nanna! Love you to the moon and back."

On the work front, Mahesh Babu was last seen in Guntur Kaaram. Before that, he starred in the hugely successful Sarkaru Vaari Paata. The renowned actor's impressive filmography includes blockbuster hits like Athadu, Pokiri, Athidhi, Dookudu, SPYder, Bharat Ane Nenu, Sarileru Neekevvaru, and Maharshi, among others.

# Ananya Panday As The Infamous "Orry 3"? A Plot Twist We Didn't Expect

Orhan Awatramani aka Orry made some big, mostly shocking revelations when he appeared on the season finale of Karan Johar's chat show Koffee With Karan last week. From decoding his brand strategy of planning his own digital demise to talking about his dating life, Orry was an absolute laugh riot. On Sunday, a few days after his appearance on the show, the social media sensation dropped a new video announcing a deep dive into his "the relevance room," of which he first spoke about on the Koffee couch. In the video, Orry can be seen introducing his



team members or "the Orrys" to the world. The peak ROFL moment however comes when

Orry's BFF Ananya Panday is introduced as "Orry number 3." Oh wait, it gets better. Soon Ananya Panday is hilariously killed off for becoming more relevant than Orry.

The LOL video begins with Orry claiming that he is going to introduce the audience to his "minions." "I don't know their names, and I don't want to know their names. They are just known as...," he says while walking into his office. In the next few seconds, we see the "Orrys" introducing themselves. Ananya Panday makes a special appearance as "Orry no 3". "But we killed her for getting too

relevant," Orry says as a screen pop-up shows her profile being blocked and later her head from a picture with Orry is edited out hilariously.

For the unversed, Orry, during his appearance on Koffee With Karan, revealed that he and his team, which he refers to as his "minions," are planning something of a "downfall" for him. He explained, "When you see me on paparazzi pages and screen, that's the story I'm telling and I spend the whole day reading morning to night I am in the comments section reading every review of my images.

# Ira Khan Takes Down Dad Aamir's "Fake Tears" At Her Wedding



Newlywed Ira Khan playfully teasing her dad Aamir Khan over his emotional outburst on her wedding day might be the cutest thing on the Internet today. Ira Khan, who married her longtime boyfriend and celeb fitness trainer Nupur Shikhare in the first week of January this year, has been fairly regular at treating her Instagram fans and followers to behind the scene pictures and videos from her big fat wedding. On Sunday evening she did nothing different. Through a series of photos posted on her Instagram stories, Ira Khan walked her fans through some LOL moments on the day Nupur and she registered their wedding.

Our favourite frame is however this candid picture of Aamir Khan wiping off his tears as his daughter Ira signs her marriage document. Even better than the frame is Ira's comment below it. She wrote, "The fake tears ....(real one coming soon)."

In another photo, Aamir Khan and Nupur can be seen sharing a laugh. Ira captioned the picture, "The inappropriate comment made too close to the mic."

On Sunday, Ira Khan also posted a bunch of images from her wedding day with her parents Aamir Khan, Reena Dutta, brother Junaid and cousin Zayn Marie among others. She captioned the post, "First we were

sense with the later captions) We journeyed (I came ALL THE WAY from the 20th floor), we played (I won), we sang, @nupur\_popeye and I didn't dance - we smiled... we did paperwork!! Thank you for making us feel special and for your goodnatured participation in our slightly haphazard production with its many last-minute change of plans! We met people haven't seen in ages!! One of the things I was looking forward to was to meet all the people in our lives, from all its different parts. Thank you to everyone who came. And thank you, Taj for your beautiful space and gracious hospital-

married (this will make

#### Rahul Gandhi stopped from visiting Assam temple; asked to wait till Ayodhya pran pratishtha is over

Congress leader, supporters stage dharna

NEW DELHI, Jan 22 (Agencies): Congress leader Rahul Gandhi and his supporters are staging a dharna in Assam after he was denied permission to visit the Sri Sri Sankar Dev Satra temple in Bordua. The temple trust has reportedly asked to visit at 3pm, after pran pratishtha ceremony at Ram temple in Ayodhya is over.

The former Congress chief was scheduled to pay obeisance to the local deity before starting his Bharat Jodo Nyay Yatra on Monday. Mahila Congress leaders subsequently sat on a dharna to protest against the denial of permission to Gandhi to visit the temple. The former Congress chief also joined the dharna.

Rahul Gandhi questioned the police on why he was being stopped from visiting the temple. "Will PM Modi now decide who will visit a temple



MLA, no Congress leader was

allowed to travel beyond Hai-

boragaon, around 20km from

the temple spot. Even the media

team was not allowed to travel

Congress leader Supriya Shri-

nate said, "Going to a temple

can be anyone's matter of faith.

Himanta-led government is

iarisation and regulatory

compliance purposes.

During this period, pas-

sengers from Bengaluru,

Chennai, Delhi, Hyder-

abad, and Mumbai will

have the opportunity to

experience the state-of-

the-art technology of the

The aircraft will be later

deployed for long-haul

flights to international

destinations, strength-

ening Air India's grow-

ing wide-body fleet,

comprising its own and

recently leased aircraft.

The A350 is part of the

470 new aircraft that Air

India has ordered less

beyond Haiboragaon.

and when," Gandhi said. In a video, Rahul Gandhi was seen questioning a security official, "What is the issue brother? Can I go and see the barricades? What mistake have I done that I am not allowed inside the temple?", PTI reported. Gandhi said they are not interested in creating any issues but simply pray at the temple.

hindering the faith (of Rahul Gandhi). We wanted to go to the shrine (birthplace of saint Srimanta Sankardeva) peacefully. They have always tried to be a middleman between us and our God."

Assam Chief Minister Himanta Biswa Sarma had on Sunday urged Rahul Gandhi not to visit the temple during the ceremony to avoid competition between Lord Ram and the medievalage Vaishnav saint.

Congress General Secretary K.C. Venugopal tweeted, "Today the BJP stopped Rahulji from going to Batadrava Satra, despite prior permission. We have entered a new phase of democracy where the BJP will decide who should go to a temple and at what time. This dictatorial regime must realise that its days are numbered. People of India will not allow such authoritarianism.

#### Air India launches country's first Airbus A350-900 flight from Bengaluru to Mumbai

BENGALURU, Jan 22 (Agencies): Air India launched its maiden scheduled commercial flight of the Airbus A350-900 from Bengaluru to Mumbai on January 22. The airline said that it is also the first aircraft in the new bold Air India livery.

According to the company, Flight AI 589 departed on time from Bengaluru's Kempegowda International Airport on January 22, bound for Mumbai, carrying a near-capacity load of passengers who were eagerly anticipating the opportunity to experience the revamped Air



India.

The aircraft was on static display at the recent Wings India Global Aviation Summit in Hyderabad, where the public got a first glimpse of the IFE and distinct inflight amenities that will form part of the experience once the aircraft begins international operations.

Al 589 will operate every day of the week barring Tuesdays, departing Bengaluru at 7.05 a.m. and landing in Mumbai at 8.50 a.m.

Initially, the aircraft will be deployed on domestic routes for crew famil-

than a year ago. Air India's A350-900 aircraft will have a three-class cabin configuration with 316 seats — 28 private Business suites with full-flat beds, 24 Premium Economy seats with extra legroom and 264 spacious Economy seats. All seats on the aircraft feature the latest-generation Panasonic eX3 in-flight entertainment system and HD screens.

Fitted with the Rolls Royce Trent XWB engines, these aircraft are 20% more fuel efficient than other similar aircraft, reducing fuel emissions and ensuring sustainable operations.

On December 23, 2023, the first of Air India's own 20 Airbus A350-900 aircraft, registered VT-JRA, landed at IGI airport in Delhi, flying in from the Airbus facility in Toulouse, France.

The landing of the A350 had marked the first of Air India's recordsetting 470 aircraft order - with scheduled arrival of one new aircraft every six days throughout 2024.

#### between civil society and Govt

In the EVM debate, stalemate

MUMBAI, Jun 22 (Agencies): It's a battle that is being fought between the civil society and the government in the public space and in open courts - without a hint of any forward movement.

A crème de la crème bunch of civil society veterans - former civil servants, academics, writers and journalists, tech wizkids, activists and former judges are trying to push an envelope that is simply not willing to move.

"All I can say is that electronic voting machines (EVMs) are a live issue," former Judge of the Supreme Court, Madan Lokur, told this reporter. He headed the Citizens' Commission on Elections, an independent body that in 2021 recommended widespread reforms in the EVM system, calling for greater accountability to the public.

A rash of BJP triumphs in the Hindi heartland in the recent assembly elections - accompanied by a couple of significant losses in the south of the country a little earlier - have triggered a fresh round of controversy over the veracity of EVMs in a densely populated and vast country like India.

This expert civil society group, despite raising some pertinent points - many of them before the apex court itself - are pretty much ploughing a lonely furrow for the moment.

Devasahayam MG, a former bureaucrat and member of this Commission, told this reporter: "Elections should not only be fair but also appear to be fair. The incessant and disorderly public debates, suspicion, and court cases around EVMs and Voter-Verifiable Paper Trail (VVPATs) are certainly not good for democracy."

He added: "Most recently, allegations of malpractice were raised ahead of the counting of votes in the Madhya Pradesh Assembly elections, when a video emerged of officials sorting ballot papers from the strongroom in Balaghat. The Election Commission of India (ECI) should endeavour to put all doubts to rest. To engender complete public trust, elections need to be demonstrably and publicly verifiable. "

For the time being though, verification of EVMs appears to be a bridge too far. The Citizens Commission on Elections, concluded that "EVMs do not provide provable quarantees against hacking. tampering and spurious vote injections" and the "VVPAT system does not allow the voter to verify the slip before the vote is cast.'

According to Devasahayam, EVM/ VVPAT voting does not comply with the essential 'Democracy Principles' - that each voter should be able to verify that her vote is cast-as-intended, recordedas-cast and counted-as-recorded.

"Though the ECI has arranged for all EVMs to be accompanied with VVPATdevice, it has been reduced to the level of a 'bioscope', which shows up a tiny 'paper slip' for seven seconds that vanishes and is not counted," he said.

