

TOP NEWS OF J&K

JAMMU, SUNDAY, OCTOBER 22, 2023

Daily Evening Newspaper



ENTERTAINMENT | 6

Kangana Ranaut organises 'Tejas' special screening for defence minister, IAF officers



NATIONAL | 7

BJP Revokes Suspension Of MLA Raja Singh Ahead Of Telangana Elections

INTERNATIONAL | 8

Australian PM Albanese announces China visit hours before leaving for US to meet Biden



e-paper: www.topnewsjk.in

RNI No. JKENG/2010/39369

Regd. No. JK-435

Vol.-14 Issue-290

Pages-12 Rs.-2/-

BRIEFLY

CRPF man succumbs to Cardiac arrest

SRINAGAR, Oct 22 (Agencies): A 32-year-old Central Reserve Police Force (CRPF) Jawan succumbed to cardiac arrest in the Wachi area of South Kashmir's Shopain district on Sunday, officials said.

The trooper, identified as Jai Prakash of the 246 battalion, lost consciousness at the Wachi CRPF camp. He was swiftly transported to a nearby hospital, where doctors pronounced him dead upon arrival.

In the meantime, the police have initiated an inquiry into the incident.

Light Rain, Snowfall likely over scattered places over J&K: MeT

SRINAGAR, Oct 22 (Agencies): Meteorological Centre Srinagar on Sunday predicted light rain or snowfall likely at scattered places over higher reaches of Jammu and Kashmir during the next 24 hours.

The weather is cloudy at most places with a forecast of light rain or snow over higher reaches likely at scattered places of Jammu and Kashmir today, it said.

The MeT office said the weather will remain partly to general cloudy on Monday and fair to partly cloudy with poor visibility in morning hours from October 24-27.

Light rain is likely at scattered places of Jammu and Kashmir from October 28-29, while there is no forecast of any major rain or snowfall till October 27 in Jammu and Kashmir and Ladakh, it said.

The MeT office also issued a weather advisory for not conducting harvesting and other outdoor activities today.

The minimum temperature recorded at Srinagar, the summer capital of Jammu and Kashmir, was 6.6 degree Celsius, Qazigund 5.4 degree Celsius, Pahalgam 1.8 degree Celsius, Kokernag 6.0 degree Celsius and Gulmarg 3.2 degree Celsius, the MeT office said.

Two released from PSA detention in J&K

SRINAGAR, Oct 22 (Agencies): The High Court of Jammu & Kashmir and Ladakh has ordered the

Turn to page 9

"India never witnessed war on such issues...": RSS Chief Mohan Bhagwat on Israel-Hamas war



NAGPUR (Maharashtra), Oct 22 (Agencies): Rashtriya Swayamsevak Sangh (RSS) Chief Mohan Bhagwat on Sunday said that India has never witnessed war on issues over which Israel and Hamas are fighting.

"India has never witnessed a war on issues over which Israel and Hamas are fighting because we have a

culture that respects all faiths and sections. That is Hinduism. Everywhere else, there is a war going on. You must have heard of the war in Ukraine, the Hamas-Israel war. In our country, there have never been wars on such issues, we have never had such a fight, we do not fight with anyone on such issues..." Bhagwat said while addressing an

event in Maharashtra's Nagpur.

Hamas launched a horrific terror attack on Israel on October 7 which resulted in over 1400 deaths and over 3000 injuries.

In response, Israel launched a strong counter-offensive attacking several Hamas terror units in the Gaza Strip. At least 4,385 Palestinians have been killed in Israeli strikes on Gaza.

Meanwhile, the war has entered its 16th day today.

Meanwhile, apart from countries like the United States (US) and the United Kingdom (UK), India has expressed solidarity with Israel.

Turn to page 9

On the auspicious occasion of Maha Ashtami, Lt Governor pays obeisance at Shri Mata Vaishno Devi Shrine



Top News Report

KATRA, Oct 22: On the auspicious occasion of Maha Ashtami, Lieutenant Governor Shri Manoj Sinha today paid obeisance at Shri Mata Vaishno Devi Shrine Board, to the devotees.

of the UT of Jammu Kashmir.

The Lt Governor launched and dedicated the 'Live Darshan Facility' and Bi-lingual chatbot on the website of the Shri Mata Vaishno Devi Shrine Board, to the devotees.

He also released a Yatra Guide Book on Mata Vaishno Devi pilgrimage 'The Bhakti of Shakti' by Rupa Publications.

The Live Darshan Facility is available at the official website of the Shrine Board

Turn to page 9

Indian Army pays tribute to Agniveer Gawate Akshay Laxman



NEW DELHI, Oct 22 (Agencies): The Indian Army on Sunday paid tribute to Agniveer Gawate Akshay Laxman, an operator who lost his life in the line of duty amid the treacherous terrains of the Siachen glacier.

The Indian Army's Fire and Fury Corps offered its deepest condolences to the bereaved family.

"Quartered in snow silent to remain, when the bugle calls, they shall rise and march again. All ranks of Fire and Fury Corps salute the supreme sacrifice of Agniveer (Operator) Gawate Akshay Laxman, in the line of duty, in the unforgiving heights of Siachen, and offer deepest condolences to the family,"

the Fire and Fury Corps posted on X.

The Indian Army in a message on social media post said it stands firm with the bereaved family in this hour of grief.

"General Manoj Pande COAS and All Ranks of the Indian Army salute the supreme sacrifice of Agniveer

Turn to page 9

Kharge writes to PM Modi expressing concern over 'Politicisation' of Bureaucracy, seeks withdrawal of orders

NEW DELHI, Oct 22 (Agencies): Congress president Mallikarjun Kharge on October 22 wrote to Prime Minister Narendra Modi alleging that the government's recent orders asking officials to "showcase" the achievements of the last nine years was "politicisation" of the bureaucracy and demanded their withdrawal.

In his letter, Mr. Kharge objected to the government order issued on October 18 which, he claimed, stated that senior officers of ranks as high as joint secretary, director and deputy secretary are to be deployed to all 765 districts of India as "Rath Prabharies" to "showcase



achievements of the last nine years of Government of India".

He also referred to another order of the Ministry of Defence on October 9, 2023, directing soldiers on annual leave to spend time in promoting government schemes, making them "soldier-ambassadors".

"It is no coincidence that the last nine years correspond to your

tenure in office. This is of grave concern for multiple reasons," Mr. Kharge said, alleging that senior officers are being deputed for "marketing activity" of the incumbent government.

"It is a clear violation of the Central Civil Services (Conduct) Rules, 1964, which directs that no government servant shall take part in any political activity.

"While it is acceptable for government officers to disseminate information, to make them 'celebrate' and 'showcase' achievements blatantly turns them into political workers of the ruling party.

"The fact that only

Turn to page 9

Engineers Develop New Tunnelling Method For Kashmir Rail Link Project

Top News Report

NEW DELHI, Oct 22: Faced with a tricky terrain in the Himalayas, engineers of the Indian Railways have developed a new tunnelling method to complete the construction of Tunnel-1 on the 111-km-long Katra-Banihal section of the Kashmir rail link project.

The 3.2-km-long single tube tunnel, located at the foot of the Trikuta Hills in the Katra-Reasi section of the Udhampur-Srinagar-Baramulla Rail Link Project, has been described as the most difficult section of the project.

"We have innovatively developed (I)-TM as Himalayan tunnelling method for tunnelling



through the Himalayan geology to build tunnels in Jammu and Kashmir," Railway Minister Ashwini Vaishnaw had said recently.

Explaining the new tunnelling method, a senior railway engineer said it involved providing pre-excavation support measures to tackle the "flowing conditions" encountered while exca-

vating the tunnel.

The railways also changed the alignment of the rail line to ensure that only a small portion passes through the tricky terrain, which the engineers had described as the worst conditions ever encountered in building tunnels anywhere in the country.

A senior railway engineer, who has

Turn to page 9

Infiltration bid foiled in Uri Sector

SRINAGAR, Oct 22 (Agencies): Security forces foiled an infiltration bid along the Line of Control in Uri sector of Jammu and Kashmir, the army said on Sunday.

"In a Joint Operation launched by #IndianArmy, @JmuKmrPolice & Intelligence agencies on 21 Oct 23, an infiltration bid was foiled by alert troops along #LoC in #Uri sector, Baramulla," the Srinagar-based Chinara Corps of the Army wrote in a post on X.

The army said contact was established with the infiltrating terrorists and a firefight ensued.

Six pistols and four

Turn to page 9

Srinagar-Jammu Highway to remain closed for repair work

SRINAGAR, Oct 22 (Agencies): On the directions of the government, the Srinagar-Jammu National Highway will remain closed on Sunday for necessary repair and restoration works in Ramban district by NHA, officials said.

A mudslide has brought the Jammu Srinagar national highway to a standstill. The massive rains that lashed the region have triggered soil erosion. The road is closed and hundreds of vehicles are stranded. KL Image: Special Arrangement

They said that continuous rains caused damage to the highway leading to road sinking at Dalwass in Ramban district.

Meanwhile, traffic Police headquarters in Srinagar issued a fresh advisory for Sunday stating that to carry out repair works on NH-44 at Dalwass, every type of traffic would remain suspended on either side of the Srinagar Jammu National Highway between Nashri and Banihal tunnels.

According to an advisory issued by the traffic police, no vehicle would be allowed to travel on the strategic highway

Turn to page 9

Flat for Sale

3 Bed Room well furnished Flat for Sale at Sweet Home Apartment at Channi Himmat Near J.P World School.

Contact: 9086207123

Crystal
Telecom - Security - Software

CRYSTAL NEXA/SN SERIES

CRYSTAL CLARITY, ELEVATING CONNECTIONS, INTERCOM REIMAGINED

Ports	4Ports - 64 Ports
Trunks	4 - 10 Trunk's
FND	Tri-Color
Scheduler	Small, ABS Body
KTS	Pluggable Add on
Paging	Yes
Hotel Fn	Yes
MMOH	Pluggable Add on

www.crystalpbx.com

CADNICA ELECTRONIC SOLUTIONS

Contact Person Mr. Sanjeev Kumar

9419143503

UTHALA

With profound grief & sorrow, we inform you the sad demise of our beloved **Sonu Kumar** S/o Prithvi Kumar R/o Lane No.19, Block No. 110, Flat No.15 Jagti Township Nagrota Jammu who left for heavenly abode on 12-10-2023 (Thursday).

Uthala will be performed at Community Hall behind Lane No.22 Jagti Township Nagrota Jammu on 23-10-2023 (Monday).

GRIEF STRICKEN

Father & Mother

Prithvi Kumar & Harven Devi

Pooja Raina -**Wife**

Charvi Sudan -**Daughter**

Des Raj & Krishna Devi -**Uncle & Aunt**

Late Shadi Lal & Kamla Devi -**Uncle & Aunt**

Vinay Kumar -**Brother**

Sunil Kumar & Sonia -**Brother & Bhabhi**

Manoj Dhar & Seema Dhar -**Brother & Sister-in-law**

Rajesh Koul & Rajni Koul -**Brother & Sister-in-law**

Contact No. 9622604667, 9797763844, 9596126458, 9596726724



Sonu Kumar

TENTH DAY/KRIYA

WITH PROFOUND GRIEF & SORROW WE REGRET TO INFORM YOU ABOUT THE SAD DEMISE OF OUR BELOVED **SH. DWARKA NATH SHARMA** S/O LATE SH. MUNSHI RAM SHARMA R/O DURGOCHACKAT PRESENT H.NO 915 LANE NO 6A BEHIND POLICE STATION TALAB TILLO JAMMU WHO LEFT FOR HEAVENLY ABODE ON 13TH OCTOBER. **TENTH DAY** WILL BE HELD AT 11AM AT OUR RESIDENCE ON 22/10/2023.

KRIYA SHALL BE PERFORMED AT 11AM ON 23/10/2023.

GRIEF STRICKEN

Smt. Santosh Sharma (Wife)

Daughter and Son in law

Anjana and Bharat Bhushan Sharma

Sarita and Dhiraj Ball

Rashmi and Subhash Sinha

Eeva and Rohit Sharma

Phalak and Asheesh Sharma

Mitunjay and Diksha (Son and Daughter in law)

Smt Kailash and Sh Ram Das Sharma (Chachi and Chacha)

Bhabhi and Brother

Anita and Shyam Lal Sharma

Pooja and Rajesh Sharma

Shveta and Neeraj Sharma

Vandana and Sh Sanjay Khajuria (Sister & Brother in law)

Smt Krishna and Sh Jai Krishan Sharma (Sister in law & Brother in law)

Grand Children : Aryaman, Aryaveer, Mimansa, Yashwani, Sanidhaye, Yahvi, Ojasvi, Prakruti, Yashavi, Hriyansh, Sharnam Shreya

Ph. No 9419201210, 9419133397, 9419204484



SH. DWARKA NATH SHARMA

UTHALA

With profound grief and sorrow, we regret to inform the sad demise of our beloved Sister **Miss Manorma Devi (Manori)**, D/o Late Sh. Des Raj Pachiala and Late Smt. Lakshmi Devi R/o W.No. 12, H. No. 98, Sheetha Mandir Gali, Chabutra Bazar, Udhampur.

Uthala will be performed at Arya Samaj School near Sabzi Mandi Udhampur on 23/10/23 (Monday) at 4 pm.

GRIEF STRICKEN:-

BHAI AND BHABI'S

Sh. Ram Parkash Pachiala & Smt Chandra Prabha

Sh. Bansil Lal Pachiala & Smt. Swarna Devi

Late Sh. Girdhari Lal Pachiala & Late Smt. Shakuntla Devi

Sh. Sham Sarup Pachiala & Smt. Neelam Devi

Sh. Madan Lal Pachiala & Smt. Veena Devi

Sh. Sanjay Gupta & Smt. Ranjana Gupta

SISTERS AND BROTHERS-IN-LAW

Smt. Susheela Devi & Late Sh. Ram Nath Malguria

Late Smt. Kamla Devi

Smt. Nirmla Devi & Sh. Santosh Malguria

Smt. Shivi Gupta & Sh. Ashok Gupta



Miss Manorma Devi (Manori)

TENTH DAY/KRIYA

With profound grief and sorrow we regret to inform the sad demise of our beloved **Sh. Kaka Ram Sharma (Prade Fruit -Wale)**, S/o Lt. Sh. Sheru Ram, R/o 207, Sarwal Colony, Jammu, who expired on 14.10.2023 at Jammu.

Tenth Day will be performed on 23-10-2023 at 11.00 AM at our residence

Kriya will be performed on 24-10-2023 at 12.00 Noon at our residence

GRIEF STRICKEN

Smt. Santosh Sharma -**Wife**

Sons and Daughters-in-Law:-

Deepak Sharma and Renu Sharma

Varun Sharma and Shiveta Sharma

Daughters and Sons-in-Law:-

Ashu Sharma and Satish Sharma

Sushma Sharma and Narinder Sharma

Grand Children:- Daksh Sharma, Vihan Sharma, Saransh Sharma,

Shruti Sharma, Shinaya Sharma

Contact Details:- 7889670124 (Deepak Sharma)

9622212148 (Varun Sharma)



Sh. Kaka Ram Sharma (Prade Fruit -Wale)

TENTH DAY/KRIYA/UTHALA

With profound grief & sorrow, we inform the sad demise of our beloved **Sh. Ram Parkash Khajuria** S/o Late Badri Nath Khajuria R/o H.No. 667/A, New Plot, Jammu.

10th Day shall be performed on 23-10-2023 (Monday) at 10 AM at our residence.

Kriya shall be performed on 24-10-2023 (Tuesday) from 11 AM onwards at our residence.

Uthala shall be performed on 28-10-2023 (Saturday) from 3 PM to 4 PM at Hari Mandir, Rehari Colony, Jammu.

GRIEF STRICKEN

Deepak Khajuria & Bindiya - 7006626090

Vinay Khajuria & Sarika - 9419222521

Rajesh Khajuria & Priyanka - 9906048241



Sh. Ram Parkash Khajuria

TENTH DAY

With profound grief and sorrow we inform the sad demise of our beloved **Sh. Moti Lal Pandita** S/o Late Sh. Niranjan Nath Pandita originally from village Trail, District Anantnag, presently residing at H.No. 245, Sec-2, Anuradhapuram, Upper Barnai Jammu. He left for heavenly abode on 17-10-2023 (Tuesday).

Tenth Day will be performed on 26.10.2023 (Thursday) 8:30 AM at Muthi Ghat, Jammu.

GRIEF STRICKEN :-

Smt. Soni Pandita (Wife)

Smt Bawana and Vishal Pandita (Daughter-In-law and Son)

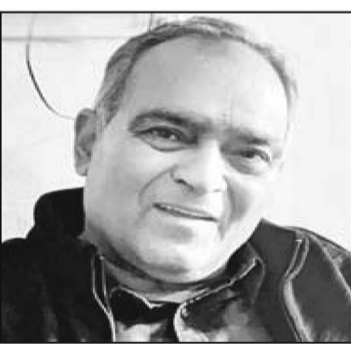
Smt Sunayna Pandita and Suneel Raina (Daughter and Son-In-law)

Smt. Prana Dhar & Sh Tej Krishan Dhar (Sister and Brother-In-law)

Smt. Bimla Dhar Wd/ of Sh Late Durga Nath Dhar (Sister)

Smt. Veena Dhar & Sh. Ashok Dhar (Sister & Brother-In-law)

Contact: 7006428622, 7889620901, 9682681608



Sh. Moti Lal Pandita

OBITUARY

With profound grief and sorrow, we regret to inform that our beloved **Sh. Chuni Lal Dass (Kaka Ji)** S/o Late Shyam Lal Dass R/O Bomai Sopore, Kashmir A/P H No 4, L No 3 Patta Bohri Jammu left for heavenly abode on 14-10-2023.

10th Day will be performed on Monday 23-10-2023 at 8 AM, Muthi Ghat near the Directorate of School Education.

GRIEF STRICKEN

Smt. Kamalawati (Mother)

Smt. Reeta Ji (Wife)

Mr.Mohit (Son)

Ms.Monica (Daughter)

Bhabis & Brothers

Smt & Sh. Shibani Ji

Smt & Sh Ramesh Kumar

Smt & Sh Satish Kumar

Sister & Brother in law

Smt Asha Ji & Sh R.K. Sapru

Mob: 7006346289, 9469231236



Sh. Chuni Lal Dass (Kaka Ji)

TENTH DAY

With profound grief and sorrow, we regret to inform the sad demise of our beloved brother **Sh. Chaman Lal S/o Lt. Sh. Sham Lal** originally resident V-Biyawat-Kunzer Distt. Baramulla Kashmir A/P Durga Nagar Sec-3, H.No. 119, Roop Nagar, Jammu, who left for Heavenly abode on 15-10-2023 (Sunday).

Tenth Day will be performed on 24-10-2023 (Tuesday) at Muthi Ghat Near Director School Education, Jammu at 8.30 AM.

GRIEF STRICKEN

Brother & Bhabhi

Sh. Chander Bushan

Smt. Kanta Devi

Sisters & Brothers-in-law

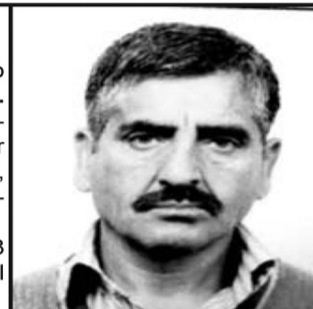
Smt. Shakuntala Devi W/o Lt. Master Kundan Lal Ji

Smt. Saroj Devi W/o Sh. Virender Najwan

Smt. Rubi Rani (Daughter-in-law) W/o Sh. Ramesh Chander - (Nephew)

Smt. Rohini Sharma (Daughter-in-law) W/o Sh. Surinder Kumar (Nephew)

Ph: 7889830499, 7889807582, 9796840123



SH. CHAMAN LAL

TENTH DAY/KIRIYA

With profound grief and sorrow, we inform the sad demise of our beloved Mother **Smt Sheela Devi** W/O Sh Sarb Singh Sambyal R/o Baryalta, Tehsil- Majalta, District -- Udhampur who left us heavenly abode on Monday 16th Oct. 2023.

