

TOP NEWS OF J&K

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Daily Evening Newspaper



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e-paper: www.topnewsjk.in

RNI No. JKENG/2010/39369

Regd. No. JK-435

Vol.-14 Issue-155 Pages-12 Rs.-2/-

BRIEFLY

With 214 New Coronavirus infections, active Covid Cases in Country decrease to 2,831

NEW DELHI, Jun 7 (Agencies): India has recorded 214 new coronavirus infections, while the active Covid cases have dipped to 2,831 from 3,001, according to the Union Health Ministry data updated on Wednesday.

No fresh fatalities have been reported and the death toll stands at 5,31,884, the data updated at 8 am stated.

The Covid case tally was recorded at 4.49 crore (4,49,92,094).

The active cases now comprise 0.01 per cent of the total infections, while the national COVID-19 recovery rate has been recorded at 98.81 per cent, the ministry said.

The number of people who have recuperated from the disease surged to 4,44,57,379 and the case fatality rate was recorded at 1.18 per cent. According to the ministry's website, 220.66 crore doses of Covid vaccine have been administered in the country so far under the nationwide vaccination drive.

Mainly dry weather with evening shower forecast in J&K

SRINAGAR, Jun 7 (Agencies): Mainly dry weather with possibility of rain and thunderstorm at scattered places towards evening has been forecasted in Jammu and Kashmir on Wednesday.

Quoting a meteorological department official, that from June 8-12 mainly dry weather was expected but a brief spell of shower and thunderstorm mainly towards evening can't be ruled out, although chances are less (10-20%).

Regarding temperature, he said, Srinagar recorded a low of 12.4°C against 11.2°C on the previous night and it was below normal by 1.0°C for the summer capital.

Qazigund, he said, recorded a low of 11.2°C against 9.2°C on the previous night and it was below normal by 0.8°C for the gateway town of Kashmir.

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After successful G20 summit in Kashmir, Indian Army braces for Amarnath Yatra

SRINAGAR, Jun 7 (Agencies): Proving their motto 'service before self' veracious, mighty Indian Army assured successful completion of the G20 summit in Kashmir amid several threats and now, Indian Army is all geared up to safeguard the holy Amarnath Yatra pilgrimage in Kashmir.

Lt Gen Amardeep Singh Auja, a commanding officer in Indian Army assured that the situation in Kashmir is "pretty good".

"The general situation in the valley is under control. The infiltration hasn't happened this



year... We completed successful G20 meetings this year... We are very robust on the ground when our counter-infiltration grid is concerned," Auja, Chinara Corps Commander said. Talking about the radicalisation in the region,

he said that its efforts have increased but the impact has reduced.

"Radicalisation is there that that is where social media is used to its fullest effect and that is where the youngsters are influenced. Radicalisation efforts have

increased but the impact has reduced. People and youth have come to know what is wrong and right. My message to youth is... please understand and please distinguish between right and wrong. You have to take a call between right and wrong," he added.

He further also assured that the "solid and robust" Indian Army is ready to tackle any unprecedented cross-border threat.

However, the Commanding officer raised concern over the rising 'Narco-Terrorism' aka drug-based terrorism.

Officials review Amarnath Yatra arrangements at Udhampur

JAMMU, Jun 7 (Agencies): Deputy Commissioner, Udhampur Sachin Kumar Vaishya on Tuesday convened a meeting with different stakeholders to discuss arrangements for the Amarnath Yatra 2023 set to begin next month.

As per the official statement, the DC emphasized upon the functionaries to maintain close inter-departmental coordination for the smooth conduct of the yatra. A detailed deliberations were held on the arrangements which included the establishment of lodge-



ment centres, setting up of langers, medical facilities, drinking water facilities, provision of electricity, installation of temporary and fabricated toilets, sanitation, traffic management, security arrangements,

setting up of control room, checking of rates, installation of departmental stalls, deployment of magistrates, the constitution of coordination Committees, emergency response

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First Hajj flights with 630 pilgrims to leave for Saudi Arabia



SRINAGAR, Jun 7 (Agencies): The first batch of 630 pilgrims will leave from Kashmir to Saudi Arabia on Wednesday to perform the annual Hajj pilgrimage.

The first flight carrying 315 pilgrims will leave from Srinagar International Airport at 3 pm, towards Jeddah International airport for onward journey to Mecca, officials said.

Two flights will leave every day for Jeddah Airport from Srinagar Airport from today and each will carry 315 pilgrims in separate schedules.

The pilgrims will wear Ihram - the white clothing worn by Hajj pilgrims- at Srinagar Air-

port, officials said. Hajj occurs in the 12th month of the Islamic lunar calendar, called Dhul-Hijjah, between the eighth and 13th days of the month.

The pilgrims reported at Hajj house in Srinagar in the morning and after completion of all the formalities boarded State Road Transport Corporation coaches to reach Airport.

Emotional scenes were seen at the Hajj House Bemina where relatives of pilgrims were seen hugging each other reciting "Allah-ho-Akbar" (God is the greatest) before boarding the buses.

The pilgrims said that they will pray for peace and prosperity during

their pilgrimage.

As many as 12000 pilgrims from Jammu and Kashmir are likely to perform this year's Hajj.

This year, female pilgrims without 'Mahram' (Closest relative) will perform Hajj this year.

"Over 100 such pilgrims from J&K will perform Hajj this year," officials said.

The return of the pilgrims from Saudi Arabia will commence from July 17, this officials said.

Director Srinagar International Airport Kuldeep Singh Rishi said that they made meticulous arrangements and preparations at Airport for smooth transition of the Hajj pilgrims.

He said all the Pilgrims have to report at the Hajj House at Bemina for completing the check in formalities and the boarding Cards will be issued at Hajj house.

A special counter has been established at the Hajj house Bemina for this purpose by the SpiceJet airlines.

"We have placed a new Xray machine at

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India's highest herbal garden comes up in Leh

SRINAGAR, Jun 7 (Agencies) : A herbal garden has been established at an altitude of nearly 15,000 feet above sea level in the mountainous ranges of Phobrang village in Leh.

Kyabgon Chetsang Rinpoche, the Religious/Spiritual leader and founder of "Go Green Go Organic," a non-profit organization dedicated to environmental and biodiversity conservation through large-scale plantations in Ladakh and other Himalayan regions, initiated the project.

The initiative is supported by Konchok Stanzin, the Councillor of Chushul constituency and Chairman of High Altitude Herbal Garden. Dr Konchok Dorjey, the Vice Chairman of the herbal garden and an expert on medicinal plants in the region, is also involved.

The medicinal herbal garden aims to promote

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17 labourers injured as truck hits load carrier in Kathua

JAMMU, Jun 7 (Agencies): A truck rammed into a load carrier in Jammu and Kashmir's Kathua district on Wednesday, leaving 17 labourers, including a pregnant woman, injured, police said.

A concrete mixer machine was also dam-

aged in the accident which took place near Baswai Morh along the Jammu-Pathankot highway around 9 am.

They said the driver of the truck lost control and collided with the load carrier carrying labourers for work.

