TOP NEWS OF J&K

JAMMU, FRIDAY, NOVEMBER 17, 2023

Daily Evening Newspaper

ENTERTAINMENT

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Border was the first film I saw in theatre with my father, says Mrunal Thakur



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Inspired me: As MP votes, PM sends strong message to tribal Shahdol

INTERNATIONAL

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Blinken asks China to expect candid talk after **Biden calls Xi 'dictator'**



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BRIEFLY

Mainly dry weather to continue till **26th November: MeT**

SRINAGAR, Nov 17 (Agencies): The meteorological department forecasts generally dry weather in Jammu and Kashmir until November 26th, with occasional cloudiness on the 18th and 25th of November.

An official from the department mentioned that the current weather is mainly clear to partly cloudy across most places in the region.

Despite these conditions, shallow fog with mist during morning and evening hours may affect visibility in certain areas. The official assured that there will be no significant weather activity until November 26th.

Highlighting the minimum temperatures, the official noted a significant dip across various stations in the Kashmir Division.

Konibal recorded the lowest minimum temperature at -3.5°C, closely followed by Pahlgam at -3°C. In Gulmarg, the mercury settled at -1.5°C, while in Kupwara, it was -0.2°C.

Qazigund recorded -0.1°C, Banihal settled at 2.2°C, and Srinagar recorded a minimum temperature of 0.6°C.

The observed shift in temperatures indicates a cooler period for the region, according to the meteorological department.

Police arrest notorious bootlegger in **North Kashmir**

SRINAGAR, Nov 17 (Agencies): Jammu and Kashmir police have arrested a notorious bootlegger in Sopore and recovered illicit liquor from his

possession. A Police party headed by SHO PS Tarzoo at a checkpoint established at Amargrah crossing intercepted a suspicious person carrying two bags, who was signalled to stop for checking, a police spokesman said in a statement. "The said person after noticing the police party tried to flee from the spot but was apprehended tactfully."

"During the search, 39 bottles of illicit liquor were recovered

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LG Manoj Sinha honors freedom fighter Lala Lajpat Rai on birth anniversary

(Agencies): LG Manoj Sinha on Friday paid heartfelt tributes to the revered freedom fighter and social reformer. Punjab Kesari Lala Lajpat Rai Ji, on the occasion of his punyat-

Sinha highlighted Rai's indelible contributions to India's independence struggle and acknowledged his enduring legacy in shaping the nation's socio-political landscape.



pivotal character in the Indian independence movement who had a profound influence on early Indian literature and journalism in addition to politics.

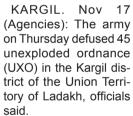
Rai, who died on November 17, 1928, from a brain injury sustained after being batoned at a protest, was vital in influencing India's literary scene and the developing press in the years leading up to

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Army defuses unexploded ordnances

in Kargil





ern Command Indian Army said, "To ensure safety of movement for all, #DhruvaSappers' Bomb Disposal Team successfully neutralized 45 Unexploded Ordnances (UXOs) in Kurbathang Area, #Kargil, working hand-in-hand with Civil Administration and @KargilPolice to secure areas around

it said.

Kulgam Encounter: 5 Lashkar terrorists killed, bodies being retrieved, says IGP Kashmir



SRINAGAR, Nov 17 (Agencies): Five terrorists believed to be belonging to Pakistanbased Lashkar-e-Taiba have been killed in the ongoing encounter with security forces in the Kulgam district of Jammu and Kashmir, Inspector General of Police Kashmir, Vidhi Kumar Birdi said on Friday.

Sharing details about the operation, IGP Birdi stated that security forces had received inputs regarding movement of some terrorists in Kulgam. "During the search

operation, a terrorist fired from a house after which an encounter broke out. So far, five terrorists, possibly of LeT have been killed and some bodies have been sighted According to Kashmir police, the operation is in its final stages and the area is being sanitised.

The police, earlier, confirmed that the exchange of heavy fire between the security forces and the terrorists from across the border was still ongoing.

The encounter broke out on Thursday afternoon at the Samno pocket of the DH Pora area of Kulgam district.

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Sumo vehicle rolls down gorge Thanamandi, 2 dead, 6 injured

JAMMU, Nov 17 (Agencies): At least two persons were killed and six others injured after a sumo vehicle they were on board met with an accident in Thanamandi area in Rajouri district.

As per reports, a sumo vehicle bearing registration number JK11 3494 rolled down into a gorge, leaving two dead and six others injured.

The injured persons have been evacuated to a nearby hospital for treatment.

More details awaited.

delegation call on Lt Governor

J&K Bharat Scouts & Guides



JAMMU, Nov 17 (Agencies): A delegation of J&K Bharat Scouts and Guides called on Lieutenant Governor Manoj Sinha at Raj Bhawan, today.

The Lt Governor

lauded the cadets and officials for promoting the values of selfdiscipline, service and patriotism among youth and contributing to the national development.

The delegation also

submitted a memorandum to the Lt Governor on the promotion of Scouts & Guides activities in Universities and enhancing Admission quota of Scouts and Guides.

In a post on X, North-Pashkun."

"#IndianArmy remains dedicated to safeguarding our citizens, with collaborative efforts ensuring the safety of lives",

Good News for Pensioners: J&K Govt to release Rs 500 cr for settlement of GPF claims



SRINAGAR, Nov 17 (Agencies): To address the long pending demand of release of General Provident Fund (GPF) claims by

pensioners employees, finance department will release Rs 500 cr to settle the claims within few days. Reports also said that

Government has also issued specific directions to GST and Industries and Commerce Department to promptly clear pending GST reimbursement cases and release of turnover incentives to the industrial units.

Reports added that the Chief Secretary issued the directions for settlement of GPF claims at earliest after the issue was delibrated in the meeting of finance department.

Reports further said that Santosh D Vaidya, Principal Secretary to the Government Finance Department apprised the Chief Secretary that Rs 500 crore are bring provided shortly for the settlement of GPF claims and will be released to the treasuries across the Union Territory within few days.

Notably, Pensioners in J&K were suffering hardships due to inordinate delay in the payment of

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Antiviral drugs reduce risk of flu deaths: DAK

SRINAGAR, Nov 17: With surge in number of flu cases in Kashmir valley, Doctors Association Kashmir (DAK) on Friday urged doctors to prescribe antiviral drugs for flu patients.

"Antiviral medication reduces risk of flu deaths," said influenza expert and DAK Presi-

Militant

killed in

ongoing

Rajouri

village

officials said.

encounter in

RAJOURI, Nov 17

(Agencies): A militant

has been killed in an

encounter that broke

out in Guller Gabbar vil-

lage of Rajouri district,

An official said that a

cordon a search opera-

tion was launched in the

area on today morning

after information regard-

ing suspicious moment.

the CASO, contact got

established with the

The official said that in

the ensuing gunfight one

militant has been killed,

while operation is going

hiding terrorists.

He said that during

dent Dr Nisar ul Hassan. Quoting a large study. he said early treatment with antiviral medication reduces the risk of flu death by 60 percent.

Dr Hassan said clinicians should prescribe antiviral medication to flu patients as early as possible and should not wait for the lab test results as delay could be fatal. "Flu antivirals work best for treatment when they are started within two days of onset of illness," he said.

"However, starting them later can still be helpful," he added. The DAK President said antiviral

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Army celebrates National Journalism Day at Kupwara



KUPWARA, Nov 17: To commemorate National Journalism Day, Indian Army's Kupwara Terriers conducted a felicitation ceremony for Media fraternity of Kupwara at Pathahirri.

The aim of this felicitation Ceremony was to strengthen the bond between Army and

Awaam by means of media and further consolidate the symbolic relationship between the two noble institutions that carry a widespread responsibility towards the nation and has high stakes in the overall development of Jammu & Kashmir.

The event was attend-

(President Media Fraternity Kupwara) along with 12 other media persons and officers from Indian Army. These media persons were awarded with appreciation certificates by the Army along with prizes.

ed by Yahya Sultan

After the felicitation ceremony refreshments ■Turn to page 9



CADNICA ELECTRONIC SOLUTIONS

Contact Person Mr. Sanjeev Kumar

9419143503

TENTH DAY/KRIYA/UTHALA

We are immensely grieved to inform the sad demise of our beloved Sh. Ashok Sharma S/o Late Sh. Nathu Ram Sharma R/o H.No. 113, Lane No. 2 Jawahar Nagar Talab Tillo, Jammu on 8 Nov, 2023.

TENTH DAY shall be performed at our residence on 17 Nov 2023 (Friday) at 11 AM. KRIYA shall be performed at our residence on 18 Nov 2023 (Saturday) at 12 Noon. UTHALA shall be performed at Brahmin Sabha, Parade Road, Old City, Jammu on 18 Nov 2023 (Saturday) from 3 PM to 4 PM.



SH. ASHOK SHARMA

Sri Mohan Prakash

MR. DILEEP KUMAR

SHAH

Smt. Sunita Sharma- Wife

GRIEF STRICKEN

Mr. Keshav Sharma- **Son** Smt. Kanika Khajuria & Sh. Sahil Khajuria - Daughter & Son-in-law

Master Kyansh Khajuria - Grandson

PROP ANURADHA DUPATTA HOUSE LINK ROAD, OLD CITY, JAMMU MOB: 9419181741, 7006222373, 7006659966

10th DAY KRIYA

With profound grief & sadness we inform the sad demise of our beloved mother SMT. KRISHNA PANDITA W/o Late Sh. Arjan Nath Pandita (Akhoon) of Gushi Kupwara presently residing at 61/2, Anand Nagar Bohri Jammu on 11th November 2023.

Tenth Day Kriya shall be observed at 9:30 AM on Monday the 20th November at MUTHI GHAT near Director School Education Jammu.

GRIEF STRICKEN:-

Smt. Ratni Pandita W/o Late Sh. Janki Nath Pandita (Sister-in-law)

Smt. Santush & Sh. Suresh Pandita (Daughter-in-law & Son)

Smt. Sangeeta & Sh. Vijay Pandita (Daughter-in-law & Son) Smt. Sunita & Sh. Rajinder Pandita (Daughter-in-law & Son)

Smt. Saroj & Sh. Banerji Pandita (Daughter-in-law & Son)

Smt. Pinki & Sh. Bal Krishan Pandita (Daughter & Son-in-law)

Smt. Kaushlawati Trakroo W/o Late Sh. RadhaKrishan Trakroo (Sister-in-Law) Smt. Sumiksha W/o Sh. Badal Bhat (Grand Children)

Smt. Shiksha W/o Sh. Pamposh Mohan Koul (Grand Children)

Ms. Arushi, Chakshu, Tanvi, Shreya and Saksham Pandita (Grand Children)

TENTH DAY KRIYA

'No farewell words were spoken, no time to say goodbye, you were gone before we know it and only God knows why"

With profound grief and sorrow we regret to inform you that our beloved father **Sri** Mohan Prakash Sharma S/o Late Sri Nathji Sharma resident of Handwara left for heavenly abode on 10th November 2023.

Tenth Day will be performed at Muthi Ghat on 19th Nov 2023, 9 AM. **GRIEF STRICKEN**

Smt. Shama Raina (Wife) Son & Daughter-in-law Pankaj Mohan & Priyanka Kumari

Daughter & Son-in-law Priya Sharma & Lakshya Sharma

Extended Family

Dr. Sharad Chandra Sharma & Dr. Neeta Sharma Pankaj Kumar Singh & Anchala Singh

8904041148, 9663114123, 9149500944

TENTH DAY/KRIYA

Death is certain for one who has been born and rebirth is inevitable for one who has Died. With profound grief and sorrow, we inform the demise of a beloved husband, a supportive father and a loving brother Mr. Dileep Kumar Shah S/o Lt Shri Shamboo Nath Shah from Rainawari (Reinwoor).

Our hero, who was the anchor of our laughter, and the one who taught us to navigate life's journey with kindness.

In every cherished memory, he remains

our king, guiding us even in his absence

like an angel. TENTH DAY KRIYA will be held on 18-11-2023 (Saturday) at Muthi Ghat

at 9.00 AM **GRIEF STRICKEN**

+919796622668

Manju Shah- Wife

Shah's, Raina's, Kaul's, Safayas & Bhats Residence: H. No 4 Ajit Colony Talab Tillo Camp Gole Gujral Jammu

Radha Swami "Tenth Day Kriya"

Mother Smt. Krishna Devi (87) W/o Late. Sh. Sardari Lal, R/o village Jhang, Teh Ramgarh, Distt Samba, expired on 10/11/2023 Tenth Day Kriya will be performed on 19-11-2023

Venue....Shri Guru Ravidass Temple, Canal Road, Swankha Morh Satsang ..12: 30 to 1 :30 PM Guru Ka Langer...2:00 to 4:00 PM Grief Stricken....

Smt.& Sh Rampaul Dogra, Son (EX.HMT Ltd. Senior Suptt.) Presently, working head, Jal Jeevan Mission, Samba & Sr. Journalist. Ashish Dogra, Grand Son,(Alumni IIT-Roorkee/CEO)

Smita Dogra-**Grand Daughter-in-law -(Editor HT, New Delhi.)** Garima Dogra **(Grand Daughter) Bank Manager-Indian Bank (Chenna**i)

Aiit Kumar, Grand Son-in-Law, Custom officer at Chennai, (International Airport) Sh. Sham Lal Dogra ,Son (Director Lok Sabha, Parliament House, New Delhi) Smt. Manju Rana **(Daughter in law)** Dr.Abhishek Dogra, Grandson (AIIMS)

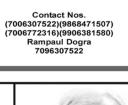
Sh.Tilak Raj, Superviser, Cable Corporation, Jammu (Formerly at Centour Hotel, Srinagar) Smt. Kanta Kumari (AWW)

Arushi (Grand Daughter), Aarav (Grandson)

Dr.Aditi Dogra, Grand Daughter GMC, Kathua

Sushil Kumar (Kaka), **Son**

Daughters / Son -in-laws SAMAST SHUKAKUL PRIVAAR.



SH. BANSI LAL

Smt. Krishna Devi

TENTH DAY/KRIYA

With profound grief and sorrow, we inform the sad demise of our beloved father Sh. Bansi Lal S/o Lt. Sh. Mool Raj R/o H.No. 439-A, Ambphalla, Jammu on 7 11-2023. Tenth Day will be performed on 15-11-2023 at 10 AM at our residence. Kriya will be performed on 18-11-2023 at 12 Noon at our residence.

Son & Daughter-in-law Sh. Vikas Kumar & Smt. Raman Devi Daughters & Sons-in-law Smt. Renu Bala & Sh. Anil Kumar Smt. Sheetal Bala & Sh. Rajiv Jojra

GRIEF STRICKEN

Sh. Bodh Raj - Brother Smt. Bimla Devi W/o Lt. Sh. Davinder Kumar - Sister

Smt. Pushpa Devi & Sh. Mohan Lal - Sister & Brother-in-law

Smt. Nisha Rani & Sh. Pawan Jojra - Sister-in-law & Brother-in-law

Grand Children: Shashwat, Vrinda, Kamakashi, Sharanya, Shreyanshi (M): 9796660647, 9419706686, 9796202786

CONDOLENCE

OBITUARIES

With heavy heart, we express our condolence on the sad and untimely demise of Master Vishu Kumar S/o (Sh. Rajesh Kumar) a student of Class 11th, who met with a Tragic Road Accident on 15th of November, 2023. He was one of the Brilliant, Loving, Gentle and Talented students of our school. He will be missed by all of us.

We pray to the Almighty (God) for granting peace to the departed noble soul as well as strength to the bereaved family to bear this irreparable loss.

Management, Principal, Staff and Students Shiksha Niketan Family R.M. Public School



Master Vishu Kumar

Sh. Bansi Lal Pandita

FOURTH DAY KRIYA

With profound grief and sorrow we inform the sad demise of our beloved Sh. Bansi Lal Pandita S/o Late Sh. Tara Chand Pandita R/o 102-A, Sector - 2, Durga Nagar, Talab Tillo, Jammu on Thursday, November 16, 2023.

Fourth Day Kriya will be performed on Saturday, November 18, 2023 at our residence 102/A, Sector-2, Durga Nagar, Talab Tillo Jammu at 10 am.

GRIEF STRICKEN

Veena & Rakesh Kumar Pandita - Daughter-in-law & Son

Chanderkanta & B L Pandita - do -Meena & Tej Krishan - Sister & Brother-in-law

Anjli & Yoginder Handoo - Daughter & Son-in-law P.N. Pandita - Brother

& Panditas, Handoos, Rainas & Razdans

10TH DAY

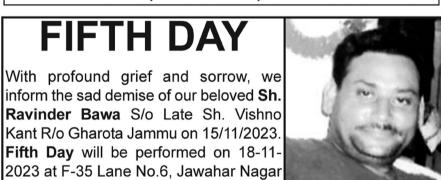
With profound grief and sorrow, we inform the sad demise of our beloved Father Sh.Vinod Choudhary S/o Late Sh. Prem Nath R/o Sector A2, Laxmipuram Chinore Jammu.

10TH DAY will be performed on 19th Nov 2023 (Sunday) at 9 am at Muthi Ghat, Near Education Department, Muthi Jammu.

FIFTH DAY

GRIEF STRICKEN CHOUDHARY FAMILY

MOB: 9871827949, 9086160514, 9797361070



Sh.Vinod

Choudhary

Sh. Ravinder Bawa

SH. SUDERSHAN

KUMAR GUPTA

SH. PARDUMAN

SINGH JAMWAL

Sh. Madan Gopal Sharma & Smt. Kamla Sharma Sh. Subash Chander Sharma & Smt. Jyoti Sharma

New Plot, Jammu at 10.30 AM.

GRIEF STRICKEN

Sh. Lucky Sharma & Smt. Rekha Sharma Sharma Family

Mob: 9596964020, 7006763155, 7889753098, 8716806027

TENTH DAY/KRIYA

No farewell words were spoken, no time to say goodbye, you were gone before we knew it and only God knows why. The Tenth Day of Sh. Sudershan Kumar Gupta (S/o Lt. Sh Anant Ram Vaid R/o (At present) Air force officer's mess road Kotla Udhampur will take place at 12 noon on 18th November 2023 at K.D.N Palace near Women College Udhampur and Kriya will be performed on 21/11/2023 at Devika Ghat from 10 am onwards **REGARDS:-**

Sh Mohan Lal Gupta (Brother)

Smt Geeta Devi (Sister) (Daughters-in-law & Sons)

Smt Jyoti Gupta & Sh Sanjeev Gupta (9419160122) Smt Pooja Gupta & Sh Davinder Kumar Gupta (9419162965) Smt Anuradha & Sh Rakesh Gupta (9419158934)

Smt Sonika & Sh Raman Kumar Gupta (9419162534) (Daughter & Son-in-law) Smt Anjana Gupta & Sh Manoj Gupta (9419161395)

(Grand Daughter-in-law & Grand Son) Chitvan Gupta & Sushant Gupta (9858830830)

(Grand Sons and Grand Daughters) Dr. Astha, Danish Vaid, Ridham Vaid, Sonaksh Gupta, Akshat Jandial, Dhriti, Rudrakshi, Rudraksh, Gupta Sales Corporation, Udhampur

Gupta Furniture House, Udhampur

10TH DAY/KRIYA

With profound grief and sorrow, we inform the sad demise of our beloved Sh. Parduman Singh Jamwal S/o Sh. Bhag Singh (Birpur wale) R/o H. no 169 Sec C Sainik Colony Jammu.