Tenth Day will be performed at our residence on Wednesday, 25th October 2023 at 10 AM

Kirya will be performed at our Residence on Saturday 28th October at 11 AM

GRIEF STRICKEN

Sh Sarb Singh Sambyal - Husband

Son and Daughter-in-law

Rajesh Singh & Raj Rani Sambyal

Daughters and Sons-in-law

Rekha Jasrotia and Rajinder Jasrotia.

Reeta Jamwal and Rakesh Jamwal.

Grand Son & Daughter-in-law

Shamli & Baljeet

Vishal & Ritu

Mob. 9858554808, 8082110307



Smt Sheela Devi

BARKHI

BARKHI OF OUR BELOVED SH. SURESH GUPTA S/O LATE SH. SARJU DASS GUPTA IS ON MONDAY 23RD OCTOBER 2023 AT OUR RESIDENCE #368, BAKSHI NAGAR ROULKI JAMMU. HAVAN SHALL BE PERFORMED AT 10.30 AM FOLLOWED BY PARSHAD AT OUR RESIDENCE.

GRIEF STRICKEN

SMT SUNITA GUPTA (WIFE)

VARUN GUPTA & SUGANDH GUPTA (SON & DAUGHTER IN LAW)

SWATI GUPTA (DAUGHTER)

BROTHERS & SISTER IN LAW:

SH BAL KRISHAN GUPTA & SMT USHA GUPTA

SH VIJAY GUPTA & LATE SMT PREM GUPTA

LATE SH NARESH GUPTA & SMT SUNITA GUPTA

SISTERS & BROTHER IN LAW:

SMT CHANDER KANTA GUPTA & LATE SH C P GUPTA

LATE SMT CHAMPA GUPTA & LATE SH OM PARKASH GUPTA

SMT SUMAN GUPTA & LATE SH BAL KRISHAN GUPTA

BROTHERS IN LAW & SISTERS IN LAW:

LATE SH NETAR PARKASH GUPTA & SMT VINOD GUPTA

LATE SH ASHWANI GUPTA & LATE SMT VIJAY GUPTA

SH PAWAN GUPTA & SMT NEENA GUPTA

SH ANIL GUPTA & SMT SUSHMA GUPTA

SH GOPAL GUPTA & SMT PRIYA GUPTA

SISTER IN LAW: SMT SUDERSHAN GUPTA

GRAND CHILDREN: ARANAB & YAASHIL

MOBILE: 94191-89040, 60062-82020, 94191-38502



SH. SURESH GUPTA

ADH BARKHI

WE MISS YOU TODAY AS JUST WE MISSED YOU YESTERDAY. WE WILL MISS YOU FOR THE REST OF OUR LIFE

Adh Barkhi of our beloved Mother **Smt. Champa Devi Gupta** Wife of Late Sh. Sudeesh Kumar Gupta will be performed on Monday i.e. 23rd Oct 2023 at our residence VASAK DHERA, BHADERWAH

GRIEF STRICKEN

Daughters-in-law & Sons

Smt. Suman Gupta & Sh. Manoj Kumar Gupta

Smt. Radhika Gupta & Sh. Neel Kamal Gupta

Smt. Sonia Gupta & Sh. Sanjeev Gupta

Daughters & Sons-in-law

Smt. Bably & Sh. Narain Gupta

Smt. Manju Gupta & Sh. Nareesh Gupta

Sh Vinod Gupta & Smt. Rama Gupta - Devar & Devrani

Bhabis & Brothers

Smt. Brij Bala

Smt. Prabha & Sh. Ved Bhushan Gupta

Sh. Yoginder Gupta

Nephew and his Wife Sh Sandeep Gupta & Smt Vimlesh

Grand Children : Dr Abhima, Krishna, Rudrakshi, Jeevesh, Akshay, Akshita, Deepak, Sohail, Pooja, Harshit

Mobile: 7006009790, 9906391352, 9906071873



Late Smt. Champa Devi Gupta

TENTH DAY/KRIYA

With profound grief & sorrow, we inform the sad demise of our beloved **Smt. Kavita Sharma** W/o Sh. Kamal Kumar R/o H.No. 9-B New Plots Prem Nagar Jammu who left for heavenly abode on 14-10-2023.

TENTH DAY shall be held on 22-10-2023 (Sunday) at Shiv Temple Arora Chapri at 11:00 AM.

KRIYA shall be held on 23-10-2023 (Monday) at our residence.

GRIEF STRICKEN

Sh. Kamal Kumar Padha - Husband

Miss Diya Sharma - Daughter

Sister-in-law & Brother-in-law

Smt. Rohni & Ram Pal Padha

Smt. Bharti & Manohar Padha

Nephew & Niece

Simran, Lovish, Saksham, Nipun & Sakshar.

Contact Nos: 9596685937, 6005617316, 7780992433, 9796043113



SMT. KAVITA SHARMA

10TH DAY / KRIYA

With heavy heart it is to inform that **Smt. Rani Koul** **nee Roop Gijri** W/o Sh. Trioki Nath Koul originally R/O Wanpora (Khandra) Pulwama Kashmir presently Flat-179 first floor sector 33 (Inder-Pertha Colony) Faridabad Breathed her last on 15-10-2023(Sunday) at her Faridabad Residence.

10th Day Kriya will be performed on 24-10-2023 (Tuesday) at Murad Nagar followed by Assembly at our Faridabad Residence at 12.30 noon.

GRIEF STRICKEN:-

TN Koul (Husband).

Subash & Heema Koul (Son & Daughter-in-Law)

Smt: Tita Koul W/O Late Daya Krishan Koul (Daughter)

Aneta (Kaki) & Shiban Ji Bhan (Daughter & Son-in-law)

Bety & Bal Krishan Bhat (Daughter & Son-in-law)

All Grand Children:

Meticulous urban planning, beautification of cities gifts of Modi Govt: Kavinder

Top News Report

JAMMU, Oct 22: Beautiful City Movement and flawless planning for the urban centres are the two gifts which the BJP Government led by PM Narendra Modi has ensured for the UT of J&K.

This was stated by senior BJP leader and former Deputy Chief Minister, Kavinder Gupta after inaugurating a fountain at Fawara Chowk Channi Himmat Jammu. The fountain was completed with an estimated cost of Rs. 15 lakh with assurance of five years maintenance cost. Former Chairman JMC and Corporator Ward No.51 Channi Himmat Jammu Rajkumar Tarkhan, Vinay Gupta former District President BJP and Narinder Gupta Koki accompanied Kavinder Gupta during the inaugural ceremony.

Addressing the gathering, Kavinder said, "During last few years



under the realms of Modi Government, Jammu and Kashmir has witnessed sea change in its development profile and the momentum of progress is phenomenal as the same is still underway with cities of this tourist region enticing people more than ever with efforts of beautification adding sheen to places of tourist interests and even common localities".

Kavinder made it clear that the

endeavour of the government in making J&K the city beautiful cannot become successful without the cooperation of people. He said that people should take care of things provided by the government, considering them as their own property.

Prominent among those who were present include Jagdish Raj Proch (Ward President), Jeewan Singh Charak, Surinder Singh Charak, Vinod Gupta, Mahavir Gupta, Mirza

Baghat, Dinesh Kumar, Manohar Lal, Dinesh Kumar, Deepak Kumar, Anand Lal Sharma, Parshotam Gupta, Tarsem Lal, Vimal Sharma, Krishan Lal, Bittu Choudhary, Thoru Ram, Chander Shekhar, Manohar Lal, Devinder Kumar Sharma, Rishi, Pintu Pandita, Deep Raj, Devinder Singh Charak, Noor Hussain, Nazir Ali, Gul Mohd, Lal Din, Peer Mohd, Alif Din, Khush Mohd, Majid Ali, Abdul Sheen, Abdul Meeen, Jhon Hussain, Khan Mohd, Farman Hussain, Mohd Rafiq, Nazir Choudhary, Lal Mohd, Shean, Sarab Din, Mohd Saleem, Vinod Sharma, Mahesh Sharma, Chaman Lal Sharma, Omkar Sharma, Rajinder Gupta, Ramesh Sharma, Naresh Sharma, Rattan Lal, Pankaj Sharma, Rakesh Kumar, Balwinder Kumar, Satish Gupta, Deepak Kumar, Susheel Gupta, Sunil Sharma, Jagdish Kumar, Rashpal Kumar, Sanjeev Kumar, Shah Mohd, Fareed and Sadiq Ahmed.

J&K become a den of corruption under BJP rule: Tony

Kick-start PHE scheme worth Rs 4.3 cr at Village Mule Chak

Top News Report

SUCHETGARH, Oct 22: Taranjit Singh Tony, Congress leader and DDC Member Suchetgarh, today launched a scathing attack on the BJP government, claiming that the Jammu and Kashmir has become a den of corruption under its rule. He accused the BJP of turning the region into a fountainhead of corruption, shedding light on alleged financial irregularities within the Jal Shakti (Water Resources) department.

While addressing a gathering after starting PHE scheme worth Rs 4.3 crore at Village and Panchayat Mule Chak in Suchetgarh, the Congress leader highlighted the statement of Mr. Parmar who exposed a staggering scam involving over Rs 1,000 crores in the Jal Shakti Department. He insisted that this substantial sum had been siphoned away by corrupt bureaucrats, demanding a thorough CBI (Central Bureau of Investigation) enquiry and the involvement of



the Enforcement Directorate (ED) to investigate and take legal action against all officials involved.

Furthermore, the Congress leader underscored the need for the ED to shift its focus towards investigating the alleged cases of corrupt bureaucrats rather than targeting honest opposition leaders. He criticized the government for what he perceived as an attempt to stifle the opposi-

tion's voice instead of addressing the corruption concerns plaguing the region.

Tony asserted that the commencement of a significant PHE scheme worth Rs 4.3 crore aimed at providing clean water to the villages and Panchayat Mule Chak. The inauguration, led by Tony, was intended to be a milestone in the provision of essential services to the area, but it quickly turned into a platform for political accusations.

Gojri Writers adopted 5 Point Resolutions at BGSB University meet

Top News Report

RAJOURI, Oct 22: In a significant development prominent writers of Gojri languages adopted a five-point resolution aimed at the propagation and documentation of the Gojri language. The decision was taken in a programme organised by Baba Ghulam Shah Badshah University Rajouri in collaboration with the Tribal Research Institute and the Department of Tribal Affairs, Government of Jammu and Kashmir.

The event was chaired by Prof. Mohammad Ishaq, Registrar of the University, Dr. Ali Asghar Shah, Dean of Academic Affairs, Prof. Rafiq Anjum, Chair Professor of Tribal Studies, and the noted researcher, Dr. Javaid Rahi, who serves as the Chief Editor of the Jammu and Kashmir Academy of Art, Culture, and Languages.

The five resolutions adopted during the meeting include Standardized Script and Orthography for writing the Gojri language, Devenagiri (Hindi) will be adopted as an additional script for writing Gojri, establishment of a linguistic lab to preserve the Gojri language, Preservation of Oral Tradition and Folklore, Tribal Heritage on priority.

Prominent individuals from various regions participated in the event, including Ch. Hassan D. Parwaz, Ch. G. D. Tahir (Director, Retd.), Mr. Muhammad Manshah Khaki, Dr. Mirza Khan Waqar, Jan Muhammad Hakeem, Shaziya Chowdhary, and Ch. Abdul Salam Kosri.

In his welcome address, Prof. Rafique Anjum stated that the programme was aimed to address critical issues related to the adoption of a standardized script and the preservation of the Gojri language. He expressed gratitude to Prof. Akbar Masood, Vice Chancellor of the University, and Dr. Shahid Iqbal Chowdhary, Secretary of Tribal Affairs in Jammu and Kashmir, for their support of this proposal.

Dr. Javaid Rahi, Noter Tribal Research highlighted the long-term impact of this event on the writing of Gojri and the potential for Gojri speakers to receive education in their native language through the adoption of Devenagiri script in addition to Persio Arabic (Urdu) Script.

Prof. Mohammad Ishaq, the University's Registrar, noted the importance of finalizing the script and orthography of Gojri for the Master's Degree Programme and how this event was held to fulfil the need under the Tribal Chair project.

Dr. Ali Asghar Shah, Dean of Academic Affairs, distributed awards and presented mementoes to accomplished Gojri writers. He also presided over the Gojri Mushaira.

The event was attended by several other distinguished individuals, including Dr. Layaquat H. Nayyar, Dr. Mohd Asaf Malik, Dr. Mohd Arshad, Dr. Mushtaq A. Siddiqui, Dr. Aftab A. Shah, and Dr. Ishtiaq A. Misbah, Assistant Professors of Gojri and Pahari.

This gathering of Gojri writers and scholars marks a significant step towards the preservation and revitalization of the Gojri language, ensuring that its rich cultural heritage and traditions are passed down to future generations.

NSF celebration of 123th birth anniversary of Ashfaqulla Khan



Top News Report

JAMMU, Oct 22: National Secular Forum (NSF), University Unit organized a programmed in University Campus and on the birth anniversary of Ashfaqulla Khan who laid his life for the country. Amid slogans "Ashfaqulla Khan" inqulaab Zindabad" "Bharat Mata ki jai" and they paid tributes to Ashfaqulla Khan and garlanded the portraits of the son of soil.

Dr Vikas Sharma Coordinator Jammu District (Urban) and Zonal Secretary JKNC, was the chief guest while, Dr Sukhdev Singh State President NSF presided over the function and Vikshay Vashist State Secretary and Incharge University Unit NSF was the Special Guest.

Speaking on the occasion Dr Vikas Sharma appreciated the efforts of NSF members to come forward and organize these functions.

He also said that the right tribute to Ashfaqulla

la Khan would be to launch the struggle for restoration of full status of Jammu and Kashmir State. On this occasion, he said that we all should take oath not to sit silent and continue our endeavor to regain Jammu and Kashmir State. He mentioned that people have suffered a lot during the four three years especially after the abrogation of Article 370, bifurcation of Jammu and Kashmir and downgraded of State to a Union Territory.

Referring to the unemployment problem, Dr. Vikas said that youth is very disturbed due to wrong policies of the Govt with a graph of unemployment growing fast. Mixture of religion with politics is destroying the country and hoodwinking the common masses to achieve their vicious agenda. Cautioning the public, Dr. Vikas said we have to make all out efforts to expose such black sheeps in the

system in the overall interest of the public.

Dr Sukhdev Singh also addressing on this occasion said that 26 September 1925, Pandit Ram Prasad Bismil and others from Shahjahanpur were arrested by the police but Ashfaq was the only one untraced by the police. Ashfaq went into hiding and moved to Banaras; from there he went to Bihar where he worked in an engineering company for about ten months. He also wanted to go abroad and meet Lala Har Dayal for his concrete help in the freedom struggle. He went to Delhi to find out the ways how to move out of the country. In Delhi, he took the help of one of his Pathan friend who in turn betrayed him by informing the police who arrested Ashfaq.

Vikshay Vashist recalled the planning capability, boldness and feeling of nationalism in martyr Ashfaq and stressed upon the youth to follow his ideas. He appealed to the youth to come forward to eliminate all evils from the society.

Roshan Sharma (President University Unit), was delivering the welcome address and Abhishek Uppal (Chairman University Unit), was delivering the vote of thanks.

Natrang honors young artists of Katra in Navratra Festival-2023



Top News Report

KATRA, Oct 22: Natrang honoured 10 young artists of Katra for their outstanding talent and brilliant performances in 'Mata Ki Kahani' which is being featured in Navratra Festival at the Auditorium of Spiritual Growth Centre, Katra. Natrang in its endeavor to promote local talents always tries to give opportunity to young talents wherever Natrang moves for its performances. Such a kind of initiative develops a strong local connect and people also find themselves as a part of Natrang performances. Giving details about this unique initiative, Natrang Director Balwant Thakur informed that Natrang

conducted auditions in Katra and selected young aspirants and trained them under top professionals. Out of hundreds of aspirants, ten most outstanding young artists made it to the finals and participated as performers of 'Mata Ki Kahani'. Those honored on the occasion included Aradhaya Sharma, Kavya Sharma, Aruchi Thakur, Alisha Dogra, Ayushi Nagotra, Nimisha Singh, Sonam Thakur, Priyash Ashok Gupta, Mehak Chib and Aayna Thakur.


This initiative of Natrang is being appreciated by all particularly the locals of Katra. One of the parents while expressing his gratitude said that it was a unique experience finding your children becoming a part of an

internationally acclaimed presentation. This opportunity is immense where they are performing with celebrated artists of Natrang.

It may be mentioned that Natrang is presenting the shows of 'Mata Ki Kahani' - a musical dance-drama at the auditorium every day at 4 pm and 6 pm with the support of Shri Mata Vaishno Devi Shrine Board and Directorate of Tourism, Jammu. This show series is going to culminate tomorrow 23rd of October, 2023. Natrang showcased this mega show with the help of about 70 performers on stage. Since the top trainers camp in Katra for all these days, it was thought proper that why not to utilize their professional servic-

es free of charges to promote the local talent and this is how 10 young artists were identified and trained to be a part of this show.

The honors were done by Natrang Director Balwant Thakur who was accompanied by ASP, Katra Sh. Vipran Chandran. Natrang Director Balwant Thakur said that Natrang will give these young artists of Katra an opportunity to perform at National and international level. Prominent amongst those who attended the honoring event included Neeraj Kant, Mohd. Yaseen, Rahul Singh, Shivam Singh, Brijesh Avtar Sharma, Virender Sumbli and Sunny Mujoo.


 UNION TERRITORY OF JAMMU & KASHMIR
OFFICE THE EXECUTIVE ENGINEER PWD (R&B) DIVISION JAMMU EAST
 E-MAIL: eastdivisionjammu@gmail.com

SHORT NOTICE INVITING TENDER

Fresh Short e-NIT No. 12 of 2023-2024/Jammu East Dated 17-10-2023

For and on behalf of the **Lieutenant Governor, Union Territory of Jammu and Kashmir** e-tenders are invited on **percentage basis** from approved and eligible Contractors registered with Union Territory of J&K, CPWD, Railways, MES and other State/Central Governments for each of the following works :-

S. No	Name of Work	Name of Division	Advertised Cost (Rs. in lacs)	Cost of document (in Rs.)	Earnest Money (in Rs.)	Time Allowed for complete-on	Time and date of opening of tender	Class of Contractor
1	Updgd. of conference room by way of changing curtains, conference table, changing bathroom fixtures, emulsion painting and other allied works at main building, 5 Prithviraj Road, New Delhi. (2 nd Call)	PWD (R&B) Division Jammu East	5.12	600	2% of Advertised Cost	01 month	(1300 Hrs) on or after 27-10-2023	"C & D" Class
2	Const. of new Cold Storage room and providing of interlocking paver tiles near parking area at Drugs and Food Control Organization, J&K Jammu. (2 nd Call)	PWD (R&B) Division Jammu East	21.82	600	2% of Advertised Cost	02 Month	(1300 Hrs) on or after 27-10-2023	"B & C" Class
3	Updgd. of reception lobby by way of providing of furniture, decorative partition, painting polishing and curtains at JK House Chanakyapuri, New Delhi. (1 st Call)	PWD (R&B) Division Jammu East	8.83	600	2% of Advertised Cost	01 Month	(1300 Hrs) on or after 27-10-2023	"C & D" Class

Position of AAA: Accorded.

