

TOP NEWS OF J&K

JAMMU, SUNDAY, SEPTEMBER 24, 2023

Daily Evening Newspaper



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BRIEFLY

Village Defence Guard shoots himself dead in Udhampur

JAMMU, Sep 24 (Agencies): A police party rushed to the spot and shifted his body to a hospital for postmortem, police have started inquest proceedings to ascertain the motive behind the incident.

A 53-year-old Village Defence Guard (VDG) allegedly shot himself dead with his rifle in Jammu and Kashmir's Udhampur district, officials said on Sunday. Babu Ram was at his residence in the remote Roun village of Dudu when he took the step on Saturday, the officials said.

A police party rushed to the spot and shifted his body to a hospital for postmortem, the officials said, adding police have started inquest proceedings to ascertain the motive behind his taking such an extreme step.

Boy dies as tractor turns turtle in Sopore

SRINAGAR, Sep 24 (Agencies): A 16-year-old boy lost his life in a road accident in Sopore area of North Kashmir's Baramulla district.

The incident occurred on Sunday morning when a tractor he was in overturned at Badambagh.

He was rushed to Sub District Hospital Sopore, where doctors declared him dead on arrival.

The victim was identified as Farooz Ahmad Bhat, the son of Abdul Hamid Bhat from Badambagh, confirmed by local police.

Suspected Narco Smuggler arrested in Poonch

JAMMU, Sep 24 (Agencies): A suspected narcotic smuggler was injured after Army troops opened fire on observing suspicious movement along the Line of Control (LoC) in Poonch district of Jammu and Kashmir, officials said on Sunday. The suspected smuggler was arrested and a packet of narcotics, believed to be heroin which he was trying to smuggle, was recovered from his possession, the officials

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PM Narendra Modi flags off nine Vande Bharat Trains



NEW DELHI, Sep 24 (Agencies): Prime Minister Narendra Modi on Sunday said it was unfortunate that earlier not much attention was given to modernising Indian railways and asserted that his government was working for its transformation.

Modi made the remarks in his address before flagging off nine Vande Bharat trains connecting religious and tourist destinations across 11 states.

The nine trains will provide faster connectivity across 11 states — Rajasthan,

Tamil Nadu, Telangana, Andhra Pradesh, Karnataka, Bihar, West Bengal, Kerala, Odisha, Jharkhand and Gujarat. In his address via video conferencing ahead of the flag off, Modi said the speed and scale of infrastructure development is matching the aspirations of 140 crore Indians.

He said the popularity of Vande Bharat trains is constantly rising and over 1,11,00,000 passengers have already travelled in them.

The prime minister noted that 25 Vande Bharat trains are running

and now nine more have been added.

That day is not far when these trains will connect all parts of the country, he said.

"Indian railways is the most trusted co-passenger of India's poor and middle-class people. The number of people who travel in the railways in one day is more than the population of many countries," he said.

"It is unfortunate that not much attention was given to modernise Indian railways. But now our government is working for the transforma-

tion of Indian railways," Modi said.

In his remarks, Modi also said that all Indians are proud of new India's accomplishments and the common person's expectations have reached sky high due to the success of Chandrayaan-3.

The success of G20 Summit has given confidence that India has power of democracy, demography, and diversity, he said.

"World has hailed our women-led development and to advance this vision the government brought Nari Shakti

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Army, CGDA synergy facilitates release of Rs 400 Cr in pending dues to JCOs, other ranks

NEW DELHI, Sep 24 (Agencies): Long-pending claims worth Rs 400 crore by a significant number of Junior Commissioned Officers (JCOs) and other ranks of the Army have been settled following a joint initiative by the force and the defence accounts department, official sources said on Sunday.

Majority of the claims pertained to house rent allowances, pay fixation cases and education allowances to children of the Army personnel, they said.

The Army headquar-

ters and the Controller General of Defence Accounts (CGDA), the office that heads the defence accounts department, carried out the pan-India outreach to clear the cases of claims, the sources said.

To clear the pending cases, a "war room" was established in the CGDA and cases were being monitored closely, the sources said, adding the exercise has benefitted a large number of JCOs and other ranks.

The outreach commenced at the beginning of this month,

spearheaded by joint CGDA (grievances), under which camps were organised in all 48 'pay and account offices' across the country, they said.

Similarly, Indian Army activated their records offices to address all cases on priority, they added.

The records offices in the Army are responsible for checking the veracity of the claims while the vetted claims are finally cleared by the pay and accounts offices.

The pay and accounts

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Narcotics smuggler shot near LoC in Poonch, hospitalised

POONCH, Sep 24 (Agencies): A suspected narcotics smuggler was shot after he was moving suspiciously along the Line of Control (LoC) in Poonch district of Jammu and Kashmir, officials said today.

Sources said that the smuggler was shot by the army soldiers man-

ning the LoC in the Khari Karmara sector.

SHO Poonch Deepak Pathania told Greater Kashmir that the smuggler, identified as Yasir Nazir, a resident of Khari Karmara, was injured and subsequently shifted to GMC Rajouri for treatment.

Further investigation is underway, he added.

Arhan Bagati pushes for bringing blockbuster film project to Kashmir

SRINAGAR, Sep 24 (Agencies): In a significant move aimed at revitalizing the film industry in Kashmir and boosting job opportunities for the youth, Arhan Bagati, the founder of KYARI, has embarked on a mission to bring blockbuster film projects to the picturesque region.

After successfully completing the entire shoot of a film in Kashmir for the first time in over 34 years, Bagati is determined to tap into the valley's untapped potential as a cinematic backdrop.

Under Bagati's leadership, KYARI has been working tirelessly to create opportunities for local talent and enhance



the region's presence in the entertainment industry. The visionary entrepreneur envisions a future where Kashmir serves as a prominent hub for filmmaking and talent scouting.

In a recent photo, Arhan Bagati was seen along-

side acclaimed actor and director Farhan Akhtar, renowned filmmaker Rakeysh Omprakash Mehra (known for directing mega-hits like "Bhaag Milkha Bhaag"), and visionary producer Ritesh Sidhwani, the founder of Excel Enter-

tainment.

This meeting of minds and creative talents underscores the seriousness of their intent to explore and exploit the immense potential of Kashmir's natural beauty and rich cultural

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Congress formidable on all 90 Assembly seats in J&K

JAMMU, Sep 24 (Agencies): The Congress on Sunday claimed it was formidable on all 90 assembly seats in Jammu and Kashmir while National Conference, BJP and PDP has only limited influence. "Congress is acceptable in all 90 constituencies in Jammu and Kashmir. After elections are held, Congress will emerge as the single largest party as other parties like NC, BJP, and



PDP have a limited area of influence," Pradesh Congress Committee President Vikar Rasool told reporters here. Rasool on Sunday

welcomed scores of political activists into the party and said that in the past one year a large number of activists from other parties have joined Congress. "In Jammu, almost 80 per cent of Aam Aadmi Party members have joined Congress. The AAP has closed its office in Jammu. Nearly 80 per cent of DPAP workers have joined Congress. People have joined us from other parties as

well," he said.

The PCC president welcomed the release of religious leaders in Jammu and Kashmir but castigated BJP leaders for trying to take credit for it.

"It was wrong to arrest the religious leaders like Mirwaiz, Veeri, and Dawoodi. Veeri and Dawoodi were detained under PSA and later court bailed them out. Mirwaiz was released

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Bengaluru Police arrests Srinagar Man for False Marriage Promises

SRINAGAR, Sep 24 (Agencies): Bengaluru Police arrested Mozif Ashraf Beigh from the Zakura area of Srinagar, for allegedly deceiving a woman in Bengaluru with false marriage promises.

The woman, who initially met Beigh in 2018 while working together at an IT firm in Bengaluru, claims she entered

into a relationship with him based on his promise of marriage without religious obligations.

Beigh has been transferred to Bengaluru to face charges outlined in an FIR registered on September 14. These charges include Sections 376 (rape), 377 (unnatural offenses), 506 (criminal

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SMC Corporator arrested in sexual harassment case

SRINAGAR, Sep 24 (Agencies): Srinagar Police announced on Saturday that they have arrested Aqib Ahmed Renu, a Corporator of Srinagar Municipal Corporation (SMC), in connection with an alleged sexual harassment, outraging modesty, and online stalking case.

In a post on X (formerly Twitter), police said that the victim had provided substantial technical evidence in the matter.

"Srinagar Police have arrested Aqib Ahmed Renu, an SMC corporator from Nishat, Srinagar, on charges of sexual harassment, outraging modesty, and online stalking. The brave victim presented strong technical evidence in this case. FIR No 50/2023 U/S 354,

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OBITUARY/TENTH DAY KRIYA

YOU WILL ALWAYS BE PART OF US IN OUR HEARTS & OUR PRAYERS, WE WILL MISS YOU & FONDLY REMEMBER YOU IN EVERY MOMENT OF LIFE' WITH PROFOUND GRIEF & SORROW, WE REGRET TO INFORM THE SAD DEMISE OF OUR BELOVED **SMT. JYOTI PANDITA**, W/o SH. OMKAR NATH PANDITA R/O LANE No 04, BHARAT NAGAR, NEAR SOOKHI NEHAR (BANTALAB) ORIGINALLY CHITTI BANDI ARAGAM (BANDIPORA), WHO LEFT FOR HEAVENLY ABODE ON 19-09-2023. **TENTH DAY KRIYA** WILL BE PERFORMED AT MUTHI GHAT ON 28-09-2023. AT 8:30 AM.

GRIEF STRICKEN:
SH. OMKAR NATH PANDITA (HUSBAND)
MR. VIKAS PANDITA (SON)
DEVIRANI & DEVAR
SMT. TOSHA PANDITA
SMT. RITA PANDITA & SH. HARI KRISHAN PANDITA
SMT. TEJA PANDITA
SMT. SHALINI PANDITA & SH. AMIT PANDITA
NANAD & NANDOI
SMT. PARMESHORI BHAT
SMT. VIJAYA KOUL & SH. M.K. KOUL
SMT. SARLA PANDITA & SH. RAMESH PANDITA
SMT. SHAMA ZUTSHI & SH. RAMESH ZUTSHI
SAMAST PANDITA PARIWAR
Mob. No. 9796661210, 7006318425



SMT. JYOTI PANDITA

FIFTH DAY

With profound grief and sorrow it is informed that **Sh Rajan Choudhary** H/o Smt Anju Choudhary expired on 21/09/2023.

FIFTH DAY shall be observed at Raj Palace Udhampur from 10:00 AM to 11:00 AM on 25/09/2023 Monday.

Grief Stricken
(Father/Mother in law)

Ram Krishan Choudhary/ Renu Choudhary
(Brother/Sister in law)

Sh CR Choudhary/Smt Sheela Choudhary

Ashish Choudhary/Kalpna Jasrotia (Brother/Sister in law)

Ward No. 17 H.No. 211 Shanker Nagar
CEO OFFICE ROAD Udhampur



Sh Rajan Choudhary

FIFTH DAY

With profound grief and sorrow, we inform the sad demise of our beloved **Smt. Chanchal Gupta** W/o Sh Mohan Lal Gupta.

FIFTH DAY will be held on Monday 25-09-2023 from 10:00 AM to 11:00 AM at Rani Park, Radha Krishan, Temple near Jain School.

GRIEF STRICKEN

Brother and Bhabhi

Sh Satpal Gupta and Smt. Rani Gupta

Sh. Yashpal Gupta and Lt. Smt. Kanta Gupta

Sh. Subash Gupta and Smt. Neelam Gupta

Sister and Brother-in-law

Smt. Janko Devi & Lt. Sh. Kasturi Lal

Smt. Vijay Gupta & Sh Bal Krishan Gupta

Smt. Anita Gupta & Sh. B. B. Gupta

PH NO: 9469213432, 9858287175, 9906150116



Smt. Chanchal Gupta

FIFTH DAY

With profound grief and sorrow, we inform the sad demise of our beloved **Mr. Raj Kumar Manchanda** S/o Late Sh. Roop Lal Manchanda R/o Bakshi Nagar Jammu on 22-09-2023.

The **Fifth Day** will be performed on 25-09-2023 (Monday) at Panch Mandir Channi Himmat Jammu at 11 AM.

GRIEF STRICKEN:-

Mother & Father-in-law

Smt. Asha Vij & Sh. Gopal Das Vij

Mr. Shakti Sharay Vij (Brother-in-law)

Sister's & Brother-in-law's

Mrs. Jyoti Nargotra & Mr. Rajiv Nargotra

Mrs. Rekha Abrol & Mr. Rajesh Abrol

Mrs. Shivani Gupta & Mr. Gorav Gupta

Mob: 9419184377, 8082226667 7889573733, 9419188624



MR. RAJ KUMAR MANCHANDA

KRIYA/RASAM PAGRI/ UTHALA

With profound grief and sorrow, we inform the sad demise of our beloved **Sh. Sat Pal Sharma** S/o Lt. Sh. Chajju Ram R/o H.No. 209-A, Upper Laxmi Nagar, New Plot, Jammu.

The **Kriya** will be performed at our residence (New Plot) at 12:00 Noon on 25th of Sept, 2023. The **Rasam Pagri/ Uthala** will be performed at our residence at 4:00 PM on 25th of Sept, 2023.

GRIEF STRICKEN

Smt. Jyoti Sharma - Wife

Brother & Bhabhi

Sh. Raj Kumar Sharma & Smt. Sanjeevna Sharma

Son & Daughter-in-law

Sh. Deep Sahil Sharma & Smt. Sakshi Sharma

Daughter & Son-in-law

Smt. Divya Sharma & Sh. Davinder Sharma

Grand Children: Jaesha & Kiaan

Contact: 9541868142, 7889506331, 8803174717, 7006481722



SH. SAT PAL SHARMA

10TH DAY KRIYA

WITH PROFOUND GRIEF, WE INFORM THE SAD DEMISE OF **SMT. SHEELA PESHIN**, W/O SH. CHAMAN LAL PESHIN, R/O 348, ST. NO 11 TALAB TILLOO AT JAMMU TAWI.

THE **10TH DAY KRIYA** WILL BE PERFORMED AT MUTHI GHAT (NEAR DIRECTORATE OF SCHOOL EDUCATION) AND **ASSEMBLY HELD AT 9.00 A.M. ON TUESDAY, 26TH SEPT. 2023**

GRIEF STRICKEN:

C. L. PESHIN - Husband

AJAY AND PUSHPA PESHIN (Son & Daughter In Law)

ANJALI & HARISH KACHROO

(Daughter & Son In Law)

ANIL & NEERA PESHIN

(Son & Daughter In Law)

MOB. 9811378894, 9911152134, 72595 78632



SMT. SHEELA PESHIN

OBITUARY

With profound grief and sorrow, we regret to inform the sad demise of our beloved **Papa Ji Shri Sri Kanth Pandit** on 19th September 2023, originally from village Lajoura/ Tral, District Pulwama, presently at H. No. 487A, Sector 2, Muthi Vinayak Nagar, Jammu.

10th Day Kriya shall be performed at Muthi Ghat near Directorate of School Education, Jammu on 28th September 2023 at 9:00 AM.

GRIEF STRICKEN:

Smt. Girja Pandit & Sh. Ramesh Kumar Pandit.

Smt. Shakti Pandit & Sh. Vinod Kumar Pandit

Smt. Jyoti Bhat & Sh. J. L. Bhat

Smt. Babli Pandit and Ashok Kumar Pandit.

Contact No. 7006123703, 9599182958, 9419611426



Shri Sri Kanth Pandit

TENTH DAY

With profound grief & sorrow we regret to inform the sad demise of our beloved **Retd. DSP Sh Rajeshwar Singh S/o Late Sh. Gandharv Singh Sambyal R/o Kehli Mandi Samba Ward No. 14 Samba.**

TENTH DAY will be performed on 22-09-2023 at 9:00 AM and the **13TH DAY** will be performed on 25-09-2023 at our residence Ward No. 14 Kehli Mandi Samba.

GRIEF STRICKEN:

Smt. Urmila Devi (Wife)

Mr. Pushvinder Singh (Son)

Mrs. Preeti Jasrotia (Daughter in Law)

Master Daiwik Singh Sambyal (Grand Son)

All Near And Dears.



SH RAJESHWAR SINGH (RETD. DSP)

TENTH DAY / KRIYA

With profound grief and sorrow, we regret to inform the sad demise of our beloved **Sh. Narinder Singh Jamwal S/o Late Sh. Sansar Singh Jamwal R/o 29-D, Extension Karan Nagar Jammu, who left for heavenly abode on 15-09-2023.**

Tenth day will be performed at **Ved Mandir, Amphalla on 24-09-2023 (Sunday) at 10:00 am.** **KRIYA** will be performed at our residence on **27-09-2023 (Wednesday) at 12:00 noon.**

Grief stricken :-

Smt. Rakesh Jamwal (wife)

Daughters-in-law & Sons

Sonu and Kannav Jamwal

Kailash and Vijender Singh

Ekta Jamwal (Daughter)

Brothers & Bhabhis

Renu Jamwal & Lt. Kuldeep Singh Jamwal

Sharda and Dr. Surinder Singh Jamwal

Chinta and Ashok Singh Jamwal

Nisha and Jagjit Singh Jamwal

JAMWAL FAMILY

Mob No: 9873978418, 9419792346, 9419104406



Late Sh. Narinder Singh Jamwal

10TH DAY KRIYA

With profound grief & sorrow, we inform the sad & untimely demise of our beloved **Smt. Rattna Warikoo** W/o Sh. R.J. Warikoo R/o Indira Nagar Udhampur, presently at Durga Nagar, Sector-01, near Kabir Chowk, H.No. 02, Lane No. 04, Jammu.

TENTH DAY KRIYA will be performed on 26th Sept 2023 (Tuesday) 9 AM at Muthi Ghat Near Directorate of School Education, Jammu.

DEEPLY AGGRIEVED:

Smt. Asha Ji Warikoo- Sister-in-law (9149778209)

Smt. Lalita Kashkari - Sister-in-law (+7925822-79-61)

Sh. R.J. Warikoo- Husband (9796209947)

Sh. Rakesh Warikoo- Son (9419162303)

Smt. Vinny Warikoo- Daughter-in-law (9419614479)

Miss Riya Warikoo- Grand Daughter

Smt. Anjali Bhan- Bhabhi

Sh. Surinder Kaul- Brother-in-law

Sh. M.K. Kaul- Brother-in-law

Smt. Sarla Chiragi- Sister



Smt. Rattna Warikoo

AND ALL WARIKOO, BHAN, RAINA, KASHKARI, TICKOO, KAUL & CHIRAGI FAMILIES.