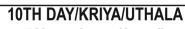
TENTH DAY will be performed on Saturday 18-11-2023 at 11.00Hrs onward at Ram Mandir Sainik colony (Sec D) & KRIYA at our residence on 21-11-2023 (Tuesday). **GRIEF STRICKEN**

Smt Yogmaya Jamwal -Wife SON & DAUGHTER IN LAW Pardeep Singh Jamwal & Meenakshi

Balkesh Sharma & Satpal Sharma

Madhu Chib & Swaran Singh Chib Neetu Sambyal & Gagan Singh Sambyal

Grand Children: Tashu, Kanu, Shibu, Vibha, Manu, Sujiv, Rajeev, Advait.



"Always in our Hearts"

With profound grief and sorrow, we inform that our beloved (Mata Ji) Smt Shakuntala Devi W/o Late Sub Shri Chhattar Singh Charak R/o House No. 14 (private), Sec No. 2, Channi Himmat Jammu left for heaven abode on 06.11.2023.

10th Day will be performed on 15th of I

Wednesday) 2023 at our residence at 11 am. Kriya will be performed on 18th November (Satu 2023 at our residence at 12 Noon. Uthala will also be performed on 18th of November

Saturday) at our residence at 2 pm. Late Subedar Shri Chhattar Singh Charak-H

Late Subedar Shri Chhattar Singh Chara Bevars and Devranis Parth Singh Charak and Bimla Charak Lehar Singh Charak and Neelam Charak ons and Daughters-in-law

Sons-in-law and Daughters Vijay Singh Manhas and Kamlesh Kumari Satish Singh Sumberia and Bandana Kun

anak Singh Charak and Seema Charak haran Dev Singh Charak and Anuradha Charak ilawar Singh Charak and Anuradha Charak Balbir Singh Charak and Neha Charak Arjun Singh Charak and Priti Charak



Smt Shakuntala Devi

Grand Children Ritesh Charak, Satyam Charak, Saksham Charak, Aryaveer Charak, Rudransh Charak, Taniska, Swatika Deepali, Samyra
Contact No. 9419797224,

7780824231, 9796027108,

9419122089

With profound grief and sorrow w inform the sad demise of our beloved brother **Sri Mohan Prakash Sharm**a S/o Late Sh. Nathji Sharma R/o

Ghat Jammu GRIEF STRICKEN **Brother & Sister-in-law**

Sisters and Brother-in-law Sheela Sharma W/o Late R.L Sharma Pushpa Sharma W/o J.L Sharma Sushma Ganjoo W/o Vinod Ganjoo Sunita Raina W/o P.K Raina Shanee Sharma W/o Chandrashekar Jyotshi 9419281330 8904041148

Late Sh. Om Prakash Sharma 8



TENTH DAY KRIYA

With profound grief and sorrow, we inform the sad demise of our beloved mother **Smt Vijay Hak** w/o Lt Sh. Girdhari Lal Hak originally residence of Kralyar Rainawari Srinagar/Tophsherkhani, Jammu present ly at Aman Vihar Dehradun Uttarakhand on 9-11 2023. The cremation was performed on 10-11-202

The **TENTH DAY KRIYA** will be performed on 18-The TENTH DAY KRIYA will be performed on 1 2023 at 9.30 AM at Raipur Ghat Dehradun. GRIEF STRICKEN 1. Surinder Hak & Smit Rajkumari Hak (Son & Daughter-in-law) 2. Smt. Veena Hak Raina & Sh. Bl. Raina (Daughter & Son-in law) 3. Grand Children:-Nikita Koul & Suhali Koul Rishab Raina & Vasbhi Raina (Ashay Hak, Urvashi Hak, Advika, Neel & Shritik.

P NO:-9419211720. 9419146480. 9149971139. 9419136768



With profound grief & sorrow we regret to nform the sad and untimely demise of our beloved **Sh Dileep Kumar Shah** S/o Lt Sh Shamboo Nath Shah originally from Rainawari Srinagar presently at Shah Niwaz H No. 4 Ajit Colony Gole Gujral

10th Day Kriya will be performed at

Muthi Ghat on 18th Nov. 2023 (Saturday) Sh Dileep Kumar

Grief Stricken

Ph No. 9086240738

CONDOLENCE Vith profound grief and sorrow, we the members of the A ammu, Kashmir and Ladakh Teacher's Federation Convey ou

lis sudden demise and unexpected departure from this r Has souded demise and direptacted department of this hid tal world has caused such a void that cannot be filled. He was very pious, honest and kind hearted person. Our Federation pray to Almighty for eternal peace to departe

soul and give courage and strength to the bereaved famil members to bear this irreparable loss. Joginder Singh Manhas (Working President) alwan Singh Jamwal (Ex President) Sudarshan Kumar Sharma (Gen Secretary)

Sh. Ram Kumar Sharma

CONDOLENCE We will miss you forever.... You will always remain in our hearts... It is with profound sadness and heavy heart that we inform you of the untimely passing away of one of our dear student, SAKSHAN

It is wim protound sagness and neavy neart that we intorm you of untimely passing away of one of our dear student, SAKSHAN PARIHAR of Class 8th-A, on Wednesday, 15th November 2023. He was a cherished member of our school community, and his loss is deeply felt by all those who knew and interacted with him. He exemplified kindness, respect and dedication, leaving a lasting impact on his peer and teachers alike. During this difficult time, we extend our deepest and most sincer condolence and support to Parihar family. Our thoughts and prayers are with them as they go through this unimanianhle loss.

July troughes and participants and practice to the ber laminglinable loss. May God bless the departed soul and grant courage to the ber family to bear his irreparable loss. MANAGEMENT, PRINCIPAL, STAFF AND STUDENTS OF CRESCENT PUBLIC SCHOOL JANIPUR, JAMMU SAKSHAM PARIHAR



Shri Gridhari Lal Bhagat (Retd IRS) and Smt. Sunita Bhagat Shri Sardari Lal Bhagat and Smt Sunita Bhaga Brother in Laws and Sisters Mr. Darshan Lal and Mrs Rani Dev Mr. K P Singh and Mrs Kanta Bhagat Late Shri Raj Kumar and Mrs Santosh Kumar

TENTH DAY KRIYA

Grand children's: Naman, Gehna and Kiku

(Sunday) 2023 at our residence at 11 am. GRIEF STRICKEN:

Smt. Shanti Devi -Wife Dr. Sonia Bhagat - Daughter

With profound grief & sorrow, we inform the sad demise of Indrani (Rani) Dassi W/o Lt Piyare Lal Dassi of Dassi Mohalla Anantnag at present H No. 10 Lane No. 4 Bharat Nagar,

Tenth Day Kriya will be performed at Muthi Ghat near Director School Education on 22-11-2023 at 9.30 AM. GRIEF STRICKEN:

Mun Mohini Dassi- 9920980582

Raj Krishna & C J Dhar- Daughter & Son in law (9823631864) Rinku & Nakul Joshi- Daughter & Son in law (9811655479) Rakesh & Pooja - Son & Daughter-in-law (9820481177)

Rahul, Lu Sun, Rishi & Advika - Grand Children SAMAST DASSI, BHAT, RAZDAN PARIVAR

the contents of the advertisements (Display/ Classified) carried in this newspaper. The paper does not



TENTH DAY The 10th Day Kriya will take place or 19th November 2023, 9:00 AM at Muth





10TH DAY KRIYA

Camp Road Jammu.

at 9:00 AM.

Smt Manju Shah (**Wife)** Smt Manju Shah (**Wife)** Smt Anjni & Sh Suresh Shah (**Bhabi & Bhaiya)** Smt Vijay & Sh Anoop Koul (**Sister & Brother-in-law)** Smt Rajini & Sh M K Safaya (**Sister & Brother-in-law)**

Children -Komesh & Anu, Nikhilesh & Shiwani, Prinika, Vaishali, Chetan, Harsh,

harma, Ex. President Jammu and Kashmir Employees Jo

TENTH DAY

Jammu has left for heavenly abode on 10.11.2023
TENTH DAY will be performed on 19th of Novembe

Mr. Anil Bhagat - Son(Asst. professor)
Mr. Munish Kumar Bhagat - Son
Son -in -laws and Daughters
Mr Sideshwar Bhagat (Scientist NIC) and Mrs Reetu Bhagat (Bank PO) Dr Sandeep Bhagat and Mrs. Jyoti Bhagat (Civil Judge Brothers and Bhabhi



Bantalab Jammu.



DISCLAIMER

"Top News of J&K" does not take responsibility for endorse the same. Readers are requested to verify the contents on their own before acting there upon."

JU to launch historic 'College on Wheels'

LG to flag-off contingent of 700 students from Katra **Railway Station on Nov 19**

Train journey to be a life changing experience for students: Prof Dinesh

Top News Report

JAMMU, Nov 17: In a groundbreaking move, University of Jammu is all set to launch historic 'College on Wheels' also known as Jammu and Kashmir Gvanodava Express, a transformative educational journey that sets more than 700 girls on a unique learning adventure.

The historic Gyanodaya Express shall be flagged-off by Lieutenant Governor of Jammu and Kashmir, and Chancellor University of Jammu, Manoj Sinha on 19th of November, 2023 from Katra Railway Station, Jammu.

Speaking during a curtain raiser ceremony, Prof Dinesh Singh, Vice Chairman Higher Education Council J&K UT and former Vice Chancellor Delhi University and, said that the enlarged definition of education is search of 'inner self'.

"In order to recognize yourself, one need to understand inner self. This journey is largely inspired by the life and examples of Mahatma Gandhi, who used to say, like Rabindranath Tagore, Socrates and Kabir, that education is outside the classroom as much as it is inside the classroom," he said and added that train journey would be a life changing experience for students.

He said that Gandhi became Mahatma Gandhi largely due to train journey.

"He had not been Mahatma Gandhi, if he had not been thrown out of the train. He understood India after he undertook a yearlong epic train journey to see every corner of the country and its problems," said Prof Dinesh Singh, adding that even during freedom struggle and mass mobilization, Mahatma Gandhi used to travel through train, so the role of train in the life of Mahatma Gandhi was very important.

He stated that this particular educational journey is inspired by the concept and philosophy of Mahatma Gandhi.

"In this train students are



expected to recognize themselves and I am hopeful that other universities of the country would get inspired from this initiative and also make it an important part of their curriculum." Prof Dinesh Singh said and emphasized that one more important feature of this journey is that the students shall be taught about operating Charkha and student who will spin longest thread from Charkha shall be rewarded.

He further said that during this journey, students will get a chance to visit Ashrams of Mahatma Gandhi in Sabarmati and Vardha, wherein they will go through the history and significance of these places in freedom struggle.

"The initiative provides students with firsthand exposure to diverse landscapes, cultures, and communities, enriching their understanding of the world," Prof Dinesh Singh said and added that collaborative projects with local communities contribute to meaningful social impact.He further appreciated and acknowledged the role and support of the Lieutenant Governor's administration.

"This particular initiative is a dream of Hon'ble Lieutenant Governor, Shri Manoj Sinha and Vice Chairman Higher Education Council J&K UT, Dinesh Singh, wherein University of Jammu has been selected as a nodal institute," said Vice Chancellor, Prof Umesh Rai while addressing media.

He said that this innovative educational program will take learning of students to new hori-

zons, quite literally. "More than 700 students along with 100 faculty members from seven academic institutions of Jammu and Kashmir, besides Cluster Innovation Center Delhi, IIT Bombay and more than 20 affiliated colleges of J&K UT are participating in this momentous journey," said Vice Chancellor, adding that the seven educational institutions included Kashmir University, Cluster University of Srinagar, Islamic University of Science and Technology, Cluster University of Jammu, Baba Ghulam Shah Badshah University, Mata Vaishno Devi University and University of Jammu.

He shared that this is first of its kind educational journey in the history of Jammu and Kashmir in which more than 700 students are selected on the basis of the merit of their projects.

"These projects are interdisciplinary in nature, as students from different backgrounds are part of single group, working under the supervision of a mentor," said Vice Chancellor, Prof Umesh Rai, adding that these students were selected after proper screening of their projects and each group of seven to eight students shall be supervised by a mentor.

Giving further details, Prof Umesh Rai said that there is facility of library on the train, so that every student must read at

least one book and write review of the same. There would be presentations by every student.

"Through this initiative of College on Wheels, we are trying to dissolve boundaries of the subjects, it will change the education concept of four walls of classroom and I must say that this is not a train journey but to be precise a life journey, in which these students shall discover their inner self," said Prof Umesh Rai, adding "This initiative aligns with our commitment to providing innovative, experiential learning opportunities."

He said "The "College on Wheels" initiative redefines the traditional classroom experience by blending academics with adventure. Students will embark on a transformative educational journey, traveling to various destinations via train, creating a dynamic and immersive learning environment."

The journey is scheduled to flag-off from Katra Railway Station by Lieutenant Governor Manoj Sinha on 19th of November 2023. The route of the train shall be from Jammu to Delhi, Ahmadabad, Mumbai, Goa, Bangalore, Delhi and back to Jammu.

During the course of the journey, students shall visit both the houses of Parliament, President House, IIT Bombay, Shipyards of Bombay and Goa, ISRO and some other relevant places.

Earlier, Prof Naresh Padha Coordinator College on Wheels, delivered the formal welcome address, whereas Dr Vinav Thusoo conducted the proceedings of the function.

Others present on the occasion included, Dr Garima Gupta (Head Department of Journalism and Media Studies), Dr Neeraj Sharma (Special Secretary to Vice Chancellor), Dr Daud Iqbal Baba (Nodal Officer, College on Wheels), Dr Shalu Sharma (Nodal Officer, College on Wheels), Dr Bindoo Sangra (Department of Law) and Dr Akhilesh Sharma (Liaison Offi-

Manipulating poll delay BJP Govt's assault on democracy in J&K: Sadhotra



Top News Report

JAMMU, Nov 17: A meeting of J&K National Conference functionaries of Jammu District Urban was held at Shere-Kashmir Bhawan Jammu.

The meeting was attended by senior National Conference functionaries included Ajay Kumar Sadhotra, Additional General Secretary and former minister and Rattan Lal Gupta, Provincial President, JKNC, Jammu. Senior Party leaders Blmla Luthra, Ayub Malik, Abdul Gani Teli and others.

At the outset of the meeting, Chander Mohan Sharma, President NC's Jammu District Urban, apprised the senior functionaries of the party about the hardships being faced by the people of Jammu city in absence of popular government

in Jammu and Kashmir. Addressing party workers, Ajay Kumar Sadhotra observed that manipulating delay in holding Assembly polls in J&K is a glare example of BJP Government demolishing the basic concept of democracy in this part of the country. He said that BJP Government has demeaned Indian democracy, which at one point of time is considered as the biggest

democracy of the world, by showing reluctance on holding Assembly elections in J&K fearing its devastation due to anti-people policies which it has been implementing on the name of reforms and development. He said that elections are due since long but knowing well about their probable worst ever political debacle the BJP Government is running from polls.

"This is nothing but the diminishing of democracy by a party which boasted at all forums about being champion of electoral reforms and guardian of democracy", he said, adding that BJP is defaming country by manipulating poll delay and denying democratic right of voting to the people of J&K by deferring polls on one pretext or the other.

Rattan Lal Gupta, NC Provincial President Jammu, in his address, said that the entire world is gazing at J&K and how the BJP Government is denying democratic rights to people. He said that BJP's model of democracy is authoritarian because it wanted to impose governance without holding elections thus marring the very spirit of democracy, which the Constitution of the country has guaranteed to the citizens.

"National Conference firmly believes that the development of our cities and towns is essential for the overall growth and prosperity of Jammu and Kashmir. We promise to provide state-of-the-art facilities and infrastructures such as roads, parks, playgrounds, public toilets, waste management systems, and uninterrupted electricity and water supply," he said.

Rattan Lal Gupta asked the party workers to gear up for the upcoming polls by spreading awareness among voters about the betrayal by the government at the Centre. He called on the people to support the National Conference in the upcoming polls. The Provincial President emphasized that only National Conference has the will and potential to ensure equitable development in Jammu and Kashmir and also to get all the amenities without any denial.

Those who were present in the meeting included Harshvardhan Singh President NCSU, Sandeep Singh Wazir, Tejinder Singh, Gurnam Singh, Ashwani Charak, Haji Maqbool, Parvinder Singh, Dharminder Sharma, Anoop Sharma, Ajay Kumar and others.

Poonch lifts DYSS Inter District Division Level Taekwondo Competition overall trophy



Top News Report

POONCH, Nov 17: Inter district division level Taekwondo Competition organised by the Department of Youth Services and Sports District Poonch under the guidance of Director Department of Youth Services and Sports J&K Subash Chander Chibber, Deputy Director Central Jatinder Mishra, and Joint Director YSS Suram Chand Sharma concluded here at JKSC indoor complex of sports stadium on Friday.

A total of 200 players in Under 14,17 and 19 age group from eight districts of Jammu Division took part in this competition held under the supervision of Mohd Qasim District Youth Services and Sports

Officer Poonch.

The Chief Guest of the closing ceremony was Dr Mohammad Tanveer, Chief Executive Officer Tourism Authority Poonch while Prem Prakash Luthra Senior Vice President PDTA was the Guest of Honour.

Other distinguished guests were Narinder Singh ZPEO Poonch, Manjeet Singh ZPEO Sathra, Rajinder Singh ZPEO Mandi, Kulwant Singh ZPEO Surankote, Jatinder Singh Tandon ZPEO Nangali and Amresh Sharma ZPEO Kuniyian zone.

Earlier, the gathering was welcomed by DYSSO Poonch Mohd Qasim.

The chief guest interacted with all the Taekwondo players from all Districts of Jammu

Division. He also congratulated Department of Youth services and Sports for giving excellent platform to the youth by organising these kind of events. Later all the dignitaries distributed medals, trophies and certificates to all the winners.

Poonch district remain overall winner in under 14, 17 and 19 year age group by winning 14 gold medals and lifted overall trophy of AAG boys while Jammu and Doda remained at second and third place respectively.

All bouts are held under the technical Supervision of Rajinder Singh Physical Education Teacher and National Referee, Barinder Singh Manhas PET National Referee,

Nitin Singh Rathore ReK National Referee, Sandeep Kumar ReK, Wagar Ahmed ReK, Tarun Nadh Physical **Education Teacher and** Ankush Singh ReK.

