TOP NEWS OF J&K

JAMMU, SATURDAY, JUNE 24, 2023

Daily Evening Newspaper

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Gayatri Bhardwaj talks about her latest series, **'Highway Love**



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Putin vows to crush 'armed mutiny' after Russian mercenary boss tries to oust top brass



e-paper: www.topnewsjk.in

RNI No. JKENG/2010/39369

Regd. No. JK-435

Vol.-14 Issue-172 Pages-12 Rs.-2/-

BRIEFLY

Drone shot down by **BSF** along **Pakistan Border** in **Punjab**

CHANDIGARH, Jun 24 (Agencies): A suspected Pakistani drone that intruded into the Indian territory along the International Border in Punjab's Tarn Taran has been shot down by BSF jawans, an official of the force said on Saturday.

According to the official, Border Security Force troopers noticed the drone on Friday night and immediately reacted to intercept it.

During a joint search operation of the BSF and the Punjab Police, the shot down drone was recovered on Saturday morning from a field in Lakhana village.

"BSF troops intercepted and brought down a Pakistani drone that violated Indian airspace in village Lakhana of Tarn Taran district. Yet again, the nefarious designs of Pakistan have been foiled by the BSF," the force said in a tweet.

Weatherman predicts isolated rain in Kashmir. Widespread light showers in Jammu

SRINAGAR, Jun 24 (Agencies): Upward trend in night temperature continued in most of the places in Jammu and Kashmir with Srinagar recording six degrees above normal temperatures on Sat-

urday. A meteorological department official said that Srinagar recorded a low of 22.4°C against 21.0°C on the previous night and it was above normal by 6.6°C for the summer capital.

Qazigund, he said, recorded a low of 20.0°C against 19.0°C on the previous night and it was above normal by 5.7°C for the gateway town of

Kashmir. Pahalgam, he said, recorded a low of 13.3°C against 10.6°C on the previous night and it was 4.2°C above normal for the famous tourist resort in south Kashmir's Anantnag

district. In Kupwara town, he said, the mercury settled at 19.6°C against 17.8°C on the previous night and it was above normal by 5.5°C for the

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Amit Shah lays foundation stone of 'Balidaan Stambh' in Srinagar

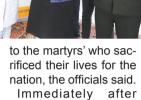
SRINAGAR, 24 (Agencies): Union Home Minister Amit Shah Saturday laid foundation stone of Balidaan Stambh' (martyr's memorial) at Pratap Park in the heart of the city here.

Shah, along with Jammu and Kashmir Lieutenant Governor Manoj Sinha, laid the foundation stone at the park near the Lal Chowk city centre the commer-



cial hub of the Srinagar city, officials said.

The memorial, a project under the Srinagar Smart City, is a tribute



laying the foundations

residence.

hile stringent security arrangements had been put in place for the function, shops in and around the venue were open and traffic remained normal, except when it was briefly stopped at the stretch between Regal Crossing and Lal Chowk till Shah left the venue, officials said.

stone, Shah went to Raj

Bhavan, the LG's official

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Amit Shah presents job appointment letters to kin of Policemen killed in action



SRINAGAR, Jun 24 (Agencies): Union Home Minister Amit Shah on Saturday distributed job

appointment letters to the family members of Jammu and Kashmir's Police personnel who **Turn to page 9**

Two women among three arrested as police bust gang of drug peddlers in Sopore

SRINAGAR, Jun 24 (Agencies): A gang of drug peddlers was busted in Sopore area of north Kashmir's Baramulla district with the arrest of three persons, including two women, police said today.

In a statement, an official said that a party of Police Station Tarzoo arrested three drug peddlers at Sangrama Chowk.

Those arrested were identified as Abdul Latief Goiar, son of Noor Muhammad Gojar, resident of Gandoo tehsil and Parveen Kaunsar, daughter of Meer Hussain, resident of Sidra Byepass Jammu and Shabnam Begum, daughter of Muhammad Akbar Khan, resident of Akherwani Wulutra Rafi-

The official said that the trio was walking in a suspicious manner which was observed by the patrolling party.

On seeing the police, they tried to flee but were apprehended.

Soldier injured in encounter with terrorists, search underway near LoC in Poonch

JAMMU, Jun 24 (Agencies): An Indian Army soldier was injured in an exchange of fire with terrorists who were attempting to cross the Line of Control in the Poonch district of Jammu and Kashmir, officials said on Satur-

The encounter took place in the forward Ranger Nallah area of the Gulpur sector late on Friday night when the Indian troops noticed

at least three heavily armed terrorists trying to infiltrate into India under the cover of thick foliage and darkness, they said.

A soldier was injured in the brief firing and the terrorists managed to slip into the nearby dense forest. Reinforcements have been rushed to the area and a massive search operation is underway to trace and neutralise the terrorists. the officials said.

8th grade student from Baramulla drowns to death during picnic at Sonamarg

GANDERBAL, Jun 24 (Agencies): In a heartwrenching incident, a 14-year-old student from Baramulla lost his life due to drowning while on a school picnic at the scenic Sonamarg health resort on Saturday.

The tragic event unfolded on Saturday when Owais Ahmed Chichi, son of Faroog Ahmed Chichi and a resident of Chandousa,

Baramulla, accidentally drowned in a pond at Sonamarg.

Despite immediate medical attention at the PHC Sonamarg, the doctors declared him brought dead.

The local authorities have taken cognizance of the incident, and the police are investigating the circumstances surrounding the unfortunate accident.

Army opens fire after suspicious movement on LoC in Poonch

JAMMU, Jun 24 (Agencies): Army opened fire after noticing suspicious movement on the Line of Control (LoC) in Jammu and Kashmir's Poonch district, defence sources said on Saturday.

They said that on noticing suspicious movement in Gulpur sector of Chakan Da Bagh area around 8 p.m. on Friday, the alert troops of the Army resorted to small arms firing.

"A search operation was launched this morning. No casualty was found in the area", the sources said.

J&K was a Laboratory for BJP: Mehbooba Mufti

PATNA, Jun 24 (Agencies): Former Jammu and Kashmir chief minister Mehbooba Mufti on Saturday said the state she had ruled, now stripped of its special status and divided into two Union territories, was a "laboratory" for the ruling BJP at the Centre. Addressing a press conference here a day after the opposition meeting Mehbooba voiced fear of "Kashmirisation" of the entire country if the party returned to power.

"There is, indeed, an attack on the idea of India. It was most evident when they abrogated Article 370 in Jammu and Kashmir and put its leaders, including three former chief ministers. in jail", said Mufti.

"J-K was a laboratory. What we see in Delhi today, by way of the central ordinance, started much earlier in our state. Unfortunately, few people understood it back then", alleged Mufti, who heads the People's

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General House meeting of JMC adjourned amid ruckus between councillors Pic by: Aman

Ayushi Sudan assumes charge as DC Kupwara officer, previously serv-



SRINAGAR, Jun 24 (Agencies): Ayushi Sudan on Saturday assumed charge as Deputy Commissioner

Kupwara, relieving Dr. Doifode Saggar Datta-

Sudan, a 2017-batch

IAS (AGMUT cadre)

Nabi Bhat and other senior officers and officials of DC Office.

Soon after assuming charge as Deputy

ing as Mission Director

National Health Mission

(NHM), was received by

outgoing Deputy Com-

missioner Dr. Doifode

Saggar Dattaray, Addi-

tional Deputy Commis-

sioner Kupwara Ghulam

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Hare Krishna Gaushala Charitable Trust seeks justice

Top News Report

JAMMU, Jun 24: Hare Krishna Gaushala Charitable Trust President Rohit Bali said that they are running the Hare Krishna Gaushala and Shree Radha Govind Temple located at Eden Garden Top Sherkhania. Shakti Nagar where the 'Gau Sewa is being continuously done for the last 5 years.

The Trust houses around 40 cows which are being purchased from the Animal Hus-



bandry Department, Jammu by our Trust, he said adding that there 'Gau Sewa' was being done very well, but this year in the month of January some mischievous

elements came to the Gaushala and created a ruckus there. In the meantime, DC

Jammu passed an order on January 31,

■Turn to page 9

Fire breaks out at shopping complex in Srinagar, one injured

SRINAGAR. Jun 24 (Agencies): A salesman was injured after a fire broke out at a shopping complex at the Lal Chowk area of Srinagar, officials said on Satur-

They fire broke out at

10.30 pm.

"The fire broke out at a sweet shop housed in the two-storey Fairdeal Shopping Complex, triggering panic among shopkeepers and

locals," they said. "The injured salesman, said to be badly injured, has been referred to hospital for treatment," official said.

"Fire tenders were battling the blaze after being alerted," they said. adding that the immediate cause of the fire couldnot be known.



10TH DAY/KRIYA

With profound grief and sorrow, we regret to inform the sad demise of Sh. Chuni Lal Bhat R/o H. No 116/0 Tomal Colony Anand Nagar Bohri Jammu.

The 10TH DAY KRIYA will be performed at Muthi Ghat at 8 AM on 26/06/2023.

GRIEF STRICKEN

Ajay Kr. Bhat- SON Mobile No 7006652143 Promilla Bhat W/o Ajay Kr Bhat Mobile No 9419131942 Sanjay Bhat- SON Mobile No 9149492635

Manju Bhat W/o Sanjay Bhat DAUGHTER & SON IN LAW

Sunita Rani Bhat **9899087146**

Arun Bhat -SON IN LAW 7838886083

Avatar Krishen Bhat Brother of Chuni Lal Bhat Mobile No 9622218106

Pinky Bhat W/o Avtar Krishen Bhat

Grand children: Amit Bhat, Nikhil Bhat, Shreya Bhat, Omika Bhat, Varsha Bhat, Mehak Bhat SISTERS

Phoola Ji Bhat W/o Lt. Bushan Lal Bhat

Kishni Ji Pandita W/o Sh. Bushan Lal Pandita

SHADMOS & MASWAR

दुखी हूँ, निशब्द हूँ, स्तब्ध हूँ परम पिता परमेश्वर से प्रार्थना करता हूँ कि दिवंगत आत्मा को अपने श्री चरणों में स्थान दे।

Sanjay Moza - Husband

□Six months have passed since you left us for your journey to heavenly abode. We pray to God to grant eternal peace to your soul.

Late Anjana Nagri Moza will be per-

formed on 23rd & 24th of June 2023 at our residence.

DEEPLY MISSED & REMEMBERED BY

Ms. Bhavika Moza - Daughter

Sh. Omkar Nath Moza - Father-in-law Sh. Suneel Kumar Moza & Smt. Suneeta Moza

Tushar, Aneesh, Osheen & Sheenu

Contact No.: 9858630200, 7006341300

Shadmos & Masvar of our beloved



SH. CHUNI LAL BHAT

Sh. Anil Ambardar & Smt. Renu Ambardar

SHRADDHA KRIYA/PUNYA KSHETRA

WITH DEEP SADNESS, WE WOULD LIKE TO INFORM PASSING OF OUR BELOVED MR. PRADMEN KRISHAN KOUL (KATAAL), SON OF PREM NATH KOUL. ORIGINALLY FROM GOGJI BAGH/CITY DRUG STORE, SRINAGAR, AND NOW RESIDING IN FARIDABAD.

> SAPINDIKARAN SHRADDHA WILL BE PERFORMED AS FOLLOWS:

THE 10TH DAY KRIYA WILL BE HELD ON 29TH JUNE AT 11 AM AT MURADNAGAR GANGA GHAT (CHOTTA HARIDWAR).

11TH DAY KRIYA ON 30TH JUNE FROM 10 AM TO 5 PM. 12TH DAY KRIYA AND SHANTIPAATH ON 1ST JULY FROM 11 AM TO 1 PM AT FOREST CLUB (FLAT 201, BARBERRY TOWER, OMAXE FOREST SPA, SURAJKUND ROAD, SECTOR 43, FARIDABAD)

GRIEF STRICKEN:

PUSHPA KOUL (WIFE),

PAYAL & SANTOSH KUMAR (DAUGHTER & SON-IN-LAW).

ANJALI & PURAN KOUL (DAUGHTER-IN-LAW & SON),

ARNAV, PRANIT, ASHWIN (GRANDSONS), SISTERS - THUSU, KHAZANCHI, & KAUL FAMILY

IN-LAWS - WALIS, PAJANS FAMILY OM SHANTI SHANTI SHANTI.

MR. PRADMEN KRISHAN

KOUL (KATAAL)

MOB: 9818552773, 6594474044

10TH DAY KRIYA

WITH PROFOUND GRIEF & SORROW, WE REGRET TO INFORM THE SAD DEMISE DEMISE OF SMT. PHOOLA DEVI W/O LATE BAL KRISHAN BHAT ORIGINALLY RESIDENT OF VILLAGE KACHWA MAQUM, BARAMULLA AT PRESENT H. NO - 14, LANE NO - 2, SHARDA COLONEY, PATOLI - JAMMU WHO LEFT FOR HEAVENLY ADOBE ON 16TH OF JUNE 2023.

10TH DAY KRIYA/ ASSEMBLY WILL BE PERFORMED AT 08:30 AM ON 25TH OF JUNE 2023 (SUNDAY) AT PATOLI GHAT NEAR THE PRESENT RESIDENCE.

GRIEF STRICKEN

MR. PIARY LAL PANDIT (LEGATEE)

MRS. SITA DEVI

MOB. 7006599805, 9596830001



SMT. PHOOLA DEVI

10TH DAY AND KRIYA

With profound grief and sorrow I regret to inform about the sad demise of my father SH. NANAK CHAND ABROL (RETD. ASI FROM J&K POLICE DEPARTMENT) who left for heavenly abode on 15-06-2023.

10TH Day will be held on Saturday 24-06-2023 at Arya Samaj Mandir near Sabji Mandi Udhampur at 11.30 AM

Kriya will be performed on Tuesday 27-06-2023 at Devika Ghat from 11:00 A.M

GRIEF STRICKEN

Smt. Vijay Abrol (Wife)

Prop.M/S Vikas Ornaments Udhampur Contact No.94191-58290



SH. NANAK CHAND **ABROL** (Retd. ASI, JKP Deptt.)

10TH DAY/KRIYA/UTHALA

With profound grief and sorrow, we inform the sad demise of our beloved Sh Radha Krishan Sharma S/o Late Sh Dina Nath Sharma R/o H No. EP 1134, Purani Mandi Jammu who left us for nis heavenly abode on 15.06.2023. 10th Day will be performed on 24.06.2023 at Rani Talab Mandir

at 10:00 AM

Kriya will be held on 25th June at our residence at 12 Noon Uthala will be held on 26th June at Trikuta Yatri Niwas, Amphalla Vaid Mandir Road, near Petrol Pump, Jammu at 4:00 PM to 5:00

GRIEF STRICKEN: Smt Gayatri Devi - Mother Smt Vashno Devi - Wife Mr Arjun Sharma- Son

Mrs Kamni and Anil Sharma- Daughter and Son in law Sh Kewal Krishan and Smt Neelam Kumari- Brother and Bhabh Mrs Swarn Lata and Vijay Khajuria- Sister and Brother in law Mrs Sunita and Kanchan Khajuria- Sister and Brother in law Mob 9419190768, 9086666460, 9419222707



Sh Radha Krishan Sharma

TENTH DAY KRIYA

Sh. Roshan Lal Bhat

(Kaka Ji)

SH. JAWAHAR LAL HANDOO

□MAY GOD BLESS YOU□

With profound grief and sorrow we inform the sad demise of our beloved Sh. Roshan Lal Bhat (Kaka Ji) S/o Lt. Sh. Hirday Nath Bhat R/o Pahuoo Budgam at present Block No. 08, Flat No. 19, Lane No. 2, Jagti left for heavenly abode on 16-06-2023. The Tenth Day will be held on 25-06-2023 (Sunday) at 8.00 am near Directorate of School Education office Muthi Jammu. Mourning will be held at Community Hall near Lane No. 4, Jagti Township, **GRIEF STRICKEN**

Smt. Chuni Devi - Mother

Smt. & Sh. Tej Krishan Bhat -Brother & Bhabi

Smt. & Sh. S.K. Pandita - Sister & Brother-in-law Smt. & Sh. Shammi Bhat -Sister & Brother-in-law

Smt. & Sh. Sunil Wali - Sister & Brother-in-law

Deeply Remembered By: Samast Bhatls, Koulls, Kitchlools, Walils

Contact No: 6006593889, 9596803571

TENTH DAY KRIYA Our Beloved **Sh. Jawahar Lal Handoo** (Central Ban of India) S/o Late Sh. Niranian Nath Handoo R/o Na Sarak, Ganpatyar, Srinagar / Kamdhenu Homz Akhnoo Road, Jammu left for his heavenly abode on 17.06.23

at Gurgaon, Haryana.

TENTH DAY KRIYA will be performed on 26th June Monday 9 AM at Shri Gauri Shankar Mandir G257+W7P New Palam Vihar Block T Sector 109,Behind DHBVN Office Gurugram, Haryana followed by assembly at 10.30 AM at residence Sushan Apartments, Flat no C 64 Tower C Sushant Lok Sector 43 Block C Gurugram, Haryana. GRIEF STRICKEN:

Mrs. Veena Handoo - Wife (9103535468) Brothers and Bhabhies Mrs. Usha & Mr.Makhan Lai Handoo

Mrs. Chandra & Dr. Ashok Chandra Sisters & Jija ji Mrs. Kirti & Mr. Autar Krishan Zadoo Mrs. Dulari Handoo Sisters-inLaw & Brothers-in-Laws

Mrs. Saroj & Mr. R N Handoo Mrs. Janak & Mr. Ratten Lal Handoo Brother in Law

Sh. Prithvi Nath Raina Sh. Soom Nath Raina & Mrs. Shyama Raina

Sons & Daughters-in-Law Anil Kumar Handu (9999001249), Saroj Razdan (9871648626), Sunil Handoo (9899264149), Rajni Wanganoo (9999246671) Grand Children: Anisha Handoo & Aryan Handoo

10TH DAY/KRIYA

With profound grief and sorrow, we inform the sad demise of CDR Sahil Sagoch S/o Ved Prakash R/o H.No. 73 Lane 1, Sect B1 Laxmipuram, Chinore (Bantalab), Jammu. 10TH DAY shall be performed on 25th June at 12 noon at Aap Shambhu Mandir Roopnagar.

Kriya on 28th June at 12 noon and Uthala shall be performed at 5pm on 28-6-2023 at residence.

In grief

CDR Sahil Sagoch Shweta Sagoch- Wife Ved Prakash- father Late Smt. Urmila Devi- Mother Rahul Sagoch- Brother Pradeepika Sagoch- Bhabhi

10TH DAY/KRIYA/UTHALA

Mob. 9419753488, 9622452463

With profound grief & sorrow, we regret to inform the sad demise of our beloved Sh. Ashok Kumar Gupta (Akhnoor wale), who left for heavenly abode on 17-06-2023.

