

TOP NEWS OF J&K

JAMMU, WEDNESDAY, MAY 31, 2023

Daily Evening Newspaper



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BRIEFLY

Cabinet approves Rs 1 Lakh Crore scheme to increase grain storage capacity in cooperative sector

NEW DELHI, May 31 (Agencies): The Union Cabinet on Wednesday approved a Rs 1 lakh crore programme to increase foodgrain storage capacity by 700 lakh tonne in the cooperative sector.

Giving details, Information and Broadcasting Minister Anurag Singh Thakur said presently, the grain storage capacity in the country is about 1,450 lakh tonne.

In the next five years, the storage will expand to 2,150 lakh tonne.

The storage capacity will be increased in the cooperative sector.

Terming the proposed scheme as the "world's largest foodgrain storage programme" in the cooperative sector, Thakur said a 2,000-tonne capacity godown will be set up in each block.

He said the move is aimed to reduce the damage of food grains due to a lack of storage facilities, help in checking distress sales by farmers, reduce import dependence and create employment opportunities in rural India.

The minister said more storage capacity will reduce transportation costs for farmers and strengthen food security.

India annually produces about 3,100 lakh tonne of foodgrains, but the existing godowns can store only up to 47 per cent of the produce.

India records 310 New Covid-19 Cases, 3 deaths

NEW DELHI, May 31 (Agencies): A single-day rise of 310 fresh coronavirus cases was reported in India while the active cases decreased to 4,222, according to the Union health ministry data updated Wednesday.

The country's COVID-19 death toll has increased to 5,31,870 with three latest fatalities, including one death reconciled by Kerala, the data updated at 8 am stated.

The infection tally stands at 4.49 crore **Turn to page 9**

Three terrorists arrested as Army foils infiltration bid along LoC in Poonch

JAMMU, May 31 (Agencies): The Army on Wednesday foiled an infiltration attempt with the arrest of three terrorists along with a huge consignment of arms and narcotics along the Line of Control (LoC) in Poonch district of Jammu and Kashmir.

A defence spokesman said the terrorists, who were also in possession of a 10 kg powerful Improvised Explosive Device (IED), were arrested after an exchange of fire near the border fence when they were attempting to sneak into this side.

An Army personnel and one of the terrorists were injured in the firing.

"In a joint operation by Army along with police, likely three-four terrorists were intercepted on LoC in Poonch sector while attempting to cross the fence on the night of May 30 and 31, taking advantage of bad weather and heavy rains," Jammu-based



Army PRO Lt Col Devender Anand said in a statement.

After tracking the movement at about 1.30 am, the spokesperson said an Army ambush, on challenging them, was fired upon and in the retaliatory firefight some terrorists have been hit.

"The area is cordoned and search operation is in progress. Blood trails have been found. Three terrorists with some weapons, war-like stores including one IED and narcotics have been apprehended. One Indian Army soldier was injured in the ensuing firing and has been

evacuated," Lt Col Anand said.

The injured terrorist has been shifted to a civil hospital under police custody.

Officials said the incident took place at forward Karmara village in Gulpur sector after troops guarding the border picked up suspicious movement and challenged the persons which led to a gunfight.

The officials identified the arrested accused as Mohd Farooq (26), who received a bullet injury in his leg, Mohd Riaz (23) and Mohd Zubair (22), all residents of Karmara.

They are believed to have received the arms and narcotic consignment from across the border and were trying to smuggle it into this side when they were intercepted by the troops, the officials said.

The seizure made from the arrested persons included an AK assault **Turn to page 9**

Jammu Road Accident | PM Modi announces Ex-Gratia of Rs 2 lakh each for kin of deceased

NEW DELHI, May 31 (Agencies): Prime Minister Narendra Modi on Wednesday expressed grief over the loss of lives in the road accident in Jammu and announced an ex-gratia of Rs 2 lakh each for the next of kin of the deceased and Rs 50 thousand for people who sustained injuries.

At least 10 people were killed and around 55 injured when a bus

fell into a deep gorge on the Jammu-Srinagar national highway on Tuesday morning.

"Expressing grief on the bus accident in Jammu and Kashmir, PM @narendramodi has announced an ex-gratia of Rs 2 lakh from PMNRF for the next of kin of each deceased. The injured would be given Rs. 50,000," PMO tweeted.

J&K Highway, Mughal Road shut due to landslides, mudslides

JAMMU, May 31 (Agencies): The Jammu-Srinagar national highway and Mughal road were shut for traffic on Wednesday following landslides and mudslides triggered by heavy rains in Ramban and Poonch districts of Jammu and Kashmir, officials said.

Over 200 vehicles have been stranded at various stretches of the highway, they said.

The 270-km highway, the only all-weather road

linking Kashmir with rest of the country, was blocked by mudslides and shooting stones.

The highway has been closed till further clearance, SSP, Ramban, Mohita Sharma said in a tweet.

Heavy rains triggered a major landslide on Mughal road near Ratta Chamb bridge, blocking traffic movement, officials said.

The men and machines are working to clear the landslide, they said.

Rahul Gandhi insults India during foreign visits, raises questions about Country's progress: Anurag Thakur

NEW DELHI, May 31 (Agencies): Slamming Rahul Gandhi over his remarks in the United States, Union Information and Broadcasting Minister Anurag Thakur on Wednesday accused him of "insulting" the country and said the Congress leader is unable to digest praise of Prime Minister Narendra Modi from foreign leaders.

"Rahul Gandhi always insults India during his foreign visits. PM Modi met almost 24 PMs and Presidents of the world and held over 50 meetings during his foreign visit. Recently, the Australian PM



said that 'PM Modi is the Boss', the PM of Italy said that PM Modi is the most popular leader in the world and the Prime Minister of a

country greeted him by touching his feet," he said.

"Today, the world sees hope in the leadership of India. This never happened in 75 years. The fact is that because of our leader, the respect of 140 crore countrymen is increasing. Rahul Gandhi and the Congress party are unable to digest this," he added.

The BJP leader said that Rahul Gandhi raises questions about India's progress when the country's stature is rising.

"Even in the past, he (Rahul Gandhi) **Turn to page 9**

BJP 'Threatening' people and 'Misusing' Government agencies: Rahul Gandhi



SAN FRANCISCO, May 31 (Agencies): Congress leader Rahul Gandhi has taken a swipe at the ruling BJP government, saying

it is "threatening" the people and "misusing" the country's agencies as he addressed a gathering of the Indian diaspora here.

Speaking at an event in Santa Clara, California on Tuesday, Gandhi said the BJP and the RSS are controlling all the instruments of politics in India.

He said before starting his 'Bharat Jodo Yatra', he realised that the normal tools that have historically been used in politics were not working anymore.

"The BJP is threatening people

and misusing government agencies. The Bharat Jodo Yatra started because all the instruments that we needed to connect with the people were controlled by the BJP-RSS," he said.

"We were also finding that in some way, it had become quite difficult to act politically. And that's why we decided to walk from the southernmost tip of India to Srinagar," he said.

Gandhi said the yatra carried the spirit of affection, respect and humility. **Turn to page 9**

Batmaloo stabbing case: Accused held, weapon of offence recovered

SRINAGAR, May 31 (Agencies): Srinagar Police on Wednesday said that they have solved the Batmaloo stabbing case within 24 hours by arresting the alleged assailant.

Talking to the reporters, SP South City, Gaurav Sikarwar said the victim had a heated argument with the assailant last



evening following which the latter stabbed him multiple times with a

sharp-edged weapon in the Batmaloo area of the city. **Turn to page 9**

He said that the police after registering a case analysed CCTV footage and used other technical methods to zero in on the assailant.

He said they have recovered the weapon of offence and blood-stained clothes of the assailant on his instance. **Turn to page 9**

Inclement Weather to continue in J&K: MeT

SRINAGAR, May 31 (Agencies): Light to moderate rains lashed most places of Jammu and Kashmir while Meteorological Department on Wednesday predicted inclement weather to continue during the next 24 hours.

Light to moderate rain occurred at many places over Jammu and Kashmir since early morning while light to moderate rain, thunder and lightning at most places with isolated heavy rain over few places of Jammu division with hailstorm is expected very likely today, the MeT office said.

It said widespread intermittent light to

moderate rain, thunder and lightning with possibility of hailstorm & gusty winds at few places during June 1-2.

The weather is likely to remain mainly dry but the possibility of rain, thunderstorm at isolated places towards late afternoon can't be ruled out from June 3-8, the MeT office said.

It has also advised farmers to suspend all farm operations till June 2 and cautioned people that rain, snow on higher reaches may lead to temporary disruption of traffic over vulnerable places. All concerned are advised to remain cautious and **Turn to page 9**

TENTH DAY

With profound grief & sorrow, we inform the sad and untimely demise of **Sh. Maharaj Krishan Bhan** S/o Late Sh. Srikant Bhan R/o Drussu, Pulwama Kashmir presently at H.No. 7, Lane No. 27, Rajpura Park, Jammu on 23/5/2023 (Tuesday).

Tenth Day will be performed on 1st June, 2023 at Muthi Ghat, Near DSE at 7.00 am

GRIEF STRICKEN

Smt. Usha Bhan - Wife
Daughter & Son-in-law
Mrs. Sonika & Mr. Samir Ahuja
Mrs. Monika Bhan
Miss. Shilpa Bhan
Mrs. Samiksha & Mr. Sumeet Bajaj
Mrs. Aanchal & Mr. Akshay Pandit

Brothers & Bhabhis

Smt. Rattana Bhan W/o Lt. Sh. J.L. Bhan
Smt. Sarla & Sh. C.K. Bhan
Smt. Baby & Sh. D. K. Bhan
Smt. Tosha Koul W/o Lt. Sh. P. N. Koul - **Sister & Brother-in-law**
Smt. Asha & Sh. Ravi Raina - **Sister & Brother-in-law**
Grand Children : Ginny, Pari, Muskan, Sharan
Mr. Mohinder Singh Parihar - **Brother-in-law**
Smt. Bimla Parihar & Sh. Jeevan Lal Parihar - **Sister-in-law & Brother-in-law**



Sh. Maharaj Krishan Bhan

OBITUARY/TENTH DAY KRIYA

With profound grief and sorrow we inform the sad demise of our beloved **Smt Sunita Koul (Priya)** W/o Sh. Prediman Krishan Koul originally resident of Achabal, Anantnag, Kashmir and presently at H.No. 115, Amit Nagar, near Shining Star Academy Muthi left for heavenly abode on 23rd May 2023.

10th Day Kriya will be performed at Muthi Ghat on 1st June 2023 (Thursday) at 08:00 AM.

Grief Stricken

Sh. Prediman Krishan Koul - **Husband**
Kritik Koul - **Son**
Sh. Ramesh Koul - **Devar**
Smt. Indu Ji - **Nanand**
Mama and Mami
Smt. & Sh. Hriday Nath Pandita

Daughters and Sons in law
Jassi and Deeraj Shah
Subashni and Sudesh Raina

Contact : 9086119172; 9149923740; 9419302639



Smt Sunita Koul (Priya)

TENTH DAY KRIYA

WITH PROFOUND GRIEF AND SORROW, WE REGRET TO INFORM THE SAD DEMISE OF OUR BELOVED **SMT. KAUSHILYA DEVI (PIYARI)**, W/O LT. SH. MOHAN LAL PANDIT OF KOIL, PULWAMA ON 25TH MAY 2023. THE **TENTH DAY KRIYA** WILL BE PERFORMED ON 3RD JUNE 2023 (SATURDAY) AT 8 AM AT MUTHI GHAT, NEAR DIRECTORATE OF SCHOOL EDUCATION.

THE **MOURNING** WILL BE HELD AT H.NO-89, LANE NO-2/D, SECTOR-1 NEAR KAILASH PATI MANDIR, DURGA NAGAR, JAMMU.

GRIEF STRICKEN:-

JETHANI
SMT. KAMALA DEVI
SMT. DULARI PANDITA
SMT. RAJ CHAUDHARY
SMT. SHANTA DEVI
SH. SHIBAN JI PANDITA (**SON**) - 7889646106
SH. DILEEP KUMAR PANDIT (**SON**) - 9797831619

DAUGHTER & SON-IN-LAW

SMT. SEEMA SARAF & SH. ASHOK JI SARAF - 8750001489
SMT. SUNITA RAINA & SH. PRAN NATH RAINA - 8825098108
SMT. ANITA PANDITA & SH. INDER JI PANDITA - 7006329021



Smt. Kaushilya Devi

TENTH DAY KRIYA

WITH PROFOUND GRIEF AND SORROW WE INFORM THE SAD DEMISE OF OUR BELOVED MOTHER **SMT. SHAM RANI (BYENGAESHI)** W/O LT. SH. SHAM LAL BHAT ORIGINALLY RESIDENT OF ZOOHAMA CHADOORA BUGDAM AND AT PRESENT AMIT NAGAR MUTHI LEFT FOR HEAVENLY ABODE ON 24-05-23. **TENTH DAY KRIYA** WILL BE PERFORMED ON 02-06-23 (FRIDAY) 8:30AM AT MUTHI GHAT.

GRIEF STRICKEN

(**SON AND DAUGHTER-IN-LAW**)
SH. MAHARAJ KRISHAN BHAT AND SMT. ASHA BHAT
SH. BANSI LAL BHAT (**SON**)
(**SON AND DAUGHTER-IN-LAW**)
SH. SOHAN LAL BHAT AND SMT. RUBY BHAT
SMT. PHOOLA JI BHAT W/O LT. SH. MAHARAJ KRISHAN BHAT (DAUGHTER AND SON-IN-LAW)
SH. MOHAN KRISHAN AND SMT. BITTA JI (DAUGHTER AND SON-IN-LAW)
SH. ASHWANI KOU AND SMT. GUDDI KOU (DAUGHTER AND SON-IN-LAW)
SUNNY AND ISHA, VICKY AND SHIVANI, DEEPAK (GRAND CHILDREN)



Smt. Sham Rani (Byengaeshi)

TENTH DAY KRIYA

WITH PROFOUND GRIEF AND SORROW WE REGRET TO INFORM THE SAD AND UNTIMELY DEMISE OF OUR BELOVED MOTHER **SMT ASHA ZADOO** W/O LATE SH. PIARAY LAL ZADOO RESIDENT OF GANPITYAR SRINAGAR/ BHAGWATI NAGAR PRESENTLY AT LANE NO 9 FRIENDS COLONY GURHA BRAHMANA NEAR PEER BABA BANTALAB JAMMU, WHO LEFT FOR HEAVENLY ABODE ON 25 MAY 2023. **TENTH DAY** WILL BE PERFORMED ON 3RD JUNE 2023 AT MUTHI GHAT AT 8.00 AM

GRIEF STRICKEN:-

(**SISTER-IN-LAW & BROTHER-IN-LAW**)
SMT DULARI KALLA W/O LATE SH. S. L. KALLA
SMT RAJ DULARI HANDOO W/O LATE SH. N. J. HANDOO
SMT ASHA SHARMA W/O LATE SH. O. N. SHARMA
SMT SUSHMA JATTOO W/O LATE SH. K. L. JATTOO
(**SON & DAUGHTER-IN-LAW**)
SH. SUNIL KUMAR ZADOO & ANJALI ZADOO
SH. VIJAY KUMAR ZADOO & LATE SMT. ARTI ZADOO
(**DAUGHTER & SON-IN-LAW**)
SH. SUNITA SHARMA & ATUL SHARMA.
(**SISTERS AND BROTHER-IN-LAW**)
SMT SHEELO DEVI W/O LATE SH. SITA RAM
(**GRAND CHILDREN**: RACHITA, AYUSHI, SUSHIL, NIHARIKA, VASUNDHARA
MEGHA, ADITYA 9469138150, 9622139992,
9697632131



SMT ASHA ZADOO

TENTH DAY KRIYA

With profound grief and sorrow we regret to inform sad demise of our beloved mother **Smt. Mayawati Bhat (Amma Ji)** W/o Late Sh. Ved Lal Bhat originally resident of Fatehpur Anantnag A/P 23/C Om Nagar, Udhewalla, who left for heavenly abode on May 23, 2023.

Tenth Day Kriya will be performed on 01-06-2023 at Muthi Ghat at 8.30 AM.

GRIEF STRICKEN:**Sons & Daughters-in-law**

Sh. Rattan Lal & Shyama Bhat - 9469130235
Sh. Raj Nath & Ranjani Bhat - 9419282989
Sh. Pran Nath & Babli Bhat - 7006835581
Smt Vijay Dhar (**Daughter** - 9540180995)

Daughter & Son-in-law

Smt. Jeeta Koul & Sh. Kuldeep Koul - 9419198825
Sh. Makhan Lal and Kiran Pandita - 9419191403



SMT. MAYAWATI BHAT (AMMA JI)

TENTH DAY KRIYA

With profound grief and sorrow, we inform the sad & untimely demise of our beloved **Sh. Kanwal Krishan Koul (Bitoo Ji)** S/o Lt. Sh. Jagar Nath Koul of Adoora Shopian presently residing at H.No. 18, Block 'B' Lane No. 2, Dr. Choudhary Lane Roop Nagar Enclave Jammu on 23-5-2023.

Tenth Day will be performed on 1st June 2023 (Thursday) at Muthi Ghat near Directorate of School Education Jammu at 8.00 am.

Grief Stricken

Smt. Babita Koul - **Wife**
Mr. Rohneet Koul - **Son**
Brothers & Bhabhis
Smt. Sushma & Sh. Surinder Mohan Koul
Smt. Girja & Sh. Varinder Mohan Koul
Sisters & Brothers-in-law
Smt. Santosh W/o Sh. Bal Krishan Bakshi
Smt. Phoola W/o Late Sh. Bushan Lal Kaw
Mobile No. 9417097795 (Seba Ji)
7006698366 (Veer Ji)



SH. KANWAL KRISHAN KOUL (BITOO JI)

TENTH DAY KRIYA

With profound grief it is to inform that our revered mother **Smt. Kamla Dhar** W/o Late Sh. P.N. Dhar R/o 707-A, Gandhi Nagar, Jammu originally resident of Budhgair Alikadal Srinagar left for heavenly abode on 23-05-2023. **Tenth Day Kriya** will be performed at Akhnoor Ghat on 1st June, 2023 (Thursday) and **Assembly** will be held at Muthi Ghat at 11.30 am near DSE, Jammu.

GRIEF STRICKEN**Sons & Daughters-in-law**

Sh. Pran Nath Dhar
Sh. Roop Krishen Dhar
Sh. Surinder Dhar & Mrs. Usha Kiran
Sh. Ramesh Dhar & Mrs. Santosh Dhar
Sh. Shakti Prakash Dhar & Mrs. Rajni Dhar
Sh. Jatinder Dhar & Mrs. Bharti Dhar
Sh. Vir Ji Dhar & Mrs. Reenu Dhar
Chowdharys, Koul, Misri, Ayer, Warikoo, Shah, Tengs, Rainas
Mobile No: 9419205877, 9419193367, 9419190851



SMT. KAMLA DHAR

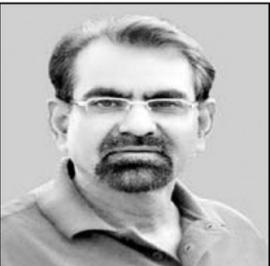
10TH DAY KRIYA

With profound grief and deep sorrow, we inform that our beloved **Vijay Kumar Kaul Naz** (S/o Late Jagannath Kaul Naz, originally from Balgarden, Srinagar) left for heavenly abode on 24th May 2023 at 1:00am (Chaturthi) at his residence.