Arun Kumar Udhampur, Ikmanpal Singh Poonch and Toseef Tahir Poonch adjudged as best players in under 14 ,17 and 19 year age

Prominent others were present on the occasion were Nirdosh Kumar IC Manager Sports Stadium Poonch, Ramesh Kumar PEM, Singh PEM both activities Incharge In DYSS office Poonch , Vijay Kumar PEM Stage secretary and IC Press and Publicity Harjeet Kour PEM all PEM, PET and ReK of the department were present on the occasion

SKJVS Trust delegation meets Sanjeev Verma, advocates astrological consultation for Govt Calendar

Top News Report

JAMMU, Nov 17: The delegation from Shri Kailakh Jyotish and Vedic Sansthan (SKJVS) Trust, led by President Mahant Rohit Shastri met with Sanjeev Verma, Commissioner/Secretary to the Government, General Administration Department in Jammu.

During the meeting, the delegation presented a book titled "Saral Sanskrit Bodh" to Verma and submitted a memorandum.

They suggested that the government should consult expert astrolo-



gers before preparing the official calendar.

delegation The believed that by incorporating astrological considerations, the government can accurately determine the dates of fasts and festivals and align them with the official holidays.

This, they argued,

would eliminate confusion in society arising from inconsistencies between government holidays and actual days of fasting and cel-

The delegation expressed concern about the existing discrepancies where government holidays may

ebration.

not coincide with the days recognized by astrology and scholars, leading to confusion in society.

They proposed that by consulting astrologers and using the Panchang Diwakar (almanac), the government can publish festival-related holidays in the official calendar, resolving the prevailing confusion.

The presence of Trust Trustees Deepak Gupta and Naresh Raina at the meeting indicated the formal representation of the trust's views and suggestions to the government.

Motiaz Antaliya groundbreaking ceremony held at Kasauli



Top News Report

CHANDIGARH, Nov 17: Real estate developer Motiaz, has officially announced the groundbreaking ceremony for its latest project, Motiaz Antaliya in the picturesque Kasauli hills today.

Mukul Bansal, MD Motiaz said ,"Antaliya aspires to redefine the concept of luxury

living with the development of approximately 31 opulent cottages, meticulously designed to deliver a vibrant and immersive living experi-These exquisite cot-

tages will be within the breathtaking natural splendor of the Kasauli valley, offering residents a serene escape from the hustle and bustle of city life.

EDITORIAL

NEWSPAPERS IMPORTANCE

ewspapers have great importance in our lives. One thing we like every morning with tea is newspapers. Through newspapers we get information about the complete events that happened yesterday. We read newspapers to know the right kind of information which is necessary for us in the country and abroad.

Along with the country and abroad, we also get information about what we like and the places we like. It is through newspapers that we get information about our surroundings. Newspapers are very important in today's times. Newspapers have become an important basis of our lives today.

Newspapers have great importance in our daily life. We enjoy newspapers every morning which tell us about daily life events. The importance of newspaper character is very important for us through newspapers. In our life, whatever work we do, we do it only after seeing the daily horoscope and we see that horoscope also from the newspaper.

We get to know and learn a lot from daily newspapers. If there is no news in life, we cannot guess what we will do next and what we should do.

We also use newspapers to hear and know about the daily life events of the country and the world. There are a lot of discussions about the sports world these days, we get information about them only through these newspapers. News is a medium to know all the information.

Whatever we hear, we hear it only through newspapers. We can read this newspaper online as well as at home. Through newspapers we can read about any type of information. It is a common thing for everyone to gather information through newspapers.

You must have seen many people

that they start reading newspapers

at any time. The best time to read newspapers should be in the morning. We get a lot of new information by reading newspapers, so I believe that we should read these newspapers every morning. If you read these newspapers during the day then they are not good for you. If you really want to learn something new then you should read newspapers in the morning only. We have already received information about the news we read during the day. Therefore, we urge you to read the news in the morning only so that you can get good news every morning itself. Newspapers have become the first necessity of our life. It also tells us about some interesting information including events. We also get to know about this type of information which is necessary for us to know about recent events. Newspaper characters are very important in our lives. We get many

types of information through news-

papers. One should develop a good

habit of reading news daily.

Act fast to clean air, or economy will take a hit

By: Chandrakant Lahariya

Por nearly the entire past decade -- every year from early November onwards -- Delhi and much of North India faces a familiar challenge of worsening air quality, which badly impacts everyone and everyday life. The manifestation of the rising air pollution includes an increase in visits to doctor's clinics and temporary closure of primary schools and sometimes even secondary schools. This also brings it to prime-time TV, leading newspaper headlines and office discussions. These discourses are often so similar and generic that if one by mistake picks up a news report from an earlier year or a television clip from one of past years, one might easily think it is from the current news cycle.

In late October 2023, the worsening air quality in Mumbai made headlines. Then, in early November 2023, the Delhi air quality became severe, many days before the day of Diwali. The Central government ritualistically enforced the Graded Response Action Plan (GRAP). The schools were ordered to temporarily shut. The so-called "odd-even" car rationing curbs had been planned in Delhi and offices were shifted to partial capacity. The paddy stubble burning and farm fires were already making news from Punjab and Haryana.

The fact is air quality in most north Indian districts is nearly similar and in the category of poor, if not worse. It is just that the majority of those cities and the states do not measure sufficiently, and that's why we do not know enough about them.

By now, the adverse impact of air pollution on human health is widely known and well rec-

ognised. Complex terms such as AQI, or Air Quality Index, have entered household use. However, much of this awareness and understanding has not resulted in the necessary action. The PM2.5 and PM10 and other air pollutants are associated with multiple health conditions, which affects nearly every organ of the body. Air pollution worsens the health of people with pre-existing respiratory conditions, such as people who are asthmatic or have a pre-existing respiratory or lung disease. Air pollutants are causative contributory factors in heart attack, stroke, diabetes mellitus and even cancer. Air pollution affects the cognitive development in children and is associated with chronic obstructive pulmonary diseases. It is often quoted that breathing in severe air quality is equivalent to smoking 10 to 15 cigarettes in a day.

The key pollutant PM 2.5, or particulate matter of 2.5 micron or less, has a WHO permissible limit of 15 microgram per cubic meter for 24 hours. In India, the permissible limit is 40, which is already nearly three-fold of WHO standards for PM2.5. On most of the clean air days -around the year, Indian cities have PM2.5 levels higher than WHO norms. In winter months, even the Indian standards for both PM2.5 and AQI are crossed by many degrees. On certain days, such as in the immediate post-Diwali period, at many places it was up to 100-fold of the recommended limit.

The situation is worrying as this continues to happen in spite of public discourse and repeated political commitments to tackle the challenge. Also, the bursting of firecrackers on Diwali continues despite the Supreme Court having banned the bursting of firecrackers. This Diwali

2023, the bursting of firecrackers brought the air quality to AQI levels worse than Diwali 2022, and the AQI on November 13, the day after Diwali, was nearly double of the AQI level a day before Diwali.

It seems that at many levels, our approach to air pollution has become one of indifference, and to a large extent certain people have started the rationalisation of poor AQI in Indian cities. For example, many argue that air pollution is an unavoidable outcome of economic growth. They forget that many countries have achieved good economic status and also keep their air clean.

There are many strong arguments for keeping air quality better, even from an economic growth perspective. The poor quality and related health conditions results in increased worker absenteeism and reduced workforce output, and thus adversely impacting economic growth. This also results in individual and state-level health expendi-

There is an economic impact of air pollution. A Reserve Bank of India report from the department of economic policy and research estimated that by 2030, due to labour hour losses due to climate change, upto 4.5 per cent of India's GDP could be hit. The annual cycle of the closure of manufacturing units, construction and services hubs and people not coming out to buy things are added to this list. The same was estimated in other reports, including a June 2023 World Bank study. A Dalberg report estimated that air pollution costs Indian businesses close to \$95 billion annually, which affects around three per cent of the country's GDP. Twothirds of the world's 30 worst polluted cities are in India. A higher PM2.5 level in any city

results in a higher per capita economic loss for that city. Clearly, given India's economic losses, we should urgently consider taking action to improve air quality.

The need for clean air is well recognized. India launched a national clean air programme in 2019. The aim has been to reduce PM2.5 and PM10 levels by 20-30 per cent by 2024, against the base year of 2017. It has a wide range of appropriate suggestions, such as reduction in vehicular pollution through regulatory norms, tackling industrial emission, improvement in roads and bridges; better monitoring of air quality and prevention and control of paddy stubble-burning.

A lot has been discussed and understood in the last decade to tackle the challenge and improve air quality. Most Indian cities and states such as Delhi have prepared GRAP, which is enforced. However, the approach is too late and too little responding to the challenge. What is done is very much akin to shutting the stable door after the horse has already bolted. Everything which needs to be done is known. However, what is required is that action for keeping air clean have to be taken around the year, with mid- to short-term planning, and sufficiently funded. It also requires citizens' participation and government accountability. The regulation and enforcement of regulatory measures in this area should be more stringent.

Two days before Diwali, it was not government intervention but that of nature, which some much-needed rain, which slightly improved the air quality from severe to poor. However, Mother Nature cannot come to the rescue every time. We need to act, and act fast.

Opportunities are Increasing in the New Era of Banking



By: Vijay Garg

etting a job in a bank is like a dream come Itrue for any graduate. But if we talk about traditional banking sector, here competitive examinations prove to be a big challenge in the path of opportunity in this sector. While traditional banking is still the niche choice for the youth, there has also been an increase in the number of institutions baking on the technology platform and new banking niches like neobanks and digital banks. Among these, only graduates with understanding of banking can upscale. By doing this you can find opportunities for yourself. What is digital and neo banking Digital Banking: Ever since the emergence of financial technology companies, sensing the need of the times, traditional banking institutions also had to come to the digital platform of banking. In this way systems like net banking became popu-

added to it, which is called digital banking. Now digital banking includes both those types of banks, which are present online as a branch or are completely doing banking based on digital technology. Are. In this way, a digital banker becomes a part of the information and promotion campaign of his bank's financial products, creating new customers through mobile banking. Neo Banking: These are banks that do business entirely online and are known for specialized services like micro agriculture or international banking. More than 50 neo banks are operating in India. Like Razor pay Xer, Open, Insta Pay, Fee Money etc. Understanding of financial transactions is important Another finance and It is important to understand commerce, on the other hand nickels will also be required. These technical skills come in handy Related to Digital Banking: Knowledge of digital banking technologies like digital banking platforms, mobile banking applications, online banking systems and fintech solutions etc. will help. Programming and Development related: Digestive R to create data based applications. Strong knowledge of SQL etc. and skills in working on multiple cloud platforms to manage digital banking infrastructure. Also, the skills of online communication servicing, user expe-

prove to be additional essential qualifications for you. Data visualization and related technical skin related to cyber security in digital banking like co-blockchain, data privacy regulations, risk management etc. Where to learn: There are various platforms for this which will help you, like Udemy, Coursera, edX Google let what should be the roadmap Graduation in Finance, Economics, Computer Science or related field. banking data Do courses in analytics or fintech. In this way you will be equipped with the necessary techniques in digital banking. Intern at a digital banking platform. It would be better to go to a digital bank after working in a traditional bank. In this way your grip will increase. there is so much kind of work • Digital Banking Product Manager • Banking Analyst • Banking Text Digital Banking Marketeer Fraud & Risk Analyst • Marketing & Customer Care TA Scientist Machine Learning Engineer US & UI Designer online course • Digital Banking through SBI on Business Model S • Digital Banking 2023 Master Class and Introduction to Fintech Demi • Metals of Digital • Post Graduate Course in Retail Banking Main sources of course •BSE Institute Limited Global Academy of Learning "It doesn't matter whether you

are an MBA or a normal gradu-

lar. Automated processes were rience user interface, etc. will ate, but the more beneficial you prove to the bank by constantly upgrading yourself, the better it will be for your career. Opportunities will increase. Banks also offer courses It is visible that the axis Banks: Big banks like ICICI Bank of India can start banking by typing from a university. Getting it done. Since there are many types of work in the bank, like customer handling and loan section etc. then you can learn from these courses. You can specialize in any one of these areas. Global opportunities too Global banking is its own world. To get opportunities in this, it is necessary to have command over a foreign language. For example, those who know Arabic can get access to the language in foreign countries and in the banks of countries like France, German language, Germany and Austria. practical get information If you want to prepare yourself to work in a bank, then you should start from the lower level. Work at the stall in life as well. Here you will know how to do it and your hesitation will also be removed. You have been working in a call center for some time now where issues related to the banking sector are resolved.

> (Vijay Garg Retired Principal Educational **Columnist Malout)**

software.

Science Club, Utsaah organizes Public Lecture Series in JU



Top News Report

JAMMU, Nov 17: The Science Club, Utsaah organized a Public Lecture Series on Science & Innovation for Sustainable Solutions.

Today's lecture series intertwines the knowledge from history, power of data, the wonders of plants for health and the transformative potential of coding skills in entrepreneurial endeavours.

The program aimed to instill the culture of inventions and innovation for Sustainable Solutions for future in youth.

The highlight of the program was the talk by Padma Shri Prof. Dinesh Singh, Vice Chairperson of HEI, J&K UT and Former VC

He discussed and interacted with the students from various discipline about the inventions centuries ago like the accidental discovery of Penicillin.

Prof. Dinesh inspired students to be curious, use their own hands, and intellect. He gave examples how architect and construction uses Pythagoras theorem in daily basis which came from Shulva Sutra which was very well known in India from ancient times.

He mentioned interesting examples from history and it was great learning for the students and audience. He emphasized how from simple data great inferences and innovations can happen.

The event was presided by the Vice Chancellor, Prof. Umesh Rai and his visionary words

inspired the audience.

The guest speaker Dr Sangram K. Lenka, Associate Professor from Gujarat Biotechnology University delivered a lecture on "Sustainable Health Promoting Nutraceuticals from Plants".

He shared his practical research-based experience about various health promoting nutraceuticals produced using modern biotecnological tools such as synthetic biology and genome editing etc.

He engineered grape cell culture with anti-aging properties, anti-cancer tomatoes and how vanillin can stop the antibiotic resistance. The lecture created lot of curiosity and a follow up discussion during the interaction session from the enthusiastic audience and students of

Design Your Degree program. The young entrepreneur and CEO of Ezytech Products Sahei Pal Singh s/o Amandeep Singh is 12th class student of Maharishi Vidya Mandir, Sainik Colony Jammu shared his journey and how learning coding helped him to make software (Ezy Print Packing) that allows users for packing labels with no hazard of design or any other complication and sticker printing are very cost effective by rates. Many industries in J&K UT uses his

The welcome address was delivered by Prof. Satnam Kour, Chairperson, Utsaah, The clubs, University of Jammu. Among the eminent guests Prof. S. K. Pandey (Chemistry), Prof. K.S. Charak (Mathematics), Prof. Alka Sharma, (Director, SIIEDC), Prof. Anil Gupta (Director, SHTM), Dr Sadaf Shah (English), Dr Jatinder Manhas (Computer Science), Dr Garima Gupta (Media), Prof. Parmil Kumar (Head, Statistics), Prof. Ramesh (Statistics), Dr Rakesh Sharma (HoD, Fine Arts, IIMFA), Dr Pallavi Sahdeva (Lifelong Learning), Dr Sunil (Statistics), Dr Sandeep Arva (Physics), Dr Inder Jeet Singh (Geography) and other guests from civil society, media and students.

Program proceedings were conducted by Dr Divya. The program was very appreciated and well perceived by the students and audience. Dr Chinmoyee Maharana, Coordinator, Science Club organized the event.

NCWEB conducts brainstorming session with Jammu girls

Top News Report

JAMMU, Nov 17: Directorate of Distance & Online Education (DD&OE), University of Jammu, under its Non-Collegiate Women's Education Board (NCWEB), on Friday conducted Brain Storming Session with the girls of Jammu. The Session is third in the series.

Prof. Pankaj Srivastava, Director DD&OE and Chairperson, NCWEB, informed that the NCWEB is an unique initiative of the University of Jammu to start the various courses and programmes on broad themes like Financial literacy, Computer literacy, Housekeeping, Tailoring, Beauty and Well Being, Cooking, Baking, Yoga and Health Education, Value System and other need



building courses of varied duration to empower the women in the most inclusive manners

This programme will specifically focus on girls and working women who are unable to pursue college/ higher studies due to some unavoidable circumstances on regular basis. Through NCWEB, they shall be able to pursue courses on Prof. Pankaj Srivastava

campus on the weekends.

further apprised the participants about the various initiatives being undertaken by the DD&OE for lifelong learning and value addition

Dr. Anuradha Goswami Convenor for the Brain Storming Session III emphasis the various capacity building courses for the empowerment of the women. Other who facilitated the session, included Dr. Mamta Sharma, Dr. Pooja Sharma, Dr. Iftikhar Ahmed and Kishor Sharma

In severe winter season the frequency of fires in Jammu and Kashmir rises uncommonly due to excessive heating arrangements like hamams, Kerosene / LPG Bukharis, electric heaters/ blankets, wood and coal burning etc. improper use of kangris, candles, cigarettes etc. Every preventive measure needs to be taken to avoid fires in winter which leaves families homeless.

In order to minimize the losses due to fires, the following precautionary measures require to be taken by the General public during the winter:-

- Turn off when portable heaters when leaving the room or going to bed. Avoid use of multiple electric heating appliances in rooms to avoid overload

- short circuits.

 Avoid use of multiple extension cords for heating appliances.

 Install MCBs in electric panels to trip off the electric supply in case of overload.

 Make sure the heating appliances are away from sources of heat and water.

 Switch off the LPG cylinder and stove knob.

 Store the additional LPG Cylinders outside and away from your residential house.

 Repair/ replace the damaged wires, switches, knobs to avoid short circuits.

 Never leave a burning candle in the room.

 Do not store dry grass, charcoal and fire wood in your residential houses

 Do not through live cigarette butts.

DIP/J-11274/23

seemen (A IXI Alok Kumar–IPS (ADGP), Director, Fire & Emergency Services, J&K

NO: DF&ES/FP/2023/CC-7227841

Office of the Executive Engineer Jal Shakti Mech. Division North Jammu e-mail: xennorth@gmail.com

> NOTICE INVITING TENDER e-NIT No. 240 of 2023-24

Union Territory of Jammu & Kashmir

For and on behalf of Commissioner, Municipal Corporation, Jammu, Executive Engineer, Jal Shakti Mech. Division North Jammu, invites tenders by e-tendering mode from the reputed/registered firms/Sole Prop.