BARKHI

A year has passed by since you left us to be at a better place with God but your absence is still felt and not a single moment goes by without you being in our thoughts. **BARKHI** of our beloved **Sh Bal Krishan Gupta S/o Sh Chander Prakash Gupta** will be performed at our residence 280/A, Last Morh Gandhi Nagar Jammu on 25 September, 2023 at 12 noon.

DEEPLY MISSED & REMEMBERED BY -

Smt. Suman Gupta - Wife

Mrs. Priya & Mr. Ashwani Gupta - Daughter & Son in law

Mrs. Neha & Mr. Pranav Gupta - Daughter in law & Son

Bhabhi & Bhai

Smt. Shashi Prabha (W/o Lt. Sh. KK Gupta)

Smt. Sanjogta & Sh. Vinod Gupta

Smt. Veena & Sh. Arun (Mohan) Mahajan

Dr. Sunita & Dr. Rakesh Gupta

Sisters & Brother in law

Smt. Swarn Lata Gupta W/o Lt. Sh. Tilak Raj Gupta

Smt. Madhu & Sh. CP Gupta

Smt. Renu & Sh. Vijay Gupta

Lt. Smt. Shashi & Sh. Dharamveer Gupta

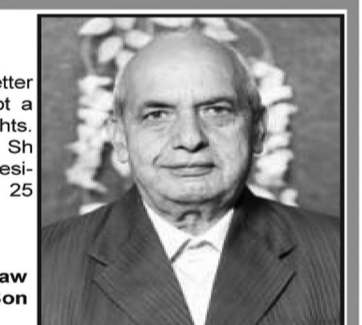
Sisters in law & Brother in law

Smt. Usha & Sh. Bal Krishan Gupta

Late Smt. Prem & Sh. Vijay Gupta

Smt. Sunita & Late Sh. Naresh Gupta

Smt. Poonam & Late Sh. Suresh Gupta



Sh Bal Krishan Gupta

Sister in law

Smt. Chandar Kanta W/o Late Sh. Chandar

Prakash Gupta

Grandchildren

Erisha, Dhruv & Avi

Mob - 9419203039, 8717097742,

8082968988, 9797585858

TENTH DAY

With profound grief and sorrow, we inform the sad demise of our beloved **Smt. Gaura Devi** W/o Late Sh. Kunj Lal Parihar R/o Village Kondhra Bhaerwah.

Tenth Day Kriya will be performed at Village Kondhra Bhaerwah on 25th of September, 2023 at 9 AM.

GRIEF STRICKEN

Sons & Daughters-in-law

Smt. Kamlesh Devi & Sh. Krishan Kumar

Smt. Nirja Devi & Sh. Romesh Kumar

Smt. Bobita Rani & Sh. Subash Parihar

Daughters & Son-in-law

Smt. Kamlesha Devi & Sh. Balwant Raj Charak

Smt. Lalita Devi

Smt. Pritama Devi & Sh. Balwant Raj Kotwal

Grand Sons & Grand Daughters

Neeraj, Neetu, Aseem, Neeru, Pershotam, Shivali, Adesh, Supriya,

Sakshi, Rajit, Upasana, Rakhi, Vikas, Vasundhra

Deeply Missed By:-

Parihar Family

7051399370, 8082482261, 9107113266



SMT. GAURA DEVI

TENTH DAY KRIYA

With profound grief and sorrow we regret to inform sad and untimely demise of our beloved **Ravinder Pandita** S/o Late Sh. Mohan Lal Pandita originally resident of village Achhan (Pulwama) at present 378, Shanti Nagar below Govt Quarters behind Krishna Mandir Topsherkhania Jammu on 20/09/2023.

TENTH DAY shall be performed on 29/09/2023 (Friday) at 9 AM at Muthi ghat near Directorate of School Education Muthi.

GRIEF STRICKEN

Mrs. Bandana Pandita - Wife (9149833816)

Smt. Veena ji- Mother (8492981584)

Master Manik (Son)

Master Saras (Son)

Mrs. Anjali and Suneel Razdhan - Sister & Brother in law.

All Near and Dears



Ravinder Pandita

TENTH DAY/KRIYA

With profound grief & sorrow, we regret to inform the sad demise of our beloved **Sh. Tirath Ram Bucha** S/o Lt. Sh. Amarnath Bucha R/o W.No. 5, Opp. D.C. Office, Udhampur, who left for heavenly abode on 14/09/2023 Thursday.

10th Day will be performed on 23/09/2023 Saturday at 11:30 AM at Puroshotam Hall, Dhar Road, Udhampur.

Kriya will be performed on 25/09/2023 at Devika Ghat.

GRIEF STRICKEN
Son & Daughter-in-law
Vikas Gupta & Naveeta Gupta

Daughters & Sons-in-law
Manisha Gupta & Narinder Mahindru
Sanjay Gupta & Kanu Priya

Brothers & Sisters-in-law
Nirmal Gupta W/o Lt. Sh. Madan Gopal Gupta
Mohan Lal & Usha Rani
Sham Lal & Seema Devi
Smt. Rukmani Devi - Sister

Grand Children: Etika, Aditya, Kritiya, Krity, Bhavya & Kartik
SH. HOJISE, Gola Market
SEMA MEDICOS, Dhar Road
ANKUSH SHOES, Barrian
9419161575, 9419990975, 9419900430, 9797289975



Sh. Tirath Ram Bucha

OBITUARY/ TENTH DAY

YOU WILL ALWAYS BE PART OF US IN OUR HEARTS & OUR PRAYERS, WE WILL MISS YOU & FONDLY REMEMBER YOU IN EVERY MOMENT OF LIFE' WITH PROFOUND GRIEF & SORROW, WE REGRET TO INFORM THE SAD DEMISE OF OUR BELOVED **SH. SUBASH CHANDER GANJOO** S/O LATE. SH. JIA LAL GANJOO R/O 64/8 MUTHI CAMP NEAR SAI BABA MANDIR JAMMU ORIGINALLY FROM BATALMAO NARSINGGARH, SRINGNAGAR WHO LEFT FOR HEAVENLY ABODE ON 17-09-2023. **TENTH DAY KRIYA** WILL BE PERFORMED AT MUTHI GHAT ON 25-09-2023 AT 8:30 AM.

GRIEF STRICKEN:
SMT. SURYA SATHE (WIFE)
(SONS & DAUGHTER IN LAW)
MR. SUNIL GANJOO & MRS. PRIYANKA GANJOO
MR. SUMIT GANJOO & MRS. DIVYA GANJOO

BROTHERS & SISTER IN LAW
LATE SH. KAILASH GANJOO & SMT. DAYA GANJOO
SH. ASHOK GANJOO & LATE ARUNA GANJOO
SH. R. C. GANJOO & LATE NEELAM GANJOO

Dr Jitendra launches J&K's first state-of-the-art Cancer Care facility at GMC Kathua

TOP NEWS REPORT

KATHUA, Sep 24: Launching Jammu and Kashmir's first ever state-of-the-art Cancer Care facility affiliated to Tata Memorial Center (TMC) Mumbai in the new block of Govt Medical College Kathua, Union Minister of State (Independent Charge) Science & Technology; MoS PMO, Personnel, Public Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singh said, the facility will cater to three territories of J&K, Punjab and Himachal Pradesh.

The Minister said, he felt pained to receive calls every morning from different parts of the region from desperate family members pleading to arrange admission of Cancer patient at Tata Hospital Mumbai or arrange accommodation for the attendants. He then decided to start the Tata affiliated facility at Kathua and thus moved the papers in the Department of Atomic Energy which is the controlling authority of Tata Memorial Center Mumbai.

Dr Jitendra Singh said, with increasing lifespan, changing lifestyles, environmental factors etc. And, with the establishment of Day-care Chemotherapy (Onco-care) Unit at GMC Kathua today, cancer treatment is going to become



where. A Tata satellite Cancer care facility in Kathua will therefore prove to be a great boon for the region, he said.

Under Prime Minister Narendra Modi, satellite hospitals and facility of Tata Memorial Centre have been started in different parts of the country and in Guwahati, even Onco DM and Mch super speciality courses have been started which option could be later contemplated for Kathua as well.

Dr Jitendra Singh further said, Kathua-Udhampur-Doda' Parliamentary Constituency could be the future 'Health Circuit' of India with state-of-the-art Healthcare Facilities like 3 Medical Colleges, North India's First Biotech Park etc. And,

with the establishment of Day-care Chemotherapy (Onco-care) Unit at GMC Kathua today, cancer treatment is going to become

accessible and affordable as the missing link has been completed today for affordable and accessible cancer treatment in the area.

Dr. Jitendra Singh was addressing a large gathering during the inauguration of much needed Day-care Chemotherapy Unit, 300 LPM Oxygen Plant and Maternal ICU at GMC Kathua.

Dr. Jitendra Singh said, onco-care will be upgraded in GMC Kathua in coming years as Onco DM and MCH seats will be provided to it and world class cancer specialists will be invited here for treatment, lectures and seminars.

On the treatment of various types of cancers, Dr. Jitendra Singh said, India has taken a lead in the production of vaccines for the prevention of malignancies like 'CERVAVAC' as the Biotechnology sector in India is growing by leaps and bounds as India is

set to achieve \$150 billion Bio-Economy by 2025, which stood at over \$100 billion in 2022.

During the inauguration, Dr. Jitendra Singh said, affordable, accessible healthcare is the roadmap for 'Healthy India' under PM Narendra Modi which is evident from the fact that more than 260 new medical colleges have been established in the country with 79% increase in MBBS seats, 93% increase PG seats in 9 years, 22 AIIMS have been approved etc.

Dr. Jitendra Singh said, India has moved from sectoral and segmented approach of health service delivery to a comprehensive need-based health care service and is now seen as a role model in crisis management and preventive healthcare.

Dr. Jitendra Singh thanked PM Narendra Modi for bringing 'Pre-

ventive Health Care' into focus in the country for the first time which is the reason that in just a span of two years, India could produce two DNA vaccines and one nasal vaccine.

Secretary Health and Medical Education, J&K, Sh. Bhupinder Kumar in his address said, the establishment of Day-care Chemotherapy Onco-care Unit at GMC Kathua will make cancer treatment in the area accessible and affordable.

DDC Vice-chairman, Kathua, Sh. Raghunandan Singh Bablu, DC Kathua, Sh. Rakesh Minhas, K K Parashar of Paytm Foundation, Neraj Goud of Maha Manav Malviya Mission, Sunil Kumar Gupta, GM J&K Bank, CGM NABARD, Sh. Bala Modi Sridhar, Principal GMC Kathua, Medical Superintendent GMC Kathua were present during the occasion.

Nation remains indebted to martyrs, warriors: Ch Manmohan

TOP NEWS REPORT

JAMMU, Sep 24: Ch. Manmohan Singh, President of All India Jat Maha Sabha and former Mayor, saluted the martyrs and warriors who defended the integrity and sovereignty of their motherland, stating that the nation will forever be indebted to their supreme sacrifices.

During the commemoration of Naib Subedar Lekhraj's 36th martyrdom anniversary at the Martyr's Memorial in Village Dabbad, Ch. Manmohan Singh expressed pride in the brave warrior's commitment to national pride, stating, "The brave give their today for our safe and secure tomorrow."

It is worth mentioning that Naib Subedar Lekhraj lost his life on the India-Pakistan border in the Siachen Glacier in 1987, and his body has unfortunately not been located to this day.

Ch. Manmohan Singh emphasized that the sacrifices made by these heroes in defend-



ing the nation's integrity and sovereignty will not be in vain. The nation deeply respects and esteems these sacrifices, and the martyrs will serve as an inspiration for future generations to serve the motherland in any capacity they can, he added.

The event witnessed the participation of army officials and local community members, who paid their respects by offering floral tributes at the martyr's statue. On this day in 1987, Naib Subedar Lekhraj attained martyrdom in the Siachen Glacier and was posthumously honored with the Vir Chakra by the army.

Meanwhile, Ch. Manmohan Singh visited the residences of late Paras

Ram Choudhary, father of Sh Sethi Ram Choudhary R/o Kalsian; late Sh Anupam Choudhary S/o Lecture Ashwani Choudhary R/o Kalsian; Kamal Choudhary s/o Roshan Lal Choudhary R/o Kalsian, and Wanti Devi, mother of Sanjay Choudhary R/o Chowki Handan, to mourn the loss of these community members.

Accompanying Ch. Manmohan Singh were Sarpanch Sukhdev Singh Langer, Sarpanch Anita Choudhary, Dabber, Choudhary Paras Ram, Nonial, Ajay Choudhary, Bindu Choudhary (Ex sarpanch), Ritesh Choudhary Naib, Sarpanch Pawan Choudhary, Pola Ram and Choudhary Surjeet.

Vasuki Vihar residents seek cleanliness, sanitation, stray dog management in Ward 67

TOP NEWS REPORT

JAMMU, Sep 24: Social and political leaders, along with the residents of Vasuki Vihar behind Army Quarters Rajouri Lines Lower Muthi under Ward No. 67, requested the Municipal

authorities of Jammu to prioritize the daily maintenance and cleanliness of the area.

In a joint statement issued today, political leaders Vinod Pandita and Vishal Jotshi expressed their concern over the

prevailing situation. They called upon the Municipal authorities in Jammu to promptly address the matter of these two aggressive stray dogs, who have created an atmosphere of fear and insecurity in the area. Despite sev-

eral complaints to the concerned authorities, no concrete actions have been taken, leaving residents deeply worried. They emphasized the importance of maintaining regular cleanliness and upkeep of the area

on a daily basis. They hoped that the Municipal authorities will take swift and effective measures to resolve these issues, ensuring the safety and well-being of the residents in Vasuki Vihar, Ward No. 67.

Undemocratic to deprive people of elected Govt for extended period: Bhalla

TOP NEWS REPORT

JAMMU, Sep 24: Raman Bhalla, Working President of Jammu and Kashmir Pradesh Congress Committee (JKPCC), criticized the BJP for denying the people of Jammu and Kashmir an elected government for the past five years. He highlighted that the Election Commission is constitutionally obligated to conduct assembly polls in Jammu and Kashmir, as the last election was held in 2014. Bhalla expressed these concerns during a public meeting organized by Dwarka Choudhary and other Corporators in Sanjay Nagar Ward-1.

Bhalla emphasized that, apart from the Opposition, there is a lack of political representation in Jammu and Kashmir, where the government tends to disregard the concerns of the people and political leaders. He stressed the need for assembly elections, describing it as undemocratic to deprive the populace of elected governance for an extended period.

The Congress leader pledged that the party



would uphold democratic values and work on implementing pro-people initiatives that benefit marginalized sections of society if elected to power. Bhalla also criticized the government for failing to create diverse economic opportunities in sectors such as tourism, agriculture, and horticulture, which would improve the lives of the common people.

He noted that the state had experienced the second-longest period of Presidential rule since Independence and expressed concern over the delay in announcing assembly elections in the Union

Territory, urging people to support the Congress as the party capable of challenging the BJP's divisive politics.

Bhalla underscored the importance of elected representatives running the government in a democratic setup and pointed out that officers cannot govern for more than six months in India or elsewhere in the world.

He called on party workers to prepare for Local Body elections and strengthen the party's presence in the district. Bhalla criticized the BJP, accusing it of failing to fulfill its promises and creating division within the region.

He praised the previous Congress Government for its inclusive development policies.

Bhalla expressed hope that the Congress would be the preferred choice for the people of Jammu and Kashmir and stressed the need to strengthen the party at the grassroots level. He affirmed that the Congress would continue to fight against the Centre's anti-people policies and the challenges posed by the BJP's misleading politics.

He reminded the audience that bureaucratic rule could never substitute a democratically elected government

and that most major projects in Jammu and Kashmir were initiated by Congress governments. Bhalla conveyed the people's eagerness for assembly elections and their determination to teach a lesson to the BJP.

He assured that the Congress Party remained dedicated to serving the people selflessly, and its legacy of serving and strengthening the nation would persist. He emphasized that the party consistently played the role of a healthy opposition in the country.

Bhalla acknowledged that various challenges had arisen over the past five years, negatively affecting the state in various aspects. He stated that winning elections would strengthen their position and enable them to advocate effectively for the rights of the local people.

The Congress leader pointed out that many development initiatives and benefits enjoyed by the people were sanctioned or executed during Congress' tenure.