The Tenth Day will be held on 25-06-2023 at 11:00 AM at Mahajan Sabha Shalamar Road. Kriya (12 noon)/Uthala (5pm) will be performed at Trikuta Yatri Niwas, Ved Mandir

Complex Amphalla Jammu on 28-06-2023. **GRIEF STRICKEN:-**

Smt. Vidya Devi, BJP veteran (Mother in law)

Smt. Manju Gupta (Wife)

Smt. Chanchal Gupta W/o Late Sh. Kuldeep Gupta (Bhabhi and Brother)

Smt. Kanchan W/o Sh. Kewal Gupta (Bhabhi and Brother) Smt Deepika Mahajan and Sh Pawan Gupta (Daughter and son in law) Er Sahil Mahajan (Son)

Er Rahil Gupta (Son)

Myraa and Inaya (Grand daughters) Mob: 7006224664, 7889519466

TENTH DAY/ KRIYA

With profound grief and sorrow, We inform the sad demise of Smt. Vidya Rani W/o Late. Sh. Ram Murti Sagotra Ward No. 3 Kootah who left for heavenly abode on 16-06-2023.

10TH DAY will be performed at our residence Kootah at 10 am onwards on 25-06-2023 and Kriva will be performed on 26-06-2023 at our residence. Grief Stricken:-

Son's and Daughter-in-Law

Suresh Kumar (JE JP industries) & Kiran Bala Naresh Kumar (Foreman PDD) & Mala Sharma Daughter & Son-in-Law

Smt. Sudha Rani & Sh Ram Krishan Sharma Smt. Santosh Kumari and Manoj Padha **Grandsons & Grand Daughters**

Arjun Sagotra, Divyam Sagotra, Ridhima, Vidhushi Contact No. 9906299220

10TH DAY AND KRIYA

With profound grief and sorrow I regret to inform about the sad demise of my father SH. NANAK CHAND ABROL (RETD. ASI FROM J&K POLICE DEPARTMENT) who left for heavenly abode on 15-06-2023.

10TH Day will be held on Saturday 24-06-2023 at Arya Samaj Mandir near Sabji Mandi Udhampur at 11.30 AM Kriya will be performed on Tuesday 27-06-

2023 at Devika Ghat from 11:00 A.M **GRIEF STRICKEN**

Smt. Vijay Abrol (Wife) Prop.M/S Vikas Ornaments Udhampur Contact No.94191-58290



Smt. Vidya Rani

Sh. Ashok Kumar Gupta

ABROL (Retd. ASI, JKP Deptt.)

10TH DAY/KRIYA

With profound grief and sorrow, we regret to inform the sad demise of Sh. Chuni Lal Bhat R/o H. No 116/0 Tomal Colony Anand Nagar Bohri Jammu

The 10TH DAY KRIYA will be performed a Muthi Ghat at 8 AM on 26/06/2023. GRIEF STRICKEN

GRIEF STRICKEN
Ajay Kr. Bhat SON Mobile No 7006652143
Promilla Bhat W/o Ajay Kr Bhat Mobile No 9419131942
Sanjay Bhat- SON Mobile No 9149492635
Manju Bhat W/o Sanjay Bhat
DAUGHTER & SON IN LAW

Sunita Rani Bhat 9899087146 Arun Bhat -SON IN LAW 7838886083 Avatar Krishen Bhat Brother of Chuni Lal Bhat Mobile No 9622218106 Pinky Bhat W/o Avtar Krishen Bhat

and children: Amit Bhat, Nikhil Bhat, Shreya Bhat, Omika Bhat, Varsha Bhat, Mehak Bhat Grand chi heela Ji Bhat W/o Lt Makhan Lal Bhat hoola Ji Bhat W/o Lt. Bushan Lal Bhat ishni Ji Pandita W/o Sh. Bushan Lal Pand

OBITUARY/10TH DAY With profound grief & sorrow we would like to inform about sad demise of ou beloved father Dr. Brij Kishore Zutshi S/o Late Pt. Janki Nath Zutshi of Poonch presently residing at House No. 06, Sunder Nagar, Camp Road, Talab Tillo, Jammu Tawi on 18th June 2023. **TENTH** DAY KRIYA will be performed at Muth Ghat, Jammu on 26th June 2023 at 9 am GRIEF STRICKEN Mrs. Ratni Kumari Zutshi- WIFE

SH. CHUNI LAL BHAT

Mrs. Giria Zutshi- Bhabhi Rashmi & Anil Zutshi- Daughter in Law & Son (9419211275)
Varsha & Sanjeev Zutshi- Daughter in Law & Son (9419102928) Sadhvi & Ajay Zutshi- Daughter in Law & Son (9815183232) Anita & Sh. H.L Raina- (Daughter & Son in Law (8130698484) Anilla & Sh. Satish Kumar Wattal- Daughter & Son in Law (9810296135) Anjali & Sh. Umesh Kumar Dhar- Daughter & Son in Law (9868935269) Renu & Sh. Sunil Kaul- Daughter & Son in Law (9717046208) AND Adalti's/ Raina's/ Dhar's/ Gandotra's/ Misri's/ Gigoo's/ Kar's

Grand Children - Abhiyank / Karan/ Prechita/ Ayaan & Aadish

MASVAR & VAHARVAR

in our thoughts.

MASVAR and VAHARVAR Kriya of Late Smt. Chand Ran
na, Wo Late Sh. Soom Nath Raina, originally a resident o
abawara, Ananthag, and Batwara, Srinagar, Kashmir, will be performer
- 401 / 502, Pioneer Park, Sector 61, Gurgaon, Haryana or

JUNE THE MENSEL AND KERMINE KELD BY:

Maughter and Son-in-law;

Int. Shyama and Sh. Shiban Ji Raina - 8146711099

Junghters-in-law and Sons;

Int. Sudesh and Sh. Bal Krishan Raina - 8851840422

Int. Sudesh and Sh. Bal Krishan Raina - 88018030036

isters and Brothers-in-law;

Int. Raj Duair and Sh. Ohip Praksah Bhat - 9419136273

Int. Photola and Shr Gop Krishan Raina - 9806659192

Int. Shano and Sh. Tej Krishan Raina - 78880693122

Int. Shano and Sh. Girthart Lal Pandti - 7780444943

Int. Sheela Baskah Sm. Cuddf Balna - Sisters-in-law;

Int. Chord Lal Raina - Brother-in-law;

Int. Chord Lal Raina - Brother-in-law;

hooni Lai Raina - Brother-in-law di daughters and Grand sons-in-law: a and Akshat Waha! Sneha and Ashwani Bhat; Swati and Akshay Wattal di dalarier-si-nlaw and Grand sons: and Sumeet Raina; Suchita and Uday Raina Raina - Grand daughter: n. Zoey, Oeshi, Ahi, and Aarya - Great-grand children

BHOG/ANTIM ARDAS

With profound grief & sorrow, we regret to inform tha our beloved **S. Dalip Singh Bali** S/o Late Bagh Singh Bali of Village Dalwana, Budgam at present H. no 610/D Sainik Colony, Jammu left for heavenly abode on 18-06-2023.

As per programme:-Aramb Shri Akhand Path Sahib- June 23, 2023 a 9. AM at Home

Bhog Shri Akhand Path Sahib- June 25, 2023 a

9.AM at Home Antim Aradas will be performed at Gurudwara Sainik colony, Jammu from 10.30 AM - 12.00 Noon followed

S. DALIP SINGH BALI by Guru Ka Langar GRIEF STRICKEN

Satpal Singh/ Kiran Deep Kour- Son & Daughter in Law Satbir Kour/Harvinder Singh- Daughter & Son in Law CONTACT: 9906825861, 8082790599

10TH DAY / KRIYA

With profound grief and sorrow, we inform the sad demise of our beloved Mother Mrs. Raj Rani Koul W/o Late Shri Rugh Nath Koul of Zainapora, Shopian presently at Muthi Jammu who left for heavenly abode on 19.06.2023 at Shimla, HP.

10th Day / Kriya will be performed at Har ki Pauri Haridwar on 28th of June at 9 am.

Grief Sticken: -Daughter & Son-in-law Ms. Sunita and Mr. Rakesh Bhatt Samast Koul Pariwar

Mob:9911116744, 9818115744

Mrs.Raj Rani Koul

DR. BRIJ KISHORE

ZUTSH

Nivati Abrol (Gouri)

MOURNING FROM IN-LAWS SIDE (MALON SIDE) WITH PROFOUND GRIEF & SORROW WE WOULD LIKE TO INFORM SAD DEMISE OF OUR SON-IN- LAW DR. BRIJ KISHORE ZUTSH S/O LATE PT. JANKI NATH ZUTSHI PRESENTLY RESIDING AT: - HOUSE NO. 06, SUNDER NAGAR, CAMP ROAD, TALAB TILOO. JAMMU ON 18TH JUNE 2023.

TENTH DAY KRIYA WILL BE PERFORMED AT MUTH GHAT -JAMMU ON 26TH JUNE 23RD AT 9 AM. **GRIEF STRICKEN**

SISTER-IN-LAW MRS. RATNI ADALATI W/O LATE SH. G.L ADALATI

SUDHIR & SUSHMA KALOO ADALATI --- (8744883007) SUMEER & PRITI BAKSHI ADALATI SUSHANT & SAHIL ADALATI

With profound grief and sorrow, we regret to inform the sac demise of Niyati Abrol (Gouri). The TENTH DAY will be performed at Udhampur, Chopra Shop, Near Petrol Pump (Home) at 11.00 AM on 25-06-2023. The ANTIM ARDAS will be performed at MES Gurudwara

Chopra Shop (Udhampur) at 1.00 PM on 25-06-2023.

TENTH DAY/ ANTIM ARDAS

IN GRIEF Mom & Dad Mrs Mamta Abrol & Mr Ajay Abrol Tae & Tau Mrs Usha Abrol & Mr. Ashok Abrol

Mrs Varsha Abrol & Mr. Harish Abrol Brother's Mr. Paras Abrol, Mr. Nitish Abrol, Mr Divyansh Abrol

Mamu & Mami Mr. Aditya Anand & Mrs Priya Anand MOBILÉ NO: 9622296717, 9419807051, 9596740690, 7006532968

TENTH DAY/KRIYA

With profound grief and sorrow, we inform the demise of our beloved Smt. Ratno Devi W/o Sh. Mohan Lal R/o Krishna Nagai Kashmiri Basti, Miran Sahib. 10th Day Kriya will be performed on 25th June, 2023 at our resi

dence at 10.00 AM. **GRIEF STRICKEN** Mohan Lal

Son & Daughter-in-law Gagan Deep & Raj Kumari Chaman Deep & Asha Sarmal Aman Deep & Anu Rani Ph.No: 7889739279, 9797391374





Power, water crisis compounds miseries of people: Harsh

TOP NEWS REPORT

UDHAMPUR, Jun 24: Peeved over the power and water crisis besides the neglect of poor and marginalized sections of society, several hundreds of NPP activists led by Harsh Dev Singh, former minister and president NPP took out a massive procession in Udhampur which started from MH morh and culminated at DC Office Udhampur. The processionists raising slogans against the govt passed through many bazaars of the city and submitted memorandums to district officers of power deptt, Jal Shakti Deptt, Social Welfare Deptt, Education Deptt, PMGSY Deptt and finally to DC

Launching a scathing attack on the Government for its gross failure in providing even the basic amenities and essential services to the people including uninterrupted power and water supply, Harsh Dev said that people's distrust was fast translating into anger which could prove disastrous for the present regime. He said that



frequent and unscheduled power cuts, huge voltage fluctuations, irregular supply of water besides polluted and contaminated water supplied in the Jammu city besides other places had created an alarming situation with people boiling with rage against the criminal apathy of helmsmen.

Harsh Dev Singh regretted that the acute power crisis had made the life of common man miserable all across the Jammu region including Samba, Kathua, Udhampur. Reasi. Poonch. Rajouri, Doda, Kishtwar, Ramban during the ongoing summer season. He said that

scheduled and unscheduled power cuts during scorching summer with soaring humidity had thrown life out of gear in both urban and rural areas with clamoring and grievances of people going un-heard and unaddressed.

He regretted that despite the pathetic plight of the people, the mandated leaders of the Saffron Party had failed to pay any head to their concerns. Ridiculing the tall claims made by the State and Central Govt. on good governance. he said that the people of Jammu especially the aged, ailing, traders and the children were having the horrific and

gruesome experiences of the much proclaimed

Drawing the attention of the DC Udhampur towards the major concerns of the people, Singh said that sanitation of the Udhampur town was worst with heaps of garbage having created most unhygienic conditions and none to respond to public outcries. He said that majority of PMGSY roads in rural areas were in shambles and the people had been deprived of due compensation for their lands and structures. Pensions to old aged, physically challenged

'Achhe Din' of the BJP

and widows had not been paid by social welfare deptt for several months. BPL ration cards of several eligible persons had been cancelled in various villages. The MGNREGA payments to workmen were pending in majority of panchayats for years.

The schools and health centres in remote villages were without staff. And despite allround chaos, there were no takers for shrill cries of people for justice, said Singh.

Among those of who spoke on the occasion included Manju Singh General Secretary, Dina Nath BDC Chairman Majalta, Ashri Devi DDC Dudu Basantgarh, Des Raj BDC Chairman Ramnagar, Dharam Singh sarpanch, Pawan Sharma sarpanch, Neelam Kumari BDC Chairperson Parli Dhar, Balbir Singh Anthal district president Udhampur, Ankit Sanson city president Udhampur, Ram Pal Bhagat president SC cell Udhampur, Raj Kumar Sharma vice president besides others.

People show red flag to **BJP in Home Minister's** rally: Sawhney

TOP NEWS REPORT

JAMMU, Jun 24: Former Minister J&K and Senior Congress leader Yogesh Sawhney on Saturday stated that the BJP has completely failed to win over the people in J&K. The recent rally by the Home Minister was a total disaster, and the people openly expressed their disappointment with the regime by walking off mid-rally.

The BJP must wake up to the real situation on ground in Jammu and Kashmir, and realise that people no longer trust them after constant betrayals on their part. Many serious issues are peaking due to the negligence of the government at the Centre and that has sparked resentment among the people, Sawhney said.

The former Minister further said that the from daily wagers, PHE workers to students to general public used this opportunity to expose the government's failures by staging protests against the rally.



cannot expect people to welcome them with open arms when they have brought only more challenges to people's daily lives.

There is no talk of inflation, price rise, we never hear BJP politicians talk about the genuine concerns people share. To address the public and not mention the real issues is a disgrace, Sawhney said.

He further added that their false promises have piled up, neither the Centre nor the UT Administration is taking any steps on the ground to resolve or even hear the people's grievances. People are strugemployment, infrastructure and resources; the situation is very dire.

It is deeply enraging that they have promoted this false propaganda that militancy in Jammu Kashmir has declined on their account, where in fact the opposite is true. Acts of militant nature have increased in the last few years, have become bolder and happen in the open.

The white washing being done by the Centre is unacceptable but the people living in Jammu Kashmir know the harsh reality and will not forget the sheer negligence and betrayal by BJP, he stated.

Retd XEn joins Congress in Bishnah

Bhalla demands holding of assembly elections in J&K



TOP NEWS REPORT

BISHNAH, Jun 24: J&K Pradesh Congress Committee Working President Raman Bhalla on Saturday said that Congress represents the urges and aspirations of people and it will continue to serve them as an instrument of service and safeguard people's rights.

He made these comments at Bishnah where Retd XEn Surinder Devgoda along with several workers joined Congress in massive rally at Bishnah and expressed confidence in the pro people policies and programmes of Congress.He welcomed the new entrants hoping that their joining will inspire others to join Congress given its pro people policies, transparent and principlebased politics.

Prominent among those present on the occasion include Jammu District Rural President Hari Singh Chib, Sewa Dal Chief Vijay Sharma, Secy JKPCC Satish Sharma, Congress Refugee Cell Chairman Amrit Bali, NSUI President Ajay Lakhotra, Distt Vice President Ajaib Singh Mottan, Vice President INTUC Shashi Sayal Sarpanchs Deepu Singh, Rajesh Sharma, Rinku Langeh, Karan Singh, Naib Sarpanchs Gurnam Singh, Pawan Kumar, Raman Kumar,

Latish Sharma, Satish Sharma besides others They vowed to work for further strengthening Congress.

Bhalla expressed confidence that the new entrants will utilize Congress platform to serve people to the best of their ability, besides strengthening Congress party further in their respective areas, as that, it is the Congress Party alone which represents urges and aspirations of the people in true sense.

"Congress Party is strong enough, it cannot be cowed down by the falsehood and malicious propaganda of BJP," Bhalla added and urged the Party workers to remain steadfast to serve people and highlight their issues for their resolution.

Bhalla dismissed Shah's J&K visit as "cosmetic" and said he is the one that "refused to acknowledge the ground realities"

Expressing utter disappointment over the visit of Union Council of Ministers to Jammu and Kashmir, he termed it as a futile exercise since not even a single demand committed with the people has been fulfilled.

Terming visit as an eye wash and a strategy to divert public attention from Government's failure, Bhalla asked Govt to send its ministers with some funds in hands so that they can redress the public issues in real sense. He said that this public outlet campaign is going on from last couple of years but it has remained as a flop show and high expectation of public from these

visits have fallen flat. Asserting that Jammu and Kashmir residents want the restoration of their "honour and dignity", Bhalla on Saturday demanded holding the much-delayed assembly elections in the Union Territory for the "empowerment of the people".

"The people across Jammu and Kashmir are feeling disempowered by the bureaucratic regime. On the other hand, the unnecessary delay in holding assembly elections has given rise to a feeling of alienation among the people that needs to be addressed at the earliest," Bhalla said.

Bhalla alleged that the basic needs of the people — be it electricity, drinking water, roads, infrastructure for hospitals and educational institutions — are not available in border villages due to the poor response from Govt.

Rtd XEN Surinder Devgoda who joined Congress today expressed confidence that only Congress can address issues of J&K people and hit out at Centre for failing people of J&K on all fronts.

SMVDU Alumni receives University Gold Medal and Rajeev Naaz Memorial Gold Medal

TOP NEWS REPORT

KATRA, Jun 24: Dr. Adishree Vats, an alumni of SMVDU and a Ph.D degree holder in the subject of English, under the supervision of Dr. Anurag Kumar and Dr. Amitabh Vikram Dwivedi, receives two gold medals- "University Gold Medal" and "Rajeev Naaz Memorial Gold Medal" for securing first position in M.A. English (2016) at the Special Convocation held at Zorawar Singh Auditorium, University of Jammu, on 22nd June, 2023.

The historical day was held in the presence of Vice President of India and Chief Guest, Jagdeep Dhankar, Lieutenant Governor, J&K and Chancellor, University of Jammu, Manoi Sinha, Advisor to Lieutenant Governor, Higher



Education, Rajeev Rai Bhatnagar, Vice Chairman, J&K Higher Education Council, Prof. Dinesh Singh, Vice-Chancellor, University of Jammu, Prof. Umesh Rai, Controller of Examinations, Sanjeev Mahajan, Registrar, University of Jammu, Prof. Arvind Jasrotia and other dignitaries.

BEM grieves over demise of Rohit

TOP NEWS REPORT

AMRITSAR, Jun 24: To mourn the unfortunate demise of Rohit Kumar, the Batwal Samaj Ekta Manch Punjab held a condolence meeting at Kairon Mangal, which was attended by a large number of Batwal community members hailing from different corners of Punjab.