S. No.	Name of work	document/ tender fee (in Rs.)	money	of Rates	validity
1.	Repair / replacement of damaged components along with allied works to 250 KVA manually operated voltage stabilizer installed at Tube well Peerkho old.	200/-	Rs. 1700/- in the shape of CDR / FDR	180 days	180 days

Date of Publishing: 15-11-2023 02.00 pm

1. Bid documents can be seen at and downloaded from the website http://iktenders.aov.in from 15-11-2023 (02.00 pm).

- http://jktenders.gov.in from 15-11-2023 (02.00 pm) to 22-11-2023 (02.00 pm) 3. The complete bidding process will be online http://jktenders.gov.in
- 4. The Technical bids received shall be opened online on 23-11-2023 (02.00 pm) or any other
- 5. The Financial bid of the bidders shall be opened online after scrutinizing the technical bid in the office of the Executive Engineer Jal Shakti Mech. Division North Jammu in presence of the bidders who wish to attend. If the office happens to be closed on the date of opening of the bids as specified, the bids will be opened on the next working day at the same time and venue.
- 6. The bidder should make payment for cost of bidding document in shape of single window challan of JMC / online payment through the JMC website link http://www.jmcjammu.org/online- payment.html in the name of Executive Engineer, Jal Shakti Mech. Division North Jammu
- The original instruments in respect of cost of document, EMD in the shape of CDR/FDR and other relevant document of $L_{\rm 1}$ bidder will be required to be submitted to the Executive Engineer Jal Shakti Mech. Division North Jammu after opening of financial bids on line. No separate intimation about opening of financial bids will be sent by this office / by the tender opening authority. In case the original documents are not submitted by the L1 bidder opening of financial bid, the tender will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.
- The date and time of opening of financial bids will be notified on website http://jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address
- The original documents when submitted by L₁ bidder for the cost of tender documents, specified in the tender document should be same as uploaded on line (Scanned copies) otherwise allotment will not be issued, the tenders will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.
- 10. Bid security of successful tenderer will have to be in form of CDR/FDR of any scheduled bank and shall have to be valid for 180 days from last date of receipt of Bid. No exemption of any kind shall be
- 11. Only such firms should submit tender, who have requisite infrastructure and workshop facility for carrying out similar type of job which may be inspected by the competent authority before awarding the job contract so as to access the working capacity of the tenderer. The workmanship and material used should be of high quality and as per the specifications of the job order / tender.
- the date of opening of bids. If any bidder/tenderer withdraws his bid/tender before the said period or makes any modifications in the terms and conditions of the bid, the earnest money of the firm

12. The bid for the execution of work shall remain open for acceptance for a period of 180 days from

- 13. The tenderers are advised to visit the site of work / inspect the parts to be fabricated before uploading their tenders so as to acquaint themselves with exact measurement and site conditions.
- 14. Special conditions as per Finance Department order No. OM A/24 (2017)-651 dated 07-06-2018.
- Furnishing of hard copies of bids immediately after submission of e-tenders is dispensed with. The same should be obtained only from the bidder who is declared as L-1 after opening of financial bids. The cost of tenders should be collected by introducing e-challan or simply uploading a copy of
- necessary challan / receipt. Similarly, instead of insisting on actual call deposit receipt, a copy of same duly pledged to the concerned department should be uploaded by the tenderers. However, before allotting the
- work or issuing the supply order, the original CDR/FDR should be obtained and kept on record. 15. Other details, instructions and terms and conditions can be seen / downloaded from the bidding

JSMDNJ/4197-99

DIP/J-11215/23

Executive Engineer Jal Shakti Mech. Division North

Delhi University on "The World of Inventions & Innovations: Some Interesting Examples".

J&K UT senior men team



Top News Report

JAMMU, Nov 19: J&K UT senior men hockey team was flagged off by Rajinder Singh, former President Hockey India, along with other members of Hockey J&K to participate in 13th Hockey India Senior National Men Championship 2023 at Chennai, Tamil Nadu.

The Championship is scheduled to be held from November 17 to 28, 2023. JKUT Team is going to play their first match on November 20 with Manipur. Team is sponsored by J&K Sports Council.

Team: Jasprit Singh (captain), Shoib Mughal, Sukhchinder Singh. Vanshu Mangotra, Jaipal Singh, Mudasir Ahmed Akhoon, Ashraf Nazir, Rakshit Sharma, Jameel Ahmed, Jaswinder Singh, Nazarat Hussain, Sarabjot Singh, Raja fazal Abbas, Pragya Sharma, Rameshwar Singh, Vishu Sharma, Muneeb Farooq Bhat, and Sujal Mehra.

Joginder Singh (NIS **Hockey Coach Sports** Council) is accompanying team as Coach and R.P Sarna as Manager.

BJP State Executive Member pays obeisance at Tirupati temple, participates in Abhishek ceremony

Top News Report

JAMMU, Nov 17: Som Nath Khajuria, BJP State Executive Member JK UT paid obeisance at Tirupati Balaji Temple Jammu and participated in the special Abhishek of Tirupati.

He prayed for the welfare of the country. Every Friday the ceremony of Abhishek of Lord Venkateshwar is performed.

Som Nath Khajuria expressed happiness over the temple said that it is a feeling of pleasure and proud that the Tirupati Balaji temple is established here for the people of Jammu. With this temple we are able to witness the culture of south India and this feeling is heavenly.

He appealed people to visit the temple and pay

obesicance here. He said that is ready for any kind of help to



the temple and devo-

He said the temple is beautifully made in the Majeen area. He said the dedication of Lord Venkateswara temple would give a boost to spiritual tourism and a major fillip to the economic development and employment opportunities in the Union Terri-

On this occasion, Subramanvam the Superintendent of temple also appealed transport commissioner to start the bus service for the temple so that devotees can come easily to the temple.

He also emphasize to start the Bharat darshan bus service here so that tourists also came to know about the temple. Other dignitaries

present on the occasion were Sai Krishna, Temple Inspector, Subramanyam, Superintendent Raviteja, Pradhana Pandit, Amit Shukla, Veda Pandit.

'Water accumulated to hardship of people of Laxmipuram Sector B-2, in Ward 62'

Top News Report

JAMMU, Nov 17: Kuldeep Kumar Rao, State Organization Building & Manifesto drafting Committee Member AAP-J&K-UT, Jammu, in a press statement issued here said that the lot of water has got blocked in way between the Chowk near the residence of Om Parkash Kotwal & Modern Secular Institute of Education Laxmipuram Sector-B-2, in JMC, ward No.62, as a result the public of the area is facing lot of inconvenience.

It is therefore once again requested to the Lt. Governor



of J&K UT, Manoj Sinha to kindly direct the concerned to visit on spot: asses the position and take immediate remedial steps at the earliest without any further delay, so that problems of the inhabitants of the area are ventilated.

The public also demanded the lanes & drains from the Chowk near the Residence of Om Parkash Kotwal & Modern Secular Institute of Education Laxmipuram Sector-B-2 to Ashram.

The Department of R&B have constructed Drains from Modern Secular Institute of education Laxmipuram, without proper planning & left the work halfway for the reason not known.

NDA Chairman expresses grief over loss of lives in Thanamandi accident

Top News Report

JAMMU, Nov 17: Sushil Singh Charak, Chairman Nations Development Association (NDA) and Managing Director

SVI today expressed grief over the loss of lives in an accident in Thanamandi. Rajouri in which 2 people died and 6 were injured after their sumo vehicle fell

Shree Vaishno Institute

into a Thanamandi area of Rajouri District.

Sushil Singh Charak prayed for peace to the departed souls and fortitude to the bereaved families. He also prayed

for speedy recovery of the injured.

Charak said that the frequency of accidents in the region has seen extraordinary spurt therefore the Lieutenant Governor Manoi

Sinha should activate mechanisms to put an end to such fatal incidents as human lives are precious and shouldn't be allowed to perish in this manner.

It was Malaika Arora, not Deepika, I discovered first, says Farah Khan, reveals how Shah Rukh took good care of her during 'Chaiyya chaiyya' shoot on train

Tagging her as her 'first child', filmmaker-choreographer Farah Khan says she discovered Malaika Arora first and then Deepika Padukone.

Speaking about her own experience of shooting on a moving train for the song 'Chaiyya chaiyya', 'Jhalak Dikhla Jaa', judge Malaika said: "I remember how challenging it is to dance on a moving train; we were all scared, so obviously, the attempt you made here on this moving platform must have been difficult for you too. It was a very good element that you brought in."

The anecdotes were shared on the celebrity dance show, where contestants attempted to try something new in the 'Pehli Baar' challenge, in the coming episode. Sangeeta Phogat, known for her accomplishments in the wrestling arena, leaves a lasting impression with her act on the Bollywood track 'Chaiyya Chaiyya' with choreographer Bharat Ghare.

Farah Khan, who had originally choreographed the song,



reveals how she discovered the dazzling Malaika.

She said, "Everyone says I discovered Deepika, but I discovered Malaika first. She is my first child. Two days before the shoot

of the song, I called Malaika to do this song. Before her, we had approached six-seven heroines but, nothing worked out.

"We were in a fix about whom to choose for this song. That's

when Mickey Contractor told me that Malaika is a very good dancer. I said, 'Malaika is a model', and I wondered how she would do this Indian dance in a ghagra-choli. So, I called her to Ooty two days before, and we rehearsed at night, and we shot during the day."

Malaika was trembling as she climbed onto the train for the dance number.

"We just made her climb the train. She was trembling; literally, there was no safety, nothing. She had no makeup on, just kajal and a tattoo that Geeta made on her arms. And of course, Shah Rukh was there with her."

Farah revealed that Shah Rukh Khan took good care of Malaika.

"More than me, I think Shah Rukh took great care of her. Everyone used to ask us about safety precautions, and the only precaution I took was to take extra dancers. Laughs!"

The show airs on Sony Entertainment Television.

Now, deepfake video showing actress Kajol changing her outfit on camera goes viral

Earlier Rashmika Mandanna and Katrina Kaif's morphed clips had gone viral



After Rashmika Mandanna and Katrina Kaif's videos, a new deepfake clip showing actress Kajol changing her outfit on camera has gone viral on social media.

Deepfake AI is a type of artificial intelligence used to create convincing images, audio and video hoaxes. In the clip, the woman with Kajol's face morphed on

her body is seen changing clothes on camera.

The influencer, identified as Rosie Breen, originally posted the video on TikTok on June 5, as part of the 'Get Ready With Me' (GRWM) trend.

But in the morphed video, Breen's face have been placed with that of Kajol. However, as per several fact-

checking platforms like BoomLive, the video is actually of an English social media influencer, who originally posted the clip on TikTok as part of the 'Get Ready With Me' trend.

The deepfake video surfaced a few days back.

Meanwhile, the Delhi Police have questioned a 19-year-old youth from Bihar in connection with a deepfake video of actor Rashmika Mandanna that was widely circulated on social media recently.

The police suspect that the youth had first uploaded the video on his social media platform and later shared it widely on other platforms.

Mouni Roy calls every step of her journey to stardom 'a learning experience'

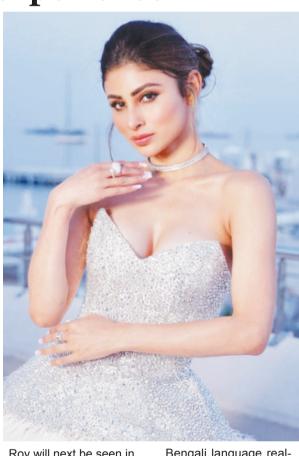
Actress Mouni Roy has carved quite a niche in the world of entertainment.

From humble beginnings to rising on her own merit to being praised for her performance in Sultan of Delhi, Mouni has called every single step of her journey to stardom a learning experience.

Reflecting on her journey to getting where she is now, the actress said: "Every step of this journey has been a learning experience, full of love and support. I am overwhelmed by the affection and am deeply grateful. Here's to continuing this beautiful journey together!"

Essaying the role of Nayantara Gangopadhyay, the actress has received a lot of praise for her performance in the crime-thriller series, despite the show itself not being too well received.

On the screen, Mouni



Roy will next be seen in The Virgin Tree, which is currently under production. Apart from that, she is also a judge in the Bengali language reality show Dance Bangla Dance 12, and the host of the reality-TV show Temptation Island India.

Somy Ali calls Salman Khan 'coward, sadistic, narcissistic abuser of women', 'I detest him'

Former actress Somy Ali has spoken about her equation with ex-beau Salman Khan and called him a "coward, sadist and a narcissistic abuser of women." She has also spoke about the superstar's involvement in banning her show 'Fight Or Flight'.

"(Salman Khan's) first girlfriend was a young lady named Shaheen, then came Sangeeta Bijlani, and I was his third girlfriend. We never got married as the closest he got to marriage was with Sangeeta given their wedding cards had already been printed when I entered his life, but that relationship broke up because of me and I am not proud of that fact."

"But as karma has it, the same happened to me with his countless affairs and I also suffered unimaginable abuse at the hands of Salman, physical, verbal and sexual," she said in statement.

She claims that Salman has a "knack for changing girlfriends."

"I can say that Salman has a knack for changing girlfriends every seven years, but if I am not mistaken and you would know this as a reporter better than me, he has been quite consistent with Iulia Vântur. If there's any truth to that, I genu-



inely wish them both all the best"

Somy and Salman are not on talking terms.

"We do not speak because I absolutely detest him as a human being. He's a cowardly man who hides what he truly is, which is a sadistic and narcissistic abuser of women. He treated me worse than a dog in front of his family, friends and even his house help which is why they all disrespected me and treated me poorly including his bodyguard, Shera."

"Salman has mental health issues and he believes himself to be God. His fans are illiterate masses who have no idea how much he has abused all

his girlfriends and recently he sent his PR Team to the Discovery + office in Mumbai and had my docu-series on my NGO banned all over India."

"He did this solely because in the second episode without even taking his name I talk about being abused by an actor in India and he didn't want his reputation to be tarnished. Let's not forget that aside from Ms. Rai (Aishwarya Rai Bachchan) and myself no one has had the guts to stand up to this man who wears many masks."

"After banning my show he had an attorney send me a threatening email to sue me if I wouldn't shut up about who Salman truly is. He still sends

his PR Team to various offices to stop an interview I did about his abusive nature. Why would someone keep trying to shut things up if they weren't guilty? But it's me who has to bear the brunt of speaking my truth and being called names that I can't mention in an interview," she shared.

Somy reveals being repeatedly blamed for saying these things to gain publicity.

"Why would someone who has received immense press in the US and is a recipient of two Presidential awards from President Obama and President George H.W. Walker Bush talk about a two-bit unknown actor in the US and who himself is an illiterate oblivious fool like his fans? He's a cowardly thug and a street bhai in the real sense of using an attorney to scare me and shut me up."

"Too bad it didn't and will never work. I always spoke about him abusing me when I was in a relationship with him and spoke with all the tabloids and I would be abused for doing that back then in the 90s as well. Hence, I was quiet until he poked the lion by banning my show," she said, sounding upset.

Mariah Carey talks about her favourite Christmas songs, movies

Mariah Carey says she cooks Italian food for Christmas

American singer, songwriter, record producer, and actor Mariah Carey has spoken about all the Christmas things she's "obsessed" with.

She recently appeared on 'The Jennifer Hudson Show' and talked about her favourite Christmas movies and songs- outside of her own hits 'All I Want For Christmas Is You' and 'Oh Santa!', reported 'People' magazine.

"My favourite all-time Christmas song is Nat King Cole's version of [The] Christmas Song -- that's my favourite," Carey, 54, told host Jennifer Hudson who noted, "That was my grandmother's favourite." She added that she doesn't "let anybody listen to anything but Christmas music" when she celebrates the holiday -- and even the "movies have to be Christmasrelated." "Do you have a favourite Christmas movie?" Hudson asked. "Well, I enjoy 'Elf'. "I

have to say that," Carey admitted. "Then there's the original 'Miracle on 34th Street', which I like." It's an older one, but it has something special about it." Hudson noted that her own favourite is 'Home Alone'. "Yes, everybody loves Home Alone!" Carey said.

However, the 'Emotions' singer's Christmas spirit extends beyond music and films. Carey also stated that she enjoys making her home feel festive, which includes having many Christmas trees throughout her home.

"In the main part of the house, there will be a nice, tall Christmas tree with gold and silver -- not actual gold," Carey explained. "Then I have a smaller multi-



colored-lights tree, like the Charlie Brown tree, with some ornaments that my fans made for me and different stuff like that."

She and her family also shoot "little pictures" in the form of Polaroids and "put them on the tree" -- and she even cooks for the holidays, despite the fact that "nobody believes me." "I cook Italian food on the 23rd, because my father had a recipe for linguine with white clam sauce that he left for me before he passed away. It's very good," said the five-time Grammy winner.

"I make that and some other things." "I do a traditional Christmas dinner, and I help. I'm not there doing everything alone. I'm not gonna say that. But I do add a little bit of seasoning," Carey added, reported People.

Border was the first film I saw in theatre with my father, says Mrunal Thakur



Mrunal Thakur fondly recalled her first cinematic experience with JP Dutta's iconic film Border, which left an indelible mark on her. Since then, she has

been captivated by the

lives of army personnel and their stories of valour.

"Border was a film that left an everlasting impression on me, and it ignited my interest in the lives of our brave soldiers. Working on Pippa allowed me to revisit that same world and feel a deep connection to the sacrifices made by our armed forces.

"It was the first film I

watched in the theatres

with my father and was

deeply inspired to be

part of a film that dis-

plays the valour and strength of the armed forces," shared Mrunal, reflecting on her emotional journey during the filming process of Pippa. In Pippa, Mrunal steps into the shoes of an intelligence officer appointed by RAW, a role that showcases her acting prowess. She portrays the on-screen sister to the talented actors Ishaan Khatter and Priyanshu Painyuli, bringing forth a compelling dynamic to the narrative. The film, based on the book The Burning Chaffees, revolves

around the heroic

exploits of Brigadier

Balram.

PM Modi raises 'deepfake' issue, says media must educate people

Flagging the misuse of AI for creating 'deepfakes', he says media must educate people about this crisis in making

NEW DELHI, Nov 17 (Agencies): Prime Minister Narendra Modi on Friday highlighted the threats of deep fakes in newage digital media content and said that it was important to understand how Artificial Intelligence (AI) works since they could be used to purposefully spread false information or have malicious intent behind their use.

Addressing the gathering at the Diwali Milan program at the BJP Headquarters on Friday, Prime Minister Modi spoke to the journalists about the dangers of deep fakes in digital media.

The prime minister urged the media persons to educate the people about the negative effects of using artificial intelligence to spread harmful content such as misrepresentation of individuals in deep fakes.

"I recently saw a video in which I was seen singing a Garba song. There are many other such videos online," said PM Modi adding that the looming threat of Deepfake has become a great concern and can create



in jail.

a lot of problems for all of us. Deepfakes are used to purposefully spread false information or they may have a malicious intent behind their use. They can be designed to harass, intimidate, demean and undermine people. Deepfakes can also create misinformation and confusion about important

The Centre has said that creation and circulation of deepfakes carry strong penalty - Rs port and that the idea of a fully developed India was not just mere words but had touched ground reality. The PM further said that local

paign has found people's sup-

businesses had blossomed under the vocal for local campaigns and stated that we all must prioritise our local prod-

"We now have a strong position on a global level, the world now acknowledges our achievements," added the prime min-

Prime Minister Narendra Modi along with the BJP leadership arrived for the 'Diwali Milan' program at the Bharatiya Janata Party (BJP) central office in the national capital. Home Minister Amit Shah and BJP national president JP Nadda have also arrived at the event that has been organised by the ruling

Additionally, journalists from the Indian media were invited by BJP party chief JP Nadda to attend the programme.