UNION TERRITORY OF JAMMU & KASHMIR
OFFICE THE EXECUTIVE ENGINEER PWD (R&B) DIVISION GANDHI NAGAR
e-mail : xenpwddivgandhinagar@gmail.com

SHORT NOTICE INVITING TENDER

Short e-NIT No. DGN/07 of 2023-24 Dated 21-09-2023

For and on behalf of the Lieutenant Governor, Union Territory of Jammu and Kashmir e-tenders are invited on percentage basis from approved and eligible Contractors registered with Union Territory of J&K, CPWD, Railways, MBS and other State/Central Governments for each of the following works :-

S. No	Name of Work	Name of Division	Advised Cost (in Lacs)	Cost of document (in)	Earnest Money (in)	Time Allowed for complete on	Time and date of opening of tender	Class of Contractor
1	Widening of road from Thanger Pulli to Shamsan Ghat by way of Providing and laying 80mm thick paver blocks in Sector-1A Channi Himmat, Jammu (Under Capex Budget)	PWD (R&B) Division Gandhi Nagar	30.00	600	60000 (2% of the Advertised Cost)	01 Month	(1400 Hrs) on or after 04-10-2023	"A" & "B" Class
2	Construction of link road to House of Panch at Palyal Chowadhi (Under Capex Budget)	PWD (R&B) Division Gandhi Nagar	11.00	600	22000 (2% of the Advertised Cost)	01 Month	(1400 Hrs) on or after 04-10-2023	"A", "B" "C" & "D" Class
3	Construction of road from Raika Masjid to Haji Mohalla Rajiv Nagar (Under Capex Budget)	PWD (R&B) Division Gandhi Nagar	7.77	600	15540 (2% of the Advertised Cost)	01 Month	(1400 Hrs) on or after 04-10-2023	"A", "B" "C" & "D" Class
4	Improvement and Extension of drain in Friends Colony Chowadhi, Jammu (Under Non Plan)	PWD (R&B) Division Gandhi Nagar	7.26	600	14520 (2% of the Advertised Cost)	01 Month	(1400 Hrs) on or after 04-10-2023	"A", "B" "C" & "D" Class
5	Construction of Lane by way of providing & laying of 80mm thick Interlocking Tiles & Retaining Wall at Langer Village Kunjwani (Under Non Plan)	PWD (R&B) Division Gandhi Nagar	3.17	600	6340 (2% of the Advertised Cost)	01 Month	(1400 Hrs) on or after 04-10-2023	"A", "B" "C" & "D" Class

The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website <http://jktenders.gov.in> as per below schedule :

1	Date of Issue of Tender Notice	22-09-2023
2	Period of downloading of bidding documents	From 22-09-2023 to 03-10-2023, 1800 Hrs
3	Date, Time and place of pre-bid meeting	26-09-2023 at 1400 Hrs. in the Office of Executive Engineer PWD (R&B) Division Gandhi Nagar
4	Bid submission Start Date	22-09-2023
5	Bid Submission End Date	03-10-2023 upto 1800 Hrs

6	Date & time of opening of Technical Bids (Online)	04-10-2023 on or after 1400 Hrs in the Office of Executive Engineer PWD (R&B) Division Gandhi Nagar
7	Date & time of opening of Financial Bids (Online)	To be notified after technical bid evaluation is completed

- Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date, e-NIT No. and name of work duly crediting to 0059 (Revenue) favoring Office of Executive Engineer PWD (R&B) Division Gandhi Nagar and upload the same i.e. treasury challan/receipt, Earnest money/Bid security in shape of CDR/FDR/BG pledged to Office of Executive Engineer PWD (R&B) Division Gandhi Nagar. The CDR/FDR/BG shall be valid for 45 Days beyond the bid validity period. The original instruments in respect of cost of documents, EMD and relevant documents of L1 be submitted to the Office of Executive Engineer PWD (R&B) Division Gandhi Nagar at the time of allotment.
- The electronic bidding system would not allow any late submission of bids after due date and time as per server time. Bidders may modify their bids by uploading their request for modification before the deadline for submission of bids. For this, the bidder need not to make any additional payment towards the cost of tender document. For bid modification and consequential re-submission, the bidder is not required to withdraw his bid submitted earlier. The last modified bid submitted by the bidder within the bid submission time shall be considered as the bid. For this purpose, modification/withdrawal by other means will not be accepted. In online system of bid submission, the modification and consequential-submission of bids is allowed any number of times. The bidders may withdraw his bid by uploading their request before the deadline for submission of bids; however, if the bid is withdrawn, the re-submission of the bid is not allowed. No bid shall be modified or withdrawn after the deadline of submission of bids.
- The date and time of opening of Financial-Bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address. The **Financial-bids of responsive bidders** shall be opened online in the **Office of Executive Engineer PWD (R&B) Division Gandhi Nagar**. The date for same shall be intimated separately.

.. Sd ..
(Er. Rahat Gupta)
Executive Engineer
PWD (R&B) Division

DIP/J-8682/23

EDITORIAL

MUSHROOMING
E-COMMERCE

E-Commerce is the use of electronic communications and digital information processing technology in business transactions to create, transform and redefine relationships for value recreation between or among organizations and between organizations and individuals.

Thus, E-Commerce is a distribution system through which the distributor safely transforms his business relations and distribution by using information technology and network computing. The web marketing/E-Commerce system is a hybrid version of internets and intranets, which can be understood as an extension of the E-Mail facility.

"E-commerce refers to commercial transactions, in which an order is placed electronically and goods or services are delivered in tangible or electronic form.

With rapid growth and penetration of the Internet and globalization of market, the retail sector has become an increasingly competitive and dynamic business environment. Business and marketing activities have undergone a paradigm shift after the invention and proliferation of Internet technologies, and the Internet/web technology started revolutionizing commerce, marketing, retailing, shopping, and advertising/promotional activities.

This proliferation of Internet access and usage has changed the manner in which such Internet-habituated consumers pick up trends, form opinions, learn about new things, and consume merchandise. In the context of Indian e-tailing scenario, one of the key reasons why such trends emerged is India's demographic features.

India is predominantly young with a median age of 26 years. This will continue to be the case for the next 10 years. With the projected median age of 29 years in 2020, by 2020, 40% of India would have been born after the launch of the Internet and mobile phones in the country.

Thus, for a sizeable population of Indians, access to the Internet and the use of mobile phones will be a norm to which they will not have to make transition to, unlike previous generations. Thus for these young consumers, spending time on the Internet will be as normal as watching television is for today's consumers.

In today's era of globalization, companies are using the Internet technology to reach out to their valued customers and providing them with a point of contact 24/7. E-commerce and e-marketing are the two important terms in the new Internet-based business domain. E-commerce can be defined as a way of conducting business by companies and customers performing electronic transactions through the Internet.

E-marketing (also known as Internet marketing, web marketing, and online marketing, etc.) can be defined as the promotion of products or services through the Internet, whereas e-tailing can be defined as selling products and services by a retailer using the Internet. E-tailing is also defined as retailing conducted online.

Electronic business encompasses the entire online process of developing, marketing, selling, delivering, servicing, and paying for products and services. E-commerce commonly known as e-commerce or e-commerce, consists of the buying and selling of products or services over electronic systems such as the Internet and other computer networks. Usually e-business and e-commerce are used interchangeably.

The amount of trade conducted electronically has grown extraordinarily with widespread Internet usage. There are numerous examples of e-commerce such as electronic funds transfer, Internet marketing, online transaction processing, electronic data interchange (EDI), inventory management systems, and automated data collection systems.

Modern electronic commerce typically uses the World Wide Web (www) at least at some point in the transaction's lifecycle, although it can encompass a wider range of technologies such as data warehousing and mining as well.

Earlier a large percentage of all electronic commerce was conducted mainly for trading virtual items such as access to premium content on a website, but now most electronic commerce involves the transportation of physical items in some way Online retailing is one big outcome of e-commerce. Online retailers are also sometimes known as e-tailers and online retail is sometimes known as e-tail. Almost all big retailers have electronic commerce presence on the World Wide Web.

Does India need to Talk to Pakistan on recent Terror Attacks?

By: Brig Jeewan
Rajpurohit, PhD



Former CM of J&K, Mr Omar Abdullah on 20 Sep 23 said that talks cannot be held if terrorists' attacks like Rajouri and Kokernag continue. He added that it is the responsibility of Pakistan to create conducive atmosphere for the talks. He expressed his opinion to the reporters at his party headquarters in Jammu. The question is Pakistan in a state to talk? The country itself is in a state of turmoil and the games being played by Pakistan army and the politicians have forced the economic disorder in Pakistan. People and organisations like of Omar Abdulla are continuing to talk and seek favours for the vested interests. Omar asserted on talking to Pakistan on the issue of recent terror attacks in J&K. In the same press conference, he also said that he has put forth his point to INDIA! This is when none of the members of the new alliance is interested in him or his views. When Mr Om Abdullah says that he has put forth his views and it's up to the alliance to accept or otherwise. The cat is already out of the bag. Every member of the alliance is interested in individual share of the pie, none has spoken for the people of J&K leave alone for

preventing terrorists attacked.

There have been three separate incidents of terrorism in the Kashmir valley in September 2023. One attacks in Rajouri area of Dhangri near Narli on 13 September 2023. The incident left one terrorist dead.

The same day, second encounter started in Gadole forest of Kokernag in Anantnag district. Indian forces suffered four fatal casualties and the nation mourned the sacrifice of the brave soldiers. Colonel Manpreet Singh, Commanding Officer of 19 Rashtriya Rifles along with his Company Commander Major AshishDhanak and Rifleman Ravi lost their precious lives. DSP Humayun Bhat of J&K Police lost his life.

The third encounter took place in Hathlanga area in Baramulla district. 5 JAKRIF neutralised four terrorists. This infiltration attempt was supported by fire by Pak soldiers from their posts and bodies of two terrorists couldn't be recovered as they fell in steep mountainous slopes towards the enemy.

During incidents of terror attacks, impulsive political statements from former CM doesn't go well with idea of nationalism and talks with Pakistan. When Pakistan is sending their terrorists and fidayeens in India and he wants to talk with Pakistan.

He himself and his clan has been named in many incidents of supporting the terrorists' nefarious designs in the state. To name a few: -

1. Hindustan Times dated 08 September 2023 reported, Omar Abdullah said nobody can change the name of the country from 'India' to 'Bharat'. "To do this, you will have to change the constitution," he said.

2. On 08 August 2023, in an interview with Associated Press, Omar said, "Democracy stops where the boundaries of Jammu and Kashmir begin."

3. As part of Public Safety Act, he was arrested on 5 August 2021, he along with his father and other Kashmiri leaders were arrested.

Jammu and Kashmir has been on the anvil and has been suffering wrath of Pakistan abetted terrorism. This is even though Pakistan itself is in shambles. Its polity is witnessing the lowest ebb on internal administration and external relationships. Pakistani society or social anathema is bearing fruits of poor economic policies. Economically, Pakistan is down to minimal and IMF has bailed them out with US \$ 3million worth of aid. Pakistan is desperately looking for financial support from China and Middle East friendly Muslim countries.

In a recent U-turn Nawaz Sharif compared Indian process with theirs and wished they were at the heights India has achieved. While all these rig a-role is the order of the day JN Pakistan, junior Abdulla wants India to talk to Pakistan on terrorism. Surgical strikes by India have been the turning point for both the neighbouring adversaries. India has been on repulsing role and reacting to Pakistani theory of 'Defeating India by thousand cuts.' The tide has since turned and it's Pakistan who is in the reactionary mode. More so, India has successfully worked managing internal and external affairs independently and with assertiveness. Repeated statements by affected allies of Pakistan are only failed attempts. Mr Erdogan PM of Türkiye, in his recent statements has sug-

gested mediation between India and Pakistan. It will be prudent if Mr Erdogan manages his country affairs and not to interfere in affairs of India.

In case, Mr Omar is drawing his strength from Pakistan or her friends like Türkiye, then he is in for a shock. India has in the past and even now can maintain its sovereignty.

It is for the people of J&K to decide to continue to support nefarious activities of the terrorists or report presence of terrorists in their areas to the police and the army at the earliest. NextGen is fast realising importance of growth of the society. Lot of blood has been shed due to vested interests and designs of the jamaities and anti-national elements. Political leaders like of Omar Abdullah may consider dropping petty politics aside for greater good of the people of Jammu and Kashmir. They may differ in the opinion and thoughts so far as the views and thoughts are nationalistic. Views like 'Talking to Pakistan when they incite terrorists' attacks in Kashmir' are unacceptable. This is when the Pakistan is condemned by majority democratic world and economic support is not in sight. Pakistan and Mr Omar Abdullah must shun abetting terrorism before any talks can be thought of.

It's time for him to changes sides.

(Author: Brigadier Jeewan Rajpurohit, PhD is a retired officer of Indian Army and views expressed are his personal views. There is no conflict of interest).

How professional growth of teachers will help in implementation of NCF Secondary Education

By: Vijay GarG



The NCF prioritises professional development of teachers and states that teachers' professional competence and collaborative efforts critically impact student learning. NCF directs the schools to process it and the school principal needs to effectively implement it.

Changing mindset
"Professional development of the staff is imperative for the successful implementation of the policy that the teaching community has to understand that they have to keep evolving. "Teachers need to look inwards as well as outwards as the educational landscape is

evolving. If they are not willing to change then they will be left behind. Teachers and principals must see learning as a continuously moving wheel," says Bali, adding that the NCF has formalised the pre-primary education from nursery to grade II and it will be now one foundation block and will be implemented accordingly in NCF.

"It is important to create awareness about the policy otherwise implementation will become a challenge," , talking about the 5+3+3+4 pattern of education suggested by the NCF. The school is moving towards reducing class strength and has taken big strides towards bringing in counselling and special education programmes in classrooms. "We have three special educators and four remedial teachers, and we are planning to increase the number further. These are the steps we are taking towards differentiated

learning and inclusivity,"

Teacher training is mandatory for the successful implementation of NCF. "It is important for teachers to go beyond the textbook and embrace varied pedagogies, styles, lesson plans and multidisciplinary systems. We will share the NCF copies with the teachers to help them understand it better and contextualise the curriculum according to the requirement of students," , emphasising that the context in which the policy framework is implemented is important, particularly in schools located in rural and remote areas.

Way forward

For most teachers, teaching is not the first choice of profession. "The educators must think that they are preparing the students for the future and such an approach will change the way policies are implemented underlining that scoring marks are important, but it is equally impor-

tant that the children get the opportunity to develop not just academically, but also emotionally, physically, and spiritually and NCF reflects that.

Need for autonomy
Besides implementing NCF, teachers must focus on professional development, too. "Educational associations such as the Association of Early Childhood and Development (AECD) and the Early Childhood Association (ECA) have also conducted webinars on NCF. It is not a quick-fix formula; it is a document that needs to be interpreted. It requires changing books, curricula, and pedagogies that are in use. The teachers need to be given autonomy. The discourse on early literacy and numeracy is also recent in the country,"

(Vijay GarG Retired Principal Educational Columnist Malout Punjab)

Vinay, Bharat inaugurate water pipeline project in Raipur Satwari

TOP NEWS REPORT

JAMMU, Sep 24: Vinay Gupta, a senior leader of the Bharatiya Janata Party (BJP) and the Seh Prabhari of Jammu North, emphasized that the BJP's performance in the development sector is crucial for the party's success in the upcoming polls. He made this statement while inaugurating the Water Supply Schemes (WSS) pipeline project in Cantonment Ward No. 5, Raipur Satwari, part of the Bahu Constituency in Jammu South. Vinay Gupta expressed confidence that the BJP will secure a majority in Jammu and Kashmir's next government. He made these remarks during a program organized to promote development work in Raipur Satwari.

The event was attended by various prominent individuals from the area, including Bharat Bhushan, Vice Chairman of the Cantonment Board Jammu, and President of the BJP Gandhi Nagar Mandal, Narinder Gupta Koki,



Ramesh Chib, Hans Raj, and other notable figures were also present.

Vinay Gupta highlighted that the BJP's core principle is "Sabka Saath, Sabka Vikaas, Sabka Vishwas," which has driven the party's significant progress. He attributed the rapid pace of developmental projects, especially in the Jammu and Kashmir Union Territory, to the effective performance of the party and the leadership of Prime Minister Narendra Modi at the national level.

Vinay Gupta and

Bharat Bhushan jointly inaugurated the much-anticipated Water Supply Schemes project, which fulfills a long-standing demand of the residents in Cantonment Ward No. 5, Raipur Satwari. Upon completion, this project will ensure a reliable water supply to the people of the area. Vinay acknowledged that this project became a reality thanks to the collaborative efforts of the Public Health Engineering Department and the dedication of Bharat Bhushan, Vice Chairman of the Can-

tonment Board Jammu. Furthermore, Vinay stressed the government's commitment to the overall development of every region and encouraged local residents to actively monitor and participate in the ongoing projects. He commended the local community for their cooperation and proactive involvement in the development work within the ward. Vinay assured that the project initiated on this day would uphold high-quality standards to benefit the residents of the area.

GDC Kathua celebrates 54th NSS Foundation Day

TOP NEWS REPORT

KATUHA, Sep 24: The NSS Units of Government Degree College Kathua celebrated the 54th NSS Foundation Day in the College Auditorium under the patronage of Principal Prof. Seema Mir. The event commenced with the lighting of the traditional lamp by the Chief Guest, Prof. Raj Kiran Sharma, Head of the Department of Physics, accompanied by the senior faculty members of the college, including Prof. Rakesh Jasrotia, Head of the Department of Chemistry, and Dr. Pankaj Gupta, Staff Secretary of GDC Kathua. This was followed by Saraswati Vandana and the NSS Song.

The welcome address was delivered by NSS Programme Officer Prof. Manmohan Singh, who provided an overview of the National Service Scheme in India and its objectives. A comprehensive report on the activities conducted during the 2022-23 session was presented by the senior volunteer, Meenakshi Bakshi.



The cultural performances included a Fusion Dance representing various cultures, including Himachali, Kashmiri, Dogri, and Marathi, as well as Gidda and Punjabi Bhangra. There were also solo performances by Natasha, Meenakshi Bakshi, Komal Sharma, and Yashvee Gotra, presented by NSS volunteers.

To raise awareness among the volunteers, a skit on the social issue of acid attacks was performed by Jharna and her team. The event concluded with an energetic Bhangra performance by the volunteers. NSS Volunteers Miss Aliesha and Vishal Gupta conducted

the proceedings of the program. Mr. Pratham Sharma and Anamika Sharma were honored with the Best Volunteer award for the session 2022-23 in the Male and Female categories.

Chief Guest Prof. Raj Kiran Sharma shared her experiences as a former NSS Program Officer of these units during her college days and highlighted her journey from being an NSS Program Officer to becoming the Head of the Physics Department at the college.

Prof. Rakesh Jasrotia, Head of the Chemistry Department, also addressed the volunteers and extended warm greetings on NSS Foundation Day.

Several NSS volunteers, including Imran Ali, Monika Devi, Abhi Kumar, Mohit Verma, Ritika Jasrotia, Bavita Devi, and Abhishek Singh Sumbaria, were honored by the NSS Units of the college for their active and dedicated service, which brought laurels to the college at the national level.

The NSS Day celebrations were conducted under the patronage of Principal Prof. Seema Mir and the supervision of NSS Programme Officers Prof. Manmohan Singh, Prof. Neha Bhandral, and Dr. Suresh Sharma. The program concluded with a vote of thanks by NSS Program Officer Neha Bhandral.

Modi Govt committed to empower women: Sat



TOP NEWS REPORT

JAMMU, Sep 24: BJP Talab Tillo Mandal hosted the 105th edition of Prime Minister Modi's Mann Ki Baat at Ward No.12, The Programme was attended by Former Minister Sat Sharma CA, Former Chairman Social Justice Committee & Councillor Jeet Angral along with Leaders and Women's of the Ward. The Programme was organised under the Presidentship of Keshav Chopra.

Women expressed gratitude to PM Modi for passing the women res-

ervation bill and giving them their rights.

Speaking on the occasion Sat Sharma CA said that PM Modi's worked day and night to bring the Women reservation bill and this was due to the efforts of PM Modi this bill has been passed in Loksabha and Rajyasabha it really shows that Modi government is committed to empower women.

Speaking on the occasion Keshav Chopra & Jeet Angral lauds PM Modi for working tirelessly for the Bharat and said that Success-

ful conclusion of G20 summit in Newdelhi is a great achievement for every Bharatvasi and under the leadership of PM Modi Bharat is progressing towards becoming "Vishav Guru" Pratibha Sharma, Ganga Angral, Jatinder Kour, Anil Angral, Varinder Dogra, Ramesh Kumar, Sunita thakur, Arjun Gupta, Tarun Angral, Ravi Kumar, Rakesh Gupta, Kundan gupta, Sanjeev Malhotra, Manmohan Sharma, Kanchan bala and others were also present.