The **10TH DAY KRIYA** will be performed at: Gaurishankar Temple, New Palam Vihar, Gurugram at 7:00 am on 1st June 2023 (Thursday).

GRIEF STRICKEN:

Smt. Vijaya Naz (**Wife**)
Ankur and Rohit Kaul Dembi (**Daughter and Son-in-law**)
Anubhav Kaul (**Son**)
(**Brothers & Bhabhis**)
Ashok Kumar Naz, Sarla Naz, Virendra Naz, Sushma Naz, Rita Naz
Kimaya, Navya, Trigya (**Grand Children**)
ENTIRE NAZ, KHUSHU, KOUL(KARIALOO) AND DEMBI FAMILY
ADDRESS: HOUSE NO. 949, SECTOR 23A, NEAR NORTHCAP UNIVERSITY, GURUGRAM.
CONTACT: 8368452840; 8826249222



Shri Vijay Kumar Kaul (Naz)

OBITUARY

With profound grief & sorrow, we inform you about the sudden & untimely demise of our beloved **Karmayogi Sh Roshan Lal Raina** S/o Lt. Sh. Govind Ram Raina originally from Gulgam, Kupwara, Kashmir and at present 169, Sharda Colony, Patoli.

10TH DAY KRIYA will be performed at Sharda Colony, near Shiv Mandir, Patoli on 4th June, 2023 (Sunday).

GRIEF STRICKEN:

Smt. Nancy Raina - **Wife**
Smt. & Sh. M. L. Bhat
Smt. & Sh. N. L. Bhat
Smt. & Sh. C. L. Bhat
Smt. & Sh. A. K. Bhat
Smt. & Sh. P. L. Bhat
Smt. & Sh. Somnath Koul



Karmayogi Sh Roshan Lal Raina

TENTH DAY/KRIYA

With profound grief & sorrow, we regret to inform the sad demise of our beloved **Sh. Krishan Kumar Magotra** S/o Late Sh. Karam Chand Magotra R/o Damsal.

Tenth Day will be performed on 1st June (Thursday) 2023 at our residence, Damsal at 9 am.

Kriya will be performed on 2nd June, 2023 (Friday) at 12 noon at our residence

GRIEF STRICKEN

Smt. Swarna Devi - **Wife**
Daughters-in-law & Sons
Smt. Maneesha & Avnish Magotra
Smt. Surbhi & Mohnish Magotra
Daughter & Son-in-law
Smt. Indu & Sh. Ravi Bushan
Smt. Avyani - **Grand Children**
Mobile: 9419890971, 9419618955



Sh. Krishan Kumar Magotra Labour Officer (Retd)

TENTH DAY/ UTHALA

With profound grief and sorrow we inform the sad demise of **Late Smt Bimal Devi** W/o Sh. Shiv Dass Anand R/o H. No 63, Hanuman Danga Nagrota. **TENTH DAY** will be performed on 1st June 2023 (Thursday) at 11 AM at our residence **UTHALA** will be performed on 05th June 2023 (Monday) at 4.00 PM

GRIEF STRICKEN

Sh. Shiv Dass Anand (**Husband**)
Son & Daughter in Law
Sh. Surinder Anand & Smt. Nisha Anand
Sh. Ramesh Anand & Smt. Rajni Anand
Daughter & Son in Law
Smt. Asha Kapoor & Sh. Sanjay Kapoor
Mobile No: 7780996580, 9419147360, 8491985214



Late Smt Bimal Devi
DOB: 21-11-1946
DOD: 23-05-2023

TENTH DAY/KRIYA/UTHALA

With profound grief and sorrow, we regret to inform the sad demise of our beloved mother **Smt. Rattno Devi** W/o Late Sh. Behari Lal Sharma, R/o H.No 125/A Gandhi Nagar Jammu.

TENTH DAY will be performed on 1st June, 2023 (Thursday) at 10:00 AM to 11:00 AM at Shiv Mandir (Near Govt. Quarters), Opp Church Gandhi Nagar Jammu.

KRIYA will be performed on 2nd June, 2023 (Friday) at 12:00 Noon at our residence H.No 125/A Gandhi Nagar Jammu.

UTHALA will be performed on 2nd June, 2023 (Friday) from 5:30 PM to 6:30 PM at Shiv Mandir (Near Govt. Quarters), Opp Church Gandhi Nagar Jammu.

DEEPLY REMEMBERED & MISSED BY:-

Late. Sh. C.D. Padha & Smt. Santosh (Son in Law & Daughter)
Mr. Narayan Dutt Sharma & Mrs. Punita Sharma (Son in Law & Daughter)
Dr. S. N. Sharma & Mrs. Prem Lata Sharma (Son & Daughter in Law)
Mr. Kuldeep Raj Sharma & Mrs. Suman Sharma (Son & Daughter in Law)
Mr. Kameshwar Sharma & Mrs. Gargi Sharma (Son & Daughter in Law)
Mr. Pradeep Sharma & Mrs. Jyoti Sharma (Son & Daughter in Law)
Mr. Sarthi Sharma & Mrs. Vasudha Sharma (Grandson & Grand Daughter in Law)
Smt. Pushpa Sharma (Sister)
Smt. Shakuntla Sharma W/o Late Prof. Rameshwar Sharma (Sister-in-Law & Brother)
Sakshi, Pulkit, Surayaksh & Shivansh Sharma (Grand Children)
Vedaansh & Vrishank (Great Grand Children)
(ALL BHURIA AND GABGOTRA FAMILY)

CONTACT: - 9419169856,
7006354124, 9906095575,
7006602412.



Smt. Rattno Devi

AADH BARKHI

Six months have passed since you left for your eternal journey leaving us with treasure of your memories but your presence is still felt and you are missed more and more with each passing day. **Aadh Barkhi** of our beloved mother **Late Smt Sita Devi** W/o Late Th. Multan Singh R/o Gurha Slathian will be performed at 10:00 o'clock on 03 June 2023 (Saturday) at our present residence H.No. 153, Sec-D, Sainik Colony, Jammu.

GRIEF STRICKEN:

Daughters and Sons-in-law
Smt. Amravati Pathania W/o Late Kushal Singh Pathania
Smt. Sunita and Sh. Jeet Singh Chib
Daughters-in-law and Sons
Smt. Sulekha Slathia and Lt. Col. Diljit Singh Slathia
Smt. Sudesh and Madan Mohan Singh, Slathia
Smt. Usha W/o Late Nischal Singh Slathia
Smt. Banita and Dalip Singh
Grand Daughters and Grand Sons-in-law
Anjali and Vaid
Poonam and Virinder Jasrotia
Indu and Sachit Jasrotia
Namrata W/o Sarthak Jamwal
Grand Daughters-in-law and Grand Sons
Deepthi Slathia and Amit Slathia
Anu Slathia and Vivek Slathia
Juhi Jamwal and Varun Slathia



Late Smt Sita Devi

Grand Daughters and Grand Sons
Karitika Slathia, Kartik Slathia, Vikrant Slathia
Great Grand Children
Anaisha Slathia
Aamita Slathia

SHADMOS & MASWAR

Fragrance of your sweet memories is as fresh as ever. Six months have passed since you left us suddenly in deep sorrow & tears for your journey to heavenly abode. We pray respectful homage to God for external peace of your noble soul. The void at your place can never be filled and love from you and your blessings.

Shadmoss & Maswar of our beloved mother **Late Smt. Bimla Kaw** W/o Subash Chander Kaw originally resident of Habbakadal Srinagar is being performed on 1-6-2023 & 2-6-2023 respectively at our residence House No. 3, Lane-5 A, Adarsh Nagar, Bantalaab.

DEEPLY MISSED & REMEMBERED BY

SAMAST KAW PARIVAR AND RELATIVES
CONTACT: 7006469793, 9419186497, 7889951739



Smt. Bimla Kaw

OBITUARY/10TH DAY KRIYA

With profound grief and sorrow we regret to inform the sad, untimely and shocking demise of **Sh. Hriday Nath Bhat (Bhaisabh)** S/o Late Sh. Radha Krishan Bhat originally resident of Khrew, Kashmir, Presently at 204, G/H Block, Maya Garden, Phase 1, VIP Road, Zirakpur, Punjab on 23rd May 23.

Tenth Day Kriya will be held at Shani Dev Mandir Ghat, Sector 3, Panchkula, Haryana behind Golf Club, Tau Devi Lal Stadium Road (Near Ghaggar Bridge) at 7 am on 1st June 23.

GRIEF STRICKEN

Smt. Kanchan Bhan and Sh. Susheel Bhan (**Daughter & Son-in-law**)
Brother and Sister-in-law
Late Sh. Chuni Lal Bhat & Late Smt. Phoola Bhat
Late Sh. Chaman Lal Bhat & Late Smt. Sheela Bhat
Sh. Bitten Jee Bhat & Smt. Bimla Bhat
Sh. P.N. Bhat & Late Smt. Pinky Bhat
Sister and Brother-in-law
Late Smt. Prana Pandita & Sh. Sham Lal Pandita
Smt. Nancy Saraf & Late Sh. B.L. Saraf
Smt. Phoola Koul & Sh. T.K. Koul
Grand Daughter - Akanksha Bhan
Contact No. 7307788939, 9876501083, 8360546159



Sh. Hriday Nath Bhat (Bhaisabh)

TENTH DAY/KRIYA

With profound grief and sorrow, we inform the sad demise of **Smt. Rano Devi** W/o Sh. Sewa Ram Villi - Kothey Sheikh Panchayat Bansultan Upper, Block Miran Sahib Jammu.

TENTH DAY will be performed on 2nd June, 2023 (Friday) at Villi - Kothey Sheikh Panchayat Bansultan Upper, Block Miran Sahib.

Satsang from 11am to 12 pm.

Langar : 12 pm.

GRIEF STRICKEN

Darshan Lal (**Son**)
Vinay Kundal (**Son**)
Ajay Kundal (**Son**)
Sanjay Kundal (**Son**)
Mob: 9419163486



Smt. Rano Devi

TENTH DAY KRIYA

With profound grief & sorrow, we inform the sad demise of **Sh. Autar Krishan Chowdhary** S/o Late Pt. Radha Krishan Chowdhary R/o Naidyar, Rainawari, Srinagar.

Tenth Day will be performed on 2nd June 2023 at 5.00 am at Ghat behind Sainik School Nagrota.

Grief Stricken
Chowdhary & Family
9070233999



Sh. Autar Krishan Chowdhary

Apni Party would pave path to economic, political empowerment of people: Bukhari



TOP NEWS REPORT

SRINAGAR, May 31: A group of DDC members, and political activists, mostly from south Kashmir's Pulwama district, joined Apni Party on Wednesday in the presence of party President Syed Mohammad Altaf Bukhari during an event organised at the party headquarters at M2 Church Lane, in Srinagar, a press note said.

The new entrants included DDC member Awantipora Meema Ji, DDC member Pampore Tazeema Ji, District President PDP Zakir Hussain, Sarpanch Pinglena Omkar Nath

Razdan, Zahoor Ahmad Sofi (PDD), DDC member Achagoza Mansha Ji, and others.

According to the press note, the party president, Syed Mohammad Altaf Bukhari, warmly welcomed the joiners into the party fold and assured them that the party would offer them abundant opportunities to serve the people in their respective areas.

He said, "I extend a warm and wholehearted welcome to each and every one of you joining the Apni Party. I assure you that this party will never disappoint you, but instead,

it will provide you ample opportunities to serve the people more effectively in your respective areas. Apni Party's primary goal is to serve the people, regardless of their caste, creed, political ideologies, regional backgrounds, or religious affiliations. And, it is this clear and inclusive agenda that attracts individuals from diverse backgrounds, including seasoned politicians and political activists, from every corner of Jammu and Kashmir towards the Apni Party."

He further said, "I hope that your joining will enhance the party

cadre in the areas you belong to. Together, we can work more effectively towards achieving our shared goal of fostering peace, prosperity, and development in Jammu and Kashmir. Our ultimate aim is to achieve the economic and political empowerment of the J&K people."

The prominent party leaders who were present on the occasion included Party's Vice President Zaffar Manhas, General Secretary Rafi Ahmad Mir, Provincial President Mohammad Ashraf Mir, State Secretary and District President Budgam Muntazir Mohiuddin, District President Poonch Shah Mohammad Tantray, District President Pulwama Gulam Mohammad Mir, Dr. Samiullah Mir, Mir Altaf, Umar Jan, DDC member Manzoor Ahmad, District President Youth Wing Pulwama Tajallah Andrabi, and others.

Strengthen Congress at all levels in J&K, be election-ready", JKPC leaders meet Venugopal



TOP NEWS REPORT

NEW DELHI, MAY 31: JKPC leaders, Former Ministers Mula Ram and Yogesh Sawhney, Ex MLA/MLC Balbir Singh and Th. Hari Singh Chib, District President Jammu Rural met with KC Venugopal, AICC General Secretary (Organisation) at New Delhi on Tuesday. The leaders held discussion regarding the ongoing political situation in J&K, upcoming local body elections and other major issues. The former Ministers apprised Venugopal of the on-ground situation in Jammu and

Kashmir and sought his guidance for further course of action in preparing for the upcoming elections.

During the meeting, the discussion centred around devising a strategy for strengthening the party in J&K and various challenges and opportunities were chalked out. Venugopal listened to the local issues relevant to the people of the UT and had detailed discussion on the organisational matters, political activity and public expectation with the JKPC leaders. It was stated in the

meeting that the national leadership will work to strengthen the foundation of the Congress party in Jammu and Kashmir.

The leaders present at the meeting also informed Venugopal of party's ongoing outreach programs and activities. The party workers are continuously involved in connecting with people at the grassroots level. Mass awareness and campaigns are periodically held across Jammu Urban and Rural, they said, to solidify the connection between the public and the Congress

party. The assembly elections may also be held in the near future, hence, the party wants to stand fully prepared, for which all steps will be taken to strengthen the party at all levels, and be election-ready, it was further added.

KC Venugopal offered his assurance to the leadership from Jammu that the Congress will continue to support people's issues in Jammu and Kashmir and leadership was positive that there will be a string of upcoming successes for the Congress party.

Dogri Sanstha Jammu pays rich tribute to Ved Ghai

TOP NEWS REPORT

JAMMU, May 31: In an emergency meeting organized, Dogri Sanstha Jammu paid rich tributes to Padmashri Ved Kumari Ghai, an eminent Sanskrit scholar who left for heavenly abode after a brief illness.

While remembering the departed soul, Prof. Lalit Magotra, President Dogri Sanstha said that with her demise a vacuum has been created in literary world especially in Sanskrit literature that cannot be filled. He recalled her long services to soci-



ety. He further added that Dogri Sanstha was always blessed by the pious soul with her auspicious presence in numerous functions and it was always a pleasure to listen to her inspiring words.

On this occasion Rajeshwar Singh 'Raju'

General Secretary, Dogri Sanstha while paying homage to the pious soul said that she was so dedicated and devoted to her works that she was a source of inspiration for many. Her services for Sanskrit will be remembered for a long time. He said that it is a great loss not only to literature but society as well as she was very active in social service also.

All those present prayed to Almighty to provide solace to the departed soul and courage to family members to bear up the loss.

Mahant Rohit Shastri meet Chander Mohan

TOP NEWS REPORT

JAMMU, MAY 31: Shri Kailash Jyotish Avim Vedic Sanathan Trust, President Mahant Rohit Shastri a courtesy call to State BJP vice President & Former Mayor (JMC) Chander Mohan Gupta and presented a "Kartavya Marg" – the annual in-house magazine & Annual panchang calendar of Shri Kailash Jyotish Evam Vedic Sansthan trust.

On this occasion, trust President Mahant Rohit Shastri told him that the trust is continuously working for the promotion of Devvani Sanskrit in the state. It should be noted that Kashmir is the only state in India,



where Sanskrit has been used not only as a language of instruction but also as a communication language for the longest time in the past. Here Abhinavagupta, commentator of Raghuvansh Vallabhdev,

mathematician Utpal, Kshemendra Kshemraj, Bilhan, Rajataranginikar Kalhan, Gnostic Muktaivalikar Jalhan, great musicologist Sharangdev, Vedanti Keshav Bhattacharya, poetry publisher Mammat, Kait,

Lollat, Kaihat, Jaihat, Raihan, Shilhan, Malhan and many ancient Sanskrit The sages have arisen. These Acharyas had paved the way to unite not only India, but the whole world in the thread of unity with

their penance. Whereas Punyasalila Jammu-Kashmir Vasundhara is becoming extinct from Sanskrit today. Trusts are working in the promotion of the same.

On this occasion, State BJP vice President & Former Mayor (JMC) Chander Mohan Gupta said that Devvani Sanskrit is the only language which ennobles us. Study and teaching of Sanskrit is very necessary to bring this land back to its ancient historical glory. At the same time, he praised the works of the trust.

On occasion trust member and senior BJP leader Rickey Gupta were also present.

Brahm Jyot distributes eatables among children on Nirjala Ekadashi



TOP NEWS REPORT

JAMMU, MAY 31: On the occasion of Nirjala Ekadashi, Brahm Jyot Satti (Incharge BJP OBC Morcha) distributed Sweets, Juice and edibles among children at Government Girls High school, Rajpura Mangotrian, Jammu.

Nirjala Ekadashi is one of the biggest among all ekadashis in Hinduism. Kewal Verma (State Secretary OBC), Ashok Salgotra (district President OBC), Parveen Badyal (District vice president obc), Rakesh Pandey Vicky (Mandal President amphala), Ved pal (booth president), Pawan Sharma (booth president) were present on the occasion.

Speaking on the occasion Brahm Jyot greets public on this occasion said that every year this day is being celebrated with high enthusiasm

and religious fervor across nation.

He said Nirjala Ekadashi is a Sanatan holy day falling on the 11th lunar day (ekadashi) of the waxing fortnight of the Sanatan month of Jyeshtha (May/June). This ekadashi derives its name from the water-less (Nir-jala) fast observed on this day. It is considered to be the most austere and hence the most sacred of all 24 ekadashis. If observed religiously, it is said to be the most rewarding and granting the virtue gained by the observance of all 24 ekadashis in the year.

He said During this entire day devotees performed various dance with drum beats and chanted bhajans in favour of almighty with zeal and gaiety.

He said on this day people also perform

fast and special puja which holds a very high importance since time immemorial and it literally means devotion, sacrifice, offering and worship and refers to any ritual done in front of sacred fire, often with mantras.

He appreciated organisers and said social work like bhandaras is highly appreciable and Mata Rani will bless all devotees with health, wealth and prosperity.

He said providing food to a hungry person is real service of humanity and BJP workers are continuously organizing these kind of tasks across Jammu Kashmir. He thanked school staff for positive support and contribution and said BJP is always available for needies and providing helping hands to other so we don't leave anyone in hard time.