New challenges arising from Israel-Hamas conflict, **PM warns Global South**

NEW DELHI, Nov 17 (Agencies): New challenges are arising from the situation in West Asia, cautioned Prime Minister Narendra Modi while inaugurating the virtual Second Global South Summit here on Friday.

"For global prosperity what we need is 'Sabka Saath Sabka Vishwas'. But we see new challenges arising in West Asia. India had condemned the heinous attacks on Israel on October 7. We have stressed dialogue and diplomacy along with restraint. We have strongly condemned the killings of civilians in the Hamas-Israel conflict. After speaking to Palestine Authority Chairman Mahmoud Abbas, we sent humanitarian aid for the people of Palestine," said PM Modi in his first public remarks on the recent West Asia conflict.

This is the time, he counselled, when the Global South must in

Dharavi project rules changed to benefit

one voice speak for greater global good. In order to achieve the objective of 'One earth, one family, one future', he suggested 5 Cs -Consultation, Cooperation, Communication, Creativity and Capacitybuilding.

PMThe announced the inauguration on Friday of a Global South Centre for Excellence to promote development and knowledge sharing initiatives among developing countries. The PM recalled that he had made an announcement to this effect at the first virtual Voice of the Global South summit hosted by India.

India was also working on the proposal announced at the G20 summit to make available weather and climate monitoring to developing countries.

"After India took over the G20 Chair, we mentioned at the first Voice of the Global South India wanted to make it inclusive and humancentric, said the PM, while recounting the pro-global South initiatives taken at the New Delhi summit in September - permanent membership for the African Union, unanimity on major reforms in multilateral banks to provide sustainable finance to developing countries, a fresh action plan to reinvigorate the push towards achieving sustainable development goals (SDGs) and "unprecedented seriousness" on climate finance.

Summit in January that

The PM also exhorted developing countries to join the Global fuel alliance and reiterated India's plan to hold an Artificial Intelligence Global Partnership Summit next month. India will also share its capabilities in digital public infrastructure with the entire Global South, he added.

Inspired me: As MP votes, PM sends strong message to tribal Shahdol

NEW DELHI, Nov 17 (Agencies): Prime Minister Narendra Modi on Friday sent a strong signal of solidarity to Madhya Pradesh as the state voted in single phase elections.

"Shahdol in Madhya Pradesh inspired me," the PM said at BJP's Diwali Milan event in the national capital citing two instances that demonstrated hyper local capacities of the country to become a developed nation by 2047.

In the first instance, he heaped praises on MP's tribal Shahdol where a large number of people play football.

"I was told Shahdol is mini Brazil...every alley has a football club. There are families with



four generations consisting of national level football players. Even Brazil would not have this capacity. It's this that gives me the confidence that India can become a developed nation soon.'

In the second instance, the PM mentioned the women associated with Shahdol self-help groups with more than Rs 1 lakh earnings. "When I asked a lady

bought a scooty for her husband who used to travel by a cycle. She later even took a bank loan to buy a tractor. This inspired me to decide that our government will work to make two crore Indian women associated with SHHs lakh pati didis," the PM said sending a signal of solidarity with the voters,

what she did with the

money, she said she

Adani: Congress NEW DELHI, Nov 17 (Agencies): The Congress on Friday alleged that the Maha-

1 lakh in fine and three years

Misrepresentation of indi-

viduals in Deepfakes has led

to the generation of blackmail

materials to falsely incriminate

people. As these videos and

audio recordings can be difficult

to verify, the negative impact

on reputation can be difficult to

recover from, even when veri-

The Prime Minister further said

that the 'Vocal for local' cam-

fied as a Deepfake.

rashtra Urban Development department had changed a rule in the Dharavi Redevelopment Project to benefit the Adani Group.

"Is there any sector of the economy that is not being converted into a Modi-made Monopoly (3M) for his friends?," the party asked in a statement.

Wondering what is the nature of "this strong electoral bond between the BJP and Adani", the Congress reiterated its demand of setting up of a joint parliamentary committee (JPC) to probe the Adani Group's activities.

Congress general secretary in-charge of



communications Jairam Ramesh said he had earlier asked Prime Minister Narendra Modi questions about how the Adani Group was allowed to bag the Dharavi Redevelopment Project in Mumbai in 2022 with a bid of Rs 5,069 crore, lower by

Rs 2,131 crore than the original winning bid in 2018.

"And this was after the original winning bidder was excluded," Ramesh

"It is now reported that the Maharashtra Urban Development department - which had

originally expressed its reservations about relaxing the rules has been compelled to issue a notification that removes the provision of indexation in Dharavi's real estate Transferable Development Rights (TDR) and made it mandatory for all Mumbai builders to buy the first 40 per cent of their TDRs from Adani," Ramesh said.

"This has the effect of greatly increasing the value of TDRs accruing to Adani - and Adani alone - from the Dharavi project," Ramesh added.

Ramesh said TDR is a transferable credit that allows builders who agree to give up their rights to build in sensitive areas - for reasons related to the environment, historical or cultural significance or similar reason - to be compensated with extra construction rights in other approved areas.

The decision to remove indexation means that TDRs generated in lowcost areas like Dharavi can be used to develop expensive real estate in premium locations such as Bandra, south Mumbai and Juhu, Ramesh said.

The Congress leader said that the policy changes are expected to further push up prices in Mumbai's already expensive housing market.

"This one policy change that benefits only Adani is yet another 'revdi' offered to the Prime Minister's most favoured business group," Ramesh said.

Three killed, one injured in road accident in **Odisha's Angul**

especially tribals.

BHUBANESWAR, Nov 17 (Agencies): Three persons were killed and another injured when a speeding truck hit them in Odisha's Angul district, police said on Friday.

The accident took place at Baragapali near Kishor Nagar on Thursday night when the victims were standing on the road as their

bus (in which they were travelling) developed a flat tyre.

The speeding truck rammed into them and left the spot, a police officer said.

The deceased were identified as Nayan Kumar Nayak, Ghanasvam Barik of Jharsuguda district, and Anand Nayak from Sundergarh district.

While two passengers succumbed to injuries at Rairakhol Hospital, another died while undergoing treatment at Kishorenagar Hospital.

The condition of the other passenger, Trilochan Nayak, is stated to be critical.

The Kishor Nagar police started an investigation into the incident. After conducting post-



family members, the

Fire erupts in Mumbai high-rise; several stranded residents rescued

MUMBAI, Nov 17 (Agencies): A fire erupted on the eighth and the 12th floor of a residential building in the Grant Road area of south Mumbai on Friday morning, and no casualties were reported, an official said.

The fire brigade rescued several residents stranded on the 15th, 21st and 22nd floors of the building and shifted them safely to the terrace through the staircase, he said.

The blaze broke out around 9.30 am on the 8th and 12th floor of Dhavalgiri Building on August Kranti Road, the official said.

No casualties were reported in the incident, and the cause and origin of the fire on both the floors is yet to be ascertained, the official said. According to the fire brigade, the level 2 fire was confined to electrical wiring and installations, furniture, doors, and household articles of apartments on the 8th and 12th floors.

The fire brigade rescued residents who were stranded on different floors of the building, including eight persons from the 15th floor, the official said, adding that the firefighting operations are underway.

Eight killed as pick-up vehicle falls into gorge near Nainital

NAINITAL, Nov 17 (Agencies): A pick-up vehicle fell into a gorge on the Chedakhan-Midar motor road in Uttarakhand's Nainital district early Friday, leaving eight people dead, police said.

The accident occurred at around 8 am when the vehicle was going from Patlot to Amjad village, Nainital Senior Superintendent of Police Prahlad Narayan Meena said.

The vehicle fell into the gorge while trying to save a motorcycle coming from the oppo-



site direction, he said. While six people were killed on the spot, two

died at a hospital. A couple and their son were also among those who died in the acci-

dent, the SSP said. Chief Minister Pushkar Singh Dhami condoled the loss of lives in the accident and prayed for the speedy recovery of the injured

Three persons injured in the accident have been admitted to the Community Health Centre, Okhalkanda, the SSP said.

mortems, the bodies will be handed over to their police officer said. Madhya Pradesh polls: Congress candidate's aide killed in

Chhatarpur district; sporadic clashes reported

BHOPAL. Nov 17 (Agencies): An aide of a Congress candidate was killed after two groups fought in the Rajnagar constituency of Madhya Pradesh and a few clashes were reported in other parts of the state, where assembly elections are being held on Friday, officials said.

Five persons were injured in a skirmish between two groups in the Mhow area of Indore district, while two men were wounded in a clash in Morena district's Dimani constituency, where Union minister Narendra Singh Tomar is contesting, they said.

According to Chhatarpur Superintendent of Police Amit Sanghi, supporters of two political leaders faced off in the Rajnagar constituency in the early hours of Friday which resulted in the death of one

Salman The Congress candidate for the seat, Vikram Singh, alias Nati Raja, has alleged that Salman used to drive him around.

However, BJP nominee Arvind Pateria dubbed the incident a conspiracy and sought a judicial probe into it.

To ensure the peaceful conduct of polls in the sensitive Sumawali assembly constituency of Morena district, the police asked BJP candidate Andal Singh Kansana, Congress nominee Ajab Singh Kushwaha and BSP's Kuldeep Singh Sikarwar to sit in one place.

Morena Superintendent of

Police Shailendra Singh said. "The trio was called for a meeting the previous day where they agreed upon coming to the police line. This has been an old practice," he added.

Morena is a part of the Chambal region that was once infamous for producing dreaded dacoits.

Earlier, SP Singh had said that a clash between two groups was reported from Mirdhan village over attempts to stop voters from casting their ballots in Dimni constituency in which two persons were injured.

He said some channels ran inaccurate reports claiming that there was firing and subsequent bullet injuries in the village.

"Two persons, identified as Ajay Sharma and Rampratap Sharma, were injured by sticks in the fight. The news of bullet injuries is wrong," he said, adding that additional police personnel have been deployed in the area.

Meanwhile, five men were injured in a fight between two groups of political parties at Manglia village of Mhow tehsil on Friday morning, Sub Divisional Officer of Police Dilip Chowdhary told agency.

In the Jhabua constituency, Congress candidate Dr Vikrant Bhuria's security guard was injured after stones were pelted at them around Thursday midnight.

Thousands of bodies lie buried in rubble in Gaza; Families dig to retrieve them, often by hand

Officials in Gaza say they don't have the equipment, manpower or fuel to search properly for the living, let alone the dead

DEIR AL-BALAH (GAZA STRIP), Nov 17 (Agencies): The wreckage goes on for block after devastated block. The smell is sickening. Every day, hundreds of people claw through tons of rubble with shovels and iron bars and their bare hands.

They are looking for the bodies of their children. Their parents. Their neighbours. All of them killed in Israeli missile strikes. The corpses are there, somewhere in the endless acres of destruction.

More than five weeks into Israel's war against Hamas, some streets are now more like graveyards. Officials in Gaza say they don't have the equipment, manpower or fuel to search properly for the living, let alone the dead.

Hamas, the militant group behind the deadly Oct. 7 attack that killed about 1,200 people in Israel, has many of its bases within Gaza's crowded neighbourhoods. Israel is targeting those strongholds.

But the victims are often everyday Palestinians, many of whom have yet to be found.

Omar al-Darawi and his neighbours have spent weeks searching the ruins of a pair of fourstory houses in central Gaza. Forty-five people lived in the homes; 32 were killed. In the first days after the attack, 27 bodies were recovered.

The five still missing were al-Darawi's cousins.

They include Amani, a 37-yearold stay-at-home mom who died with her husband and their four children. There's Aliaa, 28, who was taking care of her aging parents. There's another Amani, who died with her 14-year-old daughter. Her husband and their five sons survived.

"The situation has become worse every day," said the



23-year-old, who was once a college journalism student. The smell has become unbearable.

"We can't stop," he said. "We just want to find and bury them" before their bodies are lost in the rubble forever.

The Health Ministry in Hamasrun Gaza says the attacks have killed more than 11,200 people, two-thirds of them women and children. The U.N. humanitarian affairs office estimates that about 2,700 people, including 1,500 children, are missing and believed buried in the ruins.

The missing have added layers of pain to Gaza's families, who are overwhelmingly Muslim. Islam calls for the dead to be buried quickly — within 24 hours if possible — with the shrouded bodies turned to face the holy city of Mecca. Traditionally, the body is washed by family members with soap and scented water, and prayers for forgive-

ness are said at the gravesite.
The search is particularly difficult in northern Gaza, including Gaza City, where Israeli ground forces are battling Hamas militants. Hundreds of thousands of people have fled southward, terrified by the combat and pushed by Israeli warnings to evacuate.

But even in the south, continued Israeli airstrikes and shell-

ing mean nowhere is safe in the

tiny territory.

The Palestinian Civil Defence department, Gaza's primary search-and-rescue force, has had more than two dozen workers killed and over 100 injured since the war began, said Mahmoud Bassal, the department spokesman.

More than half of its vehicles are now either without fuel or have been damaged by strikes, he said.

In central Gaza, outside the northern combat zone, the area's civil defence director has no working heavy equipment at all, including bulldozers and cranes

"We actually don't have fuel to keep the sole bulldozer we have operating," said Rami Ali al-Aidei.

At least five large bulldozers are needed just to search a series of collapsed high-rise buildings in the coastal town of Deir al-Balah, he said.

This means that bodies, and the desperate people searching

for them, are not the focus.
"We're prioritizing areas where we think we will find survivors,"

said Bassal.

As a result, the search for bodies often falls to relatives, or to volunteers like Bilal Abu Sama, a former freelance journalist

He ticks off a handful of Deir al-Balah's victims: 10 corpses still lost in what is left of the al-Salam Mosque; two dozen bodies missing in a destroyed home; 10 missing in another mosque attack.

"Will those bodies remain under the rubble until the war ends? OK, when will the war end?" said Abu Sama, 30, describing how families dig through the wreckage without any tools. "The bodies will be decomposed. Many of them have already decomposed."

On Tuesday, 28 days after an airstrike flattened his home, Izzel-Din al-Moghari found his cousin's body.

Twenty-four people from his extended family lived in the home, in the Bureij refugee camp. All but three were killed. Eight are still missing.

A civil defence bulldozer came three days after the strike to clear the road, then left quickly for another collapsed building. The bulldozer came again Tuesday and helped find al-Moghari's cousin.

After finding his cousin, al-Moghari went back into the wreckage in search of his father and other relatives.

"I am stunned," he said. "What we lived through is indescrib-

Gaza has become a place where many families are denied even the comfort of a funeral.

Al-Darawi, the man searching for his cousins, understands that.

"Those who found their dead are lucky," he said.

Blinken asks China to expect candid talk after Biden calls Xi 'dictator'



SAN FRANCISCO, Nov 17 (Agencies): Secretary of State Antony Blinken has said the US will continue to say things that China doesn't like, as he defended President Joe Biden's remarks in which he called his Chinese counterpart Xi Jinping a "dictator".

Biden called Xi, 70, a "dictator", just hours after they met for the first time in more than a year and held candid and productive discussions to revive bilateral ties on the sidelines of the Asia-Pacific Economic Cooperation summit in San Francisco.

When pressed on whether Biden's com-

ments were the position of the US government, Blinken responded that the president "speaks for all of us", CBS News

reported.
"Well, it's not exactly a secret that we have two very different systems," the channel quoted Blinken as saying.

"And the president always speaks candidly, and he speaks for all of us."

"We will continue to say things and continue to do things that China doesn't like, just as I assume that they will continue to do and say things that we don't like," Blinken said.

China has raised objections to such a remark by Biden, 80, in

the past

In an interview with NBC News, Blinken said: "It's no surprise that and I don't think it will be news to anyone - that we have very different systems. And the President always speaks candidly and he speaks for us. But what's important is what we were able to achieve with yesterday's meeting." The top American diplomat made a similar comment when asked about it in an interview with ABC News.

"President Biden always speaks candidly and he speaks for all of us. But the point you made a moment ago is this summit yesterday, this meeting yesterday, produced real, concrete results for the American people. We have a couple of obligations in this relationship with China, the most consequential of any relationship that we have. We've got a real competition. We want to make sure it doesn't veer into conflict," Blinken said.

Israeli Army Recovers Remains Of Women Soldier Held Hostage By Hamas

JERUSALEM, Nov 17 (Agencies): Israel's army said Friday it had recovered the remains of a woman soldier held hostage by Hamas operatives, whose death the military had announced earlier in the week.

"The body of the soldier Noa Marciano... has been extracted" by fellow troops "from a structure adjacent to Al-Shifa hospital" in the Gaza Strip, an army statement said, after confirming earlier in the week the death of Marcia-



no, 19, who Hamas operatives said had been killed in an Israeli bombardment.

Israeli troops intensify searches at Gaza's main hospital amid communications blackout

JERUSALEM, Nov 17 (Agencies): Israeli troops carried out building-by-building searches at Gaza's main hospital, as a new communications blackout in the territory on Friday compounded fears for Palestinian civilians trapped inside the facility.

Al-Shifa hospital has become a focal point for Israeli operations in northern Gaza since soldiers raided the complex, hunting for a command centre they say militant group Hamas operates there.

Hamas and hospital managers deny that charge, and there has been international concern about several thousand people -including wounded patients and premature babies -- believed to be trapped inside. Israel has vowed to eradicate Hamas in response to the group's October 7 attack, which killed 1,200 people, most of them civilians, and saw about 240 taken hostage, according to Israeli officials. Israel's air bombardment and ground operation has killed 11,500 people, including thousands of children, according to Hamas-run local authorities in Gaza. Israeli authorities have defended their operation, and the military said it found rifles, ammunition, explosives and the entrance to a tunnel shaft at Al-Shifa.

Israeli Prime Minister Benjamin Netanyahu alleged hostages may even have been held at the medical facility. "We had strong indications that they were held in the Shifa Hospital, which is one of the reasons we entered the hospital," he told CBS Evening News.

"If they were [there], they were

taken out," he said. Allegations about the hospital have not been verified, and on Friday communications with the Gaza Strip were severed once again. Network provider Paltel group said all telecommunications were down because "all energy sources sustaining the network have been depleted, and fuel was not allowed in." The UN warned that the blackout would compound the misery of civilians, complicating efforts to distribute aid and possibly triggering looting of its supplies. "When you have a blackout and you cannot communicate with anyone anymore... that triggers and fuels, even more, the anxiety and the panic," said Philippe Lazzarini, head of the UN Agency for Palestinian Refugees UNRWA.

Israel said its forces were searching Al-Shifa "one building at a time," and announced the discovery of the body of a woman hostage at a building nearby.

"Yehudit (Weiss) was murdered by the terrorists in the Gaza Strip and we didn't manage to reach her in time," spokesman Daniel Hagari told a televised briefing.