#### Gujarat boat tragedy: HC asks govt. to file report by Jan. 29

GUJARAT, Jan 22 (Agencies): The Gujarat High Court has directed the State government to submit an action taken report on the death of students and teachers in a recent boat tragedy, observing that it has "shocked the con-

science" of the public. As many as 12 students and two teachers of New Sunrise School at Waghodia near Vadodara drowned, while 18 students and two teachers were rescued after an overloaded boat capsized in Motnath Lake

on the city's outskirts on Thursday. The students were on a picnic at the time.

Taking suo motu cognisance of the incident, the court said in an order that it was "disturbing" to note that safety norms were flouted, given that no life jackets were provided to the children.

"We call upon the Secretary, Home Department, and State of Guiarat to submit an action taken report in the matter, along with an affidavit of the gazetted officer from the Home Department by the next date fixed," the order said. The court has fixed January 29 as the next date of hearing.

The police have registered an FIR under Sections 304 (culpable homicide not amounting to murder) and 308 (attempt to commit culpable homicide) of the Indian Penal Code against 19 persons.

Six arrests have been made, while efforts are on to nab the remaining accused, the police

#### **Union Minister Ashwini** Vaishnaw visited Jagannath **Temple at Hauz Khas**

NEW DELHI, Jan 22 (Agencies): On Ayodhya Temple Pran Pratistha Day, Union Minister for Railways and IT Ashwini Vaishnaw today visited Jagannath Temple at Hauz Khas in New Delhi. He participated

in a Special Pooja at the temple. Mr Vaishnaw watched the live proceedings of the Pran Pratistha ceremony on a big screen installed at the temple with hundreds of people.

Speaking on the occa-

sion, Vaishnaw said, people are fortunate that they were able to witness Ram Mandir Pran Pratishta today. He said, a new era is beginning today. The Minister said, India is heading towards prosperity.

#### **United Nations General Assembly President Dennis Francis arrived** on a 5-day visit to India

MAHARASHTRA, Jan 22 (Agencies): The President of the 78th Session of the **United Nations General** Assembly Dennis Francis arrived in New Delhi this morning on a fiveday visit to India.

Ministry of External Affairs said, the visit is an opportunity to advance India-UN ties and exchange views on India's priorities and global challenges.

During the visit, Mr. Francis will hold talks with External Affairs

Minister Dr S Jaishankar on key multilateral issues of mutual inter-

He will also pay

homage to Mahatma Gandhi at Rajghat. Mr. Francis will attend a round table on India's advancements in Digital Public Infrastructure. He will also deliver a public address at the Indian Council of World Affairs on Multilateralism and Peace, Prosperity, Progress, and Sustainability on Wednesday. Mr. Francis will also

travel to Jaipur and Mumbai. In Mumbai, he will pay floral tributes at the 26/11 memorial. He will visit the National Stock Exchange and will address on New Orientation for Reformed Multilateralism organized by the Observer Research Foundation.

On 26th January, on the occasion of Republic Day, Mr. Francis will participate as a State guest in the Republic Day Parade of Maha-

#### and other amenities, BIG Setback For Stalin Govt, SC Okays BJP's Ram **Temple Consecration Ceremony Live Telecast Request** NEW DELHI, Jun

22 (Agencies): The Supreme Court on Monday agreed to the Bharatiya Janta Party's plea to live telecast the Ayodhya Ram Temple consecration ceremony's live telecast at temples and other public places in Tamil Nadu. Earlier, the DMKled Tamil Nadu government issued an order barring the live telecast of temple event. The BJP had moved the Supreme Court on an urgent basis to hear its plea against the alleged 'order' by the DMK-led Tamil Nadu government that prevents the live telecast of Ram Lalla's 'Pran Pratishtha' ceremony in Ayodhya on Monday at temples and other public places.

The petition has been filed by Advocate G Balaji on behalf of Vinoj P Selvam, secretary of Tamil Nadu BJP.



The plea stated, "It is respectfully submitted that the State Government run by DMK political party has banned the live telecast of the auspicious occasion of 'Pran Pratishtha' of Lord Ram at Ayodhya in all the temples across the state of Tamil Nadu."

The plea also stated, "The government has also banned all kinds of poojas, Archana and Annadanam (poor feeding) bhajans on this auspicious occasion. Such arbitrary exercise of power by the State Government (through police officials) per se violates fundamental rights guaranteed under the Constitution."

The petitioner sought immediate judicial intervention in the matter and warned of a law and

problem that may arise. The petitioner said, "Unless there is immediate judicial intervention by this court there will be law and order problem and failure of constitutional machinery."

The petition further said, "It is therefore most respectfully prayed that the writ petition be listed for hearing tonight itself before the chief justice court or any other court in the interest of justice." On Sunday, Union Finance Minister Nirmala Sitharaman claimed that the DMKled Tamil Nadu government is instructing the State Police to not allow the live broadcast of the Pran Pratishtha ceremony at Ayodhya's Ram

temple on January 22. Speaking to reporters in Chengalpattu, Nirmala Sitharaman said, "The Tamil Nadu government is intimidating the police to not permit the live broadcast of the Pran Pratishtha ceremony. The Assistant Commissioner of Police is threatening to not broadcast even the program I attended in Kanchipuram.

She added, "They said that the Ram temple ceremony should not be telecast in public places. They say that it should not be held in the temple either.

They are saying that there will be a law and order problem, and beyond that, they are asking us to give the letter that we have not refused permission." However, the state government has denied the Union Minister's allegations and slammed the spreading of false infor-

mation. PK Sekar Babu, Tamil Nadu Minister of Hindu Religious and Charitable Endowments said that the accusations made by Sitharaman related to holding programmes in the name of Lord Ram are totally false.

He posted on X, "Strongly condemn the spreading of false information in an attempt to divert people's attention from the DMK Youth Conference in Salem. The Hindu Religious and Charitable Endowments department hasn't imposed any limitations on devotees' freedom to offer food, conduct poojas in the name of Shri Ram, or provide prasad in Tamil Nadu temples.'

#### Water projects worth Rs 855 crore for Bhiwandi, Kalyan launched

MUMBAI, Jan 22 (Agencies): Three big water supply projects worth Rs. 855 crores in Bhiwandi, Kalyan, and Ulhasnagar were inaugurated by Prime Minister Narendra Modi online from Sola-

pur district in Maharashtra today. The PM inaugurated Rs. 303 crore worth projects for the twin city of Kalyan Dombivli, Rs. 426 crore projects for Bhiwandi city,

and Rs. 126 crore for Ulhasnagar City during the function to launch housing for economically weaker sections in Solapur under the Amrut 2.0 scheme. Out of Rs. 303 crore. 10 reservoirs will be constructed at the cost of Rs. 48.45 crore in Kalyan Dombivli municipal areas, and rs 24.47 crore have been allocated for strengthening the distribution system in KDMC

region. Similarly, 152.62 crore have been allocated for the construction of a water treatment plant and Rs. 77.58 crore for a dam in Mohili area in Kalyan. Civic officials said rising urbanisation and growing population in the KDMC areas requires strengthening the water supply distribution. The population in KDMC municipal areas has been estimated at 22 lakh.

#### Florida Governor DeSantis withdraws from Republican primary, endorses Trump for 2024

Trump congratulated DeSantis at his New Hampshire rally for running a "good" campaign

FLORIDA, Jan 22 (Agencies): Florida Governor Ron DeSantis has announced that he is withdrawing from the Republican party's presidential primary race and endorsing Donald Trump as the party's nominee, leaving Indian-American politician Nikki Haley as the sole challenger against the former US president in the nomination contest.

DeSantis, who came in second in the lowa caucuses with 21 per cent, suspended his campaign on Sunday. He said that it was clear to him that a majority of Republican primary voters wanted to give Trump another chance.

"I can't ask our supporters to volunteer their time and donate their resources if we don't have a clear path to victory. Accordingly, I am today suspending my campaign," the 45-year-old politician said in a video message posted on X, a social media

Haley, 51, the former US ambassador to the UN, is the only Republican left in the Republican nomination race against Trump, who is seeking to enter the White House for a second term.

The 77-year-old former president, a White House occupant from January 2017 to January 2021, lost to incumbent Joe Biden in the 2020 elections.

Trump, so far the most popular Republican presidential candidate with a majority of the party members supporting him, as per all major polls, won the Iowa Caucus last week and is leading in the New Hampshire primaries, which is scheduled for Tuesday.

eSantis said: I signed a pledge



to support the Republican nominee, and I will honour that pledge. He has my endorsement because we can't go back to the old Republican guard of yesteryear. A repackaged form of warmed-over corporatism that Nikki Haley represents."

"Following our second-place finish in Iowa, we've prayed and deliberated on our way forward. If there was anything I could do to produce a favourable outcome, more campaign stops, more interviews, I would do it," he added.

On Sunday, Trump congratulated DeSantis at his New Hampshire rally for running a "good" campaign.

"Before we begin, I'd like to take time to congratulate Ron DeSantis and, of course, a really terrific person who I've gotten to know, his wife Casey, for having run a great campaign for president. He really did. He ran a really good campaign, I will tell you. It's not easy," he

"They think it's easy doing this stuff, right? It's not easy. As you know, he left the campaign trail today at 3 p.m., and in so doing, he was very gracious, and he endorsed me, so I appreciate it. I appreciate that, and I also look forward to working with Ron to

newspaper reported. With the withdrawal by DeSantis, who once was seen as a formidable challenge to Trump, it's now a race of two in the party between Trump and Haley.

defeat crooked Joe Biden. We

have to get him out," the Politico

Political pundits now say that the former president is set to be the Republican party's nominee and that the November 2024 presidential elections will be a repeat of the 2020 elections: Trump vs Biden.

The Trump campaign also welcomed DeSantis' dropout. "With only a few days left until president Donald J Trump's victory in New Hampshire, we are honoured by the endorsement from Governor Ron DeSantis and so many other former presidential candidates. It is now time for all Republicans to rally behind president Trump to defeat crooked Joe Biden and end his disastrous presidency," it said.

The Trump campaign also criticised Haley. "Nikki Haley is the candidate of the globalists and Democrats who will do everything to stop the America First movement. From higher taxes to decimating Social Security and Medicare, and to open borders, she represents the views of Democrats more than the views of Republicans," the campaign said.

A memo issued by the Trump Campaign also said that Haley needed to drop out of the race to save herself from humiliation. "Now that we are a mere 48 hours from the Primary, the tone has shifted mightily. We see it, you see it, but make no mistake, if Nikki Haley loses in New Hampshire - there are only two options, the memo said, adding that the Indian-American politician should either drop out and unite behind Trump or get "demolished and embarrassed" in her home state of South Carolina.