GDC Kathua organizes signature campaign on "Say No to Tobacco"

TOP NEWS REPORT

KATHUA, May 31: NSS Units of GDC Kathua organized a signature campaign on "Say No to Tobacco" in the college premises. The event was inaugurated by Principal of college Prof. Seema Mir along with senior faculty members Prof. Romila Guleria, Prof. Raj Kiran Sharma, Dr Shub Kumar HOD San-



skrit, Dr Shiwani Kotwal Head Department of English, Dr Kamaldeep Singh Head OF Punjabi Department and Dr Jogbinder Singh Director Physical Education and Sports. Principal mam addressed students that this day is celebrated as "World No Tobacco Day" and this year's theme is "We need food, not tobacco".

She said that this day is an opportunity to raise

awareness on the harmful and deadly effects of tobacco use. She said that the harmful impact of the tobacco industry on the environment is vast and adding unnecessary pressure to our planet's already scarce resources and fragile ecosystems.

She added that Tobacco kills millions of people every year and destroys

cigarettes – leading to illnesses like chronic lung conditions and nicotine poisoning."

Later on poster making event was also organised wherein numbers of volunteers prepared posters containing messages of the ill effects of Tobacco Consumption. More than 200 NSS volunteers actively participated in organising

our environment, further harming human health, through the cultivation, production, distribution, consumption, and post consumer waste.

Prof. Manmohan Singh aware students that Tobacco is not only a massive threat to the health of tobacco farmers. Farmers are exposed to chemical pesticides, tobacco smoke and as much nicotine as found in 50

the event and numbers of students of the college participate actively in this event and show their commitment by signing on the Signature campaign sheet.

This event was organized under the patronage of Principal of college Prof. Seema Mir and under the supervision of NSS program officers Prof. Manmohan Singh, Dr. Neha Bandral and Dr. Suresh Sharma.

Ajatshatru expresses grief over loss of lives in Jajjar Kotli accident

TOP NEWS REPORT

JAMMU, May 31: Ajatshatru Singh, senior BJP leader and former minister today expressed grief over the loss of lives in an accident in Jajjar Kotli in which 10 people died and 55 were injured after their bus skidded off a bridge and fell into a gorge.

In a statement issued today, Ajatshatru Singh prayed for peace to the departed souls and fortitude to the bereaved families. He also prayed for speedy recovery of the injured and impressed upon the divisional administration in Jammu to ensure the affected families get relief and

adequate ex gratia.

The senior BJP leader asked the government to ensure all possible help to the injured passengers and best possible treatment free of cost. He sought that the government should provide specialized treatment to the injured at Jammu or any other place outside J&K.

He said that the frequency of accidents in the region has seen extraordinary spurt therefore the LG Manoj Sinha should activate mechanisms to put an end to such fatal incidents as human lives are precious and shouldn't be allowed to perish in this manner.

NORTHERN RAILWAY

Tender Notice No. 04/2023-2024 Date: 27.05.2023

Invitation of Tenders through E-Procurement system

By: Chief Materials Manager, NRly, Store Depot Mech. Workshop, Amritsar for and on behalf of President of India, invited tenders through e-procurement system for the supply of following items:-

S. N.	Tender No.	Description	Qty.	Due date
1.	62235068	Underframe Brake Gear arrangement for BOXNHL wagon consisting of 24 items as per attached Annexure-I to RDSO DRG NO: WD-08008-S-10, Alt-4	465 Set	20.06.2023
2.	62235069	Boogie Mounted Brake Systems (BMSB) for BRN 22.9M1 Wagon consisting of 49 items with detailed description, drawing and specification as per attached Annexure-A	156 Set	20.06.2023

NOTE:- Above tenders with detailed description are uploaded on IREPS site i.e. www.ireps.gov.in. The firm who desires to participate against e-tenders, is advised to electronically register themselves on the above website for which they would require to have a class III digital certificate form certifying Agencies authorized under IT Act 2000 by Govt. of India. Manual offers against e-tenders will not be accepted. 1647/2023

Serving Customers with a Smile

EDITORIAL

World No-Tobacco Day

World Tobacco Prohibition Day is called "World No-Tobacco Day" is observed globally on 31 May every year. In view of the harm caused by tobacco, in the year 1987, the member countries of the World Health Organization (WHO) passed a resolution, by which it was decided to celebrate this day from April 7, 1988.

After this it was decided to celebrate Tobacco Prohibition Day every 31 May. The purpose of this day is to move the world forward in the direction of reducing its production and consumption by making the world public aware of the harm and dangers caused by smoking.

Every year on 31 May "World No Tobacco Day" or "International No Tobacco Day" is celebrated. World No Tobacco Day 2021 will be celebrated on Monday, 31 May. The theme of World No Tobacco Day 2020 was "Protecting youth from industry manipulation and preventing them from tobacco and nicotine use". However, the theme of World No Tobacco Day 2021 has not been decided yet.

The number of people who consume tobacco is very high in India. According to a research, every 10th person in India consumes tobacco in some form or the other. Excessive consumption of tobacco has the highest risk of lung cancer. This is because elements like chromium, arsenic, benzopyrenes, nicotine, nitrosamines are found in large quantities in tobacco. Here are some of the serious diseases caused by tobacco use.

Lung cancer - Tobacco is considered to be the main cause of lung cancer. Liver Cancer - Thousands of people lose their lives in India due to liver cancer. Colon cancer - Using tobacco increases the risk of colon cancer. Oral cancer - In India, not only men but women are also battling oral cancer. Due to the consumption of tobacco, spit also starts coming out of the mouth of many people while speaking. Breast cancer - Women are most at risk of breast cancer due to tobacco use.

Heart disease - Consumption of tobacco causes diseases like heart disease.

Erectile dysfunction - The risk of erectile dysfunction increases manifold due to the use of tobacco. This is a problem in men that does not allow erection to happen properly.

Increased risk of diabetes - Consumption of tobacco increases the risk of diabetes.

World No Tobacco Day is celebrated all over the world to promote and encourage the general public to stop or reduce the consumption of tobacco or its products. International No Tobacco Day is celebrated to draw the attention of the people and the government towards the real need of all effective steps to save from the consumption of tobacco globally along with making the environment pollution free.

WHO runs a variety of campaigns to raise awareness about the negative effects of tobacco on health. To make the whole world free from the diseases caused by tobacco and its problems, various other health related programs are also organized by WHO such as AIDS Day, Mental Health Day, Blood Donation Day, Cancer Day etc. In a very important way all the events are organized and celebrated all over the world.

It is celebrated with the idea of promoting and creating awareness among the people from all over the world to completely stop or reduce the consumption of tobacco in any form. The festival aims to draw global attention to spread the message of the harmful effects of tobacco use along with its complications on others. Many global organizations are involved in this campaign, such as state governments, public health organizations, etc. This day is celebrated by organizing various types of local public awareness programs.

Power games for control of Delhi have hit rock bottom

By: Abhijit Bhattacharya

The tussle over Delhi's political status, for power and position in the nation's capital, has been going on for many years between competing players. Today, unfortunately, it's at its nadir. So much so that both the lieutenant-governor and the chief minister of what is officially known as the National Capital Territory have descended several notches from the accepted level of public decency to control the deployment of the IAS-dominated civil service, thereby giving the impression of a colonial mindset of the capital's ruling class of the British Raj's bygone days. The magic word is "control". Control the personnel to control the capital and make one count in the club of VVIP culture of India's democracy.

Indeed, as the issue of "control" of the bureaucracy now heads back to the Supreme Court, it's time to revisit the bigger picture, rather than commenting on a distracting issue; of whether the fresh ordinance brought forward by the Central government constitutes "contempt of court" or not. The alleged contempt is a matter to be determined by the court itself, and not by the parties to the conflict.

The real question today is this: how far can the administration of India's capital city be allowed to get dysfunctional? How long can the citizens of Delhi, and the nation as a whole, tolerate this juvenile political potboiler in front of the world, like a prime-time TV soap opera, full of melodrama, hysteria and histrionics, with dual control and overlapping jurisdiction creating an avoidable fracas. We can, in fact, go back to the British-created "dyarchy" system, set in motion 104

years ago, under the Government of India Act 1919, to usher in the Montague-Chelmsford Reforms. Black's Law Dictionary defines "dyarchy" as "a government jointly ruled by two people, such as William and Mary of England". The 1919 Act marked the introduction of rudimentary democracy in the Raj executive, totally under British administration, by dividing the provincial executives into authoritarian and popularly responsible sections, which would consist respectively of councillors appointed by the British Crown and ministers appointed by the governor, responsible to the provincial legislative councils. It, however, emerged as a system of confusion, chaos and conflict which satisfied no one, and ended with the introduction of the Government of India Act 1935, which proved to be the prelude to a full-fledged Constitution of Independent India in January 1950.

The basic issue before us is the mega-chaos, confusion and conflict in the nation's capital due to the indigenous brand of "dyarchy" that is harming the country. The seeds of confusion and confrontation were sown in the 1980s. No political player or party can claim innocence for this capital blunder. The earlier ruling and Opposition parties have swapped places in conformity with democracy in Parliament and local bodies. But under no stretch of the imagination can they be exonerated for their poor role in this political melodrama.

The slogans in the 1980s were "small is beautiful", "small is conducive to development" and "Delhi should be a full-fledged state for the progress of its citizens". Very soon, Delhi almost became a state. "Almost" because though Delhi officially remains a Union Territory, it's unlike other Union territories

like the Andaman and Nicobar Islands, Lakshadweep, Dadra and Nagar Haveli, Daman, etc. "Special provisions with respect to Delhi" were carved out by the new Article 239AA in the Constitution.

"Dyarchy" came to India's capital in December 1993, but most Indians forgot to take note of some important chapters in their country's history which suffered for centuries due to internecine strife, power struggles and an inability to foresee things. The lack of far-sightedness inevitably did the Indian ruling class in. Even in the first week of August 1947, South Asia had 565 "princely states", which all had different models of governance.

As Delhi became a "state within a state", friction between the Centre and the city government was only a matter of time, given our multi-party democratic system. Honestly speaking, there's still time for Parliament to do what it had done to state of Jammu and Kashmir in August 2019. While it was not ideal for a proud, long-standing state to have its status reduced to that of a Union Territory and its stature diminished in the eyes of law; in Delhi's case it could become an enlarged municipal corporation body. If an old state can be turned into a Union territory, Parliament should seriously consider changing the capital's position too. A capital city can't be allowed to be in endless conflict with the Central government. It can't be claimed that one particular party will be running the national government till eternity. Today it's X, tomorrow it may be Y; and the day after it could be the turn of Z.

As an apolitical professional, this writer has always maintained that at best Delhi's chief executive should be a Cabinet Secretary-ranked official who could be designated the

"chief commissioner or chief administrator" -- who could be either be a civil servant (serving or retired) or a seasoned political appointee, reporting to the President through the Union home ministry.

The chief commissioner/chief administrator could have five or six zonal commissioners with their respective jurisdictions. Somehow, the British (despite being bad in our collective perception) did allow room for different types of administrative systems in difficult and challenging stations. And, Delhi being the capital of the world's largest democracy, needs to be run by a body that's not eternally at odds with the national government, but one which is in tune with it.

For far too long, the wise men of India have tried to parcel out existing states or reshaped or re-modelled areas next to our vulnerable borders facing hostile neighbours, or changing their constitutional status, which in turn created more trouble. One sincerely hopes that the nation's capital, at least, will be spared endless chaos and friction to enable its administrators to focus on issues which demand remedial action.

One would suggest that the powers that be avoid looking at how capital cities and other major cities around the world are run -- be it London, Paris, Washington, New York, Beijing, Shanghai or Tokyo. Indians need to remember that India's problems are its own, and they cannot be compared or super-imposed from imported models.

Indigenous issues need indigenous prescriptions. We have an amazing Constitution to deal with all kinds of situations. It's better to make use of our own Magna Carta rather than look outside to bring about reforms within.

Photojournalist - How to become a Photojournalist

By: Vijay GarG

Photographers capture photographs that appear in major newspapers with news pieces, feature stories, event reports, and other content. Photographers may work for local newspapers, national periodicals, or internet media. They take, edit, and submit images for clients or businesses to publish.

Photojournalists appear to have a straightforward goal: to take photos that tell a story about relevant current events. However, that aim is frequently easier said than done, and the labor required by a photojournalist to produce a single published photograph might be far greater than envisaged. Travel, equipment fees, and hazardous working conditions may all add up, but generating a great image can be well worth the effort. Photojournalists are rewarded by having their work published in prominent magazines.

Most photojournalists are obliged to travel while on vacation. Travel might include capturing images on beaches or in cities, as well as visiting a war-torn nation or attending stressful political events. Furthermore, news breaks all the time, which means that travel might be unexpected and need rapid, last-minute travel to get photographs while they are still available. Photojournalists immerse themselves in events

while traveling in order to get the right image to convey a narrative.

Traveling is an important element of a photojournalist's career, but there are other things to think about as well. They must also keep their equipment clean, maintained, and current. Freelance photojournalists also spend time selling and licensing their photographs, as well as searching the news and reports for fresh events and settings to photograph. Furthermore, independent photojournalists must conduct business-related responsibilities such as record-keeping for tax purposes and invoicing customers.

Typical Work Schedule

Usually, photojournalists work full-time, and many are expected to travel to employment sites. Depending on the job, travel might be local, national, or even worldwide. Furthermore, photojournalists rarely work on a defined schedule. They frequently work odd hours, including evenings, weekends, and holidays.

Typical Employers

Numerous photojournalists work for themselves and sell their images to publishers on a freelance basis or through image distributors such as Getty Images. Others work for newspapers, magazines, and online publishers, taking images as directed by their publication's editor.

How to Become a Photojournalist

Few people know how much effort and experience are normally part of a photojournalist profession, which is often regarded as one of the most sought vocations in the world. Almost all effective photojournalists have had professional training, generally as part of a bachelor's degree in fine arts. This program of study will expose students to the theory behind how photography may tell a narrative, as well as key composition methods and other photography-related abilities.

Following graduation from college, most photojournalists work as an intern for a media organization. Although magazines and newspapers are the conventional options, the development and growth of internet media have made the virtual world a feasible alternative for an internship. This internship will mostly consist of assisting established photojournalists with their assignments and providing the chance to put theoretical knowledge into photography experience.

Only a handful will make the leap to full-time photojournalists despite substantial schooling and internship experience. Those that do will have built an amazing portfolio of photos and made relationships in the media sector to get that portfolio noticed. While the route to becoming

a photojournalist is long and demanding, those who succeed are rewarded by seeing their famous photos in print and online on a daily basis.

Photography and Media courses and programs -

Bachelor of Journalism (Photojournalism)

BA (Hons) in Photojournalism and Documentary Photography

Bachelor of Arts in Journalism: Concentration in Photojournalism

MA in Photojournalism and Documentary Photography
MA in New Media Photojournalism

BSVC in Visual Communication - Photojournalism Major
Diploma / BA / MA in Journalism (Photojournalism)

BFA in Photojournalism
Photojournalist Salary Prospects

According to the most recent national job data, photojournalists may earn an average yearly salary of Rs 40,280 or Rs 90,000 per hour. This makes it a Salary Above Average. On the low end, they might earn Rs 22,600 per year, or Rs 110,000 per hour, depending on the state they live in.

(Vijay GarG Retired
Principal Educational
Columnist Malout
Punjab)

EC RDD, Tashi Namgyal chairs meeting with all stakeholders

TOP NEWS REPORT

LEH, May 31: Executive Councillor (EC) for Rural Development Department (RDD), Tashi Namgyal Yakzee chaired a meeting with all stakeholders of the Rural Development Department and representatives from TR Camps to implement the job card under MGNREGA among the Tibetan Settlement of adjoins villages of Leh.

ADDC/ACD Leh, Sonam Nurboo, gave detailed information regarding the MGNREGA Scheme where economically and socially vulnerable sections of people in rural areas of Leh District will be



assisted by MGNREGA. He further added that every interested family is issued a job card under this scheme where all eligible members' names may be incorporated for wage base employment.

EC RDD, Yakzee urged TR Camps people to apply for job cards

to the Tibetan people so that they might be provided wage employment, where the eligibility criteria have been kept simple so that the large number of rural TR benefitted from the scheme. The department has already issued guidelines for it. The beneficiaries

may ensure 100 days employment he added.

It is worth mentioning that this initiative is to help the poor people of rural areas and helps in earning sustainable livelihoods.

He directed the concerned officers to serve the needy people through the fruitful

implementation of the scheme with dedication and commitment so that the vulnerable section may be benefitted at the maximum level.

Threadbare of discussions were also held on subsidized schemes. EC, RDD, added that Hill Council Leh, has initiated various subsidised schemes and added that Hill Council aims to provide maximum benefits to all beneficiaries including Tibetan people.

The meeting was attended by ADDC/ACD Leh Sonam Nurboo; DPO Leh, Junaid Amin; officiating CRO Sonam Chudon, and 12 representatives of TR Camps.

Raj Bhagat's film "Cyber Trap" officially selected for 2 international film festivals

TOP NEWS REPORT

JAMMU, May 31: Jammu's Director, Actor and son of soil, Raj Bhagat's film "Cyber Trap" has been officially selected in two international film festivals (Waldwick, New Jersey and London) and also bagged best thriller movie in national film festival, Mumbai.

The film 'Cyber Trap' has been officially selected in "Student World Impact Film Festival 2023" and will also receive mention in the festival.

SWIFF 2023 will take place online from June 18-25, 2023 and Cyber Trap will be screened among the films across 120 countries.



This film was also officially selected in "Lift-Off Filmmaker Sessions 2023, London and was also screened in the festival. The movie received applauses from the audience across the globe and was screened in festival.

This movie is also available on their official website on rent. Lift-Off's Filmmaker Sessions Online Film Festival provides a platform for true indie filmmakers to showcase their talent and connect with audiences from all over the world.

Apart from this, Cyber Trap also bagged best thriller movie in Filmmaker Global Short Film Festival 2022, Mumbai.

The "Cyber Trap" movie is based on a victim of cyber crime

who gets trapped by these cyber criminals. This movie is based on true event and is full of thrill and suspense. The movie is directed/written by Well Acclaimed Director Raj Bhagat under the banner of his production house namely "Trident Film Productions" in association with "Ace of Spades Studios".

The movie is all set to release in Jammu and will be showcased soon. The trailer of movie is available on Trident Film Productions on Youtube.

The film starring Raj Bhagat, Hitesh Maha-

jan, Soham Kashyap with supporting actors Aly Khan, Tazim, Rahul Kesar, Bobby, Manoj Gupta, Nitesh Mahajan, Tarika Mahajan.

Tarika Mahajan is Producer of the movie and concept of the movie is by Hitesh Mahajan.

Director/ Actor Raj Bhagat under his production house Trident Film Productions has already won the heart of audience by his two amazing songs "Shikwa & Dogre" and short movie titled Diwali. Both the songs and movie are available on youtube @ Trident Film Productions.

Ajeet expresses concern over loss of crops in Chenab Valley

TOP NEWS REPORT

KISHTWAR, May 31: Jammu and Kashmir National Conference Senior Leader Chenab Valley Zone Ajeet Bhagat expressed concern over the losses caused to farmers by recent heavy rains in Kishtwar, Doda and Ramban districts of Chenab Valley zone.

Bhagat said that many types of orchards were damaged and trees were blown to the ground, causing loss to farmers and other people involved in the agriculture industry.