All the injured were

rushed to a hospital and the condition of three of them was stated to be "serious", they said, adding the truck driver abandoned the vehicle and fled the scene after the accident.

A case has been registered.

Smart City reduced to painting walls, realigning footpaths: Sagar

SRINAGAR, Jun 7 (Agencies): The Jammu and Kashmir National Conference General Secretary Ali Muhammad Sagar on Tuesday said that in the absence of the elected representative's general public is facing majority while the incumbent administration has forsaken the people of Srinagar.

"Working their way through the hierarchies and multiple sections in different departments to have their issues addressed is a tedious process," he said.

Sagar said that the much-touted exercise of Smart City has been

reduced to painting walls and realigning footpaths.

"Smart city mission was slated to transform Srinagar into an eco-friendly, resilient, and socio-economically vibrant city but in reality, the basic issues of savage treatment, traffic management, infrastructure buildings, clean water, power outages, and employment generation continue to remain unaddressed," he said.

Adding further he said, "There is no accountability on the ground; the fate of the vital projects initiated during the NC-led government has

been put into limbo. Not even a single penny is being spent on the upgradation of road infrastructure in the Shaheer-e-Khaas areas," Sagar said.

He said the administration has completely failed in dispensing its basic duties. "People are feeling the heat of the ongoing rice crisis created by the Government of India's decision to reduce Kashmir's allotment quota," he said.

He added that the phased flood management plan on river Jhelum despite huge budgetary allocations

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NIA Summons Moulana Rehmatullah Mir Qasmi in funding case

SRINAGAR, Jun 7 (Agencies): The National Investigation Agency has summoned renowned Islamic Scholar and rector Dar ul Uloom Rahimya Bandidora Moulana Rehmatullah Mir Qasmi in an alleged terror funding case.

An official said that the NIA is conducting an investigation in case RC-07 /2022/NIA/ JMU dated 03.09.2022 under section 120B & 153A of IPC sections 10, 13 & 22C of UA (P) Act 1967 regarding of raising funds in Jammu and Kashmir and using them for unlawful activi-



ties aimed at radicalizing the youth in the region.

"It appears that you are acquainted with the facts of this case. You are hereby directed to report at NIA camp office Church Lane Sonwar Srinagar for the pur-

pose of answering certain questions related to the case," reads the summons.

Meanwhile, sources told KNO that Maulana Qasmi has arrived at the NIA office in Srinagar regarding the summons issued to him.

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SCAN ME!

EDITORIAL

SAVE EARTH, SAVE ENVIRONMENT

Save earth, save environment both are related to save life on earth. Being a human being, we should strictly engage in activities that reduce pollution and global warming.

There are many simple ways that can help save the earth. Earth is the only planet in the entire solar system on which life is possible. In ancient times, people were not involved in destructive activities, therefore, they did not have to worry about pollution and environmental issues.

After the population explosion, people started developing cities and industries for modern lifestyle and easy life for all.

For industrialization, people have started misusing natural resources beyond a certain limit. People are involved in the eradication of forests, as a result of which issues like extinction of wild animals, pollution and global warming have increased hole in the ozone layer, sea level rise, melting of ice in Antarctica and Greenland etc. are negative effects caused by global warming. In this way environmental change is a signal of alarm bells for us.

We should increase forests through afforestation and re-plantation. Thousands of species and birds have become extinct due to the destruction of their habitats. They are very essential to balance the food chain in nature.

Our environment is in constant decline as a result of deforestation, industrialization, urbanization, and pollution. It threatens life through global warming and pollution due to the emission of carbon dioxide and other green house gases. We should protect the environment to balance the natural cycle of our environment.

We need to bring more and more major changes in our unnatural life to save the earth and to maintain the ecological balance in the environment, there is a need to make the cities eco-friendly.

Governments of all countries need to work together to bring about global change.

It is the urgent need of the hour to save the earth from the ever increasing global temperature, melting of polar ice caps, increasing threats of tsunamis, floods and droughts etc. The condition of our mother earth is deteriorating day by day, which is reducing the chances of a healthy life.

Earth is the vital source of all the basic elements required for survival. Wrong human activities have given rise to many environmental issues: toxic fumes, chemical waste and excessive noise.

The condition of the earth is getting destroyed day by day due to pollution, green house effect etc. They cause harmful effects on the environment and thus, affect human health. It is the responsibility of man to keep the earth clean, neat and natural.

In the context of Save Earth, Save Life and Save Earth, Save Environment, the government has taken many effective steps to sustain the healthy life on earth. Without Earth, life is not possible anywhere in the entire universe.

Human activities that destroy natural resources are affecting the Earth's environment very badly. So, it is our own responsibility to save the earth by adopting eco-friendly activities.

To save our earth, we should promote eco-friendly technologies, so that they do not harm the planet. Along with reducing the habit of using harmful things, people should adopt the habit of reusing things to generate less amount of waste, usually, Many people use many household cleaning chemicals to keep their homes clean and germ free. They never look at the presence of chemical elements in that substance, which can be very destructive to water, soil and air.

Beat the heat with these "Summer-friendly foods

By: Shahnaz Husain

Summer, the hottest time of the year is already underway and we can feel the temperature rising. The scorching heat may drain your body and affect how you look and feel. The sweltering heat and dry hot winds require that you make changes in your diet for your body to cope with the high temperatures.

The food and drink that you will be consuming during the summer are going to play a vital role to help you tide through the heat wave because even healthy people can succumb to heat-related health issues. There are so many delicious foods in summer, and many of them are naturally good for you.

Summer produce generally tends to have high water content. That helps keep you hydrated, which minimizes wrinkles because it's plumping up your skin.

Summer bearings include a lot of green vegetables, melons, peaches, corn, mangoes, and other fresh and fragrant herbs. Local markets are at their best during summer, when fruits are abundant, and vegetables are as fresh as can be.

Are you looking for food to beat the heat this season? Here are a few summer-friendly foods that will help you cool down.

Tender Coconut Water -----This is the go-to drink in summer.

The cooling properties, together with its minerals and electrolytes, make coconut water an

ideal energy drink provided by Nature.

Coconut water is filled with electrolytes which keep the body hydrated and the skin toned.

The power drink contains vitamins, minerals, calcium, potassium, and magnesium in its natural form to help beat the heat during summer while keeping one hydrated and energetic throughout the day and boosting your digestive capacity. After you drink the water, cut the coconut and eat the soft skin inside. It is tasty and also cooling.

Nimbu Paani-----Another way of meeting the body's fluid requirement is "Nimbu Paani". They boost the immune system, make your skin glow, and add a healthy dose of Vitamin C to your diet. So drink up as lemonade made with plain water or add a dash of lemon to your juices and salads

You can add one teaspoon of honey and a pinch of salt to Nimbu Paani. If you suffer from any specific diseases, like diabetes, you should take the advice of your doctor regarding additives, like salt, sugar, or honey, to cold drinks and fruit juices. Avoid aerated drinks and take fresh fruit juices instead. Fruit juices should be taken freshly extracted and diluted with enough water. They not only ensure a supply of valuable nutrients but also help to cleanse and purify the system, keeping the skin clear and healthy.