The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website <http://jktenders.gov.in> as per below schedule :-

1	Date of Issue of Tender Notice	17-10-2023
2	Period of downloading of bidding documents	From 18-10-2023 to 25-10-2023 upto 1800 Hrs
3	Date, Time and place of pre-bid meeting	XXXXXXXX at XXXX Hrs. in the Office of Executive Engineer PWD (R&B) Division Jammu East
4	Bid submission Start Date	18-10-2023
5	Bid Submission End Date	25-10-2023 upto 1800 Hrs
6	Date & time of opening of Technical Bids (Online)	27-10-2023 on or after 1300 Hrs in the Office of Executive Engineer PWD (R&B) Division Jammu East
7	Date & time of opening of Financial Bids	To be notified after technical bid evaluation is completed

- Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date, e-NIT No. and name of work duly crediting to MH 0059 (Revenue) favoring **Executive Engineer PWD (R&B) Division Jammu East** and upload the same in treasury challan / receipt, Earnest money/Bid security in shape of CDR/FDR/BG pledged to **Executive Engineer PWD (R&B) Division Jammu East**. The CDR/FDR/BG shall be valid for 45 Days beyond the bid validity period. The original instruments in respect of cost of documents, EMD and relevant documents of L1 be submitted to the **Executive Engineer PWD (R&B) Division Jammu East** at the time of allotment.
- The electronic bidding system would not allow any late submission of bids after due date and time as per server time. Bidders may modify their bids by uploading their request for modification before the deadline for submission of bids. For this, the bidder needs not to make any additional payment towards the cost of tender document. For bid modification and consequential re-submission, the bidder is not required to withdraw his bid submitted earlier. The last modified bid submitted by the bidder within the bid submission time shall be considered as the bid. For this purpose, modification/withdrawal by other means will not be accepted. In online system of bid submission, the modification and consequential- submission of bids is allowed any number of times. The bidders may withdraw his bid by uploading their request before the deadline for submission of bids; however, if the bid is withdrawn, the re-submission of the bid is not allowed. No bid shall be modified or withdrawn after the deadline of submission of bids.
- The date and time of opening of Financial-Bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message to their e-mail address. The **Financial-bids of responsive bidders** shall be opened online in the **Office of Executive Engineer PWD (R&B) Division Jammu East**. The date for same shall be intimated separately. No :-

Dated :- **DIP/J-10030/23**
 Executive Engineer
 PWD (R&B) Division
 Jammu East

EDITORIAL

MODERN
EDUCATION
SYSTEM

Knowledge has been crucial in the evolution of human civilization, and words like education, teacher, and learner have developed to spread knowledge effectively.

The modern education system plays a vital role in refining human thinking, intelligence, and efficiency. It contributes to the progress of society in various aspects, such as social, economic, and cultural development.

The education system has evolved over time and now includes elements like administration and business, which have changed its method and structure significantly.

The shift towards emphasizing material resources has led to societal issues, including frustration, animosity, inequality, division, regionalism, corruption, and communalism.

The education system should not contribute to inequality but should focus on developing the qualities within individuals.

The education system should not solely protect materialism but also incorporate moral values that stem from spirituality.

Education is a basic need that should fulfill physical, economic, social, and spiritual needs, not just economic ones.

The linguistic problem in a multilingual nation needs to be addressed by focusing on the importance of the mother tongue in education.

Educational curriculum should have clear aims and objectives, considering both vocational and traditional education to meet various needs.

A focus on materialism has led to mental stress and physical problems for students.

The current education system primarily focuses on evaluating students rather than evaluating the quality of education they receive. To improve this, you propose a system that assesses both students and the education they are provided.

The current system lacks concrete evidence of the quality of education imparted to students, making it difficult to assess and improve the education system itself.

Success or failure is often attributed solely to the students, neglecting the role of the educational system in their outcomes.

You suggest ending the practice of classifying schools as upper or lower class at a general level and discouraging commercialization of education. This move aims to promote equality in education.

Emphasizing the importance of both equality and education as fundamental values, you call for establishing equality on a global scale.

You propose that education should be delivered through emotional connections and intimate relationships, fostering cooperation and harmony among students to achieve the purpose of learning.

You refer to the Gurukul-like tradition, which historically emphasized a more holistic approach to education, including personal relationships and emotional bonds between students and teachers.

The statement suggests that Macaulay's criticism of the current education system and analysis of the Gurukul-like tradition would be more appropriate if science and technology were not a part of the curriculum.

In summary, the statement underscores the need for a more comprehensive and inclusive evaluation system, a shift away from blaming students for educational outcomes, and an emphasis on fostering equality, emotional connections, and harmony in the education system. It also suggests reevaluating the inclusion of science and technology in education in the context of traditional teaching methods.

It's high time to rethink our strategy in Maldives

By: Manish Tewari

The elections in Maldives, resulting in the victory of Dr Mohamed Muizzu, an overtly pro-China and unfortunately anti-India politician, is a stark reminder of how much has changed in Indo-Maldivian relations since the swash buckling Operation Cactus carried out by India on November 3, 1988.

Thirty five years back, it was India's surgical intervention that not only preserved democracy in Maldives but neutralised the coup d'etat by Abdullah Luthufi and his hired band of Sri Lankan Tamil mercenaries who was seeking to overthrow President Abdul Gayoom.

Despite Cold War tensions in 1988 and a bitter domestic divide internally, the operation executed at the personal instance of Prime Minister Late Rajiv Gandhi garnered critical international acclaim from the West, particularly from leaders such as Ronald Reagan and Margaret Thatcher, both of whom commended India's proactive response to prevent the subversion of democracy.

Pro-China does not necessarily have to be anti-India. It is not a binary or a linear equation. However, in Dr Muizzu's case, that is what it ostensibly seems to be for the moment, going by reports in the public domain.

Dr Mohamed Muizzu's anti-Indiaism has created a rather unnecessary geopolitical situation and presents a clear challenge to Indian influence in the Indian Ocean — our strategic backyard.

India and Maldives share close ethnic, linguistic, cultural and commercial ties. The name Maldives derives from the Sanskrit word: mālā (garland), and dvīpa (island). Moreover, the official language of Maldives, Dhivehi, has strong ties to Indic languages such as Sanskrit, Prakrit and Tamil.

When the Maldives became independent from the British on July 26, 1965, India was

among the first countries to recognise the archipelago. In 1981, the two countries signed a Comprehensive Trade Agreement that cemented decades of commercial relations. Both nations are founding members of the South Asian Association for Regional Cooperation (Saarc) and the South Asian Economic Union (SAEU). During the unprecedented tsunami of 2004, India was one of the first responders to send relief to the Maldives. Under Operation Vaccine Maitri, Maldives was the first country to receive the Covid-19 vaccine as a grant from India.

However, hardline anti-India and Islamist elements in the Maldivian polity has used these ties to build an anti-India narrative. They have sought to exploit India's benign presence in the Maldives and even politicised the well-meaning help and aid provided by India to the Maldives.

These narratives can be traced back to 2010 and 11 when India gifted Maldives surveillance helicopters, and the two sides signed a defence cooperation agreement for joint surveillance in the Indian Ocean. The then Opposition led by people such as Abdulla Yameen criticised this agreement as an attempt by India to infringe upon Maldivian sovereignty, and enhance its hegemony over the island state.

Similarly, in December 2012, a controversy was manufactured to oust GMR-GMIAL (GMR Male International Airport Private Limited) that had won a concession worth \$511 million for 25 years for upgrading and operating the Male international airport. The obtuse basis that was made the ground for kicking out GMR was that a \$25 airport development charge levied per person for using the airport was a tax and not a user fee and, therefore, illegal, since it had not been approved by the Maldivian Parliament.

As a consequence of these various campaigns of calum-

ny in 2013, Abdulla Yameen came to power and departed from the traditional pro-India stance that was virtually the default setting of Maldives. He furthered intensified the anti-India rhetoric in an attempt to whip up a xenophobic and jingoistic nationalist sentiments and consequently leveraged these manufactured narratives to increase proximity to Beijing. As a result, the Maldives became a member of the Belt and Road Initiative (BRI) and invited Chinese investment into the region to offset India.

In 2018, when Ibrahim Solih replaced him as the President; he immediately rectified the wrongs done by his predecessor and sought to improve ties with India by initiating an "India First" policy. This policy prioritised India for economic and defence partnerships and was sensitive to India's concerns regarding the growing presence of China in the Indian Ocean.

In response, the Opposition coalition, which included the People's National Congress (the party to which Dr Muizzu belongs) and the Progressive Party of Maldives, launched a policy called the "India Out" campaign. The campaign aimed to remove Indian military presence in the Maldives, which, in reality, consists of a mere 75 Indian military personnel stationed in the Maldives to assist the operation of the Dornier aircraft and two helicopters gifted by the Indian government.

Another aspect that fuelled anti-Indian sentiment in Maldives was the majoritarianism intrinsic to the DNA of the current ruling dispensation in Delhi.

Maldives is a very conservative society with Islam as its state religion; therefore, instances of pro-Hindu and anti-Muslim rhetoric coming from India were used by the Maldivian Opposition coalition (now in office) to polarise society and build its voter base on an anti-Indian platform.

Maldives is strategically

important to India. It overlooks critical Sea Lanes of Commerce (SLOC's) connecting Asia with Europe and, therefore, serves as a crucial buffer to pre-empt the spread of Chinese influence from the South China Sea to the Northern Indian Ocean and beyond. Given that the Gwadar and Hambantota ports are already controlled by the Chinese, a pro-China Maldives could furthermore augment their access if not ability to project power in the Indian Ocean. This has clear implications on India's sphere of influence — its Monroe doctrine.

Unfortunately, Mohamed Muizzu is not making it easy, for India and by implication for himself, by walking his anti-India rhetoric. He reiterated his campaign bombast of removing Indian troops from the first day of taking charge and also stated that he would exonerate the anti-India former President Abdulla Yameen, who was then released from prison and placed under house arrest.

Additionally, Dr Muizzu's strict adherence to Salafism, a radical school of Islam, is at odds with the comparatively liberal Deobandi Islam and the permissive Sufi Islam that characterise the Muslim ethos of the subcontinent.

Moreover, radicalism and extremist ideologies are finding increasing resonance among the youth in Maldives. Certain reports suggest that Maldives contributes the highest number of cadre per-capita to the ranks of the Al-Qaeda and ISIS. Consequently, India-Maldives relations are expected to face challenging times, and India can anticipate both an increased Chinese presence in its strategic backyard as well a greater proliferation of radicalism in its neighborhood. The funds of atheism would fuel the extreme fringes of religion. It is, therefore, imperative that India deeply rethink its strategy qua the Maldives.

Women in leadership roles



By: Vijay Garg

Religiously-spiritually, Navratri is a festival of bowing before the dignity, pride and power of womanhood. In the Indian society where mother power is worshiped, women have always been considered the embodiment of Shakti. In our country, the pace of change in the mental and life circumstances of women may be slow, but

the change is happening in a positive direction only. In fact, the policy of women empowerment is included in the Constitution of India itself. Article 14 ensures the right to equality for women. It is pleasant that the increasing figures of empowered women at the community level also confirms the increasing power and acceptance of half the population. The total population of women in our country is approximately 66.3 crores. Of these, about 45 crore women are between 15 and 64 years of age. Among them, there are girls who play a major role in the country's labor force and also daughters who stand first in examinations. There are girls who have won medals in national and international sports competitions and also daughters who are fighting on the mili-

tary front. definitely Development plans and policies that emphasize the leadership role of women are also strengthening the foundation of this change. In the year 1951, the literacy rate of women of the country was around nine percent. Data from the National Statistical Office shows that the literacy rate of women in the year 2021 was 70.30 percent. In recent years, the number of daughters taking degrees in the fields of technology and science has also increased rapidly. The number of girls studying till high school and beyond is increasing rapidly. Science in India today, The enrollment rate of girls in technology, engineering and mathematics is 43 percent. This figure is more than developed countries like America, Britain and Germany. In other countries

of the world, only five percent of pilots are women, whereas here more than 15 percent of pilots are women. This participation of girls in the field of civil aviation, despite the costly training and conditions like being away from home from time to time for work responsibilities, is indicative of a major change. Actually, strength is the aspect related to self-power. With this power of mind But every resource can be progressed despite the lack of every facility. Indian women are becoming strong by mobilizing this spiritual energy. They are reaching their goals, due to which their involvement in society and family has also increased.

(Vijay Garg Retired
Principal Educational
Columnist Malout
Punjab)

Vande Bharat Trains are favourite among youth over air travel

Top News Report

JAMMU, Oct 22: Northern Railway has currently four Vande Bharat trains running on the route of Dehradun, Varanasi, Amb Andaura and Katra from New Delhi. This semi high speed rail with more speed, world class facilities, and reduced travel time has become the favourite of travellers going to their families during this current festive season. This is the reason for the almost full occupancy of these trains of the Northern Railway.

With its speed, comfort, and affordable fares, Vande Bharat has become the current favorite of the youth in India as young people in the age group of 25-34 years are preferring to travel by Vande Bharat as they get the best of facilities in economical



price range.

As the web of the Vande Bharat trains continues to increase in the Northern Railway zone, connecting many commercially important states and cities, the working community in the age groups of 25-34 and 35-49 years prefer them for

their daily commute due to the reduced travel time, no worries of traffic and affordable prices that are within their budget.

Many culturally and religiously significant cities like Varanasi and Katra are quite popular with the travellers who are now travelling in our New - Delhi Vande

Bharat Express and Shri Mata Vaishno Devi Katra Express of the Northern Railway zone.

And not only the young, the senior citizens in the age group of 60+, are also enthusiastic about travelling with the Vande Bharat Express because of its added comfort due to the world class facilities available on the train.

Vande Bharat trains, which have been in operation for over four years now, are anticipated to have a significant impact on the aviation industry in the states of Northern Railway zone. The increasing presence of these trains, known for their high-speed, cost-effective, and comfortable travel offerings, is likely to result in a competitive challenge for domestic airlines, particularly on short-distance routes.

Army conducts a basic computer skill course for the youth of border area villages of Jourian, Potha and Ratanpur



Top News Report

JAMMU, Oct 22: The Indian Army, in its ongoing commitment to the development and empowerment of the youth in border area villages, has successfully conducted a Basic Computer Skills Course in the region. This course, aimed at enhancing digital literacy for the next generation, has proven to be a valuable endeavor in a world increasingly reliant on technology.

From 13th August to 21st October 2023, the Indian Army organized a comprehensive program in the vicinity of Rakhmuthi, benefiting the youth from villages such as Jourian, Potha,

and Ratanpur. Eleven students participated throughout the course, receiving training in fundamental computer skills, a vital set of competencies for success in the modern world.

The primary objective of this initiative was to empower the youth in underserved border area communities. The rapid advancement of technology and the growing significance of digital skills necessitate that these communities have access to computer education. The program has not only equipped these young individuals with practical computer knowledge but has also opened doors to a world of possibilities

and opportunities.

The successful culmination of the course was marked by a felicitation and prize distribution event, where the hard work and dedication of the students were celebrated and recognized. The Indian Army remains dedicated to furthering the cause of education and skill development in the region.

This digital literacy initiative exemplifies the Indian Army's commitment to the holistic development of the nation's youth and the cultivation of a bright and prosperous future for the border area villages.

Shiv Sena strongly condemns detention of several social & political activists

Top News Report

JAMMU, Oct 22: Shiv Sena (UBT) strongly condemned the harsh police action taken by the Jammu police, detaining several social and political activists from Jammu, Samba, and Kathua districts, which resulted in the failure of a peaceful rally organized under the banner of the 'United Peace Alliance' to appeal for an immediate end to Israeli aggression and war on Palestinians.

According to a press release issued by the Party's Central Office, Manish Sahni, President Shiv Sena, J&K, has termed the police action as a direct assault on democracy. He emphasized that the beauty of democracy lies in the rights of common people to speak and express themselves through constitutional means. The police's actions infringe upon the democratic rights of the public and are

unlawful.

Sahni further stated that members of the entire organizing committee of the United Peace Alliance, which included 94-year-old former MP and MLA Sheikh Abdul Rahman, senior journalist Mir Shahid Salim, Kathua's IPD leader IP Khajuria, and others, were detained without any written orders and were released late at night.

Sahni asserted that such undemocratic actions are an attack on the fundamental principles of the Constitution, which guarantee the basic rights of peaceful protest.

He appealed to the people of Jammu and Kashmir to come together to raise their voices against the inhuman atrocities happening in Palestine and strongly condemn the harsh measures and disregard for constitutional standards taken by the Jammu and Kashmir administration.

Shiv Sena Youth Wing activists protest against Pakistan over ceasefire violations



Top News Report

ARNIA, Oct 22: Shiv Sena Youth Wing activists led by President Ganesh Choudhary today held strong protest against Pakistan for ceasefire violations injuring two Border Security Force (BSF) personnel in a firing by Pakistan Rangers. Scores of Shiv Sena activists raised anti-Pakistan slogans and burnt an effigy of Pakistan. Speaking on the occasion, Ganesh said Pakistan Rangers have deceived us again by resorting to unprovoked firing, resulting in injuries to two BSF jawans. This cannot be tolerated," he said. This was the

first ceasefire violation in the last two years, in which Pakistan Rangers "resorted to unprovoked firing" on border guards along the International Border (IB) here, he said. The Centre should create facilities for the safe lodging of border dwellers in the eventualities like shelling from across the border, he added. Prominent among those present on the occasion include State Chairman Shashi Pal Singh Salathia, Jammu District President Rai Kumar Gupta, Samba District President Nek Ram, Badi Brahmana Block President Sanjeev Kumar, Bishnah Block

Vice President Sankar Singh, Arnia Block Vice President Bharat Bhushan, Bishnah Chairman Vikas Kumar, Bishnah Block Vice President Pritam Singh, Batra Chak President Mohan Lal, Parmandal Morh President Pawan Kumar, Karan Singh, Bhushan Kumar, Kamal Kumar, Punjab Singh, Jhankar Singh, Mohd Ashraf, Girish Kumar, Pawan Kumar, Kewal Kumar, Madhu Bala, Sunita Devi, Sonia Choudhary, Reena Devi, Veena Devi, Sheela Devi, Pinky Devi, Sunita Devi, Santosh Devi, Suman Devi besides others.

Creating Awareness on Protection Against Cyber Crimes at Government High School Challas, Rajouri



Top News Report

RAJOURI, Oct 22 : The Indian Army continues its commitment to enhancing digital literacy and security by organizing an educational lecture at Government High School Challas in Rajouri District. The informative session was designed to educate students about the various types of cyber and internet crimes and equip them with essential preventive measures to safeguard themselves in the digital world.

Cybercrimes, including hacking, ransomware, espionage, financial theft, and phishing activities, are increasingly prevalent in today's interconnected world. Recognizing the importance of digital security and its impact on young minds, the Indian Army took the initiative to address this issue directly.

During the lecture,

students were enlightened about the critical aspects of cyber security. They learned about simple preventive measures that can help them avoid becoming victims of cybercrimes. Understanding the risks and recognizing suspicious activities online is the first step towards personal cyber security.

The lecture also delved into the importance of safety while using various social media platforms such as Facebook, WhatsApp, and other communication apps. Students were educated about the potential risks associated with over sharing personal information and were advised on best practices to protect their online identities.

In addition, the discussion extended to the safe use of banking applications, emphasizing the need to exercise caution while conduct-

ing financial transactions online. Ensuring the security of financial information is crucial in an age where digital payments are increasingly common.

The students, enthusiastic and eager to learn, actively participated in the lecture, asking questions and seeking clarification on various aspects of cyber security. They expressed their appreciation for the Indian Army's efforts to disseminate such valuable information, recognizing that this knowledge is not only relevant today but will also be crucial in their future endeavors.

The Indian Army remains committed to empowering the youth with knowledge that will help them navigate the digital world safely and securely. Initiatives like these reflect the Indian Army's dedication to the holistic development and protection of the nation's youth.