However, Haley, the former South Carolina governor, insisted that she would stay in the race. "I want to say to Ron: he ran a great race. He's been a good governor. And we wish him well. Having said that, it's now one fellow and one lady left," she said at a campaign event in New Hampshire.In a statement, she said that only one state had voted so far, and half of its votes went to Trump while the other half did not. "We're not a country of coronations. Voters deserve a say in whether we go down the road of Trump and Biden again or we go down a new conservative road. New Hampshire voters will have their say on Tuesday. When I'm president, I will do everything in my power to show them they made the right decision," Haley

#### Taiwan says six Chinese balloons flew through its airspace; warplanes and ships also detected

TAIWAN, Jan 22 (Agencies): Taiwan said toaht that six Chinese balloons either flew over the island or through airspace just north of it, while Chinese warplanes and navy ships were also detected in the area.

The dispatch of such balloons, which generally disappear into the Pacific to the east, appears to be on the rise, though their purpose has not been publicly announced.

The Defense Ministry noted the balloon sightings on a list of Chinese People's Liberation Army activity in the waters and airspace around Taiwan. One passed near the southern city of Pingtung, while the others flew just north of the port of Keelung, where Taiwan has an important naval base

It remains unclear whether the balloons have an explicit military function, but they appear to be part of a campaign of harassment against the the self-governed island, which China claims as its own territory and has vowed to reclaim by force if necessary.

In the U.S. early last year, President Joe Biden vowed sharper rules to track, monitor and potentially shoot down unknown aerial objects after a threeweek drama sparked by the discovery of a suspected Chinese spy balloon transiting much of the United States.

The U.S. labeled the



and shot it down with a missile. It recovered what it said was sophisticated surveillance equipment. China responded angrily, saying it was only a weather balloon that had blown off course and called its downing a major overreaction.

Those are sometimes

referred to as China's "gray area tactics" that cause consternation among its foes without sparking a direct confrontation. China has long blurred the lines between military and civilian functions, including in the South China Sea, where it operates a huge maritime militia ostensibly civilian fishing boats that act under government orders to assert Beijing's territorial claims.

China's campaign of intimidation against Taiwan includes the regular deployment of Chinese warships and planes in waters and airspace around the island, often crossing the middle line of the 160-kilometer (100mile) -wide Taiwan Strait that divides them. The two split following the seizure of power by Mao on the Chinese mainland.

Between Sunday and early Monday morning, four Chinese warplanes and four navy ships were detected around Taiwan, the Defense Ministry said. Taiwan's military monitored the situation with combat aircraft, navy vessels and land-based missile systems, the ministry said.

In the leadup to Taiwan's Presidential and legislative elections Jan. 13, China had been stepping up such activities, along with its rhetorical threats, though Beijing's threats are generally seen as backfiring. The independence-leaning Democratic Progressive Party won a third straight term in the presidency, this time under current Vice President Lai Ching-te, or William Lai. The prounification Nationalist Party won just one more seat in the legislature than the DPP.

Both saw some votes siphoned away by the party of former Taipei Mayor Ko Wen-je, who appealed especially to young people fed up with politics as they are.

#### North Korea stresses alignment with Russia against U.S. and says Putin could visit at an 'early date'

SOUTH KOREA, Jan 22 (Agencies): North Korea said Sunday it has agreed to further strategic and tactical cooperation with Russia to establish a "new multi-polarized international order," as the two countries work to build a united front in the face of their separate, intensifying tensions with the United States. In describing North

Korean Foreign Minister Choe Son Hui's meetings with Russian President Vladimir Putin and Foreign Minster Sergey Lavrov in Moscow last week, the North's Foreign Ministry said Putin also reaffirmed his willingness to visit Pyongyang and said that could come at an "early date." North Korea has been actively strengthening its ties with Russia, highlighted by leader Kim Jong Un's September visit to Russia for a summit with Putin. Kim



is trying to break out of diplomatic isolation and strengthen his footing as he navigates a deepening nuclear standoff with Washington, Seoul and Tokyo.

In a separate statement on Sunday, the North's Foreign Ministry condemned the U.N. Security Council for calling an emergency meeting over the country's latest ballistic test, which state media described as a new intermediaterange solid-fuel missile tipped with a hypersonic warhead. The ministry said the test-firing on Jan. 14 was among the country's regular

activities to improve its defense capabilities and that it didn't pose a threat to its neighbors.

South Korea on Thursday urged the Security Council "to break the silence" over North Korea's escalating missile tests and threats. Russia and China, both permanent members of the council, have blocked U.S.-led efforts to increase sanctions on North Korea over its recent weapons tests, underscoring a divide deepened over Russia's war on Ukraine.

The alignment between Pyongyang and Moscow has raised international

concerns about alleged arms cooperation, in which the North provides Russia with munitions to help prolong its fighting in Ukraine, possibly in exchange for badly needed economic aid and military assistance to help upgrade Kim's forces. Both Pyongyang and Russia have denied accusations by Washington and Seoul about North Korean arms transfers to Russia.

North Korea's Foreign Ministry, in comments published by state media, said Choe and the Russian officials in their meetings expressed a "strong will to further strengthen strategic and tactical cooperation in defending the core interests of the two countries and establishing a new multi-polarized international order." Russia expressed "deep thanks" to North Korea for its "full support" over

its war on Ukraine, the North Korean ministry said. It said Choe and the Russian officials expressed "serious concern" over the United States' expanding military cooperation with its Asian allies that they blamed for worsening tensions in the region and threatening North Korea's sovereignty and security interests.

Tensions on the

Korean Peninsula are

at their highest point in years, after Kim in recent months used Russia's invasion of Ukraine as a distraction to ramp up his weapons tests and military demonstrations. The United States, South Korea and Japan have responded by strengthening their combined military exercises, which Kim portrays as invasion rehearsals, and sharpening their deterrence plans built around nuclear-capable U.S. assets.

#### **US Army soldier and** influencer Michelle Young, 34, dies by suicide

WASHINGTON, Jan 22 (Agencies): Michelle Young also worked as a crisis and trauma response volunteer, and volunteered at a local women's and children's homeless shelter

A US Army soldier and popular fitness influencer tragically died by suicide days after her daughter's 12th birthday. Staff Sergeant Michelle Young, 34, had served in the army for 16 years. She first enlisted when she was just about 18. She completed two

tours in Afghanistan. Just days before taking her own life, Young posted a heartwarming birthday message for her daughter. "Happy birthday to the sweetest girl I've ever known," she wrote. "The best part about my life is

being your momma." Young, in her free time, worked as a crisis and trauma response volunteer. She also volunteered at a local women's and children's

homeless shelter. In one of her posts, Young said that her own brother's suicide fuelled her passion for service. "That day forever changed my life, but it also created a passion for helping others that I don't think I would have had if I didn't experience the pain of losing him," she wrote, in part.

Young's Instagram account has 108K followers. She modelled apparel from a femaleveterans-focused athletic attire company. She would often advocate for better mental health treatment for veterans.

What led to her suicide remains unclear.

A GoFundMe has been launched after Young's death. "Our good friend and athlete Michelle was taken from us by suicide. Michelle was a beautiful soul, an amazing friend, a single mother, a soldier, and is proof you never know what someone is going through or what demons they may be fighting. We will never fill the gaps in our hearts and will always be left with questions why," the page reads.

"Michelle is survived by her daughter Gracie, who was her whole world. NOTHING can replace her mother, but the purpose of this is to help her daughter Gracie with anything she may need.

#### 3 killed, dozens buried in landslide in southwest China

BEIJING, Jun 22 (Agencies: State broadcaster CCTV said around 18 households were buried in the landslide, and that more than 200 people were "urgently evacuated" from the area.

Dozens of people were buried and three confirmed killed when a landslide struck a remote and mountainous part of southwestern China today.

The pre-dawn landslide buried 18 homes and sparked the evacuation of more than 200 people when it struck in Zhenxiong County, Yunnan province, state media said.

Three people are confirmed dead and rescuers have saved four, according to a report by state broadcaster CCTV just before 4:00 pm (0900 GMT).

Two hundred rescue workers have been dispatched as well as dozens of fire engines and other equipment, CCTV said.

One local told the state-run Beijing News outlet that she was asleep when the disaster hit and that parts of her

ceiling had fallen onto her head.

"At the time I thought it was an earthquake, but later I knew it was the hillslope collapsing," another resident told the outlet.

Footage shared on social media by a local broadcaster showed emergency workers in orange jumpsuits and helmets forming ranks outside a fire station as snowflakes whirled through the air.

Other images showed rescuers picking through towering piles of collapsed masonry in which a few personal belongings could be seen.

Chinese President Xi Jinping ordered "all-out" rescue efforts, CCTV reported.

Xi "demanded that rescue forces are organised quickly... and efforts made to reduce casualties as far as possible," the broadcaster reported him as saying.

He added that it was "necessary to properly handle the work of comforting the families of the deceased and resettling affected people". CCTV broadcast an image it said showed a firefighter working to pull a trapped villager from inside a home affected by the disaster.

The local village head declined to speak about the landslide when contacted by phone, telling AFP he was "too busy".

Landslides are common in Yunnan, a far-flung and largely impoverished region of China where steep mountain ranges butt against the Himalayan plateau.

Monday's disaster occurred in a rural area surrounded by

towering peaks dusted with snow, state media footage showed.

Temperatures in Zhenxiong hovered at around minus four degrees Celsius (24.8 degrees Fahrenheit) on Monday morning, weather data showed.

There was no immediate official explanation for what may have caused the landslide.

China has experienced a string of natural disasters in recent months, some following extreme weather events

such as sudden, heavy downpours.

In September, rainstorms in the southern region of Guangxi triggered a mountain landslide that killed at least seven people, according to media reports.

Heavy rains sparked a similar disaster near the northern city of Xi'an in August, causing the deaths of more than 20 people. And in June, a landslide in southwestern Sichuan province -- also remote and mountainous -killed 19 people.



#### **Top News Report**

JAMMU/ NEW DELHI, Jan 22: Speaking to the media after participating in an event to celebrate Ram Mandir "Pran Pratishtha" ceremony here, Union Minister Dr Jitendra Singh said, 20 generations had been sacrificed to see this moment of civilisational

After a struggle by 20 generations of our ances-Dr Jitendra Singh our generation is witnessing vindication as the Lord Ram Temple rose again in Avodhya today. We are the chosen ones of the Almighty to be blessed to witness this day, he said.