Fruits and Vegetables ---- So, take a good look at your

summer diet. A part of your daily diet must consist of fresh fruits and vegetables, eaten raw, with the skin, as far as possible. Fruit gives you a physical feeling of lightness while also being satisfying. Watermelon, musk melon, pears, papaya, plums, berries, apricots, cherries, mango, and oranges are found abundantly in the summer season. They supply the nutrients that keep our skin and hair healthy and beautiful.

Eat more fresh vegetables which are light on the stomach and easily digestible. Vegetables should be lightly cooked in summer. The health benefits of replacing a normal meal with a salad are immeasurable. All vegetables are fair game, fruit is welcome, and lean proteins (tuna, hard-boiled eggs, leftover poached chicken) and healthy fats (avocado and nuts) turn it into a meal. They ensure the proper elimination of wastes so that the skin is free from clogged pores and problems like pimples add acne.

Lettuce, tomatoes, cucumber, radish, apples, oranges, pineapple, grapefruit and so on can easily be added to salads. Add nuts and seeds. Lemon juice, mint, and green coriander can be added as a low-calorie dressing. Yogurt is also a wonderful beauty food, while buttermilk and paneer can be included. They supply protein, which is so necessary for healthy hair growth and healthy supportive tissues of the skin, like collagen.

Avoid heavy, spicy, and fried food, especially during summer. Nature provides us

with the fruits that are suitable for summer. Melons (Kharbuja), Water Melons (Tarbooz), Cucumber, and "Kakri," are all available during summer. They eliminate toxins from the body and work as an excellent coolant that keeps the skin healthy. They contain more water and help to replenish the water which the body loses through sweating. Instead of having rich desserts, take yogurt with honey, or fresh fruits. It can be consumed as spicy buttermilk, a sweet lassi, or as cold yogurt. Rich with Vitamin B and gut-friendly bacteria, curd soothes the body from within. Add flavour to it by mixing it with mangoes, strawberries, and other fruits. These make delicious desserts too. During summer, you can end your meal with lassi. This is not only cooling but helps digestion too.

Your summer diet should cleanse the body of toxins and wastes. As far as the looks are concerned, this is bound to reflect on the skin and body. The skin will look clearer and fresher, while the hair will look healthy and lustrous. Such foods can help to lose excess weight and maintain a slim figure. Most important of all, it will make you feel better. Beauty is not just a matter of how you look, but also how you feel.

(The author is an international fame beauty expert and is called Herbal Queen of India)

Deteriorating Environment and our Responsibility

By: Vijay Garg

Ever since the problems caused by pollution have increased, the central and state governments have taken steps to get rid of it at their level. The question arises whether the funds and schemes allocated by the central and state governments to get rid of environmental pollution can make the environment clean? It is difficult to say for how many decades the impact of environmental pollution on all the activities and development of human civilization will remain for the last three decades. Actually, it's such a slow poison The effect of which keeps on affecting our health and all other activities. Before Corona, environmental pollution was considered to be the cause of many problems, crises, diseases, hindrance in development, hindrance in economic progress and poisoning of the entire atmosphere. This does not mean that countless problems such as the effects of environmental pollution, problems increasing due to it, crises, diseases, changes in the season cycle should be removed from the priority list. Weight in accordance with the resolutions set in the Paris Climate Agreement in the year 2015It is constantly striving for environmental protection and promotion. India is the only country among the G20 countries that is complying with the agreement. Under this, saving and increasing forest areas are included. But it is not only this. Apart from air pollution, there are also problems like water, noise, soil, fire and excessive light pollution, the effects of which have created problems at many levels. Environmental pollution has increased at a rapid pace since last six months. According to the latest survey, the thirty cities which were included in the matter of pollution in the world Delhi is the second most polluted city among them. Apart from this, twenty two other cities of India are also included in the most polluted cities of the world. It is worth mentioning that despite the implementation of

resolutions for the betterment of the environment, there has not been any significant change in the problem of pollution. Despite this, we are not sensitive to keeping the environment better. Scientists have considered increasing air pollution as the major reason for climate change, increasing diseases, global warming, tsunami and rising temperature of the earth. The rising temperature of the earth and the change in the season cycle The biggest reason for this is toxic carbon energy. Compared to 2005, there has been a twenty one percent decrease in carbon emissions in our country, but it is very less. The continued air quality in Delhi, Gurugram, Agra, Ghaziabad, Kanpur and other cities in the very poor category means more effective steps are needed for the betterment of the environment. According to environmental scientists, by 2040 the demand for clean energy in the country will increase three times as compared to today. Surveys reveal that many states in the country where urea, ammonia, zinc There are factories manufacturing sulfates and pesticides, from whose chimneys different types of toxic gases come out, which badly spoil the environment. There are huge urea manufacturing factories in Phulpur and Amla. Due to the toxic water and gas coming out of these factories, people are facing many problems. Many rivers flowing in Bihar and Hooghly river in Kolkata have become so much polluted due to the wastes of more than 150 leather, cloth, paper, jute, liquor and other modern industries that touching it with hand is a disease. Feels like calling. Similarly, the river Sarisawa, which divides India and Nepal, has become highly polluted due to the effluents released from the industries of Nepal. Significantly, the river Sarisawa had remained a means of livelihood for more than a hundred villages for centuries. But it has now become a cause of death due to the toxic water and effluents released from the tanneries, liquor factories and sugar mills. In the last twenty-five years, more than ten thousand animals have died

due to the consumption of its poisonous water. This has happened due to water pollution. Ganges According to the Pollution Prevention Committee, 480 km of this historic river of 2033 km has become badly polluted due to continuous mixing of wastes and residuals of industries. Krishna, Kaveri, Godavari, Narmada, Tapti, Bhima, Sabarmati and Yamuna are also badly polluted due to the effluents coming out from the industries. Kerala's Chaliyar river has become so polluted due to the toxic water released from the rayon factory that its water is no longer fit for any use. Air and water pollution are the most common pollution problems. A is affecting humans. If we talk about toxic gases dissolved in the air, then the number of benzene carcinogen has increased three to nine times in Delhi. This is a dangerous level of benzene. According to scientists, cancer cases are increasing day by day in Delhi. Similarly, in Bihar and Jharkhand, more than 30,000 people die every year due to the use of polluted water and poisonous gases coming out of electric heating houses. Whereas in Delhi, Haryana and Andhra Pradesh thousands of people die every year due to respiratory diseases and Thousands of people die from cancer. In Madhya Pradesh and Jharkhand, thousands of people get trapped in the claws of death due to various respiratory related diseases due to the gases coming out of lime kilns. Eye and respiratory diseases are common among the workers of Mumbai, Ludhiana, Surat, Kolkata and other textile mills in the country. There are big cement factories in Satna, Banmore, Kaimor, Gopalnagar and Jamul in Madhya Pradesh. Kaimur has the largest cement factory in the country. 24 hours from this and other cement factories The dust keeps flying. Apart from toxic particles of dust, poisonous gases like carbon dioxide, carbon monoxide and sulfur dioxide come out of their chimneys. Because of these, apart from asthma and TB, the number of hemoglobin in the blood decreases. Twenty-four percent of the pollution in