Walnut trees and fruit orchards have suffered a lot and fruit growers are worried as their income has been badly affected.

Fruit owners have to face huge losses due to natural climate. Large population dependent on horticultural crop in this area has put them in deep trouble.

Bhagat demanded the Lt. Governor of Jammu and Kashmir and the Chief Secretary to form a team of agriculture and horticulture officials who would assess the damage to farmers' gardens and provide genuine financial assistance to them.

'New Parliament will mark beginning of new era of India's colossal progress'

TOP NEWS REPORT

JAMMU, MAY 31: BJP leader Raj Rattan Raina congratulated the countrymen on the opening of a new Parliament building by PM Narendra Modi.

In a statement issued to media persons, the BJP leader said that the new building to house the Parliament will mark the beginning of a new era of India's colossal progress as this could be compared as the Golden era under the dynamic leadership of Prime Minister Narendra Modi.

The BJP leader con-

demned those political parties which boycotted the opening ceremony on Sunday claiming that it was their loss as one's presence on this occasion of national pride is itself a matter of prestige as the names of those present in the ceremony shall be written in the annals of the history of India and those who missed the opportunity will not be remembered at all.

It is pertinent to mention that PM Narendra Modi has dedicated the new Parliament building to nation today.

Raj Rattan Raina said that by boycotting the

inaugural ceremony the opposition parties have shown their narrow-mindedness and Obscurantist bent of mind. He said that the attempts made by the opposition to undermine the significance of the work accomplished by PM Modi in the last nine years across the country and before that in Gujarat would all be thwarted by none other than the people of the country who are observing every jealous move of the leaders of the opposition parties and shall teach them the lesson of life during the election time.

AAP J&K congratulates Balkar on being sworn as Cabinet Minister in Punjab Govt

TOP NEWS REPORT

JAMMU, May 31: AAP J&K congratulated Balkar Singh MLA Kartarpur and Prabhari Jammu on being sworn as Cabinet Minister in Punjab Government.

The news of Prabhari Jammu and MLA Kartarpur Balkar Singh's inducted as Cabinet Minister in Punjab Government has brought a lot of pleasure to the leader and volunteers of J&K.

AAP Leader and Social Activist Gurmeet Singh Baaghi congratulated to most dedicated, deserving and sincere MLA of Kartarpur and Prabhari Aam Aadmi Party Jammu Balkar Singh for taking oath as Cabinet Minister in Punjab Government and thanks to Bhagwant Mann Chief

Minister Punjab for inducted Balkar Singh into his Government.

"I am confident as a Minister your efforts, supports to carry out the reforms expected by Punjab people's and hope you will work to fulfill aspirations of the people and build a strong and prosperous Punjab. Sure under his dynamic leadership Aam Aadmi Party will flourish to a new height in Jammu. May the Almighty continue to guide you as you serve to the common masses," he said.

Hapreet Singh, Sangathan Mantri Jammu Province, said that AAP J&K is very grateful to the Chief Minister of Punjab S. Bhagwant Mann for inducted Balkar Singh as Cabinet Minister. S. Balkar Singh have a great blend of administrative experience while working as

a Police officer and the passion to deliver good governance.

"My best wishes to them for serving the people of the state. The Aam Aadmi Party is committed to continuing to work under the leadership of Arvind Kejriwal and Bhagwant Mann and hope & pray that you will serve Party & Punjab befitting under the guidance of our great leaders Arvind Kejriwal & Bhagwan Mann," he said.

Amrik Singh Sasan, Joint Secretary Jammu Province also congratulated Balkar Singh MLA Kartarpur and Prabhari Jammu for a new beginning as Minister in Punjab Government and Hope under his able observation, leadership and guidance as a Prabhari Jammu Aam Aadmi Party will form Government in J&K.

Successful conduct of e-Auction of seven Minor Mineral Blocks in District Jammu generated revenue of Rs 55 crore

TOP NEWS REPORT

JAMMU, MAY 31: The District e-Auction committee, under the Chairpersonship of Deputy Commissioner Avny Lavasa, successfully conducted the e-Auction of three minor mineral blocks located in Tawi river.

The e-Auction notice for these three blocks was notified on 04-05-2023 by District Mineral Officer, Jammu and the e-Auction for the same was conducted today under the supervision of ADC L&O Harvinder Singh.

The Department of Geology & Mining had identified 32 minor mineral blocks in Tawi river and its tributaries in District Jammu, out of which clearances for 07 Number of Minor Mineral Blocks were issued by Single Window

Committee of District Jammu.

These blocks were put to e-Auction and four blocks had already been successfully auctioned and LOIs have been issued H1 Bidders, for which revenue of Rupees 15 Crores was generated. The remaining three blocks following in the Tawi river which were e-Auctioned on 30-05-2023 generated additional revenue of Rupees 40 Crores which is the highest ever recorded revenue for any minor mineral block in J&K.

During the e-Auction, the highest bid amount for Block Number 12/J and 13/J was submitted by M/s Choudhary Power Projects Pvt. Ltd. and for block 19/J highest bid amount was submitted by Sandeep Singh.

The e-Auction was conducted

in presence of Dr. Gulshan Kumar, District Mineral Officer, Jammu (Member Secretary), H.L. Langeh, Joint Director, Geology & Mining, Jammu, Ashok Khajuria, Treasury Officer, Jammu, Kumar Jatinder Sharma, Executive Engineer, (flood Control) and Fungo Ram Bhagat, Executive Engineer, (Irrigation). These Blocks shall be operationalised after fulfilling the statutory requirements by the highest bidders.

The successful e-Auction of overall seven Minor Mineral blocks in District Jammu have generated over 55 Crores of revenue to the state exchequer. In addition to this, four more minor mineral blocks have been cleared by Single Window Committee of District Jammu which shall be put to e-Auction in near future.

Jonaraja Institute of Genocide Studies announces establishment of MM Abhinavagupta Chair

TOP NEWS REPORT

JAMMU MAY, 31: The Jonaraja Institute of Genocide and Atrocities Studies (JIGAS) is pleased to announce the establishment of the MM Abhinavagupta Chair in Cultural Genocide Studies at our esteemed institution.

This significant initiative aims to deepen the academic study, research, and understanding of cultural genocide and its profound impact on societies worldwide.

The MM Abhinavagupta Chair in Cultural Genocide Studies is named in honor of MM Abhinavagupta, a renowned philosopher and scholar whose contributions have greatly enriched our understanding of culture, philosophy, and human existence. By focusing on cultural genocide, this interdisciplinary chair will delve into historical and contempo-

rary instances of cultural destruction, exploring various dimensions, causes, consequences, and potential avenues for prevention and redress.

The chair derives its inspiration from the profound words of Mahamaheshwarcharya Abhinavagupta, a renowned philosopher and scholar, as documented in chapter 15 of his Sritantraloka. These verses highlight the significance of knowledge centers in resisting the discourses of otherness that underlie the heinous crime of cultural genocide.

Under the leadership of Mr. Moti Lal Pandit as the Head and Mr. Sunil R Rajanka as the Co-Head, the Abhinavagupta Chair in Cultural Genocide Studies will pursue the following objectives to advance the field of cultural genocide studies:

Research: The chair will undertake comprehensive research, investigating the underlying mechanisms of cultural genocide, as well as its social, political, and cultural implications. This research will also explore potential methods for prevention and mitigation.

Documentation: Recognizing the importance of preserving cultural heritage, the chair will facilitate the documentation of case studies, testimonies, and narratives related to cultural genocide. This vital work will foster awareness among scholars, policymakers, and the wider public.

Education: The chair will offer educational programs, seminars, and workshops, aiming to disseminate knowledge on cultural genocide, promote interdisciplinary dialogue, and encourage critical think-

ing among students, scholars, and practitioners.

Collaboration: To foster a global approach, the chair will actively seek collaborations with national and international institutions, organizations, and scholars engaged in related research and advocacy. This collaborative effort will facilitate knowledge exchange, joint projects, and initiatives aimed at addressing cultural genocide.

Policy Recommendations: The chair will provide evidence-based insights and recommendations to policymakers, human rights organizations, and governmental bodies. These recommendations will guide the development of policies and strategies aimed at preventing and addressing cultural genocide effectively.

NYKS organises 'District Level Yuva Utsav' 2023-24 at Poonch

TOP NEWS REPORT

POONCH, May 31: Nehru Yuva Kendra Poonch, Ministry of Youth Affairs and Sports, Government of India, organised District Level Yuva Utsav in the new auditorium of Govt Degree College Poonch. The event was organised on the theme "Panch Pran of Amritkaal".

The main objective of the programme was to celebrate the "Azadi ka Amrit Mahotsav" in the spirit of Yuva Shakti se Jan Bhagidari and to form a fraternity of young artists, writers, photographers and orators of the country under the mentorship of experts. Similar programmes are also being organised across the country in all 623 districts by the Ministry of Youth Affairs and Sports, Govt. of India.

Addressing the audience, District Youth Officer, Nitin Hangloo briefed about the objectives of the programme. He said that in one day programme, five different events/competitions will be organised. Youth will participate in Young Writers Contest (Poetry), Young Artists Camp (Painting), Mobile Photography Contest, Declamation Contest, Cultural Fest-Group Folk Dance. He added that the objective of the programme is to provide a platform to the talented youth of the district.

Er Ishfaq Choudhary, Vice Chairperson District Development Council Poonch presided over the Inaugural Ceremony by lighting the ceremonial lamp. He appreciated the efforts of NYKS Poonch in engaging rural youth in Nation Building activities. He said that this is a great opportunity for the youth to showcase their art and talent.

Nazuk Shah along with Gulnaz Chouhan and Vikrant Sharma were the jury members of Cultural Festival while S D Sharma, Adv Iftikhar Ahmed Bazmi and Muzaffar Ahmed adjudged the participants of Declamation Contest. Ankit Sudan and Tariq Saifi adjudged the Painting Competition while Abdul Hamid along with Nazarat Fareed and Rajinder Sharma were the jury members in Poetry Competition. Adv Ilyas Khwaja, Sheraz Sikander and Mohd Imran adjudged the Mobile Photography Workshop.

More than 200 young boys and girls from nook and corner of the district presented their talent in their respective categories. Students from different educational institutions of the district also participated in the mega event. Cultural teams belonging to the remotest corners of the district added colours to the event.

The Valedictory session was presided over by Malikzada Sheraz

ul Haq, Additional District Development Commissioner Poonch. While speaking on the occasion, he said that this program is a wonderful opportunity for the youth of the district to showcase their art and talent. He further said that NYKS is doing a good work in involving the youth in constructive works.

In the valedictory session, appreciation certificates were provided to the Jury Members and certificates and mementos were also provided to the winner of all the categories. The winners shall now participate in the State Level Yuva Utsav. Special Appreciation Certificates were awarded to the Jury Members.

Sofia Kabir clinched the first prize in Painting while Husnain Ahmed Kazmi came second and Muawiah Rashid came third. In Declamation Contest, Shazia Ashraf won the first prize while Faiza Basharat came second and Ateeqa Sehra came third. In mobile photography, Mohd Imran clinched First Position, Rizwan Ahmed and Nadeem Ahmed came second and third respectively. In Poetry Anchal Sharma secured First Position while Mohd Adnan Mir and Ashiq Hussain secured second and third position respectively.

As we celebrate World No Tobacco Day, celebs share their views...

Every year, World No Tobacco Day is observed on May 31. The day serves as a reminder of how the consumption of tobacco is injurious to health. Celebs share their views...

Find healthier way
Harjinder Singh
While smoking may provide temporary relief from stress, it's important to consider the long-term health risks, such as lung cancer, heart disease and stroke. There are many healthier ways to manage stress, such as exercise, meditation, or spending time with loved ones.

Life cut short
Shaan Shashank Mishra

I am totally against the use of tobacco as it affects our body and



causes cancer. I have seen so many people suffering from cancer. After a certain point, one gets addicted to tobacco and the mind stops working. The number of cigarettes you smoke every day is the amount of time you lose in your life. It causes mouth and throat cancer. Stay tobacco-free, and let's make the world a better place.

Levy high taxes on tobacco
Anupama Solanki

I don't smoke, and when I see someone doing it, I feel he or she is not killing himself/herself but others around them too. I think the government should increase the tax on tobacco. At least, a few people will leave smoking because of the high price. The government should

also levy high penalties when they are smoking in public places.

Disservice to environment
Sheeba Akashdeep

Not only today but I wish to see a tobacco-free world every day. If you're smoking or consuming it, you are not only doing yourself a disservice, but also ruining your environment and the people around

you who do not wish to be a part of it. Passive smoking is also bad for health, and perhaps people need reminders, scary pictures, and inserts in ads in cinemas and movies. It's just so addictive that it's so difficult to get rid of that habit. I just wish the world would go tobacco-free.

Don't spoil your health
Hansa Singh

Tobacco is harmful to health, yet people are addicted to it. They consider it a stress buster. Youth generally pick it up as a fad to look cool. I would say don't spoil your health. The government won't stop the companies that make cigarettes, as it's a huge source of revenue. So, one needs to take care of oneself and act responsible.

Sanya Malhotra—at the top of her game



Basking in the success of Kathal, Sanya Malhotra is looking forward to three movies and a live performance

tour in the UK. As her film Kathal continues to trend on the number one spot of the top 10 movies streaming in

India on Netflix, Sanya Malhotra is wrapping up her next—the official Hindi remake of the Malayalam superhit, The Great Indian Kitchen—and preparing for the Stars on Fire Tour UK 2023.

She has given impactful performances right from her debut film, Dangal, in 2016, which paved the way for many films, including Badhaai Ho, Patakhaha, Meenakshi Sundareswar and Paggilait.

The actor and trained dancer has a lot to look forward to this year, including performances as a part of the Stars On Fire Tour, which also features Hrithik Roshan and Vaani Kapoor and is scheduled for September 1 and 2 in London and Leeds.

Dia Mirza talks about leaving behind a sustainable planet for next generation

The actor and UN Secretary General's advocate, Dia Mirza, discussed the role of cinema as a platform for raising awareness.

Dia Mirza delivered a speech at the International Indian Film Academy (IIFA) Awards 2023.

Speaking as a concerned mother, she shed light on the alarming consequences of the triple planetary crises of climate change, air pollution, and biodiversity loss. She believes that the world could still course-correct with the help of the Sustainable Development Goals (SDGs).

"The SDGs offer a comprehensive roadmap to protect the planet, combat poverty, achieve gender equality, and enhance the well-being of people worldwide.

If every citizen, leader, policymaker, and stakeholder plays an active role in championing at least one goal, transformational progress can be made," she says.

"It is time to envision and create a sustainable, safe, harmonious, and happy planet for all our children.

And we must act now because, as I read somewhere, the future will either be green or not exist at all," she adds.



Rani Mukerji chooses to play sheroes that people have adored for being who they are

Actress Rani Mukerji has shared her vision to represent women correctly in Hindi cinema. She said that women are the backbone of a family and the society and that she has a responsibility to show this to people across the world.

Rani says, "As an actor, your vision for cinema and roles will constantly evolve but one thing that's constantly stayed for me is the way I wanted to portray and represent women on screen. Women are the backbone of a family and the society, and I think, as an actor, I have a responsibility to show this to as many people as possible across my country and the world." She added: "Cinema can have a lasting impression on the minds of people. It is a very powerful tool to trigger a national conversation and I became conscious very early on



in my career that I could make a real change in the way women are projected on-screen, that could be positive."

Rani wanted to show girls as fiercely indepen-

dent and self-reliant in films.

She says, "I made it a point to choose films where the girl is also pivotal to the plot, where the girl is projected with

dignity and power." "For me, women have always been agents of change. They have been independent, courageous, caring, pursuers of dreams and the best multitasker you can ever find. I wanted to highlight these facets of a woman by choosing characters that echo this belief system of mine." Rani adds, "So, if you see films like 'Black', 'Veer Zaara', 'Mardaani' series, 'Yuva', 'No One Killed Jessica', 'Hichki' or even my latest film 'Mrs. Chatterjee vs Norway', to name a few, the girls I play are central to the plot, the sheroes that people have adored and accepted for being who they are."

In her last release, 'Mrs Chatterjee vs Norway (MCVN)', Rani again played a feisty woman who took on a country to win back her children.

The film was a resounding hit at the box-office and it brought

back belief that content cinema could pull in people to theatres in this post pandemic world.

Rani says, "The fact that MCVN is a hit today is because people want to see strong woman protagonists like this on the big screen.

There is constant chatter whether women-centric films are box office draws? That concerns me, of course they are box office draws." "A film is a hit when producers make money from it and it is not just about how much it collects at the box-office because one should also factor in the cost of the film." She adds, "There is a lot of misconception about what a hit means and I think people should pay attention to this before passing judgement if a film is profitable. A good film will always bring people to the theatres and their gender has no role to play."

Prem Vij's poetry collection Kaath Hota Aadmi is inspired by everyday struggles

Prem Vij, an author and poet who has written many books in the Hindi and Punjabi language, recently launched another one with the title, Kaath Hota Aadmi. This collection of poems is Vij's 20th book. In his poems he captures the small details of life.

Vij, who was born in November, 1947, has received multiple awards for his work, including a state award by the Punjab government in 2004, Lifetime Achievement Award by the Chandigarh Sahitya Academi in 2013 and another one from The Readers and Writers Society of India in 2014.

Talking about Kaath Hota Aadmi, Vij says, "When I started writing, I could not stop. Stories about our daily life that we generally miss in our day to day existence found an expression in my verses. Life is extremely hectic now, so it's important to sometimes sit back, relax to look and enjoy the little joys of life. Our daily struggles, social issues, and things that one might face in the cruel world are some of the topics I have tried to address through the verses."

He adds, "There are multiple poems where I have tried to address the significance of a



mother in a house as well as tried to pose a question to view-

ers as to why society still lacks respect for mothers who take care of the household and their children. In my household, there was no domestic help when I was growing up. My mother took care of everything, from cooking and cleaning to taking care of me. Even though she worked tirelessly throughout the day, I felt like my father didn't give her the amount of respect, love and care that she deserved. This thought has bothered me throughout my life and that is why I have respect for every mother who goes through life with a smile on her face."

Zeenat Aman shares her Audrey Hepburn-inspired look as she appreciates acting prowess of these women



Veteran actor Zeenat Aman has listed iconic roles she would have loved to play and it includes Anarkali from 'Mughal-E-Azam', Jessica Rabbit from 'Who Framed Roger Rabbit', Moira Rose from 'Schitt's Creek' and Rosie in 'Guide', among many others.

Zeenat took to Instagram, where she shared pictures from her new photoshoot. She said that her photos are actress Audrey Hepburn inspired.

Zeenat took to the caption and wrote: "How do you like this look? I find it

quite Hepburn inspired! As a model and actor, creative collaborations are so interesting because you get to see yourself as others see you. It also involves trust and patience." She then went on to list roles she would've loved to play.

Zeenat added: "Speaking of Hepburn has me thinking about all the talented actors whose work I've enjoyed over the years. Here's a list of iconic roles I would have loved to play: 1. Tanya McQuoid in White Lotus, played with dotty perfection by Jennifer Coolidge. 2.