The 65-year-old was kidnapped from her home in the border kibbutz community of Beeri, one of the areas worst hit by the brutal Hamas assault. Her husband was killed in the attack, a hostage support group said, but four of her five children at the kibbutz at the time survived. Jews and Arabs came together for the funeral of another casualty of the Beeri attack -peace activist Vivian Silver, who was hailed as an "extraordinary woman". There has been little news on the fate of the hostages, Israelis and foreigners, some of them just infants, despite ongoing negotiations for the release of some in exchange for a pause in fighting. Qatar, where Hamas has political offices, and Egypt have been mediating negotiations, which Egypt's foreign minister described as "very delicate."

"We are hopeful that our efforts and the efforts of others will bring about the speedy release," Sameh Shoukry said. On the ground, conditions are rapidly deteriorating for Palestinian civilians, UN agencies have warned. Over 1.5 million people have been internally displaced, and Israel's blockade of the territory means "civilians are facing the immediate possibility of starvation," World Food Programme executive director Cindy McCain said. Food and water have become "practically non-existent," the agency added, with Lazzarini describing a "deliberate attempt to

strangle our operation".

He described children sheltering at a UN school "pleading for a sip

of water, or for a loaf of bread". Israel's ground operation has so far focused on the north of the Gaza Strip, though aerial bombardment and civilian deaths have continued in the south as well.

So far this week it has announced the seizure of the parliament building, government offices, Hamas police headquarters and a key port. It says 51 of its troops have been killed in the fighting.

Hospitals have become a particular target, with Israel saying it has found tunnels or military equipment at the Al-Shifa, Rantisi and Al-Quds facilities. Palestinian health officials said that the Al-Ahli hospital was under attack, with the Palestinian Red Crescent saying casualties in the courtyard could not be reached by medical staff because of explosions and gunfire.

Washington has backed Israel's allegations that Hamas is using hospitals as command centres while urging operations to be "incredibly careful". More than half of Gaza's hospitals are no longer functional, due to either combat, damage, or shortages, and Israel's raid on Al-Shifa left extensive damage to the radiology, burns and dialysis unit, the Hamas-run health ministry said.

With international concern about

the conflict growing, the UN Security Council on Wednesday passed a resolution urging "urgent and extended humanitarian pauses" in fighting. But the resolution -passed with abstentions from the United States, Britain and Russia -- was rejected by Israel as "disconnected from reality." Alongside the conflict in Gaza, there is growing concern about violence in the West Bank, where violence by Israeli settlers against Palestinians has surged. In an attack claimed by Hamas, three gunmen killed an Israeli soldier and wounded five others at a checkpoint leading into Jerusalem from the West Bank.

US Secretary of State Antony Blinken urged Israel to take "urgent" action to "de-escalate tensions in the West Bank, including by confronting rising levels of settler extremist violence," the State Department said.

Amid Opposing Views On Israel-Hamas War, Germany And Turkey Leaders Meet

Tayyip Erdogan's first visit to Germany since 2020 comes ahead of municipal elections at which he hopes to win back the cities of Ankara and Istanbul.

BERLIN, Nov 17 (Agencies): They have opposing views on Israel's war with Hamas and conflicting attitudes to Moscow since the invasion of Ukraine, but when Germany and Turkey's leaders meet in Berlin on Friday they have powerful economic and electoral incentives to talk.

Tayyip Erdogan's first visit to Germany since 2020 comes ahead of municipal elections at which he hopes to win back the cities of Ankara and Istanbul. The prospect of better access to the European Union market and visa liberalisation would be a big gift to voters buffeted by high inflation and economic crisis.

Erdogan will also need Chancellor Olaf Scholz's blessing if he is to buy the 40 Eurofighter Typhoon warplanes Turkey said it wanted. Germany, via Airbus, is a partner in the consortium that builds them.

For Scholz, heading a fractious three-way coalition that is rowing over the German economy and the impact of rising immigration on public services, Ankara's role in stemming migration to the EU makes it an indispens-

In a sign of the visit's importance, Scholz took pains not to respond directly to Erdogan's loud condemnation of

able partner.



Israel's war against Hamas, in which many thousands of Palestinians have been killed.

After Erdogan called

Hamas, which murdered some 1,200 in its Oct. 7 attacks on Israel, a "liberation organisation", Scholz declined multiple invitations to criticise Erdogan, noting only in general terms that "the charges being brought against Israel are absurd".

The response was decidedly mild given the fierce condemnation that far more muted criticisms of Israel typically draw in Germany, traditionally one of Israel's closest allies.

But Erdogan doubled down, labelling Israel a "terror state" with "unlimited support" from the West, suggesting that it may be impossible to contain all the Gaza fallout during his trip.

Germany has expressed strong solidarity with Israel, while urging a focus on limiting the impact of the war on Gaza's civilians.

Initial planning for the visit started in the summer, "but that the Gaza conflict would break out was not expected," said Aydin Yasar, a Turkey specialist at German thinktank SWP.

The visit also comes a day after the Turkish parliament's foreign affairs commission delayed a vote on Sweden's NATO membership bid, putting off enlarging the Western alliance after an 18-month wait in which Ankara demanded terror-related concessions

from Stockholm.
MISSING THE MATCH

The EU's 2016 deal under which it paid Turkey to host refugees in return for a managed resettlement programme did much to stem record flows to the bloc, but recriminations between Greece and Turkey have put it under strain, and rising numbers of migrants are fuelling the far-right across Europe.

Erdogan, who recently described Germany to reporters as "Europe's most powerful country" may hope to win Scholz's backing to revive stalled talks on modernising Turkey's customs union with the EU - although major changes will not come until long after elections in March.

Despite both sides' efforts, Gaza has already had an impact: Erdogan was originally slated to stay another day, which would have allowed him and Scholz to take in Saturday's soccer friendly between the two countries.

With some three million people with Turkish roots in Germany such encounters are always fraught, but now the risk was judged too great.

"There was a fear that there'd be anti-Israel chants," said Yasar. "It's unlikely Scholz would want to watch it with him. At other times it would have been a nice gesture."

BJP ruled States more accountable to Centre: Dr Jitendra

Top News Report

JAIPUR, Nov 17: BJP ruled states are more accountable to the Center as compared to the other states, Union Minister Dr Jitendra Singh said on Friday.

Addressing meetings during the election campaign in different Assembly segments of Jaipur city, Dr Jitendra said, whether it be budget allocation or the implementation of flagship programmes of the Modi Government, in the BJP ruled States, there is better coordination in reaching out the benefits of welfare schemes to the common man in the BJP ruled states, he

Dr Jitendra Singh said, funds meant for welfare schemes for uplift of the poor, peasants and downtrodden are squandered by vested political interests in non-BJP ruled states. This is where the concept of Double Engine governments arises, he said.

"People want development, people want prosperity, people are sick and tired of hollow promises, people don't want Rajasthan to go down the way of West



Bengal or Delhi," he added.

Dr Jitendra Singh said, States with Double Engine governments are also the States where Law & Order has vastly improved. In Rajasthan, for instance, more than 35,000 cases of Crimes against Women were registered in a year, he said.

"Uttar Pradesh is a shining example of how lawlessness has been checked and for the first time criminals have fear of being under the watch

of police," he said. The Minister emphasised that full benefits are directly reaching to the needy without any leakages through a transparent and efficient delivery mechanism.

"Not a single charge of corruption has been levelled against the Modi Government till date and PM Modi has succeeded in giving a transparent and delivery-oriented administration," he said.

Dr Jitendra Singh said. in BJP ruled States, purely objective parameters were followed to meet the requirement, wherever the requirement was not met in the past and to deliver justice wherever justice had been denied in the past. This, he said, is quite a departure from the past practice followed by Congress and

its allied governments

Ajaz Naik expresses grief over **Assar Doda** accident

Top News Report

KISHTWAR, Nov 17: **HNBC State Secretary** expressed grief over the loss of Precious lives in Assar Doda road accident and express the solidarity with the bereaved families and prayer for speedy recovery all those who have injured in this fatal accident. He has demanded at least Rs 10 lakh exgratia relief to kin of

deceased persons, He appealed to Lt Governor J&K UT to constitute high level team to know the cause of accident because frequent accident has occurred in Chenab region.

It is matter of concern and look the menace of overloading in passengers vehicle & load carrier, there are many load carrier drivers took heavy load particularly iron electric pools with over size in busy traffic area Bus stand to onwards in slope road which may become any time big tragedy.

HDFC Bank marks international fraud awareness week to educate consumers on Safe Digital Banking Practices

Top News Report

JAMMU, Nov 17: HDFC Bank, India's leading private sector bank, hosted a one-day conference on 'Banking/ Financial Cybercrime Prevention and Detection' in collaboration with Indian Institute of Public Administration (IIPA), to commemorate International Fraud Awareness Week (IFAW). This is the 4th year in a row that HDFC Bank has been actively contributing to Cyber Fraud Awareness during the IFAW. Speaking onthe occasion Mr. Prashant Mehra, Group Head, Retail Portfolio Management and Fraud Control, HDFC Banksaid, "Cybercrime is a serious threat to the privacy and well-being of individuals and organisations as well as to national security. It is imperative to raise awareness on cyber frauds and HDFCBank's 'StaySafe, StayVigil' campaign is yet another initiative by the Bank to do so. HDFC Bank has been conducting Cyber Fraud Awareness Workshops under the Secure Banking initiative at various locations across the four years. The Bank has also been educating people about safe banking practices that would protect them from being victims offraud. Through this conference our aim isto foster dialogue and collaborationamong theparticipants and to generate concrete and actionable recommendations for enhancing cyber

security and resilience." Through this conference, HDFC Bank aims to provide a platform for experts, practitioners, policymakers and stakeholders to share their insights, experiences and best practices on cybercrime preventionand generate concrete and actionable recommendations for enhancing cyber security and resilience.

The Conference was attended byeminent dignitaries from the Ministry of Electronics and Information Technology, IIPA, Ministry of Home Affairs, Ministry of Finance, Indian Cybercrime Coordination Centre (I4C), National Cyber Security Coordinator (NCSC), CERT-in, Delhi Police, Haryana Police, Uttar Pradesh Police and seniorofficials from leading banks and financial intermediaries.

S N Tripathi DG, IIPA (Retd. IAS) said, "In the digital age, the battle against cybercrime requires a united front. Collaboration and awareness should be our strongest shields. By encouraging this kind of collaboration and recognition, we can fortify our defenses and work towards a secure and resilient financial landscape. We are positive that this initiative will strengthen dialogues and to come up with recommendations to enhance cybersecurity that can protect individuals and organizations from the increasing menace of cybercrime. Let us stand together against cyber threats, ensuring the safety and trust of individuals and organizations alike.

On the sidelines of the conference, HDFC Bank unveiled industry's first transaction verification method which operates over WhatsApp. This allows verification without voice information by customers. This will be launched for customers before the end of the vear.

AJKPC opposes Wildlife Sanctuary restrictions on villagers in Jindrah



Top News Report

JAMMU, Nov 17: Several Panchayat members, villagers of Jindrah and nearby areas headed by Anil Sharma, President All Jammu and Kashmir Panchayat Conference (AJKPC) on Friday held protest against the Wildlife Department for the restrictions imposed on villagers.

The protestors asked the government and

come on road. concerned department

restrictions on construction works. Anil Sharma, while leading the protest, said that the officers of Wildlife Department are not listening to the genuine grievances of

to not impose unnec-

essary restrictions on

the villagers including

He said the villagers are living there in these villages for decades and

the villagers regarding

the imposed restrictions.

centuries and there had never been any conflict but due to the insensitivity of the officers of the Wildlife Department people are compelled to

He said people of these areas respect the nature and are natural guardians of forests and wildlife but frequent interference and diktats by the officers making the life of villagers dif-

The protestors warned the department to restrain otherwise they would stage Dharna outside DC Office Jammu and Civil Secretariat.

The villagers from Jindrah, Nagola, Dhan, Batyari, Surinsar, Sagoon, Chilla, Paunthal Panchayats participated in the pro-

District Bar Association Bhaderwah mourns tragic road accident, seeks action against negligent officials



Top News Report

wherein vote bank poli-

tics pre-determined the

selective rolling out of

Dr Jitendra Singh said

"People don't want to

be denied the benefits

of Central schemes.

Under the leadership of

PM Modi, we are on the

path to a Viksit Bharat.

Double engine Govern-

ments ensure coordina-

tion in implementation

of welfare schemes.

Everybody wants to be

a part of this develop-

ment journey during the

Amritkaal. People want

security, development

and growth in the state.

Rajasthan too shall not

be left behind, Rajas-

than will become part

of the mainstream," he

State benefits

BHADERWAH, Nov 17: A meeting of District Bar Association Bhaderwah was held in Bar room Bhaderwah under the chairmanship of President Bar Association Bhaderwah N P Khajurja regarding the tragic road accident which took place yesterday at Trungal Assar in which 40 precious lives were snatched and more than 5 were critically injured.

The work was suspended for today and two minute silence was observed in Bar room Bhaderwah for the departed soul.

meeting The expressed deep anguish and sorrow on the tragic road accident and prayed to God to give place to the departed soul in heaven and strength to the families of the deceased to bear this irreparable loss.

countryover the past

At the same time a strict action was unanimously demanded against the concerned negligent officials within the District administration being responsible for the tragic accident.

The Bar Association Bhaderwah also resented the unfortunate fire incident which happened the previous night and also expressed concern over the failure of officials of Fire and **Emergency Services** Bhaderwah for being nealigent in keeping the fire extinguishers intact resulting in huge loss of residential as well as commercial property.

PCCF throws open first ever Nagar Van of J&K at Dooru, Verinag

Top News Report

ANANTNAG, Nov 17: Principal Chief Conservator of Forests & HoFF J&K Roshan Jaggi (IFS) threw open Nagar Van Dooru Anantnag on Friday and dedicated it to the people of Jammu and Kashmir.

The project funded by MoEF & CC Government of India was taken up during the year 2022-23 and completed during the current financial year

The aim of the project was to develop City Forest in Verinag town for providing wholesome healthy living environment, and contributing to growth of Smart, Clean, Green, Sustainable and Healthy Verinag town in particular and Anantnag District in general.

The Scheme ensures people's participation and collaboration between the Forest Department, Municipal bodies, NGOs. Corporates and local citizens. This urban forest based recreational centre is primarily on the degraded forest land in Dooru area in which planting of different species has also

On this occasion Roshan Jaggi said that the project came at a cost of Rs 120 lakh to cover an area of 600 Kanals of Forest land.

his project has led to creation of green space and ae thetic environment in an urban set up, creating awareness about plants and biodiversity and development of environment stewardship, facilitating in-situ conservation of important flora of the region, contributing to environmental improvement of city by pollution mitigation, providing cleaner air, noise reduction, water harvesting and reduction of heat islands effect, extend health benefits to residents of Verinag town and help verinag become climate resilient.

While Conservator of Forests, South Kashmir Irfan Ali Shah, said that there are various features of Nagar Van Dooru. He said that the degraded area was fenced up with Chainlink fencing to protect it from grazing and other biotic interferences. He also said that DRSM, Plantation work and other

forestry interventions were done in the Nagar Van area to develop it as City Forest. He further informed that eco-park, Gazebos, walking trails, lavatory blocks, benches and open air theater, drinking water facility, view points have been provided for the people visiting the area. He also said that there is also a biodiversity center. Irfan Ali said that this was a demand of locals to develop the Verinag area and to connect the people with Forests.

The program among others was attended by,DFO Anantnag Mir Mohd Ramzan, DFO Social forestry Shama Ruhi ,DDC member Peer Shahbaz Ahmad including officers from Forest Protection Force, Social Forestry Department, Range officers and other officials of J& K Forest Department, while large number of locals and school children participated in the programme.

JJM holds 4464 activities across J&K during "Back to Village" phase V ing various schemes of

Top News Report

SRINAGAR, Nov 17: As part of fifth phase of ambitious "Back to Village" programme which concluded here yesterday on high note, the Jal Jeevan Mission, J&K conducted 4464 activities across Jammu and Kashmir

The activities included awareness camps, inauguration of water supply schemes, inspection of works, training of handling and distribution of field testing kits (FTKs),

holding of Gram Sabhas, debates, painting competitions, installation of signages, collection and testing of water samples and other related activities

Among the activities conducted, 1129 special Gram Sabhas were held, 971 women were trained in handling the field testing kits, 576 training sessions were held for handling FTKs, 530 works were inspected by the Visiting Officers, water testing with FTKs was done at 497 villages,

FTKs were distributed in 221 villages besides installation of 146 signages, holding of 108 water awareness camps, 87 school rallies and 29 painting competitions.

Similarly, as per district wise data, 504 activities were held in Jammu district, 496 in Kulgam district, 407 in Rajouri district followed by Reasi with 406 activities, Kishtwar with 398 activities, Pulwama with 316 activities and other districts. Worthwhile to mention

here that Jal Jeevan Mis-

sion (JJM) is a flagship programme of national importance which aims at to provide Functional Household Tap Connections (FHTCs) to 18.67 lakh rural households in the UT of J&K, at an estimated cost of Rs. 14000 crore. This will not only involve creation of a sustainable water infrastructure but will build the capacities of local communities and involve them in management of water supply assets on a long term and sustainable basis.

Additional Chief Secretary, Jal Shakti, Shaleen Kabra, while appreciating the initiatives being made by the field Engineering teams and the District Jal Jeevan Missions, impressed upon the stakeholders to further intensify the efforts to complete the mission targets in time with accountability, transparency and involvement of local communities

Kabra visited the Sool Panchayat as prabhari officer, where he interacted with the public regardthe UT and Central Government with main focus on Jal Jeevan Mission.

Mission Director, Jal Shakti, Dr. G N Itoo has thanked all Deputy Commissioners for their active support in making the campaign a huge success. He has also expressed gratitude to the visiting officers, PRIs and local communities, line departments, field staff and other agencies for their cooperation in the campaign.

FROM PAGE 1

LG Manoj Sinha honors freedom fighter Lala Lajpat Rai on birth anniversary

independence because of his passionate dedication to the country's advancement. He made numerous contributions to the press and literature that helped to shape the intellectual climate of his day.

Through his writings, Rai dedicated himself to furthering the ideas of liberty, justice, and equality, thereby reviving the spirit of resistance against colonial subjugation.

Kulgam Encounter : 5 Lashkar terrorists killed. bodies being retrieved, says IGP Kashmir

The joint operation against the terrorists involves the Army's 34 Rashtriya Riffles, 9 Para (elite special forces unit), police, and

Good News for Pensioners: J&K Govt to release Rs 500 cr for settlement of GPF claims

GPF as well as retirement gratuity which they say had plunged them into severe financial crises.

Even the serving employees of the Government are facing immense difficulties due to non-release of their partial GPF to meet exigencies like marriages and higher education of their children apart from treatment for different ailments.

Meanwhile, the Chief Secretary has directed GST Department to ensure that pending cases of GST reimbursement are cleared at the earliest

Likewise, the Industries and Commerce Department has been directed to ensure release of pending turnover incentive to the industrial units which was raised by industrial unions continuously.

The unit holders in their petitions had claimed that inordinate delay in clearance of claims of turnover incentives for the financial year 2021-22 had hit them hard financially.