Madhuparamhans Maharaj's enlightening discourse on inevitability of death

TOP NEWS REPORT

JAMMU, Sep 24: Sadhguru Shri Madhuparamhans Ji Maharaj of Sahib Bandgi delivered enlightening teachings to the Sangat in Rakhbandhu today. He emphasized the inevitability of death, likening it to a force that sweeps away an entire household without discrimination or mercy. He elaborated on the concept of the "carrier body," a notion found in many scriptures.

Sadhguru Ji shared the story of Sati Savitri, a woman devoted to her husband, who had a deep understanding of the carrier body. When her husband, Satyavan, was on the verge of death, Sati Savitri



implored Yamraj, the Lord of Death, to spare him. Despite Yamraj's insistence that death does not discriminate, divine powers interceded, and eventually, Yamraj allowed Savitri's request. This story exemplified the power of unwavering devotion.

Sadhguru Ji also recounted the tale of Jalandhar, a warrior who could not be defeated in battle due to his wife's

blessings. However, Lord Vishnu assumed the form of Jalandhar to break the blessing, ultimately leading to Jalandhar's demise. This story highlighted the significance of the carrier body, which all beings possess.

Sadhguru Ji further discussed the presence of spirits or ghosts, who can influence individuals subtly, either by making their presence felt or by exerting control over them.

He urged the Sangat to contemplate the nature of their consciousness, even during sleep, as it mirrors the dreamlike quality of the waking world, a perspective echoed by many spiritual leaders throughout history.

Hari Singh an inspirational figure for the Dogras: Gurmeet

TOP NEWS REPORT

JAMMU, Sep 24: Gurmeet Singh, District General Secretary and Senior Congress Leader, along with the President of Beopar Mandal, paid a respectful tribute to Maharaja Hari Singh, the last Dogra ruler of Jammu and Kashmir, on his 128th birth anniversary. The event took place at the Congress office in Rajinder Bazar, Jammu. The occasion was marked by various political and social groups celebrating the life of this "great social reformer."

Maharaja Hari Singh, the last ruler of the princely state of Jammu and Kashmir, was born on September 23, 1895, in Jammu, and passed away on April 26, 1961, in Maharashtra at the age of 65. His reign was distinguished by several notable aspects, making him stand apart from other rulers.

Hari Singh ascended



to the throne in 1923 after the passing of his uncle. Following India's independence in 1947, he sought to establish Jammu and Kashmir as an independent state, seeking protection from the Indian army against Pakistani invasion.

During his reign, Hari Singh also served as the second Prime Minister of Jammu and Kashmir from 1925 to 1926. He introduced free elections and established the Praja Sabha, the legislative assembly for Jammu and Kashmir, which operated

under the Ranbir Penal Code (RPC).

It is essential to distinguish Maharaja Hari Singh from Maharaja Hari Singh Nalwa, who was the Commander-in-Chief of the Sikh Khalsa Fauj, the army of the Sikh Empire. Here, we are referring to Maharaja Hari Singh of Jammu and Kashmir.

Maharaja Hari Singh's ancestor, Maharaja Gulab Singh, purchased the state of Jammu and Kashmir from the British for 75 lakh rupees. Hari Singh ascended

the throne on September 23, 1925, and by the time of independence, he ruled India's largest state, with international borders shared with four countries. He chose not to accede Jammu and Kashmir to either India or Pakistan, aiming to maintain the state as a "paradise on earth."

To honor Maharaja Hari Singh's rich legacy, Lieutenant Governor Manoj Sinha announced the declaration of his birth anniversary, September 23, as a public holiday. Hari Singh was not only

a great educationist but also a progressive thinker and social reformer. The public holiday serves as a fitting tribute to his enduring contributions.

Hari Singh's birth anniversary is an occasion to pay homage to this multifaceted ruler and democrat who played a pivotal role in integrating his princely state with India. His legacy continues to inspire future generations.

The event witnessed the presence of prominent members, including S. Gurmeet Singh, District General Secretary of Ward No. 3, President Hardavinder Singh, Vice President of Rahul Gandhi Vihar Manch Shashi Syal, Naiz Sheikh, Pritam Singh, Raj Kumar, Bashir Ahmad, Ajay Kumar, Hardeep Singh, Javed Iqbal, Ashu Anand, Ram Lal, Brij Mohan, Babu Ram, Vimal, Ajay Sharma, Apu Singh, Amarpreet Singh, and others.

Ishant kicks-start blacktopping project in Channi Himmat

TOP NEWS REPORT

JAMMU, Sep 24: Ishant Gupta (Advocate), the BJP J&K State IT Head, kick started a remarkable blacktopping work in Sector 1, Ward No. 50, Channi Himmat, with an estimated cost of Rs. 25 lakhs. The said project was initiated by Neena Gupta Corporator Ward No. 50 Channi Himmat.

Manjeet Singh, President of Gurudwara Sector 1 Channi Himmat, BJP Booth President Nishant Sharma, Dedicated Social workers Trishula Gupta and Amit Gandotra, and numerous enthusiastic residents, gracing the occasion by their presence.

Ishant Gupta, while addressing, attributed



the inception of this much-needed initiative to the unwavering commitment of Ward No. 50 Corporator Neena Gupta. Despite her temporary absence, Gupta said that BJP remains resolute in delivering on her promise and commitment to enhance connectivity between

the main Gurudwara Channi Himmat and SDDM Hospital, a road that had been adversely affected by the repair work of PHE pipelines, disrupting the daily lives of local residents.

Gupta underscored the BJP's steadfast dedication to Prime Minister Narendra Modi's

transformative vision of "Saab Ka Saath, Saab Ka Vikas, Saab Ka Vishwas," emphasizing that the party continuously strives for comprehensive development and the welfare of the public at large.

Manjeet Singh, Trishula Gupta, and Amit Gandotra, also spoke

on the occasion and said that the exemplary work of Corporator Neena Gupta in serving the best interests of the community. They fervently appealed to the public to extend their support again in the upcoming Municipal Urban Local Body Elections.

Dharmendra calls himself 'qismat wala' as he shares a happy picture enjoying Sunny's 'Gadar 2' success

Veteran actor Dharmendra is a proud father and he makes sure to include his fans in those special moments with his family. This time around, Dharmendra has expressed his joy about 'Gadar 2'.

He congratulated his elder son Sunny Deol on the success of 'Gadar 2' and was ecstatic about its box office performance. Not just that, he also thanked the audience for making the movie a blockbuster.

Along with a happy picture, Dharmendra wrote on his X account, "Dosto, qismat wala hota hai Baap woh...jis ka beta kabhi jab Baap ban kar bacchon sa laad ladata hai (Friends, it is only a father with great luck who gets to see his son, when he becomes a father playfully fight with his children)."

It further reads, "Sunny brought me to USA to enjoy the success of Gadar 2Dosto, Great full to you all for your good wishes to make the Gadar 2 A block



buster."

It's not the first time that Dharmendra has expressed his happiness on the success of Sunny Deol's latest cinematic venture. He has, in the past, congratulated his son and the entire team of 'Gadar 2' several times.

As the family is enjoying in the US, the Sunny Deol-starrer is still enjoying a great run at the box office. The movie has been appreciated not just in India but also internationally.

'Gadar 2' managed to collect Rs.700 crore worldwide, surpassing its initial box office estimations, which are expected to be maximum Rs 450 crore for lifetime. It's also among the highest grossing Indian films of 2023, banking on its strong nationalism pitch.

'Gadar 2' is set in the period of 1951 to 1971, as the protagonist Tara Singh once again goes to Pakistan, this time to rescue his son while thrashing the Pakistani Army.

Guru Randhawa signs with international talent agency CAA



Popular singer-songwriter Guru Randhawa has signed with the US-based Creative Artists Agency (CAA) for inter-

national representation.

The singer, who started his career as an independent musician in early 2000s, is

known for his Punjabi and Bollywood chart-buster songs such as "Same Girl", "Patola" and "Lahore".

"More than anything, I'm grateful to be associated with an international agency. This is going to facilitate a greater global reach for our Indian music, ensuring that we are heard by every ear.

"It will make our music more accessible to audiences worldwide, and I couldn't be more excited to be a part of this step," Randhawa said in a statement.

The 32-year-old singer has won awards such as track of the year and best male act. He has also collaborated with popular American rapper Pitbull on the song "Slowly Slowly".

Aamir Khan donates Rs 25 lakh towards Himachal Pradesh state disaster relief fund

Superstar Aamir Khan has donated Rs 25 lakh towards the Aapada Rahat Kosh to provide succor to the rain-affected families in Himachal Pradesh, the state government said in a statement.

Expressing his gratitude to the Hindi film actor, Chief Minister Sukhvinder Singh Sukhu said that the assistance will "undoubtedly support the relief and rehabilitation efforts aimed at helping the affected families to recover from the aftermath of the disaster."

The chief minister said the fund will be judiciously utilised and they will ensure that it reaches those in dire need.

Earlier, Sukhu had donated all his savings worth Rs 51 lakh towards the Aapada Rahat Kosh to extend a helping hand to the disaster affected people of the state.



The governments of Haryana, Bihar, Odisha, Tamil Nadu, Karnataka, Rajasthan and Chhattisgarh had also provided help of over Rs 65 crores to the state to meet out the relief and rehabilitation measures.

Besides temple trusts, NGOs and individuals have also come forward to help.

Heavy rains in the months of July and August have caused huge damage to the road infrastructure, water supply schemes, buildings and other private and public property. A total of 287 people

have died in rain related incidents since the onset of monsoon on June 24 till September 22. The Chief Minister had claimed that the state suffered losses to the tune of Rs 12,000 crore.

Himachal Pradesh Vidhan Sabha had on Wednesday adopted a resolution by voice vote, urging the union government to declare recent calamity in the state as a national disaster and declaration of special relief package of Rs 12,000 crore for the state.

'RHONJ' star Jackie Goldschneider shares details on her battle with anorexia in upcoming memoir

'Real Housewives of New Jersey' star Jackie Goldschneider, 46, is all set to release her memoir-"The Weight of Beautiful" on Tuesday, September 26, 2023. Through the memoir, she shares details on her decade-long battle with anorexia and hopes that it can be of help to those suffering from the trauma of it and how they can reach the line of victory over it.

In an interview with Page Six, she shared the inspiration behind the book saying "It all came to me in a flash." "Once I started that recovery process, all of these secrets felt like poison inside me. And I had to get rid of them. I was like, 'If I put it all down in a book, I can get them out of me.' It was therapeutic."

"I thought I would just die with those secrets," added Jackie. "I can't believe that this thing that I thought would eventually kill me turned into this amazing book that will help others. I'm really proud of it."

The book as per Jackie is a labor of love as the lawyer-turned-journalist has always dreamed of becoming an author.



Jackie's battle with anorexia She felt tortured by her weight as an obese teen, said Jackie.

"I remember a lot of shame. People in my high school were not nice to me. I was an outsider."

Additionally, when her family moved from Staten Island to the Garden State- she felt isolated and tried to find solace in food she remembers her mother Ann Mark provided loads of.

"My mom worked like an animal and she was not home a lot."

"And when she was home, she would cook enormous amounts of food. She would get joy out of seeing us eat all of it," said Jackie about her mother who ran an up-and-coming IT business in New York City.

While Jackie thought her mother constantly fed her due to malicious intent it was later revealed in a conversation with her mother that with her maternal

grandparents being survivors of the Holocaust where food was scarce, her mother just wanted all her children fed and healthy.

Jackie also shared how her doctor's comment during a visit before she began college sent her into a spiral to lose weight.

In her later years, she remembers joining programs like Weight Watchers and putting herself on an "elimination" diet in 2003.

When she met her now husband Evan Goldschneider, she recalls that even though he had never mentioned her weight her desire to be thin increased tremendously.

Jackie's hopes for the book

Jackie's memoir opens with an introduction where she shares her inner turmoil on her wedding day, where she was nervous to eat cake while wearing a delicate lace gown that showed off her figure.

"If you see the way that I looked at my wedding, I can't imagine now as a mom watching ... my child look like that and knowing that nothing could stop her," said

Jackie in tears.

Jackie joined RHONJ in 2018 and remembers that since no one in her family new about her disorder, she kept it a secret from the viewers and cast as well.

In order to splurge on the "freedom meals" she would have on the show, she would actually starve herself for the rest of the week.

She mentions an episode where she fell on the floor in 2021 due to a bout of tendonitis and she decided to begin her recovery.

"I would say I'm about 80% recovered," she said. "I still have a lot of fears around foods that I, for 20 years, labeled as 'bad.' I still get nervous sometimes about gaining more weight than I've already gained because I'm comfortable with where I'm at."

Jackie who works at the National Eating Disorders Association hopes her book will help people see themselves in her story and gain the courage to choose recovery and health.

"It can be long, it can be hard, but you're never too far gone and you're definitely not alone," she added.

Indie music has played a significant role in 'empowering': Rashmeet Kaur



This, she says, stands as a testament to the universal appeal of her songs. And she asserts that this count of listeners is a "tremendous validation" of her music.

"It proves that music can touch people deeply, regardless of online numbers. I'm not talking about social media numbers here, just the fact that I can put out my music on so many platforms and people get to hear it and resonate with it," says the singer, who has musical numbers such as Bajre Da Sitta and Ghana Kasoota, among others, to her credit.

The influence of independent music extends beyond creative freedom; it has also spurred innovative approaches to production, marketing and distribution. In a world where earnings from streaming platforms can be modest at best, live shows become a crucial source of revenue for independent artists like herself.

Acknowledging the significance of gigs, the 29-year-old says, "Live shows represent a vital revenue stream, especially when earnings from streaming platforms are meagre."

In a landscape that is largely dominated by music labels, independent artists such as Rashmeet Kaur continue to make waves by staying true to their creative visions. Kaur's latest release, Cherie Coco, showcases her musical prowess, besides highlighting the unique space that has long been a haven for artists seeking creative freedom.

"Independent music has played a significant role in empowering my life. It has helped me

to express and release music that I can relate with and want people to relate with, too," she tells us and goes on to point out some more advantages: "I have a greater creative control over my work and the creative process. I have experimented with different genres, styles, etc. just the way I want to."

Despite her relatively modest social media following, Kaur's tracks boast of over a million monthly listeners on streaming platforms.

Nicki Minaj flaunts her 'curvy body' in Queen Radio promotion

Nicki Minaj teases new music Queen Radio and ignores drama surrounding her husband Kenneth Petty and rival Cardi B.

Nicki Minaj is not letting the drama get to her, as she showed off her curves and teased her new music, 'Queen Radio' on Instagram. The rap star posted a video of herself rocking a beige bodysuit and lip-syncing to her upcoming song, 'Big Difference,' which she debuted at the VMAs. She captioned the post with a plug for her Apple Music show, Queen Radio, which airs tonight.

Fans were quick to praise her look and express their excitement for her new album, Pink Friday 2, which is set to drop in November.

However, Nicki has also been dealing with a lot of controversy lately, involving her husband, Kenneth Petty, and her rival, Cardi B. Petty, who is on parole for a 1995 attempted rape conviction, was placed on house arrest after he allegedly threatened Cardi's husband, Offset.

The reality TV star then accused Cardi of being behind a swatting incident at her home, where someone called the police and claimed that there



was a hostage situation.

Nicki shared the audio of the call on social media and warned the caller that they would face consequences.

"You gon' get the breaks beaten off you," she said.

Nicki and Petty are also facing a lawsuit from Petty's accuser, Jennifer Hough, who claims that they harassed and intimidated her to recant her testimony. Hough appeared on The Real this week and broke down in tears as she recounted her ordeal.

Nicki and Petty have denied the allegations and have filed a motion to dismiss the case. Plus, Hollywood Unlocked founder Jason Lee claimed that Nicki and Petty tried to hire someone to harm him, and urged Petty's parole officer to lock him up.

"If you know Kenneth Petty's parole officer, please send it to me," he said on his show.

"Email it to me right now. Send it to 'Hollywood Unlocked.' Please DM us. Because I'm gonna call him and send him this receipt that I got — tried to hire somebody to come get me."

With so much drama surrounding her, fans are curious to hear what Nicki has to say on Queen Radio tonight.

India-Middle East-Europe corridor will become basis of world trade for centuries: PM Modi

Recalls 'Silk route', an ancient trade corridor used by India

NEW DELHI, Sep 24 (Agencies): Prime Minister Narendra Modi asserted on Sunday that the India-Middle East-Europe corridor will become a basis of world trade for the coming centuries and history will remember that it was envisioned in India. In his monthly Mann ki Baat broadcast, Modi recalled the "Silk route", an ancient trade corridor used by India when it was a prosperous and great trading power, and said the country suggested the India-Middle East-Europe economic corridor at the recent G20 Summit.

The successful summit after the success of India's Chandrayaan-3 mission doubled every citizen's happiness, he said while noting that the two accomplishments have figured most in the messages he has received from people.

India's leadership was acknowledged by the world as it succeeded in making the African Union a member of the G20, he said.



Bharat Mandapam, the venue which hosted the G20 Summit, has become a "celebrity", the prime minister said, noting that people have been clicking selfies with the state-of-the-art conference hall.

Noting that the World Tourism Day falls on September 27, he said tourism is said to create maximum employment with minimum investment, adding that goodwill matters a lot in drawing tourists.

India's goodwill has risen over the last few years, he said,

adding that it has only gone up further with the G20 meetings as over one lakh foreign delegates travelled to different parts of the country and witnessed its diversity and heritage.

Modi said it was a matter of immense pride that Santiniketan associated with Gurudev Rabindranath Tagore and the Hoysala temples of Karnataka were recently declared world heritage sites.

Such sites number now 42 in India and it is the country's efforts to have more and more

places associated with its culture and heritage recognised as the World Heritage Sites.

With Mahatma Gandhi's birth anniversary falling on October 2, he said no one can forget the sight of world leaders paying homage at his memorial during the G20 Summit, a recognition as to how his ideas remain relevant globally.

Modi expressed happiness at many cleanliness programmes being planned to mark his birth anniversary with the Union government departments launching 'Swachhta hi sewa' programme.

Noting that a big cleanliness programme will be organised at 10 am on October 1, he urged people to join the exercise in their neighbourhood or any public place.

It will be a true tribute to Gandhi ji, he said and asked people to buy some khadi products.

With the festival season coming up, he asked people to remember 'vocal for local' and buy 'Made in India' products.