Manch Chief Patron Dharam Pal Bassa mentioned to community members that Rohit Kumar was 23 and hailed from Village Gegian of Tehsil R

He belonged to Tugga clan of Batwal community. He was the only bread earner in his poor family. He left behind him three sisters and ailing parents.

All present prayed to Almighty to grant eternal peace to the departed soul and give family the forbearance to bear this imeasurable loss boldly.

The Manch sent Rs 6000 to JKBS General Secretary R.L Kaith through Google pay for onward handing over to the bereaved family.

Among others who attended the meeting included Chairman Joginder Pal Behal, President Surinder Singh Kaith, General Secretary Ashwani Chanjotra, Legal Advisor Tarsem Chanjotra, Naresh Lakhotra, Rajinder Lakhotra, Manik Nandan, Pawan Lakhotra, Hem Raj Motan, Surti Lal Motan and Dev

BADC expresses concern over poor performance of Poonch in District Good Governance Index

TOP NEWS REPORT

JAMMU, Jun 24: Jammu and Kashmir Border Area Development Conference (JK-BADC), a registered organization working for the welfare of residents of border areas of J&K has expressed serious concern over the poor performance of district Poonch in recently released edition of District Good Governance Index (DGGI), wherein out of 20 districts of J&K, district Poonch attained 2nd last position(19th) just above Reasi.

Ranking of a district under District Good Governance Index(DGGI) is indicator and parameters to measure the performance of a District with regard to Agriculture & Allied sector, Commerce & Industry, Human Resource Development, Public Health Sectors, Public Infrastructure & Utilities, Social Welfare & Development, Financial Inclusion, Legal & Public Safety, Environment,

Citizen-Centric Governance. Dr Shazad Ahmed Malik, Chairman of JK_BADC and former Vice Chancellor while giving his reaction over the poor performance of district Poonch in District Good Governance Index of J & K has requested the Deputy Commissioner Poonch to fix responsibility of all the department and officers so that next year border district Poonch brings out some better results and provide better services to its people.

The BADC Chairman also asked the DC to hold sensitization and capacity building programs for district officers so that they also help out in achieving the target of making Poonch a role model for Citizen centric Governance. The former VC also offered all the help of his organization to district administration Poonch to hold any training and capacity building program for officers.

OFFICE OF THE DIVISIONAL FOREST OFFICER, SEED DEVELOPMENT DIVISION, JAMMU.

Corrigendum

Sub: Maintenance of 50000 Nos. of PB plants raised in 2022-23 of different species at SIDHRA-I Under scheme CAPEX Ref: - e-NIT No 08 of 2023-24Dated: 26.05.2023.

Due to low response of bids in response to the above cited e-NIT, the said e-NIT is hereby retendered and the new dates of submitting bids and opening of bids shall be as under

> Last date of submitting online bids 06.07.2023

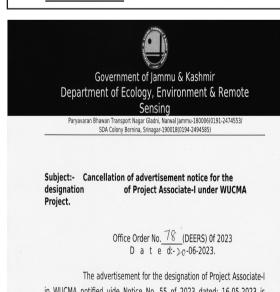
07.07.2023 Date of Opening of Bids

DIP/J-3840/23

Divisional Forest Office Seed Development Division

No:- JKFRI/SDD/J/F-181/2023-24/ 586-90

Dt:- 21.06.2023.



in WUCMA notified vide Notice No. 55 of 2023 dated: 16-05-2023 is hereby cancelled due to administrative reasons. Fresh advertigement will be issued separately.

DIP/J-3836/23



NORTHERN RAILWAY Senior Divisional Mechanical Engineer (C&W) Firozpur acting for and on behalf of The President of India invites E-Tenders for the works/services listed below. Bidders

23.06.2023

will be able to submit their original/revised bids up to closing date and time only. Manual offers are not allowed against these tender, and any such manual offer received shall be ignored. Contractors are allowed to make online payments against these tender. Document cost and earnest money only through online payment modes available on www.ireps.gov.in portal like net banking, debit card, credit card etc. Manual payments through Demand draft, Banker's cheque, Deposit receipts, FDR etc. are not allowed. Date of uploading Date and Time of Type opening E-Tende

	Systen	Time 15:28	hours Time 15	:00 hours	Time 1	5 :15 hours
S/N	Tender No.	Details of Tender				
1.	06-2023- LHB	Fabrication & Fitment of amenity items in coaches of train no. 14620, 14624, 12414, 12472/74/76/78, 12204, 12460, 12054 & 14674 at C&W depots of Firozpur division for two years.				
		Advertised Value	Tender Document Cost	Earnest Money	Validity of Offer	Period of completion
		1,94,17,789.81/-	NIL	247100.00	45 Days	24 Months

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EDITORIAL

NUCLEAR POWER

hilosophers had imagined atom as the basic component of all the elements of the universe thousands of years ago, but the present day scientists have got the credit of experimenting and proving it. Today, the superpower obtained from fission of atom is being used for both great destruction and public interest.

The great scientist Einstein proved that matter can be converted into energy and energy into matter. According to him, one ounce of fuel (uranium) can generate power equal to 1.5 million tons of coal. Scientist 'Rutherford' had achieved success in making the first atomic explosion in 1919 AD.

After this, American scientists tested the atomic bomb in the desert of Alamogedro on July 13, 1945 and achieved success and after this Soviet Russia 1949, England in 1952, France in 1960, China in 1964, India and Pakistan in 1998 joined the ranks of nuclear-armed countries. Today Russia and America have become hydrogen bomb making countries. The capacity of the hydrogen bomb is one hundred and fifty times greater than that of the bomb dropped on Hiroshima. The concept of neutron bomb is also in the womb of the future.

There are both destructive and beneficial forms of any invention. It is unfortunate that the politicians adopted the destructive form of nuclear power. On August 6 and August 9, 1945, during World War II, America dropped atomic bombs on the cities of Hiroshima and Nagasaki in Japan, there was widespread destruction.

Today even a small country like Pakistan has become a nuclear power nation from where nuclear bomb technology and terrorism are being exported all over the world. If these deadly weapons fall into the hands of terrorists, then don't know how many population of the whole world will be destroyed. This danger has given sleepless nights to the wise people of the world.

Nuclear power is not only destructive but also benevolent. Today, fatal diseases are being treated with its help. Miraculous use of nuclear power can be seen in the field of energy. Radiocobalt dating for measuring the growth of crops and protecting them from pests is now being combined by isotopes. Apart from this, positive use of nuclear power is being made in completing laborious tasks like changing the flow of rivers, cutting mountains etc.

In India, 1956 E. 'Bhabha Atomic Research Center' was established in Trombay. The use of nuclear power for human welfare has become possible through this center. It was further expanded in 1961 AD. An underground test was conducted on May 18, 1974 in the Pokhran area of Rajasthan.

Thus India became the sixth nuclear power country in the world. Nuclear explosions have made it possible to locate minerals, dig canals and make underground reservoirs etc. Dangers of nuclear power – Like other scientific production, the use of nuclear power is also not free from dangers.

The pollution caused by radiation is dangerous and deadly. Nuclear power is being used today for electricity generation. Utmost care and safety is necessary while using nuclear power.

The terrible radiation crisis in Russia's Chernobyl nuclear plant had put the lives of many people in danger. Similarly, due to the earthquake and tsunami in Japan in 2011, a terrible problem of radiation from nuclear plants had arisen there. Prevention in this danger can be possible only by constant vigilance.

There was uproar in the whole world on the nuclear explosion by India in 1974 AD. Similarly, it happened after the 1998 blast as well. But gradually the whole world recognized that nuclear power-rich India is a strong supporter of world peace. Our point of view is as follows in the words of national poet 'Dinkar'-

But now it seems that continuously affected and disappointed by the indecisiveness, treachery and condemnable diplomacy of the neighbors, India is thinking of making some changes in its nuclear policy. The no-first-nuclear-strike policy is under stress.

Celebrating 100th Year of Journalism in Jammu & Kashmir

By: Sakshi Chaurasia & Dr. Vinit Utpal

ammu and Kashmir is celebrating 100th year of Journalism. On 24th June, 1924, was the day when the first weekly newspaper 'Ranbir' in Urdu published in Jammu and Kashmir. Lala Mulk Raj Saraf established this newspaper as he is called the Father of Journalism of J&K. The meaning of 'Ranbir' is 'the knight of the battlefield.' Initially, Lala Mulk Raj Saraf had intended to title of the paper as "Pahari" and the press "Dogra Press" but finally the title of the paper was decided as 'Ranbir' and this is coincided with the name of the late Maharaja Ranbir Singh, son of Maharaja Gulab Singh, who was the founder of the Jammu and Kashmir State. He is also the father of Maharaja Pratap Singh.

The leading article in the sample issues was titled 'Righteousness' in which the significance of the word 'Ranbir' was highlighted. A poem was also published in that issue and this is composed by Sayed Zulfiqar Ali Nasim Razvi, who heartily supports the common cause of the Hindus and the Muslims and whatever it would say, would not be word-fencing or prolix. The aim and object of the newspaper 'Ranbir' was decided as to promote feelings of loyalty and sympathy between the ruler and his people as well as to publish the interesting, important and latest happenings in the state and the up-to-date main events of the world. Other objectives are to promote feelings of unity and integrity amongst different sections and various classes of the people, to channelise public opinion to beneficial purposes, to place before the ruler the genuine grievances of the people for their proper redressal and to discuss the educational, social, cultural, economic and other conditions in the State.

The Ranbir promoted various causes through news and views, including the elimination of the system of forced labor, which is reminiscent of the barbaric ages, the eradication of corruption, which is destroying many wealthy and affluent families, the elimination of terrorism against the people of the State, particularly in the removal of rural indebtedness, the development of communications technologies, and the adoption of appropriate measures.

Lala Mulk Raj Saraf was born on 8th April, 1894 in Samba and graduated from the Prince of Wales College, Jammu. Thereafter, abandoned a law course at Lahore to start his journalistic career as a sub editor of the famed nationalist newspaper, 'Bande Matram' under Lala Lajpat Rai. He was initiated to publish the newspaper as the intuition of social work. He made Mr. Vishav Nath Wadehra as the managing editor of the newspaper. At that time, the political and educational atmosphere was very challenging and the lay foundation of a newspaper was a herculean task and this made Saraf a great national builder. The advertisement rate of Ranbir was an anna and a half per line for the first time and an anna per line subsequently. The first issue of Ranbir contained three pages of advertisements.

The birth of Ranbir was welcomed by several people at that time as renowned story-writer Munshi Prem Chand expressed his great pleasure. The great revolutionary Lala Har Dayal sent his message from Sweden and noted it

as a significant event in the history of Indian Press.

As part of his civil disobedience campaign against British India, Mahatma Gandhi started the historic march to Dandi on March 12, 1930, in defiance of the prohibition on salt. It created a huge uproar across the whole country, led to his arrest, and unexpected processions and hartals across the country, including in Jammu. The Ranbir newspaper supporting the freedom fight faced several difficulties when it was prohibited in 1930 because of what was seen to be subversive publicity in relation to Mahatma Gandhi's detention at the time. Due to its vociferous support of the demand for the state's admission to India, this daily was once more banned in June 1947. This periodical was crucial in organizing public opposition to Pakistani invasion.

Lala Mulk Raj Saraf also published the famous Urdu journal for Children named 'Rattan'. His work extended beyond the realm of journalism; he used his position as a journalist to get access to the state's socio-political formation during and after independence. Interestingly, from January 27, 1941, the last page of the Ranbir was published in Hindi to cater to the Hindi-knowing people. This initiative was not encouraged by the public, thereafter the Hindi supplement had to be given up. From August 30, 1943, the Ranbir had begun to be published twice a week.

He promoted the prohibition of forced labor, the reduction of agricultural indebtedness, and the elimination of corruption through his means of communication, his periodical Weekly Ranbir, which subsequently developed into a daily newspaper. On March 22, 1921, Lala Mulk Raj Saraf first wrote to Maharaja Pratap Singh to request his approval to start a newspaper and a printing press. Lala Mulk obtained the state of Jammu and Kashmir's approval for the first newspaper after through a number of phases over the course of more than three years. Maharaja Pratap Singh gave rupees 100 annually while Sir Raja Hari Singh gave rupees fifty annually for these pioneer enterprises. In addition to the editorial and other features that are typically included in a weekly newspaper, the first 12-page edition also included writings by Lala Pandit Har Kishan, Hans Raj Vakil, and Sardar Budh Singh Lal Habib, Syed Zu-ul-Fikar Ali Nasim Razvi, Maulvi Mohd Zain-ul-Abdin Kohi Samahanavi, Pandit Ram Saran Das, and Dr. Barkat Ram are some of the individuals mentioned. The final day of Ranbir's operation was May 18, 1950.

(Sakshi Chaurasia is a student of P.G. Diploma in Digital Media and Dr. Vinit Kumar Jha Utpal is the Assistant Professor at Indian Institute of Mass Communication, Jammu)

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How I know that BoJo tells lies... He's been doing it for a long time!

By: Farrukh Dhondy

nce again, gentle reader, I have been overlooked by ex-PM BoJo for a knight-hood or a seat in the House of Lords. This is, I admit, conjecture. BoJo submitted several names, perhaps 45 for all ranks of honours in his "resignation list".

This list is then passed to a vetting committee which can accept or refuse the nominations. It is then up to the sitting PM, now Hedgie Soongone -- sorry, I meant Sunak (this wretched predictive text!) -- to override these acceptances and rejections. In this instance the committee rejected several of the listed names, only some of which have been disclosed to the media.

What I'm getting at is that BoJo may well have nominated someone to be -- ahem! -- Lord Dhondy of Sachapir, and it may have been squashed by the dastardly, self-seeking and jealous committee or even Hedgie? Who knows!

You see, BoJo has proved through his nominations that he has rewarded with honours everyone who did his bidding. In India we'd call these maha-chamchas, though the Brits have a ruder name and call them lickers of a particular secret part of the anatomy. Just check the list. Going to the Lords are Priti

"Clueless" Patel and the current mayor of Tees Valley, Ben Houchen, who is under scrutiny for a corrupt development deal of a "free port" involving millions of pounds. He is of course innocent until proved guilty of this corruption, but he can't be acquitted of, metaphorically speaking, the BoJo bum-lick.

But then, gentle reader, BoJo has nominated people who worked in 10 Downing Street and could supply ample and damning evidence of his breaking the rules as in "Partygate". At least five of his nominations are of internal functionaries who know what went on with him and what went on in the Conservative Party headquarters.

Now I am no conspiracy-walla, and yet it seems likely that these honours bestowed on the "loyal and uncomplaining" apparatchiks is a sort of hush-money. Here's a bauble, now keep your mouth shut.

Having worked this out for myself, and not received the long-awaited nomination as Lord Dhondy of Sarbatwalla Chowk, I am now ready to break ranks. You see, gentle reader, the main accusation against BoJo is that he lied to Parliament. He lied his way to the prime ministership with ludicrous claims about the benefits of Brexit. He lied to his wife. He lied about his affair with an IT American lady when he was mayor

of London ... it is generally accepted that he economises when it comes to the truth. His trump card in difficult circumstances is dishonesty.

Now that no seat in the House of Lords is to be warmed by my eminent backside, I can blow the gaffe. I mean I have definite evidence of an instance when BoJo didn't tell the truth and so I'm going to let the large feline beast out of the recyclable bag. Here's the story with the witness named! Several years ago, this acquaintance of mine, Charles Sobhraj -- yes, the convicted serial killer -- before he landed up in jail in Kathmandu came to me with a question.

"Fa'ook", he asked "what is Wed Mercuwy"?

I know a bit of physics and keep up with its scandalous claims, so I told him it was something the Russians say they had invented from antimony which acts as a nuclear trigger. On enquiry, I found out that he had gone to Bahrain to sell Red Mercury which he and associates would obtain from ex-Soviet arms dumps in the ex-Soviet countries, to some Arab gentlemen. He said he had evidence of this meeting and I asked him if these Arabs could have been Iraqis. He said yes.

However reluctant I was to admit that Tony Blair and George W. Bush may have been correct about Sadam Hussein amassing weapons of mass destruction, here was possible evidence that he could have been. I told Charles that he was sitting on one huge, international scoop and if he came over to London from Paris, I would introduce him to some journalists who would use this internationally sensational story.

He came. The only journalist I thought of calling worked for the Spectator, and Charles and I went to his place early next morning and he summoned the editor of the weekly magazine, at the time, one Boris Johnson.

BoJo heard Charles' claim and said the story was too big for a weekly and he called a journalist from the Daily Telegraph and introduced him to Sobhraj. The whole story, and more, is there in my book Hawk and Hyena! (Advertising again? And didn't you say 'first time'? -Ed).

Years later, in 2021, Andrew Antony, a journalist from the Observer and Guardian, interviewed Sobhraj in Kathmandu jail, heard this story and, on his return to London, called me to verify it. I did. He then called BoJo's now-prime ministerial office and BoJo said he never met the serial killer Charles Sobhraj, but he did recall meeting me.

In baba-school we used to say: "Liar, liar lipstick,/ Born on a broomstick/ Broomstick broke/ Liar got a poke.

NC delegation led by Ajaz Jan meets DC Poonch, discusses issues concerning Poonch people

TOP NEWS REPORT

POONCH, Jun 24: A delegation from the National Conference, led by Ajaz Jan, Provincial President Youth JKNC Jammu, and former Legislator, met with Choudhary Mohammad Yasin, IAS, to extend their heartfelt congratulations on his appointment as the Deputy Commissioner of Poonch District. The delegation, comprising the District President, Block President, Sarpanches, Councillors, and prominent individuals from the district, expressed their confidence in his leadership and pledged their support towards resolving the challenges faced by the general public.

During the meeting, Ajaz Jan conveyed his congratulations to Deputy Commissioner Ch Yasin and expressed his hope that the newly appointed official would work diligently towards addressing the pressing issues that the local community is grappling

One of the prominent



concerns raised by the senior National Conference leader was the inadequate road connectivity in the district. He highlighted the urgent need for improvements in this area and urged the Deputy Commissioner to take necessary steps to address this long-standing prob-

In addition, Ajaz Jan expressed serious concern over the delayed approval of the Pradhan Mantri Awas Yojana (PMAY) issues for over three years. He emphasized the adverse impact this delay has had on the general public and

called upon the Deputy Commissioner to expedite the resolution of these pending matters.

The delegation also requested the Deputy Commissioner's intervention in accelerating the pace of development projects in remote areas, particularly in relation to road construction. The completion of these road works before the onset of the upcoming winter season was deemed crucial to ensuring improved connectivity and the well-being of the local populace, he

Furthermore, the former Legislator drew

ing these concerns and attention to the deplorimproving the overall able condition of the power supply in far-flung well-being of the people areas, citing the current of Poonch District. Prominent those who scorching heat as a criti-

cal factor. He appealed

to Deputy Commis-

sioner Yasin to address

this issue promptly and

ensure regular power

supply to these regions.