Seminar on NEP2020 organised by CBC at Katra

Top News Report

KATRA, Oct 22: The Central Bureau of Communication (CBC), Ministry of Information and Broadcasting, Government of India on Sunday organised a seminar to deliberate on the National Education Policy (NEP)-2020 at Government Higher Secondary School (GHSS), Katra.

The seminar held on the penultimate day of the eight day long multimedia exhibition underway in Katra, was part of a series of similar activities organised to apprise people about different public welfare schemes. For the last seven days, experts from nodal departments have been providing information about schemes and programmes like financial inclusion, financial literacy, Poshan Abhiyaan, NEP2020, PM Vishwakarma Yojana, Ayushman Bharat-PMJAY and other major flagship schemes of the government.

On Sunday, Dr. Chandher Mohan, Associate Professor, Government Degree College, Katra gave a detailed presentation on NEP-2020. Calling the policy futuristic and path-breaking, Sh. Mohan said that NEP-2020 has been conceived to meet the aspirations of a new India. While deliberating upon the key aspects of the policy, he said that it envisions a system of education which blends best practices from the world with the time tested traditional Indian learning. He said that the curriculum under NEP-2020 lays special emphasis on the foun-



dational literacy, numeracy and imparting practical knowledge.

Welcoming the guests on the seventh day, Sh. Khurshid Yousuf, Field Publicity Officer, CBC, Udhampur and Nodal Officer for the event briefed the audience about the activities organised during the multimedia exhibition. He said that CBC's exhibition has disseminated information through photo exhibits, informative standees, expert lectures, IEC material as well as by means of theme based cultural programs. He impressed upon the participants particularly the youths to benefit from the information being provided through various mediums during the event. He asked them to amplify the message in their respective localities.

In his address, Sh. Shahid Mohammad Lone, Field Publicity Officer, CBC, expressed gratitude to the guests and participants, especially the students for ensuring their presence even on a public holiday. He added that such a response and enthusiasm serves as a source of encouragement for

CBC. Sh. Lone also provided a brief overview of the working and the mandate of the CBC and its integrated strategy. He urged the local residents to be part of the daily cultural evening being organised by the bureau, which he said, provides glimpses of the nation's unique cultural diversity, as well as celebrates India's matchless achievements in different sectors during the past nine years of Seva, Sushasan and Garib Kalyan.

During the day students took part in various activities which included poetry recitation, elocution, dance, singing, painting and an open quiz competition. The activities were based on the themes like national integration, communal harmony, patriotism and cleanliness.

Empanelled cultural troupe of the CBC also presented theme based cultural programs as part of the program.

Others who attended the programme included, Sh Gurnam Singh, TA(S), CBC Udhampur, Sh. Neeraj, FPA, CBC

Srinagar, staff artists of CBC Jammu as well as teachers and students from Dev Kids Public High School, Katra, Evergreen Model Academy, Katra and Trikuta Higher Secondary School Katra.

Earlier on Saturday evening, Chairman, District Development Council (DDC), Reasi Sh. Saraf Singh Nag attended the cultural events as Chief Guest alongside Sh. Rajinder Chaudhry, Additional Director General (ADG), CBC/PIB, Chandigarh and J&K region.

Sh. Nag was also accompanied by Sh. Sham Lal Bhagat, Chairman, Block Development Council, Katra. Other dignitaries present included Sh. Ghulam Abass, Joint Director, CBC, J&K and Ladakh Region and Dr. K. C Dogra former Deputy Director, J&K Health Services.

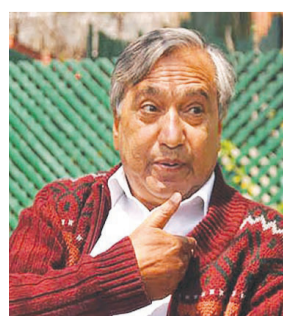
Addressing a gathering of locals residents and devotees at GHSS Katra, Sh. Nag commended the CBC for organising the multimedia exhibition and involving artists from different states in the cultural programmes. He said that people should take advantage of the information about welfare schemes displayed through the exhibits. He said informed masses are key for development at the grassroots level.

Pertinently, CBC empanelled troupes have been participating in Prabhat Pheris, Shoba Yatras and daily cultural events during the ongoing annual Navratra Festival at Katra in Reasi district of J&K.

Tarigami seeks GoI intervention in Palestine ceasefire

SRINAGAR, Oct 22 (Agencies): Senior CPI(M) leader Muhammad Yousuf Tarigami on Sunday sought intervention of the Government of India in ceasefire in Palestine.

In a press conference, Tarigami expressed deep concern about the



"genocide being carried out brazenly by Israel supported by United States of America."

He appealed to the United Nations for effective intervention to stop the ongoing war crimes committed by the Israeli Army in Gaza and West Bank.

Katrina Kaif loves dancing with Salman Khan

Katrina Kaif and Salman Khan's 'Leke Prabhu Ka Naam' to release on October 23

Actors Salman Khan and Katrina Kaif's peppy track 'Leke Prabhu Ka Naam' from 'Tiger 3' is all set to be out.

In the track, Katrina will be seen shaking a leg with Salman. Sharing her experience on shooting for the track with Salman, Katrina said, "Dancing with Salman is always amazing and I take away so many wonderful memories of shooting for Leke Prabhu Ka Naam. Just as Swag Se Swagat was received with so much love, we hope Leke Prabhu Ka Naam will raise the bar even higher."

Fans will also see Katrina in a completely glamorous avatar. Anaita Shroff Adajania styled her for the song.

On her looks in the song, Katrina shared, "Leke Prabhu



Ka Naam stands out as a visually captivating song. Set against the breathtaking backdrop of Cappadocia, Turkey, this song has to be visually one of my favourites. Teaming up once more with my favourite Vaibhavi Merchant after Mashallah and

Swag Se Swagat." She added, "Styled by one and only Anaita Shroff Adajania who has truly excelled in curating a stunning array of looks for me. In 'Leke Prabhu Ka Naam', Anaita has crafted 7 remarkable looks, each exuding an unde-

niable sense of glamour and unique silhouettes."

Katrina further said that songs from the "Tiger franchise have always been iconic chart-busters" and she expects Leke Prabhu Ka Naam to meet the soaring expectations of people.

"Songs have always been one of the highlights in the Tiger films. I love how Vaibhavi captured the vibe and dynamic between Tiger and Zoya in this song in a new way. It embodied the vibrant and energetic feel of the song that fans anticipate from both of us," she said.

'Leke Prabhu Ka Naam', which is sung by Arijit Singh and Nikhita Gandhi, will be released on October 23. The film also stars Emraan Hashmi and is all set to hit the theatres this Diwali.

Mouni Roy to host Indian version of American reality series 'Temptation Island'



Actor Mouni Roy has come on board to host the Indian version of American dating reality series 'Temptation Island'. Jio Cinema unveiled the show's promo in which Mouni is seen telling the audience what they can expect

from the show. "Relationships ka hoga ab ultimate test. Aa raha hai Temptation Island. Yahaan couples aur paas aayenge ya kisi aur ke pyaar mein dub jaayenge?" Mouni said in the clip.

As per a statement, 'Temptation Island' will provide a unique opportunity for viewers to witness the ultimate relationship test, as per a statement.

The format sees couples put their relationship to the test in an enchanting tropical paradise. As in other versions, they'll be tempted to sever their ties and explore new romances as they willfully separate and immerse themselves in an environment filled with allure.

The first season of the show aired in 2001. This is the first time that the show is being hosted and presented in India.

The Indian version of the show will be out on November 3. Contestants' names have not been revealed yet.

Kangana Ranaut organises 'Tejas' special screening for defence minister, IAF officers

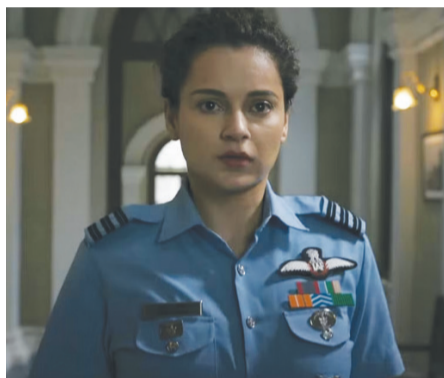
Actor Kangana Ranaut is all set to hold a special screening of her upcoming film 'Tejas' for Defence Minister Rajnath Singh and several Indian Air Force Officers in Delhi.

A while ago, Kangana was spotted at the Mumbai airport, where she informed the paps about the screening.

"Today we are going for a special event. We have organised a special screening of our film Tejas for our defence minister. Several IAF officers will also be present there. Please pray for us and hope everything goes well," Kangana said while briefly interacting with the photographers.

'Tejas' is all set to hit the theatres on October 27. Sarvesh Mewara has helmed the project, which revolves around the extraordinary journey of Tejas Gill, an Air Force pilot, and aims to inspire and instil a deep sense of pride in every Indian, showing how Indian Air Force pilots work tirelessly to defend our nation, confronting numerous challenges along the way.

She also has 'Emergency' in her kitty. Recently Kangana took to X and announced that she has postponed the



release of the film. "Dear friends, I have an important announcement to make. Emergency movie is the culmination of my entire life's learnings and earnings as an artist. Emergency is not just a film for me it's a test of my worth and character as an individual. Tremendous response that our teaser and other units got from everyone encouraged us all. My heart is full of gratitude and wherever I go people ask me about Emergency's release date," she wrote.

'Emergency' was earlier scheduled to release on November 24 this year. In the film, she plays the role of India's first female Prime Minister Indira Gandhi.

Karan Johar, Guneet Monga announce Hindi version of French hit 'The Intouchables'

Karan Johar's Dharma Production and Guneet Monga's Sikhya Entertainment announced their second collaboration, an adaptation of French hit "The Intouchables".

The Hindi-language film will be directed by Collin D'Cunha, best known for assisting on movies such as "Sanju", "Secret Superstar" and "Shaandaar".

The original film, which released in 2011, featured French star Omar Sy and Francois Cluzet. The buddy comedy had spawned remakes in English and Spanish as well as a Telugu-Tamil version that starred Karthi and Akkineni Nagarjuna.

The story is about two grown men coming together from starkly different backgrounds to help each other overcome different aspects of their life holding them back.

The Hindi remake of the French movie is the second project between Dharma and



Sikhya after "Kill", an upcoming action thriller which had its world premiere at the Toronto International Film Festival (TIFF) in September.

Guneet shared the announcement on Instagram.

"Working on 'The Intouchables' is a creative challenge and a thrilling opportunity. We

are committed to bringing the essence of this beloved French film to the Indian audience while infusing it with our cultural sensibilities. Collaborating with Guneet once again is an exciting prospect, and I am confident that this project will touch the hearts of viewers across the country," Johar said in a state-

ment. Monga said "The Intouchables" is one of the most celebrated films around the world and she is looking forward to present its Hindi version.

"After a high-octane, action packed, 'Kill' we are laying our hands at dramedy which signifies the range of the spectrum of our collaboration with Dharma which we are incredibly excited about," she added.

D'Cunha said it is an "incredible honour" to direct the project.

"The original film left an indelible mark on audiences worldwide, and I am honoured to have the opportunity to bring this story to life for Indian viewers. Working with Karan Johar, Guneet Monga, and the entire team is something I'm greatly excited for and looking forward to," he said.

The makers are yet to announce the cast and other crew members for the project.

Janhvi Kapoor, Jr NTR all set for second schedule of 'Devara' from October 24

Actress Janhvi Kapoor, who is known for films like 'Gunjan Saxena: The Kargil Girl', 'Roohi' and 'Bawaal', will kickstart the second shoot schedule of her under-production film 'Devara' on October 24.

The film also stars NTR Jr, who registered global success with his historical fiction film 'RRR', along with Bollywood actor Saif Ali Khan. The film reunites NTR Jr with director Koratala Siva after their last association 'Janatha Garage' which was released in 2016.

The poster of the movie was released recently.

As per a source, Janhvi will be busy shooting for the project in Goa from October and the shoot schedule will be extended till January next year.



The source said: "Janhvi will be starting the second shoot schedule for 'Devara' with NTR Jr on October 24. The actress shot the first schedule for only 3 days. She will be busy shooting for the project in Goa from October and the shoot schedule will be approximately extended till January for 3 to 4 months."

Earlier, director Koratala Siva had revealed that the film will be a two-part release in order to do justice to its meticulously detailed storytelling.

Taking to social media, Koratala said in a video where he mixed Telugu and English: "The film is set against the forgotten lands of coastal India and the

canvas is too big.

As we started shooting the film, the canvas revealed itself and started getting bigger and bigger. Every character in the film has its own weight and they need to be explored and established in depth and in detail, which we can't justify in one part."

Concluding his message, he said: "So, we decided to tell this big story and canvas in two parts. The story won't change in shape but will thrive in scale. One of the biggest canvases ever of 'Devara' will be done in two parts and April 5, 2024, is just the beginning."

The film is produced by Yuvasudha Arts and NTR Arts, and presented by Nandamuri Kalyana Ram.

Sidharth Malhotra, Rohit Shetty's web series 'Indian Police Force' to be out in January 2024



Sidharth Malhotra's OTT debut 'Indian Police Force' has got a release date.

On the occasion of the Police Commemoration Day, director Rohit Shetty took to Instagram and informed that the web series will be out on January 19, 2024 on Prime Video.

"You gave us love and made us what we are today with SINGHAM, SINGHAM RETURNS, SIMMBA and SOORYAVANSHI and I know, you will give us the same kind of love when you come to the theatres for SINGHAM AGAIN...BUT BEFORE

THAT... We are bringing you our DIGITAL COP UNIVERSE! INDIAN POLICE FORCE Meet my new officers...19th January 2024 onwards..." he wrote.

The show also stars Shilpa Shetty and Vivek Oberoi in the lead roles.

The seven-part action-packed series created by Rohit Shetty, and directed by Rohit Shetty and Sushwanth Prakash will pay homage to the relentless commitment of Indian police officers.

Excited about the show, Rohit Shetty said, "Indian Police Force is integral part of my journey as a creator in the

cop-verse that I and my team at Rohit Shetty Picturez has built with years of hard work and commitment. I am very proud of my cast and crew who devotedly worked together to present this action series that pays an ode to the valor, sacrifice and courage of our Indian Police officers. I am delighted to collaborate with Prime Video for my first digital venture that promises to deliver exhilarating entertainment to audiences worldwide." Aparna Purohit, Head of India Originals, Prime Video, also expressed excitement about the show.

"We are very proud and elated to present our ambitious series, Indian Police Force, that salutes the selfless service and relentless dedication of the Indian Police Officers. The show is a maze of intricate twists and turns, with a relentless cat-and-mouse chase. The action sequences are nothing short of a breathtaking visual treat and its well-developed characters add to the intrigue and tension to the plot. It was exciting to collaborate with Rohit Shetty who is a master of this genre," said Aparna Purohit.

Shweta Tiwari, Nikitin Dheer, Rituraj Singh, Mukesh Rishi and Lalit Parimoo will also be seen in pivotal roles in 'Indian Police Force'.

Britney Spears was 'very drunk' and 'bored' when she married Jason Alexander in Las Vegas

Pop singer Britney Spears recently took a stroll down memory lane and recalled the day when she married her childhood friend Jason Alexander in Las Vegas.

In her memoir The Woman in Me, Spears opened up about the moments that led to her spontaneous Las Vegas wedding, People reported.

"I don't even remember that night at all, but from what I pieced together, he and I lounged around the hotel room and stayed up late watching movies—Mona Lisa Smile and The Texas Chainsaw Massacre—then had the brilliant idea of going to A Little White Chapel at three thirty in the morning," the 'Toxic' singer shared.

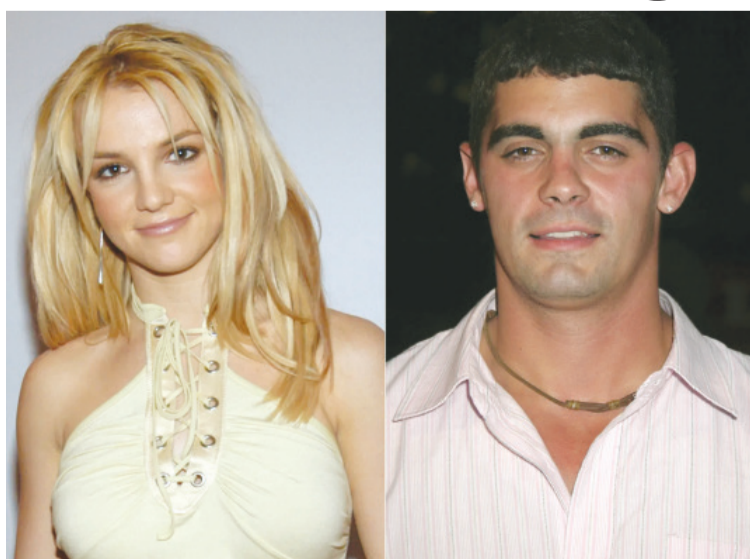
She added, "People have asked me if I loved him. To be clear: he and I were not in love," she writes. "I was just honestly very drunk -- and probably, in

a more general sense at that time in my life, very bored." Spears also revealed that her parents Jamie and Lynne were not happy about the impromptu nuptials.

"They made way too big a deal out of innocent fun. Everybody has a different perspective on it, but I didn't take it that seriously. I thought a goof-around Vegas wedding was something people might do as a joke. Then my family came and acted like I'd started World War III. I cried the whole rest of the time I was in Las Vegas," she recalled.

During their visit, Spears' parents insisted she get the 55-hour marriage annulled.

"My family was so against the wedding that I started to think maybe I'd accidentally committed a brilliant act," she writes. "Because I realized: something about me being under their con-



trol and not having a stronger connection to someone else had become very, very important to them... Perhaps it's worth mentioning that, by this point, I was supporting them financially."

Four years after her first marriage, Spears was put under a

court-ordered conservatorship, which lasted nearly 14 years before it was terminated in November of 2021.

In June 2022, Spears married Sam Asghari. However, in August 2023, the two parted ways.

Israel-Hamas War: India sends humanitarian aid to Palestine

NEW DELHI, Oct 22 (Agencies): India on Sunday sent nearly 6.5 tonnes of medical aid and 32 tonnes of disaster relief material for the people of Palestine.

The consignments were sent in a C-17 transport aircraft of the Indian Air Force. The plane is transporting the aid to El-Arish airport in Egypt.

"India sends Humanitarian aid to the people of Palestine. An IAF C-17 flight carrying nearly 6.5 tonnes of medical aid and 32 tonnes of disaster relief material for the people of Palestine departs for El-Arish airport in Egypt," External Affairs



Ministry spokesperson Arindam Bagchi said on 'X'.

India sends Humanitarian aid to the people of Palestine!

An IAF C-17 flight carrying nearly 6.5 tonnes of medical aid and 32

tonnes of disaster relief material for the people of Palestine departs for El-Arish airport in Egypt.

The material includes essential life-saving medicines,...

"The material includes essential life-saving

medicines, surgical items, tents, sleeping bags, tarpaulins, sanitary utilities, and water purification tablets among other necessary items," he said.

India sent the aid three days after Prime

Minister Narendra Modi conveyed condolences to the President of the Palestinian Authority Mahmoud Abbas over the deaths of civilians at a hospital in Gaza and reiterated India's long-standing "principled position" on the Israel-Palestine issue.

In a phone conversation on Thursday, the prime minister told the Palestine Authority President that New Delhi will continue to send humanitarian assistance to the Palestinian people.

India has been supporting Palestine and Palestinian refugees through contributions to the UN Relief and Works Agency (UNRWA).

2 injured as trainer aircraft crashes in Maharashtra's Pune; 2nd incident in 4 days



PUNE, Oct 22 (Agencies): A trainer aircraft belonging to a private aviation academy crashed near a village in Maharashtra's Pune district on Sunday morning, injuring a trainee pilot and an instructor on board the plane,

police said.