It is still a world of double standards: External Affairs Minister Jaishankar

Says those occupying positions of influence are resisting the pressure to change



NEW DELHI / NEW YORK, Sep 24 (Agencies): External Affairs Minister S Jaishankar has said that it is still a world of "double standards" and those countries which are occupying positions of influence are resisting the pressure to change and those with historical influence have weaponised a lot of those capabilities.

Jaishankar was speaking at a Ministerial Session titled 'South Rising: Partnerships, Institutions and Ideas' hosted by the Observer Research Foundation, held in collaboration with the Permanent Mission of India to the United Nations, United Nations India and the Reliance Foundation.

"I think more than political will, there is political pressure for change," he said here on Saturday.

There is a growing sentiment in the world and the global South in a way embodies it. But there's also political resistance, he said.

"Those who are occupying positions of influence, we see this in the UN Security Council most of all, are resisting the pressure to change."

"Those who are economically dominant today are leveraging their production capabilities and those who have institutional influence or historical influence have actually weaponised a lot of those capabilities as well," Jaishankar said.

"They will all mouth the right things, but the reality is still today, it's a world very much of double standards," Jaishankar said.

"COVID itself was an example of it, he said, "but I think this whole transition will really be in a sense the global South putting more and more pressure on the international system. And, the global North... it's not just the North. There are parts which may not think of themselves in the North, but are very resistant to change," he said.

Jaishankar added cultural rebalancing really means recognising the diversity of the world, respecting the diversity of the world, and giving other cultures and other traditions their due respect.

He referred to the G20 Summit in Delhi earlier this month and cited the example of millets. He noted that the global South historically ate less wheat and more millets.

"In the name of the market a lot of things are done, like in the name of freedom a lot of things are done," he said to laughter from the audience.

Respecting others' heritage, tradition, music, literature, and ways of life, this is all part of the change that the global South would like to see, Jaishankar said.

The event was also addressed by India's Permanent Representative to the United Nations Ambassador Ruchira Kamboj, Reliance Foundation CEO Jagannatha Kumar, UN Resident Coordinator in India Shombi Sharp and ORF President Samir Saran.

Participating in the panel discussion at the event were the Minis-

ter of Foreign Affairs of Portugal Joao Gomes Cravinho and the Minister of Foreign Affairs and Foreign Trade, Jamaica, Kamina Johnson Smith.

Jaishankar further said that with a couple of months of India's G20 Presidency still left before Brazil assumes the presidency in December 2023 "we will get hopefully something moving on the reform of international financial institutions."

Saran referred to Jaishankar's remark that "Europe's problems are the world's problems but the world's problems are not Europe's problems" and said that some feel that Jaishankar is tough on Europe and if that is a fair assessment.

"No no of course not," Jaishankar said.

Jaishankar added that among the main issues that are troubling the entire world are debt, SDG (Sustainable Development Goal) resourcing, climate action resourcing, digital access, nutrition and gender.

Jaishankar said that partly because of COVID and partly due to the focus on Ukraine, "these subjects were driven out of the global conversations," and added that "to get actually the G20 to talk about what the world wanted it to talk about - that was a real problem in the G20." He asserted Prime Minister Narendra Modi put it very well when he said that "first let's talk to the people who are not going to be on the table, let's find out what they have to say," which is why India did the Voice of Global South Summit-2023.

Hosting the Voice of Global South Summit gave India "the credentials, actually the empirical basis really to say" that "we've spoken to 125 countries and this is really what is troubling them and that is why we need to focus on these issues."

"Party Steeped In...": ML Khattar Jabs Congress Over Remarks On PM Modi

CHANDIGARH, Sep 24 (Agencies): Reacting to the remarks of Haryana Congress chief Udai Bhan's derogatory remarks targeted at Prime Minister Narendra Modi and at him, Haryana Chief Minister Manohar Lal Khattar on Sunday said that the people of the state will give a reply to the grand old party.

Taking to the social media platform, X, the Haryana Chief Minister said, "The party steeped in nepotism and people enslaved by the mentality of nepotism will not be able to understand that Honorable Prime Minister, I consider 140 crore people of the country and 3.25 crore people of Haryana as my family. It is not me but the people of our family who will answer to Congress..."

Earlier on Saturday, Haryana Congress chief Udai Bhan used derogatory language to target Prime Minister Narendra Modi and



Haryana Chief Minister Manohar Lal Khattar.

In a viral video, the Haryana Congress chief can be heard using abusive words while referring to the Prime Minister and the Haryana Chief Minister.

The remarks made by Bhan led to a controversy with several BJP leaders condemning it and seeking an apology from the Congress party.

Reacting to it, Haryana BJP chief OP

Dhankhar said that the Congress should apologize.

"It was an unfortunate statement. The Congress should apologize. It should feel shame. Udai Bhan crossed all limits of indecency.

But I saw another video of his, what is more unfortunate is that he is justifying his remarks", Dhankhar said while speaking to ANI.

Udai Bhan, seen to be a loyalist of former

Haryana CM Bhupinder Singh Hooda, was made Haryana Congress chief in 2022. He replaced Kumari Selja who was made AICC in-charge of Chhattisgarh.

Asked about his remarks, Bhan remained unapologetic claiming that his words "were Haryanvi slang".

"What have I said that is wrong...I have only described the truth. Is this language wrong, this is a normal language in Haryana. We call unmarried men by this slang in Haryana and that is not an abuse," Udai Bhan told agency.

"I have only spoken the truth. If I had said something wrong, like what was said by that MP, I would have apologized.

This is just a light comment made at a press conference which has been made into a needless issue.

This is normal language used in Haryana," he added. The BJP has demand-

ed that the Congress take action against its state unit chief.

Party Spokesperson and Rajya Sabha MP Sudhanshu Trivedi alleged that Congress has always used this kind of language for the Prime Minister.

"This video has caused extreme pain and anguish among BJP workers and the common man.

This is below-the-belt language, it is the height of low-level politics which is being played by the Congress. Congress has always used this kind of language for the PM and his family," he said.

"When one of our MPs made an unparliamentary remark in the House (Lok Sabha) our senior leader apologized for that and the party sent him a notice, what action will the Congress take against someone who is their state unit chief and thus the official voice of the party?" he asked.

Probably winning Telangana, certainly winning Madhya Pradesh and Chhattisgarh, 'very close' in Rajasthan: Rahul

NEW DELHI, Sep 24 (Agencies): Exuding confidence about a good showing in the upcoming Assembly polls, Congress leader Rahul Gandhi on Sunday said that as of now the Congress is certainly winning Madhya Pradesh and Chhattisgarh, probably winning Telangana, and there is a "very close" contest in Rajasthan which the party believes it will emerge victorious in.

Gandhi also referred to the row over BJP MP Ramesh Bidhuri's derogatory remarks against BSP leader Danish Ali in Lok Sabha, alleging that the BJP indulges in such tactics to distract from the demand for a caste census.

He asserted that the Opposition is adapting and working together and the BJP is "in for a surprise in 2024" General Election.

Speaking at a conclave organised by the Pratinidhi Media Network of Assam, Gandhi also said the idea of 'One nation, one election' was aimed at distracting from real issues of the people.

"It's one of the BJP's distraction strategies," he asserted. The main issues in India are concentration of wealth, huge inequality in wealth, massive unemployment, huge unfairness towards the lower caste, OBCs, and tribal communities, and price rise, he said.

"Now, the BJP can't contest those. So let's have Mr. Bidhuri make a statement. Let's get together and sort of have elections together. Let's change the name of

India'. This is all distraction. We know it, we understand it. And we're not going to let them do it," he said.

He asserted that his party not winning any of the states in the upcoming Assembly polls is out of the question.

Asked about the party's chances, Gandhi said, "I would say, right now, we are probably winning Telangana, we are certainly winning Madhya Pradesh, we are certainly winning Chhattisgarh. Rajasthan, we are very close, and we think we will be able to win. That is what it is looking like, and by the way, that is also what the BJP internally is saying."

The Congress learnt a very important lesson in Karnataka that the BJP wins elections by distracting and not allowing us to construct our narrative and so we fought the polls constructing our party's narrative, he said.

"What you are seeing today, this gentleman Mr. Bidhuri and then suddenly Mr. Nishikant Dubey, all this is the BJP trying to distract from the idea of the caste census. They know that the caste census is a fundamental thing that the people of India want and they don't want to have that discussion," the former Congress chief said.

"Every time we bring a point on the table, they use this type of stuff to distract us



and we have learnt now how to deal with it," he said.

"What we did in Karnataka is we gave a clear vision for the state, 'this is the social security programme that we are going to set up for you' and then we control the narrative.

"If you look at the Telangana polls, we are controlling the narrative, the BJP is not even in the narrative, it is gone. The BJP has been decimated and it is over in Telangana," Gandhi said.

He claimed that the Congress is controlling the narrative in Madhya Pradesh and Chhattisgarh in the run-up to the polls there.

"If you speak to people in Rajasthan on what is the issue in terms of anti-incumbency, they will tell you they like the government," he said.

"We are adapting in a situation where the BJP controls the media. Don't think the Opposition is not capable of adapting,

we are adapting, we are working together, we are 60 per cent of India's population. BJP is in for a surprise in 2024 (Lok Sabha polls)," he said.

Gandhi also said that the Women's Reservation Bill can be implemented "tomorrow morning" and all that is required to be done is to state that 33 per cent of the seats will be reserved in the Lok Sabha and Vidhan Sabhas.

There is no connection between women's reservation and census or between women's reservation and delimitation, he argued.

Gandhi also claimed that the government came up with the idea of a special session to distract from media reports in newspapers such as Financial Times on the Adani matter.

"The first thing they were planning to do was to change India to Bharat... but there was a huge backlash, they realised people will not like this, so put that in the background and came up with this," he said.

The government is saying that the women will reap benefit of the Bill after 10 years but the Congress wants it now, he added.

During the interaction, Gandhi also talked about his recent Ladakh visit during which he toured the Union Territory on a motorcycle.

He said it allowed him to continue the Bharat Jodo format in a different way. On his learnings from his over 4,000

km Kanyakumari to Kashmir Bharat Jodo Yatra, Gandhi said that in 21st-century India, the communication architecture is so captured by the BJP that it is practically impossible to speak to the people of India through that.

"It is very clear that my YouTube channel, my Twitter, they are all suppressed. The yatra was a necessity for us. No matter what the Opposition says, it does not go through without distortion in the national media," he said.

"Big learning was old school communication going and meeting people, which Mahatma Gandhi ji pioneered in the modern era, others pioneered in older times, that still works," he said.

No matter how much energy the BJP put, no matter how much the media tried to distort, it did not work, because there was a direct connection, Gandhi said.

"For every story BJP media was trying to put in there were thousands of videos coming in to counter that. It was almost like a reverse capture of the mass media," he said.

This problem is not just an Indian problem as it is being faced across the world, he argued.

"For me, personal learning was even more interesting. It is that where you think your limit lies, is nowhere your limit actually lies. Your limit is much further than you can imagine," he said.

Russian Foreign Minister Lavrov lambastes West but barely mentions Ukraine in UN speech

The speech accuses US of, among other things, 'whipping up hysteria on the Korean Peninsula'

UNITED NATIONS, Sep 24 (Agencies): Russia's top diplomat denounced the United States and the West as self-interested defenders of a fading international power structure, but he didn't discuss his country's war in Ukraine in his speech to the UN General Assembly.

"The US and its subordinate Western collective are continuing to fuel conflicts which artificially divide humanity into hostile blocks and hamper the achievement of overall aims. They're doing everything they can to prevent the formation of a genuine multipolar world order," Foreign Minister Sergey Lavrov said.

"They are trying to force the world to play according to their own self-centered rules," he said.

As for the 19-month war in Ukraine, he recapped some historical complaints going back to the 1991 breakup of the Soviet Union, and alluded to the billions of dollars that the US and Western allies have spent in supporting Ukraine. But he didn't delve into the current fighting.

For a second year in a row, the General Assembly is taking place with no end to the war in sight. A three-month-long Ukrainian counteroffensive has gone slower than Kyiv hoped, making modest advances but no major breakthroughs.

Ukraine's seats in the assembly hall were empty for at least part of Lavrov's speech. An American diplomat wrote on a notepad in her country's section of the audience during Lavrov's speech.

The speech accused the US



of, among other things, "whipping up hysteria on the Korean Peninsula." North Korean leader Kim Jong Un made a rare foray out of his country last week by train to meet Russian President Vladimir Putin, an unsettling development for South Korea and allies including the United States.

Later, in a press conference, Lavrov said the U.S. was "effectively engaged in hostilities with us, using the Ukrainians as fodder."

"You can call this whatever you want to call this, but they are directly at war with us," he said. "We call this a hybrid war. But that doesn't change the reality."

Under assembly procedures that give the microphone to presidents ahead of cabinet-level officials, Lavrov spoke four days after Ukrainian President Volodymyr Zelenskyy and U.S. President Joe Biden.

Zelenskyy accused Russia of "weaponising" food, energy and even children against Ukraine and "the international rules-based order" at large.

Biden sounded a similar note in pressing world leaders to keep up support for Ukraine: "If we allow Ukraine to be carved

up, is the independence of any nation secure?" On North Korea, he reiterated criticism of the North's violations of Security Council resolutions regarding its nuclear and ballistic missile programs but said Washington is "committed to diplomacy that would bring about the denuclearization of the Korean Peninsula."

Since invading Ukraine in February 2022, Russia has offered a number of explanations for what it calls the "special military operation" in Ukraine.

Among them: claims that Kyiv was oppressing Russian speakers in Ukraine's east and so Moscow had to help them, that Ukraine's growing ties with the West in recent years pose a risk to Russia, and that it's also threatened by NATO's eastward expansion over the decades.

Lavrov hammered on those themes in his General Assembly speech last year, and he alluded again Saturday to what Russia perceives as NATO's improper encroachment.

But his address looked at it through a wide-angle lens, surveying a landscape, as Russia sees it, of Western countries' efforts to cling to outsized influ-

ence in global affairs. He portrayed the effort as doomed.

The rest of the planet is sick of it, Lavrov argued: "They don't want to live under anybody's yoke anymore." That shows, he said, in the growth of such groups as BRICS - the developing-economies coalition that currently includes Brazil, Russia, India, China and South Africa and recently invited Argentina, Egypt, Ethiopia, Iran, Saudi Arabia and the United Arab Emirates to join next year.

"Our future is being shaped by a struggle, a struggle between the global majority in favor of a fairer distribution of global benefits and civilized diversity and between the few who wield neo-colonial methods of subjugation in order to maintain their domination which is slipping through their hands," Lavrov said, adding that the United Nations needs to change to have "a fair balance of interests."

Both Lavrov and Zelenskyy also addressed the U.N. Security Council on Wednesday but didn't actually face off. Zelenskyy left the room before Lavrov came in.

Lavrov also sat out Zelenskyy's speech at the General Assembly, but rejected the Ukrainian president's 10-point peace plan as "not feasible" and "not realistic" during the press conference following his speech.

"I had my own affairs to attend to. We know what he's going to say. Why waste time?" the Russian said to explain his absence.

Nonetheless, he said he'd watched video of the Ukrainian president's remarks there and in the Security Council and thought "he seemed rather grim."

Biden Blames "Small Group Of Extreme Republicans" For Shutdown Threat



WASHINGTON, Sep 24 (Agencies): President Joe Biden blamed "a small group of extreme Republicans" for a budget impasse that has placed the US government a week away from a shutdown, urging the lawmakers to resolve the issue. Speaking at a Congressional Black Caucus awards dinner, Biden said he and top House Republican Kevin McCarthy had previously agreed on government spending levels.

"Now a small group of extreme Republicans don't want to live up to the deal so now everyone in America could be forced to pay the price," he said.

US lawmakers have until midnight on September 30 to reach an agreement

on a spending bill, before funding for government services is due to dry up.

"Funding the government is one of the most basic responsibilities of Congress. It's time for Republicans to start doing the job America elected them to do. Let's get this done," Biden added.

A government shutdown would put the finances of hundreds of thousands of workers at federal parks, museums, and other sites at risk, but it could also carry significant political costs for Biden, who is running for re-election.

The White House wants any budget bill passed by lawmakers to include \$24 billion in military and humanitarian aid for Kyiv. While such a plan is supported by Democrats and Republicans in the Senate, it is radically opposed by some members of the House.

The budget vote in Congress regularly turns into a standoff between the two parties, with each camp using the prospect of a shutdown to obtain concessions from the other -- until a solution is found at the last minute.

Trump says 'death' to top US general for his China dealings

WASHINGTON, Sep 24 (Agencies): Former US President Donald Trump appeared to threaten a top military official with execution over the latter's past communications with his Chinese counterparts.

In a post on his Truth Social site, Trump slammed Mark Milley, the outgoing chairman of the Joint Chiefs of Staff, for his dealings with China seeking to diffuse tensions in early 2021, and said it could lead to a punishment by "death". The Independent reported.

Calling him a "woke train wreck", Trump said Milley "perhaps" led the "most embarrassing moment" in American history with his "grossly incompetent implementation" of the withdrawal of US troops in Afghanistan in 2021. The Taliban swiftly retook power in the Asian country after 20 years.

Trump's attack on Milley came after

the top military official said the former US President once made disturbing comments about a disabled veteran in a recent Atlantic magazine profile.

Milley, in the interview with the Atlantic, said former Army Captain Luis Avila was seriously injured after five combat tours and made an appearance with him and Trump.

"Why do you bring people like that here? No one wants to see that, the wounded," Trump allegedly told Milley, according to The Independent. He also told him not to let the soldier make a public appearance again.

Avila, who had "lost his leg in an IED attack in Afghanistan and had suffered two heart attacks, two strokes, and brain damage as a result of his injuries", was invited by Milley to sing at an Armed Forces Welcome Ceremony in September 2019, the report said.

US provided Canada with intelligence on killing of KTF chief Hardeep Singh Nijjar: Report

WASHINGTON, Sep 24 (Agencies): The US provided Canada with intelligence after the killing of Sikh separatist Hardeep Singh Nijjar, but communications intercepted by Ottawa were more definitive and led it to accuse India of orchestrating the plot, The New York Times (NYT) has reported citing sources.

The report came on Saturday as the top US diplomat in Canada confirmed that there was "shared intelligence among Five Eyes partners" that had prompted Canadian Prime Minister Justin Trudeau's offensive allegation against India in the killing of a Khalistani extremist on Canadian soil.

The allegations have infuriated India, which rejected the allegations as "absurd" and "motivated" and expelled a senior Canadian diplomat in a tit-for-tat move to Ottawa's expulsion of an Indian official over the case. India also accused Canada of being a safe haven for terrorists.