Giving a patient hear-

ing, the Deputy Com-

missioner Ch Yasin

reassured the visit-

ing delegation that he

understood the gravity

of the aforementioned

challenges and assured

to prioritize their resolu-

tion. He expressed his

commitment to work tire-

lessly towards address-

accompanied are Bagh Hussain Rathore, Sayed Khurshid Shah, Najab din Dar, Thakur Shiv Ratan, Raju Thakur, Saleem Qazi, Shivratan, Shafeeq Baba, Prvinder Singh, Sukhdev Singh Naveen Singh, Yaseen Shah, Mohd Rustam, Shamim Barachar, Sonu Singh, Abdul Jabar Tantary, Rafiq Diku, Gulam Mohammad Gulla Diku, Sunnuulla sheikh, Guffar Sahib, Kh Andul Razak, Rustam Ishaq Khan and

Beopar Mandal President Haji Tasleem Mir urges action on delayed Karnah Tunnel Project

TOP NEWS REPORT

KUPWARA, Jun 24: Haji Tasleem Mir, the President of Beopar Mandal Karnah, has written a letter to the Chairman of the Sadhna Tunnel Coordination Committee, highlighting the concerns of the residents of Karnah Valley regarding the delayed tunnel project. The letter emphasizes the need for consistent progress updates and urges the committee to take immediate action.

In his letter, Haji Tasleem Mir begins by expressing his well wishes and then proceeds to discuss the matter at hand. He acknowledges that the committee has been vocal about the demand for the tunnel during harsh winter conditions, when the community faces the most difficulties. However, he emphasizes that addressing the issue throughout the year is equally important.

The Beopar Mandal President reminds the Chairman that the Central Government had previously assured the completion of the Detailed Project Report (DPR) for the tunnel by June. To his disappointment, he has learned that no tangible steps have been taken so far, causing frustration among the residents of Karnah Valley. The lack of information regarding the delay has prompted him to write the letter.

Haji Tasleem Mir kindly requests the Chairman to convene a meeting of the core committee members at the earliest convenience. During the meeting, he suggests that they collectively draft a memorandum addressed to the govern-

ment. This memorandum would seek clarification and information regarding the delay in the tunnel project's progress. It would highlight the concerns of the residents, reiterate the urgency of the tunnel for the community's wellbeing, and request a detailed update on the project's current status.

The Beopar Mandal President believes that by formally addressing this matter, they can bring it to the attention of the appropriate authorities and expedite the process. He stresses that the timely completion of the tunnel project is vital for the prosperity and development of Karnah Valley. The residents have placed their hopes in the committee to advocate for their rights.

Haji Tasleem Mir concludes the letter by expressing his anticipation for a positive response from the Chairman and the opportunity to contribute to this important cause. He believes that by working together, they can ensure that the concerns of the public are heard, and the committee's efforts result in tangible progress for the beloved valley.

The letter serves as a reminder to the authorities and stakeholders involved in the tunnel project that the residents of Karnah Valley eagerly await updates and action.

The Beopar Mandal President's proactive approach in addressing the issue highlights the importance of timely and consistent progress in infrastructure development for the welfare of the community.

CMO Doda reviews status of healthcare services



TOP NEWS REPORT

DODA, Jun 24: To review the healthcare scenario of the District and functioning of Pharmacists and ANMs working in the District, the Chief Medical Officer Doda Dr Ab Hamid Zargar on Saturday chaired a meeting at ANMT School Doda.

During the meeting, various key performace health indicators were discussed threadbare,

wherein all the participants were directed to put in extra efforts to improve the public health delivery system.

The CMO Doda took a detailed review of the achievement besides job responsibility of ANMs and Pharmacist at health facility for the better patient care, besides reviewed assessment of work, status of junk free facility and status of water and electricity supply. The CMO urged upon

all the participants to come up to the expectations of the patients and focus on quality affordable healthcare and to deliver their beat services in their respective areas

CMO Doda said that the aim of conducting meeting envisages to adequately sensitize the health staff to

ising all-rounder- a right-

sibilities assigned to them besides to impart knowledge and skill sets to equip them to carry out core activities in the field, in order to provide better healthcare services to the people.

meeting was Mohd Kumar Pandita (Head

carry out the respon-

Among others in the Shafi Attu (HE), Rishi Phst) and DPM NHM Doda Jahangir Mehta.

Cycle Race 'Pedal for Peace' to be organized by J&K Police tomorrow

TOP NEWS REPORT

SRINAGAR, Jun 24: Jammu & Kashmir Police is organizing Cycle Race-2023 "Pedal for Peace" in collaboration with J&K Cycling Association Srinagar at Lake View Police Golf Course Boulevard Srinagar on June 25, 2023 (Sunday) under its Civic Action Program 2023-

Manoj Sinha Lieutenant Governor J&K has kindly consented to be the Chief Guest during the Flag in ceremony.

The event is being held under the natronage of Dilbag Singh- DGP J&K. S.J.M Geelani-IPS ADGP Armed J&K is the Chairman, while Shahid Mehrai DIG Armed Kashmir is the Organizing Secretary and Tahir Saleem-SSP Commandant JKAP-5th Bn is the Nodal Officer. To review the arrange-



related to the event. During the meeting Kuldeep Handoo-DySP (Sports) APHQ gave

all the officers for timely

completion of their

respective assignments

detailed presentation viz-a viz the arrangements made on ground for successful conduct of the event and all the related arrangements were discussed threadbare.

The meeting was also attended by all the designated Nodal Officers/ Chairman of the Sub-Committees and Associated Officials including Abdul Qayoom-IPS (DIG IR Kashmir), Suhail Munawar Mir (SSP Crime Branch Kashmir), Bakar Hussain Samoon-SSP (CO IR-23rd Bn.), Mohammad Aslam SSP (CO JKAP 13th Bn.), Abdul Hakim Munshi-SSP (CO IR-3rd Bn.), Tahir Saleem-SSP (CO JKAP 9th Bn.), Muneer Ahmad-SP (Dy.CO IR-20th), Feroz Ahmad-SP (APCR Kashmir), and Kuldeep Handoo-DYSP (Sports) APHQ J&K.

JKCA player selected for National Camp

TOP NEWS REPORT

JAMMU. Jun 24: Nasir Lone U-25 Men's Player of JKCA has been chosen by the National Selection Committee to join an all-rounders Camp being organised by the Board of Control for Cricket in India (BCCI) at National Cricket Academy Bangalore. "In a communication

received from Mr VVS Laxman, Head NCA, the Association has been informed that Mr Nasir Lone has been selected to join the Camp for allrounders to train under



the tutelage of the NCA Coaches at Bangalore. The Camp will be held from August 28 to September 6, 2023," stated Brig Anil Gupta, Member-Administration JKCA.

"Nasir Lone is a prom-

arm medium pacer and a right-handed middleorder batter. During the last season, he performed fabulously while representing JKCA in U-25 Men's State A One Day Tournament and Col CK Nayudu U-25 Multi Day Tournament and the same performance helped him to get the National Selectors nod for joining this Camp," said Mithun Manhas, Member Cricket Operations and Development

"The selection of Nasir Lone is another shot in the arm of JKCA who

JKCA.

players have started knocking the doors of National Cricket. The allrounders Camp is being organised by the BCCI to train the potential allrounders for the National Team," informed Brig Anil Gupta.

He further informed that Abid Mushtag, another talented spinning all-rounder from J&K will be leaving Jammu on June 25 to join the North Zone Duleep Trophy team at Bangalore. North Zone will play its first match against North East Zone at Bangalore on June

KCWT greets SSP Rajouri for his people friendly approach Our society is in dire



TOP NEWS REPORT

RAJOURI, Jun 24: Kotli Colony Welfare Trust (KCWT) Chairman Chandan Datta met SSP Rajouri and discussed present scenario and situation of Rajouri.

SSP said that Rajouri police is always available 24x7 to people and also appreciated the cooperation of all segment of society for maintaining peace and harmony in district.

SSP strongly stated that Rajouri police is working hard to eradicate drug menace and regarding that organising many events and awareness campaign to aware our youth to stay away from drugs.

ASP Rajouri Vivek Shekhar said that we are after drug peddlers and identify such persons who are threat to our society and hit them hard under direction by worthy District SSP Rajouri.

For this civilise society of Rajouri of different communities stand on toe to support us to curb out drug menace.

Datta has praised the ethical policing under able supervision of very upright and honest officer Amritpal Singh and ASP Vivek Shekhar.

Datta vividly said Rajouri has witnessed change in policing in just

few days after Amritpal joined as SSP Rajouri.

need of an efficient police officer like him to serve mankind in real sense and work at ground level. Since he joined Dist Rajouri police is in lime light to control crime & other social evils. Datta praised and

thanked whole dist Rajouri police team to acknowledge KCWT selfless n tireless work to keep our society crime and drug free and helps police to reduce it to greater extent.

In the function organised at SSP office ASP Rajouri Sh Vivek Shekhar, DSP HQ Latif were also present and thanked Chairman KCWT Chandan Datta to acknowledge and appreciate Rajouri Police sincere policing which keeps our moral high to stand for righteousness and establish law and order.

Govt Degreee College Mandi organizes event on Yoga

TOP NEWS REPORT

MANDI, Jun 24: The NSS and NCC units of GDC Mandi organized Yoga exercises in collaboration with Police Mandi and BSF Mandi to commemorate International Yoga Day.

The resource persons to perform Yoga exercise and to inform students and staff about the importance of Yoga were from BSF Mandi and from Police Station

Mandi. The program was presided over by Prof. Zamir Ahmed Mirza Principal of the College. A large number of NSS and NCC students were present on the occasion. All Faculty members including Dr. Aurangzeb Anjum IQAC & NSS program officer of the College, Dr. Abdul Razaq (HOD Urdu & NCC), Dr. Liyaquit Ali(HOD English), and other member of non-teaching staff were present. The program ended with a role of thank to all.

Paul McCartney defends new Beatles song for using Al

The 'Live and Let Die' hitmaker had previously explained AI had been used to make John's vocals on the song 'pure'

The Beatles legend Paul McCartney has claimed there will be nothing "artificially or synthetically created" on the upcoming new song.

Last week, the 80-year-old musician announced that work had been finished on 'the final song' by the group -- which also included drummer Ringo Starr and the late George Harrison and John Lennon -- using Artificial Intelligence (AI), but he's now spoken out again to clarify the track doesn't feature a digitally-generated likeness of the 'Imagine' singer's voice, reports aceshowbiz.com.

Paul tweeted, "Been great to see such an exciting response to our forthcoming Beatles project. No one is more excited than us to be sharing something with you later in the year. We've seen some confusion and speculation about it. Seems to be a lot of guess work out there."

"Can't say too much at this stage but to be clear, nothing has been artificially or synthetically created. It's all real and



we all play on it. We cleaned up some existing recordings - a process which has gone on for years. We hope you love it as much as we do," he said.

The 'Live and Let Die' hitmaker had previously explained AI had been use to make John's vocals on the song 'pure'.

He told BBC Radio 4, "When we came to make what will be the last Beatles record, it was a

demo that John had. We were able to take John's voice and get it pure through this AI. Then we can mix the record, as you would normally do."

Sir Peter Jackson's 2021 Beatles documentary 'Get Back' pushed them to complete the song because Paul explained the director "was able to extricate John's voice from a ropey little bit of cassette." "We had John's voice and a piano and he could separate them with AI. They tell the machine, 'That's the voice. This is a guitar. Lose the guitar'," he added.

The music legend didn't name the song, but according to reports, it's said to be 'Now and Then'.

John -- who was murdered in New York in 1980 aged 40 -penned the song and his widow Yoko Ono handed it to his bandmate in 1994 on a tape labelled 'For Paul'.

It had been considered for release as part of the band's 'Anthology' project, which included a documentary, a three-volume set of double albums, and a book on the history of the group.

However, they went for 'Real Love' and 'Free as a Bird' from the same tape.

Iconic Beatles producer George Martin refused to produce the former track, so they recruited ELO's Jeff Lynne, who had already co-produced the latter tune.

Isha Talwar to star in new series, Chamak



Actress Isha Talwar is set to be a part of Chamak, an upcoming web series that delves into the world of Punjab's music industry. The show focuses on an artiste's journey and their relationship with fame.

About being part of the show, Isha says, "I am happy to be a part of Chamak, a web series that delves into the nitty-gritties of the Punjabi music industry. This show goes beyond the glitz and glamour to explore an artiste's journey and their complex relationship with fame. It's very close to my own journey in many ways. I am thrilled that I learnt how to play the Dhol for this one."

Chamak is directed by Rohit Jugraj Chauhan and is slated to stream in August on SonyLiv.

Gayatri Bhardwaj talks about her latest series, 'Highway Love

Amazon MiniTV recently released the series Highway Love. It is a romantic drama that follows two individuals who meet unexpectedly, delving into the power of human connections, the complexities of love and self-discovery. It features Ritvik Sahore and Gatayri Bharadwaj as the leads.

Gatayri Bharadwaj says, "I loved my character when it was narrated to me. There are certain characters that you just connect with. Moreover, I knew I would be opposite Ritvik, and because our last show did well, it felt like a perfect opportunity to do something again that the audience would love." She adds, "There is so much warmth and



happiness in the series, as well as a lot of conflict. I am hoping the

audience will be able to enjoy the work that we have put in."

Suhana Khan becomes proud owner of agricultural land in Alibaug worth Rs 13 crore: Reports

Shahrukh Khan and Gauri Khan's daughter Suhana Khan is gearing up for the release of her much-anticipated Bollywood debut in Zoya Akhtar's 'The Archies'. Fans are looking forward to witness her talent on the big screen. But, before her debut, Suhana is making headlines for achieving another milestone.

Suhana Khan, according to the Economic Times, has spent Rs 12.91 crore on a property in Thal Village, Alibaug. The property consists of three residences built on 1.5 acres of land.

As per reports, the transaction took place on June 1. Suhana had to pay a stamp fee of Rs



77.46 lakh to complete the transaction. Suhana is referred to as an agriculturist in the registration forms.

The report further suggests that the land has been bought from three sisters named Anjali, Rekha, and Priya Khot, who inherited it from their parents.

Notably, the land is

registered in the name of Deja-Vu Farm Pvt Ltd, with the farm's directors being Shah Rukh Khan's mother-in-law Savita Chhibber and sister-in-law Namita Chhibber.

However, an official

confirmation has yet to be received. The Khans' property in Thal is not their first

Shah Rukh Khan has a sea-facing house in Thal

that features lavish amenities such as a swimming pool and a helipad. Surprisingly, Shah Rukh Khan spent his 52nd birthday here.

Meanwhile, Suhana Khan will soon make her acting debut in Zoya Aktar's 'The Archies'. The film's ensemble cast promises to be intriguing. Suhana will appear with Khushi Kapoor, daugther of superstar late Sridevi and Boney Kapoor, and Agastya Nanda, Amitabh Bachchan's grandson. Mihir Ahuja, Dot, Vedang Raina, and Yuvraj Menda all play important roles in the film.

The film recently released its trailer to positive reviews.

Scarlett Johansson's 'incredibly helpful' husband Colin Jost took care of baby Cosmo while shooting 'Asteroid City'

Hollywood star Scarlett Johansson, who is known for her role as Black Widow in the MCU said that her husband Colin Jost was "incredibly helpful" with their baby son Cosmo on the sets of 'Asteroid City' and even helped burp the baby.

In a conversation with People magazine, Johansson got candid about filming her latest project 'Asteroid City' just eight weeks after giving birth to her son Cosmo in August 2021.

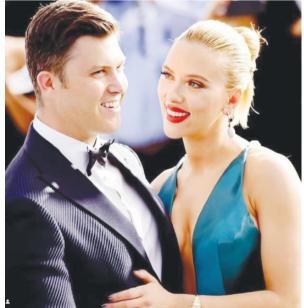
"I hadn't worked," she recalled. "Not just because I had a baby, but there was Covid. I hadn't shot anything in like three years or something like that." She shared that going

back to work was made easier with the help of her 'Saturday Night Live' star husband.

"He was able to come for like a week or something like that, which was also incredibly helpful, especially because you need someone to burp the baby in the middle of the night," she revealed. "It's great when it's your

partner there to help you do it." The actress also joked that Jost had a great time "enjoying the fruits of my labour" as he got to enjoy a surprise musical performance from Brazilian musical artist Seu Jorge while she was busy filming.

Earlier, during a chat with 'CBS Mornings', Johansson gave some insights into her mar-



riage with Jost.
"I don't profess to know anything about that," Johansson said

when asked about the

secret to marriage. "I will say, we have such a ...we laugh a lot and we communicate with one another and check

in." She continued: "I'm married to a writer, he's a comedy writer.

He can get, like, very in his head sometimes, he's sort of introverted. I'm extroverted, and so I think the key for us is just always checking in, just asking at the end of the day, 'How was your day?'" Johansson, (38), and Jost, (40), got married during an intimate ceremony in 2020, a year after becoming engaged.

In 2021, Johansson and Jost announced the arrival of their son, Cosmo. Johansson is also the mother of eight-year-old Rose, whom she shares with her exhusband, French journalist Romain Dauriac.

Leena Goenka is set to portray Dimple in &TV's Bhabiji Ghar Par Hai



Actress Leena Goenka is slated to join &TV's cult comedy, Bhabiji Ghar Par Hai. She will portray the character Dimple, who will cause a significant upheaval in Vibhuti's (Aasif Sheikh)

life.
Talking about Bhabiji

Ghar Par Hai, the actress says, "Being part of this show fills me with joy. I have been a dedicated viewer, and Vibhuti's character has always held a special place in my heart. It feels great to be a part of the show now and share the screen with Aasif Sheikh. I was initially nervous about performing scenes with him, considering he is someone I grew up watching. But he quickly put me at ease and supported me throughout. The entire team, along with Aasif ji, is friendly and supportive. It is no surprise that the show is doing well, as the comic timing of each actor, both on and off screen, is impeccable."

Sony Sab's Dhruv Tara completes 100 episodes

Sony SAB's Dhruv Tara recently completed 100 episodes. The show follows the love story of Dhruv (played by Ishaan Dhawan) and Tara (played by Riya Sharma), who belong to different eras. Riya says, "Playing Tara has been a dream come true, and I am grateful to the viewers for their love and support. I feel privileged to be part of a show that celebrates the strength of love and transcends the boundaries of time."



Jennifer Lawrence gets nervous working with method actors

Actor Jennifer Lawrence recently got candid about her work style.

In an interview on 'Hot Ones', Jennifer revealed that method actors make her nervous, The Hollywood Reporter reported.

"I would be nervous to work with someone who's Method (acting). Because I would have no idea how to talk to them, 'cause like, do I have to be in character? That would just make me nervous," she said. Jennifer explained how

her techniques have



changed throughout her career and she credits

Christian Bale for giving her a new idea.

"I had always been very on/off on/off until I did American Hustle and worked with Christian Bale, who I noticed when the camera started rolling and the crew started preparing and it would be about 10 seconds to action, he (Bale) would start getting ready," the actress said. "I saw that and was like, 'That seems like a really good idea.' So then I started to do that," she added.

Jennifer has made her name in Hollywood throughout the last decade, with starring roles in The Hunger Games franchise, Winter's Bone, American Hustle, X-Men franchise, Don't Look Up, Mother! and Silver Linings Playbook, which earned her an Oscar for best leading actress. Her new film 'No Hard Feelings' hit the theatres today. In 'No Hard Feelings', Jennifer plays a downon-her-luck Uber driver who accepts a job trying to seduce a 19-yearold whose helicopter parents don't want him heading off to college as a virgin.