He thanked Prime Minister Narendra Modi for making this happen and said, but for Modi this

would not have been possible. PM Modi's persistent resolve, commitment and determination had enabled and accomplished this divine connect of 140 crore Indians with Lord Rama.

Prime Minister Narendra Modi's nine plus years in office will be remembered for many great historical contributions, including abrogation of Article 370, but perhaps the greatest will be how meticulously he has awakened national and civilisational pride through Shri Rama Mandir in Avod-

Referring to President Draupadi Murmu's letter addressed to Prime Minister Narendra Modi in which she had described today's consecration ceremony of Ram Lalla idol as a civiliza-

tional journey, Dr Jitendra Singh said, the fact is that a after a long and tedious journey marked by several ups and downs, what we witness today is a reiteration of our identity with civi-

Today, Bharat has reached an important destination in its onward journey through the Amritkaal, the

Minister said. Dr Jitendra Singh said, Amritkaal marks the last quarter of our journey of the first hundred years after independence. And this last leg of our journey begins with this auspicious

"Ram Rajya", said Dr Jitenthe arrival of "Ram Rajya" in the years to come.

#### lizational resurgence. Dr Jitendra Singh said,

moment, he said. Lord Rama's regime gave the world the concept of dra Singh and added, quite providentially, the Ram Temple at Ayodhya heralds

#### Huge rally taken out in RS Pura to mark historic opening of Ram Temple in Ayodhya

#### **Top News Report**

RS PURA, Jan 22: Hindu communities around the world joyfully celebrated the historic opening of the Ram Temple in Ayodhya, uniting in a display of devotion and cultural pride. In this regard, the 'Pran Pratishtha' ceremony garnered immense enthusiasm, bringing people from diverse corners of RS Pura constituency together in shared festivities in a huge rally organized by management committee of Maa Durga Temple at Gagian in RS Pura today evening. The rally started from Durga temple Gagian and passed through several villages and finally culminated back at Durga temple before returning to the starting point. During the rally, the participants chanted slogans of 'Jai Shree Ram' and played songs in praise of Lord

Rama. Later in the evening, the devotees also organised a Maha-Aarti to mark the occasion. "In the visuals captured, devotees were seen lined up on the roads and people were dancing and holding flags inscribed with images of Lord Ram. On this occasion, Management of Temple Committee also honoured kar sevaks including Pehalwan Kundan Lal Sharma, Sunita Sharma, Anita Sharma who were part of Ram Janma bhoomi movement, adding the move to honour the kar sevaks is a small tribute that the committee can pay to them at this point in time. Speaking on the occasion, Chairman Maa Durga Mandir Management Committee Ex Capt Kundan Lal Sharma, a participant in the rally describing the event, expressed happiness and said that with the construction of Ram Mandir is a big thing for Hindus and holds a special place for the community.He said, "You see the happiness. It's because it took 500 years to finally see the construction of temple. There was a desire of building a Ram mandir at the birthplace of Shree Ram and has been built after the decision of Ram Mandir and government support. As we say, golden temple for Sikhs is special place for them, so now for Hindus, Ram Mandir became a place for Hindus."He added, "When asked about the excitement, I have never seen such excitement in my life. and I am filled with emotions. I feel like Shree Ram arrived at my house. Capt Kundan further said that as a struggle of many years was reaching its conclusion, it was important to remember those who had made the dream of a Ram Mandir possible.

#### ICICI Prudential Life launches industry's first annuity plan with Zero Surrender Charges

#### **Top News Report**

JAMMU, Jan 22: ICICI Prudential Life Insurance has launched ICICI Pru Guaranteed Pension Plan Flexi with Benefit Enhancer, the industry's first annuity plan which offers a 100% refund of premiums at any time from the date of purchase.

An annuity product provides customers with a guaranteed income for life enabling them to lead a financially independent retired life.

Customers choose the Joint Life with Waiver of Premium in ICICI Pru Guaranteed Pension Plan, which waives off all future premiums in the event of the demise of the customer. Importantly, the product benefit of guaranteed regular life-long income will be paid out to the second annuitant or joint holder. Depending on the choice made by the customer the second annuitant can be the spouse, parents, children etc.

Recently, the IRDAI proposed regulations around providing customers with appropriate and fair surrender value, ICICI Pru Guaranteed Pension Plan Flexi with Benefit Enhancer has been designed in line with the proposed regulations which are aimed at increasing demand for life insurance prod-

Significantly, to enable customers in managing unexpected financial obligations, the product offers a loan facility so that customers retirement planning goals are not compromised.

#### Samsung ushers in Mobile AI era, launches Galaxy S24 series in India

**Top News Report** 

JAMMU, Jan 22: Samsung, India's largest consumer electronics brand, today opened pre-bookings for its latest Galaxy S24 Ultra, Galaxy S24+ and Galaxy S24 smartphones, ushering in a new era of mobile AI. Galaxy S24 series enables barrier-free communication, maximizes creative freedom with Galaxy's ProVisual Engine, and sets a new standard for search that will change how Galaxy users discover the world around them.

Galaxy S24 series enhances and redefines the phone's most fundamental role: communication with Live Translate, two-way, real-time voice and text translations of phone calls within the native app. With Interpreter, live conversations can be instantly translated on a split-screen view. It even works without cellular data or Wi-Fi. For messages and other apps, Chat Assist can help perfect conversational tones to ensure communication sounds as it was intended. Al built into Samsung Keyboard can also translate messages in real-time in 13 languages, including Hindi. In the car, Android Auto will automatically summarize incoming messages and suggest relevant replies and actions.

The Note Assist in Samsung Notes, features Al-generated summaries, template creation that streamlines notes with pre-made formats, and cover creation to make notes easy to spot with a brief preview. For voice recordings, even when there are multiple speakers, Transcript Assist uses AI and Speech-to-Text technology to transcribe summarize and even translate record-

Galaxy S24 marks a milestone in the history of search as the first phone to debut intuitive, gesture-driven Circle to Search with Google. Users can circle, highlight, scribble on, or tap anything on Galaxy S24's screen to see helpful, high-quality search results. For certain searches, generative Al-powered overviews can provide helpful information and context pulled together from

#### CCI organizes remarkable function to celebrate Pran Pratishtha ceremony of Lord Rama in Ram Temple



#### **Top News Report**

JAMMU, Jan 22: Chamber of Commerce and Industry (CCI) today organized a remarkable function at Chamber House to celebrate the historic Pran Pratishtha ceremony of Lord Rama in Ram Temple at Ayod-

At the outset, CCI Office bearers performed Pooja of Ram Darbar. The Pooja was also attended by a large number of members and representatives from All Bazars and Industrial areas inspite of the fact that separate function were organized in every Bazar and Industrial areas. After Pooja Archana, Prashad was served among the participants.

Speaking on the occasion, CCI Members thanked PM Narendra Modi and said today after the struggle of centuries we got our Ram Mandir and it not less than Diwali for all

They said that whole world was waiting for the "historic" Ram temple consecration ceremony, and appealed to people to celebrate this as Diwali and light Diyas in their houses.

#### **FREE BIRDS MUSIC launches** devotional song on Lord Rama



#### **Top News Report**

JAMMU, Jan 22: On the historical day of consecration ceremony of lord Rama at Ayodhya the prominent and emerging production house of Union Territory of Jammu and Kashmir FREE BIRDS MUSIC launched the devotional song on lord Rama in a impressive function held at Ranjit college of Education at Kunjwani. Sh. Abhijeet Singh Jasrotia and Sh. Ramesh Arora former MLC were the chief guests.

Sr. Manmeet Singh presided over the func-

Sh. Ashwini Sharma Former M.L.A and Sh. Sushil Singh Charak

Chairman NDA were the guests of honour. Dharminder Kumar DDC Bishnah and Mr. Rashid Rahil Editor in Chief Daily Asia Mail Group were the special guests

Speaking on the occasion the Director of Free Birds Music Mr. Varun Gandotra shared the lyrics of the Bhajan has been written by eminent writer Mr. Rahul Vohra and music has been composed by Young hearts sensation Mr. Dev Rapput and voiced by Pooja Lalotra in addition to this indispensable role played by DOP Sanjay Kumar.

The video has been directed by the very senior Editor of the UT Mr. Rahul Dutta.

Major contribution has been extended by Creative Head Miss Vrinda Singh. The admirable roles

of Ram, Lakshman and Sita have been played by Tarun Sharma, Sunny Singh and Ritu Sharma.

Mr. Varun shown expectation that audience would give more love to this devotional song than the more than 10 songs launched in market by his banner.

On this occasion Mr. Varun Gandotra paid special thanks to senior journalist Sh. Vinod Kumar and Maharaj Vijay Parasher (Roop Nagar).

#### Ram Lalla idol unveiled at grand temple in Ayodhya, **PM Modi leads rituals**

14-meter- thick layer of roller-compacted concrete (RCC), giving it the appearance of artificial rock. No iron is used anywhere in the Mandir. For protection against ground moisture, a 21-foot-high plinth has been constructed using granite. The Mandir complex has a sewage treatment plant, water treatment plant, water supply for fire safety and an independent power station. The Mandir has been constructed employing the country's traditional and indigenous technology.

#### Amitabh Bachchan to Sachin Tendulkar celebrities join Pran Pratistha festivities in Ayodhya

represented by the people of the hills, forests, coastal belts, islands, etc., is happening for the first time in recent history.