the capital Delhi is caused by factories. Apart from this, poisonous gases are emitted from hundreds of factories in the capital region of Faridabad, Gurugram and Noida. Nitrogen, sulfur dioxide, carbon monoxide within a radius of 100 kilometers from them And due to the increase in the number of other poisonous gases, eye, nose, brain, lungs, throat, intestinal and digestive diseases usually occur. Ever since the problems caused by pollution have increased, the central and state governments have taken steps to get rid of it at their level. The question arises whether the funds and schemes allocated by the central and state governments to get rid of environmental pollution can make the environment clean? Obviously, the steps taken by the central government to get rid of air and water pollution and the environment Common people also need to be explained about the polluting factors. As long as the common man remains careless about the environment and continues to cause noise pollution through loud noise in the air, water, soil and atmosphere, the problems related to pollution cannot be solved. Merely making a law is not going to work. That's why scientists keep advising common people to make them aware of the environment. In the last thirty years, the increasing problems in small and big cities, towns and cities of India including Delhi have made it clear that If we want to live a better life then pollution has to be reduced. The need is that we should minimize the use of polluting factors in the environment and in our own interest and also make others aware about it. That is, the increasingly critical environmental problems have to be taken very seriously like the question of life and death. Only then our environment will be safe and we will also be safe.

(Vijay Garg Retired Principal Educational Columnist Malout Punjab)

Here's a look at sports couples who are playing a long innings of marital bliss

Star-struck sports champions often find their soul mates in movie stars. Virat Kohli and Anushka Sharma, KL Rahul and Athiya Shetty, and Yuvraj Singh and Hazel Keech are a few names from the rather long list.

But then, there are sportspeople, who are finding their better halves on the field. As the rising star of the Chennai Super Kings, Ruturaj Gaikwad, recently tied the knot with fellow cricketer Utkarsha Pawar, here is to sports celebs who found their partners on the play ground!

Pitch to the altar

Ruturaj Gaikwad & Utkarsha Pawar

Reportedly, Ruturaj Gaikwad and Utkarsha Pawar both played for the Maharashtra domestic cricket, and have been dating for long. Ruturaj just enjoyed a remarkable IPL season, being the second-highest run-scorer at the champions Chennai Super Kings, and soon after, he shared the happy news by captioning their dreamy photos, "From the pitch to the altar, our journey begins."

Best match of life

Saina Nehwal & Parupalli Kashyap

The love for badminton and mutual admiration brought shuttlers Saina Nehwal and Parupalli Kashyap together. They met during a camp in 1997 and started dating in the early 2000s. Through the ups and downs, they kept motivating each other and became man and wife in



2018. "Best match of my life," posted Kashyap sharing the good news on social media.

Pullela Gopichand and PVV Lakshmi is another famed court couple!

Love & loyalty

Bajrang Punia & Sangeeta Phogat

The winsome wrestlers from Haryana came close during 2017 Pro-wrestling League. Their matches were scheduled together, and then they started training together. He is in love with her cheerfulness and she values his loyalty. They got

married in 2020. The couple has stood together in protest against the sexual exploitation of women wrestlers.

In fact, another famous Phogat wrestler, Geeta, found her lover in wrestler Pawan Kumar!

India meets Pak

Sania Mirza & Shoaib Malik

She a tennis ace, he a former Pakistan national cricket team captain; she India's pride and he Pakistan's joy – when the duo got hitched in 2010 many feathers were ruffled. The duo welcoming a son in 2018. The couple's happy union has been

under the shadow of divorce. However, their cryptic notes could be for the promotions of The Mirza Malik Show.

The bull's eye

Heena Sidhu & Ronak Pandit

Ace shooters and Arjuna awardee, they got married in 2013. The first Indian pistol shooter to be ranked World Number 1, and two-time Olympian Heena's partnership with her spouse is made special as he is also her coach. They are now raising a daughter they were blessed with in 2021.

Cross over

Dinesh Karthik & Deepika Pallikal

Not always sports folks marry from the same field. Cricketer Dinesh Karthik found his ladylove in ace squash player Deepika Pallikal. Theirs was a Pride and Prejudice story, as our leading lady was averse to the name and fame cricket enjoys over other games. The duo came together as they were training under the same fitness coach. He proposed to her in London and they got engaged in Chennai in 2013. A Christian wedding and another Hindu-Telugu wedding sealed the deal in 2015. The couple welcomed twins Kabir Pallikal Karthik and Zian Pallikal Karthik in 2021.

The list also includes Atanu Das and Deepika Kumari, the famous archers, and Anju Bobby George and Robert Bobby George, the athletes, who found companion on tracks.

Ayushmann empowers LGBTQIA+ community in Chandigarh to turn entrepreneurs



Ayushmann Khurrana is empowering the LGBTQIA+ community in Chandigarh by turning them into entrepreneurs in Pride Month. Ayushmann has invested in building food trucks for the community so that they can become self-reliant

through food business. The food trucks are being called Sweekar, a relevant take on the importance of acceptance for the community in today's society.

Dhananjay Chauhan, the first transgender student of Panjab University and an active

voice for the community in the state, tweeted the pictures of the food truck and wrote, "Thank you so much Ayushmann Khurrana for supporting transgender. Without your help our dream will never fulfill. Chandigarh Administration and Panjab University can provide a space to transgender to start food business."

Ayushmann said, "An actor should have a social responsibility. It is the love of the people that put us in a position where we can do our bit to empower people and communities thereby raising awareness on important issues. I have always believed that inclusivity is the primary pillar for nation building."

Ayushmann further said, "I'm thrilled that on the occasion of the Pride Month, this is a step to empower members of the transgender community in Chandigarh to become self-reliant by turning them into entrepreneurs. I will always support the LGBTQIA+ community in my own way."

Kasturi Banerjee talks about Asur 2

Kasturi Banerjee, known for Rishta Likhenge Hum Naya, Kundali Bhagya and City of Dreams Season 3, has come up with her new web series, Asur 2. The psychological thriller stars Arshad Warsi, Barun Sobti and Ridhi Dogra among others. Her character Zoya is a psychotherapist, who is warm, empathetic, and loving, yet very professional. Talking about what made her say yes for the second season, Kasturi says, "I had seen Season 1 and who wouldn't want to be a part of this epic drama with suspense and crime?"

She adds, "I loved working with such tal-



ented people. The understanding of the

entire team was amazing."

Mahesh Poojary, Awez Darbar and Sunidee Chauhan selfie from set of Bigg Boss OTT goes viral

Every year, the Bigg Boss team strives to gather contestants who can captivate the audience, and this season is no different. Bigg Boss OTT 2 boasts a star-studded line-up featuring renowned celebrities from various fields, including directors, influencers, creative producers, choreographers, and actors.

Among the confirmed contestants for this grand reality show are Mahesh Poojary (creative producer), Awez Darbar (choreographer), Pooja Gor (actress), Anjali Arora (popularly known as "Kaccha Badam"), Poonam Pandey (actress), Faisal Shaikh (influencer), Anurag Doval (YouTu-



ber), Sambhavna Seth (actress), and Sunidee Chauhan (television actress).