The aircraft crashed near Gojubavi village under Baramati taluka around 8 am, they said.

"A trainer aircraft, belonging to the Red-bird Flight Training Academy, crashed near Gojubavi village. A train-

ee pilot and an instructor suffered injuries in the crash. Both have been rushed to a nearby hospital," Baramati police station's senior inspector Prabhakar More said.

"The cause of the crash is not yet known. We are conducting a probe into the incident," he said.

This is the second such incident involving the private aviation academy's aircraft in four days.

On Thursday evening, a trainer aircraft of the academy crashed near Kaftal village in Baramati taluka, injuring a pilot, according to the police.

Police bust bogus call centre operating from Navi Mumbai mall and targeting people in US; FIR against 23 persons

THANE, Oct 22 (Agencies): Police have busted a bogus call centre operating from a mall in Vashi area of Navi Mumbai township and registered an FIR against 23 people in this connection, including its owner and manager, an official said on Sunday.

The accused posed as representatives of US companies and sold medicines like Viagra and Cialis to people there.

They obtained details of credit/debit cards of the people and cheated them, the official from Vashi police station said.

Several gadgets, besides hard discs and

electrical accessories worth Rs 3.97 lakh were recovered following a raid at the call centre on Saturday, he said.

The accused made outbound calls using VCDial/Nextiva software. They made the calls through gateway bypass and VOIP, the official said, adding the accused were caught red-handed while indulging in such acts.

The call center owner allegedly purchased the data of people in the US from a person based at Malad in neighbouring Mumbai and the employees used pseudo names to call up those people to sell the drugs.

The drugs sale pro-

ceeds were credited into the account of an Indian company at a bank branch in Kharghar area, the official said.

An FIR was registered against 23 people under Indian Penal Code sections 419 (cheating by personation), 420 (cheating) and 34 (common intention) as well as provisions of the Information Technology Act and the Indian Telegraph Act, the official said.

On Saturday, the Navi Mumbai police also busted a similar bogus call centre operating from a mall in Nerul area and registered a case against 13 persons in that connection.

Manipur tribal women protest deployment of 'additional' police commandos in border town of Moreh

CHURACHANDPUR (MANIPUR), Oct 22 (Agencies): A section of tribal women in Manipur's Moreh town bordering Myanmar has been protesting against the deployment of "additional" police commandos for the past few days.

Women are on a sit-in at Chikim village, around 3 km from Tengnoupal district's Moreh, a Kuki majority town.

Officials said that a commandant of the Assam Rifles and other security officers held a series of talks with the protestors in the last few days but the issue is yet



to be addressed.

Several tribal organisations such as the Kuki Inpi and the Committee on Tribal Unity (COTU) claimed that efforts are on to induct more police personnel drawn from

quility within Moreh, the deployment of additional Meitei police through night choppers is of grave concern," COTU said in a statement.

It claimed that the recovery of arms and ammunition in recent operations in Imphal East district is "stage-managed" to malign the community.

Kuki Inpi also demanded removal of the checkpoints allegedly set up by Meiteis in Kakching Lamkhai and Wangjing areas along the Imphal-Moreh road, where essential commodities that were transported to Moreh and Tengnoupal

sub-division are being "blocked".

More than 180 people have lost their lives since ethnic violence broke out in the state on May 3, when a 'Tribal Solidarity March' was organised in the hill districts to protest against the Meitei community's demand for Scheduled Tribe (ST) status.

Meiteis account for about 53 per cent of Manipur's population and live mostly in the Imphal Valley, while tribals, which include Nagas and Kukis, constitute 40 per cent and reside mostly in the hill districts.

BJP Revokes Suspension Of MLA Raja Singh Ahead Of Telangana Elections

He had also ruled out any possibility of joining either Bharat Rashtra Samithi (BRS) or the Congress party.

NEW DELHI, Oct 22 (Agencies): The Bharatiya Janata Party said on Sunday it has revoked the suspension of Telangana MLA T Raja Singh following his reply to the show-cause notice issued by the party after a row was triggered by his remarks against Prophet Muhammad.

The MLA was suspended in August and issued a show-cause notice.

"Under suspension, the Central Disciplinary Committee of the party issued a show cause notice to you. This refers to your reply to the show cause

notice. Your reply and explanation offered therein have been considered by the committee. Basis your reply, the committee has decided to revoke your suspension forthwith," Om Pathak, member secretary of the party's Central Disciplinary Committee, said in a notification.

Earlier, just after his suspension, Singh had told the media that he was confident that the BJP would revoke his suspension soon, and would contest the Telangana Assembly polls from the Goshamahal constituency on the BJP ticket.

He had also ruled out any pos-



sibility of joining either Bharat Rashtra Samithi (BRS) or the Congress party.

Telangana is set to witness an intriguing triangular contest between the BRS, Congress, and BJP.

In the previous Assembly elec-

tions in 2018, the BRS won 88 of the 119 seats, hogging 47.4 percent of the total vote share. The Congress finished a distant second with 19 seats and a vote share of 28.7 percent.

Polls will be held in Mizoram on November 7, Chhattisgarh on November 7 and November 17, Madhya Pradesh on November 17, Rajasthan on November 25 and Telangana on November 30.

The counting of votes will take place on December 3 in all the states. Of the five states, polling in Chhattisgarh will be held in two phases.

Agniveer dies in Siachen: Army

Agniveer Gawate Akshay Laxman hailed from Maharashtra.



NEW DELHI, Oct 22 (Agencies): An Agniveer died in the line of duty in Siachen, the Army's Leh-headquartered Fire and Fury Corps said on Sunday.

Army Chief Gen Manoj Pande and all ranks of

the force condoled the death of Agniveer, Gawate Akshay Laxman, who hailed from Maharashtra.

The Siachen glacier at the height of around 20,000 feet in the Karakoram range is known

as the highest militarised zone in the world where the soldiers have to battle frostbite and high winds.

The exact details of Laxman's death is not immediately known.

"Quartered in snow silent to remain, when the bugle calls they shall rise and march again," the Fire and Fury Corps said on 'X'.

"All ranks of Fire and Fury Corps salute the supreme sacrifice of #Agniveer (Operator) Gawate Akshay Laxman, in the line of duty, in the unforgetting heights of #Siachen and offer deepest condolences to the family," it said.

Four students drown in Godavari river in Andhra Pradesh

KAKINADA, Oct 22 (Agencies): Four students who had gone to take a dip in the Gautami-Godavari river in Kakinada district drowned and their bodies were retrieved on Sunday, police said.

Intending to swim, seven students got into the Godavari river at Pillanka village in Tallarevu Mandal around 4:30 p.m. on Saturday. Of them, four drowned and we retrieved their bodies on Sunday morning, a police official told agency.

The other three were safe, police said. The deceased were pursuing undergraduate courses and were in their early 20s.

The students belonging to Tanuku town in



the West Godavari district came on a fun trip.

They first went to nearby Yanam and then came to Pillanka.

According to police, the four students were swept away by the strong current while swimming and after several hours their bodies

were recovered.

The State Disaster Response Force (SDRF), fire, revenue and police departments, and fishermen were involved in the search effort.

Police have registered a case under Section 174 of CrPC.

Defence PSU making headway in developing indigenous top-end military gear

GUWAHATI, Oct 22 (Agencies): Troop Comforts Ltd (TCL), a defence PSU, has received a request for proposal (RFP) for a number of its indigenously developed military gear while several of its products are also being tried out by the Eastern Command of the Indian Army.

Among products being developed by the company are mountaineering boots and crampons, ice pitons, hammer pitons, high altitude sleeping bags and multi-purpose bags, besides clothing items.

The RFPs have been received from the Northern Command of the Indian Army, while field trials are being conducted by the Eastern Command for a number of high-end products, officials said.

TCL was carved out of the erstwhile Ordnance Factory Board and commenced functioning as a separate entity in October 2021.

"We are working on indigenously developing specialised gear needed for our personnel posted in difficult terrain, from mountainous regions to extremely cold conditions," an official of the PSU told agency.

"We had been importing most of these gear entirely or at least major components of them. Now, we are working on developing the products with our own technology," he said.

The Kanpur-headquartered TCL was here to participate in the recently concluded 'East Tech 2023', a defence expo in which nearly 200 manufacturers had put up their stalls displaying cutting-edge technology to top-end gear.

He said several products of TCL are in the field trial stage under the Eastern Command, with most of these items dealing with clothing, climbing and allied gears.

"We have been produc-

ing several items, and we are now improving them further to ensure that our personnel get the best equipment. For example, earlier we had the standard military bags to carry all equipment by any personnel. We have improved on the design in terms of utility as well as looks now," another official at TCL said, showing a redesigned bag.

"The terrain under Eastern Command is mainly hilly and high altitude, providing its unique challenges. We are working to address the clothing and gear requirements here," the official said.

Similar innovation has also been made to sleeping bags to make them more easily foldable and cosier, he added.

"We had also participated in the expo under the Northern Command recently and 21 samples were submitted. We have received RFPs for several of our products," he added.

"Once our items are back from the field trials and we have incorporated the feedback, we are confident of manufacturing some of the best defence gear globally.

It will ensure that we are not dependent on foreign technology for our military needs and also save important foreign exchange," the TCL official added.

The TCL has four manufacturing units located across the country and besides catering to the requirements of the defence personnel, including those in the Ministry of Home Affairs forces, it also supplies to the police of various states.

Its range of products includes clothing items, accessories and technologically advanced products to equip personnel serving in environmental conditions from -50 degrees Celsius to 50 degrees Celsius - from glaciers to deserts.

Israeli jets pound southern Gaza, ground invasion looms; US pushes for more aid

50 Palestinians killed by Israeli air strikes on Gaza overnight, say medical sources

GAZA/JERUSALEM, Oct 22 (Agencies): Israel pounded southern Gaza with air strikes early on Sunday and said it would intensify its attacks in the enclave's north, as the US committed to getting more aid to Palestinians running out of food, water, medicines and fuel.

Palestinian media reported at least 11 Palestinians were killed in an Israeli strike in the southern Gaza city of Khan Younis. Palestinian media also said Israel was striking the southern city of Rafah.

The overnight strikes came hours after Israeli military spokesperson Rear Admiral Daniel Hagari called on Gazans to move south out of harm's way. "For your own safety move southward. We will continue to attack in the area of Gaza City and increase attacks," Hagari said in a briefing to Israeli reporters on Saturday.

The first humanitarian aid convoy to be allowed in to the besieged Gaza Strip since war broke out arrived through the Rafah border crossing on Saturday. The United Nations said the 20-truck convoy included life-saving supplies that would be received by the Palestinian Red Crescent.

But the UN humanitarian office (OCHA) said the volume of goods that entered on Saturday was equivalent to about 4% of the daily average of imports into Gaza prior to the hostilities, and only a fraction of what was needed after 13 days of siege of an enclave that is home to 2.3 million people.

US President Joe Biden, a



long-time staunch supporter of Israel, cheered the arrival of the aid after days of intense negotiations. He said the United States was committed to ensuring more assistance would enter via the Rafah border crossing.

"We will continue to work with all parties," Biden said in a statement.

The United States proposed late on Saturday a draft UN Security Council resolution that says Israel has a right to defend itself. The resolution also demands Iran stop exporting arms to "militias and terrorist groups threatening peace and security across the region."

Israel started its "total siege" of Gaza after an October 7 cross-border attack on southern Israel by militants of the Islamist movement Hamas, who killed 1,400 people, mainly civilians, in a shock rampage that has traumatized Israel.

Gaza's Health Ministry said on Saturday that Israel's air and missile strikes in response had killed at least 4,385 Pales-

tinians, including hundreds of children, and more than a million of the territory's people have been displaced.

About 1,00,000 people joined a pro-Palestinian demonstration in central London on Saturday, marching through the British capital to demand an immediate ceasefire in Gaza.

GROUND INVASION LOOMS
Israel has amassed tanks and troops near the fenced border around the narrow coastal enclave for a planned ground invasion with the objective of annihilating Hamas, after several inconclusive wars dating to its seizure of power there in 2007.

In a video distributed by the Israeli military on Saturday, Chief of Staff Lieutenant General Herzi Halevi told troops: "We are going to go into the Gaza Strip ... to destroy Hamas operatives and Hamas infrastructure and we will have in our mind the memories of the images and those who fell on Saturday two weeks ago."

Israeli troops have carried out live fire drills "in preparations for the next stage of war", footage released by the Israeli army on Saturday showed.

Hamas said it fired rockets towards Tel Aviv on Saturday in response to Israeli air strikes that Gaza's Health Ministry and Hamas media said killed at least 50 people and injured dozens.

Amid mounting international concern the conflict could widen into a regional war, Blinken on Saturday cautioned Lebanon's caretaker Prime Minister Najib Mikati in a call that the Lebanese people would be affected if his country were drawn in, the State Department said.

Israel said its aircraft struck Hezbollah targets in Lebanon on Saturday and that one of its soldiers was hit by an anti-tank missile, in cross-border fighting that the Iran-backed group said killed six of its fighters.

Israeli aircraft also struck a compound beneath a mosque in the Jenin refugee camp in the occupied West Bank early on Sunday that the military said was being used by militants to organise attacks. Palestinian medics said at least one person was killed.

At least 84 Palestinians in the West Bank have been killed in clashes with Israeli forces since the Oct. 7 Hamas rampage, Palestinian officials say.

At least 50 Palestinians killed by Israeli air strikes on Gaza overnight: Medical sources

More than 50 Palestinians were killed in Israeli air strikes on the Gaza strip overnight, Gaza medical sources said on Sunday.

US sending additional air defence systems to Middle East: Defence Secretary Austin



WASHINGTON, Oct 22 (Agencies): The US has decided to send a Terminal High Altitude Area Defence system as well as additional Patriot battalions to the Middle East to increase its force posture there following recent escalations by Iran and its proxy forces across the region, Defence Secretary Lloyd Austin said.

These steps will bolster regional deterrence efforts, increase force protection for US forces in the defence of Israel, he said.

"Following detailed discussions with President Joe Biden on recent escalations by Iran and its proxy forces across the Middle East Region, today I directed a series of additional steps to further strengthen the Department of Defence posture in the region," Austin said.

The US is on alert for activity by Iran-backed

groups amidst escalating tension in the Middle East amid the Israel-Hamas war.

"First, I redirected the movement of the USS Dwight D. Eisenhower Carrier Strike Group to the Central Command area of responsibility. This carrier strike group is in addition to the USS Gerald R. Ford Carrier Strike Group, which is currently operating in the Eastern Mediterranean Sea," Austin said.

It will further increase America's force posture and strengthen our capabilities and ability to respond to a range of contingencies.

The US has also activated the deployment of a Terminal High Altitude Area Defense (THAAD) battery as well as additional Patriot battalions to locations throughout the region to increase force protection for US forces, he added.

The Patriot is considered one of the

most advanced US air defence systems. The THAAD is a highly effective, combat-proven defence against short, medium and intermediate-range ballistic missile threats.

US forces in the region come under repeated drone attacks in Iraq and Syria since the conflict between Israel and Hamas militants in Gaza broke out on October 7.

Finally, Austin said he has placed an additional number of forces to prepare to deploy orders as part of prudent contingency planning, to increase their readiness and ability to quickly respond as required.

He, however, did not mention the number of troops.

"I will continue to assess our force posture requirements in the region and consider deploying additional capabilities as necessary," he said.

6.1-magnitude earthquake hits Nepal's Kathmandu, triggers landslides; no casualty

KATHMANDU, Oct 22 (Agencies): A 6.1-magnitude earthquake on Sunday hit Kathmandu, the capital city of Nepal.

According to the National Earthquake Monitoring and Research Centre, the earthquake with epicentre in Dhading district was recorded at 7:39 am.

The jolt was also felt in other districts of Bagmati and Gandaki provinces.

In Dhading, 90 km west of Kathmandu four tremors were felt within 29 minutes after the strong jolt that occurred at 7:39 am.

An aftershock measuring

4.3-magnitude occurred at 8.08 am followed by 4.3 at 8.28 am and 4.1 at 8.59 am, according to Earthquake Measurement Centre.

The quake and continuous tremors triggered panic among people.

Although no casualty was reported so far, there were landslides in various parts of the district, according to media reports.

Few houses developed cracks and some trees also fell down following the earthquake in Dhading, reported local media.

Earthquakes are common in Nepal which is situated on the ridge where the Tibetan and Indian

tectonic plates meet and advance two meters closer to one another every century which results in pressure which is released in the form of earthquakes.

On October 16, Nepal's Sudur-paschim province was hit by a 4.8 magnitude earthquake.

A 7.8 magnitude earthquake and subsequent aftershocks killed around 9,000 people in 2015.

As the government's post-disaster needs assessment (PDNA) report noted, Nepal is the 11th most earthquake-prone country in the world.

Australian PM Albanese announces China visit hours before leaving for US to meet Biden

Albanese will become first Australian PM to visit China in 7 years when he travels to Beijing and Shanghai on Nov 4-7

CANBERRA, Oct 22 (Agencies): Australian Prime Minister Anthony Albanese said he will visit China in early November, making the announcement Sunday hours before he was to fly to the United States to meet with President Joe Biden.

Albanese also said China agreed late Saturday to review the crippling tariffs it levied on Australian wine that have effectively blocked trade with the wine-makers' biggest export market since 2020.

Albanese will become the first Australian prime minister to visit China in seven years when he travels to Beijing and Shanghai on Nov. 4-7.

"It's in Australia's interest to have good relations with China, and certainly though my focus in the coming days will be very much on the visit to the United States," Albanese told reporters at Australian Parliament House.

"With Australia's closest partner, talking about the future of our alliance, the future which has been upgraded by the AUKUS arrangements, a future based upon our common values, our commitment to democracy, and our commitment to the international rule of law and stable order throughout the globe," Albanese added, using the acronym for Australia, the United Kingdom and the United States.

Under the trilateral pact, the U.S. and Britain will cooperate to provide Australia with a fleet



of submarines powered by U.S. nuclear technology to counter a more assertive China.

Albanese said he will meet with President Xi Jinping and Premier Li Qiang in Beijing and then attend the China International Import Expo in Shanghai.

The visit to China and a potential breakthrough in the wine dispute mark a further repair in relations since Albanese's center-left Labor Party won elections last year after nine years of conservative government in Australia.

China has agreed to review its tariffs on Australian wine over five months, Albanese's office said. In return, Australia has suspended its complaint against its free trade partner to the World Trade Organization.

A similar dispute resolution plan led to China removing tariffs from Australian barley.

Albanese said reopening the Chinese wine market would be worth more than 1 billion Australian dollars (\$631 million) to exporters.

"We're very confident that this will result in once again Australian wine, a great product,

leaders' summit of the Quad strategic partnership that also includes Japan and India.

As well as the AUKUS deal, the leaders will also seek more cooperation on clean energy, critical minerals and climate change.

Albanese's department announced Friday that it decided after an investigation not to cancel a Chinese company's 99-year lease on the strategically important Darwin Port despite U.S. concerns the foreign control could be used to spy on its military forces.

Some security analysts interpreted the decision to let Shandong Landbridge Group keep the lease signed in 2015 and long criticized by Albanese as a concession to China ahead of his visit.

China's release of Australian journalist Cheng Lei this month after she spent three years in detention in Beijing on espionage allegations was widely seen as a concession to Australia.

Albanese said the breakthrough on wine "has not been transactional," meaning Australia did not make any corresponding concessions to Chinese demands.

"We'll continue to put our case on matters that are in Australia's national interest," he said.

"I've said very consistently: We'll cooperate with China where we can, we'll disagree where we must, and we'll engage in our national interest, and that's precisely what we're doing," he added.

Car bombing kills 6 in Somalia, Islamic extremist group claims responsibility

MOGADISHU, Oct 22 (Agencies): An explosives-laden car detonated at a military facility on the outskirts of Somalia's capital Saturday and killed at least six people, four of them soldiers, police said today.