The traditions include Shaiva, Vaishnav, Shaakta, Ganapatya, Patya, Sikh, Bauddha, Jain, Dashnam, Shankar, Ramanand, Ramanuj, Nimbarka, Madhva, Vishnu Nami, Ramsanehi, Ghisapanth, Garibdasi, Gaudiya, Kabirpanthi, Valmiki, Shankardev (Assam), Madhav Dev, ISKCON, Ramakrishna Mission, Chinmaya Mission, Bharat Sevashram Sangha, Gayatri Parivar, Anukul Chandra, Thakur Parampara, Mahima Samaj of Odisha, Akali, Nirankari, Namdhari from Punjab, Radhasoami, and Swaminarayan, Varkari, Veer Shaiva, etc. After the completion of the Pran Pratishtha

programme in the Garbha-Griha, all the

witnesses will have darshan respectively. The magnificent Shri Ram Janmbhoomi Mandir is constructed in traditional Nagara

style. Its length (east-west) is 380 feet; width 250 feet and height is 161 feet; and is supported by a total of 392 pillars and 44 doors. The pillars and walls of the temple showcase intricately sculpted depictions of Hindu deities, gods, and goddesses. In the main sanctum sanctorum at ground floor, the childhood form of Bhagwan Shri Ram

(the idol of Shri Ramlalla) has been placed. The main entrance to the Mandir is situated on the eastern side, which can be approached by ascending 32 stairs through the Singh Dwar. There are a total of five Mandaps (Halls) in the Mandir - Nritya Mandap, Rang Mandap, Sabha Mandap, Prathana Mandap and Kirtan Mandap. Near the Mandir is a historic Well (Sita koop), dating back to the ancient era. In the southwestern part of the Mandir complex, at Kuber Tila, the ancient Mandir of Bhagwan Shiv has been restored, along with the installation of a statue of Jatayu.

#### **Kashmiri Muslims gift** 2 kg of pure saffron for Ram Temple ceremony, **Ashok Bhan hails** symbolic gesture & **cultural harmony**

Lord Ram among diverse communities. Ashok Bhan said, "The generous gift of 2 kg of pure saffron from Kashmiri Muslims for the Pran Pratishtha ceremony at the Ram Temple in Ayodhya is a symbol of unity transcending religious boundaries. This gesture reflects the shared reverence

for Lord Ram among diverse communities, emphasizing the common cultural heritage that binds us.

FROM PAGE 1

"As the grand ceremony unfolds on January 22, 2024, and the temple opens its doors for public 'darshan' from January 23, the contributions from devotees, including this thoughtful gift of saffron, enhance the sacred atmosphere surrounding the event",

Bhan informed, "The meeting between Kashmiri Muslims and Vishwa Hindu Parishad (VHP) president Alok Kumar underscores the sentiment that, despite different religious paths, our ancestral connections and shared cultural roots foster mutual respect. Their acknowledgment of Lord Ram as a revered ancestor signifies the inclusive nature of the Ramayana's teachings, emphasizing universal values of duty, rights, and social responsibilities."

"The narrative of Rama's incarnation as an embodiment of God in human form, as per the Ramayana, resonates with the collective consciousness. The ancient legends of Rama, enriched with cultural expressions, not only shape the core of Vaishnavism but also find echoes in Jainism, Buddhism, and Sikhism, demonstrating the enduring impact of these tales across diverse spiritual traditions", he said.

"Shri Ram's stay is marked by enchanting anecdotes that continue to resonate with the Kashmiri cultural heritage. Legend has it that during his exile, Shri Ram sought solace in the serene meadows of Kashmir, leaving an indelible mark on the land.

This harmonious convergence of faiths in the gift of saffron exemplifies the profound cultural harmony that weaves together the rich heritage of India, celebrating the essence of unity in diversity. As the grand ceremony of Pran Pratishtha unfolds in Ayodhya, the gift of saffron from Kashmir

serves as a symbol of this profound connection, bridging the historical anecdotes of Shri Ram with the present-day expressions of unity and respect among diverse communities", he said.

#### **Special Prayers, Celebrations underway** at Raghunath Temple on **Pran Pratishtha Day**

presence of Prime Minister Narendra Modi, Rashtriya Swayamsevak Sangh chief Mohan Bhagwat, Governor Anandiben Patel, and Chief Minister Yogi Adityanath, among other dignitaries.

Army helicopters will shower flowers on Ayodhya and 30 artists will play different Indian musical instruments at the temple premises at the time of Aarti at Ram Janmabhoomi temple on Pran Pratishtha day, according to temple authorities.

The historic Pran Pratishtha ceremony will be attended by representatives of all major spiritual and religious sects of the country. People from all walks of life, including representatives of various tribal communities, will also attend the ceremony. The Prime Minister will address this distinguished gathering on the occasion.

After the completion of the Pran Pratishtha programme in the Garbha-Griha, all the witnesses will have darshan, respectively.

#### India records 203 fresh **Covid Cases, Two deaths** in 24 hours

cases, a large majority of around 92 per cent are recovering in home isolation. "The currently available data suggests that the JN.1 variant is neither leading to an exponential rise in new cases nor a surge in hospitalisation and mortality," the official sources have said.

waves with the peak incidence of daily new cases and deaths being reported during the Delta wave in April-June 2021. At its peak, 4,14,188 (4.14 lakh) new

India has witnessed three COVID-19

cases and 3,915 deaths were reported on May 7, 2021. Since the pandemic began in early 2020,

there have been more than 4.50 crore people getting infected and over 5.30 lakh deaths in about four years since then across the country.

The number of people who have recuperated from the disease stands at more than 4.40 crore with a national recovery rate of 98.81 per cent, according to the ministry's

The website said 220.67 crore vaccine doses have so far been administered in the country.

#### **Drug module busted in Sopore. 3 arrested with** contraband substance: **Police**

Abdul Rashid Mir of Kralgund Hamdwara, who was apprehended from Dangerpora village along with 792 Spasmoproxivon plus capsules. He further said that a case in this regard FIR No 04/2024 U/S 8/21/22/29 NDPS Act was registered in Police Station Amargrah and further investigations are going on. "We are intensifying efforts to combat drug-related crimes with a comprehensive approach, involving strict law enforcement measures and community engagement", he said.

#### Axis Bank Q3 net interest income may grow near 10%, margin contraction to limit net profit

(Agencies): Axis Bank's Q3FY24 year-on-year growth in net interest income is likely to slow down, but is still expected register at close to 10 percent, driven by strong credit offtake.

A contraction in margins is likely to limit the net profit growth further to mid-single digits, according to analyst estimates. The private sector lender will announce its fiscal third quarter results on January 23, 2024.

According to an aver-



age estimate of five brokerages, Axis Bank is likely to report October-December NII at Rs 12,555 crore, up 9.5 percent from previous year. Net profit is expected to be at Rs 6,114 crore in Q3FY24, up 4.4 percent on-year.

Higher cost of funds or borrowing costs will weigh on the lender's margins during the quarter.

est margins (NIMs) is estimated to contract by 16 basis points (bps) to 4.1 percent in Q3FY24, from 4.26 percent in Q3FY23.

Regarding asset quality, gross non-performing assets (NPAs) ratio is projected to improve to 1.7 percent in Q3FY24 from 2.4 percent in the year-ago period, said analysts at Motilal Oswal.

Net NPA is also seen improving to 0.4 percent in Q3FY24 from 0.5 percent in Q3FY23.

#### Sony terminates merger with Zee

NEW DELHI, Jan 22 (Agencies): Culver Max Entertainment Private Limited, which was formerly known as Sony Pictures Networks India Private Limited, om January 22 announced the proposed termination of merger with Zee Entertainment Limited.

Sony issued a notice to Zee Entertainment Enterprises Ltd (ZEEL), calling off the December 22, 2021 agreement to merge ZEEL and CME.

"Although we engaged in good faith discussions to extend the end date under the merger cooperation agreement, we were unable to agree upon an extension by



the January 21 deadline. After more than two years of negotiations, we are extremely disappointed that closing conditions to the merger were not satisfied by the end date,"

the statement said. "We remain committed to growing our presence in this vibrant and fastgrowing market and delivering world-class entertainment to Indian audiences.'

#### The Ambanis spent Rs 220 crore on Nita Ambani's grand 50th birthday bash: Take a look at 5 luxurious things that added to the celebration

MUMBAI, Jan 22 (Agencies): The expertise of Mukesh Ambani and Nita Ambani in hosting extravagant events is widely acknowledged. Whether it's weddings or birthdays, they spare no expense in celebrating the special occasions of their family members. With Mukesh Ambani's current net worth towering at \$101 billion (approximately Rs 8,39,640 crore), as reported by Bloomberg, the extravagance comes as no surprise.

The world had a glimpse of this lavish lifestyle during the grand celebration of Nita Ambani's 50th birthday on November 1, 2013, as reported by the Times of India. The festivities reportedly incurred a staggering cost of around Rs 220 crore for the Ambani family.

Nita Ambani's opulent 50th birthday celebration incurred an astounding cost of Rs 220 crore for the Ambani family, showcasing their penchant for extravagant events. The following are five lavish elements that contributed to the elite soirée.



celebration The unfolded at the majestic Umaid Bhawan Palace in Jodhpur, Rajasthan, recognized as one of the world's largest private residences. Renowned for hosting grand Indian weddings, this royal venue hosted Nita Ambani's two-day birthday bash.

With nightly accommodation costs ranging from Rs 63,200 to Rs 2,79,450 (exclusive of taxes) for two guests, the regal palace set the stage for a luxurious

Over 250 esteemed guests, including film celebrities, sports personalities, and business luminaries, were treated to VIP transportation as 32 chartered planes from Reliance Industries ferried them to Jodhpur.

The transportation expenses alone ran into multiple crores, ensuring a star-studded arrival. Notable attendees included Aamir Khan, Priyanka Chopra, and the entire Mumbai Indians IPL team, reflecting the Ambanis' influence.

#### **Generative AI: 'India is catching** up fast and furious; DigiYatra is Al at work, every day

NEW DELHI, Jan 22 (Agencies): For Salesforce, the modern-day world is a combination of four things: CRM, data, AI, and trust. The company piloted a lot of strides in customer relationship management when it was founded, some 24 years back (along with SaaS and cloud) and did it so well, everybody knows Salesforce as "the CRM company" today. With AI, it wants to do the same thing, in fact, it wants to champion the cause and by extension, help its customers stay ahead of the curve. It's all connected.

The numbers seem to suggest, it's winning. Senior company executives say compared to peers like Microsoft, Salesforce has accomplished a lot more in a much shorter span of time and so, the aim -now- is to be the "fastest to 50 billion [in revenue]." The company may have its roots in San Francisco, California, but its India story is starting to get a lot more interesting and while you may not have considered India as very tech-savvy in the past, in the present day and into the future, it is

Salesforce is looking at India as a big opportunity both in terms of talent and growth.

Speaking exclusively to FE.com's Saurabh Singh, Arun Kumar Parameswaran, Senior Vice President & Managing Director, Salesforce India, takes us through the journey on the sidelines of the launch of the company's latest State of Data and Analytics industry report.