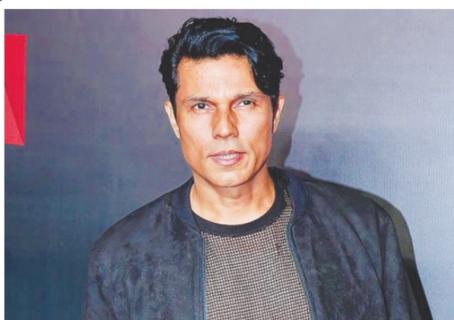
Rosie in Guide, played by the ever graceful Waheeda Rehman. 3. Anarkali in Mughal-e-Azam, played exquisitely by Madhubala. 4. Cesira in Two Women, played so unflinchingly by Sophia Loren. 5. Miranda Priestly in The Devil Wears Prada, played with icy nonchalance by Meryl Streep." 6. Shashi Godbole in English Vinglish, played masterfully by Sridevi. 7. Jessica Rabbit in Who Framed Roger Rabbit, seductively voiced by Kathleen Turner. 8. Miss Piggy in The Muppets, voiced by various artists over the years. 9. And by popular demand and for my own amusement - Moira Rose from Schitt's Creek, played by the brilliant Catherine O'Hara.

"I just have to appreciate the acting prowess of all these women. They gave us characters that will resonate for decades. Who are the female characters in cinema and tv that have inspired you? Don't be shy to be creative with your suggestions!"

'Randeep, get your facts right,' says Netaji's grandnephew Chandra Kumar Bose

Randeep Hooda's directorial debut, Swatantrya Veer Savarkar, has stirred a controversy, thanks to his claim that the freedom fighter and Hindutva's ideologue was the inspiration behind Netaji Subhas Chandra Bose, Bhagat Singh and Khudiram Bose, the youngest martyr of the freedom struggle.

The first salvo was fired by Netaji's grandnephew and on-again, off-again BJP politician Chandra Kumar Bose, who warned Hooda in



a tweet, "If you respect #Savarkar, please don't distort history", and then said in an interview with a news channel that his

famous grand-uncle was inspired by two people—Swami Vivekananda and Deshbandhu Chittaranjan

Das.

Interestingly, Chandra Kumar Bose ran an excerpt from a speech delivered by Netaji at Jhargram in West Bengal on May 12, 1940, which had a message that is more relevant than ever today. Netaji had said, "By taking advantage of religion and desecrating it, the Hindu Mahasabha has entered the arena of politics. It is the duty of all Hindus to condemn it... Banish these traitors from national life. Don't listen to them."

Savarkar, incidentally, was a Hindu Mahasabha leader.

Bhagat Singh was a committed Marxist who had also read up Mikhail Bakunin, the founder of Anarchism. Coming to Khudiram Bose, he was barely 18 when he was hanged. Bose had nothing to do with Savarkar. Savarkar, contrary to what Hooda is propagating, had no role in the lives of these three freedom fighters who sacrificed their lives for the country.

PM Modi to address rally in Rajasthan's Ajmer today

He will also offer prayers at the famous Brahma temple in the holy town of Pushkar, nearly 15 km from Ajmer city, before addressing the public rally

JAIPUR, May 31 (Agencies): Prime Minister Narendra Modi will address a rally in Rajasthan's Ajmer district on Wednesday, the first major event in a month-long outreach campaign by the BJP to mark its nine years in power at the Centre.

He will also offer prayers at the famous Brahma temple in the holy town of Pushkar, nearly 15 km from Ajmer city, before addressing the public rally.

The prime minister is scheduled to reach Kishangarh airport at 3 pm.

Rajasthan, where the ruling Congress is caught in a leadership tussle between Chief Minister Ashok Gehlot and his former deputy Sachin Pilot, goes to the polls this year-end.

Modi will travel by helicop-



ter from Kishangarh airport to Pushkar, where he will offer prayers at the Brahma temple from 3.40 pm to 4 pm.

He will then travel by helicopter to a helipad near the rally

venue - Kayad Vishram Sthali - on Jaipur road at 4.45 pm, police sources said.

Union ministers Arjun Ram Meghwal and Kailash Chaudhary, and other BJP leaders

from Rajasthan will attend the meeting.

Ajmer North MLA Vasudev Devnani said BJP workers from 45 assembly and eight Lok Sabha constituencies are being mobilised for the rally.

The constituencies fall in the districts of Ajmer, Nagaur, Tonk, Bhilwara, Rajsamand, Jaipur and Pali.

Over the past few weeks, Modi had also visited Rajsamand and Sirohi.

BJP leaders have already held press conferences in several states to mark Modi's nine years as prime minister.

The PM's rally will flag the beginning of a series of party meetings as part of a major outreach campaign.

Wrestlers' protest: Tikait announces 'mahapanchayat' in Muzaffarnagar on Thursday

MUZAFFARNAGAR, May 31 (Agencies): BKU leader Naresh Tikait said a 'mahapanchayat' will be held in Muzaffarnagar's Soram village on Thursday to discuss the ongoing protest by wrestlers against WFI chief Brij Bhushan Sharan Singh.

Tikait, the head of Balyan khap, on Tuesday night said the matter will be discussed in detail in the mahapanchayat.

On a drama-filled Tuesday, some of India's best wrestlers accompanied by hundreds of supporters gathered on the

banks of the Ganga in Haridwar, threatening to immerse their World and Olympic medals in the holy river, but refrained after being convinced by Khap and farmer leaders who sought five days to address their grievances.

Olympic medallists Sakshi Malik, Bajrang Punia and Asian Games gold medallist Vinesh Phogat went to Har ki Pauri on Tuesday to protest the inaction against the Wrestling Federation of India (WFI) chief.

However, after spending an hour and 45 min-

utes there, they returned after several khap and political leaders urged them not to take such an extreme step.

Tikait said several representatives of different khaps and their heads hailing from Uttar Pradesh, Haryana, Punjab, Rajasthan and Delhi will be participating in the mahapanchayat to decide the next course of action in the wrestlers' protest.

On May 28, Delhi Police had detained the wrestlers and filed FIRs against them for violation of law and order.

4 of family killed as car catches fire after hitting tree in MP

HARDA, May 31 (Agencies): Three men and a woman from a family were killed when their car hit a tree after a tyre burst and then caught fire in Madhya Pradesh's Harda district on Wednesday, a police official said.

The accident took place near Nausar village at around 7 am when the victims were returning to their village Varkala from Deepgaon after taking part in a wedding function, Timarni police station in-charge Sushil Patel said.

One of the car tyres burst following which the vehicle hit a tree and caught fire.



The flames engulfed the car and its occupants got trapped inside the vehicle and died, he said.

Soon after being alerted, the police reached the spot to rescue the victims, but in vain, he said.

The deceased were

identified as Akhilesh Kushwaha, Raksh Kushwaha, Shivani Kushwaha and Adarsh Choudhary, but their exact age was yet to be ascertained, the official said.

An investigation was on into the incident, he added.

Chemical Tanker Hits Roadside Eatery In Rajasthan, 2 Men Burnt Alive

JAIPUR, May 31 (Agencies): Two men were burnt alive when a tanker carrying chemical hit a roadside eatery and caught fire in Rajasthan's Barmer district, police said on Wednesday.

The incident took place Tuesday night on a highway under the Sindhari police station area. According to police, the tanker driver, Nimbaram, lost control over the vehicle and hit the 'dhaba'. "The tanker caught fire and the driver was trapped inside the vehicle. Unfortunately, Bhanwararam, who ran the hotel, also got trapped and was killed," SHO, Sindhari, Surendra Kumar said.

He said the flames could be doused in the early hours of Wednesday. Two other shops adjacent to the dhaba also got damaged in the incident.



Lucknow family booked for demanding Rs 30 crore as dowry



LUCKNOW, May 31 (Agencies): The daughter of a prominent businessman in Lucknow has lodged a complaint with the police that her husband, mother-in-law and brother-in-law had been torturing her and demanding a dowry of Rs 30 crore.

DCP Central Zone, Aparna Rajat

Kaushik, said an FIR had been registered on the complaint of the victim.

The victim has alleged that she was being harassed for more dowry even though her parents gave costly gifts and organised a grand wedding in 2010.

"They used to taunt me saying it was of no use marrying into such a prominent family as they got only simple dowry," she alleged and added that she was beaten up for opposing them.

The victim said she was forced to ask her maternal uncle to arrange a contract for her husband and she did it to save her marriage.

"My maternal uncle arranged a contract for my husband who earned Rs 4 crore though the business. But they did not stop beating me. One day my mother-in-law slapped me and dragged me by my hair while my husband pushed me down on the ground," the victim alleged.

The police said the matter is being investigated.

Couple, 2 Children Dead After SUV Hits, Drags Scooter In Lucknow



LUCKNOW, May 31 (Agencies): Four people of a family including two children were killed on Wednesday after being struck and dragged by a high-speed SUV for 100 metres in Lucknow, informed police.

The incident happened near the Gul-chain temple in Aliganj, Lucknow. The SUV allegedly hit the scooty

after which the couple and their two children got stuck under the car.

But, the car driver didn't stop the vehicle and the four victims were dragged on for around 100 metres, the police said.

As per the locals, the car was coming from Tedhi Puliya district and hit the scooty before the temple.

The locals further alleged that the car driver didn't stop despite realising the fact scooty was trapped under the SUV and sparks coming out due to the dragging of the scooty.

All four were taken to the trauma centre of King George's Medical University (KGMU) where all of them were declared dead.

The man has been identified as Ram Singh (35). His wife was 32 years old, while the two children were aged 10 and 7 years respectively, the police said.

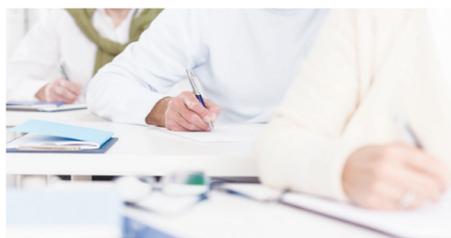
Uttar Pradesh Chief Minister Yogi Adityanath expressed grief and condolences over the loss of lives in the accident.

Over 84% students cleared Class-XII science exam in Odisha

BHUBANESWAR, May 31 (Agencies): As many as 78,938 of the 92,950 students have cleared the annual higher secondary (Class-XII) science examination in Odisha, results of which were announced by school and mass education minister Sudam Marndi here on Wednesday.

Students can check their results on the official website of Council of Higher Secondary Education (CHSE) at chseodisha.nic.in and orissaresults.nic.in.

In science stream, out of 93,734 enrolled students, 92,950 students have appeared in the annual Plus-II science examination, of which 78,938 students have



cleared the test conducted by the CHSE, he said.

Of the 90,679 regular students who have appeared in the science stream, 77,468 have passed out. Similarly, 1470 of the 2437 irregular students cleared the test.

The performance of girls is better than the boys in the annual examination. The pass percentage of boys and

girls stood at 84.28 and 85.67 per cent, respectively.

While 358 students have secured more than 90 per cent marks, 291 schools have scored 100 per cent results and two schools have zero results. Nayagarh district has recorded the highest 96.41 per cent result while Gajapati district is at the bottom with a pass percentage of 61.55, the Minister said.

Moreover, 39,573 students have secured first division, 24,257 in second division and 14,852 got third division in the Class-XII science examination, he said.

The Odisha government has also declared the Class-XII commerce result. Marndi said that 24,331 students have enrolled in the commerce stream, of which 24,082 students have appeared in the examination and 19,536 students have passed out. The overall pass percentage in the commerce stream stood at 81.12.

In the commerce stream too the girls outshine then the boys. The pass percentage of boys and girls stood at 79.52

per cent & 83.87 per cent, respectively.

The Minister informed that 102 students have secured more than 90 per cent marks in commerce. While 7410 students have secured first division, 4543 got second division and 7492 got third division in the exam.

Nayagarh district has recorded the highest 93.9 per cent result while Boudh district is at the bottom with a pass percentage of 55.55, he said.

The students can get their marksheets in Digilocker from June 10 onwards. The result of Plus-II arts and vocation courses is likely to be declared on June 8, officials said.

Meghalaya govt reconstitutes committee reviewing the state reservation policy

SHILLONG, May 31 (Agencies): The Meghalaya government has reconstituted a committee to review the state reservation policy in the backdrop of an indefinite hunger strike launched by the opposition Voice of the People's Party (VPP) seeking changes to the existing reservation formula, an official said on Wednesday.

The committee was reconstituted on Tuesday and will hold a meeting with political parties on the issue on Wednesday, he said.

The committee will be headed by the state Law Minister Ampareen Lyngdoh.

A final decision on the reservation policy will, however, be taken only after Chief Minister Conrad K Sangma holds a meeting, his

deputy Sniawbhalang Dhar told agency on Wednesday.

"The issue is sensitive and needs to be discussed at length. However, it should not be discussed in the streets but across the table...The government will take a decision with the best interests of the people and the state in mind," he said.

The VPP is raking up the reservation issue, which does not have the support of the other parties, he claimed.

The party is demanding a review of the "outdated and unfair" job reservation policy in existence in the state.

A hunger strike by its president Ardent Basaiawmoit here, on the issue entered its ninth day on Wednesday.

The party, which



has four MLAs in the 60-member House, is demanding a review of the 40:40 job reservation for the Khasi-Jaintia community and Garos.

The party claims that the population of the Khasis has increased and hence there was a need for a review.

The committee invited the agitating VPP MLAs

for talks on Wednesday, which was promptly refused.

Basaiawmoit said the agitation will be withdrawn only if the government expresses its readiness to review the 1972 job reservation policy which awarded 40 per cent of reserved jobs to Garos, 40 per cent to Khasi-Jaintia tribes, 5

per cent to other tribes and 15 per cent for general category candidates.

"Our stand was made clear to the government. I will not leave the venue (of the hunger strike) till the government agrees to review the job reservation policy", he said.

Dhar criticised Basaiawmoit's absence at the all-political party meeting on Tuesday last week which was chaired by Sangma.

A government-instituted committee on reservation roster had met on Monday too but the VPP and several organisations did not attend it.

Lyngdoh said the committee will inform the government of the need for a discussion since there is a demand to review the reservation policy.

70-year-old woman mauled to death by Leopard in Gujarat's Dahod



DAHOD, May 31 (Agencies): A 70-year-old woman has been mauled to death by a leopard in Gujarat's Dahod district, forest officials said on Wednesday. The incident took place at around 11 pm on Tuesday in the Garbada

forest range when the woman was walking towards a shop from her home in Chharchhoda village, the forest department said in a statement.

A leopard attacked the woman, identified as Rajliben Damor, who received grave injuries

on her left hand and neck and died on the spot, the officials said. Cages were placed on strategic locations to trap the leopard, they said.

The state has witnessed a number of cases of human fatalities in leopard attacks in the recent past, especially in Amreli district of Saurashtra region.

Last week, a leopard mauled to death an elderly woman when she was sleeping in her house in Sarovada village of Amreli district.

Early this month, a two-year-old boy was mauled to death by a leopard in Katar village of Amreli.

North Korea spy satellite launch fails as rocket falls into the sea

After an unusually quick admission of failure, North Korea vows to conduct a second launch after learning what went wrong with its rocket lift-off

SEOUL, May 31 (Agencies): North Korea's attempt to put the country's first spy satellite into space failed on Wednesday in a setback to leader Kim Jong Un's push to boost his military capabilities as tensions with the United States and South Korea rise.

After an unusually quick admission of failure, North Korea vowed to conduct a second launch after learning what went wrong with its rocket lift-off. It suggests Kim remains determined to expand his weapons arsenal and apply more pressure on Washington and Seoul while diplomacy is stalled.

South Korea and Japan briefly urged residents to take shelter after the launch.

The South Korean military said it was salvaging an object



presumed to be part of the crashed North Korean rocket in waters 200 kilometres (124 miles) west of the southwestern island of Eocheongdo. Later, the Defence Ministry released photos of a white, metal cylinder it described as a suspected

rocket part. A satellite launch by North Korea is a violation of UN Security Council resolutions that ban the country from conducting any launch based on ballistic technology. Observers say North Korea's previous satellite

launches helped improve its long-range missile technology, though the latest launch likely was more focused on deploying a spy satellite. North Korea has already shown it may have the ability to strike all of the US mainland after years of intercontinental ballistic missile tests, though outside experts say the North has yet to acquire functioning nuclear missiles.

The newly developed Cholli-ma-1 rocket, which was carrying the Mallyong-1 satellite, was launched at 6.37 a.m. at the North's Sohae Satellite Launching Ground in the northwest. The rocket crashed off the Korean Peninsula's western coast after it lost thrust following the separation of its first and second stages, the North's official Korean Central News Agency said.

Possessive wife gets jail for scalding husband with boiling water as he wanted divorce



SINGAPORE, May 31 (Agencies): A woman scalded her husband with hot water after he told her that he wanted a divorce.

Details of the incident in March were revealed in court after Rahimah Nisva pleaded guilty to assaulting her husband, a 24-year-old Malaysian man, news agency reported.

The 29-year-old Indonesian was sentenced to eight months' jail.

Muhammad Rahimi Shamir Ahmad Safuan and Rahimah, who lives in Batam, Indonesia, had tied the knot in 2019, but by December 2022, the marriage had soured as he felt she was too possessive, the report said.

Two months after she gave birth to their daughter in January 2023, he travelled from Singapore to Batam to meet with Rahimah and her mother.

Rahimi broached the possibility of a divorce at the meeting on March 19, and Rahimah did

not display any signs of unhappiness.

He returned to Singapore the next day. But Rahimah was not over it, and made plans to confront her husband.

On March 22, she travelled from Batam with a female colleague and arrived at the Singapore Cruise Centre.

Her colleague had no idea what she was up to, and was told the trip was for leisure, said Deputy Public Prosecutor Ong Xin Jie. They stayed at a hotel there.

The accused after reaching Singapore, she travelled to the victim's residence and scouted the area, as she intended to familiarise herself with the area where the victim (lived).

Before checking out of the hotel the next day, Rahimah filled up a flask with hot water. She told her colleague that she wanted to meet her husband before heading home, the report added.

The DPP said Rahimah then returned to Balam Road, and

donned a black dress and niqab—a veil with a small slit for the eyes — to conceal her identity. She arrived at Rahimi's block and waited at a staircase landing near his flat.

After waiting 10 minutes, she saw him leaving the unit. While Rahimi was putting on his shoes, she ran towards him and splashed him with hot water, leaving him screaming in pain.

Rahimah then ran from the block and later met up with her unsuspecting colleague. The two women boarded a ferry to Batam at the Singapore Cruise Centre, but did not make it far.

The victim's relatives had alerted the police and Police Coast Guard intercepted the craft while it was in Singapore territorial waters.

The victim went to Singapore General Hospital, where he was treated for a second-degree scald injury to his back.

He was given 16 days of medical leave and follow-up appointments with an outpatient clinic.

Rahimah, who was unrepresented by a lawyer, told the court that she was remorseful, adding that she hopes to be reunited with the victim.

Court documents did not disclose if their divorce has been finalised.

Radio Broadcaster Shot Dead Outside His Home In Philippines: Cops

MANILA, May 31 (Agencies): A radio broadcaster was shot dead outside his home in the central Philippines on Wednesday, police said, the latest in a long list of journalists killed in the country.

Cresenciano Bundoquin, 50, was killed by motorcycle-riding gunmen in Calapan City in Oriental Mindoro province, police Colonel Samuel Delorino told agency.