Interestingly, sources

reveal that Mahesh Poojary and Awez Darbar have already filmed their promotional content and will be the

first duo to enter the Bigg Boss house this season.

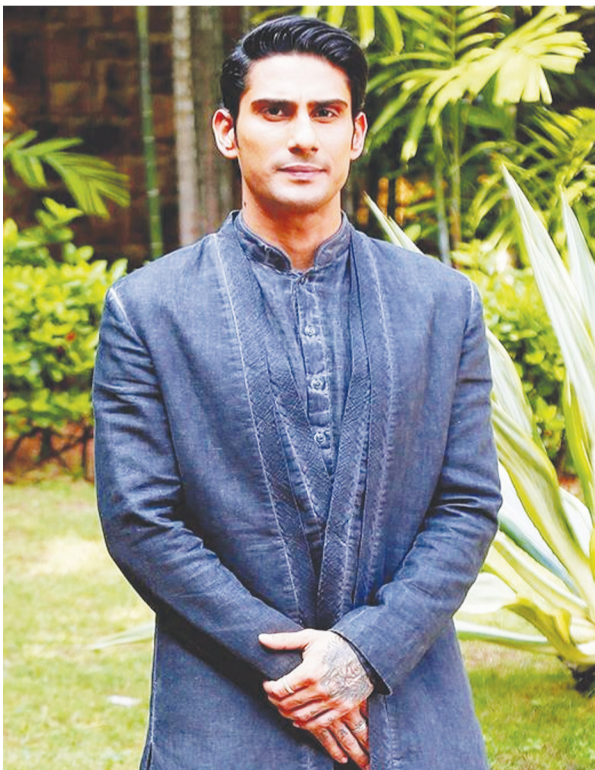
Awez Darbar, the renowned choreographer and influencer, is the son of Ismail Darbar, while Mahesh Poojary brings his expertise as a creative producer with an extensive portfolio in television shows, web series, and music. Mahesh has worked for various TV shows and web series for Pixx entertainment on projects like Poison, Bhram, Bhoot Poorv for Zee5, Rakhtanchal for Mx Player, Shiksha Mandal for Maam Mein Kya Rakha Hai Production for Piyush Gupta as also have worked on songs for actors like

Krishna Kaul, Donal Bisht, Abhishek Verma, Nishant Malkhani, Saba Khan, Vishal Kothian, Siddhartha Shukla, Gautam Vig etc.

Sunidee Chauhan has worked for Vignahartha Ganesha as a parallel lead for Sony TV, Udaan for Colors and Love Panti show for Mahesh productions as a lead.

The show will be streamed on Jio Cinemas, offering a 24-hour live session for viewers. Fans are eagerly waiting for the new season and are buzzing with anticipation to discover the identities of the contestants. The show is set to premiere next month, and the official date is expected to be announced soon.

Meet Prateik Patil Babbar



Prateik Babbar, who is known for his work in films like Mulk, Chhichhore, India Lockdown and several others, has changed his name to Prateik Patil Babbar as a heartfelt homage to his late mother, Smita Patil — one of the finest actresses of Hindi cinema, who was the recipient of two National Awards and a

Padma Shri.

The late actress was one of the flag-bearers of the New Wave Movement in Hindi cinema.

The actor also changed his name on all his social media handles. Prateik's relationship with his mother has always been one of love and inspiration. He has often spoken about her influential presence and

the enduring impact she continues to have on his personal and professional journey.

Talking about his decision, Prateik said, "With the blessings of my father and my entire family... my late maternal grandparents & my late mother, I have decided to add my mother's last name as my middle name, giving birth to my new screen name Prateik Patil Babbar. I want it to be a reminder to myself, the people and the audience, of her extraordinary and remarkable legacy, of my legacy, a reminder of her brilliance and greatness."

He added, "My mother will be a part of each and every endeavour I put my energies into not that she wasn't a part before but, having her last name as part of my name just solidifies the sentiment. It'll be 37 years this year since she left us, gone but not forgotten. I will make sure she is never forgotten. Smita Patil will live on through my name quite literally."

Taylor Swift and Matty Healy reportedly break up



Taylor Swift and Matty Healy have called it quits after fueling romance rumours for about a month.

Taylor and Healy have been linked since early May and have been spotted in public together several times. "She had fun with him, but it was always casual," says a source. "They are no longer romantically involved." Healy was also seen at all six of Swift's Eras Tour shows in Nashville and Philadelphia, along with Swift's father Scott and friends like Blake Lively and Gigi Hadid.

Isha Talwar is all excited about Mirzapur 3

Isha Talwar is all excited about Mirzapur 3 and shared her experience working in this new season.

Mirzapur is the story of Kaleen bhaiyya, the King of Mirzapur vs the Pandit Brothers, Guddu and Bablu. What initially begins as a battle for power, leading to the throne of Mirzapur, eventually shapes the destiny of the city, influencing its business and its politics.

The makers are yet to announce the release date although it's confirmed that the show will be out this year.

Talking about her experience Isha said, "Madhuri Yadav, as we already saw in Season 2, had almost snatched power from Kaleen bhaiya. When you take on such an important character in the show, please accept nothing but great drama intertwined riding on big EQ!" She plays the role of Madhuri Yadav. In Season 3 she will be seen as Munna bhaiya's



widow and will be taking on Guddu Pandit (Ali Fazal) and Golu Gupta to avenge her hus-

band's death. She was last seen in Saas Bahu Aur Flamingo.

Ahead of PM Modi's Washington visit, India and US hold meet to firm up deliverables in strategic areas

Modi will visit US from June 21 to 24

NEW DELHI, Jun 7 (Agencies): India and the US held their first-ever meeting to take forward the strategic technology and trade collaborations envisaged under the India-US initiative on Critical and Emerging Technologies (iCET) which was co-chaired by NSAs Ajit Doval and Jake Sullivan.

The intention is to line up deliverables ahead of PM Modi's state visit to the US from June 21 to 24.

Doval, Sullivan agreed on collaboration in six broad segments: Strengthening innovation ecosystems; defense innovation and tech cooperation; resilient semiconductor supply chains; mobility of space, science, technology, engineering and math talent; and next generation telecommunications.

The India-US Strategic Trade Dialogue (IUSSTD) held on Tuesday was led by Foreign Secretary Vinay Mohan Kwatra. The US delegation was co-led by



Alan Estevez, Under Secretary for Industry and Security in the US Department of Commerce and Victoria Nuland, Under Secretary of State for Political Affairs in the US Department of State.

"The Dialogue is a key mechanism to take forward the strategic technology and trade collaborations envisaged under the iCET. IUSSTD focused on ways

in which both governments can facilitate the development and trade of technologies in critical domains such as semiconductors, space, telecom, quantum, AI, defence, bio-tech and others," said a statement from the Indian embassy in Washington.