In India, we've quadrupled in size in the last four years from 2,500 to 10,000. We have centres of excellence in Hyderabad. We do a lot of cutting-edge engineering development work for our customers. We see a huge growth story in India. I think there's a generational opportunity. Honestly, in the last 30 years, I haven't seen a demand pipe that is this robust, and that cuts across all industries, all segments, and all customer sizes

I've seen secular growth trends in the past, but they were specific to certain industries, like when you saw the whole wave around 4G happening, it was predominantly a telco

#### Sandoz to acquire biosimilar to treat eye disorders from Coherus BioSciences

NEW DELHI, Jan 22 (Agencies): Sandoz, a key player in generic and biosimilar medicines, on Monday announced that it has signed an agreement to acquire the US biosimilar ranibizumab CIMERLI (ranibizumab-eqrn) from Coherus BioSciences, Inc. for an upfront cash purchase payment of \$170 million.

According to the company's press statement. this is inclusive of a biologics license application, product inventory, ophthalmology sales and field reimbursement talent, as well as access to proprietary commercial software.

Keren Haruvi, President Sandoz North America, said: "I am pleased that we can add another high-value product to the growing



folio, further strengthening our existing ophthalmology franchise. The addition of CIMERLI reinforces our commitment to biosimilars and represents a huge step towards our goal of pioneering patient access to more affordable and much-needed medicines in the US.'

Sandoz looks forward to providing even more treatment options for US patients with vision impairment and loss, it claimed.

The agreement to acquire the CIMERLI business from Coherus allows us to build a more robust ophthalmic platform that would support future product launches, it added.

Closing is anticipated in 1H 2024, subject to standard conditions and approvals, the company announced.

#### The road ahead for FMCG: Consumer focused R&D and the millet boom

NEW DELHI, Jan 22 (Agencies): Making R&D consumer-centric requires a paradigm shift. Instead of focusing solely on internal goals and technical feasibility, R&D teams need to actively engage with consumers throughout

Being Active for Just 15 Minutes May Offset Full Day of Sitting at Work

the innovation process. This involves deeply understanding consumer needs and preferences through market research, user testing, and customer surveys to understand first-hand knowledge of their challenges and motivations.

By analysing data on purchase habits, preferences, and trends, companies can gain valuable insights that can enable appropriate product formulations, packaging design, marketing strategies, and pricing decisions.

#### Mirtazapine May Increase Energy Intake in NSCLC, Anorexia

Washington, Jan 22 (Agencies): Mirtazapine has been suggested as an option for cancer-related anorexia in patients with advanced non-small cell lung cancer (NSCLC).

Currently, there is no standard treatment of cancer-associated anorexia, with more than half of patients with lung cancer being affected.

METHODOLOGY:

Investigators randomized 86 patients with anorexia with advanced NSCLC equally to either mirtazapine or placebo for 8 weeks. Patients were being treated in the first line primarily with tyrosine kinase inhibitors and chemotherapy.

Mirtazapine was dosed at 15 mg daily for the first 2 weeks and then 30 mg daily through week 8, a higher dosage than used in past trials.

Appetite was assessed on the Anorexia Cachexia Scale, and energy intake was tracked by 24-hour dietary recall.

The median Anorexia Cachexia Scale score was 20.4 points in the



placebo group and 18.6 points in the mirtazapine arm at baseline. TAKEAWAY: There

was a significant increase in appetite score in both arms at 4 and 8 weeks; however, investigators noted no significant differences between the cohorts. After 4 weeks, the

mirtazapine group had added almost 400 calories to their diet, including 22.4 g of protein, 43.4 g of carbohydrates, and 13.2 g of fat; a smaller improvement in the placebo arm was not statistically significant.

Fat intake was significantly higher in the mirtazapine group at 8 weeks, 14.5 g vs 0.7 g in the placebo group.

The proportion of mirtazapine patients with sarcopenia diminished at 8 weeks from 59.5% of

patients to 57.1%, while sarcopenia increased in the placebo arm from 75% of subjects at baseline to 82.8%.

Mirtazapine had positive effects in global health status at 8 weeks, including improvements in anxiety and depression scores and cognitive functioning.

Drowsiness, dizziness, anxiety, tremors, and insomnia were similar in both arms, and there were no cases of somnolence.

IN PRACTICE: Based on these findings, "mirtazapine is a feasible and safe option to add as a nutritional intervention in patients with advanced NSCLC with anorexia given its benefit in energy intake including high-quality macronutrients," researchers

#### (Agencies): People who sit for long peri-

NEW DELHI, Jan 22

cruising. No wonder,

ods of time at work are at higher risk of death, especially from cardiovascular disease. compared with those who are more active throughout the day, suggests a new study of nearly a half-million people.

But there's good news too: moving intermittently even for as little as 15 minutes throughout the day appears to mitigate the risk, as does regular exercise.

Those findings come from a large retrospective study in TaiwanTrusted Source, published today in the journal JAMA Network Open.

Researchers used data from a biannual health checkup program between 1996-2017 that included both men and women who were twenty years old or older. The average age of participants was thirty-nine.

More sitting linked to 16% increased mortal-



ity risk

Participants were asked to respond to questions about their lifestyle, activity level, and how much sitting they did per day at work. Researchers then categorized the participants into three categories based on their "occupational sitting volume," essentially, how much time at their job was spent sitting: "mostly sitting," the highest volume of sitting per day, "alternating sitting and nonsitting," intermittent sitting throughout the day, and "mostly nonsitting," the

most active category.

After controlling for things like BMI, smoking, drinking, sex, and age, the study found that individuals in the "mostly sitting" category had a 16% increased risk of death and a 34% increased risk of death from cardiovascular disease than those in the "mostly nonsitting" group.

"This increased risk was observed across various subgroups, including men, women, younger and older individuals, smokers, and non-smokers. These

findings emphasize the need to reduce prolonged sitting in the workplace and increase daily physical activity to mitigate the elevated risks of mortality associated with sitting," Dr. Wayne Gao, PhD, an Associate Professor at the School of Public Health, Taipei Medical University, Taiwan, and first author of the research, told Healthline

Reduce risk by cutting sit time

The middle group, the intermittent sitters, on the other hand, did not demonstrate an increased risk of death when compared to the most active group.

Dr. Scott Lear, PhD, a Professor of Health Sciences and Chair in Cardiovascular Prevention Research at Simon Fraser University, is most interested in this

middle group "That middle group, that the intermittent sitting group, was really no different from those who did the least amount of sitting. So it was mainly the 'mostly sitting' group that had increased risks for cardiovascular disease and early death," Lear said.

Researchers also found that exercise could offset the risks posed by extended periods of sitting during the day. While there's no clear formula for how much exercise someone has to do to offset sedentary behavior, the study does offer some insight.

According to Gao, engaging in 15-30 minutes per day of exercise, what they refer to in the study as "leisure time physical activity" (LTPA), is enough to offset the health risks of the "mostly sitting" group.

The researchers also used another physical activity metric known was Personal Activity Intelligence (PAI) to assess daily exercise. Individuals who scored greater than one-hundred per week using the PAI scale, also mitigated the risks associated with prolonged sitting.

#### IND vs ENG: Virat Kohli withdraws from first two Tests against England citing personal reasons

NEW DELHI, Jan 22 (Agencies): India's batting mainstay Virat Kohli has pulled out of the first two Tests against England due to personal reasons, the BCCI said on January 22.

The BCCI urged the fans and media to refrain from speculating about the reason for his forced break. The fivematch series begins in Hyderabad on January

"Virat Kohli has requested the Board of Control for Cricket in India (BCCI) to be withdrawn from the first two Tests of the upcoming IDFC First Bank Test series against England, citing personal reasons," BCCI secretary Jay Shah said in a statement.



The BCCI also said that Kohli had discussed with skipper Rohit Sharma and team management about his decision to pull-out.

"Virat has spoken to captain Rohit Sharma, the team management and the selectors and has emphasized that

while representing the country has always been his top priority, certain personal situations demand his presence and undivided attention," the release further stated.

The BCCI will announce the replace-

#### **INDIA OPEN SUPER 750:** The artistry of Tai Tzu Ying,

# badminton's Sorcerer Supreme

NEW DELHI, Jan 22 (Agencies): Some athletes are good at winning. Some athletes make winning look good. Only a select few can do both while elevating the level of the entire sport, playing off a textbook only they can read. Tai Tzu Ying is badminton's best example.

An Se Young, the world No 1 from Korea who is expected to dominate women's singles for years to come, did something fascinating after defeating Tzu Ying at the All England Open semifinal in 2023. In what was the best matches of the year, An prevailed in three games, fell on her back in celebration, got up to rush to the net to greet Tzu Ying, pointed out to her red bandana and then to her opponent's

SOUTH AFRICA, Jan

22 (Agencies): Kwena

Maphaka bowls quick

and his progress has

been meteoric. The

17-year-old left-arm

seamer has been in

the fast lane. Maphaka is already playing his

second U-19 World Cup, has represented South

Africa A, and possesses

an SA20 contract with

Paarl Royals.

blue bandana, asking for an exchange.

There couldn't have been a better image to capture the potential passing of the baton. "I changed (the bandana) once, thinking that it is precious to me. As a young player, I think she is a legend, and L respect her a lot. So it is a pleasure to play the game," Se Young told the Indian Express during the India Open in

On Sunday, Tzu Ying - back to play at the India Open after 8 years - delighted the fans at the IG Indoor Stadium as she capped off a fantastic week with her first title in India. It was a continuation of her fine form at the end of 2023 - where she clinched the World Tour Finals title defeating Se Young and Carolina Marin -

and the start of 2024 where she reached the

Malaysia Open final. Over the week, she didn't just win all her matches without dropping a game, but produced the kind of badminton that has made her a global favourite. No one quite produces gasps of ooohs and aaahs from the stands as frequently as the former world No 1 (for 214 weeks) does.

"She plays effortless badminton. She doesn't get injured often because her game is not very physical.

She's very deceptive, she's different from other players, her shotmaking makes her a crowd-puller. It is her strokes that make her truly special," former India national coach Vimal Kumar tells the agency.

Kwena Maphaka: A left-handed Kagiso Rabada, who idolises

Dale Steyn and wants to take Virat Kohli's wicket in Test cricket

#### **Brain tumour nearly ended** her career in 2020, today Shyamali is a Mumbai **Marathon podium finisher**

MUMBAI, Jan 22 (Agencies): Shyamali Singh's 03:04:35 at the Mumbai Marathon on Sunday doesn't seem to be impressive. Though she won bronze among Indian women, her timing is miles away from the course record set by an Indian woman and even further away from the Olympic qualification time of 2:26:50.