Nijjar, the chief of the banned Khalistan Tiger Force (KTF), was killed in Surrey in British Columbia on June 18. India had designated Nijjar as a terrorist in 2020.

The United States has urged India to cooperate with Canada in its investigations.

"In the aftermath of the killing, US intelligence agencies offered their Canadian counterparts context that helped Canada conclude that India had been involved," the



NYT reported, quoting unnamed allied officials as saying.

Yet what appears to be the "smoking gun," intercepted communications of Indian diplomats in Canada indicating involvement in the plot, was gathered by Canadian officials, allied officials said.

David Cohen, US Ambassador to Canada, in an interview with CTV News said that "shared intelligence among Five Eyes partners" had informed Trudeau of the possible involvement of Indian agents in the murder of a Canadian citizen in June.

"I will say this was a matter of shared intelligence information. There was a lot of communication between Canada and the United States about this, and I think that's as far as I'm comfortable going," Cohen told CTV News.

After Nijjar's death, American officials told their Canadian counterparts that Washington had not had any advance information about the plot, and that

if US officials had they would have immediately informed Ottawa under the intelligence agencies' "duty to warn" doctrine, according to two allied officials, the newspaper reported.

The officials, who spoke on the condition of anonymity to discuss what has become a diplomatic firestorm, said Canadian officials had offered a general warning to Nijjar but had not told him that he was the target of an Indian government plot, according to the report.

Cohen told CTV that said that the US takes very seriously these allegations. "And, you know, if they prove to be true, it is a potentially very serious breach of the rules-based international order in which we like to function," he said in response to a question.

While Secretary of State Antony Blinken has called on India to cooperate with the Canadian investigation, American officials have largely tried to avoid triggering any diplomatic

blowback from India, the paper said.

But the disclosure of the involvement of US intelligence risks ensnaring Washington in the diplomatic battle between Canada and India at a time when it is keen to develop New Delhi as a closer partner, it said.

Blinken said the US is "deeply concerned" about the allegations raised by Canadian Prime Minister Trudeau against India and Washington was "closely coordinating" with Ottawa on the issue and wants to see "accountability" in the case.

Speaking at a press conference in New York on Friday, Blinken said the US has engaged directly with the Indian Government on the issue and the most productive thing would be the completion of this investigation.

Trudeau on Friday said that Canada shared with India "many weeks ago" evidence on the killing of Nijjar and wants New Delhi to commit constructively with Ottawa to establish the facts in the "very serious matter."

When asked about Canada sharing any information in the case with India, the Ministry of External Affairs (MEA) in New Delhi said: "No specific information has been shared by Canada on this case, either then or before or after. We have, you know, as we have said, or I think we have made very clear, we are willing to look at any specific information."

NASA readies for dramatic return of asteroid sample to Earth

WASHINGTON, Sep 24 (Agencies): The climactic end of a seven-year voyage comes Sunday when a NASA capsule is due to land in the Utah desert, carrying to Earth the largest asteroid samples ever collected.

Scientists have high hopes for the sample, saying it will provide a better understanding of the formation of our solar system and how Earth became habitable.

The Osiris-Rex probe's final, fiery descent through Earth's atmosphere will be perilous, but the US space agency is hoping for a soft landing, around 9:00 am local (15H00 GMT), in a military test range in northwestern Utah.

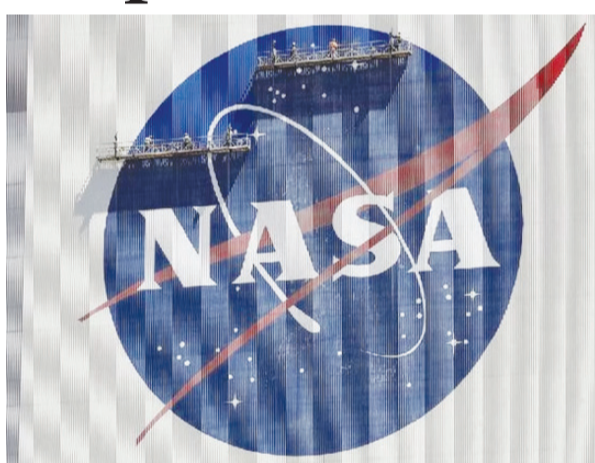
Four years after its 2016 launch, the probe landed on the asteroid Bennu and collected roughly nine ounces (250 grams) of dust from its rocky surface.

Even that small amount, NASA says, should "help us better understand the types of asteroids that could threaten Earth" and cast light "on the earliest history of our solar system," NASA Administrator Bill Nelson said.

"This sample return is really historic," NASA scientist Amy Simon told AFP. "This is going to be the biggest sample we've brought back since the Apollo moon rocks" were returned to Earth.

But the capsule's return will require "a dangerous manoeuvre," she acknowledged.

Osiris-Rex is set to release the capsule -- from an altitude of more than 67,000 miles



(108,000 kilometres) -- some four hours before it lands.

The fiery passage through the atmosphere will come only in the last 13 minutes, as the capsule hurtles downward at a speed of more than 27,000 miles per hour, with temperatures of up to 5,000 Fahrenheit (2,760 Celsius).

Its rapid descent, monitored by army sensors, will be slowed by two successive parachutes. Should they fail to deploy correctly, a "hard landing" would follow.

If it appears that the target zone (37 by 9 miles) might be missed, NASA controllers could decide at the last moment not to release the capsule.

The probe would then keep its cargo and make another orbit of the sun. Scientists would have to wait until 2025 before trying a new landing.

If it succeeds, however, Osiris-Rex would head toward a date with another asteroid.

Japanese samples Once the tire-sized capsule touches down in Utah, a team in protective masks and gloves will place it in a net to be airlifted by helicopter to a temporary "clean room" nearby.

NASA wants this done as quickly and carefully as possible to avoid any contamination of the sample with desert sands, skewing test results.

On Monday, assuming all goes well, the sample will be flown by plane to NASA's Johnson Space Center in Houston, Texas. There, the box will be opened in another "clean room" -- the beginning of a days-long process.

NASA plans to announce its first results at a news conference on October 11.

Most of the sample will be conserved for study by future generations. Roughly one-fourth of it will be immediately used in experiments, and a small amount will be sent to Japan and Canada, partners in the mission.

Japan had earlier given NASA a few grains from the asteroid Ryugu, after bringing 0.2 ounces of dust to Earth in 2020 during the Hayabusa-2 mission. Ten years before, it had brought back a microscopic quantity from another asteroid.

But the sample from Bennu is much larger, allowing for significantly more testing, Simon said.

Earth's origin story Asteroids are composed of the original materials of the solar system, dating to some 4.5 billion years ago, and have remained relatively intact.

They "can give us clues about how the solar system formed and evolved," said Osiris-Rex program executive Melissa Morris.

"It's our own origin story."

By striking Earth's surface, "we do believe asteroids and comets delivered organic material, potentially water, that helped life flourish here on Earth," Simon said.

Scientists believe Bennu, which is 1,640 feet in diameter, is rich in carbon -- a building block of life on Earth -- and contains water molecules locked in minerals.

Bennu had surprised scientists in 2020 when the probe, during the few seconds of contact with the asteroid's surface, had sunk into the soil, revealing an unexpectedly low density, sort of like a children's pool filled with plastic balls.

Understanding its composition could come in handy in the -- distant -- future.

For there is a slight, but non-zero, chance (one in 2,700) that Bennu could collide catastrophically with Earth, though not until 2182.

But NASA last year succeeded in deviating the course of an asteroid by crashing a probe into it in a test, and it might at some point need to repeat that exercise -- but with much higher stakes.

Udhampur Youth Sports Tournament showcases talent & sportsmanship in Handball



TOP NEWS REPORT

UDHAMPUR, Sep 24: The Department of Youth Services and Sports in Udhampur, Jammu & Kashmir, celebrated the successful conclusion of a thrilling Handball Tournament that brought together young athletes from across the region. This remarkable sporting event, held under the esteemed patronage of the Director of YSS, Subash Chander Chibber JKAS, and under the expert guidance of Deputy Director Central

Jatinder Mishra JKAS, showcased exceptional sporting talent.

The event was under the able supervision of Dyso Udhampur, Romesh Chander Mishra, and had SSP Ranjit Singh Chib as the distinguished chief guest, a former Indian Handball player and captain. Also gracing the occasion were ZPEO Jib Sushma Rani Gupta, ZPEO Babey Pushpinder Kour, and several senior players from Jammu.

During the event,

SSP Ranjit Singh Chib addressed the players, sharing insights on handball and motivating the young athletes to pursue excellence in their chosen sport. He also extended his heartfelt congratulations to the organizers for hosting such a prestigious tournament.

Dyso Udhampur Romesh Chander Mishra welcomed the chief guest with a bouquet and shared words of wisdom with the players, emphasizing dedication, discipline, and

sportsmanship in the world of handball.

The tournament featured three categories: U/14, U/17, and U/19. In the U/14 category, Udhampur emerged as the winner, with Jammu as the runner-up. The U/17 category saw Udhampur as the winner once again, with Jammu as the runner-up. In the U/19 category, Jammu clinched the victory, with Udhampur as the runner-up.

The event also witnessed the presence of renowned senior play-

ers, including Ashwani Badyal, Surjeet Singh, Kartar Dogra (International Handball Player), Ashutosh Sharma, Chandan Singh, Vikas Sharma, and Sanjay Manhas, who served as an inspiration to the budding talents.

The dedicated office staff, including Anita Goswami, Som Dev Khajuria, Ramesh Chander, Vikas Sharma, Sanjeev Kumar, Karun Magotra, Jatin Sethi, and Sanjeev Khajuria, played a pivotal role in ensuring the tournament's smooth execution.

A host of other dignitaries and well-wishers, such as Jasvinder Singh, Ajit Singh, Vishal Gupta, Palak, Sonali, Ashok Sharma, Vicky Sharma, Bhopinder Singh, Anshu Brat Khanna, and Vicky Sharma, along with Jyoti Sharma and Ishang, added to the vibrancy of the event.

The Department of Youth Services and Sports, Udhampur, congratulates all the participants for their remarkable performance and looks forward to continuing its mission of promoting sports and nurturing talent in the region.

Ibn Sina Public Health Award-23 Presented to MP Gulam Ali Khatana



TOP NEWS REPORT

ALIGARH, Sep 24: The Ibn Sina Academy honored Rajya Sabha MP Er. Gulam Ali Khatana with the Ibn Sina Public Health Award, 23, during a ceremony held at its headquarters in Dodhpur, Aligarh. The award was presented by the Founder of the Academy, Padm Shri Prof. Sayed Zillur Rahman, who also provided an overview of the academy.

During his address at the ceremony, MP Gulam Ali highlighted the significant progress Bharat (India) is making under the leadership of

Prime Minister Narendra Modi. He emphasized the abundant opportunities available in the country for further development in various aspects of life and encouraged a positive and hopeful outlook. MP Khatana stated that India is filled with opportunities, and it's up to individuals to seize them. He underlined that the country is open for everyone to pursue their dreams without discrimination.

MP Gulam Ali stressed that education is essential for personal and national development, and parents must ensure their children

receive a quality education. He acknowledged the potential of the minority communities in contributing to the nation's development and praised Prime Minister Modi's efforts to provide equal opportunities to all citizens.

Additionally, Shri Gulam Ali commended the Ibn-e Sina Academy for its rich library, housing over 30 thousand books, artifacts, crockery, rare photos, and historical items dating from the 7th to the 14th century, highlighting the academy's uniqueness and cultural significance.

GDC Udhampur organises orientation session for new students

TOP NEWS REPORT

UDHAMPUR, Sep 24: In order to make the new students in the college aware to the different aspects of college life, the Academics Coordination cell of the College organized an Orientation program for the students who have sought admission under NEP in the current session. The program was organised in the College Vaatika and conference hall in presence of the Principal of the college Dr. Romesh Kumar Gupta along with other staff.

Speaking on the occasion the Patron and Principal welcomed all the students and apprised them and all present about the status of academics, curricular and extra-curricular, sports and other related activities that are the regular part of the college. He shared with all present the recent B++ NAAC grading in the third cycle of its assessment. He also informed them about the students achieving highest number of positions in the University results of 2022. He further shared with all new students the rich tradition of the college as well as the great achievers of all times. He told that the college has in its enriched treasure of last 62 years since its establishment, the alumni of national and international repute, be it Padmashree, Vice Chancellor/s, Scien-

tists, Businessmen, IAS, IFS and JKAS Officers, Army officers, Judges, Professors, Reputed Lawyers, college Principals, Writers, Journalists, Counselors, Politicians and many an International Sports persons. He further appealed to the students to take part in every activity happening in the college along with their academic pursuits. He advised them that they should keep their self safe from any kind of addiction and corruption.

Besides this the NCORD Cell of the college has started a One week Wellness camp for the newcomers in the conference hall. In today's program the students were oriented on various aspects of wellness to remain away from addiction and more focused in their life. Dr. Pankaj Sharma, Coordinator NCORD, presented today an interactive talk on Meditation for Stress Free and Addiction Free Life along with Education for Global Communion. On the occasion, the NCORD Members Viz. Dr. Rozy Bamba, Dr. Ravinder Kumar, Prof. Anoksha Sharma and Prof. Pardeep Singh also interacted with the participant students.

The program came to an end with vote of thanks by Prof. Anoksha Sharma, HOD Sociology and Member of NCORD Cell.

Heavy taxes of various kinds making common man restless: Malik

TOP NEWS REPORT

JAMMU, Sep 24: Several prominent persons under leadership of Rafiq Malik today joined Lok Janshakti Party (Ramvilas) at Kotli Rattnu Chak. Those who joined and assigned responsibilities include Mast Ram Block President, Jai Pal, Davinder Kumar, Ramesh Lal, Dharai Poonch Kotli President, Suman Kumar Panchayat General Secretary, Mohd Razak Youth and Student President, Rimpu and Sachin Block and Youth President, Vijay Kumar, Rahmat Ali Panchayat member. Rohit General Secretary Samba, Rampal and many other senior leaders were also present on the occasion.

Speaking on the occasion, Malik said Bureaucratic rule cannot be a substitute for an elected government. An elected government is accessible and accountable



to people while these elements are missing in a bureaucratic regime," he said, adding that the people of J&K are "fed-up" of a bureaucratic rule. He said that the people of J&K hope for the restoration of democracy. "It is unfortunate that we have been without an elected government for the past five years. The situation is such today that people are close to coming out on the streets to seek restoration of democ-

racy in J&K," he said, adding that the delay in elections defeats the essence of democracy. "If they claim that Jammu & Kashmir has progressed and prospered under bureaucratic rule, why don't they convert a few other states into Union Territories to put them on the path of progress too?" he asked.

Malik further said that any further delay in elections, due to technical and logistical reasons,

would be much to the liking of the BJP which clearly wants the Union government's rule to continue for a longer time. Alleging that Modi Govt is promoting 'Tax-terrorism' across the country, he blamed BJP for series of anti-people and anti-youth decisions. He said problems of people, being aggravated by the Govt at the behest of ruling BJP, by series of anti-people and anti-youth decisions of the present Government,

during the grave threat and hardships already faced by the people due to economic hardships. The Govt at the centre and UT administration is choosing the opportunity to take certain decisions against the wishes and aspirations and interests of the general people, forcing the people to protest and come on roads.

Malik criticized the Modi led Govt for imposing heavy taxes of various kinds thus breaking the backbone of common man. He said that the people are facing great economic crises and the Modi Govt has decided to impose Property Tax in the J&K. The pilgrimage, tourism and trade which is already suffered a huge loss but the BJP Govt is putting huge burden of Taxes on the common man. The people face difficulty in meeting both ends during the manifold increase in prices of all commodities.

FROM PAGE 1

PM Narendra Modi flags off nine Vande Bharat Trains

Vandan Adhinyam," he said. The new Vande Bharat trains flagged off by the PM will run between: Udaipur-Jaipur; Tirunelveli-Madurai-Chennai; Hyderabad-Bengaluru; Vijayawada-Chennai (via Renigunta); Patna-Howrah; Kasaragod-Thiruvananthapuram; Rourkela-Bhubaneswar-Puri; Ranchi-Howrah; and Jamnagar-Ahmedabad.

These trains are a step towards realising the prime minister's vision of improving connectivity across the country and providing world class facilities to rail passengers, according to an official statement.

"The Vande Bharat trains will be the fastest train along the routes of their operation and will help save considerable time of the passengers," it said.

The introduction of these Vande Bharat trains will herald a new standard of rail service in the country, the statement said.

These trains, equipped with world class amenities and advanced safety features, including Kavach technology, will be a key step towards providing modern, speedy and comfortable means of travel to common people, professionals, business-

men, student community and tourists, it added.

Army, CGDA synergy facilitates release of Rs 400 Cr in pending dues to JCOs, other ranks

offices (PAO) operate under the CGDA. There are a total 48 records offices and PAO set ups across India, one for each regiment, arm or service.

The Indian Army received a large number of grievances from the JCOs and other ranks that their claims were not cleared due to various observations.

"The issue was raised with the CGDA and the Joint CGDA (Grievances) in an unprecedented move worked expeditiously in complete synergy with the Indian Army and analysed all cases one by one through their PAOs," said an official.

The synergy between the Army and CGDA resulted in the release of long-pending claims worth Rs 400 crore for JCOs and Other Ranks, the sources said.

Arhan Bagati pushes for bringing blockbuster film

project to Kashmir

heritage for cinematic excellence. Kashmir's breathtaking landscapes and rich cultural heritage have long been a favorite among filmmakers. However, Bagati's efforts mark a new era, aiming to not only bring film projects to the region but also to empower the local community by generating employment opportunities and nurturing talent within the entertainment industry.

The success of the recent film shoot in Kashmir has sparked renewed interest from the film fraternity in exploring the region's cinematic potential.

Bengaluru Police arrests Srinagar Man for False Marriage Promises

intimidation), 34 (acts done by several persons in furtherance of common intention), 420 (cheating and dishonestly inducing delivery of property), and 417 (cheating) of the Indian Penal Code (IPC), along with Section 5 of the Karnataka Protection of Right to Freedom of Religion Act, 2022.

Local authorities stated, "He has been accused by a woman of cheating her by making a false promise of marriage and

some other charges."

The woman also alleged that Beigh's brother threatened her to distance herself from him. She has urged the police to take action against Beigh's sibling.

Beigh has been presented before a local court in Bengaluru and has been remanded in police custody for two days. The investigation into the case, which includes allegations of religious coercion and unnatural relations, is ongoing. Police remain in contact with the concerned authorities.