Gene Stupnitsky has directed the project.

Tamil Studies Chair will be established at University of Houston: PM Modi

NEW DELHI/ WASHINGTON, Jun 24 (Agencies): Prime Minister Narendra Modi, on the final day of his three-day trip to the US, said that a Tamil Studies Chair will be established at the University of Houston. He was addressing the Indian diaspora in Washington DC.

"This is the best time to invest as much as possible in India. The research centre for Google's AI in India will work on more than 100 languages. Besides, with the help of the Indian government, a Tamil Studies Chair will be established at the University of Houston," PM Modi said, as quoted by news agency.

In a joint statement, PM Modi



and US President Joe Biden welcomed the move and they have accepted to reinstate the Vivekananda Chair at the University of Chicago to further

research and teaching of Indian history and culture.

"Prime Minister and President Biden hailed the growing bilateral education partnership

between the US and India. Indian students are on pace to soon become the largest foreign student community in the United States, with an increase of nearly 20 per cent in Indian students studying in the US last year alone," read the joint statement.

"The leaders welcomed the establishment of a new joint Task Force of the Association of American Universities and leading Indian educational institutions, including the IITs, and the nomination of councils on each side, and noted their interim recommendations for expanding research and university partnerships between the two countries," the statement added.

Mob torches Manipur minister's godown, tries to burn down residence



IMPHAL, Jun 24 (Agencies): A group of people set on fire a private godown of Mani-

pur minister L Susindro at Chingarel in Imphal East district, reducing it to ashes, police said on Saturday.

An attempt was also made to torch another property of the consumer and food affairs minister and his residence at Khurai in the same district on Friday night but timely intervention prevented it.

Security forces fired several rounds of teargas shells till midnight to prevent the mob from gheraoing his Khurai residence, police said.

No casualty was reported in the incident.

Former CM Ibobi Singh to represent Congress in all-party meeting

NEW DELHI, Jun 24 (Agencies): Former Manipur Chief Minister Okram Ibobi Singh will represent Congress in the all-party meeting on Manipur convened on Saturday by the Home Ministry in Delhi.

While stating this, Congress general secretary Jairam Ramesh noted the "vast experience and deep knowledge" of Ibobi Singh, and said he should be listened to in all seriousness.

Accusing the BJP of "failing Manipur miserably", Ramesh said the meeting should have taken place in Manipur and presided over by the Prime Minister.

"52 days after Manipur started burning the HM has finally seen it fit to call an all-party meeting on Manipur at 3 pm today. This meeting should actually have been chaired by the PM who has kept silent all this while. It should have been held in Imphal as a demonstration of national anguish. The BJP has



failed the people of Manipur miserably," Ramesh said

Ibobi Singh brought Manipur back on the path of peace and development as CM for three terms between 2002 & 2017, Ramesh said.

West Bengal panchayat polls: 1 killed, 3 injured in crude bomb blast

KOLKATA, Jun 24 (Agencies): One person was killed and three were injured after a crude bomb went off in a mango orchard in West Bengal's Murshibabad district on Saturday, police said.

Alim Sheikh (26), who was critically injured in the blast, was rushed to a local hospital where he was declared dead. The three others are being treated for injuries in the same hospital, police added.

Sheikh, who hailed from Kapasdanga village in Beldanga, was a history-sheeter, police

In another incident, three persons sus-



tained minor injuries after crude bombs were hurled during a clash between Trinamool and Congress activists at Raninagar in Murshid-

abad, police said. The incidents triggered a war of words between the ruling and opposition parties with the BJP and the Congress accusing the Trinamool of engaging criminals to make crude bombs to spread

panic in the run up to the July 8 panchayat polls. BJP national vicepresident Dilip Ghosh said the incidents reveal TMC's bigger game-plan to intimidate opposition candidates and prevent their supporters from going out to vote.

WBPCC president and Berhampore MP Adhir Choudhury said, "Miscreants sheltered by the TMC are making bombs to trigger widespread unrest ahead of the rural polls. We don't have faith in police as they are not taking action against local-level Trinamool leaders." TMC state spokesperson Joy Prakash Majumdar said the number of deaths and injuries from such incidents has gone down drastically since

the party came to power in 2011.

Majumdar said there was no evidence to prove TMC's involvement in the Beldanga incident and claimed that the opposition was levelling false charges against the ruling party.

He accused the BJP and the Congress of engaging miscreants of making bombs to create disturbances and show the state in poor light.

Widespread violence over the filing of nominations for the three-tier panchayat polls has left at least eight people dead and several injured in various parts of the state in the past two

Goods Train Derails After Collision With Tractor In UP's Agra; 6 Injured

AGRA (UTTAR PRADESH), Jun 24 (Agencies): At least six persons were injured when a tractor trolley they were travelling in collided with a goods train, leading to the derailment at a level crossing on Bansi Paharpur-Rupbas rail section in the early hours of Saturday, the police said.

"The collision led to the derailment of four wheels of a wagon of the train," officials with North Central Railway

"Train no. BXR Spl (LD-42 BCN 01 BV); EP no. 31823, dashed with a road vehicle (tractor trolley) and got derailed by one wagon with four wheels first from train engine at LC Gate no. 27," Agra division of North Central Railway stated.

The injured people were rushed to a nearby hospital. No casualties were reported in the collision incident, officials

An accident relief train has been rushed to the



spot, and restoration work has been started, they said.

Earlier on June 21,

at Vizianagaram railway station in Andhra Pradesh.

According to the raila goods train derailed way officials, the incident happened while moving from the loop track to the main track.

The Railway officials had said that the goods train was carrying an empty container box and the incident happened while the goods train was in a loop line and a single tyre of the goods train had derailed.

Though no injury or major damage was reported in the derailment, the incident disrupted the movement of trains on the section for several hours.

UP man shoots himself dead after killing friend, four family members



MANIPURI, Jun 24 (Agencies): A man allegedly killed his friend and four family members before shooting himself dead in a village here on Saturday, police said. Mainpuri Superinten-

Kumar said police

dent of Police Vinod

received information early in the morning that Shiv Veer Yadav (28), a resident of Gokulpur Arsara, has allegedly killed his brothers Bhullan Yadav (25) and Sonu Yadav (21), Sonu's wife Soni (20) and brotherin-law Saurabh (23) as well as friend Deepak (20) with an axe. Shiv Veer Yaday also

injured his wife Doli (24) and maternal aunt Sushma (35), the police officer said, adding the accused then shot himself with a pistol.

The injured have been admitted to the district hospital in Mainpuri and the bodies have been sent for post-mortem, the police officer said.

He added that the reason behind the incident was not clear yet and an investigation was underway.

Emergency Drills: Air Force Jets Touch Down On UP's **Purvanchal Expressway**

SULTANPUR, Jun 24 (Agencies): The Indian Air Force fighter jet and transport aircraft performed an emergency exercise on the Purvanchal expressway airstrip today.

Speaking to news agency, District Magistrate Sultanpur Jasjeet Kaur said, "Around 10 jets and aircraft performed a touch-and-go exercise on the airstrip in which one AN32 (Transport aircraft) completely landed on the airstrip.

"This is an emergency exercise performed by IAF to check the quality and strength of the airstrip so that emergency jets could easily land and go on the airstrip," said the District Magis-

She said that the Mirage fighter jet, Jaguar jet and Antonov AN32 were part of the exercise



"Today's IAF emergency exercise was performed in the presence of senior IAF officials and ground staff. Mirage fighter jet, Jaguar jet and Antonov AN32 were part of today's exercise," said Jasjeet Kaur.

She further said Sukhoi was also part of today's exercise but due to bad weather conditions in Bareilly, it couldn't make for today's event as it was scheduled from Bareilly.

For today's event, an area of 5 kilometres of Purvanchal expressway near Sultanpur was under repair since June 11, all the dividers were removed from the area of the airstrip for the safe and secure landing-andgo of aircraft.

The first IAF exercise on the Purvanchal expressway was performed on November 16, 2021, just before the Uttar Pradesh assembly elections.

Vadodara resident arrested for posing as PMO official for school admission of kids

VADODARA, Jun 24 (Agencies): A man from Guiarat's Vadodara city has been arrested for posing as a PMO official to secure the admission of two children in a private school here and trying to dupe it of huge sums with his fake identity, an official said on Saturday.

The arrest of Mayank Tiwari on Friday comes months after an Ahmedabad resident, Kiran Patel, was held from a five-star hotel in Jammu and Kashmir for posing as a senior official from the Prime Minister's Office (PMO). Hospitality apart, Patel had also enjoyed security cover by tricking officials in

Identifying himself as a director (strategic advisory) at the PMO in New Delhi, Tiwari first got in touch with the school and its trustee in March 2022, during the admission season, said the official from Waghodia police station in the city. Tiwari, a middle-aged man, sought the school's help with the admission of two sons of his "family friend", whom he described as Indian Army official Mirza Baig and said he was being transferred to Vadodara from Pune, the official said.

The school's director asked Tiwari, whose WhatsApp status said he was a "PMO official", to meet the trustee, who is also associated with a private university in Vadodara. To impress upon the trustee, Tiwari told her that he could use his clout as a "PMO official" and get the school involved in the field of education research and get them various projects if they took care of the expenses, the official said The smooth-talker took the trustee and the school's director into confidence with the intention of cheating them of huge sums, said the first infor-

mation report (FIR). He also secured the admission of the two children as special cases, the official said. A few months later, the trustee had doubts about Tiwari's claims of being a PMO official and the education research projects mentioned by him. She then started talking to people in

her circle and made a discrete inquiry

about Tiwari, the official said. The trustee later found out that Tiwari was not a PMO official and had conned them by spinning a tale about his "immense influence". Also, his profession was not clear, said the FIR. The trustee then alerted the school last month. On a complaint by the school administration, the Waghodia police on Friday registered a case against Tiwari under Indian Penal Code sections 406 (criminal breach of trust), 420 (cheating), and 170 (personating a public servant) and arrested him. Tiwari is the second person, after Kiran Patel of Ahmedabad, from Gujarat to have been arrested in recent months for claiming

to be a PMO official. Patel was on his third visit to the Kashmir valley with his fake identity when he was nabbed by security officials on March 3. Till then, had enjoyed top-class hospitality and security cover in Kashmir by claiming himself to be a senior official in the PMO.

Fire at mall in Andhra Pradesh, property worth Rs 5 crore destroyed



PRAKASAM, Jun 24 (Agencies): A massive fire broke out at a shopping mall in Andhra Pradesh's Prakasam district, resulting in a loss of property worth Rs 5 crore. However, no casualties have been reported. The incident occurred in the wee hours of Saturday, due to an electric short circuit.

Fire department officials were informed after the fire spread rapidly. The fire brigade

rushed to the spot with two fire tenders and brought the situation under control nearly after an hour. The owner of the

shopping mall claimed that Rs 15 lakh stored at the counter of the store got burnt in the fire. Cloth stores and textile

shops in the mall were reportedly burnt.

actions against the Russian

people, not to carry out the

criminal and traitorous orders

of Prigozhin, to take measures

to detain him." The state news

agency TASS quoted Kremlin

spokesman Dmitry Peskov as

saying that all of Russia's main

security services were reporting

Security was being tightened

in Moscow, Mayor Sergei Soby-

anin said on his Telegram chan-

In Washington, U.S. President

Joe Biden was briefed on the sit-

uation, a White House spokes-

About 2 a.m. (2300 GMT),

Prigozhin posted a message

on the Telegram app saying his

forces were in Rostov and ready

to "go all the way" against the

top brass and destroy anyone

About 5 a.m. (0200 GMT), the

administration of the Voronezh

region, on the M-4 motorway

between the regional capital

Rostov-on-Don and Moscow,

said on Telegram that a military

convoy was on the highway and

urged residents to avoid using it.

Unverified footage posted on

social media showed a convoy

of assorted military vehicles,

including at least one tank and

one armoured vehicle on flatbed

trucks. It was not clear where

they were, or whether the cov-

ered trucks in the convoy con-

tained fighters. Some of the

vehicles were flying the Rus-

Footage on channels based in

Rostov-on-Don showed armed

men in military uniform skirting

the regional police headquar-

MILITARY CONVOY

who stood in their way.

person said.

to Putin "round the clock".

Putin vows to crush 'armed mutiny' after Russian mercenary boss tries to oust top brass

Wagner chief takes feud with top brass to new level; Prigozhin says army bombed his men, vows 'justice'

MOSCOW, Jun 24 (Agencies): Russian President Vladimir Putin vowed to crush what he called an armed mutiny after rebellious mercenary chief Yevgeny Prigozhin said on Saturday he had taken control of a southern city as part of an attempt to oust the military leadership.

The dramatic turn, with many details unclear, looked like the biggest domestic crisis Putin has faced since he ordered a full-scale invasion of Ukraine - which he called a "special military operation" - in February last year.

In a televised address, Putin said that "excessive ambitions and vested interests have led to treason", and called the mutiny a "stab in the back".

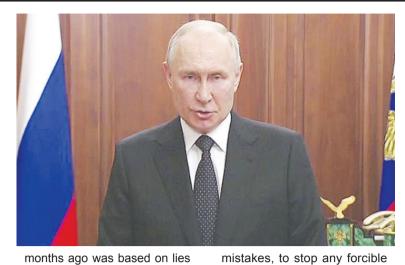
"It is a blow to Russia, to our people. And our actions to defend the Fatherland against such a threat will be harsh." "All those who deliberately stepped on the path of betrayal, who prepared an armed insurrection, who took the path of blackmail and terrorist methods, will suffer inevitable punishment, will answer both to the law and to our people," Putin said.

Prigozhin had demanded that Defence Minister Sergei Shoigu and Valery Gerasimov, chief of the General Staff, whom he has pledged to oust over what he says is their disastrous leadership of the war against Ukraine, come to see him in Rostov, a city near the Ukrainian border that he said he had seized control of.

He had said he had 25,000 fighters who would "restore justice" and had alleged, without providing evidence, that the military had killed a huge number of fighters from his Wagner private militia in an air strike, something the defence ministry denied.

Prigozhin's Wagner militia spearheaded the capture of the Ukrainian city of Bakhmut last month, and he has has for months been openly accusing Shoigu and Gerasimov of incompetence and of denying Wagner ammunition and support.

On Friday, he had appeared to cross a new line in the feud, saying that Putin's stated rationale for invading Ukraine 16



months ago was based on lies concocted by the army's top brass.

"The war was needed ... so that Shoigu could become a marshal ... so that he could get a second 'Hero' [of Russia] medal," Prigozhin said in a video clip.

"The war wasn't needed to demilitarise or denazify Ukraine," he said, referring to Putin's justifications for the war. In one of many overnight frenzied audio messages, he had then made clear that he was moving against the army.

"Those who destroyed our lads, who destroyed the lives of many tens of thousands of Russian soldiers, will be punished. I ask that no one offer resistance...," he said "There are 25,000 of us and we are going to figure out why chaos is happening in the country," he said, promising to destroy any checkpoints or air forces that got in Wagner's way.

He later said his men had been involved in clashes with regular soldiers and had shot down a helicopter.

A Russian security source told Reuters that Wagner fighters had also taken control of military facilities in the city of Voronezh, about 500 km (310 miles) south of Moscow. Reuters could not independently confirm that assertion or many of the details provided by Prigozhin.

Russia's FSB security opened a criminal case against Prigozhin for armed mutiny and said his statements were "calls for the start of an armed civil conflict on Russian territory".

It added: "We urge the ... fighters not to make irreparable

ters in the city on foot, as well as tanks positioned outside the headquarters of the Southern Military District.

Agency confirmed the locations shown but could not determine when the footage was shot.

Prigozhin denied that he was trying to stage a military coup.

He said he had led his fighters out of Ukraine to Rostov, where a video posted by a pro-Wagner Telegram channel showed him, seemingly relaxed, conversing with two generals at the headquarters of Russia's huge Southern Military District.

The video showed him telling the generals: "We have arrived here, we want to receive the chief of the general staff and Shoigu. Unless they come, we'll be here, we'll blockade the city of Rostov and head for Moscow."

Russian local officials said a military convoy was indeed on the main motorway linking the southern part of European Russia with Moscow, and warned residents to avoid it.

Army Lieutenant-General Vladimir Alekseyev - who was later to appear with Prigozhin in the video from Rostov-on-Don - issued a video appeal asking Prigozhin to reconsider his actions.

"Only the president has the right to appoint the top leadership of the armed forces, and you are trying to encroach on his authority," he said.

An unverified video on a Telegram channel close to Wagner showed the purported scene of an air strike against Wagner forces. It showed a forest where small fires were burning and trees appeared to have been broken by force. There appeared to be one body, but no more direct evidence of any attack.

It carried the caption: "A missile attack was launched on the camps of PMC (Private Military Company) Wagner. Many victims. According to eyewitnesses, the strike was delivered from the rear, that is, it was delivered by the military of the Russian Ministry of Defence."

The Defence Ministry said the allegation was false.

Taiwan Says China's Air Force Approached Close To Island's Coast

Top News of J&K

Jammu, Saturday, June 24, 2023



TAIPEI, Jun 24 (Agencies): Eight Chinese war planes crossed the Taiwan Strait's median line and approached close to the island's contiguous zone that is 24 nautical miles (44 km) off its coast on Saturday, the Taiwanese defence ministry said, in a further rise in tensions.

China's air force over the past three years has routinely flown into the air space around Taiwan. Since August it has regularly sent jets across the strait's median line, which had previously served as an unofficial barrier.

Beijing claims democratically governed Taiwan as China's territory. Taiwan's government rejects the claims and says only the island's people can decide their future.

In March, Taiwan Defence Minister Chiu Kuo-cheng warned that the island had to be on alert this year for a "sudden entry" by the Chinese military into

tory.
Taiwan defines its contiguous zone as being 24 nautical miles from its coast. Its territorial space is defined at 12 nautical miles from its coast, though the government has not reported Chinese aircraft entering either the contiguous zone or Taiwan's

territorial air space.
Taiwan's defence ministry said in a statement that starting around 8 a.m. (0000 GMT) on Saturday, it had detected 19 Chinese warplanes, including J-10 and J-16 fighters. Eight of those crossed the median line and "got close" to the 24 nautical

mile mark, it said.

At the same time, the ministry said five Chinese warships carried out what it termed "joint combat readiness patrols".

Taiwan sent up its own aircraft and dispatched ships in response and activated land-based missile systems, the ministry said, using

standard wording for how its forces react to Chinese incursions.

China's defence ministry did not answer calls seeking comment.

On Saturday, the Chinese military's Eastern Theatre Command, which covers Taiwan, published pictures on its WeChat account of J-16 fighters taking off on a training mission "far out at sea" that happened "recently".

The command said the aircraft carried out "tactical long-range flight training" involving in-flight refuelling that covered "thousands of kilometres". It did not give details.

During China's last large-scale war games near Taiwan, in April, videos of the exercise released by the Eastern Theatre Command showed its vessels and planes coming within 24 nautical miles of Taiwan on all sides of the island.

The Taiwan Strait, which separates the island from its giant neighbour China, is a also a frequent site of US military activities, especially US warships which transit the sensitive waterway about once a month.

The US Navy this month released a video of what it called an "unsafe interaction" in the strait, in which a Chinese warship crossed in front of a US destroyer.