Both sides reviewed the relevant bilateral export control regulations with the objective of

building and diversifying resilient supply chains for these strategic technologies. They reviewed ongoing cooperation in multilateral export control regimes and agreed to share best practices.

The both also agreed to enhance awareness among the industry, academia and other stakeholders about the export control regimes through workshops and other activities.

They acknowledged that the dialogue would be instrumental to enabling co-production, co-development and enhanced industrial collaborations in critical technologies.

A regular monitoring group will review progress in deepening cooperation in the bilateral high-tech trade and technology partnership. The co-chairs agreed to continue the dialogue with the objective of strengthening the India-US Comprehensive Global Strategic Partnership.

Wrestlers meet with Sports Minister Anurag Thakur after invite



NEW DELHI, Jun 7 (Agencies): A crucial meeting between top wres-

tlers led by Bajrang Punia and Sports Minister Anurag Thakur began at his residence on Wednesday morning as the government continued its effort to strike a deal with the protesting grapplers against outgoing WFI chief Brij Bhushan Sharan Singh.

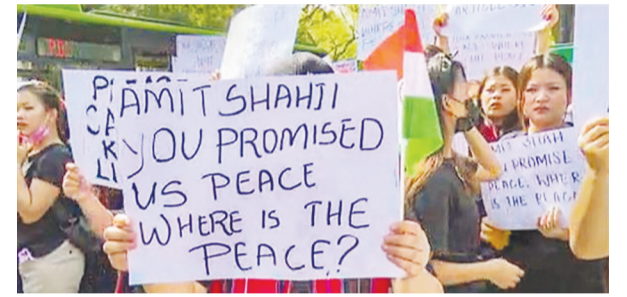
The meeting was called upon by Thakur to break the impasse which has been going on for more than a month.

It is the second round of meeting between the government and protesting wrestlers, who met Home Minister Amit Shah on Saturday night.

The wrestlers have been protesting against Brij Bhushan, demanding his arrest for alleged sexual harassment of seven women grapplers.

Manipur violence: Members of Kuki community hold protest outside Amit Shah's residence

NEW DELHI, Jun 7 (Agencies): People from Manipur's Kuki community held a protest outside Union Home Minister Amit Shah's residence here on Wednesday against the ongoing violence in the northeastern state, police said.



The protesters were holding placards with messages such as 'Save Kuki Lives' and raising slogans, they said.

Police said four of the protesters were allowed to enter the Home Minister's residence for a

meeting and the rest were shifted to Jantar Mantar.

At least 98 people have lost their lives and 310 more were injured in ethnic violence in Manipur that broke out a month ago.

A total of 37,450 people are currently

sheltered in 272 relief camps in the state. Clashes first broke out in Manipur on May 3 after a 'Tribal Solidarity March' was organised in the hill districts to protest against the Meitei community's demand for Scheduled Tribe (ST) status.

College student raped, murdered in Mumbai hostel room; accused security guard found dead on railway tracks

MUMBAI, Jun 7 (Agencies): An 18-year-old college student was allegedly raped and murdered in her hostel room in south Mumbai while a security guard, who is an accused in the case, was found dead on railway tracks near the hostel, police said on Wednesday.

The police were alerted at around 5 pm on Tuesday after the woman became untraceable, with her fourth-floor hostel

room in Charni Road area locked from outside.

A police team that entered the hostel room found her strangulated to death with a piece of cloth, an official said.

The victim was the student of a government polytechnic college in suburban Bandra, he said.

After reaching the spot, the police along with a team of forensic and fingerprint experts started a probe.

During the investigation, it came to light that the hostel's security guard, who was a suspect in the case, was found dead on the railway tracks near Charni Road station on Tuesday morning, the official said.

Based on a complaint by the student's cousin and circumstantial evidence, an FIR was registered against the security guard under Sections 302 (murder) and 376 (rape) of the



IPC, the official said.

A probe was on into the case, he said, adding that the post-mortem report was awaited.

Woman found dead in flat in Bengaluru; hunt on for her male friend

BENGALURU, Jun 7 (Agencies): A 23-year-old education technology firm employee was found dead in her flat in the city, police said on Wednesday.

Suspecting it to be a murder, the police have launched a manhunt for her male friend, who is at large.

The crime came to light after her roommate returned to the flat on Monday and found her dead, they said.

Her roommate alerted the police who reached the spot.

The woman was found lying dead in the bed with a stole tied around her neck.



Investigation revealed that her male friend had come to visit her on Monday. Police suspect the involvement of the friend, who is absconding.

The two used to work together in Hyderabad. Recently, the woman had shifted to Bengaluru.

Tension Grips Maharashtra Town Over Social Media Posts On Aurangzeb, Tipu Sultan

KOLHAPUR, Jun 7 (Agencies): Some Hindu outfits today staged a massive protest in Maharashtra's Kolhapur over controversial social media posts on Aurangzeb and Tipu Sultan, officials have said.

Calling for a shutdown, the outfits alleged that the posts were intended to glorify the two rulers.

The protest turned violent when the protesters ransacked some shops and vehicles at



Kolhapur's Chhatrapati Shivaji Maharaj Chowk, demanding action against those men.

The police had to resort to lathicharge to disperse the protesters, officials said. There

were reports of clashes between two groups from other parts of the town as well.

"Some organisations had called for a Kolhapur bandh and the members of these outfits gathered at Shivaji Chowk today. Some people also started throwing stones, forcing police to use force against these people to disperse them," said Mahendra Pandit, Superintendent of Police, Kolhapur.

Maharashtra Chief Minister Eknath Shinde said that he is in contact with the senior police officials. He also appealed to the public to maintain calm.

Officials said Deputy Chief Minister Devendra Fadnavis, who also holds the Home portfolio, is also monitoring the situation.

Security has been increased in the city to avoid any untoward incident, police said.

"This Was His Dream": Arvind Kejriwal Tears Up, Says Missing Manish Sisodia

NEW DELHI, Jun 7 (Agencies): Delhi Chief Minister Arvind Kejriwal today broke down in tears and said he was missing his jailed colleague and former deputy chief minister Manish Sisodia during the inauguration of a new school in the city.

Mr Sisodia has been in connection with the alleged Delhi liquor scam.

Wiping tears from his eyes, the Chief Minister said at the event, "Manish ji had started this.

It was his dream that every child should get the best possible education... He has been jailed because he has



been building good schools and ensuring proper education for children."

Post a comment In a veiled attack on the Bharatiya Janata Party, Mr Kejriwal said in Hindi, "These people want to ensure that Delhi's revolution in education is finished. We will not let that happen."

4 die in road accident in Rajasthan's Sikar



JAIPUR, Jun 7 (Agencies): Four people, including a police constable, died in Rajasthan's Sikar on Wednesday morning when a car collided with a truck, officials said.

The accident took place in Fatehpur Sadar

police station area around 5 am, they said.

The deceased were identified as constable Revantram, Tejaram, Shahrukh and Riyaz, all residents of Jodhpur district.

The bodies were shifted to a mortuary for post-mortem, police said.