One of the assailants died after Bundoquin's son hit the gunmen with



his vehicle as they fled the scene.

"The remaining suspect was able to run off. The hot pursuit operation is still ongoing," said Delorino.

Bundoquin is the third journalist to be killed

since President Ferdinand Marcos took office last June.

The latest killing comes less than a year after radio personality Percival Mabasa was shot dead in Manila as he drove to his studio.

6.2 Magnitude Earthquake Detected Off New Zealand Coast

WELLINGTON, May 31 (Agencies): The US Geological Survey on Wednesday reported a 6.2-magnitude earthquake off New Zealand's southern coast, near the mostly uninhabited Auckland Islands.

New Zealand's GeoNet monitoring agency said the epicentre was 33 kilometres (21 miles) below the earth's surface. There was no immediate tsunami warning and no reports of damage on the New Zealand mainland. A city council official from Invercargill -- the nearest sizable city -- said there had been no reports of the earthquake being felt there or damage to infrastructure.



Imran Khan needs glamour in his life, says UK TikTok, proposes to be his 'naughty' wife



LAHORE, May 31 (Agencies): Former Pakistan Prime Minister Imran Khan, whose political career is at a crossroads following a government crackdown, has got a new admirer. UK TikTok Jia Khan wants to marry Imran Khan and is even ready to break up his marriage.

In a video, Jia Khan said she wants to become the fourth wife of Imran Khan and doesn't mind the fact that the cricketer-politician is over 70 years old.

The reason? Jia Khan

wants to break up Imran Khan's marriage with Bushra Bibi to "add glamour" to Imran Khan's life.

"First he had Jemima, then he had a beautiful, glamorous journalist [as his wife]. Then he had a very religious wife. He needs glamour in his life, he needs a naughty wife," Jia Khan said in the video.

Jia Khan doesn't mind the fact that Imran Khan is 70, because "he is Imran Khan".

Recently, a Pakistani cleric claimed that Imran Khan's marriage with Bushra Biwi was "un-

Islamic" as the ceremony was not conducted in accordance with Islamic Sharia law. Mohammad Saeed, the cleric who solemnised the couple's Islamic marriage in 2018, said it took place during the iddat period of Bushra Bibi.

As for Imran Khan, the troubles are mounting. He faces over 100 cases and his party, the Pakistan Tehreek-e-Insaf, is facing a likely ban after attacks on military installations by its supporters, protesting against Khan's dramatic arrest in a corruption case on May 9.

The government crackdown has thrown Imran Khan's party into a deep existential crisis, with dozens of key party leaders quitting every day. But the ex-PM has declared that his fight would continue even if he remained alone in the party.

'We want to be free': Filipinos demand right to divorce

MANILA, May 31 (Agencies): Philippine mother-of-three Stella Sibonga is desperate to end a marriage she never wanted. But divorce in the Catholic-majority country is illegal, and a court annulment takes years.

The Philippines is the only place outside the Vatican where divorce is outlawed.

Pro-divorce advocates argue the ban makes it harder for couples to cut ties and remarry, and escape violent spouses.

People wanting to end their marriage can ask a court for an annulment or a declaration that the nuptials were invalid from the start, but the government can appeal against those decisions.

The legal process is slow and expensive -- cases can cost as much as USD 10,000 or more in a country plagued by poverty -- with no guarantee of success, and some people seeking a faster result fall for online scams.

"I don't understand why it has to be this difficult," said Sibonga, who has spent 11 years trying to get out of a marriage that her parents forced her into after she became pregnant.

Sibonga's legal battle began in 2012, when she applied to a court to cancel her marriage on the basis of her husband's alleged "psychological incapacity", one of the grounds for terminating a matrimony.

After five years and USD 3,500 in legal fees, a judge finally agreed. The former domestic worker's relief was, however, short-lived.

The Office of the Solicitor General, which as the government's legal representative is tasked with protecting the institution of marriage, successfully appealed the decision in 2019.

Sibonga said she requested the Court of Appeals to reverse its ruling, but is still waiting for an answer.

"Why are we, the ones who experienced suffering, abandonment and abuse, being punished by the law?" said Sibonga,



45, who lives near Manila. "All we want is to be free."

"Dysfunctional marriages" The most powerful opponent to divorce in the Philippines is the Catholic Church, which is also against abortion and contraceptives.

Around 78 per cent of the country's 110 million people are Catholic, according to official census data, and many politicians are wary of contradicting the Church on sensitive social issues.

But Congress has scored significant wins in recent years.

A controversial birth control law was passed in 2012, despite strong opposition from the Church.

And in 2018, majority and opposition parties in the House of Representatives approved a divorce bill that later stalled in the Senate. It was the first time such a proposal had got that far.

Surveys conducted by polling company Social Weather Stations show a shift in Philippine attitudes towards divorce.

In 2005, 43 per cent of Filipinos supported legalising divorce "for irreconcilably separated couples", while 45 per cent disagreed.

The same survey in 2017 showed 53 per cent in favour, while only 32 per cent disagreed.

A group of lawmakers is now leading a fresh push to legalise divorce, with several bills filed in the House and the Senate.

"We are not destroying any marriage," said Edcel Lagman, a congressman and author of one of the bills.

Lagman said divorce was for "dysfunctional marriages beyond repair" and legalising it would enable women and their children to escape "intolerant and abusive husbands".

The legislation would not allow for a "quickie divorce", he added.

Before he was elected, President Ferdinand Marcos said the country should consider allowing divorce, but insisted it should not be easy.

Annulment scams The burdensome process for getting a court order to end a marriage has spawned online scams offering to secure a quick ruling without time-consuming court appearances.

AFP fact-checkers found numerous Facebook posts spreading false information about the legal process for annulment in order to attract clients, underscoring a growing global trend of fraudsters profiting off disinformation.

AFP has a global team of journalists, including in the Philippines, who debunk misinformation as part of Facebook and WhatsApp owner Meta's third-party fact-checking programme.

One victim told AFP she was charged the equivalent of USD 2,400 for an annulment service that turned out to be fake.

She is now considering converting to Islam in the hope of securing a divorce under Muslim law.

"I'm really trying every possible option just to be single again," she said on condition of anonymity.

"Annulment takes so long, it's

so expensive and it's not guaranteed, so I'm seeking a more convenient way."

Family law specialist Katrina Legarda said the number of people falling for bogus services showed there was a "dire need" for new legislation.

But Father Jerome Secillano, of the Catholic Bishops' Conference of the Philippines, said the nation should be "proud" to be the only country outside the Vatican "holding on to the traditional concept of marriage".

"There will always be imperfections in a relationship," he said.

Secillano said divorcing an abusive partner would "perpetuate the violence" because the perpetrator would go on to abuse their next partner.

"You are not actually curing the disease itself," he said.

"I'm a sinner" Sibonga was raised a Catholic, but stopped attending church to avoid accusations of adultery.

She has a long-term boyfriend, but cannot tie the knot with him until her first marriage is legally terminated.

That her case has dragged on for so long is not unusual in the Philippines, where a creaky justice system can take years to resolve even minor issues.

"People think that because I am still technically married, I'm a sinner," she said.

"They really believe that what God has united cannot be separated. Really? Even if your husband is trying to kill you, even after everything he's done, divorce is still not allowed?"

Sibonga said her relationship with her husband had been traumatic and had pushed her to attempt suicide twice.

She does not want her children to marry until divorce is allowed. "I told them they can cohabit and have as many children as they want, but I won't ever consent to them getting married," she said.

"I just don't want them to end up like me."

Beijing Blames US "Provocation" For South China Sea Fighter Jet Incident

BEIJING, May 31 (Agencies): Beijing blamed US "provocation" Wednesday for an incident last week when a Chinese plane crossed in front of an American surveillance aircraft over the South China Sea. "The United States' long-term and frequent sending of ships and planes to conduct close surveillance on China seriously harms China's national sovereignty and security," foreign ministry spokeswoman Mao Ning said when asked about the incident. "This kind of provocative, dangerous activity is the cause of the security issues on the seas," Mao said, calling on Washington to "immediately stop this form of dangerous provocation". "China will continue to take all necessary steps to resolutely protect its own sovereignty and security," she said.

The US military said Tuesday a Chinese fighter pilot performed an "unnecessarily aggressive maneuver" near an American surveillance aircraft operating

over the South China Sea on Friday.

Video footage declassified and released by the US military shows a Chinese fighter plane crossing in front of the American aircraft, which can be seen shaking from the resulting turbulence. The Chinese plane "flew directly in front of and within 400 feet of the nose of the RC-135, forcing the US aircraft to fly through its wake turbulence", the Indo-Pacific Command (INDOPACOM) said in a statement. "The RC-135 was conducting safe and routine operations over the South China Sea in international airspace, in accordance with international law," it said.

The Pentagon said the incident was part of a pattern of behaviour by China.

It comes at a time of frayed ties between Washington and Beijing over issues including Taiwan and an alleged Chinese spy balloon that was shot down after traversing the United States earlier this year.

MKBJYS, VHP, VKS, TFJ, express satisfaction on successful culmination of Mata Kheer Bhawani yatra

Top News Report

JAMMU, May 31: Mata Kheer Bhawani Ji Yatra Welfare Society (MKBJYS) alongwith Tourism Federation of Jammu (TFJ), Vishwa Hindu Parishad (VHP), Vishwa Kashmiri Samaj (VKS) and Global Solace (GS) have expressed complete satisfaction over the successful culmination of annual Mata Kheer Bhawani Yatra at Tulamulla and other places in Kashmir division and has lauded the efforts of Kashmiri Pandit Yatrins, volunteers and other groups besides the Jammu Kashmir (UT) administration for the success of the Yatra.

This was disclosed by Kiran Wattal, President and MK Yogi, General Secretary MKBJY-



WS and other leaders while addressing a joint press conference in this regard here today. Those who attended the joint press conference include, Kiran Wattal Convener, MK Yogi, General Secretary MKBJYS, Shakti Dutt Sharma, Vice President VHP, Raman Suri, General Secretary, TFJ, Rajan Gupta, Vice President, MKBJYS, Prem Sharma Advisor VKS, MK Raina, Comrade Mohan Lal, Ashok Kumar Bhat, Daya

Krishan Pandita, TK Koul, Raju Sehgal and Anil Bhan and was supported by Jawala Ji Samiti, Khrew, Temples and Shrines Prabhanda Committee, Tral, Muthi Welfare Committee, Kashmiri Migrant Democratic Front, Kashmiri Hindu Migrant Front, Association of Religious Tour Operators, Katra, JK Thinkers Forum, Bhaderwah Travel Association and representatives of Camp and Non Camp migrants.

The leaders while appreciating the local administration, Divisional Administration, Relief and Rehabilitation Commissioner KK Sidha and LG Manoj Sinha in particular for personally monitoring the Yatra affairs and said that the arrangements and warm welcome given extended.

Abhinavagupta Jayanti celebrated at Central Sanskrit University



Top News Report

JAMMU, May 31: Abhinavagupta Jayanti was celebrated on the occasion of Nirlala-Ekadashti of Jyeshtha Month according to Vikram Samvat calendar at Shri Ranbir campus of Central Sanskrit University, Jammu, in which Sanjay

Raina (Shaiv Sadhak), Saraswat guest was present as the main speaker.

The program was presided over by Campus Director Prof. Madan Mohan Jha.

On this occasion, campus professor Dr. Yogendra Dixit, Dr. Sumant Chandra Pant,

Dr. Pradeep Mishra and others were present.

The program was started by Vedic invocation by Dr. Anayamani Tripathi, coordinated by Dr. Sarvesh Tripathi, welcome speech by Dr. Aditya Narayan Dash and vote of thanks by Dr. Sujit Kumar Pandey.

Underlining the great contribution of Acharya Abhinavagupta in the Indian cultural history and knowledge tradition, the speakers said that he is the founder teacher of Kashmir Shaivism and there is a need for research work on his works in the mainstream of Indian philosophy.

Dr. Gautam Delivers lecture on WNTD-2023

Top News Report

JAMMU, May.31 : Dr. Gautam Sharma (MDS), Dental Surgeon of the University of Jammu and former President of Indian Dental association (IDA) today interacted with the students of Padma Shri Padma Sachdev Govt. College for Women, Gandhi Nagar, Jammu, on "World No Tobacco Day". This lecture was organised by Nasha Mukh Bharat Abhiyan (NMBA) Committee of the college on the theme "Commit to Quit". Prof. Minu Mahajan, Principal, Padma Shri Padma Sachdev Govt. College for women, Gandhi Nagar, Jammu presented a bouquet to Dr.Gautam. She applauded the efforts of the committee for organising the event which is appropriate to the circumstances of the current times. She emphasised that through such lectures the younger generation will certainly realise that substance abuse is a bane for the society as it eventually leads to substance dependence and chronic health problems.

The welcome address was delivered by Prof. Rashmi Kumari, Con-



venor of NMBA. She formally welcomed the guest speaker and emphasised on the harmful and deadly effects of tobacco use and discouraged the use of tobacco.

Dr. Gautam Sharma shared his valuable insights, evidence-based research, and practical tips to help individuals make informed decisions about quitting smoking and leading a healthier lifestyle. During the lecture, Dr. Gautam Sharma addressed various aspects of tobacco addiction, including its impact on physical and mental health, the associated economic burden, and the potential benefits of quitting. He said that the theme of this year's World no tobacco day is "grow food, not tobacco". World Health Organisation (WHO) has reiterated that the world is confronted with a global food crisis fueled by

conflict, climate change and the COVID-19 pandemic. Meanwhile, tobacco is grown in over 124 countries, taking up millions of hectares of fertile land that could be used to grow food, address food security and nutrition challenges and help feed families. Tobacco growing also has serious health impacts on tobacco farmers due to heavy use of pesticides and high absorption of nicotine through the skin.

Furthermore, tobacco farmers often find themselves trapped in a vicious cycle of debt as a result of unfair contractual agreements with the tobacco industry and face difficulties in shifting away from tobacco. Fortunately, there are several examples of successful transitions where tobacco farmers have switched to growing high-iron beans, cashew, corn and green vegetables instead. In order to

achieve this globally, it is important to adopt an ecosystem approach and identify economically sustainable alternatives to tobacco growing that will not only enable farmers to earn as much as, if not more than, what they earn from tobacco, and at the same time achieve better health and a better environment for themselves and their land and forests.

World No Tobacco Day, observed on May 31st each year, is a global initiative aimed at raising awareness about the dangers of tobacco use and promoting effective strategies for tobacco control. In line with this objective, NMBA committee has organised a special lecture to educate the students on the detrimental effects of tobacco and the importance of quitting smoking.

The event was attended by more than 75 students. Prof Rajni Dogra (HoD economics), Prof Anupama Sharma (NSS UNIT 2), Prof Paramjeet Singh, Prof.Swarn Singh and Dr. Kusum also graced the occasion with their presence.

The event concluded with a formal vote of thanks by Prof. Sunita (HOD) Social Work.

"Crafting Visual Impact: A Workshop on Art of Poster Making" concludes at JU



Top News Report

JAMMU, May 31: The valedictory function of the three-day workshop "Crafting Visual Impact: A Workshop on Art of Poster Making" being organised by The Literary Club under the aegis of "Utsaah", the Clubs, University of Jammu was held in the Seminar Hall of the Department of English, University of Jammu on Wednesday. The Chief Guest for this concluding ceremony was Prof. Meena Sharma, Dean, Planning, University of Jammu.

The programme commenced with the felicitation of Prof. Meena Sharma by Prof. Satnam Kour, Chairperson, "Utsaah", the Clubs,

and Head, Department of Psychology, University of Jammu, who in her welcome address congratulated Dr. Sadaf Shah, the coordinator of The Literary Club for her efforts, Rakesh Sharma, the resource person for his able guidance, and the enthusiastic participants of the workshop for its success.

She further added that such encouragement on the part of the organisers is commendable and would leave an indelible mark on the impressionable minds of the young artists.

Prof. Meena Sharma emphasised upon the importance of making more platforms available to those associated with the arts and extended her support in the capacity of

the Dean, Planning in making the required infrastructure available for future endeavours in this direction.

She also distributed prizes to the winners of the poster making competition, namely, Atika Malik, Gurjeet Kour, and Dilpreet Kour.

Rakesh Sharma, Coordinator, The Painting Club, and Head, Department of Music & Fine Arts, University of Jammu was the resource person for the three day long art initiative.

In his remarks, he emphasised on the need of encouraging and nurturing the raw creativity of the amateur young artists. He congratulated the participants for having accomplished a signifi-

cant level of expertise in poster making in a span of merely three days and applauded the enthusiasm of The Literary Club.

In her concluding remarks, Dr. Sadaf Shah, Coordinator, The Literary Club, & Associate Professor in the Department of English, University of Jammu talked about the future plan of activities of The Literary Club in which she told the audience that the Club has been organising a series of literary activities surrounding the theme of "drug abuse" since a month and plans to showcase a short drama in the near future wherein all the creative talent of the participants of the previous workshops shall be brought in together.

In further developments, the programme concluded with the official vote of thanks being offered by Dr. Sadaf Shah, Coordinator, The Literary Club, University of Jammu. And the smooth functioning of the programme was facilitated by the members of The Literary Club, University of Jammu.

FROM PAGE 1

Three terrorists arrested as Army foils infiltration bid along LoC in Poonch

rifle, two pistols, six grenades, a 10-kg IED which was planted inside a pressure cooker and 20 packets of suspected heroin worth over Rs 100 crore.

The IED was later neutralised by the experts of the bomb disposal squad, the officials said.

The search operation in the area was still going on when last reports were received, the officials said.

Rahul Gandhi insults India during foreign visits, raises questions about Country's progress: Anurag Thakur

does not consider India as a nation. He calls it a union of states and also raises questions about India's progress. After all, what does Rahul Gandhi want to achieve by going abroad, under this sponsored program? Is his only job to throw mud on the country? At a time when India's stature is continuously rising in the world, Rahul Gandhi is raising questions on the country," he said.

He also targeted Rahul Gandhi over his remarks that what is happening to Muslims in India today, happened to Dalits in 1980s.

Anurag Thakur said that Congress was in power in Uttar Pradesh and also at the Centre for the most part of eighties.

"The period that Rahul Gandhi is talking about...In the 1980s, Dalits and SC families were oppressed, Congress was in power in the country and also in Uttar Pradesh. Perhaps he wanted to go out and tell that Dalits and minorities were oppressed under Congress rule and 'Sabka Sath Sabka Vikas' is taking place under the BJP," Thakur said.

Anurag Thakur said that Indian culture has been 'rejuvenated' under the BJP rule and the nation won't accept "insults".

"The economy had suffered during their (Congress) time. Under BJP, India has become the fifth-largest economy in the world. Under Congress's rule, Indian traditions were under attack. But under BJP, our culture and tradition have been rejuvenated. We have come out of the colonial mindset and started being proud of our glorious history. Today, if Rahul Gandhi insults India and Indians abroad, then the country will never accept it," he added.

Rahul Gandhi on Wednesday targeted the BJP-led government at an event in the United States and said that "what is happening to Muslims in India today, happened to Dalits in 1980s".