New Russian missile strikes hit Ukraine

KYIV, Jun 24 (Agencies): Russia launched a fresh barrage of missiles against Ukraine early Saturday, causing damage and casualties, according to Ukrainian authorities.

In the central city of Dnipro, "several houses were completely destroyed. Huge crater after the explosion", mayor Borys Filatov said on Telegram.

Air defences also "detected and destroyed more than 20 missiles in the airspace around Kyiv", said Sergiy

Popko, head of the Kyiv military administration. Falling debris caused a fire in a 24-storey building, leaving at least two injured, he said.

In the country's second-largest city Kharkiv, a gas pipe was destroyed, causing a fire but no casualties, regional governor Oleg Syniegubov said. Earlier, the Ukrainian air force also

reported missiles heading in the direction of the northern regions of Sumy and Poltava.

Gotabaya Rajapaksa 'destroyed' records of mass graves during 1989 Marxist rebellion

COLOMBO, Jun 24 (Agencies): Sri Lanka's former President Gotabaya Rajapaksa reportedly destroyed police records of a mass grave discovered in the country when he was the military coordinator during the Marxist rebellion of 1988-89, an international rights group has alleged.

The report titled 'Mass graves and failed exhumations in Sri Lanka', authored by four organisations — Centre for Human Rights Development (CHRD), Families of the Disappeared (FOD), International Truth and Justice Project (ITJP) and Journalists for Democracy in Sri Lanka (JDS) — was released.

The mass graves were discovered in Matale district of central Sri Lanka in 2013. The report aims to analyse shortcomings in the Sri Lankan exhumations



which include 155 bodies at Matale, and at Mannar where 81 bodies and 318 skeletons were exhumed.

The report said Rajapaksa's alleged action was "a prime example of political interference". The report advocated that Sri Lanka should take action against him under Article 12 (4) of the International Convention on the Protection of People from Enforced Disappearances

India's history not only influenced me, but shaped entire globe: Kamala Harris

WASHINGTON, Jun 24 (Agencies): US Vice President Kamala Harris said India's history and teachings have influenced and shaped the world, asserting the country has inspired millions of people through its philosophy.

She also said India is a "very important" part of her life and that she is deeply connected to the country.

"The history and teachings in India and of India have not only influenced me, they, of course, have shaped the entire globe," Harris said in her address at a luncheon hosted by her and Secretary of State Antony Blinken in the honour of Prime Minister Narendra Modi.

"Throughout history, India has inspired millions of people around the world, whether through philosophy and theology, the power of civil disobedience, or the commitment to democracy," she said.

Harris, during her remarks, recalled her journeys to India when she was a child.

"When my sister Maya and I were growing up, our mother would take us from the Bay Area to India pretty much every other year. The purpose of those trips were many, including that we would well understand where she came from, what produced her; so that we could spend time with our grandparents, with my uncle and our chittis; and to really understand the love of good idli," she said amidst laughter.



"We traveled to visit my grandparents in what was then called Madras. And I will tell you, my grandfather was one of the favorite people in my life, truly. We were pen pals, in fact, throughout my childhood," she said.

Harris said her grandfather had a great influence on her.

"I was the eldest grandchild. And so, as I'm sure many of you know, culturally, being the eldest has a certain significance. And so, I took full advantage of that status in our family. And my grandfather, of course, convinced me -- as he did, I think, every one of his grandchildren -- that we were his favorite. Yet, on those visits, I was the only member of our family that my grandfather allowed to join him for his morning routine," Harris

"You see, by the time that we were going there as children, my grandfather had retired from his career as a civil servant. And his morning routine, every morning, consisted of taking long walks

on the beach with his retired buddies. And they, as retired civil servants, would debate the issues of the day," said the vice president. "I would hold my grandfather's hand on these walks and listen intently to him and his friends. I will tell you, as a young girl, I don't think I fully appreciated the essence and the import of the debates that they would have. But, I did clearly understand and do recall stories about the freedom fighters and the nation's founding heroes and about the independence of India. I remember them talking about the importance of fighting corruption and fighting for equality, regardless of one's belief or caste," she said.

The Vice President said conversations with her grandfather at a young age influenced her thinking.

"Throughout these walks, I recall my grandfather teaching me lessons about not just what it means to have a democracy but to keep a democracy. I do believe it is these lessons that

I learned at a very young age that first inspired my interest in public service. I look back now and I do fully realise how much these conversations influenced me and my thinking, and how they have guided me ever since," she added.

since," she added.

"In fact, it is a large part of who I am today -- these lessons I learned from my grandfather, P.V. Gopalan, and from the dedication, determination, and courage of his daughter, my mother, Shyamala. And that is the reason that I stand before you today as vice president of

the United States," Harris said. She thanked Modi for his role of leadership to help India emerge as a global power in the 21st century. "You have helped to reinvigorate the Quad. Your leadership of the G20 is making new strides on climate finance. And you have been a proponent of international institutions and global solutions to global challenges," she said.

"And as a point of personal privilege, as chair of the National Space Council, I thank you for your leadership in space and for our joint work on an earth science satellite, which will help us address the climate crisis. And I will also thank you because when you and I first met at the White House, I asked you to join the Artemis Accords: a commitment to the safe and transparent use of space. I am happy to report, as you have, that you have joined the Artemis Accords," she added.

Sri Lanka to barter tea for Iran's oil



COLOMBO, Jun 24 (Agencies): Sri Lanka is set to start bartering tea

to Iran next month in lieu of \$250 million owed for oil, a Sri Lankan official said, as the crisis-hit country tries to lift sales to a key market and protect its forex reserves.

The barter was agreed upon in 2021 for oil imported in the year 2012, but the exchange was delayed after the island nation's unprecedented dollar shortage last year plunged the economy into its worst financial crisis in more than seven decades.

MoS External Affairs Meenakshi Lekhi visits Sharda Temple at LOC Teetwal

Top News Report

KARNAH, Jun 24: Minister of State for External Affairs and Culture Govt. of India Meenakshi Lekhi paid a visit to Sharda Yatra Temple at LoC Teetwal today

. "We feel pleased to have a first cabinet minister of present govt. on this occasion today" said Ravinder Pandita Head of Save Sharda Committee. Earlier she also visited many places in Kupwara district.

Sharda Peeth was once the center of learning of the Indian Subcontinent to which scholars flocked in reverence seeking scriptural and spiritual knowledge. Sharda script native to Kashmir is named after the Goddess Sharda (also invoked as the Goddess Saraswati), the goddess of learning and the main deity of the Sharda Peeth. Gurmukhi, Tibbettan, Pahari and even Urdu before Nastalik script is derivative of Sharda lipi.



Sharda Peeth is one of the maha shakti peeths, Goddess Sati's right hand is believed to have landed here. The Sagar Manthana(nectar) was carried by Myna (Brown coloured bird called Haerr in local dialect here) in her beak and was finally placed here. Two drops of nectar were spilled at Kaloosa in Bandipora and Gagloosa in Kupwara, forming natural Shilas. After long penance, Rishi Shandiliya was bestowed with Darshan of Sharda Mai near Tejuvan village in the vicinity of Sharda Peeth.

Yogiraj Swami Nand

Lal Koul Ji, a Kashmiri

saint was the last to sit

and manage Sharda Peeth (POK) and migrated to Tikker in Kupwara in December 1948 after partition & tribal raids. One can still find His wooden house out there in Shardi village in POK.

The Sharda Yatra temple at Teetwal was completely burnt down in the aftermath of the partition and the subsequent tribal invasions which also resulted in the holy pilgrimage being abandoned.

A Gurudwara stood adjacent to this temple which was also destroyed. The locals preserved & handed over this plot to Save Sharda Committee

by Sringeri Mutti dor taken to this newly structed Sharda Te

The Panchloha Sharda Murti donated by Sringeri Mutt was taken to this newly constructed Sharda Temple at LoC Teetwal Kashmir beginning on 24th January' 2023(Guru Tritya annual Convocation day in Sharda University in ancient times) & was consecrated inside Teetwal Temple on Chaitra Maas Shukla Paksh pratipada on Navreh (Ist. Navratra) 22nd March'2023.

Peetham Sringeri, has

been used.

The temple was inaugurated by Home Minister Amit Shah in presence of LG Manoj Sinha, Tejasvi Surya MP and Ravinder Pandita, Head of Save Sharda Committee Kashmir Regd via Live Streaming.

On the occasion Amit Shah in reply to a question by Ravinder Pandita before a live audience candidly asserted that GOI will take steps to open Sharda Corridor on the lines of Kartarpur corridor.

J&K Shiromani Akalidal deputation meets Khatana



Top News Report

JAMMU, Jun 24: A deputation of Jammu and Kashmir State Shiromani Akalidal under the leadership of S Darbinder Singh President Shiromani Akalidal J&K met Gulam Ali Khatana nominated member of Rajya Sabha and secretary and spokesperson of Bhartiya Janta Party Jammu & Kashmir unit and submitted the memorandum and asked him to concede the just and genuine demands of Sikh community.

It is unfortunate that the central as well as Jammu and Kashmir government has ignored the Punjabi language while implementing the official languages in Jammu and Kashmir and declared the languages like dogri, which has no script of its own and not given the status of official language to Punjabi having its own script and used since centuries by the 85% population of

Jammu and Kashmir

so it's demanded that

Punjabi language be

given status of official

language.
Prime Minister Narendra Modi during election in J&K, as the present PM in 2014 has already promised Rs.30 lakh to all POK refuges of 1947 but has only given Rs.5.50 lakh and remaining 24.50 lakh

be also released at the

rliest.

It is also demanded that the quota for refugee unemployed youths be fixed in recruitment at par with other reservations for SC/ST categories.

The Basties (inhabitants) of 1947 POK refugees be regularized at earliest.

Those who participated in the deputation were Harjinder Singh Raina Ex-General Secretary DGPC Jammu, Mohinder Singh Chief Organizer Bhai Kanahya Nishkam Sewa Society J&K, Rajinder Singh General Secretary Shiromani Akalidal J&K, Bhopinder Singh (Bhola) and Charanjeet Singh.

AAP leaders visit Reasi, listen to public issues



Top News Report

REASI, Jun 24, The workers of Aam Aadmi Party (AAP) Naresh Kesar Secretary Jammu Province, Chhote Lal Vice president district Samba and Sardar Didar Singh President block Pouni district Reasi conducted a tour of Katra, Talwara and Pouni of District Reasi under the leadership of Rajesh Pargotra Provincial Vice President Jammu and met the public of the said area.

The public of this area of district Reasi listened to the version of the workers patiently, whatever the workers relat-

ed them regarding the public friendly policies of Aam Admi Party. The workers showed the public the full preparedness for the Parliament, Assembly, Local bodies and in PRI'S Elections and necessitated the public to utilize their enfranchisement sagaciously for AAP.

The public of block Pouni reported that the post of SDM has been sanctioned at block Pouni but no functionary has been provided till date. In addition to that the public of Pouni reported inadequacy of health facilities and demanded an accidental super speciality

hospital at Pouni.Moreover it has also been reported by the public of Talwara and Pouni that the facilities of drinking water and road connectivity are very poor at Pouni and Talwara where the people victims of militancy of Bhagankot, Mumankot and Balmatkot have been

residing as migrants.

At Reasi a mother child hospital has been running without doctors and it is a matter of colossal anxiety that an amount of 1 crore has been spent on its renovation and it seems that the money has been squandered for cor-

ruption. More than one score of doctors of different posts in different disciplines have been sanctioned for this hospital but a few doctors are functioning in this hospital for a bulk population of 50 thousand. It is a matter of much consternation (Alarm).

Kashmir regd. headed

by Ravinder Pandita

on 14 Sept. 2021 on

the occasion of annual

Sharda Yatra upto the

last point of LOC in

Teetwal. While digging

on the ground where

the temple used to exist,

remnants of the earlier

structure were found in

the form of partial stone

structure of the ear-

lier temple, burnt wood

frames, nuts and bolts

and a smoking chillum.

The architecture and

construction of this

temple is in keeping

with the heritage of the

Sharda Peeth for which

carved granite stone

from Magadi near Ban-

galore, Karnataka, duly

supported by Sharda

It has also been reported by the public of Reasi that illegal extraction of minor minerals such as boulders, Bajari and Sand is being made in the Broad-Day-Light worth of rupees 25 to 30 lakh per day in connivance with DC Reasi.

Recently the white

Gold or the Lithium has been found in this region in scattered form right from Jungal Gali upto Thakarakot including the area of Sujan Dhar and Thun Pal to the Quantum of 5.9 million tons. The public of the area should be provided job at the time of its extraction, is felt by the workers of Aam Admi Party touring the area under the leadership of Rajesh Padgotra.

Swami Vishweshwaranand Giri will receive Kailakh Sanskrit Ratna Award

Top News Report

JAMMU, Jun 24: Shri Mahamandaleshwar Swami Shri Vishweshwaranand Giri Ji Maharaj will be awarded this year's "Kailakh Sanskrit Ratna Puraskar". He will be given this year honor for promoting Devvani Sanskrit.

This information was given by Mahant Rohit Shastri, President of Shri Kailakh Jyotish Avim Vedic Sanathan Trust.

He told that in order to promote Devvani Sanskrit, trust started Kailakh Rattan Puraskar since 2017, Award was awarded every year to a scholar of Sanskrit for doing excellent work in the field of Devvani Sanskrit.

This year the Trust has decided to give this award to Sanskrit scholar Shri Mahamandaleshwar Swami Shri Vishweshwaranand Giri Ji Maharai.

Shri Mahamandaleshwar Swami Shri Vishweshwaranand Giri Ji is the eleventh President of Suratgiri Bangla, Haridwar and President of Sanyas Ashram Vile



Parle Mumbai.

At the age of 18, Swamiji came to Sanyas Ashram for the first time as a celibate. On May 6, 1981, Swamiji took the direction of retirement. Swamiji did his

Swamiji did his Vedantacharya from Sampurnanand Sanskrit University Varanasi and MA from Mumbai University. On May 10, 1995.

his Guru Ji Brahmalin Mahamandaleshwar Shri Swami Brahmanand Giri Ji Maharaj handed over the responsibility of the ashram and honored him with the title of Mahamandaleshwar in the presence of Saint-

Mahatmas.

Swamiji is deeply involved in organizing and spreading awareness of Vedic religion through spiritual lectures and cultural programs in India and abroad. Presently swamiji Member Shri Mata Vaishno Devi Shrine Board and President of Governing Council of Shri Mata Vaishno Devi Sanskrit Gurukul Katra.

Gurukul Katra.

He had an active role in the Shri Ram Janmabhoomi movement from the very beginning. His work for promoting Sanskrit language, cultural and heritage values through Shri Mata Vaishno Devi

Gurukul Katra has been commendable Shri Mahamandaleshwar Swami Vishweshwaranand Giri Ji Maharaj is playing a special role in the upliftment of the society by doing the important work of taking Devvani Sanskrit language and Indian culture to the masses.

Swami Vishweshwaranand Giri Ji Maharaj has made invaluable contribution in the promotion and development of Sanskrit language in India. Students studied from him are today posted on high positions in the state government and the central government. The young generation should also contribute to the preservation of state and national culture by following Shri Mahamandaleshwar Swami Shri Vishweshwaranand Giri Ji Maharai.

Shri Mahamandaleshwar Swami Shri Vishweshwaranand Giri Ji Maharaj will be honored soon by organizing a grand event in Jammu. Lieutenant Governor of Jammu and Kashmir Manoj Sinha will be present in the program as the chief guest.

FROM PAGE 1

Amit Shah lays foundation stone of 'Balidaan Stambh' in Srinagar

The Union minister also visited the Karan Mahal the residence of the last Yuvraj of Jammu and Kashmir, Karan Singh.

Shah also met some select people at the Police Golf Course overlooking the Dal Lake here, before going back to Delhi.

Amit Shah presents job appointment letters to kin of Policemen killed in action

lost lives in the line of duty.
Shah also met with their family members on the occasion

J&K was a Laboratory for BJP: Mehbooba Mufti

Democratic Party.

"The BJP, if it returns to power in 2024, will trample upon the Constitution and undertake Kashmirization of the whole country", said the vice chairperson of the Gupkar Declaration, who had run a coalition government with the saffron party,

before resigning.

Ayushi Sudan assumes charge as DC Kupwara

Commissioner, Kupwara, Sudan interacted with officers and received feedback on office business.

She sought cooperation from officers to make administration more delivering to the general public of district Kupwara.

Hare Krishna Gaushala Charitable Trust seeks justice

2023 clandestinely and illegally imposed 145 CrPC on our Gaushala and Temple premises and directed Tehsildar Jammu Khas to form a committee, he said adding that the Tehsildar Jammu Khas formed a committee vide his order on March 24, 2023 wherein such private persons were made a part of the committee who were responsible for creating ruckus at Gaushala and had nothing to do with the management of this Trust.

Further, Bali said that the Chandra Mohan Gupta along with Narendra Verma alias Nitai Das and Manju Verma alias Madalsa Devi Dasi, wished to set up his shops at the holy place of Gaushala and wanted to

commercialize that place.

Being aggrieved by this, he said, the Trust approached the High Court of J&K and Ladakh by way of a writ petition wherein the High Court vide its order on April 3, 2023 ousted all the private persons in the committee formed by Tehsildar Jammu Khas.

However, the Tehsildar Jammu failed to comply with the order of High Court and former Mayor Chandra Mohan Gupta alongwith all his associates were not stopped from entering the Gaushala premises rather the trustees are not been allowed to visit the Gaushala and perform 'Gau Sewa'.

Moreover, the Rohit Bali lashed out at the administration (currently managing the administration of Trust) and pointed out that the donation received in the Gaushala and Shree Radha Govind Temple is being looted, for which we had twice submitted the application as well to the Tehsildar Jammu Khas, but no action has been taken so far on the same.

Bali informed that the said Narendra Verma and his wife Manju Verma are illegally visiting the Gaushala and interfering in the management.

When Tehsildar Jammu Khas constituted the committee, these two Narendra Verma and Manju Verma were put in the committee as priests and an attempt was made to capture this Gaushala.

Addressing the press, Bali said that now a new revelation has come to the fore in which former Mayor Chandra Mohan Gupta along with his aides Nitai Das and Madalsa Devi are playing a fraud with the general public and are preparing to conduct Shree Jagannath Rath Yatra illegally on 27 June 2023 in the name of Radha Govind Dham, Shaktinagar which has no real existence in Shaktinagar.

The reference is being made to Shree Radha Govind Temple which is being run by our Trust 'Hare Krishna Gaushala Charitable Trust. This is sheer conspiracy and the innocent people of Jammu are being fooled and donation is being collected from them in the name of this Rath Yatra.

This is a complete failure on the part of administration that Tehsilar Jammu Khas is allowing such illegal acts despite the order of High Court wherein these private persons have been ousted from interfering in the management of Gaushala and Shree Radha Govind Temple run by our Trust.

Other office bearers of this Trust present in the meeting include Harish Kapoor, Gurnam Singh, Vijay Shastri and Rajinder

Weatherman predicts isolated rain in Kashmir, Widespread light showers

in Jammu

north Kashmir area.