It wasn't a course record that 33-year-old Shyamali was aiming for though. She wasn't even trying to improve her timing, having run 2:58:44 in 2019.

And yet, in this race, she says, this result was her best ever.

The reason is that it marks her comeback to competitive running at the Mumbai Marathon after she had to undergo a 12-hour surgery to remove a brain tumour in December 2020.

Shyamali's journey is a tale of determination, grit, and refusal to give up. In 2017 she had an operation to remove a non-malignant tumor in her chest. She fought off that, and returned to racing, but then hit a roadblock again in 2020. This time she didn't know if she would



"I ran the 2020 Mumbai Marathon, and then ran a race somewhere in October when I started getting headaches. I thought it was because of the heat so I carried on with my training. The headaches kept recurring and I was struggling to train but I was just about managing to pull through," she said.

#### Finals flourish goes missing for Satwik-Chirag as they stutter in third straight summit clash

NEW DELHI, Jan 22 (Agencies): Chirag Shetty and Satwiksairaj Rankireddy had a formidable reputation. That when they go deeper in tournaments, they eventually win them. In 2022 and 2023, they won eight straight finals they contested on the circuit until China Masters late last year. It is a trend right from the start of their partnership except for the French Open in 2019.

The run ended at the China Masters in November. Starting from that, the soon-tobe World No 1 pair have lost three straight finals. The latest defeat came on Sunday at the India Open Super 750 at the IG Stadium in Delhi. In a thrilling rollercoaster of a men's doubles final, Satwik-Chirag went down 15-21, 21-11. 21-18 in a 65-minute battle against the reigning World Champions Kang Min Hyuk and Seo Seung Jae.

While losing three straight finals, and two



back-to-back is not ideal, perspective is important. Satwik and Chirag have made the best start to the year among all men's doubles pairs over the first two major tournaments. They have beaten current and former world champions, the current Worlds silver medallists (the Danes Astrup-Rasmussen who have been a thorn in their flesh). The three defeats in the finals have come against the current world No 1s (twice) and the reigning world champs, and all three matches went to three games that ended 19-21, 17-21, and 18-21

respectively That wasn't lost on either of them as they spoke to the media. "I feel sometimes losing is better, than winning always. I feel that when it really matters, it will come," Satwik said. "We just need to hang in there.

Especially today, at 16-17 in the third game, if we could have controlled our nerves by 5%, we would have been favourites. Disappointed we didn't win, but we are still hungry, we are not satisfied. Sometimes there is a lot of motivation from losing. Today losing in front of our home crowd as it motivates me to make them happy next time in the upcoming big tournament.'

#### Bopanna-Ebden duo enters Australian Open quarters, Indian assures career-high No.2 ranking

NEW DELHI, Jan 22 (Agencies): India's Rohan Bopanna and his Australian partner Matthew Ebden entered the men's doubles quarterfinals of the Australian Open with an impressive 7-6 7-6 victory over Wesley Koolhof of the Netherlands and Croatia's Nikola Mektic here today..

The 43-year-old Bopanna and Ebden, who are seeded second in the draw, were broken early in both sets but showed themselves to be up to the task with some great returns against the 14th seeds.

The Indo-Australian pair will next meet the sixth-seeded Argentine duo of Maximo Gonzalez and Andres Molteni.

They are also the highest-seeded pair to remain alive in the men's doubles competition and Monday's win was a praiseworthy one against the former topranked doubles pair in the world.

With this win, Bopanna also ensured a careerhigh doubles ranking of No.2.

Bopanna's service let him down initially as

he was broken in the second game of the first set with the 14th seeds racing to a 3-0 lead within first 15 minutes of the start.

However, the veteran Indian, who recently retired from Davis Cup duties, was back in his groove with some signature backhand down the lines and deft overhead lobs which were placed inches inside the base-

In the seventh game of the first set, Mektic and Koolhof made some glaring unforced errors, allowing the Indo-Aussie pair to get their foot in the door.

There was no looking back for them after that as they held both nerve and serve. Bopanna was a livewire at the nets and his anticipation won his team half of the points as he used deft volleys in the alley between Koolhof and Mektic. The bisection was very precise, leaving the opponents wrong-footed.

In the second set also, Bopanna lost his first service game with the Dutch-Croat duo going up 4-2 and showing signs of a revival, which



looked imminent but was not to be.

Mektic's first serve really let their team down as they had a success percentage of a mere 55 percent compared to a whopping 77 percent by the winners, despite conceding breaks in both games. Ebden didn't lose a single game

In the eighth game of the second set, Bopanna upped his game once again and forced the opposition to commit errors, and they made a comeback into the con-

Bopanna-Ebden race to a 3-0 lead and from that point, it was always going to be an uphill task for their opponents.

#### **Zverev vs Norrie Australian Open match** interrupted by protestor's 'Free Palestine' leaflets; dragged out by crowd

BRITAIN, Jan 22 (Agencies): A protestor wearing blue shirt and cap and a face mask threw what appeared to be pro-Palestinian pamphlets from the stands onto the court.

A protester threw papers onto an Australian Open court and briefly delayed the fourth-round match between Olympic champion Alexander Zverev and Cameron Norrie of Britain on Monday. A person wearing a blue shirt and "While you're watching tennis bombs are dropping on Gaza.'

Ball kids gathered up the papers and the match continued after a short delay. Security escorted the protester away. Zverev won the match 7-5, 3-6, 6-3, 4-6, 7-6 (3) to advance to the quarter-

Tennis Australia said it was awaiting more information before commenting. The Israel-Hamas war began with

Rabada Given Maphaka went to the same school, the

The youngster caught the eye in his home U-19 World Cup with his fiery inswinging yorkers comparisons with fellow and quick bouncers St Stithians alumnus against the West Indies. Rabada are expected. Coming off a short, bus-But the prodigy from tling but rhythmic run-Johannesburg is humup, Maphaka returned bled with all the attenfigures of 5/38 and has tion he has been receivalready been tipped as ing.



He is someone who has done so many incredible things in his international career. Just being compared to a great like that is something really special," Maphaka tells The Indian Express

from Potchefstroom.

Maphaka is not as tall as Rabada but is more explosive and there is certainly more aggression in his bowling. Wim Jansen, director of cricket at St Stithians, feels his ward is one of "I always say God has

a sense of humour. He gives some athletes a lot of talent but not a lot of brain and the lesser talented people he gives more brain. Kwena's got both, which is unusual.'

The hallmark of Maphaka's bowling is his searing pace and aggression channelled only at the stumps. He is a firebrand and feels it is so because he has

played multiple sports. "I have played a lot of sports. I have played cricket, did athletics. played hockey, football and rugby as well. I was a really sporty kid since I was really young. I have always enjoyed sport," he says in a 10-second monologue.

The youngster also explains why he picked cricket even though he was a brilliant defender in hockey, a sport in which he still represents his province.

"I think it is the love and passion that I have for the game. There is definitely love and passion for all the other sports but cricket just tops it," he says.

cap and a face mask threw anti-war pamphlets from the stands onto the court behind the baseline during the sixth game of the third set on Margaret Court Arena.

Printed in black on the white pages was the message "Free Palestine" and Hamas' attack in southern Israel on Oct. 7. Palestinian militants killed some 1,200 people, mostly civilians, and took about 250 hostages back to Gaza.

The Palestinian death toll from the war has soared past 25,000, the Health Ministry in the Gaza Strip said Sunday,

### NHM delegation calls on Administrative Secretary Health J&K

**Top News Report** 

JAMMU, Jan 22: A delegation of National Health Mission employees under the banner of All J&K NHM Employees Association Jammu Division, led by President Dr Vikas Sharma called on Administrative Secretary Health & Medical Education Department J&K Dr Syed Abid Rasheed Shah (IAS) at the Civil Secretariat in Jammu.

Earlier, the President along with other delegation members expressed their heartfelt welcome to Dr Syed Abid Rasheed Shah, the newly appointed Health Secretary of J&K who recently assumed the charge.

President JKNHMEA Jammu Division Dr Vikas Sharma conveyed the committee's enthusiasm, stating "We consider ourselves fortunate to have Dr Syed Abid Rasheed as new Administrative Secretary Health and we place high hopes on his able leadership to steer health sector towards progress and prosperity.

As per the statement issued to media, the primarily focus of the meeting was to welcome him and to address pressing issues confronted by the National Health Mission employees working in health department in UT

The issues faced by the NHM employees of Jammu and Kashmir



were thoroughly elaborated before the chair. Administrative Secretary Health Dr Shah keenly listened to the issues raised and assured the delegation about their carby redroced.

early redressal.
During the meeting,
It was also told by the
Health Secretary to the
delegation to bring all
related documents in the
next meeting which shall
be held very soon, where
both the representatives
from Jammu & Kashmir
shall represent jointly.

Dr Syed Abid Rasheed Shah (IAS) brings a wealth of experience and dedication to his new role, and the JKNHMEA is confident in his ability to address the challenges facing NHM employees. The

delegation looks forward to collaborating with him in the pursuit of a better future for the employees working under the ambit of National Health Mission scheme.

Meanwhile, in their joint messages President JKNHMEA Jammu Dr Vikas Sharma and President JKNHMEA Kashmir Sh Muneer Andrabi have appealed to all NHM employees of UT J&K to stand united besides issued a stern caution to elements attempting to destabilize the employees unity, which shall not

be tolerated at any cost.
Other Sr Members of
the Association including Dr Nasir Masood, Dr
Ashish Khajuri and Dr
Irfan Malik were present during the significant
meeting.

#### Mukhtar Ahmad Dar elected President of District Mountaineering Association Budgam

**Top News Report** 

JAMMU, Jan 22: Mukhtar Ahmad Dar. a prominent businessman and a sports promoter of village Naroo, Badgam has been unanimously elected as the President of **District Mountaineering** Association, Budgam in an election meeting held at Budgam. Syed Hussain Andravi, a seasoned trekker was elected as General Secretary of the Association.

Whereas Altaf Hussain Ganie was unanimously elected as Vice President, Ultaf Farooq and Myser Karim, both avid trekkers were elected as Joint Secretary and Treasurer respectively of the district association.