Speaking at the 'Mohabbat Ki Dukaan' event in San Francisco, Rahul Gandhi alleged that the impact of some actions of the BJP-led government was being felt by minorities and people from the Dalit and tribal community and it has "to be fought with affection".

"It is being felt by the Muslims most directly because it is done most directly to them. But in fact, it is done to all communities. The way you (Muslims) are feeling attacked, I can guarantee Sikhs, Christians, Dalits, and tribals are feeling the same. You can't cut hatred with hatred, but only with love and affection," Gandhi said.

"Also, this is a periodical thing. What is happening to Muslims in India today happened to Dalits in the 1980s. If you went to UP in the 1980s, this was happening with Dalits...We have to challenge it, fight it and do it with love and affection and not with hatred and we will do that," he added.

The Congress leader was responding to a question concerning Muslims in India from 'Bay Area Muslim community' and the steps Congress will take to tackle the issues faced by them.

Rahul Gandhi is on a six-day visit to the United States. During the event, Rahul Gandhi also spoke about "economic inequality" and said that while some people

were finding it difficult to make the ends meet, about "five people have lakhs of crores" rupees.

BJP 'Threatening' people and 'Misusing' Government agencies: Rahul Gandhi

"If one studies history, it can be seen that all spiritual leaders — including Guru Nanak Dev ji, Guru Basavanna ji, Narayana Guru ji — united the nation in a similar way," he said.

Gandhi said India is not what is being shown in the media which likes to promote a political narrative that is far from reality, asserting that there is a "huge distortion".

"It was very clear to me in the Yatra that it's in the media's interest to project these things, it helps the BJP. So, don't think that everything you see in the media is the truth," he said.

"India is not what the media shows. The media likes to show a particular narrative. It likes to promote a political narrative that is actually not what is going on in India," he said.

The Congress leader arrived here on Tuesday for a three-city US tour during which he will interact with the Indian diaspora and meet American lawmakers.

Last week, Indian Overseas Congress chairperson Sam Pitroda said Gandhi's visit is aimed at promoting shared values and a vision of "real democracy".

"The purpose of his (Gandhi's) trip is to connect, interact and begin a new conversation with various individuals, institutions and media, including the Indian diaspora that is growing in numbers in the United States and abroad to promote the shared values and vision of the real democracy with a focus on freedom, inclusion, sustainability, justice, peace and opportunities world over," Pitroda said in a statement.

Batamalo stabbing

case: Accused held, weapon of offence recovered

According to the police officer, the assailant developed a romantic interest in the daughter of the victim. However, the victim was against this relationship.

The police officer stated that the assailant, in order to seek revenge for the victim's opposition to his romantic interest in his daughter, went as far as buying a knife and constantly carrying it with him. Finally, the assailant found an opportunity last evening and used the knife to stab the victim, he said.

Meanwhile, a spokesman of Srinagar Police said they will file a petition in the court so that the assailant who is a juvenile is treated as an adult because of the heinous nature of the crime.

"One Juvenile(Name withheld) arrested for murder in broad day light in Batamaloo yesterday. He was having romantic interest in daughter of victim. As he is above 16 Yrs & offence is heinous, petition will be filed in Hon'ble court to treat him as adult as per sec 15 of JJ act 2015," said the spokesman, in a tweet.

Inclement Weather to continue in J&K: MeT

alert and follow traffic advisories, the MeT office added.

Regarding rainfall the MeT office said Srinagar received 5.7mm, Qazigund 13.6mm, Pahalgam 11.6mm, Kupwara 2.7mm, Kokernag 13.0mm and Gulmarg 9.8mm during the past 24 hours till 0830 hours Wednesday.

The day temperature dips from 9-10 degree Celsius in Kashmir valley while barring Pahalgam and Kupwara the night temperature was down by 1.2 degree Celsius following the rainfall.

Srinagar recorded a low of 11.6 degree

Celsius against 11.8 degree Celsius which was 0.9 degree Celsius below normal for the summer capital of Jammu and Kashmir. The maximum temperature was 8.8 degree Celsius below normal of 26.3 degree Celsius on Wednesday.

Qazigund recorded a low of 10.2 degree Celsius against 11.3 degree Celsius the previous night and it was 0.9 degree Celsius below normal for the gateway of Kashmir.

Pahalgam had a low of 7.8 degree Celsius against 8.8 degree Celsius the previous night which was 1.2 degree Celsius above normal for the famous tourist spot of south Kashmir.

Kokernag had a low of 9.1 degree Celsius against 8.3 degree Celsius a day ago and it was 2.0 degree Celsius below normal for the south Kashmir's picnic spot while Kupwara settled at 11.2 degree Celsius and it was 2.0 degree Celsius above normal for the frontier district of Kashmir.

Gulmarg recorded a low of 5.0 degree Celsius against 4.0 degree Celsius a day ago and it was 2.6 degree Celsius below normal for the famous skiing resort of north Kashmir, the MeT office said.

India records 310 New Covid-19 Cases, 3 deaths

(4,49,90,588).

The active cases now comprise 0.01 per cent of the total infections, while the national COVID-19 recovery rate has been recorded at 98.81 per cent, according to the health ministry website.

The number of people who have recuperated from the disease surged to 4,44,54,496, while the case fatality rate was recorded at 1.18 per cent.

According to the ministry's website, 220.66 crore doses of Covid vaccine have been administered in the country so far under the nationwide COVID-19 vaccination drive.

Markets fall in early trade after four days of rally

Paring its four-day rally, the 30-share BSE Sensex falls 261.4 points

MUMBAI, May 31 (Agencies): Equity benchmark indices declined in early trade on Wednesday after rallying in the past four days amid weak trends in Asian markets.

Paring its four-day rally, the 30-share BSE Sensex fell 261.4 points to 62,707.73. The NSE Nifty declined 79.95 points to 18,553.90.

From the Sensex pack, State Bank of India, HDFC, Reliance Industries, NTPC, Axis Bank, HDFC Bank, Bajaj Finserv and Tata Steel were



the major laggards.

Sun Pharma, HCL Technologies, Tech Mahindra, Asian Paints, Tata Motors and Nestle were among the gainers.

In Asian markets, Seoul, Tokyo, Shanghai

and Hong Kong were trading lower.

The US markets ended on a mixed note on Tuesday.

Meanwhile, global oil benchmark Brent crude dipped 0.26 per cent to USD 73.37 a barrel.

Non-basmati exports pip basmati for third year



CHANDIGARH, May 31 (Agencies): For the third consecutive year, exports of non-basmati have surpassed that of basmati. In FY23, non-basmati comprised 24% of the country's total agricultural and processed food products exports (in terms

of value), followed by basmati (18%). Besides this, it was the largest item in agri export basket in FY21 and FY22. Last time, it was in FY20 when the basmati exports were the highest from India.

As per data of the Agricultural and Processed

Food Products Exports Development Authority (APEDA), the exports of non-basmati during FY23 have been to the tune of Rs 51,089 crore against Rs 45,725 crore in FY22.

According to industry, competitive pricing has ensured a surge in rice exports in the last fiscal and adherence to quality parameters has resulted in a significant demand for Indian rice from across the globe.

Exporters attribute the rise in exports to robust global demand, especially from the West Asian countries, Africa and Europe.

India witnesses transformation, to emerge as key driver of Asian, global growth: Morgan Stanley

As per the report, inflation would remain benign and less volatile, which would imply shallower rate cycles and benign trend in current account deficit

NEW DELHI, May 31 (Agencies): India has witnessed a significant transformation in several areas since 2014 and will emerge as a key driver for Asian and global growth, says a Morgan Stanley research report on Wednesday.

India of today, the report said, is different from what it was in 2013.

"In a short span of 10 years, India has gained positions in the world order with significant positive consequences for the macro and market outlook," it said.

India, according to the report, "will emerge as a key driver for Asia and global growth." On the skepticism about India, particularly with overseas investors, who say India has not delivered its potential -- despite it being the second-fastest growing economy and among the top-performing stock markets over the past 25 years -- and that equity valuations are too rich, it said, such a view ignores the significant changes that have



taken place in India, especially since 2014.

The report highlighted the 10 big changes, including supply-side policy reforms, formalisation of the economy, Direct Benefit Transfer, Insolvency and Bankruptcy Code, focus on FDI and flexible inflation targeting. These changes are because of India's policy choices, and their implications for its economy and market.

As a result, the report expects

a new cycle in manufacturing and capex, as the share of both will rise in GDP. It also estimates that India's export market share will rise to 4.5 per cent by 2031, nearly 2 times from 2021 levels, with broad-based gains across goods and services exports and there would be a major shift in consumption basket.

"As India's per capita income increases from USD 2,200 currently to about USD 5,200 by F2032, this will have major

implications for change in the consumption basket, with an impetus to discretionary consumption," it said.

As per the report, inflation would remain benign and less volatile, which would imply shallower rate cycles and benign trend in current account deficit.

The share of profits in GDP has doubled from all-time lows in 2020 and are set to rise further -- maybe even double from here -- leading to strong absolute and relative earnings, it said, adding, this explains India's apparently rich headline equity valuations.

As India's reliance on global capital market flows has reduced, the market's sensitivity to a US recession and US Fed rate changes also seems to be fading, it added.

The report said, a global recession, a fragmented general election outcome in 2024, sharp rise in commodity prices due to supply outages and shortages in skilled labour supply are key risks to India's growth.

Chandigarh-based LetsShave secures considerable funding from Wipro India

CHANDIGARH, May 31 (Agencies): Chandigarh-based LetsShave, credited with bringing subscription-based grooming products to India, has secured another considerable stake from the billion-dollar giant Wipro India. The latest undisclosed round of funding has helped the company reach over \$6 million in total funding since inception.

The company has plans to use the funds to expand its online

business in India, focusing primarily on hair removal with many unique products aligned ahead, foraying into foreign markets, and taking baby steps in offline channels in India.

Right from its start in 2016, LetsShave has been a pioneer in its segment with its off-beat shaving and grooming range. "We consider Razor blade our main business, and other products are add-ons," says Founder Sidharth Oberoi.

Conglomerate Wipro India and leading razor company Dorco Korea together hold more than 25 per cent of LetsShave, 70 per cent shares still belong to the Oberoi family, and they plan to raise it cautiously without compromising on their brand's tenets. "LetsShave has shown promising growth and has been able to expand its consumer base with launch of new category of product range in high quality trimmers etc. They oper-

ate in a large market of razors, blades, trimmers, and with their strong execution abilities are on a path of rapid growth. We are happy to do follow-on funding in LetsShave," says Sumit Keshan who is managing partner of Wipro Consumer Care.

"We plan to raise another \$7 million in the next three years to attain our top position in the market and cross Rs 200 crores+ in revenue," informs Chairman Ashwani Oberoi.

Eating junk food linked with reduced deep sleep quality: Study

NEW DELHI, May 31 (Agencies): Consuming an unhealthier diet is associated with a lower quality of deep sleep, according to a small-scale study.

Deep sleep, the third stage of sleep, repairs and restores necessary functions such as memory, muscle growth, and immunity.

Researchers at Uppsala University in Sweden analysed how junk food affects sleep. Healthy participants consumed an unhealthier diet as well as a healthier diet in a randomised order.

The study, recently published in the journal Obesity, shows that after eating the junk food, the quality of the participants' deep sleep deteriorated, compared with those who followed

the healthier diet.

"Both poor diet and poor sleep increase the risk of several public health conditions," said Jonathan Cedernaes, Associate Professor at Uppsala University.

A total of 15 healthy normal-weight young men participated in two sessions of the study. Participants were first screened for aspects such as their sleep habits, which had to be normal and within the recommended range of seven to nine hours per night.

The participants were randomly given both a healthier diet and an unhealthier diet. The two diets contained the same number of calories, adjusted to each individual's daily requirements.



Among other things, the unhealthier diet contained a higher content of sugar and saturated fat and more processed food items. Each diet was consumed for a week, while the participants' sleep, activity and meal schedules were monitored at an individual level.

"What we saw was that the participants slept for

the same amount of time when they consumed the two diets. This was the case both while they were following the diets, as well as after they had switched to another, identical diet," said Cedernaes.

The researchers looked at slow-wave activity, a measure that can reflect how restorative deep sleep is.

"Intriguingly, we saw that deep sleep exhibited less slow-wave activity when the participants had eaten junk food, compared with consumption of healthier food," Cedernaes said.

This effect lasted into the second night, once participants switched to an identical diet. Essentially, the unhealthy diet resulted in shallower deep sleep, the scientist said.

Similar changes in sleep occur with aging and in conditions such as insomnia, the researchers said.

It can be hypothesised, from a sleep perspective, that greater importance should potentially be attached to diet in such conditions, they added.

Class 10 students top users of tobacco products, reveals survey



NEW DELHI, May 31 (Agencies): A survey by Vallabh Patel Chest Institute here has revealed that Class 10 pass students were the highest in numbers among the consumers of tobacco products.

The institute stated on Wednesday that it had received a total of 71,39,473 IVR calls this year until April 30, based on which this conclusion was reached.

On Wednesday, the

institute observed World No Tobacco Day and presented this data.

"Out of the total number of IVR calls received by this center this year until April 30, 20,43,227 calls were counselled, including 9,96,302 inbound calls, 26,80,657 outbound calls, and 3,91,160 registered by the call center.

A total of 1,56,644 individuals have successfully given up tobacco use," it said.

The institute further stated that the statistics revealed that most of these calls originated from Uttar Pradesh, with a total of 1,23,508 calls.

The data also indicates that males make up the highest percentage at 98 per cent, followed by transgender individuals at 5 per cent of the total population, while females comprise the lowest percentage.

Among the consumers of tobacco, the highest number is 1,74,097 individuals who have passed their Class 10 exam.

The National Tobacco Cessation Service (NTCLS) was initially established in a single room with six counsellor stations, and it was expanded in 2020 by then Union Minister of State for Health, Ashwini Kumar Choubey.

Renault crosses 9 lakh units of sales milestone in India in 11 years

NEW DELHI, May 31 (Agencies): French auto major Renault on Wednesday said it has crossed the 9 lakh units milestone in cumulative sales in India in the last 11 years.

The company, which started selling its made-in-India vehicles in 2012, currently sells entry-level car Kwid, compact SUV Kiger and multipurpose vehicle Triber.

"India is a strategic and among the top five markets for Groupe Renault and we have a clear long-term strategy in mind for the country. We have formulated a strong product-offensive plan for India, with a heavy emphasis on localisation in future range of products,"



Renault India Operations Country CEO & Managing Director Venkatram Mamillapalle said in a statement.

With a long-term commitment to the Indian market, he further said: "Renault plans to bring several new innovations in products and services to meet the evolving needs and preferences of customers."

Mamillapalle said over the last few years, Renault has established a strong foundation in India.

"Company's commitment to the Indian government's 'Make in India' vision is unwavering and Renault aims to attain 90 per cent localisation for its upcoming products," he added.

Renault's vehicles are manufactured at the Renault-Nissan alliance plant in Chennai, which has a capacity of 4.8 lakh units per annum.

Renault India has close to 500 sales and 530 service touchpoints across the country.

Doctors restore teenage boy's hearing lost due to excessive earphones use

NEW DELHI, May 31 (Agencies): Doctors at a private hospital here have restored hearing ability of an 18-year-old boy who lost it after excessive earphones use.

Prince, from Gorakhpur, has been an avid music lover and used to snugly fit the earphones listening to music for long hours.

In addition, he also used to share his earphones with his friends, which led to the development of an ear infection that started a few years back with pain and discharge initially.

The patient even underwent mastoid surgery twice, at a local hospital, of which one remained unsuccessful



and the other caused a severe impact on his hearing ability.

Dr Ankush Sayal, ENT Specialist at Primus Hospital gave him a new lease of hearing through surgical intervention via mastoidectomy with ossiculoplasty (partial titanium ossiculoplasty implant placement).

"Since the infection was persistent for a long

Sayal said.

"We often come across the majority of the population, especially teenagers, wearing earphones all day long, unaware of how fatal earphone usage for continuous long hours can prove. This case perfectly exhibits our increasing dependency on gadgets and negligence towards their permissible usage resulting in serious damage," he added.

The patient responded well and was discharged the following day of his surgery. Audiometry after 6 weeks confirmed significant improvement in hearing, the doctor said.

He also advised people to strictly limit

the usage of earphones and avoid exposure to loud noise. Wearing earphones for a long time can cause humidity within the ear canal further resulting in local infections.

Extended use of earphones can adversely affect ears causing local infection to reach the middle ear and mastoid (bone behind the ear). Oftentimes, this infection becomes unresponsive to any medical intervention impacting hearing bones, ultimately leading to loss of hearing.

Therefore, it is imperative for parents to keep a check on the intensity of earphones being used by their children, the doctor said.

Wrestlers decided to throw away medals as they evaded cops

HARIDWAR, May 31 (Agencies): As the dust settled in Haridwar, the feeling among the coaches, supporters and general public at Har ki Pauri ghat here was of relief — the bronze medals won in the Olympics at Rio de Janeiro and Tokyo by Sakshi Malik and Bajrang Punia, and Vinesh Phogat's World Championships medals were not lost to the Ganga.

The drastic decision to throw the medals into the Ganga was taken late last night in a farm between Sonapat and Kharkhoda in Haryana, even as the protesting wrestlers were trying to lose the Delhi Police vehicles tailing them. It is understood that the wrestlers had first asked the coaches, including Ranbir Dhaka, to take drastic decision in response to them being detained by Delhi Police yesterday.

After the coaches decided to not take any decision, it is learnt that the wrestlers led by Vinesh took the decision to immerse their precious medals in the Ganga. The coaches requested the wrestlers to rethink this decision, because the wrestlers 'must not disrespect medals'.

"We were never in agreement with this step, so we tried to dissuade them. They have been stuck on this idea, and they also told us that they may commit suicide!" coach Gyan Singh told agency. "How can you throw away your medals? We told the wrestlers that we (coaches)



would save the medals from the Ganga if they threw them in!" "Also, I was not in favour of the May 28 protest and I kept away. And today, if they called off throwing the medals, it was down to Satyawan's intervention as he is Sakshi's father-in-law. They let go of the idea only because of him," he added.

"A lot of tears and sweat had gone into getting those podium positions, and as they sat near the ghat today, those thoughts came back as the wrestlers, with their spouses and family members by them, shed some more tears as every minute passed after their 6 pm deadline," he added.

Hectic parleys, including requests from community elders, meant that the wrestlers had to endure a wait of more than 90 minutes before finally

giving up the idea of throwing away their medals. Representatives of Jat Mahasabha, mahants, farm union representatives and coaches tried to break their resolve. All this while, they had sat in a semi-circle, crying and resisting requests and slogans to dissuade them.

"They are shifting goalposts" Meanwhile, the Sports Ministry criticised the wrestlers for today's events.

"They do not trust the legal system or the police investigations, or the findings of the Oversight Committee. The medals that the wrestlers have won do not belong to them alone, but to the country, because they played under the Indian flag and their medals have been won with the efforts of not just the wrestlers' hard work but also the hard work of multiple people like

their coaches, support staff," a Sports Ministry statement said.

Ministry sources said that the wrestlers have been shifting goalposts since they first sat on a dharna against Brij Bhushan Sharan Singh in January, when they demanded an independent inquiry, following which the Oversight Committee was formed.