Police spokesman Sadik Dodishe said nine others, including five soldiers, were wounded in the suicide bombing at the military facility in

the Elasha Biyaha area of the Lower Shabelle region.

The Islamic extremist group al-Shabab claimed responsibility. The group frequently carries out such attacks.

Photos shared on the social media platform X showed the extent of the damage caused by the explosion, which destroyed the security base and several civilian houses in the vicinity.

"The sound of the explosion was deafening ... and I saw a plume of smoke going up in the sky," witness Ayan Hussein, a resident of Elasha Biyaha, said by phone. She said she saw several injured people being carried into an ambulance.

Somalia's federal government has battled al-Shabab for years. Security forces have stepped up their assault on the

group in recent months, including trying to dismantle its propaganda network.

Information Minister Daud Aweis told reporters that authorities had shut down four radio stations affiliated with the group and killed nearly 3,800 al-Shabab fighters during a military offensive in which federal forces reclaimed 1,000 kilometers (621 miles) of territory.

Israel says killed 'terror operatives' in Jenin mosque air strike

JERUSALEM, Oct 22 (Agencies): Israel said Sunday it had killed "terror operatives" from Hamas and Islamic Jihad in an air strike on a mosque in the West Bank's Jenin.

The strike hit the Al-Ansar mosque, which the Israeli military said "was used by the terrorists as a command centre to plan the attacks and as a base for their execution".

The Israeli military said those targeted had already carried out



"several terror attacks over the last months, and were organising an additional imminent terror attack".

It said they were "neutralised", without giving details on the number killed in the strike or their identities.

The director of the Red Crescent in Jenin, Mahmoud Al-Saadi, was quoted by the Palestinian news agency Wafa saying one person was killed and three others injured in the strike.

Dozens of people have been killed in the West

Bank by Israeli troops or settlers since October 7, when Hamas militants stormed into Israel and killed at least 1,400 people, most of them civilians, who were shot, mutilated or burnt to death, according to Israeli officials.

Israel has launched heavy bombardment of the Gaza Strip in retaliation, killing more than 4,300 people, mostly civilians, according to the Hamas-run health ministry.

AIJMS felicitates Jat youths for stellar performance in various fields in 2023



Top News Report

JAMMU, Oct 22: Ch. Manmohan Singh, President All India Jat Mahasabha, J&K, and former Mayor Jammu on Sunday felicitated Jat Community youths for achieving various feats in their fields of study, career and competitive exams.

The felicitation function was held along with the Advisory Group meeting at Golden Leaf Banquet Hall, Babliana in Jammu.

While felicitating the number of youths belonging to Jat community for securing slots in JKPS examinations and also excel-

ling in their respective fields like journalism, aviation, police, paramilitary, etc, Ch Manmohan Singh said that the children of the community should take cue from these young achievers and get inspiration as well to follow their footsteps and emulate what their elders have accomplished.

Earlier while envisaging the programme proceedings, Ch Manmohan had asked the Advisory Group members to bring along at least two members of the community belonging to young group especially girls for encouraging them to follow the path adopted by the achievers of 2023.

Ch. Manmohan Singh underscored the Jat MahaSabha's unwavering dedication to the welfare of the Jat community, pledging to work tirelessly for the upliftment and empowerment of the Jat community.

Ch Manmohan Singh said mothers have played a vital role in grooming the students as they are the primary caregivers and teachers. He asked mother to have a look on the activities of their children in view of rising drug related activities in Jammu and Kashmir.

He further requested parents not to pressurize the children for education but motivate them for

their bright future. He emphasized that children should be given a holistic education that focuses on their academic, social, and emotional well-being.

Those who were honoured on the occasion include Dr. Surinder Choudhary (Sr. Supt. of Police), Ranjeet Kour (JKAS), Dr. Suram Singh HOD Physics Central University Jammu, Akshay Choudhary Pilot American Airline USA, Ch Babu Ram Tehsildar Nagrota, Shivali Choudhary (KAS), Neha Choudhary (JKAS), Kamini Choudhary (JKAS), Simranbala (Asstt. Comdt. CRPF), Ajaz Choudhary (JKAS), Raghav Choudhary (JKPS) Laksh Kumar Choudhary (JKAS), Leshita Choudhary (JKAS), Vikram Choudhary (JKAS), Jyoti Choudhary (JKAS), Dr. Deepak Choudhary, Dr Sneha Choudhary MD Gynaecologist and Surjeet Singh Senior photo journalist.

Deputy Mayor visits Bawe Wali Mata temple review Ram Navami, Dussehra arrangements



Top News Report

JAMMU, Oct 22: Deputy Mayor Jammu, Baldev Singh Billawaria visited the holy Bawe Wali Mata temple to review the arrangements for Ram Navami and Dussehra celebrations. During the visit, Deputy Mayor Jammu, Baldev Singh Billawaria was accompanied by Jammu Municipal Corporation (JMC) officers and officials of other departments.

The Ram Navami and Dussehra festival is an auspicious one for the devotees who gather at the Bawe Wali Mata Temple during Ram Navami and Dussehra to seek the blessings of the goddess. During the visit, the Deputy Mayor of Jammu along with the JMC officials and security force officers inspected the infrastructure, security, sanitation and other arrangements made for the convenience and safety of the devotees during Ram Navami and Dussehra. Their visit was aimed at ensuring that all nec-

essary facilities are in place to provide a comfortable and spiritually fulfilling experience for the thousands of devotees expected to visit the temple. He urged all involved to work diligently and efficiently to maintain the sanctity of the event and ensure the safety and well-being of all devotees. He also assured that the Jammu Municipal Corporation, along with the Market Association and other relevant stakeholders, is committed to providing all the essential services and facilities required for a hassle-free and serene celebration. The Health Officer of the Jammu Municipal Corporation apprised the Deputy Mayor Jammu that the JMC has deployed additional manforce at various places for cleaning and other related facilities. He further said that health and hygiene work is going on day and night in the bhawan, which underlines the commitment to ensure a clean and safe environment for all the devotees. The Chief Transport Officer (CTO) of the

JMC also apprised the Deputy Mayor Jammu that garbage collection vehicles and machinery were already deployed in large quantities to ensure smooth conduct of health and sanitation work. Deputy Mayor Jammu, Baldev Singh Billawaria appreciated their dedication, hard work and exemplary teamwork which is helping in making the preparations for Ram Navami and Dussehra festival a success. Deputy Mayor of Jammu expressed satisfaction over the preparations and appreciated the collaborative efforts of all concerned officers and organisations to make the Ram Navami and Dussehra celebrations a success. Deputy Mayor Jammu, Baldev Singh Billawaria appealed to the pilgrims not to use plastic as plastic bags are a threat to our environment and please also do not use plastic during the travel. Vivek Patyal, Ankush Khajuria, Karuna Shetri, Hartesh Khokhar, Ajay Sharma, Vijay Kumar and other dignitaries were present.

'Sodhi Wishes Jammu Shooter Aneesa for Asian Championship in Korea at New Delhi'

Top News Report

JAMMU, Oct 22: Aneesa Sharma, a promising 18-year-old shooter hailing from Jammu, is set to create history as the first shooter to represent India at the prestigious Asian Shooting Championship in Korea. As she prepares to embark on this remarkable journey, she received a heartfelt send-off from Mr. S.S. Sodhi, the President of the J&K Rifle Association, at the Sports Authority of India (SAI) in New Delhi today.

Sh. S.S. Sodhi, on behalf of the entire Jammu and Kashmir UT and the nation, extended his blessings and well wishes to Aneesa Sharma.

He expressed his confidence in her talent and determination, motivating her to excel in the competition and bring glory back home by securing the coveted gold medal.

Aneesa Sharma is a shining example of India's young shooting talent, and her journey to represent the nation on the international stage reflects her dedication and hard work. She will be joining the Indian squad as she vies for victory at the Asian Shooting Championship.

The competition is scheduled to take place in Korea, where Aneesa Sharma will be competing against some of the best shooters from across the Asian continent. Speaking on the occasion, Sodhi said "Her participation serves as an inspiration to aspiring shooters and other sports person from J&K, highlighting the support and nurturing environment provided by the J&K Rifle Association to the budding talent of the shooting world."

We wish Aneesa Sharma the very best in her endeavors and eagerly anticipate her remarkable performance at the Asian Shooting Championship.

NC anguishes over continuous neglect of SC community in J&K



Top News Report

NAGROTA, Oct 22: Jammu & Kashmir National Conference (NC) expressed great disappointment over the continuous neglect of the Schedule Caste (SC) community by the Central Government in Jammu and Kashmir.

This was stated by Vijay Lochan, Chairman of NC's SC Cell while addressing a workers meeting at Kattal Batal in Nagrota constituency, highlighting the challenges faced by SC indi-

viduals in the region. The meeting was organized by Panch Lal Chand, Mangat Ram Vice President District Rural-A, Kuldeep Kumar, District Secretary Rural-A and Rattan Lal. Those who were present include Jagga Ram, Rakesh Singh Raka and Karan Singh.

Vijay Lochan expressed his dismay at the non-implementation of essential SC schemes within Jammu & Kashmir. He lamented the fact that many SC individuals were being denied

access to their rightful pensions, and the benefits of the Pradhan Mantri Awas Yojana (PMAY) were seemingly out of reach for them.

In his address, Vijay Lochan appealed to the SC community to unite and support the efforts of Dr Farooq Abdullah and Omar Abdullah in building a stronger and more inclusive Jammu and Kashmir. He urged them to work diligently towards fortifying the foundations of the National Conference, a party committed to addressing the concerns of marginalized communities.

He asserted that the National Conference remains dedicated to the welfare and empowerment of SC community in Jammu and Kashmir. He said that the party will continue to advocate for the rights and entitlements of the SC community, seeking prompt action and redressal of their grievances.

FROM PAGE 1

"India never witnessed war on such issues...": RSS Chief Mohan Bhagwat on Israel-Hamas war

"People of India stand firmly with Israel in this difficult hour. India strongly and unequivocally condemns terrorism in all its forms and manifestations", said Prime Minister Narendra Modi in a post on 'X'.

However, the government's stand was condemned by the opposition leaders as it has been sharing an amicable relationship with Palestine as well.

From former Prime Minister Atal Bihari Vajpayee to former External Affairs Minister Sushma Swaraj, India has been maintaining a close relationship with Palestine.

India is also one of Israel's biggest arms customers.

However, the central government has maintained that "terrorism should be condemned in all forms".

However in a "diplomatic" move, after many civilians lost their lives in an explosion at a hospital based in Gaza, Palestine, Prime Minister Modi expressed grief over the same.

"Spoke to the President of the Palestinian Authority H.E. Mahmoud Abbas. Conveyed my condolences for the loss of civilian lives at the Al Ahli Hospital in Gaza. We will continue to send humanitarian assistance to the Palestinian people. Shared our deep concern about the terrorism, violence and deteriorating security situation in the region. Reiterated India's long-standing principled position on the Israel-Palestine issue", the PM wrote in a post on 'X'.

On the auspicious occasion of Maha Ashtami, Lt Governor pays obeisance at Shri Mata Vaishno Devi Shrine

- www.maavaishnodevi.org. This initiative has been taken by the Shrine Board for the larger facilitation of devotees.

In addition, with an aim to provide authen-

tic information to pilgrims, a Bi-lingual Interactive Chatbot 'Shakti' has been developed for the official website augmenting the 24x7 toll-free helpline for addressing queries and grievances received from pilgrims.

It is pertinent to mention that over 20,000 pilgrims are being facilitated every month by the Call Centre.

The chatbot will provide all the relevant information on services/facilities provided by Shri Mata Vaishno Devi Shrine Board and provide much-needed help to pilgrims to plan their visit in advance. It also features relaying of video/audio content for pilgrim awareness and the latest updates at the Holy Shrine.

Sh Anshul Garg, Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board briefed the Lt Governor on special arrangements put in place for the devotees during the Navratri.

Padma Shri Prof. Vishwa Murti Shastri and senior officers of the Shrine Board were also present.

Srinagar-Jammu Highway to remain closed for repair work

between Nashri and Banihal tunnels after 6 pm on Saturday. The restriction would continue till Sunday midnight, it said.

Indian Army pays tribute to Agniveer Gawate Akshay Laxman

(Operator) Gawate Akshay Laxman, in the line of duty, in the unforgiving heights of Siachen. The Indian Army stands firm with the bereaved family in this hour of grief," the Indian Army said in a message on its official account on X.

Earlier in June, one Army jawan died while three soldiers sustained injuries in a fire accident in the Siachen glacier, as per the Army.

An Army spokesperson said that Regiment Medical Officer Capt Anshuman Singh succumbed to serious burn injuries during the unfortunate incident.

While three other personnel suffered smoke inhalation and second-degree burns, the officials added

Siachen Glacier is known as the highest-altitude battle site in the world and is situ-

ated near the Indo-Pak Line of Control. It is the largest glacier in India and the second-largest in the world. It is the highest battleground on earth.

Kharge writes to PM Modi expressing concern over 'Politicisation' of Bureaucracy, seeks withdrawal of orders

'achievements' of the last nine years are being considered, gives away the fact that this is a transparently political order in the run-up to the five state elections and the general elections of 2024," the Congress chief alleged.

He said if senior officers of departments are being deputed for "marketing activity" of the current government, the governance of the country will grind to a halt for the next six months.

"In view of protecting our democracy and our Constitution, it is imperative that the above orders are withdrawn immediately," Mr. Kharge told the Prime Minister.

"For the Modi Government, all agencies, institutions, arms, wings, and departments of the government are now officially 'Pracharaks'," he said in a post on X.

"In view of protecting our democracy and our Constitution, it is imperative that the orders which would lead to the politicising of Bureaucracy and our Armed Forces must be withdrawn immediately," Mr. Kharge also said in his post while sharing the letter.

AICC general secretary Jairam Ramesh also shared the letter on X and said, "Malikarjun Kharge-j, Congress President, has just written to the PM on the blatant politicisation taking place of civil servants and soldiers who must, at all times, be kept independent and non-political."

Mr. Kharge, who is also the Leader of Opposition in Rajya Sabha, said he is writing on a matter of great public importance which is of concern not just to the INDIA parties but also to people at large.

"This has to do with the gross misuse of government machinery taking place in the country today in service of the ruling political party," he also said.

He also referred to another order of the Ministry of Defence on October 9, 2023, directing soldiers on annual leave to spend

time on promoting government schemes, making them "soldier-ambassadors".

"The Army Training Command, which should be focused on preparing our jawans to defend the nation, is busy preparing scripts and training manuals on how to promote government schemes," he said.

Mr. Kharge, in his letter, said that it is of utmost importance in a democracy that the Armed Forces are kept out of politics.

"The loyalty of every jawan is to the nation and the Constitution. To force our soldiers to become marketing agents of government schemes is a dangerous step towards politicization of the Armed Forces," he stated.

Furthermore, he said that after many months or years of difficult service to the nation, jawans deserve complete freedom on their annual leave to spend time with their families and restore energy for continued service.

"Their leave must not be hijacked for political purposes," he asserted.

In both cases, of civil servants and soldiers, Mr. Kharge said, it is essential that government machinery is kept out of politics, especially in the months leading up to an election.

"In addition to the Enforcement Directorate, the Income Tax Department and the CBI already acting as election departments of the BJP, the orders mentioned above put the entire government machinery to work as if they are agents of the ruling party. All agencies, institutions, arms, wings, and departments are now officially 'Pracharaks'," The Congress president alleged in his letter.

Engineers Develop New Tunnelling Method For Kashmir Rail Link Project

been involved in the construction of the project, said the engineers decided to provide rigid supports using 'ISHB' as against the lattice girder method used in the New Austrian Tunnelling Method.

"We inserted nine-metre pipes in the mountains. It is called pipe roofing. We made an umbrella using these perforated poles and filled them with PU grout. It is a chemical that mixes with the soil and increases its volume three times over and solidifies the soil like a rock. This structure is tested for stability and then we proceed

with the excavation bit by bit," the engineer said.

He said the engineers also designed stress release holes and wing drainage holes to allow the strata to relax and lose water. The difficult terrain has led to slowing down of the work.

"Had these conditions been encountered in any other country, they would have abandoned the site. But we decided to go ahead and employed a new tunnelling method," he said.

Work was held up on this crucial tunnel for over three years since 2017 and engineers now plan to complete it by early next year.

The 111-km-long Katra-Banihal section predominantly involves tunnelling. There are 27 main tunnels (97 km) and eight escape tunnels (67 km). The section has 37 bridges, of which 26 are major and 11 minor ones.

Infiltration bid foiled in Uri Sector

hand grenades have been seized, the army said, adding that the operation is underway.

Two released from PSA detention in J&K

immediate release of two individuals, overturning their detention under the Public Safety Act (PSA).

Justice Sindhu Sharma's bench revoked the detention order against Mohammad Hanief Guroo from Rabitar, Gundi Roshan Ganderbal, and granted his habeas corpus petition. Guroo had been detained based on a 10th May 2023 order from the Srinagar District Magistrate.

The Court instructed the authorities to release Guroo from preventive custody promptly, unless he was needed in another case.

In a separate ruling, Justice Rajnesh Oswal's bench annulled the 7th March 2022 detention order against Adil Afzal Lone, issued by the Srinagar District Magistrate. While annulling Lone's detention, the court noted that, among other reasons, the authorities had disregarded both constitutional and statutory requirements. Consequently, the court deemed the detention order unsustainable on these grounds.

The court directed the authorities to release Lone from custody without delay, unless he was needed in any other case.

'Gadar 2', 'Jailer' box office hits to play savior as Zee, Sun TV expected to see poor ad growth in Q2

Analysts expect flat ad revenue for Sun TV, but a decline for Zee in the September quarter. But both companies would see the benefit of super hits Jailer and Gadar 2.

MUMBAI, Oct 22 (Agencies): A global slowdown in advertising revenues is likely to leave an imprint on the July-September quarter, said analysts, as overall ad-spends likely remained stagnant during the quarter compared to the same period last year.

Media companies, such as Zee Entertainment Enterprises Ltd and Sun TV Network, have been pointing to an upcoming revival in ad-spends for quite some time now.

"The much awaited pick-up in ad-revenue growth for broadcasters might remain elusive even

in 2QFY24, in our view," said analysts from JM Financial.

Analysts' pessimism stems from three factors — a visible distress in the rural economy, a shift in the festive season to the third quarter, and deferment of some ad-spends in view of the ICC Men's Cricket World Cup that started in October.

Major consumer packaged goods companies are shifting their ad-budget towards sports channels with the ongoing ICC Men's Cricket World Cup 2022.



Zee Entertainment Enterprises Ltd

This translates to a loss for other broadcasters.

Adding to the woes is a drop in spends by companies in industries such as edtech, fintech, foodtech and e-commerce. These companies have been hit by a drying up of liquidity and funding in recent months due to rising interest rates in the US.

However, on a positive note, the drying up of demand from start-ups should make ad-rates more palatable to FMCG companies, analysts said.

Box Office Benefits

The media companies, particularly Zee and Sun TV, could get some support from an unexpected area — their film produc-

tion business.

"Zee Studios' 'Gadar 2' and Sun Pictures' 'Jailer' will help ZEEL and SUNTV report 11%/47% YoY revenue growth," said JM Financial.

Gadar 2, which released in theatres on August 11, has recorded worldwide collections of over Rs 690 crore.

Another source of support would be subscription revenue — the fees paid by cable TV subscribers for watching pay channels.

Zee's subscription revenue is expected to rise to Rs 870 crore from Rs 822 crore last year. However, this will be lower than the Rs 907 crore reported

in Q1 FY24.

Meanwhile, Sun TV's profits for the ongoing quarter are expected to benefit from the superhit success of the recent Rajinikanth starrer 'Jailer'.

The film collected more than Rs 650 crore worldwide, becoming only the second Tamil film after '2.0' to achieve this feat.