Five members of the Executive body which included Owais Ahmad Bhat, Irfan Akber Dar, Mohd Rafi Dar, Istiyaq Mushtaq and Sobia Nabi were also unanimously elected.

Whereas Syed Abdul Mohsin, Joint Secretary (K) of Mountaineering Association of J&K, was the Observer Tariq Ahmad Dar, a reputed social personality of Budgam, was the Returning Officer of the election.

the election.
Syed Hussain Andravi, the newly elected General Secretary who is passionately involved in organising trekking activities in the district, while addressing the members thanked them for the trust they had imposed in him and promised to make Budgam a trekking hub of J&K.

Syed Abdul Mohsin, Joint Secretary Mountaineering Association of J&K thanked all the representatives from various adventure clubs of Budgam for enthusiastically participating in the district elections.He advised them to work with complete dedication and zeal for the promotion of adventure activities in the district and hoped that very soon the sport climbers of the district would excel at the national sport climbing competitions. He also assured all possible help and cooperation to the district association from the Mountaineering Association of J&K.

# Winter Migrants in Jammu express concerns amid unusual cold weather

**Top News Report** 

JAMMU, Jan 22: Jammu and Kashmir known for its diverse regions, usually witnesses a massive influx of people from areas like Kashmir, Leh, Kargil, Chenab Valley and Pir Panjal during the winter months. Traditionally, this time round many flocked to Jammu immediately after the school holidays in winter, seeking refuge in its comparatively warmer weather. However, this year, the familiar sight of bustling markets and lively merchandising in Jammu is replaced by an unusual dry spell that has gripped the region for about two to three weeks

Contrary to expectations, the typically moderate winter climate of Jammu has taken an unexpected turn leaving the entire area dry and shrouded in fog. The dry spell has intensified the cold, making it challenging for vehicles to navigate the roads. The markets, usually bustling with activity are now witnessing a significant reduction in the influx of people, resulting in a noticeable downturn in buying and

The disappointment

is particularly palpable among those who migrated to Jammu with the anticipation of a pleasant and warm winter. The dry weather has not only thwarted their hopes but also raised concerns about the unforeseen changes in the climate patterns of the region.

"In wake of the old age and dwindling health situations, I along with my family used to descend to Jammu to tide over the unfavourable climatic conditions, but this year an unusual weather patterns here have made me more sick and uncomfortable," told Mast Nath Yogi a socio political leader of Chenab Valley.

While the hilly areas experience clear sunshine and relatively mild temperatures, the absence of snowfall in the upper regions during the ongoing "Chilla-i-Kalan" month raises concerns about the potential impact on water resources and weather patterns. This situation highlights the broader issues of environmental damage such as global warming and air pollution, emphasizing the consequences of human interference with the delicate balance of nature. "If not addressed, there's a looming possibility that even traditionally hot regions like Jammu might experience unexpected snowfall in future," becoming apprehensive of untoward weather patterns Ravinder Mehta from Bhadarwah said.

Whether it is old Jammu or new Jammu. the roads are the same, the streets are the same, nothing has changed, everything is the same. However, one noticeable shift is in the surge of traffic, turning the simple act of walking on the roads into a daily challenge. This change is particularly evident during the winter season when many people from Jammu, Kashmir and Ladakh Union Territory choose to spend their winter days in Jammu extending their stay until March or even May. The result is a densely populated Jammu creating a pressing issue because of which Jammu looks jam packed. "if immediate attention is not given to this matter, it will be not only difficult but also impossible to step into Jammu in the coming winter", Rajinder Singhanother senior citizen from Chenab Valley stated.

#### Ram Mandir Consecration in Ayodhya Long-Awaited Dream Finally Comes True': Rajesh Gupta

**Top News Report** 

JAMMU, Jan 22: Bahujan Samaj Party (BSP) J&K UT general secretary and media head Rajesh Gupta extended his greetings to the nation for opening of Ram Temple in Ayodhya.

BSP leader expressed that, under the leadership of the Prime Minister, the long-awaited dream of countless Ram devotees is finally came true. "Amazing, unforget-table, supernatural moment!

Today, in the dignified presence of the respected Prime Minister Shri Narendra



Modi Ji, the ritual of consecration of the new idol of Lord Shri Ramlala is completed in Shri Ayodhya Dham, the holy birthplace of the adorable Lord Shri Ram. Today, under the leadership of the Prime Minister, the wait of countless Ram devotees is fulfilled. The entire country has become 'Rammay' by drowning in the ocean of faith and devotion. Jai Shri Ram!"

Ayodhya and the nation had to wait for centuries for this day, said Gupta. He also expressed gratitude to the Indian judiciary for doing justice in Ayodhya.

### 20th RTI Pend Sheds Light on Crucial Solid Waste Management Strategies Four Kashmiri in physically di

**Top News Report** 

SRINAGAR, Jan 22: In a bid to promote environmental awareness, the Jammu and Kashmir Right to Information (RTI) Foundation hosted its 20th RTI Pend event, centering on "Solid Waste Management at Block Level." The event, conducted online, drew considerable attention and participation.

Er. Irfan Banka, the host of RTI Pend at J&K RTI Foundation, opened the event by highlighting government initiatives and the importance of the Public-Private Partnership (PPP) mode in solid waste management. The tendering process and Expression of Interests (EOIs) from various Rural Development Department offices were emphasized with a suggestion for providing complete support to the environment friendly organizations and civil societies. Dr. Raja Muzaffar

Bhat, Acumen and Cli-

mate Action Fellow, a distinguished resource person and guest speaker, provided valuable insights into the implementation of Solid Waste Management Rules, emphasizing source segregation. Dr. Bhat advocated redirecting funds from segregation sheds to Material Recovery Facilities for enhanced efficiency.

An important appeal was made by Dr. Bhat, urging the people of Jammu and Kashmir to integrate environmental protection messages in Friday sermons, aligning with Quranic teachings. The success of the Solid Waste Management Program under SBM Gramin, according to Dr. Bhat, hinges on effective information, education, and awareness campaigns. He said panches, sarpanches, VLW's. Masjid Imams, BDO's, ACD's, General Public,

all need sensitization.

The participants pledged to initiate

source segregation and convert liquid waste into manure at the household level. Dr. Bhat stressed that the success of the Solid Waste Management Program is intricately tied to the success of information and awareness campaigns.

Sheikh Maqbool, Syed Farhat, Sajad Hussain, Journalist Idrees Badrani and Mukhtar Hussain actively engaged in the discussion that followed the training session, contributing valuable insights and perspectives.

With 31 participants on Zoom and additional viewers on social media channels, the event underscored a growing commitment to sustainable waste management practices in the region. The J&K RTI Foundation continues to play a pivotal role in raising awareness and fostering community initiatives for a cleaner and greener future.

### Four Kashmiris named in physically disabled men's India team

SRINAGAR, Jan 22 (Agencies): Four Kashmiri boys have made their entry in Indian Physically Disabled Men's Team for the five-match T20 series against England to be played in Ahmedabad between January 28 and February 06.

The series is being organized by the Differently Abled Cricket Council of India (DCCI), supported by BCCI.

Wasim Iqbal (batsman); Jaffer Amin Bhat (batsmen); Majid Ahmad Magray (off spinner); and Aamir Hasan (fast bowler) have been selected for Team India Squad.

The team members include Vikrant Keni (captain), Wasim Iqbal (vice-captain), Swapnil Munghel, Shanmugam D, Jaffar Amin Bhat, Radhhika Prasad, Ravindra Sante, Yogendra B,

Lokesh Marghade, Majid Ahmad Magray, Pawan Kumar, Mohd Sadiq, Duvvuru Akhil Reddy, Aamir Hassan, Sunny, Shiv Shankara GS; who belongs from Mumbai, Maharashtra, Jammu & Kashmir, Tamil Nadu, Madhya Pradesh, Vidarbha, Haryana, Delhi, Andra and Karnataka.

Narendra Modi Stadium, which hosted the final of the 2023 ICC Cricket World Cup between India and Australia, will host the last match of the five-match series along with the closing ceremony on February

Similarly the first two matches will be played in the Narendra Modi Stadium Complex, in their 'B' ground, while third and fourth match will be held in the Gujarat College and Railway Ground,

respectively.

#### Devotees greet each other with slogans of "Jai Siya Ram", Wishes for brotherhood, restoration of peace and prosperity

Top News Report

JAMMU, Jan 22: With the auspicious occasion of Pran Pratistha in Ayodhya, Ram devotees greeted each other with slogans of "Jai Siya Pam"

Leaders of Shiv Sena (UBT) Jammu and Kashmir unit along with local people took out Prabhat Pheri early in the morning in Lower Roopnagar, Jammu, praising Lord Shri Ram. After this, bhajan kirtan and Hawan yagya was organized during the consecration. After the ceremony the devotees



of Lord Shri Ram chanted "Siya Ram Aaye

Hain".
Party state chief
Manish Sahni congratulated the entire country on this auspicious
occasion and prayed
for mutual brotherhood,
economic progress,

prosperity in the country and fulfillment of India's dreams of becoming a world leader at the feet of Lord Shri Ram.

Congratulations Lord Ram has come, wishes for brotherhood, restoration of peace and prosperity

#### Dimple offers pray at Raghunath Temple



**Top News Report** 

JAMMU, Jan 22: Sunil Dimple, the president of Mission Statehood Jammu and Kashmir, visited the Raghunath Temple and offered prayers to Lord Ram Ji, Sita Mata, and Veer Bajrangbali in the his-

torical Ram Temple.
Dimple danced with advisor RK Bhatnagar, BJP president Ravinder Raina, and the people at the Raghunath Mandir in Jammu.

He mentioned that he prayed for the establishment of Ram Raiya,

happiness, progress, and prosperity in India, Jammu and Kashmir, and in families.

Dimple emphasized following the path of communal harmony, brotherhood, and love among all religious communities, inspired by Lord Ram's teachings.

He prayed for the establishment of Ram Rajya and the restoration of lost happiness in Jammu and Kashmir with the reinstatement of statehood status.

Dimple greeted people of all religions on the

occasion, urging to break down walls of hate and emphasizing the teachings of love from all religions.

Dimple expressed his belief that India will become a superpower by following the teachings of the Ramayana and Lord Ram Ji, promoting love regardless of caste, color, and

He wished happy lives to all devotees and expressed the vision of India as a strong nation where all religions have equal rights.

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