In April, the wrestlers petitioned the Supreme Court to force Delhi Police to lodge an FIR. "Once FIR is lodged, they say 'we want Brij Bhushan to be arrested, we want him to be removed from every post (including MP)'" the source said.

UWW condemns police action United World Wrestling (UWW), the sport's governing body, has criticised the police action against the Indian wrestlers. In a tersely-worded statement, UWW also expressed disappointment over the pace of investigation against Brij Bhushan Sharan Singh. "For several months, UWW has followed with great concern the situation in India where wrestlers are protesting over allegations of abuse and harassment by the president of the WFI. The events of these last days are even more worrying that the wrestlers were arrested and temporarily detained by the police for initiating a march of protest... UWW firmly condemns the treatment and detention of the wrestlers," the UWW statement said.

Ajinkya Rahane has a point to prove in the WTC final against Australia: Sunil Gavaskar



NEW DELHI, May 31 (Agencies): Indian cricket legend Sunil Gavaskar has said that Ajinkya Rahane will have a point to prove during the World Test Championship final against Australia in England next month, after making a return to the Test squad.

The match from 7-11 June will mark Rahane's return to the Indian setup in the longest format of the game after a 15-month absence. The 34-year-old's last Test match was against South Africa in January 2022.

After being dropped from the side, Rahane returned to the domestic circuit, where he led the Mumbai team in the Ranji Trophy. The Indian batter had a fantastic IPL campaign for Chennai Super Kings this year, as he reinvented himself in the T20 format.

Rahane scored 326 runs from 14 matches with a strike-rate of 172.49 as CSK went on to lift the trophy in the end. Shreyas Iyer's injury paved the way for Rahane to be included in the squad for the WTC final, which Gavaskar sees as a

big opportunity for the Mumbai batter.

Speaking to Star Sports, as quoted by news agency, the Indian legend said that Rahane will be crucial at No.5 for India. Gavaskar also said that the 34-year-old will have a point to prove in the match and he feels that Rahane has a lot of cricket left in him.

Gavaskar said he is hoping that Rahane will grab the opportunity with both hands and get back into the Indian team.

"He's got a lot of experience having played in England, having scored runs in England. So, yes, I think he is going to be crucial down at number 5. And yes, I do believe he has a point to prove, I still feel he has got plenty of cricket left in him, and this is a wonderful opportunity for him. I'm hoping he will be able to grab this opportunity with all the experience that he has and make a place for him back in the Indian team," said Gavaskar.

Man Utd's Anthony Martial Ruled Out Of FA Cup Final

MANCHESTER, May 31 (Agencies): Manchester United forward Anthony Martial will miss Saturday's FA Cup final against Manchester City due to a hamstring problem. The Frenchman sustained the injury after coming off the bench against Fulham in United's final game of the Premier League season. "Anthony Martial is out of Saturday's FA Cup final against Manchester City due to injury," United said in a statement.



since revealed a muscle tear that rules the 27-year-old out of the Wembley showdown." Martial scored nine goals in 29 appearances for United this term but was restricted by a series of injuries.

Only 11 of his 21

league appearances have been in the starting line-up, but he had been hoping to be in contention to start at Wembley against City, who are bidding for a treble of Premier League, FA Cup and Champions League.

ICC Seeking Guarantee From PCB Over ODI World Cup Participation Amid Asia Cup Saga: Report

LAHORE, May 31 (Agencies): The International Cricket Council (ICC) chairman and CEO are in Lahore to seek guarantees from the PCB that it will not push for implementing a hybrid model for its matches in the ODI World Cup in India later this year. Insiders confirmed to PTI that ICC chairman Greg Barclay and CEO Geoff Allardice have specifically come to Lahore to get some assurances from the Pakistan Cricket Board on the national team's participation in the World Cup in October-November.

The development comes after PCB chief Najam Sethi made it clear that the team will not travel for the World Cup in India if the Rohit Sharma-led side doesn't visit Pakistan for the preceding Asia Cup. "The ICC and World Cup hosts, the Board of Control for Cricket in India (BCCI) are concerned with the hybrid model being pushed by Najam Sethi who heads the cricket management committee of the



PCB. "Although the hybrid model has been suggested by Sethi for the Asia Cup which precedes the ICC event, the concern remains that once accepted for the regional event the PCB might also then ask the ICC to implement it for the World Cup when it comes to Pakistan playing in India," he explained.

Sethi has already indicated that if the Pakistan government doesn't give clearance or has security concerns about sending the team to India, PCB could ask the ICC to hold Pakistan's matches at a neutral venue.

"Naturally neither the ICC nor the BCCI want such a situation since Pakistan's unequivocal participation in matches in

India would guarantee the success of Indo-Pakistan matches and also the tournament itself." Another source said this was the primary reason why BCCI secretary Jay Shah was still reluctant to accept the hybrid model for the Asia Cup and support having three or four matches of the tournament in Pakistan and the remaining games in UAE or Sri Lanka.

Pakistan are the hosts of the Asia Cup and Sethi has said repeatedly that if the tournament is moved to one neutral country from Pakistan, it will not take part in the competition.

He has also hinted that if Pakistan didn't get to host some Asia Cup matches it could have an adverse bearing on the World Cup as well.

"The ICC officials are trying to work as a bridge between the PCB and BCCI and resolve the outstanding issues pertaining to the Asia Cup and World Cup."

Anil Kumble comes out in support of wrestlers

BENGALURU, May 31 (Agencies): Former Indian cricketer Anil Kumble expressed solidarity with the country's top wrestlers who have been staging protests alleging sexual harassment by Wrestling Federation of India president and MP Brij Bhushan Sharan Singh, and demanding his arrest. Taking to Twitter, Kumble said he was dismayed at the manhandling of the protesters by Delhi Police. "Dismayed to hear about what transpired on the 28th of May with our wrestlers being manhandled.

Anything can be resolved through proper dialogue. Hoping for a resolution at the earliest," he tweeted. Retweeting it, Rajya Sabha MP Jairam Ramesh Kumble's remarked, "I salute you." Abhilash Prabhakaran, who organised a recent protest in Bengaluru, said cricketers' words carry a lot of weight in India. He was glad that Kumble has spoken up in support of the wrestlers. Former sports journalist Joseph Hoover said, "We need more sports and film personalities to extend their support."



WTC Final: Virat Kohli's strong work ethic puts him ahead of the rest, says Australia's Josh Hazlewood



LONDON, May 31 (Agencies): Australia pacer Josh Hazlewood has said that Virat Kohli's strong work ethic makes him stand out from the rest of the pack ahead of the World Test Championship final in England on 7th June.

After what was one of the roughest patches for him in his career, Kohli has been amongst the runs in all formats of the game and carried this form into the recently-concluded IPL season.

The Indian star batter was in prolific form for RCB as he scored 639

runs in 14 matches for the franchise at an average of 53.25. Kohli was able to hit two back-to-back hundreds in his last two games in the tournament as RCB missed out on making it to the Playoffs on the last day of the league matches.

The Indian star will be one of the key wickets for Australia in the WTC Final and Hazlewood, who is Kohli's RCB teammate, could be tasked with getting the big scalp. Speaking to ICC, the Aussie pacer was asked about shar-

ing the dressing room with Kohli over the past two seasons, as said the Indian batter's work ethic makes him stand out from the rest.

Hazlewood hailed the 34-year-old's fitness and his other aspects of the game. Hazlewood also said that when it comes to training, Kohli is one of the first arrive and the last to leave and praised the intensity with which he trains.

"I think it's probably how hard he works (that stands out)," Hazlewood told the ICC.

"His fitness first of all - and then his skill work and batting and fielding in particular."

"He is always out there (training) first and leaves last and the intensity he trains at all the time is at such a high level it drags everyone else along for the ride. That can lean on to the other players and improve them as well."

Harmanpreet Singh unfazed by dip in form



LONDON, May 31 (Agencies): The Indian men's hockey team captain Harmanpreet Singh feels the European leg of the FIH Pro League is going well and the team is fully geared up for the coming matches

later this week.

Despite suffering a 1-2 loss to Belgium and a 2-4 defeat to Great Britain recently, Harmanpreet believes that each outing is a learning in itself.

"We either win or learn,

that's the attitude with which we all play every game. We will never lose, we will only ever learn," Harmanpreet said during a diaspora event in London.

Harmanpreet was joined by his teammates and coach Craig Fulton at a special reception hosted by the Indian High Commission in London for the team, which is currently placed second on the table behind Great Britain after winning five of its matches.

The team takes on Belgium and Great Britain again and will be seeking revenge against both the sides. "It's great to be here in London after a gap of some years, we were last here in 2017. The Pro League matches are going well and we are fully geared up for the upcoming matches and call on everyone to come out and support the team," said Harmanpreet.

Chairman CEC, Tashi Gyalson reviews Swadesh Darshan 2.0 scheme

TOP NEWS REPORT

LEH, May 31: Chairman/CEC, Tashi Gyalson convened a meeting regarding the Swadesh Darshan 2.0 (SD2.0) scheme in presence of Executive Councillor for Culture, Stanzin Chosphel; Executive Councillor for Minority, Ghulam Mehdi and Secretary, Tourism and Culture, Kachho Mehboob Ali Khan (IRS) at Conference Hall, Council Secretariat, Leh.

While briefing about the Swadesh Darshan 2.0 scheme, the Secretary (Tourism) informed that under the Swadesh Darshan 2.0 scheme of the Ministry of Tourism, Government of India, Leh and Kargil towns have been approved for development as major tourist destinations in the UT of Ladakh.

The Department of Tourism, UT of Ladakh has completed all the modalities, and the MoT in consultation with the Tourism Department, UT of Ladakh has completed the process of selection of 'Project Consultant' for the UT of Ladakh. The Secretary pointed out that the scheme has a very tight time schedule and hence a coordinated and



well-planned methodology is required to identify critical tourism-related infrastructure, preparation of master-plan, and preparation of DPR.

The Secretary requested the CEC, Advocate Tashi Gyalson and the ECs present in the meeting, The State Mission Director and the Destination Management Committee Chairman and its Members, and more importantly the tourism-related stakeholders to contribute to planning long-term beneficial creation of assets/amenities in & around (close-vicinity) of Leh Town. The projected limit of the projects under this scheme would be around Rs. 70 cr, which will be fully funded by the MoT, Government of India.

A detailed presentation on the proposal related to Swadesh Darshan 2.0 scheme for Ladakh was given by Voyant Solutions, Project Develop-

ment Management Consulting agency for the project Swadesh Darshan 2.0 for the UT of Ladakh.

Discussions on various aspects of the scheme were held, where ideas and proposals have been discussed & deliberated upon. Regarding identification of tourism products, location etc. the participants suggested that it should be in and around Leh city to attract maximum tourists and improve the experience of staying at Leh. It has been felt by the participants that the overall vision of the scheme being 'sustainable & responsible tourism', the UT Ladakh needs to adhere to the highest standards of planning and execution.

CEC, Gyalson opined that the projects under Swadesh Darshan 2.0 Scheme should be identified and implemented in a way that will enhance local tour-

ism activities and create more jobs and contribute to the local economy. He also stressed on consolidation of developing infrastructure for more sustainable and responsible tourism.

CEC also directed the consultants to visit the sites.

CEC Gyalson emphasised on the following immediate actions which includes Identification of tourism related products for development; Identification of land/space for the identified products; Coordination amongst the LAHDC; The State Mission Director; The Destination Management Committee; The Tourism Stakeholders and the Project Consultants; Preparation of master-plan and DPR by the project Consultants.

Director, Tourism Department, Ladakh; President Municipal Committee, Leh; Superintending Engineer, PWD; Chief Planning Officer, Leh; AD Information, Leh; Dy. SP, Headquarter Leh; AD (Tourism), Leh; Functional Manager, DIC Leh; President ALTOA; President ALHAGHA; VP Voyants and concerned officials were present in the meeting.

World No Tobacco Day observed across District Doda

TOP NEWS REPORT

DODA, May 31: On the eve of World No Tobacco Day, series of awareness programmes were held across the District under the banner of District Health Society Doda on Wednesday.

The programme was organized on the theme, "We need food, not tobacco" as a part of Azadi Ka Amrit Mahotsav programme.

The main programme in this regard was held at ANMT School Doda, SDH Baderwah besides in other medical blocks of the District to commemorate the celebration of the day.

At Baderwah, the programme was chaired by CMO Doda Dr Ab Hamid Zargar in presence of BMO Baderwah, who highlighted the impor-



tance of the day, said that tobacco has been clinically proved as the main cause of cancer which affects millions across the world, adding tobacco is considered as one of the major threat to public health in 21st century.

CMO Doda also called for massive awareness among general masses about the hazards of smoking and its other forms.

It was pointed out that the objective of observ-

ing this day was to create awareness among the general masses about the ill effects of smoking and tobacco products and to reduce tobacco consumption worldwide.

The participants pledged to spread the message in the society in a big way and save the human lives from the dreaded diseases like cancer, tuberculosis caused due to smoking.

He stressed upon the voluntary organizations to organize programmes

and help in sensitizing the society about the effects of smoking on public health.

At ANMT School Doda, the programme was chaired by Principal Mrs Anusuya Bhan.

During the programme, it was said that students particularly youth are the best ambassadors to circulate the message and create awareness to develop drug and smoke free society.

On this occasion, awareness rallies were also organized by the health department, with the active participation of school students.

A similar kind of awareness programme, rallies and other events were held in Ghat, Assar, Thathri, Gandoh and other blocks to mark the celebration of the day.

BYDC felicitates Sahil on bagging gold medal in Karate

TOP NEWS REPORT

JAMMU, May 31: Batwal Youth Development Committee Jammu today felicitated Sahil Kumar on bagging gold medal in inter school Karate competition held in JK Montessori, Talab Tillo.

Sahil is a brilliant student of Spring Dales



Higher Secondary School and belongs to Tugga family of Village Patyalii Chack, said the community members.

Besides, the committee also felicitated Kanan Kaith and Anvesha Kaith

of Supertech Kids Valley Scool for performing excellently well in dance and modelling competitions held recently at Jammu.

Speaking on the occasion, R.L.Kaith said

Karate develops the body and the spirit while acquiring skills and tools to defend unarmed. When taught this way, karate focuses on mental strength and self-discipline, including devastating techniques aimed at the fastest possible neutralizing of an aggressive opponent.

Kaith further said that children must be provided with all opportunities to excel in academic, sports and cultural activities. Committee members wished Sahil, Kanan and Anvesha unlimited success in the future.

Health Deptt accords farewell to Om Parkash Shan on retirement

TOP NEWS REPORT

DODA, May 31: To accord warm farewell to Sr Malaria Inspector in CMO Office Doda Om Parkash Shan on his retirement, a grand farewell function cum party was organized by the staff of CMO Office Doda on Wednesday.

Chief Medical Officer Doda Dr A H Zargar besides staff of CMO, Dy CMO Office and Planning Section were present on the occasion.

The speakers on the occasion highlighted the achievements of O P Shan during his 39 years



of dedicated services in the health department.

While recalling the services of O P Shan, the speakers said that he worked with dedication for which every employee would remember his services and contribu-

tion.

CMO Doda Dr A H Zargar, in his speech lauded the efforts of O P Shan and termed him as one of the dedicated, hardworking and reliable employee of Health Department who always

remain available at the beck and call of his seniors and colleagues for which he would be remembered for his utmost services.

Javed Iqbal, Mohd Shafi Attu and Faizan A Trambo also spoke on

the occasion.

On the occasion, various gifts were presented to him as a token of love for his tireless services in the department.

It was also prayed that the retiring official may live a happy and prosperous post retirement life.

While speaking on the occasion, Shan thanked the staff of the Health Department who arranged the farewell in his honour and assured that his doors will always remain open for every possible help to the department after his retirement.

GDC Udhampur organises awareness program on Climate Change

TOP NEWS REPORT

UDHAMPUR, May 31: The Department of Environmental Sciences and Department of Chemistry Govt. Degree College Udhampur, organized an awareness programme on "climate change and sustainable practices". The programme was conducted under the patronage of Principal Prof. (Dr.) Romesh Kumar Gupta and overall convener ship of Dr. Sunil Kumar Bhat as a component of continuum of the series of awareness programs under celebration of India's Presidency of G20 nations and taking forward the torch of Azadi ka Amrit Mahotsav. The Programme was coordinated by Prof Asha Sohil, Head, Department of Environmental Sciences.



In his message Prof. (Dr.) Romesh Kumar Gupta, the patron and Principal of the college congratulated the students and faculty members for organizing such events and encouraging the active participation of the students especially at the local level. He apprised the students regarding the climate change and the menace of waste as well as carbon emission a big cause for it. He appealed to all for the mitigation of the waste

by following 3R concept and make use of recycled and up-cycled products along with decreasing footprint to hold the climate with sustainable living model.

Prior to this the program begin with a formal welcome address by the coordinator, Prof. Asha Sohil, wherein she explained in detail about the climate change and situation that we are likely to get struck with in near future if we do not mend our ways and take it as our supreme

responsibility to contribute our part towards climate change.

The Students namely Ashwani Singh of BSc Sem-6 and Ms. Vidhi Koushal of MSc Chemistry presented their views in presence of the teachers and students of the different streams of the college. Prof Rabia and Prof Sunita of Department of Chemistry, also interacted with the students and shared their views regarding change and sustainable practices to be followed

in day to day life as a contribution in combating the emerging consequences of climate change among livings as well as the risks faced by our mother earth. They appealed to the students to act as ambassadors and spread awareness regarding the climate change among the local communities and masses and encourage them to participate and become witness of Clean, Green and Smart India and world worth sustainable life.

The programme was attended by Dr Rabia, Dr Sunita, Prof Anuradha, Prof Preety and a number of other staff and students of the college. At the end Prof. Asha Sohil, the organizing secretary and coordinator of the programme tendered the formal vote of thanks.

Why Govt has soft corner for Kashmiri Pandits? Our blood is also red, give job and 1 Cr to Deepu's family: Rajesh

TOP NEWS REPORT

JAMMU, MAY 31: National Democratic Party Indian (NDPI) J&K UT Chief Rajesh Gupta on Wednesday strongly condemned the target killing in South Kashmir and expressed his heartfelt condolences to the members of bereaved family. Gupta questions why govt has soft corner for Kashmiri Pandits? Our blood flows in our veins is also red. He demanded an ex-gratia amount of One Crore and a govt job for kith and kins of target killing victim Deepu who hails from Udhampur District of Jammu and Kashmir UT. Deepu, who was shot dead by terror-



ists in Anantnag district of South Kashmir on Monday evening, was the sole breadwinner in his family, said Gupta. He further said, Deepu, who was working in a circus, is survived by his father - who is visually impaired - and his sibling who too has had eyesight issues for the last four years.

He said earlier also

target killing happened in Kashmir Valley and most of Kashmiri Pandits were killed and LG Manoj Sinha himself visited to the homes of victim's family and gave them appointment letter and an ex-gratia relief cheque of Rs 1 crore to each victim. Now why the discrimination with Jammu man. We are not against the Kashmiri Pandits but we Jammuites will not tolerate injustice with Deepu.

NDPI president urged LG Manoj Sinha to announce the Rs One Crore amount and one job for Deepu's siblings at the earliest and don't do the discrimination with Jammu, Gupta, added.

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