SMC Corporator arrested in sexual harassment case

354A, 354D has been registered at RM Bagh Police station," wrote Srinagar Police on X.

Congress formidable on all 90 Assembly seats in J&K

after four years. We welcome it. No religious leader from any religion should be jailed," Rasool said. "Now there are some leaders who are clicking selfies with these religious leaders so that they can

get credit. First you jail them, then you don't feel ashamed in taking selfies with them," he said. Asked about the strain in India-Canada relations, Rasool said, "it is the failure or government's foreign policy the way we have friction in relations with some countries." He said the 'one nation, one election' panel was set up to divert the attention from the real issues. "BJP wants to divert the attention of the people from real issues. The committee for 'one nation, one election' is purely a BJP group," he added.

Suspected Narco Smuggler arrested in Poonch

said. They said the incident occurred late Saturday night when troops guarding the LoC observed suspicious movement of a person at Karmara in Gulpur sector and challenged him. However, the suspected smuggler tried to flee across the LoC and was fired upon, the officials said, identifying him as Yasir Nazir, a local resident who stated he had gone across the LoC to collect a narcotics consignment.

Nazir has been hospitalised for the treatment of bullet injuries under police custody, the officials said.

Memory chip maker Micron starts construction of USD 2.75 billion plant in Gujarat

Union Minister Vaishnav says two big semiconductor proposals under process

SANAND, Sep 24 (Agencies): Two big semiconductor proposals are under process and expected to take shape in the coming few months, Union minister Ashwini Vaishnav said.

Without divulging specifics of the proposals, the minister said the projects will focus on a special area where India can emerge as a leader at the global level.

While speaking with PTI on the sidelines of the groundbreaking ceremony of Micron's semiconductor plant, Vaishnav said the global semiconductor company is noticing the progress made by India in the segment and Prime Minister Narendra Modi's capability to execute large and complex policy decisions.

"This has developed India as a major trusted geography in which global industry players want to come. We can see in the coming few months at least two more large semiconductor proposals taking shape," Vaishnav said.

He said there are some specific areas where India can take the lead and the focus of the semiconductor projects will be in



areas that can help the country export technology to other parts of the world.

The minister said the Micron plant, for which construction has started, will start producing the first chip from December 2024 onwards.

Memory chip maker Micron in June announced setting up a semiconductor assembly and test plant in Gujarat entailing a total investment of USD 2.75 billion (around Rs 22,540 crore).

Micron will invest up to USD 825 million in setting up the plant in two phases and the

rest of the investment will come from the Centre and the state government.

The company has roped in Tata Projects for phased construction of the new assembly and test facility in Sanand.

Phase 1 will include 500,000 square feet of planned clean-room space, and will start to become operational in late 2024.

The minister said semiconductor demand is expected to grow to Rs 5 lakh crore in coming years from about Rs 2 lakh crore.

"India is already a very large design hub. With manufacturing coming to India, the entire process and value chain will come to our country and Bharat will become a major semiconductor hub in coming years," Vaishnav said.

Micron Senior Vice President Gursharan Singh at the event said that the company has boarded the first set of 34 employees for the plant.

Five suppliers of Micron including SIMTEC are evaluating possibilities to set up their plant in India, according to government officials.

Minister of State for Electronics and IT Rajeev Chandrasekhar said that the Micron facility in Gujarat marks the beginning of an exciting journey in India's semiconductor ecosystem, in making India a semiconductor nation.

"Micron's state-of-the-art modern facility will serve as a beacon for all investors, manufacturers, and participants in the global semiconductor ecosystem, encouraging them to partner with India," Chandrasekhar said.

Income-Tax department asks taxpayers to respond to intimation of past tax demands for faster refund processing



NEW DELHI, Sep 24 (Agencies): The income tax department asked taxpayers to respond to intimation from the I-T department regarding outstanding demands of previous years to facilitate faster clearance of refunds for 2022-23 fiscal.

With some taxpayers taking to social media about receiving intimation from the I-T department regarding past unsettled tax demands, the department in a post on 'X' said, this is a taxpayer-friendly measure where an opportunity is being provided to

assessee in line with "principles of natural justice".

As many as 7.09 crore returns have been filed for income earned in 2022-23 fiscal. Of these, 6.96 crore ITRs have been verified, of which 6.46 crore returns have been processed as on date, including 2.75 crore refund returns.

"However, there are a few cases in which refunds are due to the taxpayer, but previous demands are outstanding," the I-T department said.

The Section 245(1) of Income-tax Act, 1961,

mandates providing an opportunity to taxpayers to make a representation before adjusting the refund against an existing demand.

The taxpayer is required to agree, disagree or clarify the status of the demand.

"Accordingly, taxpayers with existing demand(s) in the previous years are being intimated of the same... Taxpayers are requested to avail this opportunity and respond to such intimations to enable cleaning up/reconciliation of pending demands and facilitate timely issue of refunds," it said.

The Income Tax Department further said it is making every effort to complete the processing of Income Tax Returns (ITRs) and issuance of refunds expeditiously.

X's head of policy for India, South Asia Samiran Gupta resigns: Report

NEW DELHI, Sep 24 (Agencies): Social media platform X's head of policy for India and South Asia, Samiran Gupta, has resigned, two sources said, a top departure that comes ahead of India elections and as the company fights a court battle with New Delhi over content removal.

Gupta was the most senior Indian employee for X, formerly known as Twitter, and responsible for "key content-related policy issues" and "defending Twitter's position with new policy developments and support for organizations," according to his LinkedIn profile.

Gupta, who was designated as X's Head of Global Government Affairs for India and South Asia, declined to comment to agency. X did not immediately respond to a request for comment.

Gupta's tenure at X ended in September, according to Gupta's LinkedIn profile, which said he "enabled transition leadership for Twitter post acquisition by Elon Musk led X-Corp."

He had joined the company in February 2022, eight months before Musk completed his \$44 billion acquisition of Twitter Inc.

X counts India as a key market, with around 27 million users. Prime Minister Narendra Modi and other government



officials are regular users of the platform.

There are roughly 15 X employees in functions like compliance and engineering in India, said one of the sources, but Gupta was the only executive engaging with the government and political parties.

Interaction between X and government and party officials would intensify typically during the run-up to polls, and a national election is due to take place in India next year.

X is appealing against an Indian court ruling that it had failed to comply with government orders to remove certain content, arguing it could embolden New Delhi to block more content and broaden the scope for censorship.

India in September told a court X is a "habitual non-compliant platform" and for years has not followed many orders to remove content, undermining the government's role.

New diabetes drug better for weight loss than Ozempic: Research

PARIS, Sep 24 (Agencies): A new diabetes drug leads to more weight loss and lower blood sugar than its blockbuster rival semaglutide, also known as Ozempic, a review of research said.

Tirzepatide, sold under the brand name Mounjaro by US pharmaceutical giant Eli Lilly, is currently approved to treat type 2 diabetes in the United States, Europe and most recently the UK.

However Eli Lilly is seeking to get the drug authorised in the US for obesity, which would put it further in competition with Danish firm Novo Nordisk's semaglutide drug, known as Ozempic for diabetes treatment or Wegovy for weight loss.

After Ozempic went viral on social media earlier this year for its ability to help people lose weight, skyrocketing demand led to occasional supply shortages -- and concerns that people without diabetes or obesity were using it to shed a few kilos.



New research, which is being presented at a conference in Germany and has not been peer-reviewed, suggests that Eli Lilly's newer drug could be even more effective.

The Greek researchers combined data from 22 previous randomised control trials which separately looked at the two drugs, both of which are taken once a week as an injection.

The researchers then used the studies, which covered a total of nearly 18,500 patients with type

2 diabetes, to compare three different doses of both drugs over a period of at least 12 weeks.

Lead author Thomas Karagiannis of the Aristotle University of Thessaloniki told AFP that for the highest doses, "tirzepatide resulted in an average weight loss that was 5.7 kilograms (12.5 pounds) more than semaglutide".

It also led to a two percent reduction in blood sugar levels compared to the highest dose of semaglutide. "However, it is also notable that the highest tirzepatide dose was associated with increased gastrointestinal adverse events," Karagiannis added.

Give to those with 'greatest need'

The research will be presented next month at the Annual Meeting of the European Association for the Study of Diabetes in Germany.

Duane Mellor, an expert in evidence-based medicine at the UK's Aston University not involved in the research, cau-

tioned that it was not a full peer-reviewed paper.

"It would have been better if it had analysed data from studies which directly compared the two drugs," he told agency.

Given previous shortages of these drugs, Mellor emphasised that it was essential that both are "given to those with the greatest need," such as people living with type 2 diabetes.

A previous study found that the highest dose of tirzepatide leads to an average loss of 15 percent of body weight over 72 weeks. However, like Ozempic, the weight can come back if people stop taking the drug.

Both drugs mimic the gastrointestinal hormone GLP-1, activating receptors in the brain involved in appetite regulation. But unlike semaglutide, tirzepatide also targets fellow hormone GIP, which stimulates the release of insulin.

Sales of Mounjaro nearly reached \$1 billion in the second quarter of this year alone.

Study finds dental health may lower risk of head, neck cancer

WASHINGTON DC, Sep 24 (Agencies): Significant correlations between dental health and survival among people with head and neck cancer were discovered by a multinational study published in the Journal of the National Cancer Institute.

Increased survival was linked to better oral health, as measured by the percentage of natural teeth and dental visits before diagnosis.

Importantly, persons who visited the dentist more frequently had a higher likelihood of having their cancer diagnosed at an earlier, less deadly stage than those who visited the dentist infrequently or never. In collaboration with the International Head and Neck Cancer Epidemiology (INHANCE) consortium, researchers from the UNC Lineberger Comprehensive Cancer Centre, UNC Adams School of Dentistry, and Moffitt Cancer Centre in Tampa, Florida, published a study in the Journal of the National Cancer Institute.

"The INHANCE consortium's patient data allowed us to be as thorough as possible and identify robust associations between oral health and survival," said lead author Jason Tasoulas MD, DMD, a current PhD candidate.

"We assembled a diverse and experienced team to examine records of approximately 2,500 patients from eight countries to carry out our state-of-the-art statistical analyses."

Head and neck cancer patients were asked to self-report aspects

of their oral health and hygiene, including gum bleeding, tooth brushing frequency and mouthwash use, as well as the number of natural teeth and frequency of dental visits they had during a 10-year period prior to their cancer diagnosis.

Those who had frequent dental visits (more than five visits in a reported decade) had higher overall survival at five and 10 years (74 per cent and 60 per cent, respectively) compared to those with no dental visits (54 per cent at five years and 32 per cent at 10 years).

This finding was most pronounced among people with cancers of the oropharynx, which consists of the structures in the back of the throat, including the base of the tongue, tonsils and soft palate. Having no natural remaining teeth was associated with a 15 per cent lower five-year overall survival compared to those with more than 20 natural teeth. Survival differences of less than 5 per cent, which were not significant, were found for patient-reported gum bleeding, tooth brushing and mouthwash use. While survival has improved during the past decades due to treatment advances, head and neck squamous cell carcinoma (HNSCC) is the sixth most common malignancy worldwide and accounts for about 4 per cent of all cancers in the United States.

In 2023, an estimated 66,920 people will be diagnosed with the disease in the U.S. The main

environmental risk factor for the disease is tobacco use but alcohol consumption and testing positive for the human papillomavirus also increase a person's risk for the disease. "This current research effort capitalizes on previous data collection efforts by our team in North Carolina through the Carolina Head and Neck Cancer Epidemiology (CHANCE) study to investigate the role of oral health in patients with head and neck squamous cell carcinoma. The present report is based on a larger-scale study, accounting for geographic variability and capturing more oral health variables," said Kimon Divaris, DDS, PhD, study author and James Bawden Distinguished Professor at the UNC Adams School of Dentistry and UNC Gillings School of Global Public Health. "Inspired by Dr Divaris' previous work, we sought out opportunities to collaborate with a larger network of epidemiologists, surgeons, physicians, dentists and scientists from all over the world to address an important but often overlooked problem for patients with head and neck squamous cell carcinoma," said corresponding author Antonio L Amelio, PhD, vice chair of research in the Head and Neck Oncology Department and associate member of the Tumor Biology Department at Moffitt Cancer Center, and an adjunct associate professor at the UNC Department of Otolaryngology-Head and Neck Surgery.

Scientists discovered potential treatment for nicotine addiction

WASHINGTON DC, Sep 24 (Agencies): According to recent research from the University of Missouri School of Medicine, there may be another approach to cure cigarette addiction. Researchers observed that theta-burst transcranial magnetic stimulation (TBS), which uses powerful, rapidly fluctuating magnetic field pulses to influence brain activity, can promote self-control, reduce cravings, and, as a result, lead to reduced smoking.

People with nicotine dependence tend to have significant structural and functional differences in the brain, compared to healthy non-smokers.

Smoking cigarettes has been shown to be associated with less grey matter, which means they have less neurons and other cells in the brain.

Research suggests these differences may affect inhibitory control (IC), which is our control over automatic urges



and response to stimuli that enables humans to stop an impulsive reaction to something.

"Having difficulties with IC may make it harder to avoid smoking when the urge arises, in response to all the cues and contexts in the environment that trigger the behavior to light a cigarette," said lead author Brett Froeliger, PhD, professor of Psychiatry.

TBS refers to when magnetic pulses are applied to the brain in bursts of three and come in two forms: continuous TBS (cTBS) and intermittent TBS (iTBS).

cTBS consists of applying these three bursts repeatedly for 40 seconds, whereas

iTBS applies the same number of pulses irregularly for more than 190 seconds.

Magnetic stimulation has been used to treat other mental illnesses and disorders. cTBS has been experimentally tested to treat generalized anxiety disorder, whereas iTBS to the left dorsolateral prefrontal cortex -- a part of your brain responsible for cognitive processes -- is FDA-approved for treating major depressive disorder.

The study involved 37 participants, mostly in their late 40's, and examined the effects of both cTBS and iTBS to the right inferior frontal gyrus, a brain region

heavily involved with IC.

Researchers found that cTBS improved IC, whereas both cTBS and iTBS reduced cravings and, subsequently, smoking.

"Identifying treatments that improve IC may help reduce smoking and can potentially help with preventing relapse following when a person attempts to quit smoking," Froeliger said, adding, "Treatments that improve IC may also help disrupt the cycle of drug use among individuals with other substance use disorders; however, further research is needed to examine the clinical value of TBS for treating substance use disorders."

"Effects of Hyperdirect Pathway Theta-Burst Transcranial Magnetic Stimulation on Inhibitory Control, Craving, and Smoking in Adults with Nicotine Dependence: A Double-Blind Randomized Crossover Trial" was recently published in Biological Psychiatry CNI.

IND vs AUS 2nd ODI Preview: India aim to seal series against Australia on the back of flawless Indore record

India will be looking to seal the three-match series when they meet Australia in the 2nd ODI at Holkar International Stadium in Indore.

INDORE, Sep 24 (Agencies): India and Australia are all set to lock horns in the second game of the three-match ODI series on Sunday, September 24 at the Holkar International Stadium in Indore.

With only two matches left before the World Cup 2023, winning the bilateral may not be on the priority list for the Men in Blue. Rather, they would want to look at the performances of some players going into the mega event, which is scheduled to start on October 5.

Suryakumar Yadav and Mohammed Shami performing well in the first game would have done their confidence a world of good. KL Rahul also looked in good rhythm, having scored a hundred followed by a half-century at the PCA Stadium in Mohali.

India have a tremendous



record in Indore, having won all six of their ODIs thus far. Back in September 2017, India beat the Aussies by five wickets when the two teams met at the Holkar Stadium.

As far as the Aussies are concerned, there are no updates on Glenn Maxwell and Mitchell Starc's return. Pat Cummins and Co. may not risk the two players keeping in mind the World Cup.

The visitors, in the meantime, would want their batters to convert their starts. In the first ODI, which they lost by five wickets, a number of their batters got into the 20s, 30s and 40s, but none of them could go on and score big.

Mitchell Marsh, who has been in stupendous form of late, missed out in the series opener. He will want to make amends

with a match-winning knock in Indore.

Head-to-Head Overall
Matches - 147 | India - 55 | Australia - 82 | N/R - 10 | Tied - 0

In India
Matches - 68 | India - 31 | Australia - 32 | N/R - 5

Probable XIs
India
Shubman Gill, Ruturaj Gaikwad, Shreyas Iyer, KL Rahul (c & wk), Ishan Kishan, Suryakumar Yadav, Ravindra Jadeja, Ravichandran Ashwin, Shardul Thakur, Mohammed Siraj, Mohammed Shami.

Australia
David Warner, Mitchell Marsh, Steven Smith, Marnus Labuschagne, Cameron Green, Josh Inglis (wk), Marcus Stoinis, Matthew Short, Pat Cummins (c), Sean Abbott, Adam Zampa.

ENG v IRE, 2nd ODI: Rehan Ahmed takes 4 wickets as second-string England outclass Ireland

NOTTINGHAM, Sep 24 (Agencies): A second-string England cruised to a 48-run victory over Ireland in the second ODI at Trent Bridge on Saturday, bowling out the visitors for 286 after racking up 334-8.

Right-arm spinner Rehan Ahmed did the bulk of the damage with the ball for England, running through the middle order to take four for 54 as Ireland's chase fizzled out.

England had piled up the runs in their 50 overs with opener Will Jacks top-scoring with 94, falling while attempting to hit a six to reach his century, and Sam Hain making 89.

Ireland began their innings in positive fashion with skipper

Paul Stirling and Andy Balbirnie putting on 46 in the opening four overs as England fast bowler Paul Scrimshaw suffered a nightmare start to his debut with a rash of no balls.

Scrimshaw made amends by removing Balbirnie with the final ball of the fourth over and Ireland were stopped in their tracks when Matthew Potts bowled Stirling with the next ball.

Harry Tector tried to respond as he made 39 in 40 balls but Irish wickets fell regularly with Ahmed ending Tector's resistance when Jacks took a superb running catch.

Ireland's top scorer George Dockrell (43) also fell to Ahmed



but the visitors stubbornly refused to go without a fight as their lower order batted impressively.

Josh Little (29) and Craig Young (40 not out) put on 55 for the last wicket before Scrim-

shaw brought proceedings to a close as Little holed out to Brydon Carse at long on.

The first ODI between the sides was abandoned because of rain with the third match taking place in Bristol on Tuesday.

BAN vs NZ: Ish Sodhi's all-round heroics hand Bangladesh crushing defeat in 2nd ODI

DHAKA, Sep 24 (Agencies): Ish Sodhi's all-round heroics turned out to be too good for Bangladesh as New Zealand stormed to victory by 86 runs in the second ODI of the series on Saturday, September 23 at the Sher-e-Bangla National Stadium in Mirpur.