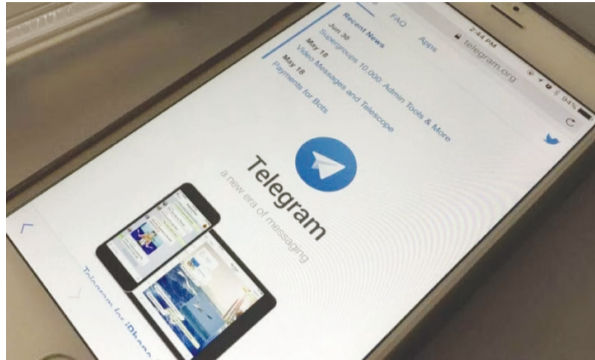
SunTV also earned Rs 100 crore by selling the movie's OTT rights to Netflix.

"We see trends in ad/subscriber growth to remain broadly similar to 1Q [for Sun TV]. We are building 2%/6.5% YoY revenue growth for ad/subscriber revenue," noted JM Financial.

The analysts also said that they expect a consolidated revenue growth of around 47% YoY. After adjusting Jailer's production costs, the EBITDA margin is expected to see a decline of 262 bps.

"We estimate Sun TV's ad revenue to be flat year-on-year, outperforming Zee (expect 3% year-on-year decline) for the ninth consecutive quarter," noted analysts from Kotak Institutional Equities.

We're most secured when comes to protecting IP addresses during calls: Telegram



NEW DELHI, Oct 22 (Agencies): Encrypted messaging platform Telegram said it is the most secure mass market messenger when it comes to protecting IP addresses during calls.

The company responded to a cybersecurity researcher called Denis Simonov, who showcased it was easy to access the IP address of any account on the encrypted messaging app Telegram with a simple tool.

In a statement, Telegram said it is the only platform that doesn't use peer-to-peer for all calls by default.

"Only those on a user's

contact list (trusted parties) are able to see their IP address when making a call. Calls with strangers are routed through Telegram's servers specifically for the purpose of masking IP addresses," the company said.

Telegram said it also gives users an option to disable peer-to-peer calls for contacts completely, routing all calls through the servers.

"This doesn't constitute a 'leak' since IP addresses are shared by technical necessity to facilitate peer-to-peer calls," the company mentioned.

According to Telegram, in other messaging platforms, all the calls use

peer-to-peer networking by default and share IP addresses without giving any option to their users to change this.

Simonov wrote in a post that recently, he was faced with the task of determining the IP address of his interlocutor in the Telegram messenger.

"For this purpose, I used the network traffic analysis tool Wireshark, where I detected STUN protocol traffic," he mentioned.

STUN (Session Traversal Utilities for NAT) is a standardised protocol designed to help devices behind NAT (Network Address Translation) determine their external IP address and the type of NAT that is used on their gateway.

"After spending a little time, I decided to automate the process of obtaining the IP of my counterpart in Telegram using the console version of Wireshark - tshark," the researcher added.

Chinese yuan beats Euro, is 2nd most used currency in global payments system SWIFT

BEIJING, Oct 22 (Agencies): The Chinese yuan has surpassed the euro to become the world's second-most used currency in SWIFT trade settlements, according to data from the international SWIFT system. This marks a significant milestone in China's efforts to internationalise its currency.

As of September 2023, the yuan accounted for 5.8% of international payments, up from 4.82% in August. This is the highest share the yuan has held in the last five years. Despite this increase, the US dollar remains the dominant currency in global trade, with an 84.15% share in September, a slight increase from 83.95% in August.

The euro now ranks third in international payments, with its share

decreasing to 5.43% in September from 6.43% in August. The Japanese yen and the Saudi riyal follow, ranking fourth and fifth, respectively.

This development comes as China continues to expand its economic influence globally. Despite the yuan's share of global payments remaining small compared to the size of China's economy, it has seen a steady increase from 1.81% about five years ago.

The Society for Worldwide Interbank Financial Telecommunication (SWIFT) is a Belgian cooperative society that provides services related to the execution of financial transactions and payments between banks worldwide. The US dollar and the euro have traditionally dominated SWIFT payments, making up more than

seven out of 10 payments in 2023.

The rise of the yuan in international trade settlements is seen as a reflection of China's growing economic power and its efforts to make the yuan a global reserve currency. However, the yuan's share is still negligible compared to the dollar's 46.6%.

China introduced the yuan as its currency system in the late 1800s, and it has had a currency peg since 1994. This peg, along with China's robust export economy, has helped the yuan gain traction in global trade.

The recent data from SWIFT indicates a shift in the global financial landscape, with the yuan's growing prominence signalling China's increasing role in international trade and finance.

Metro Brands: Won't play the 'discounts game' to drive online sales

NEW DELHI, Oct 22 (Agencies): Footwear retailer Metro Brands said it was consciously keeping away from the "discounting game" online, even if that meant somewhat lacklustre growth in the e-commerce segment.

The company's e-commerce operations contribute only around 11% of its total sales, with brick-and-mortar stores making up for the remaining 88%. "...because we do not want to get into the discounting game. Which unfortunately is the mainstay of Indian e-tailing today," said the Managing Director Nishan Joseph during an investors meeting.

Metro Brands registered a sale of Rs 60 crores across various e-commerce platforms, including omni-channel, in the September quarter.

For the first half of the



financial year, it was at Rs 121 crores while it had registered Rs 79 crores for the same period last year.

Online vs Offline Retail being one of the fastest-growing sectors in India, brands are leaving no stone unturned in their quest to lure customers with jaw-dropping discounts and coupons.

However, several retailers are worried about not having a say in the discount rate

wear, e-commerce can often involve multiple dispatches and returns due to fit issues.

The management pointed out that e-commerce is not an easy business considering the overall costs. "If you look at all the pure play e-com players, you get the sense that it's not the most profitable business in the world for most people," said Joseph.

The company said that it would grow through curating ranges---- adding more collections that caters to the taste of its customers--- so that it will add to both the brand salience while the margin will not be diluted in any way.

The company said that it is looking for ways to 'nurture its omni-channel business' so that it has a greater say in the discounting that happens online, apart from increasing its inventory utilization and reducing

delivery time.

"...So if there's discounting that is unfavorable to us, we will be able to turn it off very quickly," said Metro Brands.

However, the company said that its margin profile overall is relatively healthy in line with our regular business.

The company added that its digital investments, presence, and capabilities continue to be a source of strength, contributing to its overall performance.

"We've also been proactive in managing challenges with the first half on a standalone basis, very much within our guidance of 15-17% paths," said the company.

The majority of Metro Brands' sales came from its offline stores which stood at 88%, with the remaining coming from digital stores.

This diet with exercise can reduce stubborn belly fat, finds study

The recent study, examined results over one and three years for a subgroup of 1,521 participants who underwent scans to measure visceral abdominal fat.

NEW DELHI, Oct 22 (Agencies): Older individuals who adopted a lower-calorie Mediterranean diet and engaged in minimal exercise up to six days a week managed to build muscle and shed a substantial amount of body fat over one year, a study found. Remarkably, they maintained much of these benefits over three years.

The results of the study, which was published in JAMA Network Open, highlight that a calorie-controlled Mediterranean diet combined with exercise doesn't just lead to weight loss.

It actually transforms the body's composition by reducing fat and increasing muscle, according to Dr. David Katz, an expert in preventive and lifestyle medicine.

Furthermore, the participants in this research

lost harmful visceral belly fat, which is associated with conditions like diabetes, heart disease, and stroke.

The study was conducted as part of an eight-year clinical trial in Spain involving 6,874 overweight or obese participants aged 55 to 75 with metabolic syndrome. This trial aimed to assess how diet and exercise could reduce cardiovascular risk.

The recent study, examined results over one and three years for a subgroup of 1,521 participants who underwent scans to measure visceral abdominal fat.

Visceral fat, which lies deep within the abdomen, is linked to inflammation and chronic diseases when it accumulates excessively. This research underscores the potential for people to change their metabolic status positively.



Half of the participants followed a Mediterranean diet with reduced calories, cutting back on added sugar, processed foods, and sweetened drinks.

They also received support and guidance from dietitians and were encouraged to increase aerobic exercise while also focusing on strength, flexibility, and balance exercises.

The other participants received general advice

during group sessions and served as the control group. The study showed that the intervention group lost more body fat in the first year, particularly visceral fat, and gained some of it back in the following years.

Still, they maintained a more favourable body composition compared to the control group, losing more fat than muscle.

The three-year follow-

up is significant, as most studies only last a year. It's essential to provide support and resources to help people maintain these positive changes in their lives.

What is Mediterranean diet?

The Mediterranean diet is a diet which has been inspired by the eating habits and traditional food of southern Spain, southern Italy and Crete. It is distinct from Mediterranean cuisine, which covers the current cuisines of the Mediterranean countries.

The foundation of the Mediterranean diet is plant foods, which means meals are built around vegetables, fruits, herbs, nuts, beans and whole grains. Moderate amounts of dairy, poultry and eggs are part of the Mediterranean diet, as well as seafood.

Women with heart healthy diet in midlife face less cognitive decline later



NEW YORK, Oct 22 (Agencies): Women with heart healthy diets during middle age were about 17 per cent less likely to report memory loss and other signs of cognitive decline decades later, a new study has revealed.

Led by researchers from NYU Grossman School of Medicine, the new findings suggest that a mid-life lifestyle modification — adoption of the Dietary Approaches to Stop Hypertension, or DASH diet — may improve cognitive function later in life for women, who make up more than two-thirds of those diag-

nosed with Alzheimer's disease.

"With more than 30 years' follow-up, we found that the stronger the adherence to a DASH diet in midlife, the less likely women are to report cognitive issues much later in life," said Yu Chen, professor in the department of population health and senior author of the study published in the journal Alzheimer's & Dementia.

The DASH diet includes a high consumption of plant-based foods that are rich in potassium, calcium, and magnesium and limits saturated fat, cholesterol,

sodium, and sugar. Longstanding research shows that high blood pressure, particularly in midlife, is a risk factor for cognitive decline and dementia.

The investigators analysed data from 5,116 of the more than 14,000 women enrolled in the NYU Women's Health Study.

Women who adhered most closely to the DASH diet had a 17 per cent reduction in the odds of reporting multiple cognitive complaints.

"Our data suggest that it is important to start a healthy diet in midlife to prevent cognitive impairment in older age," said Yixiao Song, a lead author of the study.

"Following the DASH diet may not only prevent high blood pressure, but also cognitive issues," added Fen Wu, a senior associate research scientist who co-led the study.

World Cup: India face tough Kiwi test at scenic Dharamsala

Having lost to them in the 2019 ODI World Cup semifinal, Rohit and Co seek change in fortunes as they play New Zealand at the picturesque venue

DHARAMSALA, Oct 22 (Agencies): Ever since this World Cup began, one of the key talking points has been the lack of buzz in the cities that are hosting the tournament in the lead-up to the games. Dharamsala, however, seems different. Long before one enters the city — from where the Kangra district begins — welcome billboards can be seen on almost every other lamp post or pillar on the sidelines of the roads with pictures of Anurag Thakur, union minister of youth affairs and sports, and Arun Dhumal, IPL governing council chairman.

And when you enter Dharamsala, the World Cup and upcoming India-New Zealand match set to be played at the scenic HPCA Stadium, which features several murals of Anurag, are the talk of the town. The buses that arrive at the town are filled with fans and so are most of the hotels. Located in the foothills of the Dhauladhar Range — the first snowfall of the season happened about a week ago — the tourist city is already filled with people who are vacationing. They too are hogging around the stadium, trying to get a glimpse of the cricketers and see if they could get tickets.

Dhumal says that the festive season in the state has helped in creating the buzz as well. "There is a lot of excitement in the state and entire region



about the matches being allotted to Dharamsala. This being a festive season and Kullu Dussehra (a famous Hindu festival observed in Himachal Pradesh) starting in a couple of days, there is a lot of excitement as such and that has helped in the excitement about the World Cup games as well," Dhumal told news agency.

While it is easier to be lost in the beauty of the city, inside the HPCA Stadium, the cricket is intense. The current table toppers in the World Cup — India and New Zealand — will be taking on each other in a high-octane clash on Sunday. After sweating it out in the heat of Ahmedabad, Hyderabad and Chennai, Dharamsala would feel like home for the Black Caps. There's moisture in the air, the conditions are the closest they could get to New Zealand in this country with the temperature lingering around 15 degrees Celsius. The good news for them is that they have their full-strength pace attack available for selection — Tim Southee, Trent

Boult, Matt Henry and Lockie Ferguson. And the contest could be between the attacking Indian top-order — Rohit Sharma, Shubman Gill, and Virat Kohli — and Black Caps pace attack. "That's going to be a great contest with bat and ball and obviously vice versa with Indian seamers in our top order," said New Zealand skipper Tom Latham.

For India, the muddle lies in the middle-order. With Hardik Pandya missing the game due to an ankle injury, their preferred balance is thrown out and India are in a place to make forced changes. While head coach Rahul Dravid made it clear that they know the playing XI for Sunday, he admitted that the team might not be as balanced as it was. "In the end, we've got to work with the 14 that we've got. We will have to see what works best for these conditions and these wickets. But yeah, probably might not have the kind of balance that we probably used in the first four games," he said.

There are a number of combinations that could come into play — Ishan Kishan in place of Pandya, or so can Suryakumar Yadav; Mohammed Shami and R Ashwin also could come into play depending on whether they want Shardul Thakur in the playing XI. What perhaps did not help is the fact that Kishan was stung by a bee and walked off the nets. Yadav, less than ten minutes after entering the nets, was hit in the wrists by a full toss while facing throw-down specialist Raghu Raghavendra. He had ice packs on his wrists and walked off with a strapping on his wrists shortly after. Even though he did not bat again, Yadav could still make the XI depending on how his wrists are on Sunday. Earlier, Dravid had called Yadav as the "enforcer" to bat at No. 6 and take the attack to the opposition.

Historically, New Zealand have been sort of an Achilles heel for India when it comes to ODI World Cups. They have not beaten New Zealand since the 2003 edition and the last time they went against each other, it was a heartbreak for India in the 2019 semifinal.

Dharamsala, which is better suited for their opponents, could have been the last venue where the Men in Blue would have hoped to play New Zealand. How they step up for the litmus test could shape the rest of the campaign for the Indian team.

PV Sindhu loses to Marin in ill-tempered Denmark Open semifinal; both shown yellow card for verbal exchanges

ODENSE (DENMARK), Oct 22 (Agencies): Struggling Indian shuttler PV Sindhu lost to her old nemesis Carolina Marin of Spain in three games in an ill-tempered semifinal of the Denmark Open Super 750 tournament, which saw both players receive yellow cards for verbal exchanges.

Sindhu, who has been struggling the whole season, lost 18-21, 21-19, 7-21 in the match that lasted one hour and 13 minutes.

This was Sindhu's fifth loss on the trot against Marin who had beaten the Indian in that memorable 2016 Rio Olympics final as well as the 2018 World Championships summit clash.

World number 12 Sindhu and Marin, currently ranked sixth, had earlier talked about good camaraderie between them but they showed none of it on the court.

Both were warned verbally by the umpire multiple times before being shown yellow cards in the deciding game. The umpire initially called both the players to tone down their celebrations after winning points. But Marin continued to scream and celebrate while Sindhu was warned twice for taking longer time in receiving serve.

Marin was warned twice for loud celebrations after taking the first game 21-18. In the decider after Sindhu won the second game, the umpire warned the Indian to be ready to receive serve quickly. At that point, Sindhu was heard saying 'you allowed her to shout, so you ask her and then I will be ready'.

Just after that, the shuttle fell on Sindhu's court and both reached to pick it, leading to another verbal altercation. The chair umpire called both the players and flashed yellow cards to them. Marin was also told not to pick shuttle from Sindhu's side.

Sindhu said her opponent "was wrong on her part" but added that rivalries are good for the sport.

"Whenever we play, there are some other things going on court, so yeah... a lot of people talk about it. It feels good that the competition is always high and the rivalry should be there because that's how the sport grows,"

said Sindhu.

"But today, I think, it was a bit more rivalry in the court but I just thought she (Marin) was wrong on her part."

In the first game, the two were locked 3-3 and then 7-7. Moments of brilliance were followed by odd errors from both as the score read 18-18.

The Spaniard then unleashed a body smash and grabbed two games points when Sindhu's backhand hit the net and followed it with a powerful smash to earn the bragging rights.

Sindhu, who had famously hugged Marin after the Rio Olympics final defeat, had a solid start to the second game, leading 6-2. The Indian zoomed 10-3 ahead as she showed better control at the net, while Marin was too erratic. After the interval, Marin took the initiative and soon the rallies got shorter and faster with the Spaniard producing the winners with solid net-play.

Sindhu ended a stretch of seven straight points after winning a fast exchange to maintain the 12-10 lead. Sindhu then had four game points at 20-16. Marin saved three before Sindhu sealed it with a smash to take the match to the decider. It was Marin who took the initiative in the decider, moving to 3-0 and then 8-2.

Marin was 14-3 up and around that time both were shown yellow cards for engaging in a verbal duel. The incident seemed to rattle Sindhu as nothing went her way and it was one way traffic. Soon, Marin ended Sindhu's misery after having 13 match points.

Sindhu said that the last two tournaments she had played in Europe had given her a lot of confidence.

"It is a good start. I would say, the European circuit, the Arctic Open and the Denmark Open. I couldn't go to the finals but playing in the semifinals, I'm slowly improving myself. It is in itself a big boost for me and gives me a lot of confidence. A lot of positives to take from here," added Sindhu.

Sindhu had also reached the semifinals at the Arctic Open Super 500 last week in Finland.

Premier League: Manchester United and England Legend Sir Bobby Charlton passes away at 86

MANCHESTER, Oct 22 (Agencies): Bobby Charlton, an England World Cup winner and one of Manchester United's greatest players, died on Saturday at the age of 86, the Premier League club said in a statement.



a sad day for football and everything that Sir Bobby represented," said former United and England midfielder David Beckham.

Charlton was a key figure in England's 1966 World Cup-winning team, where he played alongside his brother Jack, and he also appeared 758 times for United, scoring 249 goals.

"Manchester United are in mourning following the passing of Sir Bobby Charlton, one of the greatest and most beloved players in the history of our club," the club said.

Charlton spent 17 years at Old Trafford and was part of the "Busby Babes" team that was decimated by the 1958 Munich air crash. He won the European Cup and three English league titles as well as the FA Cup with the club.

The announcement of his death led to a flood of tributes from across the sporting world.

"Today is not just a sad day for Manchester United & England, it's

honour. "He was admired as much for his sportsmanship and integrity as he was for his outstanding qualities as a footballer; Sir Bobby will always be remembered as a giant of the game," the club said in a statement.

"His unparalleled record of achievement, character and service will be forever etched in the history of Manchester United and English football."

His death means the only surviving member of the England team who beat West Germany 4-2 at Wembley in 1966 is hat-trick hero Geoff Hurst, who led the tributes on Saturday.

"Very sad news today. One of the true Greats Sir Bobby Charlton has passed away," Hurst wrote on X.

"We will never forget him and nor will all of football. A great colleague and friend, he will be sorely missed by all of the country beyond sport alone."

The German Football League said: "We mourn the loss of one of the greatest players in football history, who won the 1966 World Cup with England. Rest in peace, Sir Bobby Charlton."

Clinical South Africa hand England biggest ODI defeat in World Cup contest

MUMBAI, Oct 22 (Agencies): Rampant South Africa left England's World Cup title defence in absolute shambles here on Saturday, handing the reigning champions their biggest loss in history of ODI cricket by 229 runs in one of the most dominant all-round performances in recent times.

Having amassed the second highest total of 399/7 in this year's edition — the first also belongs to the Proteas — South African pace battery ran through England's famed batting line-up with tremendous ease terminating their innings at 170 in 22 overs.