Kokernag recorded a low of 20.0°C against 19.3°C on the previous night and it was 5.9°C above normal for the place, the officials said.

Gulmarg recorded a low of 14.4°C against 15.4°C on previous night and it was above normal by 4.2°C for the world famous skiing resort in north Kashmir's Baramulla district, he said.

Jammu recorded a low of 28.5°C against 31.2°C on the previous night and it was 2.4°C above normal for J&K's winter capital, he said

tal, he said.

Banihal recorded a low of 21.3°C (6.2°C above normal), Batote 22.9°C (5.7°C above normal), Katra 25.4°C (3.4°C below normal) and Bhaderwah 21.8°C (above normal by 6.9°C). Ladakh's Leh and Kargil recorded a low of 12.0°C and 15.8°C

respectively, he said.

Regarding the forecast for next 24 hours, he said, "Isolated light rain/TS is expected in Kashmir division and widespread light to moderate rain/TS in Jammu division."

From June 25-28, he said, generally cloudy weather with intermittent light to moderate thundershower was expected at many places.

Govt may consider reducing import duty on wheat to curb rising prices, says FCI Chairman

There is 40 per cent import duty on wheat currently

NEW DELHI, Jun 24 (Agencies): India may consider, if need be, to reduce import duty on wheat to control retail prices in the country. Talking to news agency, Ashok Kumar Meena, chairman and managing director, Food Corporation of India (FCI), said government's intention was to control retail prices at any cost, therefore, all the measures would be considered -including reducing import duty.

"We have already imposed a stock limit on wheat storage, and now we are starting the Open Market Sale Scheme. And if these measures don't cool down prices, we will definitely consider reducing import duty on wheat to scale down prices," said the FCI chairman. Currently, there is 40 percent import duty on wheat.

FCI would start to offload wheat and rice in Open Market Sale Scheme (OMSS) as a step to bring down rising prices.

The e-auction of wheat would start from June 28 while auctions for rice would kick off from July 1. In this OMSS(D), the



quantity that a bidder can purchase in a single bid range from 10 to 100 MTs. During the earlier sale, the maximum quantity allowed was 3000 MT per bid for a buyer.

"The quantities have been reduced this time to accommodate more small and marginal buyers and to ensure a wider reach of the scheme. This is believed to facilitate the release of the stocks sold under OMSS(D) to reach the general public immediately," said Meena.

Significantly, this is for the first time FCI would release rice to private buyer through e-auction.

The reserve price of wheat has been fixed at Rs 2,150 per quintal for fair and average quality and Rs 2,125 per quintal for under relaxed specifications (URS). As for rice, base price has been fixed at Rs 3,100 per

In order to control the hoarding of wheat, the government has decided that the declaration in Wheat Stock Monitoring System portal was mandatory for participation in the auctions. In addition to this, the valid FSSAI license is also made mandatory for participation in order to identify the genuine processors and

The maximum quantity, that a buyer can bid for, is limited to 100 MTs in this c-auction while the minimum quantity has been kept to 10 MTs. Further, to accommodate the small and marginal traders and processors of wheat, the EMD for participation in the e-auctions has also been reduced by 50% from the earlier levels. The bidding was also limited to the local buyers by ensuring that the GST registration of the state is mapped and checked before stocks are released. These measures are taken to ensure a wider local reach for the stocks offered in a particular state. FCI chairman claimed that

six weekly e-auctions of wheat were conducted by the Food Corporation of India until March 15. "Total quantity of 33.7 LMT wheat was offloaded and the prices of wheat has already come down by 19% due to this massive intervention in a span of 45 days. Due to the Rabi procurement period of wheat, the market intervention had to be suspended," said FCI chairman.

Form 10-IEA must for professionals opting for old I-T regime



NEW DELHI, Jun 24 (Agencies): If you are a business owner or professional and want to continue with the old income tax regime in the current fiscal, then you have to fill Form 10-IEA.

Till FY23, such individuals were required to submit Form 10-IE to opt for the new tax regime.

In a circular, the Central Board of Direct Taxes said to opt out of the new tax regime, such a person having income from business or profession should submit Form 10-IEA "on or before the due date specified under sub-

section (1) of Section 139 of the Income-tax Act, 1961 for furnishing the return of income for such assessment year."

For FY 2022-23, the old tax regime is the default option, however, as the new tax regime becomes the default option from FY2023-24, business owners or professionals will have to specifically opt for the old tax regime if they wish to continue with it.

According to a senior tax consultant, "From FY 2023-24, taxpayers not carrying on any business or profession can opt for old regime simply by ticking the checkbox in their ITR forms while taxpayers carrying on business and profession can opt for old regime by filing form 10-IEA."

Price stability crucial for high sustainable growth: RBI

"It is axiomatic that the path to high but sustainable inclusive growth has to be paved by price stability.

MUMBAI, Jun 24 (Agencies): Price stability is crucial for high sustainable growth, said the Reserve Bank of India in its monthly bulletin.

Bringing inflation down will revive consumer spending, and boost corporate revenues and profitability, it added.

"It is axiomatic that the path to high but sustainable inclusive growth has to be paved by price stability. Once this is realised, the trade-offs and dilemmas confronting the conduct of monetary policy fade away," noted the bulletin.

Bringing down inflation, as well as market and household expectations of future inflation would be key to reviving private capital expenditure. The national accounts data and corporate results when read in conjunction clearly show that inflation is slowing down



personal consumption expenditure, noted the bulletin.

erating corporate sales and holding back private investment in capacity creation. Bringing down inflation and stabilising inflation expectations will revive consumer spending, and boost corporate revenues and profitability, which is the best incentive for private capex," it said.

India's real GDP growth in the fourth quarter of 2022-23 at 6.1% was the highest among major econo-

mies of the world, noted the bulletin. As a result of six back-to-back hikes since May 2022 "This, in turn, is modby the RBI, prices have begun to cool.

> The government has mandated the RBI to ensure retail inflation remains at 4 per cent, with a 2% margin on either side. The consumer price indexbased retail inflation came down to 4.25% in May.

> The retail inflation rate dropped for the fourth month in a row in May, falling to 4.25% from 4.70% in April.

Google investing USD 10 billion in India's digitisation fund: Pichai tells PM Modi

(Agencies): Internet giant Google is investing USD 10 billion in India's digitisation fund, its CEO Sundar Pichai has told Prime Minister Narendra Modi, a step that will recognise India's leadership on fintech and will support small and large businesses in India, the US and around the world.

Pichai met Prime Minister Modi here and also announced the opening of Google's global fintech operation centre in the Gujarat International Finance Tec-City (GIFT) in Gandhinagar.

"It was an honour to meet Prime Minister Modi during the historic visit to the US. We shared with the Prime Minister that Google is investing USD 10 billion in India's digitisation fund." Pichai said.

"We are announcing the opening of our global fintech operation centre in GIFT City, Gujarat. PM's vision for Digital India was way ahead of his time I now see it as a blueprint that other countries are looking to do," he added.

"Google today announced that it will open a Google Fintech Global Operations Center in GIFT City, Gujarat, with teams working on specialised opera-



tions supporting GPay and other product operations at Google," a Google spokesperson told news

"This recognises India's leadership on fintech and will support small and large businesses in India, the US and around the world," the spokesperson said after the meeting between Pichai and the Prime Minister.

Google has been operating in India since 2004, with offices in five key cities across the country with thousands of talented employees.

We currently have offices in Bangalore (Bengaluru), Hyderabad, Gurgaon - Delhi NCR, Mumbai and Pune, the spokesperson said.

In 2020, deepening its commitment to India and a reflection of its confidence in India's growing role in the global technology arena. Google announced the Google for India Digitisation fund, a commitment to invest USD 10 billion (approximately Rs 75,000 crores) focussing on four areas.

First, enabling affordable access and information for every Indian in their own language. Second, building new services that are relevant to India's unique needs. Third, empowering businesses as they embark on digital transformation.

Fourth, leveraging technology and Artificial Intelligence (AI) for social good.

Towards the end of last year, Google also announced support for Early Stage Startups with a particular focus on women-led startups under the India Digitisa-

Using AI to further India's digital transformation journey, Google Al Research Center in Bengaluru is building models to support over 100 Indian languages, and working with the Indian Institute of Science to support open sourcing of speech data through India's Bhashini project.

It has also partnered with IIT Madras to establish a multidisciplinary Center for Responsible

With a focus to support businesses and governments to run on Cloud, Google Cloud has been playing a pivotal role in bringing innovative cloud technologies to India and being a part of India's digital transformation journey.

India's biggest enterprises and unicorns like Jio, Adani, Mahindra Group, Sharechat, HDFC Bank, Glance Roposo and hundreds of others are today benefiting from Google Cloud and Al offerings.

To support this growing demand, Google Cloud now has 2 cloud regions in Delhi NCR and Mumbai respectively, a media release said.

Post-covid, a sudden rise in heart attacks among the young is causing concern

NEW DELHI, Jun 24 (Agencies): THE increase in the incidence of sudden cardiac death among the young is a matter of concern. Sudden cardiac death refers to an unexpected, abrupt loss of heart function, leading to immediate cardiac arrest. While the causes vary, there has been speculation about a potential link between this phenomenon and post-Covid complications, particularly concerning cases occurring during physical exertion like treadmill or gym workouts.

Sudden Cardiac Death

Such cases occur when the electrical system regulating the heart's rhythm malfunctions, causing dangerously irregular heartbeat. It prevents the heart from pumping blood effectively and causes sudden unconsciousness and, ultimately, cardiac arrest, often striking without warning.

Reasons behind the rise

Generally associated with older individuals, recent studies and media reports have highlighted the increasing number of cases in young people. Although the overall numbers are relatively low, the occurrence of sudden cardiac death in seemingly healthy, active young individuals has raised concerns among medical professionals and the general public alike.

Connection to Covid-19

Growing evidence suggests that Covid-19 can also affect the cardiovascular system, potentially leading to long-term complications. Even among a majority of young Covid patients with mild symptoms or in asymptomatic cases, there have been cases of severe illness and even death. Some studies suggest that the inflamma-

tory response triggered by Covid-19 infection could damage the heart muscle, increasing the risk of sudden cardiac death. The results of these studies showed that Covid-19 can cause myocarditis, an inflammation of the heart muscle that can weaken the heart, disturb its rhythm, and potentially contribute to sudden cardiac death.

Preventive steps

Routine cardiac screenings, early detection and intervention can reduce the likelihood of adverse events. People who had Covid-19 and experienced moderate to severe symptoms, should undergo thorough cardiac evaluations before engaging in intense physical activities. This examination includes a look at the family history of any risk factors like smoking, diabetes, hypertension and sudden cardiac death, and physical check-up, ECG, echo and a treadmill test (TMT), only if suggested by the physician/cardiologist.

Spreading awareness about the signs and symptoms of sudden cardiac arrest and providing CPR training to the public can be lifesaving in emergency situations.

People, particularly youngsters, who contracted Covid should adopt a gradual and structured approach to exercise, after consulting a doctor and under the guidance of certified trainers to adopt safe and effective training programmes.

The rising sudden cardiac deaths among

young people need further research and action. While the potential connection to Covid-19 and the role of physical exertion are still being explored, it is crucial to raise awareness, promote regular cardiac screenings, take appropriate preventive measures and implement early intervention strategies.

Young people suffer more damage from a heart attack. An older heart with a long CVD history is able to develop small arterioles. Even in case of 80 per cent blockage, there is some blood supply through these natural bypass small vessels. So, chances of a major heart attack decrease. But in the younger lot, due to the suddenness and immediacy, there are no mechanisms in place, hence the damage is more.

Young heart attack survivors also face issues such as anxiety and depression. Cardiologists need to counsel not only the patient but the entire family to give them confidence to lead a normal, useful life.

Treadmill and gym deaths

The association between sudden cardiac death and physical exertion, such as treadmill or gym workouts, has raised further questions about a possible connection to Covid-19. Young people who had been affected with Covid-19 may experience ongoing cardiac issues that go unnoticed until they do strenuous exercise. Intense physical activity, especially in individuals with undiagnosed cardiac abnormalities or weakened heart function due to Covid-19 complications, can potentially trigger sudden cardiac death.

Summer diet solutions



NEW DELHI, Jun 24 (Agencies): A light and cooling diet and sensible eating habits can help deal with this hot and humid weather. Increase fluid intake,

regardless of your activity level. Don't wait until you're thirsty. Keep on sipping water or fluids throughout the day.

Have nimbu pani with a little salt and shakkar. It will help replace salts and minerals lost due to sweating. Other cooling drinks are aam panna and imli or kokum water. Add roasted jeera, mint leaves, black pepper

Have sugarcane juice with mint and lemon (diluted).

and a little black salt.

Barley water: Boil barley soaked overnight; make a paste and strain; use in drinks or knead in flour

water from boiled rice, add rock salt, ieera powder, etc; remedy against dehydration and diarrhoea

Whey water: Strain homemade paneer, add sugar or salt.

Buttermilk is also effective against heat and easy to digest.

Avoid all caffeinated and soft drinks. All summer fruits and

vegtables are rich in Vitamin C and water. Add a good variety to your diet. Go easy on milk or

mango shakes as these can raise sugar intake. Include mint and coriander chutneys in every meal. These are also cooling.

Avoid fried foods and rich gravies. Use whole grains and

millets like jaun, ragi to make roti, cheela, idli, dosa, etc.

Opt for a light breakfast like poha and upma with loads of vegeta-

Use hung curd to make dips or sandwich spreads.

Knives out among wrestlers

Ravi, Deepak angry at special trials exemption given to Bajrang & Co

NEW DELHI, Jun 24 (Agencies): The special favour given to the six protesting wrestlers, including Bajrang Punia, Vinesh Phogat and Sakshi Malik, has brought the simmering differences out in the open.

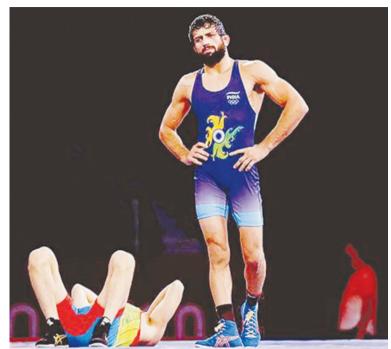
As per the IOA-appointed ad hoc committee's decision, the wrestlers who had protested against the alleged sexual harassment at the hands of Brij Bhushan Sharan Singh would only need to fight one bout against the winner of the trials to book a berth in either the Asian Games or the World Championships team.

This development has irked many wrestlers, including reigning Olympics silver medallist Ravi Dahiya and World Championships silver medallist Deepak

The two wrestlers, who are currently training at the Chhatrasal Stadium here, have privately discussed approaching Sports Minister Anurag Thakur to sort out the issue, which according to them is favouring the protesting wrestlers.

"Ravi Dahiya is the biggest wrestler today and he is not getting any benefit, while those who sat on the dharna will only fight one bout against a wrestler who will fight against three-four competitors. Tell me how is this fair?" said a source close to World Championships bronze medallist Dahiya.

"Brij Bhushan's words are coming out to be true now. These people never wanted



to go through the trial process. We have not decided to approach anyone right now. We are seeing how the situation develops, but if need be, we will call upon the authorities to end favouritism," he added.

Deepak, who narrowly missed out on a bronze medal at the Tokyo Games, is equally perturbed by the development. It is understood that his entourage is ready to approach the Sports Minister.

"We have discussed this scenario. We will decide in a day or two. You know we would have been okay if the ad hoc body had decided to give them a month's time to prepare since they have been away from training. That would have been fair to everyone but the decision to give them only one bout to win a place in the team is scandalous," a source close to Deepak

Incidentally, both the wrestlers had joined the protest in January but stayed away in April.

Vinesh targets Yogeshwar The issue has not only sparked anger in the training centres, it has spilled out on the social media as well. Vinesh has targeted 2012 Olympics bronze medallist Yogeshwar Dutt after he called the trial process unfair.

Yogeshwar in an early morning post on Twitter criticised the ad hoc body's decision. "I do not know what criteria were adopted by the committee to reduce the selection trials to a one-bout for six wrestlers. If the committee wants such a trial, then there are many wrestlers like Ravi Dahiya, Anshu Malik, Sonam Malik who performed well on the international stage. I cannot understand why these six wrestlers were given the exemption," he wrote.

Vinesh reacted on her Twitter page. "The wrestling world understands that Yogeshwar eats from Brij Bhushan's plate. If anyone raises voice against injustice in the society, then Yogeshwar definitely vomits. As long as a Jaichand like Yogeshwar remains in wrestling, the spirits of the oppressors will remain high," she wrote.

Vinesh further alleged that Yogeshwar tried to manipulate the complainants during the oversight committee hearings. "Yogeshwar Dutt's ugly laugh is stuck in my mind. He was a part of both the committees, formed to probe allegations. When women wrestlers were narrating the incidents, he used to laugh. When two female wrestlers came out to drink water, he told them nothing will happen to Brij Bhushan. Go and resume training," the two-time World Championships medallist wrote.

"He told another female wrestler that all this (sexual harassment) happens, don't create a big issue out of it. Yogeshwar leaked the names of the women complainants to Brij Bhushan and the media," she added.

Cheteshwar Pujara out, Yashasvi Jaiswal & Ruturaj Gaikwad look to answer call-ups

NEW DELHI, Jun 24 (Agencies): India have dropped top-order batter Cheteshwar Pujara for the upcoming two-Test tour of West Indies in July while Ruturaj Gaikwad and Yashasvi Jaiswal made the cut after stellar campaigns in the Indian Premier League (IPL).

Pujara, a veteran of over 100 Tests, was dropped following a poor run of form after the 35-year-old scored only 211 runs in his last six matches with one half-century to his name.

His absence leaves a spot vacant for the likes of Gaikwad or Jaiswal to step into should Shubman Gill continue to open the batting.

Jaiswal, who scored the fastest IPL fifty in 13 balls this season, scored 625 runs during the two-month tournament to finish among the top five run getters while Gaikwad finished with 590 runs.

Gaikwad also made headlines in November when he hammered seven sixes in an over in a First-Class match for his team Maharashtra.

Rahane vice-captain Ajinkya Rahane, India's top scorer in the World Test Championship final loss to Australia, has also retained his place after he returned to the squad for the oneoff match at The Oval in London and will be the vice-captain.

The Caribbean tour commences with the first Test on July 12-16 in Dominica. The second Test will be played in Trinidad on July 20-24.

India also announced their ODI squad for a three-match series in Barbados and Trinidad, while the squad for five T20I matches will be announced at a later date.

While Mohammed Shami has been given complete rest after nearly three months of hectic competitive cricket, Kolkata seamer Mukesh Kumar has been named in both the Test and ODI squads.

Saini back Navdeep Saini, whose career had been in free fall since the historic tour of Australia in 2021, also gets a chance for resurrection.

English county side

Worcestershire today announced the signing of Saini as their second overseas player. The 30-year-old is set to make his Worcestershire debut in Sunday's clash against Derbyshire. — Agencies Test squad

Rohit Sharma (captain), Shubman Gill, Ruturaj Gaikwad, Virat Kohli, Yashasvi Jaiswal, Ajinkya Rahane (vicecaptain), KS Bharat (wicketkeeper), Ishan Kishan (wicketkeeper), Ravichandran Ashwin, Ravindra Jadeja, Shardul Thakur, Axar Patel, Mohammed Siraj, Mukesh Kumar, Jaydev Unadkat, Navdeep Saini.