CBI raids multiple locations in Bengal linked with job scam in civic bodies

KOLKATA, Jun 7 (Agencies): The Central Bureau of Investigation (CBI) on Wednesday conducted raids at multiple locations in West Bengal in connection with its probe into alleged irregularities in recruitment in civic bodies, an official said.

Sleuths of the central agency started search operations on Wednesday morning in 14 municipalities, including South Dum, Panihati, Kancharpara, Chinsurah and Dum Dum.



The CBI teams also raided the office of the state urban development department in the Salt Lake area, he said.

According to the official, allegations of cash-for-jobs had surfaced over appointments of personnel in these civic bodies for which the search operations were taking place.

Encounter between Naxals, security forces in Chhattisgarh's Bijapur; explosions, gunshots heard

BIJAPUR, Jun 7 (Agencies): A gunfight was underway between security forces and Naxals in the jungles of Bijapur district in Chhattisgarh. According to the details, it was a joint operation of CoBRA and the Special Task Force (STF).

Several explosions and gunshots were also heard in the border areas of Bijapur and Sukma districts of Chhattisgarh, at the time of the encounter.

Commenting on the gunfight, IG Bastar, P Sundarraj, said there was an exchange of fire between Maoists and security forces in the Basaguda-Pamed-Usor tri-junction area of Bijapur district.

"Security forces are fine; the scale of damage suffered by



Naxals would be clear only after completion of search operations," he added.

"More details will be disclosed after the operation is completed," the IG said.

On June 5, a Naxalite, who

was allegedly involved in more than 24 incidents of violence and had Rs 1 lakh bounty on his head, was arrested by the security forces in Chhattisgarh's Sukma district.

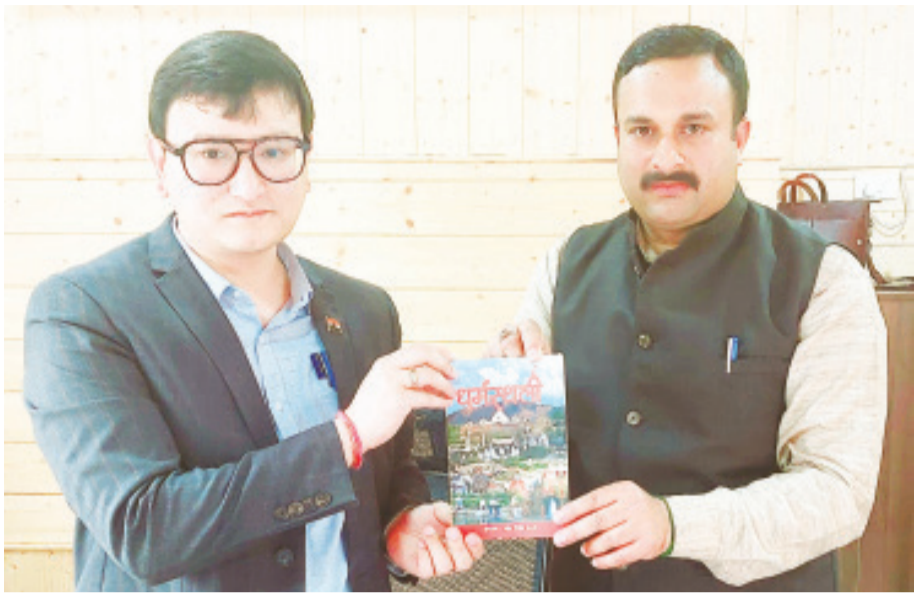
Sodi Deva alias Sunil was

apprehended near the forest of Surpanguda village under Jagargunda police station limits by a joint team of 201st battalion of the CRPF's Commando Battalion for Resolute Action (CoBRA) unit and the district force, Sukma Superintendent of Police Kiran Chavhan told PTI.

Deva, who was active as militia platoon command-in-chief for Maoists in the Surpanguda area, had been with the outlawed outfit for the last 12 years, he said.

He was allegedly involved in more than 24 incidents of violence in Chintalnara and Jagargunda areas of Sukma, the official said, adding that he was carrying a reward of Rs 1 lakh on his head.

To promote religious tourism, Mahant Rohit Shastri meets JKTDC MD Minga Sherpa



TOP NEWS REPORT

JAMMU, Jun 7: Shri Kailash Jyotish Avim Vedic Sanathan Trust President Mahant Rohit Shastri met Additional Secretary in the office of the Lieutenant Governor of Jammu and Kashmir, currently Director of Directorate of Information and Public Relations (DIPR) of Jammu Kashmir and Jammu and Kashmir Tourism Development

Corporation (JKTDC) MD of JKTDC, Minga Sherpa at Raj bhavan Srinagar and informed him about the social work being done by the trust to promote Devvani Sanskrit language and presented "Dharmasthali" Book.

On this occasion, Mahant Rohit told them that all the ancient temples of Jammu and Kashmir should be brought on the tourism map, tourists will get acquainted with

the history of religious places by coming on the tourism map of temples, religious places will be developed, people will get employment and the economic condition of UT will be strong.

Mahant Rohit Shastri said that under the representation of Lieutenant Governor of Jammu and Kashmir Manoj Sinha, the UT is moving forward on the path of development every day.

DIPR organises Seminar on 'Cyber Security- Cyber Hygiene' at Gandhi Memorial College

TOP NEWS REPORT

SRINAGAR, Jun 7: Continuing its drive to raise awareness among students regarding Cyber Crime and educate them to address the ever growing issue of Cyber crimes, Cultural Unit Kashmir of DIPR in collaboration with Gandhi Memorial College Srinagar today organised a seminar on the topic 'Cyber Security- Cyber Hygiene' at the auditorium of Gandhi Memorial College, Srinagar.

The session was inaugurated by the Deputy Director Information (PR), Bilal Mukhtar who was the chief guest on the occasion while as Principal Gandhi Memorial College GM Dar was the guest of honour.

In his speech, Bilal Mukhtar highlighted the role of Cyber Awareness in the current scenario and urged the participating students to understand the fundamentals of cyber technology in order to stay relevant in the present times. He stressed on the need of understanding the

ever increasing ambit of cyber world and the cyber crimes.

Earlier, AE&CO Cultural Unit Kashmir, Syed Shakeel Shan welcomed the dignitaries and audience and threw light on the various challenges and problems investigating agencies face in this world of internet and technology in Kashmir.

Students of Gandhi Memorial College including Atif, Mehvish, Omaik and Adeb briefed the gathering about the growing online scams and data hacking. The programme was attended by about more than hundred participants including students, faculty, social activists and officers of the Information Department. During the Seminar, artists of Angels Cultural Academy performed a thematic play and dance.

Later, certificates of appreciation and mementos were presented to participating speakers, Principal Gandhi Memorial College, President Angeles Cultural Academy Tariq Shera and performing artists.

J&K-Khidmath-e-Khalaq Society organizes week-long activities to celebrate World Environment Day



TOP NEWS REPORT

JAMMU, Jun 7: JK-Khidmath-Khalaq Society celebrated World Environment Day 2023 by organizing series of activities. World Environment Day is celebrated annually across the globe to mark the importance of nature and the environment.