Antiviral drugs reduce risk of flu deaths: DAK

treatment is recommended for any patient with confirmed or suspected flu who is hospitalized or has severe progressive illness or is at higher risk of developing flurelated complications. People at high risk of complications include children, elderly, pregnant women and those with underlying medical conditions.

Antivirals can also be considered on the basis of clinical judgment for those who do not have risk for severe illness

"Currently, oseltamivir is the most effective antiviral drug for all circulating flu viruses which includes H1N1, H3N2 and influenza B viruses," he said, adding "the drug can be safely given to pregnant women and infants aged 2 weeks and older."

Dr Nisar said despite antiviral flu medications save lives, they are unfortunately under prescribed.

"Clinicians commonly prescribe antibiotics to patients with flu which is not only inappropriate but also puts patients at risk of antibiotic-resistant infections," he said.

Army celebrates National Journalism Day at Kupwara

was also served to all. These media persons felt very happy and satisfied with the gesture from Indian Army and they hope that such initiatives will strengthen the bond between Army and Awaam of Kupwara and will help in keeping the district peaceful.

Police arrest notorious **bootlegger** in North Kashmir

from his possession. He has been identified as Faroog Ahmad Ganie son of Ghulam Nabi Ganie resident of Banpora Langate. He has been arrested and shifted to a police station where he remains in custody," reads the statement. Accordingly, police said that a case under FIR number 116/2023 under relevant sections of law has been registered at Police Station Tarzoo and investigation has been taken up. "Community members are requested to come forward with any information regarding anti-social elements in their neighbourhood. Persons found indulging in anti-social activities will be dealt as per law," police said.

Markets decline in early trade; later face volatile trends

The 30-share BSE Sensex declines 342.74 points to 65,639.74 after a weak beginning

MUMBAI, Nov 17 (Agencies): Equity benchmark indices declined in early trade on Friday amid weak cues from the Asian markets and were later trading in huge volatile

The 30-share BSE Sensex declined 342.74 points to 65,639.74 after a weak beginning. The Nifty fell 97.75 points to 19,667.45.

Later, both the benchmark indices faced heavy volatility and were quoting between gains and losses.



Among the Sensex firms, Axis Bank, State Bank of India, Bajaj Finance, Bajaj Finserv, HDFC Bank and ICICI Bank were the biggest

laggards.

Asian Paints, Hindustan Unilever, Nestle, Mahindra & Mahindra, Tata Motors and Titan were the major gainers.

2023-24: Fitch NEW DELHI, Nov 17 (Agencies): India's

power sector demand is expected to rise by around 7 per cent in the financial year ending March 2024 amid robust industrial activity, according to Fitch Ratings.

The rating agency said it expects that strong power demand would keep thermal power plant load factors high. However, coal import volume is expected to remain modest, with higher local supply meeting a large part of the increased demand.

Coal inventory at power plants has been declining since August 2023, when monthly power demand reached a record high, it said. The government aims to boost local coal production and allow power plants to blend a higher proportion of imported coal in the fuel mix to ensure adequate coal stock.

The Union Ministry of Coal said it has plans to produce 1,404 million tonnes (MT) of coal by the year 2027 and 1,577 MT by the year 2030, at the current level of production of about 1,000 MT per annum.

"We expect cost-effective storage capacity and new technology to help India meet



India's power demand to stay strong, rise 7% in

its ambitious long-term energy transition goals. The country has implemented various schemes to boost renewable energy capacity addition. We expect recent changes to wind capacity auctions to limit aggressive bidding and lead to better project execution," Fitch

Solar power, it said, continues to lead renewable capacity addition, contributing 5.0GW of new capacity out of the 6.6GW of total renewable capacity additions in the first half of the current fiscal.

"We forecast the receivable position of generation companies to continue improving in the near term, as distribution companies are promptly clearing dues, encouraged by the central government's late payment surcharge rule," it noted.

Regular payments under the central government's late payment surcharge (LPS) rules have lowered total dues from distribution companies (discoms) to power generation companies (gencos) to around Rs 700

It said India's renewable energy targets are ambitious but the development of costeffective storage capacity, including new technologies, will be key in achieving the long-term targets.

billion, from Rs 1.3 trillion in June 2022.

At the COP26 summit in Glasgow in 2021, Prime Minister Narendra Modi had committed to an ambitious five-part "Panchamrit" pledge, including reaching 500 GW of nonfossil electricity capacity, to generate half of all energy requirements from renewables, to reduce emissions by 1 billion tons by 2030. India also aims to reduce the emissions

intensity of GDP by 45 per cent. Finally, India commits to net-zero emissions by 2070.

Chinese tech giant Alibaba shares dive more than 7 per cent after cloud service called off

HONG KONG, Nov 17 (Agencies): Shares in Chinese e-commerce titan Alibaba tanked more than seven percent at the Hong Kong open Friday after the firm's surprise decision to call off part of its high-profile restructuring because of the US-China chip war.

In a move that shocked investors, the Hangzhou-based tech giant said on Thursday that US curbs on exports of advanced chips had forced it to call off the spinoff of its cloud computing arm.

The firm's stock dived 7.13 percent soon after the starting bell in Hong Kong, tracking a collapse in its New Yorklisted shares.

Washington has moved to bar the ship-

ment to China of powerful chips, including those from Californiabased Nvidia, which are crucial to the development of artificial intelligence, on national security grounds.

In one of its most wideranging restructurings, Alibaba said in March it planned to split the vast group into six distinct entities that would be able to separately pursue funding through public listings.

But on Thursday, it called off the creation of its Cloud Intelligence arm in light of "the recent expansion of US restrictions on the export of advanced computing chips".

"We believe that a full spin-off of Cloud Intelligence Group may not achieve the intended



effect of shareholder value enhancement," the company said in its earnings release.

"Accordingly, we have decided to not proceed with a full spin-off, and instead we will focus on developing a sustainable growth model for Cloud Intelligence Group under the fluid circumstances," Alibaba

Alibaba is a key player in China's expansive digital economy and the operator of a major online shopping plat-

The Hangzhou-based group's performance is considered a barometer of domestic consumption, which has flagged in recent months.

And the firm has faced new headwinds in recent years, with Beijing imposing tighter restrictions on the domestic tech sector and weak consumer spending leading it to utive quarter of singledigit revenue growth earlier this year.

Alibaba has said it aims to achieve a "more nimble" structure in order to maintain competitiveness in the face of new regulatory challenges and mounting pressures on the global economy.

But it has now become one of the most highprofile Chinese firms to admit that trade tensions with Washington are affecting business.

"I was quite taken aback," Kevin Net, head of Asian equities at Tocqueville Finance, told Bloomberg.

"My initial thoughts are that the whole corporate restructuring... could be

India's maiden A350 aircraft takes ferry flight, to join Air **India fleet soon**

NEW DELHI, Nov 17 (Agencies): Air India on Friday informed that it operated its first ferry flight of its A350-900 aircraft having its new livery. The flight was from Singapore to Tou-

The new livery signifies a fresh chapter for Air India and reflects the airline's commitment to offering a modern and visually appealing experience for passengers.

The airline shared the first image of the A350 aircraft on Friday on X.

"Another step closer to the arrival of India's most-awaited aircraft. Our Airbus A350-900 takes off on its first ferry flight from Singapore to Toulouse in the new Air India colours," it wrote

According to a senior official at Air India, the aircraft's livery has been painted in Singapore, and it is currently en route back to Toulouse for additional processes before the scheduled

delivery in December

The recently Tataowned Air India has outlined ambitious expansion plans, with an order for 40 Airbus A350 aircraft set to be integrated gradually in the upcoming years.

"Total 40 Airbus A350s on order (6 A350-900s and 34 A350-1000s). The first A350-900 is expected in December 2023, and the remainder 5 A350-900 expected by March 2024," the Air India official noted.

Air India's management has yet to finalize the routes for its Airbus A350. According to an official, "the aircraft will initially be deployed to domestic routes for crew familiarisation purposes.

Air India has solidified its order for 250 Airbus aircraft and 220 new Boeing flights, collectively valued at USD 70 billion at list prices.

This strategic move comes as the airline aims for a turnaround under its new ownership - Tata. Air India secured purchase agreements for these aircraft with Airbus and Boeing during the Paris Air Show in June of this year.

WHO says loneliness a global health threat

Social isolation -- having an insufficient number of social connections, and loneliness -- and the social pain of not feeling connected are widespread

GENEVA, Nov 17 (Agencies): Loneliness is a pressing health threat, with serious consequences for the health and mental wellbeing of the elderly and young people worldwide, said the World Health Organisation (WHO) on Friday.

Social isolation -having an insufficient number of social connections, and loneliness -- and the social pain of not feeling connected are widespread.

Contrary to the perception that isolation and loneliness primarily affect older people in high-income countries, they impact the health and well-being of all age groups across the world.

According to research, social isolation is common among one in four older people and in five to 15 per cent adolescents. However, these figures are likely to be underestimations.

To address it, the UN health body announced a new Commission on Social Connection which will promote social connection as a priority and accelerate the scaling up of solutions in countries of all incomes.

"High rates of social isolation and loneliness around the world have serious consequences for health and well-being. People without enough strong



social connections are at higher risk of stroke, anxiety, dementia, depression, suicide and more," said WHO Director-General Dr Tedros Adhanom Ghebreyesus, in a statement.

"This WHO Commission will help establish social connection as a global health priority and share the most promising interventions," he added.

The Commission, to be co-chaired by US Surgeon General, Dr Vivek Murthy, and African Union Youth Envoy, Chido Mpemba, will have 11 leading policymakers, thought leaders and advocates.

Running for three years, it will analyse the central role social connection plays in improving health for people of all ages and outline solutions to build social

connections at scale. The Commission will

consider how connection enhances the wellbeing of our communities and societies and helps foster economic progress, social development, and innovation.

Studies show that lack of social connection carries an equivalent, or even greater, risk of early death as other better-known risk factors - such as smoking, excessive drinking, physical inactivity, obesity, and air pollution.

Social isolation also has a serious impact on physical and mental health; studies show that it has been linked to anxiety and depression and can increase risk of cardiovascular disease by 30 per cent.

The Commission on Social Connection, supported by a Secretariat based at WHO, will hold its first leadership-level meeting from December 6 to 8, the WHO said.

at risk."

AMRITSAR, Nov 17 (Agencies): The district Health Department organised an event to mark World Diabetes Day to create awareness about the health condition of residents. Speaking on the occasion, Civil Surgeon Dr Vijay Kumar said diabetes is known as a silent



killer, but the problem is easily preventable and manageable.

The Civil Surgeon said in the present times, physical inactivity is the biggest reason behind the condition and it can be easily overcome by changing dietary habits and including exercise in the daily routine.

Health experts said a person should indulge in physical activity (at least for 40 minutes) such as walking, jogging or light exercise to stay fit. They said a person should get his medical checkup done after every six months to ascertain that he or she has no underlying health conditions.

Some ultra processed foods could be good for health, finds study

NEW DELHI, Nov 17 (Agencies): Ultra-processed foods (UPF) have long been associated with a myriad of health issues, many scientific studies have indicated over the years. A recent study published in The Lancet journal addressed these concerns, although it introduced a perspective by suggesting that not all categories of UPFs are equally harmful.

Heinz Freisling, a co-author of the study, emphasised that the key is not complete avoidance of ultraprocessed foods but rather limiting their consumption and prioritising fresh or minimally processed alternatives, as reported by agency. In ultra-processed foods, the study singled out specific culprits, including animalbased products and artificially or sugar-sweetened beverages. These items have consistently been linked to elevated risks of cancer, heart disease, diabetes, and other cardiometabolic conditions. However, the study found that the consumption of ultra-processed breads, cereals, or plant-based alternatives carries a lower risk, potentially attributed to the fibre content of these products. Similarly, sauces, spreads and condiments are also bad for human health, but not as much as animal products and soft drinks.

Reynalda Cordova, the lead researcher, stressed the importance of ensuring consumers have convenient access to fresh and less-processed food options, as reported by The Guardian.

The research, spanning 2,66,666 individuals across seven European nations from 1992 to 2000, gathered data on dietary habits. Over an 11-year period, participants' health was monitored to identify those developing chronic conditions like cancer.

Through a questionnaire, participants detailed their food and beverage consumption over the preceding 12 months. The researchers utilised the Nova classification system, categorising items into four groups based on the industrial processes they undergo.

Notably, Group 4 comprises ultra-processed foods, characterised as formulations of ingredients primarily for industrial use, crafted through a series of industrial techniques and processes.

What to eat before and after your workout session to build muscle



NEW DELHI, Nov 17 (Agencies): The basics of leading a healthy life lie in three elements exercise, diet and sleep. A balance of these three elements creates a harmonious functioning of the body that keeps many diseases at bay.

Just like exercise and sleep, your diet is important to create a difference in your overall well-being.

Fitness expert Sunny, Founder of My Bollywood Body, told news agency that in pursuit of a healthier lifestyle, food should be looked at as a "fuel" for the body. The expert shared what you should eat before and after a workout to get better results and optimise your muscle recovery.

Pre-workout meal Sunny emphasises the importance of consuming foods that provide sustainable energy without causing discomfort during workouts.

He recommends opting for complex carbohydrates like whole grains, brown rice and oats, which release energy gradually. Pairing these with a moderate amount of protein to aid in muscle repair and growth.

Examples of suitable pre-workout meals include a slice of wholegrain toast with eggs, oatmeal with nuts, or a turkey and cheese sandwich.

"These recommendations are based on the principle of providing your body with the right fuel before hitting the gym. Complex carbohydrates ensure a steady release of energy, and the inclusion of protein supports muscle function during the workout," says Sunny.

Post-workout meal

After your gym session or your workout, Sunny recommends meals that focus on replenishing energy stores and aiding muscle recovery.

"Protein plays a crucial role in repairing and rebuilding muscle tissue, while carbohydrates replenish glycogen stores," he adds.

Sunny suggests options such as grilled chicken with sweet potatoes, a quinoa salad with chickpeas, a smoothie made with protein powder, fruits and yoghurt.

Hydration is key

Sunny underscores the significance of hydration, suggesting water or a sports drink to replace lost fluids and electrolytes during the workout. This helps maintain optimal performance and aids in the recovery process.

No real weaknesses in Indian team: Hazlewood after fiery powerplay spell against SA

Says, 'we've played them a lot of times, know them inside out'

KOLKATA, Nov 17 (Agencies): Bracing up for the World Cup final against India, a team he describes as one without "any real weaknesses", Australian pacer Josh Hazlewood says he saw a "few cracks" while rattling their top-order in their tournament opener.

Australia, who lost that game in Chennai by six wickets after reducing India to 3/2 in the second over, set up a big-ticket title showdown against the formidable hosts with a nervy three-wicket win over South Africa here on Thursday.

In the tournament build-up, the two teams were engaged in a three-match ODI series with India winning 2-1.

"We got one in the series, lost that 2-1, but no, we've played them a lot of times. We know them inside out, same with them.

"They're a quality team, they've been on a march the whole tournament, no real weaknesses in their team, so, yeah, look forward to playing them on Sunday," Hazlewood said of India after the win over South Africa.

The pacer added, "I guess we saw a few cracks when we



played them in Chennai chasing a small target, we were lucky enough to get a couple early."

India bowled out Australia for 199 in their first game in the showpiece.

It will be a repeat of the 2003 World Cup final which a batting-heavy Australia won in a lop-sided contest.

Hazlewood, who rocked the South African batting along with fellow new ball bowler Mitchell Starc, hoped they would recreate their magic against India in the final in Ahmedabad on Sunday.

Hazlewood and Starc got plenty of early movement and bounce with the new ball to leave South Africa reeling for

24/4 after the first 13 overs, set-

ting the tone for their win.
"I think there was enough there on the wicket. It looked like every time they went to play a shot, we got a wicket. They sort of had to knuckle back down and try and see it out," Hazlewood told reporters.

"Yeah, Starc and I have bowled together for a long time now, we know each other's games, and we both play well on the same night, which is pleasing.

"Hopefully, we can do that on Sunday as well, but... yeah, there's a little bit in the wicket which we probably haven't had, in the previous games, or in a couple here and there, but it was nice to get the ball on," he added.

Hazlewood credited Starc for keeping it simple against South Africa.

The left-arm quick returned with brilliant figures of 10-1-34-3, while Hazlewood bagged 2/12 from his eight overs with three maidens.

"You don't try and chase it too much either. You know there's enough there, you've just got to put the ball in the right area, but easier said than undone sometimes.

"Starc keeping it simple... don't go over-attacking. We know that they've sort of got six front-line batters, and Marco's (Jansen) had a great, great tournament at seven, so if we can make early in-roads, we know they're set up for the back-end as well.

"So early wickets just put them on the back foot, and we're lucky enough to do that tonight (Thursday)," he said.

Grand Sunday finale: 8-time World Cup finalists Australia to take on India



AHMEDABAD, Nov 17 (Agencies): Australia it is, then, who would take on India in the final of the World Cup, having scraped past South Africa by three wickets in a tense chase at the Eden Gardens in Kolkata. The Australians will play their eighth WC final.

After their pacemen had blown away the South Africans, who got past 200 only due to a remarkable 101 by David Miller, Australia were made to struggle by the South African spinners in a modest chase of 213. Keshav Maharaj, left-arm orthodox, was brilliant on a surface that offered help, picking up 1/24 off 10 overs; Tabraiz Shamsi was more expensive but did a fair job with 2/42, as the two put the brakes on Australia's scoring.

The nervy chase was wholly unexpected after

a blistering start by **David Warner and Travis** Head, who knocked 60 off the target in the first six overs, bringing down the asking rate to 3.63 an over. But the dismissal of Warner and Mitch Marsh, for one run within nine balls, pulled the Aussies back a bit; yet, with Marnus Labuschagne (18) and Steve Smith (30) looking steady, Australia were in control.

Labuschagne was trapped by Shamsi, however, and Glenn Maxwell fell for 1 and Australia became cagey. When Smith played a terrible shot to be caught, it was 174/6, and the South Africans seemed on the ascendance. But Australia's fast bowlers saw the team through with 16 balls left.

The Sunday final would pit the irresistible force that India are against the never-say-die Aussies, raising visions of a thriller.

That was not remotely close to a choke: SA head coach after semi-final loss

KOLKATA, Nov 17 (Agencies): South Africa suffered yet another defeat in a knockout game of a global event but their performance against Australia in the second World Cup semi-final on Thursday was far from a choke, feels head coach Rob Walter.

From a precarious 24/4, South Africa rode on David Miller's counter-attacking century to post a respectable 212 before Australia survived some tense moments to chase down the target in 47.2 overs

Walter provided his personal definition of a choke, stating, "For me, a choke is losing a game that you are in a position

"In this instance, we were behind right from the word go, and we actually fought our way back into the competition and put up a score that gave us a chance," Walter said in the post-match media conference.

We're 30-40 runs short

Walter said his team was 30-40 runs short.