In World Cup history, South Africa's win over England is now the joint-sixth highest by margin of runs.

For a side which lifted the last two white-ball ICC tournaments, England have hit the nadir in this edition as their woes deepened further across departments. They are now placed ninth in 10-team table.

A wrong call at the toss was followed by a poor bowling show, but what left a huge embarrassment to deal with for England was a stunning collapse on a batting-friendly surface here, which saw Jos Buttler's team rolling over for 170 for nine in 22 overs.

If it was not for a ninth-wicket 70-run stand between Mark Wood (43 not out) and Gus Atkinson (35), England's loss will feature among one of the worst in history of ODI cricket.

For what it is worth, Reece Topley unavailable to bat. The



return of their 'spiritual leader' Ben Stokes — who did not bowl and managed a mere 5 — also had no impact whatsoever as he played his first game in this World Cup since returning back from retirement.

Alongside the catastrophic defeat, Buttler's call to bowl first in most humid conditions, would also rankle for times to come since England's recent record of chasing — only three wins in 11 matches since January 2022 — did not back them up enough.

Jonny Bairstow (10) was bounced out by Lungi Ngidi (2/26), Joe Root (2) meekly played one to leg slip off Marco Jansen (2/35), who also had Dawid Malan (6) caught behind. Kagiso Rabada (1/35) took a sharp return catch to end Stokes' stay.

The young Gerald Coetzee (3/35) then got into the act to account for Harry Brook (17), Buttler (15) and Adil Rashid (10)

to pile further misery on England.

England's disintegration began when Heinrich Klaasen produced a hundred of the highest quality in extremely humid conditions to fire South Africa to their highest total in a World Cup contest against them.

Klaasen resurrected South Africa with his third century of the year and overall fourth, hammering 109 off just 67 balls while Jansen smashed a terrific 75 not out (42 balls, 3x4s, 6x6s).

South Africa stumbled in the middle overs after Reeza Hendricks (85 off 75 balls, 9x4s, 3x6s) and Rassie van der Dussen (60 off 61 balls, 8x4s) ensured a strong platform, leaving Klaasen with the challenge to do the heavy-lifting in the final 15 overs, even though he was well supported by Jansen.

For Hendricks, who scored a century on debut five years ago, the wait to make another cen-

tury only extended.

Klaasen and Jansen together pulled South Africa from the danger of being restricted to an at-par total.

While Klaasen had four sixes and 12 fours to show for his stupendous effort, Jansen also used long handle to a good effect, getting half a dozen maximums apart from three fours.

Klaasen regularly needed fluid intake during his innings but even while cramping up a bit didn't leave the pitch unlike a few English bowlers, who found the heat unbearable.

And even if he would have wanted to celebrate such a monumental knock more than he did — a gesture towards the sky — Klaasen did not have much left in his tank when he smacked Mark Wood (7-0-76-0) for a six and a four to complete his ton in the 47th over.

Klaasen and Jansen added 151 runs for the sixth wicket off just 77 balls, which is now a record for South Africa against England in ODIs as well as in World Cup history.

The wheels came off for England as a total of 143 runs were scored off the final 10 overs whereas the last five produced as many as 84.

Brief Scores: South Africa: 399 for 7 in 50 overs (Heinrich Klaasen 109, Reeza Hendricks 85, Marco Jansen 75 not out; Reece Topley 3/88).

England: 170 all out in 22 overs (Mark Wood 43; Gerald Coetzee 3/35).

World Cup: Injury scare for India as Surya gets nasty knock on forearm, Ishan suffers bee bite

DHARAMSALA, Oct 22 (Agencies): The Indian team management got a mighty scare after Suryakumar Yadav, who is expected to play his first World Cup game against New Zealand on Sunday got a nasty knock on right forearm during the net session on the eve of the match.

It is still not clear if it would affect his avail-

ability for the New Zealand game although team sources said that he is doing "fine". It is learnt that the pain has subsided considerably after applying ice-packs and he is immediately not being taken for an X-Ray.

However once the body cools down, how swollen the area is will determine the next course of medical action.

Worse, the only other reserve batter in the line-up Ishan Kishan suffered a honey-bee bite on the neck in what turned out to be a weird training day for the home team.

Surya, who is set to replace Hardik Pandya, was facing throwdown specialist D Raghavendra in the nets when a 'rocket' hurled at an express clip hit the batter



flush on the forearm just above the right wrist.

The stylish batter immediately left the

nets and came out with physio Kamlesh and

team doctor in attendance.

Ice-pack was immediately applied as he left the nets writhing in excruciating pain.

Throwdowns are generally hurled at a speed upward of 150 clicks and the damages could be extensive, including a fractured wrist.

Bee bites Ishan Kishan To make matters more worse for India, left-

handed wicket-keeper batter Ishan Kishan was stung by a honeybee on the back of his neck while batting at the nets.

Kishan came into the nets first and batted for a considerable amount of time before the incident happened.

Kishan was seen jumping and running in pain after the bite and didn't take any further part in the nets.

50 families of Kupwara empowered with support of INDIAN ARMY

Top News Report

KUPWARA, Oct 22: Indian Army, TYCIA Foundation and SIDBI in joint collaboration have initiated Project Jazba which is aimed at holistic development of Jammu and Kashmir's local communities, promoting sustainable tourism, boost the economic growth, cultural preservation and empowerment of families across the region.

The collaborative efforts of the Indian Army and other stakeholders have culminated in a project designed to uplift 50 families by providing them sustainable livelihood opportunities mainly in the tourism sector. Under Project Jazba each beneficiary has been provided with a support of upto Rs 40,000/- by SIDBI aimed at uplifting the marginalised sections of society and establish a means of livelihood.

Of the 50 families, nine families have been facilitated with fully furnished homestays. These comfortable and culturally authentic accommodations will offer tourists a chance to experience the local way of



life up close. The families will receive training in hospitality and customer service to ensure a pleasant stay for visitors. One family has been earmarked and trained for community kitchen to cater for the requirements of guests staying in these accn. This family will be trained in various delicacies retaining the flavor of Kashmir. Three families have been supported in establishing roadside cafeterias. These cafeterias will serve local and traditional cuisine, allowing travelers to indulge in authentic flavors while taking a break during their journeys.

In addition, four families have been equipped with horses, enabling them to offer guided horseback tours to tourists. These tours provide a unique opportunity for visitors to explore the picturesque landscapes of Kashmir while enjoying a traditional mode of transportation. One family has received support to setup a beauty parlor, catering to the grooming and beauty needs of tourists. Also, two families have been empowered to run petty shops, offering local products and souvenirs. Six families have been provided with musical equipment, allow-

ing them to perform traditional music and cultural performances for tourists. Four of them have been equipped with All Terrain Vehicles (ATVs) which would be utilised to conduct guided tours across challenging terrain offering tourists an adrenaline-pumping experience. Provision of cows & sheep to five families will assist them in Dairy & Wool production and thereby earn livelihood.

Three households have been facilitated with kids play station to entertain and engage the children by enhancing the overall family tourism experience while one family has been provided with a zorbing ball, where visitors can roll down slopes while enclosed in a giant inflatable ball. This project reaffirms commitment of Indian Army to uplift local communities by offering sustainable livelihood opportunities and promoting the cultural and natural heritage of the region. All the locals heaped praise on the efforts of Indian Army in facilitating them earn their livelihood thereby contributing towards nation building.

PG Dept of CONS & ENDO IGGDC Jammu along with Rotary Club Jammu Tawi organised Dental Camp at Degree College Sidhra Jammu



Top News Report

JAMMU, Oct 22 : Dr. Azhar Malik HOD PG Dept Of Cons & Endo with His Team Organised a Mega Mobile Restorative Dental Camp At Degree College Sidhra

Post-Graduate Department of Conservative Dentistry and Endodontics, IGGDC Jammu in collaboration with Rotary Club Jammu Tawi led by its President Rtn. Ramnik Singh & Rtn. Balvinder Singh (Secretary) Rotary Club Jammu Tawi, under the guidance of Prof. Dr Azhar Malik(HOD) organized Screening cum Restorative Dental

Camp at Degree college Sidhra Jammu under the banner of International Federation of Endodontic Association as a part of World Endodontic Day celebrations. The staff and Students of Sidhra college led by Dr. B B Anand (Principal) were screened for oral conditions like Caries and restorative treatment was done and Medications were distributed to the needy people by the specialist faculty members.. The well attended dental camp was meticulously planned, arranged and organized by Dr. Azhar Malik (Prof. and HOD),

Dr. Shamim Anjum (Asst. Prof. incharge Dental specialty camp) Dr Rudra Koul(Lect.), Dr Sachin Chadgal(Lect.), Dr Saksham(Regt.), Dr. Rakhi (PG) , Dr. Neha & Dr. Massarat (H/s). The day was observed with series of activities and events highlighting the importance of oral health under the guidance of Dr. Azhar Malik. The off-campus activities were executed under overall guidance and direction of principal & dean of IGGDC Jammu Dr Rakesh Krishan Gupta who has always encouraged such activities. He said this camp is an in continuation of the series of dental restorative camps organized under the banner of IFEA to encourage and emphasize the importance and maintenance of overall health of public.

One day awareness camp organized at NCC NAGROTA



Top News Report

JAMMU, Oct 22: One day awareness programme was held at Aryan Public Senior Secondary School R.S Pura, which was orga-

nized by Civil Defence, Jammu under the supervision of Dy.SP, Anita Pawar, Dy. Controller Civil Defence Jammu. Awareness about the basic knowledge of

First Aid, CPR, Chocking, Fire fighting especially on drugs addiction were given by the Civil Defence expert to the students. During the programme demonstration on the above said topics was also presented by the Civil Defence team. The main aim of the awareness programme was to educate students with regard to preventive measures during natural or Man-made disasters.

On the occasion a lecture was delivered on the above topics by the

Civil Defence Experts. Principal of the Secondary School Sh. Neeraj Gupta appreciated the role of Civil Defence in spreading awareness about disaster management and First Aid.

Besides Sh. R. Vijay Magotra Dy. Chief Warden CD Jammu, Smt. Meenakshi Raina coordinator of the School, Ram Dayal Saini S.I Incharge Traings Civil Defence and other staff of the Senior Secondary School were present on the occasion.

Sadhguru Shri Madhuparamhans Ji Maharaj organises satsang at Satwari

Top News Report

JAMMU, Oct 22: Sadhguru Shri Madhuparamhans Ji Maharaj of Sahib Bandgi, while drenching the Sangat in spiritual juice with the nectar of his sermons at Satwari School Ground, Jammu today, said that if we look at the present, man is wandering without self-knowledge. The irony is that the soul is not far away. God is in the soul. Just as there is fire in flint, similarly there is God in the soul. After knowing that one soul, nothing remains to be known. Our saints and great men have mentioned the soul, it is the same. There is no difference in this. He is eternal, immortal and indestructible. Such explanation is also there in Vedas and Ramayana. Rishis and sages have also given such explanation. If it not this is the explanation. All the religions of the world are interpreting the soul in the same way.

I asked many people how India is a world leader. If you ask me, I will say that he is a world guru. What is the basis? After all, why are India being called Vishva Guru? India first introduced civilization and God to the world. Someone said that all the gods and incarnations came to India. Why didn't God come to other places? People say that India is an eternal and ancient country. But are not able to prove it. If we look at the world map, the rise of human civilization came from India. Aryabhata and other scientists were born in India, who first gave information about astronomy through bamboo tubes. Civilizations like Mohenjodaro, Harappa etc. are the most ancient, which were earlier a part of India. America was discovered much later. Even in South Africa there was no one before. The world's most fertile plain is the Ganga and Indus plains. The environment is excellent. India is the best place to live life. Man lives only where facilities are good. That's why the first human was here. From here only our people went to other places. America was discovered much later. Even in South Africa there was no one before. The world's most fertile plain is the Ganga and Indus plains. The environment is excellent. India is the best place to



live life. Man lives only where facilities are good. That's why the first human was here. From here only our people went to other places. Of all the religions in the world, the Vedas are the oldest. The essence of Vedas will be found in other religions. India is a world leader from every aspect. If we look at the population wise then if we combine the Asian countries like India, Pakistan, Bangladesh etc. then the number will be above 400 crores. This is logic. From the point of view of knowledge of soul and knowledge of God, many sages and great men came to India.

Sadhguru ji said that everyone has a belief that at the time of death the soul is taken away from the family. No one can see. Sahib is saying that then where does man go? There are four types of liberation. Salokya liberation. In this he resides in the world of God. Then proximity liberation. He resides with the Lord in this. Then there is Saropya and Sayujya. In this one merges into God. One attains liberation as per one's feelings. Whenever we go to Hari Dham, God's messengers come. Man cannot know the secret. Everyone accepts this much so at the time of death someone took it away. The penis enters the body. It is equal to the thumb. You see it in your dreams, he himself sees it. No one can see him. When it goes, the earth element is left first. Then on going further the water element

is also left. Then the circle of fire leaves. Then the circle of air also leaves. Then he goes to the abode of the Lord. The penis gives up the body. The bodies keep leaving. You don't have a body. There are 6 bodies. After reaching there he becomes like Brahma. That's why some say that Aham Brahmasmi. Just like a drop gets absorbed in the ocean, it gets absorbed there. But the drop exists. This is how existence is experienced. When a person becomes unconscious, he forgets everything. In this way all past memories are forgotten. When one takes a new birth, everything previous is forgotten.

The one who meditates goes to his beloved. One who fulfills his wish while alive, goes to the world of perfection. Some who neither commit sin nor do good deeds. Then come into the world. When the knowledgeable person leaves his body, he remains with his beloved for some time. But the one who commits sin faces great plight at the time of death. The intellect becomes frustrated. But Sahib is talking about the future. Of all the freedoms there are, whether the soul resides in God's world or gets absorbed in it, but there is a time. When that time ends, they too have to come back and cannot miss the cycle of 84. Only by the true name of Sahib, after reaching that immortal world, the soul can be freed from this ocean of existence forever.

Blood Donation Camp & Facilitation Program held at SMGS Hospital Jammu

Top News Report

JAMMU, Oct 22: On the occasion of the 231st birth anniversary of Maharaja Gulab Singh, the founder of the Dogra dynasty and the erstwhile state of Jammu Kashmir, Maha Raja Hari Singh foundation organised a Blood Donation Camp and Facilitation Function in collaboration with Shiv Sena (UBT) J&K unit headed by President Sh Manish Sahni and Dr. Navneet Kour Secty General ISBTI & YBA founder Chairperson "SUPPORT NGO".

On this occasion Kunwarani Dr Ritu Singh presided over as the Chief Guest at SMGS Hospital. Kunwarani Dr Ritu Singh inaugurated the function with an offering Ardaas by Bhai Jee, followed by paying a floral tribute to Maharaja Gulab Singh with other Dignitaries.

The jointly organised blood donation camp with Maharaja Hari Singh Foundation was held at SMGS Hospital, where the Volunteers of SHIV SENA & NGO SUPPORT Jammu donated blood to patients suffering from Thalassemia & Onco Kids and distributed refreshment among them.

Dr Dara Singh Superintendent of SMGS Hosp , Dr Ashutosh Principal GMC , Dr Meena Sidhu HOD of Blood Transfusion & Medicine along with other Doctors , Nurses & Paramedical Staff graced the inaugural ceremony.



Shiv Sena State chief Manish Sahni, highlighted the glorious era of Maharaja Gulab Singh, the first Dogra ruler of Jammu and Kashmir. Sahni emphasized that the revered Maharaja was not just a courageous military leader and an astute strategist but also a dedicated administrator with a strong commitment to the principles of justice and spirituality. He was instrumental in the construction of the world-famous Shri Mata Vaishno Devi Temple in the Trikuta Hills of Katra and established the Dharmarth Trust to ensure the welfare of pilgrims and the maintenance of various temples and religious sites. He said that the memories of the Dogra rulers are still alive in the hymns of Mata Vaishno Devi "Yug Yug Jiva , tere Jammu da Raja, Jus Tera bhawan banaya" along in the hearts of every resident of J&K .

On this occasion, Kunwarani Dr. Ritu Singh, who was present as the Chief Guest honored the Superintendent Dr. Dara Singh, Principal GMC Dr Ashutosh , Prof & Head of Blood Transfusion &

Medicine Dr Meena Sidhu , Dr GS Saini , Dr Sanjeev Digra , Dr Vijay Sawhney and many other Doctors , Nurses & Staff Members and facilitated them with Medals, Mementoes and Certificates . KunwarRani appreciated them for playing an important role in our Nation for recognising the power of working together for a cause .

Dr Navneet Kour stated that, Kunwarani Ritu Singh is on her journey working in collaboration aiming to, "Bridge gaps between govt and public and she is pioneering involving many organizations to do outreaches with the Govt institutes to strengthen the community service".

Dr Navneet Kaur appreciated the volunteer spirit of all the blood donors who have made a positive impact by donating blood .She stated , blood transfusion is an indispensable component of health care. It contributes to saving millions of lives each year in both routine and emergency situations".

Kunwarani Ritu Singh along with Sh Manish Sahni , Dr Navneet Kour Dr Dara Singh & team of Doctors visited the Thal-

asemia & Onco Children wards and distributed refreshments to all the children and their attendants .

The first two donors were Mr Munish Sahni President Siv Sena J&K and Ms Simprie Rainal member NGO SUPPORT .

"On 6 th of May 1940 the historic SMGS Hospital was built and Started by Maharaja Hari Singh Ji in the name of his ancestor "expressed Kunwar-Rani Ritu Singh . She also presented a big portrait of Maharaja Gulab Singh to SMGS Hospital . A cake cutting ceremony was also done . They Facilitated the Media persons present on the occasion .

The organisation who supported the cause were Rotary , ISBTI & YBA . The atmosphere was charged as large number of participants raised slogans for the longevity of their beloved founder of Jammu Kashmir & Ladakh.

Sh Manish Sahni & Dr Navneet Kour presented the Vote of thanks to Kunwar Rani Ritu Singh Cofounder of Maharaja Hari Singh Foundation and there members for taking such a beautiful initiative and with a positive outreach for serving the humanity . Vote of thanks were also extended to Superintendent Dr Dara Singh & his wonderful team , Principal GMC Dr Ashutosh Gupta , Dr Meena Sidhu Prof & HOD of Blood Transfusion & Medicine & their entire team .

Kashmiri displaced people wing DPAP J&K greets the people on auspicious days of Mahanavmi and Dussehra

Top News Report

JAMMU, Oct 22: In a joint statement KASHMIRI DISPLACED PEOPLE WING DPAP J&K LEADERS, Sh.Sanjay Dhar President , P. L. Pandita Chairman, Roop Krishen Koul Vice President, Gowher Rashid wani Spokesman, Rajender Kilam Vice President Non Camps, Raj Kumar Tickoo General Secretary, Daizy Dhar Mahila

President, Amrita Bhat mahila V. President, Youth President Naveen Gosani Vikas Koul Secretary, Rahul Raina Youth Vice President, Avtar Krishen Unit President Jagti, Man Mohan Raina Unit President Purkhoo, Ravender Singh Secretary, Charanjeet Singh Publicity Secretary ,Anjali Pandita Unit Mahila President Jagti, Geeta Koul Mahila Vice

President other leaders have greeted the people of J&K U. T. in particular and people of India/ Abroad in general, on the Auspicious Festivals Mahanavmi and Dussehra. The leaders have prayed that these festivals may bring peace , prosperity, development, in the U. T and bestow courage to all for crushing the anti National elements, who are bent to

disturb the ethos, culture and peace of J&K. The leaders have requested the people to have emotions reserved for maintenance of communal harmony in the U. T. The leaders also prayed of resettlement of Kashmiri displaced hindus back in their own districts in valley enabling them to celebrate next year's Mahanavmi and Dussehra in its Reshwari.