Starting with, Sodhi racked up his highest ODI score of 35 runs off 39 balls with five fours. Thereafter, he finished with figures of 10-1-39-6 to make sure that the Black Caps bowl the Tigers out for 168 in 41.1 overs after setting a target of 255.

The Kiwis also ended their 15-year-long wait of beating Bangladesh in an ODI in the latter's backyard. New Zealand came into the match after losing eight ODIs in a row against the Tigers on Bangladesh soil.

Sodhi got support from Kyle Jamieson, who picked up two crucial wickets, including that of



stand-in skipper Litton Das.

As far as Bangladesh were concerned, the focus was on the trio of Tamim Iqbal, Mahmudullah and Soumya Sarkar. Tamim looked aggressive from the outset as he scored 44 runs before Sodhi accounted for his wicket.

Mahmudullah fell short of a half-century as he scored 49

runs before Cole McConchie dismissed him with a half-tracker. Mahmudullah became the third Bangladeshi batter to score 10000 runs in international cricket, but is still a run short of reaching the 5000-run milestone.

Once Mahmudullah got out, it was all over bar the shouting for Bangladesh.

Nasum Ahmed scored 21 runs, but it was only to reduce the losing margin.

Earlier, after electing to bat first, New Zealand lost three early wickets of Will Young, Finn Allen and Chad Bowes. But a partnership of 95 runs between Henry Nicholls and Tom Blundell brought the Kiwis back into the contest.

Blundell scored 68 off 66, but Nicholls missed out on scoring a fifty. Khaled Ahmed and Mahedi Hasan picked up three wickets apiece. Mustafizur Rahman was also impressive with two scalps.

The match also witnessed an instance when Hasan Mahmud ran Sodhi in his delivery stride at the non-striker's end. But skipper Litton Das called Sodhi back after the third umpire gave the batter out.

The third ODI is set to take place on Tuesday, September 26 in Mirpur.

"You Have Virat Kohli, Rohit Sharma, David Warner But...": Gautam Gambhir Picks Pakistan Star As One Who Can Set Cricket World Cup 'On Fire'

NEW DELHI, Sep 24 (Agencies): Former India cricketer Gautam Gambhir has picked Pakistan captain Babar Azam to be the standout batter at the upcoming Cricket World Cup in India. Babar has been in fine form with the bat in 2023, smashing eight 50+ scores in 15 innings. However, the 29-year-old had a below par outing with the bat in the Asia Cup as Pakistan failed to reach the final. On being asked to pick one batter he'll be watching closely at the Cricket World Cup, Gambhir picked Babar ahead of the likes of Virat Kohli, Rohit

Sharma, David Warner, among others.

"I pick Babar Azam. I think he has the quality to set the Cricket World Cup on fire. I have seen a lot of batters who have a lot of extra time while batting. You surely have Virat Kohli, Rohit Sharma, David Warner, Joe Root and Kane Williamson, but Babar Azam has different quality," Gambhir said on Star Sports.

Babar has been under the scanner for his captaincy since Pakistan's early exit from the Asia Cup. Gambhir had also criticized Babar for what he deemed as subpar captaincy,



pointing out perceived flaws in Babar's fielding placements. "For me, extremely ordinary captaincy as well. There was a four hit in Zaman Khan's over over mid-off and there was another four hit in Shaheen Shah Afridi's over over mid-off, and both those deliveries were slower ones,"

Gambhir had said. Earlier this week, Pakistan Cricket Board (PCB) announced the squad for the ODI Cricket World Cup 2023. While most of the top names are there, there were a couple of surprises. Fast bowler Naseem Shah who suffered

an injury during the recently concluded Asia Cup is not part of Pakistan's Cricket World Cup squad. But veteran pacer Hasan Ali has made a comeback into the Cricket World Cup squad.

Pakistan squad for ODI Cricket World Cup 2023: Babar Azam (c), Shadab Khan (vc), Fakhar Zaman, Imam Ul Haq, Abdullah Shafique, Mohammad Rizwan, Iftikhar Ahmed, Agha Salman, Saud Shakeel, Mohammad Nawaz, Shaheen Afridi, Haris Rauf, Hasan Ali, Usama Mir, Mohammad Wasim Jr.

Rahul Dravid's Son Walks His Illustrious Dad's Path, Picked For Vinoo Mankad Trophy



NEW DELHI, Sep 24 (Agencies): Rahul Dravid, Indian cricket team head coach, is under focus ahead of the 2023 ODI Cricket World Cup. India have not won the marquee event since the 2011 Cricket World Cup, when MS Dhoni's men won the trophy after a great title clash against Sri Lanka. Rahul Dravid, who himself has been part of several Cricket World Cups as a player, is in charge of guiding the Rohit Sharma-led team to the ultimate glory. If Rahul Dravid can help the Indian cricket team win the 2023 Cricket World Cup as a coach, it will add another glorious chapter to his already illustrious career.

Ahead of the Cricket World Cup, Dravid family household had a good news. Dravid's son Samit has been selected for Karnataka's 15-member squad

for the upcoming Vinoo Mankad Trophy, according to Sportstar. The U-19 tournament will be held in Hyderabad from October 12 to 20.

Recently, Indian cricket team head coach Rahul Dravid said that Virat Kohli and Rohit Sharma have been rested as the team wanted them to be fresh mentally and physically for the Cricket World Cup 2023. India will take on Australia in a three-match ODI series, starting from the first ODI at Mohali on Thursday. It will be India's final assignment before the ICC Cricket World Cup at home from October 5 onwards. "It is one of those series, where you have seen that some of our boys are not playing the first two games. We will rotate our pacers a bit. It will be nice for some other guys that they are given this opportunity to play three tough games before the

World Cup," said Dravid in a pre-match press conference.

"I think with people like Rohit and Virat, from our perspective, it is important that they reach the first game of the World Cup with the physical and mental headspace they want to be in. With the amount of cricket they have played, they know how to prepare themselves for these big games. A lot of these decisions are discussed with them. We discuss with them how they would like to prepare leading up to big events. Based on these discussions, we come up with these mutual decisions," he added.

On the return of spin-bowling all-rounder Ravichandran Ashwin to the ODI set-up after a year, Dravid clarified that the spinner was always in the plans.

"Having someone of Ashwin's experience is always good for us. He gives you experience, the ability to contribute with the bat at number eight. He is someone we taught about in case of an injury or an opportunity opened up. He was always in our plans. He has not played much ODI cricket for a while, but someone of his experience can deal with that," said the coach.

Cricket World Cup 2023: Director Mickey Arthur to join Pakistan team in India by September 30

ISLAMABAD, Sep 24 (Agencies): The Pakistan Cricket Board confirmed the senior men's team's support staff for the Cricket World Cup, which will be held in India from October 5 to November 19. Director Mickey Arthur is set to join the team in India by September 30, the board said.

Mickey Arthur, who was appointed as the Director of the men's senior team, was not physically present with the team during the entirety of the Asia Cup 2023.

Notably, Arthur has been key to some of the decision-making in the team, including the World Cup squad selection. Notably, Arthur, who worked as the head coach of the team from 2016 to 2019, has continued to be associated as the head coach of the Derbyshire county championship team.

While Grant Bradburn will be the head coach, former South Africa pacer Morne Morkel will continue to travel with the team as their bowling coach at the World Cup in India.

The PCB also confirmed that the Babar Azam-led side will depart to India on Wednesday morning, two days ahead of their first warm-up match in Hyderabad. Pakistan will play their first warm-up match against New Zealand and their second against Australia on October 3. Pakistan will begin their World Cup 2023 campaign against the Netherlands on October 6 in Hyder-



abad. PAKISTAN SUPPORT STAFF FOR WORLD CUP

Player support personnel: Rehan-ul-Haq (team manager), Mickey Arthur (Director - Pakistan men's team), Grant Bradburn (head coach), Andrew Puttick (batting coach), Morne Morkel (bowling coach), Aftab Khan (fielding coach), Abdul Rehman (assistant coach), Dr Sohail Saleem (team doctor), Drikus Saaiman (strength and conditioning coach), Cliffe Deacon (physiotherapist), Ahsan Iftikhar Nagi (media and digital content manager), Usman Anwari (security manager), Maqbool Ahmad Babri (psychologist), Talha Ejaz (analyst) and Malang Ali (masseur).

Pakistan's performance at the Asia Cup was disappointing as Babar's side failed to make the final after losing to India and Sri Lanka in the Super Fours stage.

Pakistan suffered a major blow ahead of the World Cup as their young pacer Naseem

Shah was ruled out of the tournament due to an injury he picked up at the Asia Cup.

Naseem suffered a shoulder injury during a match against India in the Asia Cup.

The 20-year-old cricketer has been advised to undergo surgery and is expected to be sidelined for three to four months. This unexpected turn of events has led to a significant change in the team's composition.

In light of Shah's injury, experienced medium pacer Hasan Ali has been recalled to the squad. Born on July 2, 1994, Hasan Ali is a seasoned cricketer who represents the national team across all formats. His inclusion in the team is seen as a strategic move given his extensive experience and proven performance in high-stakes matches.

The PCB has also announced three traveling reserves - Mohammad Haris, Abrar Ahmed, and Zaman Khan, who will be considered in case of any further injuries within the squad.

Duggan village witnesses first ever cultural programme

TOP NEWS REPORT

BANI, Sep 24: First ever in the history, the remote village Duggan of Bani has witnessed a day long cultural extravaganza in Vasuki Nag Mela. The occasion was organised by J&K Academy of Art, Culture & Languages who has left no stone unturned to create a history in the remotest area of Kathua district. Eminent Producer/Director & Filmmaker Sh. Kulwant Singh Manhas was the Chief Guest on the occasion whereas Sub Divisional Magistrate Sh. Satish Sharma was the guest of honour. They both were joined by Smt. Reeta Thakur DDC member of Bani as special guest.

At the very outset, SOCA Kathua, Sanjeev Gupta stated that Sh. Bharat Singh, JKAS Secretary, J&K Academy of Art, Culture & Languages is very devoted for the promotion of art and culture in the entire length & breadth of the Union Territory Jammu & Kashmir. One can easily



find the representation of JKAACL in almost every event happening in J&K, he added.

Speaking on the occasion Sh. Kulwant Singh Manhas commended the efforts of the JKAACL, artists for promotion of local folk art and culture in the picturesque Duggan of Bani Valley. He further said such kind of initiatives always takes the Culture to the next level of preservation of arts and more such occasions should be created so that age old traditions, which are the identities of our cul-

ture, are revived. Such festivities play a major role in promoting communal harmony, brotherhood and community participation. I hope that JKAACL will continue to come up with such kind endeavours in Bani, he added.

The programme was started with the vibrant folk singing by seven different folk parties which includes Varinder Jotyay & Party, Darmaz Sandu & Party, Simu Thakur & Party, Ravi Kumar & Party, Madan Lal & Party, Ajeet Singh & Party, Bandhana Devi &

Party who made everyone spellbound with their mesmerising singing. This was followed by Kud dance which is one of the most popular folk dances of Jammu and Kashmir. This dance is mainly performed to pay obeisance to the Lok Devas by three Kud Parties viz. Kuldeep Singh & Party, Pankesh Kumar & Party & Bushan Singh & Party who made everyone awestruck with their powerful presentation skills. The one day cultural event was culminated with the power-packed performances

Several organizations & Trade Union leaders hold meeting with SHO Parvaiz Khanday



TOP NEWS REPORT

KISHTWAR, Sep 24: A group of social leaders, including Sadat Doolwal, a Trade Union leader, Pracharak MRM from the Chanderbhaga region, Aijaz Naik, State Secretary of Hamara Nara Bahi Chara, Ashiq Hussain Dev, State Joint Director of Human Rights Corps, Social Activist Mohammad Amin, and Sheikh Rafiq Ahmed, Block President of Muslim Rashtriya Manch, met with SHO Kishtwar Parvaiz Khanday. During the

meeting, various issues were discussed. The organizations emphasized the need for the strictest action against drug mafias operating in Kishtwar district. In their statement, they expressed concern that the growing drug trade is negatively impacting the local population. They commended the efforts of the police and hoped for stringent measures against drug dealers in Kishtwar.

Additionally, the delegation urged action against bikers who excessively speed through Kishtwar district to ensure the safety of pedestrians. They also called for hearings on cases of molestation in the district, appreciating SHO Kishtwar's actions against wrongdoers and hoping for continued strong enforcement in the future. SHO Parvaiz Khanday attentively listened to the concerns of the social organizations and assured them that efforts would be made to improve Kishtwar in the near future.

Sant Nirankari Mission organises Blood Donation Camp in Kathua



TOP NEWS REPORT

KATHUA, Sep 24: With the blessings of Her Holiness Satguru Mata Sudhiksha Ji Maharaj Sant Nirankari Charitable Foundation (Social Wing of Sant Nirankari Mission) organized a voluntarily blood donation camp at Sant Nirankari Satsang Bhawan, Kathua. The devotees were enthusiastic to donate blood in a selfless way.

The camp was inau-

gurated by Dr. Rakesh Minhas IAS, Deputy Commissioner Kathua. While speaking on the occasion Dr. Rakesh Minhas congratulated Sant Nirankari Mission for donating blood in a selfless way and also appreciated the Mission for regularly organising such kind of events for the benefit of humanity. He especially lauded the efforts of Female Donors of the Mission.

Later in the day Dr

Jitendra Singh, Minister of State in the Prime Minister's Office, Department of Atomic Energy, Department of Space (Vice President, CSIR), Ministry of Personnel, Public Grievances & Pensions, Minister of State for Science & Technology Etc. also visited the Blood Donation Camp. He appreciated the donors and congratulated Sant Nirankari Mission for this drive. Sh. Ajit Singh, Zonal

Incharge Jammu welcome all. He admired donors for their selfless service. He told that first Blood Donation Camp was organized in 1986 and since then for last 37 years Blood Donation Camps are being organized by this Mission to spread the message of Baba Hardev Singh Ji 'blood should flow in veins not in drains'.

Babu Ram Sanyojak branch Kathua presented the vote of thanks.

Other Dignitaries presented on the occasion were Sh Ranjeet Singh JKAS DC State Taxes Kathua, Dr Zulfikar, Dr Taseer from Blood Bank GMC Jammu, Dr Mona Jamwal from GMC Kathua, SatPal Khetriya Sancahlak Kathua and several senior citizens and social workers of the society.

The camp was held in collaboration with blood & transfusion dept. of Govt. Medical College Jammu, GMC Kathua & JKASACS.

Aryans Pharmacy students celebrate World Pharmacist Day



TOP NEWS REPORT

JAMMU, Sep 24: Aryans College of Pharmacy, located near Chandigarh, celebrated "World Pharmacist Day" in line with this year's theme, "Pharmacists Strengthening Health Systems - Angdaan Mahadan," as envisioned by the International Pharmaceutical Federation (FIP) and the World Health Organization (WHO). The event

featured various activities, and students pursuing B.Pharm and D.Pharm programs enthusiastically participated.

Prof. (Dr.) Tejvir Kaur, Head of the Department of Pharmacy at Govt. Medical College, Patiala, highlighted the pivotal role of pharmacists in ensuring that individuals receive the best possible outcomes from their medications. She emphasized that pharmacists utilize their expe-

rience, knowledge, and expertise to contribute to a better world for everyone. Furthermore, they provide access to medicines and offer guidance on their proper usage, among other essential services.

Dr. Krishan Singla, Principal of Aryans College of Pharmacy, emphasized the importance of celebrating World Pharmacist Day as a means to promote the pharmacy profession and recognize the critical role pharmacists play in enhancing global healthcare outcomes. The event featured various activities, including a Tree Plantation Drive, Poster Presentation, and Speech competitions.

World Pharmacist Day is commemorated annually on September 25th. During this celebration, pharmacy students actively participated in a poster presentation and a skit. A student rally, focusing on this year's theme, was also organized in the nearby area to raise awareness about the significant role of pharmacists in healthcare.

Thousands participated in Bhandara at Narwal Pain

TOP NEWS REPORT

JAMMU, Sep 24: A grand Bhandara was organized in Narwal Pain near Satwari, drawing a significant crowd from various regions. Attendees partook in parshad from the langar and sought blessings from the deities venerated on this occasion.

The Bhandara was led by Shri Ram Dass Kaith.

SSP M.L. Kaith, who graced the event, emphasized that langars serve a crucial role in promoting social harmony, love, and affection within society. Through langars, the



aim is to foster a sense of brotherhood among all the citizens of the nation.

Notable participants in the Bhandara included Mr. Pirthi Singh Chanjo-

tra, President of JKBWA, Hony Captain Girdhari Lal Kaith, R.L. Kaith, Tr Ravi Kaith, Dilay Ram Kaith, Rachhpal Kaith, Ramesh Mandi, Ramesh Kaith, Ashwani

Kumar Kaith, Kewal Krishan Sargotra, Hans Raj Loria, Darshan Kumar Bassa, Darshan Kumar Lakhotra, and Sukhdev Kumar Kaith, among others.

Ayushman Bhava Health Mela held at Sankoo

TOP NEWS REPORT

KARGIL, Sep 24: As a part of the nationwide Ayushman Bhav initiative aimed at enhancing public health and well-being, a Health Mela was organized at the Community Health Center in Sankoo, Kargil on Saturday.

The Health Mela featured the participation of several medical professionals who provided their expertise to benefit the community. Notable doctors present at the event included Dr. Banazir Khatoon (Consultant Anesthesia), Dr. Mohammed Hussain Wazir (Orthopedic), Dr. Syed Iftikhar (Physician), Dr. Hasina Batool, Dr. Rabiya, Dr. Mohammed Ali, and Dr. Syed Abul Hassan, who served as a Medical Officer of RBSK.

Various stalls were set



up to offer healthcare services to the local residents. These services encompassed General OPD services, Orthopedics, Physician consultations, Blood Donor registration, Laboratory facilities, and NTEP, among others.

One of the key highlights of the Health Mela was the on-the-spot creation of ABHA ID Cards

and Ayushman Bharat Golden Cards. These cards aim to ensure equitable access to high-quality healthcare services for the beneficiaries.

The event also focused on the screening of non-communicable diseases (NCDs) such as hypertension and diabetes.

During the Health

Mela, a total of 90 patients received medical attention, including services in Orthopedics, General OPD, Physician consultations, and NCD screenings. Additionally, 14 Health ID Cards and 09 Ayushman Golden Cards were issued to beneficiaries, furthering the goal of extending healthcare access to the community.