ODI squad

Rohit Sharma (captain), Shubman Gill, Ruturaj Gaikwad, Virat Kohli, Surya Kumar Yadav, Sanju Samson (wicketkeeper), Ishan Kishan (wicketkeeper), Hardik Pandya (vice-captain), Shardul Thakur, Ravindra Jadeja, Axar Patel, Yuzvendra Chahal, Kuldeep Yadav, Jaydev Unadkat, Mohammed Siraj, Umran Malik, Mukesh Kumar.

Ex-junior star Rajiv Mishra dies at 46

Top-scorer at 1997 Jr World Cup found dead at home

NEW DELHI, Jun 24 (Agencies): Rajiv Mishra, who was one of the stars of the Indian men's junior hockey team at the 1997 World Cup, has passed away at the age of 46.

The former forward was found dead at his residence in Sarsauli area of Varanasi under mysterious circumstances.

According to sources, Mishra might have died a few days back and it was his neighbours who informed the police after a foul smell started to come out of his house. Mishra used to stay alone as he was posted as chief inspector of ticket (CIT) with Northern Railway's Lucknow Division at Varanasi. Mishra, who hailed from

Leeludabait village in Hajipur in Bihar, is survived by his wife and two children.

Famous for his curly long hair tied in a bandana, Mishra was at one point considered the next big thing in Indian hockey.

"He was an exceptional hockey player with extraordinary skills," Mishra's childhood coach Prem Shanker Shukla said.

It was Shukla who brought Mishra to Varanasi from Kolkata at the age of 13 after Kolkata's Entally Athletic Club head Asim Ganguly requested him to help the young player.

Shukla recalled Mishra's exploits at the Junior World Cup in London, where the forward scored a diving goal against Germany in the semifinals.

> Though, India lost the final 2-3 to Australia, Mishra stood out with nine goals in the tour-

But his booming career suffered a setback just before the 1998 World Cup (senior) in Utrecht when he sustained a career-ending knee injury following a body clash with the then Indian goalkeeper AB Subbaiah.

A miss-managed rehabilitation process following a surgery and the lack of support from the then Indian Hockey Federation finally drew curtains on a promising career.

SAFF Championship: Familiar foes India, Nepal to renew rivalry

BENGALURU, Jun 24 (Agencies): A 4-0 hammering of Pakistan giving them the perfect start, India will have a wonderful opportunity to move closer to the semifinals of the SAFF Championship when they face Nepal here today.

The hosts hold the advantage over their opponents. India have an overwhelming 16-2 overall head-to-head record in the 23 matches played between them, a sequence that started in the 1985 SAF Games.

The last meeting between the two sides came during the 2021 SAFF Championship, when India defeated Nepal 3-0.

As far as the SAFF tournament is concerned, India have a commanding 6-2 head-to-head record from their nine matches.

India will be without the services of head coach Igor Stimac after he was shown a red card during India's win over Pakistan in the ill-tempered opening match. Assistant coach Mahesh Gawli will take charge of the team at the dug-out.

Nepal went down 1-3 to Kuwait in their opening match and a positive result against India is



mandatory for them to stay alive in the tournament.

However, India cannot afford to be complacent as Nepal have the wherewithal to spring a surprise. Nepal's 31-year-old midfielder Rohit Chand, who plays in the Indonesian league, and forward Anjan Bista could be

surprise packages. Additionally, Nepal coach Vincenzo Alberto Annese is quite familiar with Indian football as he has served as the manager of the twice I-League-winning side Gokulam Kerala FC.

The Indian camp is aware of the threat and assistant coach Gawli warned his side against letting their guard down against the Gorkhalis.

"They (Nepal) are a good side and they played a very good game against Kuwait as you all saw. It will be a very tough match for us," Gawli had said after the match against Pakistan.

Stimac to serve one-match

Head coach Igor Stimac will

return to the Indian dug-out in the game against Kuwait on Tuesday after serving a onematch ban for his red card offence against Pakistan in the home side's SAFF Championships opener here. South Asian Football Federation (SAFF) general secretary Anwarul Hug said that Stimac's offence was not serious enough to attract a ban of more than one match and as such it will not be referred to the SAFF Disciplinary Committee for further action.

AFC U-17 Asian Cup: Indians sign off with brave display vs

India put up a brave fight before going down 4-8 against mighty Japan in their must-win last Group D match and crash out of AFC U-17 Asian Cup here today. India clawed back into the match in the second half and gave Japan a run for their money, before losing the match at the end. Bibiano Fernandes' came into the encounter needing to win in order to stand a chance to qualify for the quarterfinals of the tournament, but that could not happen.

"Make The Reason Public": Ex India **Star Blasts Selectors Over Sarfaraz** Khan's Test Snub

Sarfaraz Khan, despite an average of 79.65 in First Class cricket, wasn't picked in India's *Test squad for the West Indies tour.*

NEW DELHI, Jun 24 (Agencies): The manner of selection of players in the Indian team remains a mystery for many. After the Board of Control for Cricket in India (BCCI) announced the Test and ODI squads for the tour of West Indies, reactions galore over the repeated snub of domestic superstar Sarfaraz Khan. Even former India opener Aakash Chopra was left baffled seeing Sarfaraz remain on the sidelines despite the mountains of runs he has scored over the last two campaigns of the Ranji Trophy.

Sarfaraz, who has been the most prolific run-scorer in First Class cricket in India, couldn't even break into the Indian Test squad, with the Yashasvi Jaiswal getting the nod after Cheteshwar Pujara was dropped.

Aakash Chopra, in a video on his You-Tube channel, blasted the selectors saying they should reveal the 'reason' behind Sarfaraz's absence from the Test team as the batter has been doing everything right in First Class cricket.

"What should Sarfaraz



do? If you look at his numbers in the past 3 years, he's head and shoulders above the rest. He's scored everywhere. Even then, if he's not selected... what message does it send?" Chopra said, asking the

selectors an important question.

"This is a question worth asking. If there's some other reason, something which you and I don't know, make it public. Just say it that you didn't like that particular thing about Sarfaraz, and that's why you're not considering him. But we don't know if there's something like that. I don't know if someone told Sarfaraz about that.

First Class cricket is what has been considered the most important platform for Test consideration. But, that hasn't been the case for Sarfaraz, and Chopra, like many others, isn't

happy. "If you don't value firstclass runs, it leaves a sour taste in the mouth." said the former India batter.

Carlos Alcaraz beats Grigor Dimitrov to reach semi-finals at Queen's Club Championships



LONDON, Jun 24 (Agencies): Topseeded Carlos Alcaraz advanced to the ATP semifinals on grass for the first time after defeating former champion Grigor Dimitrov 6-4, 6-4 at the Queen's Club Championships. Dimitrov, the 2014 champion who qualified this year, was his own worst enemy. He served better and had more break chances, but he hurt himself with 16 unforced

errors and seven double faults. "Grigor is a top player on any surface, but especially on grass. But I played really well from the beginning to the last ball," Alcaraz said. "I'm a guy who learns quite fast and I'm feeling really

comfortable playing on grass." Alcaraz also improved to 8-0 this year in the quarterfinals.

Alcaraz will face Sebastian Korda in the semifinals, which will be his first grass semifinal as well. Korda defeated Cameron Norrie 6-4, 7-6 (1) to become the first American to reach the Queen's semi-finals in 11 years.

With the withdrawal of Norrie, the 2021 runner-up and a Wimbledon semifinalist last year, Britain will have no player in singles or doubles at Queen's for the first time in 11 years.

In the other semifinal on Saturday, second-seeded Holger Rune will face seventh-seeded Alex De Minaur of Aus-

Rune defeated Lorenzo Musetti 6-4, 7-5 and said he wasn't phased by the

Italian's overhead smash. "He can do what he wants," Rune said. "I mean, it's not the best thing to do, for sure. But again, it is legal. He

can hit the ball where he wants to. "It just gave me a fire in the belly to beat him even more. I'm super happy to manage to beat him in two sets. It feels good. I'm in the semifinal, he's not."

prizes. Besides, impor-

tant talks, rallies training,

demos on various issues

such as first Aid, drug

de addiction, vision and

mission of NSS, respon-

sibilities of volunteers

were also organised by

the expertise from time

Kuldeep Gupta program

Officer, remarked that the

camp played a great role

in making volunteers self

dependent, disciplined,

creative, always ready to

help for others and above

all a sense of national

Integration where all the

States shared their cul-

ture, dress, food habits,

language and how to

J&K NSS volunteers attend National Integration Camp at Haryana



TOP NEWS REPORT

JAMMU, Jun 24: National Integration Camp for NSS volunteers of School Education was organised by Department of Higher Education, Govt of Haryana ,a program of Ministry of Youth and Sports Affairs at GSSS Jakholi Adda Kaithal Haryana under the theme Azadi ka Amrit Mahotsav.

From Jammu, 10 volunteers (5 boys and 5girls) of different institutions of School Education were accompanied by Kuldeep Gupta lecturer in Zoology and Programme Officer NSS unit GGHSS Arnia

as per the directions of Directorate of School Jammu.

It Is the initiative of Directorate of School Education Jammu under the guidance of Ashok Kumar Director School Education Jammu, that Monika Bhandari Chief Account officer and Govind Sharma Nodal officer DSEJ who took keen interest in providing opportunity for the volunteers of School Education Jammu for their participation at National

About 200 volunteers and 15 programme officers across the country

camp. Various events were organised such as Yoga, solo song, solo dance competition on patriotic/folk ,poster making, slogan writ-

participated in the said

ing, rangoli, debate and so on followed by daily cultural evening with presentation of different states about their culture. Volunteers from Jammu under the guidance and supervision of Kuldeep Gupta programme officer participated in all the events and appreciated by the participants.

In solo dance and solo song , Mannat and Himani from JAMMU got

work together, thereby developing their overall personality. This can have a team of youth to meet any adverse conditions or disaster to save human life.

It is the first time that National Integration camp for NSS volunteers from School Education Department organised in the country and that too organised by Haryana.

Previously such camps were organised for college and University volunteers.

The team of volun-

teers included Abhishek Sharma, Harmeet, Sushant (from GHSS Arnia). Raiat Kumar. (HSS Pargwal), Yassir (SRML HSS Jammu), Bhoomika and Chakshu from GHSS Rehari, Mannat, Shivani and Himani from GGHSS Shastri Nagar Jammu and Kuldeep Gupta lecturer in Zoology and Program Officer NSS unit GGHSS Arnia Jammu.

Corporator Anil inaugurates wellness polyclinic centre



TOP NEWS REPORT

JAMMU, Jun 24: Calling for a need to benefit from the latest technology-run polyclinics and diagnostic centres for detecting various diseases and health issues, Corporator ward no 10 on Saturday Inaugurates multi speciality clinic named wellness polytechnic in Parade Road Jammu.

He added that people were suffering different ailments and because of lack of properly run diagnostic centers the patients had to undergo innumerable

After the inauguration Corporator welcomes the decision and termed it an important step for the people of area and thanks the organizers for making him part of this initiative.

He further said the need of the hour was that more and more doctors, who share this honorable profession, should come forward and setup centres where peoples' diagnostic tests are carried and care is taken that the poor and the needy do not have to burn the holes in their pockets by paying for these tests. And Pm Modi have also said the same to form the better India.

He urged upon the people involved in the medical profession and healthcare to come forward wholeheartedly and take more such initiatives for the social cause. And locals to come when ever they feel. The other dignitaries who were also present was the whole team of doctors who will present in the clinic time to time namely Dr.Ratnakar Sharma, Dr. Gurmeet Kour, Dr. Ajaz-Ul-Haq, Dr. Sheikh Sabat, Dr. Nirmolak Singh, Dr. Mehak Aslam, Dr. Pranav Singh and others.

Mission Statehood holds protest against PDD for unscheduled power cuts

TOP NEWS REPORT

JAMMU, Jun 24: President Mission Statehood Jammu Kashmir. Sunil Dimple along with large number of families, led a strong protest against the PDD for heavy unscheduled power cuts.

Addressing the protesters, Sunil Dimple alleged that Jammu people are facing 10 to 12 hours power cuts, low voltage, power fluctuations, in spite of the J&K Govt announcement that no curtailment be in the metered areas

of Jammu. Dimple demanded PM Modi to give free 500 units electricity per month to the people of Jammu Kashmir.

Dimple said the women folk, children, old aged persons, patients are suffering, spending sleepless nights in this peak hot summer. He demanded to stop the



supply of J&K electricity to other states and fulfill the requirement of Jammu and Kashmir people. Dimple demanded PM Modi to return our power projects. The poor families are unable to pay so many heavy bills after privatization of

PDD department. Dimple said the poor families are unable to pay and if not deposited in time the interest

and compound interest is charged and every month the connections are disconnected.

Dimple alleged the people are complaining that the smart meters are running fast and giving more units due to its much speed.

Dimple demands LG Manoj sinah to waive off the old electricity bills.

Dimple alleged the people are complaining that the smart meters are running fast and giving more units due to its speed.

The other women leaders present in the protest were Rekha Kumari, Babita, Mamta, Rano Devi, Niky Rani, Veena Devi, Koshalya Devi, Rajinder Kumar, Tarsem, Rajinder Kumar, Baba Baldev Raj, Sunil Kumar, Sohan Lal and Rahul.

SLHC beat Khelo India HC in hockey

TOP NEWS REPORT

POONCH, Jun 24: An exhibition hockey match was organised by Sham Lal Hockey Club Poonch in collaboration with District Unit of the JKSC and Department of YSS Poonch.

Match was played between Sham Lal Hockey Club Poonch and Khelo India Hockey Centre Poonch. SLHC won the match by 4-3 goals on the eve of Olympic Day at Sports Stadium Poonch. SSP Poonch Vinay Kumar was the Chief Guest during the game.

Speaking on the occasion, he said many players of District Poonch represented at national level tournament and soon players will also represent India in International tournaments.

Col Jagdeep Singh Edu. Officer 93 Inf Brigade also motivated the players and assured his full support.

Chief Guest guotes sports plays a major role in all around develop-



ment of youth. A special focuss should be given to sports and encourage youngsters to excel in sports, especially from grass root level. so that they can compete at the state level and later at

the national level," He lauded management of the club and coaches efforts to promote the sport. He assured the players he will do whatever it takes to provide a platform to the players.

Chief Guest also distributed certificates to the players who participated in recently concluded 66th National School Games at Gwalior, MP.

Other prominent presents were Col. Jagdeep Chadda Education Officer 93 Inf Brigade (Guest of Honour), Nirdosh Kumar IC Manager Sports Stadium Poonch, Narjeet Singh Retd ZPEO (Special Guests), Daleep Luthra, Vijay Kumar PEM, Mohinder Bali General Secretary KB Poonch, Tanveer Dar, Pankaj Sharma,

DK Raina, Harmik Singh (all PET), Perviaz Malik (Chairman RDCA), Vishal Sharma. At the end trophies, medals and refreshment.

Match was officiated by Meenakshi Khajuria, Shahid Bashir, Nazarat Hussain. The event was sponsored and organised by Management of Sham Lal Hockey Club Poonch and technically supervised by Pawan Kumar, Mukesh Kumar (Hockey Coaches) and Navjot Singh (KI Hockey Coach).

Awareness programme on drug de-addiction concludes

TOP NEWS REPORT

BHADARWAH, Jun 24: A series of awareness programs about Drug de- addiction and "harmful effects of drugs" which had started from Tehsil headquarter Thathri on June 19 and 20 by the District Social Welfare Department on the instructions of the district administration Doda concluded here today

The programs were conducted under the supervision of District Social Welfare Officer Doda Tariq Qazi and guidance of Tehsil Social Welfare Officer Thathri/ Bhadarwah Subash Chander Kotwal at Govt Boys Higher Secondary School Bhadarwah. Meanwhile, similar programs were held at Govt HSS Berraru and Govt HSS Bhalra Bhadarwah in which besides PRIs, School Staff and students, locals also par-



ticipated. In today's concluding program, about 250 participants took part. Principal Govt HSS Boys Bhadarwah Anees Ahmed was the Chief

Guest on the occasion. During these programs, special awareness lectures were delivered in which harmful effects of drugs consumed upon their misuse were

explained. The speakers while expressing deep concern over the rising menace of drug and psychotropic substance abuse said that the users especially youth are falling an easy prey to the vicious designs of anti social elements in the society through sedative exploitation. District

Social Welfare Officer

Doda Tariq Qazi said that it is the collective responsibility of the members of the civil society along with administration to work for drug free society. Dignitaries who remained all in all along the series of programs and camps included, Chairman Municipal Committee Thathri Mansoor Ahmed, Tehsildar Thathri Sahil Randhawa,

Asgar Ahmed Councilor. Teachers, students and NSS volunteers, Principal HSS Bhalra/ Berru with staff, PRIs, NSS workers, NCC and Adv. Majid Malik, President an (NGO) (UEWT) Muzamil Ali Yazdani and Educationist Arif Rana, Revenue employees. PRI's, Employees of Social Welfare Department and others.

NEXT exam not in interest of medical students: DAK

TOP NEWS REPORT

SRINAGAR, Jun 24: With National Exit Test (NEXT) set to replace MBBS final examination, Doctors Association Kashmir (DAK) on Saturday said that NEXT exam is not in the interest of medical students. "The students are awarded MBBS degrees in medical colleges/universities only after rigorous training and examinations. There are so many exams which medical students have to write during their MBBS course, and the additional exit exam will put undue burden on students," said DAK President Dr Nisar ul Hassan.

Dr Hassan said while medical students focus on both theoretical and clinical aspects of medical science under the existing system, the introduction of NEXT exam will force them to focus on the theoretical part of medicine during their course. "This is bound to hamper the development of their clinical skills,"

The DAK President said the attendance of students in clinical postings and ward trainings will decrease as they will be solely focussing on this decisive

"This will affect their clinical judgement and communication skills which are so essential for patient care," he said adding "we need doctors for patient care not MCQ-cracking robots who have never seen clinics.'

Dr Nisar said NEXT exam is also intended to replace NEET-PG and it will not assess the students on basic subjects. It will only assess the clinical subjects and the applied aspects of non-clinical subjects.

"Knowledge of basic science is crucial for any medical and surgical speciality," he said. "After qualifying for post graduation, students will be subjected to viva-voce which has the potential to bias," he added.

General Secretary DAK Dr Arshad Ali said the National Medical Commission has proposed the NEXT exam which is set to replace MBBS final and NEET-PG examinations. "NEXT exam will be conducted in two parts. Part I will be a theoretical examination with multiple choice questions and part II will be a practical examination/viva-voce conducted after the completion of an internship," he said.

Edited, Printed, Published and Owned by: Rajiv Mahajan, Office: 17- New Rehari Jammu, Published from 17- New Rehari Jammu, and Printed from GK Offset Printing Press situated at Shivalik Puram Janipur, Jammu on behalf of Rajiv Mahajan. Senior Editor: M. K Bangroo, Executive Editor: Anita Gupta, Photo Journalist: Aman Sharma (9906198186), Head Office Jammu. Mobile No: (9906300707, 9086072548), Fax No: 0191-2561688.

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