"And then, again, they (Australia) got us to a flier. We fought and we put ourselves back into the game," he said, adding 30 more runs would have made the difference.

"Of course, we were 30 runs or 40 runs short, but still having them seven down.

"So, for me, there's nothing even remotely close to a choke that happened out there today. It's a serious contest between two good teams of the tournament.

"It's gutting to lose semifinal. It was incredibly serious challenge in first 12 overs. To come back from 12/4 with the way Klaasen and Miller put together, it showed 270 was the total.

showed 270 was the total.
"Even 250 would have proved to be

a serious total. First 10 overs on either side separated the game. But there were a lot of positives to take home," Walter added.

Asked if they erred in batting first after winning the toss, he said: "To be honest, even the commentators that I've spoken to, no one could predict the pitch to play like that for the first five overs.

"And had it played as we expected it to, then we would have backed ourselves to get 270.

"And once we got 270, because it was turning so much in the evening, we knew that that was going to be our end into the game.

"And ultimately it was, really. We just didn't have enough runs to work with. It's easy to say in the back end of losing, but I think the contest would have been even a touch closer than it really was.

KG has bruised heel
The coach further revealed that their
pace spearhead Kagiso Rabada had
a bruised heel which proved to be a
setback. Rabada could bowl only six
overs returning with 1/41.

"KG had a bruised heel, that's why we didn't see as much of him in the contest as we would have expected to.

"If you're watching him on the park, you're seeing him limping around. So he bowled, he just wasn't able to deliver 100%.

"And obviously with that, it also led to bringing Aiden on, and Aiden was outstanding the whole way through the game.

"Obviously, a fit and able KG has

shown throughout this competition that he was one of our leading bowlers and has been for some time.

"It was a pity, and it was a defining moment in the game to be dead honest."

We want to take on the best: Mitchell Starc

KOLKATA, Nov 17 (Agencies): "We want to take on the best," Mitchell Starc asserted after five-time champions Australia set up a mouth-watering World Cup summit showdown with tournament hosts India.

Heading into the final with a perfect 10 wins, India have been the team to beat in the World Cup, and Australia are relishing the challenge of crossing swords with the formidable home side.

Australia on Thursday prevailed over South Africa by three wickets in a see-saw contest at Eden Gardens.

"We want to take on the best," Starc said at the post-match media interaction.

"They've been the best in the tournament so far and we both find ourselves in the finals. So that's what World Cups are about. It's why we play the game

"We certainly come up against a team that have obviously led from the front through the tournament and they're undefeated," Starc said.

Both teams had crossed swords in their opening fixture of the tournament in what turned out be a one-sided affair with India winning by six wickets after bowling them out for a paltry 199 in Chennai.

"We played them in the first game of the tournament, now we get to take them on in the last. So yeah, what a place to be at the end of a World Cup," he added.

Chasing 213 against South Africa, their batters faltered



against the South African spinners to make it a nervy win in the end.

Asked whether they would be wary of facing India's spinners at Ahmedabad, he said: "I guess we'll find out when we get to Ahmedabad tomorrow and see if it's a fresh wicket or an old wicket."

The last time India played Australia in the World Cup final was back in 2003, when Starc was a sprightly 13-year-old boy.

"Apart from Australia winning, I don't know what happened in that game," he said.

He further said both teams are aware of each other's strengths and weaknesses and he's looking forward to the "spectacle" of facing India in front of a packed 130,000 crowd at Narendra Modi Stadium.

"It's a big occasion, it's a World Cup final. Certainly, guys in both changing rooms have been there before at different formats.

"Both teams played each other in the (World Test Championship) Final earlier in the year. I don't think either changing room is new to big occasions.

"It's going to be loud. There's going to be a lot of passion there and no doubt there's going to be different amounts of pressure at different times on both teams.

"It's just going to be a great spectacle of cricket. And certainly, everyone in our changing room is looking forward to the occasion," he said.

Nice to step up

By his standards, the left-arm quick has had a quiet World Cup taking just 10 wickets from eight matches before the semi-final.

But under overcast conditions, Starc with his new ball partner Josh Hazlewood ripped apart the South African top-order, taking four wickets inside 12 overs.

"Yeah, that's probably not been the tournament I would have liked from the get go but nice to step up in a big game. And I think our power-play was probably what got us on our way.

"There were other key moments throughout the day with bat and ball, but to start the game like that with Joshie

(Hazelwood) and I, was great. "Looking at Josh's pitch map

-- that's what he does so well in Test match bowling. The way we run off each other to have that power-play that we did, and carry some momentum through to the middle overs was how we want to start matches.

"Power-play wickets have probably not been our strong suit throughout the tournament, so it's nice to have a power play, of two for 18 or something like that.

"I think a lot of guys in the field as well, the way Davey stepped up in the field and led by example. You could probably name everyone at different circumstances through the day to really step up in a big game,"

said Starc.
He also hailed opener Travis
Head's 62 off 48 balls as Australia got off the blocks quickly,
which proved handy in a tense

Australia raced to 60 in six overs, as David Warner struck 29 off 18 balls.

"I think the way not only Trav but also Davey batted put the pressure straight on South Africa there in the first 10 overs.

"We've seen throughout the tournament how tough the first 10 overs can be at certain times of the day, with the hard new balls.

"When you're willing to take the game on like that and sometimes you take a little bit of luck with you, but the guys were fantastic in that opening partnership," Starc added.

Ticked a lot of boxes, will definitely win World Cup one day: Miller

World Cup's perennial 'chokers' South Africa, took the group stage by storm with their power-packed batting but fell short in the semi-finals

KOLKATA, Nov 17 (Agencies): Experiencing a fifth World Cup semi-final loss is frustrating, but South Africa will definitely take pride in their performances in this edition of the event and veteran batter David Miller believes it's only a matter of time before they clinch the coveted trophy.

World Cup's perennial 'chokers' South Africa, having taken the group stage by storm with their power-packed batting, fell short in the semi-final, but Miller's century backed up by a disciplined bowling show kept Australia on the edge in their nervy three-wicket win over the Proteas here on

Thursday

"It's pretty frustrating to be honest. Quinny (Quinton De Kock) mentioned with his four hundreds, he is okay not to score any runs and win the trophy," Miller told reporters here.

"You want to get through to the final and have a crack at the trophy. We're happy to have hung in there and put up a total. That's the game of cricket."

game of cricket."

The likes of pace bowling all-rounder Gerald Coetzee, who made his ODI debut only in March this year, along with left-arm quick Marco Jansen have been impressive for South Africa in this

World Cup.

"Before the tourna-



ment started, we talked about just having great memories, and enjoy the journey. We ticked a lot of boxes, can definitely look back and say we had a great time. It doesn't help losing a semi-final but guys showed a lot of character," Miller said.

"We all played in different tournaments, different teams. It's one of these thing. It wasn't to be this occasion. But the guys are definitely going to win a World Cup. We showed what we can do," he said.

Their last World Cup choke was in the 2015 semi-final against New Zealand in Auckland, where the co-hosts won with one ball remaining

Asked about the mood this time, Miller said: "There were a lot more tears in Auckland. Not a great feeling to lose a World Cup semi-final. But we had a great campaign from the team, consistent performances (in this edition). Individuals have stood out, to lose this is pretty frustrating," he said.

in a rain-affected match.

Asked whether he is mulling retirement, the 34-year-old said: "I will see how it goes. I can't answer how my body feels right now. I'm going to take it year by year and assess. It's (the next World Cup) a long way away now."

Before the match, skipper Temba Bavuma

100 per cent fit, but he still played only to return with a four-ball duck, capping off a miserable tournament with 35 being his highest score.

But Miller backed his

admitted that he was not

skipper and said he has made the difference as a leader. "He (Bavuma) didn't get runs as he would have liked to. But he has done his fitness and he was fine, obviously he was not 100 per cent but the leader that he's, I think he's really stood up in the last yearand-half. He has taken ODI cricket to another level. "Unfortunately he didn't get runs. But to have a leader like him is always important. He did a great job," Miller said.

Shiv Saniks pledge to restore rights of sons of the land, warns terrorists and narco terror

Top News Report

JAMMU, Nov 17: Shiv Sena (UBT) Jammu and Kashmir unit chief Manish Sahni on Friday called upon the terrorist organizations and macro terror operating in Jammu and Kashmir to completely stop their nefarious activities otherwise they would have to face serious consequences, on the death anniversary of Hindu Hriday Samrat venerable Bala Saheb Thackerav

In the tribute program organized at the party state central office, leaders of Shiv Sena (UBT) Jammu Kashmir unit paid their floral tribute to the venerable Balasaheb Thackeray.



Party state chief Manish Sahni, while addressing the state leaders and workers after Shraddha Suman, said that venerable Balasaheb Thackeray is not physically among us today but his thoughts and ideas are always alive in the hearts of every Shiv Sainik.

Balasaheb Thackeray had given the slogan of giving preference to the sons of the land. Apart from this, he also worked to unite people to hoist the flag of Hindutva. Venerable Balasaheb Thackeray was also the one who gave the slogan of saying proudly that we are

site. The experts assisted

in resolving issues related

to Agriculture and Horticul-

ture, NRL ensuring that

the farming community

received valuable insights

and solutions to enhance

The camp also focused

on Jal Jeevan Mission ini-

tiatives, offering guidance

and support to mitigate

water-related challenges

in the region. One of

aspects of the event was

the provision of direct ben-

eficiary-oriented benefits

to the villagers on the spot.

Department also informed

the people about benefi-

Besides others, the ICDS

their productivity.

Sahni said that Jammu and Kashmir has been burning in the flame of terrorism for more than three decades. Thousands of people including security personnel have been martyred. Kashmiri Hindus have been living a displaced life in their own country

and state for the last 35 years. Rehabilitation of all these and protection of the rights of the sons of the land will be the true tribute from every Shiv Sainik to venerable Balasaheb Thackeray.

Remembering the venerable Bala Saheb Thackeray, all the Shiv Sainiks present took a pledge to restore the rights of the local people and to give a befitting reply to terrorism and narco terror.

On this occasion, President Women's Wing Meenakshi Chhibber, General Secretary Vikas Bakshi, Vice President Sanjeev Kohli, Secretary Youth Wing Rajesh Handa, Women Secretary Mamta Devi and many others were present.

GDC Neeli Nallah organises an awareness rally on Nasha **Mukt Bharat**



Top News Report

UDHAMPUR, Nov 17: NSS Unit, "Sewak", Government Degree College Neeli Nallah, Udhampur, organized an awareness rally on "Nasha Mukt Bharat" under the banner of Azadi ka Amrit Mahotsav.

The programme was organized under the able guidance of worthy Principal of the College, Prof. Hans Raj. In his address he emphasized that the purpose of the rally was

to raise awareness among the students and general masses about the serious issues and hazardous impacts caused due to drug abuse.

The rally was flagged off from the college premises by the Principal of the College. Further the students proceeded with slogans in the nearby village Neeli

A large number of students participated in the rally. During the rally, students raised slogans

spreading the message of coming together to fight against the substance abuse and they also interacted with general masses around to aware them regarding the health issues related to drug misuse and their rehabilitation.

The faculty members-Dr. Swati Dutt. Dr. Radha Rani, Dr. Akhter Hussaian, Dr. Zahoor Ahmad Mir, Dr. Mahima Bhagat, Pradeep Kumar and Dr. Muntazir (PTI) also accompanied the rally.

Viksit Bharat Sankalp Yatra camp held at Batambis, Choskor-A Panchayats in Kargil

Top News Report

KARGIL, Nov 17: To ensure the saturation of flagship schemes of the government, Viksit Bharat Sankalp Yatra camp was today organized at Ghar Batambis and Choskor-A Panchayats in Kargil dis-

During the event, blocklevel officers of RD&PRD, Health, Fisheries, Agriculture, Horticulture, Social Welfare, PHE Kargil, ICDS, NABARD, NRLM, Handloom, NYK, KVK, Cooperative Department besides other line departments were present.

DPO Kargil Padma Angmo, BDO Kargil Samina Khatoon (Day Nodal Officer), CDPO Kargil Parveen Akther, DIO Dr Jaleel, NT Kargil Sajjad Hussain, District Development Manager, NABARD, Tsewang Dioorjay, PRI members, Junior Scientist KVK Kargil, Dr Mansoor Hussain and concerned officials of Agriculture, Horticulture,

Fisheries, NYK Kargil and addressed by experts onother concerned officers

and officials were present. The villagers were informed about various direct beneficiary-oriented schemes, aiming to uplift their lives. During the program, Viksit Bharat pledge was taken by participants.

During the camp, a thorough health screening was held, encompassing essential health check-ups such as blood pressure and sugar level assess-

In addition to health services, agricultural, horticulture. NRLM and other departments. related concerns were

ciary-oriented schemes to the people. This included the distribution of various benefits and resources designed to uplift the community and improve their quality of life.

During the program, various government departments distributed pamphlets showcasing diverse welfare schemes to the participants.

Initially, the BDO briefed about the goal of Viksit Bharat. She underlined the program's mission to transform the country into a developed nation. She expressed gratitude to all participants for their enthusiastic involvement in this crucial endeavor.

The District Development Manager, NABARD, also briefed about the successful saturation of the Ghar Ghar KCC Abhiyan Scheme and also informed the public about the training programs of SHGs, including MEDP

Investiture ceremony organised at GDCW Kathua



Top News Report

JAMMU, Nov 17: Govt. Degree College for Women (GDCW), Kathua organised Investiture ceremony for the newly elected executive body of the college.

The elected executive body actively participated in the ceremony.

Prakriti of sem-5th as President, Dalu Mangotra as Vice-President, BhomiKa Rajput as General Secretary, Tania Rajput as Treasurer, Literary Secretary, Kashish, Cultural Secretary, Sonika were honoured by badges by worthy Principal.

Principal of the college, Dr. Savi Behl advised the newly elected class representatives to work actively for the smooth functioning of the college so that the quality in academics as well as in curricular activities may be strengthened. She advised the stu-

dents to work for the betterment of the institution with positive attitude and responsibility. The ceremony was organised under the guidance of Dr. Rachna Devi, convener DSW.

Senior faculty member Prof. Ashwani Kumar Khajuria, HOD Food Science and quality control and members of DSW, Dr Vaishano Devi, Dr. Deepti, Dr. Surekha and Roshan lal Sharma were also present in the function.

Principal of the College Dr. Savi Behl appreciated the whole team of DSW for organising such program and suggested to organise various such awareness programs in future for the welfare of the students.

Proceedings of the program were conducted by Dr. Surekha Rani and formal vote of thanks was delivered by Dr. Rachna, and she also guided the student's council members to be role models and render their responsibilities sincerely as the nation builders of tomor-

Viksit Bharat Sankalp Yatra camp conducted in two Panchayats of Zanskar

Top News Report

KARGIL, Nov 17: The Viksit Bharat Sankalp Yatra camp, envisaged by the Union Government as a major step towards attaining saturation of welfare schemes was observed today at two Panchayat Halqas of Zanskar and Lungnak Block (Padum and Raru-Muney).

During the event, Day Nodal Officer/BDO Zanskar, Tsewang Rigzin along with all the officers and employees of the line departments and Panchayat members were present at CFC Padum and CFC Raru Muney.



by welcoming the IEC (Information, Education and Communication) Van. All the line departments were engaged for the entire day to ensure the saturation of flagship schemes of the government for the eligible

Mass awareness about all the ongoing schemes of respective departments was given on the spot. The online registration of left out eligible beneficiaries was also done and they were registered under vari-

ous Centrally Sponsor Schemes.

Viksit Bharat pledge was taken by participants, including the Sarpanchs of both Padum and Raru-Muney in presence of general public of the both Panchayat Halqas.

Challenges faced by teachers in private schools: Altaf Dar

Top News Report

SRINAGAR, Nov 17: Prominent Social-Political Activist And Senior Trade Union leader Mohammad Altaf Dar in a statement issued to press express his concern over teachers play a pivotal role in shaping a well educated society, yet in many private schools in Union territory J&K, they are denied their due rights and respect.

In stark contrast to Western countries where teachers are revered, Union terri-



tory J&K private school teachers often face torture, humiliation, and receive minimal sala-

Teaching, considered a noble profession, is unfortunately treated as a servile role by private

school owners. Despite charging hefty fees, these schools exploit teachers, providing them with low salaries and subjecting them to unethical treatment, including public humiliation. This behavior not only negatively impacts teachers but also leaves a detrimental impression on students, contributing to an illiterate and unethical society.

Prominent Social-Political Activist And Senior Trade Union Leader Mohammad Altaf Dar (Rajbagh) said While the private school sector thrives, with owners accumulating immense wealth, teachers are relegated to the status of mere sales people.

Despite exorbitant fee hikes, teachers' salaries remain dismally low, leading to dissatisfaction and discontent among educators.

The key issues in the private sector, including poor salaries, disrespect, and autocratic administration, highlight the concerning treatment of teachers in these institutions.

NHM Association Doda organizes blood donation camp

Top News Report

DODA, Nov 17: As a part of good will gesture and in its endeavours to have moral responsibility to donate blood in the service of humanity, the National Health Mission (NHM) Employees under the banner of All J&K NHM Employees Association District Unit Doda on Friday organized a Voluntary Blood Donation Camp at Associated Hospital, Govt Medical College Doda.

The event was organized in association with District Administration Doda, Govt Medical College Doda and District Health Society Doda.

The inauguration of the event was graced by Deputy Commissioner Doda Sh Harvinder Singh (IAS) along with Principal GMC Doda Dr Puja Vimesh, CMO Doda Dr Ab Hamid Zargar, MS AH GMC Doda Dr Tanveer Ahmed, HOD Pathology GMC Doda Dr Sumat ul Khurshid, BMO Ghat Dr Ab Gafoor Ahmed, President NHM Union Doda Dr Nasir Masood Indrabi and others.

During the camp, more than 10 donors take part and donated their red wealth for the cause of society. Speaking on the occasion, the DC Doda urged people to donate blood voluntarily as it is a great service to

cious lives. While lauding the contribution of blood donors, the DC Doda acknowledged the remarkable dedication and humanitarian spirit displayed by the NHM Employees of the health department for their life saving con-

humanity and helps in saving pre-

The President NHM Associa-



tion Doda Dr Nasir Masood, who was also among the blood donors, informed that it is for the first time in UT J&K, such event of blood

donation by NHM employees which depicts their dedicated services rendered in the department besides benevolent and noble gesture for the cause of humanity.

The NHM Association members stressed that every healthy person should come forward and donate their blood for this noble cause to increase the blood capacity in our health system.

Later, the Deputy Commissioner Doda along with other dignitaries gave away certificates of appreciation to all donors as a part of their encouragement.

Principal GMC Doda Dr Puja Vimesh expressed gratitude to NHM Employees Association Doda, all the distinguished guests, dedicated staff of Blood Bank and the generous blood donors for their presence & participation, emphasizing the profound impact their contribution would have on saving lives

The members of NHM Union Doda and staff of Blood Bank AH GMC Doda offered their dedicated services in management and in making the camp successful.

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