The purpose of this day is to spread awareness about the threat to the environment due to rising pollution levels and climate change. The ambassadors of Organisation celebrated this week as Environment Week. The week included a lot of enthusiastic activities in which the common masses in general and youth in particular participated wholeheartedly.

On this occasion, a detailed lecture was organised in which different aspects were covered such as Sustainable development, Global warming, and climate change etc. An awareness rally was organised in which almost 100 youngsters actively participated along with members.

A lecture cum symposium was organised on the eve of World Bicycle Day in which Chairman

Dr. Shiraz stressed upon the fact that Cycling will facilitate the reduction of carbon fuel prints. Youngsters were given various opportunities to share their ideas on how they could preserve the environment.

The celebrations came to an end with everyone being made aware of the need to save the environment and doing their bit for a cleaner and greener Mother Earth. The programme was made successful with active support of members. The whole programme was conducted under the guidance of Chairman Dr. Shiraz Mir.

Youth have an important role to play towards environment: CMO Doda



TOP NEWS REPORT

DODA, Jun 7: To raise awareness about the environment & ecology among the masses, the District Health Society Doda organized numerous activities in the District, to celebrate World Environment Day 2023, on the theme, "Beat Plastic Pollution".

The main programme in this regard was held at Trauma Hospital Khellani in Block Assar, which was attended by Chief Medical Officer Dr Ab Hamid Zargar as the Chief Guest.

While speaking on the occasion, CMO Doda Dr Zargar said that day is observed as the day dedicated to educate about environ-

ment, plant trees and clean surroundings. He said that young people should voluntarily take part in keeping their surroundings neat and clean, added that we all should do our bit in ensuring that we would do everything possible to keep this universe safe from every types of pollution.

CMO Doda on this occasion also urged the participants and civil society to protect the mother earth by planting more and more trees as well as replacing the single use plastic with biodegradable matter, so that mother earth can be saved and remain sustainable.

Sanitary Inspec-

tor Zaheer Gattu as the Resource Person explained about the significance of the day and how to beat the plastic pollution for the safety of the environment and healthy life.

A plantation drive was also launched by CMO Doda in coordination with other stakeholders, on the eve of World Environment Day 2023 along with a pledge by the audience to protect and conserve the environment.

Other than the Health Department, the programme was attended by Principal GHSS Khellani Doda, Forest Department, local PRIs besides ASHAs of the block.

DC Anantnag flags-off Hajj Pilgrims from district

TOP NEWS REPORT

ANANTNAG, Jun 7: The Deputy Commissioner (DC) Anantnag, SF Hamid today flagged-off the batch of Hajj pilgrims of District Anantnag at a ceremony held in Dak Bungalow Khanbal.

A comprehensive plan has been put in place

to facilitate the departure of the pilgrims from Anantnag district. The plan includes arrangements for transportation, accommodation, health-care, and other essential services to ensure a safe and comfortable journey for the pilgrims.

Speaking at the flagging-off ceremony, the

DC extended his best wishes to the Hajj pilgrims and emphasized the significance of this spiritual journey. He commended the efforts of the administration and various departments involved in making the arrangements, ensuring that all necessary facilities are in place for the

smooth conduct of the pilgrimage.

The DC also urged the pilgrims to adhere to the guidelines and protocols established by the Government of India and the Saudi Arabian authorities. He emphasized the importance of following all health and safety measures to protect

themselves from any untoward incident.

The district administration has set up a dedicated control room to address any queries or concerns of the pilgrims or their families. Contact details for the control room on 01932-222200. Email: anantnag@nic.in.

Northern Command, Col Priyanka deserves accolades

ASC getting woman CO will inspire our daughters to join Indian Army: Raman

TOP NEWS REPORT

JAMMU, Jun 7: Bharatiya Janata Party (BJP) J&K Executive Member Raman Suri, while congratulating Col Priyanka Singh, the first Women Commanding Officer of the Army Service Corps (ASC) Battalion in the Northern Command, said that the Indian Army has set an example of Nari Shakti by appointing Col Priyanka at such a strategic position.

Raman Suri said that appointment of a woman officer at a frontline Divisional ASC Battalion wherein she will be responsible for providing intimate supplies and

transport cover to the soldiers on borders, is an example of equality, women empowerment, and display of strength. This also signifies the recognition of women's capabilities and their invaluable contribution to defence and security of the Nation.

India, he said, has always been a nation of warriors, especially women like Rani Lakshmi Bai of Jhansi, Rani Durgavati, Mata Bhag Kaur, KitturChennamma and Maharani Tarabai Bhosale. Drawing inspiration from the stories of their fights against Mughal rulers and Britishers, our women are leaving



no stones unturned to prove their capabilities. This appointment of Col Priyanka will go a long way in encouraging our daughters to serve the nation even on front lines.

Raman Suri said that while the Northern Command has mentioned itself as a proud army base to have such a brilliant and fearless officer,

Col Priyanka Singh's achievements are quite unique and inspiring. Her passion and courage serve as a great motivation for many other women of our Nation and India feels proud of her daughters, the BJP leader said.

Raman Suri added that the first women to be appointed as CO in ASC is a matter of celebration and salutes the spirit of women achievers like Col Singh. The Northern Command, which has displayed its dedication in creating an inclusive and diverse armed force to harness full potential of its personnel including women irrespective of

gender, deserves accolades. This is a golden era where women officers will be proving their mettle as able soldiers on the front line.

Raman Suri said that the Union Government has already directed the Defence Ministry to organise an All-Women Republic Day Parade in 2024, which shows government's faith in Nari Shakti. The 2024 parade will see only women taking part in all the activities on the Kartavya Path. This is for the first time that such a decision has been taken by any government in the country, which is quite applaudable and praiseworthy.

BVP organizes Anemia Mukht Bharat campaign

TOP NEWS REPORT

JAMMU, Jun 7: BVP Gandhi Nagar branch has organized Anemia Mukht Bharat campaign on Wednesday at Govt. Girls Higher Secondary School, Gandhi Nagar Jammu.

Around 75 children from class 6th to 10th had gone through the Anemia screening test and 27 of them found suffering from Anemia. The branch has distributed medicines amongst the children.

Ganesh Khajuria, Incharge of the School, showed full cooperation



with the branch.

On this occasion prominent among others present in the Camp were Dev Raj Sharma, Regional President, Arun Sharma Joint General Secretary

Regional, Amita Sharma, Regional Mahila and Bal Vikas, Bharat Bhushan Sharma, President JK Branch, Satya Nand Sharma, Patron, Dr. Santosh Gupta, Dr.

Balwant Sharma, Vijay Kumar Sharma and state Vice President Samparak Parmukh BVP J&K Prant Vijay Sharma, Ashok Khajuria, Aarti Sharma and

other branch members were present during the campaign.

The whole programme organized by Sushil Ojha, Uday Chandra Sharma and Gurmeet Singh. The school staff was also present and showed full cooperation.

Special thanks to Dr. A.P Singh and their Lab attendants for conducting the tests. Dr. S.K Sharma also gave the lecture regarding how to prevent "Anemia".

Light refreshment and Gur/Chana was served to the children and staff members.

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